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# Managing Wetland Habitats for Waterbirds: An International Perspective

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Abstract The loss and degradation of wetlands worldwide has adversely affected waterbirds, which depend on wetland habitats. Many studies have indicated that effectively managed wetlands can provide alternative or complementary habitats for waterbirds and mitigate the adverse effects of wetland loss and degradation. We review the studies on the habitat variables affecting use of wetlands by waterbirds, and we suggest how wetlands can be managed to provide waterbird habitat. These habitat variables include water depth, water level fluctuation, vegetation, salinity, topography, food type, food accessibility, wetland size, and wetland connectivity. Overall, the practice of wetland management requires integrated knowledge related to the entire wetland ecosystem, and ecosystem-based approach is needed to improve the habitat quality of managed wetlands with considering multiple spatial scales, temporal variability, and trade-off among diverse habitat requirements of different waterbirds. Several priorities for future research and management are also suggested in this paper.

Keywords Artificial wetlands · Management · Restored wetlands

# Introduction

Over 50% of wetlands in the world have been lost in the past century, and the remaining wetlands have been

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degraded to different degrees because of the adverse influences of human activities (Fraser and Keddy [2005\)](#page-10-0). The loss and degradation of wetlands has negatively affected waterbirds, which depend on wetland habitats. How to provide high quality habitats for waterbirds through effective management is a critical issue in waterbird conservation (Weber and Haig [1996;](#page-12-0) Erwin [2002;](#page-10-0) Taft et al. [2002\)](#page-12-0).

Currently, the management of wetlands focuses on artificial and restored wetlands, which by definition are greatly affected by human activities. Artificial wetlands are those that are created or extensively modified by humans, including paddy fields, salt ponds, aquacultural ponds, impoundments, and reservoirs. Although artificial wetlands cannot completely replace the functions of natural ones as waterbird habitats (e.g., Ma et al. [2004;](#page-11-0) Desrochers et al. [2008](#page-10-0)), researchers and managers widely recognize that artificial wetlands can provide alternative or complementary habitats for waterbirds in all life stages (e.g., Weber and Haig [1996;](#page-12-0) Elphick and Oring [1998;](#page-10-0) Connor and Gabor [2006](#page-9-0)) and consequently, can partially mitigate the adverse influences of loss and degradation of natural wetlands. For example, paddy fields are among the most important artificial habitats for waterbirds worldwide (Czech and Parsons [2002\)](#page-9-0). Rice prairie in Texas provides wintering habitat for over two million waterfowl (Hobaugh et al. [1989](#page-10-0)), and herons and egrets largely depend on paddy fields as their major foraging habitats in Europe and Asia, especially where the natural wetlands have been lost or degraded (Kushlan and Hafner [2000\)](#page-11-0). With the continuous loss of natural wetlands globally, we can expect artificial wetlands to become increasingly important as habitats for waterbirds (Czech and Parsons [2002\)](#page-9-0).

In contrast to artificial wetlands, restored wetlands are areas that historically supported a natural wetland ecosys-

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tem but were modified and used for other purposes before being altered so as to regain the characteristics of natural wetlands (Hammer [1997](#page-10-0)). Because wetlands represent important natural capital and provide essential ecological services, restoration of wetlands is a worldwide activity, especially in America (e.g., Zedler [2001](#page-12-0); Erwin and Beck [2007\)](#page-10-0), Europe (e.g., Wolters et al. [2005](#page-12-0)), and Asia (e.g., Nakamura et al. [2006](#page-11-0)). Some countries and regions have developed policies or laws to ensure the implementation of wetland restoration (e.g., the 'no net loss' policy of USA enacted in 1988 and the Habitat Directive of European Union adopted in 1992). By providing resting, roosting, foraging, and nesting habitats, restored wetlands benefit diverse waterbird species (Erwin and Beck [2007;](#page-10-0) O'Neal et al. [2008\)](#page-11-0).

Although artificial and restored wetlands mitigate loss of wetlands in terms of area, maintenance of wetland area is completely different from maintenance of wetland function or quality. Many studies have indicated that effective management plays a critical role in enhancing habitat quality of wetlands for waterbirds (e.g., Erwin [2002](#page-10-0); Balcombe et al. [2005](#page-9-0)). Over the past half century, especially the past two decades, the variables affecting habitat use by waterbirds have been intensively studied in both artificial and natural wetlands. In this paper, we review recent studies on the habitat variables affecting habitat use by waterbirds, and we suggest how these variables could or should be managed to benefit waterbirds.

# Habitat Variables

# Water Depth

Many studies have indicated that water depth is an important variable affecting the use of wetland habitats by waterbirds (Velasquez [1992;](#page-12-0) Elphick and Oring [1998](#page-10-0); Colwell and Taft [2000](#page-9-0); Isola et al. [2002\)](#page-10-0), and this relationship has served as the basis for the guidelines of wetland management (Bolduc and Afton [2004\)](#page-9-0). Water depth directly determines the accessibility of foraging habitats for waterbirds because of the restrictions of bird morphology, such as the lengths of tarsometatarsi (for wading birds, Powell [1987](#page-11-0); Baker [1979](#page-9-0); Ntiamoa-Baidu et al. [1998](#page-11-0); Collazo et al. [2002](#page-9-0); Darnell and Smith [2004\)](#page-9-0) or necks (for dabbling ducks, Poysa [1983](#page-11-0)). Larger species with longer necks, bills, and legs can feed in deeper habitats than smaller taxa.

