#### REVIEW



# A quality by design approach in oral extended release drug delivery systems: where we are and where we are going?

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### Abstract

**Background** Oral extended release (ER) delivery systems have quickly gained increasing importance because of their ability to maintain drug levels in the blood more consistently, reducing side effects and improving patient compliance. The complexity of ER formulation leads to additional development challenges in the fulfilment of quality-related regulatory requirements. Despite their challenging properties, the potential of ER system formulation and process development can be better exploited by applying quality by design (QbD) approaches and advanced modeling techniques such as machine learning (ML).

**Area covered** This review provides a comprehensive overview of QbD concepts applied to oral ER delivery systems, clarifying the impact of raw materials and process variables on critical quality attributes (CQAs). Moreover, data science coupled with ML algorithms is also elucidated in this article as a potential tool for predicting and optimizing ER formulation design and manufacturing processes.

**Expert opinion** QbD, as a scientific and risk-based approach, provides a comprehensive understanding of oral ER drug delivery systems improving product quality and reducing postapproval changes. Enabling QbD with ML-driven pharmaceutical development can provide an opportunity to move toward risk mitigation for efficient ER tablet formulation and process development. However, there are some barriers to overcome in the way of adopting QbD concepts. The key issues are the lack of understanding and the gap between industries and regulatory authorities concerning the scientific principles and terms beyond QbD, which can create an obstacle during the approval process. Furthermore, it is generally believed that the resources and time invested in applying QbD tools are not cost-effective during constant and continuous improvement. Today, it is time to realize that a multidisciplinary understanding of the formulation and manufacturing process is as important as achieving the final result.

**Keywords** Design of experiments  $\cdot$  Extended release  $\cdot$  Machine learning  $\cdot$  Multivariate data analysis  $\cdot$  Process analytical technology  $\cdot$  Quality by design

# Introduction

The oral route is the most common route for drug administration due to its clear advantages and convenience. One of the strategies used in drug development includes the consideration of using different delivery systems and technologies

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to ensure the most appropriate pharmacokinetic and pharmacodynamic profiles (Walker 2008).

According to the generally accepted definition, modified release (MR) is a dosage form release pattern where the time, rate and/or location of release of the drug substance are chosen to fulfil therapeutic or compliance goals not offered by conventional dosage forms administered by the same route (FDA 1997b; EMA 2014). MR is a slightly ambiguous term embracing several types of formulations with distinct release patterns. Compendial publications such as the United States Pharmacopeia (USP) and European Pharmacopoeia (Ph. Eur.) or regulatory agencies such as the food and drug administration (FDA) and European medicines agency (EMA) do not provide a harmonized definition for MR or controlled release (CR) dosage forms. Several types of MR systems have been recognized, including extended release (ER), delayed release (usually gastroresistant), targeted release and orally disintegrating tablets (Ding 2016). In this review, special attention is given to oral ER drug delivery systems. Since expressions such as "prolonged" (an equivalent term of extended release used by the EMA), "controlled", "sustained", "long-acting" and "repeat action" have also been interchangeably used to describe ER drug delivery systems, in the context of this article, ER will be used when referring to "extended release" and/or "modified release" formulations.

Although the concept of ER was introduced a few decades ago, its unique advantages and innovative technologies continue to provide pharmaceutical interest. When developing and manufacturing effective ER systems, it is crucial to ensure controlled and timed drug release with predictable kinetics, as revealed by recent research (Khan et al. 2020; Mohamed et al. 2020; Than et al. 2021; Akhtar et al. 2022). Therefore, critical raw material and process properties must be carefully selected and assessed to achieve the desired release profile.

Although ER drug product development faces several constraints in data acquisition, understanding of the drug release mechanisms, robustness and reproducibility, the potential of ER systems can be better exploited if formulation and process development are performed using the quality by design (QbD) approach.

The systematic QbD approach, supported by the International Council of Harmonisation (ICH) Q8, Q9 and Q10 guidelines, has been widely used by pharmaceutical industries to design, develop and manufacture high-quality drug products. QbD elements include the quality target product profile (QTPP), which enables the identification of critical quality attributes (CQAs); identification of critical material attributes (CMAs) and critical process parameters (CPPs), linking to the CQAs; risk assessment (RA); definition of the design space; and control strategy and continuous improvement. The application of these concepts can ensure safety, efficacy, and quality across the ER drug product lifecycle and streamline regulatory processes. Understanding the drug product and respective manufacturing process results in quality improvement and risk reduction (ICH Q9 2005, ICH Q10 2008, ICH Q8(R2) 2009). Design of experiments (DoE) and process analytical technology (PAT) are two useful tools applied in QbD. PAT tools could be fundamental to support real-time release testing (RTRT) as part of a control strategy (ICH Q8(R2) 2009).

Extended release of drugs can be achieved using numerous manufacturing technologies. Usually, strong efforts are allocated to eliciting the type of rate controlling polymers with a focus on their unique properties and respective amount. However, the performance of ER drug products based on their dissolution profiles can be more time-consuming and complex than conventional formulations, as models predicting drug release from ER systems eventually consider a high number of factors, which may lead to a high volume of data, thus hampering their fast and effective pharmaceutical development.

On the other hand, the increase in data volume and complexity generated in drug discovery and development has resulted in the growing application of efficient statistical and modeling tools. From this perspective, modern data analytics technology based on the concepts of multivariate data analysis (MVDA), artificial intelligence (AI) and machine learning (ML) algorithms, frequently coupled to the QbD approach, has guided pharmaceutical R&D assuring the desired product quality (Banner et al. 2021; Paul et al. 2021a).

While several previous studies have reported the critical points related to oral ER drug delivery systems (Maderuelo et al. 2011) as well as the importance of the use of the QbD strategy (Yu et al. 2014) and ML algorithms (Lou et al. 2021) in the pharmaceutical development context, no reviews in the literature were found comprising a multidisciplinary approach to link the three different strands: (1) different oral ER drug delivery systems; (2) a comprehensive approach of a well-structured QbD framework; and (3) application of advanced statistical modeling tools such as ML, applied to oral ER drug delivery system development.

The present review intends to detail the current state of applying QbD concepts to better understand the design and manufacture of oral ER delivery systems in pharmaceutical development. An outline of emerging opportunities in QbD implementation coupled to MVDA methods and AI/ML tools applied to oral ER drug products will also be discussed.

# Applying the QbD framework to oral ER formulations

The development of ER formulations dates back to the 1960s. Since then, an increasing number of researchers from both industry and academia have allocated significant resources to a wide range of scientific domains to expand the scientific knowledge in the field of ER delivery systems (Hoffman 2008; Lee et al. 2010; Florence 2011).

The main drivers for the ground-breaking advances in controlled release were the clinical need to prolong action and improve patient benefit (Lee et al. 2010). Moreover, the first mathematical models to study the dissolution of drugs, the understanding of the behavior of delivery systems in vivo and advances in polymer sciences have also greatly contributed to this development in the pharmaceutical industry (Hoffman 2008).

#### Types of oral ER drug delivery systems

Oral ER drug delivery systems exhibit drug release patterns that are intentionally distinct from conventional immediate release. In fact, these specialized dosage forms allow a reduction in the dosage frequency compared to conventional dosage forms. Sustained release (SR) and CR are both definitions for drug delivery systems that can be used to achieve an ER pattern (FDA 1997a; Ding 2016). The emergence of ER systems has paved the way for significant advancements in safety and efficacy of drug release, whether by decreasing the risk of "dose-dumping" or incidence of adverse side effects or by maximizing therapeutic benefits in the maintenance of therapeutic blood levels and enhancement of patient compliance (Wen et al. 2010; Bruschi 2015; Ding 2016).

In oral ER drug delivery systems, several physical, chemical, and biological mechanisms can be strategically employed to control drug release, e.g., dissolution, diffusion, partitioning, solvent activation (osmosis and swelling), erosion and targeting. They may act simultaneously or at different stages of a delivery process. In a broad sense, the different drug release systems can incorporate different mechanisms. When different mechanisms take place simultaneously or sequentially, the dominant and rate limiting step process is the slowest (Wen et al. 2010; Nokhodchi et al. 2012; Siepmann et al. 2012a, b; Bruschi 2015).

Diffusion is one of the most common strategies for controlling drug release. It is a physical mechanism for the transport of drug molecules through a polymer under a concentration gradient and can be described by Fick's law of diffusion. The basic designs for diffusion-controlled delivery systems are the reservoir and matrix systems where drug molecules are released through a polymer membrane or a polymer matrix, respectively (Siepmann et al. 2012a; Qiu et al. 2017; Bermejo et al. 2020).

Conversely, dissolution is the rate controlling step in dissolution-limited systems. If the polymer is quickly dissolved, the solvated drug is immediately available to diffuse from the surface, and zero-order kinetics are not achievable. Therefore, the solubility of the polymer carrier and thickness of the membrane (reservoir systems) are the key factors in controlling drug release (Siegel et al. 2012; Bermejo et al. 2020).

In dissolution- and diffusion-limited release systems, both processes often coexist. Drug release occurs by dissolution followed by diffusion through the matrix. First, the medium goes into the core, and hence, quick drug dissolution occurs by allowing diffusion of the dissolved drug out of the system. In this case, it is difficult to elicit the rate-limiting step, but commonly, the dissolution rate is controlled by the dominant mechanism—diffusion (Siegel et al. 2012; Bermejo et al. 2020). A significant number of mathematical models were developed to aid in understanding the drug release kinetics and associated mechanisms. A review by Costa et al. (2001) describes some of the most common mechanisms, such as zero-order, first-order, Weibull, Higuchi and Korsmeyer-Peppas. Mathematical modeling of drug release can help researchers better understand and develop highly effective ER drug delivery systems (Peppas et al. 2014).

The most common oral ER drug delivery systems are matrix, reservoir polymeric and osmotic systems (Siepmann et al. 2012a; Ding 2016; Qiu et al. 2017). A brief overview of each system is provided below.

#### Matrix systems

Matrices are also defined as monolithic since the drug is dissolved or dispersed homogeneously through a release rate controlling polymeric matrix (Tiwari et al. 2011; Siepmann et al. 2012a; Qiu et al. 2017). Depending on the initial drug loading/drug solubility ratio, monolithic devices can be distinguished into two groups: monolithic solutions and monolithic dispersions (Siepmann et al. 2012a; Bermejo et al. 2020). The former refers to a nonsaturated drug solution-the initial drug loading is below its solubility-in which the release rate decreases with time, while the latter consists of a saturated or oversaturated drug solution comprising a dissolved and nondissolved drug fraction. In this case, the dissolved drug is first released, decreasing the concentration inside the polymer, and thereafter, the undissolved drug solid aggregates will be slowly released by diffusion after they are dissolved (Siepmann et al. 2012a; Bermejo et al. 2020). Since the mean distance traveled by the drug to the matrix surface increases with time, the geometry of monolithic systems has a substantial impact on drug release kinetics (Siepmann et al. 2000; Siegel et al. 2012; Bermejo et al. 2020).

Concerning the rate-controlling polymer properties, matrix systems may be broadly classified into hydrophilic, inert and lipid matrices (Bruschi 2015), with hydrophilic systems being the most widely utilized in marketed ER products. In these systems, the drug is dispersed or dissolved in water-soluble and/or swellable hydrophilic polymers (Vanhoorne et al. 2016; Parmar et al. 2018; Ilyes et al. 2021). Upon contact with the aqueous solution (water or physiological fluid), the hydrophilic matrix becomes hydrated, resulting in relaxation of the polymer chains and lowering of the glass transition temperature. These phenomena are responsible for the development of a 'gel' layer on the system surface controlling drug release (Colombo et al. 2000).

This process results in the formation of a series of fronts: the swelling front between the glassy polymer and the rubbery state, the erosion front that separates the swollen matrix of the surrounding solvent; and the diffusion front located between the swelling and erosion front, i.e., between undissolved and dissolved drug particles, respectively (Ford 2014). The gel layer thickness depends on several factors, such as the type and viscosity of the polymer, the penetration rate of the medium into the matrix, and the dissolution of drugs and excipients (Maderuelo et al. 2011; Tiwari et al. 2011; Siegel et al. 2012; Caccavo et al. 2014; Ford 2014; Timmins et al. 2016).

