ORIGINAL ARTICLE



Impact of 1 α ,25-dihydroxyvitamin D₃ on biodistribution and pharmacokinetics of L-carnitine and creatinine, organic cation/ carnitine transporter 2 and organic cation transporter 2 biomarkers

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Received: 5 November 2023 / Accepted: 21 December 2023 / Published online: 7 February 2024 © The Author(s) under exclusive licence to The Korean Society of Pharmaceutical Sciences and Technology 2024

Abstract

Purpose This study investigated effects of 1α ,25-dihydroxyvitamin D₃ [1,25(OH)₂D₃] on biodistribution and pharmacokinetics of L-carnitine and creatinine as organic cation/carnitine transporter 2 (OCTN2) and organic cation transporter 2 (OCT2) biomarkers, respectively, together with mRNA expressional changes.

Methods After four consecutive days of pretreatment with $1,25(OH)_2D_3$ (2.56 nmol/kg/day), plasma, urine, and tissues were collected for analysis of endogenous L-carnitine and creatinine basal levels, or rats were intravenously administered exogenous L-carnitine (50 mg/kg). The selected tissues were subjected to analysis of rOCTN2 and rOCT2 gene expression using real-time quantitative polymerase chain reaction. The quantification of L-carnitine and creatinine was performed with liquid chromatography-tandem mass spectrometry.

Results $1,25(OH)_2D_3$ -treated rats exhibited decreased rOCTN2 mRNA expression in the liver, kidney, spleen, and brain, and decreased rOCT2 mRNA expression in the kidney. L-carnitine levels indicated that basal plasma abundance in the $1,25(OH)_2D_3$ -treated group elevated, whereas the tissue-plasma partition coefficient dropped in all tissues and the urine level also reduced. Exogenous L-carnitine pharmacokinetics were consistent with the endogenous level, with a significant rise in area under the curve and significant decreases in renal clearance and volume of distribution at steady state in the group treated with $1,25(OH)_2D_3$. Additionally, the significant increase in plasma levels and decrease in renal clearance of creatinine were likely due to decreased OCT2 function.

Conclusion Our observations suggest the risk of co-administering $1,25(OH)_2D_3$ with OCT2 and/or OCTN2 substrates. Moreover, this study confirmed that L-carnitine and creatinine are sensitive endogenous biomarkers of OCTN2- and OCT2- mediated drug-drug interactions, respectively.

Keywords $1\alpha, 25$ -dihydroxyvitamin $D_3 \cdot OCTN2 \cdot OCT2 \cdot Endogenous biomarkers \cdot Pharmacokinetics \cdot Drug-drug interactions$

Introduction

Membrane transporters are crucial for the uptake, distribution, metabolism and excretion of both endogenous and exogenous substances (Giacomini and Huang 2013; Lin et al. 2015). Expressional and/or functional changes in drug

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¹ College of Pharmacy, Gachon University, 191 Hambakmoe-ro, Yeonsu-gu, Incheon 21936, Korea transporters are among the most important factors that significantly influence the pharmacokinetic and pharmacodynamic properties of drug substrates (Lin et al. 2015; Czuba et al. 2018). To ensure safety during polypharmacy in clinical practice, it is necessary to evaluate transporter-mediated drug-drug interactions (DDIs) during new drug development (Giacomini and Huang 2013). The potential risk associated with a drug candidate as a human transporter inhibitor was evaluated in in vitro transporter inhibition studies (Volpe 2016). While in vitro data are commonly employed to assess the potential for DDI in patients, it is important to acknowledge many limitations. These limitations encompass significant heterogeneity between different experimental systems and laboratories, as well as a lack of trust in extrapolating

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findings from in vitro to in vivo (Elsby et al. 2022). Thus, regulatory agencies, such as the United States Food and Drug Administration (US FDA), mandate that sponsors of new drug applications conduct clinical pharmacokinetic DDI studies to determine the impact of new drug candidates on concurrently administered drugs as well as the reciprocal effect of these drugs on the new candidates. This requirement is particularly applicable when the new drug candidates demonstrate evident DDI potential in vitro. Regulatory guidance documents are cautious regarding the prevention of false-negative data and require additional clinical DDI studies (Katz 2004).

Over the past several years, various endogenous substrates of transporters have been identified as possible biomarkers for predicting functional changes in drug transporters and possible DDIs that may arise during the early stage of pharmaceutical development (Chu et al. 2018). Analyzing the effects of transporter inhibitors on the exposure of these endogenous biomarkers in human plasma or urine is considered as an alternate method to evaluate the DDIs possibility of new drug candidates in vivo. These biomarker-driven DDI studies have been implemented in both preclinical and clinical research, with the expectation that they can be considered as predictive techniques for prospective DDI studies (Chu et al. 2017; Müller et al. 2018; Li et al. 2021). Therefore, the identification of endogenous biomarkers in plasma and urine is gaining interest due to their potential utility as early predictors of transporter-mediated DDIs (Giacomini and Huang 2013; Chu et al. 2018; Mochizuki et al. 2021).

