

Nosema ceranae disease of the honey bee (*Apis mellifera*)

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Abstract – The presence of honey bees in our landscapes has long invoked images of vitality, diligence, and cooperation. Unfortunately, the current state of bee health paints a rather different picture. The survival of honey bees, as well as the livelihoods of those who benefit from their labor, is under threat from several detractors to bee health. Exposure to pesticides, poor forage, mite parasites, and pathogens has resulted in high annual death of colonies in the USA, Europe, and other parts of the world. Among the suspects thought to contribute to bee decline, the fungal pathogen, *Nosema ceranae*, is found at high prevalence in both healthy and declining colonies. Since *N. ceranae* is thought to be a recent parasite of *Apis mellifera*, much remains unknown about its pathology at the individual and colony levels, as well as how infection may interact and synergize with other stressors. A review of research conducted on *N. ceranae* infection is provided. Attention is given to observations on detection of infection, cytopathology, viability and infectivity of spores, and caste-specific effects to survival, development, physiology, and behavior. Research findings showing effects from interactions with pesticides and viruses are also provided. Comparisons are drawn between *N. ceranae* and what is known about a similar, long-recognized pathogen of *A. mellifera*, *Nosema apis*. When possible, suggestions for future research that could broaden understanding of *N. ceranae* and ultimately improve honey bee health are offered to link observations on individual bee pathology with pathology observed at the colony level.

fungal pathogen / Microsporidia / nosemosis / social behavior

1. A NEW NOSEMA

In the aftermath of colony collapse disorder, surveillance efforts have recorded the presence of a “new *Nosema*” traditionally associated with the Asian honey bee, *Apis cerana*, in colonies of the European honey bee, *Apis mellifera*. The detection of this new *Nosema* sp., *Nosema ceranae*, as a natural infection of *A. mellifera* was first reported in Europe in 2006 (Higes et al. 2006). Since then, there have been regular reports on the incidence of *N. ceranae* in *A. mellifera* and other host species from many parts of the world, supporting a widespread distribution of this parasite (Klee et al. 2007; Chen et al. 2008). The widespread distribution of

N. ceranae has caused reason for concern for managed populations of *A. mellifera* and potentially other novel bee hosts. Because *A. mellifera* is considered to be a recent host, it raises questions as to the effects this pathogen has on host physiology, behavior, and longevity at the individual, as well as colony, level. The goal of this review is to highlight research findings that have contributed to our understanding of disease caused by *N. ceranae*. Additionally, this review is meant to further the discussion concerning the impact *N. ceranae* has mainly on *A. mellifera* and how it compares to nosemosis, the disease traditionally associated with *Nosema apis*, a similar pathogen long recognized to cause infection in *A. mellifera* (Zander 1909; for an excellent review of nosemosis and *N. apis*, the reader is referred to Fries 1993).

N. ceranae likely originated with *Apis cerana* as its primary host (Fries et al. 1996; Botías et al. 2012). However, archived samples suggest that *N. ceranae* had an expanded geographic and host

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range decades before first detection as natural infections of *A. mellifera* in Spain (Higes et al. 2006) and the USA (Cox-Foster et al. 2007; Huang et al. 2007). Two studies examining preserved specimens of honey bees by polymerase chain reaction (PCR) analysis place *N. ceranae* in the USA as early as 1975 (Traver and Fell 2015). Samples collected in Finland between 1986 and 2006 showed that samples from as early as 1998 were positive for *N. ceranae* (Paxton et al. 2007). Likewise, archived material revealed that samples from as early as 1993 from Italy (Ferroglia et al. 2013), 1994 from Canada (Currie et al. 2010), and 1995 from Mexico (Guerrero-Molina et al. 2016) were positive for *N. ceranae*. Moreover, one sample of *A. mellifera* from Uruguay collected prior to 1990 was positive for *N. ceranae* by PCR (Invernizzi et al. 2009). In addition, Africanized drones collected in Brazil in 1979 had presence of spores by microscopy and were positive for *N. ceranae* by PCR (Teixeira et al. 2013). Clark (1980) described a second microsporidian in bees from southeastern USA; however, it is unlikely to have been *N. ceranae* due to the presence of a single nucleus instead of the diplo-nucleus characteristic of spores in this species.

Although the timing of *N. ceranae*'s introduction as a pathogen of *A. mellifera* is uncertain, it may have coincided with the spread of the mite parasite, *Varroa destructor*. As the movement of *A. mellifera* colonies into and out of regions where *A. cerana* is endemic lead to the introduction of the *V. destructor* as a parasite of *A. mellifera*, the interactions of these bee species may also have permitted the simultaneous acquisition and spread of *N. ceranae*. One question that remains unanswered: if *N. ceranae* has been present in colonies of *A. mellifera* for several decades, why has it only recently been considered as a factor in the decline of *A. mellifera* and only in some regions?

2. DETECTION AND DIAGNOSIS

The first step in understanding the effects of *N. ceranae* is the ability to detect and diagnose this pathogen. Diagnosis of *Nosema* spp. infection can be determined by viewing and counting spores with a hemocytometer under magnification

(Cantwell 1970). *Nosema* spp. spores have a distinct size and ovoid morphology that sets them apart from other microbes in tissue homogenates prepared from honey bees. Coupled with sampling of specific cohorts, the method developed by Cantwell (1970) can provide information on the proportion infected against a specific parameter (e.g., proportion of infected foragers). Although visualizing *Nosema* spp. spores under a microscope is relatively straightforward, and some skilled technicians may be able to discern between spores of *N. apis* and *N. ceranae* by eye, positive identification to species is complicated by the fact that both species cause single or mixed infections in *A. cerana* and *A. mellifera* (Chen et al. 2009; Forsgren and Fries 2010; Milbrath et al. 2015). Evidence suggests that infections with *N. ceranae* are now more prevalent in some regions where *N. apis* had historically been the only species present (Klee et al. 2007; Martín-Hernández et al. 2012; Emsen et al. 2016); therefore, failure to diagnose a mixed infection is likely if the infection is skewed heavily toward one species. Mixed infections that are skewed in favor of a single species point to the need for a reliable detection method specific to the level of species. Progress has been made using fluorescent dyes incorporated with microscopic techniques. For example, the fluorescent brightener, calcofluor white, has been shown to bind to chitin in the cell wall of mature *N. ceranae* spores (Snow 2016). Since immature spores lack chitin, this method is useful for localization studies of mature spores within cells, but it cannot differentiate between species (Snow 2016). Other detection markers, such as labeled antibodies (Aronstein et al. 2013), are needed to discern species and life stages. Species-specific antibodies could be applied toward the development of field assays permitting rapid diagnosis.

