ORIGINAL ARTICLE

Production of polylactic acid biocomposite reinforced with environmentally friendly cellulose nanofber derived from steam‑treated bamboo

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Abstract

Cellulose nanofber–blended polylactic acid composites were prepared to enhance biodegradable polymers, which are expected to be a viable solution to the recent plastic waste crisis. The cellulose nanofbers were prepared by extracting cellulose fbers from bamboo using high-temperature and high-pressure steam and then disintegrating the fbers to the nanoscale. The optimum conditions for the processing pressure of the high-temperature and high-pressure steam treatments and the extraction process grinding time were investigated. Furthermore, the mixing ratio of cellulose nanofbers and polylactic acid for the fabrication of the composites was examined. The results show that the best condition was a 1:1 (50 wt% CNF) blend of cellulose nanofbers made with 15 atm of steam pressure for 5 min of steaming time followed by 10 s of milling time to make composites with polylactic acid that had 2.35 times the strength $(77.5 \text{ MPa/g/cm}^3)$ of polylactic acid alone $(33.3 \text{ MPa/g/cm}^3)$. This indicates that cellulose nanofibers produced from bamboo using high-temperature and high-pressure steam treatments can be used as reinforcing materials for low-strength biodegradable polymers.

Keywords Biocomposite · Polylactic acid · Bamboo · Steam treatment · Cellulose nanofber

1 Introduction

Plastic products that are both inexpensive and durable have become indispensable parts of our lives. However, in recent years, they have been improperly disposed of, causing severe pollution in nature [[1\]](#page-7-0). This is harmful to marine life and other living organisms [[2\]](#page-8-0). Therefore, the need for biodegradable and plant-derived polymers is increasing in response to global environmental contamination. In particular, plastic products made of biodegradable polymers can lessen environmental pollution by decomposition, even if improperly disposed of [\[3](#page-8-1)]. One of the barriers to the practical use of biodegradable polymers is their poor mechanical properties, such as low strength. Therefore, building

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molded products with solid mechanical properties is vital while retaining biodegradability. Hence, composites with other polymers and glass fber–reinforced plastics have been developed [[4\]](#page-8-2). However, many of these reinforced plastics are not biodegradable and retain their shape without degradation. A report shows that adding plant-derived fbers to PLA improves its strength $[5, 6]$ $[5, 6]$ $[5, 6]$ $[5, 6]$. In addition, it has been reported that there is no efect on biodegradability even when mixed with plant-derived fbers, and it exhibits good biodegradability [[7,](#page-8-5) [8](#page-8-6)]. We will use cellulose nanofber (CNF) as a reinforcing material in polylactic acid (PLA), a biodegradable polymer [[9\]](#page-8-7), to develop molded products with excellent mechanical properties while maintaining biodegradability. CNFs have excellent mechanical properties, such as high strength and low thermal expansion [\[10](#page-8-8)[–13](#page-8-9)].

Furthermore, CNFs are extracted from plants without chemical modification and are expected to be digested by cellulolytic bacteria because the chemical structure of cellulose is not altered $[14]$ $[14]$. When extracting cellulose nanofibers from woody biomass, it is essential to decompose the bonds between lignin and cellulose, which are the components of woody biomass. There are several methods for decomposing cellulose nanofibers, such as treatment with sulfuric acid, alkali, or crushing. However, these methods take a long time, and the waste liquid is toxic to the environment. Therefore, in this study, hightemperature, high-pressure steam treatment was used. In this process, the bonds between lignin and cellulose are broken by hydrolysis with water. In addition, because only water is used, environmental toxicity is low, cleaning of the treated materials is simple, and the treatment time is short, this treatment method is more efficient than other treatment methods [\[15\]](#page-8-11).

In this study, we prepared CNF using steam-treated biomass (bamboo) and composites of CNF and PLA. Subsequently, the mechanical properties of the fabricated composites were examined. The properties of CNF as a reinforcing material for PLA were evaluated.

