

# Endothelial progenitor cells support tumour growth and metastatisation: implications for the resistance to anti-angiogenic therapy

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**Abstract** Endothelial progenitor cells (EPCs) have recently been shown to promote the angiogenic switch in solid neoplasms, thereby promoting tumour growth and metastatisation. The genetic suppression of EPC mobilization from bone marrow prevents tumour development and colonization of remote organs. Therefore, it has been assumed that anti-angiogenic treatments, which target vascular endothelial growth factor (VEGF) signalling in both normal endothelial cells and EPCs, could interfere with EPC activation in cancer patients. Our recent data, however, show that VEGF fails to stimulate tumour endothelial colony-forming cells (ECFCs), i.e. the only EPC subtype truly belonging to the endothelial lineage. The present article will survey current evidence about EPC involvement in the angiogenic switch: we will focus on the controversy about EPC definition and on the debate around their actual incorporation into tumour neovessels. We will then discuss how ECFC insensitivity to VEGF stimula-

tion in cancer patients could underpin their well-known resistance to anti-VEGF therapies.

**Keywords** Endothelial progenitor cells · Tumour vascularisation · Renal cellular carcinoma · Vascular endothelial growth factor · Anti-angiogenic therapy · Patient refractoriness · Ca<sup>2+</sup> signalling

## Introduction

Bone marrow (BM)-derived haematopoietic and endothelial progenitor cells (BMDCs) do not only serve as mere bystanders during tumour vascularisation but play an active role during the angiogenic switch both at the primary lesion site and at the more distant metastatic deposits [1–11]. Moreover, certain chemotherapy drugs and vascular-disrupting agents (VDA) cause an acute endothelial progenitor cell (EPC) spike in the peripheral blood, which underpins the vascular rebound and tumour relapse often reported after such treatments [12, 13]. Recent work conducted both by us [14, 15] and by other research groups [16, 17] has further unveiled that tumour microenvironment may finely reprogram BM-derived EPCs to support neoplastic growth and metastatisation. Therefore, EPC recruitment has been proposed among the key mechanisms responsible for the growing failure of anticancer therapies, including the most recent anti-VEGF drugs [18, 19]. Importantly, we have recently demonstrated that tumour EPCs are insensitive to VEGF [14], thereby questioning VEGFR-2 suitability in anti-angiogenic therapy [2, 20]. The present article will first survey the evidence in favour of EPC contribution to tumour vasculature; we will then speculate how the use of normal, rather than patient-derived, EPCs could have hampered the search for the most suitable target for anti-angiogenic treatments.

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Mariapia Cinelli passed away during the preparation of this manuscript.

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### Identification of circulating EPC in human adult subjects: a never ending story?

Following the seminal paper by Asahara and coworkers, published in *Science* in 1997 [21], an increasing burden of investigations on human circulating EPCs has been carried out. However, already at a first lecture, it becomes clear that the method employed to isolate EPCs from the peripheral blood in scientific publications is not unique and, in turn, the identification of EPCs is far from being homogenous in the different manuscripts. This diversity, besides being responsible for an ambiguity in the identification and enumeration of EPCs, makes also very difficult, if not impossible in some cases, to compare the results obtained in different studies. To review all the issues that have been raised in the field of identification of human circulating EPCs, it should be first clarified how can be defined an EPC. An “operational” definition of EPC, based on the properties that are usually attributed to a progenitor cell, could be “a cell able to self renew, proliferate and differentiate to generate a large progeny of mature endothelial cells in vitro and/or to participate to neovessel formation in vivo”. Two main approaches have been proposed for isolation and enumeration of circulating EPCs: (i) immunophenotyping and (ii) cell culture.

- a) Immunophenotyping: Soon after their first description, there have been many attempts to define an immunophenotypic pattern which could identify an EPC. This resulted in the publication of hundreds of papers that enumerated, characterized and correlated to various clinical parameters or outcomes, the frequency of circulating EPCs [22]. However, due to the overlapping expression of some surface proteins between haematopoietic and endothelial lineages (among the most frequently used: CD34, CD133, VEGFR-2), a unique pattern of surface molecule has never been described [23]. Moreover, EPC distinction from mature endothelial cells is also a matter of discussion, due to the lack of specific marker(s) that can discriminate between the two cell types. Thus, up to now, a satisfying, unambiguous signature of cell surface molecules that can be used for EPC identification has not been accepted unanimously by the scientific community [24]. Nevertheless, flow cytometric identification of EPCs remains an attractive approach since it is fast and requires small amount of blood; however, only the search for novel surface markers will push further the use of flow cytometry for EPC identification.
- b) Cell culture: Cell culture represents the second methodological approach that has been developed for isolating and expanding ex vivo circulating EPCs. In this field, three different types of cultures have been used in the last 15 years. The first attempt to culture circulating EPCs was described by Asahara and coworkers [21] and

