

# Current Advances in Three-Dimensional Tissue/Organ Printing

Jeong Hun Park<sup>†</sup>, Jinah Jang<sup>†</sup>, Jung-Seob Lee, Dong-Woo Cho<sup>\*</sup>

Department of Mechanical Engineering, Pohang University of Science and Technology (POSTECH), Pohang, Korea

Three-dimensional (3D) tissue/organ printing is a major aspect of recent innovation in the field of tissue engineering and regenerative medicine. 3D tissue/organ printing aims to create 3D living tissue/organ analogues, and have evolved along with advances in 3D printing techniques. A diverse range of computer-aided 3D printing techniques have been applied to dispose living cells together with biomaterials and supporting biochemical factors within pre-designed 3D tissue/organ analogues. Recent developments in printable biomaterials, such as decellularized extracellular matrix bio-inks have enabled improvements in the functionality of the resulting 3D tissue/organ analogues. Here, we provide an overview of the 3D printing techniques and biomaterials that have been used, including the development of 3D tissue/organ analogues. In addition, *in vitro* models are described, and future perspectives in 3D tissue/organ printing are identified.

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**Key Words:** 3D tissue/organ printing; Bio-ink; 3D tissue/organ analogue; *In vitro* tissue model; Tissue engineering and regenerative medicine

## INTRODUCTION

In the field of tissue engineering and regenerative medicine, the application of three-dimensional (3D) printing technology has been believed to be a rational strategy to produce 3D biomaterial-based matrices (known as scaffolds), overcoming the inherent limitations of traditional techniques. During the additive process of 3D printing, thin layers are printed by adding desired materials selectively, and stacked to create complex 3D structures through layer-by-layer process. Direct or indirect 3D printing techniques have been shown to provide precise control over the size, external shape, internal architecture, and pore interconnectivity of 3D scaffolds formed of various biomaterials [1-6]. 3D printing also has been used to create 3D structures with the correct anatomical shape and size of defective part based on medical imaging data, such as magnetic resonance imaging (MRI) and computerized tomography (CT), using computer-aided design and computer-aided manufacturing systems [7-10].

Furthermore, technological advances in 3D printing have en-

abled recent innovation, named as 3D tissue/organ printing whereby living cells are included in the printing process itself with the aim of creating 3D living tissue/organ analogues [11-15]. The 3D printing techniques with automated computer-aided system, including dispensing, inkjet and stereolithography (SLA) techniques, have been applied to dispose various types of living cells, together with desired biomaterials and supporting biochemical factors within pre-designed 3D tissue/organ analogues. Therefore, 3D tissue/organ printing involves additional considerations of the cell types, biomaterials, supporting biochemical factors and printing strategies; these factors are directly related to the viability of the incorporated living cells and the functionality of printed 3D analogues.

3D tissue/organ printing begins with the design of 3D tissue/organ analogue. Medical imaging data of the defective parts, including anatomical and architectural information, can be used to guide the structural and biological design of 3D tissue/organ analogues to be printed. In addition, variations in the printing process and available biomaterials also affect the design of tissue/organ analogue. With the desired cell types, biomaterials including synthetic or natural polymers are selected to be used to form a framework materials or bio-inks containing living cells with or without supporting biochemical factors. The selected cell types and biomaterials are integrated with the 3D tissue/organ printing systems, such as dispensing, inkjet and SLA, and pre-designed 3D tissue/organ analogue starts to be printed. In

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**\*Corresponding author:** Dong-Woo Cho, Department of Mechanical Engineering, Pohang University of Science and Technology (POSTECH), 77 Cheongam-ro, Nam-gu, Pohang 37673, Korea.

Tel: 82-54-279-2171, Fax: 82-54-279-2863, E-mail: dwcho@postech.ac.kr

<sup>†</sup>These authors contributed equally to this work.

the 3D tissue/organ printing, one of the most important challenges is to reproduce the complex micro-architecture and components of the extracellular matrix (ECM) with spatial control over multiple cell types in sufficient resolution to recapitulate biological functions of the target tissue or organ [15].

To date, 3D tissue/organ printing has demonstrated remarkable progress by creating 3D tissue/organ analogues with the competent functionality. In particular, recent development of bio-inks derived from decellularized ECM (dECM) has gained much attention as a new printable biomaterial that can accelerate the advance of 3D tissue/organ printing technology [16,17]. Here, we provide an overview of widely used 3D printing techniques and printable biomaterials. We then highlight representative applications, including the development of 3D tissue/organ analogues and *in vitro* models, and go on to identify future perspectives in 3D tissue/organ printing.

