

Effect of starch-beeswax coatings on quality parameters of blackberries (*Rubus* spp.)

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Abstract There is increased interest in berry fruits due to health benefits, and maintenance of fruit quality for longer periods of time has been a priority. We previously found that starch based coatings applied on raspberries was associated to volatile compounds production due to anoxic conditions. The objective of this work was to design more hydrophobic coatings with reduced thickness. A starch-beeswax dispersion containing 2 % (w/v) modified tapioca starch added with either 0.5 or 1.0 % (w/v) beeswax microparticles was produced, and used for spray coating freshly harvested blackberries (*Rubus* spp.). Coatings were air dried, packed in plastic trays and stored up to 16 days at 4 °C and 88 % relative humidity. Storage quality parameters such as hardness, respiration rate, anthocyanins content, total phenols, color changes and weight loss were evaluated. We did not find Interactions among coating ingredients, and incorporation of beeswax reduced moisture transfer rate. Coatings did not occlude the stomata and apparently did not over-hydrate the cuticle. This characteristic allowed appropriate gas exchange (O₂ and CO₂), and reduced accumulation of volatile compounds associated to fermentative metabolism. Respiration rates were 4.207±0.157, 4.557±0.220 and 4.780±0.050 mmol CO₂ kg⁻¹ h⁻¹ for control, 0.5 and 1 % of wax content in coatings,

respectively. However, ethylene production increased throughout storage time along with beeswax concentration, indicating stressful conditions for the fruit. This trend appears to be related with changes in total phenols and anthocyanins during storage. Edible coatings based on starch and hydrophobic particles should be reformulated to maintain quality of stored berry fruits.

Keywords Coatings · Blackberries · Starch · Respiration rate · Shelf-life

Introduction

Worldwide blackberries market grew 44 % from 1995 to 2005, and this trend is expected to continue until 2015 in countries such as United States, Mexico, Chile, China, Romania and Poland (Strik et al. 2007). Besides economic aspects, there is an increased interest in berry fruits due to their high content of antioxidant compounds (Krüger et al. 2011). Thus, any attempt to maintain the quality of fresh fruits for longer periods of time is a priority for both, producers and consumers (Ribeiro et al. 2007).

One alternative to preserve berries quality is the application of starch based edible coatings. However, a drawback of this approach is that starch coatings may trigger the decay of berry like fruits due to excessive hydration of the cuticles and occlusion of stomata (Han et al. 2004; Pérez-Gallardo et al. 2012b). Coating efficiency depends on the tolerance of the vegetable tissue to internal atmosphere modification and induced metabolic changes (Vargas et al. 2006; Pérez-Gallardo et al. 2012b). Thus, we tested the hypothesis that using reduced coatings thickness and increased hydrophobicity, berry fruits freshness may be preserved for longer time.

Gelatinized starch film-forming dispersions may produce a continuous matrix able to support beeswax micro-particles

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useful for coating fruit surfaces (Phan The et al. 2005; Pérez-Gallardo et al. 2012a). Reduced thickness coatings are produced using dispersions at low starch concentration that may help viscosity control and structural recovery of the starch dispersion. This is necessary to optimize coating application and dry coating thickness (Peressini et al. 2003).

Thin coatings may also decrease surface hydration by decreasing resistance to water vapor diffusion (Cisneros-Zevallos and Krochta 2003). Additionally, an increase in beeswax micro-particles may produce higher hydrophobicity of coating dispersion (Paunov et al. 2007; Dickinson 2010), leading to lower water vapor permeability of coatings (Peressini et al. 2003; Pérez-Gago and Krochta 2001).

The aim of this work was to study the effect of thin coatings made of oxidized tapioca starch added with different concentrations of beeswax micro-particles on the quality parameters of coated fresh blackberries during cold storage.

Materials and methods

Tapioca modified starch (Textra starch, National starch, Bridgewater, NJ, USA) was used as carrier material for beeswax microparticles. Sorbitol, beeswax, stearic acid, morpholine and Tween 20 were purchased from Sigma (Sigma, St. Louis, MO, USA).

