



# Overcoming Uncertainties in Electrogram-Based Atrial Fibrillation Mapping: A Review

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# Abstract

In clinical rhythmology, intracardiac bipolar electrograms (EGMs) play a critical role in investigating the triggers and substrates inducing and perpetuating atrial fibrillation (AF). However, the interpretation of bipolar EGMs is ambiguous due to several aspects of electrodes, mapping algorithms and wave propagation dynamics, so it requires several variables to describe the effects of these uncertainties on EGM analysis. In this narrative review, we critically evaluate the potential impact of such uncertainties on the design of cardiac mapping tools on AF-related substrate characterization. Literature suggest uncertainties are due to several variables, including the wave propagation vector, the wave's incidence angle, inter-electrode spacing, electrode size and shape, and tissue contact. The preprocessing of the EGM signals and mapping density will impact the electro-anatomical representation and the features extracted from the local electrical activities. The superposition of multiple waves further complicates EGM interpretation. The inclusion of these uncertainties is a nontrivial problem but their consideration will yield a better interpretation of the intra-atrial dynamics in local activation patterns. From a translational perspective, this review provides a concise but complete overview of the critical variables for developing more precise cardiac mapping tools.

**Keywords** Atrial fibrillation  $\cdot$  Bipolar electrogram (EGM)  $\cdot$  Cardiac conduction system  $\cdot$  Cardiac mapping  $\cdot$  Catheter ablation  $\cdot$  Multi-electrode array

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# Introduction

Atrial fibrillation (AF) is a global health burden that affects an estimated 60 million people worldwide [1, 2]. It is the most common arrhythmia in humans, which occurs in the presence of irregular and disorganized electrical activities in the atrial conduction system (ACS) [3–9]. An electrical signal passes rhythmically through specific (cardiac) conduction pathways and maintains the heart's pumping activity in sinus rhythm (SR) [10, 11]. However, structural remodeling of the arrhythmogenic substrates disrupts regular cardiac conduction dynamics in ACS, leading to AF.

Catheter-based isolation of the pulmonary veins represents the cornerstone of interventional AF treatment. Electro-anatomical mapping of local intracardiac bipolar electrograms (EGMs) is an established way to characterize the atrial substrate and identify potential ablation targets [12–14]. Bipolar EGMs are constructed from unipolar EGMs to quantify the arrhythmogenic substrates because bipolar EGMs are less likely to be contaminated with farfield potentials, i.e., ventricular artefacts [13–18]. However,

multiple variables, including wave propagation direction relative to the bipolar electrode orientation, electrode size, inter-electrode spacing, electrode-tissue contact, filtering, mapping density, and mapping resolution, impact bipolar EGM [19–23]. This review aims to evaluate the effects of

# Cardiac Conduction Dynamics and Atrial Fibrillation

the variables on bipolar EGM-based AF mapping.

There are four fundamental characteristics of the cardiomyocyte cells, i.e., contraction, autorhythmicity, intercellular conduction and electromechanical coupling [10, 11, 24–30]. The sinoatrial (SA) node is the natural pacemaker located in the upper region of the right atrium, which initiates each heartbeat. Electrical impulses from the SA node propagate through junctional fibers to the atrioventricular (AV) node in the right atrium and via the inter-atrial Bachmann's bundle in the left atrium. With a delay in the AV node, impulses are then passed into the bundle of His where they bifurcate into right and left branches. Finally, the impulses proceed down to the Purkinje fibers throughout the ventricular walls. Figure 1 illustrates the components and conduction pathways of the cardiac conduction system.

#### **Mapping Intracardiac Ablation Target**

The current intervention, intracardiac catheter ablation, is based on various hypotheses regarding AF initiation and perpetuation over time. Haissaguerre et al. have shown that ectopic electrical impulses coming from pulmonary veins could cause AF. Electrically isolating pulmonary veins may restore SR and has become a standard intervention for AF [31, 32]. A hypothesis of substrate-based AF characterization refers to ectopic source identification. The sources



Fig. 1 Cardiac conduction system with its components

produce disruptive signals in the atrial anatomy and disturb regular cardiac conduction dynamics. Autonomic nervous system plays role in AF initiation and maintenance, and recent studies have identified ganglionated plexuses as ablation targets [33–35]. Other hypotheses include multiple wavelets, primary rotors and multiple functional re-entry circuits [3–6, 8, 36–38] (Fig. 2).