In hydrophilic systems, while water-soluble drugs may be released essentially by diffusion (Thapa et al. 2018), for drugs with low water solubility, matrix erosion is the predominant mechanism (Kim 1998; Chakraborty et al. 2009; Barmpalexis et al. 2018). Some examples of polymers used in hydrophilic matrices are hydroxyl propyl methyl cellulose (Hypromellose/HPMC) (Gavan et al. 2017; Barmpalexis et al. 2018), hydroxyl propyl cellulose (HPC) (Iurian et al. 2017; Than et al. 2021) and polyethylene oxide (PEO) (Nagy et al. 2019; Jang et al. 2021).

On the other hand, in inert matrix systems, the drug is incorporated into a water-insoluble polymer (Rus et al. 2020). Drug release occurs by permeation of the liquid into the polymeric matrix, dissolving the drug and/or creating pores and channels that facilitate solvent front penetration leading to dissolution and diffusion of the drug through the matrix (Frenning 2011). The drug release rate from inert matrix tablets is mainly governed by Higuchi's equation. Ethyl cellulose (Sanoufi et al. 2020), polymethacrylates (Won et al. 2021) and polyvinyl acetate (Rus et al. 2020) are examples of water-insoluble polymeric materials used in inert matrices.

In lipid matrices, the rate-controlling polymers are hydrophobic and include waxes, glycerides, and fatty acids. Drug release from these matrices occurs through both diffusion and erosion (Petrovic et al. 2012; Bruschi 2015). Finally, the matrix systems can also be classified according to their porosity as microporous and nonporous systems (Wen et al. 2010).

#### **Reservoir systems**

In reservoir-based systems, drug diffusion is mediated by a functional controlling membrane. A drug-containing core is surrounded by a polymeric membrane, and the drug release rate is controlled by its attributes, such as thickness, composition, and physicochemical properties (Siepmann et al. 2012a). Once dissolved, the drug molecules diffuse across the membrane. As with monolithic systems, two types of reservoir systems can be found based on the polymeric membrane: nonporous, where drug molecules must diffuse through the polymer membrane, and microporous, when drug molecules are released through micropores (Wen et al. 2010).

Additionally, diffusion-controlled reservoir systems are also classified according to the drug loading as constant activity sources and nonconstant activity sources (Siepmann et al. 2012a). In the first case, when the reservoir comprises a drug concentration in the core above its solubility, the drug concentration gradient at the membrane remains constant, the diffusion of drug through the membrane is constant, and zero-order release kinetics can be achieved. In contrast, a nonconstant activity is characterized by a first-order release profile since the drug in the dosage form is completely and rapidly dissolved and drug molecules diffuse out through the controlling membrane (Siepmann et al. 2012a; Bermejo et al. 2020).

#### Osmotic pump systems

Osmotic drug delivery systems (ODDSs) are based on the osmosis phenomenon, where the inner core, filled with a mixture of the drug and osmotic agent, is surrounded by a semipermeable polymer membrane that has an orifice for drug release. Driven by the concentration gradient, the solvent tends to flow through the semipermeable membrane from the lower-concentration to a higher-concentration solution. Then, water influx by diffusion across the membrane dissolves the drug in an effort to achieve osmotic equilibrium and force the drug solution out through the orifice at a constant rate. ODDSs are characterized by a constant drug release with zero-order kinetics dependent on the osmotic pressure across the membrane and independent of the drug properties and the gastrointestinal environment (pH and motility) (Verma et al. 2002; Wen et al. 2010; Siegel et al. 2012; Ding 2016; Qiu et al. 2017).

Felix Theeuwes and contributors from the Alza Corporation (USA) had an important role in the development of oral osmotic devices, known as OROS® (osmotic controlled release oral delivery system) (Theeuwes 1975; Verma et al. 2002).

The different ODDSs can be classified based on their technology design as elementary osmotic pumps (Farooqi et al. 2020), push–pull osmotic pumps (PPOPs) (Malaterre et al. 2009; Missaghi et al. 2014; Liu et al. 2021), sandwiched osmotic pumps, push-stick osmotic pumps, controlled porosity osmotic pumps (Akhtar et al. 2022), asymmetric osmotic capsules (Yang et al. 2016), and liquid osmotic capsules (Verma et al. 2002; Qiu et al. 2017).

The polymers used in membrane-controlled systems, such as reservoir systems and ODDSs, are generally water insoluble. As mentioned above, examples of these polymers include cellulose acetate (Akhtar et al. 2022) and ethylcel-lulose (Hu et al. 2020).

Due to the variety of available polymers in the market and the significant number of drug delivery systems developed over the years, the selection of the most suitable polymer and delivery system for new drug product development requires a deep knowledge of the different controlled-release mechanisms.

# Key factors in oral ER drug delivery system development

Based on QbD principles, the design of oral ER drug delivery systems involves consideration of potential high-impact factors (CMAs, CPPs and CQAs) that may be critical to product quality. Ensuring product knowledge and understanding the effect of such variables are essential to support the desired quality throughout the drug product lifecycle.

Some reviews have summarized the major factors affecting drug release from hydrophilic matrix tablets (Maderuelo et al. 2011; Vanza et al. 2020). The properties of the drug substance and polymer, formulation design and manufacturing process have been considered the key factors common to all oral ER drug delivery systems.

Drug release is influenced in different ways by physicochemical factors that essentially impact and determine the mechanism and rate of drug release. Regarding drug substances, although drug solubility and dose (Kim 1998; Li et al. 2008) are the most critical drug factors for generating ER delivery systems, the influence of parameters such as particle size and molecular weight should also be carefully evaluated (Maderuelo et al. 2011).

Notwithstanding, to better control drug release, it is crucial to define the polymer characteristics and understand their variability. The substitution pattern of cellulose derivatives (e.g., HPMC), which can present batch-to-batch differences, assumes an important role in the performance of hydrophilic matrices, and there may be a threshold where heterogeneity becomes critical for drug release (Viriden et al. 2009; Zhou et al. 2014). Compared to homogeneously substituted batches, the heterogeneous substitution pattern facilitates the formation of soluble gel-like components that increase the viscosity and extend the release rate of the drug (Viriden et al. 2010, 2011). Variations in the drug/polymer ratio and viscosity grade of polymers (Hiremath et al. 2008; Hu et al. 2020), as well as the particle size, can also affect the drug release rate (Heng et al. 2001; Crowley et al. 2004; Lakio et al. 2016).

An investigation of the three functionality-related characteristics of the carvedilol release profile from hydrophilic matrix tablets demonstrated that particle size plays a role in the first part of the drug release profile, while viscosity and degree of substitution play a determinant role in the later part of the drug release profile. An increased drug release can be obtained with a higher HPMC particle size, higher degree of substitution and lower viscosity (Kosir et al. 2018).

By identifying and understanding the CMAs related to drug substances and polymers as well as their performance, it is possible to tailor the CQAs, namely, the drug release rate, to achieve a robust and desired ER formulation.

Regarding reservoir systems, as described above, polymeric membrane properties such as composition, thickness and permeability have a significant impact on drug release as well as on the occurrence of the burst effect (Siepmann et al. 2012a; Shah et al. 2022). The osmotic pressure gradient between the drug inner core and the external environment and the size of the delivery orifice coupled to the drug and semipermeable membrane properties are the major factors affecting the design of ODDSs (Malaterre et al. 2009). An increase in the tablet surface as well as an increase in the polymer molecular weight (both in the membrane and drug layer) showed an increase in the lag time. Otherwise, drug release was positively affected by the polymer proportion in the membrane and the proportion of the osmotic agent. An increase in the proportion of the osmotic agent in the tablet core increased the rate of water hydration and then decreased the lag time (Malaterre et al. 2009; Lin et al. 2022). On the other hand, the orifice size with a diameter ranging from 0.40 to 0.8 mm had no significant effect on drug release (Lin et al. 2022).

Considering the manufacturing process of oral ER delivery systems, depending on formulation properties, different methods can be elected. Direct compression (Sethi et al. 2018; Farooqi et al. 2020), dry granulation (Jang et al. 2021) and wet granulation (Kanwal et al. 2021) are the most common techniques used for manufacturing oral ER drug delivery systems. An increase in the applied compression force is generally translated into a higher degree of compactness and a greater density of the matrix, reducing the level of porosity and leading to a slower release rate of the drug (Crowley et al. 2004; Hiremath et al. 2008; Abu Fara et al. 2019). Additionally, a binary combination of two different polymers (Carbopol971P® NF and Eudragit®E100) improved the compaction properties (crushing strength) and SR properties of paracetamol matrix tablets (Obeidat et al. 2015).

Siepmann et al. (2000) and Reynolds et al. (2002) evaluated the influence of tablet size and geometry on drug release from HPMC matrices. These studies reported that lower values of the tablet surface area/volume (SA/Vo) ratio, achieved by increasing the initial radius of the tablets, have slower release profiles. SA/Vo, as a significant factor in controlling drug release, can be used as a tool to achieve target dissolution. Similar drug release profiles are typically reached with similar values of SA/Vo.

Overall, despite the study of various critical properties related to the drug substance by some authors, the functionality of polymers is key to the successful design of ER delivery systems.

# Bridging QbD with solid oral ER formulations: the role in pharmaceutical development

The competitive quality environment, triggered by the emergence of quality concepts, is the major factor responsible for the high regulation of the pharmaceutical industry. The rationale behind the evolution of the concept of QbD, first outlined by Juran (1985) and based on three main pillars (planning, control, and improvement), gave rise to the pharmaceutical QbD (Davis et al. 2018).

In response to growing quality requirements and recurring quality issues in the pharmaceutical sector, regulatory agencies have implemented a new quality paradigm. The result was the publication of a set of ICH guidelines (ICHQ8-Q12) that make up the QbD 'family' and to provide a way to drive product and manufacturing processes to achieve the required quality (Davis et al. 2018).

According to the ICH Q8 guideline, QbD is defined as a systematic, scientific, and risk-based approach to pharmaceutical product development. It begins with predefined objectives and emphasizes product and process understanding and process control (ICH Q8(R2) 2009). QbD can be applied to all product types and normally starts from the earliest stage of development and progresses through the manufacturing and product lifecycle (Gibson et al. 2018).

Implementing QbD in the development of pharmaceutical products provides numerous advantages and opportunities to both industry and the regulatory authorities. Moreover, in-depth scientific knowledge based on the formulation and manufacturing process helps to minimize batch-to-batch variation and batch failures, enhances the production of a more robust and quality product and process, and streamlines postapproval regulatory submissions.

For instance, the goal of this new regulatory model is the creation of a process control strategy leading to continuous improvement over time and resulting in cost savings and efficiency for pharmaceutical industries, facilitating flexibility by the regulatory authorities (Gibson et al. 2018).

The application of quality risk management (QRM) principles is a valuable component of risk-based approach development. Keeping this in mind, ICH has issued the Q9 guideline, which describes a systematic process for the assessment, control, communication, and review of quality risks over the product lifecycle. The RA consists of risk identification followed by risk analysis and risk evaluation. The risk analysis objective is to rate the risk by linking the probability of occurrence, severity and sometimes detectability (ICH Q9 2005). The combination of QRM with prior scientific knowledge can help to identify and prioritize which material attributes and process parameters have a potential impact on product CQAs (Singh et al. 2010).

Different usefulness tools may be used for QRM. Cause and effect diagrams (also called Ishikawa or fishbone diagrams), failure mode effect analysis (FMEA), failure mode, effect and critical analysis, hazard analysis and critical control point and hazard operability analysis are some of the recommended risk analysis tools for use in the pharmaceutical industry (ICH Q9 2005).

