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The effect of time-of-flight and point spread function modeling on 82 Rb myocardial perfusion imaging of obese patients

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Background. The effect of time-of-flight (TOF) and point spread function (PSF) modeling in image reconstruction has not been well studied for cardiac PET. This study assesses their separate and combined influence on 82 Rb myocardial perfusion imaging in obese patients.

Methods. Thirty-six obese patients underwent rest-stress 82 Rb cardiac PET. Images were reconstructed with and without TOF and PSF modeling. Perfusion was quantitatively compared using the AHA 17-segment model for patients grouped by BMI, cross-sectional body area in the scanner field of view, gender, and left ventricular myocardial volume. Summed rest scores (SRS), summed stress scores (SSS), and summed difference scores (SDS) were compared.

Results. TOF improved polar map visual uniformity and increased septal wall perfusion by up to 10%. This increase was greater for larger patients, more evident for patients grouped by cross-sectional area than by BMI, and more prominent for females. PSF modeling increased perfusion by about 1.5% in all cardiac segments. TOF modeling generally decreased SRS and SSS with significant decreases between 2.4 and 3.0 ($P<.05$), which could affect risk stratification; SDS remained about the same. With PSF modeling, SRS, SSS, and SDS were largely unchanged.

Conclusion. TOF and PSF modeling affect regional and global perfusion, SRS, and SSS. Clinicians should consider these effects and gender-dependent differences when interpreting 82 Rb perfusion studies. (J Nucl Cardiol 2018;25:1521-45)

Spanish Abstract

Antecedentes. El efecto de los algoritmos de reconstrucción "time of flight" (TOF) y "point spread function" (PSF) en la reconstrucción de imágenes no ha sido bien estudiado para el PET cardiaco. Este estudio evalúa su influencia en por separado y combinado en los estudios de imagen de perfusión miocárdica con 82Rb en pacientes obesos.

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Métodos. Treinta y seis pacientes obesos fueron sometidos a un PET cardiaco ⁸²Rb en estrés y en reposo. Las imágenes fueron reconstruidas con y sin TOF y PSF. La perfusión fue comparada cuantitativamente utilizando el modelo segmentario AHA17 para pacientes agrupados por IMC, área corporal transversal in el campo de vista del escáner, sexo y volumen ventricular izquierdo miocárdico. Los puntajes sumados de reposo (SRS), los puntajes sumados de estrés (SSS) y el puntaje diferencial sumado (SDS) fueron comparados.

Resultados. El TOF mejoró la uniformidad visual del mapa polar e incrementó la perfusión de la pared septal hasta un 10%. Este incremento fue mayor para pacientes más grandes, más evidentemente en pacientes agrupados por área transversal que por IMC, y siendo más prominente en mujeres. El PSF aumentó la perfusión por cerca de 1.5% en todos los segmentos cardiacos. El TOF generalmente disminuyó el SRS y el SSS con disminuciones significativas entre 2.4 y 3 ($P<.05$), lo cual podría afectar la estratificación por riesgo; el SDS permanece igual. Con el modelamiento PSF, el SRS, el SSS y el SDS no presentaron cambios.

Conclusión. El TOF y el PSF afecta a la perfusión regional y global, el SRS y el SSS. Los clínicos deberían considerar estos efectos y las diferencias dependientes de sexo cuando se interpretan los estudios de perfusión con 82Rb. (J Nucl Cardiol 2018;25:1521–45)

Chinese Abstract

背景. 飞行时间(TOF)和点扩散函数(PSF)建模对于心脏 PET 成像重建的影响尚未完善建 立。本研究评估其单独以及联合使用对肥胖病人行铷 82 心肌灌注成像的影响。

方法. 36 个肥胖病人接受静息-负荷的铷 82 心脏 PET 成像扫描。图像分别在有无 TOF 和 PSF 建模的情况下被重建。病人按照 BMI、扫描仪视野下横断面的体表面积、性别和左室容 积进行分组,采用 AHA 17节段模型量化对比灌注情况,比较静息灌注总积分(SRS),负荷灌注总 积分(SSS)和灌注总积分差值(SDS)。

结果. TOF 改进了靶心图的视觉一致性, 间隔壁的灌注增加了10%。这种增加表现为: 体 型越大的病人增加越大, 以横断面体表面积分组的病人比用 BMI 分组的病人增加更明显,女性 比男性增加更突出。在所有的心脏节段中, PSF 建模增加了约 1.5% 的灌注。TOF 建模总体上 显著降低了SRS和 SSS(在 2.4 和 3.0 之间, P<.05), 这会影响风险分层; SDS 保持不变。利用 PSF 建模, SRS, SSS 和 SDS 在很大程度上保持不变。

结论. TOF 和 PSF 建模影响局部和整体灌注、SRS 以及 SSS。当阅读铷 82 灌注图像时, 临床医生应该考虑这些因素的影响以及性别导致的不同。 (J Nucl Cardiol 2018;25:1521–45)

French Abstract

Contexte. L'effet de la modélisation du temps de vol (TOF) et de la fonction d'étalement ponctuel (PSF) pour la reconstruction d'images n'a pas été bien étudiée pour la TEP en cardiologie. Cette étude évalue l'influence séparée et combinée des ces deux facteurs sur la perfusion myocardique par imagerie au ⁸²Rb chez les patients obèses.