Non-diving waterbirds, such as wading and dabbling birds, generally require shallow water to forage, and their access to foraging habitat is limited by water depth. In contrast, diving waterbirds require deep water, and their access to foraging habitat is limited by the minimum water depth that allows them to dive (Fig. 1). Because the wading and dabbling birds are the dominant waterbird groups in most regions worldwide, the greatest waterbird diversity and density generally occur at a relatively shallow water depth, where the depth requirements of different waterbird groups overlap (e.g., 10–20 cm, Elphick and Oring [1998,](#page-10-0) [2003](#page-10-0); Colwell and Taft [2000;](#page-9-0) Isola et al. [2002](#page-10-0); Taft et al. [2002](#page-12-0)). Habitats with deeper water, however, support the greatest density of waterbirds in areas where diving birds are dominant (Stapanian [2003\)](#page-12-0), and where the wetlands provide roosting sites for waterfowl (Hattori and Mae [2001](#page-10-0)). From a management perspective, the overlapping of water depth requirements among waterbird groups suggests that wetlands can be managed to meet the water depth needs for different waterbird groups. At the same time, it may be necessary to manage wetlands exclusively for species associated with the extreme ends of the depth spectrum (e.g., diving waterbirds and small shorebirds), especially where such species constitute a large component of the waterbird community (Taft et al. [2002\)](#page-12-0).

In addition to limiting access to foraging habitats, water depth affects the net energy intake of waterbirds because foraging efficiency decreases with increasing water depth. Gawlik [\(2002](#page-10-0)) indicated that for wading birds that forage on prey in the water column, the locomotion of the birds might be slowed in deep water because of increased water resistance with depth. Moreover, deeper water can also reduce foraging efficiency because prey can escape not only horizontally, as is the case in shallow water, but also vertically. In addition, prey in deep water may be more difficult to detect, especially if the water is turbid.



Fig. 1 Variation of water depths at foraging sites among waterbird groups. Small shorebirds (such as sandpipers) forage in water less than 5 cm deep; large shorebirds (such as godwits) forage in water up to 15 cm deep; dabbling ducks (such as teals and mallards) and large waders (such as herons, egrets and ibis) forage in water up to 30 cm deep. Diving waterbirds (such as cormorants and grebes) require a minimum water depth of  $>25$  cm and can forage in water up to several meters deep (Refer to data in Pöysä [1983](#page-11-0); Baldassarre and Fischer 1984; Fredrickson and Reid [1986;](#page-10-0) Accurso 1992; Davis and Smith [1998](#page-9-0); Elphick and Oring [1998;](#page-10-0) Ntiamoa-Baidu et al. [1998](#page-11-0); Colwell and Taft [2000](#page-9-0); Isola et al. [2002;](#page-10-0) Bolduc and Afton [2004](#page-9-0))

Consequently, drawdown can increase the foraging efficiency of wading birds by concentrating fish and other prey in limited, low-lying areas (Kushlan [1978;](#page-11-0) Bancroft et al. [2002](#page-9-0); Sustainable Ecosystems Institute [2007\)](#page-12-0). Foraging efficiency for the non-diving herbivores may also be reduced in deeper water. When foraging in shallow water, these birds feed by dipping their heads and necks only (neck-dipping), but when feeding in deeper water, they must tilt their entire body forward (up-ending). The latter results in a lower food intake rate and higher energy expenditure (Guillemain and Fritz [2002;](#page-10-0) Nolet et al. [2002](#page-11-0)). This suggests that waterbirds obtain a higher net energy intake in shallow than deep water, even with the same food abundance. Holm and Clausen ([2006\)](#page-10-0) also indicated that non-diving herbivores prefer foraging submerged vegetation in shallow water until depletion, even when food is more abundant in deeper water.

Because larger species of waterbirds generally have longer necks, bills, and legs, they usually can access greater range of water depths than smaller species (Baker [1979](#page-9-0); Isola et al. [2002](#page-10-0)). The range of accessible water depths also depend on foraging behavior. Compared to shorebirds, waterfowl can use diverse foraging behaviors (such as surface dabbling, tipping-up, and head-submerging), each of which is suitable for foraging at a different water depth (Isola et al. [2002\)](#page-10-0). Therefore, waterfowl and large wading birds can use a wider range of water depths than small shorebirds.

# Water Level Fluctuation

Water level fluctuation in wetlands can be caused by seasonal flooding, tides, and agricultural irrigation or drawdown. The effect of water level fluctuation on waterbirds varies among groups and seasons. Generally, water level fluctuation creates habitats with diverse water depths changing in time and space. This provides more foraging opportunities and consequently supports a high species richness and abundance of waterbirds (Dimalexis and Pyrovetsi [1997;](#page-10-0) Ntiamoa-Baidu et al. [1998\)](#page-11-0). Water level fluctuation, however, may create "ecological traps" and be detrimental for the breeding, brood-rearing, and molting of waterbirds (Kaminski et al. [2006](#page-10-0)). For example, breeding attempts are abandoned when water rises submerge nests and water drops make birds more vulnerable to mammalian predators after nesting. Many studies have shown that the brood densities of waterbirds are greater on wetlands with stable water levels than on seasonally flooded wetlands because stable water level benefits the breeding of waterbirds by providing suitable nest sites (e.g., Ogden [1991](#page-11-0); Connor and Gabor [2006](#page-9-0)). Impoundments with stable water level also can attract more dabbling ducks than intertidal flats with periodic tidewater (Gordon et al. [1998\)](#page-10-0), although shorebirds may prefer the latter.

