#### **ORIGINAL PAPER**



# **Monitoring of volatile organic compounds in diferent schools: a determinant of the indoor air quality**

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#### **Abstract**

Children are more vulnerable to indoor pollutants as they spend most of their time at homes or in schools. The exposure to organic air pollutants in these microenvironments can have an adverse impact on their health and performance. Exposure to the volatile organic pollutants in nine schools located in diferent areas of Kuwait was investigated. The schools which ofer formal education to diferent age-groups were selected for this study, and these schools were located in diferent urban areas characterized as industrial, vehicular, and residential. Samples were taken from schools for 8 and 24 h during weekdays and weekends. All VOCs were collected by canister passive sampling and analyzed using an Entech pre-concentrator and gas chromatography/fame ionization detector. Seventy-two VOCs were investigated and classifed into four groups: aliphatics, aromatics, oxygenated, and halogenated. The concentration of VOCs indoors and outdoors was determined, and the indoorto-outdoor (I/O) ratio was calculated. This I/O ratio was used as to assess the indoor air quality of the schools monitored. In general, the oxygenated group concentration was higher indoors than outdoors. The variation in the concentration of VOCs was infuenced by the characteristics of the area sampled. Some schools were found to have a high indoor contribution, while others had a prevalent outdoor contribution.

**Keywords** Air sample · Air quality · I/O ratio · Schools · VOCs

# **Introduction**

In this modern world, high importance has been placed on the quality of life, food, air, and water. People spend most of their time indoors in a range of microenvironments such as workplaces, homes, restaurants, and schools Thus, at all these places, indoor air quality (IAQ) is an important determinant in terms of human health. In schools, students from diferent age-groups can be critically afected by exposure to various air pollutants. The time spent at school can have a direct impact on health and performance. The extent of exposure to organic air pollutants is strongly dependant on the activities and the emissions that takes place in these indoor spaces. However, there is a strong infuence

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 $\boxtimes$  M. F. Yassin mfyassin@kisr.edu.kw of outdoor air pollutants toward the quality of air indoors (Ohura et al. [2006](#page-11-0)). Exposure to volatile organic compounds (VOCs) is of critical concern as many of these compounds are either carcinogenic or can have adverse health efects on humans. VOCs are categorized as hazardous air pollutants (HAPs) under Title I, Part A, Section 112 (CAA 1991) (Sexton et al. [2004](#page-11-1)). Schools have been a topic of interest for the investigation of VOC emissions and its human health impact in many studies (Lee et al.[,2006](#page-11-2); Godwin and Batterman [2007](#page-11-3); Agostinho et al. [2012;](#page-10-0) Staford [2015](#page-11-4)). Apart from schools, homes and workplaces have also been evaluated in several studies to examine indoor, outdoor, and personal exposure to VOCs. (Pekey and Arslanbaş [2008](#page-11-5)). Many studies have explored indoor to outdoor correlations (de Gennaro et al. [2013](#page-10-1)) on the personal exposure to these organic pollutants; some of these studies have shown a direct indoor infuence (Geiss et al. [2011](#page-10-2)), while others found an outdoor air correlation (Pekey and Arslanbaş [2008\)](#page-11-5). In the outdoor environment, industrial and vehicular emissions are considered as major sources of VOCs, while in the indoor environment, building material emissions, paints, perfumes, and fragrances are typical (Guo et al. [2003\)](#page-11-6). The most common



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method of sampling these VOCs is passive sampling and it is as precise as active sampling. The present study aims to characterize the indoor air quality of diferent schools located in diferent areas of Kuwait. The indoor and outdoor measurements of VOC concentration were carried out and assessed. The indoor-to- outdoor ratio (I/O) was calculated and used as a determinant to assess the IAQ of the schools monitored. The studied VOCs were categorized into four classes depending on their nature.

# **Materials and methods**

The monitoring study was conducted in nine different mechanically ventilated schools. The schools were selected from diferent provinces of the country located in the prime areas characterized by industries, alarming traffic, and population. Simultaneous measurements of indoor and outdoor VOCs were conducted. The selection of the schools was based on the age-group of the students. The idea was to monitor the VOC concentration at these schools and their health impact on the diferent educational stages. The classrooms were occupied during the weekdays from 7.00 to 14.00. Samples were also taken from the classrooms during weekends. Canisters were deployed in the schools allowing sampling for a stipulated time frame of either 8 or 24 h. This sampling schedule assured a generalized pattern in the sample collection as well as efective interpretation and precise quantifcation of the pollutant concentrations. Further, the sampling pattern covered a weekday and weekend, which enabled the comparison of concentrations on those days. The whole air samples were analyzed for 72 VOCs, which were grouped under four separate chemical classes as nine aliphatic hydrocarbons (HCs), eight aromatic hydrocarbons (AHCs) 29 halogenated hydrocarbons (HHCs), and

