

An outbreak of skin infections in neonates due to a *Staphylococcus aureus* strain producing the exfoliative toxin A

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Received: 21 July 2017 / Accepted: 20 October 2017 / Published online: 6 November 2017
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Abstract

Purpose *Staphylococcus aureus* is an important cause of infections in hospitalized neonates. Preterm or low birth-weight infants are especially at risk to develop a *S. aureus* infection due to the immaturity of the immune system, length of hospital stay and invasive procedures. Exfoliative toxin (ET)-producing *S. aureus* is often responsible for neonatal infections, causing clinical manifestations such as staphylococcal scalded skin syndrome, characterized by both localized blisters or generalized exfoliation of the skin.

Methods We describe an outbreak due to an *S. aureus* strain producing ETA occurring in a local hospital in Northern Italy. Molecular typing of the isolates included *spa* typing and multilocus sequence typing. DNA microarray hybridization was also performed on one representative strain.

Results In the period from July 2013 to February 2014, 12 neonates presented with skin infections, mainly bullae or pustules. Cultures of skin swabs yielded methicillin-susceptible *S. aureus* (MSSA). By molecular typing, an epidemic strain (t1393/ST5) was identified in nine neonates; microarray analysis and PCR revealed that it contained the ETA encoding gene. Screening of staff, mothers and healthy neonates and environmental cultures did not reveal the presence of the epidemic strain. However, the father of an infected neonate was found to be a carrier of MSSA t1393 five months after the outbreak started.

Conclusion Implementation of hygiene procedures and sanitization of the ward twice terminated the outbreak. Timely surveillance of infections, supported by molecular typing, is fundamental to prevent similar episodes among neonates.

Keywords *Staphylococcus aureus* · Outbreak · ETA · Neonates · *spa* typing

Electronic supplementary material The online version of this article (<http://doi.org/10.1007/s15010-017-1084-2>) contains supplementary material, which is available to authorized users.

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Introduction

Staphylococcus aureus represents one of the major human pathogens both in hospitals and in community. This pathogen can cause a wide variety of diseases ranging from serious invasive infections (e.g., sepsis, meningitis, pneumonia, endocarditis, osteomyelitis) to skin infections with different degrees of severity [1, 2]. Serious infections can be associated with the production of toxins such as toxic shock syndrome toxin-1 (TSST-1), staphylococcal enterotoxins, Panton–Valentine leukocidin (PVL), γ -hemolysin and exfoliative toxins (ET)s which are considered among the most important virulence factors of *S. aureus* [3]. Several studies have highlighted the importance of toxigenic

S. aureus in causing outbreaks in neonatal units in various geographical areas. An outbreak of skin and soft tissue infections (SSTIs) involving seven neonates in Scotland in 2004 was caused by a methicillin-resistant *S. aureus* (MRSA) that harbored both enterotoxin D and exfoliative toxin A [4]. In 2010, an outbreak of SSTIs caused by a community-associated (CA)-MRSA clone USA300 that contained PVL occurred in a hospital newborn nursery in Italy [5]. In Germany, an outbreak occurring in a neonatal intensive care unit in 2011 was caused by TSST-1 and enterotoxin A-producing methicillin-susceptible *S. aureus* (MSSA) [6]. In the first weeks of life, from 40 to 50% of neonates are colonized by *S. aureus* and nasal carriage represents one of the most important risk factors for *S. aureus* infections [7, 8]. Moreover, hospitalized neonates, especially preterm and low birthweight infants, are at higher risk to develop *S. aureus* infections due to an immature immune system, the invasive procedures they undergo, and a long hospital stay [9, 10]. In newborns, *S. aureus* infections mostly involve the skin with erythema and papulae or pustules in the diaper area [11], but more serious skin conditions can develop such as staphylococcal scarlet fever rash and staphylococcal scalded skin syndrome (SSSS) [12–14]. SSSS is caused by ET-producing *S. aureus* and includes two forms: the generalized exfoliative syndrome (GES), also known as Ritter's disease, that involves the whole body surface presenting as a severe and life-threatening illness and the local form or bullous impetigo (BI), characterized by erythematous blisters with surrounding redness, especially in the diaper area [14, 15]. Exfoliative toxins associated with human skin infections are ETA, ETB and ETD [13]. The production of ETA and ETB is most commonly associated with BI and GES, respectively [13, 14], while ETD is associated with milder manifestations such as furuncles or cutaneous abscesses [12, 16].