Alternatively, PCR amplification of genes encoding ribosomal RNA (rRNA) that are highly conserved within a species but variable between species has the potential to increase specificity and sensitivity of detection and quantification (Chen et al. 2009; Carletto et al. 2013; but see Ptaszyńska et al. 2014 on loop-mediated isothermal amplification). One study compared the specificity and sensitivity of microscopy to real-time

PCR and showed that the former failed to identify *N. ceranae* spores in 50% of samples that tested positive by PCR (Traver and Fell 2011a). This finding may demonstrate a disparity between species in the production of spores, where *N. ceranae* may not be as prolific as *N. apis* (Martín-Hernández et al. 2009; Mulholland et al. 2012). It could also point to the considerable variability observed in sequences of rRNA genes from isolates of *N. ceranae* (Sagastume et al. 2011). Heterogeneity among *N. ceranae* isolates could result in the failure of probes to amplify a specific target. Higes et al. (2013a) speculate as to the origin of the uncharacteristic heterogeneity observed for *N. ceranae* rRNA genes and suggest the need for alternative markers for taxonomic characterization. The availability of fully sequenced genomes for *N. apis* (Chen et al. 2013) and *N. ceranae* (Cornman et al. 2009) coupled with the sequencing of PCR products could help resolve issues in properly discerning species, as well as haplotypes within species (e.g., *N. ceranae*).

3. ACQUISITION OF SPORES AND TISSUE TROPISM

Vegetative forms and immature spores of *N. apis* and *N. ceranae* have only been observed in midgut epithelial cells (Higes et al. 2007; García-Palencia et al. 2010). However, *N. apis* and *N. ceranae* have been detected by PCR in hypopharyngeal glands, salivary glands, fat body, and Malpighian tubules, but not brain or muscle (Chen et al. 2009; Gisder et al. 2010; Copley and Jabaji 2012; Huang and Solter 2013). Outside the gut, environmental spores of *N. apis* and *N. ceranae* have been observed on the mouthparts of workers and in semen from drones, pointing to possible mechanisms of horizontal transmission via trophallaxis (Smith 2012; Huang and Solter 2013) and vertical transmission via sexual contact (Peng et al. 2015; Roberts et al. 2015), respectively. Although late larval and pupal mortality caused by *N. apis* was observed in the Cape honey bee (Buys 1972), additional evidence is lacking as to whether the egg, larva, or pupa are susceptible to infection under natural conditions. In contrast to some species of *Nosema* (Raina et al. 1995; Terry

et al. 1997), there is no evidence of transovarial transmission from an infected queen to her eggs (Roberts et al. 2015). The lack of vertical transmission may result from tissue tropism restricting the pathogen to infection within midgut epithelial cells or from immune defenses in semen (Peng et al. 2016, see below).

N. apis spores have been observed in the hemolymph of larvae (Gilliam and Shimanuki 1967), and drone pupae have tested positive by PCR for *N. ceranae* (Traver and Fell 2011b). *N. ceranae* has also been detected by PCR in royal jelly (Cox-Foster et al. 2007). Positive detection of spores or DNA in royal jelly supports the likelihood that immatures are exposed through brood food. Although one study was unsuccessful at infecting larvae with *N. apis* (Hassanein 1953), a more recent study showed the presence of developing spores within the midgut of prepupae provisioned with *N. ceranae* spores as 3-day-old larvae (Eiri et al. 2015). Moreover, Eiri et al. (2015) showed that infection as a larva can have a negative effect on adult longevity. Surveillance for infection in immatures is not typically performed; however, studies conducted in the field where larvae are inspected could provide information on infection frequency and intensity.

4. PATHOGEN DEVELOPMENT AND CYTOPATHOLOGY

The interaction of an obligate intracellular pathogen and the host cell is an exchange where the pathogen exploits host cell machinery to obtain resources and the host deploys defense mechanisms (e.g., apoptosis) to limit infection and replication. This interaction can be observed through histological and molecular approaches. Although there may be differences in the timing of specific infection events, the fine morphology and trajectory of development has been described in detail and is similar between *N. apis* and *N. ceranae* (Gray et al. 1969; Youssef and Hammond 1971; Liu 1984, 1989; Fries 1988, 1989a, b; de Graaf et al. 1994; Fries et al. 1996; Higes et al. 2007; Chen et al. 2009). True to their genus, *N. apis* and *N. ceranae* are diplokaryotic throughout their life cycle. Spores gain access to the host cell and initiate proliferation by rapidly extruding a long

tube that is attached anteriorly to the spore by an anchoring disc (Xu and Weiss 2005). The extruded polar filament of a germinated spore penetrates a host cell, providing a conduit for the transfer of the binucleate sporoplasm (Figure 1). Prespore development, or merogony, begins within hours after inoculation with the sporoplasm. Merogony proceeds through a variable number of nuclear and/or cytoplasmic divisions. Binary fission leads to the production of clusters or chains of meronts, which are often quadrinucleate (Gray et al. 1969; Fries et al. 1996; Higes et al. 2007). Meronts of *N. apis* and *N. ceranae* have a single thin plasma membrane that remains in direct contact with the host cytoplasm and is similar to the early developmental stages of a related genus, *Vairimorpha* (Cali et al. 2011). There is no evidence for formation of a parasitophorous vacuole as displayed by members of the genus *Encephalitozoon* (Youssef and Hammond 1971; Scanlon et al. 2004). Not all Microsporidia utilize a parasitophorous vacuole as part of their development. The function of this organelle is purported to be an exploitation strategy of the pathogen in that the meront repositions host mitochondria along the interface of the vacuole to increase the surface area for the import of host ATP (Hacker et al. 2014). The absence of the parasitophorous vacuole in *Nosema* spp. leads to the possibility that this genus uses other means of

obtaining a continuous supply of ATP from the host, such as nucleotide transporters embedded in the plasma membrane of the parasite (Tsaousis et al. 2008). Numerous mitochondria and free ribosomes have been observed surrounding the plasmalemma of meronts of *N. ceranae* (Higes et al. 2007).