Preparation of coatings

A gelatinized dispersion of starch was prepared by heating 2 % (*w/v*) starch slurry at 90 °C for 15 min, followed by rapid cooling to room temperature on ice bath. Coatings were prepared by mixing a beeswax suspension of known solids content with the starch dispersion added with 1.2 % (*w/v*) sorbitol. Final beeswax concentrations of 0.5 and 1 % (*w/v*) were assayed and formulations were designated as WS0.5 and WS1, respectively. From WS1 suspension films were obtained by the casting method using 8 mL of WS1 into leveled square glass plates (10×10 cm) and allowed to dry for 48 h at 50 % RH and 25 °C. The characteristic infrared spectra of starch, lipids and other film components were used to evaluate structural interactions among ingredients by means of Fourier transform infrared spectroscopy (FTIR) using the attenuated total reflectance (ATR) technique. This information helps to gain fundamental understanding of how chemical functional components (for example that of beeswax) are distributed and interact at the micro scale in the films produced through the emulsification method (Muscat et al. 2014). A Vector 33 (Bruker Corporation, Massachusetts, EUA) equipment was used to scan the samples from 4000 to 650 cm^{-1} .

Preparation of beeswax microparticles suspension

Beeswax suspension was prepared by emulsifying a mixture of stearic acid-beeswax-morpholine (Hagenmaier and Baker 1994) at 21,500 rpm (Ultraturrax, Staufen, Germany) in hot water for 5 min. The emulsion was then rapidly cooled at room temperature using an ice bath and filtered through cheese cloth. Tween 20 was slowly added to a final concentration of 0.05 % (*w/v*) for better emulsification and to increase the coating wettability. Particle size diameter was determined using a Zetasizer ZSP (Malvern Instruments, Malvern, U.K.) using dual angle measurement and a refractive index of 1.450 ($n=30$).

Rheological characterization of coatings

Recovery tests were performed at 25 ± 0.1 °C using a Physica-MCR302 rheometer (Anton Paar, Germany) in rotational mode using CC27 concentric cylinders geometry. Three-step measurements of low-high-low shear conditions at 5, 1000 and 5 s^{-1} were conducted. Viscosity curves were performed using a shear range of 0.1–1000 s^{-1} , and before each measurement samples were rested for 10 min. Results are reported as the average of three independent preparations. Data analysis was conducted using the rheometer software (Rheoplus, Anton Paar, Germany).

Fruit treatments and storage

Blackberries at commercial ripening stage of uniform size, visually free of physical damage and fungal infection were purchased from a local producer. Fruits were placed over a Teflon coated grid, sprayed with coating solution (0.1 L/kg of fruit) and dried at 20 °C using air flowing at 2 m/s, for 2 h. Uncoated blackberries were used as control. After coating the fruits were packaged in ventilated clamshell containers of 170 g in capacity and stored in a refrigerated chamber at 4 °C and 88 % relative humidity. All surfaces in contact with blackberries were previously sanitized (200 ppm NaOCl) to avoid possible contamination.

Physicochemical analysis of blackberries

Respiration rate

About 200 g of fruit were placed into closed chambers and the carbon dioxide (CO_2) and ethylene (C_2H_4) concentrations from each chamber were automatically measured every 8 h, using a HP 5890A gas chromatograph (GC, Agilent, Avondale, PA, USA). The sampling system was previously described by Patterson and Apel (1984). The GC was equipped with a thermal conductivity detector, a 0.53 mm×30 m GS-Q-PLOT column (Agilent Technologies) for

measuring CO₂, and a FID connected to a 0.53 mm×15 m GS-Q-PLOT column (Agilent Tech.) for measuring ethylene. The system uses two electronic switching valves to read from one flow path. The oven, injector, and TCD were held at 30, 200, and 90 °C, respectively, while the FID was held at 200 °C. The CO₂ and ethylene columns had flow rates of 8 and 10 mL/min, respectively. The fruits were kept in a chamber at 15 °C, and measurements were done in triplicate.

Analysis of volatiles

Samples of blackberries were prepared by blending 50 g of fruit with 100 mL distilled water and filtered. Twenty mL of filtrate was poured into a plastic vial and stored at –20 °C until analysis. Aroma related compounds were quantified using the solid phase micro extraction (SPME) technique described by Yang and Peppard (1994), followed by GC coupled to mass spectrometry (GC/MS) as described by Birla *et al.* (2005).

Total phenols

The total phenolic content of the extracts were determined according to the Folin-Ciocalteu colorimetric method (Singleton and Rossi 1965). Briefly, 100 µL of the extracts were oxidized with 250 µL of 1 N Folin-Ciocalteu reagent. After 5 min, 1250 µL of a 20 % Na₂CO₃ solution was added to stop the reaction and the sample was stored for 2 h. The absorbance was measured against a prepared blank at 760 nm. Results are expressed as mg of gallic acid equivalents (GAE) per g of fresh fruit.

