ORIGINAL ARTICLE

High glucose promotes mineralization via bone morphogenetic protein 4‑Smad signals in early stage of osteoblast diferentiation

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Abstract

Diabetes mellitus is associated with bone fragility. Although osteoblast maturation is disturbed in patients with diabetes mellitus, the involvement of high glucose (HG) in diferent stages of osteoblast maturation is unclear. We used MC3T3-E1 cells, a murine osteoblastic cell line. The cells were incubated in high glucose medium (16.5 and 27.5 mM) with three diferent time courses: throughout 21 days, only frst 7 days (early stage) and only last 7 days (late stage). Mineralization assay showed that HG throughout 21 days increased mineralization compared with control (5.5 mM). In the time course experiment, HG increased mRNA expression of *Alp*, osteocalcin (*Ocn*), runt-related transcription factor 2 and osterix on days 3 and 5. By contrast, long-term treatment with HG (14 and 21 days) decreased expression of these osteoblastic markers. HG only during early stage enhanced mineralization, while HG only during late stage had no efects. HG increased the expression of bone morphogenetic protein (BMP) 4 and enhanced phosphorylation of Smad1/5/8. Treatment with a BMP receptor antagonist LDN193189 prevented the HG-induced mineralization during early stage of osteoblast diferentiation, indicating that HG in the early stage promotes mineralization by BMP4. In conclusion, the study demonstrates that continuous HG treatment might enhance early osteoblast diferentiation but disturbs osteoblast maturation, and that BMP-4-Smad signal might be involved in the HG-induced diferentiation and mineralization of osteoblasts.

Keywords High glucose · MC3T3-E1 cell · Osteoblast · Bone morphogenetic protein 4 · Smad

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Introduction

Accumulating evidence has shown that diabetes mellitus (DM) is associated with bone fragility $[1-3]$ $[1-3]$ $[1-3]$. The underlying mechanism of DM-induced bone fragility seems to be very complex and remains unclear. Previous studies showed that accumulation of non-enzymatic collagen crosslink is involved in the DM-induced bone fragility by deteriorating bone quality [[4](#page-8-2)]. Moreover, various factors, such as advanced glycation end products [\[5](#page-8-3)[–7](#page-8-4)] and oxidative stress [[7\]](#page-8-4), suppress osteoblast differentiation and function. In addition, serum bone-specifc alkaline phosphatase (ALP), a marker of premature osteoblasts, is normal or slightly increased, whereas serum osteocalcin (OCN), a marker of mature osteoblasts, is decreased in patients with type 2 DM [[8–](#page-8-5)[11\]](#page-8-6), and which was recovered by treatment of DM [[8,](#page-8-5) [9](#page-8-7)]. These fndings indicate that DM may cause impairment of osteoblast maturation, and that DM may diferently afect osteoblasts in early stage and late stage of osteoblast diferentiation.

Glucose is an important nutrient for osteoblastogenesis. Guntur et al*.* reported that non-diferentiated precursor cells prefer to use oxidative phosphorylation, and the cells obtain marked preference for glycolysis to generate adenosine triphosphate during diferentiating to osteoblasts [\[12](#page-8-8)]. Wei et al*.* showed that glucose uptake inhibition through glucose transporter (GLUT) 1 in osteoblasts suppressed osteoblastogenesis by proteosomal degradation of runt-related transcription factor 2 (Runx2), a master regulator of osteoblastogenesis [[13\]](#page-8-9). Li et al*.* also reported that Mst1/2 kinase is necessary for the expression of GLUT1, glucose uptake and bone formation [\[14\]](#page-8-10). Thus, glucose uptake seems to play crucial roles in osteoblastogenesis and bone formation. Bone morphogenetic proteins (BMPs) are known to be powerful osteo-inductive molecules which strongly promote osteoblastic diferentiation and mineralization through Smad and non-Smad signals [\[15,](#page-8-11) [16\]](#page-8-12). Among them, several BMPs, such as BMP-2, 4 and 7, are reported to have potent osteoblastogenic ability [[15](#page-8-11), [16](#page-8-12)]. Karvande et al*.* reported that parathyroid hormone promoted glucose uptake, leading to upregulation of BMP-4 and osteoblast diferentiation [[17](#page-8-13)]. Therefore, BMP signals may be involved in osteoblastogenesis facilitated by glucose uptake.