Meronts of *N. apis* and *N. ceranae* transform into either the primary spore or mature, environmental spore between 48 and 96 h after infection (Fries 1988; de Graaf et al. 1994; Higes et al. 2007). The primary spore is produced through binary fission of the sporont to form two sporoblasts, each having a thin spore wall and short polar filament. The primary spore is capable of transmitting infection to adjacent cells through autoinfection (i.e., spontaneous germination) (Becnel and Andreadis 1999). The major differences in development and morphology between the primary spore and the mature spore are the thick spore wall and longer polar filament of the later. Ultimately, an infected cell becomes tightly packed with parasites, leading to the rupture and release of spores into the gut lumen. Mature spores can pass through the rectum in the feces, serving as an inoculum for other bees, or they can remain in the midgut to infect other cells.

Cells infected with *Nosema* spp. show extensive lysis or degeneration (Liu 1984; Higes et al.

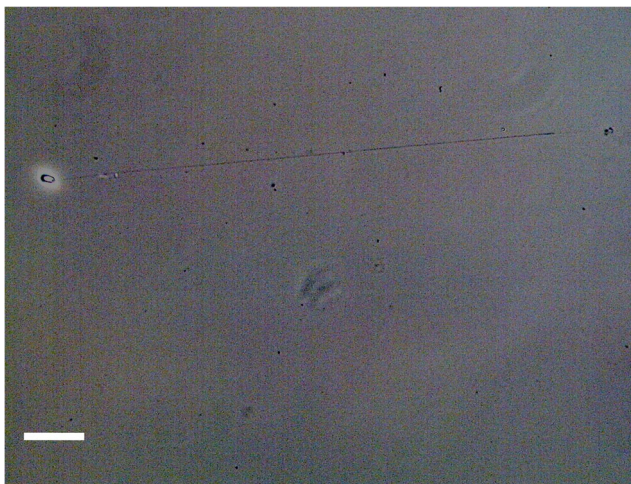


Figure 1. Germinated spore with extruded polar filament and sporoplasm. Purified spores were air-dried on glass slides followed by activation of germination by incubation with 0.5 M NaCl/0.5 M NaHCO₃ solution for 30 min at 37 °C. Scale bar = 20 μm.

2007; Dussaubat et al. 2012). Other indicators of cell injury include a loss of glycogen particles and detachment of ribosomes from the rough endoplasmic reticulum (RER) (Liu 1984). Loss of glycogen and loose aggregation of ribosomes may be a consequence of damage to mitochondria (Kumar et al. 2012). Utilization of glycogen reserves indicates that an infected cell has switched from a more efficient means of energy production (i.e., oxidative phosphorylation) to less efficient anaerobic glycolysis, possibly to compensate for competition/depletion of ATP by the amitochondriate *Nosema* spp. As ATP is depleted, it is unavailable to drive the flow of ions across membranes. Pump failure retains sodium within the cell and causes swelling of the RER and detachment of ribosomes, resulting in necrosis (Kumar et al. 2012). Host cells likewise can proceed through programmed death, or apoptosis.

Measuring the activity of specific enzymes or levels of substrates involved with cascades of cell death has been used to explore whether infected cells proceed through apoptosis or necrosis. TUNEL assay and immunohistochemistry for caspase-3 have been used to examine apoptosis in midgut cells infected with *N. ceranae*. In a healthy cell, caspase-3 is inactive; however, early in the process of apoptosis, the proenzyme is cleaved, and the residues dimerize to the active form. Fragmented or damaged DNA late in apoptosis provides the substrate for terminal deoxynucleotidyl transferase to catalyze the addition of dUTP. Higes et al. (2013b) concluded that *N. ceranae* inhibits apoptosis as caspase-3 and dUTP-labeled molecules were widely distributed in uninfected tissues, but had negligible presence in infected tissues. A subsequent study confirmed that *N. ceranae* inhibits apoptosis at specific stages during parasite development and may be dependent on the host species (Gregorc et al. 2016). These findings reinforce what may be the norm for Microsporidia (Scanlon et al. 1999), and alludes to a conserved strategy utilized by intracellular microorganisms (Nash et al. 1998). For *N. ceranae*, this strategy may involve virulence factors expressed early during infection that bind and limit the activity of proapoptotic proteins responsible for releasing toxic molecules from host mitochondria (Huang et al. 2016). Interestingly,

bees tolerant to *N. ceranae* may be less sensitive to apoptosis induced by parasite manipulation (Kurze et al. 2016a). The ultimate outcome for an infected cell is likely death, but understanding the mechanism is important for determining the degree by which it is mediated by the host to limit the spread of infection or whether the pathogen has some control over host metabolic processes.

5. VIABILITY AND INFECTIVITY

Bees become infected with *Nosema* spp. by ingesting spores. Sources of spores in the environment include comb and water that has been contaminated with feces. Spores of *N. ceranae* have been found in the corbicular pollen of foragers, and these spores can cause infection (Higes et al. 2008). This finding suggests that floral resources can become contaminated with feces from an infected bee or transferred from the body of a foraging worker. The presence of spores on flowers points to these shared resources as a significant source of pathogen dispersal. Graystock et al. (2015) demonstrate this by showing that uninfected host and nonhost bees can vector pathogens (e.g., *N. apis* and *N. ceranae*) from contaminated flowers to flowers not previously visited. Spores acquired from flowers during foraging may become mixed with pollen during grooming and are likely deposited in comb cells upon returning to the hive. Workers performing comb cleaning are more likely to become infected than queens and drones that do not perform these behaviors (Fries 1993). As bees emerge from pupation, they may also become infected as they chew through contaminated wax (Malone and Gatehouse 1998). The potential for exposure to spores in the hive increases when inclement weather prevents cleansing flights by infected bees (Moeller 1972; Retschnig et al. 2017).

