

## Mixed acinar-endocrine carcinoma of the pancreas treated with S-1

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**Abstract** The case of a 63-year-old male with a large mass in the pancreatic tail and multiple liver metastases, diagnosed as acinar cell carcinoma of the pancreas with a few scattered endocrine cells by liver biopsy is presented. The S-1 chemotherapy was effective, and partial response was obtained with decreased levels of serum CA19.9 and NSE. Ten months after starting chemotherapy, the tumor began to grow accompanied by marked elevation of serum NSE levels (266 ng/ml). The patient died of liver failure due to multiple liver metastasis 18 months after the initiation of the S-1 chemotherapy. Histological findings at autopsy were acinar cell carcinoma with an endocrine component of more than 30 %; the final diagnosis was mixed acinar-endocrine carcinoma of the pancreas. This pathological change and clinical course may imply that S-1 was effective against the acinar component but less effective against the neuroendocrine component caused by tumor differentiation.

**Keywords** Mixed acinar-endocrine carcinoma · Acinar cell carcinoma · Pancreas · S-1

### Introduction

The pancreas is composed of acinar, ductal, and endocrine cells that are morphologically and functionally distinct. Pancreatic tumors usually originate from one of these cell types, most often from ductal cells. However, it has been reported that pancreatic neoplasms can exhibit more than one line of cellular differentiation [1–3]. Acinar cell carcinoma (ACC) is a rare malignancy, defined as a carcinoma producing pancreatic enzymes from neoplastic cells, accounting for only 1 % of pancreatic exocrine tumors [4–7]. It is known that one-third of ACCs may express neuroendocrine markers, which are usually limited to a few scattered cells [6, 7]. An ACC in which the endocrine cells add up to more than 30 % of the tumor mass is called a mixed acinar-endocrine carcinoma (MAEC) [7, 8]. The pathogenesis of MAEC is suspected embryologically to originate from multi-potential epithelial cells [7, 8]. Although surgical resection is the most common and reliable treatment for resectable cases of ACC and MAEC, standard chemotherapy for unresectable cases has not been established because of their rarity. A MAEC case with multiple liver metastases treated by S-1 chemotherapy in which a partial response (PR) was obtained is reported.

### Case report

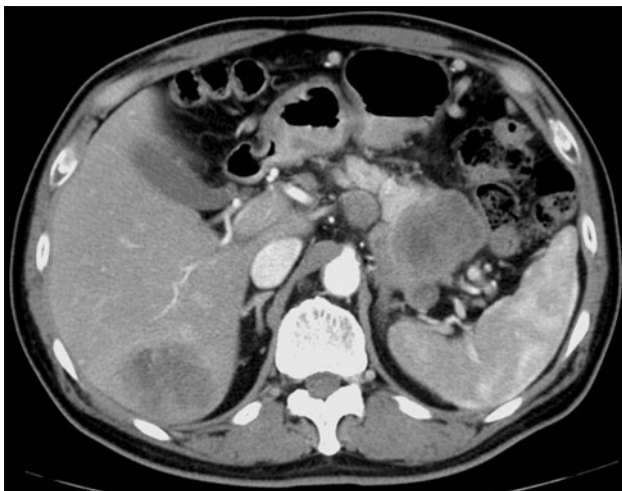
A 63-year-old male was admitted to our hospital with a 2-month history of left flank pain. He had a history of diabetes mellitus and hypertension, and was being treated with subcutaneous insulin infusion and some antihypertensive drugs. On admission, his performance status was very good, and abdominal findings were also normal, with no palpable mass. Laboratory examinations (Table 1)

