

Erratum to: Phenomenological Fingerprints of Four Meditations: Differential State Changes in Affect, Mind-Wandering, Meta-Cognition, and Interoception Before and After Daily Practice Across 9 Months of Training

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The colors identifying “Breathing meditation” and “Body Scan” were unfortunately switched in the figure relative to the legend. The correct Figure 2 is below.

The online version of the original article can be found at <http://dx.doi.org/10.1007/s12671-016-0594-9>.

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Fig. 2 Estimates and 95 % confidence intervals for model-derived state changes in the four mental training practices of training cohorts 1 and 2