

Influence of *MAMA* decoction, an Herbal Antimalarial, on the Pharmacokinetics of Amodiaquine in Mice

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Abstract

Background and Objective *MAMA* decoction (MD) is an antimalarial product prepared from the leaves of *Mangifera indica* L. (Anacardiaceae), *Alstonia boonei* De Wild (Apocynaceae), *Morinda lucida* Benth (Rubiaceae) and *Azadirachta indica* A. Juss (Meliaceae). A previous report showed that MD enhanced the efficacy of amodiaquine (AQ) in malaria-infected mice, thus suggesting a herb–drug interaction. The present study hence evaluated the effect of MD on the disposition of AQ in mice with a view to investigating a possible pharmacokinetic interaction.

Methods In a 3-period study design, three groups of mice (n=72) were administered oral doses of AQ (10 mg/kg/day) alone, concurrently with MD (120 mg/kg/day), and in the 3rd period, mice were given AQ after a 3-day pre-treatment with MD. Blood samples were collected between 0 and 96 h for quantification of AQ and its major metabolite, desethylamodiaquine, by a validated high-performance liquid chromatography method.

Results Maximum concentrations of AQ increased by 12% with the concurrent dosing of MD and by 85% in the group of mice pre-treated with MD. The exposure and half-life of desethylamodiaquine increased by approximately 11% and 21%, respectively, with concurrent administration. Corresponding increases of approximately 20% and 33% of desethylamodiaquine were also observed in mice pre-treated with MD.

Conclusion MD influenced the pharmacokinetics of AQ and desethylamodiaquine, its major metabolite. The increase in the half-life and systemic exposure of AQ following its co-administration with MD may provide a basis for the enhanced pharmacological effect of the combination in an earlier study in *Plasmodium*-infected mice.

Key Points

The study investigated the pharmacokinetic interaction between an antimalarial herbal product, *MAMA* decoction, and amodiaquine.

MAMA decoction increased the half-life and systemic exposure of amodiaquine and that of its main metabolite, desethylamodiaquine.

This may explain the enhanced effectiveness of the combined administration of amodiaquine with *MAMA* decoction in malaria-infected mice, in an earlier study.

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1 Introduction

The incidence of concurrent administration of herbal preparations with orthodox drugs is common globally [1]. In many parts of Africa, the use of herbal remedies as a first-line therapy is prevalent as well as self-medication with orthodox drugs for several ailments [2–4]. Malaria is one of such endemic ailments confronting the people of Africa where approximately 92% of global cases occur, accounting for 93% of mortality worldwide in 2018 [5].

Herbal remedies for malaria are popular in Africa, largely due to ease of access, cultural acceptability and relative affordability. Several herbal antimalarial preparations have been documented [6–8]. The concomitant intake of herbal preparations with orthodox drugs carries attendant benefits or risks. Some herbal medicines have been known to alter drug disposition, as shown with significant changes in parameters such as the area under the time-plasma-concentration curve (AUC), peak concentration (C_{max}) and elimination half-life (T_{2}) [9–11].

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MAMA decoction (MD), a herbal antimalarial product, comprising the leaves of *Morinda lucida*, *Azadirachta indica*, *Alstonia boonei* and *Mangifera indica*, has been reported to possess significant chemosuppressive, prophylactic and curative antimalarial activities [12, 13]. An earlier study, however, revealed that the combination of MD with amodiaquine (AQ) resulted in an increased malaria parasite clearance and longer survival of experimental rodents [14]. Currently, AQ is a long-acting partner drug in the WHOrecommended artemisinin combination therapy. The antimalarial activity of AQ has been largely attributed to its major metabolite in humans, desethylamodiaquine, which has a higher concentration–time profile and longer half-life than the parent drug [15, 16].

Further to the reported beneficial pharmacodynamic interaction between MD and AQ, it is important to understand the possible underlying pharmacokinetic interaction. Previous studies have shown that herbal drugs have demonstrated some effects on the pharmacokinetics of orthodox drugs in rodents. For example, the tablet of *Gingko biloba* leaf significantly inhibited the metabolism of amlodipine while *Azadirachta indica* and Niprisan[®], an herbal anti-sick-ling drug, also altered the pharmacokinetics of chloroquine [17–19]. In addition, the concurrent administration of the herbal supplement, *Moringa oleifera*, resulted in an increase in the AUC of AQ but caused a reduction in the C_{max} of desethylamodiaquine [20].

Consequently, the present study describes the pharmacokinetics of orally administered AQ and the effects of concurrent administration of, as well as pre-treatment with, MD on the pharmacokinetics of AQ in mice.

