

Interactions between myocardial sympathetic denervation and left ventricular mechanical dyssynchrony: A CZT analysis

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Background. A correlation between left ventricular (LV) dyssynchrony (LVD) and impaired myocardial sympathetic tone has been hypothesized. We sought to assess the interactions between regional LV sympathetic innervation, perfusion, and mechanical dyssynchrony.

Methods. Eighty-three patients underwent evaluation of LV perfusion and sympathetic innervation on 99m Tc-tetrofosmin/¹²³I-metaiodobenzylguanidine (123 I-MIBG) imaging. The summed rest score and summed 123I-MIBG score (SS-MIBG) were computed. The extent of ''innervation/perfusion'' mismatch was defined as the number of denervated LV segments with relatively preserved perfusion. LVD was evaluated on phase analysis and the wall with latest mechanical activation identified.

Results. LVD was revealed in 36 (43%) patients. Patients with LVD had more abnormal values of SRS $(21 \pm 9 \text{ vs } 10 \pm 8, P < 0.001)$ and SS-MIBG $(29 \pm 9 \text{ vs } 17 \pm 11, P < 0.001)$ than those without LVD. The presence of LVD also clustered with a higher burden of ''innervation/perfusion'' mismatch ($P = 0.019$). On per-wall analysis, LV walls with delayed mechanical activation showed a higher burden of "innervation/perfusion" mismatch $(2.3 \pm 1.4$ segments) than normally contracting walls $(1.3 \pm 1.2$ segments; $P < 0.001$). On multivariate analysis, the extent of "innervation" perfusion'' mismatch was the only predictor of delayed mechanical activation ($P = 0.029$).

Conclusions. Patients with LVD show an elevated burden of ''innervation/perfusion'' mismatch that is concentrated at the level of the most dyssynchronous walls. (J Nucl Cardiol 2019;26:509–18.)

Key Words: 123 I-metaiodobenzylguanidine · left ventricular dyssynchrony · CZT ·

 $innervation/perfusion$ mismatch \cdot phase analysis

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INTRODUCTION

Left ventricular (LV) mechanical dyssynchrony has become a novel cardiac functional parameter, characterized by an adverse clinical and prognostic impact, $1,2$ independently from the presence of LV systolic dysfunction. $2-5$ Phase analysis on single-photon emission computed tomography (SPECT) imaging allows to quantify the presence LVD, giving the chance to assess simultaneously LV perfusion and mechanics. $6,7$ The introduction of Cadmium-Zinc-Telluride (CZT) cameras has represented a significant breakthrough in nuclear cardiology, allowing a significant improvement in image quality despite a radical reduction of radiation burden and acquisition times. 8.9 Using this novel technology, it has been demonstrated that the presence of LVD may associate with alterations of LV perfusion and function, independently from LV systolic function and coronary artery disease (CAD) extent.^{10,11} Interestingly, an association between the presence of LVD and alterations of LV sympathetic innervation has also been hypothe-sized.^{[12](#page-8-0)[,13](#page-9-0)} Nuclear imaging allows performing a noninvasive evaluation of LV regional adrenergic tone through the use of a highly specific radiotracer, namely ¹²³I-metaiodobenzylguanidine $(^{123}$ I-MIBG).^{[14–16](#page-9-0)} Moreover, the feasibility of a combined evaluation of myocardial innervation and perfusion within the same imaging session has been also demonstrated, $15,16$ $15,16$ $15,16$ allowing the assessment of the burden of abnormally innervated albeit viable LV myocardium (i.e., ''innervation/perfusion'' mismatch), a possibly innovative risk marker in different patient categories.^{[16,17](#page-9-0)} In particular, a comprehensive evaluation of the relationships between regional LV perfusion, adrenergic innervation, and mechanics is still lacking. Accordingly, our specific hypothesis was that the presence of LVD might associate with regional alterations of myocardial sympathetic innervation and a higher burden of ''innervation/perfusion'' mismatch, possibly localizing at the level of the most dyssynchronous LV walls. Therefore, we aimed at assessing the interactions between regional myocardial ''innervation/perfusion'' imbalance and LVD in patients submitted to low-dose, 123 I-MIBG/^{99m}Tc-Tetrofosmin imaging on a dedicated cardiac CZT camera.