modified by Hill and coworkers in 2003 [25]. By this method, mononuclear cells from 5–10 ml of peripheral blood were first cultured for 2 days on culture dishes to get rid of adherent cells. The non-adherent fraction was then plated in a specific commercial medium onto fibronectin-treated Petri dishes, and putative endothelial colonies of round cells surrounded by flat elongating cells were obtained after 5–7 days. These colonies were named CFU-Hill (aka CFU-End or CFU-EC). However, at a deeper investigation, it turned out that the cells present in the colony were of haematopoietic origin [26–28]; moreover, the ability of CFU-Hill to expand and proliferate extensively in vitro (one of the pre-requisites for a cell to be qualified as “progenitor”) was never demonstrated. Thus, CFU-Hill does not represent true EPCs, according to the definition given above. A second way to isolate EPCs in culture is based on the concept that the EPC population resides in the adherent fraction of circulating mononuclear cells. These are plated in culture dishes in endothelial growth medium, and after 2 days, the non-adherent fraction is discarded and cultures are fed with fresh medium. The adherent cells that remain attached display, after 3–4 further days of culture, a morphology resembling the spindle-shape cells described in the CFU-Hill and express markers that are typical of the endothelial lineage, such as, for instance, von Willebrand factor (vWf), VE-cadherin, CD31 and Tie2 [29–31]. Moreover, these cells were shown to promote vascularisation in animal models of hindlimb ischemia [29], and therefore, they were considered *bona fide* EPCs and termed circulating angiogenic cells (CACs). Interestingly, these cells never formed real colonies in vitro nor they could be expanded, two features that distinguish progenitor cells. As a matter of fact, an in-depth analysis of their phenotype confirmed that CACs were haematopoietic by clonal lineage tracking, exactly as it occurred with CFU-Hill [27].

Lin et al. in 2000 [32] and Ingram et al. in 2004 [33] described the isolation from the adherent fraction of circulating mononuclear cells both of adult subjects and of umbilical cord blood of a new class of cells that could be ascribed to the category of EPCs and that were termed endothelial colony-forming cells (ECFCs) [33]. From the mononuclear cells adherent to collagen-I-coated culture dishes, discrete cobblestone-like colonies of flat cells resembling mature endothelial cells originated after 10–15 days of culture grew to confluence and could be expanded up to 20 passages. Because of their late appearance in culture compared to CACs or CFU-Hills, these colonies have also been called “late-outgrow EPCs” [33, 32, 22]. Cells forming ECFC-derived colonies were proven to be phenotypically indistinguishable from cultured endothelial cells and possess de novo vessel-forming

ability [27]; in addition, they satisfied the definition of a “true” progenitor cell, being able to self-renew (at least for a number of passages), to proliferate and differentiate into mature endothelial cells and to generate *in vivo* new vessels. Their faithful belonging to endothelial lineage was proved by the lack of expression of haematopoietic markers (CD45 and CD14) and by the expression of typical endothelial markers (VE-cadherin, CD146, vWf, CD31). Finally, clonal analysis of ECFCs from patients with an acquired mutation of the JAK2 gene in the haematopoietic lineage showed the absence of the mutation in ECFC-derived cells. On the contrary, the mutation was detected in CACs and CFU-Hills derived from the same patients [27, 22].

In conclusion, although a role can be demonstrated for CFU-Hill and CACs in experimental vasculogenesis, these must be considered haematopoietic in origin and therefore not representing a surrogate of EPCs. On the other side, ECFCs display all the characteristics of endothelial progenitor cells and represent up to now the best surrogate of this elusive population of progenitor cells.

#### **Evidence in favour of EPC contribution to the establishment of tumour vasculature**

The angiogenic switch is turned on when the delicate balance between pro- and anti-angiogenic factors is tipped in favour of neovessel formation by tumour microenvironment. This process is regulated by the hypoxia-inducible factor-1 $\alpha$  (HIF-1 $\alpha$ ), a transcription factor that is activated under the hypoxic conditions of a growing tumour and drives the expression of VEGF, EGF, bFGF, and SDF-1 $\alpha$ , interleukin-8 (IL-8), CCL2 and CCL5 [34, 6]. Once released into circulation, these soluble factors promote local angiogenesis by stimulating nearby endothelial cells to sprout towards the neoplasm; at the same time, they mobilize BMDCs and target them to the nascent vasculature [2, 1, 35, 5, 11, 10, 36]. A remarkable pro-angiogenic activity has been acknowledged to several populations of BM-derived haematopoietic cells, such as CXCR4<sup>+</sup> VEGFR1<sup>+</sup> hemangiocytes, Tie2-expressing monocytes, CD45<sup>+</sup>/CD11b<sup>+</sup> myeloid cells, F4/80<sup>+</sup> CD11b<sup>+</sup> tumour-associated macrophages (TAMs), GR1<sup>+</sup> CD11b<sup>+</sup> “myeloid-derived suppressor cells” (MDSCs), and infiltrating neutrophils and mast cells [1, 37]. These cells sustain tumour growth perivascularly by paracrine liberation of growth factors and cytokines but do not incorporate within vessel lumen. Conversely, EPCs may provide the building blocks for neovessel formation as well as secrete instructive signals for neighbouring endothelial cells [1–3, 10, 11]. The earlier demonstration that EPCs are involved in tumour angiogenesis was provided by Lyden and coworkers, who found that BM transplantation rescued growth and metastatisation of two distinct syngenic tumour models (B6RV2 lymphoma and Lewis lung carcinoma or LLC) xenografted in the angiogenic defective