2 Materials and Methods

2.1 Chemicals

AQ hydrochloride dihydrate, quinidine, HPLC-grade methanol and diethyl ether were purchased from Sigma (St. Louis, MO, USA). Triethylamine and ortho-phosphoric acid were from BDH Chemicals Ltd. (Dorset, Poole, UK), while desethylamodiaquine was obtained from TLC Pharmaceutical Standards (Newmarket, Ontario, Canada).

2.2 Preparation of MD

The collection of the component plants and preparation of MD were carried out as previously described by Adepiti et al. [12]. In brief, fresh leaves of *Mangifera indica* L. (Anacardiaceae), *Alstonia boonei* De Wild (Apocynaceae), *Morinda lucida* Benth (Rubiaceae) and *Azadirachta indica* A. Juss (Meliaceae) were collected from Obafemi Awolowo University Campus, Ile-Ife, Nigeria in March 2012. They

were authenticated and voucher specimens deposited with reference numbers: IFE 16537, 16534, 16535 and 16536, respectively. The leaves were oven-dried (ADVANTEC FP-612, Tokyo, Japan) at 40 °C and separately powdered using a laboratory mill (Griffin, London, UK). The mixture (ratio 1:1:1:1) was extracted using the decoction method of boiling in distilled water (powder-water ratio, 1:10) for 1 h.

2.3 Experimental Animals

Swiss albino mice of both sexes (12–16 weeks in age) were obtained from the Central Animal House, University of Ibadan, Nigeria. The animals were housed at 24–26 °C under a 12 h light/dark cycle for 2 weeks with unrestricted access to feed and water in accordance with the "Guide for the care and use of laboratory animals" [21]. Approval for the study was obtained from the Health Research Ethics Committee of the Obafemi Awolowo University, Ile-Ife, Nigeria (IPHOAU/12/90).

2.4 Pilot Study

Three groups of healthy (uninfected) mice (3 mice per group) were each given combinations of AQ (10 mg/kg body weight) plus MD (240 mg/kg body weight), and AQ (10 mg/kg body weight) plus MD (120 mg/kg body weight), respectively, as single oral doses while the control group was given distilled water. In addition, the third group of uninfected mice was pre-treated over 3 days with oral doses of MD (120 mg/kg body weight/day) with a single dose of AQ (10 mg/kg) co-administered with the last dose of MD (on day 3). The animals were observed for signs of morbidity and mortality for 14 days.

2.5 Herb–Drug Interaction Study

The effect of MD on the pharmacokinetics of AQ in mice was studied in three phases. Each phase utilized a total of 72 animals (body weight, 21–36 g) assigned to 12 groups of 6 animals to which were administered AQ and/or MD orally, after an overnight fast, with feeding and access to water resuming 2 h after drug administration.

In the first phase, single oral doses of AQ (10 mg/kg) prepared in distilled water at a final volume of 200 μ L were administered. Thereafter, each animal was anesthetized with ether for 3–5 min and blood (0.6–1.0 mL) drawn by cardiac puncture at 0, 0.25, 0.5, 1, 2, 4, 6, 12, 24, 48, 72 and 96 h from all animals (*n*=6) for each time point. All blood samples were immediately transferred into heparinized tubes and centrifuged at $3000 \times g$ for 10 min for plasma collection.

For the second phase, all study animals were administered single, concurrent, oral doses of AQ (10 mg/kg) and MD (120 mg/kg). Blood was collected and processed as earlier described for the first phase. In the final phase, all study

mice were pre-treated orally with MD (120 mg/kg), once daily, for 3 days. This was followed by the administration of single oral doses of AQ (10 mg/kg) along with the last dose of MD on day 3. Blood samples were similarly collected and processed as described for the earlier phases. All biological samples were stored at -20 °C until analysis.

2.6 Plasma Analysis

The concentrations of AQ and its major metabolite, desethylamodiaquine, in rodent plasma were determined as earlier described, with some modifications [22]. Liquid chromatography analysis was performed on an Agilent 1100 series system (Palo Alto, CA, USA). Separation of study analytes was achieved at 27 °C with a C18 column (5 μ m, 150×4.6 mm i.d., Sigma-Aldrich (Supelco), St Louis, MO, USA). The mobile phase, pumped through the column at a flow rate of 1.5 mL/min, comprised triethylamine (2%) in distilled water and methanol (81:19), and a final pH of 2.2. Column effluent was monitored at 340 nm.