In favor of ensuring innovation and continual improvement throughout the product lifecycle, the Q10 guideline, articulated with ICH Q8 and Q9, highlighted the importance of pharmaceutical quality systems (PQSs). Based on quality system-related documents such as International Standards Organization and Good Manufacturing Practices (GMP) guidelines, ICH Q10 lays out the major requirements of what a PQS should include. Knowledge management and QRM (ICH Q9 2005) are the enablers to establish the control strategy, i.e., a planned set of controls covering the process, its inputs and outputs, assuring that the product meets the required quality (ICH Q10 2008; Schmitt 2018).

On the whole, the comprehension of concepts depicted by ICH Q8, Q9 and Q10 are shifting the paradigm to better understanding, controlling and continually improving the manufacturing quality performance and efficiency of products throughout the product lifecycle (ICH Q9 2005, ICH Q10 2008, ICH Q8(R2) 2009). Figure 1 shows the relationship between ICH Q8, Q9 and Q10.

ICH Q11 and Q12 are more recent and complementary guidelines to clarify other QbD-based concepts. ICH Q11 describes approaches to develop and understand the manufacturing process of drug substances linked to drug products (ICH Q11 2012), and ICH Q12 provides guidance on



**Fig. 1** ICH Q8 (R2), Q9 and Q10 guidelines work together during the ER drug product lifecycle. ICH Q8 focuses on science and riskbased approaches for drug and process development, while ICH Q10 describes quality systems that facilitate the establishment of a control strategy and the continual improvement up to commercial scale manufacturing. QRM, described by ICH Q9 and applied over the product lifecycle, provides a structured way to assess and control risk (CMA critical material attribute, CPP critical process parameter, CQA critical quality attribute, ER extended release, ICH International Council for Harmonisation, QTPP quality target product profile)

a framework to facilitate pharmaceutical life-cycle management concerning postapproval change management in CMCs (chemistry, manufacturing and controls) (ICH Q12 2019).

Hence, the development and manufacturing of oral ER delivery systems are associated with some complex features, and the alignment of the concepts of QbD becomes crucial to identify the critical factors impacting the performance of drug release (Singh et al. 2010). The ICH Q8 guideline establishes the elements and main steps of QbD to be considered during pharmaceutical development (ICH Q8(R2) 2009). To better understand the QbD-based development and manufacturing of ER delivery systems, the building blocks of the QbD flowchart will be addressed in the next sections.

#### Definition of a quality target product profile (QTPP)

The QTPP is a prospective summary of the main quality characteristics of pharmaceutical products that ensures the desired quality, safety, and efficacy targets. It describes the intended clinical use, route of administration, dosage form, delivery system, dosage strength and others (ICH Q8(R2) 2009; Gibson et al. 2018). The QTPP forms the basis of design for product development and should be regarded as a starting point for identifying CQAs.

In the development of oral ER delivery systems, depending on the formulation type, different QTPPs could be described as differentiating features of the drug to be developed. Drug product quality attributes such as the dosage form, floating lag time (Mirani et al. 2016; Chudiwal et al. 2018), mucoadhesion time (Chappidi et al. 2019) or drug release at the desired time (Vora et al. 2015; Desai et al. 2017; Chudiwal et al. 2018) should be set as the QTPP elements.

#### Critical quality attributes (CQAs)

After defining the QTPP, the second step is to identify the CQAs. The CQAs of ER drug products include physical, chemical, biological, or microbiological properties or characteristics of the drug substances, excipients and drug products that should be within an appropriate limit, range, or distribution to ensure the desired quality in the final product (ICH Q8(R2) 2009).

The drug product CQAs are selected to meet the QTPP and then assure product safety and efficacy. The CQAs for ER delivery systems are primarily associated with drug substances, polymers and other excipients and manufacturing. The percent cumulative drug release, erosion rate and swelling rate were identified as CQAs in the design and development of a hydrophilic matrix of metoprolol succinate (Shah et al. 2022).

The identification of the CQAs of rate controlling excipients (Parmar et al. 2018; Thapa et al. 2018) may also have

special relevance because they can influence the mechanism and rate of drug release and allow accurate delivery of the necessary amount of drug over time.

The assessment of criticality can be difficult, and even when defined as critical in the initial development phase, not all CQAs will have the same effect on the QTPP. As recommended in ICH Q9, RA tools help to determine criticality and prioritize each quality attribute (ICH Q9 2005; Gibson et al. 2018). CQAs can be controlled through input factors such as CMAs and CPPs of the pharmaceutical formulation (materials) and manufacturing process, respectively. The initial array of potential CQAs can be large but is usually narrowed as formulation and manufacturing process activities progress, i.e., the CQA list can be dynamically modified (ICH Q8(R2) 2009).

The analysis of high-risk variables related to ER delivery systems could help to determine which material attributes and process parameters are critical and need further investigation to ensure drug product quality.

# Linking of critical material attributes (CMAs) and critical process parameters (CPPs) to drug product CQAs

The development of ER delivery systems is associated with various challenges. Through the identification of potential CQAs linked to the properties of input materials (CMAs) and manufacturing process parameters (CPPs), it is possible to understand and identify formulation and process parameter ranges and controls (ICH Q8(R2) 2009). Yu and collaborators (Yu et al. 2014) reported a wide list of typical input material attributes, process parameters and quality attributes of tablet manufacturing unit operations.

QRM is one of the tools of the QbD approach to identify, evaluate, and control potential quality risks (ICH Q9 2005). An Ishikawa diagram is often used as a first step to identify the potential risk factors for CQAs. It is a systematic overview having a horizontal line with the underling CQAs and diagonal lines representing the major factors (Desai et al. 2017; Saydam et al. 2018; Zaborenko et al. 2019; Kovacs et al. 2021).

Based on experience and a thorough literature review, two examples of generalized Ishikawa diagrams for oral ER delivery systems manufactured by direct compression (a) and high shear wet granulation (b) were constructed (Fig. 2). In the presented diagrams, the formulation and process parameters, among others, are hierarchically organized to visualize and categorize the factors that may affect the CQAs.

The superior diagram (a) displays the cause-and-effect relationships for the ER matrix tablet formulation with the direct compression method. The major categories of factors included are environmental factors, raw material properties and process variables. **Fig. 2** Typical Ishikawa diagram for **a** direct compression of ER matrix tablets and **b** high shear wet granulation of ODDSs (CQA critical quality attribute, ER extended release)



In ER matrix tablets, the excipient physical and chemical properties, mainly the polymer characteristics, have a significant impact on product manufacturing and performance. In fact, the variability of raw materials has been described by some authors (Dave et al. 2015; Zarmpi et al. 2017) and can lead to quality compliance issues. By studying the HPMC batch-to-batch and source-to-source variability through the determination of polymer characteristics (methoxy and hydroxypropyl substitution range, particle size and viscosity), it was possible to verify that the chemical heterogeneity of HPMC has an important effect on the drug release and erosion rate of a niacin CR formulation (Zhou et al. 2014).

The inferior diagram (b) is related to a complex dosage form, i.e., a bilayer osmotic pump tablet. As already mentioned above, in membrane-controlled systems, the coating composition and thickness are the factors that impact drug release, media uptake and push–pull patterns (Missaghi et al. 2014). Related to the orifice perforation, there are several types of processes that can be used to affect the osmotic pressure in the system and, consequently, the release kinetics. Laser drill (Kushner et al. 2020) modified punches (Liu et al. 2008) and pore formers (Yang et al. 2016; Yu et al. 2021; Akhtar et al. 2022) are some of the most well-known perforation techniques.

This tool is frequently associated with other RA techniques, such as the risk estimation matrix (REM) and FMEA. REM provides a simple color coding scheme and is commonly used on a summary chart to set priorities in risk management. The raw material, formulation and process properties can be categorized as critical or high risk (red), medium risk (yellow) and noncritical or low risk (green) to the product quality attributes (Mirani et al. 2016; Parmar et al. 2018). This classification can be justified based on prior knowledge, the literature, experience, preliminary screening results, and stability studies (Gibson et al. 2018). Alternatively, FMEA is a more formal risk management tool supported by the multiplication of three criteria: severity (S), probability (P) and detectability (D). The rank for risk quantification is defined through the risk priority number (RPN) score, which indicates the relative risk of each formulation and process variable (Vora et al. 2015; Gibson et al. 2018).

An FMEA could be performed to identify which formulation and process parameters have the highest impact on drug product attributes. To develop and optimize an ER entericcoated tablet of isoniazid, the amount of PEO WSR 303, hardness and amount of ethyl cellulose exhibiting RPN  $\geq$  40 were considered high-risk factors that affect the core tablet formulation (Vora et al. 2015). In another study, the polymer and drug concentrations were considered high-risk factors in a formulation of a differential release fixed-dose matrix tablet of amlodipine besylate and simvastatin with an RPN above 15 (Kanwal et al. 2021). Thus, these main factors require further investigation and optimization by DoE to easily assess the interactions between factors. DoE should be performed to further establish the design space and define control strategies. Likewise, the application of tools such as the DoE and PAT can support the decision-making approach based on QRM (ICH Q9 2005).

#### Design of experiments (DoE)

DoE is a structured and useful tool in pharmaceutical development that applies statistical analysis to deploy the QbD framework in pharmaceutical industries. Experimental design establishes the relationship between formulationand process-related input factors and output responses with a mathematical model. DoE enables the assessment of the statistical significance of input variables and the elucidation of mathematical interactions and helps to identify optimal conditions to improve product quality (Politis et al. 2017). Selection of the type of experimental design should consider some aspects, such as the main objective of the design, number of input factors, interactions to be studied and the available resources (Politis et al. 2017; Owen et al. 2018). Some examples of classical experimental designs are fractional or full factorial designs, screening designs and response surface designs (Owen et al. 2018).

Through DoE techniques, the controlled input factors (independent variables) are varied to determine their effects on the output responses (dependent variables), which allows the identification and determination of individual and interactive effects of factors on output results. As noted, the selection of the best experimental design should consider the defined objective. Based on the reported data in Table 1, DoE is applied both to screening (Ilyes et al. 2021) and optimization (Qazi et al. 2020; Gowthami et al. 2021; Won et al. 2021) purposes in oral ER drug delivery systems, although most of the literature studies described refer to optimization designs. Whereas screening designs, often used in the first part of drug development, allow the identification of CMAs and CPPs affecting the CQAs, the application of optimizing designs in QbD-based ER development allows the achievement of an optimized output response by changing the factors. Central composite designs (CCDs) (Saydam et al. 2018; Chappidi et al. 2019; Mohamed et al. 2020) and Box-Behnken designs (BBDs) (Thapa et al. 2018; Jang et al. 2021), i.e., two response surface methodology models, and D-optimal designs (Lakio et al. 2016; Vanhoorne

et al. 2016; Sanoufi et al. 2020) are the most commonly used optimization designs in ER drug product development. Factors such as the polymer amount and ratio, orifice size (for ODDSs) or compression pressure are optimized using DoE. The output responses include drug release over a period of time and tablet properties.

Although all the independent variables studied in the experimental designs are described in Table 1, only the relevant factors, i.e., the factors that showed an impact on the dependent variables, are depicted in the table results, which could be important in future studies.

The development of an ER formulation with paliperidone using a mixture of hydrophilic and hydrophobic polymers was studied by Iurian et al. (2017). After drug addition to an inert matrix made of Kollidon® SR, hydrophilic polymers were also included (NaCMC, sodium carboxymethyl cellulose; HPC; or HPMC). The mixture of these two types of polymers allowed a combined release mechanism through the formation of pores in the matrix and a gelled layer generated by the insoluble polymer and the hydrophilic polymer, respectively. In the study presented by Won et al. (2021), a bilayer tablet containing a high dose of metformin HCl in an SR layer and a low dose of evogliptin tartrate in an immediate release layer was developed. The appearance, friability, hardness, identification, assay, content uniformity, dissolution, degradation products, residual solvents and microbial limits were considered as potential CQAs. RA was used to determine which CMAs and CPPs were critical to the CQAs. Since the formulation and granulation process of each layer was based on the marketed tablet dosage form containing each single component, all formulation parameters were classified as low risk. Afterward, an REM was performed for the bilayer tableting process parameters, and those whose risk was identified as high were optimized through a facecentered CCD including five independent variables.