SSSS affects mainly neonates and children under 5 years of age [12, 15, 17], but predisposed adults such as immunocompromised subjects or patients with kidney diseases can also be affected [18]. The severity of the infection depends largely on the toxigenic profile of the microorganism and the immune status of the neonates [13, 14]. In particular, GES affects mostly preterm or low birthweight neonates with immature immune response as well as immature renal clearance system [14, 19]. The mortality rate for SSSS is low in infants (< 5%), but can increase to about 60% in adults [12, 13, 20]. SSSS can be treated successfully with a timely and appropriate therapy [14, 21].

In this study, we describe an outbreak of skin infections due to ETA-producing *S. aureus* occurring in an 8-month period among neonates born in a hospital in Lombardy, North Italy.

Methods

Description of outbreak and setting

The outbreak occurred in a 120-bed hospital located in the city of Codogno in Lombardy, North Italy. The maternity ward of the hospital is composed of nine rooms for mother–infant rooming in (total number of beds = 14) and one common room for neonatal care or medical procedures. The medical and non-medical staff includes 65 persons. Healthy neonates are generally discharged 3–4 days after birth and re-evaluated at a control visit in the outpatient clinic after 7–10 days.

In July 2013, two neonates, one at discharge and the other at a control visit, presented with localized bullous lesions on the trunk and/or the belly; in both cases, cultures of skin swabs grew *S. aureus*. More cases of skin infections emerged in the following months, and a total of 12 neonates with *S. aureus* skin infection were observed from July 2013 to February 2014 (Table 1) clustering in July–September 2013 and in December 2013–February 2014 (Fig. 1). At birth, the affected neonates were healthy, with normal weight and without virus-like symptoms or underlining diseases. Skin infection developed from few days to 2 weeks after birth, consisting in bullae or pustules involving a limited skin area, more frequently the trunk or groins. Only one neonate (case 3) had in more sites bullous lesions with exfoliation.

To detect the source of the outbreak, the local committee for health-care-associated infections (CIO) started an investigation in September 2013. Environmental swabs were obtained from the surface and the equipment of the delivery room, the common room and the staying rooms in the maternity ward. In particular, samples were obtained from cribs, changing tables and other tables for the care of neonates, scales, sinks, faucets, infusion pumps, stethoscopes and other medical equipment. In October, nasal screening for *S. aureus* was carried out in the staff, in healthy neonates and mothers at discharge. In addition, parents and siblings of infected neonates were screened for *S. aureus* at control visits.

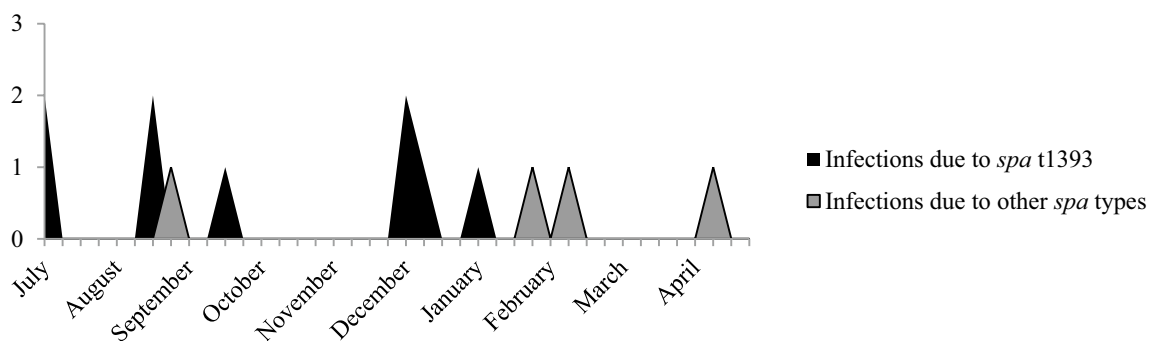
Microbiological methods

Isolates identification and antimicrobial susceptibility were determined by using an automatic system (Vitek 2; bioMérieux, Marcy l'Etoile, France). PCR assays to confirm *S. aureus* species and the methicillin-resistance status of the isolates were performed [22]. The presence of PVL, TSST-1, ETA, ETB and ETD as well as the determination of accessory gene regulator (*agr*) groups was also investigated by PCR using published primers [23, 24].