Factors that affect viability can be determined by exposing spores to different storage conditions such as temperature, time, and reagents. The number of viable spores needed to cause infection in 50 and 100% of workers has been found to be comparable for both *N. apis* and *N. ceranae* and are in the range of 10^2 and 10^4 spores, respectively (Forsgren and Fries 2010). The viability of *N. ceranae* spores treated with brief exposure (1,

2, 4, or 6 h) to temperatures of 35 or 60 °C were assessed using SYTOX Green (Fenoy et al. 2009). Spores inspected immediately or 1 month after treatment showed comparable levels of staining to control spores held at 4 °C for 1 month in 1× PBS ($\geq 92.0\%$). However, maintaining *N. ceranae* and *N. apis* spores at 4 °C in PBS for an extended period was not sufficient to sustain viability as levels declined by one third and three quarters after 6 and 12 months, respectively (Fenoy et al. 2009). More recently, the effect of cryopreservation (−70 °C) on viability was assessed for *N. ceranae* (McGowan et al. 2016). Spores stored in water or 10% glycerol were comparable to freshly isolated spores; however, there was a significant reduction in infectivity for spores stored at −70 °C (McGowan et al. 2016).

Although used less frequently, flow cytometry can provide an efficient and reproducible method for assessing viability (Peng et al. 2014). Spores that were freshly isolated, stored for 20 days at room temperature, or autoclaved were then segregated by light scattering filters to determine size and complexity. From these populations, the intensity of propidium iodide (PI) fluorescence was measured to differentiate viable spores from PI-positive (i.e., dead) spores (Sánchez Collado et al. 2014). Using this method, the percentage of dead spores was found to be $< 15\%$ for both *N. apis* and *N. ceranae* after 10 months at 4 °C or room temperature. Storage for 10 months at 33 °C for both species and −20 °C for *N. ceranae* decreased viability by $\geq 50\%$ in all cases. Reduction in viability was also correlated to decreased infectivity when treated spores were fed to uninfected bees (Sánchez Collado et al. 2014).

Spores may appear viable, but they may not be infectious. In other words, spores may not be competent to respond to stimuli in the gut and complete germination. Determining whether spores exposed to different conditions are infectious can be achieved by administering them to bees and measuring outcomes such as proportion infected and/or spore production. Malone et al. (2001) dried spores of *N. apis* on glass slides held at 33, 40, 45, and 49 °C for 3 or 5 days. Spores were then suspended in sucrose solution and fed to bees. Approximately half as many bees became infected from spores stored at

40, 45, and 49 °C compared to spores stored at 33 °C or spores stored at room temperature for 24 h, suggesting that temperature is one factor that influences germination (Malone et al. 2001).

Activation and completion of germination remains a poorly understood process. The large diversity of hosts and external environments where Microsporidia exist indicates that this process is host specific. Differences in germination have been demonstrated between *N. apis* and *N. ceranae* spores stored at low temperatures (4 °C). Freshly isolated spores dried on glass slides kept at 4 °C for 4 days showed that 80% of *N. apis*, compared to 10% of *N. ceranae* spores, germinated in the presence of 0.1 M sucrose in PBS (Gisder et al. 2010). Gisder et al. (2010) also noted that the extruded filament of many *N. ceranae* spores was relatively short, suggesting that the spores observed may have been the primary life stage and not the environmental form. It is likely that the primary spore requires different conditions to activate and complete germination compared to the environmental spore.

6. COMPARATIVE VIRULENCE

Evidence points to *N. ceranae* as being more prevalent and producing higher spore loads than *N. apis* (Paxton et al. 2007; Emsen et al. 2016); however, current trends in Europe suggest that infection with *Nosema* spp., in general, has become less prevalent in recent years (Laurent et al. 2016). Caged bees infected with *N. apis*, *N. ceranae*, or both species can be used to provide insight into differences in growth rate, infectivity, and transmission, as well as for comparing consequences to host physiology, such as immune response or survivorship. For example, infection of bees with 10^5 *N. ceranae* spores has been shown to produce 100% mortality 8 days after infection (Higes et al. 2007). Williams et al. (2014) compared spore loads and mortality between *N. apis*, *N. ceranae*, or mixed species and found that bees infected with *N. ceranae* had significantly increased mortality, but only increased spore load compared to bees infected with both species. Forsgren and Fries (2010) infected newly emerged bees with 10 , 10^2 , 10^3 , and 10^4 spores of

N. apis or *N. ceranae*, doses ≤ 10 -fold lower than Higes et al. (2007), and noticed a slower rate of increase in *N. ceranae* spore number compared to *N. apis*. This difference was temporary, as spore load and proportion infected were equivalent between species 14 days after infection (Forsgren and Fries 2010). In addition, Forsgren and Fries (2010) examined within host competition from mixed infections using inocula of 1:9, 9:1, or equal ratios of species. The species with the lower inoculum produced a greater number of spores 14 days after infection, and it is hypothesized that this effect may have been due to negative frequency-dependent selection (Forsgren and Fries 2010). Negative frequency-dependent selection is a mechanism explaining how asexually reproducing organisms maintain genetic diversity within an essentially clonal population, ultimately leading to the development of unique haplotypes (Weeks and Hoffmann 2008). Multiple haplotypes have been detected in isolates of *N. ceranae* from individual bees and different geographic regions (Williams et al. 2008; Gómez-Moracho et al. 2014). Intraspecies variation within *N. ceranae* may explain why isolates from Spain are more virulent than isolates from other regions (Paxton et al. 2007); however, Dussaubat et al. (2013) found no genetic differences in isolates from Spain that demonstrate high virulence versus isolates from France that have low virulence. An alternative explanation for why *N. ceranae* does not have as pronounced of an effect on bees outside of Spain may pertain to host tolerance, as bees in Denmark, for example, have been under artificial selection against *Nosema* spp. for decades (Huang et al. 2012, 2014).