Therefore, the implementation of a DoE to optimize the formulation and/or process parameters has become an effective and successful QbD strategy to develop oral ER drug delivery systems. The evaluation of the DoE outcomes can justify predictions of the formulation and process behavior within the design space.

#### Design space and control strategy

The design space is a key concept in QbD defined by ICH Q8 as "the multidimensional combination and interaction of input variables (e.g., material attributes) and process parameters) that have been demonstrated to provide assurance of quality". The design space describes the relationship between process inputs and CQAs (ICH Q8(R2) 2009) and begins with the definition of the QTPP. RA, as part of QRM (described above) and deep knowledge gained from process

Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Optimization of process and formulation in CR tablets BBD N=17	Metoprolol succinate Direct compression (solid dispersion)	Pareto chart R <sup>2</sup> ANOVA Contour plot Linear, 2FI, quadratic and cubic models	HPMC K4M amount Final compression pres- sure (kg/cm <sup>2</sup> ) Drug:wax ratio	DR at 0.5, 6 and 12 h	Drug:wax ratio and HPMC K4M amount were the major release rate controlling param- eters; All the independent variables had a negative effect on DR; HPMC K4M amount has a major effect on the initial 30 min of DR; An optimized formulation and process was found	Shah et al. (2022)
Optimization of a fixed dose matrix tablet Simplex lattice design N=8	Amlodipine besylate and simvastatin Wet granulation	Quadratic model Surface plot Pred R <sup>2</sup> , Adj R <sup>2</sup>	Eudragit@ RSPO and DCP amount	DR in acidic media (0.1 N HCl) at 1, 2, 4, 6 and 8 h	Eudragit®, DCP and their interaction had a posi- tive effect on DR; An optimized formula- tion was successfully developed	Kanwal et al. (2021)
Screening hydrophilic matrix tablets D-optimal design N=31 (1 center point)	Indapamide Direct compression	R <sup>2</sup> Q <sup>2</sup> ANOVA Coefficient plots	Indapamide supplier Lactose type HPMC K15M batch PVP type/supplier Mg-St supplier Blending method Mg-St addition Compression force	Flow time Angle of repose Hausner ratio Carr index Loss on drying Hardness DR (until 24 h)	Hardness and DR lead to appropriate models; API supplier, HPMC and compression force impacted DR; API variability has a major effect on DR; The first 6 h of DR was governed by the API and compression force, and from 8 h onward, API and HPMC were the major factors	Ilyes et al. (2021)

Table 1 Representative applications of DoE in formulation and manufacturing process screening and optimization for oral ER drug delivery systems

Table 1 (continued)							
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References	
Optimization of formula- tion and process param- eters in SR tablet N= 10 (formulation) and 15 (process) Simplex centroid design (formulation) BBD (process)	Mirabegron Dry granulation	R <sup>2</sup> , Adj R <sup>2</sup> ANOVA Contour plot Monte Carlo simulation/ Pareto chart Fitting plots	Formulation: PEO, Isomalt and SSF amount Process: Roller pressure; roller gap; and mill screen size	Formulation: DR (until 12 h), hardness, friability, assay and tablet CU Process: Ribbon density; d10, d50 and d90; Carr's index; granule CU; hardness; friability; and tablet CU	Formulation: PEO and isomalt affected DR; Hardness decreased with increasing amounts of isomalt and SSF; An optimal space was found Process: Ribbon density was posi- tively affected by roll pressure and mill screen size and negatively affected by roller gap; Granule size was affected by mill screen size and its interactions with the roller pressure and roller gap; Hardness was affected by the roller pressure and roller gap and mill screen size interaction; An optimal space was found	Jang et al. (2021)	
Optimization of a fixed- bilayer tablet N=29 (1 central point) fc-CCD	Metformin HCI and evogliptin tartrate Fluid bed granulation	ANOVA R <sup>2</sup> , Adj R <sup>2</sup> Q <sup>2</sup>	Precompression and main compression forces, Turret speed, 1st feeder speed and 2nd feeder speed	Friability Hardness Assay CU DR at 1, 3 and 12 h	Main compression force had direct and inverse proportional effects on hardness and friability, respectively; Turret speed assay and CU; Lower turret speed resulted in better CU; Main compression decreased DR	Won et al. (2021)	

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Screening of printed tablets N=9 D-optimal mixture design	Indomethacin FDM 3D printing	ANOVA R <sup>2</sup>	Polymer concentrations: HPC Kollidon®VA64 Soluplus®	DR at 1, 2, 4 and 12 h	A 45.0–67.5% HPC ratio was recommended; DR specifications were met using specific com- binations of polymers; An optimized formulation was found	Than et al. (2021)
Optimization of guar gum (GG) application in the design of an SR tablet- containing capsule system N = 13 fc-CCD	Propranolol HCl Direct compression	ANOVA R <sup>2</sup> Quadratic model, 2FI RSM Contour plot	GG concentration Total erodible tablet weight	DR at 6 h T98	Optimum formulation was accomplished with a specific content of GG and a specific tablet weight: DR of 6.95% and 98.00% of Propranolol HC1 at 6 h and after 12 h, respectively, was achieved	Gowthami et al. (2021)
Optimization of con- trolled porosity osmotic pump formulation N=6 D-optimal response sur- face design	Enalapril maleate Wet granulation	R <sup>2</sup> Quadratic equation	Coating polymer amount (cellulose acetate) Osmogen (lactose and fructose) amount	Weight variation Hardness	Coating polymer and osmogen had a positive and negative effect, respectively, on hard- ness; Coating polymer and osmogen interaction impacted the hardness negatively; Coating polymer and osmogen had a nega- tive effect while their interaction had a posi- tive effect on weight variation; All formulations followed the zero-order release kinetic model	Akhtar et al. (2022)

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Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Optimization of coated pellets N=20 per type of Eudragit@ polymer (RL100 or RS100) RCCD	Meclizine HCl Extrusion-spheronization (ER coating)	ANOVA RSM Linear, 2FI, quadratic and cubic models	Coating polymer (Eudragit@RL100 and RS100), plasticizer (triethyl citrate—TEC) and antitacking agent (talc) amount	DR T90 Aspect ratio (AR) Two-dimensional shape factor (eR)	Higher amount of coating polymer decreased DR; Higher amount of Eudragit@ RL100 increased T90; No effect of TEC and talc on DR and T90 was observed; AR increased with increasing amount of Eudragit@ RL100; eR decreased with increasing amount of Eudragit@ RS100 pro- vided a more controlled DR; Optimization of encap- sulated ER pellet was achieved	Qazi et al. (2020)
Optimization of con- trolled ODDS N=19 RCCD	Diacerein Direct compression (solid dispersion)	ANOVA RSM R <sup>2</sup> , Adj R <sup>2</sup>	Coating amount Osmogen (NaCl) amount Polymer amount	DR at 12 and 24 h	Independent variables significantly influenced the DR; Higher coating amount leads to the minimal contribution of osmo- gen amount on DR at 12 h; Coating and polymer amount had a negative impact on DR; Osmogen amount had a positive impact on DR	Mohamed et al. (2020)

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Development of osmoti- cally CR gastroproki- netic tablets N=20 (6 center points) CCD	Metoclopramide HCl Direct compression	ANOVA MLR	NaCl (osmogene) amount Orifice size Tablet weight gain after coating	DR at 1, 6 and 12 h Regression coefficient of release data fitted to zero order equation	The best fit in all the responses for the linear model or quadratic models was obtained; NaCl concentration and orifice size positively affected DR; Tablet weight gain after coating negatively impacted DR; Zero order was the best- fitted kinetics models	Farooqi et al. (2020)
Design and optimization of hot melt extrudates for ER formulation N=16 (4 center points) D-optimal design	Diclofenac sodium Hot melt extrusion	R <sup>2</sup> Q <sup>2</sup> RSM	Diclofenac sodium, ethyl cellulose and Natro- sol <sup>TM</sup> L amount	DR at 2, 4, 8 and 16 h	Increasing the amount of Natrosol resulted in an increase of DR while increasing the amount of ethyl cellulose had the opposite effect; Ethyl cellulose and Natrosol were responsi- ble for DR; Diclofenac sodium amount impacted DR; Optimization criteria were achieved with the inclusion of Natrosol as a release modifier at a level > 7%	Sanoufi et al. (2020)

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Development and optimi- zation of mucoadhesive ER tablets N=9 2 <sup>2</sup> factorial design CCD	Rosiglitazone maleate Direct Compression	ANOVA Contour plot	Polymer concentration: Carbopol® 934P and NaCMC	Hardness DR at 12 h Ex vivo mucoadhesion time	Higher concentration of Carbopol increased hardness and ex vivo mucoadhesion time and extended DR; Higher concentration of NaCMC reduced hard- ness and mucoadhesion time and led to faster DR; Carbopol and NaCMC had positive and negative effects, respec- tively, on the responses; Design space for Car- bopol and NaCMC was found	Chappidi et al. (2019)
Optimization of formula- tion and process vari- ables in gastroretentive floating tablets N = 15 BBD	Metformin HCI Direct compression	Quadratic model ANOVA R <sup>2</sup> , Adj R <sup>2</sup> , Pred R <sup>2</sup>	Formulation: PEO WSR and sodium bicarbonate amount Process: Compression force	Ejection force TS Tablet porosity DR (25%, 50% and 80%) Floating lag time (FLT)	Sodium bicarbonate had the most significant effect on DR and FLT; Tablet compression force and PEO amount had the greatest influence on tablet properties; Release mechanism was best described by the Korsmeyer-Peppas model	Thapa et al. (2018)

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Evaluation of formula- tion variable effect on swelling and erosion parameters N=26 (8 star points + 2 center points) CCD	Nimodipine Dispersion followed by compression	Linear and quadratic polynomial equations R <sup>2</sup> ANOVA	PEG 400, PVP K30, HPMC K100 and HPMC E50LV amount	Water uptake S <sub>max</sub> , t <sub>max</sub> , k <sub>e</sub> Release exponent (n)— Korsmeyer-Peppas equation MST, MET, MDT	Matrix erosion is the pre- dominant mechanism of DR; PEG 400 amount posi- tively affects S <sub>max</sub> ; HPMC K100 amount positively affects S <sub>max</sub> and MDT; HPMC E50-LV nega- tively affects the rate of water uptake; The use of statistical moments improves prediction efficacy compared to conven- tional model fitting parameters	Barmpalexis et al. (2018)
Development of pH- independent CR matrix tablet N=13 (5 center points) CCD	Valsartan Direct compression	ANOVA R <sup>2</sup>	Sodium citrate and Lutrol® F127 amount	DR at 2 and 8 h Tablet hardness	Sodium citrate was selected as the optimum pH modifier at low concentrations; Interaction between Lutrol and sodium citrate increased dis- solution in both acidic and basic media; An optimal formulation was found	Saydam et al. (2018)
Development of a swellable and buoyant gastroretentive tablet N = 39 (1 center point) CCD	Cinnarizine Direct compression	R <sup>2</sup> , Adj R <sup>2</sup> , Pred R <sup>2</sup> ANOVA Quadratic model	Polyacrylamide-g-corn fiber gum (p-CFG) and NaHCO <sub>3</sub> amount Type of effervescent agent	Buoyancy lag time Total buoyant duration	Buoyancy lag time was impacted negatively by p-CFG and NaHCO <sub>3</sub> and positively impacted by type of acid; Bioadhesive strength of p-CFG tablet was 2.4 times higher than that of HPMC K4M containing tablet; An optimal formulation was found	Sethi et al. (2018)