Total anthocyanins

The total anthocyanin content was determined using the pH differential method (Giusti and Wrolstad 2001). Samples were diluted using pH 1.0 and pH 4.5 buffers, and absorbance measurements were made at 510 and 700 nm on a Shimadzu UV-2550 UV/Vis spectrophotometer. Total anthocyanin content was calculated and expressed as cyanidin-3-glucoside (Cyd-3-glu)/100 g of fresh weight (FW), using an extinction coefficient (ε) of 26,900 L/(cm mol) and a molecular weight of 449 g/mol.

Weight loss

Approximately 200 g of fruit was weighed at days 0, 3, 6, 9 and 16. Weight loss was expressed as percentage loss of the initial weight, in triplicate.

Surface color development

Blackberry color was evaluated using a Minolta spectrophotometer CM2002 (Minolta, Japan), calibrated and attached to

an appropriated device to reduce sampling area. L* (lightness), a*(redness) and b* (yellowness) values were registered after 0, 3, 6, 9 and 16 days. For each fruit three different sites were measured. Chroma and hue angle were used to indicate changes in color according to McGuire (McGuire 1992).

Hardness

Hardness was measured by nondestructive compression of the blackberries and the force per unit deformation was taken as a measure of hardness (Tetteh *et al.* 2004). Measurements were performed using a TA-TX Texture analyzer (Stable Micro Systems, Surrey, England) equipped with a compression cell of 5 kg and a cylindrical probe of 5 mm in diameter moving at 1 mm/s, until 3 % sample compression since at that deformation no bruising or leaking were observed. A total of 15 blackberries of each lot were used for each storage time of 0, 3, 6, 9 and 16 days. Tests were conducted in triplicate.

Visualization of fruit coating by scanning electron microscopy (SEM)

Blackberry surface was observed using a Quanta 200F environmental electron microscope (FEI, Hillsboro, Oregon, USA), using low vacuum mode with the sample in its native state.

Statistical analysis

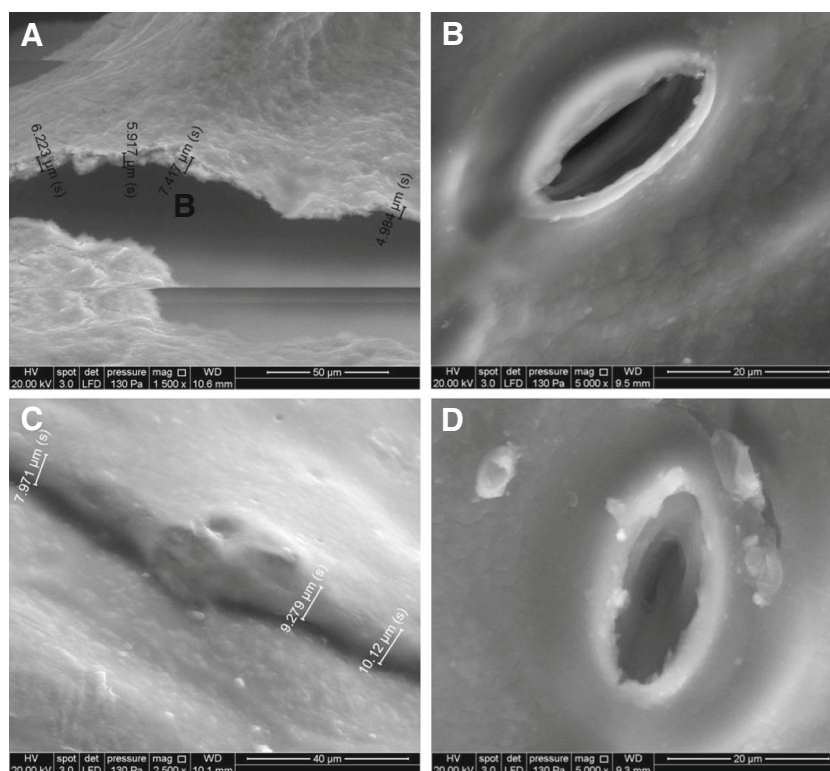
All tests were conducted in triplicate and means±standard deviation are reported. The means were analyzed for statistical significance ($p<0.05$) using Tukey's test from JMP statistical software, version 5.0.1.