Méthodes. Trente-six patients obèses ont été soumis à une étude TEP repos-effort au ⁸²Rb au repos. Les images ont été reconstruites avec et sans modélisation TOF et PSF. Les résultats de la perfusion myocardique a été comparée quantitativement en utilisant le modèle de 17 segments de l'American Heart Association (AHA). Les patients ont été groupés selon l'index de leur masse corporelle (IMC), et selon leur dimension corporelle transversale dans le champ de vision du scanner, sexe et volume myocardique ventriculaire gauche. Les score de perfusion myocardique au repos (SRS), après effort (SSS) et les scores différentiels (SDS) ont été comparés.

Résultats. TOF améliore l'uniformité visuelle de la carte polaire et augmente la perfusion de la paroi septale de 10%. Cette augmentation est plus importante chez les patients de grande taille et plus apparente chez les patients groupés selon leur dimension corporelle transversale zone plutôt que par l'IMC, et plus élevée chez les femmes. La modélisation PSF augmente la perfusion d'environ 1,5% dans tous les segments cardiaques. La modélisation TOF diminue significativement les scores SRS et le SSS de 2,4 et 3,0 points $(P<0,05)$, ce qui peut changer la stratification; le score SDS est dans l'ensemble inchangé. Avec la modélisation PSF, SRS, SSS et SDS sont largement inchangés.

Conclusion. La modélisation TOF et PSF affectent la perfusion régionale et globale, SRS et SSS. Les cliniciens devraient tenir compte de ces effets et des différences entre les sexes lors de l'interprétation 82Rb études de perfusion. (J Nucl Cardiol 2018;25:1521–45)

Key Words: Coronary artery disease · image reconstruction · myocardial perfusion imaging \cdot obese \cdot PET \cdot time-of-flight \cdot point spread function \cdot 82 Rb

See related editorials, pp. 1546–1549 and pp. 1550–1553

INTRODUCTION

Myocardial perfusion imaging (MPI) with positron emission tomography (PET) has gained increasing interest due to superior image quality over single-photon emission computed tomography (SPECT) and improved diagnostic accuracy owing to higher spatial resolution and correction for attenuation and scatter.^{[1](#page-23-0),[2](#page-23-0)} Obese patients represent a growing amount of patients undergoing evaluation for coronary artery disease (CAD) and the most common myocardial perfusion PET tracer, rubidium-82 (82 Rb), has demonstrated high sensitivity,³ specificity, $\frac{4}{3}$ $\frac{4}{3}$ $\frac{4}{3}$ and improved diagnostic accuracy^{[1,5](#page-23-0)} for the detection of CAD among these patients. A recent study of ⁸²Rb PET comparing obese (body mass index (BMI) \geq 30 kg/m²) with overweight (BMI 25-30 kg/m²) and

normal (BMI $<$ 25 kg/m²) patients showed that the prog-nostic value remained the same irrespective of BMI.^{[6](#page-23-0)}

Advanced PET image reconstruction methods include time-of-flight (TOF) and point spread function (PSF) modeling. The influence of TOF has been studied mainly for oncology, where phantom and patient data have demonstrated better image quality, improved accuracy and precision of regional quantification, and increased contrast and signal-to-noise ratio (SNR), particularly for obese patients. $7-12$ $7-12$ $7-12$ TOF images are less susceptible to artifacts due to inconsistent data used for detector normalization, scatter, and attenuation correction. $13-15$ PSF modeling in iterative reconstruction provides more accurate activity estimates, $\frac{16-18}{6}$ $\frac{16-18}{6}$ $\frac{16-18}{6}$ $\frac{16-18}{6}$ $\frac{16-18}{6}$ decreases image noise and reduces partial-volume effects, though it may cause edge artifacts and alter image noise.^{[18–20](#page-24-0)} PSF modeling improves image quality of cardiac 18 F fluorodeoxyglucose viability (average BMI 28.3 ± 5.9) and ⁸²Rb perfusion studies (average BMI 25.3 \pm 6.5).^{[21](#page-24-0)}

Phantom and patient studies with TOF and PSF modeling have demonstrated promising results for ⁸²Rb cardiac PET, $^{21-24}$ including obese patients;^{[23](#page-24-0)} however, the magnitude of these effects for both normal and obese patients has not been well studied. Armstrong et al^{22} al^{22} al^{22} showed that TOF+PSF reconstruction resulted in greater flow values compared with OSEM, though myocardial flow reserve (MFR) was not affected. The separate influences of TOF and PSF were not studied, but these authors did show an example (their Figure 6) of increased flow in the septal wall of PSF+TOF compared with OSEM. In a study of 27 subjects, Oldan et al 25 25 25 found no significant overall or segmental differences between FDG cardiac images reconstructed with and without TOF. Examples of the differences between TOF and non-TOF 82 Rb cardiac reconstructions (both with PSF) for two obese patients are shown by DiFilippo et al^{23} al^{23} al^{23} (their Figures 2, 3). In a study of SNR for small tumors, the SNR improvement with TOF observed in abdominal and head and neck regions as BMI increases does not hold true in the lungs.^{[9](#page-23-0)} Cardiac SNR results reported recently by Armstrong et al^{[26](#page-24-0)} are consistent with this observation and show that improvement in SNR in the myocardium is independent of BMI. As Wells and de Kemp note in an accompanying editorial, 27 27 27 cardiac imaging with relatively

intense uptake compared to low lung background is different in nature from a homogenous activity region from which early theoretical predictions of the effect of SNR improvement with TOF were derived, 28 28 28 and further study is needed to address the potential benefit of TOF in cardiac imaging. Theoretical analyses of the potential SNR improvements with TOF are further complicated by the routine clinical use of iterative reconstruction algorithms with improved SNR characteristics vs. analytic filtered backprojection algorithms.