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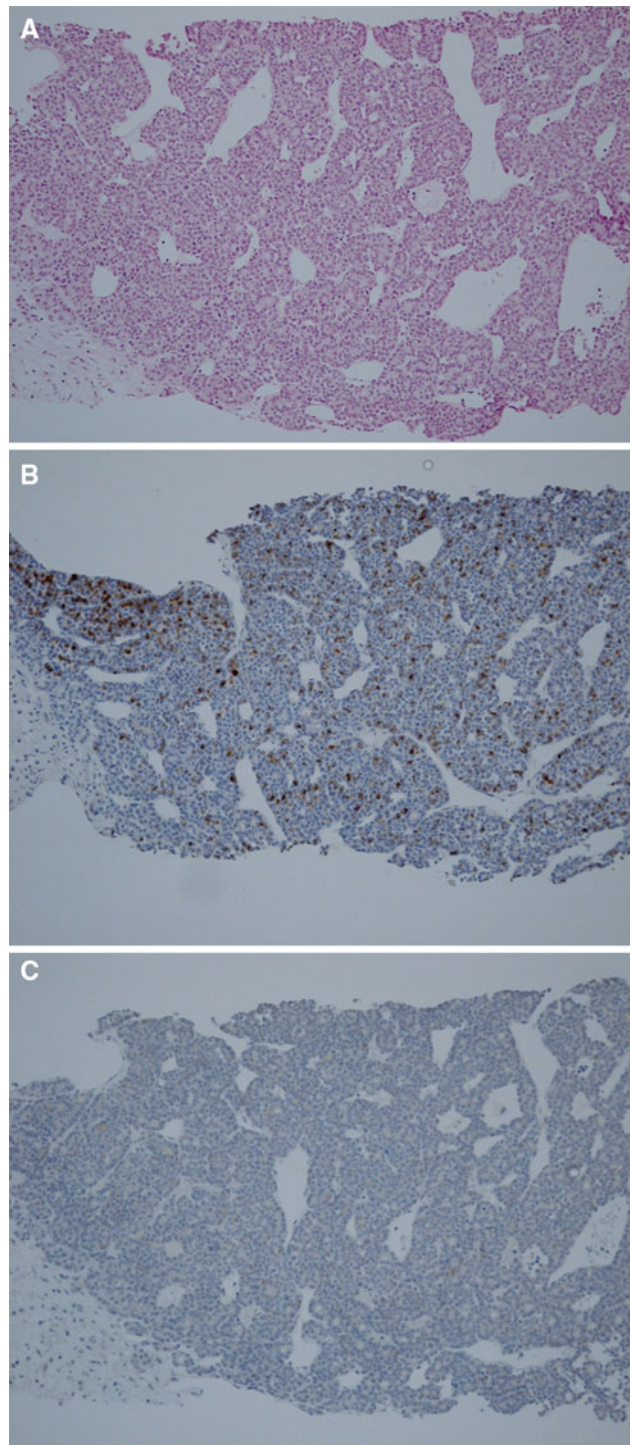
**Table 1** Laboratory data on admission

CBC	Na 140 mEq/l
WBC $6.5 \times 10^3/\mu\text{l}$	Cl 103 mEq/l
HGB 16.5 g/dl	K 4.4 mEq/l
PLT $26.2 \times 10^4/\mu\text{l}$	Ca 9.2 mg/dl
Chemistry	CRP 0.59 mg/dl
AST 22 IU/l	Amylase 82 IU/l
ALT 18 IU/l	Lipase 12 IU/l
LDH 260 IU/l	Elastase-1 270 U/ml
ALP 383 IU/l	Tumor marker
$\gamma$ -GTP 60 IU/l	CEA 3.7 ng/ml
TP 7.3 g/dl	CA19-9 58.3 U/ml
Alb 4.3 g/dl	AFP 4.0 ng/ml
BUN 11 mg/dl	NSE 45.0 ng/ml
Cr 0.8 mg/dl	ProGRP 21.5 pg/ml
Glucose 141 mg/dl	Span-1 27 U/ml
HbA1c 11.0 %	DUPAN-2 29 U/ml



**Fig. 1** CT showing a 6-cm-sized, well-demarcated mass lesion in the pancreatic tail and liver metastasis. The margin of the mass was well-enhanced, and the inner part of the mass was less-enhanced

