

Lack of association between vitamin D receptor gene *FokI* and *BsmI* polymorphisms and prostate cancer risk: an updated meta-analysis involving 21,756 subjects

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Abstract The vitamin D receptor (*VDR*) is a crucial mediator for the cellular effects of vitamin D. The polymorphisms in the *VDR* gene have been hypothesized to alter the risk of prostate cancer. However, studies investigating the association between *VDR* polymorphisms (*BsmI* and *FokI*) and prostate cancer (PCa) risk report conflicting results, therefore, we conducted a meta-analysis to re-examine the controversy. Published literatures from PubMed, Embase, Google Scholar, and China National Knowledge Infrastructure (CNKI) were searched (updated to March 9, 2013). According to our inclusion criteria, studies that observed the association between *VDR BsmI* and *FokI* polymorphisms and PCa risk were included. The principal outcome measure was the odds ratio (OR) with 95 % confidence interval (CI) for PCa risk associated with *VDR BsmI* and *FokI* polymorphisms. Thirty-four studies involving 10,267 cases and 11,489 controls were recruited. Overall, we did not find evidence to support an association between any of the *VDR* polymorphisms and PCa risk. For *BsmI*, the pooled OR was 0.894 (95 % CI 0.773 to 1.034) for the Bb vs. bb genotypes, 1.002 (95 % CI

0.869 to 1.157) for the BB vs. bb genotypes, 0.922 (95 % CI 0.798 to 1.065) for the dominant model (BB/Bb vs. bb), and 1.018 (95 % CI 0.936 to 1.107) for the recessive model (BB vs. Bb/bb). ORs for the *FokI* polymorphisms were similar. The results suggest that the *VDR BsmI* and *FokI* polymorphisms are not related to PCa risk. Further large and well-designed studies are required to confirm this conclusion.

Keywords Vitamin D receptor · Polymorphisms · Prostate cancer · Risk · Meta-analysis

Introduction

Prostate cancer (PCa) is now thought to be one of the most important medical problems in the male population [1]. In European countries, it is recognized as the most common solid neoplasm, with an incidence rate of 214 cases per 1,000 men, outnumbering lung and colorectal cancer [2]. However, the etiology of PCa remains unclear. Biological and epidemiological data suggest that the development of PCa is a multiphase process. So far, a series environmental and lifestyle factors, including pollutants, smoking habit, and diet, as well as geographical and racial factors, have been pointed out as possible contributors to the risk of PCa [3]. In addition, the various risk, incidence, and mortality rates of PCa worldwide suggest that genetic factors also play an important role in PCa initiation and progression [4]. Therefore, the occurrence and development of PCa most likely involve a complex interplay between genetic and environmental factors.

Low levels of vitamin D are hypothesized to be a risk factor for PCa [5]. Experiments have shown that 1,25(OH)₂D₃, which is the active form of vitamin D, inhibits the proliferation of epithelial cells derived from normal and malignant prostatic tissues [6], and retards the growth of human PCa cell lines [7].

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The antiproliferative effects of $1,25(\text{OH})_2\text{D}_3$ are thought to be mediated through a pathway involving vitamin D receptor (VDR) [8]. Normal and malignant prostatic epithelial cells have VDRs that bind $1,25(\text{OH})_2\text{D}_3$. The *VDR* gene is located on chromosome 12q12–q14 and several single-nucleotide polymorphisms (SNPs) have been identified that may influence cancer risk [9]. The most frequently studied SNPs are the restriction fragment length polymorphisms *FokI* (rs2228570) and *BsmI* (rs1544410), as defined by the endonucleases *FokI* and *BsmI*, respectively. The *FokI* located in the coding region of the *VDR* gene, results in the production of a VDR protein that is three amino acids longer, which display lower potency than the shorter one [10]. It has been hypothesized that a less active VDR could be associated with either an increased susceptibility to cancer risk or to a more aggressive disease. The *BsmI* is intronic and located at the 3' end of the gene. *BsmI* is strongly linked with a poly (A) microsatellite repeat in the 3' untranslated region, which may influence VDR messenger RNA stability [11].

In the past years, these two polymorphisms have attracted widespread attention. A number of case–control studies were conducted to investigate the association of variants in the *VDR* gene and the risk of PCa. However, these studies reported conflicting results. Moreover, three meta-analyses have reported conflicting results. In 2003, Ntais et al. [12] found no statistically significant association between the *FokI* and *BsmI* polymorphisms and PCa risk, and in a meta-analysis performed by Berndt et al. [13] that included only 17 studies; the *VDR FokI* and *BsmI* polymorphisms were found to not correlate with PCa risk. However, Raimondi et al. [9] noted a decreased risk of PCa for *VDR BsmI* polymorphism carriers in a meta-analysis.

A single study may not be sufficient to delete a small effect of the polymorphisms on PCa. This is particularly the case when relatively small sample sizes are used. Various types of study populations and study designs may also have contributed to these disparate findings. Hence, an updated meta-analysis based on a total of 34 studies was performed, which may provide the most comprehensive evidence for association of *VDR FokI* and *BsmI* polymorphisms with PCa risk.

Materials and methods

Publication search

We searched for studies in the PubMed, Embase, Web of Science, and CNKI (China National Knowledge Infrastructure) electronic databases to include in this meta-analysis, using the terms ‘*VDR*’, ‘Vitamin D’, ‘polymorphism’, ‘allele’, ‘genetics’ and ‘PCa’. An upper date limit of March 9, 2013 was applied and no lower date limit was used. The search was

performed without any restrictions on language and focused on studies conducted in humans. We also reviewed the Cochrane Library for relevant articles. Concurrently, the reference lists of reviews and retrieved articles were searched manually. When the same patient populations appeared in several publications, only the most recent or complete study was included in the meta-analysis.

Inclusion criteria

For inclusion, the studies must have met the following criteria: they (1) evaluated the *VDR* gene polymorphisms and PCa risk; (2) were case–control studies or nested case–control study; (3) supplied the number of individual genotypes for the *VDR FokI* and *BsmI* polymorphisms in PCa cases and controls, respectively. Case-only studies and studies with incomplete data for the control groups were excluded. Studies using men with benign prostatic hyperplasia (BPH) as controls were included because *FokI* and *BsmI* polymorphisms in the *VDR* gene do not appear to be associated with BPH. Pedigree and family-based studies were excluded because these studies are generally linkage studies or family-based transmission disequilibrium studies.

