Metagenomic search of viral coinfections in herpes simplex encephalitis patients

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Received: 25 April 2023 / Revised: 16 June 2023 / Accepted: 26 June 2023 / Published online: 25 July 2023 © The Author(s) 2023

Abstract

Little is known about concomitant central nervous system (CNS) infections by more than one virus. Current diagnostics are based on molecular tests for particular pathogens making it difficult to identify multi-viral infections. In the present study, we applied DNA- and RNA-based next-generation sequencing metagenomics (mNGS) to detect viruses in cerebrospinal fluids from 20 patients with herpes simplex encephalitis. Coinfection was detected in one patient: sequences in cerebrospinal fluids matched enterovirus A (2.660 reads; 4% of recovered genome) and enterovirus B (1.571 reads; 13% of recovered genome). Subsequent PCR combined with serotyping allowed to identify human echovirus 6, a representative of enterovirus B. Several other mNGS hits (human pegivirus, Merkel cell polyomavirus, human papillomavirus type 5) were not considered to represent a genuine signal as they could not be confirmed by specific RT-PCR/PCR. HSV DNA, while being detectable by PCR in every patient, was detected by mNGS in only one. In conclusion, contaminations and false signals may complicate mNGS interpretation; however, the method can be useful in diagnostics of viral coinfections in CNS, particularly in the case of rare pathogens.

Keywords Viral coinfection · Central nervous system · Metagenomics · Encephalitis

Introduction

Encephalitis is an inflammatory process of brain parenchyma and is often associated with high mortality and longterm neurological sequelae (Bookstaver et al. [2017\)](#page-7-0). It could

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be triggered by autoimmune mechanisms but is most often caused by infectious agents (Tunkel et al. [2008](#page-9-0)) among which viruses predominate constituting between 50 and 69% of all cases (Glaser et al. [2006](#page-7-1); Kupila et al. [2006\)](#page-8-0). More than a hundred viral species were identified so far as possible causative agents, but *Herpesviridae*, *Picornaviridae*, and arboviruses are the most commonly encountered in Europe and North America (Hinson and Tyor [2001;](#page-7-2) Salimi et al. [2016](#page-8-1)).

Fast and accurate identification of causative pathogens is often crucial for the timely implementation of proper treatment of encephalitis (Venkatesan and Geocadin [2014](#page-9-1)). Current diagnostics are largely based on serology and/ or detection of viral genetic material by PCR/RT-PCR in cerebrospinal fluid (CSF); (Kennedy [2004](#page-7-3)). However, due to large number of potential viral agents, typical low CSF viral loads and high costs of tests which limit the diagnostics to pathogens that are most relevant for the particular epidemiological setting in as many as 60% of encephalitis cases the causative agent remains unidentified (Chaudhuri and Kennedy [2002](#page-7-4); Kennedy et al. [2017\)](#page-8-2). These limitations of routine diagnostics particularly affect the identification of rare and emerging pathogens and multi-viral infections (Radmard et al. [2019](#page-8-3)). Some studies reported finding more

than one pathogen in CSF from encephalitis patients (Rasti et al. [2016](#page-8-4); Weinberg et al. [2005\)](#page-9-2) and in two unusual cases as many as six different viruses were detected (Kumar et al. [2019](#page-8-5), [2020](#page-8-6)). It was postulated that viral coinfection could modify the course of encephalitis and disease severity (Kumar et al. [2020\)](#page-8-6).

Next-generation sequencing-based metagenomics (mNGS) holds the promise to remedy the problem of identification of several pathogens simultaneously, and it has been already successfully applied in the setting of encephalitis (Perlejewski et al. [2015;](#page-8-7) Tan le et al. [2013](#page-8-8); Wilson et al. [2014](#page-9-3)). In the current study, we employed mNGS protocols to analyze CSF collected from 20 patients with confirmed diagnosis of herpes simplex encephalitis (HSE) to search for confecting viral pathogens. HSE patients were chosen as the study group since human herpes simplex virus type 1 (HSV1) is the most frequent cause of viral encephalitis (24%) in Poland (Popiel et al. [2017](#page-8-9)).