Attributing the severity of disease based on spore load can be misleading (Zheng et al. 2014). Bees that are infected but are otherwise asymptomatic can have either high or low spore loads (Meana et al. 2010). For example, a recent study suggests that challenge alone with *N. ceranae* can have negative effects on host fitness, such as learning rate in bumblebees, despite a lack of spore production (Piironen and Goulson 2016). If exposure to *N. ceranae* without subsequent infection is sufficient to induce a negative effect, then the impact to overall colony health may extend beyond infected individuals.

7. EFFECTS ON COLONY DEMOGRAPHY

7.1. Effects on queen health

N. ceranae can be transmitted horizontally from infected workers to the queen (Higes et al. 2009). It has been shown previously that queens infected with *N. apis* are more likely to be replaced through supersedure (Farrar 1947; Furgala 1962; Jay 1967). Alaux et al. (2011) looked at the profile of queen mandibular pheromone (QMP) as a proximate mechanism to explain above normal frequencies of supersedure due to infection. Findings showed that levels of the QMP compounds, 9-oxodec-2-enoic acid (9-ODA) and 9-hydroxy-2-enoic acid (9-HDA), were significantly greater, while methyl *p*-hydroxybenzoate (HOB), an antifungal, was significantly lower, in the heads of queens infected with *N. ceranae* (Alaux et al. 2011). Declining HOB may be one signal that prompts initiation of queen rearing. Further research is needed to determine whether concentrations of HOB produced from queens infected with *N. ceranae* under laboratory conditions are capable of altering worker behavior when administered in the hive. Interestingly, HOB is an antifungal commonly added to artificial diets used to rear insects (Cohen 2003). Although speculative, suppression of HOB production may facilitate *Nosema* spp. growth and transmission.

Infection can induce changes to other factors linked to queen reproductive health. Terminal oocytes of queens infected with *N. apis* show evidence of autolysis, and mitochondria, endoplasmic reticulum, ribosomes, and yolk granules appear unevenly dispersed or in a state of deterioration (Liu 1992). While yolk material undergoes degeneration in the ovaries, levels of the yolk precursor protein, vitellogenin (Vg), increase in the hemolymph of infected queens. Eight days after inoculation, queens infected with *N. ceranae* were found to have nearly twice the amount of Vg as controls (Alaux et al. 2011). The reason Vg is elevated in the hemolymph is unclear. Vitellogenin is continuously synthesized in the fat body and secreted in the hemolymph of mature queens (Fluri et al. 1981), where it is routed to the ovaries for egg maturation

(Hagedorn and Kunkel 1979). Elevated Vg levels in the hemolymph of infected queens may be a temporary condition due to deterioration of specific receptors on ovaries that facilitate uptake.

7.2. Effects on drone health

The contribution of drones in shaping colony health may be overlooked when identifying the impact of infectious diseases. However, the degree of genetic variation due to different patrines allows variability in responses for a colony confronted with stressors such as pathogens. Drone pupae and adults are susceptible to natural infection with *N. ceranae* (Traver and Fell 2011b). While spore loads may not reach levels as seen in workers, evidence suggests that infection with *N. ceranae* has a greater negative effect on drone body mass and survival (Retschnig et al. 2014a). A decrease in survival has also been observed in drones experimentally infected with *N. apis* (Peng et al. 2015). These findings raise important questions about drone health. Do infected drones weigh less because workers recognize that they are infected and stop feeding them to reduce transmission? Is there an effect to the quality or quantity of sperm in infected drones? Although *N. ceranae* is restricted to tissues outside the genital tract, infection may contribute to changes in somatic processes that ultimately reduce fertilization and reproductive success.

Male social insects are thought to maintain high reproductive potential by investing in the production of abundant, high-quality sperm (den Boer et al. 2010). However, with this investment comes a trade-off: a reduction in the allocation of resources for nonreproductive processes such as the immune system (Baer et al. 2006). The susceptibility of honey bees to diseases and parasites puts the reproductive potential of drones, and the colony, at risk. However, evidence is emerging that drones have evolved mechanisms to protect sperm from the negative effects of infectious diseases, such as *Nosema* spp. Spores, or their detection by PCR, have been observed for both *N. apis* and *N. ceranae* in the ejaculates of drones (Peng et al. 2015; Roberts et al. 2015). Moreover, older drones infected with *N. apis* have decreased sperm viability (Peng et al.

2015). Inspection of seminal fluid has revealed the presence of protein and nonprotein factors that have high potency against *N. apis* spore viability. These factors act by inducing extracellular spore germination (Peng et al. 2016) and are associated with humoral immune response signaling and antimicrobial production (Grassl et al. 2017). Additional studies should confirm if the antimicrobial effects of seminal fluid are also effective against *N. ceranae*.

8. EFFECTS ON WORKERS AND DISRUPTION OF THE DIVISION OF LABOR

The regulatory interaction between Vg and juvenile hormone (JH) provides one explanation for how honey bees express the sequence of behaviors homologous to the reproductive care exhibited by their solitary ancestors (Amdam et al. 2006). Experiments using RNAi or topical application of JH demonstrate how factors can interfere with the normal progression of worker ontogeny. For example, when Vg expression is suppressed via RNAi, JH titer spikes in nurse-aged bees, triggering premature foraging and a shortened lifespan (Guidugli et al. 2005; Amdam et al. 2007; Nelson et al. 2007; Marco Antonio et al. 2008). Application of JH produces similar effects when applied topically to nurse-aged bees (Robinson 1987; Robinson et al. 1989).

Physiological processes regulating host development are sensitive to parasites and pathogens (Hurd et al. 2001). For example, workers infected with *Nosema* spp. have elevated levels of JH (Fisher and Sanborn 1962; Liu 1989; Ares et al. 2012). In addition, Vg expression has been found to be depressed in infected nurse-aged workers (Antúnez et al. 2009; Goblirsch et al. 2013; Zheng et al. 2014; Garrido et al. 2016). Goblirsch et al. (2013) observed elevated Vg expression 16 days after infection with *N. ceranae*. Similar results were observed in infected queens (Alaux et al. 2011) and workers from colonies with low levels of infection (Antúnez et al. 2013). The pleiotropic role of Vg in the development of the queen and workers may provide insight in how its expression is affected by infection.