Data extraction

Information was extracted carefully from all eligible publications independently by two authors, based on the inclusion criteria above. Disagreements were resolved through a discussion between the two authors.

The following data were collected from each study: first author's surname, year of publication, study location, ethnicity, source of controls, laboratory methods to detect *VDR* polymorphisms, number of cases and controls and *P* value for Hardy–Weinberg Equilibrium (HWE). If data from any category were not reported in the primary study, the items were designated “not applicable”. We did not contact the author of the primary study to request the information. Ethnic groups were mainly defined as Caucasian, Asian, and African-American. Study designs were stratified into three groups: population-based studies, hospital-based studies, and BPH-based studies. We did not require a minimum number of patients for a study to be included in our meta-analysis.

Statistical analysis

Odds ratios (ORs) with 95 % confidence interval (CIs) were used to determine the strength of the association between the *VDR FokI* and *BsmI* polymorphisms and the risk of PCa. For each polymorphism, we estimated the association with PCa risk under certain genotypic models, namely codominant (or robust), additive, recessive, and dominant. Since the reference group for each polymorphism varied among the

studies, we made the most common allele for each polymorphism (b for *BsmI* and F for *FokI*) the reference allele for our analyses.

The pooled ORs for the risk were calculated. Heterogeneity assumptions were assessed by the chi-square-based Q test [14]. In our study, the I^2 test was used to assess the heterogeneity between studies ($I^2 < 25\%$ no heterogeneity; $I^2 = 25–50\%$ moderate heterogeneity; $I^2 > 50\%$ large or extreme heterogeneity). The heterogeneity was considered statistically significant with $I^2 > 50\%$ or $P < 0.10$. A P value greater than 0.10 for the Q test indicated a lack of heterogeneity among the studies. Thus, the pooled OR estimate of each study was calculated using the fixed-effects model (the Mantel–Haenszel method) [15]; otherwise, the random-effects model (the DerSimonian and Laird method) was used [16]. In addition, subgroup analysis stratified by ethnicity, study design, source of controls, deviation from HWE, study location, and genotyping method was also performed.

One-way sensitivity analyses were performed to determine the stability of the results; each individual study in the meta-analysis was omitted to reflect the influence of the individual dataset on the pooled OR [17].

Potential publication biases were estimated by the funnel plot, in which the standard error of the log(OR) of each study was plotted against its log(OR). An asymmetrical plot indicates a publication bias. Funnel plot asymmetry was assessed using the Egger's test. The significance of the intercept was determined by the t test, as suggested by Egger ($P < 0.05$ was considered a statistically significant publication bias) [18]. If there was some evidence of publication bias, the trim and fill method which estimates the number and results of potential missing studies resulting from publication bias was applied.

All calculations were performed using STATA version 11.0 (Stata Corporation, College Station, TX).

Results

Characteristics of eligible studies

Three hundred and thirty-five potentially relevant citations were reviewed, and 29 articles met the inclusion criteria and were used in our meta-analysis [19–47]. The study search process is shown in Fig. 1. Table 1 presents the principal characteristics of these studies. Four articles contained separate data on different ethnic groups [28 1/2; 30 1/2; 32 1/2; 44 1/2/3], and we treated them as separate studies. In total, 34 studies including 10,267 PCa cases and 11,489 controls were analyzed. The distribution of allele frequency in control groups with different ethnicity was different. For VDR *FokI*, the variant f-allele frequency was higher in Asian population (47.7 %) than those in Caucasian population (37.2 %). But for VDR *BsmI*, the variant B-allele frequency was higher in

Caucasian population (44.1 %) than those in Asian population (14.5 %).

Of the 34 studies, 31 were published in English and 3 were written in Chinese. The sample sizes ranged from 59 to 2600. All cases were histologically confirmed. Most of the researches contained in this meta-analysis were case–control studies, except eight nested case–control studies [19, 28, 30, 33, 34, 37, 42, 46]. Among the studies, 24 discussed the association between the *FokI* polymorphism and PCa risk, 24 were about the *BsmI*. In all eligible studies, there were 14 studies on *FokI* genotype of Caucasians, 6 studies of Asians, 2 studies of African-Americans, 1 study of Hispanics, and 1 of mixed populations. Accordingly, 11 studies on *BsmI* genotype were of Caucasians, 8 studies of Asians, 4 studies of African-Americans and 1 of mixed populations. According to the control source, 17 were population-based researches, 10 were hospital-based researches, 3 studies used BPH patients as controls, and two used both hospital-based and BPH patients as controls. In addition, the other two studies were not clarified. All polymorphisms in the control subjects were in HWE, except seven studies for *BsmI* polymorphism [34, 38–41, 44 2/3] and one for *FokI* polymorphism [35].

Meta-analysis results

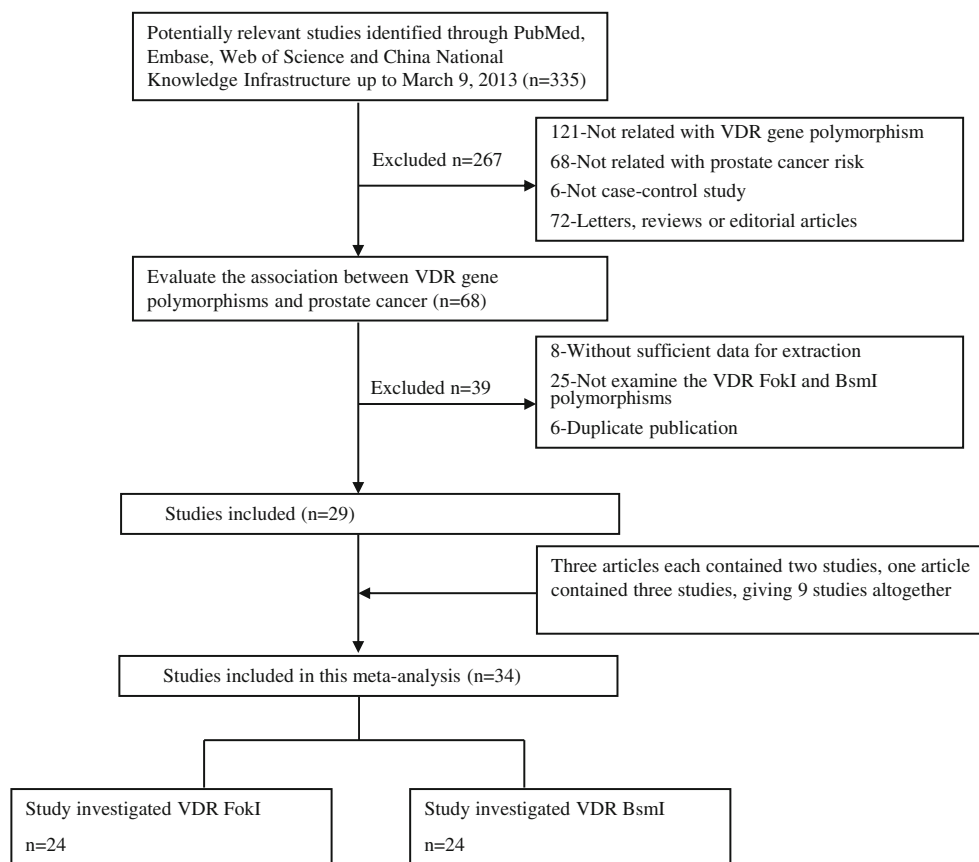
The summary of meta-analysis for *VDR* gene *FokI* and *BsmI* polymorphisms with PCa is shown in Table 2.