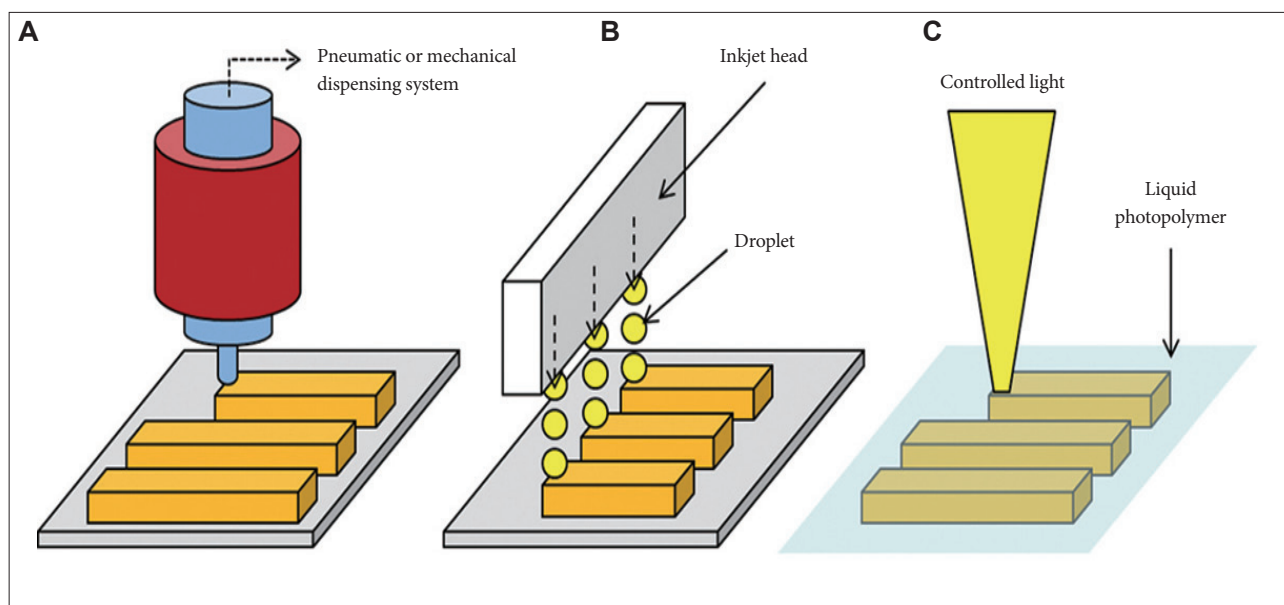
## TECHNIQUES FOR 3D TISSUE/ORGAN PRINTING

### Dispensing technique

Dispensing is the most common technique that has been applied to 3D tissue/organ printing. Dispensing involves direct extruding of the molten or dissolved biomaterials through micro-sized nozzle (Fig. 1A). Biomaterials that are commonly used in dispensing techniques should have the appropriate viscosity, high fidelity and formability to be dispensed [16,18,19]. The biomaterials also should have thermo-plasticity and thermo-stability if they are melted by heating to be dispensed [20,21].

Dispensing based 3D printing systems consist of temperature controller, dispenser and a three-axis ( $x$ -,  $y$ -, and  $z$ -axis Cartesian coordinate) motion stage. Three-axis motion stages either feature gentry or stacked according to the motion way, and these stage types determine the whole appearance of the system. The three-axis motion stage controls the position of the nozzle through which biomaterials are extruded, and it should have accuracy and repeatability of less than  $\pm 3 \mu\text{m}$  in all three axes to obtain sufficiently fine structures for applications to tissue/organ regeneration [22,23]. In addition, the systems with the multiple heads that controlled independently, have been used to facilitate independent control over the dispensing of multiple biomaterials [23,24].

The most common types of dispensing used with biomaterials are pneumatic and mechanical (piston or screw) dispensing systems [15,24,25]. Pneumatic dispensing systems have a simple drive-mechanism that uses air pressure to extrude the biomaterials through a nozzle [15]. This system also has the advantage of small quantities of discarded biomaterial remaining inside the syringe. However, it is relatively difficult to achieve accurate dispensing of very small and accurate quantities of biomaterials due to the residual air pressure following dispensing. Mechanical dispensing systems employ a piston or screw to dispense biomaterials, and can provide relatively accurate control over the dispensed volume, as well as enable the extrusion of highly viscous biomaterials. However, mechanical dispensing systems suffered from leakage of biomaterial through the clearance between the piston (or screw) and the syringe, especially with high-viscosity biomaterials [15,26].



**Figure 1.** 3D printing techniques to create 3D tissue/organ analogues. (A) dispensing, (B) inkjet, and (C) stereolithography technique. 3D: three-dimensional.