Although glucose is important for osteoblastogenesis as described above, the efect of high glucose (HG) on osteoblastogenesis is still unclear. Previous in vitro studies reported that HG (11 to 33 mM) suppressed osteoblast differentiation and mineralization on days 21 to 28 [[18–](#page-9-0)[23](#page-9-1)]. By contrast, Zhen et al*.* showed that glucose 11 mM enhanced osteoblast diferentiation and mineralization, whereas 22 and 44 mM inhibited them on day 28 in rat primary osteoblasts [\[24\]](#page-9-2). Liu et al. also reported that glucose 15.5 mM stimulated proliferation, osteoblast diferentiation and mineralization and glucose 25.5 and 35.5 mM prevented on days 7 and 14 in a mouse osteoblastic cell line MC3T3-E1 [[25\]](#page-9-3). These observations suggest that moderate HG promotes osteoblastogenesis, and considerable HG inhibits it. However, how HG infuences osteoblast maturation is not fully understood so far. Further investigation is, thus, necessary to clarify the efects of HG on osteoblasts.

The present study aimed to investigate the effects of HG on osteoblast diferentiation and mineralization in MC3T3- E1 cells. We also investigated the efect of HG in early and late stages of osteoblast diferentiation, separately. In addition, the involvement of BMP-Smad signals was examined.

Cell culture medium and supplements were purchased from GIBCO-BRL (Rockville, MD, USA). Anti-β actin antibody

Materials and methods

Reagents

was purchased from Sigma–Aldrich (St. Louis, MO, USA). Antibody against phospho-Smad1/5/8 was purchased from Merck Millipore (Burlington, MA, USA), and antibody against Smad1 was from Cell Signaling Technology (Beverly, MA, USA). A BMP type 1 receptor antagonist LDN193189 hydrochloride was purchased from Sigma-Aldrich (St. Louis, MO, USA).

Cell cultures

A mouse clonal osteoblastic cell line MC3T3-E1 was purchased from the RIKEN Cell Bank. The cells were cultured in α-minimum essential medium (α-MEM), which contains 5.5 mM of glucose, supplemented with 10% fetal bovine serum (FBS) and 1% penicillin–streptomycin in 5% $CO₂$ at 37 °C. The medium was changed twice a week, and the cells were passaged when they were 80% confuence. For osteoblast diferentiation and mineralization assay, MC3T3-E1 cells were cultured in α-MEM supplemented with 10% FBS, 1% penicillin–streptomycin, 10 mM β-glycerophosphate and 50 mg/L ascorbic acid for 21 days after reaching confuence. The medium was changed twice a week. For incubation with HG medium, L-glucose was added to osteoblastogenic medium so that fnal concentration of glucose became 16.5 mM and 27.5 mM. We used MC3T3-E1 cells passaged within 9 times.

To investigate the effects of glucose on osteoblasts, MC3T3-E1 cells were treated in diferent glucose concentration (5.5, 16.5 and 27.5 mM) and three diferent time course group during osteoblast diferentiation. As shown in Fig. [1,](#page-2-0) in continuous group, the cells were continuously treated with glucose 5.5, 16.5 and 27.5 mM for 21 days (continuous). In early-stage group, the cells were treated with glucose 5.5, 16.5 and 27.5 mM for frst 7 days, and then they were incubated with normal glucose (5.5 mM) for 14 days (early stage). In late-stage group, the cells were incubated with normal glucose medium for 14 days, and then they were treated with glucose 5.5, 16.5 and 27.5 mM for late 7 days (late stage).

Mineralization stainings

The mineralization of MC3T3-E1 cells was determined in 24-well plates using von Kossa and Alizarin red stainings. After reaching confuence, the cells were incubated in osteoblast diferentiation medium with or without additional glucose for 21 days, the cells were stained with 2% AgNO₃ and fixed with 2.5% NaS₂O₃ by the von Kossa method to detect phosphate deposits in bone nodules [[26\]](#page-9-4). At the same time, the other plates were fxed with ice-cold 70% ethanol and stained with Alizarin red to detect calcifcation [[26\]](#page-9-4). For quantifcation, cells stained with Alizarin red were destained with ethylpyridium chloride, then the extracted stain was **Fig. 1** Schematic protocol of **Day 0 Day 7 Day 14 Day 21** high glucose treatment during **HG treatment** osteoblastic diferentiation. The cells were exposed to high glucose with three diferent pro**continuous** tocols (continuous, early stage and late stage). The expression ⊕ ⊕ J J ⊕ of mRNA was examined on **Day 3 Day 5 Day 7 Day 14 Day 21** days 3, 5, 7, 14 and 21 in continuous group. Mineralization **mRNA expression** assay was performed on day 21 **mineralization HG treatment assay early stage** 7777777 **HG treatment late stage**

transferred to a 96-well plate, and the absorbance at 595 nm was measured using a microplate reader.

