



# Levistolide A Attenuates Alzheimer's Pathology Through Activation of the PPAR $\gamma$ Pathway

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## Abstract

Alzheimer's disease (AD) is a neurodegenerative disease characterized by  $\beta$ -amyloid (A $\beta$ ) protein deposition, neurofibrillary tangle (NFT) formation, and neuronal loss in the brain. The current study was designed to investigate the potential mechanisms by which levistolide A affects the pathogenesis of AD in an amyloid precursor protein/presenilin 1 (APP/PS1) transgenic (Tg) mouse model of AD and N2a/APP695swe cells. Specifically, behavioral changes in levistolide A-treated APP/PS1 Tg mice were assessed by the nest-building and Morris water maze (MWM) tests. Levistolide A treatment clearly ameliorated memory deficits and cognitive decline in APP/PS1 Tg mice. A $\beta$  generation and the inflammatory response in APP/PS1 Tg mouse brains were clearly reduced after long-term levistolide A application. Mechanistically, levistolide A concurrently stimulated the expression of  $\alpha$ -secretase and decreased the generation of  $\beta$ - and  $\gamma$ -secretases. In addition, levistolide A inhibited the phosphorylation of tau in the brains of the Tg mice. Furthermore, *in vitro* and *in vivo* experiments suggested that peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) is the key transcription factor that mediates the regulatory effects of levistolide A on the expression of  $\alpha$ -,  $\beta$ -, and  $\gamma$ -secretases and phosphorylation of tau. Collectively, these findings show that levistolide A may be a candidate for the treatment of AD.

**Key Words** Alzheimer's disease · levistolide A ·  $\beta$ -amyloid protein · tau phosphorylation · PPAR $\gamma$  · GSK-3 $\beta$

## Introduction

Alzheimer's disease (AD) is becoming a severe financial, social, and healthcare burden throughout the world. A progressive neurodegenerative disease, AD is characterized by the abnormal production and deposition of the peptide  $\beta$ -amyloid (A $\beta$ ) and the hyperphosphorylation of tau [1–3]. Consequent A $\beta$  accumulation can cause multiple types of neuronal injury by initiating oxidative stress and inflammation, resulting in the cognitive decline observed in AD [4, 5]. Similarly, the tau protein is another key regulator of AD whose phosphorylation

and proteolysis are closely associated with the disease [6]. In addition, hyperphosphorylated tau can assemble to form paired helical filaments, which are deposited in the form of neurofibrillary tangles (NFTs). The formation of NFTs can induce neuronal apoptosis or death. Therefore, reducing the formation and aggregation of A $\beta$  and phosphorylated tau may be beneficial for improving the symptoms of AD.

Peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) plays a protective role in the central nervous system (CNS) [7]. For example, PPAR $\gamma$  agonists have been observed to reduce the level of A $\beta$ , by either reducing the production of A $\beta$  or enhancing A $\beta$  clearance [8]. A $\beta$  is derived from the amyloidogenic pathway by the sequential cleavage of amyloid precursor protein (APP) with  $\beta$ -secretase (BACE-1) and  $\gamma$ -secretase [9–11]. In contrast, in the nonamyloidogenic pathway, the production of A $\beta$  is inhibited due to the cleavage of APP with  $\alpha$ -secretase, producing soluble amyloid precursor protein  $\alpha$  (sAPP $\alpha$ ) [12]. Regarding the regulation of these pathways, evidence shows that PPAR $\gamma$  can suppress the expression of  $\beta$ -site APP cleaving enzyme 1 (BACE1), resulting in the production of A $\beta$  [13]. In addition, thiazolidinedione, a PPAR $\gamma$  agonist, has been shown to inhibit the production of A $\beta$  by reducing the release of  $\gamma$ -secretase [14], although the

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mechanism by which PPAR $\gamma$  downregulates the expression of  $\gamma$ -secretase has not been clearly revealed.

Involved in the phosphorylation of tau, glycogen synthase kinase-3 $\beta$  (GSK-3 $\beta$ ) is one of the main tau kinases during the course of AD development and progression [12]. GSK-3 $\beta$  can phosphorylate tau at the sites Thr181 and Ser396 [15, 16]. Moreover, PPAR $\gamma$  has been proven to mitigate the activity of GSK-3 $\beta$  in stimulating the hyperphosphorylation of tau, consequently improving the progression of AD [17–19].

In addition to A $\beta$  and tau, neuroinflammation plays a significant role in the pathogenesis of dementia [20]. By activating astrocytes and microglia, aggregated forms of A $\beta$  and tau can increase the expression of inflammatory cytokines, such as interleukin-6 (IL-6), interleukin-1 $\beta$  (IL-1 $\beta$ ), and tumor necrosis factor alpha (TNF- $\alpha$ ) [21–24], which slows the progression of AD. During the course of this process, PPAR $\gamma$  downregulates the synthesis of cyclooxygenase-2 (COX-2), inducible nitric oxide synthase (iNOS), and proinflammatory cytokines through nuclear factor (NF)- $\kappa$ B. Treatment with PPAR $\gamma$  agonists has been proven to deactivate glial cells by decreasing the production of inflammatory cytokines [25].

Levistolide A is a characteristic phthalide constituent of the Umbelliferae family of medicinal plants, including *Angelicae sinensis* and *Ligusticum chuanxiong* [26, 27]. Previous studies have shown that levistolide A has multiple biological activities, such as its induction of olfactory neuron regeneration and anti-inflammatory effects [28–31]. When screening bioactive compounds from a traditional Chinese medicine for the treatment of AD, we found that levistolide A improved the learning ability of APP/PS1 transgenic (Tg) mice. Based on these observations, the effect of levistolide A on the production and deposition of A $\beta$  and the hyperphosphorylation of tau and the underlying mechanisms of levistolide A were investigated *in vitro* and *in vivo*.

## Materials and Methods

### Animals and Treatments

APP/PS1 Tg mice were obtained from the Jackson Laboratory (Bar Harbor, ME, USA). Twelve 6-month-old female mice were randomly divided into two groups (6 in the vehicle-treated group, and 6 in the levistolide A-treated group). The levistolide A used in this study was isolated from *Ligusticum chuanxiong* in our laboratory. The purity of the isolated levistolide A was greater than 98.0%, as determined by high-pressure liquid chromatography (HPLC). Mice from the levistolide A-treated group received an intraperitoneal injection of levistolide A (2 mg kg<sup>-1</sup>) every other day, and those from the control group were treated with vehicle (sterile water with 60% v/v 1,2-propanediol). After 4 months, the mice were subjected to behavioral experiments. Then, the brains of the

mice in different groups were collected after anesthetization and perfusion. Just before sacrifice, sera were collected from the retrobulbar venous plexus for subsequent assessment.

### Morris Water Maze Test

The effect of levistolide A on the spatial learning and memory abilities of the mice was assessed using the Morris water maze (MWM) test. First, the mice underwent visible platform training for 2 consecutive days (four trials per day). Then, the platform was submerged 1 cm below the surface of the water, and milk was added to the water to hide the platform. The mice were permitted a maximum time of 60 s to find and 15 s to stay on the hidden platform, starting from their release in a randomly chosen quadrant. If the mouse failed to locate the platform within 60 s, it was guided to the platform and allowed to stay on the platform for 15 s. This navigation test was carried out over 5 days. On each testing day, the animals performed 4 trials separated by 30-min intervals. The latency time and path length to find the hidden platform were recorded to calculate their spatial learning scores. After the navigation test, the platform was removed, and a probe trial was performed to assess the memory abilities of the mice. The mice were permitted to swim freely for 60 s, and the number of times that the mice crossed the location of the platform was recorded. All of the data were analyzed with a computer program (SMART 3.0, Panlab, Barcelona, Spain).