In a previous investigation using average and large anthropomorphic cardiac-torso phantoms, we found

that TOF and PSF modeling improved tracer quantitation accuracy and uniformity in the myocardial wall, especially for the phantom representing an obese patient.^{[29](#page-24-0)}

This article presents results on the individual and combined effects of TOF and PSF modeling on myocardial perfusion as a function of patient BMI and crosssectional area of transaxial slices containing the heart. Breast tissue in the field of view and the size of the heart may influence the effects of TOF and PSF modeling, motivating analysis by gender and left ventricular (LV) myocardial volume.

Table 1. Patient demographics

 $*P$ value $< .05$
 $¹M$ ann-Whitp</sup>

 1 Mann-Whitney U test
²Fisher's exact test

²Fisher's exact test

Figure 1. Transaxial CT slice, short-axis slices, and polar maps of rest-stress ⁸²Rb PET MPI for two patients and the four reconstruction algorithms. (A) Subject 5, female, with BMI 38.5 kg/m² and cross-sectional area 1342 cm², and (B) subject 4, male, with BMI 36.0 kg/m² and crosssectional area 905 cm^2 .

MATERIALS AND METHODS

Study Population

Thirty-six patients referred for assessment of CAD with 82Rb PET MPI at the University of Maryland Medical Center were included in the study on a rolling basis as they met enrollment criteria of weight $>$ 113.6 kg (250 lb) or BMI $>$ 30 and provided informed consent under a protocol approved by the University of Maryland, Baltimore Institutional Review Board. Patient demographics are given in Table [1.](#page-3-0)

82Rb PET/CT Acquisition

Rest and pharmacological stress ⁸²Rb PET MPI was performed on a Siemens Biograph mCT PET/CT scanner with four rings of block detectors and a 21.6 cm axial PET field of view.^{[30](#page-24-0)} Patients were instructed to abstain from caffeine products for 12 h prior to the study. Imaging was performed with arms above the head unless this could not be tolerated. First, a CT scan for attenuation correction was performed under free breathing over a 22.4 cm axial field of view. Scan parameters were x-ray tube voltage 120 kVp, tube current

Figure 2. (A) Rest and (B) stress polar maps for OSEM, OSEMTOF, PSF, and PSFTOF reconstructions for the 36 study subjects.

300 mA, exposure time 500 ms, total collimation width 19.2 mm, table speed 57.6 mm/seconds, table feed per rotation 28.8 mm, and pitch factor 1.5. The $CTDI_{vol}$ was 7.28 mGy and the dose-length product was 174 mGy·cm.

Next, two 8-minute 3D listmode PET studies were performed at rest and under pharmacological stress with adenosine or regadenoson. Activity was administered from a Cardiogen 82Sr-82Rb generator (Bracco Diagnostics). The activity administration parameters were a maximum administered activity of 2220 MBq (60 mCi), maximum flow rate of 50 mL/minute, and a maximum injected volume of 50 mL. Weight-dependent dosing was not performed. The actual injected activity (mean \pm SD) for each scan was 1974 ± 312 MBq (53.3 \pm 8.4 mCi) with a range of 1095-2231 MBq (29.5-60.3 mCi) and a median of 2203 MBq (59.6 mCi). The smallest amounts of activity (\sim 1110-1480 MBq; \sim 30-40 mCi) were administered when the generator was the oldest (\sim 40 days old; the half-life of ⁸²Sr is 25.3 days) and the dose volume reached the 50 mL limit.

Detector saturation is a concern for large administered doses and fan sum plots showing the coincidence events for each detector block can show saturation and stunning effects.^{[31](#page-24-0)} The fan sum plots were examined in different time frames for each study. Although there is evidence of dose saturation in some detector blocks for a few patients at early times, no saturation effects were observed during the 1.5-8.0 minute period that was used for generation of the perfusion images.

Registration of PET and CT images was checked by the technologist and adjusted via manual rigid-body registration if necessary. PET and CT data were anonymized and transferred to a workstation equipped with Siemens e7 software tools, enabling offline image reconstruction with clinical algorithms.

Image Reconstruction

Static perfusion images were reconstructed using data from 1.5-8 minute post-injection using four different algorithms. These were (1) Ordered Subsets Expectation Maximization (OSEM), (2) OSEM with TOF (OSEMTOF), (3) OSEM with PSF modeling (PSF), and (4) OSEM with PSF modeling and TOF (PSFTOF). The data were corrected for normalization, randoms, scatter, prompt gamma rays, dead time losses, and attenuation. The manner of implementation of corrections for scatter and prompt gamma rays may be found in Refs. $32,33$. PSF modeling used the HD-PET option (Siemens Medical Solutions).^{[16](#page-24-0)} All iterative reconstructions were performed with 4 iterations, 21 subsets, and an 8-mm full width at half maximum (FWHM) 3D Gaussian post-reconstruction filter, which matches clinical practice for 82 Rb TOF image reconstructions.

