ORIGINAL ARTICLE





Therapeutic effect of mefloquine on *Schistosoma mansoni* in experimental infection in mice

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Received: 28 March 2014/Accepted: 15 May 2014/Published online: 1 June 2014 © Indian Society for Parasitology 2014

Abstract Schistosomiasis is one of the most prevalent parasitic infections worldwide. Praziquantel is the drug of choice for treatment of schistosomiasis for its high efficacy. The present work was carried out on 160 mice to evaluate the therapeutic effect of mefloquine on experimental schistosomiasis mansoni. Mice were classified into 3 groups; group I (20 infected non-treated mice), group II included 60 infected mice which were further divided into group IIm (20 mice treated with 400 mg/kg mefloquine), group IIp (20 mice treated with 1,000 mg/kg/2 days praziquantel) and group IIpm (20 mice treated with 200 mg/kg mefloquine and 500 mg/kg praziquantel), group III included 80 non-infected mice subdivided into group IIIn (20 non-treated mice), group IIIm (20 mice treated with 400 mg/kg mefloquine), group IIIp (20 mice treated with 1,000 mg/kg/2 days praziquantel), group IIIpm (20 mice treated with 200 mg mefloquine and 500 mg praziquantel). Mefloquine significantly reduced worm burden, tissue egg load, number of liver granulomas and increased the percent of dead ova within granulomas. Combination of mefloquine and praziquantel gave better curative effects than praziquantel or mefloquine given alone.

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Keywords Scistosoma mansoni · Mefloquine · Praziquantel

Introduction

Schistosomiasis has been estimated to infect more than 207 million people with 779 million people at risk of infection (Steinmann et al. 2006). The most important species of *Schistosoma* that infect humans are *S. japonicum*, *S. mansoni* and *S. hematobium* (Gryseels et al. 2006).

Schistosomiasis results in both acute granulomatous injury and chronic fibrotic injury to the human host's organs (Smith and Christie 1986). Early detection and treatment of schistosomiasis in humans greatly helps in prevention of late manifestations (Nicolls 2008). The drug widely used in population based morbidity control programs is praziquantel (Utzinger et al. 2011).

Praziquantel does not prevent re-infection and is inactive against juvenile *Schistosomes* (Stelma et al. 1995). Such juvenile *Schistosomes* will develop into adults and start laying eggs which means failure of treatment with praziquantel (Sabah et al. 1986).

In some African countries, several *Schistosome* strains with lower sensitivity to praziquantel have been identified raising the possibility of resistance (Ismail et al. 1999 and Gryseels et al. 2001). A possible way to delay the development of drug resistance is the use of combination therapy (Cui and Su 2009)

Therefore, the effective drug control of schistosomiasis in the future requires the identification of new and effective schistosomicidal compounds (Sanderson et al. 2002).

Mefloquine is an orally administered drug used in treatment and prophylaxis against all forms of malaria (WHO 2010). Therapeutic effects of racemic mefloquine

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were assessed in *Schistosoma mansoni*-infected mice by recording worm burden, status of egg maturation and viability and intestinal mast cell recruitment (Van Nassauw et al. 2008). They concluded that mefloquine significantly reduced egg production in *Schistosoma mansoni*-infected mice, suggesting a therapeutic potency in schistosomiasis therapy and also exerted a significant pro-inflammatory effect on the intestine.

Since large parts of Africa are co-endemic for malaria and schistosomiasis (Keiser and Utzinger 2007), it was recommended to test mefloquine for its potential antischistosomal activities.

Materials and methods

Type of the study: case control study

The study was carried out in Medical Parasitology and Pathology Departments in Faculty of Medicine, Cairo University and Parasitology Department in Theodor Bilharz Research Institute (TBRI).

Experimental animals

Male CD1 Swiss albino mice (n = 160, age = 6 weeks, weight ~45 g), were bred and maintained under conventional conditions (temperature ~25 °C, humidity 70 %) at the experimental animal research unit of *Schistosome* Biological Supply Program at Theodor Bilharz Research Institute (Giza, Egypt). Animals were fed a standard commercial pelleted diet.