### Nest-Building Test

To assess the social behavior of the animals, the nest-building test was carried out. Briefly, the mice were individually fed in each cage. Eight square pieces of A4 paper (5  $\times$  5 cm<sup>2</sup>) were placed in each cage. Changes in the pieces of paper were simultaneously observed for 6 days through photographic recording. Nest-building ability was assessed based on the following 4-point system: (1) no biting/tearing of the paper with random dispersion of the paper; (2) no biting/tearing of the paper with gathering of the paper in a corner/side of the cage; (3) moderate biting/tearing of the paper with gathering of the paper in a corner/side of the cage; and (4) extensive biting/tearing of the paper with gathering of the paper in a corner/side of the cage.

### Immunofluorescence Staining

Double immunofluorescence staining was carried out to observe the colocalization of A $\beta$ , glial fibrillary acidic protein (GFAP), and ionized calcium-binding adaptor molecule 1 (Iba-1) in brain tissue. Frozen brain sections (10  $\mu$ m) were incubated with mouse anti-A $\beta$  (1:200, Santa Cruz Biotechnology, sc-28365) and rabbit anti-GFAP (1:100, Abcam, ab7260) primary antibodies or mouse anti-A $\beta$  (1:

200, Santa Cruz Biotechnology, sc-28365) and rabbit anti-Iba-1 (1:100, Abcam, 153696) primary antibodies overnight at 4 °C. Fluorescein isothiocyanate-conjugated goat anti-mouse IgG (1:200, Thermo Fisher Scientific, A32723) and goat anti-rabbit IgG (1:200, Thermo Fisher Scientific, A32732) secondary antibodies were used to incubate the sections for 2 h at room temperature. The nuclei were counterstained by incubation in 1 µg/mL 4',6-diamidino-2-phenylindole (DAPI) for 5 min, followed by extensive washing in distilled water. Images were acquired using a confocal laser scanning microscope (SP8, Leica).

Immunofluorescence staining was used to analyze the nuclear translocation of PPAR $\gamma$  in cells. N2a/APP695swe cells were plated on a coverslip at a density of  $1 \times 10^6$  cells/mL. After the indicated treatment, the cells were washed with phosphate-buffered saline (PBS, 0.01 M, pH = 7.2–7.4), fixed with 4% paraformaldehyde at 37 °C for 15 min and then preincubated with 5% BSA in PBS with 0.3% v/v Tween-20 (PBST) at 37 °C for 60 min. After preincubation, the cells were incubated with anti-PPAR $\gamma$  antibody (1:200 in Tris-buffered saline (TBS, 1  $\times$ , pH = 7.6)) at 4 °C overnight. They were then further incubated with an Alexa Fluor 488–conjugated goat anti-rabbit antibody (1:500, Beyotime Biotechnology, Shanghai, China) for 1 h. The cell nuclei were counterstained with Hoechst 33342 (Beyotime Biotechnology, Shanghai, China) for 3 min in the dark. Images were captured using a confocal laser scanning microscope (SP8, Leica); green fluorescence indicates PPAR $\gamma$ , and blue fluorescence indicates nuclei. The fluorescence intensities were analyzed by using ImageJ software.

### Immunohistochemical Staining

Standard avidin-biotinylated complex immunohistochemical (IHC) staining was performed to analyze the distribution of A $\beta$  plaques in the brains of APP/PS1 Tg mice. Briefly, paraffin-embedded brain tissue samples were sectioned into 5-µm-thick slices that were then successively dewaxed, rehydrated, and stained as previously described [32]. Mouse anti-A $\beta$  primary antibody (1:500; Sigma) and biotinylated goat anti-mouse IgG (1:200) were used for staining. Quantitative analysis of A $\beta$  plaques was performed by using Image-Pro Plus 6.0 software. The numbers and areas of A $\beta$ -positive plaques in the cortex and hippocampus were analyzed.

### N2a/APP695swe Cell Culture and Treatment

N2a/APP695swe cells stably expressing the Swedish mutant human APP695 gene were provided as a gift from the laboratory of Prof. Hua-Xi Xu (Xiamen University). Cells were cultured in high-glucose Dulbecco's modified Eagle's medium (DMEM, Gibco, Carlsbad, CA, USA) supplemented with 10% (v/v) fetal bovine serum (FBS, Gibco), 1% (v/v)

glutamine (Biological Industries), 1% (v/v) penicillin-streptomycin (Biological Industries), and 2 mg/mL (m/v) G418 (Sigma, St. Louis, MO, USA) at 37 °C under an atmosphere of 5% CO<sub>2</sub>. To assess cell viability during prolonged incubation with levistolide A, the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay was performed. Cells were treated with serial dilutions of levistolide A ranging in concentration from 0 to 10 µg/mL for 24 h prior to lysis with ice-cold radioimmunoprecipitation assay (RIPA) buffer (Beyotime Biotechnology, Shanghai, China) containing a protease inhibitor cocktail (Promega Corporation, Madison, Wisconsin, USA) and phosphatase inhibitor cocktail (CW BIO, Beijing, China). In addition, the cells were exposed to GW9662 (2-chloro-5-nitro-N-phenylbenzamide, 30 µM, GW, MedChem Express, Princeton, New Jersey, USA) for 1 h prior to levistolide A treatment (0–10 µg/mL) for 24 h to determine whether the PPAR $\gamma$  pathway is involved in the effects of levistolide A on AD.

### Sandwich Enzyme-Linked Immunosorbent Assay

To detect A $\beta$ <sub>1–40</sub> and A $\beta$ <sub>1–42</sub>, homogenates of cerebral cortex tissues and the sera of APP/PS1 Tg mice were prepared, and the supernatants of N2a/APP695swe cells and lysed N2a/APP695swe cells were collected. The samples were diluted with dilution buffer at the appropriate ratio, immediately added to 96-well plates, and analyzed using enzyme-linked immunosorbent assay (ELISA) kits (MSKBIO, China; A $\beta$ <sub>1–40</sub>, kt99164; A $\beta$ <sub>1–42</sub>, cx20056) according to the manufacturer's instructions. The absorbance at a wavelength of 450 nm was recorded using a microplate reader.

### Western Blot Analysis

Western blot analysis was used to evaluate protein expression in protein extracts from the mouse brains and cultured cells. The cerebral cortical tissues of the mice were immersed in ice-cold RIPA lysis buffer containing protease and phosphatase inhibitor cocktail. After homogenization by sonication, the mixtures were centrifuged at 13000 rpm for 30 min at 4 °C, and the supernatants were collected. Cells were washed twice with ice-cold PBS and then lysed in 80 µL of RIPA buffer containing protease and phosphatase inhibitors. Cells were homogenized in RIPA buffer at 4 °C before centrifugation at 13000 rpm for 30 min to collect the supernatants. The supernatants were used for western blotting. Equal amounts of protein were loaded in each well for sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE), and the separated proteins were then blotted onto polyvinylidene fluoride (PVDF) membranes (Millipore, Temecula, CA, USA). After blocking with 2.5% nonfat milk in TBS (1  $\times$ ) with 0.1% v/v Tween-20 (TBST) buffer for 30 min at room temperature, each membrane was probed overnight at 4 °C with

