

FBG Arrays for Quasi-Distributed Sensing: A Review

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Abstract: Fiber Bragg grating (FBG) array is a powerful technique for quasi-distributed sensing along the entire length of sensing fiber with fast response and high precision. It has been widely used for temperature, strain, and vibration monitoring. In this review work, an overview on the recent advances of FBG arrays is conducted. Firstly, the fabrication methods of FBG array are reviewed, which include femtosecond laser system and online writing technique. Then, the demodulation techniques for FBG arrays are presented and discussed. Distributed static sensing can be performed by demodulating wavelength shift of each FBG, while phase demodulation techniques with low noise are employed for dynamic vibration sensing. Simultaneous distributed dynamic and static sensing system based on FBG array is also outlined. Finally, possible future directions are discussed and concluded. It is believed that the FBG array has great development potential and application prospect.

Keywords: FBG array; on-line writing FBG; wavelength demodulation; phase demodulation

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1. Introduction

Distributed optical fiber sensors can be employed to measure many parameters through the changes of light propagating in the optical fiber such as intensity, phase, wavelength, and polarization. They have attracted considerable interests because of its high sensitivity, immunity to electromagnetic interference and ability to operate in harsh environment [1–3]. In the past few decades, many distributed sensing techniques, based on Raman, Brillouin, and Rayleigh scattering within the optical fibers, have been successfully demonstrated in a wide range of vibration or temperature sensing applications, such as industrial process monitoring, oil/gas downhole measurement, and national defense [4–7]. Most of

the distributed temperature sensor (DTS) techniques are based on Raman scattering or Brillouin scattering. Temperature information can be obtained by detecting the ratio of the anti-Stokes and the Stokes light intensities [8–10] or the frequency shift of Brillouin backscattered light [11, 12]. Distributed vibration sensing has most successfully been explored using coherent Rayleigh scattering measurement [13–15]. The induced strain causes a change in the coherent Rayleigh backscattered trace and the change is detected and spatially located. All of the techniques rely on collecting backscattered light, which is an inherently weak process, leading to low light levels that limit the sensitivity and sensing distance of these systems. Therefore, thousands of averaging is required to improve the

signal-to-noise ratio (SNR), resulting in a long response time. The amplification technology can be employed to improve the intensity of the backscatter, but it will also amplify the noise, which is not beneficial to the SNR of the system [16]. The RBS enhanced fiber has been proposed to improve the system SNR [17]. This approach may increase the RBS power by exposing a single-mode fiber (SMF) under ultraviolet light, which brings about 10 dB enhancement of the backscattering power while maintaining the fully distributed sensing capability. However, a high scattering means a large scattering loss, which makes it impractical for long-distance sensing. In addition, a weak reflector array fabricated by femtosecond laser could be employed to improve the intensity of the backscatter. Redding *et al.* [18] used a fully automated femtosecond laser system to inscribe 300 reflection points in the standard telecom fiber. The reflectivity of the inscribed reflectors was -53 dB, significantly higher than that of the Rayleigh backscattering level of -70 dB/m. Wu *et al.* [19] proposed an automatic femtosecond laser fabrication system to produce a weak reflector array. The length of the weak reflector array was 9.8 km, and the reflectivity of the reflector was around -42 dB. However, the weak reflector array cannot be produced with a large multiplexing scale since it takes a long time in the manufacturing process. During that time, many disturbances may be applied to the system, making the uniformity of the reflectivity poor.

Recently, fiber Bragg grating (FBG) sensors network has already become a research hotspot for quasi-distributed sensing with high sensitivity and long sensing distance. Usually, wavelength division multiplexing (WDM) is used to interrogate multiple gratings in a fiber by assigning a unique wavelength window of some nanometers to each FBG. However, limited by the available bandwidth, often less than 100 nm, the multiplexing capability of WDM scheme is less than 100 [20]. The multiplexing capabilities can be

largely increased by using time division multiplexing (TDM) and related schemes, where a FBG array consisting of many weak identical gratings are multiplexed by the propagation times of their back reflections. On-line writing technique is an effective way for preparing identical and weak FBG arrays. This technology uses ultraviolet laser to inscribe the grating continuously during the fiber drawing process. Such method can produce FBG arrays without fiber splicing, which can greatly enhance the multiplexing capacity of FBG arrays. In the last couple of years, progress in FBG array fabrication, in particular the manufacturing of on-line writing gratings [21], has given a boost to quasi-distributed multi-point sensing of temperature and strain on a large scale [22]. The sensor principle is based on the evaluation of the reflection peak at the Bragg wavelength. Compared with the distributed sensing based on backscattered light, FBG-based sensing exhibits much higher SNR [23, 24] while providing the exact temperature information. In addition, FBG arrays have been introduced into distributed vibration sensing. The sensing system is based on the phase-sensitive optical time-domain reflectometry technology. The reflected pulses of adjacent FBGs are used to form a stable interference signal, which can be immune to interference fading. Distributed vibration sensing can be achieved by detecting phase variation between two adjacent interference pulses. In short, quasi-distributed sensing based on the FBG array undergoes rapid development over recent years and reaches its unprecedented peak.

In this contribution, we provide an overview of some of the recent advances of research in the area of quasi-distributed sensing based on the FBG array. The article is organized as follows. Firstly, the principle and methods of online writing fiber grating array are described. Then, the demodulation technologies and methods of the FBG array are explained in detail, including wavelength demodulation and phase demodulation.

Finally, the possible future development and application of FBG array are concluded boldly, considering the current situation.

2. FBG array fabricated by online writing technique

FBG sensor array has drawn a lot of research interest for large signal intensity, multi-parameter networking, and quasi-distributed sensing. The large scale FBG sensor array is made up of hundreds or thousands of FBGs. In traditional FBG preparation, the fiber needs to be sensitized

by hydrogen-load, stripped with the polymer coating, irradiated by multiple ultraviolet laser pulses to form an FBG, and then recoated after the grating inscription. Finally, the FBGs are fused to form an FBG array or network. The conventional process is difficult to handle, and too many fusion points will degrade the fiber strength, which is not conducive to long-distance and large-range measurement. In order to solve this problem, lots of solutions have been proposed. Table 1 shows the representative FBG array sensors.

Table 1 Representative FBG array sensors.

Type	Author	Fabrication method	Reflectivity	Measurement parameters	Fabrication speed
Weak reflector array	Redding	Femtosecond laser	-53 dB	Vibration	1 s/ reflector
Weak reflector array	Wu	Femtosecond laser	-40 dB-45dB	Vibration	5 s/ reflector
FBG array	Dong	On-line writing (interferometer)	2%	Temperature/strain	3 m/min
FBG array	Askins	On-line writing (holographic interferometer)	3%	Temperature/strain	8 s/FBG
FBG array	Chojetzki	On-line writing (Talbot interferometer)	>40%	Temperature/strain	10 m/min
FBG array	FBGS	On-line writing (Talbot interferometer)	>20%	Temperature/strain	10 m/min
UWFBG array	WHUT	On-line writing (phase-mask)	-40 dB-50dB	Vibration /temperature /strain	30 m/min
UWFBG array	Wang	Automated system (phase-mask)	-37 dB-50dB	Vibration /temperature /strain	48 s/FBG

Wang *et al.* [25] developed an automated FBG array fabrication system. There were two major functional parts in the system: coating removal system and FBG writing system. The coating removal system was based on the heat effect of a CO₂ laser, which decomposed and evaporated the coating of a selected section on the optical fiber. The FBG writing system was based on the ultraviolet (UV) photosensitivity of the fiber. A phase-mask was placed between the UV light and the optical fiber to produce periodic interference pattern, which further modulated the refractive index along the fiber periodically. The whole FBG fabrication system was controlled and synchronized by a computer. This technology needs to remove the protective polymer coating, which will degrade the mechanical stability of the fiber.