### Inkjet technique

Inkjet technique ejects bio-ink droplets from the inkjet-head nozzle so that it can achieve two-dimensional (2D) patterned arrays with a high spatial resolution (Fig. 1B). The volume of the droplet can be regulated to the single-cell level [27], which allows direct printing of cells with spatially well-organized patterns. In addition, the use of multiple inkjet-head in controllable arrays facilitates not only simultaneous printing of multiple bio-inks containing different cell types, but also the creation of the multi-tissue interface with spatial gradients in the cell composition [28]. 3D tissue/organ printing using inkjet technique includes various system setups according to the mechanism used to eject the bio-ink droplets such as thermal expansion, piezoelectric force, laser-induced forward transfer and pneumatic pressure [29-33].

Although this technique can achieve a spatial printing resolution up to 20–100  $\mu\text{m}$  [26,34], this can only use low-viscosity bio-inks because the material in the inkjet-head cartridge must be in liquid form to enable droplet formation. As a result, the inkjet-printed tissue/organ analogues typically have poor mechanical properties cannot maintain their initial shape or withstand external stress after implantation [14]. Furthermore, long printing times caused by the small volume of droplets is another drawback with these techniques.

### Stereolithography technique

SLA is the oldest 3D printing technique, and was developed in the 1980s. In general, it exhibits superior performance with higher spatial resolution and accuracy than other 3D printing techniques [35]. SLA uses an optic source, such as an ultraviolet (UV), together with a liquid photopolymer (known as a photo-curable resin) containing a light-activated initiator (photo-initiator), monomers and other additives. This technique creates 2D patterned layers with a well-defined thickness by the irradiation of a controlled light source to induce selective photo-polymerization, resulting in spatial solidification of a liquid photopolymer (Fig. 1C). A 3D structure is then built by stacking up solidified 2D patterned layers through a layer-by-layer process. This technique includes various system setups according to their building orientations; bottom-up and top-down setups, and approaches for 2D patterned layer solidification; beam scanning, image projection, and two-photon based setups. Among these setups, image projection based setups show significant decrease in the printing time, and two-photon based setups have superior accuracy and resolution compared with other system setups.

In the field of tissue engineering and regenerative medicine, micro-stereolithography and nano-stereolithography have been developed from SLA using specific optical systems to realize

micro- and nano- scaled architectures, and have been applied to direct or indirect 3D printing of tissue engineering matrices without incorporating living cells [1,3-6,36]. The 3D tissue/organ printing based on SLA has also been enabled by the development of water-soluble photopolymers that are compatible with living cells, as well as visible light which does not damage to the cellular DNA [37-39]. However, SLA remains less well developed than inkjet and dispensing techniques and the printed analogues using SLA are so far only a few layers thick.

## BIO-INKS FOR 3D TISSUE/ORGAN PRINTING

Living cells and biomolecules are encapsulated in printable biomaterials to print 3D tissue/organ analogues. This mixture is termed a 'bio-ink' [40]. In particular, hydrogels are widely used as printable biomaterials to form 3D tissue/organ analogues. This is because the composition and structure of hydrogels are similar to those of the native tissue micro-environment [41]. The most important role of bio-inks is to protect cells from the external environment during the printing process, and so they must be biocompatible [42]. Furthermore, the bio-ink enhances cellular functions, including proliferation, differentiation and maturation, by providing a tissue-mimicking micro-environment [15,43]. The rheological properties are relevant to the printability of bio-ink [44]. In particular, the viscosity should be carefully controlled to ensure viability of the cells and to provide the correct yield stress of the bio-ink, which is related to the shape fidelity of the printed analogues [45,46]. Following the printing of 3D analogues using bio-inks, they are then stabilized using thermal, ionic or chemical, or a combination of crosslinking methods [38,47].

Alginates are derived from algae, and consist of two repeating monosaccharides (i.e., L-guluronic and D-mannuronic acids) [48]. This materials form a hydrogel with multivalent cations, such as  $\text{Ca}^{2+}$ ,  $\text{Ba}^{2+}$ , and  $\text{Fe}^{3+}$  [49]. Such biomaterials have been widely used for cartilage regeneration because the natural phenotype of chondrocytes can be maintained, which allows the de-differentiated cells that have been cultured in 2D culture plates to re-differentiate [50,51]. Moreover, they can be modified chemically for a variety of specific tissue engineering applications [52-54]. The most important characteristic of alginate as a bio-ink is that it can facilitate rapid gelation (within 1 s), which provides stability to the printed analogues [55]. These properties of alginates have motivated the development of alginate-based bio-inks, for applications in 3D-printed tissue/organ analogues.

Collagen is the most abundant protein in tissues, and has been widely used in biomedical applications [56]. The main

advantage of collagen in 3D printing of tissues is that it facilitates simple crosslinking via self-assembly in physiological conditions, and provides cellular recognition sites to promote cell adhesion and proliferation during and after the printing process [41,57].