Drugs

Praziquantel tablets (Distocide, EIPICO, El-Asher Men Ramadan, Egypt) were crushed, administered orally as a suspension in 2 % cremophore-E1 (Sigma-Aldrich Chemical Co., St. Louis, MO) (Fallon and Doenhoff 1994) to obtain a stock solution of 50 mg in 100 ml. Praziquantel was given to mice in a dose of 1,000 mg/kg divided in half and given on two consecutive days.

Mefloquine (Mephaquin) tablets were obtained from (Mepha Ltd., Aesch-Basel, Switzerland, lot 0850074) and were administered orally as a fresh suspension in 7 % (v/v) Tween-80 and 3 % (v/v) ethanol in a dose of 400 mg/Kg orally once (Keiser et al. 2009).

Induction of Schistosoma infection

Biomphalaria alexandrina snails were infected by miracidia, left in dechlorinated water under ceiling illumination for 3–5 h at 25–27 °C. The fluid volume was adjusted to contain the desired number of cercariae; 60 ± 10 cercariae/0.2 ml. Mice were infected by *S. mansoni* cercariae subcutaneously (Peters and Warren 1969). Drugs were given to mice 6 weeks after infection using esophageal tube.

Experimental design

Mice included in this study (n = 160) were classified into 3 groups; group I (infected non-treated, n = 20), group II which was further subdivided into group IIm (infected treated with 400 mg/kg mefloquine, n = 20), group IIp (infected treated with praziquantel 1,000 mg/kg/2 days, n = 20), group IIpm (infected treated with 200 mg/kg mefloquine and 500 mg/kg praziquantel, n = 20), group III(non-infected group) including group IIIn (control group, n = 20), group IIIm(naïve mice treated with 400 mg/kg mefloquine, n = 20), group IIIp (naïve mice treated with 1,000 mg/kg/2 days praziquantel, n = 20), group IIIpm (naïve mice treated with 200 mg/g mefloquine and 500 mg/kg praziquantel, n = 20).

All mice were sacrificed by cervical dislocation under general anaesthesia 8 weeks after infection. Sacrificed mice were decapitated and subjected to porto-mesenteric perfusion to collect adult *Schistosomes* from hepatic portal and mesenteric veins to assess worm burden (Yolles et al. 1974).

Parasitological study

Small intestines of sacrificed mice were cut into fragments (1 cm in length) and were compressed between a slide and a coverslip. *S. mansoni* eggs (immature, mature and dead) were counted in 3 fragments to calculate the mean number of eggs in each developmental stage (Pellegrino et al. 1962).

Other fragments of small intestines and livers of sacrificed mice were weighed and incubated in 5 % KOH solution at 37 °C for 24 h to digest tissues. Three samples of the digest (0.25 ml each) were examined using a hemocytometer to calculate the average egg count in the 3 samples (Cheever 1969)

Number of eggs/g/tissue

= (average ova number × volume of KOH)/ weight of sample.

Histopathological study

Liver samples from all groups were fixed in 10 % formalin solution and embedded in paraffin wax. Five sections were taken from each liver, stained with hematoxylin and eosin (Bancroft and Steven 1975) and Masson Trichrome stain (Masson 1929). The prepared slides were microscopically examined to assess the number, diameter (using ocular micrometer), type of granulomas (cellular, fibrous, fibrocellular) and state of egg (intact or degenerated).

Mean granuloma number was calculated by dividing the total number of granulomas by number of fields examined while the mean diameter of liver granuloma was calculated by dividing the sum of vertical and transverse diameters by 2 (Mahmoud and Warren 1974).

Statistical analysis of data

Results were collected, tabulated and statistically analyzed using the statistical package SPSS version 12. Data were tabulated as mean and standard deviation (SD) for quantitative variables and percent for qualitative variables. ANOVA was used to detect significance in the quantitative variables, and P values < 0.05 were considered as statistically significant.