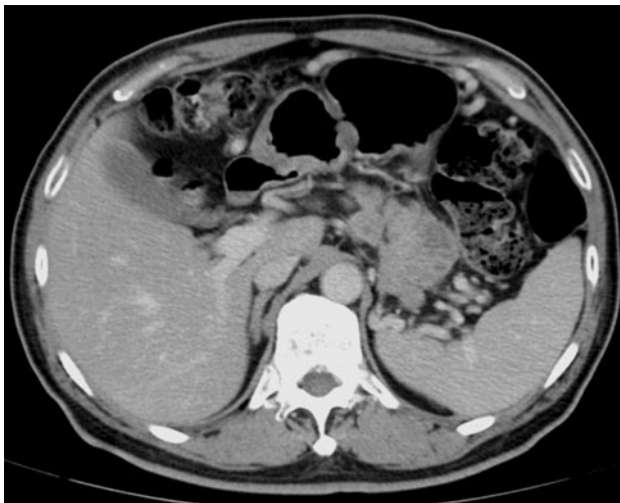
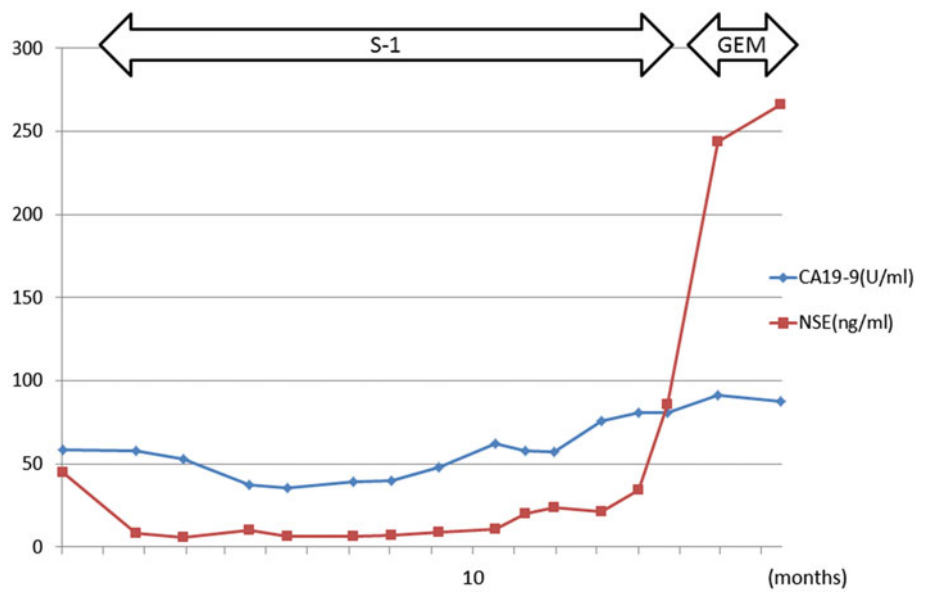
showed elevations of serum lactate dehydrogenase (LDH), alkaline phosphatase (ALP), blood glucose and HbA1c, but pancreatic enzymes (amylase, lipase, and elastase-1) were within normal limits. Serum CA19-9 and neuron-specific enolase (NSE) levels were elevated to 58.3 U/ml (normal range: <37.0 U/ml) and 45.0 ng/ml (<16.3 ng/ml), respectively, but CEA, DUPAN-2, and Span-1 levels were within normal ranges. Enhanced abdominal computer tomography (CT) showed a 6-cm-sized mass lesion in the pancreatic tail and multiple liver metastases (Fig. 1). The pancreatic mass was well-demarcated, and the margin was well-enhanced, although the inner part of the mass was enhanced less than the normal pancreas. The pancreatic mass invaded the splenic artery and vein, and the celiac



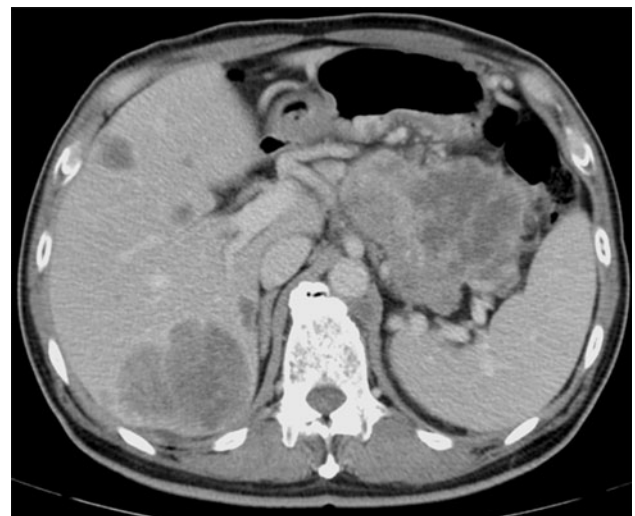
**Fig. 2** Histology of the liver tumor biopsy showed uniform neoplastic cells mostly growing in a solid pattern and partially in an acinar or tubular pattern (a, H-E staining). Immunohistochemically, (b) many tumor cells were positive for anti-trypsin antibody (trypsin immunostaining) and (c) only a few cells were positive for anti-chromogranin A antibody (chromogranin A immunostaining)