On-line writing technique can overcome these disadvantages because of simple operation and high mechanical stability [26, 27]. It is the process in which FBGs are directly inscribed into fiber during drawing. In 1993, Dong *et al.* [28] firstly reported the experiments of writing gratings during the drawing process of a fiber. In the experiment, FBGs with a reflectivity of around 2% were achieved with the use of two beam interferometry. Then, online writing technology has attracted considerable interests and many researchers have improved the method of online fabricated Bragg gratings and achieved industrial levels for standard sensing gratings [29, 30]. The diagram of the on-line writing FBG system is shown in Fig. 1. It contains a drawing tower and a FBG writing platform. A high photosensitive fiber preform was heated in a furnace up to 2 000 °C and was then

drawn with an adapted speed to generate the final fiber diameter. Before the fiber was coated, single pulse FBGs were inscribed in the core through the FBG writing platform. After the grating inscription, the fiber was coated and the coating was cured thermally or with UV light depending on the used material. The biggest advantage of the draw tower grating fiber was its mechanical stability.

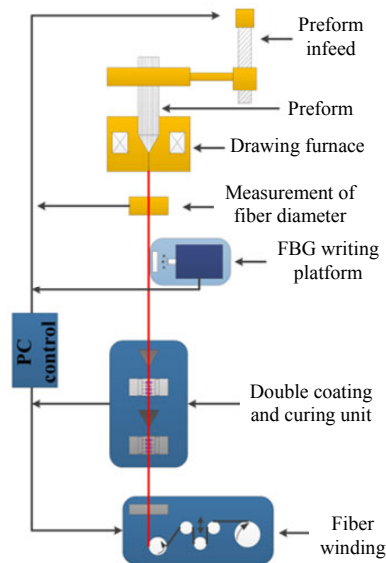


Fig. 1. Diagram of the on-line writing FBG system.

Interferometer and phase mask are the main methods of the FBG writing platform. Lindner *et al.* [31] used a modified Talbot interferometer configuration to fabricate the FBG. During the fiber drawing process, only one laser pulse per FBG could be applied, and the reflectivity and reproducibility of such FBGs depended on the pulse energy equability and the photosensitivity of the fiber preform. In the experiment, the preform contained up to 18mol% of germanium and other co-dopants and had a step index refractive index profile. The pulse width of the laser was 20 ns and the pulse energy was about 150 mJ. When the focus lens was placed 43 cm in the front of the fiber, the energy density was about 0.8 J/cm^2 at the fiber, and the reflectivity of FBG was about 40%. Such FBG array was used for sensing applications

as strain or temperature sensors. By increasing the energy density of the writing setup slightly below the damage threshold of the material, it is possible to generate high reflective gratings. When the energy density was 2 J/cm^2 at the fiber, the reflectivity of the gratings was about 90%. It can be used for high temperature applications. However, the reflectivity of the FBG is too strong and the multiplexing capacity is limited to dozens of FBGs although various multiplexing methods are used. Recently, several investigations have reported that identical weak FBG arrays can greatly improve the multiplexing capacity and sensing distance because of their narrow bandwidth and weak reflection characteristics [32, 33]. However, these promising characteristics require that the weak FBGs should have good uniformity, especially its wavelength. The interference fringes used for writing FBGs are easily influenced by air flow because of the long optical path of the Talbot interferometer. Guo *et al.* [34] reported on-line writing identical and weak FBG arrays using the phase mask technique. In the experiment, a Ge/B co-doped preform containing 18mol% GeO_2 and 10mol% B_2O_3 was used for generating the gratings [35]. A line-narrowed ArF excimer laser, with a pulse width of 10 ns, and maximum pulse energy of 40 mJ, was used in the FBG writing platform. The laser beam was focused from a $4 \text{ mm} \times 12 \text{ mm}$ to a $0.7 \text{ mm} \times 10 \text{ mm}$ line using three cylindrical lenses. FBGs were inscribed via the phase mask method using periodic interference fringes of the ± 1 st diffraction light. The distance between the phase mask and bare fiber was controlled at 0.5 mm. With this system, the reflectivity of the FBG is about 0.26%, and FBG had a central wavelength with good uniformity. Figures 2(a) and 2(b) show the reflection spectra of the array and its single FBG, respectively. The overlapping spectrum of the FBG array was almost similar to that of its single FBG.

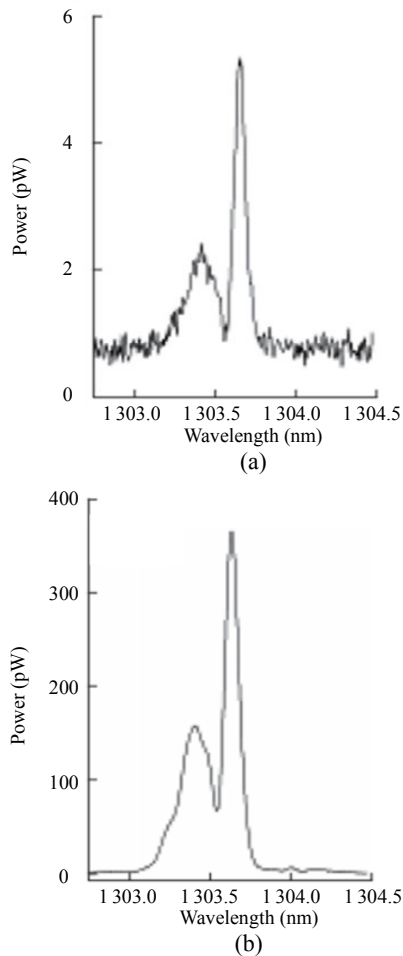


Fig. 2. Reflection spectra of (a) the array and (b) the single FBG [34].

3. Demodulation principle of FBG sensor array

Demodulation of the FBG signal is the key step of its application in temperature, strain, and vibration monitoring. Therefore, the compatible interrogation techniques have drawn a lot of research interest in recent years. Wavelength demodulation and phase demodulation are the commonly demodulation methods.

3.1 Wavelength demodulation

FBG arrays have been reported for quasi-distributed measurements of strain and temperature. The FBG central wavelength will vary with the change of these parameters experienced by the fiber. Therefore, central wavelength of FBG monitoring is a standard

demodulation method. WDM and TDM are two major multiplexing techniques for the expansion of the sensor network capacity. For the WDM method, the maximum number of FBGs is restricted by the ratio of the source spectral width over the dynamic wavelength range of an individual FBG sensor. TDM method utilizes different time delays between reflected pulses to distinguish sensors even with an identical wavelength and to relieve the spectral bandwidth issue. Therefore, wavelength demodulation of FBG arrays based on the TDM method has attracted significant research efforts worldwide. In 2010, Wang *et al.* [36] proposed a serial TDM network based on identical ultra-weak FBGs (UWFBG). They employed a tunable laser as light source and distinguish different FBGs via high-speed data acquisition. By scanning the wavelength, the reflection spectrum of each sensor in the link could be resolved. In the experiment, twelve UWFBGs were distinguished with an equal separation of 1.5 m, and their spectra were resolved with an accuracy of about 10 pm. However, due to slow speed of tunable laser wavelength scanning and mass redundant data from no grating zones, the system could be inferred to subject a low speed for the precise interrogation. Then, Hu *et al.* [37] proposed a novel interrogation system for large scale sensing network with identical UWFBG. Two semiconductor optical amplifiers (SOAs) and one high-speed charge-coupled device (CCD) module were used to reconstruct the spectrum of the UWFBG. The interrogation system is shown in Fig. 3. Two SOAs were driven by the same electrical pulse trains with a controllable delay to demodulate a selected FBG in the array. The reflection spectrum of the particular FBG was measured by the high-speed CCD detector. The reflected spectra of every FBG could be interrogated by changing the opportune delay time. Distributed temperature experiment was demonstrated on an 843 identical FBGs sensor network, with a peak reflectivity of -40 dB to