Ethical considerations

The experimental animal studies were managed in accordance with international valid guidelines and animals were maintained under convenient conditions at the animal house in TBRI.

Results

The effects of praziquantel, mefloquine and combined drug administration on worm burden were assessed. The highest decrease in total worm burden was achieved after administration of praziquantel and mefloquine in group IIpm, followed by group IIp (infected treated with praziquantel), then group IIm (infected treated with mefloquine) as shown in Table 1. The difference in total worm burden between infected treated groups (IIp, IIm, IIm) and group I (infected untreated) was statistically significant (*p* value < 0.001).

The effect of the tested drugs on oogram pattern in small intestine was assessed as shown in Table 2. In group I, the

percentages were 49.6 ± 3.29 % for immature ova, 42.8 ±1.92 % for mature ova and 7.6 ±1.52 % for dead ova. In group IIm, the mean percentages were 1.43 ±3.78 for immature ova, 9.71 ±9.29 % for mature ova and 88.86 ±12.97 % for dead ova. These values were statistically significant (*p* value < 0.001) when compared to their corresponding values in group I.

In group IIp, the mean percentages of *S. mansoni* eggs were $2.5 \pm 6.12 \%$ for immature ova, $2.33 \pm 4.80 \%$ for mature ova and $95 \pm 11.29 \%$ for dead ova with statistical significance (*p* value < 0.001) when compared to group II. In group IIpm, the mean percentage of immature ova was 0 %, mature ova 0 % and dead ova 100 %. These values were statistically significant (*p* value < 0.001) when compared to group II. Liver sections of mice included in group III (non-infected) showed no eggs.

The effect of praziquantel, mefloquine and combined drug administration on tissue egg load was assessed by egg count per gram of liver or intestinal tissue as shown in Table 3. In group I, the mean hepatic and intestinal egg load/g tissue were $28,965 \pm 6,103$ and $18,827 \pm 4,477$ respectively and the mean total tissue egg load was 47,792.

In group IIm, the mean hepatic egg load was $14,562 \pm 7,928$ while the intestinal egg load was $3,082 \pm 742$. The mean total tissue egg load was 17,644 with percentage of reduction 63.08 %. In group IIp, the mean hepatic and intestinal egg load/g tissue were $7,463 \pm 1,135$ and 986 ± 75 respectively. The mean total tissue egg load was 8449 with percentage of reduction of 82.32 %. In group IIpm, the total tissue egg load was 3,208 (hepatic $2,147 \pm 463.3$; intestinal $1,061 \pm 554.32$) with a percentage of reduction of 93.28 %. All the previous results were statistically significant (*p* value < 0.001) when compared to group I. Tissue egg load was not shown in mice included in group III.

In group IIIn (normal control mice), hepatocytes were arranged radially in plates in respect to the central vein of each lobule as shown in Fig. 1. No apparent pathological changes were seen in liver sections of mice included in groups IIIm, IIIp and IIIpm following administration of drugs.

 Table 1 Effect of praziquantel, mefloquine and combined treatment on worm burden

Animal groups	Worm burden (mea	$(n \pm SD)$	Total worm	% of total worm		
	Immature worm	Male worm	Female worm	Couple worm		burden reduction
Group I	0	6.33 ± 2.42	2.5 ± 1.22	7.5 ± 2.51	23.83 ± 4.99	
Group IIm	0	3.28 ± 2.56	1.42 ± 1.27	0	4.71 ± 3.49	80.23
Group IIp	1 ± 2.44	0	0.33 ± 0.81	0	2.5 ± 6.12	89.51
Group IIpm	0	0	0	0	0	100

Group I infected untreated, group IIm infected treated with 400 mg/kg mefloquine, group IIp infected treated with praziquantel 1,000 mg/kg/2 days, group IIpm infected treated with 200 mg/kg mefloquine and 500 mg/kg, SD standard deviation