<span id="page-1-0"></span>**Table 1** Characteristics of the area monitored and the selected school

Monitored site	Educational stage/school area code	Site description
Area 1 Industrial	Elementary school—School 1A Middle school—School 1B High school—School 1C	All these schools were located in the Ali Sabah Area commonly regarded as an industrial zone. This area is mostly affected by the pollution from the point sources like eastern and western Al-Shuaiba industrial zones, Burgan oilfields, Umm Al-Haiman's water treatment station, heavy traffic on Fahad Bin Abdul-Aziz Highway and Fahaheel high- way. All the selected schools were located within 2 km peripheries apart
Area 2 Vehicular	Elementary school—School 2A Middle school—School 2B High school—School 2C	This area is one of most important residential areas of Kuwait. Al Farwaniya region is a suburb of Kuwait which homes the major percentage of population of entire Kuwait. Having the country's most congested stretches of highways and commercial complexes, this area is affected to traffic-related air pollution. The three schools selected from this area were located amidst this heavy traffic congested roads
Area 3 Residential	Elementary school—School 3A Middle school—School 3B High school—School 3C	The Abdullah Al Mubarak area is generally characterized as a residential area away from the main stream of traffic. It is in the Farwaniya governorate and was primarily known as West Jleeb This area is predominantly occupied by residential houses, common amenity centers like health centers, schools and cooperative department stores. The schools selected were located near the cooperative societies near to inner roads

26 oxygenated hydrocarbons (OHCs). The capabilities and limitations of the sampling and analytical methods were considered while interpreting the ambient air monitoring data. To judge and characterize the present study, a combination of the two EPA approved methods TO14 A and TO15 was used (USEPA [1999a,](#page-11-7) [b\)](#page-11-8).

# **Sampling sites**

The schools selected for this study and their site features are shown in Table [1.](#page-1-0) At each location, duplicate samples were collected from classroom indoors of three diferent schools. Similarly, to get the background concentration, outdoor samples were collected from the roof of the schools at each site. The scheduled sampling was conducted at a particular location, during the months of November and December 2015 when the schools were open. A map showing the site and the sampled schools are shown in Fig. [1.](#page-2-0)

# **Sampling and analytical procedures**

The sampling protocol used in this study was compliant with the USEPA sampling procedures (USEPA [1999b](#page-11-8)), and the whole air samples were collected in 6 L evacuated SILONITE™-coated polished stainless steel canisters. Pump-less canisters were employed for sampling. Prior to sampling, the passivated canisters were cleaned using a combination of nitrogen purge followed by evacuation with an optional 100 °C heating, which helped to facilitate the removal of surface-bound contaminants. Canisters were subjected to several such cycles of purge/evacuation and heating in accordance with USEPA TO14A (USEPA [1999a](#page-11-7)) using Entech instrument model 3100 Smart Lab Canister Cleaning System. The prepared canisters were deployed at the monitoring stations, and samples were collected over the specifed





<span id="page-2-0"></span>**Fig. 1** Location of schools monitored within diferent areas of Kuwait

averaging period. Entech instrument model CS 1200 highpurity flow regulator precisely controlled the sampling flow rate and flled the canisters at a constant rate without requiring power. The air samples collected in the canisters were analyzed for seventy-two volatile organic compounds using gas chromatography (GC) equipped with fame ionization detector (FID). The air samples from the canister were concentrated to get using a three-stage cryogenic concentrator 7100A from Entech Inc. and were analyzed with Agilent instrument model 7890A GC/FID analyzer. The samples were cryogenically trapped at  $-150$  °C and desorbed to 180 °C which were then focused at −150 °C in the focusing trap before transferring for GC/FID analysis. The VOC components eluting from the GC column were further detected by the FID. The chemical ionization of the organic components in the FID fame produced electrical signals that were subsequently interpreted using Agilent Chem. Station software. For the quantitative determination of the samples, the instrument was initially calibrated using a NIST (National

Institute of Standards and Technology) traceable external standard of seventy-two components in 50 ppbv concentration (Air Environmental Inc.). The accuracy of the sampling, adequacy of the methodology and analysis were ensured by analyzing duplicates samples from the same location and checking the repeatability.