Methods

Patients

We analyzed adult (\geq 18 yrs.) patients with HSE, who were hospitalized in the Municipal Hospital for Infectious Diseases in Warsaw. Inclusion criteria were HSV1 detection in the CSF by a commercial assays and availability of CSF sample for the current analysis. Encephalitis was defined as an acute onset of illness with altered mental status or decreased level of consciousness or seizures or focal neurological signs together with at least one abnormality of the cerebrospinal including white blood cell count \geq 4 cells/ $mm²$ or protein level \geq 40 mg/dl (Popiel et al. [2017](#page-8-9)). Twenty patients (15 men, 5 women, median age 36 years; range 20 to 79 years) fulfilled these criteria and were the subjects of the study. Written informed consent was obtained from patients or from their close relatives if the patient was unable to give consent because of his condition. Consent had to be confirmed once patient's condition improved. The study was approved by the Internal Review Board of the Medical University of Warsaw.

A lumbar puncture was performed in all patients at admission. CSF samples were centrifuged (at 1200 rpm for 20 min at 4 °C), aliquoted and kept frozen at−80 °C until current analysis.

The most commonly reported symptoms were fever (50%), headache (50%) and altered state of consciousness (45%). The average total cell count in CSF was 266 cells/µl with mean concentration of 0.6 g/l for protein and 3.49 mmol/l for glucose. Basic epidemiological and clinical information on the 20 HSE patients is provided in Table [1](#page-2-0).

The previous HSE diagnosis was confirmed by HSV1-DNA detection in CSF by in-house PCR (Machura et al. [2015\)](#page-8-10). HSV1 viral loads in CSFs ranged from 60 to 344 copies/per ml. All patients were negative for tick-borne encephalitis virus (TBEV) and *Borrelia* spp. infection based on routine serological testing using Serion ELISA classic TBEV IgG/IgM (Institut Virion/ Serion GmbH, Würzburg, Germany) and recomLine Borrelia IgM/IgG (Mikrogen Diagnostik, Germany), respectively.

Metagenomic next‑generation sequencing

 The mNGS RNA and DNA analysis were performed as described previously (Perlejewski et al. [2020\)](#page-8-11). In short, 225 µl of CSF was filtered (Millex-HV Syringe Filter Unit; pore size 0.45 μm; Merck KgaA, Germany) and digested with 2U of TURBO DNase (Thermo Fisher Scientific, USA) for 30 min. Next, RNA and DNA were extracted with TRIzol LS (Thermo Fisher Scientific, USA) and NucleoSpin Plasma XS kit (Macherey–Nagel, Germany), respectively. Extracted RNA was suspended in 5 μl and DNA was eluted in 12 μl of water.

Due to low yields of DNA/RNA which is common for CSF extraction, a preamplification step was employed to generate sufficiently large NGS libraries for sequencing. RNA and DNA were preamplified by a single-primer isothermal amplification (Ribo-SPIA) using Ovation RNA-Seq V2 system (NuGEN, San Carlos, USA) and SeqPlex Enhanced DNA Amplification kit (Sigma-Aldrich, USA), respectively. Preamplified cDNA/DNA was purified using Agencourt AMPure XP beads (Beckman Coulter, USA); (0.8 ratio to reaction mixture) and eluted in 30 μl of water.

 NGS libraries were prepared with Nextera XT Kit (Illumina, USA) using 1 ng of preamplified cDNA/DNA and employing 14 cycles during indexing and performing final purification with 0.6 ratio of Agencourt AMPure XP beads (Beckman Coulter, USA). Quality of NGS libraries was evaluated using Bioanalyzer (Agilent Technologies, USA), and the double-indexed DNA was measured with Qubit dsDNA HS kit (Thermo Fisher Scientific, USA). Sequencing was performed on HiSeq 1500 System (Illumina, USA) generating 101nt paired-end reads.