2 Materials and methods

2.1 Sample

In this study, bamboo (*Phyllostachys heterocycla* f. *pubescens*) chips (20 cm in length, 3.5 cm in width, and 1 cm in thickness) were used as samples. Each sample was steam-treated at 10, 15, 20, and 25 atm (183, 199, 214, and 225 °C) for 5 min or steam-exploded (15 atm for 5 min only) using a steam explosion apparatus (NK-2L, Japan Chemical Engineering and Machinery Co., Ltd.). The reactor capacity of the device was 2 L, and it could process at a maximum steam pressure of 6.5 MPa and a maximum temperature of 281 °C.

2.2 Component analysis

A component analysis was performed according to the procedure shown in Fig. [1.](#page-1-0) All experiments were performed in triplicate, and the averages were calculated. Each steamed product was subjected to 1 min of milling in a cutter mill; for the 15-atm sample, an additional 10-s milling condition was added. The component analysis was performed according to Asada et al. [\[15](#page-8-11)]. The water extraction was performed at ambient temperature for 24 h at a weight ratio of 1:60. Acetone extraction was conducted under the same conditions at a weight ratio of 1:30. Treatment using $NaClO₂$ was performed for 3 h in a hot water bath at 80 °C under acidic conditions with acetic acid. α-Cellulose content was determined according to the method of Sasaki et al. [[16](#page-8-12)]. NaOHaq was added to the holocellulose, and the dissolution process was performed at room temperature. The solubilized portion was hemicellulose, and the non-solubilized portion was α-cellulose.

2.2.1 Component separation of holocellulose

Similar to component analysis, holocellulose samples were prepared by grinding the samples obtained by steam treatment using a cutter mill, followed by water extraction, acetone extraction, and chlorite treatment. It was essential to keep the samples from drying. If the sample is allowed to dry, the cellulose will agglomerate tightly, preventing the formation of CNF with a small fber width.

Therefore, after removing water by fltration, the sample on the residue side is recovered. A portion of the collected sample was used to measure the moisture content of the

entire sample. The dry weight was obtained from the moisture content, and the amount of reagent used in the next step was prepared.

2.3 Grinder processing

A cellulose nanofber suspension was prepared from a holocellulose sample using MKCA6-2 (super mass collider, small laboratory use, manufactured by Masuko Sangyo Co., Ltd., Saitama, Japan).

Five hundred milliliters of distilled water was added to 5 g (dry weight) of the holocellulose sample in a 2-L beaker and agitated using a magnetic stirrer. The suspension was poured into a mass collider and ground twice at 1500 rpm under a moderate fow of distilled water to obtain a cellulose nanofber suspension [[17\]](#page-8-13).

2.4 Scanning electron microscope (SEM) analysis

The surface structure was observed using a tabletop scanning electron microscope (JCM-6000 Plus; JEOL Ltd., Tokyo, Japan). Samples were freeze-dried using a freeze dryer (FDU-1200, Tokyo RikakikAi Co., Ltd., Tokyo, Japan) for observation. The observed samples were platinum sputtered for 30 s to increase the conductivity.

2.5 Degree of polymerization measurement (copper ethylenediamine method)

The degree of polymerization of the cellulose was measured using the copper ethylenediamine method [[18](#page-8-14)]. A total of 0.25 g of dried CNF was mixed with 25 mL of distilled water to swell the sample. Subsequently, 25 mL of 1 M copper ethylenediamine solution was added after leaving the sample for at least 1 h. The sample was then stirred for 30 min to allow for dissolution. No sample was added to 0.5 M copper ethylenediamine to prepare a blank. Ten milliliters of the solution was measured using a Cannon–Fenske viscometer. A thermostatic bath with the temperature set at 25 °C was used for the measurements; the average value was collected three times per sample.

The flow time of the blank solution, the sample flow time, and the cellulose concentration were obtained from the experiments. The relative, specifc, and intrinsic viscosities were obtained from the measured values. The degree of cellulose polymerization was calculated using the viscosity law equation. The degree of polymerization was obtained by multiplying the molecular weight of cellulose monomer 162 by the molecular weight of cellulose.