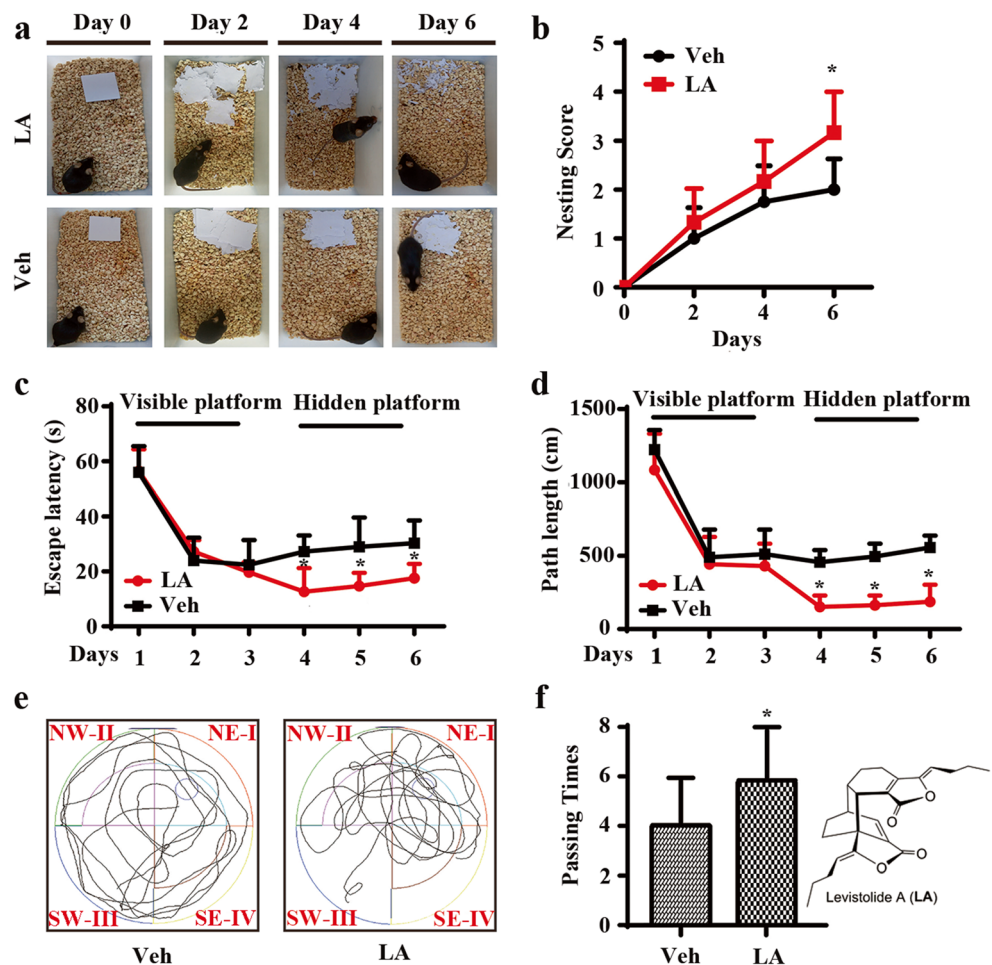
the following specific primary antibodies: mouse anti-A $\beta$  (1:1000, Santa Cruz Biotechnology, sc-28365), rabbit anti-A disintegrin and metalloproteinase 10 (ADAM10, 1:1000, CST, 14194), rabbit anti-TNF- $\alpha$ -converting enzyme (TACE or ADAM17, 1:1000, Abcam, ab2051), rabbit anti-BACE1 (1:1000, Abcam, ab183612), rabbit anti-Presenilin 1 (PS1, 1:1000, CST, 5643), rabbit anti-Presenilin 2 (PS2, 1:1000, CST, 9979), rabbit anti-Nicastrin (NCT, 1:1000, CST, 5665), mouse anti-sAPP $\alpha$  (1:1000, Immuno-Biological Laboratories (IBL), 11088), mouse anti-soluble amyloid precursor  $\beta$  (sAPP $\beta$ , 1:1000, IBL, 10321), mouse anti-tau (1:2000, CST, 4019), rabbit anti-phospho-tau (Thr181) (1:2000, CST, 12885), rabbit anti-phospho-tau (Ser416) (1:2000, CST, 15013), mouse anti-phospho-tau (Ser396) (1:1000, CST, 9632), rabbit anti-phospho-GSK 3 $\alpha$ / $\beta$  (Ser21/Ser9) (1:2000, CST, 9327), rabbit anti-GSK3 $\alpha$ / $\beta$  (1:2000, CST, 5676), rabbit anti-GFAP (1:1000, CST, 80788), rabbit anti-Iba1 (1:1000, CST, 17198), rabbit anti-IL-1 $\beta$  (1:1000, Santa Cruz, sc-7884), rabbit anti-IL-6 (1:1000, CST, 12153), mouse anti-TNF- $\alpha$  (1:1000, Santa Cruz, sc-52,746), rabbit anti-postsynaptic density proteins 95 (PSD95, 1:1000, CST, 3409), mouse anti-synaptophysin

(SYP, 1:1000, Santa Cruz, sc-365488), rabbit anti-PPAR $\gamma$  (1:2000, CST, 2443), rabbit anti-GAPDH (1:3000, CST, 5174), and rabbit anti- $\beta$ -actin (1:3000, CST, 4970). The membranes were then incubated with horseradish peroxidase-conjugated secondary antibody (1:10000 in TBST) for 1 h at room temperature. Visualization of the immunoreactive bands was performed using a Bio-Rad system with enhanced chemiluminescence (ECL), and grayscale analysis was performed using ImageJ software. The intensity of each protein band was normalized to that of the corresponding band for  $\beta$ -actin or GAPDH, and the relative value was then normalized to that of the vehicle group.

### Statistical Analyses

All values are presented as the mean  $\pm$  standard deviation (S.D.). One-way analysis of variance (ANOVA) or Student's *t* test was used to evaluate differences among more than three groups or differences between two groups, respectively. All data were analyzed using GraphPad Prism software, and differences were assumed to be highly statistically significant at  $p < 0.01$  and statistically significant at  $p < 0.05$ .

**Fig. 1** Levistolide A treatment rescued the memory deficits and cognitive disorders in APP/PS1 Tg mice. (a) Results of the nest-building test in the APP/PS1 Tg mice. (b) Statistical analysis of nest score for each group of mice. (c) Escape latency in the visible platform and hidden platform test. (d) Path length in the visible platform and hidden platform test. (e) Representative escape routes on the last day of the hidden platform test are shown. (f) Number of times crossing the center region without the platform in 1 min. Data represent the mean  $\pm$  SD ( $n > 3$ ), \* $p < 0.05$  compared with the vehicle-treated APP/PS1 Tg mice