#### Vegetation

Beyond providing food such as seeds, leaves, tubers, and rhizomes for herbivorous waterbirds, vegetation is an important habitat element and greatly influences the habitat use of waterbirds. The effect and importance of vegetation depends on the season and on the waterbird group. In the breeding season, emergent and floating plants benefit the nest building of coots (Fulica atra), mallards (Anas platyrhynchos), and moorhens (Gallinula chloropus) and consequently enhance their breeding success (Froneman et al. [2001](#page-10-0); Sánchez-Zapata et al. [2005\)](#page-12-0). Emergent plants also provide shelter and decrease human disturbance, which often occurs in artificial wetlands, at both roosting and nesting sites (Hattori and Mae [2001\)](#page-10-0). In addition, tree islands benefit colonial waterbirds by providing colony sites in open wetlands (Hoffman et al. [1994](#page-10-0)). Dense vegetation also provides habitat and food requirements for invertebrates, and improves the viability of eggs or diapausing invertebrates, which increases invertebrate density, biomass, and diversity (Wiggins et al. [1980;](#page-12-0) Rehfisch [1994](#page-11-0)). This increases food for waterbirds (Anderson and Smith [2000](#page-9-0)). Many studies have indicated that species richness and abundance of waterbirds increase with increasing emergent vegetation cover in wetlands, especially during breeding periods when waterbirds are less mobile and more sensitive to disturbance (Owen and Black [1990;](#page-11-0) Losito and Baldassarre [1995](#page-11-0); VanRees-Siewert and Dinsmore [1996](#page-12-0); Post [1998;](#page-11-0) Froneman et al. [2001](#page-10-0)).

High, dense vegetation, however, can limit the accessibility of wetlands and adversely affect foraging (Fujioka et al. [2001;](#page-10-0) Bancroft et al. [2002\)](#page-9-0) and prey detection (White and Main [2004\)](#page-12-0) by waterbirds, thus too much emergent vegetation can lead to decreased numbers of nesting waterbirds. Most waterbird groups, except the rails and bitterns, prefer unvegetated or short and sparsely vegetated foraging habitats (e.g., VanRees-Siewert and Dinsmore [1996](#page-12-0); Maeda [2001](#page-11-0); Darnell and Smith [2004](#page-9-0); Sánchez-Zapata et al. [2005\)](#page-12-0). Open habitats have been considered an important variable influencing shorebird abundance (Colwell [1993;](#page-9-0) Warnock and Takekawa [1995](#page-12-0)). Dimalexis and Pyrovetsi ([1997\)](#page-10-0) also indicated that fish-eating waterbirds, such as herons and egrets, avoid foraging in water bodies with submerged vegetation because of the reduced efficiency in searching for prey.

## Salinity

Salinity is an important factor in the management of salt ponds for waterbird habitats. Generally, water of high salinity is harmful to waterbirds. Waterbirds that drink highly saline lose body weight by dehydration (e.g., Purdue and Haines [1977](#page-11-0); Hannam et al. [2003](#page-10-0)), and waterbirds avoid water of high salinity even for roosting because salts

reduce the waterproofing of feathers and thus increases the energy costs of thermoregulation (Rubega and Robinson [1997\)](#page-11-0). Euliss et al. ([1989\)](#page-10-0) reported that high salinity water may cause carbonate to precipitate on tail feathers of Ruddy Ducks (Oxyura jamaicensis), which erodes the feathers and interferes with diving and flying.

Water salinity also affects the species composition of aquatic plant communities and consequently, indirectly affects herbivorous waterbirds. In the two coastal lagoons of Denmark, Chara and Potamogeton plants, which are high quality foods for herbivorous waterbirds (e.g., mute swans Cygnus olor), are vulnerable to high salinity and were more likely to be found in the lagoon with fresh or slightly brackish water ( salinity 2–7 ppt, mean 5 ppt), while *Ruppia* plants, which are relatively low quality foods for herbivorous waterbirds, are tolerant of high salinity and were abundant in the lagoon with high salinity (salinity 7– 34 ppt, mean 17 ppt) (Holm [2002](#page-10-0); Holm and Clausen [2006\)](#page-10-0). The distribution of plants in areas with different salinities causes herbivorous waterbirds to aggregate at lower salinity ponds with higher quality food. However, the opposite condition was reported in Lake Wyara (salt water) and Lake Numalla (freshwater) in southwest Queensland, Australia, where there was more macrophyte vegetation providing food for herbivorous waterbirds in the saline lake than in the freshwater lake. This caused much more herbivorous waterbirds were recorded in the saline lake (Kingsford and Porter [1994\)](#page-11-0).

Water salinity also determines the distribution of zoobenthos and aquatic animals and thus influences the use of foraging sites by waterbirds. The effects of water salinity on zoobenthos and aquatic animals are taxa dependent. For example, Velasquez [\(1992](#page-12-0)) and Takekawa et al. ([2006\)](#page-12-0) found that chironomid fly larvae, amphipods, and copepods predominate in relatively low-salinity (<50 ppt) water but are replaced by brine-adapted organisms such as *Artemia* and *Ephydra* in high-salinity water (>150 ppt). In the salt ponds in San Fransisco Bay estuary, zoobenthos are abundant in relatively low (<100 ppt) and high (>200 ppt) salinity water but are scarce at midsalinities (100–200 ppt). However, the opposite relationship exists between water salinity and zooplankton abundance, i. e., zooplankton are most abundant in mid-salinity water (Takekawa et al. [2006](#page-12-0)). The different responses of various invertebrates to water salinity means that the preferred water salinity at foraging sites of waterbirds varies with waterbird group and prey composition. Velasquez ([1992\)](#page-12-0) found that the highest foraging densities of waterbirds occurred with salinities of 25–70 and 170–220 ppt at the Berg River estuary, South Africa. Warnock et al. ([2002\)](#page-12-0) reported that the highest numbers and species richness of waterbirds occur with salinities around 140 and 126 ppt, respectively, at San Francisco Bay, USA. Takekawa et al.

[\(2006](#page-12-0)) also indicated that most waterbirds forage in midsalinity (81–150 ppt) at San Francisco Bay, USA. All these suggest that, in saline environments, regulating water salinity according to the prey of waterbirds is critical in supporting foraging habitats for diverse waterbirds.