Analysis for *VDR* gene *FokI* polymorphism

The association between *FokI* polymorphism and PCa was investigated in 24 independent studies with 8,339 cases and 9,042 controls. The Q test of heterogeneity was almost always not significant and we conducted analyses using fixed-effect models in overall population. We did not detect the association between *FokI* polymorphism and PCa in overall population when examining the contrast of f-allele vs. F-allele, ff vs. FF, Ff vs. FF, ff vs. Ff + FF and ff + Ff vs. FF genotypes (OR=0.996, 95 % CI=0.938–1.057, $P_{\text{heterogeneity}}=0.033$; OR=1.022, 95 % CI=0.933–1.12, $P_{\text{heterogeneity}}=0.157$; OR=1.032, 95 % CI=0.966–1.102, $P_{\text{heterogeneity}}=0.429$; OR=1.002, 95 % CI=0.922–1.088, $P_{\text{heterogeneity}}=0.322$; OR=1.029, 95 % CI=0.967–1.094, $P_{\text{heterogeneity}}=0.134$, respectively) (Fig. 2). Among the 24 studies, there was one research deviated from HWE [35], so we excluded it and then obtained another result. Nevertheless, this result was similar with the previous one (data not shown).

Fourteen independent studies (6,611 cases and 6,661 controls) were included in sub-analysis of *FokI* polymorphism in Caucasian population. The Q test of heterogeneity was almost always not significant and we conducted analyses using fixed-effect models. The *FokI* polymorphism showed no association

Fig. 1 Study flow chart for the process of selecting the final 34 studies



with PCa in Caucasian population (f vs. F: OR=1.038, 95 % CI=0.969–1.112, $P_{\text{heterogeneity}}=0.068$; ff vs. FF: OR=1.09, 95 % CI=0.981–1.212, $P_{\text{heterogeneity}}=0.291$; Ff vs. FF: OR=1.053, 95 % CI=0.977–1.135, $P_{\text{heterogeneity}}=0.394$; ff vs. Ff+FF: OR=1.063, 95 % CI=0.964–1.173, $P_{\text{heterogeneity}}=0.479$; ff + Ff vs. FF: OR=1.061, 95 % CI=0.988–1.138, $P_{\text{heterogeneity}}=0.147$, respectively). Six independent studies (920 cases and 1,439 controls) were included in sub-analysis of *FokI* polymorphism in Asian population. As the dramatic heterogeneity, the fixed-effect model was used. The *FokI* polymorphism showed no association with PCa in Asian population (f vs. F: OR=0.896, 95 % CI=0.802–1.001, $P_{\text{heterogeneity}}=0.377$; ff vs. FF: OR=0.801, 95 % CI=0.641–1.0, $P_{\text{heterogeneity}}=0.3$; Ff vs. FF: OR=0.938, 95 % CI=0.781–1.126, $P_{\text{heterogeneity}}=0.714$; ff vs. Ff+FF: OR=0.832, 95 % CI=0.688–1.007, $P_{\text{heterogeneity}}=0.373$; ff + Ff vs. FF: OR=0.892, 95 % CI=0.751–1.06, $P_{\text{heterogeneity}}=0.578$, respectively). Also it seems that there was no association between PCa risk and the *FokI* genotype in African-Americans (data not shown).

We also performed subgroup analysis stratified by control source. One study [20] was eliminated as not mentioned the source of controls. Also, low risks were found between PCa and *FokI* genotypes only in hospital-based controls (f vs. F: OR=0.724, 95 % CI=0.537–0.978, $P_{\text{heterogeneity}}=0.038$; ff vs. FF: OR=0.676, 95 % CI=0.501–0.912, $P_{\text{heterogeneity}}=0.115$; ff vs. Ff + FF: OR=0.733, 95 % CI=0.565–0.951,

$P_{\text{heterogeneity}}=0.233$, respectively), but not in population-based or BPH-based controls (data not shown).

Given that in the USA there is a higher use of vitamin D supplementation [9], we also performed stratified analysis by comparing studies conducted in USA and in other countries. We did not observe a significant association between PCa risk and *FokI* genotype among the studies conducted in USA (data not shown).