Current ablation strategies depend on accurately identifying AF-related substrates (ablation targets) based on EGM characteristics. Structural changes associated with an electrical scar or diseased myocardium may introduce re-entry circuits within the ACS. Low voltage areas (bipolar peakto-peak voltage < 0.5 mV) are assumed to be an indication of scar or structural defects [39-43]. Fractionated EGMs are sometimes the ablation targets [44, 45]. According to Nademanee et al., fractionated EGMs follow two criteria [46]. Atrial EGMs have two and more deflections and a variable baseline with complex atrial activation patterns, showing transient activities (i.e., cycle length  $\leq 120$  ms) over a prolonged 10 s period. However, inconsistent definitions of EGM fractionation can impede success in clinical ablation [45, 47]. Local activation time and conduction velocitybased AF source mapping are potential alternatives in the clinical setting [48–50]. Recent studies have proposed recurrent wave cycle length and their morphological similaritybased ablation target detection [51–53]. Additional bipolar EGM-derived features such as dominant frequency and Shannon entropy have been clinically used to investigate the propagation of predominant waves and to identify the pivot of a rotor, respectively, which may guide substratebased ablation [54–56].

#### Genesis of Focal Ectopic Source and Reentry Circuit

AF mechanisms manifest in ectopic firing, and various reentry circuits in the ACS are assumed to occur due to atrial fibrotic substrates. Pathological fibrosis results from malfunctioning ion channels, unusual  $Ca^{2+}$  handling, autonomic neural regulation dysfunction, or structural remodeling. Extracellular matrix (ECM) triggers its regulatory protein cells to adjust for any changes during fibrosis to maintain cardiac homeostasis [57-64]. ECM provides structural support to cardiomyocytes, facilitates intra- and inter-cardiomyocyte cellular crosstalk, and transduces critical signals to vascular and interstitial cells [61]. The essential components of ECM include transcriptionally active fibroblasts and endothelial cells [65]. When ECM starts synthesizing its proteins for fibrogenesis as a response to microenvironmental inflammatory and pro-fibrotic changes, increased fibroblasts and myofibroblasts may interfere with intra- and inter-cardiomyocyte electrical conduction. Fibroblasts and cardiomyocytes scarcely share similar intra- and inter-cellular conduction dynamics, and their complex interplay might



Fig. 2 Different hypotheses of atrial fibrillation genesis and maintenance

cause disturbances in physiologic ACS [59–61]. Recent studies implicated that asynchrony between endocardial and epicardial conduction causes AF initiation and maintenance [57, 66–70].

Complex cardiomyocyte-fibroblast interactions alter the electrophysiological properties of atrial cardiomyocytes [59-63, 63, 64, 71]. For example, the shortening of action potential duration and effective refractory period due to ion channel dysfunction could cause the fibrotic substrates to develop spontaneous re-entry circuits.  $Ca^{2+}$  handling abnormalities and errors in autonomic neural regulation sometimes result in focal ectopic firing, which is a potential manifestation of AF-related substrates. Focal ectopic sources further trigger re-entry circuits.  $Ca^{2+}$  handling abnormalities can also contribute to structural remodeling leading to fibrotic or scar tissues and conduction blocks that induce re-entry circuits. Figure 3 describes the complex interactions between the cardiomyocytes and ECM protein cells and the induction of AF. Takahashi et al. have studied that fibrosis, growth intercellular space, myofibrillar loss and reduced nuclear density are histological correlates of structural remodelling causing AF [72].

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# **Uncertainties Introduced by The Catheter**

# **Unipolar Versus Bipolar Signal Acquisition**

For unipolar EGMs, an electrode is connected to the anodal (positive) input of the recording amplifier and the cathodal (negative) input is connected to a remote amplifier (reference electrode) [16, 73, 74]. A bipolar EGM can then be constructed by subtracting two unipolar EGMs [16, 73, 75]. Figure 4 shows unipolar and bipolar recording configurations from the myocardial surface. Both unipolar and bipolar EGM have specific advantages and disadvantages for AF-related substrate characterization.