Plasma (100 μ L), extracted with 3 replicates of 1 mL of diethyl ether with vortex-mixing for 2 min, was centrifuged for 10 min at 3000×g. The organic phases were aspirated, bulked, and dried under a gentle stream of nitrogen gas at 27 °C. Extracted analytes were reconstituted in 100 μ L of liquid chromatography mobile phase, and spiked with 10 μ L of quinidine (5 ng/ μ L), the internal standard. Thereafter, 30 μ L was injected for analysis.

Linear calibration curves were generated by spiking drug-free mouse plasma in the range of 10–150 ng/mL for both analytes. The assay was validated following standard protocols [23]. Assay imprecision was studied at 20, 80 and 150 ng/mL concentrations and expressed as coefficients of variation (%). Retention times of the internal standard, desethylamodiaquine and AQ were 3.1, 5.4 and 6.2 min, respectively (Fig. 1).

The assay limits of detection and quantification were 3.43 ng/mL and 10.39 ng/mL for AQ while corresponding values for desethylamodiaquine were 4.23 ng/mL and 12.82 ng/mL. Intra-assay imprecision varied between 1.72 and 8.02% for AQ, with inter-assay imprecision assuming values between 1.57 and 8.11%. For desethylamodiaquine, intra-assay imprecision varied between 3.41 and 6.50%, while inter-assay imprecision ranged between 6.24 and 10.73%. The relative recovery values (\pm standard deviation) at 20, 80 and 150 ng/mL were 81–90% for AQ, and 73–88% for desethylamodiaquine.

2.7 Pharmacokinetic Data Analysis

The sampling period of 0–96 h in the present study was based on an earlier human study [24]. Concentration–time data across the three phases of the study were fitted by a non-compartmental model, using WinNonlin (version 5.3, Pharsight Corp, Mountain View, CA, USA), for the determination of pharmacokinetic end points. Mean ratios alongside their 90% confidence intervals were computed for the maximum concentrations of AQ and desethylamodiaquine to assess the significance of MD intervention. An absence of clinical significance was inferred when the 90% CI fell within the 80–125% range [25].

3 Results

A pilot study, carried out prior to the main study, showed that the solutions of AQ and MD, at the doses used in this study, either singly or in combination, were well tolerated by the animals. The weights and temperature values of the test mice were stable throughout the period of observation and no adverse effects were observed during and after drug administration. The pilot evaluation, however, observed



Fig. 1 Chromatogram showing quinidine (QND, internal standard), desethylamodiaquine (DAQ) and amodiaquine (AQ) with retention times at 3.1, 5.4 and 6.2 min, respectively

reduced physical activity in study animals administered the combination of AQ and the decoction at 240 mg/kg body weight, thus informing the study dose implemented.

The pharmacokinetic endpoints for AQ and its metabolite, desethylamodiaquine, are presented in Tables 1 and 2. Plasma concentration-time profiles of AQ and desethylamodiaquine in mice following a single oral administration of AQ alone, its concurrent administration with MD, and dosing after pre-treatment of mice with MD are presented in Figs. 2 and 3.

Systemic concentration of AQ in mice reached a peak in 0.5 h with and without MD interventions. The maximum systemic concentration, C_{max} , increased by 12.17% with concurrent administration of MD, whereas pre-treatment of mice with the decoction resulted in a much higher increase (84.70%) in the C_{max} (Table 1). MD interventions led to longer mean residence time of AQ in mice with increases of

195.15% and 340.78% following concurrent administration and pre-treatment, respectively (Table 1). The overall systemic exposure of AQ, represented by the AUC, increased by 51.69% when MD was concurrently administered and by 295.46% when the mice were pre-treated with the decoction (Table 1).

Comparable maximum systemic concentrations of the metabolite, desethylamodiaquine, were derived following the administration of AQ alone and after pre-treatment with MD. The C_{max} of desethylamodiaquine increased by 40.71% and its systemic exposure was highest (33.54% \uparrow) in the mice given the herb–drug combination (Table 2). The C_{max} of AQ was significantly altered by the interventions of MD while significant changes in the C_{max} of desethylamodiaquine were only observed during concurrent administration of MD (Table 3).