−45 dB and a spatial resolution of 2 m. The sensitivity and temperature resolution of the sensing system were 9.2 pm/°C and 0.11 °C, respectively. In order to improve the sensing distance, Luo *et al.* [38] reported a time- and wavelength-division multiplexing sensor network based on UWFBGs. Two sub-arrays were fabricated in SMF-28 fiber and spliced together. Every sub-array contained 1 000 FBGs with central wavelengths of 1 551.17 nm and 1 552.05 nm. The demodulation system also used

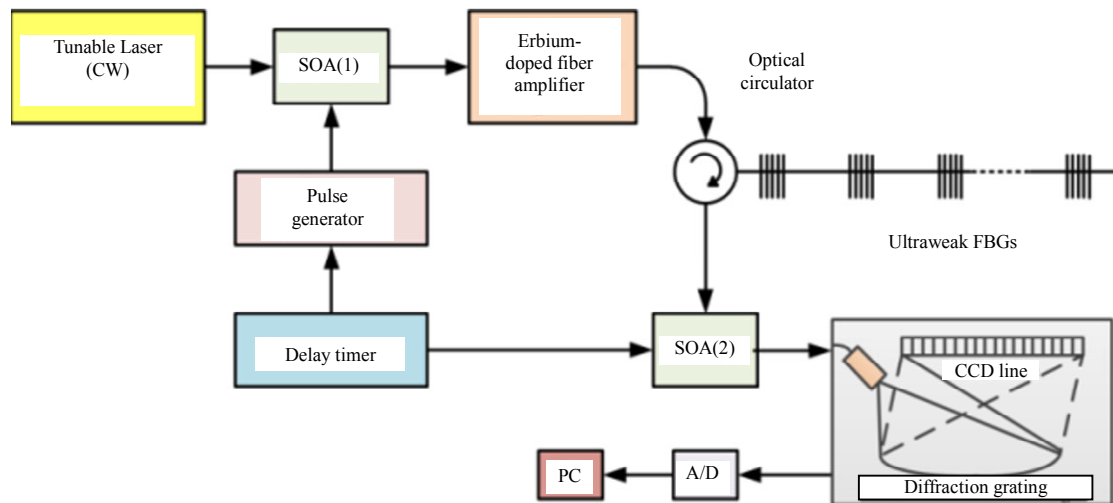


Fig. 3 Interrogation system based on two SOAs and CCD [37].

In order to improve the demodulation speed, Ma *et al.* [39] reported a high-speed distributed sensing based on UWFBG and chromatic dispersion in 2016. Chromatic dispersion induced wavelength-to-time mapping was applied for wavelength demodulation. The schematic of the system is shown in Fig. 4. A broad band pulsed laser as light source, each FBG will reflect part of the power of the input pulse. The pulse train enters the dispersive unit, which is a 1×2 fiber coupler containing dispersion compensating fiber in Arm 1 and a standard single mode fiber in Arm 2. The dispersive unit was used to convert the wavelength shifts of the reflected pulses into time-delay changes. This Bragg wavelength-dependent time delay could be accurately calculated by the cross-correlation and parabolic curve fitting algorithm. In the experiment, a UWFBG array

two SOAs and a high-speed CCD module. The peak wavelengths of the 2000 UWFBGs were achieved by the demodulation system, and distributed temperature experiment results show that the peak wavelengths of the heated FBGs shifted with increasing temperature. The temperature sensitivity was about 10.7 pm/°C. Since the delay needed to be scanned for each FBG to be demodulated, the demodulation system had a long response time and a low demodulation rate.

consisted of 2014 UWFBGs with reflectance of about −35 dB and spatial interval of 1 m as a sensor network, and static wavelength measurement gave a resolution of 9.03 pm without averaging. However, this method requires an extremely high sampling rate, such as 40 GHz, which can be hardly widely accepted.

Zhou *et al.* [40] combined chromatic dispersion and microwave photonics for high-speed UWFBG array demodulation. The schematic of the system is shown in Fig. 5. An amplified spontaneous emission (ASE) source modulated by an electro-optic modulator (EOM) with a frequency-swept microwave was reflected by FBGs, and the reflected signal mixed with the original microwave to produce a beat frequency. A dispersion compensation fiber (DCF) changed the beat frequency within the FBG

wavelength range. With a crossing microwave sweep, all wavelengths of cascade FBGs can be quickly decoded by measuring the change of the beat frequency. Since the beat frequency is usually within 100 MHz, an ultra-high sampling rate is not needed in the demodulation system. The experimental results showed that this method could realize the wavelength demodulation of weak FBGs with 0.1% reflectivity and 1 m spatial interval. The dynamic demodulation rate was as high as 40 kHz, and the wavelength detection accuracy was about 8 pm.

In order to reduce the complexity of the system, Cheng *et al.* [41] reported a flexible, efficient, and cheap solution for interrogation of weak FBGs, especially for wide-spectrum ultra-short FBGs. Two

sets of laser pulses with wavelengths matching the two edges of the FBG reflection spectrum were used as the light sources. The spectrum of ultra-short UWFBG was closer to a Gaussian profile. When the grating spectrum shifted, the reflected intensity at a given wavelength would vary in a manner consistent with the grating profile. The logarithmic ratio between the two shifted Gaussian functions resulted in a linear function of the central wavelength. Therefore, by simply monitoring differential reflection intensity between any two wavelengths within the grating spectrum, the Bragg wavelength shift could be linearly tracked. However, the linear range is related to the bandwidth of the measured FBG.

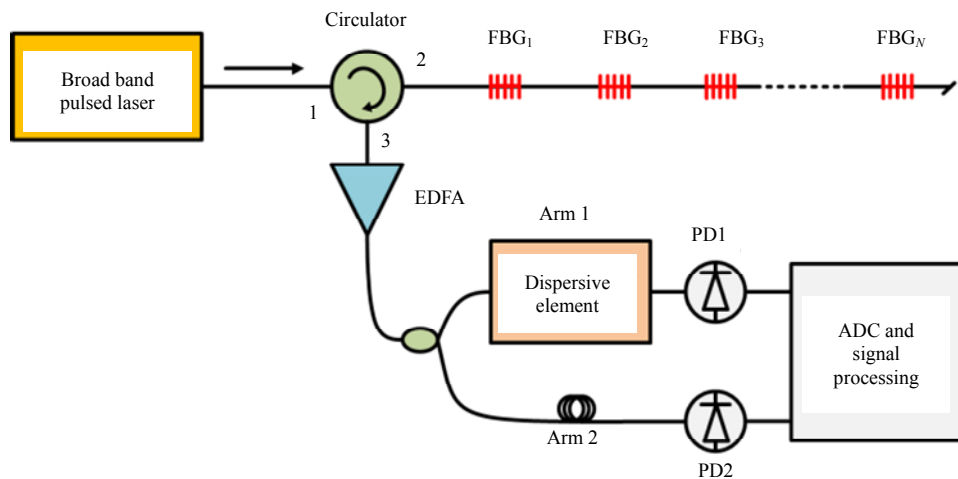


Fig. 4 Interrogation system based on chromatic dispersion [39].