Analysis for *VDR* gene *BsmI* polymorphism

The meta-analysis for association of *BsmI* polymorphism with PCa in overall population included 24 independent studies with a total of 7,648 cases and 8,556 controls. With significant between-study heterogeneity by Q test, the analysis was conducted using random effect model. We did not detect the association between *BsmI* polymorphism and PCa in overall population when examining the contrast of B-allele vs. b-allele, BB vs. bb, Bb vs. bb, BB vs. Bb + bb and BB + Bb vs. bb genotypes (OR=0.965, 95 % CI=0.865–1.054, $P_{\text{heterogeneity}}=0.000$; OR=1.002, 95 % CI=0.869–1.157, $P_{\text{heterogeneity}}=0.038$; OR=0.894, 95 % CI=0.773–1.034, $P_{\text{heterogeneity}}=0.000$; OR=1.018, 95 % CI=0.936–1.107, $P_{\text{heterogeneity}}=0.649$; OR=0.922, 95 % CI=0.798–1.065, $P_{\text{heterogeneity}}=0.000$, respectively) (Fig. 2). Among the 24 studies, there were 7 researches that deviated

Table 1 Characteristics of the 34 case–control studies included in this meta-analysis

First author [Ref]	Year	Country	Ethnicity	Study design	Genotyping method	Source of control	Total sample size (case/control)	HWE	Polymorphisms
Szendroi [39]	2011	Hungary	Caucasian	CC	PCR-RFLP	HB	204/102	0.048	BsmI
Bai [23]	2009	China	Asian	CC	PCR-RFLP	HB	122/130	0.08	FokI
Holt [32.1]	2009	USA	Caucasian	CC	SNPlex assay	PB	711/718	0.985	BsmI
Holt [32.2]	2009	USA	African-Americans	CC	SNPlex assay	PB	116/69	0.332	FokI
Ruan [31]	2009	China	Asian	CC	PCR-RFLP	BPH	60/50	0.664	BsmI
Onen [41]	2008	Turkey	Caucasian	CC	PCR-RFLP	HB	133/157	0.904	FokI
Torkko [30.1]	2008	USA	Caucasian	NCC	Taqman	PB	439/488	0.155	BsmI
Torkko [30.2]	2008	USA	Hispanic	NCC	Taqman	PB	140/273	0.822	FokI
Holick [24]	2007	USA	Caucasian	CC	SNPlex assay	PB	630/565	0.012	BsmI
Li [19]	2007	USA	Caucasian	NCC	PCR-RFLP	PB	1010/1432	0.87	FokI
Mikhak [33]	2007	USA	Caucasian	NCC	Taqman	PB	1034/1566	0.249	FokI
Rukin [27]	2007	UK	Caucasian	CC	Pyrosequencing	BPH	430/320	0.204	FokI
Cicek [35]	2006	USA	Mixed	CC	PCR-RFLP	PB	439/479	0.121	BsmI
Huang [21]	2006	Taiwan	Asian	CC	PCR-RFLP	HB	416/502	0.413	FokI
Hayes [25]	2005	Australian	Caucasian	CC	DGGE	BPH	416/189 ^a	0.957	BsmI
John [29]	2005	USA	Caucasian	CC	PCR-RFLP	PB	862/745	0.398	FokI
Mishra [22]	2005	India	Caucasian	CC	PCR-RFLP	HB	425/437	0.673	BsmI
Bodiwala [26]	2004	UK	Caucasian	CC	PCR-RFLP	HB	128/147	0.461	FokI
Cheteri [38]	2004	USA	Caucasian	CC	PCR-RFLP	BPH	368/243	0.034	FokI
Huang [40]	2004	Taiwan	Asian	CC	PCR-RFLP	PB	559/523	0.492	BsmI
Liu [47]	2004	China	Asian	CC	PCR-RFLP	HB	160/205	0.806	FokI
Oakley-Girvan [28.1]	2004	USA	African-Americans	NCC	PCR-RFLP	PB	113/121	0.75 ^a	FokI
Oakley-Girvan [28.2]	2004	USA	Caucasian	NCC	PCR-RFLP	PB	232/171	0.526	FokI
Tayeb [37]	2004	UK	Caucasian	NCC	PCR-RFLP	HB	28/56	0.891	BsmI
								0	BsmI
								0.005	BsmI
								0.764	BsmI
								0.872	BsmI
								0.752	FokI
								0.479	BsmI
								0.586	FokI
								0.391	FokI

Table 1 (continued)

First author [Ref]	Year	Country	Ethnicity	Study design	Genotyping method	Source of control	Total sample size (case/control)	HWE	Polymorphisms
Yang [20]	2004	China	Asian	CC	PCR-RFLP	NA	80/96	0.534	FokI
Nam [44.1]	2003	Canada	African-Americans	CC	PCR-RFLP	HB	45/45	0.5	BsmI
Nam [44.2]	2003	Canada	Caucasian	CC	PCR-RFLP	HB	421/444	0	BsmI
Nam [44.3]	2003	Canada	Asian	CC	PCR-RFLP	HB	12/47	0.006	BsmI
Suzuki [45]	2003	Japan	Asian	CC	PCR-RFLP	HB	81/105	0.545	BsmI
Chokkalingam [34]	2001	China	Asian	NCC	PCR-RFLP	PB	242/472	0	BsmI
Habuchi [43]	2000	Japan	Asian	CC	PCR-RFLP	HB	222/128	0.725	FokI
Correa-Cerro [36]	1999	France	Caucasian	CC	PCR-RFLP	BPH	222/209 ^a	0.054	BsmI
Ingles [42]	1998	USA	African-Americans	NCC	PCR-RFLP	PB	105/132	0.101 ^a	BsmI
Ma [46]	1998	USA	Caucasian	NCC	PCR-RFLP	PB	151/174	0.598	FokI
							372/591	0.976	BsmI
								0.203	BsmI

CC case-control, NCC nested case-control, PCR-RFLP polymerase chain reaction-restriction fragment length polymorphism, DGGE denaturing gradient gel electrophoresis, PB population-based, HB hospital-based, BPH benign prostatic hyperplasia, HWE Hardy-Weinberg equilibrium of controls, NA not applicable

^a Controls were cases with benign prostatic hyperplasia

from HWE [34, 38–41, 44 2/3], so we excluded them and then obtained another result. Nevertheless, this result was similar with the previous one (data not shown).