Fat-soluble vitamin D₃ is essential for calcium absorption and proper bone development (Robien et al. 2013; Choi et al. 2020). It is involved in cell division, cellular differentiation, and the regulation of inflammatory responses (Guillot et al. 2010; Wang et al. 2012). Additionally, it is used to treat various autoimmune disorders (Schoindre et al. 2012). The active form of vitamin D_3 is 1α ,25-dihydroxyvitamin D₃ (1,25(OH)₂D₃, commonly known as calcitriol), which acts as a ligand for the vitamin D receptor (VDR) (Haussler et al. 1998). Owing to its beneficial effects, vitamin D_3 or 1,25(OH)₂D₃ is frequently used as medicines and/or supplements. Consequently, their interactions with other medications have gained significant attention. Upon binding to VDR, $1,25(OH)_2D_3$ regulates the expression of various transporters, receptors, and metabolic enzymes via transcriptional regulation of target genes (Wang et al. 2012; Gui et al. 2017; Doan et al. 2020; Lee et al. 2022). Our previous studies have demonstrated that 1,25(OH)₂D₃ alters the expression levels of several drug transporters, thereby altering the pharmacokinetics of drug substrates. For instance, administration of 1,25(OH)₂D₃ decreases the expression of organic anion transporters (rOAT1/OAT3) in rat kidneys, resulting in a significant reduction in cefadroxil and cefdinir renal clearance (Kim et al. 2014). In addition, $1,25(OH)_2D_3$, which is responsible for downregulating the mRNA/protein expression of rat organic cation transporter 2 (OCT2), and rat multidrug and toxin extrusion (MATE) proteins, decreases the renal clearance of an OCT2 substrate (procainamide hydrochloride) in rats (Balla et al. 2021). Moreover, we recently investigated the effects of 1,25(OH)₂D₃ on mRNA expression and function of rat organic cation/carnitine transporter 1 (rOCTN1) using ergothioneine (an OCTN1 biomarker) (Vo et al. 2022). The pharmacokinetics and biodistribution of ergothioneine exhibited notable alterations in rats treated with $1,25(OH)_2D_3$ as compared to the control group. These changes included elevated plasma concentrations of ergothioneine, increased area under the concentration-time curve (AUC), reduced total clearance (CL), and decreased volume of distribution at steady state (V_{ss}). Additionally, a substantial reduction in the tissue-plasma partition coefficient (K_p) of ergothioneine was observed across most tissues. However, the effects of $1,25(OH)_2D_3$ on rat organic cation/carnitine transporter 2 (rOCTN2) remain unclear.

Similar to OCTN1, OCTN2 is a member of the solute carrier family that was initially cloned from human kidneys in 1998 (Tamai et al. 1998). It is primarily localized in the kidney, skeletal muscle, lung, liver, brain, and heart. OCTN2 is primarily responsible for transporting L-carnitine (β -hydroxy- γ -trimethylaminobutyric acid) (Fig. 1A), a fundamental cofactor of fatty acid metabolism (Goa and Brogden 1987), into cells and plays a central role in the pharmacokinetics of L-carnitine (Evans and Fornasini 2003; Koepsell and Endou 2004; Kato et al. 2006). L-carnitine transforms long fatty acids into acylcarnitines, which are carried into the mitochondrial matrix and β -oxidized to create acetyl coA for energy through the Krebs cycle (Evans and Fornasini 2003; Longo et al. 2006). Owing to its usefulness as a nutritional supplement and therapeutic agent, L-carnitine has recently gained increasing interest. In addition, OCTN2 mutations decrease carnitine uptake, causing primary carnitine deficiency (Walter 1996; Tang et al. 1999). Systemic carnitine deficiency can cause encephalopathy, cardiomyopathy, and muscle weakness, leading to heart failure and death (Pauly and Pepine 2003). Given that OCTN2 plays a significant role in carnitine absorption by



Fig. 1 Chemical structures of L-carnitine (A) and creatinine (B)

mouse intestinal epithelial cells, this transporter may represent a good target for examining oral OCTN2 substrates (Kato et al. 2006). In addition, human OCTN2 transports L-carnitine into adipocytes and facilitates its reabsorption into the renal proximal tubule (Evans and Fornasini 2003; Koepsell and Endou 2004). A recent study revealed that OCTN2 expression in patients with breast cancer can be used as a prognostic biomarker (Dinarvand et al. 2023). Patients with a partial OCTN2 deficiency should take carnitine or avoid OCTN2-interacting drugs (Evans and Fornasini 2003). Thus, multiple studies have recommended exogenous L-carnitine for treating carnitine insufficiency and its associated diseases (York et al. 1983; Evans and Fornasini 2003; Pauly and Pepine 2003).

Creatinine (Fig. 1B) is produced via the non-enzymatic conversion of creatine as a byproduct of muscle metabolism (Wyss and Kaddurah-Daouk 2000). It is continuously produced and excreted in urine as the creatine level in the body remains steady. Conventional determination of creatinine levels in plasma and urine enables the calculation of endogenous creatinine clearance, which provides an estimation of glomerular filtration rate, a marker of renal function in clinical practice (Müller et al. 2018). However, inhibition of the secretion of organic cations (OCT2/ MATE) in the renal tubules is often linked to a reduction in creatinine clearance or an elevation in creatinine level in plasma; therefore, plasma creatinine has been suggested as a biomarker for DDI potential during the administration of OCT2/MATE inhibitors (Urakami et al. 2004; Kimura et al. 2005; Imamura et al. 2011; Minematsu and Gaicomini 2011; Giacomini and Huang 2013; Chu et al. 2016; Zhao et al. 2016; Türk et al. 2022). Although it was previously reported that renal OCT2 expression is significantly downregulated by 1,25(OH)₂D₃ (Balla et al. 2021), the effect of $1,25(OH)_2D_3$ on OCT2 function and creatinine levels has not been studied.

In the current study, we investigated the effects of $1,25(OH)_2D_3$ on the expression and function of rOCTN2, including the biodistribution of its primary substrate, L-carnitine, as an endogenous biomarker of OCTN2. Several articles have mentioned the potential role of L-carnitine as a biomarker for OCTN2-mediated DDIs; however, limited in vivo data have been published to date (Kido et al. 2001; Li et al. 2021; McCann et al. 2021; Dinarvand et al. 2023). In addition, considering the downregulatory effect of 1,25(OH)₂D₃ on renal OCT2 (Balla et al. 2021), concomitant administration of $1,25(OH)_2D_3$ and OCT2 substrates may lead to potential DDIs during renal excretion. Thus, another aim of this investigation was to examine the impact of $1,25(OH)_2D_3$ on the biodistribution and renal excretion of endogenous creatinine, a potential OCT2 biomarker.

Materials and methods

Materials and reagents

The reagents listed below were acquired from Sigma-Aldrich (St Louis, MO, USA): $1,25(OH)_2D_3$, isotope-labeled d_3 - $1,25(OH)_2D_3$, L-carnitine, creatinine, 4-phenyl-1,2,4-triazoline-3,5-dione (PTAD), metformin, formic acid, and maize oil. Acetonitrile at high-performance liquid chromatography (HPLC) grade was provided by Honeywell Burdick & Jackson (Muskegon, Michigan, USA). Additional analytical grade reagents were employed in the experiment without any subsequent purification steps.