Molecular typing of the isolates was performed by *spa* typing [25]. The sequences were analysed using the Ridom

Table 1 Clinical and demographic characteristics of neonates with skin infection and molecular typing of MSSA isolates, July 2013–February 2014

Cases	Age/sex	Type of infection	Site of infection	Isolation date	Toxin genes					<i>spa</i> typing	Resistance pattern
					PVL	<i>tsst-1</i>	<i>etA</i>	<i>etB</i>	<i>etD</i>		
1	13 days/F	Bulla	Nipple	01/07/2013	–	–	+	–	–	t1393	–
2	4 days/F	Pustules	Periombilical	05/07/2013	–	–	+	–	–	t1393	–
3	9 days/M	Bullae	Abdomen, groin, neck	19/08/2013	–	–	+	–	–	t1393	–
4	12 days/F	Bulla	Thigh	23/08/2013	–	–	+	–	–	t1393	–
5	17 days/F	Unknown	Gluteus	30/08/2013	–	+	–	–	–	t4565	PEN
6	3 days/F	Pustules	Underarm, auricle	18/09/2013	–	–	+	–	–	t1393	–
7	11 days/M	Bullae	Hips	01/12/2013	–	–	+	–	–	t1393	–
8	6 days/M	Bullae	Groin	01/12/2013	–	–	+	–	–	t1393	–
9	8 days/M	Bullae	Groin and scapula	09/12/2013	–	–	+	–	–	t1393	–
10	15 days/M	Bulla	Foot	07/01/2014	–	–	+	–	–	t1393	–
11	10 days/M	Pustula	Periombilical	30/01/2014	–	–	+	–	+	t078	PEN
12	4 days/M	Pustules	Groin	09/02/2014	–	–	–	–	–	t091	PEN

**Fig. 1** Epidemic curve of ETA-producing *S. aureus* causing skin infections in neonates in the period July 2013–February 2014

Staph Type software (<http://www.ridom.de/spaserver>). In selected isolates, multilocus sequence typing (MLST) was carried out according to the recommended method [26] and the allelic profiles were compared with those deposited at the MLST database (<http://saureus.mlst.net>). DNA microarray hybridization was performed on one representative strain by using a previously described DNA microarray platform (Alere Technologies, GmbH, Jena, Germany) [27].

Results

All *S. aureus* isolates from infected neonates were confirmed as susceptible to methicillin (MSSA) and to all the antibiotics tested with the exception of three isolates (cases 5, 11 and 12) that showed resistance to penicillin (Table 1).

Molecular typing showed that 9 out of 12 isolates belonged to the same *spa* type (t1393), while the other three isolates were associated with three different *spa* types (t078, t091, t4565) (Table 1). Therefore, MSSA t1393 was

considered the epidemic strain. All t1393 ($n = 9$) were isolated in the period July 1, 2013–January 7, 2014, while strains ($n = 3$) with *spa* types other than t1393 were identified during the outbreak period (strain t4565) and toward the end of the outbreak (strains t078, t091) (Fig. 1).

The t1393 isolates were susceptible to all the antibiotics tested including penicillin, while strains associated with different *spa* types were resistant to penicillin (Table 1). Therefore, susceptibility to penicillin was an additional criterion to discriminate outbreak strains from the others. By MLST, t1393 isolates were found to belong to ST5, clonal complex (CC) 5. The three different *spa* types t078, t091 and t4565 belonged to ST26, ST7 and ST22, respectively. Microarray analysis performed on MSSA t1393 from case 2 revealed the presence of *eta* gene. Additional characteristics of the epidemic strain, obtained by microarray, corresponded to the typical features of CC5, including the presence of the immune-evasion cluster, of the enterotoxin gene cluster *egc* and *sea*-N315, of leukocidines and adhesive matrix molecules [28]. The only resistance gene detected by microarray

was *fosB*, coding for fosfomycin resistance [29]. A remnant of the recombinase *ccrC* was detected, a sign of a possible previous presence of the staphylococcal chromosome cassette (SCC) *mec*. These same features were confirmed in all nine isolates belonging to t1393 by PCR assays. In addition, the epidemic strain was shown to belong to the *agr* group II, typically found in isolates belonging to CC5. For one non-epidemic strain (case 11), the PCR assay revealed the presence of the *eta* and *etb* genes (Table 1).

Neonates with skin infections were treated with systemic antibiotics (2 neonates with linezolid, 9 with amoxicillin–clavulanic acid and 1 with amoxicillin) and with intranasal mupirocin.

The cultural screening revealed that 35% (13 out of 37) of the family members of infected neonates, 30% (16 out of 54) of the staff, 32% (17 out of 53) of the healthy neonates and 33% (14 out of 42) of the mothers were *S. aureus* carriers. No *S. aureus* was detected from samples obtained from environment and medical equipment.