Eleven independent studies (5,842 cases and 6,266 controls) were included in sub-analysis of *FokI* polymorphism in Caucasian population. The *Q* test of heterogeneity was almost always significant and we conducted analyses using random effect models. No association was observed between *BsmI* polymorphism and PCa risk in Caucasian population (B vs. b: OR=1.004, 95 % CI=0.914–1.104, $P_{\text{heterogeneity}}=0.001$; BB vs. bb: OR=1.107, 95 % CI=0.865–1.195, $P_{\text{heterogeneity}}=0.022$; Bb vs. bb: OR=0.974, 95 % CI=0.846–1.121, $P_{\text{heterogeneity}}=0.005$; BB vs. Bb+bb: OR=1.023, 95 % CI=0.934–1.12, $P_{\text{heterogeneity}}=0.324$; BB + Bb vs. bb: OR=1.004, 95 % CI=0.871–1.158, $P_{\text{heterogeneity}}=0.001$, respectively). Seven independent studies (942 cases and 1,402 controls) were included in sub-analysis of *BsmI* polymorphism in Asian population. As the dramatic heterogeneity, the random effect model was used. The *BsmI* polymorphism showed no association with PCa in Asian population (B vs. b: OR=0.722, 95 % CI=0.489–1.067, $P_{\text{heterogeneity}}=0.001$; BB vs. bb: OR=0.862, 95 % CI=0.514–1.445, $P_{\text{heterogeneity}}=0.5$; Bb vs. bb: OR=0.642, 95 % CI=0.406–1.015, $P_{\text{heterogeneity}}=0.003$; BB vs. Bb+bb: OR=0.93, 95 % CI=0.569–1.521, $P_{\text{heterogeneity}}=0.606$; BB + Bb vs. bb: OR=0.666, 95 % CI=0.421–1.054, $P_{\text{heterogeneity}}=0.001$, respectively). Also, it seems that there was no association between PCa risk and the *BsmI* genotype in African-Americans (data not shown).

The stratified analysis was also performed by source of controls. One study [47] was eliminated as it did mention the source of controls. However, we did not find decreased PCa risk for population-based, hospital-based, or BPH-based controls with the *BsmI* polymorphism (data not shown). Moreover, we also performed stratified analysis by study location, study design and genotype methods. The available data revealed a result that there was no association between PCa risk and the *BsmI* genotype among the studies conducted in USA (data not shown). The same results appeared among studies with different study design and genotype methods (data not shown).

Sensitivity analysis

Sensitivity analyses were performed by sequential omission of individual studies for all subjects and subgroups. The corresponding pooled ORs were not materially altered in all subjects and subgroups of *FokI* and *BsmI* genotypes (data not shown). The results of sensitivity analyses indicated the stability of the results of this meta-analysis.

Evaluation of publication bias

Begg's funnel plot and Egger's test were performed to assess the publication bias of the literatures. No evidence

Table 2 Stratified analyses of the VDR gene FokI and BsmI polymorphisms and prostate cancer risk

Polymorphisms	Variables	N ^a	Cases/controls	OR (95 % CI)	I ²	P ^b	OR (95 % CI)	I ²	P ^b	OR (95 % CI)
FokI (rs2228570)	Total	24	8339/9042	f-allele vs. F-allele			ff vs. FF			Ff vs. FF
	Caucasian	14	6611/6611	0.996 (0.938–1.057) ^c	37.7 %	0.033	1.022 (0.933–1.12)	22.7 %	0.157	1.032 (0.966–1.102)
	Asian	6	920/1439	1.038 (0.969–1.112) ^c	38.9 %	0.068	1.09 (0.981–1.212)	14.8 %	0.291	1.053 (0.977–1.135)
	African-Americans	2	229/190	0.896 (0.802–1.001)	6.2 %	0.377	0.801 (0.641–1.0)	17.6 %	0.3	0.938 (0.781–1.126)
	Hospital-based studies	4	694/835	0.754 (0.534–1.064)	21.0 %	0.261	0.509 (0.177–1.462)	0 %	0.448	0.786 (0.349–1.770) ^c
	Population-based studies	15	6707/7309	0.724 (0.537–0.978) ^{c,d}	64 %	0.038	0.676 (0.501–0.912) ^d	49.4 %	0.115	0.793 (0.534–1.179) ^c
	BPH-based studies	4	1274/802	1.046 (0.995–1.099)	0 %	0.887	1.092 (0.984–1.212)	0 %	0.938	1.054 (0.979–1.135)
	HWE(yes)	23	7900/8563	0.969 (0.785–1.198) ^c	61.7 %	0.024	0.9 (0.583–1.389) ^c	60.7 %	0.054	1.08 (0.891–1.309)
	Study location(USA)	12	5498/5960	0.992 (0.931–1.057) ^c	40.4 %	0.025	1.021 (0.93–1.122)	26.1 %	0.125	1.03 (0.962–1.102)
	Study location(other)	12	2841/3082	1.051 (1.0–1.114)	0 %	0.787	1.109 (0.99–1.242)	0 %	0.863	1.068 (0.985–1.157)
				0.904 (0.802–1.019) ^c	53.7 %	0.041	0.841 (0.674–1.049) ^c	40.7 %	0.07	0.965 (0.862–1.081)
				B-allele vs. b-allele			BB vs. bb			Bb vs. bb
	Total	24	7648/8556	0.955 (0.865–1.054) ^c	68.5 %	0.000	1.002 (0.869–1.157) ^c	37.4 %	0.083	0.894 (0.773–1.034) ^c
	Caucasian	11	5842/6266	1.004 (0.914–1.104) ^c	65.5 %	0.001	1.107 (0.865–1.195) ^c	52 %	0.022	0.974 (0.846–1.121) ^c
	Asian	7	942/1402	0.722 (0.489–1.067) ^c	70.5 %	0.001	0.862 (0.514–1.445)	0 %	0.5	0.642 (0.406–1.015) ^c
	African-Americans	4	425/409	1.085 (0.883–1.332)	38.3 %	0.182	1.245 (0.797–1.945)	51.4 %	0.104	1.031 (0.748–1.421)
	Hospital-based studies	9	1400/1363	0.863 (0.584–1.275) ^c	85.7 %	0.000	1.177 (0.699–1.981) ^c	53.3 %	0.029	0.748 (0.432–1.295) ^c
Population-based studies	13	6145/6878	0.965 (0.916–1.016)	12 %	0.325	0.96 (0.863–1.067)	16.7 %	0.275	0.925 (0.853–1.0004)	
HWE(yes)	17	5917/6606	0.937 (0.847–1.037) ^c	62.5 %	0.000	0.983 (0.88–1.098)	12.3 %	0.312	0.864 (0.738–1.011) ^c	
HWE(no)	7	1731/1950	0.999 (0.749–1.332) ^c	79.9 %	0.000	1.109 (0.697–1.765) ^c	66.5 %	0.006	0.992 (0.675–1.458) ^c	
Study design(CC)	17	4820/4777	0.928 (0.798–1.078) ^c	76.8 %	0.000	1.010 (0.806–1.265) ^c	53.7 %	0.006	0.853 (0.682–1.068) ^c	
Study design(NCC)	7	2828/3779	1.011 (0.938–1.089)	0 %	0.960	1.049 (0.898–1.225)	0 %	0.934	0.964 (0.861–1.079)	
Genotype methods (PCR-RFLP)	19	4820/5775	0.924 (0.806–1.058) ^c	71.9 %	0.000	0.979 (0.816–1.175) ^c	32.8 %	0.088	0.863 (0.712–1.045) ^c	
Genotype methods(other)	5	3003/2781	0.999 (0.887–1.125) ^c	54.2 %	0.068	1.057 (0.814–1.372) ^c	58.7 %	0.046	0.944 (0.768–1.160) ^c	
Study location(USA)	11	5041/5661	0.972 (0.919–1.027)	23.1 %	0.224	0.973 (0.868–1.091)	28.2 %	0.177	0.938 (0.859–1.024) ^c	
Study location(other)	13	2607/2895	0.892 (0.698–1.139) ^c	79.9 %	0.000	1.068 (0.755–1.51) ^c	47.4 %	0.034	0.795 (0.57–1.109) ^c	
FokI (rs2228570)	Ff vs. FF	0.429	ff vs. Ff/FF (recessive)				ffFf vs. FF (dominant)			
	2.3 %	0.394	1.002 (0.922–1.088)	10.0 %	0.322	1.029 (0.967–1.094)	24.7 %	0.134		
	5.2 %	0.714	1.063 (0.964–1.173)	0 %	0.479	1.061 (0.988–1.138)	28.9 %	0.147		
	0 %	0.059	0.832 (0.688–1.007)	6.7 %	0.373	0.892 (0.751–1.06)	0 %	0.578		
	71.9 %	0.085	0.556 (0.196–1.577)	0.3 %	0.316	0.74 (0.492–1.112)	61.4 %	0.108		
	54.6 %	0.83	0.733 (0.565–0.951) ^d	29.8 %	0.233	0.712 (0.475–1.067) ^c	60.7 %	0.054		
	0 %	0.461	1.063 (0.966–1.169)	0 %	0.86	1.062 (0.99–1.138)	0 %	0.873		
	0 %	0.375	0.934 (0.739–1.179)	45.9 %	0.136	1.057 (0.883–1.266)	40.1 %	0.171		
	63 %	0.695	1.002 (0.92–1.091)	13.9 %	0.271	1.027 (0.963–1.094)	27.8 %	0.107		
	0 %	0.271	1.072 (0.966–1.19)	0 %	0.708	1.076 (0.997–1.161)	0 %	0.772		
17.6 %	0.271	0.89 (0.776–1.021)	18.1 %	0.266	0.912 (0.781–1.065)	43 %	0.056			