2.6 Pulp Kappa number test

The pulp Kappa number test, which measures the lignin content or bleachability of pulp, was performed using the Japanese Industrial Standard JIS P 8211:2011, which is based on ISO 302, with no changes in technical content or structure [[19](#page-8-15), [20](#page-8-16)]. To maximize accuracy and precision, sample volumes were adjusted such that the amount of potassium permanganate consumed ranged from 20 to 60% of the amount added. The Kappa number is the number of milliliters of 0.02 mol/L potassium permanganate solution in which 1 g of dry pulp is consumed under the specified conditions.

2.7 Composites

First, centrifugation was performed until the water in the CNF aqueous suspension was completely replaced by t-butyl alcohol. PLA was added until the CNF/PLA composite had a dry weight of 2 g. The mixture was degassed using a vacuum defoaming stirrer for 30 min. Subsequently, it was poured into a plastic container and dried in a dryer (30 °C) for 8 h. After drying, the specimens were cut into $1 \text{ cm} \times 10 \text{ cm}$ pieces and pressed for 30 min at 180 °C at 3 MPa in a vacuum heating press machine (IMC-11FA model by Imoto Machinery Co., Ltd., Kyoto, Japan).

2.8 Strength test

One piece, $1 \text{ cm} \times 10 \text{ cm} \times 1.4 \text{ mm}$ composite, was prepared by referring to the method of Suzuki et al. [[17\]](#page-8-13) and subjected to a tensile strength test by using AG-100 kNX plus (Shimadzu Corporation, Kyoto, Japan). The test speed was 1 mm/min and the gauge width was 30 mm.

2.9 Thermal characterization

The thermal properties were established by measuring the temperature of thermal weight loss using TG–DTA and an SII EXSTAR6200 (Hitachi High-Tech Science Corporation, Tokyo, Japan).

The PLA and CNF/PLA composites weighing 5 mg were powdered and placed in an alumina container. After placing it on a sample dish holder, nitrogen was pumped into the dish for 15–20 min before heating started. The isothermal holding time at the starting temperature was 2 min, the temperature increase rate was 5 °C/min, the upper-temperature limit was 900 °C, and the nitrogen flow rate was 200 mL/min.

3 Result and discussion

3.1 Preparation of cellulose nanofbers from bamboo

Figure [2](#page-3-0) shows the bamboo composition changes at diferent steam-steaming pressures. The higher the steaming pressure,

the more sodium hypochlorite solution-soluble components, including holocellulose and high-molecular-weight lignin, in the bamboo components decreased. In addition, the degraded and low-molecular-weight components increased as water- and acetone-soluble components. Water-soluble components include monosaccharides, such as glucose and xylose, derived from cellulose and hemicellulose in holocellulose, and organic acids, such as acetic acid. Acetonesoluble components include lignin, phenylpropanoids, and lignin degradation products dissolved in organic solvents. Higher evaporation pressures and processing temperatures are expected to facilitate hydrolysis in bamboo samples by cleaving intermolecular and intramolecular bonds and resulting in lower molecular weights. The most common examples are glycosidic bonds in cellulose and hemicellulose and allylglycerol-β-allyl ether bonds in lignin. In addition, the hydrolysis of acetyl groups in the hemicellulose side chain produces organic acids such as acetic acid.

Furthermore, since these organic acids act as catalysts and cause acid hydrolysis, an increase in the production of organic acids at the treatment pressure promotes the reduction of macromolecules, such as lignin and cellulose, to low molecular weight. Figure [3](#page-4-0) shows SEM images of cellulose nanofbers prepared at each treatment pressure and SEM images of BiNFi-s, a commercial cellulose nanofber. The fbers were defbrillated to the nanoscale at any treatment pressure, and cellulose nanofbers were created. Table [1](#page-4-1) lists the cellulose nanofbers' degree of polymerization and component amounts. As the processing pressure increases, the molecular weight and Kappa number, which indicate the degree of lignin remaining, decrease. As the pressure increased, the fber resolution increased, and the degree of polymerization of the fbers decreased. Hydrolysis by high-temperature, high-pressure steam broke the bonds between cellulose molecules and reduced polymerization [[21\]](#page-8-17). Additionally, the bonds between cellulose and lignin were degraded, leading to a decrease in the Kappa number. The Kappa number indicates the amount of lignin remaining in the pulp and extracted cellulose fbers. The higher the number, the more lignin remaining in the fber. The Kappa number is used in this study as an indicator of how efective the cellulose extraction process is. The degradation of the bonds between cellulose and other components is proposed to increase the percentage of cellulose in the fbers separated as holocellulose.