Id1<sup>+/+</sup> Id3<sup>-/-</sup> mutant mice [38]. Tumour vascularisation under these conditions was associated to the recruitment of VEGFR-1<sup>+</sup> myeloid cells and VEGFR-2<sup>+</sup> EPCs from reconstituted BM. The same authors documented that the engraftment of  $\beta$ -galactosidase-positive (lacZ) BM from Rosa26 mice, which express lacZ in all tissues, recapitulated angiogenesis in Id1<sup>+/+</sup> Id3<sup>-/-</sup> mice implanted with B6RV2 tumours [38]. Later work indeed demonstrated that Id1 is a reliable EPC marker and drives their egression from BM [39], while it is not expressed by myeloid cells [40]. This feature underlies the defective angiogenic process observed in Id1<sup>+/+</sup> mutants [39]. Subsequently, fluorescence *in situ* hybridization (FISH) of sex chromosomes in individuals who developed cancer after BM transplantation with donors of the opposite sex detected BM-derived endothelial cells throughout tumour vasculature, and their percentage was ranged from 1 to 12 % depending on the malignancy [41]. More recently, Nolan and coworkers used BMDCs isolated from GFP<sup>+</sup> mice and injected into lethally irradiated syngenic wild-type recipient to investigate EPC contribution to tumour angiogenesis [4]. Reconstituted animals were xenografted with three distinct tumour types, i.e. LLC, B6RV2 and melanoma, and then examined at various stages of tumour development by using endothelial (VE-cadherin, CD31, endoglin and VCAM), haematopoietic (CD11b, CD45RB, CD41) and progenitor (CD133) markers. GFP expression, in turn, ensured BM origin of vessel cells. These authors first found that BM-derived GFP<sup>+</sup> cells were recruited at the periphery of LLC at the early stages of tumour growth (days 4–6) prior to the sprouting of endothelial cells from nearby capillaries. These cells were identified as EPCs based on their morphological and phenotypic characterization. When LLC tumours were inspected at later stages (6–8 days), they showed chimeric vessels comprising both non-BM-derived cells and BM-derived GFP<sup>+</sup> EPCs. Importantly, high-resolution stereo-confocal microscopy confirmed that GFP<sup>+</sup> cells did not occupy a perivascular location, while optical sectioning of multiple z-stacks (30- $\mu$ m resolution) displayed that BM-derived endothelial cells possess a single nucleus and that CD31 (indicative of endothelial origin) and GFP signals derive from the same individual cell. This proved that tumour endothelial cells could actually originate from BM-mobilized EPCs. Intriguingly, flow cytometric analysis revealed that the percentage of BM-derived EPCs (GFP<sup>+</sup> VE-cadherin<sup>+</sup> CD31low CD11b<sup>-</sup>) decreases from 25–35 % in the early phase of tumour development (4–6 days) to 6–8 % at later stages (6–8 days), while the fraction of local non-BM-derived endothelial cells (GFP<sup>-</sup> VE-cadherin<sup>+</sup> CD31low CD11b<sup>-</sup>) increased to 65–75 % at days 10–14 [4]. The same results were found in a transgenic breast cancer mouse model (MMTV-PyMT) [4]. Thus, EPCs play a crucial role during the initial steps of tumour vascularisation. The MMTV-PyMT transgenic mice were further exploited to assess EPC contribution to the dynamics of vessel assembly that turns dormant

micrometastases into lethal macrometastases [7]. By using the same procedure described in their seminal paper [4], Gao and coworkers focussed on the angiogenic switch in lung metastases that spontaneously develop in this breast cancer model. They found that micrometastases formed by week 12 and were poorly vascularised, as shown by the lack of CD31<sup>+</sup> vessels. Nevertheless, macrometastases that appeared at week 16 were positive to CD31 staining and displayed lumenally incorporated BM-derived GFP<sup>+</sup> endothelial cells in about 11 % of neovessels [4]. This means that EPCs home to micrometastatic foci and contribute to neovessel formation, thereby sustaining the macrometastatic transition. The low percentage of EPC engraftment suggested that, apart from a structural role, they drive the angiogenic switch in a paracrine manner. The same findings were obtained by analysing lung metastases in LLC xenograft mice; again, by using this model, the authors further found that many BM-derived GFP<sup>+</sup> cells are recruited to micrometastases, but confocal microscopy analysis revealed that only endothelial cells (GFP<sup>+</sup> CD31<sup>+</sup>) integrated into neovessels. More specifically, BM-derived EPCs were recruited at the outer rim of the metastatic lesion, while haematopoietic stem cells (HSCs) adopted a perivascular location [4]. Consistent with these observations, the acute and conditional short hairpin RNA (shRNA)-mediated genetic ablation of Id1 in BM-derived EPCs did not decrease the number of micrometastatic lesions but prevented the macrometastatic transformation in LLC xenografts [7]. Finally, the use of Id1 promoter to drive GFP expression enabled Mellick and coworkers to selectively track EPC homing from BM to LLC tumours in the xenograft murine model employed in their previous work [7, 4]. Again, high-resolution microscopy revealed that BM-derived EPCs (Id1<sup>+</sup>/GFP<sup>+</sup> VE-cadherin<sup>+</sup> CD31<sup>low</sup>) were recruited at the periphery of early nonvascularised tumours (days 6–8). The quantification of lumenally incorporated Id1<sup>+</sup>/GFP<sup>+</sup> EPCs by fluorescence-activated cell sorting (FACS) upon systemic administration of isolectin IB4 revealed that 9 % of tumour neovessels within later tumours (days 8–12) incorporated BM-derived endothelial cells [40]. In this same study, the authors used the Id1 proximal promoter (pr/p) to drive the expression of the suicide gene herpes simplex virus-thymidine kinase in BM-derived EPCs; this manoeuvre led to a notable reduction in EPC frequency and impaired tumour (LLC and B6RV2) growth and vascularisation [40]. Along with many other parallel studies (listed in Table 1), these reports reinforced the concept that EPCs sustain the angiogenic switch in primary tumours and micro-to-macrometastatic transition at secondary lesions. An alternative approach consisted in assessing the engraftment and contribution of exogenous EPCs to tumour development in human xenograft models, including those for renal cellular carcinoma (RCC), hepatocellular carcinoma and LLC [42–46]. Unlike the previous investigations, however, these studies failed to validate the