Results

Microstructure and rheological properties of coatings

Both coating suspensions formed a continuous matrix of tapioca starch embedded with beeswax micro particles (Fig. 1). The average size of the particles within the beeswax suspension was 260.1±2.5 nm, and the broadness of the size distribution as evaluated by the polydispersity index (PDI) was 0.292±0.005, indicating a mixture with uniform particle size. The coating thickness was ~5–7 µm and ~7–12 µm for the WS0.5 and WS1, respectively. The micrographs also showed a continuous and smooth surface without cracks or pores. The coating was distributed over the entire scanning area, and as the beeswax concentration increased more surface area was occupied by a thicker coating (Fig. 1a and c). The small gaps shown would probably be made up with more

Fig. 1 Micrographs of blackberries with starch based coatings containing beeswax particles. **a–b** fruits coated with WS0.5; **c–d** fruits coated with WS1



beeswax added to the coating suspension, leading to a more efficient water vapor barrier property. This effect was observed for a beeswax-chitosan emulsion coated paper (Zhang et al. 2014).

The flow curves showed a shear-thinning behavior, and data were fitted to the Carreau-Yasuda model, with a correlation coefficient (*R*) of 0.99, because of its continuity from low to high shear rates. According to Lawal et al. (2011) this model describes the fluid rheology better than the power law relationship. A Zero shear viscosity of 97.11 ± 2.84 and 89.38 ± 0.11 mPa·s as well as an infinite viscosity of 14.54 ± 0.46 and 13.36 ± 0.18 mPa·s were obtained for WS1 and WS0.5, respectively. A recovery test indicated an instantaneous viscosity recovery (Fig. 2a–b). Infinite shear viscosity and recovery tests are a good indication of the behavior of film forming suspensions (FFS) during application of spray coating and draining. Proper draining, sagging, leveling and finally coating appearance are parameters significantly affected by the flow properties (Peressini et al. 2003).

Analysis of molecular interactions of coating ingredients

The FTIR/ATR spectra of each ingredient of WS1 suspension and its resulting film were compared, and the significant peaks assigned to any one of the ingredients corresponded to those observed in the films (Table 1). This table indicates no apparent interactions of the ingredients in the cast film, as evaluated

by this technique. However, Bourbon et al. (2011) analyzed by FTIR chitosan films added with different materials and reported peaks displacements higher than 20 cm^{-1} , indicating ingredients interactions. Coating surface morphology and beeswax distribution were quite uniform (Fig. 1) indicating increased surface hydrophobicity. Muscat et al. (2014) utilized chemical maps and CH_2 absorption values from synchrotron-based FTIR, contact angles values and SEM images to establish a reasonable link among the distribution of wax, the surface hydrophobicity and surface morphology (topography) of high amylose starch-glycerol-beeswax-Tween 80 films.

Effect of blackberry coatings on respiration rate and ethylene production

After initial equilibration, coated blackberries showed an increased respiration rate and ethylene production when compared with the uncoated counterparts (Fig. 3a–b). Average values of blackberries respiration rate were 4.207 ± 0.157 , 4.557 ± 0.220 and 4.780 ± 0.050 [mmol CO_2 /(kg h)] for uncoated, WS0.5 and WS1, respectively. On the other hand, ethylene fluxes were 0.012 ± 0.004 , 0.041 ± 0.007 and 0.058 ± 0.011 [$\mu\text{mol C}_2\text{H}_4$ /(kg h)] for uncoated, WS1 and WS0.5 coatings. The increased respiration rate indicates that fruits were stressed by the applied coating. Ethylene production probably indicates that accelerated ripening was also