Liver sections of mice included in group I showed worms surrounded by cellular infiltration in portal tracts with many granulomas (75 % fibrocellular and 25 % cellular) as shown in Figs. 2 and 3. The granulomas consisted of intact ova containing miracidium surrounded by histiocytes, lymphocytes, eosinophils, neutrophils, macrophages, plasma cells and fibroblasts. The mean number of granulomas in successive fields (10×10), the mean granuloma diameter and percentages of reduction in the mean granuloma diameter detected in liver sections from all groups of mice included in this study are summarized in Table 4. There was a significant reduction in the mean granuloma **Fig. 3** a Liver section of group I stained with H&E showing a cellular granuloma (×100), **b** Liver section of group IIm stained with H&E showing decreased number and diameter of granulomas (×40), **c** Liver section of group IIm stained with Masson trichrome stain showing decreased number and diameter of granulomas (×40), **d** Liver section of group IIp stained with H&E showing decreased number and diameter of granulomas (×40), **e** Liver section of group IIp stained with Masson trichrome stain showing decreased number and diameter of granulomas (×40), **e** Liver section of group IIp stained with Masson trichrome stain showing decreased number and diameter of granulomas (×40), **f** Liver section of group IIpm stained with Masson trichrome stain showing fibrosed granuloma with dead ovum in its centre (×100)

number and diameters in groups IIm, IIp and IIpm when compared to their corresponding values in group I (p value < 0.001).

Table 2 Effect of praziquantel, mefloquine and combined treatment on oogram pattern in small intestine

Animal groups	% Egg developmental stages \pm SD					
	Immature ova	Mature ova	Dead ova			
Group I	49.6 ± 3.29	42.8 ± 1.92	7.6 ± 1.52			
Group IIm	1.43 ± 3.78	9.71 ± 9.29	88.86 ± 12.97			
Group IIp	2.5 ± 6.12	2.33 ± 4.80	95 ± 11.29			
Group IIpm	0	0	100			

Group I infected untreated, group IIm infected treated with 400 mg/kg mefloquine, group IIp infected treated with praziquantel 1,000 mg/kg/2 days, group IIpm infected treated with 200 mg/kg mefloquine and 500 mg/kg, SD standard deviation

Table 3 Effect of the praziquantel, mefloquine and combined treatment on tissue egg load

Animal groups	Mean number of ova/g \pm SD		Mean total ova count	% Reduction of total ova count	
	Liver	Intestine			
Group I	$28,965 \pm 6,103$	$18,827 \pm 4,477$	47,792		
Group IIm	$14,562 \pm 7,928$	3,082 ±742	17,644	63.08	
Group IIp	$7,463 \pm 1,135$	986 ± 750	8,449	82.32	
Group IIpm	$2,147 \pm 463$	$1,061 \pm 554$	3,208	93.28	

Group I infected untreated, group IIm infected treated with 400 mg/kg mefloquine, group IIp infected treated with praziquantel 1,000 mg/kg/2 days, group IIpm infected treated with 200 mg/kg mefloquine and 500 mg/kg, SD standard deviation

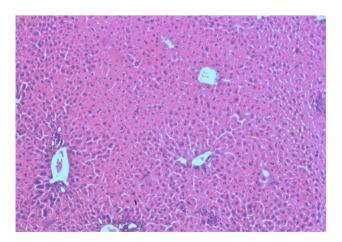


Fig. 1 Liver section of group IIIn stained with H&E (×100)