Gelatin is a denatured protein by processing of the collagen. Gelatin is commonly used as gelling agent in foods, pharmaceuticals and cosmetic manufacturing [58]. There are abundant proteins in gelatin, including fibronectin, vimentin, vitronectin and RGD peptides, which are known for enhancing cell attachment [59]. The gelation property of gelatin can be simply modified by chemically conjugating methacrylate groups; therefore, it is popular in 3D tissue/organ printing applications. This chemically modified (methacrylated) gelatin forms a gel by UV light-mediated crosslinking [60]. Recently, many researchers have mixed various biocompatible materials for enhancing functionality of the gelatin [61-63]. For example, a mixture of methacrylated gelatin and poly(ethylene-glycol) is used as a tunable and cyto-compatible bio-ink with improved printability [61].

Fibrin can be formed by a mixture of fibrinogen and thrombin and degraded in the body by hydrolytic or enzymatic processes [64]. Fibrin plays important role in wound healing process and is widely used as surgical glue [65]. In tissue engineering field, fibrin is commonly used material for delivery of cells and drugs [66,67]. In addition, it can be applied for modifying chemical properties by conjugating to the other scaffold [68]. The major advantage of using fibrin as a bio-ink is that it can be applied for printing various types of cells without any safety issue. In particular, the freeform reversible embedding of suspended hydrogel method has been recently developed for printing soft, but complex shaped structures using fibrin bio-ink. Hinton et al. [69] printed fibrin construct into the fibrinogen-based medium and then the printed fibrin structure were removed from the bath material by incubation at 37°C after 1 hour printing process.

Hyaluronic acid (HA), which is a widely used anionic polysaccharide material in clinic, has been also applied as a printable bio-ink [70]. HA is an abundant ECM in cartilage tissues and has been used for the treatment of damaged joints or the arthritis [71]. To form a gel, HA commonly modified with photo-crosslinkable methacrylate groups which can be cross-linked by free radical polymerization when exposed to UV light [72].

Recent advances in dECM highlight the requirement for a biomaterial that can provide tissue-specific micro-environment [73,74]. It is well known that proteins in the ECM, such as collagens, proteoglycans and glycoproteins, can provide strength and space-filling functionality, bind to and release growth factors, regulate protein complexes, promote cell adhesion and

participate in cellular signaling [15]. Recent advances in methods for tissue or organ decellularization have potential to provide an intact ECM, and various applications have demonstrated enhanced tissue regeneration, as well as the potential for using dECM as a cell-delivery platform in cell therapy [75]. In particular, it has been reported that dECM can be processed into an injectable hydrogel at physiological temperatures for injection *in vivo* [76], and printable tissue-specific dECM bio-ink has recently been developed, which has enabled further advances in 3D printing of tissues and organs [16,17].

## APPLICATIONS

### 3D tissue/organ printing for tissue regeneration

3D printing based on extrusion technique has been widely applied with the aim of creating tissue/organ analogues for tissue regeneration. Shim et al. [57] initially proposed a hybrid type 3D structure consisting of a synthetic polymer and a natural hydrogel as a rational model of 3D tissue/organ analogue. They printed a blended poly  $\epsilon$ -caprolactone (PCL) and poly (lactic-coglycolic acid) (PLGA) framework, and intentionally infused bio-inks, such as atelocollagen, HA and gelatin, into every second canal between the lines of a framework (Fig. 2A). In this manner, they could create a fully interconnected porous tissue/organ analogue that can avoid the depth limitations of mass transportation in the bio-ink region. In particular, cells in a printed analogue with atelocollagen bio-ink achieved a viability of up to  $94.8 \pm 2.4\%$  at day 10.

Shim et al. [24] then have developed a novel 3D tissue/organ printing system based on a dispensing technique, named the multi-head tissue/organ building system (MtoBS), which they used to create mechanically enhanced 3D tissue/organ analogues. The MtoBS uses six dispensing heads, which can be individually controlled. Of the six heads, two heads were connected to a heating system to melt thermoplastic polymers, such as PCL and PLGA, and the molten polymers were extruded by pneumatic pressure. The remnant four heads excluded a heating system to prevent bio-ink damage by temperatures greater than 37°C, and can extrude bio-inks containing living cells and/or biochemical factors. Control over the volume of bio-inks was achieved to within  $\pm 1 \mu\text{L}$  using a plunger system.