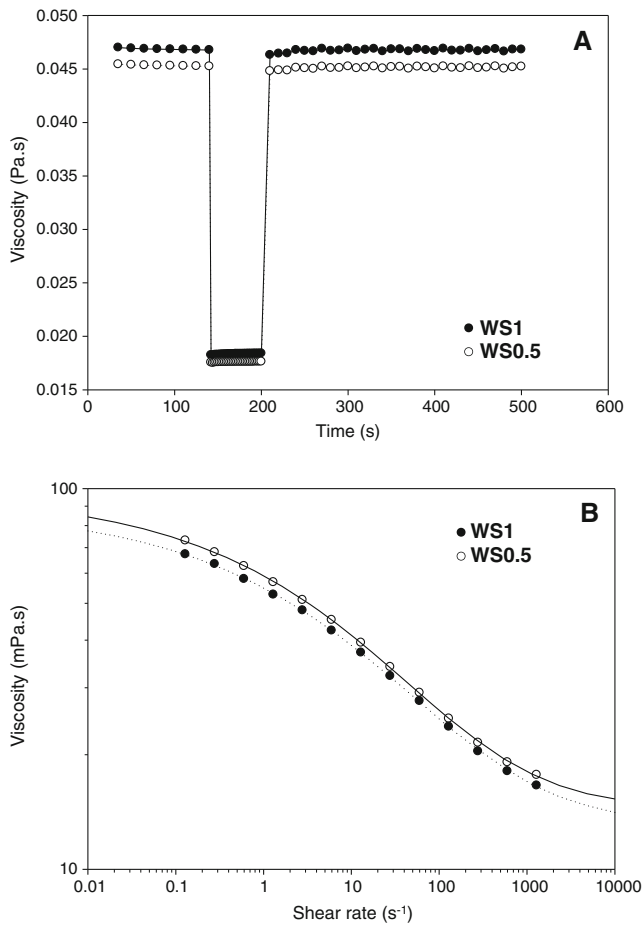


Fig. 2 Flow curves (a) and viscosity recovery evaluation (b) of WS0.5 and WS1

triggered. This behavior has been associated with stress factors (Aguayo et al. 2006) and related to a decrease of blackberries shelf life (Perkins-Veazie et al. 2000).

Effect of coatings on volatile compounds

Tapioca starch based coatings added with beeswax microparticles apparently did not affect terpenes synthesis in blackberries which reflects the benefit of avoiding stomata occlusion (Figs. 1 and 4). Even so, both coatings showed a significant increase in volatiles such as 1-octanol, and ethanol and aldehydes for WS0.5 after 9 days (Table 2, Fig. 4), which have been related to fermentative metabolism. This behavior may be due to an accelerated ripening process triggered by coatings, leading to higher ethylene and CO₂ production and some volatiles accumulation in the intracellular tissue (Amarante and Banks 2010). Berry like fruits stored under controlled atmosphere at high CO₂ content are affected on their usual volatile compounds production suggesting an enhanced fermentation process (Almenar et al. 2005; Pérez-Gallardo et al. 2012b). Besides, terpenes production may continue in fruits stored at high CO₂ levels, until precursors are depleted (Harb et al. 2008); however, no significant changes were found in this work (Table 2, Fig. 4). Fermentative metabolism found in coated blackberries suggests a possible negative effect on flavor.

Changes in weight and hardness of cold stored blackberries

Hardness of fruits tended to decrease with storage time but it was not significant between treatments. However, coated fruits lost more weight than their uncoated counterparts (Fig. 3d), despite the cuticle of coated blackberries was not affected by hydration as shown by SEM micrographs (Fig. 1). Weight loss of coated fruits decreased when beeswax particles

Table 1 Assignment of peaks from FTIR/ATR spectral data (wavenumber, cm⁻¹) for WS1 film and its ingredients

WS1	Additives		Peak signal	Reference	
Film	Starch	Microemulsi fied beeswax	Sorbitol		
3320	3322	3347	3292	O-H from water and carbohydrates (stretching)	Chen et al. (2008)
2924	2930	2931	2935	Asymmetric C-H	Piermaria et al. (2011)
1734	1736	1738		C=O Stretching	Kizil et al. (2002)
1649	1638	1636	1644	-OH bending	Bourbon et al. (2011)
1410	1414		1414	CH ₂ stretching	Kizil et al. (2002)
1373	1366	1368		C-OH bending	Galat (1980)
1146	1150			C-O, C-C stretching	Kizil et al. (2002)
1078	1078	1082	1078	C-O	Kizil et al. (2002)
1015			1028	C-OH	Galat (1980)
934	930			C-O-C (1–4) link	
864	856			C-H, CH ₂	
760	764	749	749	C-C-O bending	Almeida et al. (2010)
710	710	708		C-H rocking	Yang et al. (2005)