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Design of enteric coated SR bilayer tablets N = 13 CCD	Mesalamine Wet granulation	R <sup>2</sup> Quadratic model Contour plot ANOVA RSM	HPMC K4M and HPMC K15M amount	DR at 10 h and 20 h	Increase in both HPMC K4M and HPMC K15M polymer amount decreased DR	Parmar et al. (2018)
Development of once-a- day SR tablets N = 20 Full factorial quadratic D-optimal design	Quetiapine Fluid bed granulation	ANOVA R <sup>2</sup> Q <sup>2</sup> RSM	HPMC amount and ratio Extragranular diluent (lactose or microcrystal- line cellulose)	24 h DR	Robust serpoints and hypercube edges for both lactose and cellu- lose design spaces were obtained; No significant differences in dissolution profiles were observed for lactose and cellulose formulations	Gavan et al. (2017)
Development of a pro- longed release matrix tablet N=21 D-optimal design	Paliperidone Direct compression	ANOVA R <sup>2</sup> , Adj R <sup>2</sup> Q <sup>2</sup>	Kollidon® SR ratio Type of hydrophilic polymer (HPC, HPMC or NaCMC) Polymer amount	DR over 24 h	An optimal formula- tion was found with respect to both DR and potential risks regarding quality assurance	Iurian et al. (2017)
Evaluation of the effect of formulation and process variables of ER matrix tablets N = 19 D-optimal design	Ibuprofen Continuous mixing and compression line	$Q^2$	HPMC particle size Ibuprofen particle size Ibuprofen amount Mixer speed	DR Distribution of the matrix former (HPMC)	Robust manufacture and performance of compo- sitions were achieved using continuous processing; Homogeneous distribu- tion of HPMC provided a robust in vivo perfor- mance; DR was significantly slower and more robust at a high drug load	Lakio et al. (2016)

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Evaluation of the potential of twin screw granulation for the continuous production of CR formulations with HPMC N = 29 D-optimal design	Metoprolol tartrate Twin screw granulation	Contour plot	Formulation: Starch amount of the filler Process: Screw speed Throughput Barrel temperature Screw design	Torque PSD, shape, friability, and density of granules Hardness, friability and DR of tablets	At high throughput, the screw speed negatively impacted torque; Filling degree was more affected at higher screw speed; An increase in throughput resulted in a lower d50; At low throughput, the increase in screw speed resulted in a decrease in the fines fraction; The interaction between screw design and tem- perature influenced the density and friability of the granules	Vanhoorne et al. (2016)

Table 1 (continued)						
Purpose, DoE type and number of experiments (N)	Drug(s) and manufactur- ing method	Statistical analysis	Independent variables	Dependent variables	Results	References
Evaluation of roller com- paction as a granulation method for HPMC- based ER hydrophilic matrix tablets contain- ing a high drug load N = 11 (3 center points) – DoE I and DoE II 2 <sup>3</sup> full factorial design	Paracetamol (DoE I) Ibuprofen (DoE II) Roller compaction	R <sup>2</sup> Q <sup>2</sup> Coefficient plot	DoE J: HPMC particle size Feeder screw speed/roll speed ratio Roll pressure DoE JI: Ibuprofen particle size Roll pressure Roll pressure	Powder flow properties Apparent density and solid fraction Compactibility and tablet friability DR	Roll pressure, HPMC particle size and ratio between feeder screw and roll speed signifi- cantly affected granule flow; Flow properties of HPMC-DC-based blends were signifi- cantly better than those of HPMC-S-based blends; Roller compaction was successfully used as a granulation method with acceptable tensile strength containing a high drug load; Loss of compaction was more pronounced for paracetamol formu- lations; HPMC levels near the percolation threshold significantly changed DR	Heiman et al. (2015)

	eferences	lomin et al. (2015)
	Results Re	Polymer amount posi- tively affected bioadhe- sion; Bioadhesive retention time decreased with decreasing amount of FNM; Xanthan gum and Carbopol negatively affected DR; All polymers, in com- bination with FNM, significantly impacted bioadhesive strength, force and retention time; FNM was successfully incorporated into tablet
	Dependent variables	Bioadhesion force DR at 10 h Bioadhesive strength
	Independent variables	Type of polymers used in combination with Fenugreek mucilage (FNM) Polymer replaced with FNM amount
	Statistical analysis	ANOVA Contour plot
	Drug(s) and manufactur- ing method	Venlafaxine Wet granulation
Table 1 (continued)	Purpose, DoE type and number of experiments (N)	Development of a bilayer tablet for bimodal DR N = 93 <sup>2</sup> Full factorial design

API active pharmaceutical ingredient, BBD Box–Behnken design, CCD central composite design, CR controlled release, CU content uniformity, DCP dicalcium phosphate, DR drug release, ene glycol, *PEO* polyethylene oxide, *PSD* particle size distribution, *PVP* polyvinylpyrrolidone, *RCČD* rotatable central composite design, *RSM* response surface methodology, *S<sub>max</sub>* maximum % water uptake, *SSF* sodium stearyl fumarate, *t<sub>max</sub>* time at which S<sub>max</sub> was observed, *2FI* two factor interaction, *T90* time for 90% drug release, *T98* time for 98% drug release fc-CCD face-centered CCD, FDM fused deposition modeling, HPC hydroxy propyl cellulose, HPMC hydroxy propyl methyl cellulose, ke constant of apparent matrix-tablet erosion rate, MDT mean dissolution time, MET mean erosion time, Mg-St magnesium stearate, MLR multiple linear regression, MST mean swelling time, NaCMC sodium carboxymethyl cellulose, PEG polyethyl-

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development experiments, can support the design space and guide the establishment of a control strategy.

The assessment of which variables are critical or not will help ensure consistent ER drug product quality. These critical factors are a very important tool to define the acceptable ranges of material attributes and process parameters and then limit and establish the design space. According to ICH Q8, operating within the design space is not considered a change from the regulatory point of view but a part of the control strategy, since it is expected that the final product has the same quality (ICH Q8(R2) 2009). The normal operating range or control space is a subset of the design space and is defined as the upper and/or lower limits for the CMAs and CPPs, i.e., a demarked region of the design space where parameters and materials are systematically controlled throughout production to assure reproducibility (Yu 2008). A design space can be established independently for one or more unit operations or constructed for the whole process through multidimensional interactions between CPPs (ICH Q8(R2) 2009).

Although the design space is optional and not required by regulatory authorities, it is an asset to the applicant, providing accurate and reliable product quality within specifications. Furthermore, the design space can be updated over the lifecycle of the product as additional knowledge is gained (ICH 2010).

Once the product and process understanding is achieved through the design space, the next step is the development of a control strategy to control the CMAs and CPPs. A control strategy is a planned set of controls derived from the current product and process understanding that ensures process performance and product quality. This can include parameters and attributes related to the drug substance and drug product materials and components, facility and equipment operating conditions, in-process controls, finished product specifications, and the associated methods and frequency of monitoring and control (ICH Q10 2008). A high level of process and product understanding and consequent identification of the sources of variability that can impact product quality will support the control of critical steps and can enable the shift of controls upstream.

A suitable control strategy justifies the use of PAT tools and RTRT, minimizing the need for end product testing (ICH Q8(R2) 2009). The control strategy model could include three levels of controls.

The design space, associated with the control strategy, is a driver for understanding the product and process, explaining and controlling the variability and ensuring that a given manufacturing process is robust enough to produce a product that meets the QTPP and CQAs (ICH 2010).

In the case of the design of inert and hydrophilic matrices, some critical factors must be considered, such as the polymer properties, drug particle size and compression pressure. The application of percolation theory along with critical points has been shown to be an important tool to establish the design space, based on ICH Q8 requirements, of this type of ER formulation (Aguilar-De-Leyva et al. 2017).

#### PAT and RTRT as part of a control strategy

The implementation of PAT tools helps to ensure a suitable level of risk control. PAT is a system for designing, analyzing, and controlling manufacturing through timely measurements of critical quality and performance attributes of raw and in-process materials and processes with the goal of ensuring final product quality. This definition is consistent with the FDA current drug quality system: "quality cannot be tested into products, it should be built-in or should be by design" (FDA 2004; ICH Q8(R2) 2009). A focus on raw materials, formulation and process control can reduce product and process variability and improve the robustness of product development and manufacturing with significant time and cost savings (FDA 2004; Lundsberg-Nielsen et al. 2018).

The PAT framework includes four key elements to facilitate process understanding and control throughout the product lifecycle: multivariate tools for design, data acquisition and analysis, process analyzers, process control tools and continuous improvement and knowledge management tools (FDA 2004; Yu et al. 2014).

The introduction of PAT tools should be extended, beginning at development and continuing at commercial manufacturing. During the development phase, PAT can help in the identification of CPPs, CMAs and their interactions to control product CQAs and create opportunities to improve the scientific basis for setting regulatory specifications. The understanding and experience acquired at the laboratory scale can further aid in achieving reliable scale-up and technology transfer. In commercial manufacturing, the purpose of PAT is mainly process control and improvement and to provide the opportunity for RTRT application (FDA 2004; Lundsberg-Nielsen et al. 2018).

Some authors have performed studies showing the applicability of different PAT tools in the design and development of ER tablets. Table 2 provides a summary of recent PAT applications in the development of oral ER drug delivery systems. Near infrared (NIR) and Raman spectroscopies have been used as in-line process analyzers in various applications, including the estimation of drug content (Sirbu et al. 2014; Muntean et al. 2017; Porfire et al. 2017; Rus et al. 2020; Gavan et al. 2022), tablet characterization (Porfire et al. 2017; Gavan et al. 2022), and coating operation endpoint and drug release determination (Gendre et al. 2011; Muller et al. 2012; Wirges et al. 2013; Wu et al. 2015). The obtained data were modulated using multivariate statistical tools such as principal component analysis (PCA) and/

CQA	Unit operation and/ or Processing form	PAT method	Statistical tools	Measurement	References
Assay Tablet hardness	Blending Powder blend	NIR	PCA PLS	Drug content (paliperi- done) Mixture homogeneity	Gavan et al. (2022)
DR	Core tablet	NIR	PLS ANN	Drug content (drotaver- ine) HPMC amount	Galata et al. (2021)
Water uptake	PPOP coated tablet	NIR (aquaphotomics)	PCA PLS	Water content (6 types of water)	Liu et al. (2021)
Assay	Core tablet	NIR	PCA PLS	Drug content (diclofenac sodium) Kollidon® SR Lactose DC amount	Rus et al. (2020)
DR	Core tablet	NIR Raman	PCA PLS ANN	Drug content (anhydrous caffeine) PEO amount	Nagy et al. (2019)
Assay	Powder blend	NIR	PLS	Drug content (paraceta- mol and anhydrous caffeine)	Muntean et al. (2017)
Residence time distribu- tion	Blending Powder blend	NIR	PLS	Drug content (naproxen sodium) Blend uniformity	Van Snick et al. (2017)
Assay DR Hardness	Core tablet	NIR	PLS	Drug content (indapa- mide) HPMC and lactose amount	Porfire et al. (2017)
DR Endpoint of coating operation	Coating Coated tablet	NIR	PCA PCR PLS	Mass of coating materials	Wu et al. (2015)
DR	Hot-melt extrusion Extrudates	NIR	PCA PLS	Drug content (paraceta- mol)	Islam et al. (2014)
Assay	Blending Powder blend	NIR	PLS	Drug content (indapa- mide) HPMC and lactose amount	Sirbu et al. (2014)
Endpoint of coating operation	Coating Coated tablet	Raman	PLS	Coating amount (cande- sartan cilexetil)	Wirges et al. (2013)
Endpoint of coating operation Coating thickness	Coating Coated tablet	Raman Terahertz pulsed imaging	PLS	Functional coating amount	Muller et al. (2012)
DR Endpoint of coating operation	Coating Coated tablet	NIR	PLS	Mass of coating materials	Gendre et al. (2011)

Table 2	Examples of PAT	framework application for	or formulation and	process understan	ding in the	development of	ER drug deliver	y systems
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*DC* direct compressible, *DR* drug release, *HPMC* hydroxyl propyl methyl cellulose, *NIR* near-infrared, *PCA* principal component analysis, *PCR* principal component regression, *PEO* polyethylene oxide, *PLS* partial least squares, *PPOP* push–pull osmotic pump

or partial least squares (PLS) (Van Snick et al. 2017; Nagy et al. 2019; Gavan et al. 2022).