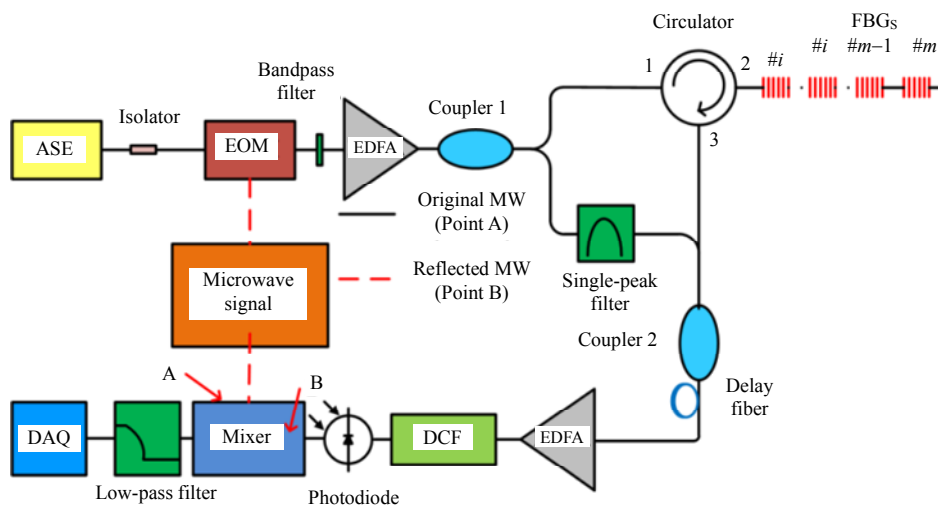


Fig. 5 Schematic of the system based on microwave photonics and chromatic dispersion [40].

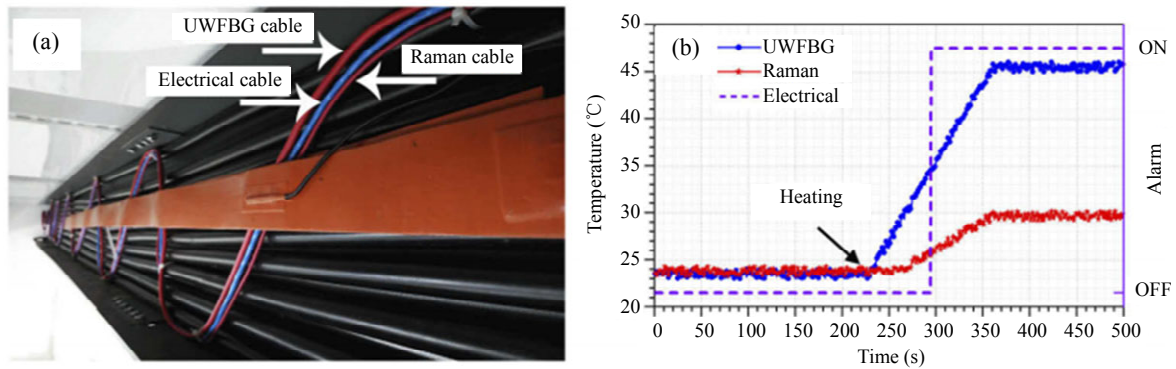


Fig. 6 Comparison experiment on the performance of three hot spot detection systems: (a) three kinds of cables are installed side by side on the test bench and (b) the experimental results [42].

Another important parameter is spatial resolution. The spatial resolution of FBG-based sensing depends on the grating spacing of the array. With TDM, the pulsewidth of the optical source should match the spatial resolution in order to avoid signal crosstalk. In order to improve the spatial resolution, optical sources with ultra-short pulsewidth need to be adopted, which unavoidably complicates the system setup. Wang *et al.* [42] reported a high-sensing-resolution distributed system implemented by a relaxed pulsewidth. In this system, all UWFBGs within a fiber section (FS) were considered as one sensing element. Each FS was composed of 10 UWFBGs with 10 cm grating spacing. Heating on a single UWFBG led to a detectable change in the spectral shape of the overall FS spectrum. The proposed system exploited the

overall spectrum of each FS, instead of each grating, the hardware implementation of pulse modulation and signal detection becomes much easier due to the relaxed requirement on the pulsewidth, which only needed to match with the length of each FS. Therefore, hot spot detection and location can be demonstrated with a 10 cm sensing resolution and a 1 m location resolution by using 10 ns pulsewidth. A comparative experiment was shown in Fig. 6. Three kinds of cables, including the UWFBG array cable, the optical fiber cable, and the heat-sensitive cable, were installed on the test bench side by side and the temperature of the heating tape was set at 50 °C. Experiment result showed that the UWFBG array cable had the fastest response and the most accurate temperature measurement.

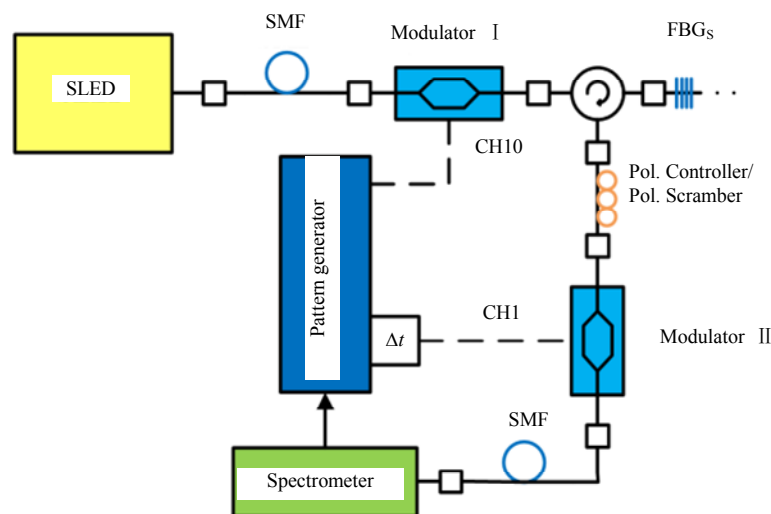


Fig. 7 CDM-WDM interrogator system [43].

More recently, Gotten *et al.* [43] reported a hybrid code-division multiplex (CDM)-wavelength-division multiplex (WDM) interrogation system. The setup of the interrogator system is depicted in Fig. 7. The light emitted by the source was modulated according to a predetermined code. The code traveled to the end of the network and each FBG reflected a part of it. All reflected codes reached the second modulator, which was driven with the same code that was shifted in time. The second modulation step represented a multiplication and the spectrometer which collected all light that passed the second modulator corresponded to a summation. Hence, an optical correlation process took place. It can be improved by introducing a second correlation step with an inverted code. A network with a fiber length of 150 m containing 477 sensors has been successfully analyzed with the interrogator. Calibration measurements showed a nonlinearity of lower than ± 6 pm and a deviation of non-strained sensors of lower than ± 10 pm.