They investigated the effects of various experimental conditions, including the nozzle size, pneumatic pressure and feed rate, on the line width, position and volume of both PCL and alginate bio-inks, and demonstrated 3D printing of heterogeneous tissue/organ analogue by printing 3D acellular osteochondral-shaped structure consisting of distinctive bone and cartilage regions using the MtoBS (Fig. 2B). In addition, an osteochondral analogue consisting of a PCL framework and two kinds of

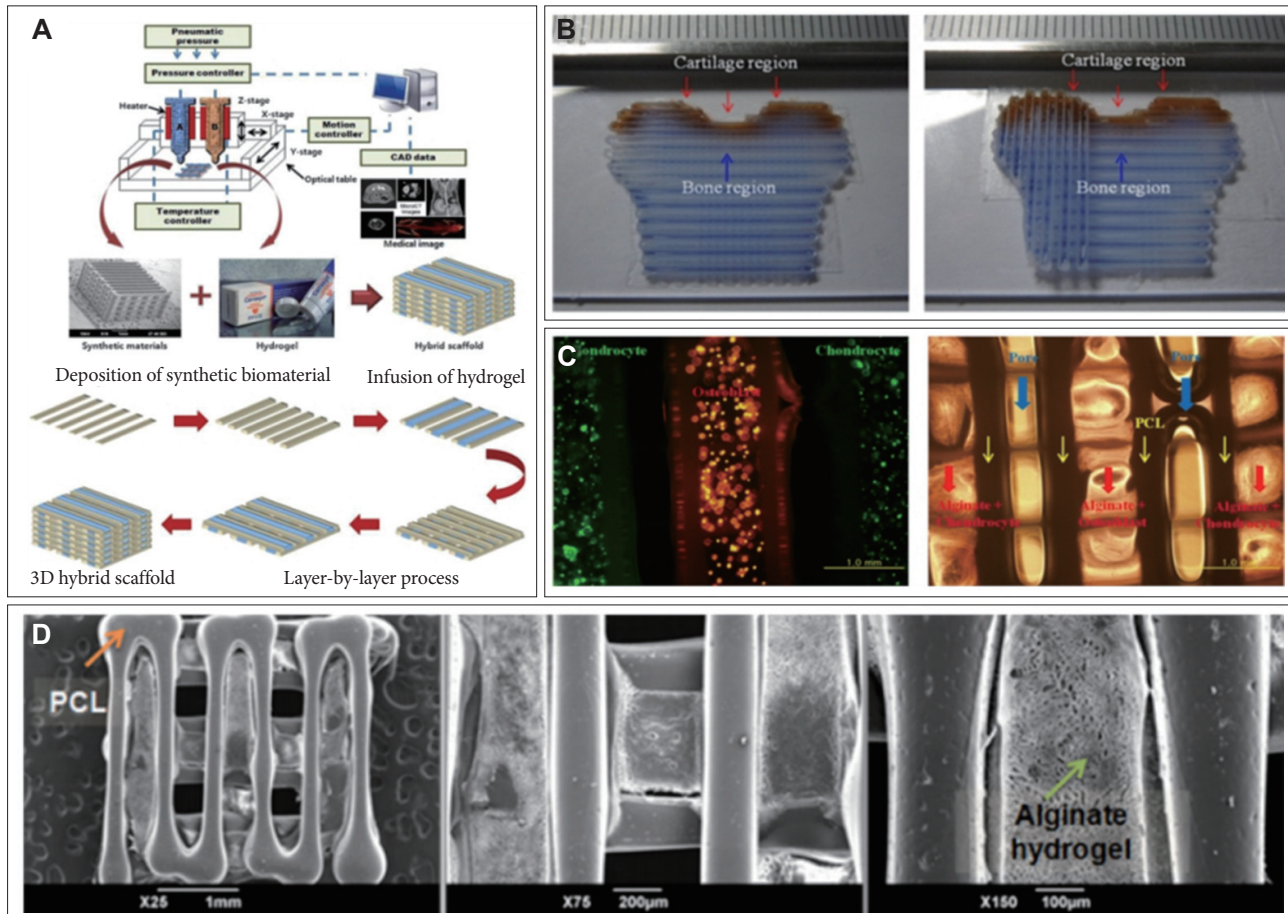
alginate bio-inks (containing chondrocytes and osteoblasts, respectively) was successfully printed using the MtoBS with the high viabilities of cells (Fig. 2C).

Kundu et al. [77] also applied 3D tissue/organ printing technology to create a 3D analogue for cartilage tissue engineering. They used a printing process whereby alginate bio-inks containing chondrocytes and transforming growth factor- $\beta$  (TGF- $\beta$ ) were dispensed without any adverse effect on the cell viability. They then successfully printed a fully interconnected 3D analogue composed of PCL and alginate bio-ink containing chondrocytes and TGF- $\beta$  (Fig. 2D). The printed 3D analogues were implanted in the dorsal subcutaneous site of female nude mice for 4 weeks, and provided not only mechanical stability, but also significantly formed cartilaginous ECM by chondrocytes.