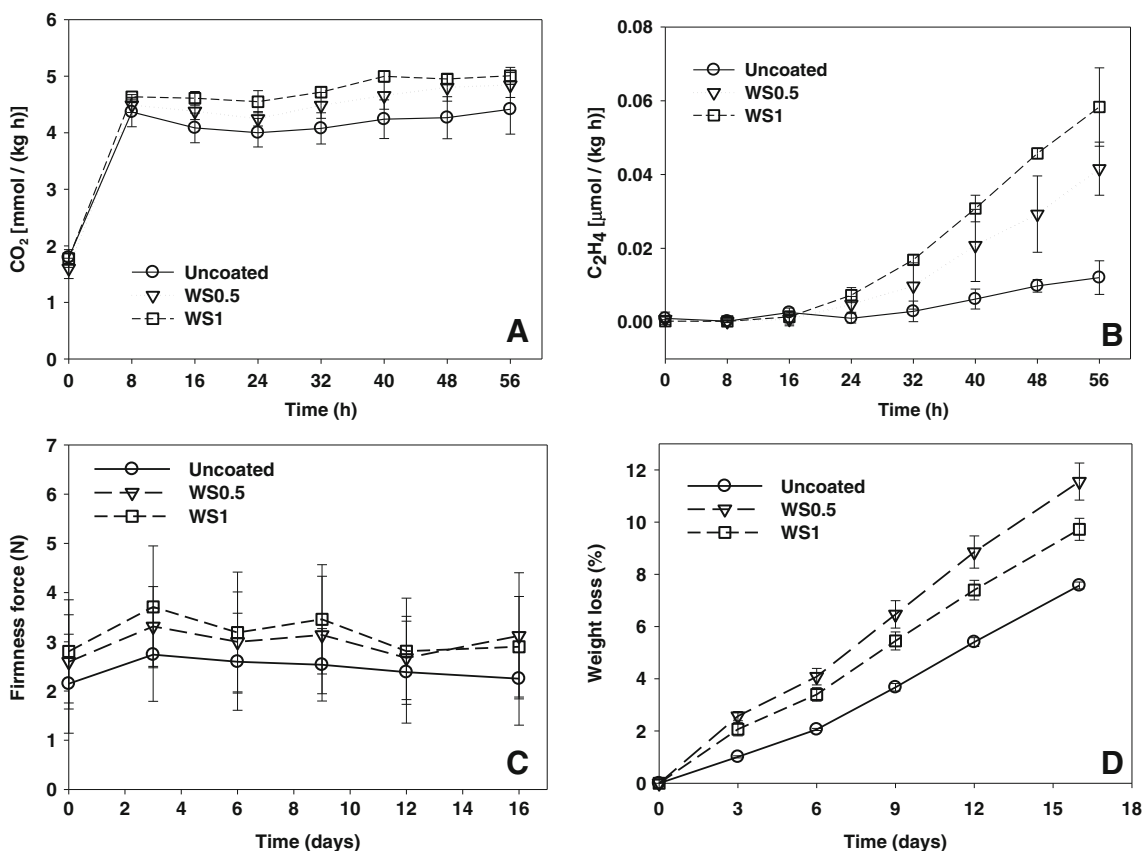


Fig. 3 Physicochemical analyses and respiration rate of ripe coated blackberries during cold storage at 4 °C and 88 % RH. **a** Respiration rate; **b** Ethylene production; **c** Weight loss; **d** Hardness

content increased from 0.5 to 1 %. Lipid particles prolong the transfer distance of water molecules, because moisture migrates much faster in hydrophilic matrix than in lipid phase, and the increase in beeswax enhances the “apparent tortuosity” of the formulated coating leading to its increased water vapor barrier property (Navarro-Tarazaga et al. 2011). The process of water vapor transfer takes place initially from the

fruit cuticle and then through the coating structure (Fisk et al. 2008). Here this process was facilitated by the thin starch based coating, which resulted in a decreased moisture accumulation on the fruit surface and therefore lower water vapor transfer resistance (McHugh et al. 1993), that helped to avoid cuticle hydration. The lack of interactions among ingredients of the coating material (*Analysis of molecular interactions of coating ingredients*) may have resulted in a little water transfer barrier, besides a probable shortage of hydrophobic material within the coating structure, allowing a reduced water transfer resistance.

The total weight loss represented 7.6±0.13 % for uncoated blackberries while for coatings using WS0.5 and WS1 showed 11.55±0.71 and 9.72±0.42 % respectively, at the end of the experiment. This indicates that despite the lack of structural interactions of beeswax with the film matrix, an increased concentration reduces water vapor transfer, but this effect was overcome by coating induced stress. The incorporation of 5 % beeswax in starch-glycerol films led to increased hydrophobicity and randomly distributed wax within these films, and would probably decrease moisture migration when applied to fresh foods (Muscat et al. 2014). Therefore, higher proportion of beeswax in the coating formulation may improve the water barrier properties of the coating used in this

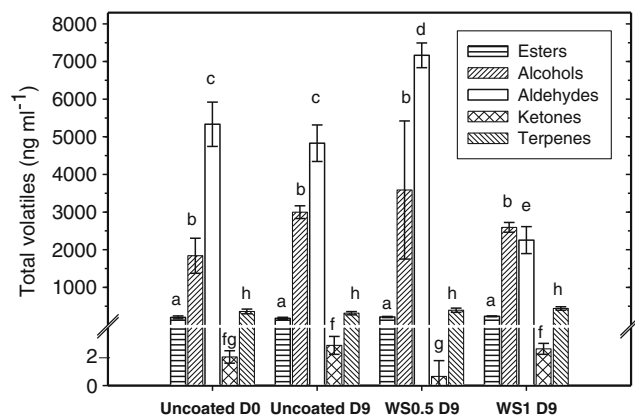


Fig. 4 Volatile content of uncoated and coated blackberries throughout cold storage at 4 °C and 88 % RH. Levels not connected by same letter are significantly different ($p < 0.05$)