For example, NIR-chemometric methods were used to chemically and pharmaceutically characterize indapamide SR tablets (Porfire et al. 2017). The combination of data provided by NIR spectrometry and off-line tablet press and PSD of the drug substance (drotaverine) and HPMC supported the development and implementation of an dissolution prediction model for matrix sustained-release tablets (Galata et al. 2021). The investigation of water penetration during the dissolution of nifedipine from CR PPOP by collection of NIR spectra allowed the researchers to understand the time dependency of water in different stages along the tablet dissolution process (Liu et al. 2021).

RTRT is the ability to evaluate and ensure the quality of in-process and/or final products based on process data (material attributes and process controls) (ICH Q8(R2) 2009). In other words, RTRT is a strategy implemented by some pharmaceutical companies where the process (manufacturing steps or unit operations) is continuously monitored—in real-time quality control—without the need for end-product quality tests. The basis for establishing an RTRT system involves the combination of ICH Q8, Q9 and Q10 principles and provides an opportunity for enhancing product and process understanding and increasing product quality assurance (EMA 2012).

Pawar et al. (2016) demonstrated for the first time the RTRT possibilities in the continuous manufacturing of an SR formulation. This study presented a method for dissolution prediction in direct compression continuous manufacturing with at-line transmission mode using NIR spectroscopy. The API concentration, compression force, blender speed and feed frame speed were the formulation and process variables included in the experimental design. PCA was performed between the NIR spectral data obtained for the DoE samples and the dissolution profile parameters (model dependent and model independent). The results obtained by the multilinear regression model showed the potential of NIR spectroscopy to predict tablet dissolution.

A recent review highlights the main challenges and opportunities of RTRT, focusing on the most prevalent CQAs for different manufacturing processes (direct compression and dry and wet granulation). The mixing homogeneity, tablet content and uniformity, moisture content, drug release, granule particle size, tablet porosity, tablet strength and coating thickness were published in the literature as drug product CQAs measured by PAT methods (Markl et al. 2020).

A control strategy for drug content and tablet uniformity on a commercial scale was recently developed, and three different options were considered in the development. The content uniformity methods included the use of individual tablet weight data (in process control); the use of estimated individual tablet content data (weight variation); and the application of at-line NIR spectroscopy to predict individual tablet content. At-line testing of the tablet content by NIR spectroscopy was selected as the most appropriate approach and could be applied as part of RTRT (Goodwin et al. 2018).

There is already a workflow available for developing and implementing a PAT strategy that supports real-time process control in continuous pharmaceutical manufacturing. From process analysis and the definition of monitoring tasks to technology selection, process integration and data acquisition, all these steps seem to be crucial to develop a robust continuous manufacturing process and to control the quality of drug products (Sacher et al. 2022).

Although it is clear that there is still a long way to go to achieve RTRT in solid oral ER tablets, the wide range of established in-line PAT applications to monitor CQAs and control, in real time, the CMAs and CPPs (Galata et al. 2021) confirms its potential to enable RTRT. The application of the QbD approach, based on deep scientific knowledge built through product development coupled with in-process monitoring of process parameters, should result in a robust control strategy to promote reproducible product quality and mitigate potential risks. The process understanding and control, method development and validation, and application of the method within the product control strategy are the basis for supporting RTRT development methods (Markl et al. 2020; Sacher et al. 2022).

#### Product lifecycle management and continual improvement

QbD strongly underlines the principle of continuous improvement in which the development must be updated as the understanding of the product and process increases during the product lifecycle. The combination of PAT methods, knowledge management and use of multivariate analysis can enhance the identification and understanding of CMAs and CPPs. Accordingly, product-related data acquired during routine commercial manufacturing should be considered and analyzed to refine knowledge and control strategies, improve statistical confidence, and consequently improve product quality in compliance with GMP regulations (ICH 2011). These strategies will help pharmaceutical industries minimize the risk of not meeting quality requirements by controlling the sources of raw material and process variability.

In summary, QbD tools are a crucial part of the modern approach to pharmaceutical quality. However, the pharmaceutical industry has not yet embraced QbD implementation, which has been facing some barriers. Currently, QbD is often implemented during late stages of development only to optimize the formulation and process, according to what was defined in the QTPP, or to generate data to support regulatory submission. Implementing QbD technologies as PAT involves a high level of investment in material and human resources. The lack of technology to execute and the need for an interdisciplinary strategy using different areas of expertise are key limitations. Furthermore, the lack of clarification regarding the scientific principles and terms beyond QbD causes a gap between industries and regulatory authorities that can be an obstacle during the approval process.

Although a trial-and-error approach can lead to the same results as a QbD-based approach, it does not generate product knowledge. Without an intrinsic knowledge of the process, problems can arise at the scale-up level and even throughout the product lifecycle. Therefore, using the QbD approach from the beginning of product development brings advantages when choosing the strategy to adopt next. In addition, since the results concerning oral ER drug delivery systems are more time-consuming, the implementation of these tools becomes even more relevant.

# Insights on data science—MVDA, ML and ANN as tools to foster ER tablet development and lifecycle management

The QbD framework is based on the continuous improvement principle and provides a holistic understanding of the product and its manufacturing processes throughout the entire cycle, using risk management methodologies to ensure that the product fulfills the quality requirements (ICH Q8(R2) 2009). A deep understanding of the product and its manufacturing parameters mitigates the risk and enables a growing knowledge collection to offer a robust and reliable drug product. As considered by ICH Q10, knowledge management is one of the key enablers of a robust QRM and must be managed from development until the end of the product lifecycle (ICH Q10 2008). However, the emergence of a data-driven era and advancements in manufacturing sciences and technologies should be used to improve knowledge and risk management, providing a real opportunity to intensify process robustness and efficiency as well as increase time and cost savings. Accordingly, leveraging prior knowledge toward data-driven risk management is a key factor for a successful QbD application (Steinwandter et al. 2019).

As a consequence of scientific and technological advances and the resulting vast amount of data, the pharmaceutical industry continues to struggle to improve the processes used in drug development. Therefore, based on large complex datasets, tools offered by data science provide useful information to optimize processes, accelerate drug development and boost performance and results (Reinhardt et al. 2020). Data science is mainly referred to as the statistical field that applies advanced tools to derive useful information from complex data. Its process encompasses the identification of a problem, data collection, preparation and analysis, and model building through the combination of different fields, including statistics, data analytics and AI (Steinwandter et al. 2019). Therefore, data science and AI are strongly interconnected (Fig. 3).

AI concepts have been increasingly used since the mid-twentieth century with a focus on mimicking human behavior (Haenlein et al. 2019) and have recently started to gear up its applications in different pharmaceutical areas, from drug discovery to clinical trials and postmarket product management (Vamathevan et al. 2019; Paul et al. 2021a). AI-related subfields can include ML, neural networks (one of the most important tools in ML), and expert systems (Fig. 3) (Haenlein et al. 2019). The focus of this topic is to discuss the potential of different ML models to predict solid oral ER tablet performance.



**Fig. 3** The role of artificial intelligence in the data science lifecycle. The basic steps of data science from problem identification to model building using artificial intelligence

# Conventional and multivariate statistical approaches in ER tablet QbD-based development

As mentioned earlier (Table 1), DoE is an efficient methodology used in QbD to understand the main effects and interactions and determine the relationship between multiple input variables and outputs. With a minimum number of experiments, it can be possible to gain formulation and process knowledge and define the design space.

In the context of oral ER drug delivery systems, their manufacturing processes are generally complex and can only be described by multifactorial relationships. Additionally, the introduction of PAT during the manufacturing process is associated with the generation of a large amount of data. Because huge amounts of data are generated, specialized data analysis tools, such as MVDA, are required to fully explore the multivariate outputs generated from DoE datasets or, for example, data acquired by PAT.

Integrated multivariate analysis methods have been widely implemented by pharmaceutical companies. These methods are data-driven statistical techniques to simultaneously analyze several variables in large/complex datasets and identify critical parameters that can then be controlled to improve process and product quality.

The majority of published research studies reporting the application of MVDA techniques in oral ER drug products is supported by PAT, dealing with the development of calibration models to predict and monitor CPPs and CQAs in real time (Wu et al. 2015; Rus et al. 2020; Gavan et al. 2022). Among the various MVDA techniques, MLR, PCA and PLS are the most common methods used in ER pharmaceutical development (Islam et al. 2014; Kosir et al. 2018; Diab et al. 2021).

PCA and PLS, as linear dimensionality reduction ML algorithms, are useful in pharmaceutical development to extract meaningful information from datasets. PCA orthogonally transforms the original dataset of observations of

possible correlated variables into a lower dimensional set of axes named principal components. This conversion allows us to maximize the variance and find patterns in large datasets. On the other hand, PLS takes into account the covariance between the variables being applied based on correlation. PLS regression is also a projection technique where the original dataset is projected onto a low-dimensional set, followed by linear regression. Then, it is possible to identify and establish correlations between variables in the manufacturing of oral ER drug products based on QbD. The linear combination of variables is referred to as latent variables (Rajalahti et al. 2011; Lopes et al. 2018). A comparison between MLR and PLS multivariate regression models showed PLS as a more suitable model to determine which HPMC properties had the most significant role on the carvedilol release rate from hydrophilic matrix tablets (Kosir et al. 2018). However, each multivariate tool should be explored depending on the dataset and objective. While the PCA model might be a great choice for data exploration, PLS can be a better option for predictive purposes.

For pharmaceutical product and process development, although MVDA methods have started to be more applied, they are essentially used at the upstream phase of drug development either applied to analyze the historical data from the raw materials or combined with the DoE (Huang et al. 2009; Grangeia et al. 2020; Shi et al. 2021).

Various studies have selected PCA and PLS as complementary tools of DoE to evaluate the relationships between the input variables (CPPs and CMAs) and their impact on CQAs in oral ER drug delivery systems (Huang et al. 2009; Porfire et al. 2017; Rus et al. 2020). Other studies have used MVDA in PAT (Wu et al. 2015; Gavan et al. 2022) for interpreting the in-line measurements in ER drug product development and/or manufacturing (as depicted in Table 2). Overall, PCA has been used to visualize the relationships between the independent variables and classify the PAT spectral data files, whereas PLS is used to develop a calibration model to predict CQAs such as drug release (Banner et al. 2021). Diab et al. (2021) described the application of chemometric methods (PCA and PLS) to predict dissolution variation based on historical industrial batch data produced at the commercial scale. In this paper, the input data related to API and excipient attributes and each unit operation were correlated with ER tablet dissolution (output variable) via PLS. The PCA model was applied to evaluate the variability of the input dataset.

Despite the advantages of MDVA techniques in modeling complex relationships between CMAs/CPPs and CQAs in ER oral drug delivery systems, the dimensional reduction of data could lead to loss of some information from the original dataset. Moreover, since the formulation and process of oral ER drug delivery systems can be complex, these linear models could be insufficient when nonlinear relationships between CMAs/CPPs-CQAs are involved (Nagy et al. 2019). Therefore, more advanced and sophisticated approaches based on ML could be a good option to bridge these barriers.

## Looking forward to advanced statistical models— ML

ML is a branch of AI technologies and a data science tool that focuses on using algorithms to automate the building of predictive models for data analysis. Coupled with AI, ML provides substantial advantages, enabling the recognition and identification of patterns within a large volume of datasets and the production of reliable results with continuous improvement (Ashenden et al. 2021; Paul et al. 2021a). The storage and processing of the massive amount of data gave rise to the term 'big data'. Its definition is commonly based on the 5 V properties: Volume, Variety, Velocity, Veracity and Value (Demchenko et al. 2013).