MATERIALS AND METHODS

Patient Population

We selected retrospectively all the 83 consecutive subjects that underwent myocardial perfusion imaging, with resting gated ^{99m}Tc-tetrofosmin tomographic acquisition on a dedicated CZT camera (Discovery NM 530c; GE Healthcare; Haifa, Israel), and cardiac adrenergic innervation imaging by means of ¹²³I-MIBG CZT scintigraphy followed by standard planar acquisition between 2013 and 2016 in our institution. Both planar and tomographic acquisitions were performed on the same day. The exclusion criteria were haemodynamic instability or severely symptomatic heart failure (NYHA Class IV), active myocardial inflammatory/infective disease, a recent $(₆ months)$ cardiovascular and/or cerebrovascular event, and previous open-heart surgery. The study was approved by the local Ethical Committee and conformed to the Declaration of Helsinki on human research. Written informed consent was obtained from every patient.

Study Protocol

Patients underwent 123I-MIBG CZT tomographic evaluation followed by a planar acquisition on a standard camera and subsequently ^{99m}Tc-tetrofosmin rest CZT acquisition using a single-day protocol (55–111 MBq for innervation and 185–259 MBq for perfusion scan). Fifteen minutes after the administration of the 123 I-MIBG, a tomographic acquisition of 10 minutes was performed.^{[12,](#page-8-0)[15,16](#page-9-0)} A 10-minutes planar image of the anterior thorax was then acquired using a dualheaded gamma camera (E.Cam; Siemens Medical Solution; Hoffman Estates, IL, USA), equipped with a low-energy allpurpose parallel-hole collimator. All images were acquired with a 128×128 matrix and a 20% energy window centered at the 159 keV photopeak of 123 I. Repeat planar and CZT studies were acquired 4 h after injection.^{[15](#page-9-0)} Fifteen minutes after the delayed 123 I-MIBG acquisition, all patients underwent the 99m Tc-tetrofosmin CZT scan, lasting 8 minutes.^{[12,](#page-8-0)[15](#page-9-0)} Acquisitions were anticipated, when necessary, by the administration of sublingual nitrates. Images were reconstructed on a standard workstation (Xeleris II; GE Healthcare) using a previously validated dedicated iterative algorithm with 50 iterations. A Butterworth post-processing filter (frequency 0.37 cycles/cm, order 7) was applied to the reconstructed slices, without scatter or attenuation correction.

Analysis of Innervation and Perfusion Images

From anterior planar ¹²³I-MIBG scintigraphic images, the early and late heart-to-mediastinum (H/M) count ratios were calculated as the ratios of the average counts per pixel of the respective ROIs.^{[13,14](#page-9-0)} The ¹²³I-MIBG washout rate was computed after correction for background activity and without time-decay correction.
^{99m}Tc-tetrofosmin and ¹²³I-MIBG CZT images were

scored semi-quantitatively using the same 17-segment LV model and a five-point scale using a commercially available software (Corridor4DM; Invia, Ann Arbor, MI). The scores corresponded approximately to $0 =$ normal (100% to 70%) uptake), $1 = \text{mild } (69\% \text{ to } 50\% \text{ uptake})$, $2 = \text{moderate } (49\% \text{$ to 30% uptake), $3 =$ severe reduction of radioisotope uptake (29% to 10% uptake), and $4 =$ absence of detectable tracer uptake $(\leq 10\%$ uptake);^{[18](#page-9-0)} however, they could be modified according to clinical judgment based on all other factors (i.e., the presence of attenuation in regions with normal func-tion).^{[18,19](#page-9-0)} A region was considered non-viable if showing a $\lt 50\%$ ^{99m}Tc-tetrofosmin uptake with abnormal LV motion/ thickening on gated images. Thus the summed rest score (SRS) and the summed ¹²³I-MIBG score (SS-MIBG) were calculated by adding the segmental scores of the perfusion and innerva-tion images, respectively.^{[15](#page-9-0)} Scoring was performed independently by two experienced nuclear physicians (AG and PM) and consensus was reached in case of divergence. As previously reported, only the early 123I-MIBG SPECT dataset was used for further analyses. $\frac{12,15,16}{2}$ $\frac{12,15,16}{2}$ $\frac{12,15,16}{2}$ $\frac{12,15,16}{2}$