In our previous studies [[17\]](#page-8-13), increasing the treatment pressure and temperature accelerated the hydrolysis of biomass samples. As the hydrolysis progresses, it is confrmed that the molecular weight of the fber decreases, and the number of extractable components increases. However, the intensity of CNF is decreasing. The present study was conducted by excluding conditions in which previous studies had signifcantly reduced strength.

The super mass collider used for the preparation of cellulose nanofbers is an electric stone mill. It consists of two millstones: the upper millstone is fxed and the lower millstone is rotated by a motor. In wet conditions, the distance between two stones can be negative. This means that the fbers can be defbrated while applying pressure with two millstones. This is a process that crushes the fbers as opposed

 1.0 0.8 Component ratio [-] 0.6 0.4 0.2 0.0 10 atm 15 atm 20 atm 25 atm Steam pressure (5min) Holocellulose Acetone-soluble component Water-soluble component NaClO₂-soluble component Volatile component

Fig. 2 Ratio of component to dry weight of bamboo chips that were steam-treated for 5 min under various steam pressures and then milling-treated for 60 s

10 atm

15 atm

 25 atm

BiNFi-s

Fig. 3 FE-SEM images of cellulose nanofbers obtained from bamboo chips that were steam-treated for 5 min under various steam pressures and then milling-treated for 60 s

to a crushing process that uses a cutter. Therefore, the fber length is less afected, and the fber diameter can be reduced.

3.2 Composite preparation of bamboo cellulose nanofber and polylactic acid

Table [2](#page-4-2) lists the assessment results of the mechanical and thermal properties of the composites made by mixing cellulose nanofbers with polylactic acid at a ratio of 1:1. The tensile strength showed an increase for all the cellulose nanofber blends. The composite with cellulose nanofbers produced from bamboo and treated at 15 atm exhibited the highest strength. PLA is a hydrophilic polymer, and CNF has hydrogen bonds with the hydrophilic polymer, resulting in increased strength [[22](#page-8-18)]. At higher treatment pressures, the strength decreases with increasing pressure. This result indicates that the accumulated high pressure damaged the **Table 2** Specific tensile strength, Td_5 , and Td_{10} of bamboo chip cellulose nanofber that was steam-treated for 5 min under various steam pressure and then milling-treated for 60 s

fber structure and made the fbers brittle [\[23,](#page-8-19) [24](#page-8-20)]. Table [1](#page-4-1) demonstrates that high-pressure treatment reduces molecular weight, resulting in a decrease in strength.

In contrast, the highest molecular weight (10 atm) did not show maximum strength because of inadequate separation of constituents, such as hemicellulose, resulting in a lower percentage of α-cellulose compared to the other treatment conditions. The thermal weight loss temperature measurements (Td₅ and Td₁₀) were the highest for polylactic acid alone, and the temperature decreased when the composite was used. Td₅ and Td₁₀ were higher for the composite mixed with CNF at lower pressures and decreased as the pressure increased. The composite cellulose nanofbers made from bamboo and treated at a pressure of 15 atm exhibited the best properties.

A fber-reinforced resin mixed with cellulose fbers with a high degree of polymerization and long fber length has a higher thermal weight loss temperature because the thermal decomposition of cellulose is less likely to occur than that of low molecular weight and short fber length fbers, resulting in a higher temperature at which decomposition takes place. Therefore, under conditions where decomposition is enhanced by high steam pressure, the degree of polymerization decreases, and the thermal weight loss temperature of the composite also decreases [[25\]](#page-8-21). The residual percentage of lignin is also thought to afect the thermogravimetric reduction temperature [\[26](#page-8-22)]. The thermal weight loss temperature of lignin is higher than that of cellulose [[27\]](#page-8-23). The decrease in the residual fraction may have led to a greater efect of cellulose pyrolysis on the composite, resulting in a signifcant decrease in the thermogravimetric reduction temperature of the cellulose nanofber mixed composite with a lower Kappa number and higher processing pressure.

