ORIGINAL ARTICLE

Effects of Nanoliposomal and Pegylated Nanoliposomal Artemisinin in Treatment of Breast Cancer

Neda Dadgar • Maedeh Koohi Moftakhari Esfahani • Sepideh Torabi • Seyed Ebrahim Alavi • Azim Akbarzadeh

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Abstract This study is aimed to investigate the nanoliposomal artemisinin preparation, and its implementation on breast cancer cells. Side effects have been one of the common challenges of drug usage, as well as cancer treatment. In order to reduce such effects, nanotechnology has been a great help. Nanoliposomes are provided through reverse phase evaporation. In this method, certain proportions of phosphatidylcholine, cholesterol and artemisinin were mixed together. Besides, the obtained formulation was pegylated by using polyethylene glycol 2000 in order to increase its stability and solubility. The mean diameter of non-pegylated and pegylated liposomal artemisinin was determined by Zeta sizer system. The percent of drug released from liposome was performed by dialysis. The encapsulation efficiency of both formulations was estimated by spectrophotometry method. As a result, encapsulation and drug release of nanoliposomal formulation were more than the pegylation of the same formulation. In addition, this study indicated that cytotoxicity effect of pegylated nanoliposomal artemisinin was more, in comparison with nanoliposomal artemisinin.

Keywords Artemisinin - Nanoliposome - Breast cancer - Drug delivery - Cytotoxicity

N. Dadgar - S. Torabi Department of Agricultural Biotechnology, Science and Research Branch, Islamic Azad University, Tehran, Iran

M. Koohi Moftakhari Esfahani · S. E. Alavi (⊠) · A. Akbarzadeh (\boxtimes) Department of Pilot Nanobiotechnology, Pasteur Institute of Iran, No 358, 12 Farvardin Street, Jomhoori Avenue, 13169-43551 Tehran, Iran e-mail: s.ebrahimalavi@gmail.com

A. Akbarzadeh e-mail: azimakbarzadeh1326@gmail.com

Introduction

Nanotechnology has recently revolutionized cancer diagnose and treatment [\[1](#page-2-0)]. While breast cancer is a fatal cause for wide death among women [\[2](#page-2-0)], by using nanotechnology, some nanoparticles are designed to safely target the cells and afterward, release their drug at the right place of the cancerous region [[3\]](#page-2-0). Injected nano-scale carriers have selectively been studied as drug carrier agents, one kind of which are considered to be liposomes [\[4](#page-2-0)].

Liposomes are spherical phospholipid vesicles [\[5\]](#page-3-0). Which cause stability and improvement of pharmacokinetics properties of surrounded drugs, and declines their side effects [\[6](#page-3-0)]. Liposomes are biodegradable and essentially non-toxic vehicles, which can encapsulate both hydrophilic and hydrophobic molecules, and are used as drug carriers in drug delivery systems.

Artemisinin is used as an anti cancer drug, which is actually a terpene lactone taken from sweet warm wood leaves (Artemisia annua) [[7\]](#page-3-0). Artemisinin molecule contains an endoperoxide bridge which releases carbon free radical after chemical reaction with Fe(II), which leads to molecular damage and consequently cellular death [\[7](#page-3-0), [8](#page-3-0)]. Nevertheless, artemisinin carries some side effects such as: blood disorders and a serious allergic reaction [[9,](#page-3-0) [10\]](#page-3-0).

In this case study, the efficiency of nanoliposomal and pegylated nanoliposomal artemisinin are investigated in breast cancer cell lines and the result were compare with standard drug.

Materials and Methods

Materials

Artemisinin, phosphatidylcholine, cholesterol, polyethylene glycol 2000 (PEG 2000), and MTT solution (0.5 mg/ml)

were supplied by Sigma Co. RPMI 1640 tissue culture was also purchased from Invitrogen Co. Ethanol and Isopropanol were provided from Merck company. MCF-7 cell line was purchased from Pasteur Institute of Iran.

Preparation of Nanoliposomal Drug and Pegylation

Cholesterol and phosphatidylcholine (ratio of 1 to 13.5) were dissolved in some certain amount of 98 % ethanol (400 rpm, room temperature) to produce a yellow, clear suspension. Afterwards, 1 mg of artemisinin was added and mixed by magnetic stirrer (300 rpm, 15 min, room temperature). Ethanol was then evaporated by means of Heidolph Co. Rotary evaporator and the reproduced gelose was dissolved in 12 ml physiological serum. PEG 2000 was also added to the mixture in order to produce pegylated nanoliposomal artemisinin formulation. Then, both formulations were sonicated for 5 min (Bandelin Sonorex Digitec, 60 Hz).

Size Measurement of Nanoliposomes

One mg of each formulation was dissolved in 10 ml of physiological serum and after the measuring of their absorption in 630 nm, the mean diameter of the nanoliposomes were determined by Zeta sizer (Malvern Instruments Ltd).

Encapsulation Efficiency

In order to determine the amount of entrapped drug, 1 mg of each formulation were centrifuged for 30 min at 4° C and at 50,000 rpm. After that, optical density of the supernatant of each formulation were determined at 195 nm by means of spectrophotometer (UV 1601PC, Shimadzu Co.). Encapsulation efficiency was calculated by using Eq. (1) [\[11](#page-3-0)].