Pharmacokinetic parameters	Dosing schedule		
	AQ alone	Concurrent AQ + decoction	Pre-treatment with decoc- tion + AQ
$\overline{C_{\max} (ng/mL)}$	39.68±3.59	44.51 ± 11.78	73.29 ± 8.84
$t_{1/2}(h)$	1.03	3.04	4.54
AUC_{∞} (ng·h/mL)	98.92	150.05	391.19
$MRT_{\infty}(h)$	1.74	4.93	7.11
Cl/F (mL/h)	2903.27	1914.04	734.16
$V_{\rm d}/F$ (mL)	4293.33	8390.28	4807.66

Values of C_{max} are shown as mean (± standard deviation), Mice per group, n=6

AQ alone single oral dose administration of amodiaquine (10 mg/kg), AQ + decoction concurrent dosing of AQ (10 mg/kg) with MAMA decoction (120 mg/kg), pre-treatment with decoction +AQ single oral administration of amodiaquine (10 mg/kg) to mice after pre-treating with MAMA decoction (120 mg/kg/day) for 3 days

 C_{max} maximum concentration, MRT Mean residence time, $t_{1/2}$ half-life, Cl/F Clearance, AUC area under the time-concentration curve, V_d/F volume of distribution

Pharmacokinetic parameters	Dosing schedule			
	AQ alone	Concurrent AQ + decoction	Pre-treatment with decoc- tion + AQ	
$C_{\rm max} ({\rm ng/mL})$	35.52 ± 2.95	49.98 ± 10.83	33.86 ± 4.76	
$t_{\frac{1}{2}}(\mathbf{h})$	4.94	5.98	5.48	
AUC _{0-96 h} (ng·h/mL)	228.77	305.50	274.42	
Metabolic ratio	2.31	2.03	0.70	

Values of C_{max} are shown as mean (± standard deviation), Mice per group, n=6

AQ alone single oral dose administration of amodiaquine (10 mg/kg), AQ + decoction concurrent dosing of AQ (10 mg/kg) with MAMA decoction (120 mg/kg), pre-treatment with decoction +AQ single oral administration of amodiaquine (10 mg/kg) to mice after pre-treating with MAMA decoction (120 mg/kg/day) for 3 days

 C_{max} maximum plasma concentration, $t_{1/2}$ time to attain maximum concentration, AUC area under the timeconcentration curve; metabolic ratio was derived as AUC_{DAO}/AUC_{AO}

Table 1Pharmacokineticparameters of amodiaquinein mice following single oraladministration of amodiaquine(10 mg/kg) alone and incombination with MAMAdecoction (120 mg/kg)

Table 2Pharmacokineticparameters ofdesethylamodiaquine (DAQ)in mice following single oraladministration of amodiaquine(10 mg/kg) alone and incombination with MAMAdecoction (120 mg/kg)

Fig. 2 Concentration-time profile of amodiaquine following oral administration of a single dose of amodiaquine (AQ) alone (10 mg/kg), concurrent single oral administration of AQ (10 mg/kg) and *MAMA* decoction (120 mg/kg/day), and after a single oral administration of amodiaquine (10 mg/kg) to mice pre-treated with *MAMA* decoction (120 mg/kg/day) for three days



Fig. 3 Concentration-time profile of desethylamodiaquine following oral administration of a single dose of amodiaquine (10 mg/kg), concurrent single oral administration of AQ (10 mg/kg) and *MAMA* decoction (120 mg/kg/day), and after single oral administration of amodiaquine (10 mg/kg) to mice pre-treated with *MAMA* decoction (120 mg/kg/day) for 3 days

Table 3Mean ratio of the
maximum concentration of
the treatments with MAMA
decoction and amodiaquine
alone (90% confidence interval)

Analyte	Concurrent AQ+decoction	Pre-treatment with decoction + AQ
Amodiaquine		
C_{\max}	1.12 [0.87–1.39]	1.85 [1.64–2.08]
Desethylamodiaquine		
C _{max}	1.41 [1.14–1.68]	0.95 [0.84–1.08]

AQ amodiaquine, C_{max} maximum plasma concentration

4 Discussion

This study demonstrated that the pharmacokinetics of AQ were altered by MD in mice. The herb–drug combination produced an increase in the half-life of AQ. Similar changes were also observed in the disposition of desethylamodiaquine, where the half-life increased by > 10%, and systemic exposure by > 19%. Derived pharmacokinetic data also suggest that MD increased the absorption rate of AQ as reflected by a significant rise of approximately 12% in the C_{max} , despite a consistent T_{max} of 0.5 h after MD intervention.

In humans, AQ undergoes rapid and extensive biotransformation to desethylamodiaquine and a minimal level of AQ synergizes the efficacy of desethylamodiaquine especially in the first few days after AQ administration. This property results in the effectiveness of AQ in current malaria therapy [26]. Thus, the prolonged systemic presence of both AQ and desethylamodiaquine following the co-administration of MD and AQ, as observed in this study, may be responsible for the increased *Plasmodium* parasite clearance and longer survival of the experimental animals earlier reported [13].