Alkaline phosphatase staining

ALP staining was performed by standard protocol. After reaching confuence, the cells were incubated in osteoblast diferentiation medium containing glucose 5.5, 16.5 and 27.5 mM for 4 days. Thereafter, the cells were rinsed in PBS, fxed in 4% formaldehyde, rinsed with PBS again, and then overlaid with the BCIP/NBT reagent (Sigma–Aldrich, St. Louis, MO, USA), followed by incubation at room temperature for 15 min in the dark.

Quantifcation of gene expression using real‑time polymerase chain reaction (PCR)

Total RNA was extracted from the cultured MC3T3-E1 cells using Trizol reagent (Invitrogen, San Diego, CA, USA) according to the manufacturer's recommended protocol. Total RNA 2 µg was transcribed into double-stranded cDNA (cDNA synthesis kit; Invitrogen, San Diego, CA, USA). Then, we used SYBR Green chemistry to examine the mRNA expression of osteoblastogenic markers; *Alp*, type 1 collagen (*Col-1*), *Ocn*, *Runx2* and osterix (*Osx)*. A housekeeping gene, *36b4,* was used to normalize the diferences in the efficiencies of reverse transcription. The primer sequences are described in Table [1](#page-2-1). Real-time PCR was performed using 50 ng of cDNA in a 25 μL reaction volume with Thermal Cycler Dice Real-Time System II (Takara Bio, Shiga, Japan). The double-stranded DNA-specifc dye SYBR Green I was incorporated into the PCR bufer provided in the SYBR Green Real-time PCR Master Mix (Toyobo Co. Ltd., Tokyo, Japan) to enable quantitative detection of the PCR product. The PCR conditions were 95 °C for 15 min,

Table 1 Gene names and their primers

Gene name	Primers	Accession no
36b4	AAGCGCGTCCTGGCATTGTCT CCGCAGGGGCAGCAGTGGT	NM 007475
Alp	CCGATGGCACACCTGCTT GAGGCATACGCCATCACATG	X13409
$Col-1$	AACCCGAGGTATGCTTGATCT CAGTTCTTCATTGCATTGC	NM 007742
Ocn	TGCTTGTGACGAGCTATCAG GAGGACAGGGAGGATCAAGT	L ₂₄₄₃₁
Runx2	AAGTGCGGTGCAAACTTTCT TCTCGGTGGCTGGTAGTGA	NM 009820
O_{SX}	CCCTTCTCAAGCACCAATGG AGGGTGGGTAGTCATTTGCATAG	AF184902
$Bmp-2$	GGTCACAGATA AGGCCATTGC GCTTCCGCTGTTTGTGTTTG	BM 007553.3
Bmp-4	TTATGAAGCCCCCAGCAGAA ATCGAAAGTTTCCCACCGTG	NM 007554.3

40 cycles of denaturation at 94 °C for 15 s, and annealing and extension at 60 °C for 1 min.

Western blot analysis

For western blot analysis, the cells were plated in 6-well plates and cultured. Triton X-100 lysis bufer (50 mM Tris, 1 mM EDTA, 1.5 mM $MgCl₂$, 150 mM NaCl, 1% Triton X-100 and 10% glycerol) was mixed with protease inhibitor Cocktail (Sigma–Aldrich, St. Louis, MO, USA), phosphatase inhibitor Cocktail 2 (Sigma–Aldrich, St. Louis, MO, USA), phosphatase inhibitor Cocktail 3 (Sigma–Aldrich, St. Louis, MO, USA). The cells were washed with cold PBS, then Triton X-100 buffer containing the inhibitors was added. The cells were scraped, incubated on ice for 10 min and shaken for 30 min at 4 °C. The cell lysates were centrifuged at 14,000 rpm, 4 \degree C for 20 min. The supernatant