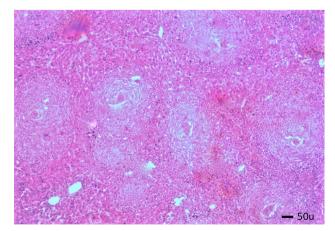
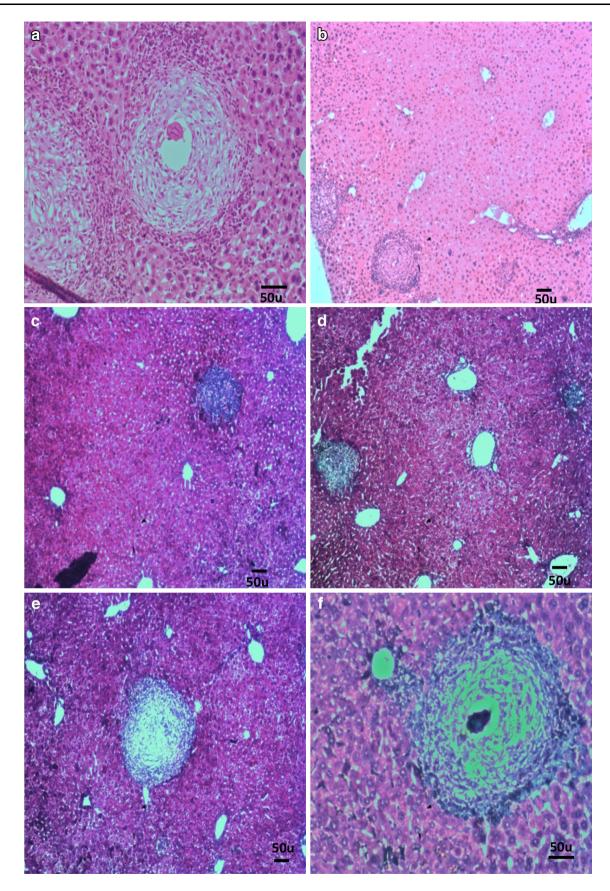


Fig. 2 Liver section of group I stained with H&E showing fibrocellular granulomas $(\times 40)$



Animal groups	Number of granuloma in successive power fields (10×10)		% Reduction of number of granulomas			% of reduction of mean granuloma diameter
	Mean	SD		Mean	SD	
Group I	13	4.7		427.5	97.5	
Group IIm	5.7	0.3	56.15	297.5	82.5	30.41
Group IIp	4.8	0.6	63	230	54.2	46.19
Group IIpm	8.28	2.48	36.31	378	43.5	11.58

Table 4 The effect of treatment with mefloquine, praziquantel and combined mefloquine and praziquantel on granuloma number and diameter in mice groups

Group I infected untreated, group IIm infected treated with 400 mg/kg mefloquine, group IIp infected treated with praziquantel 1,000 mg/kg/2 days, group IIpm infected treated with 200 mg/kg mefloquine and 500 mg/kg, SD standard deviation

Table 5 The effect of treatment with mefloquine, praziquantel and combined mefloquine and praziquantel on granuloma type and the state of the eggs within the granulomas in the infected groups of mice

Animal	% of typ	es of granulor	% of the state of eggs		
groups	Cellular	Fibrocellular	Fibrous	Intact	Degenerated
Group I	25	75	0	95	5
Group IIm	12	88	0	3	97
Group IIp	0	100	0	5	95
Group IIpm	0	100	0	15	85

Group I infected untreated, group IIm infected treated with 400 mg/kg mefloquine, group IIp infected treated with praziquantel 1,000 mg/kg/2 days, group IIpm infected treated with 200 mg/kg mefloquine and 500 mg/kg, SD standard deviation

There was also a significant increase in percentage of fibrocellular granulomas and percentage of degenerated ova with reduction in percentage of intact ova in the treated groups (p value < 0.001) as demonstrated in Table 5.

Discussion

Schistosomiasis, caused by blood flukes of the genus *Schistosoma*, is an important cause of morbidity and mortality (Gryseels et al. 2006). Several laboratory studies have demonstrated promising antischistosomal properties of mefloquine (Keiser et al. 2011).

In the present study, mefloquine displayed antischistosomal properties with considerable potential for reducing worm burden and hence the mortality of schistosomiasis. Worm burden reduction after mefloquine treatment could be attributed to many factors as interference with worm nutrition. Mefloquine inhibits crystallization of haem into dark brown pigment which is haemozoin (Ncokazi and Egan 2005; Correa Soares et al. 2009). This crystallization constitutes a major detoxification process in *Schistosomes* acting as a preventive antioxidant defense (Oliveira et al. 2002). Thus, mefloquine can lead to prevention of transport of essential nutrients to the parasite and accumulation of harmful substances inside its body.