Image Processing and Analysis

Polar maps of perfusion were generated using PMOD (PMOD Technologies), which extracted peak values (Bq/mL) in the LV myocardium along rays perpendicular to the long axis of the LV. There were 36 samples at 10-degree angular increments in each of 21 equally spaced slices from apex to base plus a single sample at the apex.

Qualitative and quantitative analyses were performed to assess the effects of TOF and PSF modeling. The short-axis images and polar maps were scaled to their own maximum value only for qualitative display.

Figure 3. 17-segment polar maps of segmental differences in cardiac perfusion between the different reconstructions for patients grouped by BMI. The values for non-significant changes are given in white font while significant changes are given in black font.

 (1)

Quantitative analysis was performed using the polar map values of absolute activity concentrations (Bq/mL). These were first averaged in the 17 segments of the American Heart Association (AHA) heart model.^{[34](#page-24-0)} The effect of applying TOF, PSF or both was computed using segmental data normalized to the maximum (peak perfusion) segmental value from OSEM (algorithm (1)). The mean percent change in segmental perfusion relative to OSEM is given by

$$
(\% \text{Change})_i = \frac{1}{N} \sum_{n=1}^{N} \left(\frac{\text{Segment}_{M,n}(i) - \text{Segment}_{\text{OSEM},n}(i)}{\text{Max} \{ \text{Segment}_{\text{OSEM},n}(i) := 1, ..., 17 \}} \right)
$$

× 100,

where *n*=patient number, N =number of patients, $i =$ AHA segment number, M =reconstruction algorithm with TOF and/or PSF.

Differences in segmental perfusion were analyzed according to patient BMI and body cross-sectional area in the field of view (FOV) of the scanner. The latter was motivated by the fact that a small, obese patient could have a high BMI yet not have a large body area in the PET FOV. Errors in scatter and attenuation correction, and the influence of TOF, will likely be greater when there is more body mass in the FOV. The patient cross-sectional area in a transaxial slice through the heart was determined by segmenting a reconstructed x-ray CT slice into air and non-air components using MATLAB (Mathworks). The

Figure 4. 17-segment polar maps of segmental differences in cardiac perfusion between the different reconstructions for patients grouped by cross-sectional area in the PET FOV. The values for non-significant changes are given in white font while significant changes are given in black font.

voxels inside the outer body contour and inside the arm(s) (if in the field of view) were counted and used to compute the cross-sectional area. The perfusion data also were analyzed with respect to gender and LV myocardium size. The LV myocardial volume was determined by Corridor 4DM (INVIA) from automatically determined epicardial and endocardial contours. 35 Due to the non-linear associations between continuous predictors (such as BMI) and the outcomes, patients were grouped based on tertiles, each with 12 patients, to evaluate whether perfusion changes were associated with the magnitude of BMI groups $(\le 41, 41 - 52.1, > 52.1 \text{ kg/m}^2)$, cross-sectional area groups $(<1070, 1070$ -1186, >1186 cm²), and LV myocardial volume groups $(<54, 54-87, >87 \text{ mL})$, respectively.

Summed stress score (SSS), summed rest score (SRS), and summed difference score $(SDS)^{36}$ $(SDS)^{36}$ $(SDS)^{36}$ were automatically computed as in Ref. $37,38$ for each patient and each reconstruction method. Using the 17-segment model, uptake in each segment was normalized to the maximum segment value for that study and multiplied by 100. Each segment was scored as $0=$ normal uptake (85-100%), 1=mild decrease (70-85%), 2=moderate decrease (50-70%), 3=severe decrease (15-50%), and 4=no uptake (0-15%). SSS, SRS, and SDS were computed and analyzed according to patient BMI, crosssectional area, gender, and LV size.

Statistical Analysis

Summary statistics for demographic data were reported and compared by gender, BMI groups, cross-sectional area groups, and LV size groups, respectively, using Mann-Whitney U test or Kruskal-Wallis H test for continuous variables and Fisher's exact test for categorical variables as appropriate. For each summed score (SSS, SRS, and SDS), linear mixed effects models (LMMs) were used to compare the four reconstruction algorithms (OSEM, OSEMTOF, PSF, PSFTOF) with and without adjusting for gender, BMI groups, cross-sectional area groups, and LV size groups, respectively, while taking into account the correlation among the measures from the same patient. The model-based pairwise comparisons among the four reconstruction algorithms were examined using Scheffe´'s method.

Similarly, for the segmental data from rest and stress studies, LMMs were used to compare the four reconstruction algorithms while adjusting for segments and each demographic data of interest (i.e., gender, BMI groups, cross-sectional area groups, and LV size groups). The model-based pairwise comparisons among the four reconstruction algorithms within each segment were examined using Scheffé's method. All statistical tests were performed with a two-sided significance level of 0.05. All analyses were performed using Stata/SE (version 15, Stata Corporation).

The percent change for each segment was displayed in an AHA 17-segment polar map. The values for non-significant

Figure 5. 17-segment polar maps of segmental differences in cardiac perfusion between the different reconstructions for males and females. The values for non-significant changes are given in white font while significant changes are given in black font.

changes are given in a white font while significant changes are given in a black font.