In unipolar mapping, only one electrode within the heart is used, with the second electrode located outside the heart. The anode can be Wilson's central terminal, which uses the extremity electrodes, an electrode located within the inferior vena, or an internal close unipolar reference electrode [76]. Unipolar mapping has a critical role, particularly during ablation; the signal of interest is obtained from the tip electrode rather than a combined signal from a distal and proximal electrode.



Fig. 3 Pathogenesis of atrial conduction block, focal ectopic source and re-entry circuit from a complex interplay between fibroblasts and cardiomyocytes. [Created with https://www.BioRender.com]





Because the reference electrode is placed at a distance from the heart, unipolar EGM is contaminated by far-field potentials, e.g., ventricular artefacts [13–17, 77]. Ventricular artefacts, i.e., undesired signals originating from ventricles, are the dominant sources that can be distinguished during sinus rhythm. However, AF is characterized by chaotic and disorganized electrical activities within atria that may potentially corrupt local EGM morphology by the superposition of waves [15, 78]. Constructing a bipolar EGM from a pair of unipolar electrodes may inherently reduce far-field artefacts [18]. However, bipolar EGM is affected by several measurement uncertainties due to bipolar vector orientation, inter-electrode spacing, and tissue contact [20, 22, 75, 79].

#### Electrode Size and Inter-electrode Spacing

Electrode material, size, shape, thickness and inter-electrode spacing are catheter design specifications and impact EGMderived features for substrate characterization, for example, when differentiating between healthy and scar tissues [79–81]. An electrode's size, shape and thickness define the coverage area for signal acquisition and influence both unipolar and bipolar EGM [16, 79, 80, 82]. Takigawa et al. have demonstrated that larger electrodes increase the amplitude and duration of unipolar and bipolar EGMs [80]. Thus, scar detection using a low-voltage threshold may be impacted. Inter-electrode spacing also affects substrate characterization. Closer inter-electrode spacing intrinsically reduces the contribution of far-field signals and better identifies the boundary between scar and healthy tissues [81].

# Relation Between the Angle of Incidence and Bipolar EGM Vector

Bipolar EGMs are less prone to far-field artefacts and predominantly capture changes in local electrical activities; however, they depend highly on bipolar vector orientation. From a signal processing perspective, bipolar vector orientation could be exploited as a mapping tool for accurate identification of AF sources [18, 83–86]. Figure 4 demonstrates the directional placement of electrodes (bipolar vector orientation) and wave propagation vector. Assuming a plannar wave propagating through a two-dimensional medium, a bipolar EGM measures either the maximum amplitude of a signal if the angle of incidence is 0° or the minimum of 0 mV if the angle of incidence is 90°. Although variability in EGM measurement using diverse bipolar vector orientations is obvious, the extent of uncertainty during AF-related substrate characterization requires rigorous clinical validation [18, 75, 82–87]. AF is a pathological condition delineating very complex and chaotic electrical wave propagation dynamics in a three-dimensional anatomical network of the atria. Thus, interpreting the impact of bipolar vector orientation on AF-related substrate characterization should not be straightforward.

# **Variable Tissue Contact**

Identification of AF-related sources depends on the precise reconstruction of the atrial electro-anatomy and the spatiotemporal distribution of myocardial electrical potentials and associated features [13, 14]. Continuous mechanical contraction of the complex atrial anatomy makes the positioning of catheter electrodes onerous [21, 23]. Sometimes the electrodes are not in full contact with the surface, which may impact the EGM characteristics leading to some recording points being excluded from the analysis. If the distance between electrode and recording surface is too large to maintain acceptable signal quality, the corresponding EGMs are excluded. Figure 5 illustrates variable electrode-tissue contact. Nonetheless, the earlier cardiac mapping tools allow us to verify anatomical landmarks and atrial geometry with computed tomography or magnetic resonance scans, intracardiac echocardiographic and positron emission tomography imaging for guiding the ablation procedure [13, 14, 23, 88]. Registering the recording points with the corresponding atrial anatomy is key to successful AF mapping. Notably, recent cardiac mapping systems (e.g., CARTO<sup>TM</sup>, EnSite Precision<sup>TM</sup> and Rhythmia HDx<sup>TM</sup>) use non-fluoroscopic, i.e., magnetic- or impedance-based localization of electrodes [13]. Inaccurate localization of the electrode postion (i.e., EGM recording point) may mislead the electrophysiological interpretation of AF [19].