Alteration of Vg and JH levels due to infection would likely manifest as expression of age-inappropriate behaviors and other physiological changes. Hypopharyngeal glands of nurse-aged bees infected with *N. apis* are reduced in size and function (Wang and Moeller 1969; Liu 1990). Workers infected with *Nosema* spp. have shortened lifespans and spend more time outside the nest engaged in risky behaviors such as guarding, orientation flights, and foraging (Hassanein 1953; Wang and Moeller 1970; Higes et al. 2008; Woyciechowski and Moroń 2009; Alaux et al. 2010; Vidau et al. 2011; Aufauvre et al. 2012, 2014; Lecocq et al. 2016; Natsopoulou et al. 2016). The site of *Nosema* spp. infection, the midgut, may be the direct source of downstream effects on Vg and/or JH. Since nurses typically consume large amounts of pollen that becomes digested and used for brood food synthesis, it is possible that suppression of Vg in infected bees is the result of changes to nutritional and metabolic pathways (Holt et al. 2013; Vidau et al. 2014). A recent meta-analysis comparing transcriptome datasets from honey bees infected with multiple pathogens suggests that downregulation of Vg and others genes coding for carbohydrate metabolism and detoxification is a general response to infection and not specific to *Nosema* spp. (Doublet et al. 2017).

Evidence from studies on *N. apis* and *N. ceranae* show that infection can disrupt worker age polyethism, mainly by advancing the transition from nursing to foraging (Wang and Moeller 1970; Goblirsch et al. 2013). Premature foraging may be a consequence of energetic demands that *N. ceranae* imposes on workers at a young age (Mayack and Naug 2009). Energetic stress imposed by infection can affect homing ability (Wolf et al. 2014). For example, the success rate of bees returning to their colony is significantly reduced for infected workers (Kralj and Fuchs 2010; Wolf et al. 2014). Additionally, there is a negative correlation between spore load and orientation flight duration and distance (Wolf et al. 2016). Despite having intact spatial processing capability (Wolf et al. 2016), the impact that reduced duration and distance covered during orientation has on an infected forager's output requires further study.

Workers infected with *N. apis* or *N. ceranae* have lower levels of trehalose, regardless of infection intensity (Mayack and Naug 2010; Kurze et al. 2016b). Low trehalose has been shown to reduce flying capability in bees infected with *N. ceranae* (Mayack and Naug 2010). Interestingly, flying capability can be restored if infected bees are given access to sucrose (Mayack and Naug 2010). The hypothesis that infected bees are "hungry" is supported by the finding that sucrose responsiveness is elevated in workers infected with *N. ceranae* and that these bees are less likely to share food with nestmates (Naug and Gibbs 2009). Ad libitum access to food may offset drains on carbohydrate and protein metabolism due to infection (Basualdo et al. 2014). In addition to energetic stress caused by parasitism, further research is needed to elucidate other mechanisms that may contribute to acceleration of behavioral maturation (Mayack et al. 2015).

The impact of *Nosema* spp. on development and physiology can be influenced by the age at which a bee becomes infected. One study looked at survival and parameters of immunity (e.g., prophenoloxidase and phenoloxidase) 12 days after workers of different ages were fed *N. ceranae* spores (Roberts and Hughes 2014). Although all age groups had the same duration of exposure, workers infected at an older age had higher spore loads yet were more likely to survive infection despite having a lower ability to mount an immune response (Roberts and Hughes 2014). This finding can be applied to explore infection dynamics at the colony level where older workers are more likely to be infected than younger workers (Jack et al. 2016).

Downstream effects from disruption of nutritional and metabolic pathways may also be evident by changes in pheromone production. Modulation of pheromone production has been shown in infected workers. Ethyl oleate (EO) is synthesized by older workers and has an inhibitory effect on behavioral development of younger workers. Older workers likely expose younger bees to EO during trophallaxis (Leoncini et al. 2004). Dussaubat et al. (2010) showed a positive correlation between spore load and EO production in infected bees. Because infection has been shown to cause workers to transition prematurely from

nursing to foraging, elevated EO production may be an additional outcome of changes in underlying endocrine signaling that regulates pheromone synthesis.

N. ceranae affects individual bee lifespan directly through alteration of physiological and behavioral processes, but how can the pathological effects at the individual level lead to death of the colony? A honey bee colony has a complex structure where individuals perform age-specific tasks that maintain colony homeostasis. However, there is plasticity in the behavioral program of workers that allows them to respond to individual and colony stress. Workers can advance, delay, or revert to behaviors not typical for their age in response to colony need. For example, nurse-aged bees can advance development to become foragers in response to a depopulation event of older workers, or they can delay onset to foraging if the current field force is confined to the hive during bouts of poor weather (Huang and Robinson 1996; Schulz et al. 1998; Amdam and Omholt 2003). Infection with *N. ceranae* can be one factor that alters the social demographics of the colony. The change in the age distribution of the worker population may be a direct response to infection. Infected bees die from tissue failure (Higes et al. 2007), are unable to return to the hive due to energetic stress (Kralj and Fuchs 2010; Wolf et al. 2014), or exit the hive to limit transmission to uninfected workers (Rueppell et al. 2010). The loss of infected workers, if sustained over time, may trigger accelerated aging and precocious foraging in uninfected nurse-aged workers. Precocious foragers are less effective at foraging than normal-aged foragers, resulting in food insecurity for the colony. The culmination of these effects could ultimately lead to sudden colony death (Perry et al. 2015).