Assessment of the Presence of ''Innervation/Perfusion'' Mismatch

The presence of ''innervation/perfusion'' mismatch was defined according to the segmental distributions of ^{99m}Tc-tetrofosmin and ¹²³I-MIBG: relative uptake of ^{99m}Tc-tetrofosmin—¹²³I- $MIBG > 25\%$. This conservative cut-off corresponded approximately to a one-point difference of the semi-quantitative scale used for regional perfusion and innervation. 20 In every patient, the number of LV segments (from 0 to 17) showing relative "innervation/perfusion'' mismatch was recorded. In order to account for the frequent relative reduction of radiotracer uptake at the level of the inferior LV wall, the innervation at the level of the inferior LV wall was considered normal if signs of tissue attenuation were detected (i.e., reduced ^{99m}Tc-tetrofosmin uptake in regions with normal function). In addition, a regional evaluation of myocardial perfusion and innervation was also performed using the same software (Corridor4DM; Invia, Ann Arbor, MI ¹¹ and a five-region LV model (anterior, lateral, inferior, and septal wall and the apex).¹²
For each wall, the percentage of the peak $\frac{99m}{2}$ Tc-tetrofosmin and F ¹²³I-MIBG uptakes was computed and the number of segments showing an "innervation/perfusion" mismatch defined.²¹ In order to account for the relative dimension of the different LV walls, the burden of myocardium showing an ''innervation/perfusion'' mismatch was also expressed as % of the total LV wall extent.

Analysis of LV Function

End-diastolic volume (EDV), end-systolic volume, and ejection fraction (EF) were automatically calculated from 16 frames reformatted images using a commercially available software (Corridor4DM, Invia, Ann Arbor, MI). 22,23 22,23 22,23 On phase analysis, the time to peak myocardial contraction (TTP), defined as the percentage of the cardiac cycle at which the contraction is maximal, was computed, and the standard deviation (SD) of the phase distribution and the histogram bandwidth, during which 95% of myocardium initiated contraction, were automatically generated as measures of LVD .^{[11,12](#page-8-0)} In order to obtain comparable values of SD and histogram bandwidth as in the literature, $3,11$ $3,11$ $3,11$ those two measures of LVD were converted into degrees by multiplying the values of percentages by 3.6 (360/ 100). The presence of LVD was diagnosed when the phase bandwidth and/or the SD exceeded by two SDs the previously published reference values for healthy men (bandwidth $89 \pm 38^{\circ}$; SD $20 \pm 10^{\circ}$) and women (bandwidth $88 \pm 31^{\circ}$; SD $21 \pm 11^{\circ}$) obtained with the same CZT device and imaging protocol.¹¹ For the per-wall analysis, in patients with LVD, the region of latest mechanical activation of the LV myocardium (i.e., the one with the most delayed activation from the TTP) was automatically identified by the software algorithm using the same five-region LV model of the perfusion and innervation studies, as previously reported.^{[12](#page-8-0)} If the region of latest mechanical activation involved two continuous LV walls, they were both considered dyssynchronous. Moreover, when the latest contracting region was represented by the apex, the most delayed nearby myocardial wall was considered in subsequent analyses.

Statistical Analysis

Continuous variables were expressed as mean \pm SD, and categorical variables as percentages. Groups were compared for categorical data using Fisher's exact test and for continuous variables using the analysis of variance followed by the Fisher's protected least significant difference for multiple comparisons. All tests were two-sided; a $P \lt 0.05$ was considered to be significant. Logistic regression models were used to identify the predictors of the presence of LVD. For each variable, the odds ratio (OR) with the respective 95% confidence interval (CI) was reported. Statistical analyses were performed using JMP statistical software (SAS Institute Inc, version 4.0.0) and Stata software (Stata Statistical Software: Release 10, StataCorp. 2007, College Station, TX).

RESULTS

The demographical and clinical characteristics of the overall population and of the patients divided according to the presence of LVD are reported in Table [1](#page-3-0). LVD was revealed in 36 (43%) patients, while LBBB was present in 8 patients (10%). The two groups were comparable regarding major clinical parameters and cardiovascular risk factors.