The occurrence of ultra-structural degeneration and dilatation of the gut with focal desquamation of the gut epithelium of treated *Schistosome* worms as reported by (Zhang et al. 2009; Xiao and Zhang 2010) may hinder the efficacy of blood intake by the worms which is essential to complete its development and sexual maturation (Lawrence 1973).

Mefloquine treatment resulted in degenerative tegumental changes of *Schistosomes* in the form of swelling, ulceration and degenerative change of the suckers affecting their strength. Sluggish fixation of the worms in their place can make them easily swept by the blood stream. Additionally, weak tegumental surface of the treated worms facilitates attack of worms by the host immune cells as schistosomal tegument is one of the most important immune evasion strategies of *Schistosoma* (Xiao and Zhang 2010; Manneck et al. 2010).

In accordance with our results, a single oral dose of mefloquine exerted significant worm burden reduction in hamsters infected with *S. japonicum* at various intervals post-infection as reported by Xiao et al. (2009).

Administration of mefloquine in a dose of 400 mg/kg caused a reduction in the number of total mature by 67.7 % with an 80.3 % reduction in the number of mature females (El-Lakkany et al. 2011). Nwaka and Hudson (2006) found a greater than 80 % reduction in worm burden using the adult *S. mansoni* model and five consecutive mefloquine doses given intraperitoneally or subcutaneously. Keiser et al. (2009) showed that a single dose of mefloquine (200 or 400 mg/kg) administered orally to mice infected with either young developing or adult *S. mansoni* (Liberian strain) resulted in a high or complete reduction of the total and female worm burden.

Keiser et al. (2011) stated that treatment of *S. mansoni*infected mice with 50, 100 or 200 mg/kg mefloquine resulted in total worm burden reductions of 44.1, 64.0 and 93.4 % respectively.

Similarly, single oral doses of 200 or 400 mg/kg of mefloquine administered to mice infected with *S. mansoni* and *S. japonicum* resulted in high or complete total and female worm burden reduction of 72.3–100 %. Single oral dose of 200 mg/kg mefloquie given to *S. mansoni* infected mice achieved total worm burden reduction of 80.4 % (Keiser et al. 2010b).

Similar results were obtained in a randomized, exploratory open-label trial (Keiser et al. 2010a). The authors reported high cure rates of 61 % and egg-reduction rates of >95 % of *S. haematobium* infected children. A statistically significant total and female worm burden reductions ranging between 65.4 and 100 % were achieved by Manneck et al. (2010) and Manneck et al. (2011) which strengthened the evidence of the anti-schistosomal properties of mefloquine derivatives on *S. mansoni* infected mice.

On the other hand, administration of mefloquine 100 mg/kg combined with praziquantel 100 mg/kg made a statistically significant difference of female worm burdens between praziquantel group and combined treatment group only (Xiao et al. 2010).

A single oral dose of mefloquine at 150 mg/kg to *S. mansoni* infected mice had no effect on the worm burden (Van Nassauw et al. 2008). Similarly, there was no significant reduction of total and female worm burdens following administration of single oral dose of 100 mg/kg mefloquine given to *S. japonicum* infected mice as reported by Xiao et al. (2011). This may be attributed to the lower doses of the drug and hence the weak effect.

There was a statistically significant reduction in worm burden following combined treatment with praziquantel and mefloquine (100 % reduction and p value < 0.001) indicating the synergistic effect when combined treatment with both drugs is given to infected mice.

Similar results were reported when mefloquine and praziquantel were administered simultaneously at doses of 50 mg/kg each, low total (25.9 %) and female (29.0 %) worm burden reductions were observed, which were even lower than worm burden reductions observed with mefloquine (50 mg/kg) alone. When both drugs were given at 100 mg/kg simultaneously, high total and female worm burden reductions of 86.0 and 86.9 % respectively were reported by Keiser et al. (2011).