Fig. 2 The efects of high glucose on mineralization and the expres-◂sion of osteoblastic diferentiation markers at diferent time points in MC3T3-E1 cells. **a** von Kossa staining and Alizarin red staining on day 21. **b** Quantification of Alizarin red staining $(n=8)$. **c** ALP staining on day 4. **d**–**h** The mRNA expression of osteoblastic markers (*Alp*, *Col-1*, *Ocn*, *Runx2* and *Osx*) ($n \ge 10$). $* p < 0.05$, $* p < 0.01$, ****p*<0.001

was collected, and the protein concentration was quantifed with Bradford Protein Assay (Thermo Fisher Scientifc, MA, Waltham, USA). The protein concentrations were adjusted to the lowest one. Thereafter, equal volume of $2 \times$ Laemmli Sample Buffer (BIO-RAD, Hercules, CA, USA) containing 5% β-Mercaptoethanol was added. The cell lysates were electrophoresed using 10% SDS-PAGE and transferred to a nitrocellulose membrane (BIO-RAD, Hercules, CA, USA). The blots were blocked with Tris-buffered saline (TBS) containing 1% Tween 20 (BIO-RAD, Hercules, CA, USA) and 3% BSA for 1 h at 4 °C. Thereafter, the blots were incubated overnight at 4 °C with gentle shaking with a primary antibody for Smad1 and phosphorylated Smad1/5/8 at a dilution of 1:1000 and primary antibodies for β actin at 1:5000. These blots were extensively washed with TBS containing 1% Tween 20 and were further incubated with a 1:5000 dilution of horseradish peroxidase-coupled IgG of specifed animal species (rabbit or mouse) matched to the primary antibodies in TBS for 30 min at 4 °C. The blots were then washed in TBS containing 1% Tween 20 three times, and the signal was visualized using an enhanced chemiluminescence technique. The bands were quantifed with a software Image J [[27\]](#page-9-5). The results were described as relative to control.

Statistics

Results are expressed as means \pm standard error (SE). Statistical evaluations for diferences between groups were performed using one-way analysis of variance followed by Fisher's protected least signifcant diference. For all statistical tests, a value of $p < 0.05$ was considered a statistically signifcant diference.

Results

The efects of high glucose on mineralization and expression of osteoblastic diferentiation markers in MC3T3‑E1 cells

We examined the effect of HG on mineralization in MC3T3-E1 cells. von Kossa and Alizarin red staining showed that HG 16.5 mM and 27.5 mM increased mineralization (Fig. [2a](#page-4-0)). Quantifcation of Alizarin red staining showed that the increase of mineralization was signifcant in a dose-dependent manner (Fig. [2b](#page-4-0)). In addition, glucose 16.5 and 27.5 mM increased ALP staining (Fig. [2c](#page-4-0)). On the other hand, bromodeoxyuridine assay showed that HG 16.5 mM did not afect proliferation (supplemental fg. S1). These observations suggest that HG facilitates osteoblast diferentiation and mineralization independent of proliferation.

Next, we examined the effects of continuous HG treatment on expression of osteoblastic diferentiation markers at different time points. The cells were incubated in diferentiation medium containing glucose 5.5, 16.5 and 27.5 mM, respectively, and mRNA expression of osteoblastic diferentiation markers (*Alp*, *Col-1*, and *Ocn*) and crucial osteoblastogenic transcription factors (*Runx2* and *Osx*) were examined on days 3, 5, 7, 14 and 21 (Fig. [1](#page-2-0)). HG 16.5 mM signifcantly increased the expression of *Alp*, *Ocn* and *Osx* on days 3 and 5 (Fig. [2d](#page-4-0), e), and increased *Runx2* on day 3 (Fig. [2d](#page-4-0)). In addition, HG 27.5 mM increased *Alp* and *Runx2* on days 3 and 5 (Fig. [2](#page-4-0)d, e), and increased *Osx* on day 3 (Fig. [2d](#page-4-0)). The expression of *Col-1* was not afected by either HG 16.5 or 27.5 mM on days 3 and 5 (Fig. [2d](#page-4-0), e). The increases in osteoblastogenic markers were greater in HG 16.5 mM except for *Runx2* on day 5 (Fig. [2d](#page-4-0),e). By contrast, HG 16.5 and 27.5 mM signifcantly decreased *Col-1* and *Ocn* on day 7 (Fig. [2f](#page-4-0)). Moreover, HG 16.5 and 27.5 mM signifcantly decreased all of the osteoblastic differentiation markers on days 14 and 21 (Fig. [2](#page-4-0)g, h).