Relationships Between LV Dyssynchrony, Innervation, and Perfusion: Patient-Based Analysis

Patients with LVD showed more abnormal myocardial functional and structural parameters than those with normal LV contraction (Table [2](#page-3-0)). The presence of LVD clustered with more altered measures of LV perfusion and sympathetic innervation heterogeneity (i.e., SRS and SS-MIBG; Table [2\)](#page-3-0). In the overall population, significant correlations between measures of LVD at phase analysis and both innervation and perfusion parameters were revealed (Figure [1\)](#page-4-0). When the regional distribution of LV perfusion and innervation was analyzed, most of the patients showed regions of ''innervation/perfusion'' mismatch on an average of 7 ± 3 LV segments. Interestingly, as shown in Figure [2,](#page-4-0) a significant association was evident between the presence of LVD and the burden of ''innervation/perfusion'' mismatch. On multivariate

Table 1. Characteristics of the patients

Bold values indicate statistical significance ($P < 0.05$)

Table 2. LV functional data

Bold values indicate statistical significance (P < 0.05)
H/M, heart-to-mediastinum; ¹²³I-MIBG, ¹²³I-metaiodobenzylguanidine; SS-MIBG, summed ¹²³I-MIBG score

analysis, the extent of ''innervation/perfusion'' mismatch resulted, together with a depressed EF, the major predictor of LVD (Table [3\)](#page-5-0).

Relationships Between LV Dyssynchrony, Innervation, and Perfusion: Wall-Based Analysis

In patients with LVD, the region of latest myocardial mechanical activation was located in the anterior, lateral, inferior, or septal wall in 3 (7%), 14 (30%), 15(33%), and 14 (30%), respectively, involving 1 LV wall in 26 patients (72%) and 2 walls in the remainders. While the uptake of ^{99m}Tc-tetrofosmin did not vary significantly in regions with delayed mechanical activation, the myocardial uptake of 123 I-MIBG was gradually decreased in LV walls of patients without mechanical dyssynchrony, normally contracting walls of patients with mechanical dyssynchrony, and walls with delayed mechanical activation (Figure [3\)](#page-6-0). Similarly, LV walls

Figure 1. Relationships between measures of regional LV perfusion (left panels) and innervation (right panels) heterogeneities and measures of LVD: A phase standard deviation and B histogram bandwidth.

Figure 2. Interaction between LVD and the regional burden of ''innervation/perfusion'' mismatch in patients with (36 subjects; red column) and without (47 subjects; blue column) LVD.

showing a delayed mechanical activation also presented the highest burden of ''innervation/perfusion'' mismatch (Figure [3\)](#page-6-0). On multivariate analysis, the presence and extent of ''innervation/perfusion'' mismatch was the only predictor of delayed regional myocardial activation [OR 1.46, 95% CI (1.04–2.06); $P = 0.029$],

overwhelming the effects of other functional parameters. A representative case of a patient with co-localized ''innervation/perfusion'' mismatch and delayed LV mechanical activation is shown in Figure [4.](#page-7-0)

DISCUSSION

LVD associates with the presence of significant LV functional impairment and clusters with relevant alterations of regional myocardial perfusion and sympathetic innervation. Patients with LVD show an extensive burden ''innervation/perfusion'' mismatch that is concentrated at the level of the dyssynchronous LV walls, suggesting a relationship between regional sympathetic denervation and abnormal LV mechanics.

Functional Predictors of LV Mechanical Dyssynchrony

While the presence of LVD is generally believed a prerogative of patients with compromised LV systolic function, a dyssynchronous myocardial mechanical activation may be revealed also in subjects with a normal EF, still predicting adverse cardiac progno- $\sin^{-1-3,24}$ $\sin^{-1-3,24}$ $\sin^{-1-3,24}$ Nuclear cardiac imaging has represented a reference standard for the evaluation of LVD, phase

Bold values indicate statistical significance (P < 0.05)
LV, left ventricular; MIBG, ¹²³I-metaiodobenzylguanidine

* Number of LV segments

analysis being one of the first algorithms for its absolute quantification, $\frac{7}{1}$ $\frac{7}{1}$ $\frac{7}{1}$ and allowing the three-dimensional assessment of both LV perfusion and mechanical activation. $11,12$ Nevertheless, while various predictors of LVD have been reported, 11 few studies have insofar investigated the relative contribution of major cardiac functional parameters on the development of dyssynchronous LV mechanical contraction. Our data show that, in patients submitted to an integrated evaluation of myocardial contractile function, perfusion, and adrenergic innervation, LVD was ultimately predicted by the presence of significant regional innervation and perfusion abnormalities, overwhelming the effect of LV systolic function. In patients with LVD, while the walls showing the most delayed mechanical activation showed significantly abnormal measures of perfusion and adrenergic innervation, the extent of regional ''innervation/ perfusion'' mismatch resulted as the strongest predictor of dyssynchronous mechanical activation.