Table 2 Volatiles identified (ng ml⁻¹) in blackberries throughout cold storage at 4 °C and 88 % RH

		Treatment			
		Uncoated day 0	Uncoated day 9	WS0.5 day 9	WS1 day 9
Esters	Ethyl acetate	203.0±38.9 a	178.0±27.7 a	212.4±15.9 a	229.5±11.1 a
Alcohols	Ethanol	460.9±234.6 b	165.9±19.3 b	1109.2±134.0 a	206.9±43.8 b
	z-3-hexen-1-ol	335.9±26.1 b	1200.4±83.6 a	1201.7±420.6 a	688.4±38.2 ab
	1-Hexanol	34.0±2.5 b	112.1±9.2 a	54.4±20.5 b	42.2±2.6 b
	Heptanol	964.0±195.6 b	1477.1±48.8 a	1164.9±40.4 b	1595.5±40.0 a
	1-Octanol	6.7±1.0 ab	3.2±0.0 b	7.6±2.5 a	10.1±1.0 a
	Camphor	8.7±0.8 a	5.6±0.9 a	3.9±3.4 a	7.6±1.1 a
	NI	29.6±4.7 a	32.6±6.6 a	44.3±8.3 a	43.8±3.7 a
Aldehydes	cis-3-Hexanal	10.1±0.0 a	ND b	ND b	ND b
	Hexanal	4530.3±508.2 b	4092.4±365.2 b	5961.2±263.3 a	1924.8±309.3 c
	E-2-hexenal	778.0±73.8 b	726.5±115.7 b	1197.0±58.1 a	314.7±44.6 c
	Benzaldehyde	439.0±1.8 a	3.1±0.4 b	ND c	5.7±1.0 b
	z-2-heptenal	1.4±0.5 a	1.3±0.1 a	0.5±0.8 a	1.2±1.1 a
	Nonanal	6.5±2.8 a	4.6±3.1 a	4.9±5.2 a	7.0±0.9 a
	Decanal	2.3±1.1 a	1.6±0.2 a	1.0±1.0 a	0.5±0.9 a
Ketones	2-heptanone	2.0±0.4 ab	2.8±0.6 a	0.6±1.1 b	2.5±0.4 a
Terpenes	<i>trans</i> -carveol	360.1±61.9 a	360.1±61.9 a	393.3±56.3 a	438.6±46.1 a

Values reported as the mean±standard deviation

Levels not connected by same letter are significantly different ($p<0.05$)

NI not identified, ND not detected, WS0.5 starch based coating with wax micro-particles content of 0.5 %, WS1 starch based coating with wax micro-particles content of 1 %

study. A report on coated cherry tomatoes using hydroxypropyl methylcellulose (HPMC) containing 40 % beeswax (dry basis) resulted in either 30 % weight loss or gain, depending on the type of food preservatives added to the formulation (Fagundes et al. 2014). In another report, it is concluded that HPMC-beeswax (20 % w/w) coatings have the potential to extend the shelf life of plums, depending on coating composition (Navarro-Tarazaga et al. 2008).

Anthocyanins and total phenol changes throughout storage

Uncoated blackberries showed significantly higher anthocyanins content ($p>0.05$) than coated counterparts, at any storage time, except for coated WS1 at days 6 and 9 (Fig. 5). Later, WS0.5 coated blackberries showed low but similar anthocyanins content, while those coated with WS1 showed higher values and a slight but significant decrease at the end of the storage conditions. At the end of storage time total phenols content was significantly higher in uncoated blackberries than in coated counterparts (Fig. 5).

Coatings may cause decreased oxygen levels which negatively affected anthocyanins synthesis, similarly to high CO₂ fruit treatments (Romero et al. 2008). A decrease in available oxygen may also restrict phenolic compounds accumulation

(Bodelón et al. 2010). Moreover, CO₂ accumulation may damage internal tissues promoting oxidation of phenolic compounds by enzymatic reactions involving polyphenoloxidase and peroxidase (Duan et al. 2011). On the other hand, modification of the fruit internal atmosphere may slow down the biochemical reactions leading to anthocyanins synthesis (Tzoumaki et al. 2009).