3.2 Phase demodulation

High-sensitivity and high-speed distributed vibration sensing is essential in many applications, such as railway health monitoring, pipelines leak detection and intruder detection, which has trouble in realization by wavelength demodulation techniques. The most commonly used scheme to implement distributed vibration sensing systems is phase-sensitive optical time-domain reflectometry (Φ -OTDR), which is based on the observation of coherent Rayleigh backscattering from a sensing fiber in time domain. Φ -OTDR system is similar to OTDR but utilizes a very narrow linewidth laser as the light source. Thus, the Rayleigh backscattering (RBS) lightwave generated by the forward propagating probe pulse would experience a coherent superposition. The phase difference of RBS light from two given sections has a definite linear relationship with the fiber length changes between these two sections. By measuring the phase difference variation of RBS light between these two

scattering centers, the dynamic strain can be quantified. Therefore, precise phase demodulation technology is the key to solve for the distributed perturbation along an optical fiber. A number of demodulation methods have been proposed in the past [44–49]. Masoudi *et al.* [45] proposed a distributed vibration sensing system with 3×3 coupler demodulation that could capture the frequency and amplitude of vibration events. Wang *et al.* [46] proposed a quantitative measurement system based on I/Q demodulation and homodyne detection, which could restore dynamic strain with a sensing distance of 12.56 km. Yang *et al.* [47] developed a vibration sensing technique based on Φ -OTDR using Hilbert transform. However, all the aforementioned methods employ backscattered light as the sensing signal. The amplitude is both weak and unpredictable. The fading effects of coherent scattering may make the backscattered light fall into destructive interference area, namely the dead zone, leading to the failure of dynamic strain reconstruction.

Recently, the UWFBG arrays, which can produce controllable and stable reflections, have been introduced for Φ -OTDR sensing system improvement. The operating principle of Φ -OTDR base on FBG array is to measure the phase variation between two adjacent UWFBG reflected pulses. In 2015, Zhu *et al.* [50] used five UWFBGs with -20 dB reflectivity for high-precision dynamic strain measurement. The schematic diagram is shown in Fig. 8. UWFBGs were embedded in the fiber with an interval of L , which could reflect lights and the optical path difference (OPD) between the reflections would be $2L$ due to the round-trip. When the injected probe pulse width W was wider than $2L$, parts of these two reflections will overlap with each other within a region of $W-2L$, and the interference between the two reflections would occur. In the experiment, an active laser frequency sweeping and unwrapping algorithms were included to set up a definite relationship between strain value and variation of interference power between neighboring

reflection lights. Multipoint external disturbance could be fully captured at the end of a 5-km-long sensing fiber with 2 m spatial resolution, and the maximum strain measuring error was 6.2 μe . However, the sensing range of the system was only 10 m, which was limited by the number of FBGs.

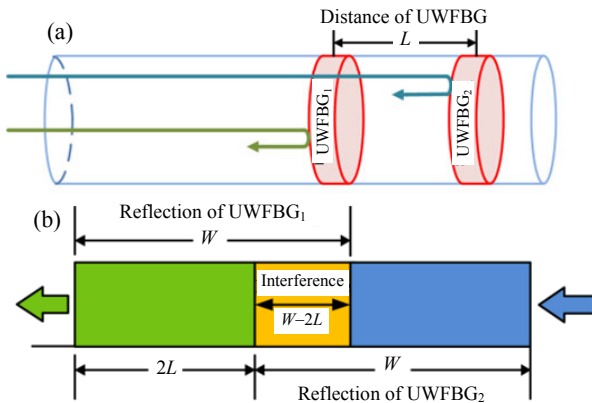


Fig. 8 Schematic diagram: (a) UWFBGs used as weak reflector to create a Fizeau interferometer in fiber and (b) when the injected optical pulse length is wider than $2L$, parts of these two reflections will overlap with each other and generate an interference signal [50]

Wang *et al.* [51] demonstrated a distributed sensing network with 500 identical UWFBGs in an equal separation of 2 m using balanced Michelson interferometer of Φ -OTDR for distributed acoustic measurement. Figure 9 shows the schematic configuration of the Φ -OTDR-interferometer based on the UWFBG array. The reflection signals from the UWFBGs were injected into a classical balanced Michelson interferometer comprised of a coupler and two Faraday rotation mirrors (FRM). The

interference signal contained the phase changes within the several adjacent identical UWFBGs for demodulation. Phase, amplitude, frequency response, and location information could be directly obtained at the same time by using the passive 3×3 coupler demodulation. The demodulation process is shown in Fig. 10. The system could well demodulate distributed acoustic signal with the pressure detection limit of 0.122 Pa and achieved an acoustic phase sensitivity of around -158 dB (re rad/ μPa) with a relatively flat frequency response between 450 Hz and 600 Hz.

Several years later, they reported a distributed acoustic sensor using broadband UWFBGs with the bandwidth more than 1 nm for large temperature tolerance [52]. The UWFBG array was tested with large difference in local temperature, 18 °C and 50 °C, simultaneously, and achieved a relatively flat frequency response from 20 Hz to 1200 Hz. In order to further improve the temperature tolerance range of the sensor, Li *et al.* [53] reported a broadband UWFBG array with the bandwidth more than 3 nm to investigate distributed vibration sensing. Using an unbalanced Michelson interferometer and 3×3 coupler phase demodulation technique, multiple vibration events can be detected simultaneously. Experimental results show that the system is capable of reconstructing the vibration with a large temperature range of 20 °C – 200 °C, and the minimum phase detection is 1.02×10^{-3} rad/ $\sqrt{\text{Hz}}$.

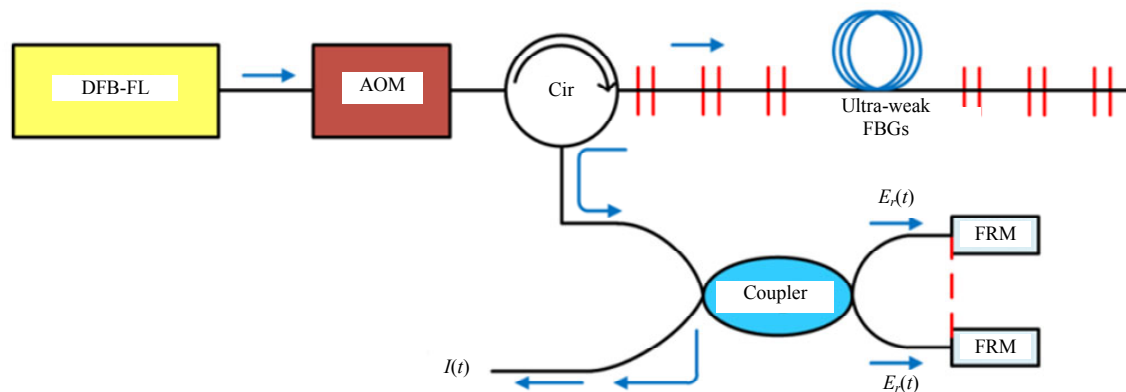


Fig. 9 Schematic configuration of the Φ -OTDR interferometer based on the UWFBG array [51].

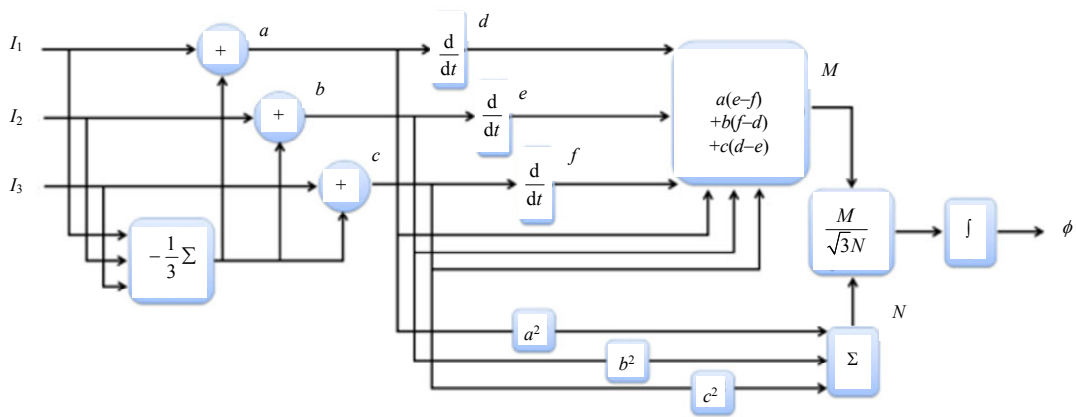


Fig. 10 Demodulation system based on the 3×3 coupler [51].