9. INTERACTIONS AND BEE HEALTH

Many factors thought to contribute negatively to bee health likely do not act alone but are additive or synergistic with other stressors. Pesticides are one factor in which extensive research has been initiated to better understand their effects. Foraging bees are exposed to pesticides from the external environment during collection of nectar

and pollen. Additionally, the hive environment can become contaminated through acaricides used to control *V. destructor*. Residues of over 100 different pesticides and their metabolites have been detected on bees or in pollen, honey, wax, and equipment (Bogdanov 2006; Chauzat and Faucon 2007; Frazier et al. 2008; Chauzat et al. 2009; Mullin et al. 2010; Lambert et al. 2013; Pettis et al. 2013). The amount of any individual pesticide frequently detected in the hive may not be sufficient to cause acute toxicity, but combinations of pesticides and/or their metabolites may have cumulative effects that create synergisms with other stressors such as pathogens, mites, or poor nutrition (Sanchez-Bayo and Goka 2014). For example, bees exposed to high levels of pesticides have been shown to be more susceptible to *N. ceranae* infection, and this increased risk is hypothesized to result from the inability of exposed bees to mount an effective immune response (Pettis et al. 2013).

Neonicotinoids and phenylpyrazoles are recent classes of insecticides with low toxicity to mammals. For this reason, they are used intensively to control arthropod pests. Sublethal doses of neonicotinoids combined with entomopathogenic fungi have become part of an integrated approach that utilizes two modes of action to enhance control (Purwar and Sachan 2006). The presence of these neonicotinoids in the environment could affect nontarget species such as bees harboring natural infections of *Nosema* spp. The interaction of chronic exposure to the neonicotinoids, imidacloprid and thiacloprid, with *N. ceranae* has been shown to increase mortality (Alaux et al. 2010; Retschnig et al. 2014b; although see Garrido et al. 2016). These findings are similar to studies examining the interaction of the phenylpyrazole, fipronil, with *N. ceranae* (Vidau et al. 2011; Aufauvre et al. 2012; but see Aufauvre et al. 2014). Neonicotinoids target the nervous system; however, these pesticides have been shown to induce apoptosis in midgut cells of larvae (Gregorc and Bowen 2000). To understand mechanisms of premature cell death, in vitro systems comprised of honey bee cells could be useful to observe cell death from exposure to combinations of pesticides and *Nosema* spp.

In addition to effects on survivorship, the interaction of pesticides and *Nosema* spp. infection

may change the dynamics of the host-parasite relationship, such as allowing exploitation of host resources for spore production. Infected bees were found to have elevated spore loads after exposure to either neonicotinoids or phenylpyrazoles (Vidau et al. 2011; Pettis et al. 2012). One explanation for higher spore loads may be that *Nosema* spp. is opportunistic and takes advantage of the antibiotic potential of pesticides to reduce populations of beneficial symbionts in the gut that serve as a defense against invasion from foreign pathogens (Yoder et al. 2013).

Nosema spp. infection and pesticide exposure are ubiquitous events for a honey bee colony; therefore, it is difficult to tease apart which event, infection, or exposure occurs first and alters processes allowing the subsequent event to exacerbate the pathology. *N. ceranae* has been shown to upregulate cytochrome P450 monooxygenase and glutathione-S-transferase, and downregulate catalase and glutathione peroxidase in the midgut (Aufauvre et al. 2014). These genes metabolize foreign substrates for detoxification or provide protection against oxidative damage by catalyzing hydrogen peroxide to water and oxygen. Honey bees have half the P450 genes as some other insects (Claudianos et al. 2006). These findings provide clues as to the outcome when pesticides challenge the detoxification system of bees already overwhelmed from infection (Johnson et al. 2009). It could be that detoxification processes in the midgut become overwhelmed from exposure to pesticides, increasing susceptibility to infection.

10. INTERACTION WITH VIRUSES

Honey bees are host to ≥ 18 viruses, most of which are nonenveloped, single-stranded, positive sense RNA viruses, or picornaviruses. Picornaviruses are highly prevalent and detrimental to bee health and productivity. Those viruses most frequently detected in beekeeping operations include black queen cell virus (BQCV), deformed wing virus (DWV), Kashmir bee virus (KBV), and sacbrood virus (SBV) (Chen and Siede 2007; Welch et al. 2009). Bailey et al. (1983) observed co-infections of BQCV and *N. apis* during a 3-year observation period and showed that BQCV

and *N. apis* cycled in unison, with levels of both pathogens peaking in May or June. Seasonal cycling of common viruses and *Nosema* spp. was demonstrated more recently with microarrays and deep sequencing of the honey bee microbiome using samples taken from a large-scale migratory operation (Runckel et al. 2011). These findings suggest that levels of acute bee paralysis virus, BQCV, and SBV and *N. ceranae* peak in the summer and may act synergistically and contribute to colony failure.

The interaction of *Nosema* spp. and viruses has been reported for bees co-infected with *N. ceranae* and chronic bee paralysis virus (CBPV) or DWV. One study showed that co-infection of bees with *N. ceranae* and CBPV resulted in increased replication of CBPV but not mortality (Toplak et al. 2013). Costa et al. (2011) found a significant negative correlation between *N. ceranae* spore load and DWV titer in midgut tissues of workers. Furthermore, a survey of 322 colonies in Hawaii showed that while $\geq 89\%$ were infected with *N. ceranae*, there was no correlation between spore load and DWV titer (Martin et al. 2013). One possible explanation why there is no positive correlation between spore load and DWV titer may depend on specific demographics of sampled bees. Bees symptomatic for DWV have viral replication in tissues throughout the body, which include hemolymph, gut, legs, head, thorax, abdomen, and most notably, the wings (Boncristiani et al. 2009). Food-borne transmission is one mechanism by which DWV can establish infection (Chen et al. 2006a, b). However, asymptomatic bees do not show signs of replication in the gut or abdomen, prompting speculation that a compromise in the integrity of the gut is needed for DWV to enter circulation via hemolymph (Boncristiani et al. 2009). Deformed wing virus can infect immature stages, whereas current evidence shows that the adult is the only life stage that can be infected naturally with *Nosema* spp. Newly emerged bees symptomatic for DWV die shortly after emergence (Chen et al. 2005; Dainat et al. 2012). Even if these bees were inoculated with spores upon emergence, the time until death may not be sufficient for *Nosema* spp. to complete its development and produce a large number of spores. On the other hand, asymptomatic bees appear relatively healthy

and have a lifespan that supports spore production. *N. apis* and *N. ceranae* need ≥ 10 days postinoculation to achieve fully developed infections (i.e. $\sim 20 \times 10^6$ spores/species) (Forsgren and Fries 2010). If a sample consists mainly of asymptomatic bees, it is possible that these bees have high spore loads but low DWV titer.