# Topography

Because the topography (relief) of restored wetlands cannot be easily altered after construction, topography needs to be carefully considered and planned before wetland restoration begins. With a given water depth in a wetland, topographic variation broadens the range of water depths and thus provides a range of foraging habitats, from exposed mud flats to deep water, to meet the needs of shorebirds, wading birds, dabbling ducks, and diving waterbirds (Isola et al. [2002](#page-10-0); Takekawa et al. [2006\)](#page-12-0). Moreover, emergent plants can be distributed according to suitable water depth, enhancing the structural diversity of wetland habitats for waterbirds (Hoffman et al. [1994](#page-10-0)). In addition, island uplands and levees (including dredge-material islands) in wetlands can be used as resting, roosting, preening, and even nesting and molting sites by waterbirds (Parnell et al. [1986](#page-11-0); Warnock and Takekawa [1995](#page-12-0); Pyrovetsi [1997;](#page-11-0) Holm [2002](#page-10-0); Warnock et al. [2002;](#page-12-0) Erwin and Beck [2007](#page-10-0)). Many studies have suggested that the combination of variable topography with suitable water depth provides habitats accessible for diverse waterbirds (Colwell and Taft [2000;](#page-9-0) Isola et al. [2002;](#page-10-0) Taft et al. [2002](#page-12-0)). Ponds with gentle sloping sides can also increase topographical variation and attract both short- and longlegged wading birds (Erwin et al. [1994\)](#page-10-0).

#### Food and Its Accessibility to Waterbirds

Waterbirds use diverse foods, including seeds (dabbling ducks, geese, cranes), leaves (geese), tubers and rhizomes (geese, swans), invertebrates (shorebirds, waterfowl), and some vertebrates, such as fish and amphibians (wading birds). The amounts, composition, and spatiotemporal dynamics of these foods largely affect the use of foraging habitats by waterbirds and can be important indicators of habitat quality (Davis and Smith [1998;](#page-9-0) Taft and Haig [2005;](#page-12-0) Hartke et al. [2009](#page-10-0)). Many studies have clearly demonstrated that managed wetlands can be important foraging habitats for waterbirds, especially during pre-migration fattening and wintering periods (e.g., Davidson and Evans [1986](#page-9-0); Masero et al. [2000](#page-11-0)). Understanding food resources in wetlands is important for determining the potential carrying capacity of the wetlands for waterbirds.

Food preferences of waterbirds can vary greatly among species, even among those within the same group. For example, on saltmarsh in East China, little egret (Egretta garzetta) prefer to forage on fish and other aquatic animals, while cattle egret *(Bubulcus ibis)* prefer to forage on insects and other arthropods (Zhu and Zou [2001\)](#page-12-0). Moreover, waterbirds can change their diet composition with season and site (e.g., red knots Calidris canutus prey on hardshelled mollusks in winter and soft-bodied arthropods in summer, Dekinga et al. [2001](#page-10-0)). Prey size also affects the prey selection of waterbirds (Zwarts and Blomert [1992](#page-12-0); Davis and Smith [2001](#page-10-0)). This might be related to the pursuit of maximum net energy intake by birds through tradeoffs among foraging efficiency, handling costs, and energy intake for prey of different sizes. However, the relationship between waterbirds and their food (especially invertebrate prey) is still largely unexplored, and the effects of management on food for waterbirds may vary among sites (Sanders [2000\)](#page-12-0). Further studies are required on the life cycle of invertebrate food for waterbirds and their use and selection by waterbirds to ensure that managed wetlands provide high quality foraging habitats for waterbirds.

Although food abundance is generally used in assessing habitat quality of waterbirds, food accessibility, which often differs from food abundance, greatly influences habitat use by waterbirds (Bolduc and Afton [2004\)](#page-9-0). Food accessibility to waterbirds depends on both intrinsic and extrinsic factors. Intrinsic factors include bird morphology (neck length, leg length, body size, and feeding structures), foraging methods, and diet selectivity. Extrinsic factors include water depth, vegetation density, and prey vulnerability. Because these intrinsic and extrinsic factors differ among waterbird species and groups, particular species of waterbirds generally feed in particular wetlands with features that maximize the abundance and accessibility of their foods (Taft and Haig [2003\)](#page-12-0).

#### Wetland Size

Many studies have indicated that wetland size influences species richness and abundance of waterbirds (Froneman et al. [2001;](#page-10-0) Paracuellos and Telleria [2004;](#page-11-0) Sánchez-Zapata et al. [2005](#page-12-0)). Generally, the spatial configurations and habitat heterogeneity of wetlands are related to size (Paracuellos [2006\)](#page-11-0). Because waterbirds have different preferences with respect to habitat configuration, the larger wetlands, which are more likely than smaller wetlands to have high habitat heterogeneity, can support a greater diversity of waterbirds than the smaller ones (Colwell and Taft [2000](#page-9-0); Froneman et al. [2001;](#page-10-0) Warnock et al. [2002](#page-12-0); Paracuellos and Telleria [2004;](#page-11-0) White and Main [2004](#page-12-0)). Generally, waterbird species foraging close to the shore persist in both large and small ponds and are considered area-independent species, while species foraging in open and deep-water habitats are considered area-dependent species and are restricted to relatively large ponds (Paracuellos [2006\)](#page-11-0). A recent review paper indicated that area sensitivity was detected in about

half the wetland species studied (Bayard and Elphick, unpublished data). Area-dependent species tend to be the first to leave when pond size is reduced and open and deepwater habitats disappear. This causes a hierarchical disappearance of waterbird species as a wetlands becomes smaller (Paracuellos [2006](#page-11-0)). Paracuellos and Telleria [\(2004](#page-11-0)) reported that the distribution of waterbird species had a "nested" pattern among wetlands of different sizes: the scarcer waterbirds generally occur exclusively in large wetlands, and large wetlands support high species diversity of both area-independent and area-dependent species, while small wetlands generally support lower species diversity and only area-independent species. Thus larger wetlands are of greater conservation value than smaller ones in supporting diverse waterbird species.