endothelial phenotype of the injected cells, by relying on rather unspecific markers (i.e. CD133, CD34, VEGFR-2) that also feature HSCs (see above). More recently, human ECFCs, which are regarded as truly endothelial precursors, were probed for their ability to specifically home to sites of tumour angiogenesis in mice bearing an array of distinct cancer types. For instance, upon intravenous injection into lethally irradiated mice, DiI-labelled ECFCs target LLC lung, but not the kidney or liver, metastases; they are mainly found at the periphery of lung metastases, rather than in the centre, and integrate within neovessels, albeit most of them adopt a perivascular location [47]. Subsequently, Bieback and coworkers evaluated the extent of ECFC recruitment to rat C6 glioma xenograft, which is the most suitable model for the study of glioblastoma multiforme. By using the dorsal skinfold chamber model associated to intravital multi-fluorescence videomicroscopy, they found that DiI-stained ECFCs strongly interacted (adhesion and extravasation) with tumour vasculature, while human umbilical vein endothelial cells (HUVECs) and CD34<sup>+</sup> MNCs were much less active [48]. These preliminary findings lend strong support to the tenet that ECFCs represent the most suitable subtype to unveil the molecular mechanisms driving EPC-based tumour neovascularisation [2, 3, 49, 50, 20].

#### How to solve the controversy about EPC contribution to tumour vascularisation

Despite the undoubted evidence in favour of EPC involvement in tumour growth and metastatisation, several authors questioned their participation to the angiogenic switch [50, 37]. This is why several studies failed to evidence a measurable amount of lumenally incorporated EPCs within tumour vessels. For instance, De Palma et al. transduced BMDCs with lentiviral vectors expressing the GFP gene under the control of the specific endothelial Tie2 promoter, which was followed by BM implantation into several subcutaneous tumour models [51]. High-resolution microscopic inspection detected only rare GFP<sup>+</sup> CD31<sup>+</sup> endothelial cells in tumour cells, which were instead abundant of GFP<sup>+</sup> CD45<sup>+</sup> CD11b<sup>+</sup> CD31<sup>-</sup> monocytes and pericyte progenitors, with a preferential perivascular location [51]. Subsequently, Göthert et al. [52] generated an endothelial-specific inducible transgenic model to assess the BM origin of tumour endothelium. They took advantage from the fact that the 5' enhancer element of the transcription factor stem cell leukemia-1 (SCL-1) drives the expression of this gene within the endothelial lineage. Therefore, by using a tamoxifen-inducible reporter system (IaZ) driven by its 5' endothelial enhancer, they found that LLC and B6RV2 vasculature lacks BM-derived endothelial cells but is supported by local angiogenesis [52]. Other studies also could not demonstrate EPC incorporation in the endothelial layer of several primary and metastatic tumours [53–56]. An

**Table 1** Summary of the evidences in favour or against EPC contribution to tumour vascularisation

	Tumour type	Tumour stage	% of contribution	BM tracking	Endothelial cell marker	BM-EC detection
[98]	Colon cancer (MCA38) s.c.	1–3 weeks	Positive	Flk-lacZ or Tie2-LacZ		IHC
[35]	Lymphoma cell (B6RV2) s.c.	2 weeks	90 %	Rosa26-LacZ	vWF	IHC
[99]	Neuroblastoma cell (NXS2) s.c.	ND	5 %	BM cells expressing MSCV-tsFlk-1-IGFP	CD31 and CD34	IF
[49]	Lewis lung carcinoma (LLC) s.c.	2 weeks	35 %	Human $\beta$ 2-microglobulin	CD31 and vWF	IF
[49]	LLC, s.c., Melanoma (B16) s.c.	Late stage	Negative	Tie2-GFP	CD31	IF, 3D microscopy
[100]	Fibrosarcomas (MCA/129) s.c.	2 weeks	50 %	Rosa26-LacZ	vWF	IHC
[57]	Pten <sup>+/-</sup> mouse (uterine carcinoma and lymph hyperplasia)	Spontaneous	16 %—uterine carcinoma negative—lymph hyperplasia	Rosa26-LacZ	CD31	IHC
[1]	MMTV-PyMT mouse	10–12 weeks	1.3 %	Rosa26-LacZ	CD31	IHC
[54]	B16F1 s.c.	2–3 weeks	Negative	Actb-GFP	CD31 and vWF	IHC
[50]	LLC s.c., B6RV2 s.c.	2 weeks	Negative	Endothelial-SCL-Cre-ER $\times$ R26R or R26REYFP	CD31	IF
[56]	RIP1-Tag5 mice AlbTag	10–16 weeks	3–38 %	Tie2Cre $\times$ RAGE-EGFP	Lectin staining, CD31	IHC, FACS
[36]	Various human tumours	ND	1–12 %	X or Y chromosomes	vWF	FISH
[55]	LLC s.c., B16 s.c., Breast cancer cell (MCA8) orth.	ND	<1 %	Actb-GFP, Tie2-GFP	CD31	IF, FACS
[4]	LLC s.c., B16F0 (ortho); MMTV-PYMT mouse	2 weeks	2–20 %	Actb-GFP	CD31, VE-cadherin, Lectin staining	FACS, 3D microscopy
[7]	LLC s.c., MMTV-PYMT mouse	Lung metastasis	12 %	Actb-GFP	CD31	IF, FACS
[53]	B16 s.c.	2–3 weeks	Negative	Actb-GFP, VEGFR2-LacZ	CD31, vWF	IF
[46]	Dorsal skinfold chamber model xenograft of rat C6 cells (glioblastoma) c.a.	1–2 days	Positive	DiI-labelled ECFCs	DiI staining	Intra-vital multifuorescence microscopy
[36]	Chondrosarcoma (jj012) s.c.	28 days	Positive	No clear BM marker	CD31, CD34, CD133	IHC

c.a. carotid artery, *DKK1* Dickkopf 1, *FACS* fluorescence-activated cell sorting, *IF* immunofluorescence, *IHC* immunohistochemistry, *ortho* orthotopic injection, *RAGE* receptor for advanced glycosylated end products, *s.c.* subcutaneous injection