RESULTS

Qualitative Analysis

Short-axis cardiac images and polar maps for two representative subjects are shown in Figure [1](#page-4-0) and polar maps for the four iterative reconstruction methods for all subjects are shown in Figure [2.](#page-5-0) Low perfusion regions are less prominent and polar maps are more uniform with TOF (Figure [1\)](#page-4-0). The latter observation applies to polar maps from all patients (Figure [2](#page-5-0)). In this study, 11 out of 36 patients had one (patients 15, 22) or both

(patients 5, 11, 25, 26, 27, 29, 33, 34, 35) arms in the FOV. With TOF reconstruction, the size and intensity of apparent perfusion defects are often reduced and in general perfusion appears higher in the septal wall.

Quantitative Analysis, Segmental Uptake

The percentage differences in myocardial uptake between (a) TOF and non-TOF (OSEMTOF-OSEM, and OSEMTOF-PSF), (b) PSF and non-PSF (PSF-OSEM and PSFTOF-OSEMTOF), (c) PSFTOF and OSEM (PSFTOF-OSEM), and (d) PSF only and TOF only (PSF-OSEMTOF) algorithms categorized by BMI, patient cross-sectional area, gender, and LV size are

Figure 6. 17-segment polar maps of segmental differences in cardiac perfusion between the different reconstructions for patients grouped by LV volume. The values for non-significant changes are given in white font while significant changes are given in black font.

Table 2. Patient groups by BMI

**P* value<.05 *
¹Kruskal-Walli

 1 Kruskal-Wallis H test
²Fisher's exact test

²Fisher's exact test

summarized in 17-segment polar maps (Figures [3](#page-6-0), [4,](#page-7-0) [5,](#page-8-0) and 6).

General trends are summarized before a detailed analysis by classification scheme. Whole heart perfusion values averaged over the 17 segments were compared with OSEM values. For the rest case, perfusion was 1.9% greater for OSEMTOF, 1.6% greater for PSF, and 3.9% greater for PSFTOF. The differences between each method were significant $(P<.05)$ except for PSF vs. OSEMTOF. For the stress case , perfusion was 2.0% greater for OSEMTOF, 1.8% greater for PSF, and 4.2% greater for PSFTOF. The differences between each method were significant $(P<.05)$ except for PSF vs. OSEMTOF. The magnitude of the differences for stress was not significantly different than the magnitude of the differences for rest.

Iterative reconstructions with TOF showed marked increased uptake in the septal wall and a slight decrease in the inferior and anterolateral walls. PSF modeling resulted in a small uptake increase in almost all 17 segments. This is consistent with higher values expected with resolution recovery. The change in uptake with PSF was comparable for rest and stress studies. The combined effect of TOF and PSF modeling was approximately additive. Due to the greater magnitude of the increase with TOF compared to that with PSF in some septal segments, the difference polar maps of PSF-OSEMTOF showed negative values in some of these

Figure 7. Patient cross-sectional area in the PET scanner field of view vs. BMI.

segments that reached statistical significance. These general trends for TOF and PSF modeling were the same across BMI, cross-sectional area, gender, and LV size groups.

Results by patient BMI. For TOF iterative reconstructions, the change in uptake was greater for the two tertiles with greater BMI, with peak values slightly larger for the BMI-II group (Figure [3](#page-6-0)). The trend was for increased perfusion throughout the septal wall, though increases reached statistical significance $(P<.05)$ only for AHA segments 8 (mid anteroseptal) and 14 (apical septal) walls. When only PSF was modeled in image reconstruction, the change in uptake was comparable among the groups and did not reach statistical significance in any segment. For PSFTOF, the magnitude of the changes was greater than for TOF or PSF alone, reflecting their combined influence, and only reached statistical significance in segments 8 and 14 in BMI-II and BMI-III groups.

Patient characteristics for the BMI tertiles are summarized in Table [2](#page-10-0). Not unexpectedly the weight $(P<.001)$ and area of the transaxial slice containing the heart $(P<.001)$ were significantly different among the BMI tertiles. The distribution of male and female patients was not associated with the BMI group $(P=.32)$.

Results by patient cross-sectional area. The observation that the magnitude of uptake changes with TOF was not greater for BMI tertile III than BMI tertile II was initially puzzling. This led us to consider the physical factors leading to changes with TOF. Corrections for attenuation and scatter and the effect of misregistration between emission and transmission

scans due to respiration, for example, will be greater when more of the body is in the FOV of the PET scanner. Although body cross-sectional area is related to BMI (Figure 7), short patients could have a high BMI yet have less body area in the scanner than a tall patient with a small BMI. This provided the rationale for evaluating changes due to TOF and PSF as a function of body cross-sectional area in a transaxial slice through the heart.

Patients were grouped into cross-sectional area tertiles and results are shown in Figure [4.](#page-7-0) For TOF iterative reconstructions, the change in uptake generally increased in patient groups with greater cross-sectional area (Patient Area-III>Patient Area-II>Patient Area-I). As for BMI, the trend was for increased perfusion in the septal wall with statistically significant differences $(P<.05)$ only for segments 8 and 14. For reconstructions with PSF modeling, the change in uptake was comparable among patient groups. For PSFTOF, a similar trend as with TOF was observed.