However, the debate about whether several small habitat patches might be better than a single large patch (single large or several small (SLOSS), Soulé and Simberloff [1986](#page-12-0)) also applies to wetland management. Some studies have suggested that a group of small wetlands can maintain the same or even more waterbird species as one large wetland with equivalent area (Brown and Dinsmore [1986](#page-9-0); Craig and Beal [1992](#page-9-0); Scheffer et al. [2006](#page-12-0)). This might be due to high habitat heterogeneity among small wetlands. Some small wetlands, although used by waterbirds only seasonally, remain important in supporting the entire local and regional populations (Kushlan [1986](#page-11-0); Craig and Beal [1992;](#page-9-0) Skagen and Knopf [1993\)](#page-12-0). Moreover, compared to large wetlands, a group of small wetlands can more easily be managed to meet the different requirements of different waterbirds. Also, constructing a series of small wetlands is obviously more feasible in regions lacking space for one large wetland.

Although the total size of a wetland determines waterbird diversity, the size of accessible habitat is more crucial in determining the suitability of the wetland for a particular waterbird group (Gawlik [2002](#page-10-0)). Being restricted by their morphology or ecological habits, waterbirds may avoid or be unable to access some specific areas, such as areas of deep water, dense vegetation, and high salinity, as mentioned earlier. This greatly decreases the habitats available to waterbirds. For example, of the total 161 ha of impoundments at Pea Island National Wildlife Refuge (Coastal North Carolina, USA), the area of accessible habitats for small shorebirds is only 21 ha to 22 ha (Collazo et al. [2002](#page-9-0)). Consequently, accessible area, although it is dynamic and can be affected by precipitation and water level fluctuation, could be a better predictor than the total area of use by specific waterbird groups.

# Wetland Connectivity

Generally, an individual wetland seldom meets all the requirements (foraging, resting, roosting, nesting sites, etc.) of diverse waterbirds. Thus, the development and maintenance of multiple, complementary wetlands within a mosaic can provide the resources required by diverse waterbirds. From a landscape perspective, the number and reproductive performance of waterbird species in a wetland can be affected by other wetlands nearby (Craig and Beal [1992;](#page-9-0) Dunning et al. [1992;](#page-10-0) Froneman et al. [2001;](#page-10-0) Kelly et al. [2008\)](#page-10-0). Although some waterbirds show regional and local fidelity to a special habitat (Warnock and Takekawa [1996\)](#page-12-0), they move around at landscape scales when deciding where to settle (Skagen and Knopf [1993](#page-12-0); Warnock et al. [1995](#page-12-0); Warnock and Takekawa [1996;](#page-12-0) Melvin et al. [1999;](#page-11-0) Plissner et al. [2000](#page-11-0)). For species that consume superabundant but ephemeral prey, foraging by traveling among wetlands is more effective than remaining at a single one, even it is large (Craig and Beal [1992](#page-9-0)). The connectivity between and within wetlands also facilities the exchange and movement of aquatic animals and plants among wetlands and among different wetland patches, and thus increases potential food for waterbirds (Bancroft et al. [1994\)](#page-9-0).

#### Other Habitat Variables

In addition to the habitat variables mentioned previously, other variables related to the characteristics of sediments (e.g., organic matter content and particle size) and water quality (e.g., clarity, temperature, dissolved oxygen, and pH) can also directly or indirectly affect the use of wetlands by waterbirds. For example, the organic matter content in water and sediments affects the growth of aquatic plants, and determines invertebrate abundance (Rehfisch [1994](#page-11-0)). Particle size of sediments determines how water and oxygen penetrate sediments and thus affects the presence of meiofauna and infaunal and epifaunal invertebrates (Little [2000\)](#page-11-0). Water transparency and temperature affect the growth of algae (Nielsen et al. [2002](#page-11-0)). The temperature of water also affects the hatching of invertebrate eggs and the development of invertebrate fauna (Rehfisch [1994](#page-11-0)).

Kersten et al. [\(1991](#page-11-0)) have demonstrated that the dissolved oxygen in the water affects the foraging of waterbirds by changing the vertical distribution of prey. At their study site in Camargue, France, the nocturnal respiration of macrophytes depleted the dissolved oxygen in the surrounding water, which forced the mosquito fish (Gambusia spp.) to concentrate at the surface in open water during early morning. Soon after sunrise, the photosynthesis of macrophytes increases the dissolved oxygen level in the surrounding water, enabling the mosquito fish to return to greater water depths. Accordingly, in the early morning, egrets tend to feed in groups in the open water (where mosquito fish are concentrated) but tend to feed solitarily over a wider area later in the day (when mosquito fish have dispersed). This suggests that dissolved oxygen in the water

affects prey vulnerability and thus affects the habitat use of waterbirds.

Although these other variables can also influence the habitat use of waterbirds, they might be difficult or costly to regulate and control artificially, and generally are seldom considered in the practice of wetland management.