Regarding the oogram pattern, the antischistosomal chemotherapy is considered effective against *S. mansoni* infection when the oogram pattern shows disappearance of about 50 % or more of the mature ova or increased the percentage of dead ova or if there was complete absence of one or more of the immature stages (Pellegrino et al. 1962).

In the present work, mefloquine therapy caused a significant increase in the percentages of dead eggs. The mechanism underlying the reduction in egg number may be related to interference with the reproductive ability of the *Schistosomes* in addition to interference with the excretion of metabolic wastes of adult worms (Van Nassauw et al. 2008).

A significant reduction in the number of eggs in the early developmental stages following treatment of *S. mansoni* infected mice with single oral dose of 150 mg/kg of mefloquine 8 weeks post-infection was recorded by Van Nassauw et al. (2008).

Our findings were similar to El-Lakkany et al. (2011) who reported that mefloquine in doses of 200 and 400 mg/kg caused a significant increase in the percentages of dead eggs to 67.25 and 84.29 % respectively in *S. mansoni* infected mice.

The significant increase in the percentage of dead ova following praziquantel treatment reported in our study was similar to El-Lakkany et al. (2011). The authors stated that treatment of schistosomiasis mansoni with 200 and 1,000 mg/kg of praziquantel caused a significant decrease in percentages of dead ova to be 84.38 and 96.13 % respectively.

Treatment of *S. mansoni* infected mice with single oral dose of 200 mg/kg of mefloquine and 500 mg/kg of praziquantel resulted in a significant increase in percentage of dead eggs to be 100 % in the present study. Similarly, there were complete loss of immature eggs and increase in the percentages of dead eggs to be 94.22 and 99.25 % in the groups treated with praziquantel and mefloquine in low and high doses respectively (El-Lakkany et al. 2011).

Schistosomiasis causes histopathological changes in the liver of the host (Sadun and Williams 1966; Cheever and Andrade 1967). *Schistosome* eggs are deposited in the presinusoidal spaces of the liver inducing a granulomatous inflammatory reaction around these eggs (Andrade 1965; Dunn et al. 1979; El-Meneza et al. 1989).

In the present work, mefloquine treatment caused a statistically significant reduction in the granulomas diameter (30.41 %) while praziquantel reduced the granuloma diameter by 46.19 %. In accordance with these results, El-Lakkany et al. (2011) stated that treatment with mefloquine or praziquantel alone reduced the diameters of the granulomas by 26.26 and 28.08 % respectively.

In our study, combined treatment with mefloquine and praziquantel caused significant reduction of the granulomas diameter. In agreement with our results, a significant reduction in the granuloma diameters following treatment with low and high doses mefloquine and praziquantel was reported by El-Lakkany et al. (2011).

Tissue granuloma around *Schistosoma* eggs is a delayed hypersensitivity reaction induced by egg-secreted soluble antigens (Warren and Boros 1975). Elimination of parasites following specific treatment of schistosomiasis causes a slight reduction in hepatic fibrosis (Homeida et al. 1991).

Thus, the small sized granulomas detected in liver sections of treated mice can be explained by the loss of the ability of the eggs to induce inflammatory reaction. The treated worms lay poorly developed eggs with reduced or even no ability to induce granuloma formation or (Warren 1996).

Decreased number of the granulomas was in accordance with diminished egg counts in liver and intestinal tissues and could be attributed to the elimination of adult worms by drug administration and consequent decreased egg deposition leading to sustained diminution of eggs induced immunopathology (Pearce 2005). Morcos et al. (1985) demonstrated that praziquantel treatment resulted in partial reversal of liver fibrosis in *S. mansoni* infected mice. Improvements and/or resolutions of schistosomal-induced periportal thickening/fibrosis in praziquantel treated models have also been demonstrated by (Frenzel et al. 1999; Berhe et al. 2008). It is theorized that the beneficial effects are likely related to the clearance of schistosomal worms and subsequent reduction of egg deposition. Praziquantel is believed to exert antifibrotic effects by affecting (decreasing) activation of hepatic stellate cells through inhibition of profibrotic gene expression (Liang et al. 2011).

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