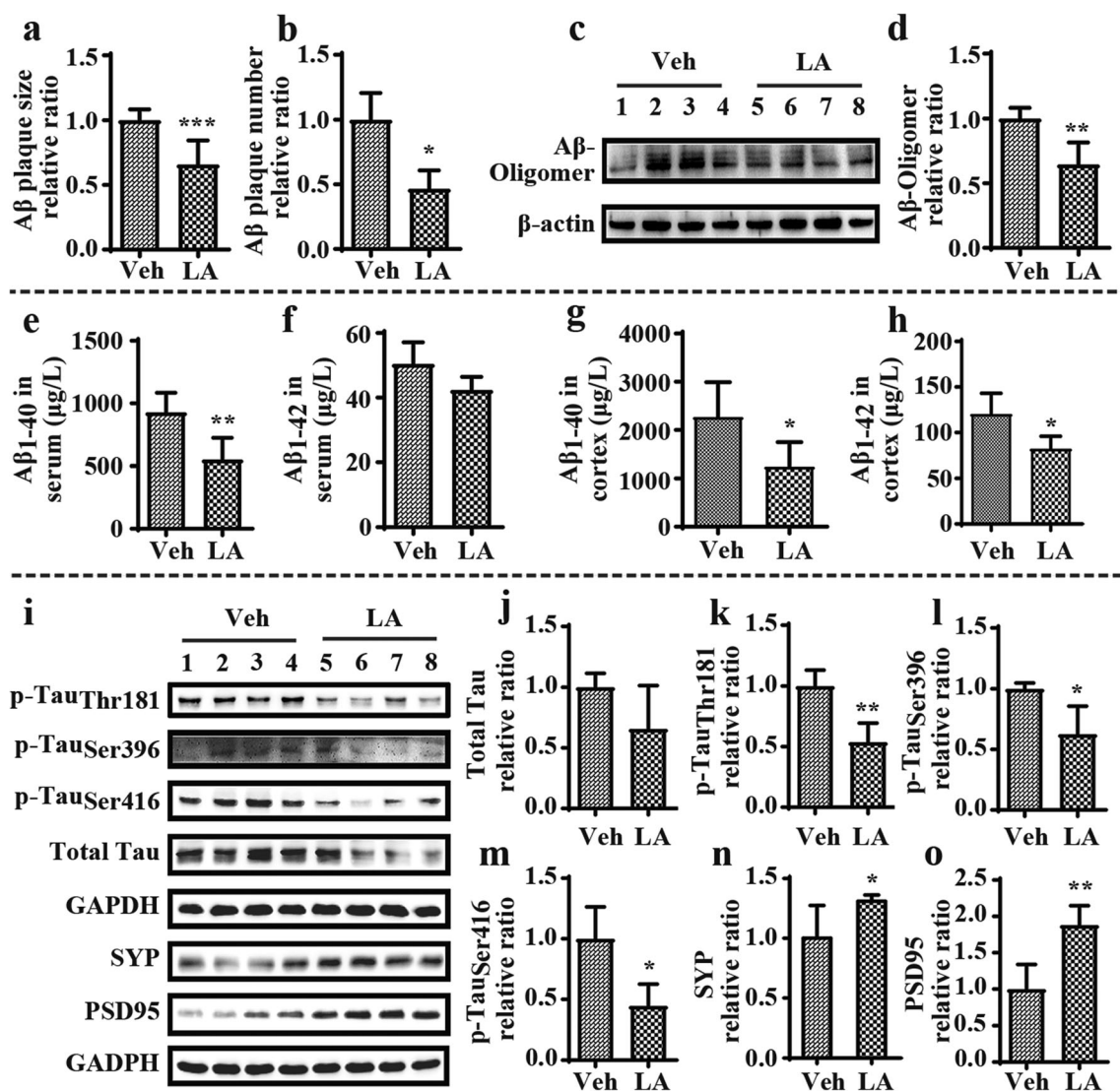


## Results

### Levistolide A Treatment Rescued Memory Deficits and Cognitive Disorders in APP/PS1 Tg Mice

APP/PS1 Tg mice are widely used in AD-related studies, including pharmacodynamic evaluations and evaluations of underlying mechanisms. To investigate the effects of levistolide A on AD, we first determined its effects on the learning ability of APP/PS1 Tg mice with the nest-building and MWM tests. The results of the nest-building test demonstrated that the nesting scores of the levistolide A-treated mice were significantly higher than those of the vehicle-treated controls

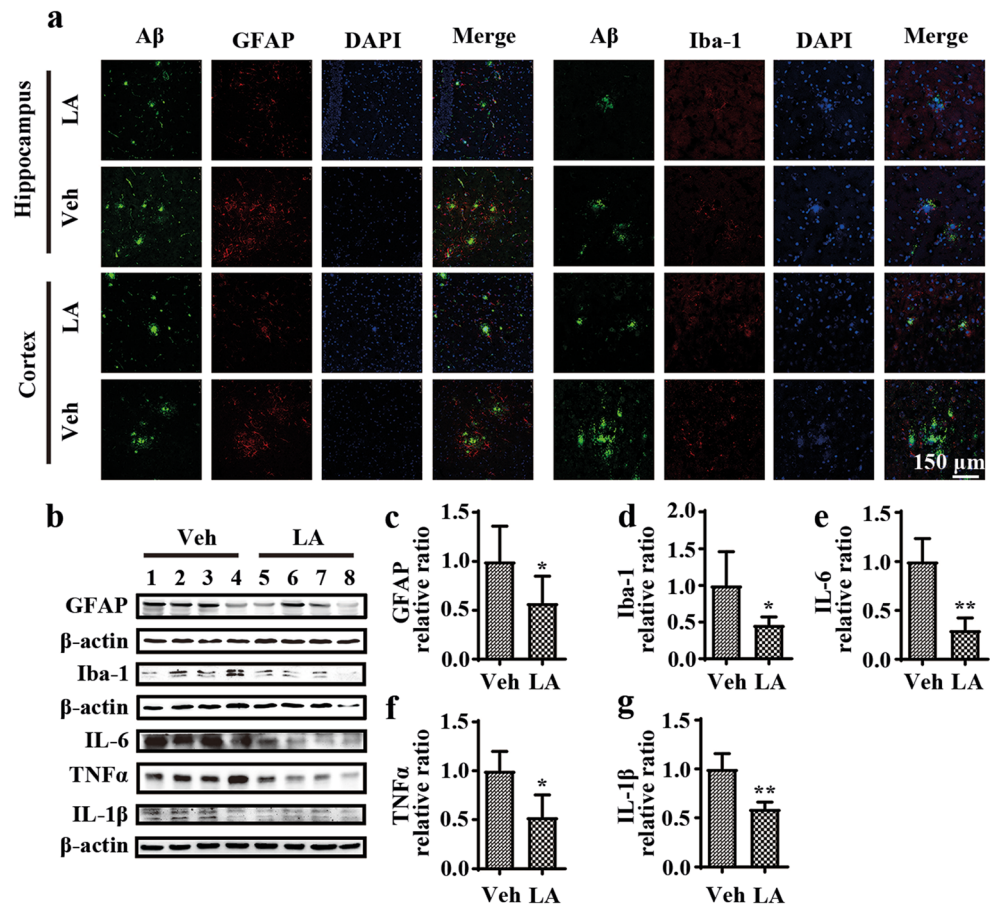
(Fig. 1a, b), suggesting the ability of levistolide A to rescue the impairment of social behavior in APP/PS1 Tg mice. To further validate the above observation, the MWM test was carried out to determine the learning ability of APP/PS1 Tg mice. The results demonstrated significant difference in learning ability between the levistolide A- and vehicle-treated mice over the first 2 days of training tests. In contrast, levistolide A clearly shortened the time taken and distance traveled for the mice to find the hidden platform in subsequent experiments (Fig. 1c, d). In the spatial probe trial, the time taken to cross the original platform was clearly elevated in the levistolide A-treated group compared to that of the control group (Fig. 1e, f). Based on these observations, the spatial learning and memory



**Fig. 2** Levistolide A decreased the A $\beta$  generation and deposition and reduced the expression of phosphorylation of tau protein and loss of synapses in APP/PS1 Tg mice. (a, b) Quantitative analysis of A $\beta$  immunohistochemistry staining in the brains of APP/PS1 Tg mice. (c, d) Expression levels of A $\beta$  oligomer protein in the cortex tissue of APP/PS1 Tg mice.  $\beta$ -actin was used as internal control. (e, f) Expression levels of A $\beta$ <sub>1-40</sub> and A $\beta$ <sub>1-42</sub> in the serum of APP/PS1 Tg mice. (g, h)

Expression levels of A $\beta$ <sub>1-40</sub> and A $\beta$ <sub>1-42</sub> in the cortex tissue of APP/PS1 Tg mice. (i) Western blots showing the protein levels, including total tau, p-tau (Thr181, Ser396, Ser416), SYP, and PSD95. GAPDH was used as internal control. (j–o) Quantitative analysis of the results shown in i. Data represent the mean  $\pm$  SD ( $n > 3$ ), \* $p < 0.05$ , \*\* $p < 0.01$ , compared with the vehicle-treated APP/PS1 Tg mice

**Fig. 3** Levistolide A mitigated activation of A $\beta$ -accompanied glial cells in APP/PS1 Tg mice. (a) Double immunofluorescence staining analyzed the distribution and expression of A $\beta$  with GFAP and Iba-1 in cortex and hippocampus of APP/PS1 Tg mice brains. (b) Western blot detection of GFAP, Iba-1, IL-6, IL-1 $\beta$ , and TNF- $\alpha$  in the cortex of APP/PS1 Tg mice.  $\beta$ -actin was used as internal control. (c–g) Quantitative analysis of the immunoreactivities to the antibodies presented in the previous panel. Data represent the mean  $\pm$  SD ( $n > 3$ ), \* $p < 0.05$ , \*\* $p < 0.01$ , compared with the vehicle-treated APP/PS1 Tg mice



abilities of the mice were improved by treatment with levistolide A.