None of the isolates obtained from the screening was *spa* t1393 with the exception of the isolate from the father of case 2 who was found colonized by the epidemic strain on the occasion of a control visit for the baby in December, five months after the beginning of the outbreak.

Staff members and the family members of infected neonates who were *S. aureus* carriers received intranasal mupirocin. Control measures to terminate the outbreak were enforced in September, including implementation of hygienic procedures such as hand washing and use of hydroalcoholic gel, for which dispensers were made available in each room. All surfaces and instruments in the delivery room and the maternity ward were sanitized with a chlorine-based disinfectant. However, a second cluster of cases started in December, indicating that the source of the outbreak had not been eliminated. After a second deep cleaning of the ward, no new cases related to the outbreak strain occurred after January 7, 2014.

Discussion

This outbreak was caused by an ETA-producing MSSA associated with an uncommon *spa* type (t1393), belonging to CC5, that affected neonates during an 8-month period. Neonates showed skin manifestations, consisting in BI and BI with exfoliation in one case, from few days to 2 weeks after birth. They likely acquired MSSA in hospital although the source of the epidemic was not determined. The father of one of the first infected neonates (case 2) was found to be colonized by the outbreak strain five months after the beginning of the outbreak. Whether he was a carrier from the beginning or acquired the strain subsequently from the infected child could not be established. The application of

appropriate control measures implemented twice, in September and in December, led to the termination of the outbreak.

To our knowledge, this is the first report of an outbreak of skin infection caused by ETA-producing *S. aureus*, associated with an uncommon *spa* type, not previously reported in Italy, and belonging to CC5. CC5 was widely spread in European and Italian hospitals at the beginning of the last decade mostly among MRSA [22, 30], while, among MSSA, CC5 was less common with a prevalence of about 5% [30]. Examining the sequence of the *spa* repeats, *spa* type 1393 is related to t067 (CC5), one of the most prevalent *spa* types in Spain in the period from 2006 to 2011, mostly among MRSA [30, 31]. One peculiar feature of the outbreak strain was susceptibility to penicillin that in Italy is only present in approximately 14% of MSSA (unpublished data).

MSSA represents one of the major causes of skin infections in pediatrics [9]; however, reports involving MSSA are rare since more importance is usually given to infections caused by MRSA. Skin infections can occur with different clinical presentations and severity depending on the production of bacterial toxins and host susceptibility [32].

ETA and ETB, responsible for SSSS, are produced by only 5% of *S. aureus* strains with a prevalence that varies in different countries [12, 17]. ETA is more common in Europe, USA and Africa and is expressed by more than 80% of ET-producing strains, while ETB-producing strains are more prevalent in Japan [12]; ETD is less common than ETA and ETB and data are limited [16]. Several outbreaks involving ETA or ETB-producing *S. aureus* have been described.

An outbreak of SSSS due to ETA-producing *S. aureus* involving 13 neonates occurred in 2002 in France [21]. In 2011, an outbreak of BI caused by an ETB-producing strain occurred in a neonatal ward in the Netherlands and an environmental contamination was considered the source of infection [33]. In 2013, in England, eight healthy neonates developed SSSS due to ETA- and ETB-producing strains and a health-care worker was identified as the source of infection [34].

In the outbreak we described, reinforcement of appropriate control measures including handwashing and sanitization of the ward had to be implemented in two different periods, but finally led to the end of the outbreak. No new cases due to the epidemic strain were detected since. Timely surveillance of infections, supported by molecular typing, and continuous implementation of hygienic measures are fundamental to prevent similar episodes among neonates.

Conclusions

In this outbreak, *spa* typing, a rapid and relatively inexpensive typing method was of utmost importance to identify the epidemic strain and to understand the extent of the outbreak.

Therefore, it is important to consider typing not only for MRSA that are particularly threatening in neonatal units, but also for MSSA, especially when the isolates carry a toxin such as ETA associated with potential fatal manifestations. In addition, since a high percentage of neonates and other individuals can be MSSA carriers, typing is essential to distinguish outbreak from non-outbreak strains to apply control measures.

Funding This research did not receive any specific grant from funding agencies in the public, commercial or not-for-profit sectors.

Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

Ethics approval and consent to participate Local Surveillance and Infection Control Committee (CIO) approved the study on September 13, 2013. Informed consent was obtained from parents of infected and non-infected neonates and from medical and non-medical staff. Clinical data and samples (bacterial isolates) were anonymized before being used for the study. Approval by the ethics committee was not required as the study was regarded as part of routine surveillance measures for infection control.

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