1,25(OH)₂D₃ pretreatment in rats

Male Sprague-Dawley rats (7-8 weeks old, Nara Biotech, South Korea) with an average weight of 250–300 g were used in this study. Animals were acclimated to the laboratory environment for 1 week, during which they were provided with unrestricted access to both food and water and subjected to a light-dark cycle of 12 h each. The pretreatment with 1,25(OH)₂D₃ was conducted by the methodology described in prior studies (Maeng et al. 2011, 2019; Kim et al. 2014; Yoon et al. 2015; Balla et al. 2021; Vo et al. 2022). Briefly, two groups (1,25(OH)₂D₃-treated and control) were randomly divided for this study. A mixture of ethanol (2.26 µL) and filtered maize oil (5 mL) served as the injection vehicle for the control group, while a solution of 1,25(OH)₂D₃ in ethanol (2.26 µL) and 5 mL of filtered maize oil (1,25(OH)₂D₃ 2.56 nmol/mL) were used for the treatment group. Rats were given intraperitoneal injections (1 mL/kg) at the same time for four days. Pharmacokinetic experiments were conducted on the fifth day (Maeng et al. 2011, 2019; Kim et al. 2014; Vo et al. 2022).

Determination of 1,25(OH)₂D₃ levels in rat plasma during 1,25(OH)₂D₃ pretreatment

1,25(OH)₂D₃ determination was carried out using liquidliquid extraction (LLE), followed by a derivatization method obtained from previously published articles with slight modifications (Ding et al. 2010; Hedman et al. 2014; Fu et al. 2019). The PTAD was activated by adding acetonitrile at a concentration of 1 mg/mL. The color of the solution transformed to deep red after approximately 5 min, indicating the activation of PTAD. The activated PTAD solution was used immediately or kept on ice for no more than 30 min after activation (Hedman et al. 2014). Proteins were precipitated by adding 100 μ L of working internal standard (IS) acetonitrile solution to 50 μ L of rat plasma, followed by vortexing and centrifugation at $2360 \times g$ for 10 min. The supernatant was transferred to a fresh tube and the volume was reduced using a vacuum evaporator. LLE was performed by adding 250 µL ethyl acetate to the residual solution (50 µL). After vigorously shaking the samples for 10 min, they were centrifuged ($590 \times g$, 20 min) and the upper layer was separated into another tube. After completely evaporating the solvent under a stream of nitrogen, $150 \mu L$ (1 mg/mL) of activated PTAD in acetonitrile was added to the residue, vortexed, and allowed at room temperature for 1 h to complete the reaction. The sample was then transferred to another tube, evaporated using an evaporation machine, and reconstituted in 40 µL acetonitrile. For analysis, each sample was transferred to an amber-colored glass vial with a glass insert.

Real-time quantitative polymerase chain reaction

Real-time quantitative polymerase chain reaction (qPCR) was used to evaluate rOCTN2 and rOCT2 expression in selected organs. Kidney, liver, spleen, brain, muscle, lung, and heart tissues were examined, and results were normalized to glyceraldehyde 3-phosphate dehydrogenase (GAPDH) expression. After 1,25(OH)₂D₃ pretreatment, rats were intraperitoneally anesthetized and subsequently slaughtered to collect tissues, which were then stored at - 80 °C until analysis. The isolation of total RNA was conducted using 100 mg homogenated tissue with TRIzol® (Invitrogen, Carlsbad, CA, USA). Total RNA concentration was measured by a Thermo Scientific Nanodrop 2000c spectrophotometer (Waltham, MA, USA) at wavelengths of 260-280 nm. The synthesis of the first-strand cDNA, qPCR assays, and relative mRNA quantification were performed following methods described in previous publications (Kim et al. 2014; Yoon et al. 2015; Maeng et al. 2019; Vo et al. 2022). The employed qPCR primer sets were listed in Supplemental Table S1.

Determination of basal levels of endogenous L-carnitine and creatinine by in vivo pharmacokinetic study

The mean basal levels of L-carnitine and creatinine in plasma, urine, and tissues were determined for the control and $1,25(OH)_2D_3$ -treated rats during the entire $1,25(OH)_2D_3$ treatment. Blood samples were obtained 30 min after injection of $1,25(OH)_2D_3$ like the schedule of a previously published study (Vo et al. 2022). Briefly, during each sampling interval, blood sample (0.35 mL) was collected from the tail vein. Subsequently, the collected blood samples were subjected to centrifugation (4 °C, 14,000 rpm, 15 min). This centrifugation process was performed to obtain plasma samples. Urine samples were obtained within 24 h spanning from the fifth to the sixth day. On the sixth day, a collection

of tissues was obtained, encompassing the kidney, liver, spleen, brain, muscle, lung and heart. Tissues were maintained at -20 °C until further process of analysis (Vo et al. 2022).

In addition, a pharmacokinetic investigation was conducted on exogenous L-carnitine in rats, as previous articles (Kim et al. 2014; Yoon et al. 2015; Maeng et al. 2019; Balla et al. 2021; Vo et al. 2022; Lee et al. 2023). Briefly, rats were first anesthetized, then polyethylene tubing filled with 20 IU/ mL heparinized saline was used to cannulate the femoral vein and artery for drug administration and blood sampling, respectively. A solution of L-carnitine in water (50 mg/mL) was prepared for injection. Rats in both the 1,25(OH)₂D₃ treatment and control groups were intravenously administered exogenous L-carnitine with a dose of 50 mg/kg (1 mL/kg). About 220 µL of blood samples were collected at 0, 1, 5, 15, 30, 60, 120, 240, 360, 480 and 1,440 min after drug administration. To compensate for fluid loss, equivalent quantities of 20 IU/mL heparinized normal saline were administered. Subsequently, the plasma was isolated and stored until it was ready for analysis, as described by (Vo et al. 2022). Urine samples were simultaneously collected over a 24 h period, divided into three intervals: 0-4 h, 4-8 h, and 8-24 h. Following the final blood sampling time point, the rats were promptly euthanized, and targeted tissues (as listed above) were collected. Preceding weighing and transferring to homogenate collection containers, tissues were rinsed with 0.9% w/v of NaCl to eliminate any excess blood. Upon determining their wet weights, tissues were preserved at – 80 °C.

