ORIGINAL ARTICLE

Interleukin‑6 receptor inhibitor suppresses bone metastases in a breast cancer cell line

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Received: 19 September 2017 / Accepted: 15 March 2018 / Published online: 19 March 2018 © The Japanese Breast Cancer Society 2018

Abstract

Background Interleukin-6 (IL-6) is a potent infammatory cytokine that appears to play a key role in cancer growth and metastasis. In the present study, the efects of IL-6 receptor (IL-6R) on breast cancer aggressiveness and bone metastases were investigated.

Methods MDA-MB-231 (MDA-231) cells were treated in the presence or absence of anti-human IL-6 receptor (IL-6R) monoclonal antibody and examined with respect to cell survival. The expressions of signal transducer and activator of transcription 3 (Stat3), vascular endothelial growth factor (VEGF), and receptor activator of NF-κB (RANK) were analyzed by SDS-PAGE and immunoblotting. MDA-231 cells were injected into the left ventricle of mice, and then anti-human IL-6R monoclonal antibody or saline was administered intraperitoneally for 28 days. After 28 days, the incidence of bone metastases was evaluated in the hind limbs by radiography and histology.

Results Anti-human IL-6R monoclonal antibody reduced bone metastases in an animal model injected with MDA-231 cells on radiological and histomorphometric analyses. The mechanism of bone metastasis inhibition involved inhibited cell proliferation and decreased expressions of phospho-Stat3, VEGF, and RANK in MDA-231 cells.

Conclusions The results of the present study suggest that inhibition of IL-6 signaling may become a preventive therapeutic option for breast cancer and bone metastases.

Keywords Interleukin-6 · Breast cancer · MDA-MB-231 · Bone metastasis · Tocilizumab

Abbreviations

Electronic supplementary material The online version of this article [\(https://doi.org/10.1007/s12282-018-0853-9\)](https://doi.org/10.1007/s12282-018-0853-9) contains supplementary material, which is available to authorized users.

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Introduction

Breast cancer is a relatively common tumor, with an estimated incidence of 1.2 million new cases worldwide every year [[1](#page-7-0)]. The crude and age-adjusted incidences of breast cancer in women have tended to increase since 1975. The crude incidence of breast cancer including carcinoma in situ in 2010 was 115.7 per 0.1 million population, which

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was the highest of all cancers [[2\]](#page-7-1). The patients' outcomes depend mainly on the development of distant metastases [[3\]](#page-7-2). Approximately, 20% of patients with signifcant bone metastases survive for more than 5 years, whereas those with minor metastases in the bone can survive up to 10 years or more [[4](#page-7-3)].

Bone metastases are most common in patients with primary metastatic or recurrent breast cancers and usually cause disability and morbidity accompanied by pain and neurological disorders [\[5,](#page-7-4) [6\]](#page-7-5). There has been some success with the use of intravenous bisphosphonates and the recent development of denosumab, but treatment with these drugs is mostly palliative $[6-8]$ $[6-8]$ $[6-8]$, without improving overall survival. Promising new therapeutic approaches are needed for both the primary tumor and distant metastases, as is a greater understanding of bone-tropic tumor cells.

Infammatory processes can have quite diverse efects on cancer development. TNF- α , IL-1, and IL-6 are among the key infammatory cytokines implicated in carcinogenesis [[9\]](#page-7-7). High levels of interleukin-6 (IL-6) have been detected in many types of human epithelial cancers [[10](#page-7-8)]. Increased expression of IL-6 is associated with a poor prognosis [[11](#page-7-9), [12](#page-7-10)]. IL-6 is a multifunctional cytokine that was originally characterized as acting in immune and infammatory responses, and it inhibits apoptosis in toxic environments during infammation [[13\]](#page-7-11). IL-6 can promote tumor cell proliferation in vitro and tumor growth in vivo [[14,](#page-7-12) [15](#page-7-13)]. According to some studies that evaluated the clinical signifcance of IL-6 pre-treatment levels, IL-6 concentrations refected disease status and were commonly associated with metastatic disease [[11](#page-7-9)]. Recent in vitro studies have suggested that IL-6 is pathologically involved in the proliferation and metastasis of breast cancer cells [[15](#page-7-13), [16\]](#page-7-14). Clinical studies have suggested that elevated serum IL-6 levels in cancer patients correlate with weight loss [\[17\]](#page-7-15) and a poor prognosis [[12](#page-7-10)], and that a decrease in serum IL-6 levels induced by medroxyprogesterone acetate (MPA) correlates with a reversion of weight loss in patients with advanced breast cancer [[17](#page-7-15)]. Thus, blocking IL-6-mediated signaling cascades has a potential for treatment of human cancers [[18](#page-7-16), [19](#page-8-0)] and metastases. Tocilizumab is an anti-human IL-6 receptor (IL-6R) monoclonal antibody (Mab) that inhibits the binding of IL-6 to IL-6R on the cell surface or the soluble form of IL-6R [[20](#page-8-1)]. Tocilizumab is approved for RA and juvenile idiopathic arthritis (JIA), as well as Castleman's disease, in Japan. Recent studies have shown that tocilizumab is also efective as an antitumor agent against tumor cells in vitro and in vivo [[21](#page-8-2), [22\]](#page-8-3).