Patient characteristics for the cross-sectional area tertiles are summarized in Table [3.](#page-12-0) As expected, there were statistically significant differences in weight and BMI among the groups. The differences in LV myocardial volume were not statistically significant. The distribution of male and female patients was not associated with the LV size group $(P=.32)$.

Results by gender. For TOF iterative reconstructions, the change in uptake in the septal wall was generally greater for females than males and reached statistical significance for AHA segments 8 (mid anteroseptal) and 14 (apical septal) walls for females,

Table 3. Patient groups by cross-sectional area

**P* value<.05 *
¹Kruskal-Walli

 1 Kruskal-Wallis H test
²Fisher's exact test

²Fisher's exact test

but not for males (see top two rows of polar maps in Figure [5](#page-8-0)). The effect of PSF modeling was a slight increase in uptake that was comparable between males and females and did not reach statistical significance for any segment. For PSFTOF, the magnitude of change in uptake was greater than for TOF or PSF alone and reached statistical significance in females for heart segments in the anteroseptal and apical anterior walls (see row 5 of the polar maps, segments 2, 8, 13, and 14).

The differences between genders could be due to breasts in the field of view or other factors that correlate with gender. For example, LV myocardial volumes were generally larger for males than for females, as expected (Figure [8](#page-13-0)). This makes it difficult to decouple the effect of breasts from those of spillover and spatial blurring,

which have a greater relative effect for small hearts. Patient characteristics for the two genders are summarized in Table [1.](#page-3-0) Differences in weight and LV myocardial volume were statistically significant (both $P<.05$), while differences in BMI, cross-sectional area and age were not.

Results by LV myocardial volume. For TOF iterative reconstructions, the change in uptake was greater in patient groups with a smaller LV size (Figure [6,](#page-9-0) rows 1 and 2). Once again there were increases in the septal wall area that reached statistical significance in AHA segments 8 and 14. With PSF modeling, the slight increase in uptake was comparable among patient groups but was not statistically significant (Figure [6,](#page-9-0) rows 3 and 4). For PSFTOF, a similar trend as

Figure 8. LV myocardial volume distribution for males and females. Dashed lines represent the grouping into tertiles based on LV size.

with TOF was observed, with slightly larger increases in perfusion (Figure [6](#page-9-0), row 5). Patient characteristics for the LV size tertiles are summarized in Table [4.](#page-14-0) Weight was smaller in the LV size-I group $(P=.05)$ and the distribution of male and female patients was different in the LV size-III group, with more males and fewer females $(P=.004)$.

Quantitative Analysis, Summed Scores

The differences in SRS, SSS, and SDS between the reconstruction algorithms were compared on a pairwise basis for all subjects (Table [5](#page-15-0)) and for BMI, patient cross-sectional area, gender, and LV myocardial volume subgroups (Tables [6,](#page-16-0) [7](#page-11-0), 8, and [9\)](#page-21-0) using LMMs.

Over all subjects (Table [5](#page-15-0)), the mean SRS and SSS were significantly smaller for reconstructions with TOF compared with reconstructions without TOF (OSEM-TOF vs. OSEM, PSFTOF vs. PSF, PSFTOF vs. OSEM). The magnitude of these decreases ranged between 2.4 and 3.0 and was about the same for SRS and SSS; as a result, the mean SDS differences were near zero and not significantly different. The mean SRS, SSS, and SDS were not significantly different between PSF and non-PSF reconstructions (PSF vs. OSEM, PSFTOF vs. OSEMTOF). These findings are consistent with qualitative polar map and quantitative segmental analyses.

For BMI groups (Table [6](#page-16-0)), all significant changes in SRS and SSS were the result of including TOF in image reconstruction. Significant changes were observed only for the BMI-I and BMI-II tertiles. The magnitude of significant decreases ranged between 2.9 and 4.3. There

were no significant changes in SDS in any BMI tertile for any reconstruction method.

For cross-sectional area groups (Table [7\)](#page-18-0), again all significant differences in SRS and SSS were the result of including TOF in image reconstruction, though TOF did not always result in a significant difference. The number of comparisons for which the differences achieved statistical significance was one for tertile I, 3 for tertile II, and 5 for tertile III. The significant decreases with TOF ranged between 2.8 and 3.4. There were no significant changes in SDS for any cross-sectional area tertile or any reconstruction method.

For gender groups (Table [8\)](#page-20-0), there were only significant changes for females. These occurred only for SRS and SSS when TOF was additionally included in image reconstruction. The magnitude of the significant decreases ranged between 3.1 and 4.0. There were no significant changes in SDS.

For LV myocardial volume groups (Table [9\)](#page-21-0), there were changes in SRS for tertiles I and II and in SSS for tertiles II and III. All were associated with the application of TOF reconstruction, in some cases with PSF as well. The magnitude of the significant decreases in SRS and SSS ranged between 2.7 and 4.9. There were no significant changes in SDS.