#### **Sources of Mapping Uncertainties**

# **Preprocessing of EGM Signals**

Constructing a bipolar EGM may reduce noise contents' dominance over local atrial signals intrinsically. However, further processing is essential to eliminate noise and artefacts while preserving local EGM morphology [89]. Zerophase band-pass filtering is typically applied to eliminate baseline shifts and high-frequency noise [73]. The cut-off frequencies clinically used are 30 Hz and 300 Hz [18, 90]. Botteron and Smith proposed band-pass filtering with cut-off frequencies of 40 Hz and 250 Hz, followed by rectification and low-pass filtering to discern the spatial organization of AF dynamics [91]. This filtering technique has also been utilized to extract dominant frequency mapping [73, 92]. Ciaccio et al. demonstrated the frequency range 3 - 12 Hz associated with main atrial components. Band-pass filtering might distort the local EGM morphology by eliminating potential low-frequency signal of interest [93]. Thus, there is a trade-off between noise or artefacts elimination and preserving local EGM morphology. Comprehensive retrospective clinical studies correlating substrate characterization with ablation outcomes can evaluate the efficacy of any signal processing method.

# Electroanatomic Mapping System: Density and Resolution

Multimodal electroanatomic cardiac mapping systems such as CARTO<sup>TM</sup>, EnSite Precision<sup>TM</sup> and Rhythmia HDx<sup>TM</sup> detect the electrode positions during EGM recording, which is represented by a three-dimensional point cloud after matching each point with the corresponding atrial anatomy [13, 94]. The electrode position information is typically as accurate as 1 mm [88], though the accuracy in electrode localization strongly depends on the mapping system in use. Mapping density refers to the tightness of point cloud (i.e., recording sites) distribution. It depends on the interelectrode spacing and sequential navigation of the catheter electrodes inside the atrial anatomy. Densely collected points may offer a better resolution of reconstructed atrial anatomy.

Once the three-dimensional point cloud is approximated from the cardiac mapping system, the next step is to reconstruct the atrial anatomical surface with representations of spatio-temporal distributions of EGMs [95]. Using methods derived from computational geometry (e.g., Delaunay triangulation), first, the surface is reconstructed so that anatomically relevant information is preserved. Then, the surface is represented in colored maps (rendering by EGM-derived features) to investigate AF-related sources [13]. Due to irregularly spaced points, the resolution of the reconstructed atrial anatomy is nonhomogeneous. Figure 6 shows an irregularly spaced two-dimensional point cloud to illustrate surface reconstruction and color rendering.

# Consequences of Uncertainties for Data Interpretation

Electro-anatomical mapping of AF requires a comprehensive clinical environment with multimodal electro-magnetic devices and medical instruments [13, 88]. Cardiologists' skillful maneuvering of mapping catheters in the presence of mechanical contraction of the heart and continuous blood circulation further affects the quality of EGM signals. Innovation in the catheter design enables the navigation of electrodes inside the complex atrial anatomy and acquiring high-fidelity local EGM signals, potentially leading to a successful AF source localization. From an engineering perspective, bipolar vector orientation, electrode size, interelectrode spacing, electrode-tissue contact, filtering, mapping density and mapping resolution are essential variables to be included while constructing 3-dimensional electro-anatomical maps [13, 18, 21, 73, 75, 79-86, 88, 89, 93, 94]. The extent of the impact of the variables above requires further clinical validation. Kim et al. have rigorously discussed the



Fig. 6 A schematic illustration of surface reconstruction from irregularly sampled points (a 2D point cloud) and color rendering of an arbitrary feature set

potential pitfalls of state-of-the-art cardiac mapping systems and highlighted the technological advances [19].