The efects of high glucose on mineralization during early and late stages of osteoblast diferentiation in MC3T3‑E1 cells

Because the efects of HG on the expression of osteoblastic markers were diferent between early and late stages of osteoblast diferentiation, we speculated that the efects of HG on osteoblast diferentiation are diferent between premature and mature osteoblasts. To investigate our hypothesis, we examined the efects of HG during early and late stages of osteoblast diferentiation on mineralization in MC3T3-E1 cells. The cells were incubated in diferentiation medium containing glucose 5.5, 16.5 and 27.5 mM only during day 0 to 7 (early stage) or during day 14 to 21 (late stage) (Fig. [1](#page-2-0)). Remaining period was incubated in glucose 5.5 mM (Fig. [1](#page-2-0)). Alizarin red and von Kossa stainings showed that HG 16.5 and 27.5 mM only during early stage of osteoblastogenesis clearly enhanced mineralization (Fig. [3](#page-5-0)a). Quantifcation of Alizarin red staining showed that the increase was signifcant (Fig. [3b](#page-5-0)). By contrast, HG only during late stage did not afect mineralization (Fig. [3c](#page-5-0), d).

The efects of high glucose on expression of osteoblastic diferentiation markers in late stage of osteoblast diferentiation

We investigated the effect of HG on expression of osteoblastic diferentiation markers in mature osteoblasts. MC3T3-E1

cells were diferentiated toward mature osteoblasts by incubating in diferentiation medium containing glucose 5.5 mM for 14 days. Thereafter, the cells were incubated in diferentiation medium containing glucose 5.5, 16.5 and 27.5 mM for 3 days, and mRNA expression was examined. Unlike early stage of MC3T3-E1 cells, HG 16.5 and 27.5 mM signifcantly decreased *Col-1* and *Ocn* (Fig. [4](#page-6-0)b, c). The expression of *Alp*, *Runx2* and *Osx* was not afected by HG (Fig. [4a](#page-6-0), d, e). Taken together, these fndings suggest that HG promotes osteoblast diferentiation in premature osteoblasts, which contributes to the increase of mineralization. By contrast, HG prevents maturation of late-stage osteoblasts.

The involvement of BMP signals in HG‑induced enhancement of mineralization in MC3T3‑E1 cells

Because BMP-2, BMP-4 and BMP-7 are known to be potent inducers of osteoblastogenesis [\[16](#page-8-12)], we examined the efects of HG on BMPs expression. Real-time PCR showed that HG 16.5 and 27.5 mM significantly and dose-dependently increased the expression of BMP-4 (Fig. [5b](#page-7-0)) but not BMP-2 (Fig. [5a](#page-7-0)). BMP-7 mRNA was hardly expressed (data not shown). Next, we examined the effect of HG on phosphorylation of Smad1/5/8, a key molecule of BMP signals. Western blot analysis showed that HG clearly increases phosphorylated Smad1/5/8 and total Smad1 (Fig. [5c](#page-7-0)). Quantifcation of the bands showed that HG 16.5 and 27.5 mM signifcantly increased ratio of phospho-Smad1/5/8 and β-actin (Fig. $5e$), and HG 27.5 mM significantly increased total Smad1/β-actin ratio (Fig. [5f](#page-7-0)). Refecting the increase in total Smad1, the increase in the ratio of phosho-Smad1/5/8 and total Smad1 was slight but significant (Fig. [5](#page-7-0)d).

We examined the involvement of BMP-4-Smad signal in HG-induced enhancement of mineralization using a BMP type 1 receptor antagonist LDN193189 (LDN). Treatment with LDN 10^{-7} M alone slightly decreased phosphorylation of Smad1/[5](#page-7-0)/8 (Fig. 5g), and LDN 10^{-7} M also prevented HG-induced phosphorylation of Smad1/5/8 (Fig. [5](#page-7-0)g). Thereafter, we examined the efect of BMP receptor blockade on mineralization. MC3T3-E1 cells were incubated in osteoblastogenic medium containing glucose 5.5 or 16.5 mM with or without LDN 10^{-7} M for 7 days, then the cells were incubated in diferentiation medium containing glucose 5.5 mM for 14 days. Alizarin red staining was performed on day 21. LDN alone seemed to suppress mineralization by Alizarin red staining (Fig. [5h](#page-7-0)); however, the diference was not signifcant by its quantifcation (Fig. [5](#page-7-0)i). On the other hand, LDN prevented HG-induced enhancement of mineralization (Fig. [5h](#page-7-0), i). These fndings indicate that HG increases the