DISCUSSION

This study evaluated the effects of TOF and PSF modeling on ⁸²Rb myocardial perfusion PET in obese patients. The most striking qualitative effects with TOF (Figures [1](#page-4-0), [2](#page-5-0)) are (1) improved visual uniformity of the polar maps, (2) increased amplitudes in the septal wall, and (3) reduction in visual appearance of perfusion defects. For observation (1), improved uniformity is likely due to a reduction in artifact strength when there is mismatch between the emission and attenuation maps. The septal wall may be more sensitive to mismatch effects, which could account for observation (2), and many of the perfusion defects in the study population are in the septal wall. A relative increase in septal wall perfusion with TOF is consistent with previous observations.^{[22,23](#page-24-0)} The effect of TOF is particularly evident in the quantitative 17-segment analyses when patients are grouped by size (Figures [3,](#page-6-0) [4\)](#page-7-0). Septal wall perfusion increases by up to about 10% with TOF and is greater for larger patients. The increase with body size is more evident when patients are grouped by cross-sectional area of transaxial slices containing the heart. This is physically reasonable because PET-CT mismatch affecting attenuation and scatter correction is expected to be larger with more body mass in the scanner FOV.

Table 4. Patient groups by LV myocardial volume

 $*P$ value $< .05$

 1 Kruskal-Wallis H test

 2 Fisher's exact test

There are differences in the effect of TOF between males and females. The increase in septal wall perfusion with TOF is larger and only statistically significant for females (Figure [5\)](#page-8-0). With females, the breasts contribute to soft tissue mass in the cardiac FOV and move with respiration. Thus, the mismatch between PET and CT images may be greater on average for females, possibly accounting for the larger effect of TOF in minimizing the inconsistencies. Since scatter is greater as body mass increases and scatter correction uses the attenuation

map, TOF may also partially compensate for errors in scatter correction due to emission-attenuation map mismatch. With our limited dataset it is not possible to decouple the influence of gender-related effects from heart size (Figure [8](#page-13-0)).

There are technical factors that make scatter correction more challenging for large patients, in particular the fitting and scaling of a simulated scatter tails to the observed scatter tails. For the Biograph mCT the x-ray CT scan for attenuation correction is reconstructed out

Table 5. Comparison of summed score statistics over all patients

The two "x" marks in a given row indicate which two of the four image reconstruction methods are compared Entries are mean±SD

 $*P$ value $<$.05

 ${}^{1}P$ value from Scheffé method

to a diameter of 78 cm (the FOV for clinical diagnosis is 50 cm), which is the patient bore diameter of the scanner. The PET activity is reconstructed out to a 70 cm diameter field of view. The extension of single scatter simulation to TOF scatter correction implemented by Siemens is described in Ref. 32 32 32 For our study, the largest lateral dimension of a patient in a transaxial slice containing the heart had a mean of 55.2 cm, a median of 53.5 cm, and a range of 38.4-69.0 cm. The corresponding largest anterior-posterior dimension had a mean of 32.0 cm, a median of 32.0 cm, and a range of 22.4-39.6 cm. On average, the patients filled 30% (range 14-43%) of the PET FOV (using data from Table [1](#page-3-0) and the area inside the 70 cm diameter PET FOV). There were five patients with a small part of the body outside of the 70 cm PET FOV, and this was always part of an arm. The mean distance outside the 70 cm diameter circle was 2.2 cm with a range of 2.0-2.7 cm. For some patients, this would likely have a small effect on scatter correction. Previous work has shown that TOF reconstructions are less sensitive to data inconsistencies than

non-TOF reconstructions.[13,14](#page-24-0) Perhaps due to its more central location in the body, the septal wall is more sensitive to inconsistencies in scatter, prompt gamma, and attenuation corrections than other parts of the heart, and any resulting bias is partially compensated with TOF image reconstruction. Although the heart was always near the center of the field of view, the large body habitus with part of the body sometimes near the edge and outside of the reconstructed PET FOV makes scatter and prompt gamma correction more difficult and would be a suitable topic for future investigation.

The effect of PSF modeling was a small increase in perfusion averaging 1.5% in almost all heart segments, though this did not reach statistical significance for any segment (Figures [3,](#page-6-0) [4](#page-7-0), [5,](#page-8-0) and [6\)](#page-9-0). Images were filtered with the clinically used 8-mm FWHM Gaussian filter, which may have diminished the effect of PSF modeling. PSF modeling was approximate because it was based on the system response for $^{18}F,^{16}$ $^{18}F,^{16}$ $^{18}F,^{16}$ which has a smaller positron range than ⁸²Rb.

Table 6. Summed score statistics by BMI

Table 6. continued

The two "x" marks in a given row indicate which two of the four image reconstruction methods are compared Entries are mean±SD

 $*P$ value $< .05$
 ${}^{1}P$ value from Scheffé method

TOF plus PSF modeling combined the individual effects of TOF and PSF, with the largest amplitude increases in the septal wall. The magnitude of the effects appears roughly additive and the response is dominated by the TOF effects.

TOF generally decreased SRS and SSS, with significant mean decreases between 2.4 and 3.0 (Table [5](#page-15-0); OSEMTOF vs. OSEM, PSFTOF vs. PSF). This could affect patient risk stratification and move some patients into a less severe category. Changes in SRS and SSS tended to be in the same direction, with the result that SDS values tended to remain unchanged. The addition of PSF in image reconstruction (PSF vs OSEM, PSFTOF vs OSEMTOF) did not significantly change SRS, SSS, or SDS. The effect of TOF on SRS and SSS was greater for females (Table [8\)](#page-20-0).