## **Results and discussion**

The variation in the mean value of the total VOCs measured at diferent schools located in diferent areas of the country is shown in Table [2](#page-3-0). A notable variation in the indoor and the outdoor concentrations of the VOCs was noticed in the monitored schools, depending on their location. The samples collected from the classroom interiors had the highest average VOC concentration compared to the outdoor samples indicating the activities taking place inside the classroom. However, the average concentration of the studied VOCs at





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**Table 2** VOC concentration (ppbv) at each school in diferent areas

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**Table 2** (continued)



<span id="page-6-0"></span>**Table 3** I/O ratios of VOCs at each school

The letter X indicates those compounds for which I/O ratio was not calculated



<span id="page-7-0"></span>**Fig. 2 a** Indoor against outdoor concentration of aliphatic hydrocarbons during weekday sampling in all schools with fve diferent I/O ranges. **b** Indoor against outdoor concentration of aliphatic hydrocarbons during weekend sampling in all schools with fve diferent I/O ranges



<span id="page-7-1"></span>**Fig. 3 a** Indoor against outdoor concentration of aromatic hydrocarbons during weekday sampling in all schools with fve diferent I/O ranges. **b** Indoor against outdoor concentration of aromatic hydrocarbons during weekend sampling in all schools with fve diferent I/O ranges

certain schools showed higher values in weekend samples compared to weekday samples. Among the 72 VOC compounds measured certain potentially, health risk compounds were selected to study the indoor air quality. The selection of the compounds was based on the background information available on their toxicity. Moreover, the compounds which are primarily present indoors, or emitted from building materials were also assessed.

At each school, the variation in the component concentration was found to be diferent, which refected the characteristics of that site. In all areas, the oxygenated group concentration was higher in the indoor compared to the outdoor samples. The total VOC concentration in the samples collected was higher during the weekend than that of the weekday from Area 1 and Area 3. The main components that showed a signifcant increase in their concentration



from these areas were the aliphatic and the halogenated groups. However, in Area 2, the weekday concentration was higher compared to the weekend concentration of the total VOCs measured. The oxygenated components and the aromatic groups were predominant in the schools sampled from this area. Meanwhile, the aliphatic and the halogenated concentration showed an increase during the weekend, which could possibly be due to the infltration from outdoor sources. Another reason could be the possibility of low ventilation rate during weekends which was not efective to emit these VOC to the outdoors. The total concentration of the VOCs from the outdoor samples showed similar levels during the weekday as well as the weekend. The compounds that were prevalent at the sites sampled were propane, pentane, and cyclohexane from the aliphatic group and benzene toluene and the xylenes from the aromatic group. Among





<span id="page-8-0"></span>**Fig. 4 a** Indoor against outdoor concentration of halogenated hydrocarbons during weekday sampling in all schools with fve diferent I/O ranges. **b** Indoor against outdoor concentration of halogenated

the halogenated groups, 1,2-dichlorotetrafuoroethane and vinyl chloride were detected, while ketones like acetone, 2-pentanone, 4-methyl-2-pentanone, alcohols like ethanol, and 2-propanol were predominant among the oxygenated components.

From these results, it can be seen that there is an indirect infuence of the outdoor spheres to the concentration of VOCs in the indoor spaces. Apparently, these factors are further augmented by the activities involved in the environment leading to an increase in the concentration indoors. For a detailed study of this, an indoor (I)-to-outdoor (O) ratio was calculated for the components to see whether these compounds are in fltered from outdoor emission sources classroom indoors. It was considered that an indoor (I)-tooutdoor (O) ratio of  $1.0 \pm 0.5$  indicates the VOC is mainly emitted from an outdoor source, whereas a VOC with a high

hydrocarbons during weekend sampling in all schools with five different I/O ranges

ratio, usually  $> 5.0$ , is emitted primarily from indoor sources (Al-Khulaif et al. [2014\)](#page-10-3). From the I/O indicator values presented in Table [3](#page-6-0), it can be assumed that there has been a considerable infuence of the outdoor emission sources on the mean concentration of the VOC categories measured from the indoor environment. Specifcally, the increase in the concentration of the aliphatic, aromatic, and halogenated groups gives an indirect indication of the possibility of seeping of these compounds from outdoor to the indoor atmosphere, which could be further increased by the regular activities taking place indoors. The concentrations of diferent classes of VOCs monitored indoors against outdoors are plotted and shown in Figs. [2,](#page-7-0) [3](#page-7-1), [4](#page-8-0) and [5](#page-8-1)a, b with the component variation during weekdays and weekends.