Fig. 4 The efects of high glucose on the expression of osteoblastic diferentiation markers in MC3T3-E1 cells in the late stage of osteoblast differentiation. **a**–**e** The cells were incubated in osteoblast diferentiation medium containing glucose 5.5 mM for 14 days. Then incubated with glucose 5.5, 16.5 and 27.5 mM for 3 days, and the mRNA expression was examined $(n=17)$. **p* < 0.05, ***p*<0.01, ****p*<0.001

expression of BMP-4 in early stage of osteoblastogenesis, which leads to the enhancement of mineralization.

Discussion and conclusion

The present study showed that HG in early stage of osteoblast diferentiation enhanced mineralization via increasing BMP-4 expression and BMP-4-Smad signal in MC3T3-E1 cells. Moreover, HG increased osteoblastogenic markers in early stage and decreased them in late stage, respectively, indicating that HG may stimulate osteoblastogenesis in premature osteoblasts, whereas HG may prevent maturation of osteoblasts. Recent studies showed that mature osteoblasts predominantly use glucose to produce ATP [[12\]](#page-8-8), and that glucose uptake plays crucial roles in osteoblast diferentiation and bone formation [\[13](#page-8-9), [14,](#page-8-10) [17\]](#page-8-13). Especially, Karvande et al*.* reported that parathyroid hormone increased glucose uptake, leading to the increase in BMP-4 and bone formation [\[17\]](#page-8-13). Taken all together, BMP-4 might be a key molecule which links glucose uptake and osteoblastogenesis.

Several in vitro studies showed that HG prevented osteoblastogenesis and mineralization [[18](#page-9-0)[–23\]](#page-9-1). Most of these studies used markedly high concentrations of glucose (greater than or equal to 25 mM). In contrast, Zhen et al*.* and Liu et al. reported that moderately HG 11 mM and 15.5 mM enhanced and markedly HG suppressed osteoblast diferentiation and mineralization in rat primary osteoblasts [\[24\]](#page-9-2) and MC3T3-E1 cells [\[25](#page-9-3)], respectively. Taken together, it is considered that moderately, HG may enhance mineralization of osteoblasts, and markedly, HG may suppress it. Moderately, HG may be benefcial for osteoblastogenesis, but further increase in glucose levels may counteract by increasing oxidative stress [\[19](#page-9-6)] and suppression of phosphatidylinositol-3 kinase/Akt signals [[19,](#page-9-6) [21](#page-9-7), [23](#page-9-1), [25](#page-9-3)].

In the present study, the increase in osteoblastic markers was greater in HG 16.5 mM than 27.5 mM. As to this point, we found that HG 16.5 and 27.5 mM signifcantly decreased intrinsic BMP antagonists, DAN and noggin (supplemental fg. S2). Of note, the decreases of DAN and noggin were greater in glucose 16.5 mM group than 27.5 mM (supplemental fg. S2). These alterations of intrinsic BMP antagonists might be involved in the variation of the markers. In addition, variability was also observed in the mRNA expression of *Col-1*. The mRNA levels of *Col-1* (relative to control) reduced until day 14 and then increased on day 21. A previous study showed that glucose uptake in osteoblasts increased expression of type 1 collagen via activation of mTORC1 signals and which was independent of Runx2 [[13](#page-8-9)]. Therefore, it is considered that the increase in *Col-1* mRNA on day 21 might be mediated by mechanisms independent of Runx2.

In the study of *Liu* et al*.*, moderately, HG 15.5 mM increased mRNA of *Runx2*, *Osx* and *Ocn* on days 3 or 7 in MC3T3-E1 cells [[25\]](#page-9-3), which is consistent with our study. By contrast, the study of Zheng et al*.* showed that moderately HG 11 mM increased *Runx2* mRNA on day 28 in rat primary osteoblasts [\[24\]](#page-9-2), which is diferent from the present study that longer treatment with HG suppressed the expression of osteoblastic markers. Although the reasons remain unknown,