#### Implications for Management of Wetlands

The variation in habitat requirements among waterbird species and groups suggests that wetland management must be based on the region-specific knowledge about waterbird communities, including the species and their abundances and habitat requirements. The managers also need to understand the seasonal dynamics of waterbirds, so that management can be timed to meet the special needs of breeding, stopover, and wintering periods (Isola et al. [2002;](#page-10-0) Parsons [2002](#page-11-0)). However, because different waterbird species have various, and even contrasting, habitat requirements, the same management measures could have completely different effects on different species and groups (Craig and Beal [1992](#page-9-0); Mitchell et al. [2006](#page-11-0)). This suggests that management solutions benefiting all species may not exist (Stralberg et al. [2009](#page-12-0)). Consequently, optimal wetland management to multi-species comes from assessing priorities and trade-offs among different species and groups of conservation concern (Elphick [2004;](#page-10-0) Thébault et al. [2008;](#page-12-0) Stralberg et al. [2009\)](#page-12-0).

Many studies have indicated that hydrology is the most important variable determining the development and maintenance of wetland structure and functions (e.g., Winter and Woo [1990](#page-12-0); Euliss et al. [2004\)](#page-10-0), and that hydrology greatly affects the waterbird response to wetland dynamics (Bancroft et al. [1994;](#page-9-0) Ogden [1994;](#page-11-0) O'Neal et al. [2008;](#page-11-0) Hoover [2009\)](#page-10-0). Unsuitable hydrological condition is usually the major reason for the failure of wetland restoration (Mitsch and Wilson [1996](#page-11-0)). Currently, construction of hydrological installations is an important practice in wetland management. For example, the practice of Structural Marsh Management (SMM) includes construction of water-control structures (e.g., floodgates, water pumps, canals, and levees) to regulate hydrological conditions according to the requirements of waterbirds; this includes drawdown or flooding to obtain a suitable water depth, opening and closing of flood gates to obtain desired fluctuations in water level, and excavating or banking to form various topographical features in wetlands (Collazo et al. [2002](#page-9-0); Coops et al. [2004](#page-9-0); Mitchell et al. [2006\)](#page-11-0). The practice of Moist-soil Management (MSM) includes flooding or drawdown in spring or summer to create suitable water level in wetlands for promoting the germination, growth, and seed production of plants, followed by flooding in fall or winter to

allow waterbirds access to habitats and food. SMM and MSM effectively increase waterbird richness, abundance in wetlands, and have been widely applied in North America (e.g., Anderson and Smith [1999,](#page-9-0) [2000](#page-9-0); Kaminski et al. [2006](#page-10-0)) and Europe (e.g., Coops et al. [2004](#page-9-0)).

In coastal wetlands, periodic tidal flooding is the dominant force determining the structure and function of ecosystems (Pennings and Bertness [2001](#page-11-0)). Because most alteration or degradation of coastal wetlands is due to the isolation of tidal flooding through construction of dikes during the past century, diked areas are re-opened to reestablish tidal exchange and restore the hydrological conditions of coastal wetlands (Konisky et al. [2006](#page-11-0); Mitchell et al. [2006](#page-11-0)). Combined with modification of topography (such as grading substrate to proper elevations, placing dredged spoils to raise low areas, or excavating uplands to create dense tidal creek networks), the reopening of diked areas can generate a diverse spatial structure and provides various habitats for waterbirds on restored coastal wetlands (Morgan and Short [2002](#page-11-0)). However, the changes in plant communities need to be considered because the plant species composition generally changes dramatically due to salinity changes (see above).

Abundant food attracts large numbers of waterbirds and is important for the formation of waterbird colonies in breeding periods (Bancroft et al. [1994\)](#page-9-0). However, increasing food for waterbirds through wetland management can be difficult. Although the enhancement of nitrogen and phosphorous levels in water bodies increases productivity (e.g., Frost et al. [2009](#page-10-0)), which improves the species richness and abundance of waterbirds (Acuna et al. [1994](#page-9-0); Hoyer and Canfield [1994;](#page-10-0) Holm and Clausen [2006](#page-10-0)), a hypertrophic state causes eutrophication of water and reduced water quality, which is obviously undesirable. Artificial feeding (e.g. providing corn to attract cranes), despite attracting waterbirds to feeding stations, is usually rejected because it concentrates the birds and because subsequently dispersing the flocks can be difficult. The concentration of birds increases their vulnerability to disease and tends to domesticate the birds and reduce their wariness of people (Ma et al. [2009\)](#page-11-0). In addition, the task of managing food for waterbirds is complex because of cascading food-web effects and because different waterbird groups have diverse foraging requirement (Potthoff et al. [2008\)](#page-11-0).

In coastal regions where managed wetlands are close to the intertidal area, an effective method of enhancing food resources is to obtain complementary food from the tidewater by constructing floodgates and sluices and adjusting the periodic exchange of tidewater (e.g., Brusati et al. [2001;](#page-9-0) Collazo et al. [2002](#page-9-0)). Also, maintaining suitable water conditions to support the colonization and reproduction of aquatic plants and invertebrates can enhance food for waterbirds in managed wetlands (Rehfisch [1994](#page-11-0);

Anderson and Smith [2000;](#page-9-0) Coops et al. [2004\)](#page-9-0). Moreover, regulation of water depth so as to increase food accessibility for waterbirds is a common practice in wetland management. At the Blacktoft Sands Lagoons in Humber Estuary, England, the integrated management of tidewater exchange and water depth maintains high chironomid biomass in the lagoons and provides suitable foraging conditions for waterbirds (Rehfisch [1994\)](#page-11-0).