From Fig. [2a](#page-7-0), b, it is evident that the concentration of the aliphatic hydrocarbons in the schools monitored is



<span id="page-8-1"></span>**Fig. 5 a** Indoor against outdoor concentration of oxygenated hydrocarbons during weekday sampling in all schools with fve diferent I/O ranges. **b** Indoor against outdoor concentration of oxygenated hydrocarbons during weekend sampling in all schools with fve diferent I/O ranges



infuenced by the concentration of these compounds outdoors and the concentration of these compounds are more in Area 1 which is characterized as an industrial area. The variation in the concentration of the aromatic hydrocarbons during the weekdays is more infuenced by the indoor activities in the region 2 as shown in Fig. [3](#page-7-1)a, b, while the schools in Areas 1 and 3 are strongly exposed to some indoor sources of these classes of compounds during the weekend. Furthermore, a strong outdoor intrusion of the halogenated group components to the indoor spaces is shown in Fig. [4](#page-8-0)a, b, while for the oxygenated class of compounds, indoor sources are more relevant than the outdoor sources on the days of sampling,

In Area 1 which was characterized as an industrial area, frequently occurring aliphatic hydrocarbons components were propane, pentane, and cyclohexane. The aromatic species benzene, which is considered to be a hazardous pollutant, was detected only at School 1A. However, the concentration benzene could not be quantifed appropriately. Toluene was detected in all the samples, although in low concentrations. Among the halogenated groups that appeared during the sampling were 1,2-dichlorotetrafuoroethane and vinyl chloride, and their concentrations were higher during the weekend compared to the weekday. Critical issues related to certain compounds were evident at some schools from the area they were sampled. In School 1A, the weekend concentration of the measured VOCs was very high compared to the weekday. Certain critically adverse compounds were detected from this school environment. The critical compounds encountered in this school were acetonitrile, cyclohexane, benzene, toluene, *m*-*p*-xylene, *o*-xylene/styrene, 1,3,5-trimethylbenzene, 1,2,3-trimethylbenzene, 1,2-dibromoethane, *m*-dichlorobenzene, 4-methyl-2-pentanone and ethanol. While the concentration of the ethanol component was negligibly small in the outdoors, a background concentration of vinyl chloride from outdoor emissions was evident from the results.

As for Area 2 which was considered as a heavy traffic congested area, the overall VOC concentration was higher during the weekday compared to the weekend in the indoor and outdoor samples. In the aliphatic group, the compounds that were prevalent on the days of the sampling were propane, pentane, and cyclohexane. The I/O ratio of these components with a value lesser than 1.5 indicates their signifcant sources are from outdoors which were further elevated due to the indoor activities. From the I/O ratio calculated, the components with high indoor predominance were aromatics as well as oxygenated groups. Benzene was not detected from the outdoor samples. However, xylenes were mostly found in indoor samples collected from which could be related to their indoor origin. The halogenated compounds which were considered to be from outdoor sources were 1,2-dichlorotetrafuoroethane (1,2-DCTFE), and vinyl



chloride. While the I/O of 1, 2-DCTFE was below 1, that of vinyl chloride was equal to 1, which indicates their prevalence from outdoor sources. These compounds that have a long persistence in the environment should possibly be considered for their predominance in the outdoor samples. Another group of compounds with important indoor origins was the oxygenated group, which includes compounds like acetaldehyde, nonanal, acetone, 2-pentanone, 4-methyl-2-pentanone, methanol, ethanol, and 2-propanol that are particularly used as solvents. The concentration of these compounds varied signifcantly in the indoor samples as well as outdoor samples. A higher I/O ratio suggests their presence from the indoor sources. Also, compounds like 2-pentanone, 4-methyl-2-pentanone, and 2-propanol were not detected from the outdoor samples. The concentration of ethanol in the elementary school reached nearly 1 ppm.