Plasma, urine, and tissue sample preparation for analysis

Master stock solutions (50 mg/mL) of L-carnitine and creatinine were prepared in water, and then serials of standard working stock solutions were diluted in acetonitrile. To prepare the IS, a concentrated solution of metformin in dimethyl sulfoxide (1 mg/mL) was diluted with acetonitrile to obtain a working IS solution of 100 ng/mL.

The preparation of standards for biological samples (plasma, urine, and tissues) involved the addition of 10 μ L of working stock solutions to 90 μ L of a 2% bovine serum albumin (BSA) solution in phosphate-buffered saline (PBS), using a previously established protocol (Vo et al. 2022). The concentration range of L-carnitine and creatinine for the calibration curve were 2–5000 ng/mL, and 10–5000 ng/mL, respectively. Each sample was treated with 200 μ L of the IS solution, which was subsequently vortexed (30 s) before being centrifuged (4 °C, 14,000 rpm, 15 min). A volume of 80 μ L of the supernatant was obtained for liquid chromatography-tandem mass spectrometry (LC-MS/MS) analysis.

For basal L-carnitine levels quantifying, the plasma samples underwent a dilution of 10-fold, whereas the urine sample underwent a dilution of 50-fold using a 2% BSA solution. The tissue samples underwent homogenization using a two-fold volume of PBS, followed by dilution with 2% BSA. The kidney, liver, muscle and heart samples were diluted 50-fold, while the lung and spleen samples were diluted 20-fold, and the brain samples were diluted 10-fold. In the study of exogenous L-carnitine pharmacokinetics, the plasma and urine samples underwent dilution with 2% BSA at a ratio of 50-fold and 100-fold, respectively. Tissue samples were diluted with different dilution factors: the kidney and liver (1000-fold), the spleen (500-fold), and the muscle, lung, brain, and heart (100-fold). The diluted sample (100 μ L) was combined with 200 μ L of IS solution. The resulting mixture was subjected to vortex mixing and subsequent centrifugation to obtain the supernatant, which was then utilized for analysis using LC-MS/MS (Jin et al. 2013; Kim et al. 2014).

Quantitative LC-MS/MS analysis of L-carnitine and creatinine

Both L-carnitine and creatinine concentrations were measured by a 6490 QQQ mass spectrometer coupled with a 1290 Infinity HPLC system using an electrospray ionization (ESI+) Jet Stream ion source (Agilent Technologies, Santa Clara, CA, USA). The separation of L-carnitine, creatinine, and IS from the biological matrices was achieved by utilizing a SynergiTM 4 µm polar-RP 80 A column (Phenomenex, Torrance, CA, USA) protected by SecurityGuardTM, 4.0×3.0 mm guard column. An isocratic condition of mobile phase including 0.1% formic acid and acetonitrile at a flow rate of 200 µL/min was used. The mobile phase ratio for each compound is shown in Supplemental Table S2. The column and autosampler had respective temperatures of 25 °C and 4 °C and the injection volume was 2 µL. The pressure of the nitrogen sheath gas was adjusted to 50 psi, while the flow rate of the gas was set to 12 L/min to nebulize the sample. The capillary voltage was adjusted to a value of 3000 V, while the gas temperature was carefully controlled and kept at a constant level of 350 °C. LC-MS/MS conditions for each compound are summarized in Supplemental Table S2. The data collection and processing were performed using Agilent Mass Hunter software (version A.06.00).

Calibration curves were determined using 1/x weighted least-squares linear regression approach to plot the target/IS peak area ratios against the target concentration. The analytical methods for L-carnitine, creatinine, and $1,25(OH)_2D_3$ -PTAD were validated in terms of selectivity and linearity as previously described (Yoon et al. 2020; Nguyen et al. 2021; Le et al. 2023) (Supplemental Figs. S1–S6).

Data analysis

Pharmacokinetic parameters, including area under the plasma concentration versus time curve from zero to infinity (AUC_{∞}) , area under the plasma concentration versus time curve from zero to the last time point $(AUC_{last} \text{ or } AUC_{0-24})$, the elimination half-life $(t_{1/2})$, the mean residence time (MRT), V_{ss} , CL, non-renal clearance (CL_{NR}) and renal clearance (CL_{R}), were determined using WinNonlin® 8.3 software (Pharsight Co., Mountain View, CA, USA) through the application of non-compartmental analysis.

Area under the plasma concentration-time curve ratio (AUCR), determined as the AUC ratio of the victim drug in the presence and absence of the perpetrator drug $(1,25(OH)_2D_3)$ for transporters inhibition following the US FDA DDI guideline (US-FDA 2020), was calculated using Eq. (1):

$$AUCR = AUC_{1,25(OH)2D3-\text{treated rats}} / AUC_{\text{control rats}}$$
(1)

Upon determining the cumulative amounts of exogenous L-carnitine in the urine for up to 24 h ($A_{e, \infty, i.v.}$), the CL_R of exogenous L-carnitine was calculated using the following equation:

$$CL_{R} = CL \times \frac{A_{e, , i.v.}}{Dose_{i.v.}} = \frac{A_{e, , i.v.}}{AUC_{, i.v.}}$$
(2)

Renal clearance of basal L-carnitine and creatinine was calculated using Lars Jacobsson's method for calculating renal clearance based on a solitary plasma sample, as given by the following equation:

$$CL_{R} = Q_{(t)}/C_{(t)}$$
(3)

where $Q_{(t)}$ is the excreted amount of tracer (i.e., basal L-carnitine and creatinine) per unit of time, and $C_{(t)}$ is the tracer concentration in the plasma (Jacobsson 1983).

A statistical analysis was conducted using the Student's t-test (two-tailed) to compare the means of the control and experimental groups. A *p*-value < 0.05 was considered statistically significant difference. Data are presented in the form of means \pm standard deviations (SDs).