additional proof of evidence that has been carried against EPC contribution to the angiogenic switch is their rarity in some tumour models, which display only 1–2 % of EPC-derived neovessels (Table 1). The passionate debate arose about this issue might be easily reconciled when taking a few key considerations in account. As recalled by Gao et al. [1] and in [50], EPCs are recruited to tumour periphery prior to vasculature formation [7, 4], acquire an endothelial phenotype and are luminally engrafted into a subset of neovessels in early tumours. At later stages, these chimeric structures are diluted/replaced by local host-derived sprouting vessels, which would explain the low involvement described in already developed tumours by other investigators [55, 56, 51, 52, 57]. Accordingly, De Palma et al. [51] assessed EPC incorporation at week 4, while Göthert et al. [52] at 14 days post-implantation, which are fully compatible with the data described in [4] and [7]. EPC recruitment preceding the engagement of host vasculature suggests that these cells play a key role in the stimulation of non-BM-derived endothelial cells sprouting from nearby capillaries. Nevertheless, by using two distinct transgenic mouse models of de novo tumorigenesis, i.e. Rip-Tag5

that develops pancreatic islet cancer and Alb-Tag that develops liver cancer, Spring et al. [58] could not identify BM-derived GFP<sup>+</sup> endothelial cells in pre-neoplastic lesions, while up to 30 % of tumour-associated vessels were green at more advanced stages. This report highlights another feature that should be borne in mind when discussing the role served by EPC during tumour development, i.e. the stage-specific engagement of EPC might depend on tumour type [1]. More in general, the overall EPC contribution to the angiogenic switch could be tumour-type dependent. This hypothesis is corroborated by the work carried out on mice heterozygous for the tumour suppressor Pten (Pten<sup>+/-</sup>) that exhibit a wide array of malignancies, such as uterine carcinomas (UC), pheochromocytomas, lymph hyperplasia and prostate interepithelial neoplasias. Ruzinova et al. [59] discovered that Pten<sup>+/-</sup> spontaneous lymph hyperplasia lacked BM-derived EPCs, identified as lacZ<sup>+</sup> VEGFR-2<sup>+</sup> cells in animals transplanted with BM from Rosa26 mice, while these cells were easily detectable on 15–20 % of UC neovessels. Finally, it is worth of recalling that the field has long been flawed by the wrong interpretation of the term EPC [50, 60, 3]. As already mentioned throughout this

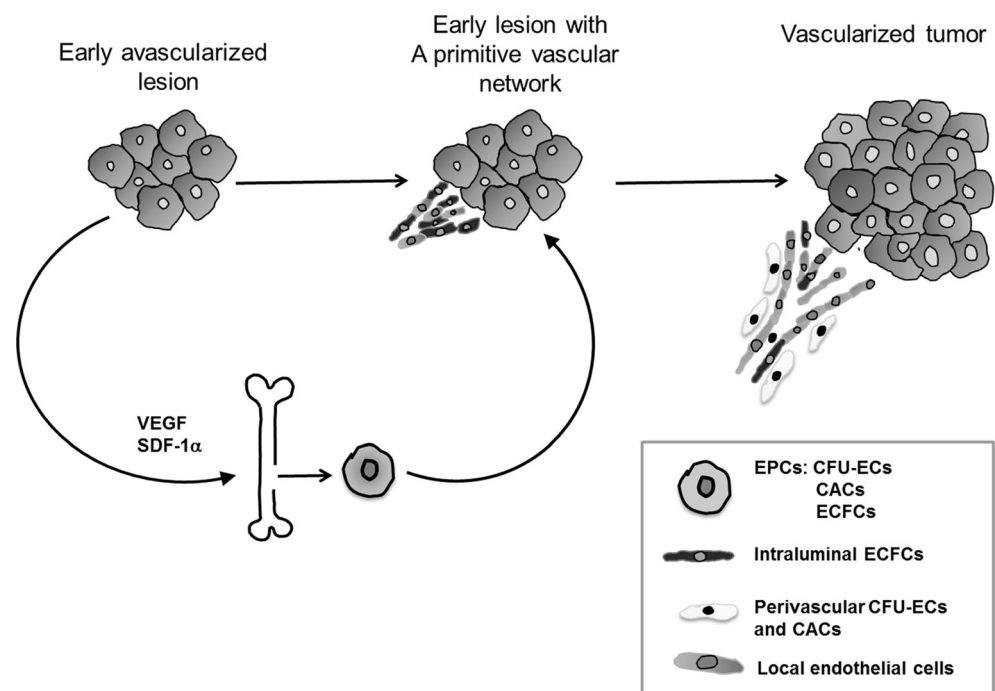
article, several studies claimed to evaluate EPC frequency in cancer patients or to evaluate their contribution to tumour growth and development in xenograft models [42–46]; yet, these reports identified EPCs based on the selection of a panel of surface antigens that is inadequate to detect truly endothelial progenitors [1, 24, 60, 50, 3, 2]. As aforementioned, these cells were more likely to belong to the haematopoietic lineage that may certainly sustain the angiogenic switch in a paracrine manner, but does not provide structural support to tumour vasculature. On the other hand, cancer development and metastatisation are impaired in Id mutant mice [38, 40, 7, 61]. Likewise, Plummer et al. achieved a decrease in circulating EPCs, tumour (LLC and breast cancer) size and vessel density through the genetic suppression of the miRNA-processing enzyme, Dicer, specifically in BM [16]. Therefore, there is ample experimental evidence to conclude that truly endothelial precursors play a crucial role in cancer development and metastatisation (Fig. 1).