Unlike other areas sampled, in the residential area marked as Area 3, the mean VOC concentration was escalated during weekend compared to a weekday in the indoor as well as the outdoor samples. Also, the concentration was predominant at Schools 3C and 3A during weekends. The outdoor sample collected from this area showed a similar trend with the weekends being very high compared to the weekday results. It can be assumed that a change in the outdoor activities on the particular day of sampling could have afected the overall readings in that area. However, the result does not show an increase in concentration in the oxygenated group in the roof sample, indicating the source for this group is solely from the indoor activities. Unlike the other areas, the aliphatic and aromatic composition was measured higher in all the samples, either indoor or outdoor. The halogenated group composition was very high in this area with the outdoor sample having a higher concentration compared to the indoor samples. The signifcant components that were predominant in the indoor atmosphere were aromatic and the oxygenated groups as refected from their I/O ratio. However, the aliphatic and the halogenated groups have their I/O ratio roughly falling in the range that correlates to the outdoor predominance. Among the aliphatic compounds, propane, pentane, and cyclohexane were found to be higher with the propane concentration reaching almost 200 ppbv in the indoor samples. The aromatic class of compounds was not detected much in the weekday or weekend samples and was low below 7 ppbv. Compounds like benzene and toluene were detected in Schools 3A and 3B, respectively, during the working weekday. Toluene was found in all the samples during the weekend but with a low concentration. The halogenated compounds which showed their higher accumulation in the samples were 1,2-dichlorotetrafuoroethane (1,2-DCTFE), vinyl chloride, dichloromethane (DCM), and chloroform. Their I/O was between 0.5 and 1.5 specifying their occurrence outdoors. Additionally, DCM and chloroform were detected from this site alone. While DCM was detected on both at weekends and weekdays, chloroform was detected only during the weekend. The signifcant oxygenated compounds were acetaldehyde, butanal, nonanal, acetone, 4-methyl-2-pentanone, methanol, ethanol, 2-propanol, and methyl tertiary butyl ether (MTBE). While for the alcohols like methanol, ethanol, 2-propanol, the I/O ratio suggest an indoor source correlation, the aldehydes, and other compound concentrations varied signifcantly both indoor and outdoor.

While comparing the three areas under study and from the results discussed previously, it can be generalized that the variation in the concentration of the oxygenated compound was mostly related to indoor sources, whereas the aliphatic and the halogenated compounds were related to their outdoor origins. The change in the concentration of these compounds in the indoor atmospheres is due to the infltration of the outdoor atmosphere, which was further increased by the indoor day-to-day activities. The aliphatic and halogenated concentrations were higher at Area 1 in the weekday compared to other sites. The trace level of these compounds found in the Area 1 region indicates the saturation of the ambient air with these compounds. The Area 1 region being an industrial area is suspected to have these compounds in high levels, which is also refected in the results. Refnery emissions should include a certain amount of the light hydrocarbons (Gariazzo et al. [2005](#page-10-4)) as evident in the results. The halogenated hydrocarbons are widely used as solvents and they are the by-products of many industrial processes. They are persistent in the atmosphere as they are resistant to photochemical breakdown (Tiwari et al. [2010](#page-11-9)). The aromatic hydrocarbons were detected in very low levels and are mostly related to the indoor sources like the indoor environments by the use of consumer products such as tobacco smoke, deodorizers, air fresheners, liquid process photocopiers, solvents, carpet glue, paints, varnishes, gasoline emissions, and automobile exhaust (NYSDH [2013\)](#page-11-10). The high levels of the oxygenated compounds especially alcohols in the indoor environment might be due to the extensive use of perfumes, room deodorants, fragrances as well as other indoor activities. The oxygenated concentration was higher in the elementary school in Area 2 compared to other locations.

During the weekends, the variation in the concentration of the groups was almost similar to that of weekdays. However, the overall concentration was high in Area 3 region during the weekend. At Area 2, the weekend concentration was very low for the VOCs. However, at Area 1, an unusual trend was seen in the high school where the weekend concentration shot up compared to the other locations sampled at this site. The increase in concentration in Area 3 region during the weekend could be due to some outdoor incidents, which could have happened during the time of sampling. The roof samples also show a similar trend in the concentration at this site. The aliphatic and the halogenated concentrations in Area 1 region were almost the same showing a consistency in the concentration of these compounds at this site. The unusual trend was seen only at the high school in this area. In Area 2, the overall concentration lowered apparently due to low traffic and other activities during the weekend.

## **Conclusion**

The aim of this study was to evaluate the IAQ of the diferent schools located in diferent areas. This has yielded the identifcation and the quantifcation of the diferent pollutants in the diferent stages of formal education levels. The efect of outdoor air pollution on indoor air pollution was evaluated. The infuence of the outdoor sources to the indoor exposure has been determined by the I/O ratio. Although the human exposure in the indoor environment is mostly due to the indoor emission source, there are many factors of the area emissions that augmented the indoor personal exposures. Further studies are needed to examine the relationship between the concentration variation of the components with the mechanical ventilation rates that could afect the performance and the comfort level of the students. However, as the results from this study showed a considerable infuence of the outdoor emission sources toward the classroom interiors, it is suggested that the mechanical ventilation system should be well maintained with increased ventilation rates in order to avoid any health risks and thus to improve the performance of the occupants.

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