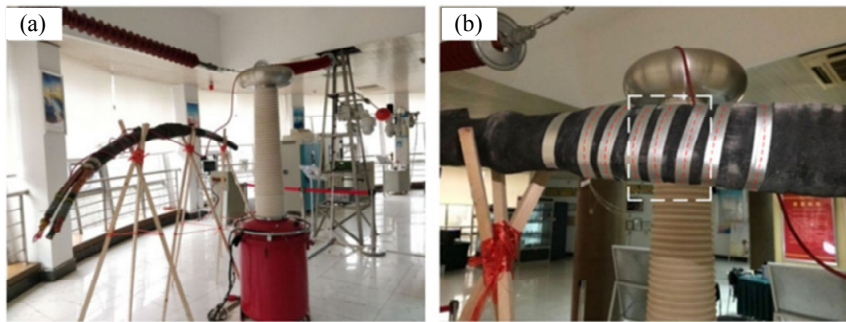


Fig. 11 Partial discharge detection setup: (a) partial discharge generator and (b) sensing fiber layout [54].

More recently, Zhu *et al.* [54] reported a distributed acoustic sensing system based on UWFBG array and passive 3×3 coupler demodulation for partial discharge. The detection setup is shown in Fig. 11(a). A section of a power cable was used as the partial discharge source. A defect was fabricated artificially at the power cable. The UWFBG array marked with a red dotted line was packaged with aluminum tape to enhance the sensitivity, as shown in Fig. 11(b). When a high voltage generator applied a voltage of 10 kV to the cable, partial discharge would occur at the defect area marked with a white dotted line. The system could detect the significant acoustic pulse disturbance signal and the energy of measured partial discharge was mainly distributed between 9 kHz and 15 kHz. However, as direct detection was applied in 3×3 coupler demodulation, the sensing distance and accuracy were both limited by the sensitivity of the photoelectric receiver.

Heterodyne detection could provide gain to the

photoelectric conversion process and improve the receiving sensitivity, which results in longer sensing distance. Liu *et al.* [55] reported a high performance interrogation system for the UWFBG array using the double-pulse and a heterodyne detection method. The proposed interrogation scheme is shown in Fig. 12. A double-pulse waveform was used as probe signal, the time duration between two pulses and the spacing between neighboring UWFBGs were carefully designed, the reflected optical signal of the front probe pulse overlapped with the reflected optical signal of the rear probe pulse from an adjacent UWFBG, and they interfered with each other at the receiving side, containing the phase information between two neighboring UWFBGs. The phase variation of the lightwave induced by vibration could be quantitatively demodulated by heterodyne coherent detection and Hilbert transform. In the experiment, the minimum detectable fiber length variation was 14.63 nm, and the sensing frequency could be as low as 0.2 Hz.

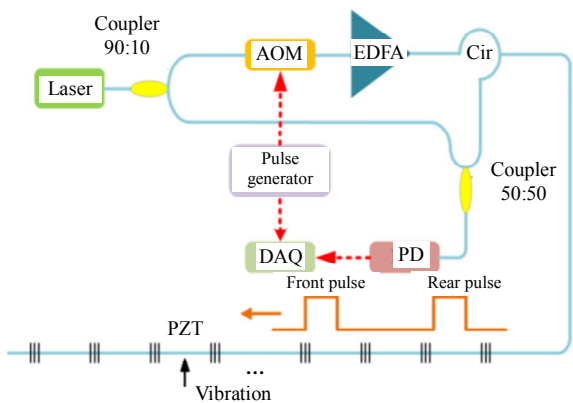


Fig. 12 Interrogation scheme based on double-pulse and heterodyne detection [55]

Shan *et al.* [56] proposed a distributed acoustic sensor base on the UWFBG array and self-heterodyne detection. The experimental setup of proposed sensing system is shown in Fig. 13. Two acoustic optical modulators (AOMs) with different frequency shifts were used to generate double pulses. A Raman fiber laser provided distributed pump to

the probe pulses. Then a beat signal created by self-heterodyne detection scheme was received by a 200 MHz avalanche photodiodes (APDs). Self-heterodyne detection was applied, leading to much lower noise density level for the proposed sensing system. The vibration could be reconstructed with high fidelity at the rear end of a 42-km-long sensing fiber with the spatial resolution of 11.7 m. The peak-to-peak value of dynamic strain was from 9.28 μe to 176.96 μe , and the root-mean-square measurement error was less than 1.32 μe . The frequency response range was ranging from 8 Hz to 1 kHz. However, most of the heterodyne detection configurations involve the use of phase unwrapping computations. It will incur an inevitable delay, making the implementation of the method for dynamic measurements challenging.

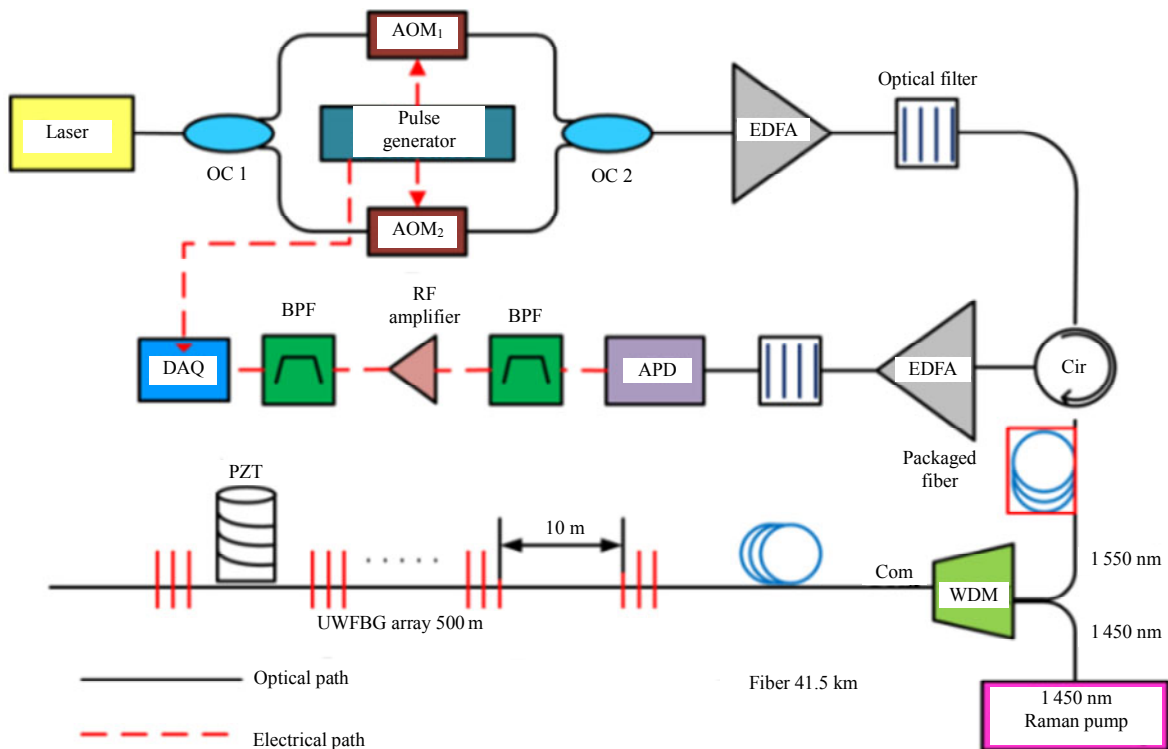


Fig. 13 Schematic diagram of the system based on the UWFBG array and self-heterodyne detection [56].