3.3 Examination of optimal conditions for the cellulose nanofber preparation process

The processing time of the milling process after the steam steaming treatment was 10 s as compared to 60 s for the steam blasting treatment. The changes in the properties of the composite were assessed. Figure [4](#page-5-0) shows the results of the bamboo component recovery for diferent milling treatments. There was a minor change in the holocellulose recovery rate; however, no signifcant change was observed. Mill processing is a processing method that uses a lot of energy because a motor moves the crushing blade. The results showed that shortening the treatment time did not signifcantly change the amount of holocellulose recovered. Therefore, mill-processing time and production costs can be shortened.

The degree of polymerization, hemicellulose percentage, and Kappa number of the fbers are listed in Table [3.](#page-6-0) Increasing the milling time decreased the degree of polymerization, the percentage of hemicellulose, and the Kappa number. A longer milling time probably creates delicate fbers that easily dissolve in the treatment solution. The explosion treatment also suppressed the decrease in the degree of polymerization. However, the hemicellulose and copper content were lower, indicating that the decomposition of the components bound to the fbers was accelerated without destroying the fbers. A decrease in the Kappa number indicates a decrease in the amount of residual lignin in the recovered fber. Thus, the results obtained suggest that milling has the efect of loosening the fbers. It is thought that the loosened fbers had

Fig. 4 Ratio of the component to dry weight of bamboo chips that were steam-treated for 5 min under steam pressure at 15 atm and various crushing treatments. Change in processing time when crushing a sample after steaming with a cutter mill—also compared with crushing by rapid decompression. SE is a method of crushing the sample by reducing the pressure at once from the state where the steaming process applies the pressure

more inter-fber gaps, making it easier for components to be extracted by solvents such as water and acetone.

Table [4](#page-6-1) shows the characterization results of the composites made from cellulose nanofbers under these treatment conditions. The best results were obtained with the 10-s mill treatment. Reducing the mill treatment time to 10 s may possibly create strong cellulose nanofbers without damaging the fbers. The thermal weight loss temperature did not change signifcantly with the change in mill-processing time. A composite with high strength was created without damaging the thermal properties.

The higher the molecular weight of the fiber, the higher the strength. However, the percentage of hemicellulose was higher than that of the 10 atm sample (Table [1\)](#page-4-1), and the percentage of α-cellulose was lower. However, the Kappa number was lower than 10 atm, and the content of lignin and other substances was lower. This indicates that the treatment steam pressure is increased, which breaks the bonds between lignin and cellulose, and lignin is easily separated. However, cellulose itself is not decomposed and is otherwise afected by the treatment conditions. Therefore, by shortening the milling time, CNF with high strength can be produced without lowering the molecular weight of the cellulose.

The thermogravimetric reduction temperature decreased as the degree of polymerization or Kappa number decreased. Based on previous results, the characteristics of the fbers to be mixed determine the thermal weight loss temperature of the composite largely $[25]$ $[25]$. Shorter fiber lengths were more likely to decompose, resulting in a decrease in the decomposition temperature. As the residual lignin decreased, cellulose pyrolysis was more likely to occur, causing a decrease in the initial thermogravimetric reduction temperature. Higher molecular weights and lower Kappa numbers result in lower Td_5 but higher Td_{10} values [[27\]](#page-8-23). This result is probably due to the low Kappa number and early pyrolysis. However,

the cellulose's high fber length is less susceptible to lignin pyrolysis because the degradation is less likely to proceed, and there is less lignin to decompose at higher temperatures.

3.4 Investigation of cellulose nanofber mixing ratio in composites

In previous experiments, the composites have been a mixture of PLA and CNF in a 1:1 ratio. It was investigated whether the strength and heat resistance would change depending on the mixing ratio of CNF. The same 1:1 mixed composite as before will be 50 wt% in weight percentage notation. The percentage of CNF mixed with respect to the total weight of the composite is expressed in weight percent. In the case of 10 wt%, CNF is mixed at a ratio of 1:9 PLA.