Table 2 (continued)

Polymorphisms	I^2	P^b	OR (95% CI)	I^2	P^b	OR (95% CI)	I^2	P^b
BsmI(rs1544410)	Bb vs. bb		BB/Bb vs. bb(recessive)			BB/Bb vs. bb(dominant)		
	66.1 %	0.000	1.018(0.936–1.107)	0 %	0.649	0.922(0.798–1.065) ^c	69.7 %	0.000
	60.1 %	0.005	1.023(0.934–1.12)	12.6 %	0.324	1.004(0.871–1.158) ^c	65.7 %	0.001
	67.7 %	0.003	0.93(0.569–1.521)	0 %	0.606	0.666(0.421–1.054) ^c	71.2 %	0.001
	50.3 %	0.11	1.188(0.83–1.701)	0 %	0.758	1.15(0.671–1.972) ^c	58.2 %	0.066
	84.2 %	0.000	1.203(0.969–1.492)	0 %	0.439	0.79(0.454–1.374) ^c	86.5 %	0.000
	6.0 %	0.386	0.99(0.903–1.086)	0 %	0.766	0.945(0.875–1.02)	8.4 %	0.362
	64.1 %	0.000	1.014(0.922–1.116)	0 %	0.792	0.893(0.768–1.039) ^c	65.2 %	0.000
	73.3 %	0.001	1.031(0.863–1.23)	29.4 %	0.203	1.004(0.67–1.505) ^c	79.7 %	0.000
	74.6 %	0.000	0.991(0.893–1.101)	21 %	0.429	0.890(0.711–1.114) ^c	77.8 %	0.000
	0 %	0.912	1.068(0.927–1.231)	0 %	0.825	0.985(0.886–1.095)	0 %	0.961
	69.2 %	0.000	1.006(0.900–1.124)	0 %	0.643	0.882(0.729–1.067) ^c	72.8 %	0.000
	(PCR-RFLP)							
	57.0 %	0.054	1.034(0.909–1.177)	10.9	0.344	0.992(0.816–1.206) ^c	57.1 %	0.053
	15.4 %	0.297	0.993(0.9–1.096)	0 %	0.609	0.959(0.883–1.042)	15.6 %	0.296
	77.3 %	0.000	1.088(0.925–1.279)	0 %	0.53	0.83(0.593–1.16) ^c	80.6 %	0.000

VDR vitamin D receptor; *BPH* benign prostatic hyperplasia; *HWI* Hardy–Weinberg equilibrium of controls; *CC* case–control; *NCC* nested case–control; *PCR-RFLP* polymerase chain reaction–restriction fragment length polymorphism.