Muanenda *et al.* [57] reported a high-SNR distributed acoustic sensing based on an identical UWFBG array without phase unwrapping. In this

scheme, a delayed interferometry technique exhibiting phase modulation in one arm and delay in the other, together with a scalable interrogation

scheme based on the phase-generated carrier (PGC) demodulation with the differentiate and cross-multiply (PGC-DCM) algorithm was used. The experimental setup is shown in Fig. 14. The proposed demodulation technique did not require computationally costly phase unwrapping and was robust against detrimental harmonic distortions. The generic slow varying and dynamic response of a 2.5 kHz PZT vibration applied at the end of the UWFBG array could be retrieved with an SNR of ~ 34.52 dB.

Liang *et al.* [58] reported a phase demodulation method based on a dual-identical-chirped-pulse and UWFBGs for quasi-distributed acoustic sensing.

The schematic of the proposed system is shown in Fig. 15. The dual-identical-chirped-pulse was generated by a dual-parallel Mach-Zehnder modulator (DP-MZM) and a time-delay fiber, and the sinusoidal carrier was generated by the interference between two chirped pulses reflected by adjacent WFBGs. The phase of the sinusoidal carrier represented the dynamic strain change posed on the sensing fiber. Discrete Fourier transform was used to directly retrieve the phase information. The experimental result showed that the dynamic strain could be well reconstructed at the end of a 101.64 km fiber when the signal SNR was down to 3.234 dB.

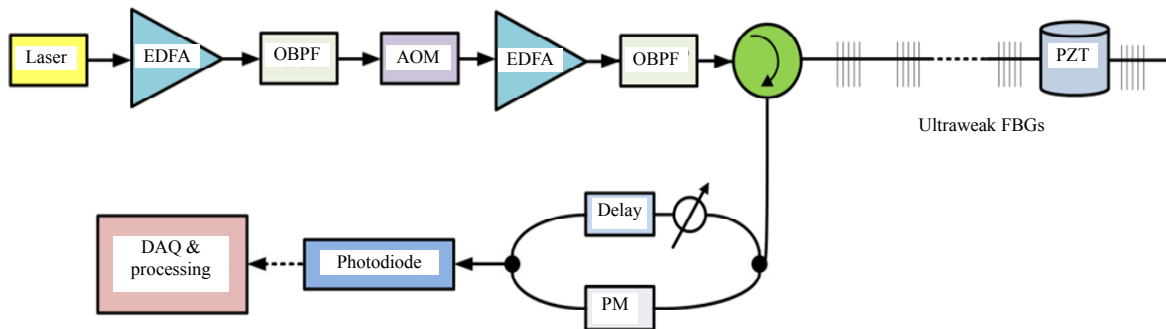


Fig. 14 Schematic of the system based on UWFBG array and PGC-DCM algorithm [57]

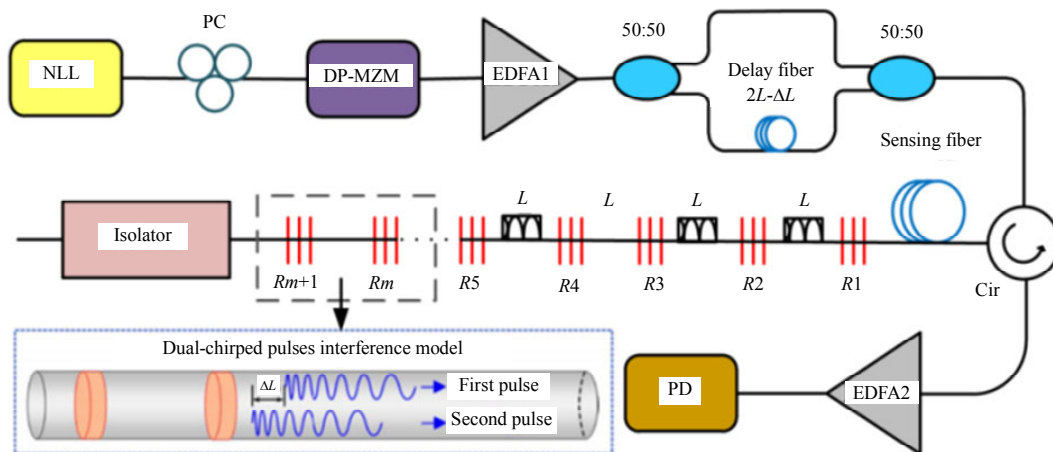


Fig. 15 Phase demodulation method based on a dual-identical-chirped-pulse and UWFBG array [58]

More recently, simultaneous distributed dynamic and static sensing base on the FBG array has drawn a lot of research interest. Ai *et al.* [59] reported UWFBG array based coherent OTDR to realize the static temperature sensing and the wideband

vibration sensing simultaneously. Figure 16 illustrates system configuration of the simultaneous distributed temperature and vibration sensor. Heterodyne detection and UWFBG were combined to increase the intensity of received

light, and phase difference was obtained by correlation demodulation method. After the low pass filter (LPF) and the high pass filter (HPF), the vibration and temperature changes could be obtain simultaneously. The

experimental result showed that the maximum response frequency could be up to 100 kHz corresponding to the 700-m-long fiber with 63 UWFBGs, and temperature accuracy of the system was 0.05 °C.

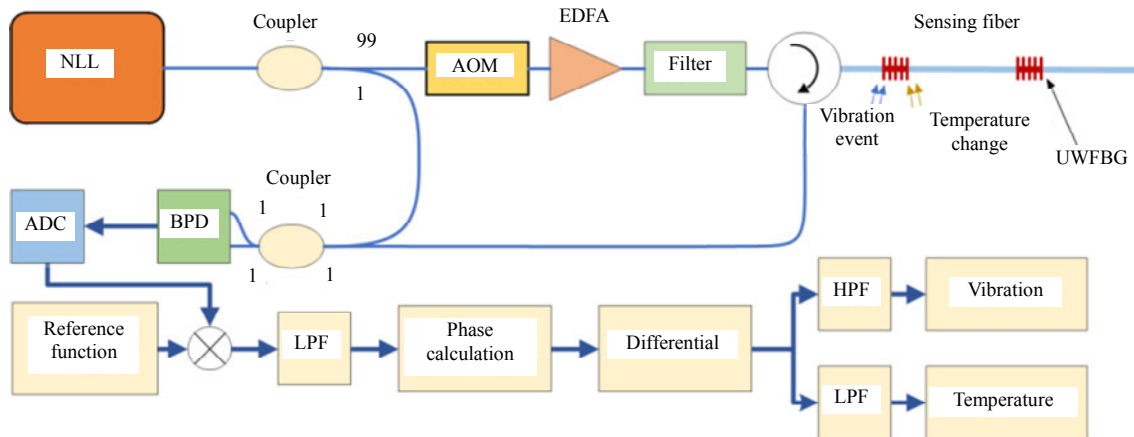


Fig. 16 System configuration of the simultaneous distributed temperature and vibration sensor [59]