Although drug discovery is the major field of application of ML in pharmaceuticals (Vamathevan et al. 2019; Reda et al. 2020; Paul et al. 2021a), ML strategies have emerged as a powerful solution for pharmaceutical scientists to improve the success rate and foster the development of high-quality products. A SWOT analysis of ML in pharmaceutical development is provided in Table 3, revealing

 Table 3
 SWOT analysis of ML implementation in the context of pharmaceutical development

Strengths	Weaknesses
Handle large and complex datasets Model non-linear relationships Consistent formulation and process development leading to better-quality products	Variety, quality and amount of data required Lack of interpretability and reproducibility
Opportunities	Threats
Save costs and time Accelerate drug product development Continuous manufacturing Regulatory flexibility Continuous improvement	Initial cost and time consumption Resources (computational power/ program performance)

SWOT strengths, weaknesses, opportunities and threats, ML machine learning

the internal strengths and weaknesses coupled with the opportunities and threats faced by ML. Despite the ability to handle large datasets and model nonlinear relationships, the required amount and quality of data can be a limitation (Steinwandter et al. 2019). Insufficient and poor-quality data can limit the model's accuracy, leading to a lack of interpretability and reproducibility.

The investment in new resources and technologies is generally a costly and time-consuming process that can limit the implementation of ML. However, the long-term application of these automated and efficient methods will accelerate product development and potentially save hefty costs. Moreover, ML is an opportunity to optimize manufacturing processes, where several PAT tools are used to enable realtime monitoring in continuous manufacturing. Therefore, the use of ML allows computing systems to identify patterns in data collected across the process and continuously improve the outcomes, following the QbD workplace.

As summarized in a recent review, the growing trend toward solid oral dosage form development guided by QbD principles has been supported using ML methods to understand and relate CMAs and CPPs as input variables to achieve the desired outputs (CQAs) (Lou et al. 2021). Figure 4 provides an overview of how ML and other data analytics tools can transform raw big data providing useful models that can accurately ensure specification compliance to satisfy the CQAs with significant time and cost savings.

In a typical ML approach, the datasets can be integrated for training, validation and testing. To address the question/ problem, the process can be roughly divided into the following steps: (1) input the data collection (from various



Fig. 4 Overview of an integrated approach with QbD elements, PAT tools and different data analytics tools. Schematic visual representation of overlay and contour plots to understand the impact of CMAs and CPPs on drug product CQAs (CMA critical material attribute, CPP critical process parameter, CQA critical quality attribute, DoE design of experiments, ML machine learning, MVDA multivariate data analysis, PAT process analytical technology, PCA principal component analysis, PLS partial least squares)

sources); (2) prepare, process and understand the dataset; (3) choose and build the ML model; (4) train the learning model on the training set; (5) tune and evaluate the ML model on the validation set; and (6) evaluate the final performance on the test set to confirm the results (Fig. 5) (Bannigan et al. 2021). The steps of gathering data and building a model by selecting the right ML algorithm are of special relevance to pharmaceutical development because the quality and quantity of the data as well as the selection of the most suitable algorithm will determine the accuracy and predictability of the ML model.

#### Types of ML approaches

ML includes three types of approaches: supervised learning, unsupervised learning, and reinforcement learning, differing in the way the models are trained. Figure 6 shows an overview of the ML methods.

Supervised learning comprises a set of labeled input data (training data). These already tagged data (historical learning and original input data) are used to train algorithms to find the specific structure for predicting the correct outcomes (Banner et al. 2021; Bannigan et al. 2021). Then, the test data are applied to validate the model and assess its predictive accuracy. Supervised learning can be performed in the context of classification or regression, depending on whether the output variable is discrete and qualitative or continuous and quantitative, respectively (Bannigan et al. 2021). Support vector machine (SVM) (Al-Zoubi et al. 2011), tree-based methods (decision tree, random forest and boosting) (Petrovic et al. 2012), K-nearest neighbors (k-NN) (Yang et al. 2019) and artificial neural networks (ANNs) (Galata et al. 2021) are some types of classification and regression algorithms used in oral ER drug delivery system development.



**Fig. 5** Basic steps involved in the ML process flow. Splitting data to training, validation and testing sets (ML machine learning)



Fig. 6 Brief explanation of supervised, unsupervised and reinforcement ML approaches (ML machine learning, SVM support vector machine, k-NN k-nearest neighbors, ANN artificial neural network, PCA principal component analysis)

Two supervised regression ML models (MLR and SVM) were applied to the optimization of ER pentoxifylline matrix tablets based on a 3<sup>2</sup> full factorial experimental design where the drug weight ratio and percentage of the matrix former were selected as the independent variables and the drug release at four time points was selected as the dependent variables. Using SVM concepts, the training data comprising 11 experiments  $(3^2 + 2 \text{ replicated central})$ points) were normalized by feature scaling, and these normalized factors were used as inputs for the SVM model construction. The suggested SVM model was externally validated with 6 checkpoints, and the experimental and predicted values were compared. The overall prediction ability was better for SVM than for MLR; thus, it is more suitable for optimizing drug release from ER matrix tablets (Al-Zoubi et al. 2011).

On the other hand, unsupervised learning algorithms can identify patterns, similarities and differences from a hidden structure in unlabeled data without any prior training or supervision. Clustering and dimensionality reduction are the key ML tasks used in unsupervised learning (Ashenden et al. 2021). As mentioned before, PCA has been used as an important unsupervised data analysis technique for reducing dimensionality in addressing the complex process data in oral ER drug delivery systems. Finally, the third type of ML is reinforcement learning, which works through the correlation between actions and delayed outcomes based on a reward system (Arden et al. 2021).

#### What does ML bring to the pharmaceutical industry?

In general, the application of ML algorithms can be a crucial tool to aid in deciding suitable starting materials, understanding formulations, product properties and processes (Akseli et al. 2017; Benedetti et al. 2019; Hayashi et al. 2019, 2021; Lou et al. 2019; Van Hauwermeiren et al. 2020; Djuris et al. 2021; Maki-Lohiluoma et al. 2021; Paul et al. 2021b; Thomas et al. 2021), and predicting dissolution (Galata et al. 2021) and drug stability (Ibric et al. 2007).

Hayashi et al. (2021) built a material library including 81 types of APIs, 20 types of API material properties, one type of process parameter and two types of tablet properties. Boosted tree (BT), random forest (RF) and PLS were applied to model relationships between the input variables (material properties and three levels of compression pressure) and output variables (tensile strength and disintegration time). BT and RF were demonstrated to be more suitable for modeling than multivariate models. The high R<sup>2</sup> and low root mean square error (RMSE) values reported for the tree-based algorithms indicated accurate predictions. With regard to the input variables, the diameters at the tenth percentile of the cumulative percent undersize distribution (d10) and total surface energy ( $\gamma$ s) were found to strongly impact on the tensile strength and disintegration time, respectively.

It has been confirmed that ML algorithms have the potential to help the pharmaceutical scientific community in the assessment and prediction of several factors involving large amounts of data and requiring more flexible analysis. Although there are few articles in which ML is applied to ER formulation development, Table 4 provides a summary of some of the available research.

In the future, additional scientific efforts are expected to understand and interpret ML models when handling large datasets. Likewise, the traditional models used in DoE are well established, and the high prediction accuracy of ML does not mean the end of using them. Traditional tools could remain a good approach for linear relationships between inputs and outputs.

#### Artificial neural networks (ANNs)

Artificial neural networks (ANNs) are the first and most widely used ML model in the study of ER formulations, frequently with the objective of characterizing and optimizing the formulations and modeling the dissolution (Lou et al. 2021).

ANNs are a useful tool for modeling input/output nonlinear functions inspired by the way neurons work in the human nervous system. In one of the simplest forms of ANN (called the feedforward neural network—FFNN), the data travel in one direction (Simoes et al. 2020; Wang et al. 2022). Multilayer perceptron (MLP) has been commonly used in

	References	C Galata et al. (2021) impacts ost thod	- Saracoglu et al. (2020) n the 1 and lues is	as Khan et al. (2020) y to CCP- 5100 to cdation	as the Galata et al. (2019) f han- nlinear- ect of	ions are Nagy et al. (2019) th the using have (higher ten	as the Lefnaoui et al. (2018) scribe 5 of for- ameters
	Results	PSD of HPMC significantly DR; ANN is the me accurate and able ML met	Good relation- ship betweer experimenta predicted val observed	ANN model h the capability predict the D Eudragit@-S composition achieve retar in DR	ANN model h capability of dling the nor ity of the eff HPMC	Better predicti obtained wit ANN model NIR; ANN models I lower f1 and f2 values wh compared to PLS model	ANN model h ability to des the influence mulation par
	ML model/algorithm	ANN SVM ERT	ANN	ANN: MLP	ANN	PLS ANN: FFNN	ANN
	Output variables	DR (until 24 h)	DR (until 24 h)	Friability, thickness, hardness, weight variation, content uniformity and DR	DR (until 24 h)	DR (until 10 h)	DR (until 8 h)
ery system development	Input variables	CMA (drug content, HPMC amount and HPMC PSD) CPP (compression force)	CMA (low and high viscosity HPMC, Eudragit@ RS, Car- bopol and lactose amount)	CMA (Eudragit@-S100, Povidone-K 30 and sodium starch glyco- late amount)	CMA (drug and HPMC amount) CPP (compression force)	Scores obtained by PCA of the NIR and Raman spectra	CMA (PEC and dilu- ent amount) Dissolution time
optimization of ER deliv	Interface/program- ming language	MATLAB 9.8	Pythia Neural Net- work Designer 1.0	ANN Neural Power® 3.1	MATLAB 9.4	MATLAB 8.2	NA
ing applications for the c	Dataset samples and source	168 training sam- ples+56 validation samples Internal (tablet press, NIR and particle size)	19 experiments Internal	24 experiments Internal	30 training sam- ples + 7 validation samples Internal (Raman and NIR)	<ul> <li>160 samples (70–15- 15% of training- validation-testing) (https://doi.org/ 10.1016/j.ijpharm. 2019.118464)</li> <li>DoE Internal (Raman and NIR)</li> </ul>	60 experiments Internal
Table 4         Machine learn	Purpose	Prediction of the in vitro DR of dro- taverine ER tablets	Prediction of DR of dexketoprofen tro- metamol ER tablets	Prediction of the levels of polymers to retard the mesala- mine release	Prediction of the in vitro DR of dro- taverine ER tablets	Prediction of the in vitro DR of anhydrous caffeine ER tablets	Prediction and description of the kinetic and rate of DR of valsartan ER

Table 4 (continued)							
Purpose	Dataset samples and source	Interface/program- ming language	Input variables	Output variables	ML model/algorithm	Results	References
Prediction of OFDF and SRMT formula- tions applying DL methods compared with ML methods	236 training sam- ples + 20 validation samples + 20 testing samples (https://doi. org/10.1016/j.apsb. 2018.09.010) Web of Science	Scikit-learn	Types and contents of both drugs (29 drug substances) and excipients Process parameters In vitro characteristics	Cumulative DR at 4 time points (until 8 h)	Six ML methods (MLR, PLS, SVM, ANN, RF an k-NN) DNN	Highest accuracies are obtained with DNN on the training, validation, and test sets; DNN greatly improves model accuracy in multi- label formulation prediction	Yang et al. (2019)
Prediction of DR of acetylsalicylic acid CR tablets prepared by roller compaction	121 samples (2/3 training and 1/3 validation) (ANN- Kriging hybrid model) Internal	JMP Pro 14 (ANN) MATLAB (ANN- Kriging hybrid model)	CMA (lignin amount) CPP (roller pressure and screw speed)	DR (until 2 h)	ANN ANN-Kriging hybrid model	ANN models can pre- dict DR with high accuracy	Pishnamazi et al. (2019)
Prediction of the effect of four inde- pendent formulation variables on swell- ing, erosion and DR of micronized nimodipine ER tablets	26 experiments DoE	MATLAB 7.0	CMA (PEG 400, PVP K30, HPMC K100 and HPMC E50LV amount)	Rate of water uptake Smax, t <sub>max</sub> , k <sub>e</sub> Release exponent (n)—Korsmeyer- Peppas equation MST, MET, MDT	MLR ANN: FF-backprop- agation	Contour plots for the optimally trained ANN show increased nonlinear correlation between the examined factors and the measured responses compared to those for MLR; Statistical moments combined with ANN can predict efficacy results	Barmpalexis et al. (2018)
Prediction of the effects of various combinations of polymers and for- mulation optimiza- tion of rosiglitazone gastro-retentive tablets	78 samples (http://dx. doi.org/10.1016/j. jddst.2017.04.029) Internal	MATLAB 7.10.1	CMA (HPMC K100LV and HPMC K4M amount)	DR (pH 1; pH 2.5; pH 4)	ANN: applied separately over the results of pH 1, pH 2.5 and pH 4	A decrease in the con- centrations of both polymers increases the percentage of rosiglitazone maleate; ANN has good pre- diction capability	Guler et al. (2017)