Reconstructed images used coincidence data from 1.5 to 8 minutes after Rb-82 injection as is standard of care at our institution. Use of an earlier starting time would result in an increased number of counts at the

expense of decreased blood pool clearance, while a later starting time would result in fewer counts with increased blood pool clearance. Adjustment of the starting time would thus affect the image noise. It is likely that the study results would be similar if the starting time were adjusted, both because of the spatial smoothing employed as part of image reconstruction and because the quantitative analysis used a 17-segment model rather than a finer cardiac subdivision.

This was a clinical study and the true perfusion is not known. In general, however, better modeling of the physics of photon transport and detection within the body and PET instrumentation in image reconstruction will result in more accurate estimation of in vivo radiopharmaceutical uptake. In a recent study of anthropomorphic cardiac-torso phantoms of large patients, we showed that incorporating TOF and PSF modeling in image reconstruction improves quantitation accuracy.^{[29](#page-24-0)} TOF reduced artifacts associated with deliberate spatial mismatch between the emission scan and the x-ray CT

Table 7. Summed score statistics by patient cross-sectional area in the FOV

Table 7. continued

The two "x" marks in a given row indicate which two of the four image reconstruction methods are compared Entries are mean±SD ¹

 ${}^{1}P$ value from Scheffé method

 $*P$ value $< .05$

scan used for attenuation correction. It is therefore likely that clinical image reconstructions using TOF and PSF modeling provide the best estimates of myocardial perfusion. Nonetheless, additional phantom studies with perfusion defect inserts may shed additional light on the change in defect sizes observed in the polar map displays of these clinical studies for different image reconstruction methods, particularly for TOF vs. non-TOF reconstructions.

The results of this study show that both TOF and PSF modeling in image reconstruction have measurable effects on qualitative and quantitative observations of perfusion. Clinicians should consider these effects and gender differences when interpreting ⁸²Rb perfusion studies. Further work is needed to investigate the observed dependence on gender. Work is ongoing to study the separate effects of TOF and PSF on absolute myocardial blood flow and flow reserve.

STUDY LIMITATIONS

This is a single-center study with a limited number of patients and the demographics are representative of obese patients presenting for PET MPI at the University of Maryland Medical Center. The patients were enrolled over a period of 12 months and in this study 9 of the patients were male and 27 were female. The gender distribution of obese patients presenting for MPI will differ at other institutions and further work is necessary to assess whether the conclusions of this paper apply to other patient populations.

This study employed clinical settings of iteration number, number of subsets, and post-reconstruction filter and did not systematically evaluate different settings. Convergence to a given noise level, image resolution, or other metric would depend on factors such as administered activity, patient weight, BMI, and other aspects of body habitus or physiology and is likely

Table 8. Summed score statistics by gender

Table 8. contimud

The two "x" marks in a given row indicate which two of the four image reconstruction methods are compared Entries are mean±SD

 $*$ P value $<$.05
¹P value from Scheffé method

Table 9. continued

The two "x" marks in a given row indicate which two of the four image reconstruction methods are compared Entries are mean±SD

* P value $<$.05
¹P value from Scheffé method

patient-dependent, though certain fixed values of iterations, subsets, and post-reconstruction filter are commonly employed in clinical practice, with some sites using fewer iterations with TOF reconstruction. Certain image reconstruction settings that were used in this study, such as 21 subsets for non-TOF image reconstructions, were possible with the Siemens e7 software toolkit and may not be available as part of the clinical software release on the Biograph mCT. A thorough investigation of image reconstruction parameters is non-trivial and would merit a separate investigation. The PET scans and implementation of TOF and PSF modeling used hardware and software of a single vendor (Siemens Medical Solutions) and applicability of the findings for PET systems of other manufacturers would need to be validated.

NEW KNOWLEDGE GAINED

The individual and combined effects of TOF and PSF modeling in image reconstruction were investigated for 82Rb MPI in obese patients. The major effect of TOF was improved visual uniformity of polar maps and greater perfusion in the septal wall as the body crosssectional area in the PET scanner FOV increased. This latter effect was more prominent for females than males. PSF modeling generally resulted in a small increase in perfusion in all cardiac segments. The general effect of TOF modeling was to decrease SRS and SSS, which could affect patient risk stratification. These changes were about the same magnitude and so SDS remained about the same. With PSF modeling SRS, SSS, and SDS were largely unchanged. This paper adds to the knowledge of how advanced image reconstruction algorithms affect ⁸²Rb myocardial perfusion imaging of obese patients.

CONCLUSION

TOF and PSF modeling in image reconstruction both had significant effects on ⁸²Rb PET MPI of obese patients. TOF improved visual uniformity of polar maps, increased amplitudes in the septal wall, and reduced the visual appearance of perfusion defects. Septal wall perfusion increased by up to about 10% with TOF and this increase was greater for larger patients. The increase was more evident for patients grouped by body crosssectional area in transaxial slices containing the heart than by BMI. The increase in septal wall perfusion with TOF was greater for females than males. The effect of PSF modeling was a small increase in perfusion in almost all heart segments, averaging about 1.5%. TOF modeling generally decreased SRS and SSS, which could affect risk stratification. These changes were about

the same magnitude and so SDS remained about the same. With PSF modeling, SRS, SSS, and SDS were largely unchanged. Clinicians should consider effects of TOF and PSF modeling and gender differences when interpreting ${}^{82}Rb-82$ perfusion studies.

Disclosure

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