Data analysis

After sequencing reads were evaluated for their quality with FastQC software, then filtered and trimmed using BBmap and Trimmomatic, respectively (Bolger et al. [2014\)](#page-7-5). Filtered reads were mapped to human reference genome (GRCh38, GenBank) using Stampy (Lunter and Goodson [2011](#page-8-12)). Remaining nonhuman reads were aligned by Bowtie2 (Langmead and Salzberg [2012\)](#page-8-13) to viral reference genomes obtained from NCBI Reference Sequence Database (RefSeq). Viral reads were sorted and counted using SAMtools (Li et al. [2009\)](#page-8-14) and phyloseq (McMurdie and Holmes [2013\)](#page-8-15) package in R. Genome assembly

Table 1 Clinical and laboratory (nd, no data/not done; Altered con, altered state of consciousness; Prot, protein; LDH, lactate dehydrogenase) characteristics of 20 patients with herpes simplex

was performed using SPAdes (Bankevich et al. [2012\)](#page-7-6). Coverage rates and visualization of viral alignments were performed using CLC Genomics Workbench (Qiagen, USA).

For positive mNGS virus detection at least two unique, non-overlapping reads mapping to a particular virus had to be identified and similar criteria have been previously used by others (Kufner et al. [2019;](#page-8-16) Schlaberg et al. [2017\)](#page-8-17). Each positive mNGS result had to be confirmed by specific PCR/RT-PCR.

Specific PCR/RT‑PCRs

RNA and DNA were extracted from 200 µl of CSF using Trizol LS (Thermo Fisher Scientific, USA) and NucleoSpin Plasma XS kit (Macherey Nagel, Germany), respectively. All samples were tested for a HSV-1 using in-house quantitative PCR. Furthermore confirmatory PCRs were performed for the following viruses identified by mNGS: enteroviruses (assays detecting EV: Coxsackie A9, A16, B2, B3, B4, B5; ECHO 5, 6, 9, 11, 18, 30, and EV 71); (Les et al. [2010](#page-8-18)), HPgV (Radkowski et al. [1999\)](#page-8-19), and MCPyV (Katano et al. [2009](#page-7-7)). To verify the presence of *Papillomaviridae* specific PCRs detecting alpha (Schulze et al. [2016](#page-8-20)) and beta (Berkhout et al. [1995\)](#page-7-8) HPVs were used.

Enterovirus serotyping

Enterovirus strain identified by amplification was further isolated from CSF using RD (rhabdomyosarcoma) cell line according to the standard procedure recommended by the World Health Organization (WHO [2004\)](#page-9-4). RD cells were cultivated in minimal essential medium (MEM) supplemented with 10% fetal bovine serum. The identification of the isolate was performed by sequencing of the VP1 coding gene.

Viral RNA was extracted from cell culture supernatant using QIAamp Viral RNA Mini Kit (Qiagen, USA). Extracted RNA was amplified by a combined RT and first round PCR using Superscript III (Invitrogen, USA) followed by a second amplification reaction with nested primers for enteroviral species A and B VP1 as described previously (Leitch et al. [2009](#page-8-21)). The resulting DNA templates were processed in cycle sequencing reaction with BigDye 3.1. The product of sequencing was run in an automated genetic analyzer (Applied Biosystems, USA). Sequences were manually edited using BioEdit program and examined in terms of closest homologue sequence using BLAST software.

Results

Metagenomic analysis was performed in all 20 HSE patients with the exception of Pt.7 in whom only RNA-based mNGS was done due to the limited amount of available CSF. Altogether 39 NGS libraries were sequenced generating totally