### VEGF-driven EPC incorporation into tumoral endothelium in xenograft murine models

VEGF has long been known to stimulate EPC proliferation, survival, tubulogenesis and homing both in vitro and in vivo [62–67]. In particular, VEGF released in circulation upon an ischemic insult redirects circulating EPCs to either the infarcted myocardium or the obstructed limb arteries, depending on the injury site [34, 66, 68]. Therefore, it was obvious to assume that VEGF exerts the same functions during the early phases of the angiogenic switch, during which growing tumours secrete high levels of this, as well as many other growth

factors. The question then arises as to whether such hypothesis is supported by any experimental evidence in human subjects. Unfortunately, most of the work conducted to untangle this crucial aspect of cancer biology has been carried out in murine models. For instance, neutralizing antibodies (DC101) against VEGFR-2, the receptor isotype whereby VEGF activates both mature endothelial cells and their more immature progenitors [69, 14, 70], reduced LLC and B6RV2 tumour growth and angiogenesis in the neoplastic model described in [38]. However, this study could not address whether the recruitment of truly endothelial precursors was affected in DC101-treated animals (see also Discussion in [40]). Interestingly, the VEGFR-2 inhibitor ZD6474 blocked EPC mobilization in nontumour-bearing mice challenged with VEGF, while it was ineffective in LLC-implanted animals [71]. More recently, Mellick et al. harnessed the Id1 reporter constructs described above to demonstrate that EPC-specific VEGFR-2 knockdown produces a loss of EPC function, dampens LLC and B6V2 tumour development, and reduces vessel density [40]. Additionally, VEGF was found to trigger the EPC spike induced by VDA in mice bearing PC3 human prostate cancer [72] and MeWo tumour melanoma [12]. More specifically, CA-4-P induced two EPC peaks in the peripheral blood of tumours xenografted with PC3, one occurring a few hours after the administration and the second one only 3–4 days later [72]. The second increase in EPC levels was selectively abrogated by sunitinib, a multi-targeted receptor tyrosine kinase (RTK) inhibitor [72]. Conversely, OXi-4503, another VDA widely employed in cancer therapy, induced only one EPC spike in mice implanted with PC3 tumours: again, EPC mobilization was abrogated upon DC101 injection [12]. This

**Fig. 1** Endothelial progenitor cells support tumour growth. Early avascular tumours release pro-angiogenic cytokines (VEGF and SDF-1 $\alpha$ ) to stimulate EPC mobilization from bone marrow. Once in circulation, EPCs are targeted to the growing tumour, where they promote the formation of a vascular network by engrafting within the endothelial lining. EPCs, in turn, secrete further growth factors and cytokines, which stimulate adjacent capillaries to undergo angiogenesis so that, at later stages, they are diluted by local endothelial cells

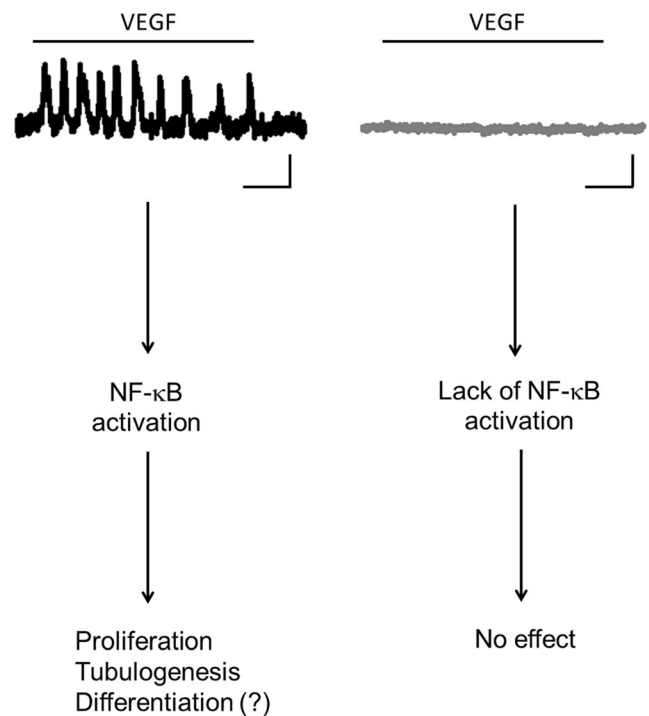


study further unveiled that OXi-4503 did not mobilize EPCs when the tumour was grown in  $Id1^{+/-} Id3^{-/-}$  mutant mice [12], which display EPC mobilization defects. Altogether, these studies give substantial credit to the tenet that VEGF activates tumour EPCs by binding to VEGFR-2, just as it does in healthy cells. Nevertheless, the xenograft models employed in these studies consist in rapidly growing tumours that do not recapitulate the multistep and heterogeneous process of carcinogenesis that occurs in human patients over years [6]. The simplest and most therapeutically relevant approach is, therefore, to study the effect of VEGF on EPCs isolated from cancer patients.