11. INTERSPECIES TRANSMISSION

As mentioned above, flowers may become contaminated with bee pathogens through visitation by host and nonhost vectors (Graystock et al. 2015). Through the sharing of floral resources, it is also possible that a pathogen can gain access to novel hosts. Infection with *N. ceranae* in other species has been examined. One study used cage experiments to infect different honey bee species, including the dwarf honey bee, *Apis florea*, and the giant honey bee, *Apis dorsata*, with isolates of *N. ceranae* from Canada and Thailand. Both species were susceptible to infection with the Thai isolate but the Canadian isolate was only infective against *A. dorsata* (Chaimanee et al. 2013). This finding adds support to an Asian origin for *N. ceranae* but may also demonstrate strain virulence in that the isolate from Canada was capable of producing an infection in *A. mellifera* as well.

Infection with *N. ceranae* has also been found in several species of *Bombus* from China (Li et al. 2012), Argentina (Plischuk et al. 2009), and the UK (Graystock et al. 2013; Fürst et al. 2014), albeit at low to moderate prevalence. In contrast, Arbulo et al. (2015) sampled *Bombus atratus* and *Bombus bellicosus* in Uruguay and found that the prevalence of *N. ceranae* infection approached $> 50\%$ in most areas sampled. *N. ceranae* may be associated with decline in abundance and richness of *Bombus*; however, much remains unknown (e.g., infectivity and pathogenicity) about the impact this pathogen is having on populations of these bees.

The use of bees other than honey bees for commercial pollination has led to the development of artificial rearing techniques for some species. Several species of solitary bee from the family Megachilidae, as well as some bumblebees, can be reared in the laboratory (Bosch and Kemp 2002; Evans et al. 2007), making it possible

to study the effects of transmission to novel hosts from infection on metrics of individual bee and social living (e.g., foraging efficiency, survivorship, and reproductive success) in a controlled environment. For example, one study inoculated workers of *Bombus terrestris* with 6.5×10^3 *N. ceranae* spores and observed nearly 100% infection, spore amplification, and reduction in longevity (Graystock et al. 2013). However, this represents a subset of the thousands of other bees where the effects from *Nosema* spp. can only be assessed using anecdotal evidence, such as prevalence of infection. It is a challenge for future research to develop methods leading to an increase in the number of species that can either be reared in the laboratory or assessed by minimally invasive techniques (Paxton et al. 1997).

12. TOLERANCE AS OPPOSED TO TREATMENT

Past management for *Nosema* spp. has involved the use of the antifungal agent, fumagillin, applied prophylactically in the fall and/or spring (Webster 1994). This regime was intended to coincide with seasonal peaks of *N. apis*. However, evidence suggests that fumagillin may not be effective against *N. ceranae* (Williams et al. 2011; Huang et al. 2013). Huang et al. (2013) demonstrated that *N. ceranae* was able to withstand higher concentrations of fumagillin relative to *N. apis*, as measured by rate of spore production. Moreover, infected workers treated with relatively low concentrations of fumagillin had higher spore loads of *N. ceranae* than infected workers not treated with fumagillin (Huang et al. 2013).

In addition to having negative effects on host physiology, fumagillin increases management costs, and residues may persist in the hive, posing risks to human health through honey consumption (Lopez et al. 2008; van den Heever et al. 2015). Therefore, there is a need for alternatives to hard chemicals for *Nosema* spp. management. For example, ensuring that a colony has access to stored pollen helps sustain high hemolymph protein levels and promotes tolerance for *N. ceranae* infection (Basualdo et al. 2014). Another example of how this may be achieved is through selection of tolerant stocks (Holt and Grozinger 2016), as

has been reported for colonies in Denmark (Huang et al. 2012). Recent research has identified physiological and molecular factors associated with tolerance to *N. ceranae*. Traits linked to tolerance are a lack of energetic stress (Kurze et al. 2016b) and increased survival despite high spore loads (Huang et al. 2014; Roberts and Hughes 2014). Huang et al. (2012) compared the immune response of tolerant drones to those from unselected colonies and found that tolerant drones had more robust activation of Toll signaling, an immune pathway responsive to Gram-positive bacterial and fungal infection. Tolerant bees also have increased levels of thioredoxin peroxidase, which may protect gut cells from the accumulation of reactive oxygen species produced as an immune response or pathogen-induced elevation of host metabolism (Kurze et al. 2016a). Colony level selection by beekeepers in Denmark for tolerance to *Nosema* spp. has likely led to reduction in genetic variability of specific regions of the honey bee genome (Huang et al. 2014). Analysis of differences between the genome of individuals under selection with those from unselected colonies could be useful for identifying molecular targets for RNAi-based treatments that confer host resistance.

13. CONCLUSIONS

Beekeepers and researchers have long dealt with *Nosema* spp. disease in colonies. Past observations on how infestations with the old *Nosema* sp., *N. apis*, contribute to queen failure, atypical worker ontogeny, and colony decline serve as a reference for understanding the current challenges imposed by the new *Nosema*. Comparative studies using caged bees infected with *N. ceranae*, *N. apis*, or both species have shed light on differences in parasite development and load. In addition to identifying differences in parasite virulence, caged bee studies, coupled with next generation sequencing, provide a platform to elucidate mechanisms of host tolerance at the molecular level. Although the prevalence of *N. ceranae* and *N. apis* fluctuates independently, high levels of *N. ceranae* during summer months provide opportunities to examine how this parasite may form synergisms with other common stressors of

the hive environment such as pesticides and viruses.

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MG conceived and wrote the paper.

Nosema ceranae, champignon pathogène de l'abeille (*Apis mellifera*)

Microsporidia / noselose / comportement social / champignon parasite

Die *Nosema ceranae* Krankheit der Honigbiene (*Apis mellifera*)

pilzlicher Krankheitserreger / Microsporidia / Noselose / Sozialverhalten

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