505,023,484 reads with an average number of 12,949,320 reads per sample. Non-human reads were filtered after alignment to GRCh38, and their number ranged from 39,916 to 13,641,768 with more of non-human sequences found in RNA-based than in DNA-based mNGS analysis (7,070,395 reads vs. 1,898,390 reads). The highest number of viral reads was present in RNA-mNGS of Pt.19 (299,583 reads, 2.334% of total reads), whereas the lowest in DNA-mNGS of Pt.16 (32 reads; 0.003% of total reads). The majority (77.52%) of detected viral sequences aligned to bacteriophage genomes. Sequences common for our lab contamination background which were identified in various previous mNGS runs were removed (Bukowska-Osko et al. [2016;](#page-7-9) Perlejewski et al. [2015,](#page-8-7) [2020](#page-8-11)). Only animal viruses were considered as possible etiologic agents of encephalitis. Results of mNGS together with mapping information are shown in Table [2.](#page-4-0)

In CSF of Pt.5 mNGS we identified sequences specific for enterovirus A (EV A) and B (EV B). Despite higher number of reads (2.660) aligning to EV A than to EV B (1.571) more EV B (13%), genome was recovered than EV A (4%) (Fig. [1\)](#page-5-0).

The presence of enteroviral RNA in CSF was confirmed with specific PCR, and the resulting EV-VP1 product was sequenced for EV serotyping. Subsequent BLAST search confirmed the presence of human echovirus 6 – representative of enterovirus B (Fig. [2](#page-6-0)).

Our mMGS analysis in this patient detected also sequences mapping to genomes of other *Picornaviridae* including enterovirus J, *Enterovirus* sp. isolate CPML 8109/08 and porcine enterovirus 9 strain UKG/410/73, but these did not meet our criteria for mNGS identification (described in Methods).

Representatives of *Papillomaviridae* were detected in two patients, i.e., human papillomavirus type 5 (HPV5) in Pt.4 and Pt.5 and Colobus guereza papillomavirus 2 in Pt.5. In addition, mNGS analysis detected 12 reads mapping to Merkel cell polyomavirus (MCPyV) in patient Pt.10 and four unique reads mapped to human pegivirus (HPgV) in Pt.14. However, the presence of all these sequences could not be confirmed by PCR and RT-PCR. Unexpectedly, HSV was identified by DNA-mNGS in only one (Pt.18) out of 20 patients, based on two unique reads.

Discussion

In the present study, we used mNGS to search for coexisting viral infections in 20 patients with confirmed diagnosis of HSE and detected another CNS infection in five patients. However, only in one (Pt.5), this infection (human echovirus 6) was confirmed by subsequent RT-PCR. The course of disease in this patient was uneventful, and he was discharged without any neurological sequelae.

Table 2 Results of mNGS analysis in cerebrospinal fuid from 20 patients with herpes simplex encephalitis (HSE). Only animal viruses represented by at least two unique, non-overlapping reads mapping to a particular virus were included

Reports of CNS infection involving multiple pathogens are rare in the literature and usually involve viruses from the *Herpesviridae* family. In one study of CSF samples collected from patients with various neurological diseases, including viral meningitis, a mixed infection of HSV1 and HSV2 was found in 36.6% (Taj and Jamil [2018](#page-8-22)), whereas in another study on a similar group of patients, it was only 1.3% (Shikova et al. [2022\)](#page-8-23). Mixed CNS infections with HSV2 and cytomegalovirus (CMV) were reported in patients with acquired immunodeficiency syndrome (AIDS) (Laskin et al. [1987;](#page-8-24) Zahid et al. [2021\)](#page-9-5) and in those receiving chemoradiotherapy (Suzuki et al. [2008](#page-8-25)), but also in patients without any known immune deficiency (Xue et al. [2015\)](#page-9-6).

Fig. 1 Identifcation of EV-RNA by mNGS in cerebrospinal fuid of Pt.5. **A** Sequence alignment (4% of recovered genome) to enterovirus A genome (NC_001612.1). **B** Sequence alignment (13% of recovered genome) to enterovirus B genome (NC_001472.1)