Reduction in the anthocyanins and total phenols of coated blackberries may be attributed to the stress induced by coatings rather than hypoxia conditions due to stomata occlusion (Imahori et al. 2008). Reduction of phenolic compounds content has been found in chitosan coated strawberries (Vargas et al. 2006) and cassava starch coated blackberries (Oliveira et al. 2012) but the mechanism proposed is the modification of the internal atmosphere of the fruit.

Color changes during storage

Hue angle of uncoated blackberries increased at 3 days of storage and then it was fairly constant while in the uncoated blackberries changes in Hue° slightly decreased for all treatments (Fig. 5 a–c). These changes indicate the appearance of a reddish color. On the other hand, chroma values were constant for the storage period. Color is genetically determined and

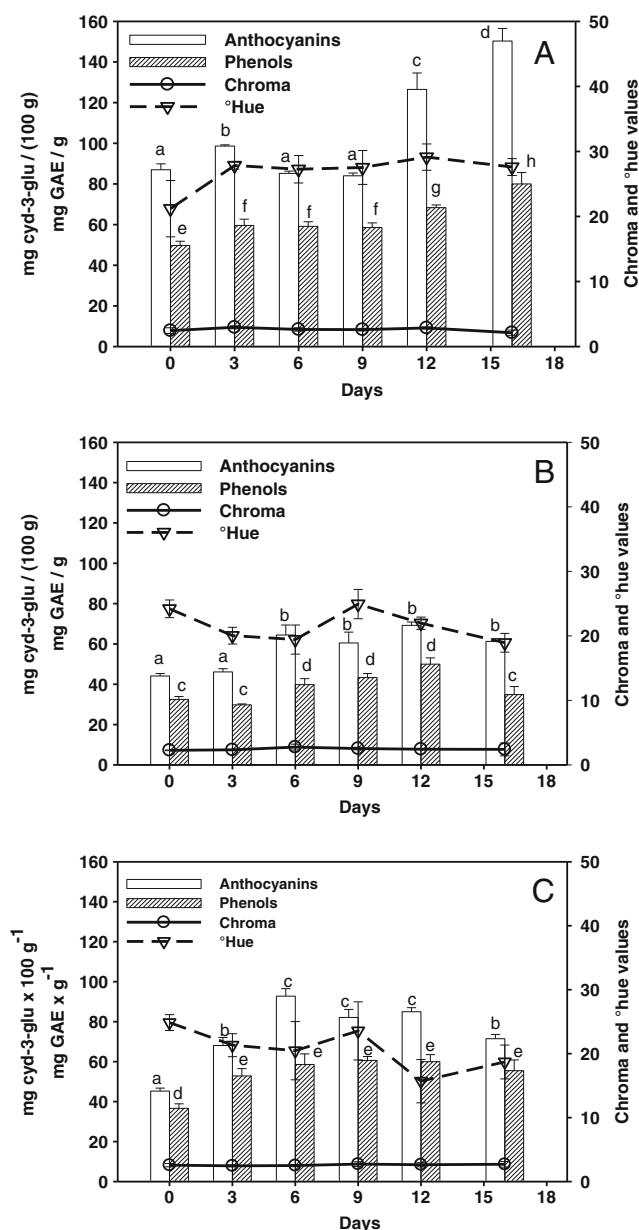


Fig. 5 Color changes during storage of blackberries. **a** Uncoated, **b** Coated with WS0.5, **c** Coated blackberries WS1. Levels of anthocyanins and phenols not connected by same letter are significantly different ($p < 0.05$)

subject to changes throughout fruit ripening like variation in anthocyanins content (Han et al. 2004; Krüger et al. 2011). Hue angle reduction combined with increased anthocyanins content suggests a reduction in fruit acidity (Oliveira et al. 2012; Perkins-Veazie and Collins 2002). Acidity reduction appears in tissues where the available oxygen has decreased, which leads to consumption of the more accessible organic acids (Marsh et al. 2000). Color quantification is important because acceptance of blackberries relies on their black color which may be affected if an increase in redness appears (Gonçalves et al. 2007; Krüger et al. 2011).

Conclusions

The low percentage of starch and the increase of beeswax particles content which despite the lack of structural interactions within the coating matrix, allowed the production of thin starch based coatings exhibiting different barrier properties which did not occlude the stomata of blackberries. Besides, coatings tested preserved the integrity of the fruit cuticle and maintained their hardness.

However, coating application appears to stress the blackberry fruits evidenced by an increase in respiration rate and ethylene production. This helped to avoid significant accumulation of volatile compounds related to anaerobic metabolism but triggered the ripening processes which, in turn, increased water loss, reduced anthocyanins and phenol synthesis and caused a significant decrease of hue value.

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Conflict of interest The authors have no conflict of interest to declare.

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