LVD and Sympathetic Innervation

¹²³I-MIBG imaging represents the reference technique for the non-invasive depiction of cardiac adrenergic innervation, due to its elevated image quality, and low operative costs. 25 Moreover, when performed with dedicated CZT-based cardiac cameras, 123 I-MIBG

imaging can be performed easily with a few minutes acquisition time and a consistently reduced injected dose.^{[15](#page-9-0)} In particular, the elevated photon sensitivity of CZT devices allows performing a combined evaluation of LV innervation and perfusion within the same imaging session and with a contained radiation burden (in the range of 3 mSv for the entire imaging protocol), possibly expanding the application of this technology to a wider arena of patients.^{[12](#page-8-0),[16,20](#page-9-0)} Accordingly, initial reports have suggested that an abnormal LV sympathetic innervation at 123 I-MIBG imaging may associate with significantly depressed LV systolic function and predict the occurrence of LVD.^{[12](#page-8-0),[13,26](#page-9-0)} Similarly, sympathetic denervation and LVD may interact in predicting patients events, possibly identifying subjects at higher risk of sudden cardiac death. 27 The present study shows that LVD associates with the presence of regional alterations of key parameters of myocardial perfusion and adrenergic innervation. In particular, those functional alterations were more prevalent at the level of dyssynchronous LV walls, suggesting a causal relationship between regional alterations of cardiac sympathetic innervation and LV mechanics. Moreover, our result suggests that the burden of abnormally innervated but viable LV myocardium, as a measure of regional ''innervation/perfusion'' mismatch might represent, more than the global extent of LV sympathetic

Figure 3. A Perfusion and innervation heterogeneity (relative tracer uptakes of ^{99m}Tc-tetrofosmin and 123 I-MIBG) and **B** extent of regional LV "innervation/perfusion" mismatch (number of mismatched segments and % of mismatched myocardium) in LV walls of patients without mechanical dyssynchrony (47 subjects; 188 walls), in normally contracting walls of patients with mechanical dyssynchrony (non-dyssynchronous walls; 98 walls), and in regions with delayed mechanical activation (dyssynchronous walls; 46 walls).

denervation itself, the strongest predictor of LVD, colocalizing with the regions of most delayed mechanical activation.

''Innervation/Perfusion'' Mismatch and Cardiac Functional Impairment

It has been suggested that the burden of myocardial regions characterized by an ''innervation/perfusion'' mismatch might represent a risk marker for future cardiac events.^{[16,17,28](#page-9-0)} Our results add further evidence in favor of the possible deleterious role of LV ''innervation/perfusion'' mismatch on cardiac function. In our population, an increasing burden of ''innervation/perfusion'' mismatch was the major predictor of the occurrence of LVD, independent of LV functional and structural parameters and of the extent of myocardial scar. Specifically, the distribution of regions with ''innervation/perfusion'' mismatch was deeply

inhomogeneous, identifying specifically the location of the most dyssynchronous LV walls. Present and previous evidences confirm the role of regional LV sympathetic denervation, as readily assessable through 123 123 _I-MIBG SPECT, in cardiac pathology,^{12[,13,16](#page-9-0)} underlining the impact of myocardial ''innervation/ perfusion'' mismatch as an innovative marker of LV functional impairment and predictor of adverse cardiac risk.