Reestablishment of vegetation is an important target and success criterion of wetland restoration because vegetation provides the food-web base for the entire ecosystem (Davis and Bidwell [2008](#page-10-0); Matthews and Endress [2008\)](#page-11-0). The vegetation in restored wetlands can reestablish gradually post-construction if suitable hydrological and sediment conditions are provided. The planting or seeding of native species can accelerate the recovery of vegetation and discourage the establishment of unwanted species (Morgan and Short [2002;](#page-11-0) Ruiz-Jaen and Aide [2005](#page-12-0); Armitage et al. [2006;](#page-9-0) Erwin and Beck [2007](#page-10-0)). Many studies have indicated that there is a strong correlation between vegetation structure and bird diversity (Losito and Baldassarre [1995](#page-11-0); Froneman et al. [2001](#page-10-0); Erwin and Beck [2007\)](#page-10-0). However, this relationship might only occur in the early stage of wetland restoration. Prescribed fire is generally used to improve the habitats for waterbirds in the management of well-developed marsh vegetation when dense vegetation obstructs the foraging and movements of waterbirds (Mitchell et al. [2006\)](#page-11-0). Fire removes litter and dead vegetation, or removes vegetation of little or no value to waterbirds. This decreases vegetation cover and creates sparse or unvegetated habitats, which increases the accessibility of the habitat for waterbirds (Nyman and Chabreck [1995](#page-11-0)). This is important when the dominant bird groups are shorebirds, terns, and others that use bare sand-shell and bare intertidal flats. With elaborate control, prescribed fire can maintain a mixture of open water and vegetated cover for the resting and foraging of diverse waterbirds. Also, burns stimulate growth or seed production of food plants eaten by waterbirds (de Szalay and Resh [1997\)](#page-10-0). However, organic carbon stocks within the marsh are reallocated in the form of  $CO<sub>2</sub>$  upon burning, which has negative consequences for global warming.

The hemi-marsh with 50:50 mixture of open water and emergent vegetation (Weller and Spatcher [1965;](#page-12-0) Weller and Fredrickson [1974](#page-12-0)) is a common wetland management recommendation to maintain high species rich and diversity of waterbirds in North America. The high species and diversity in the hemi-marsh might be caused by an increase of food, visual isolation and spacing, or increased edge and habitat diversity (Murkin et al. [1982](#page-11-0); Smith et al. [2004\)](#page-12-0). Although the hemi-marsh principle has been tested in waterfowl, especially dabbling ducks, in both breeding and wintering periods (Kaminski and Prince [1981](#page-10-0); Smith et al. [2004](#page-12-0)), other waterbird groups may not indicate a significant

preference for hemi-marsh (e.g., Murkin et al. [1997;](#page-11-0) Smith et al. [2004](#page-12-0)). More studies are needed to understand the applicability of hemi-marsh principle to other regions and to waterbird communities with different species composition.

Multiple-species conservation requires that habitat-based conservation programs be applied to provide wetland complexes at the landscape scale, whereby different wetlands or sections of wetlands are managed to meet the needs of multiple waterbird groups. For example, the rotation of drawdowns increases habitat heterogeneity and consequently provides the greatest benefits to a wide range of waterbird species over large spatial scales. At the same time, some wetlands need to be managed to meet the special needs of waterbirds. For instance, in the California ricegrowing region, the flooding of rice fields provides habitats for most waterbird species. However, unflooded fields are also needed to provide habitats for Sandhill Cranes (Grus canadensis), which prefer to forage on uncultivated dryland (Elphick and Oring [1998\)](#page-10-0). Diverse habitats can also meet various requirements for different activities of waterbirds. For example, vegetated areas benefit nesting, island uplands benefit roosting, and open shallow waters benefit foraging.

For most artificial wetlands such as paddy fields, aquacultural ponds, and salt ponds, obtaining economic benefit (profit) is a higher priority than providing habitat for waterbirds. Consequently, management of artificial wetlands for waterbirds must be integrated with the management for production. Because most artificial wetlands are not managed for production throughout the whole year (such as the fallow of paddy fields, aquacultural ponds, and salt ponds in winter), it is possible to temporally stagger the two different kinds of management activities. For example, flooding fallow paddy fields in winter provides foraging habitats with abundant food (gleanings, aquatic plants, and invertebrates) for waterbirds (Elphick [2000](#page-10-0)). Also, maintenance of flooded conditions in the evaporation pans of saltworks in winter provides foraging and roosting habitats for shorebirds (Masero [2003\)](#page-11-0). Although predation by waterbirds decreases the abundance and productivity of aquatic organisms (fish, crab, shrimp, etc.) in aquacultural ponds, Huner ([2002](#page-10-0)) indicated that waterbirds might consume only small and less commercially valuable organisms thus enhancing the production of larger more valuable organisms. Moreover, foraging by waterbirds in paddy fields can suppress plant pests (Fasola and Ruíz [1997](#page-10-0); van Groenigen et al. [2003\)](#page-12-0) and accelerate straw decomposition (Bird et al. [2000\)](#page-9-0), which benefit agricultural production. Producers must be compensated, however, when waterbirds reduce the economic benefits of artificial wetlands (Jensen et al. [2008\)](#page-10-0).

Social conditions also affect how wetlands are managed. Because wetland management projects, especially those mitigation and restoration projects, are often financially supported by the public via higher taxes, public preferences should be considered in developing and implementing wetland management so that the public continues to support that management (Bauer et al. [2004;](#page-9-0) Nakamura et al. [2006\)](#page-11-0). Therefore, there is a need for scientists and managers to exchange information on wetland management practice with the public. Otherwise, the public support for management projects will decline gradually, especially considering the amount of money involved (Nakamura et al. [2006](#page-11-0)). Wetland management can also be affected by the stakeholders (Pyrovetsi [1997](#page-11-0)). Although different stakeholders have various, and generally conflicting, concerns, all the stakeholder concerns need to be identified and addressed early in the process to avoid conflict (Weishar et al. [2005](#page-12-0)). Failure to involve stakeholders can result in delays in permitting and possible litigation during or after the project has been completed (Weishar et al. [2005](#page-12-0)). Because 60% of the global human population lives in coastal and surrounding regions (Adam [2002\)](#page-9-0), where most wetland management projects are implemented, the involvement of local social conditions are important for the success of wetland management projects.