^a Number of comparisons

^b P value of Q test for heterogeneity test

^c Random-effects model was used when P value for heterogeneity test ≤ 0.10 ; otherwise, fixed-effects model was used

^d There was significance between compared model and prostate cancer risk

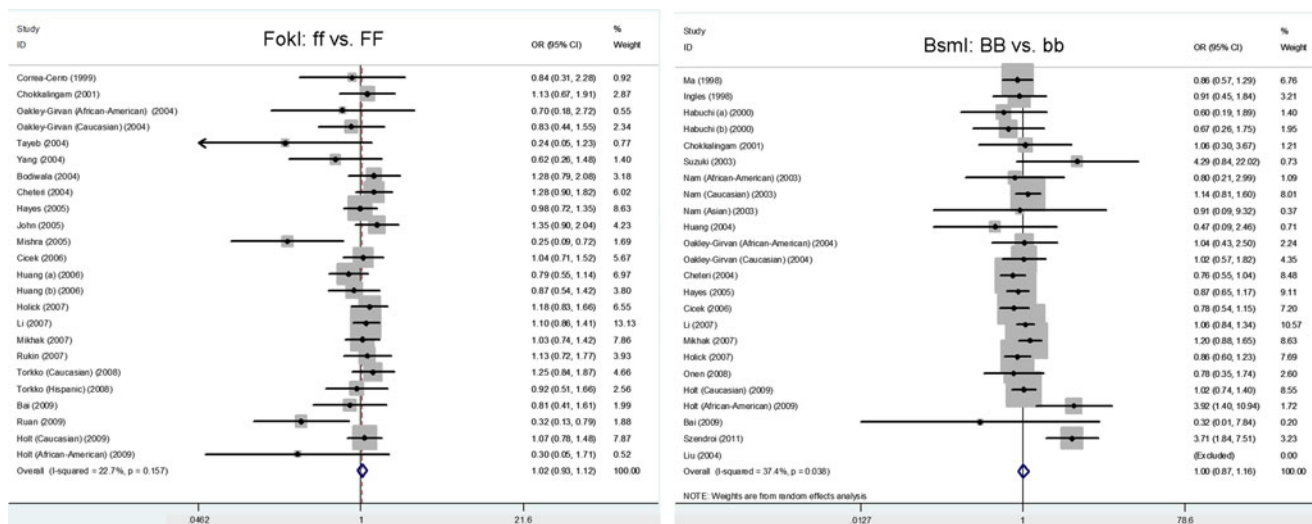


Fig. 2 Forest plots of prostate cancer risk in overall population associated with *VDR FokI* polymorphism for homozygote comparison (ff vs. FF) and *VDR BsmI* polymorphism for homozygote comparison (BB

vs. bb) **a** hospital-based control population; **b** benign prostate hyperplasia-based control population

of publication bias was found for comparisons of *VDR BsmI* B-allele and b-allele ($P=0.709$), BB and bb ($P=0.626$), Bb and bb ($P=0.970$), BB and Bb/bb ($P=0.802$), and BB/Bb and bb ($P=0.996$) (Fig. 3). However, the shape of the funnel plots seemed asymmetrical for the comparison of different alleles of the *VDR FokI* polymorphism, suggesting the presence of publication bias. Therefore, Egger’s test was performed to assess funnel plot symmetry statistically. Publication bias was found for comparison of *VDR FokI* f-allele and F-allele ($P=0.001$), ff and FF ($P=0.000$), ff and FF/Ff ($P=0.000$) and ff/Ff and FF ($P=0.01$) (Fig. 3). The association remained non-significant after adjustment for publication bias using the trim and fill method (data not shown).

Discussion

Genetic susceptibility to cancer has been a research focus in scientific community. Development and progression of PCa are influenced by vitamin D synthesis. Therefore, polymorphisms of genes encoding key proteins involved in vitamin D synthesis and metabolism have been primarily chosen as candidate genes for PCa susceptibility. Nowadays, growing number of studies have revealed polymorphic variants of the *VDR* gene were associated with etiology of PCa. In order to provide the most comprehensive and reliable conclusion, we performed the present meta-analysis of 34 independent case-control studies, including 10,267 cases and 11,489 controls. We explored the association between two common polymorphisms (*FokI* and *BsmI*) in the *VDR* gene region and PCa risk. The results of our meta-analysis do not provide evidence for an association between the *VDR FokI* and *BsmI* polymorphisms, and the risk of PCa. It is consistent with the result of

former meta-analysis, which was conducted by Berndt et al. in 2006 [13]. However, we included 10,267 cases and 11,489 controls from 34 studies in the present meta-analysis, which is much more than the previous one including only 17 studies. Hence, a more stringent and comprehensive result has been obtained.

It is known that the allele frequencies of metabolic genes are not equally distributed throughout the human population but follow diverse ethnic patterns, therefore, the subgroups according to ethnicity were performed. The strength of linkage disequilibrium between variants in the *VDR* gene is known to differ among ethnic populations [48]. If an unobserved disease-causing allele is in strong linkage disequilibrium with one of the *VDR* polymorphisms in one population but not in another population, the observed association between the *VDR* polymorphism and PCa risk may be substantially different between populations. However, our results indicated that no significant association was found between *FokI* or *BsmI* genotypes and PCa risk in the overall population, as well as in Caucasians, Asians, and Africans. The possible reason could be the limited sample size that may have not enough statistical power to detect a real effect or generate a fluctuated estimation.

Furthermore, we also showed that *FokI* genotypes including allele-contrast, homozygote comparison, and recessive model have strikingly decreased the risk of PCa susceptibility when stratified by control source. However, we obtained the lower risk of PCa when only considered the hospital-based controls. The possible reason may be that *FokI* genotypes could influence the susceptibility to non-cancer diseases, such as cardiovascular diseases [49], Parkinson’s disease [50], and diabetes mellitus [51], so its genotypes frequency possibly differed between the hospital-based and