lymph nodes were enlarged. Magnetic resonance imaging (MRI) showed the pancreatic mass and multiple liver metastases with low intensity on T1-weighted images and

**Fig. 3** Clinical course showing serum CA19.9 and NSE levels



**Fig. 4** On CT taken 6 months after the initiation of chemotherapy, the primary pancreatic lesion and liver metastases were reduced in size, and most liver metastases were undetectable



**Fig. 5** CT taken 10 months after the initiation of the chemotherapy showed regrowth of both the primary pancreatic lesion and the liver metastases

high intensity on T2-weighted images. On the other hand, magnetic resonance cholangiopancreatography showed that the main pancreatic duct and common bile duct appeared normal. Based on these findings, pancreatic malignancy other than typical pancreatic ductal carcinoma was suspected. A trucut biopsy was performed for a definitive diagnosis from one representative liver tumor. It was an adequately biopsied specimen, and the pathological findings showed that uniform neoplastic cells were mostly growing in a solid pattern and partially in an acinar or tubular pattern (Fig. 2a). Immunohistochemical examination showed that most tumor cells were positive for pancreatic exocrine enzymes including trypsin (Fig. 2b) and elastase-1, while they were negative for lipase and

amylase. In addition, only a few cells were positive for chromogranin A (Fig. 2c), suggesting neuroendocrine differentiation, although synaptophysin was not detected. These features were consistent with liver metastasis of ACC of the pancreas. Chemotherapy with S-1 (80 mg/m<sup>2</sup> per day) was performed, and S-1 was administered for 4 weeks with a 2-week interval as a cycle. Because of Grade 1 or 2 adverse effects, such as appetite loss, nausea, and diarrhea, the schedule was changed to 2 weeks of S-1 with a week interval as a cycle. A month after the initiation of the chemotherapy, the serum CA19.9 and NSE levels decreased (Fig. 3), and abdominal enhanced CT showed reductions of the primary pancreatic lesion and liver metastases. Six months after starting chemotherapy, the