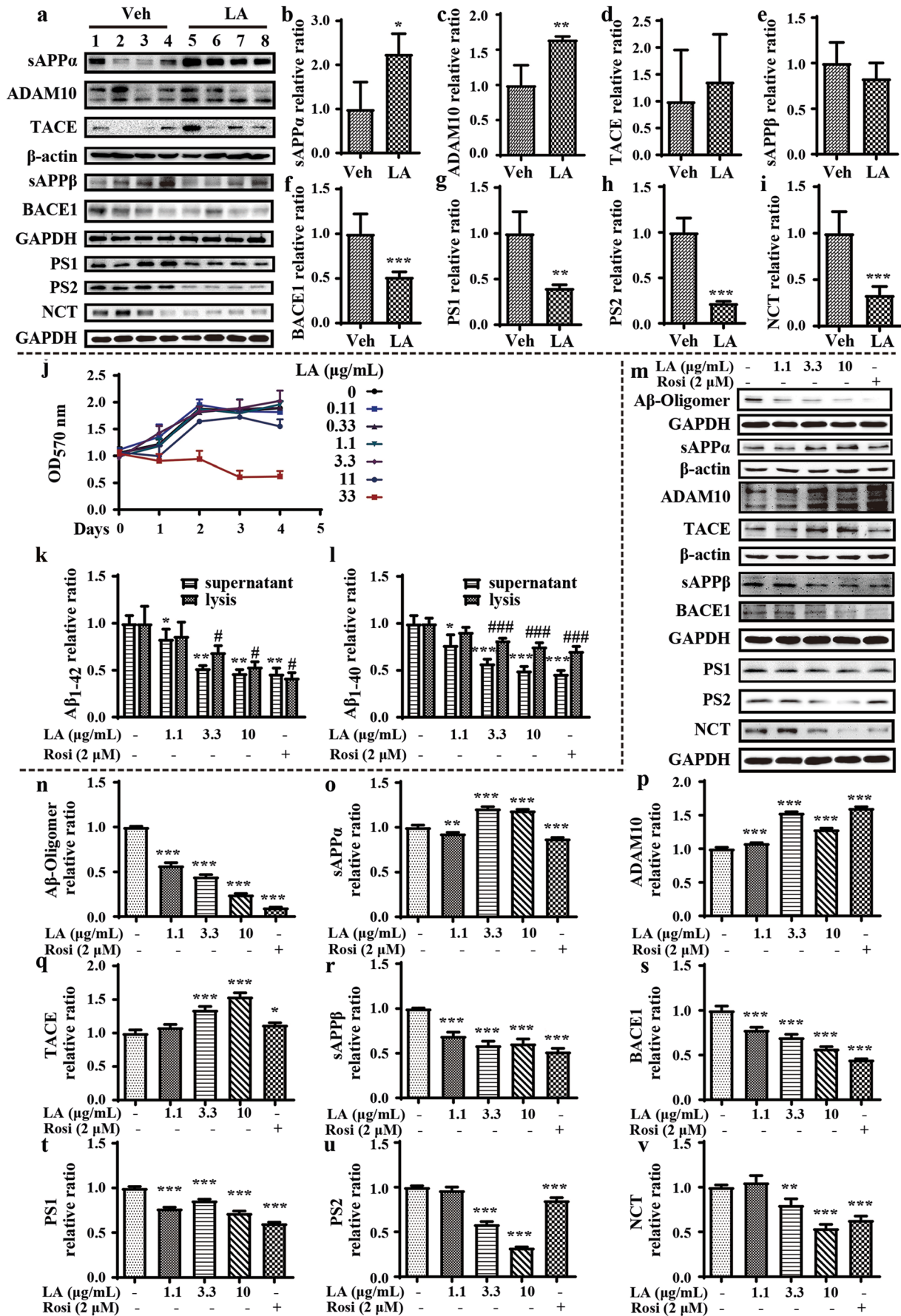
### Levistolide A Treatment Decreased the Aggregation of A $\beta$ in APP/PS1 Tg Mice

In view of the essential roles of A $\beta$  in AD, IHC staining was carried out to reveal the effect of levistolide A on the generation and aggregation of A $\beta$  in the brains of APP/PS1 Tg mice. The results showed that the numbers of immunoreactive amyloid plaques (APs) in the hippocampus and cerebral cortices of levistolide A-treated mice were significantly decreased compared to those of vehicle-treated mice (Fig. 2a, b). The effect of levistolide A on A $\beta$  production and the levels of A $\beta$  oligomers were simultaneously assessed using ELISA and western blotting, respectively. The results showed that the level of A $\beta$  oligomers was dramatically reduced in levistolide A-treated mice compared to vehicle-treated mice (Fig. 2c, d). Similarly, levistolide A treatment dramatically reduced the production of soluble A $\beta_{1-40}$  and A $\beta_{1-42}$  in the sera and cortical tissues of APP/PS1 Tg mice (Fig. 2e–h). Taken together, our results revealed that levistolide A efficiently suppressed the production and aggregation of A $\beta$  in APP/PS1 Tg mice.

### Levistolide A Reduced the Phosphorylation of Tau and the Loss of Synapses in APP/PS1 Tg Mice

As the predominant pathological characteristics of AD, the hyperphosphorylation and aggregation of tau were next assessed in the current study. By western blot analysis, we determined that levistolide A treatment decreased the level of tau phosphorylated at Ser396, Ser416, and Thr181 and even the total tau protein level in the cerebral cortices of APP/PS1 Tg mice (Fig. 2i–m). As levistolide A can attenuate the production of A $\beta$  and phosphorylated tau, we then

**Fig. 4** Levistolide A treatment accelerated the nonamyloidogenic APP pathway in APP/PS1 Tg mice and in N2a/APP695swe cells. (a) Western blots showing the protein levels associated with APP metabolism, including sAPP $\alpha$ , ADAM10, TACE, sAPP $\beta$ , BACE1, PS1, PS2, and NCT.  $\beta$ -actin and GAPDH were used as internal control. (b–i) Quantitative analysis of the results shown in (a). (j) Cell viability was measured by MTT assay and expressed relative to the vehicle. (k, l) Expression levels of A $\beta_{1-40}$  and A $\beta_{1-42}$  in the supernatant and lysis of N2a/APP695swe cells. (m) Western blots showing the protein levels associated with APP metabolism, including A $\beta$  oligomer, sAPP $\alpha$ , ADAM10, TACE, sAPP $\beta$ , BACE1, PS1, PS2, and NCT.  $\beta$ -actin and GAPDH were used as internal control. (n–v) Quantitative analysis of the results shown in (m). Data represent the mean  $\pm$  SD ( $n > 3$ ), \*, # $p < 0.05$ , \*\*, ## $p < 0.01$ , \*\*\*, ### $p < 0.001$ , compared with the vehicle





measured its effects on the functions of synapses. By western blot analysis, we found that the levels of SYP and PSD95, characteristic proteins on the membranes of synapses, were increased in the cerebral cortices of APP/PS1 Tg mice by treatment with levistolide A (Fig. 2i, n, o). These results demonstrated that levistolide A could prevent the loss of SYP and PSD95 in the brains of APP/PS1 Tg mice.