Encapsulation efficiency
$$
\%
$$

$$
= \frac{\text{actual amount of drug loaded in nanoparticles}}{\text{theory amount of drug loaded in nanoparticles}} \times 100
$$
\n(1)

The density of the released drug in supernatant was determined by using standard curve.

In vitro Release Study

In order to study the release pattern of the nanoliposomal and pegylated nanoliposomal formulations, 1 mg of either artemisinin formulation was put in dialyze bag and while floating in 25 ml of PBS buffer ($pH = 7.4$), was placed on magnetic stirrer (300 rpm,48 h., room temperature). The

amount of released drug in PBS buffer was determined after certain time periods through spectrophotometry method at 195 nm. The percentage of released drug was gained by means of drug standard curve.

Cytotoxicity Assay

After MCF-7 cell line culture, $100 \mu l$ of the suspension containing 10,000 cells was put in the wells of a 96-well plate and incubated by $CO₂$, 5 % at 37°C. 24 h later, the supernatant of the cells was collected and different densities of nanoliposomal artemisinin product plus its control and also pegylated nanoliposomal artemisinin and their controls, as well as standard artemisinin drug were added to the cells; then it was incubated on the mentioned conditions for the following 24 h. Then the supernatant was decanted and 100 μ l of the MTT solution (0.5 mg/ml) was added and after 3 h of incubation the purple color (due to formazane formation) was obtained by dissolving 100 μ l of isopropanol in living cells. Absorption at 570 nm was measured (Power Eave XS spectrophotometer) and IC50 was calculated by using pharm Software.

Statistical Analysis

The results are expressed as mean \pm standard deviation (SD, $n = 3$). The data were statistically analyzed by one-way analysis of variance using IBM Statistics SPSS software version 19, and significant difference was set at $p < 0.05$.

Results

Size Measurement of Nanoliposomes

Mean diameter of nanoliposomal artemisinin molecules was 500 nm and that of pegylated nanoliposomal artemisinin molecules was 455 nm, which was measured by means of Zeta sizer.

Encapsulation Efficiency

Encapsulation efficiency of both formulations was calculated through spectrophotometry method; which was 96.02 $% \pm 4.2$ for nanoliposomal artemisinin formulation and 91.62 $% \pm 3.5$ for pegylated nanoliposomal artemisinin (Fig. [1\)](#page-2-0).

In vitro Release Study

The amount of drug release in PBS buffer for both formulations was obtained for 2-, 4-, 6-, 24- and 48-hour periods by applying artemisinin standard curve. This was

Fig. 1 Encapsulation efficiency for both nanoliposomal and pegylated nanoliposomal formulations

 \leftarrow Pegylated liposomal artemisin \leftarrow Liposomal artemisin

Fig. 2 Artemisinin release pattern for both nanoliposomal and pegylated nanoliposomal formulations

8.21 % for nanoliposomal formulation and 5.17 % for pegylated nanoliposomal formulation (Fig. 2).

Cytotoxicity Assay

Drug toxicity with different concentration was studied through MTT technique. Figure 3 shows the obtained results of IC50 for nanoliposomal, pegylated nanoliposomal and standard drug by means of Pharm Software.

Discussion

There was a great attempt to overcome breast cancer in the recent decades. In order to achieve such goal, artemisinin has been introduced as one of the most effective anti cancer drugs. Respective studies have proved that daily consumption of artemisinin can be positively affective on breast cancer prevention, as well as its extension [[8,](#page-3-0) [12,](#page-3-0) [13](#page-3-0)]. This drug can affect the extension of cancerous cells through different mechanism one of which can kill precancerous cells, while another can directly kill cancerous ones [\[8](#page-3-0)]. In addition, this drug can be a proper candidate for chemotherapy due to its anti-angiogenic, anti-inflammatory, anti- metastasis effects, in addition to its preventing effect on cell development [[14\]](#page-3-0).

Fig. 3 IC50 (µg/ml) of nanoliposomal, pegylated nanoliposomal and standard drug

In this study, cytotoxicity effect of two formulations of nanoliposomal artemisinin and pegylated nanoliposomal artemisinin on MCF-7 line cell for breast cancer was investigated.

Mean diameter measurement of either formulation reveals that the diameter of nanoliposomal formulation is more than that of pegylated nanoliposomal one, which is resulted because of high infiltration susceptibility of PEG that penetrates into liposomal layers and compresses them together. Besides, these results verify the mean diameter of liposomal formulation to be in nano scale sizes [[15\]](#page-3-0).

Artemisinin encapsulation study results indicated that drug entrapment efficiency in nanoliposomal formulation is more than that of pegylated nanoliposomal one. Due to smaller liposomal molecules compared with pegylated liposomal ones, it is completely natural to see polyethylene chains would decrease the internal volume of liposomes after penetration $[16]$ $[16]$. At the same time, the results indicate that drug release of pegylated nanoliposomal formulation is slower; which is obvious to explain; since PEG surrounds nanoliposome, it takes longer time for the drug to exit liposome and PEG.

Cytotoxicity effect showed that the killing effect of pegylated nanoliposomal formulation is more than nanoliposomal one. PEG enhances drug solubility, as well as its more contact with the target cells, which is completely desirable.

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