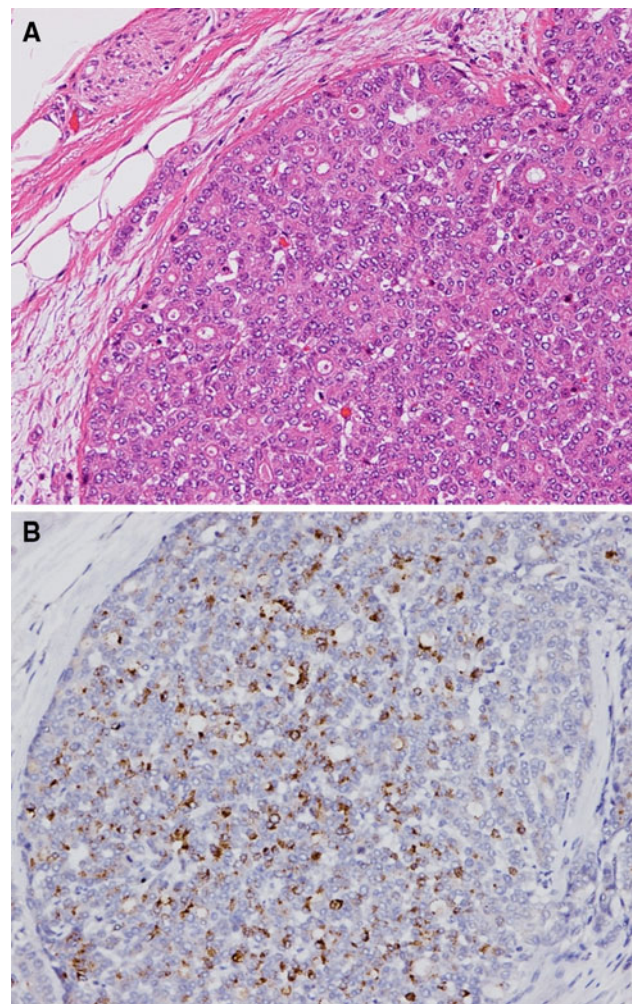


primary pancreatic lesion and liver metastases were further reduced in size, and most liver metastases were undetectable on CT examination (Fig. 4). The therapeutic effect was PR according to RECIST v1.1. However, 10 months after starting chemotherapy, the CA19-9 and NSE levels increased gradually, and CT findings revealed regrowth of both the primary pancreatic lesion and the liver metastases (Fig. 5). The S-1 chemotherapy was discontinued at 15 months, and gemcitabine (1000 mg/m<sup>2</sup>, day 1, 8 and 15, every 28 days) was administered. After one course, the primary pancreatic lesion and liver metastases progressed on CT examinations. The serum NSE level increased markedly to 266 ng/ml, while the CA19.9 level was 87.5 U/ml. Finally, this patient died due to liver failure by multiple liver metastases 18 months after the initiation of the S-1 chemotherapy.

An autopsy was performed to clarify the presence of differentiation to neuroendocrine features from ACC. Viable tumor cells in the pancreas and liver showed acinar or tubular growing (Fig. 6a). Immunohistologically, although most of the pancreatic tumor had characteristics of ACC (trypsin+, elastase+, chymotrypsin–, lipase–, amylase–), neuroendocrine features were observed in more than 30 % of the pancreatic tumor (trypsin–, elastase–, CD56+, chromogranin A+ (Fig. 6b), NSE+). Based on these pathological findings, this pancreatic tumor was ACC with differentiation to neuroendocrine tumor, and the final pathological diagnosis was MAEC.

## Discussion

When endocrine cells immunohistochemically exceed 30 % of an ACC, it is called MAEC [7, 8]. Therefore, MAEC can be diagnosed only by adequately biopsied, resected, or autopsied specimens. It has been pathologically reported that six of 43 (14 %) [8] and 12 of 61 (20 %) [6] ACC cases were pathologically diagnosed as MAEC, but reports of the clinical features of MAEC are quite rare. A total of 40 MAEC cases have ever been reported in the English literature (Table 2) [8–21]. MAEC are often described in middle-aged patients (50–60 year-old). The gender predominance of MAEC was male dominance. Similar to ACCs, MAECs are usually large tumors that have no specific clinical symptoms [6, 8]. About 60 % of MAEC are located in the head of the pancreas. Symptoms due to endocrine components were very rare. On CT and MRI findings, ACC of the pancreas is usually an exophytic, oval or round, and well-marginated mass, sometimes containing cystic areas due to tumor necrosis, and the solid components are enhanced homogeneously, less than the surrounding normal pancreas, and the common bile duct or main pancreatic ductal dilatation is rarely seen [22, 23].



**Fig. 6** Histology of the pancreas at autopsy showed acinar growing of the tumor cells (a, H-E staining). b Many tumor cells were positive for anti-chromogranin A antibody (chromogranin A immunostaining)

These radiological characteristics are similar to the findings reported as MAEC [18] and were also consistent with the present case.

Surgical management is the only curative therapy for localized ACC of the pancreas, which is found to demonstrate a higher resectability (38 %) than ductal adenocarcinoma [4, 5]. However, ACC remains an aggressive tumor, and the recurrence rate even after complete surgical resection is more than 70 %, suggesting micrometastases are present even when the tumor appears to be localized [24]. In MAEC, an important parameter affecting survival is also surgery, but mean survival after resection of MAEC has been calculated at 10.5 months [25]. Although chemotherapy is mainly performed in most recurrent or advanced ACC cases, no standard regimen has been established for ACC of the pancreas. Gemcitabine has a crucial role as an anti-cancer drug for pancreatic ductal carcinoma, but its effectiveness for ACC is controversial.