Results

1,25(OH)₂D₃ plasma level and mRNA expressional changes of rOCTN2 and rOCT2 in 1,25(OH)₂D₃-treated rats

Prior to the determination of mRNA expression changes involving rOCTN2 and rOCT2 in 1,25(OH)₂D₃-treated rats,

plasma concentration levels of $1,25(OH)_2D_3$ were compared between control and $1,25(OH)_2D_3$ -treated rats (Fig. 2A). Thirty minutes after the first intraperitoneal injection of $1,25(OH)_2D_3$, the plasma concentration of $1,25(OH)_2D_3$ in the treated rats reached approximately 262.69 ± 82.92 pg/ mL and subsequently returned to normal levels after 24 h. On the second day of pretreatment, comparable results were observed. However, the plasma level of $1,25(OH)_2D_3$ after 30 min of the third injection dropped dramatically, reaching 38.83 ± 17.10 pg/mL after 30 min of the last injection (the fourth). Under normal conditions, the concentration of $1,25(OH)_2D_3$ in rat plasma of the control group was below the lower limit of quantification (LLOQ, 10 pg/mL) of our LC-MS/MS bioanalytical method.

Using qPCR (Fig. 2B), the mRNA expression level of rOCTN2 was found to be significantly decreased in the liver, kidney, spleen, and brain of $1,25(OH)_2D_3$ -treated rats (by 56%, 53%, 77%, and 33%, respectively) (p < 0.05), whereas it was considerably increased in muscle (by 112%). Additionally, the expression levels of rOCTN2 in the lung of $1,25(OH)_2D_3$ -treated rats were lower than those in the control group, although no significant differences were observed. Given that rOCT2 mRNA is expressed at high levels in the kidney and very low levels in other tissues (Okuda

et al. 1996; Slitt et al. 2002), we only investigated the expression level of rOCT2 mRNA in the kidney in the current study. qPCR results (Fig. 2C) revealed that the mRNA expression level of rOCT2 in the kidney of rats treated with $1,25(OH)_2D_3$ was substantially reduced (by 64%) (p < 0.05) compared to that in the kidney of control rats. This result agrees with our previous observations (Balla et al. 2021).

Effects of 1,25(OH)₂D₃ on basal level of endogenous L-carnitine in plasma, urine, and tissues

During multiple doses of $1,25(OH)_2D_3$ administered to rats, the basal level of endogenous L-carnitine as a rOCTN2 biomarker in plasma was investigated (Fig. 3A). The plasma level of endogenous L-carnitine in the $1,25(OH)_2D_3$ -treated group was significantly higher than that in the control group after 24 h from the first $1,25(OH)_2D_3$ injection, and this trend was maintained until 24 h after the last injection (120 h).

In addition, both the cumulative urinary amount of L-carnitine for up to 24 h and the renal clearance of L-carnitine in $1,25(OH)_2D_3$ -treated rats decreased by 45.9% (p < 0.05) and 51.4% (p < 0.01), respectively, compared to those in the control rats (Fig. 3B and C).



Fig. 2 1,25(OH)₂D₃ plasma levels (**A**) and mRNA expressional changes involving rOCTN2 (**B**) and rOCT2 (C) in control and 1,25(OH)₂D₃-treated rats (n=3–5). Open and closed circles/bars represent the control and 1,25(OH)₂D₃-treated rats, respectively. Data are presented as means \pm SDs. **p* < 0.05 and ** *p* < 0.01 compared to the control group

Fig. 3 Basal levels in plasma (A), cumulative amount in urine (B), renal clearance (C) and basal levels in tissues (D) of endogenous L-carnitine in control and 1,25(OH)₂D₃-treated rats (n=5-6). Open and closed circles/bars represent the control and 1,25(OH)₂D₃-treated rats, respectively. Data are presented as means \pm SDs. **p* < 0.05, ***p* < 0.01 and ****p* < 0.001 compared to the control group



Table 1 Tissue partition coefficient (K_p) of endogenous L-carnitine for representative organs in control and $1,25(OH)_2D_3$ -treated rats (means \pm SDs)

Organs	Control (n=6)	$1,25(OH)_2D_3 (n=5)$
Liver	20.02 ± 7.14	9.015±1.139**
Kidney	25.44 ± 5.83	$13.54 \pm 2.98 **$
Spleen	17.43 ± 5.42	$9.289 \pm 0.946^{**}$
Heart	140.0 ± 32.6	79.35±18.43**
Lung	24.97 ± 6.94	$15.13 \pm 2.80*$
Brain	7.466 ± 1.731	$3.907 \pm 0.293^{**}$
Muscle	72.90 ± 17.27	43.57±7.51**

p < 0.05 and p < 0.01 compared with control group

Based on the concentration of L-carnitine in each tissue (Fig. 3D), endogenous L-carnitine was predominantly distributed in the heart, followed by skeletal muscle and kidney. The heart contained approximately 20-fold more L-carnitine than the brain, consistent with previous reports, which indicate that the concentration of carnitine is highest in the heart (Pearson and Tubbs 1967; Brooks and Mcintosh 1975). We hypothesized that changes in the plasma level of L-carnitine are significantly associated with the distribution and accumulation of L-carnitine in tissues expressing rOCTN2. Indeed, the K_p value of all seven tissues was found to be significantly lower after pretreatment with $1,25(OH)_2D_3$ (Table 1), which was likely due to lower rOCTN2 expression in most tissues.

Effects of 1,25(OH)₂D₃ on intravenous pharmacokinetics of L-carnitine hydrochloride

We further investigated the pharmacokinetic profile of an intravenous bolus of exogenous L-carnitine in the presence of 1,25(OH)₂D₃ after four consecutive days of pretreatment. The plasma concentration-time profiles of L-carnitine hydrochloride following intravenous administration of 50 mg/kg in control and 1,25(OH)₂D₃-treated rats are presented in Fig. 4A. The plasma profile of control rats was consistent with that of a previous study, in which plasma L-carnitine concentrations declined to basal levels within 24 h after the administration of a single dose (Rebouche 2004). Notably, significantly higher plasma L-carnitine levels were observed in the 1,25(OH)₂D₃-treated group than in the control group. At 24 h after exogenous L-carnitine administration, the plasma level of L-carnitine in the 1,25(OH)₂D₃-treated group was still slightly higher than that in the control group, but no statistically significant difference was found.