Weinberg et al. described 16 patients with CNS coinfection by Epstein-Barr virus (EBV) and at last one other pathogen. Among 10 immunocompromised patients, three were coinfected by CMV, two by JC virus, and two by varicella zoster virus (VZV). Moreover, in three of these patients, non-viral pathogens were detected in the CSF (two were infected with *pneumococcus* and one was infected with *Cryptococcus* species). In the immunocompetent group of six patients, three were coinfected with another virus (HSV, varicella zoster virus; VZV, West Nile virus; WNV), while two were coinfected with *Ehrlichia chaffeensis* and one with *Mycoplasma pneumoniae* (Weinberg et al. [2005](#page-9-2)). The number of coinfecting pathogens could be occasionally sizeable; Kumar et al. described two unusual cases of encephalitis in 6- and 7-year-old girls from India in whom six different pathogens: JEV, Dengue virus (DENV), Chikungunya virus (CHIKV), CMV, HSV2, and Rubella virus (RuV) were detected in CSF (Kumar et al. [2019,](#page-8-5) [2020\)](#page-8-6).

It is likely that immunosuppression could facilitate coinfection by multiple pathogens. VanderVeen et al. reported the case of a 59-year-old man without preexisting immune deficiencies who developed encephalitis caused by a coinfection with VZV and Jamestown canyon virus (JCV) after treatment with corticosteroids (VanderVeen et al. [2020\)](#page-9-7).

In the present study, one out of 20 HSV1-infected patients was found to be coinfected with human echovirus 6. While there are few reports on coinfection with bacteria including *Streptococcus pneumoniae*, *Mycobacterium tuberculosis*, and *Neisseria meningitides* (Basmaci et al. [2011;](#page-7-10) Pelkonen et al. [2012\)](#page-8-26) and viral agents like mumps virus (two cases; 3% of 66 patients with aseptic meningitis (Rasti et al. [2016](#page-8-4)) or EBV

(one case; 2% of 49 patients with lymphomonocytary meningitis) (Vidal et al. [2011\)](#page-9-8), EV and HSV coinfection in the setting of neuroinfection has not been described previously. This is surprising since EVs (25%) and HSV (24%) were the two most common causes of viral encephalitis in the large California Encephalitis Project (Glaser et al. [2006\)](#page-7-1), while in Poland, 24% and 6.3% of encephalitis cases were found to be due to HSV and EVs, respectively (Lipowski et al. [2017\)](#page-8-27). In a Polish study of children hospitalized with CNS infection attributed to enteroviruses, 6% of all patients were infected by human echovirus 6 (Toczylowski et al. [2020](#page-8-28)).

Not unexpectedly, sequences of MCPyV, HPV5 and HPgV identified in mNGS were not confirmed by specific PCRs. MCPyV and HPV5 sequences are common external contaminants which could originate from laboratory surfaces (Foulongne et al. [2011](#page-7-11)) and patient/technician's skin (Harwood et al. [2004\)](#page-7-12), respectively. Similarly, detection of HPgV sequences could be due to laboratory contamination since our lab performed extensive HPgV amplification and sequencing in the past (Bukowska-Osko et al. [2018](#page-7-13); Kisiel et al. [2013\)](#page-8-29). Much like HPgV, our mNGS runs occasionally detect human immunodeficiency virus (HIV) and hepatitis C virus (HCV) sequences which are considered our lab background noise.

Surprisingly, while detected reads pointed to EV A and EV B coinfection, serotyping confirmed infection with EV B species only. Thus, while mNGS detected the virus, it was inaccurate with regard to specific serotype. It is possible that EV A reads were in fact EV B sequences altered by PCR and/or sequencing errors and were more efficiently aligned to the wrong genome. All detected EV A reads were aligning to the same region of viral genome as the majority of

Fig. 2 Phylogenetic tree depicting the relationships between VP1 ▸coding region of human echovirus 6 strain isolated from CSF of Pt.5 and human echovirus 6 strains fltered from GenBank (deposited between 2010 and 2016). Each strain is referenced by its accession number. The tree was constructed by the neighbor-joining method and evaluated with 1000 bootstrap pseudoreplicates. Genetic distances were calculated with Kimura 2-parameter algorithm. Analyses were conducted using MEGA 11

identified EV B sequences (5′ untranslated region; 5′-UTR), thus giving credence to this explanation.