### VEGF fails to induce pro-angiogenic $Ca^{2+}$ oscillations in tumoral ECFCs: implications for resistance to anti-angiogenic treatments

An increase in intracellular  $Ca^{2+}$  concentration ( $[Ca^{2+}]_i$ ) is a ubiquitous signalling mode whereby virtually any cell type controls a multitude of functions, including cell cycle progression, cytokinesis, migration, cytoskeleton remodelling, gene expression, ATP synthesis, protein folding, autophagy and programmed cell death [73, 74]. It has long been known that  $Ca^{2+}$  signals regulate angiogenesis by controlling all the key steps of vessel remodelling, including endothelial proliferation, permeability, motility and interaction with the extracellular matrix [49, 75–78]. A sustained elevation in  $[Ca^{2+}]_i$  encodes cell death by leading to mitochondrial  $Ca^{2+}$  overload and induction of the apoptotic cascade. Conversely, repetitive intracellular  $Ca^{2+}$  spikes (or oscillations) are more suitable for cell survival by favouring mitochondrial bioenergetics and triggering the transcriptional programme responsible for cell proliferation [79, 80]. Consistently, intracellular  $Ca^{2+}$  oscillations mediate the pro-angiogenic action of many, if not all, growth factors on mature endothelial cells [81, 75, 82, 34, 83, 84]. Likewise, we have recently demonstrated that VEGF stimulates human ECFCs to undergo proliferation and tubulogenesis through an oscillatory increase in  $[Ca^{2+}]_i$  [62, 63, 70]. Briefly, VEGFR-2 recruits phospholipase C- $\gamma$  (PLC $\gamma$ ) to cleave phosphatidylinositol 4,5-bisphosphate (PIP $_2$ ), a minor phospholipid component of plasma membrane, into the two intracellular second messengers, inositol-1,4,5-trisphosphate (InsP $_3$ ) and diacylglycerol (DAG). InsP $_3$ , in turn, mobilizes intracellular  $Ca^{2+}$  by gating InsP $_3$  receptors in the endoplasmic reticulum (ER), the most abundant endothelial  $Ca^{2+}$  reservoir, thereby causing one to four consecutive  $Ca^{2+}$  spikes [62, 85]. The consequent fall in intraluminal  $Ca^{2+}$  load is detected by stromal interaction protein 1 (Stim1), which functions as ER  $Ca^{2+}$  sensor and translocates into ER-plasma membrane juxtaposed sites, termed *puncta*, in response to store depletion; herein, Stim1 physically engages the  $Ca^{2+}$ -permeable channels, Orai1 and transient receptor potential canonical 1 (TRPC1), to bring about  $Ca^{2+}$  inflow [14,

85, 86]. This peculiar mode of store-operated  $Ca^{2+}$  entry (SOCE) is the most widespread mode of  $Ca^{2+}$  influx in mature endothelial cells as well and sustains the pro-angiogenic response to VEGF [86, 87]. SOCE refills ER  $Ca^{2+}$  pool and maintains the rhythmic InsP $_3$ -dependent  $Ca^{2+}$  spikes throughout VEGF stimulation in healthy ECFCs [62, 88]. VEGF-induced  $Ca^{2+}$  oscillations, in turn, promote ECFC proliferation and in vitro tubulogenesis by stimulating the nuclear translocation of the  $Ca^{2+}$ -sensitive transcription factor, NF- $\kappa$ B (Fig. 2) [62]. No study has hitherto assessed whether VEGF does stimulate ECFCs, or any other EPC subtype, isolated from peripheral blood of cancer patients. We sought to address this therapeutically relevant issue by focussing on ECFCs deriving from patients early diagnosed with metastatic RCC (mRCC); as a consequence, these subjects were yet to be exposed to any pharmacological treatment. RCC is a chemoresistant and hypervascularised tumour where anti-angiogenic drugs—often administered in sequence because of its peculiar sensitivity to this therapeutic strategy—represent the standard of care for treatment without the need of combination with chemo- or radio-therapy [89, 2]. VEGF signalling in these patients is inhibited by using either humanized monoclonal anti-VEGF antibodies (Bevacizumab [Avastin]) or multi-targeted receptor tyrosine kinase inhibitors (Sunitinib [Sutent], Pazopanib [Votrient], Sorafenib [Nexavar] and Vandetanib [Zactima]). Unfortunately, anti-VEGF drugs do not



**Fig. 2** VEGF fails to activate tumour EPCs. VEGF stimulates pro-angiogenic  $Ca^{2+}$  oscillations in healthy human EPCs, thereby promoting the nuclear translocation of NF- $\kappa$ B and inducing EPC proliferation, tubulogenesis and, perhaps, differentiation. Conversely, VEGF is ineffective on tumour-derived EPCs

significantly enhance overall survival (OS) in these patients, who become resistant after a few months free of disease and ultimately die because of the metastatic relapse [89, 90, 2, 6]. As VEGF is regarded as the most druggable target in mRCC, we expected to record aberrant  $\text{Ca}^{2+}$  oscillations in ECFCs isolated from these individuals (mRCC-ECFCs). Unexpectedly, we could not detect any increase in  $[\text{Ca}^{2+}]_i$  in these cells [14]. Additionally, VEGF-induced  $\text{Ca}^{2+}$ -dependent gene expression is absent in these cells (Fig. 2), despite the fact the VEGFR-2 is normally expressed and auto-phosphorylated upon VEGF binding [20]. Accordingly, we found that ER  $\text{Ca}^{2+}$  levels are significantly decreased in mRCC-ECFCs as compared to their healthy counterparts; in addition,  $\text{InsP}_3$ Rs are dramatically down-regulated and  $\text{InsP}_3$ -evoked  $\text{Ca}^{2+}$  release is compromised, although it is still coupled to SOCE [14]. It is, therefore, conceivable that the remodelling of the  $\text{Ca}^{2+}$  machinery in mRCC-ECFCs prevents the stimulating effect of VEGF. This feature could have a tremendous impact on the therapeutic efficacy of anti-angiogenic treatments. Endothelial cells isolated from the primary tumour are quite sensitive to VEGF, which is required for them to proliferate, survive to pro-apoptotic insults and form capillary-like structures in vitro [91]. Thus, anti-VEGF drugs will cause significant tumour shrinkage at the beginning of the therapy by blocking local angiogenesis; this, however, will rapidly lead to hypoxia-induced secretion of further growth factors and cytokines, e.g. VEGF, bFGF, EGF, SDF-1 $\alpha$  and angiopoietins, and recruitment of BMDCs to the collapsing tumour. Herein, ECFCs, and perhaps all the other EPC subgroups, will not be affected by the therapeutic inhibition of VEGFR-2, which does not deliver pro-angiogenic signals to these cells. Consequently, ECFCs will be incorporated within tumour vasculature and fuel the formation of new blood vessels, thereby favouring tumour rebound. This adaptive mechanism would enable the tumour to circumvent the anti-angiogenic strategy by reducing its dependence on VEGF. This scenario is fully compatible with the modes of resistance to anti-angiogenic therapies suggested by Bergers and Hanahan [19], by Carmeliet and coworkers [92] and by Ellis and Hicklin [93]. These results further imply that signalling pathways other than VEGF activate mRCC-ECFCs; such hypothesis is corroborated by the well-known up-regulation of multiple pro-angiogenic factors that may readily substitute for each other in cancer patients. These include the already mentioned bFGF, EGF, angiopoietins, as well as placental growth factor (PGF), osteopontin, granulocyte colony-stimulating factor (G-CSF) and ephrins [92, 19]. Consistently, in a large fraction of kidney cancer patients who developed resistance to sunitinib, the metastatic progression was preceded by an increase in the circulating levels of bFGF, hepatocyte growth factor (HGF) and interleukin-6 (IL-6) [94]. The reduced signalling capability of VEGFR-2 in mRCC-ECFCs is entirely consistent with the model recently put forward by Lyden and coworkers [9,