**Table 2** Cases of mixed acinar-endocrine carcinoma (MAEC) of the pancreas reported in the literature

	<i>n</i>	Age	Sex (M:F)	Location	Tumor size	Endocrine symptoms	Treatment	Prognosis
Klimstra [9]	5	Mean: 68 (48–81)	2:3	ND	ND	None	ND	ND
Cho [10]	1	52	Female	Head	5 cm	None	Whipple's procedure	DFS: 1 year
Frank [11]	1	61	Male	Head	4.9 cm	None	CT	OS: 43 month
Ogawa [12]	1	50	Male	Head	3 cm	None	PPPD	DFS: 18 month
Virlos [13]	1	33	Male	Head	3.5 cm	None	PPPD	DFS: 15 month
Ohike [8]	6	Mean: 51.3 (16–65)	2:4	ND	Mean: 8.2 cm	ND	ND	ND
Ballas [14]	12	Mean: 58.5	6:6	Head: 7 body: 2 tail: 3	<10 cm: 5 >10 cm: 4 Not specified: 3	Verner-Morrison syndrome: 1 Zollinger-Ellison syndrome: 1	PD: 5, DP: 4, enucleation: 1, CT: 2	ND
Imaoka [15]	1	80	Male	Head	4 cm	None	Whipple's procedure	ND
Kyriazi [16]	1	74	Male	Head	7.3 cm	None	Whipple's procedure	DFS: 3 month
Kobayashi [17]	1	75	Male	Tail	7 cm	None	DP	ND
Chung [18]	1	59	Female	Tail	8 cm	VIPoma	Partial pancreatectomy	ND
Soubra [19]	1	52	Male	Head	1.5 cm	None	PD → CT	DFS: 1y
Yu [20]	5	Median: 74 (59–89)	5:0	ND	Median: 10 cm (3.9–16 cm)	None	Surgery alone: 4 surgery + CT: 4	OS: 2.5 month ~ 3years
Sullivan[21]	2	51, 75	2:0	Head, body	1.6 cm, 0.6 cm	None	DP, no surgery	ND

ND not described, PD pancreatoduodenectomy, DP distal pancreatectomy, PPPD pylorus-preserved pancreatoduodenectomy, CT chemotherapy, OS overall survival, DFS disease free survival

A few reports have shown that gemcitabine was effective as concurrent chemoradiation or combination chemotherapy for ACC [26, 27]. On the other hand, there are some case reports about effective chemotherapy with fluoropyrimidine-based regimens for ACC. Holen et al. [24] reviewed 22 chemotherapy regimens administered to 18 different patients and reported that the most common chemotherapy associated with PR and stable disease (SD) was 5-FU. S-1 is an orally administered prodrug of 5-FU, and several cases have been reported showing that S-1 provided a good response for ACC of the pancreas [28, 29]. In these cases, S-1 was administered as monotherapy or combination therapy with gemcitabine and hepatic intra-arterial CDDP injection. As some ACCs show abnormalities in APC/beta-catenin similar to those found in colorectal cancer [30], it is not entirely surprising that ACC tends to respond to 5-FU.

In the present case, S-1 as monotherapy was effective and PR was obtained, resulting in survival of 18 months. The patient's liver biopsy specimen before chemotherapy showed ACC with a few scattered endocrine cells, although a biopsy specimen cannot always reflect the whole histology. However, liver metastases obtained

from autopsy examination showed a neuroendocrine component in more than 30 % of the tumor. The serum NSE level was markedly elevated in the late stage of the patient. This pathological change and the clinical course may imply that S-1 was effective against ACC, but less effective against the neuroendocrine component. However, as the tumor markers cannot always link with the distribution of the histological component, this is only a suggestion.

In conclusion, a MAEC case with liver metastases in which S-1 was effective and PR was obtained, resulting in survival of 18 months, was reported. The patient's clinical course implies that S-1 was effective against the ACC, but less effective against the neuroendocrine component, resulting in elevation of the serum NSE level.

#### Disclosures

**Conflict of Interest:** The authors declare that they have no conflict of interest.

**Human/Animal Rights:** All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2008(5).

**Informed Consent:** Informed consent was obtained from all patients for being included in the study.

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