Fig. 5 The involvement of BMP-4-Smad signal in HG-induced enhancement of osteoblast diferentiation and mineralization in MC3T3-E1 cells. **a**, **b** The mRNA expression of *Bmp-2* and *Bmp-4* on day 3 ($n \ge 11$). **c–f**) The cells were treated with glucose 5.5, 16.5 and 27.5 mM for 48 h, and protein levels were examined $(n=4)$. **g** The cells were treated with glucose 5.5 and 16.5 mM with or without a BMP receptor antagonist, LDN193189 (LDN), for 48 h, and the protein levels were examined. **h**, **i** The cells were treated with glucose 5.5 and 16.5 mM with or without LDN for 7 days. Then, the cells were normal glucose medium and Alizarin red staining was performed on day 21 $(n=3)$. ***p*<0.01, ****p*<0.001

the discrepancy might be attributable to the diference of cell types (MC3T3-E1 cells and rat primary osteoblasts) or methods of osteoblast diferentiation (containing dexamethasone or not).

A discrepancy was observed between the efect of HG on the mRNA expression of osteoblastic markers and mineralization in this study. HG 16.5 mM efectively increased osteoblastic markers than HG 27.5 mM. However, glucose 27.5 mM increased mineralization greater than 16.5 mM. The discrepancy might be attributable to differences between protein and mRNA expression levels. It has been reported that glucose uptake facilitates osteoblast diferentiation by inhibiting proteasomal degradation of Runx2 [\[13](#page-8-9)]. Moreover, BMP signals are known to activate ERK1/2 [[16\]](#page-8-12) and it has been reported that ERK1/2 promotes osteoblastogenesis by phosphorylation of Runx2 [[28–](#page-9-8)[30\]](#page-9-9). These inhibition of degradation or phosphorylation of Runx2 protein might have contributed to the discrepancy between the mRNA expression and mineralization. However, the discrepancy of the other markers is not sufficiently explained, and further investigation is necessary.

HG is an important trait of DM. Previous studies showed that an early premature osteoblast marker ALP was increased and a mature osteoblast marker OCN was decreased in type 2 DM patients [[8](#page-8-5)–[11](#page-8-6)], and that short-term treatment of hyperglycemia improved the alterations of bone markers [[8,](#page-8-5)

[9\]](#page-8-7). These observations suggest that disturbance of osteoblast maturation may be involved in DM-induced bone fragility. The clinical characteristics of bone markers in type 2 DM are similar to the results of our study that HG increased ALP in early-stage premature osteoblasts and decreased OCN in late-stage mature osteoblasts. Therefore, HG itself may contribute to the DM-associated abnormality of bone remodeling. Bone mineral density (BMD) is decreased in patients with type 1 DM, characterized by complete depletion of insulin secretion, whereas BMD in patients with type 2 DM is often slightly elevated compared with an agematched control population $[1-3]$ $[1-3]$ $[1-3]$. Although the increased BMD in type 2 DM is usually explained by overweight, HG may be partly involved in it.

There are several limitations. Efect of hyperosmolality caused by HG was not investigated in the study. Whether hyperosmolarity affects osteoblast differentiation and mineralization is controversial [[23,](#page-9-1) [31–](#page-9-10)[34\]](#page-9-11). Previous studies have reported that hyperosmolality caused by mannitol altered mRNA expression of *Alp*, *Col-1* and *Ocn* [[33](#page-9-12), [34\]](#page-9-11). On the other hand, we and other researchers have shown that mannitol had no efect on osteoblast diferentiation and mineralization [[23](#page-9-1), [31](#page-9-10), [32\]](#page-9-13). Therefore, hyperosmolarity may not strongly alter the diferentiation and mineralization of osteoblasts although there is a possibility that it afected the results of this study. Next, the inhibitory efect of HG on osteoblast diferentiation markers was observed as early as day 7. Thus, late stage may correspond to days 7 to 21. Lastly, the study used a single mouse cell line. Therefore, it is necessary to confrm results of the present study using primary cultures and in vivo models.

In conclusion, HG increased osteoblastic diferentiation and mineralization especially in premature osteoblasts, whereas it decreased osteoblastic markers in mature osteoblasts. BMP-4-Smad signal may be involved in the HGinduced osteoblastic differentiation and mineralization. These fndings suggest that hyperglycemia may contribute to the mechanism of DM-induced bone fragility, and that treatment of hyperglycemia may improve the risk of fragility fracture in patients with DM.

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Compliance with ethical standards

Conflict of interest The authors declare no confict of interest. Eli Lilly Japan had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

Human and animal research statement This article does not contain any studies with human or animal subjects performed by any of the authors.

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