In this study, whether tocilizumab inhibits bone metastases of a breast cancer cell line (MDA-MB-231) in vitro and in vivo was investigated.

Materials and methods

Reagents

Tocilizumab was provided from Chugai Pharmaceutical Co. (Tokyo, Japan). Rabbit polyclonal antibodies to phospho-Stat3, phospho-ERK, ERK, and gp130 were from Cell Signaling Technology (Danvers, MA, USA). Rabbit polyclonal antibodies to VEGF and goat polyclonal antibody to β-actin were from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Mouse monoclonal antibody to RANK was from Abcam (Cambridge, MA, USA).

Cell culture

The human breast cancer cell lines MDA-MB-231 (MDA-231), MCF7, and ZR-75-1 were obtained from the American Type Culture Collection (ATCC, Manassas, VA, USA). MDA-231 cells were cultured in DMEM supplemented with 10% FBS and grown in a 5% CO₂ atmosphere at 37 °C. MCF7 and ZR-75-1 were cultured in RPMI medium 1640 supplemented with 10% FBS.

Animals

Five-week-old, female BALB/c nu/nu mice (SLC, Hamamatsu, Japan) were used for all in vivo experiments. Procedures involving animals and their care were conducted in conformity with national and international laws and policies and approved by our Institutional Review Board.

Reverse transcriptase‑polymerase chain reaction

For investigation of the expression of mRNA, total RNA was isolated using ISOGEN and treated with DNase (Wako Pure Chemical Industries, Japan). cDNA was synthesized using PrimeScript Reverse Transcriptase (Takara Bio, Shiga, Japan). PCR amplifcation was performed using the following specifc primers and cycling parameters: human IL-6, forward primer 5-GGGAAGCTTGCTATGAACTCCTCC TCCACA-3, reverse primer, 5-GGGGAATTCATGCTACAT TTGCCGAAGAGC-3, 30 s at 94 °C, 30 s at 58 °C, and 30 s at 72 °C for 35 cycles; human IL-6 receptor, forward primer 5-AAGGACCTCCAGCATCACTGTGTCA-3, reverse primer, 5-CCTTCAGAGCCCGCAGCTTCCACGT-3, 30 s at 94 °C, 30 s at 60 °C, and 30 s at 72 °C for 35 cycles; human TNF-α, forward primer 5-GTGGCAGTCTCAAAC TGA-3, reverse primer, 5-TATGGAAAGGGGCACTGA-3, 30 s at 94 °C, 30 s at 58 °C, and 30 s at 72 °C for 35 cycles; human TNF-R1, forward primer 5-TCGATTTGCTGTACC AAGT-3, reverse primer 5-GAAAATGACCAGGGGCAA CAG-3, 30 s at 94 °C, 30 s at 56 °C, and 30 s at 72 °C for 35 cycles; human TNF-R2, forward primer 5-CAGTGCGTT GGACAGAAG-3, reverse primer 5-GGCTTCATCCCA GCATCA-3, 30 s at 94 °C, 30 s at 60 °C, and 30 s at 72 °C for 35 cycles; and human GAPDH, forward primer 5-CAT GGAGAAGGCTGGGGCTC-3, reverse primer 5-CACTGA CACGTTGGCAGTGG-3, 30 s at 94 °C, 30 s at 55 °C, and 30 s at 72 °C for 35 cycles. The PCR products were loaded in 2% agarose gel and stained with ethidium bromide. The size of the fragments was confrmed by reference to a 100-bp DNA ladder. Quantifcation of amplifed mRNA was done by densitometry assisted by the image analysis software Scion Image (Scion Corporation, Frederick, MD, USA).

SDS‑PAGE and immunoblotting

Western blots were performed as described previously [\[23](#page-8-4)]. Briefy, samples (cell lysates) were separated by SDS-PAGE, transferred to nitrocellulose membranes, and immunoblotted with primary antibodies. The primary antibodies were polyclonal rabbit antiserum against phospho-Stat3, phospho-ERK, ERK, gp130, VEGF polyclonal goat antiserum against β-actin, and monoclonal mouse antiserum against RANK. Separated proteins were visualized with HRP-conjugated anti-rabbit antibody, anti-goat antibody, or anti-mouse antibody (Dako Cytomation, Carpinteria, CA, USA) with enhancement by chemiluminescence using ECL+ (Amersham Pharmacia Biotech, Arlington Heights, IL); chemiluminescence detection used the LAS-1000 plus (Fujiflm, Tokyo, Japan), in accordance with the manufacturer's specifcations. Quantifcation of immunoblots was done by densitometry assisted by the image analysis software Scion Image.