Overall, ecosystem-based approach is needed in wetland management with various targets, including management with the goal of providing waterbird habitat. This requires integrated knowledge of the entire wetland ecosystem (including hydrology, geology, agrology, botany, aquatic biology, landscape ecology, engineering, and ornithology) with considering multiple spatial scales, temporal variability, and the diverse habitat requirements of waterbirds (Parsons [2002](#page-11-0); Anteau and Afton [2008](#page-9-0); Euliss et al. [2008](#page-10-0); King et al. [2009](#page-11-0)). Moreover, the social and economic constrains need to be considered when making management targets and through the management practice to coordinate wetland management with local development. In addition, monitoring the dynamics of waterbirds in long-term is important for adjusting management measures whenever necessary according to the wetland dynamics and management targets. Figure [2](#page-8-0) indicates the framework of wetland management for providing waterbird habitats. This provides a reference for the managers to design and implement wetland management projects.

#### Priorities for Future Research and Management

The number of quantitative studies of how habitats affect the use of wetlands by waterbirds has been rapidly increasing over the past two decades. These studies provide a large reference database for the practice of wetland management. Priorities for future research and management include the following aspects:

1) Most quantitative studies in managed wetlands have been conducted in artificial wetlands (especially in

<span id="page-8-0"></span>

Fig. 2 Framework of wetland management practice for providing waterbird habitats

paddy fields and salt ponds), which are relatively simple systems, and there has been little in-depth research on how habitat variables affect waterbird communities in restored ones, which are generally more complex than the artificial ones. The restored wetlands, especially the newly restored ones, are very dynamic environments. Some aspects of restored wetlands may take several decades to stabilize after construction (e.g., soil organic matter content, Zedler [2001](#page-12-0); Morgan and Short [2002\)](#page-11-0). Consequently, the waterbird communities in recently restored wetlands also change over time. However, most knowledge about the temporal dynamics of waterbirds and habitat variables in response to management comes from short-term studies (e.g., prescribed fire, Mitchell et al. [2006](#page-11-0)). A long-term studies and monitoring is needed to understand the temporal and spatial dynamics of waterbird communities and the processes and functioning of restored wetlands. This will be of much help to the design and implementation of effective wetland management.

2) In addition to directly affecting use of wetlands by waterbirds, habitat variables also interact to indirectly affect the waterbird use of wetlands (Fig. 3). This suggests that all the variables related to the habitat use of waterbirds should be considered together for wetland management. Currently, however, wetland management usually focuses on very few (one or a couple of) habitat variables. The interaction of the variables remains largely unexplored in both research and practice. This requires integrated experiments at the entire ecosystem scales with collaboration among experts in different disciplines. Simultaneously, rigorous experiments at small to medium scales are needed to separate variables in order to better understand their individual effects (see review of Elphick [1996\)](#page-10-0).



Fig. 3 Interactions between the major habitat variables affecting habitat use of waterbirds at wetlands in situ. The directions of arrows indicate the directions of influences. Examples of these influences include 1: Water depth affecting the distribution of aquatic plants and animals serving as food for waterbirds; 2: Water depth limiting food availability of waterbirds; 3: Increase of salinity when water recedes; 4: Water depth affecting the distribution of vegetation; 5: Food size affecting its availability to waterbirds; 6: Vegetation supporting aquatic animals as food for waterbirds; 7: Dense vegetation obstructing the foraging of waterbirds; 8: vegetation functionally affecting topography because some waterbirds can walk on top of vegetation; 9: Topography affecting the distribution of vegetation in water body; 10: Topography affecting the variability of water depth; 11: Water level fluctuation affecting the growth of plants and the vegetation physiognomy and structure; 12: Water level fluctuation resulting in the changes of water depth; 13: Water level fluctuation affecting the growth of aquatic plants as food for waterbirds; 14: Water level fluctuation caused by precipitation and evaporation affecting water salinity; 15: Salinity affecting the distribution of plants; 16: Salinity affecting the aquatic plants and animals as food for waterbirds

- <span id="page-9-0"></span>3) Most studies on waterbirds and their habitats on managed wetlands focus on species richness and abundance/density of waterbirds, which reflect habitat use by waterbirds. Species richness, population abundance and the derived indexes (e.g., saturation index of species pool, Wolters et al. [2005](#page-12-0)) are also generally used as succession criteria in evaluating wetland restoration (Neckles et al. [2002](#page-11-0); Konisky et al. [2006](#page-11-0)). Habitat use, however, might not correctly reflect the habitat requirements of waterbirds or the quality of wetland habitats (van Horne [1983](#page-12-0)). Future research should assess habitat requirements and quality in terms of net energy acquired, time budgets of different behaviors, and population demographics (e.g., nesting and breeding success, survival rate) of waterbirds.
- 4) Although there have been many studies providing reference for the practice of wetland management, the practice of management varies with, and is influenced by, region, wetland type, and function and degree of wetland degradation (Kentula [2000](#page-10-0)). Thus locally based research is needed to make a specific guidance for the practice of wetland management. However, our understanding of wetland management is still largely academic, and the practice of wetland management is generally out of touch with the academic research. It is now time to apply the knowledge gained by research to the decisionmaking processes and the practice of wetland management. Also, the effectiveness of the academic knowledge needs to be evaluated in the management practice.
- 5) In order to guide the practice of wetland management for providing waterbird habitat, it is necessary to develop effective tools of predicting the effects of wetland management on the dynamics of waterbirds and their habitats. This requires simplified decisionsupporting systems on the basis of complex multidisciplinary knowledge. The socioeconomic scenarios can also be involved in the systems to provide an integrated prediction of wetland management.

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