95], who proposed that cancer cells secrete a multitude of soluble factors to orchestrate a sophisticated network of interactions with tumour microenvironment. This molecular crosstalk educates tumour-associated host cells, including local endothelial cells and BMDCs, to facilitate and support disease progression and metastatisation, while protecting the malignant milieu against intense pharmacologic interventions [9, 95]. For instance, the oncoprotein MET, which functions as tyrosine kinase receptor for HGF, is up-regulated in BMDCs by melanoma-derived exosomes [17], which are small vesicles (40–100 nm) derived from the luminal membrane of late endosomes/multivesicular bodies [9]. This novel mode of horizontal transfer of information between the tumour and its remote targets augments the pro-metastatic behaviour of BMDCs by favouring cancer growth and dissemination [17]. Interestingly, renal cancer stem cells release microvesicles (MVs) containing mRNAs and miRNAs that stimulate angiogenesis and lung metastases in xenografted SCID mice [96]. In agreement with the notion that tumour cells reprogram EPCs towards a more aggressive phenotype, gene expression analysis of FACS-isolated EPCs from tumour samples in Gao's study [7] disclosed the up-regulation of an array of pro-angiogenic genes, including growth factors, tyrosine kinase receptors, cytokines and ECM modifiers. Moreover, 17- $\beta$ -estradiol supplementation of ovariectomized mice was found to augment EPC-induced production of angiogenic factors [97]. Finally, genome-wide deep sequencing of siRNAs conducted on FACS-sorted EPCs from xenografted LLC tumours showed the up-regulation of miR-10b and miR-196 [16], which target homeobox D10 (HOXD10), an important regulator of endothelial cell proliferation and angiogenesis [98, 16]. Albeit future studies are mandatory to provide substantial evidence in favour of this hypothesis, we speculate that renal cancer cells hijack the normal signalling pathways recruited downstream of VEGFR-2 in ECFCs within the wider context of their systemic influence on the host organism. This mechanism is likely to contribute to the intrinsic or acquired resistance to anti-VEGF drugs observed in mRCC patients; targeting this interaction is predicted to improve the clinical outcome of these patients.

## Conclusions

The initial enthusiasm raised by pre-clinical investigations on established murine models of different human cancers has not been followed by a successful translation into oncological practice. Anti-VEGF treatment does not produce any objective benefit in a minority of the patients, while in the others, an initial improvement, in the form of tumour shrinkage or stasis, is inevitably followed by disease rebound and progression until patient's death [19, 93]. The failure of anti-VEGF drugs depends on our poor understanding of tumour vascular



biology, as we have recently discussed in [20]. VEGF-dependent angiogenesis does not support neovessel formation in all human cancers, as shown by recent work on GBM and lung adenocarcinoma, which heavily rely on vasculogenic mimicry and vessel cooption, respectively, to gain access to the vascular system [99]. Moreover, it is now evident that tumours exert long-distance systemic effects with the aim to create an environment that supports survival, proliferation and metastatisation of neoplastic cells. Recent evidence provided both by us [15, 14] and by others [16, 9, 17, 7] indicate that BMDCs, including HPCs and ECFCs, are reprogrammed towards a more aggressive and VEGF-independent phenotype. In particular, our data clearly show that ECFCs derived from mRCC patients are insensitive to VEGF, which might explain why current anti-angiogenic treatments either encounter intrinsic refractoriness from the early beginning or rapidly lead to adaptive resistance. Future studies will have to assess whether anti-VEGF drugs are effective in xenograft murine models of kidney cancer injected with normal, but not mRCC-derived, ECFCs. Moreover, it will be important to ascertain whether VEGF fails to activate ECFCs in other types of angiogenic human cancers, such as breast carcinoma. More in general, these data warrant extreme caution when translating data obtained on healthy BMDCs into clinical application. Based on these evidences, it is mandatory to examine whether also tumour patient-derived haematopoietic cells, as well as the other EPC subtypes described in the literature (e.g. CFU-ECs and CACs), become insensitive to VEGF. Gaining access to BMDCs isolated from real patients, rather than relying on murine models that cannot recapitulate the complex biology of human tumours, will likely shed novel light on the mechanisms of resistance to anti-angiogenic treatments and disclose alternative, more realistic targets for a successful therapy.

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**Conflicts of interest** None

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