The calculated pharmacokinetic parameters (Table 2) illustrated that the AUC_{last} and AUC_{∞} of L-carnitine in 1,25(OH)₂D₃-treated rats increased by 72.9% and 48.2%, respectively, compared to those of the control group. In addition, there was a 37.4% decrease in CL and a 35.1% decrease in CL_R in 1,25(OH)₂D₃-treated rats compared to control rats. In addition, the volume of distribution at the V_{ss} was significantly reduced by 50.7%. However, CL_{NR}, t_{1/2}, and MRT remained unaltered between two

Fig. 4 Pharmacokinetic studies of L-carnitine after 50 mg/kg IV administration in control and 1,25(OH)₂D₃-treated rats (n=6–7). Plasma concentrationtime profiles (**A**), cumulative urine recovery (**B**), tissue levels (**C**) of L-carnitine. Open and closed circles/bars represent the control and 1,25(OH)₂D₃treated rats, respectively. Data are presented as means \pm SDs. **p* < 0.05 compared to the control group



Table 2 Pharmacokinetic parameters of L-carnitine after intravenousadministration of 50 mg/kg exogenous L-carnitine in the control and $1,25(OH)_2D_3$ -treated rats (means \pm SDs)

Parameter	Control $(n=7)$	$1,25(OH)_2D_3 (n=6)$
AUC _{last} (µg×min/mL)	$12,658 \pm 2349$	21,889±6534**
AUC_{∞} (µg×min/mL)	$18,071 \pm 5243$	$26,878 \pm 8049 *$
CL (mL/min/kg)	3.388 ± 1.017	$2.121 \pm 0.685^{*}$
CL _R (mL/min/kg)	2.104 ± 0.483	$1.365 \pm 0.533*$
CL _{NR} (mL/min/kg)	1.284 ± 0.673	0.756 ± 0.331
t _{1/2} (min)	924.4 ± 746.2	618.9 ± 207.7
MRT (min)	1175 ± 831	754.5 ± 192.2
V _{ss} (mL/kg)	3012 ± 1552	$1486 \pm 452*$

*p < 0.05 and **p < 0.01 compared with control group

groups. In addition, the cumulative urinary recovery (% dose) of L-carnitine (Fig. 4B) remained unchanged in $1,25(OH)_2D_3$ -treated rats.

For biodistribution studies, the tissue concentration and K_p of L-carnitine in the liver, kidney, spleen, heart, lung, brain, and skeletal muscle 24 h after the administration of exogenous L-carnitine to rats are shown in Fig. 4C; Table 3, respectively. Interestingly, although L-carnitine concentration levels were observed to be only significantly decreased in the spleen and heart (Fig. 4C), significant decreases in K_p values were observed in all seven analyzed tissues (Table 3), consistent with the results for endogenous L-carnitine (Table 1).

Table 3 Tissue partition coefficient (K_p) of L-carnitine for representative organs after intravenous administration of 50 mg/kg exogenous L-carnitine in the control and $1,25(OH)_2D_3$ -treated rats (means \pm SDs)

Organs	Control $(n=4)$	$1,25(OH)_2D_3 (n=4)$
Liver	484.2 ± 175.7	222.1±57.0*
Kidney	925.5 ± 283.8	$320.9 \pm 145.6^{**}$
Spleen	194.0 ± 87.3	$55.62 \pm 14.61*$
Heart	560.6 ± 227.6	$116.4 \pm 27.6^{**}$
Lung	109.0 ± 31.5	$46.89 \pm 10.76 **$
Brain	74.37 ± 40.64	$20.55 \pm 10.22*$
Muscle	366.4 ± 181.6	$120.0 \pm 24.3^*$

*p < 0.05, ** p < 0.01 compared with control group

Effects of 1,25(OH)₂D₃ on the basal level of endogenous creatinine in plasma, urine and tissues

The effects of $1,25(OH)_2D_3$ on the basal level of endogenous creatinine as a rOCT2 biomarker were investigated in the same manner as that for endogenous L-carnitine. A significantly increased plasma concentration of creatinine in $1,25(OH)_2D_3$ -treated rats compared to that in control rats was observed 48 h after the first injection of $1,25(OH)_2D_3$ (Fig. 5A). The marked elevation in plasma creatinine level for up to 24 h sampling demonstrated the effects of $1,25(OH)_2D_3$ on the fifth day (Fig. 5B). The literature findings indicated that the concentrations of creatinine in rat plasma were approximately $20-25 \mu mol/L$ (equivalent to

Fig. 5 Endogenous creatinine levels in plasma collected during four consecutive days of pretreatment with 1,25(OH)₂D₃ (A), creatinine levels in plasma collected on the fifth day (B), cumulative urinary amount (C), renal clearance (D) and tissues levels (E) of creatinine in control and 1,25(OH)2D3-treated rats (n=6). Open and closed circles/bars represent the control and 1,25(OH)₂D₃-treated rats, respectively. Data are presented as means \pm SDs. *p < 0.05, **p<0.01 and *** p<0.001 compared to the control group



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2260-2830 ng/mL) (Lysne et al. 2015), which aligns with the creatinine concentrations in the control groups of our study (2420-3700 ng/mL). In addition, the creatinine clearance of rats from control group $(3.05 \pm 0.88 \text{ mL/min/kg})$ is also similar to a value reported from the previous literature $(2.83 \pm 0.09 \text{ mL/min/kg})$ (Deguchi et al. 2005). The cumulative urinary creatinine and calculated renal clearance in the 1,25(OH)₂D₃-treated group were significantly decreased by 27.2% (p < 0.01) and 37.7% (p < 0.05), respectively, compared to those in the control group (Fig. 5C and D). In the tissue distribution study, creatinine concentration levels were significantly decreased in the kidney and brain of the $1,25(OH)_2D_3$ -treated group compared to those in the control group (Fig. 5E), whereas K_p was significantly decreased not only in the kidney and brain, but also in the liver, heart and muscle (Table 4).