Lee et al. [78] demonstrated excellent performance in developed 3D tissue/organ printing technology that uses multiple

printing heads to realize accurate anatomical composition of heterogeneous tissue. They developed a printing technique that uses a biocompatible sacrificial layer to allow the creation of complex shaped 3D tissue/organ analogues (Fig. 3A), and printed the geometrically and anatomically identifiable ear tissue analogue composed of cartilage and adipose tissue regions (Fig. 3B). The chondrocytes and adipocytes were encapsulated separately into alginate bio-inks, and these two bio-inks were directly localized at the physiologically relevant sites within the ear-shaped PCL framework. Interestingly, the printed analogue effectively exhibited cartilage and adipose tissue formation in different regions of the single structure, which was achieved by spatial control over the printing chondrocytes and adipocytes.

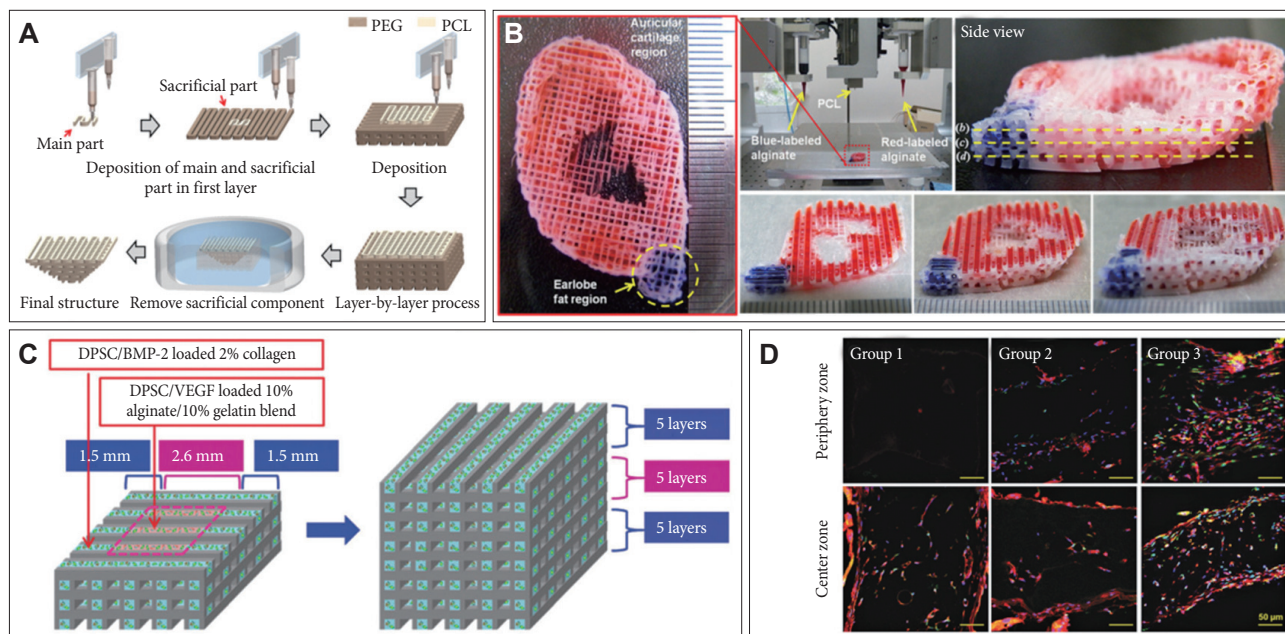
Park et al. [79] developed a pre-vascularized 3D tissue/organ analogue as a strategy to overcome the size limitation of tissue implants. They confirmed formation of hypoxic area in a