LIMITATIONS

Since stress acquisition was not performed, the possible effect of underlying inducible ischemia on LVD cannot be excluded. However, all the patients with ischemic heart disease enrolled in the present study had no clinical evidence of residual ischemia and all of them had no signs of hemodynamically significant CAD at a recent (6-to-12 months before the CZT study) coronary

Figure 4. ^{99m}Tc-tetrofosmin images (upper rows) show a small basal inferior-to-inferolateral perfusion defect. ¹²³I-MIBG images (lower rows) show an area of sympathetic denervation at the level of the necrotic myocardium (''innervation/perfusion'' match) and another wide region of impaired sympathetic tone at the level of the anterior, anteroseptal-to-apical LV segments despite a preserved perfusion (''innervation/perfusion'' mismatch). LVD is depicted by means of a contractility histogram (upper left panel) and a phase bull's eye (upper right panel) where the delay from the region of earliest mechanical activation is depicted in terms of increasing SD from TTP (0.2 SD for the lateral and inferior walls; 0.4, 0.5, and 2.6 SD for the anterior wall, septal wall, and the apex, respectively). In this case, it demonstrates the presence of LVD with the regions of more delayed activation localized at the level of the anteroseptal wall and of the apex, co-localizing with the mismatched regions. Notice that, although hypokinetic because of a basal scar (right panels), the inferior wall is not dyssynchronous as a possible result of tethering from the nearby viable myocardium. Specifically, the ''Wall Motion'' polar map reports the mean displacement in millimeters of the different LV walls (7 mm for the anterior and lateral walls; 5, 3, and 3 mm for the inferior wall, septal wall, and apex, respectively).

angiography. In the absence of accepted normalcy values of SD and histogram bandwidth in patients imaged on a CZT device, the presence of LVD was based on previously published cut-off values derived in a normal population studies with the same solid-state camera. $\frac{11}{11}$ $\frac{11}{11}$ $\frac{11}{11}$ Nevertheless, despite this theoretical limitation, the values of SD and histogram bandwidth of patients with LVD enrolled in the present study were comparable with those reported in previous series. $27,29$ The presence of an overall reduced cardiac uptake of MIBG (as expressed by a low H/M ratio) may impact negatively the quality of images obtained with traditional SPECT devices. However, the elevated image quality of 123 I-MIBG CZT acquisitions has been already demonstrated in a similar clinical setting, suggesting the feasibility of this imaging technique also in patients with a wide range of H/M ratios.^{[12,](#page-8-0)[15](#page-9-0)} Therefore, according to present and previous reports, the SS-MIBG seems of particular value also in patients with enlarged LV and relatively reduced H/M ratios.^{[20,28](#page-9-0)} The frequently reduced 123I-MIBG uptake that is observed at the level of the inferior LV wall might have impacted negatively the evaluation of the ''innervation/perfusion'' mismatch. However, "innervation/perfusion" mismatch was excluded by protocol in the presence of signs of tissue attenuation on perfusion images. Accordingly, on per-wall analysis, the presence of ''innervation/perfusion'' mismatch co-localized with LVD, being relatively less represented on the anterior LV wall, which was involved infrequently by LVD (7% of the cases), than on the remaining walls (Suppl. Figure 1 in Electronic supplementary material 2). Similarly, no automated normalization of $\frac{99 \text{m}}{\text{C}}$ -tetrofosmin and $\frac{123 \text{I-MIBG}}{\text{C}}$ counts was performed. In this respect, while the feasibility of an automated algorithm for the combined normalization of perfusion and innervation uptakes has been recently demonstrated, 30 no such algorithm has been implemented in the available software. Since no attenuation correction was used the accurate assessment of myocardial viability could have been hampered. However, it has been already demonstrated that the integration of LV perfusion and wall motion data coming from gated SPECT analysis can allow an efficient discrimination of attenuation artifacts and definition of regional myocardial viability.^{[19](#page-9-0)}

CONCLUSIONS

Patients with LVD show significant alterations of regional myocardial perfusion and sympathetic innervation. Specifically, the presence of a dyssynchronous LV contraction associates with a higher burden of ''innervation/perfusion'' mismatch that concentrates at the level of the LV walls with delayed mechanical activation, suggesting a close relationship between regional sympathetic denervation and abnormal LV mechanics.

NEW KNOWLEDGE GAINED

While the presence of LVD has been already shown to associate with some alterations of myocardial perfusion and adrenergic tone, the possible interaction between LV mechanics, perfusion, and innervation has never been evaluated. Present data suggest that patients with LVD show a significant extent of dysinnervated myocardium with relatively preserved perfusion that is mostly located at the level of the most dyssynchronous LV walls, linking the presence of localized LV sympathetic denervation with the development of regional LV contractile abnormalities.

Compliance with Ethical Standards

Disclosure

The authors have no conflicts of interest to disclose.

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