Discussion

Vitamin D_3 analogs, including $1,25(OH)_2D_3$, have been widely used as therapeutic agents or supplements in multiple-drug therapies, especially in cancer treatment. Among the membrane transporters that are highly relevant to human pathophysiology, OCTN2 and OCT2 are recognized as primary transporters for many specific first-line chemotherapeutic organic cationic drugs, such as etoposide, cisplatin and oxaliplatin (Taieb et al. 2020; Zhou et al. 2020). However, the effect of $1,25(OH)_2D_3$ on OCTN2 and OCT2

Table 4 Tissue partition coefficient (K_p) of endogenous creatinine for representative organs in control and $1,25(OH)_2D_3$ -treated rats (means ± SDs)

Organs	Control (n=6)	$1,25(OH)_2D_3 (n=6)$
Liver	0.054 ± 0.016	$0.034 \pm 0.009*$
Kidney	0.837 ± 0.304	$0.284 \pm 0.083^{**}$
Spleen	0.107 ± 0.019	0.088 ± 0.024
Heart	0.542 ± 0.180	$0.325 \pm 0.050 *$
Lung	0.120 ± 0.049	0.086 ± 0.034
Brain	0.447 ± 0.102	$0.290 \pm 0.060 **$
Muscle	1.172 ± 0.244	$0.908 \pm 0.143*$

p < 0.05 and p < 0.01 compared with control group

function and their endogenous biomarkers, L-carnitine and creatinine, respectively, have not been investigated.

In the current study, to clarify the effects of $1,25(OH)_2D_3$ on the $1,25(OH)_2D_3$ -treated and control groups, the plasma concentrations of $1,25(OH)_2D_3$, rOCTN2 mRNA levels in seven selected tissues, and rOCT2 mRNA levels in kidney were evaluated (Fig. 2). Plasma levels of $1,25(OH)_2D_3$ in the treated group were considerably higher than those in the control group during pretreatment. However, the concentration of $1,25(OH)_2D_3$ gradually decreased after repeated injections, consistent with a previous publication (Brożyna et al. 2014), which revealed that elevated CYP24A1 levels via VDR activation caused a decrease in $1,25(OH)_2D_3$ levels in the plasma. Subsequently, C24-hydroxylation, C23-hydroxylation, and C3-epimerization proceed via CYP24A1 to convert $1,25(OH)_2D_3$ into metabolites including calcitroic acid, $1,25R(OH)_2D_3$ -26,23 S-lactone, and 3-epi-1,25(OH)_2D_3 (Hurst et al. 2020). Furthermore, these metabolites bind to the VDR, imitating the activity of $1,25(OH)_2D_3$ (Shepard and Deluca 1980). Regarding mRNA expressional changes of rOCTN2 and rOCT2, rOCTN2 gene expression was noticeably affected by $1,25(OH)_2D_3$ administration, especially in the kidney, liver, brain, spleen, and skeletal muscle. The expression of rOCT2 was also downregulated in the kidney. These changes may alter the distribution of L-carnitine and creatinine in these tissues and their systemic clearance, thereby affecting their pharmacokinetics.

Overall, the effect of $1,25(OH)_2D_3$ on the pharmacokinetics of L-carnitine in plasma, urine, and tissue was strongly consistent between the endogenous and exogenous levels (Figs. 3, 4 and Tables 1 and 3). The increase in plasma levels (AUC_{last} and AUC_{∞}) of L-carnitine may be due to reduced renal clearance and tissue distribution in $1,25(OH)_2D_3$ treated rats (Tables 1, 2 and 3; Figs. 3A, 4A). Considering that renal rOCTN2 functions as a dual-purpose transporter, facilitating both reabsorption and active secretion of L-carnitine and that a high intravenous dose of L-carnitine increases active secretion and decreases reabsorption in the kidney (Rebouche and Engel 1984; Rebouche et al. 1993; Rebouche 2004), the lower renal clearance of L-carnitine in $1,25(OH)_2D_3$ -treated rats is likely due to decreased rOCTN2 in the kidney (Fig. 2B).

When exogenous L-carnitine was administered intravenously, a substantial decrease in the V_{ss} of L-carnitine was observed in 1,25(OH)₂D₃-treated rats. The significant decrease in L-carnitine distribution (i.e., K_p ratio) in all investigated organs (Tables 1 and 3) could explain the reduced V_{ss} in the 1,25(OH)₂D₃-treated group. Notably, among seven analyzed tissues, the heart showed the highest percentage change in K_p (79% decrease), followed by the brain with a 72% decrease (Table 3). Interestingly, endogenous L-carnitine levels were higher in the heart than in other tissues (Fig. 3D), suggesting the potential importance of L-carnitine in the heart. Indeed, it has been reported that OCTN2 expressed in the cardiac sarcolemma is responsible for the majority of carnitine transport into the heart (Iwata et al. 2008). Additional evidence strongly suggests that a decrease in carnitine levels in cardiac muscle cells caused by OCTN2 deficiency or suppression of OCTN2 could lead to cardiomyopathy or death from heart failure (Miyagawa et al. 1995; Kuwajima et al. 1998). OCTN2 is expressed not only in the brain but also in the blood-brain barrier (BBB) and numerous parts of the central nervous system (CNS). It plays a crucial role in the CNS and belongs to the four essential enzymes for fatty acid oxidation (carnitine palmitoyltransferase 1 (CPT1), carnitine palmitoyltransferase 2 (CPT2) and two acyl-CoA dehydrogenases specialized for either long- or medium-chain acyl-CoAs) (Jernberg et al.