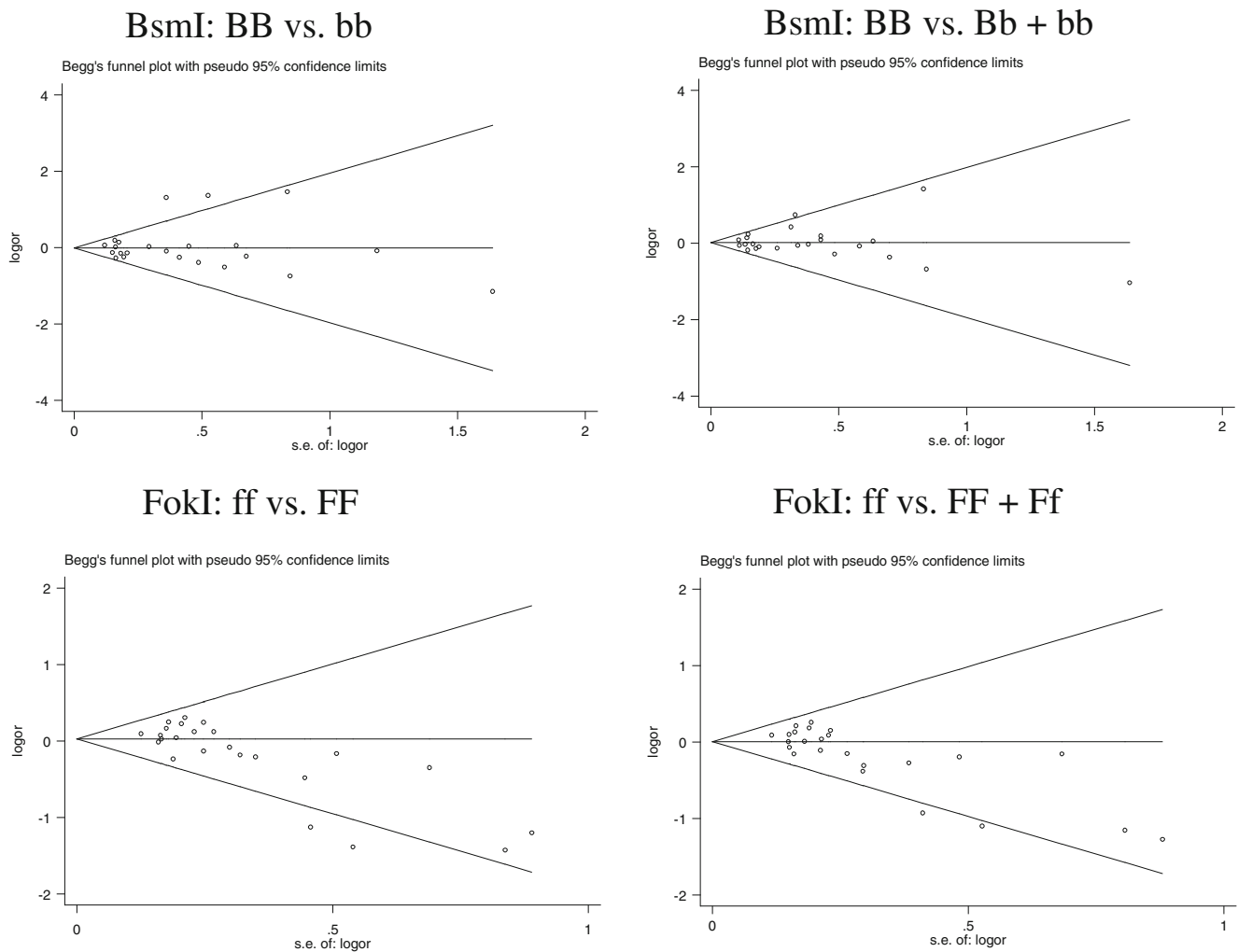


Fig. 3 Begg's funnel plots to examine publication bias for reported comparisons of *VDR FokI* and *BsmI* polymorphisms. Plots are shown with pseudo 95 % confidence limits. *S.E.* standard error. Each point represents a separate study for the indicated association

population-based controls. Moreover, several studies used controls obtained from individuals with BPH [21, 26, 27, 31, 43]. Although it has been demonstrated that vitamin D inhibits the growth of cells obtained from BPH tissue [6], few investigators have found that *VDR* polymorphisms are related to the risk of BPH [52]. If polymorphisms in the *VDR* gene increase the risk of BPH, the use of men with BPH as controls could attenuate the risk of PCa observed for these polymorphisms. In our meta-analysis, genotype frequencies of the *VDR FokI* and *BsmI* polymorphisms in controls appeared similar between studies that did and did not exclude men with BPH. However, since few studies excluded patients with BPH, comparisons were limited and this potential bias cannot be ruled out.

In addition, we also performed stratified analysis by study location. We did not find any evidence of different risk estimates for studies conducted in USA compared with that carried out in other countries. National vitamin D fortification and supplementation practices are generally very

different between countries. Fortification of staple foods, such as milk and margarine and spreads, plus other optional fortifications (orange juice, ready-to-eat breakfast cereals, sliced American cheese and yogurt) are mandatory in the USA, while there is no required fortification of foods in other countries.

Our study represents an updated and comprehensive review of the literature on the two most studied *VDR* polymorphisms and PCa risk. A previous meta-analysis in 2009 found that a significant 17 % reduction in PCa risk for carriers of *BsmI* Bb compared with bb genotype [9], which is inconsistent with our results. However, because our meta-analysis included eight new studies and three updates of previous publications on PCa compared with that published in 2009 [9], we were able to provide a complete picture of the role of *VDR* polymorphisms in PCa risk.

There are some limitations in this meta-analysis. First of all, even though we performed subgroup analyses stratified by ethnicity and control source, the heterogeneity for *BsmI*

polymorphism among the studies was extreme. It suggested that there were other potential confounding factors in the included studies, such as the genotyping error, selection bias, or population-specific gene–gene or gene–environment interaction, allelic heterogeneity, or chance [53, 54]. Although evidence of heterogeneity exists, it was found through sensitivity analysis that studies contribute to the heterogeneity do not significantly alter the estimate of overall odds ratio. Secondly, only published studies were included, therefore the publication bias may have occurred. The Egger’s test provided statistical evidence of that. We observed the publication bias when only considered studies about the association between *FokI* polymorphism and PCa risk, but did not find it in the studies about the PCa risks with *BsmI* polymorphisms. It is known that positive results usually have a greater probability of being published, and such bias may occur in studies with null or unexpected results. Thirdly, the overall outcomes were based on unadjusted effect estimates. Although the cases and controls were matched on age, sex, and residence in all studies, these confounding factors might slightly modify the effective estimates and a more precise evaluation needed to be adjusted by the potentially suspected factors. Finally, as the meta-analysis remains a retrospective research which is subject to the methodological deficiencies of the included studies, we tried to develop a detailed protocol before initiating the study, and then performed an explicit method for study researching, selection, data extraction and data analysis to minimize the likelihood of bias.

In conclusion, this study is, to the best our knowledge, the largest meta-analysis of associations between *VDR* gene *FokI* and *BsmI* polymorphisms and PCa risk. Although *FokI* and *BsmI* polymorphisms were not associated with PCa risk, the possibility of an association in specific subpopulations could not be ruled out and other variants in the *VDR* gene may affect risk. In the future, well-designed epidemiologic studies would help illuminate the complex interactions of *VDR* gene polymorphisms, environmental factors, and PCa.

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Conflicts of interest None

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