### Levistolide A Mitigated the Stimulatory Effects of A $\beta$ on Glial Cells in APP/PS1 Tg Mice

Given the critical roles of neuroinflammation in AD [33, 34], immunofluorescence staining experiments were carried out to evaluate the effect of levistolide A on the activities of microglia and astrocytes. The results showed that positive staining for GFAP and Iba-1 was clearly attenuated in levistolide A-treated mice, especially positive staining for GFAP and Iba-1 associated with APs (Fig. 3a). Additionally, the protein levels of GFAP and Iba-1 were further verified by western blot analysis (Fig. 3b–d). As expected, the levels of GFAP and Iba-1 were decreased in levistolide A-treated mice compared to control mice. Furthermore, as activated glial cells can accelerate the process of neuroinflammation by releasing proinflammatory cytokines and other toxic mediators, we carried out experiments to analyze the production of the proinflammatory cytokines TNF- $\alpha$ , IL-1 $\beta$ , and IL-6. As shown in Fig. 3b and e–g, treatment with levistolide A attenuated the protein expression of TNF- $\alpha$ , IL-6, and IL-1 $\beta$  in APP/PS1 Tg mice. These observations revealed that levistolide A effectively attenuated the inflammatory response by suppressing the activities of microglial cells and astrocytes in APP/PS1 Tg mice.

### Levistolide A Accelerated the Nonamyloidogenic Metabolism of APP *In Vitro* and *In Vivo*

To determine how levistolide A suppresses the production of A $\beta$ , we next determined the expression of secretases. Levistolide A significantly increased the expression of ADAM10 (Fig. 4a, c), which resulted in the elevated production of sAPP $\alpha$  (Fig. 4a, b). In contrast, the expression level of BACE1 was noticeably decreased in levistolide A-treated APP/PS1 Tg mice compared to control mice (Fig. 4a, f), but the production of sAPP $\beta$  was not significantly affected (Fig. 4a, e). Notably, the average production of sAPP $\beta$  was attenuated by treatment with levistolide A in APP/PS1 Tg mice (Fig. 4a, e). In addition, the expression of PS1, PS2, and NCT was downregulated by levistolide A, which suggests that levistolide A can suppress the production of A $\beta$  (Fig. 4a, g–i). To validate the above observations, similar experiments were performed in N2a/APP695swe cells. First, the toxicity of levistolide A was measured by MTT assay, the results of which demonstrated that levistolide A did not induce obvious toxicity to neuronal cells when its concentration was lower than 11  $\mu$ g/mL, whereas

**Fig. 5** The effects of levistolide A on reducing Tau phosphorylation via GSK signaling pathway. (a, b) Expression levels of GSK-3 $\alpha/\beta$  and p-GSK-3 $\alpha/\beta$  protein in the cortex tissue of APP/PS1 Tg mice. GAPDH was used as internal control. Data represent the mean  $\pm$  SD ( $n > 3$ ), \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , compared with the vehicle-treated APP/PS1 Tg mice. (c, d) Western blots showing the protein levels of GSK-3 $\alpha/\beta$  and p-GSK-3 $\alpha/\beta$  protein in the N2a/APP695swe cells. (e) Western blots showing the protein levels including total-Tau, p-Tau (Thr181, Ser396, Ser416). GAPDH was used as internal control. (f–i). Quantitative analysis of the results shown in (e). Data represent the mean  $\pm$  SD ( $n > 3$ ), \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , compared with the vehicle

33  $\mu$ g/mL levistolide A was extremely highly toxic to the neurons (Fig. 4j). On the basis of this observation, we treated N2a/APP695swe cells with 0–10  $\mu$ g/mL levistolide A for 24 h. The results demonstrated that levistolide A treatment clearly decreased the production of A $\beta$ <sub>1–40</sub> and A $\beta$ <sub>1–42</sub>, which is similar to the effects of rosiglitazone (Rosi, Sigma-Aldrich, St. Louis, Missouri, USA), a PPAR $\gamma$  agonist (Fig. 4k, l). Similar to these *in vivo* results, results obtained *in vitro* also demonstrated that levistolide A suppressed the production and aggregation of A $\beta$  by concurrently activating  $\alpha$ -secretases, including ADAM10 and TACE as well as decreasing the activity of  $\beta$ -secretase, BACE1, and  $\gamma$ -secretases, such as PS1, PS2, and NCT (Fig. 4m, n, p, q, s, v). These actions of levistolide A resulted in the elevated production of sAPP $\alpha$  and reduced the cleavage product sAPP $\beta$  in N2a/APP695swe cells (Fig. 4m, o, r).

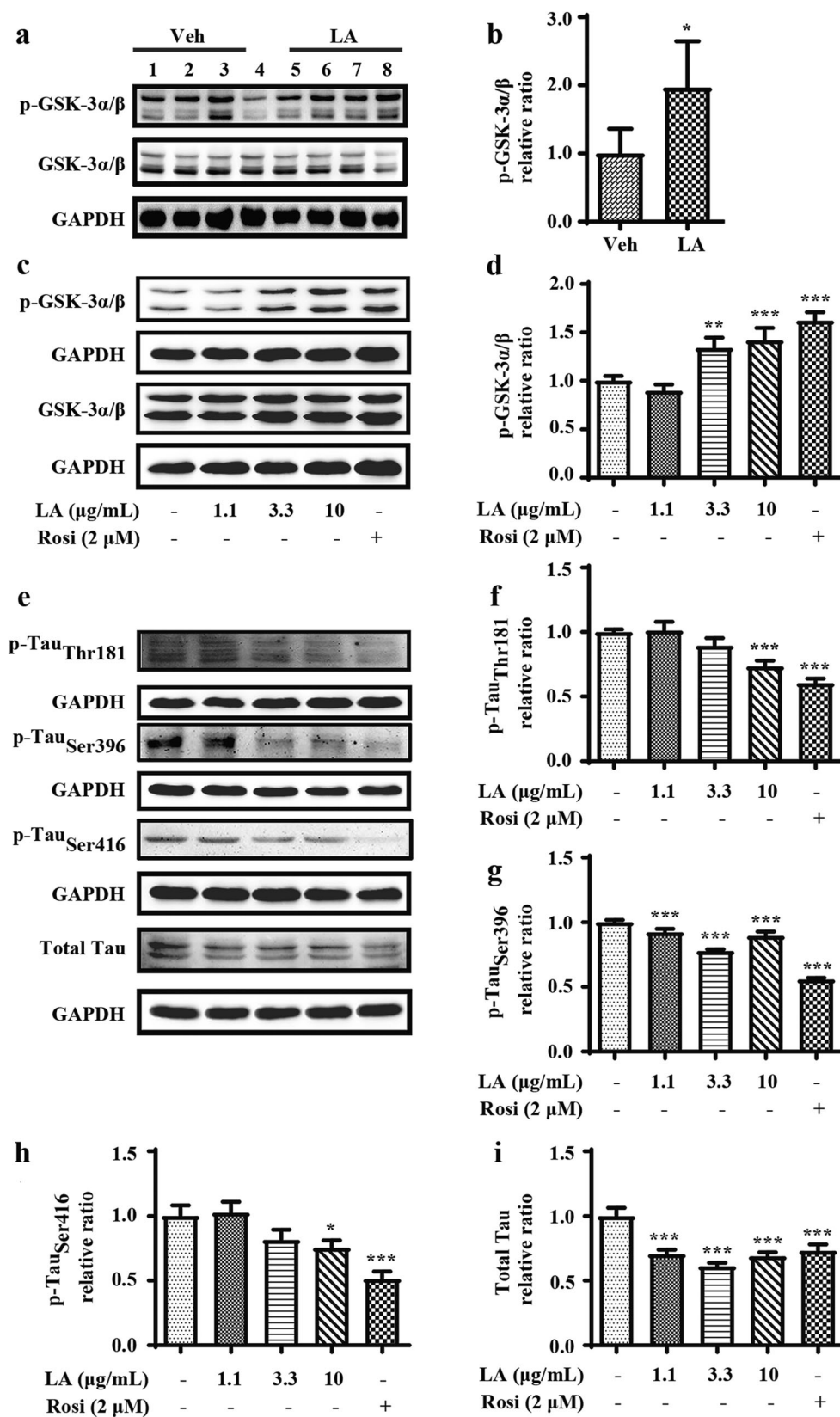
### The Inhibitory Effects of Levistolide A on the Phosphorylation of Tau Occur via a GSK-Dependent Mechanism