2017). A case study conducted in 2018 found that high-dose L-carnitine alleviated attention-deficit/hyperactivity disorder (ADHD) symptoms in a patient with OCTN2 deficiency (Lamhonwah et al. 2018). Another study revealed that carnitine supplementation is associated with an improvement in non-dysmorphic autism, which may be related to a deletion in exon 2 of the gene encoding 6-N-trimethyllysine dioxygenase, the initial enzyme in the carnitine biosynthesis process (Celestino-Soper et al. 2012). Therefore, the administration of 1,25(OH)₂D₃ may reduce the levels of L-carnitine accumulated in various tissues, especially in the heart and brain, resulting in side effects in these organs. However, the administration of 1,25(OH)₂D₃ resulted in a substantial elevation in the mRNA expression levels of rOCTN2 in the muscle (Fig. 2B). Nevertheless, the K_p value of L-carnitine in the muscle of the rats treated with 1,25(OH)₂D₃ exhibited a notable decrease (Fig. 3D; Tables 1 and 3). The underlying cause of this discrepancy has yet to be fully elucidated in this study. Additional research should be undertaken to provide further clarification on the outcomes of this phenomenon in relation to muscle.

In addition, the effect of $1,25(OH)_2D_3$ on creatinine, the endogenous biomarker of OCT2, was examined. The downregulation of renal rOCT2 mRNA expression levels (Fig. 2C), consistent with a previous observation (Balla et al. 2021), might cause reduced creatinine renal clearance (Fig. 5D), consequently leading to a dramatic increase in creatinine plasma levels (Fig. 5A and B) and a decrease in tissue accumulation (Fig. 5E; Table 4) in $1,25(OH)_2D_3$ treated rats. The increase in plasma creatinine levels in the $1,25(OH)_2D_3$ -treated group was consistent with a previous study, in which short-term VDR activation increased serum creatinine levels (Agarwal et al. 2011).

In comparison with our previous report that revealed the impact of $1,25(OH)_2D_3$ treatment on rOCT2 function and its substrate, procainamide (Balla et al. 2021), the present study demonstrated the feasibility of using creatinine as an OCT2 biomarker in $1,25(OH)_2D_3$ -treated rats. In terms of DDIs, by calculating AUCR value, we found that the AUCR of procainamide and creatinine was 1.422 and 1.488, respectively, suggesting that the effect of $1,25(OH)_2D_3$ on creatinine is quite similar to that of $1,25(OH)_2D_3$ on procainamide, a well-known substrate of OCT2. In other words, our findings strongly confirm that creatinine is a sensitive biomarker for OCT2-mediated DDIs.

There was a fluctuation in creatinine plasma level for 24 h sampling (Fig. 5B), likely due to the circadian rhythm of creatinine in vivo (Thorpe et al. 2012). In fact, creatinine levels varied over the light-dark cycle and were significantly higher around the dark phase, likely related to changes in muscular activity, drinking and urination. As creatinine is a byproduct of creatine in the process of muscle metabolism, the significant decrease in creatinine accumulation in

skeletal muscles in the $1,25(OH)_2D_3$ -treated group (Table 4) supports the hypothesis that VDR activation prevents muscle atrophy (Bertoli et al. 1990; Weir 2011). The results regarding muscles also implied the importance of dose control of vitamin D_3 analogs, since an appropriate dose can prevent muscle loss (Bertoli et al. 1990; Weir 2011) whereas overdose administration can lead to muscle weakness due to vitamin D toxicity (Jones 2008).

Recently, the use of cocktails of drugs in polypharmacy for patients with cancer has received increasing attention. Vitamin D₃ analogs are usually prescribed in combination with numerous therapeutic agents such as cisplatin and oxaliplatin. Cisplatin is associated with excessive urinary loss of L-carnitine, which is dependent on the renal tubular uptake of cisplatin by Oct2 in mice and is related to the downregulation of the luminal carnitine transporter Octn2 (Lancaster et al. 2010). Oxaliplatin, another platinum-based chemotherapeutic agent used to treat carcinoma of the rectum or stage III colon cancer, is a well-known substrate for both OCT2 and OCTN2 (Jong et al. 2011; Motohashi and Inui 2013). This evidence in animal models is useful for linking the relative activities of the OCT2 and OCTN2 transporters, which may also be applicable to humans. In this study, we determined the effect of $1,25(OH)_2D_3$ on the pharmacokinetics of the endogenous biomarkers creatinine (rOCT2) and L-carnitine (rOCTN2). Based on these results using biomarkers of OCT2 and OCTN2, it could be expected that the pharmacokinetics of OCT2 and OCTN2 substrates (i.e., cisplatin and oxaliplatin) may be altered in the presence of $1,25(OH)_2D_3$. Therefore, to improve their effectiveness and safety surveillance, it is worth considering dosing regimen adjustment and therapeutic drug monitoring of anticancer agents co-administered with 1,25(OH)₂D₃ in humans.

Conclusion

This is the first study to examine the biodistribution and pharmacokinetics of L-carnitine, a known biomarker of the OCTN2 transporter, in the presence of $1,25(OH)_2D_3$ in rats. 1,25(OH)₂D₃ treatment demonstrated decreased rOCTN2 expression and functional activity, resulting in higher plasma L-carnitine levels, decreased renal clearance, and decreased L-carnitine tissue distribution. In addition, we investigated the downregulation of rOCT2 gene expression and function by $1,25(OH)_2D_3$ to increase serum creatinine levels, lower renal clearance of creatinine and reduce creatinine distribution in the kidney and other tissues. The present study, which uses biomarkers, may attract attention due to the prevalent use of vitamin D_3 in combination with other pharmaceuticals for therapeutic purposes, necessitating future human investigations when vitamin D₃ and OCTN2or OCT2-targeted medications are provided simultaneously.

Moreover, L-carnitine and creatinine levels in plasma and urine can be used as biomarkers to predict the DDI possibility on OCTN2 and OCT2 during drug discovery and early new drug development.

Supplementary Information The online version contains supplementary material available at https://doi.org/10.1007/s40005-023-00659-2.

Acknowledgements This work was supported by the Gachon University Research Fund of 2020 (GCU- 202008420005) and the Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Science, ICT & Future Planning (NRF-2021R1F1A1060378).

Declarations

Conflict of interest All authors (D.-K. Vo, T.-T.-L. Nguyen, and H.-J. Maeng) declare that they have no conflict of interest.

Research involving in human and animal participants The animal investigations were conducted after receiving approval of the Institutional Animal Care and Use Committee in Gachon University (approval No. GIACUC-R2019020, July 1st, 2019).

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