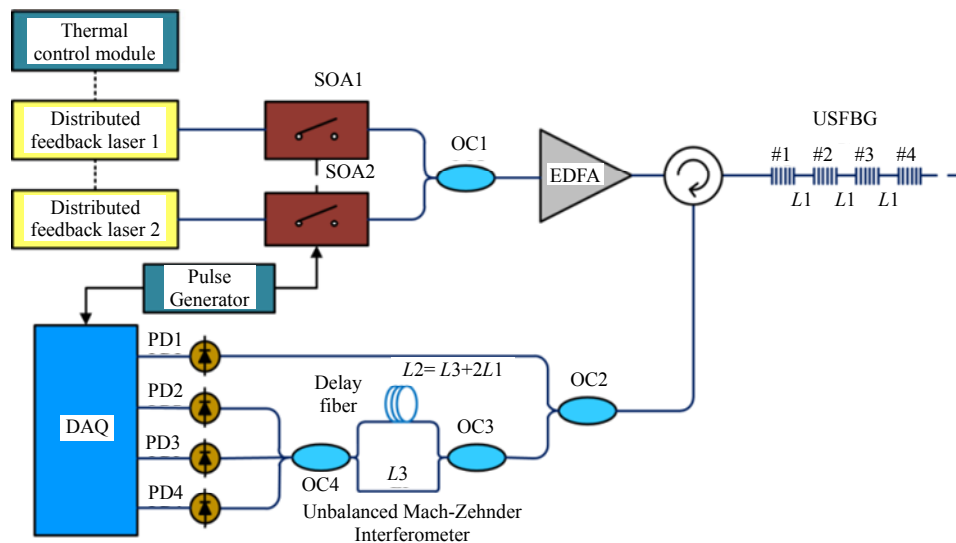


Fig. 17 Schematic diagram of the distributed optical static and dynamic sensing system [60].

Li *et al.* [60] reported a distributed static and dynamic optical fiber sensing system based on ultra-short fiber Bragg grating array. The schematic of the system is shown in Fig. 17. Two DFB lasers with different wavelengths matching the two edges of the USFBG reflection spectrum were used as the light sources. Two semiconductor optical amplifiers (SOAs) were driven by the same electrical pulse train for the generation of nanosecond optical pulses. The reflected optical pulses were divided into two

parts. One part was detected by a photodetector (PD1) to measure the wavelength shifts of the USFBGs. The other part was directed to an unbalanced Mach-Zehnder interferometer (MZI) for dynamic measurement. Wavelength shift was converted to the change of intensities at the two wavelengths. Phase demodulation was based on the 3×3 coupler phase demodulation scheme. Using this system, the temperature measurement from 30 °C to 80 °C was achieved successfully,

and the resolution of $1 \mu\epsilon$ was demonstrated in the static measurement. Dynamic sensing of $n\epsilon$ scale vibration and 12.5 kHz acoustic wave were

demonstrated.

Table 2 shows the representative demodulation method of the FBG array.

Table 2 Representative demodulation method of FBG array.

Demodulation principle	Author	Demodulation method	Measurement accuracy/range	Number of FBGs	FBG spacing
Wavelength	Wang	WDM+TDM	10 pm	12	1.5 m
Wavelength	Hu	Spectral reconstruction	2.68 pm	843	2 m
Wavelength	Ma	Chromatic dispersion	9.03 pm	2014	1 m
Wavelength	Zhou	Beat frequency change	8 pm	105	1 m
Wavelength	Gotten	CDM+WDM	10 pm	4000	2.5 cm
Phase	Shan	I/Q demodulation	8 Hz–1 kHz	50	10 m
Phase	Wang	3×3 coupler	450 Hz–600 Hz	500	2 m
Phase	Li	3×3 coupler	10 Hz–4.5 kHz	500	5 m
Phase	Muanenda	PGC-DCM	0 Hz–2.5 kHz	200	5 m
Phase	Ai	I/Q demodulation	68 °C–88 °C/<100 kHz	63	10 m
Wavelength/ phase	Li	Reflection intensity/3×3 coupler	30 °C–80 °C/<12.5 kHz	964	2 m

4. General conclusions and prospects

To summarize, a review of the recent advances in the FBG array has been presented. Firstly, the fabrication methods have been described, including the femtosecond laser system, automated fabrication system, and online writing technique.

Femtosecond laser can inscribe a series of weak reflectors, which can improve the signal-to-noise ratio (SNR) of the system, but it takes a lot of time to make a weak reflectors array. During that time, many disturbances may apply to the system, making the uniformity of the reflectivity poor. The automated FBG fabrication system using phase-mask technology can manufacture FBG arrays to improve the performance of distributed sensing systems. This technology needs to remove the protective polymer coating at the FBG to-be-written position, which will degrade the mechanical stability of the fiber. The online writing FBG technique can overcome this disadvantage and improve the multiplexing capacity of the FBG array. The FBG array not only improves the intensity of the reflected signal, but also the reflection spectrum can be obtained. Therefore, it can realize distributed dynamic and static sensing.

Then, the demodulation methods have been discussed. These include wavelength demodulation and phase demodulation. Wavelength demodulation can be achieved through spectral reconstruction,

differential reflection intensity, and chromatic dispersion. Distributed temperature and strain sensing can be realized by demodulating the wavelength shift of the FBG. Phase demodulation techniques consist of a digital coherent detection delayed interferometric scheme with a passive 3×3 coupler, a double-pulse pair with relative frequency shift followed by I/Q mixing, heterodyne coherent detection, and Hilbert transform. The phase difference of reflected light from two FBGs has a definite linear relationship with the fiber length changes between these two FBGs. By measuring the phase variation of reflected light, the dynamic strain induced by external vibration signal can be quantified.

Finally, distributed hot spot detection and partial discharge based on the UWFBG array have been discussed. The WDM technology and FS spectrum interrogation method were proposed for the wavelength demodulation. The temperature sensing precision and spatial resolution of the system were greatly improved, which were meaningful for the early warning of centimeters-sized fire source monitoring applications. In addition, a DAS system based on the UWFBG array was used to detect the ultra-small fiber strain induced by partial discharge. The frequency response and SNR of the system could be greatly improved by the UWFBG array, which has the potential to meet the needs of remote and on-line detection for the safety work in the

power transmission network, and so on.

In the future, simultaneous distributed static and dynamic sensing based on the UWFBG array will be challenging for future research work. It would be a very promising and effective technology in many important applications. But the measurement accuracy and response time of the system will be largely limited when only wavelength demodulation or phase demodulation is used. Therefore, designing and manufacturing a new type of grating array, and combining different demodulation algorithms in a system can realize long-distance, high-precision, and multi-parameter quasi-distributed sensing as prospective development. In addition, the combination of sensitive materials and UWFBG array to realize distributed chemical sensing will also become a research hotspot in the future. Bai *et al.* [61] reported a serial TDM polyimide coated relative humidity (RH) sensing network based on low-reflectance FBGs. 5 serial ultra-weak FBGs with polyimide coating as sensitive elements, the changes of ambient environmental RH can be accurately detected. The UWFBG array with polyimide coating makes it possible to multiplex thousands of RH sensors in single optical fiber. Furthermore, this method is not limited to RH sensing application, but also in a wide range of chemical sensing applications. Overall, the FBG array can produce controllable and stable reflections to improve the sensitivity and sensing distance of the system. Therefore, it is a technology constituting a steadily increasing share of the fiber-optic sensor market.

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