Although ablation targets (AF sources) identification is sometimes onerous, various clinically accepted AF initiation and perpetuation hypotheses exist. Analyzing EGM signals to define clinically relevant features associated with the hypotheses for identifying AF sources is often ambiguous. Besides pulmonary vein isolation [31, 32], a widely accepted precursor procedure, other substrate-based ablation strategies depend upon characterizing ectopic sources, re-entry, and rotational circuits. Fibrotic or scar tissues are supposedly responsible for re-entry and rotational circuits while obstructing common cardiac conduction pathways [3-6, 8]36]. Complex AF source identification in atrial anatomy is demanding, and uncertainties in EGM interpretation pose additional challenges. However, recent innovations in signal processing algorithms, including mutual information or artificial intelligence-based analysis of multi-electrode arrays, may offer complementary information to clinical decisionmaking [96, 97].

Voltage mapping enables defining low-voltage areas (peak-to-peak voltage < 0.5 mV) associated with the scar of fibrotic tissues [39–43]. Studies have implicated that bipolar vector orientation, inter-electrode spacing, and electrode-tissue contact directly impact the amplitude of EGM signals and thus voltage mapping [18, 80, 81, 85, 86]. Studies have demonstrated *in silico* that the diagnostic catheter shapes influence the EGM-derived markers for AF [98–101]. These variables also impact other EGM-derived features such as local activation time, conduction velocity, fractionated EGM, dominant frequency and Shannon entropy [49, 50, 54–56].

#### The State-of-The-Art Diagnostic Catheters

Multi-electrode array with innovative catheter design is at the forefront of cardiac mapping tool development, advancing personalized diagnostic and therapeutic interventions. Table 1 lists some state-of-the-art diagnostic catheters with their specifications and design strengths [18, 40, 75, 76, 79-81, 83-86, 102-109]. Recently introduced OctaRay<sup>TM</sup> mapping catheter attributes 48 electrodes, and their simultaneous recordings enable faster mapping of the whole atrium than its predecessor PentaRay<sup>TM</sup> mapping catheter [76, 103–105]. OctaRay multi-electrode catheter with CARTO<sup>TM</sup> signal processing unit renders the atrial anatomy based on locally collected EGM features and assists clinicians in detecting ablation targets more accurately. HD Grid<sup>TM</sup> catheter has been another sought-after mapping tool in the clinical community because of its orthogonally arranged electrodes [18, 40, 75, 79-81, 83-87, 106, 107, 110-119]. IntellaMap Orion<sup>TM</sup> and Constellation<sup>TM</sup> catheters are basket catheters having 64 electrodes and can cover a large area simultaneously [120-122]. Notably, the constellation catheter is not on the market anymore, but the design showcases innovation in the cardiac mapping industry. The multi-electrode catheter technology has evolved significantly from single spline Decapolar<sup>TM</sup> (flexible) or Lasso<sup>TM</sup> (circular) catheters to multi-spline HD Grid<sup>TM</sup>, OctaRay<sup>TM</sup> or Optrell<sup>TM</sup>. Unlike grid-type catheters, Octaray<sup>TM</sup> and Pentaray<sup>TM</sup> are multispline catheters featuring flower shape open branch design. Simultaneous EGM from the electrode array can integrate advanced signal processing and artificial intelligence-based algorithms for more accurate ablation target selection and, thus, superior intervention outcome [73, 97, 98].

#### The Principle of Wavefront Direction-Aware EGM

Innovation in multi-electrode mapping catheters, especially grid-type HD Grid<sup>TM</sup> and Optrell<sup>TM</sup> catheters, enable integrating multiple bipolar electrode orientations into a wavefront direction-aware omnipolar technology [85, 87, 110–119]. Deno et al. proposed the construction of omnipolar EGM from multiple bipolar EGM considering specific

Table 1 A list of some state-of-the-art diagnostic catheters featuring multi-electrode