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Table 4 (continued)							
Purpose	Dataset samples and source	Interface/program- ming language	Input variables	Output variables	ML model/algorithm	Results	References
Evaluation and opti- mization of three- layer matrix tablets for pH-independent release of verapamil HCI	15 experiments DoE	Neurosolutions	Mass fraction of vera- pamil HCl in the intermediate layer; Xanthan gum in the matrix former of the intermediate layer; Xanthan gum in the matrix former of the outer layers	Overall desirability of four responses (DR at 6 h, 12 h, 24 h and release similarity or pH- independence)	MLR ANN: FF-multilayer perception	ANN model is better than MLR to predict formulation with desirable DR; ANN shows a good correlation between predicted and observed values	Al-Zoubi et al. (2015)
Development of relevant IVIVC models of nifedipine osmotic release tablets based on mechanistic GIS and ANN	Internal (in vivo and in vitro data)	Peltarion	In vitro DR In vivo drug delivery	Predicted Cp-t profiles	ANN: MLP	GIS and ANN models have the capability to predict Cp-t pro- files based on input of in vitro dissolu- tion kinetic data; Best prediction of the in vivo PK profiles is obtained using the ANN model	Ilic et al. (2014)
Optimization of pH- independent release of carvedilol from HPMC based matrix formulation	13 experiments DoE	MATLAB 7.0.1	CMA (HPMC K4M and Eudragit L100 amount)	DR at 12 time points (until 24 h)	ANN	ANN model has the capability to predict the formulation release data	Aktas et al. (2013)
Optimization of diclofenac sodium hydrophilic matrix tablets (a) and caf- feine lipidic matrix tablets (b)	12 experiments (10 training and valida- tion samples + 2 testing samples) DoE	Synapse 1.3.5	CMA (PEO (a) and Precirol® (b) amount) CPP (compression force, porosity, tensile strength)	DR at 10 time points (until 8 h)	ANN: ENN and MLP	ENN is more suitable than MLP to predict dissolution profiles from both hydro- philic and lipid matrix tablets	Petrovic et al. (2012)
Optimization of nimodipine zero- order release matrix tablet formulation	26 experiments DoE	Stuttgart Neural Net- work Simulator	CMA (PEG 4000, PVP K30, HPMC K100 and HPMC E50LV amount)	T90 DR at 2 h and 8 h	ANN	ANN emphasizes the role of HPMC K100M to predict the release kinetics; ANN shows better predictive abil- ity than the MLR model	Barmpalexis et al. (2010)

Table 4 (continued)							
Purpose	Dataset samples and source	Interface/program- ming language	Input variables	Output variables	ML model/algorithm	Results	References
Optimization of diclofenac sodium release from matrix tablets	10 experiments DoE	Statistical Neural Network Software	CMA (Carbopol® 71G amount) CPP (crushing strength)	DR at 5 time points (until 8 h)	ANN: GRNN	GRNN model is suitable to optimize DR; Optimal formulation is obtained with 19% Carbopol and 65 N tablet crushing strength	Ivic et al. (2010)
Optimization of pen- toxifylline swellable ER hydrophilic matrix tablets	11 experiments DoE	MATLAB 7.3.0. (LIB-SVM software package)	Matrix former:drug weight ratio Percentage of sodium alginate	DR at 4 time points (until 12 h)	SVM MLR	DR increased with increasing percent- age of sodium algi- nate and decreasing matrix former:drug weight ratio; SVR model fitted bet- ter to DR than the MLR model	Al-Zoubi et al. (2011)

osphate, DNN deep neural network, DR drug release, ENN Elman neural network, ERT ensemble of regression trees, FF	mulation, GRNN generalized regression neural network, HPMC hydroxyl propyl methyl cellulose, IVIVC in vitro in vivo	tearest neighbors, MDT mean dissolution time, MET mean erosion time, MLP multi layered perceptron, MLR multiple	infrared, OFDF oral fast disintegrating film, PEC polyelectrolyte complex, PEG polyethylene glycol, PEO polyethylene	e distribution, RF random forest, Smax maximum % water uptake, SRMT SR matrix tablet, SVM support vector machine,	
<i>Cp-t</i> concentration in plasma at defined time interval; <i>DCP</i> dicalcium phosphate, <i>DNN</i> deep	feedforward, FFNN feedforward neural network, GIS gastrointestinal stimulation, GRNN gen	correlation, $k_e$ constant of apparent matrix-tablet erosion rate, k-NN k-nearest neighbors, M	linear regression, MST mean swelling time, NA not available, NIR near-infrared, OFDF oral	oxide, PK pharmacokinetic, PLS partial least squares, PSD particle size distribution, RF ran	$t_{max}$ time at which $S_{max}$ is observed, 790 time for 90% drug release

pharmaceutical development, and the framework comprises three types of essential layers: input, hidden and output layers. Once the input layer receives the external data for the neural network, the hidden layer, located in the middle of the ANN, processes the information through several types of mathematical computation. Then, the output layer produces the final results for the given inputs (Wang et al. 2022).

FFNNs, including MLP and the generalized regression neural network (GRNN), with radial and regression layers are just some examples of common neural network architectures summarized elsewhere (Lou et al. 2021; Wang et al. 2022).

In the midst of other ML methods, ANNs have proven to be accurate in assessing tablet properties (Khan et al. 2020) and swelling and erosion mechanisms (Barmpalexis et al. 2018) as well as predicting the in vitro drug release (Al-Zoubi et al. 2015; Lefnaoui et al. 2018; Saracoglu et al. 2020; Galata et al. 2021) of oral solid ER tablets. For input variables, numerous CMAs and/or CPPs have been used to build multiple ML models to predict CQAs. Input materials such as drug (Yang et al. 2019) and polymer properties (Saracoglu et al. 2020) and process parameters (e.g., compression force (Galata et al. 2019), roller pressure (Pishnamazi et al. 2019) or crushing strength (Ivic et al. 2010)) were identified to predict the in vitro dissolution profile of ER tablets.

Nagy et al. (2019) built three-layer ANN models to predict the dissolution of ER anhydrous caffeine tablets and compared them to traditional PLS regression. In this work, the effects of the API and PEO content and compression force on drug dissolution were assessed. The scores obtained by the dimension reduction PCA from the FT-NIR and Raman spectra of each intact tablet were defined as the input variables, and the dissolution values at 35 sampling points were considered the output variables. The NIR and Raman spectroscopic tools demonstrated a complementary relationship. While NIR methods provide information on the effect of compression force, Raman provides better prediction of the effect of API and PEO on drug release. ANNbased models provided a lower RMSE for prediction than PLS. This is due to the ANN capability to determine the complex and nonlinear relationship between the input and output parameters.

#### Deep learning (DL)

Deep learning (DL), as a specific and more advanced subset of ML, engages ANNs in most cases (Paul et al. 2021a). When applied to DL, the architecture of ANN models can be very deep, with more than three layers—called deep neural networks (Ashenden et al. 2021). Due to the suitability of DL to deal with complex datasets, it could be a powerful tool in the future of ER delivery system development to improve the control strategy.

Yang et al. (2019) applied a deep neural network to predict the disintegration time and cumulative drug release of oral fast disintegrating films (OFDF) and oral SR matrix tablets (SRMT), respectively. For this purpose, the experimental dataset extracted from Web of Science was split into three datasets: training, validation, and testing. Six conventional ML methods (MLR, PLSR, SVM, ANNs, random forest and k-NN) were considered for comparison with DL. Deep neural networks showed higher accuracy (over 80%) on the OFDF and SRMT training, validation and test datasets compared to the ML algorithms. Two years later, based on these models, Yoo et al. (2022) proposed new DL approaches, using PCA and the Wasserstein generative adversarial network (WGAN), to maximize the prediction performance for OFDF and SRMT, respectively. The proposed models showed significantly higher performance than the existing models.

### From QbD to pharma 4.0

In the last decade, the pharmaceutical industry has adopted several emerging technologies, techniques and processes, which offer high potential to change the landscape of drug development and production (Reinhardt et al. 2020; Arden et al. 2021; Wang et al. 2021).

To achieve high-quality and high-efficiency patterns, the pharmaceutical industry employs Pharma 4.0 (Arden et al. 2021), a concept that emerged to represent the era where different technologies and/or machines are converging to improve product quality through renewed digital solutions (Reinhardt et al. 2020). Additionally, "Smart Factories" are structures in which machines communicate with each other dealing autonomously with emerging problems and unexpected changes (Barenji et al. 2019). The essential technologies for data science, a cornerstone of Pharma 4.0, have already been established and are well known, aiming to control the process and product quality data in real time.

QbD, together with ICH guidelines, enables the requirements of Pharma 4.0 through a holistic development and manufacturing control strategy. The implementation of QbD, RTRT and PAT has provided several advances, offering systematic and quantitative approaches, reducing human interventions and therefore sharply reducing costs and time.

However, their application in industry is far from the potential presented by this new concept (Barenji et al. 2019; Steinwandter et al. 2019; Wang et al. 2021). The bigger challenges are related to technological gaps, namely, the lack of independence facing unexpected changes, the low level of interoperability and the low computational power (Barenji et al. 2019). To implement smart manufacturing systems, a

cyber-physical-based PAT (CPbPAT) framework was proposed by Barenji et al. (2019). This framework, designed to obtain, record and monitor real-time data, combines several technologies, such as QbD and RTRT, to make autonomous decisions and determine improvement strategies. CPbPAT is developed in multiple levels, enabling the collection and continuous integration in the cloud of large amounts of data.

Due to the complex development and manufacturing of ER systems, the implementation of the Pharma 4.0 concept in pharmaceutical companies with continuous monitoring of product manufacturing will decrease product and process variability and consistently improve quality requirements.

# Conclusion

Pharmaceutical companies have already started applying QbD concepts to the development of pharmaceutical products instead of traditional trial-and-error-based approaches, although their application remains far from what is expected. Because of the complexity of oral ER drug delivery system development and the relevance of polymer properties on drug product performance, the implementation of QbD tools is crucial to provide a better and complete understanding of the product and process parameters and optimize a control strategy. A design space can be established defining allowable operational ranges and providing flexible regulatory approaches. Furthermore, QbD is a cost-effective time-saving strategy that can be used throughout the product lifecycle ensuring compliance with regulatory quality requirements.

The increasing amount of generated data requires a greater ability to optimize formulations and processing parameters as well as accurately predict drug product performance. ML and DL algorithms will progressively be recognized, and we can be sure that they will be more widely used for effective pharmaceutical development through a Pharma 4.0 strategy to achieve greater robustness and help meet regulatory compliance. Certainly, these tools will allow us to move toward the possibility of RTRT application in the pharmaceutical industry.

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# Declarations

**Conflict of interest** All authors (A.S. Sousa, J. Serra, C. Estevens, R. Costa, and A.J. Ribeiro) declare that they have no conflicts of interest.

**Research involving human and animal particpants** This article does not contain any studies with human and animal subjects performed by any of the authors.

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