In light of the critical roles of GSK-3 $\alpha/\beta$  in the phosphorylation of tau [35, 36], we investigated its effects on levistolide A-mediated tau phosphorylation. The phosphorylation of GSK-3 $\alpha/\beta$ , an inactive form of the enzyme, was dramatically elevated in the levistolide A-treated group compared to the vehicle-treated group (Fig. 5a, b). To confirm this *in vivo* observation, the effect of levistolide A on the phosphorylation of GSK-3 $\alpha/\beta$  was investigated in N2a/APP695swe cells. As expected, the results revealed that the degree of GSK-3 $\alpha/\beta$  phosphorylation in N2a/APP695swe cells was dose-dependently increased after levistolide A treatment (Fig. 5c, d). Moreover, the phosphorylation of tau Ser396, Ser416, and Thr181 was significantly decreased in levistolide A-treated N2a/APP695swe cells compared to control cells (Fig. 5e–i). Based on these findings, levistolide A can attenuate the phosphorylation of tau via GSK-3 $\alpha/\beta$  pathways both *in vivo* and *in vitro*.

### Levistolide A Regulates the Processing of APP Through Promoting the Activity of PPAR $\gamma$

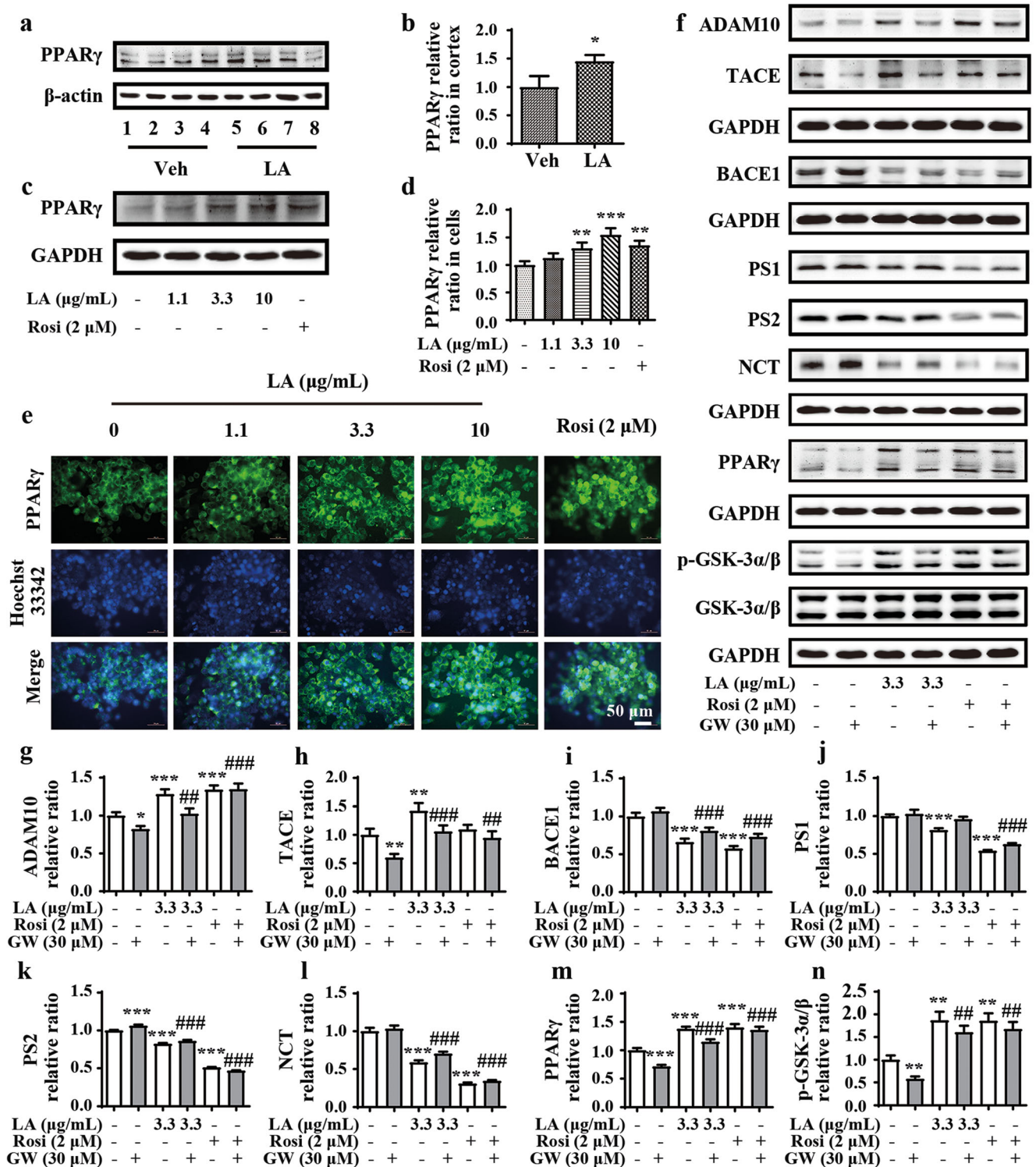
To reveal the involvement of PPAR $\gamma$  in APP processing, we first detected the expression of PPAR $\gamma$  in both APP/PS1 Tg





mice and N2a/APP695swe cells. As shown in Fig. 6a and b, the protein level of PPAR $\gamma$  in APP/PS1 Tg mice was elevated

by treatment with levistolide A. Similarly, levistolide A also enhanced the protein expression of PPAR $\gamma$  in N2a/



**Fig. 6** Levistolide A promoted the activation of PPAR $\gamma$  to regulate APP processing. (a, b) Western blot showing the protein level of PPAR $\gamma$  in the cortex of APP/PS1 Tg mice.  $\beta$ -actin was used as internal control. (c, d) Western blot showing the protein level of PPAR $\gamma$  in the N2a/APP695swe cells. GAPDH was used as internal control. (e) Double-stained immunofluorescence of PPAR $\gamma$  and nuclei in N2a/APP695swe cells, the green

fluorescence stands for PPAR $\gamma$  and the blue represents the nuclei. (f) Western blots showing the protein levels including ADAM10, TACE, BACE1, PS1, PS2, NCT, PPAR $\gamma$ , GSK-3 $\alpha$ / $\beta$ , and p-GSK-3 $\alpha$ / $\beta$ . GAPDH was used as internal control. (g–n) Quantitative analysis of the results shown in (f). Data represent the mean  $\pm$  SD ( $n > 3$ ), \*, # $p < 0.05$ , \*\*\*, ### $p < 0.001$ , compared with the vehicle control

APP695swe cells (Fig. 6c, d). These observations were further confirmed by immunofluorescence staining (Fig. 6e).