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Diagnostic Catheter	Manufacturer	No. of splines	No. of electrodes	Electrode size (mm)	Inter-electrode distance (Centre-to- Centre, <i>mm</i> )	Design strength
Optrell <sup>TM</sup>	Biosense Webster	6	48	~ 0.9	2.4	Orthogonal electrode orientations
OctaRay <sup>TM</sup>	Biosense Webster	8	48	$\sim 0.5$	2	Electrodes in circular formation
HD Grid <sup>TM</sup>	Abbott	4	16	1	4	Orthogonal electrode Orientations
PentaRay <sup>TM</sup>	Biosense Webster	5	20	1	1	Electrodes in circular formation
IntellaMap Orion <sup>TM</sup>	Boston Scientific	8	64	2.82	2.5	Flexible basket covering broad area
Constellation <sup>TM</sup> (60mm)	Boston Scientific	8	64	2.66	6.5	Flexible basket covering broad area
Decapolar <sup>TM</sup>	Biosense Webster	1	10	1	3	Electrodes on a flexible spline
Lasso <sup>TM</sup> (Circular)	Biosense Webster	1	20	1	3	Electrodes on a circular spline



Fig.7 A schematic illustration of wavefront direction-aware EGM approximation concepts. [Created with https://www.BioRender.com]

alignments of the electrodes, called clique [85, 110]. Assuming four unipolar electrodes arranged in a square area and  $\overline{W}$  is a propagating wavefront passing through locally (Fig. 7), omnipolar technology exploits the wavefront characteristics such as propagation direction. Then, bipolar EGMs from orthogonally placed bipolar electrode pairs can be calculated without maneuvering the catheter. If  $V_x$  and  $V_y$  are voltages captured by two mutually orthogonal bipolar orientations using a triangular clique, omnipolar technology features the maximum measurable voltages using a particular mapping catheter. Notably, the type of clique formation can vary using different sets of bipolar orientations [123]. For a more detailed calculation of the omnipolar voltage, please refer to [85, 110]. Omnipolar EGM explicitly reduces the impact of the directionality of bipolar orientations [85, 87, 110–119].

Saha et al. proposed a beamforming-inspired spatial filtering technique for minimizing the impact of directionality while utilizing the diversity gain from multiple bipolar electrode orientations [18]. Current grid-type mapping catheters, such as HD Grid<sup>TM</sup> and Optrell<sup>TM</sup>, offer special arrangements of the electrodes, allowing the simultaneous processing of various EGMs. Array signal processing is a popular topic in the wireless or cellular communication industry [124, 125], and the advancements may contribute to current cardiac mapping tools after adequate clinical validation. Figure 7 schematically compares the concepts of omnipolar and beamforming EGM constructions for reducing the effect of directionality.

#### **Future Perspectives and Conclusion**

There are still scopes for improvement while considering the uncertainties of bipolar EGM-based cardiac mapping tools, as discussed in the review. Three factors could be vital for the next frontier of AF mapping technologies, i.e., the user-centric design of catheter electrodes, the precision of electrode localization, and the integration of artificial intelligence (AI) [13, 14, 18, 19, 23, 40, 75, 76, 79–81, 83–86, 88, 102–107, 126–128]. The intrinsic nonlinearity in the AI-based algorithm may capture the time-variant and nonstationary EGM dynamics for AF source mapping utilizing multi-electrode catheters. The *in silico* simulation is a precursor for validating novel algorithms while quantifying their differences in AF source selection [98–101].

Cardiologists' feedback on the existing state-of-the-art cardiac mapping tools concerning maneuverability, easeof-use and accuracy in ablation target identification can revise the problem statement for engineers, prompting them to develop catheter electrodes fulfilling user needs. Then, increasing the accuracy of electrode localization (registering electrodes in the atrial anatomy) tools could play an essential role in AF target selection. Finally, how effectively we could integrate artificial intelligence in the mapping system, from surface reconstruction to AF-related source localization, is crucial.

Comprehensive studies from engineering perspectives are critical for demonstrating the effects of the variables reviewed in this paper and the clinical implications of detecting unsuitable ablation targets (AF-related sources). Recent advances in multielectrode catheter design provide high-density acquisition of spatially distributed atrial electrical activities. Retrospective investigation of the collected data and clinically annotated AF-related targets could be a precursor to exploiting the power of advanced signal processing and artificial intelligence to identify the AF sources accurately.

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