The problem of polymerase errors in metagenomics studies is well known and is most pronounced for whole genome amplification (WGA) kits — such as the one used in the current study — as these do not contain high fidelity enzymes (Quail et al. [2011](#page-8-30)). The errors could have also been introduced by preamplification, which was necessary as the amount of DNA/RNA in CSF was very low and similar to non-template controls (NTC); (Lauder et al. [2016\)](#page-8-31), as well as by increasing the number of PCR cycles needed to generate sufficient amount of indexed DNA for sequencing during NGS library preparation (Quail et al. [2011](#page-8-30); Sze and Schloss [2019](#page-8-32)). Errors could also occur at different steps of sequencing (clustering, cycles of sequencing, image analysis) generating mistakes in base calling ranging from 0.1 to 1% (Fox et al. [2014\)](#page-7-14).

Unexpectedly, we have detected HSV in only one out of 20 HSE PCR-positive patients, indicating the possible problem of sensitivity of our mNGS procedure compared to PCR assays (Perlejewski et al. [2020\)](#page-8-11). In the diagnostic center where mNGS was used in clinical settings, approx. 29% of metagenomic results matched with outputs of routine diagnostics conducted on various samples including CSF, blood, and stool (Kufner et al. [2019\)](#page-8-16). Lower compatibility (42%) between metagenomics and routine diagnostic tests was shown in the study where different causative agents of CNS infection (including bacteria and fungi) were detected (Wilson et al. [2019\)](#page-9-9). On the other hand, Si et al. detected HSV-DNA in CSF of all out of nine patients with suspected encephalitis, however, in five subjects number of viral unique reads was \leq 2 (Si et al. [2023](#page-8-33)). Another study confirmed that mNGS-based pipeline may demonstrate analytical and clinical performance comparable to that of qPCR when used to detect transplant-related DNA viruses in plasma (Carpenter et al. [2019](#page-7-15)).

In our study, sample degradation was not an issue of lower mNGS sensitivity as all samples were HSV1-positive at the time of the study when tested by an in-house assay. Low sensitivity of our mNGS protocol could have been further compromised by DNase treatment which is a commonly used technique to lower the DNA background — viral genomic DNA is assumed to remain protected from this nuclease by the presence of viral envelope (Hall et al.

[2014](#page-7-16)). However, herpesviral DNA in such clinical samples as serum and plasma was reported to be highly fragmented and thus susceptible to DNases (Boom et al. [2002\)](#page-7-17). There may be a trade-off: DNase-free conditions in mNGS protocols may result in higher number of viral reads for herpesviruses but at the same time lower the number of sequences for non-herpes DNA and RNA viruses (Edridge et al. [2019](#page-7-18)).

In conclusion, employing metagenomic analysis of CSF from 20 patients with HSE, we identified a coexisting infection with echovirus 6 in one. While mNGS allows for the detection of a wide spectrum of viruses, contamination issues and false signals produced during analysis may complicate its clinical usefulness. Despite that, mNGS has repeatedly proven to be a powerful diagnostic tool in viral detection (Carpenter et al. [2019](#page-7-15); Lipowski et al. [2017;](#page-8-27) Si et al. [2023\)](#page-8-33).

Author contribution All authors contributed to manuscript preparation. Conceptualization: K.P., T.L., M.Ra. Data curation: K.P., M.M., M.Ry, T.D. Data analysis: K.P., M.Ry. Funding acquisition: T.L Investigation: K.P., M.M., A.H. Methodology: K.P., M.Ry., S.S., M.W., T.D, A.H. Resources: T.L., K.P. Software: K.P., M.Ry. Supervision: T.L., M.Ra. Manuscript review: K.P., T.L., M.Ra.

Funding This work was supported by the National Science Center, Poland [2017/25/B/NZ6/01463].

Data availability The data generated during and analyzed during the current study are available from the corresponding author on reasonable request.

Declarations

Conflict of interest The authors declare no conflict of interests.

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