To determine whether levistolide A functions in a PPAR $\gamma$ -dependent manner, GW, a selective PPAR $\gamma$  antagonist, was used to treat N2a/APP695swe cells. After 1 h, 30  $\mu$ M GW treatment partially restored the effects of levistolide A in simultaneously activating  $\alpha$ -secretase and suppressing the expression of  $\beta$ - and  $\gamma$ -secretases (Fig. 6f, g–m). In addition, GW reduced the effects of levistolide A on GSK-3 $\alpha/\beta$  phosphorylation, suggesting its role in the phosphorylation of tau.

Overall, we found that levistolide A improved cognitive decline in AD by inhibiting the production and aggregation of A $\beta$  as well as the hyperphosphorylation of tau. Furthermore, PPAR $\gamma$  plays key roles in mediating the effects of levistolide A on the pathogenesis of AD.

## Discussion

Neuroprotection is widely accepted as a prospective therapeutic strategy for AD, and increasing evidence has shown that A $\beta$  carries out multiple pathological functions in neurons [12]. As monomeric A $\beta$  can aggregate, the consequent soluble A $\beta$  oligomers showed extreme toxicity to neurons. In fact, a series of studies showed that A $\beta$  oligomer treatment could induce the apoptosis of astrocytes and neurons [37, 38]. Moreover, soluble A $\beta$  plays multiple roles in AD, as for example, it affects oxidative stress, neuroinflammation, and neurotoxicity and inhibits neurogenesis [39, 40]. All of these roles contribute to accelerating the progression of AD. The inhibitory effect of levistolide A on the production of A $\beta$  monomers and oligomers shown based on these clues has revealed its potential therapeutic effect on AD.

Generally, A $\beta$  is produced by the abnormal cleavage of APP by  $\beta$ - and  $\gamma$ -secretases [41]. In contrast, the cleavage of APP by  $\alpha$ -secretase is beneficial to for AD [10]. ADAM10 and TACE (or ADAM-17), two  $\alpha$ -secretases, cleave APP and play a crucial role in inhibiting A $\beta$  production [42–44]. Increasing evidence has suggested that increased  $\alpha$ -secretase contributes to reducing A $\beta$  generation as well as inhibiting tau hyperphosphorylation and synaptic dysfunction [45, 46]. The current investigation expanded upon prior works to reveal the suppressive effect of levistolide A on the formation of APs by increasing the expression of  $\alpha$ -secretase. BACE1 and  $\gamma$ -secretases (PS1, PS2, and NCT) play essential roles in producing A $\beta$  via the amyloidogenic metabolism of APP. The downregulation of  $\beta$ - and  $\gamma$ -secretases reduced the production and deposition of A $\beta$  in the brains of AD Tg mice [9, 47, 48]. By these mechanisms, we found that levistolide A decreased the activity of  $\beta$ - and  $\gamma$ -secretases, potentially contributing to the production of A $\beta$ .

Tau functions in stabilizing microtubules, whose hyperphosphorylation is closely related to neuronal loss and

cognitive impairment in patients with AD [49–51]. Tau can be phosphorylated at numerous sites, including Ser396, Ser416, and Thr181 [52], resulting in the microtubule disability, leading to the onset of AD [53, 54]. Reciprocally, reducing the phosphorylation of tau may be an effective strategy for AD treatment. The results of our current study demonstrated that the levels of tau phosphorylated at Thr181, Ser396, and Ser416 were decreased in both N2a/APP695swe cells and the cerebral cortices of APP/PS1 Tg mice after exposure to levistolide A. Furthermore, GSK3 $\alpha/\beta$  has been verified to be critical for the phosphorylation of tau [12]. In addition, GSK-3 $\alpha/\beta$  could be activated by sAPP $\alpha$  in an insulin receptor (IR)–activating pathway [55]. The current study demonstrates that levistolide A treatment could increase the production of sAPP $\alpha$  and phosphorylated GSK. Furthermore, levistolide A decreased the hyperphosphorylation of tau, which was possibly related to sAPP $\alpha$ -IR-GSK-3 $\alpha/\beta$  signaling.

Additionally, the deposition of A $\beta$  in APs and phosphorylated tau in NFTs can trigger the inflammatory response during the course of AD development and progression [56]. Furthermore, anti-inflammatory drugs can reduce the pathogenesis of AD [20]. Functional alterations in microglia and astrocytes, the main glial cells in the CNS, contribute to the neuroinflammatory process. On the one hand, microglia, a specific macrophage-like cell type in the CNS, serve as the main immune effector cells in the brain [57, 58]. Under physiological conditions, microglia can eliminate the toxic substances released from damaged cells. However, overactivated microglial cells can induce the neuroinflammatory response by releasing proinflammatory cytokines, which results in cell death, leading to the deposition of A $\beta$  [59, 60]. On the other hand, astrocytes, the most widespread glial cells, exert neuroprotective effects [61, 62]. Overactivated astrocytes can increase the expression of BACE1 and PS1, which generate and deposit A $\beta$  during the course of AD development and progression [63, 64]. In turn, A $\beta$  can activate astrocytes, which produce various cytokines, thus exacerbating neuroinflammatory responses [65]. Therefore, disrupting the crosstalk between A $\beta$  and proinflammatory cytokines might serve as a potential therapeutic strategy to treat AD. Based on this hypothesis, levistolide A treatment effectively inhibited the activation of glial cells and decreased the expression of IL-1 $\beta$ , IL-6, and TNF- $\alpha$  at the protein level in the cerebral cortices of APP/PS1 Tg mice.

PPAR $\gamma$  serves as a transcription factor that regulates the expression of BACE1 [13]. Additionally, PPAR $\gamma$  has been reported to inhibit the accumulation of A $\beta$  by decreasing the release of cytokines by deactivating glial cells [66]. For example, Rosi, a thiazolidinedione (TZD), has neuroprotective effects against A $\beta$ -induced neurodegeneration by inhibiting neuroinflammation [67]. Furthermore, the administration of TZDs can effectively inhibit the deposition of A $\beta$  by downregulating the expression of BACE1 and reducing the



phosphorylation of tau through inhibiting the activity of GSK [68, 69]. In agreement with these results, GW, an antagonist of PPAR $\gamma$ , suppressed the effects of levistolide A in deactivating  $\beta$ - and  $\gamma$ -secretases. To further explore the neuroprotective roles of PPAR $\gamma$ , GW was used to block PPAR $\gamma$ , which clearly decreased the phosphorylation of GSK-3 $\alpha/\beta$  in levistolide A-stimulated N2a/APP695swe cells.

In summary, the present study reveals that treatment with levistolide A can activate PPAR $\gamma$ , which results in the decreased production and aggregation of A $\beta$  by concurrently activating the nonamyloidogenic pathway and deactivating the amyloidogenic pathway as well as reducing the hyperphosphorylation of tau via the GSK3 $\alpha/\beta$  pathway. In addition, neuroinflammation was inhibited by levistolide A. Indeed, AD is a severe neurodegenerative disease caused by multiple etiologies. Many preclinical and experimental studies have demonstrated that the "one-molecule, one-target" (OMOT) strategy has a positive effect in delaying the progression of AD [70, 71]. By targeting multiple AD etiologies, combinatory therapy consisting of more than one drug has shown better therapeutic effects than single drug treatment in clinical practice [72–75]. Considering the multiple targets of levistolide A, it could be a potential and effective drug candidate for rescuing cognitive decline in AD.

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**Author Contributions** X. Q. performed the experiments in the study and wrote the manuscript; P. G., L. H., Z. W., and X. H. conceived and designed the research, interpreted the data, and wrote the manuscript.

## Compliance with Ethical Standards

**Conflict of Interest** The authors declare that they have no competing interests.

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