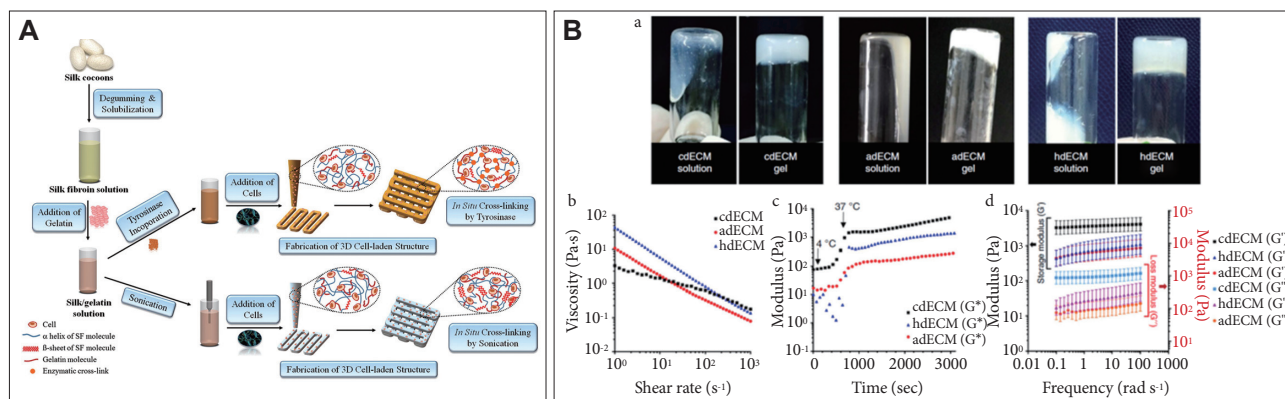
**Figure 2.** (A) The schematic diagram of the hybrid 3D structure as a model of 3D tissue/organ analogue and its printing process [57]. (B) A conceptual 3D osteochondral structure printed using PCL and two different alginates (cartilage and bone regions are filled with red stained alginate and blue strained alginate, respectively) [24]. (C) Images of dispensed chondrocytes and osteoblasts encapsulated in the alginate bio-inks [24]. (D) A fully interconnected 3D analogue composed of PCL and an alginate bio-ink containing chondrocytes and TGF- $\beta$ , shown at magnifications of  $\times 25$ ,  $\times 75$ , and  $\times 150$  [77]. 3D: three-dimensional, PCL: poly  $\epsilon$ -caprolactone, TGF- $\beta$ : transforming growth factor- $\beta$ . Adapted from Shim et al. *Biofabrication* 2011;3:034102, with permission of IOP Publishing [57]. Adapted from Shim et al. *J Micromech Microeng* 2012;22:085014, with permission of IOP Publishing [24]. Adapted from Kundu et al. *J Tissue Eng Regen Med* 2015;9:1286-1297, with permission of Wiley [77].

large-volume structure by evaluating the cell survival rate, and they printed large-volume 3D bone analogue using two kinds of bio-inks; an alginate/gelatin mixture bio-ink containing mesenchymal dental pulp-derived stem cells (DPSCs) and vascular endothelial growth factor (VEGF), and a collagen bio-ink containing DPSCs and bone morphogenetic protein 2 (BMP-2) (Fig. 3C). An alginate/gelatin mixture bio-ink containing DPSCs and VEGF was used in the central zone, which formed the

hypoxic area, so that VEGF could be released rapidly due to the rapid swelling of gelatin at physiological temperatures. In this manner, neo-vascularization was accelerated in the central zone following printing (Fig. 3D). A collagen bio-ink containing DPSCs and BMP-2 was used in the peripheral zone, except the central zone, to promote the formation of bone tissue. This strategy achieved sufficient blood vessel formation by early vasculogenesis, and thereby enhanced bone formation even in the



**Figure 3.** (A) schematic diagram of a 3D printing technique using a biocompatible sacrificial layer [78]. (B) An acellular ear tissue analogue composed of the cartilage and adipose tissue regions [78]. (C) 3D bone analogue using two kinds of bio-inks; a 10% alginate/10% gelatin mixture bio-ink containing DPSCs and VEGF, and a 2% collagen bio-ink containing DPSCs and BMP-2 [79]. (D) Vessel formation in a bone tissue analogue, showing positive staining with BSI-Lectin, VE-cadherin, and DAPI at the center (top) and periphery (bottom) zone of the printed structure [79]. 3D: three-dimensional, DPSCs: dental pulp-derived stem cells, VEGF: vascular endothelial growth factor, BMP-2: bone morphogenetic protein 2, PCL: poly  $\epsilon$ -caprolactone. Adapted from Lee et al. *Biofabrication* 2014;6:024103, with permission of IOP Publishing [78]. Adapted from Park et al. *J Mater Chem B* 2015;3:5415-5425, with permission of RSC publishing [79].



**Figure 4.** (A) Schematic diagram of the 3D tissue/organ printing using *in situ* cross-linkable SF-G bio-ink [80]. (B) The rheological behaviour of the decellularized extracellular matrix (dECM) bio-inks prepared from cartilage dECM (cdECM), heart dECM (hdECM) and adipose dECM (adECM) [16].  $G^*$ : complex modulus,  $G'$ : storage modulus,  $G''$ : loss modulus, 3D: three-dimensional, SF-G: silk fibroin-gelatin. Adapted from Das et al. *Acta Biomater* 2015;11:233-246, with permission of Elsevier [80]. Adapted from Pati et al. *Nat Commun* 2014;5:3935, with permission of Springer Nature [16].

core of the large-volume structure.