Figure [5](#page-7-1) shows the composites' strength and thermal weight loss with different cellulose nanofibers and composites. The highest mechanical properties were observed in the 50 wt% hybrid composites, whereas the highest thermal properties were observed in the 10 wt% hybrid composites. The mechanical property changes showed a twofold diference between the 10 wt% and 50 wt% composites.

The strength of CNF increased at 50 wt% compared to 10 wt% owing to the increased contact between CNF within the PLA. The strength of CNF depends on the molecular weight size, as inferred from Tables [1,](#page-4-1) [2,](#page-4-2) [3,](#page-6-0) and [4.](#page-6-1) This can be attributed to friction due to fber-to-fber contact, intermolecular forces between cellulose molecules, and hydrogen bonding [[28\]](#page-8-24). Therefore, the results show that the strength of the CNF/PLA composites increased with the CNF mixing ratio.

The decrease in the thermal weight loss temperature was similar to previous results, with an increase in the proportion of cellulose and an increase in the heat-sensitive components, causing a decrease in temperature [\[29](#page-8-25)].

Table 4 Specifc tensile strength, Td_5 , and Td_{10} of bamboo chips cellulose nanofber that was steam-treated for 5 min under steam pressure at 15 atm and then various milling-treated

Fig. 5 Specifc tensile strength, Td_5 , and Td_{10} of CNF/PLA composites at various ratios of bamboo CNF (steam-treated for 5 min under steam pressure at 15 atm and then milling-treated for 10 s). Statistical analysis was evaluated using the Student's *t*-test. Values are displayed as means with a standard deviation of the mean, $p < 0.05 = *,$ $p < 0.01 =$ **

The relationship between strength and heat resistance is an important factor in the selection of composite applications. The mixing ratio of CNF can be selected according to the application. If you need heat resistance, you can choose a composite material containing 10 wt%, and if you need strength, you can choose a composite material containing 50 wt%. However, the primary use of PLA is for product packaging and device exteriors. There is no need to endure the processing heat of soldering like electronic boards. In addition, the maximum ambient temperature is around 40 °C, so even a 50 wt% composite material with a low heat loss temperature can be used sufficiently. Therefore, it is best to choose a high-strength 50 wt% blend composite.

4 Conclusion

The best results were obtained when cellulose nanofbers prepared by steam steaming at a pressure of 15 atm and milling time of 10 s were mixed 1:1 (50 wt% CNF) with polylactic acid to produce a composite that was 2.35 times stronger than that of polylactic acid alone.

The CNF to be mixed afected the composite's strength depending on the cellulose molecular weight; a higher molecular weight resulted in higher strength. In addition, the percentage of α -cellulose in the CNF fiber and the content of non-fber substances, such as lignin, afected the strength. The higher the percentage of α -cellulose and the lower the lignin content, the stronger the composite and CNF with a high reinforcing efect. Therefore, conditions that break down the bonds between lignin and cellulose fbers without breaking down the bonds between cellulose molecules are necessary. A pressure of 15 atm produced the best results for the steam steaming process, and a mill time of 10 s showed the best results. The amount of CNF mixed with the polymer was the highest in this study.

The molecular weight of cellulose also plays a role in the thermal weight loss temperature, which is related to heat resistance. The higher the molecular weight, the more the efect of thermal decomposition was suppressed, and the temperature drop from the thermal weight loss temperature of PLA alone was reduced. In addition, because the anticipated use of CNF/PLA composites (for packaging and product exteriors, etc.) is at room temperature or below 100 °C at its highest, we were able to create a composite that exhibits high strength while having thermal properties that meet these standards by using a material that is expected to be plant-derived and biodegradable.

Author contribution Akihiro Suzuki: conceptualization, methodology, and writing—original. Yoshitoshi Nakamura: investigation, data curation and analysis, writing review, and editing. Chikako Asada: methodology, validation, funding acquisition, and supervision.

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Data availability All data are within the manuscript. There is no additional data.

Declarations

Ethics approval Not applicable.

Competing interests The authors declare no competing interests.

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