A limitation to this study may be noted in the employment of composite blood sampling which allows one blood draw through cardiac puncture. Therefore, blood was pooled from a group of animals per time point which may obliterate individual variation. The choice of mice in the present study was to exclude species-related bias in the interpretation and comparison of pharmacokinetic data, generated herein, with the previously reported pharmacodynamic outcome observed when AQ was co-administered with MD. It is, however, worth noting that while the present study used healthy mice, the previous report which documented the increased efficacy of AQ in the presence of MD utilized malaria-infected animals. It is interesting to note that a second concentration peak for AQ was observed (at 2 h) after the C_{max} (at $\frac{1}{2}$ h). This phenomenon is in agreement with previous observations in humans and in the fecal excretion of AQ in the rat [24, 27].

Some plant components of MD have previously been studied for their interaction with drug transport and metabolism processes. *Mangifera indica* extract inhibited CYP1A2, 2A6, 2C9, 2D6 and 3A4 in a concentration-dependent manner [28]. In addition, *M. indica* and *Alstonia boonei*, significantly inhibited CYP1A2, 2B6, 2C8, 2C9, 2C19, 2D6 and 3A4 [29] which are CYP enzymes that are largely responsible for the metabolism of several drugs in humans. Furthermore, mild inhibition of *p*-glycoprotein, a major class of transport proteins for xenobiotics, has also been reported with mangiferin (chemical constituent of *M. indica*) and the ethanol extract of *Azadirachta indica* [28, 30]. Moreover, an earlier study demonstrated that the concurrent oral

administration of an aqueous leaf extract of *A. indica*, one of the plant components of MD, with chloroquine in rabbits, resulted in decreased serum clearance, volume of distribution, AUC and $C_{\rm max}$ of chloroquine, while the $T_{\rm max}$ of chloroquine was unchanged, and the half-life increased from 26.7 to 60.2 h [18].

As reported in this study, concurrent administration of AQ with MD or after pre-treatment of mice with MD, led to an increase in the half-life and systemic exposure of the drug. This observation suggests an inhibition of the metabolism of AQ and that of its major metabolite, desethylamodiaquine, as reflected by increased systemic exposure of desethylamodiaguine in both administration arms of the study. The metabolism of AQ to desethylamodiaquine in humans, is principally mediated by CYP2C8 [15]. Although the metabolic pathway that results in the production of desethylamodiaquine in mice is not fully characterized, it is likely that this biotransformation proceeds through the mice isoenzyme of CYP2C8. Hence, the increased half-life of AQ may have resulted, in part, from the inhibitory effect of *M. indica* in MD [28], amongst its other plant components. A longer half-life for AO following pre-treatment with MD, compared with concurrent herb-drug administration, might be due to a steady accumulation of the inhibitory component(s) of the herbal preparation over time. This would be in agreement with results from an earlier report which noted a concentration-dependent inhibition of CYP enzymes by M. indica, recording approximately 50% reduction in enzyme activity at 250 µg/mL of extract [30].

The enhancement of the absorption of AQ by MD, as reflected by an increased C_{max} despite the unchanged T_{max} , typifies the complex interaction that can occur between herbs and orthodox drugs. Inhibitory effects of the components of MD on *p*-glycoproteins [31], which serve as active efflux transporters in the hepatobiliary, direct intestinal and urinary excretion of drugs and their metabolites [32], would be expected to alter the absorption process of coadministered xenobiotics. Hence, the increased C_{max} of AQ might have resulted from reduced intestinal efflux activity of *p*-glycoproteins with MD interventions, or from competition between AQ and MD components for *p*-glycoprotein binding sites.

5 Conclusion

MD influenced the pharmacokinetics of AQ and desethylamodiaquine, its major metabolite. Concurrent administration and pre-treatment with MD prolonged the half-life of AQ, and increased the systemic exposure of both AQ and desethylamodiaquine, suggesting an inhibitory effect on the metabolism of AQ, which is more pronounced with pre-treatment with MD. The present findings may provide a basis for the enhanced pharmacological effect of the combination in an earlier study in *Plasmodium*-infected mice. However, this beneficial interaction of MD with AQ may have to be validated in human volunteers.

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Compliance with Ethical Standards

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Conflict of interest The authors declare no conflict of interest.

Ethics approval Approval for the study was obtained from the Health Research Ethics Committee of the Obafemi Awolowo University, Ile-Ife, Nigeria (IPHOAU/12/90). "The Guide for the care and use of laboratory animals" was strictly followed.

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