Meanwhile, recent developments in printable and functional bio-inks also have enabled improved capability of 3D tissue/organ printing technology. Das et al. [80] developed a directly printable bio-ink of SF-G, which can be cross-linked using physical means (i.e., conformational change of silk fibroin) as well as chemical means (i.e., the use of tyrosinases) (Fig. 4A). They investigated the optimal ratio of silk fibroin to gelatin for printing, and confirmed that the printed 3D structure using SF-G bio-inks containing human nasal inferior turbinate tissue-derived mesenchymal stromal cells exhibited superior cell viability and better multi-lineage differentiation than the alginate bio-ink that is a widely used for cell encapsulation and printing.

Pati et al. [16] recently developed tissue-specific dECM bio-inks based on cardiac, cartilage and adipose tissues. They prepared dECM-based printable pre-gel solutions by modifying the rheological properties. The processing temperature was below 15°C to facilitate printing, and gelation of the printed dECM construct occurred at temperatures above 37°C (Fig. 4B). They successfully printed 3D tissue/organ analogues using tissue-specific dECM bio-inks, and demonstrated the important feature that 3D tissue/organ analogues based on dECM bio-ink can induce superior differentiation of the encapsulated stem cells toward lineages (identical to that of tissue-specific dECM) compared with collagen and alginate bio-inks.

### ***In vitro* model**

In recent years, there has been growing interest in the prospect of 3D tissue/organ printing for the development of *in vitro* tissue models for use in the screening of therapeutic compounds [81,82]. Carrying out fundamental investigations using 3D-printed tissues or organs instead of humans can provide more effective modes of prevention and therapeutic intervention [83]. Human-like animals have been developed, including transgenic mice with specific gene alterations; however, the results to date showed that the underlying metabolism differs significantly between these animals and humans [84]. Therefore, alternative models of human disease are urgently necessary.

Some researchers have developed alternative *in vitro* models using cells and biomaterials to mimic the tissue micro-environment [85]. These *in vitro* tissue models can be categorized into 2D and 3D models. The 3D *in vitro* tissue models provide better results compared to 2D cell culture and animal models because of the complex 3D structure, which enables a more accurate biophysical and biochemical micro-environment with respect to human tissues [86]. The most commonly used technique to create 3D *in vitro* tissue models is to encapsulate the cells in hydrogels, and cross-link them into the desired geometry [87-89]. The encapsulated cells are then polarized in the hydrogel,

and exert forces on each other. Such models can reproduce spreading of cells in a matrix or clustering of cells in self-assembling cellular architectures known as organoids [90].

In particular, 3D tissue/organ printing technology can provide physiologically relevant 3D constructs by patterning cells, drugs or biochemical factors incorporated in bio-inks in a similar micro-environment to the body [16,91]. Printed organoids have been reported, and the 3D bio-printing company Organovo Holdings Inc. (San Diego, CA, USA) has begun to manufacture 3D-printed liver tissue models to screen drugs for investigating liver toxicity [92]. These biological features of printed *in vitro* tissue models have potential for the study of diseases as well as in investigations of the development of drugs and vaccines.

## **FUTURE PERSPECTIVES**

Although research into 3D tissue/organ printing is at an early stage, remarkable potential has already been demonstrated by creating several 3D tissue-like structures that exhibit competent functionality. However, many technical challenges remain. In particular, 3D tissue/organ printing requires increased spatial resolution, faster printing speeds and better compatibility of relevant biomaterials.

Existing printing techniques have a limited range of biomaterials. In particular, the 3D printing approaches that can achieve high resolution, such as inkjet techniques, can only use bio-inks with a low viscosity, and it limits the mechanical strength of printed analogues, which cannot maintain their own shape and withstand external stress following implantation [14]. Reinforcement of 3D tissue/organ analogues using high-strength synthetic polymer is one strategy to improve the mechanical strength of 3D tissue/organ analogues; however, this is of limited value for soft tissue regeneration due to the mismatch of mechanical properties.

Current layer-by-layer process for 3D printing typically require long printing times, which scale with the number of biomaterials used. The 3D tissue/organ analogues cannot maintain cell viability during a prolonged printing process, and this imposes a limit on the scale and complexity of the printed analogues. Therefore, the printing speed must be increased to achieve high cell viabilities with large and complex structure. This limitation can be addressed by optimizing the printing paths of each printing component with minimal movement, as well as by developing new printing strategies that differ from layer-by-layer process. In addition, integration of different printing techniques for different biomaterials in a single printing system is a strategy that can improve the compatibility and flexibility of the relevant biomaterials in 3D tissue/organ printing process.

## CONCLUSIONS

A major milestone in the field of tissue engineering and regenerative medicine is the development of effective 3D tissue/organ printing technology. There remain, however, a number of significant challenges for 3D tissue/organ printing, and further advance in the 3D printing techniques, as well as in the printable bio-ink materials, are required to realize the potentials of 3D tissue/organ printing.

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## Conflicts of Interest

The authors have no financial conflicts of interest.

## Ethical Statement

There are no animal experiments carried out for this article.

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