Cell proliferation assay

Cell proliferation of MDA-231 cells treated with tocilizumab (96-well plates) was assayed using the WST-1 assay according to the manufacturer's instructions. The data values of the *y*-axis were converted into rates, with 1.0 as control at 0 h (baseline).

Migration assay

Cell migration analyses using Boyden chambers were performed as described previously [[23\]](#page-8-4).

Intracardiac experimental metastasis model

Subconfuent cells were fed with fresh medium 24 h before intracardiac injection. Cells (1×10^5) were suspended in 0.1mL sterile PBS and injected with a 29-gauge needle into the left ventricle of 5-week-old, female nude mice under anesthesia with pentobarbital (0.05 mg/g). Animals were maintained in accordance with the guidelines of the Institutional Animal Care and Use Committee.

Efect of anti‑IL‑6R antibody on bone metastasis in vivo

Tocilizumab was administered intraperitoneally at a dose of 8 mg/kg on days 1, 8, 15, and 22 after tumor cell inoculation $(n=15)$. Untreated mice received saline by intraperitoneal injection $(n=16)$. Mice were killed 4 weeks after inoculation. X-ray and pathology examinations of bilateral hind limbs were conducted.

Radiographic analysis of bone metastases

Development of bone metastases was monitored by X-ray imaging 4 weeks after tumor inoculation, as described previously [[23](#page-8-4), [24\]](#page-8-5). All radiographs were analyzed carefully by three orthopedists. The incidence of bone metastases per mouse and the number of metastatic foci in all bone including ribs or vertebrae were determined for each mouse. Osteolytic metastatic foci as small as 0.5 mm in their longer diameter, which were recognized as demarcated radiolucent lesions in the bone, were projected and amplifed on the monitor and enumerated. Data are shown as the incidence and the numbers of metastases per mouse.

Histological analysis of bone metastases and histochemical analysis of osteoclasts

Mice were killed 4 weeks after intracardiac inoculation of tumor cells. Bilateral hind limbs were removed and fxed in 4% paraformaldehyde for 1 day. Femurs and tibias were decalcifed in 10% EDTA for 2 weeks. After embedding in paraffin, sections were stained with hematoxylin and eosin. Histochemical examination of TRAcP staining was also performed, as described previously [\[24](#page-8-5)]. Areas of bone metastases and tumor burden were determined in middle sections under a microscope.

Tumor burden and number

Histomorphometric analyses of tumor burden in the metastatic tumors in the distal femoral and proximal tibial metaphyses of both hind limbs were performed using longitudinal sections stained with hematoxylin and eosin. Tumors were measured in the intraosseous and extraosseous regions of the distal femur and proximal tibia on the central section of the tumor (largest tumor area). The measurement area in each bone was \sim 1.5 mm, beginning 100 μ m below the growth plate, as described previously [[23](#page-8-4), [24\]](#page-8-5). All measurements were made using the image analysis software Scion Image. Tumor burden is shown as tumor area (%) per femur and tibia. The area of tumor foci associated with metastases was recorded on each section for each hind limb bone (femur and tibia) per mouse.

Osteoclast number

The number of TRAcP-positive multinucleated osteoclasts at the interface between tumor and bone in the distal femur and proximal tibia was counted in 5 felds of each section and expressed per millimeter of this interface distance, as described previously [[24\]](#page-8-5).

Statistics

All numerical values are expressed as means \pm (standard deviation, SD). Statistical analysis was performed using the Mann–Whitney *U* test and Fisher's exact test; $p < 0.05$ was considered signifcant.

Results

Analysis of IL‑6 and TNF‑α expressions

TNF- α mRNA, TNF-R1 mRNA, and IL-6R mRNA were expressed in breast cancer cell lines, but TNF-R2 mRNA was not expressed in all cell lines (data not shown). IL-6 mRNA was produced in MDA-231 cells, but it was not observed in MCF7 and ZR-75-1 cells (Fig. [1](#page-3-0)). In a previous study, IL-6 mRNA was undetectable by RT-PCR in estrogen receptor (ER)(+) breast cancer cell lines (including MCF-7 and ZR75-1). In contrast, MDA-231 displayed high levels of IL-6 mRNA [\[16\]](#page-7-14). This previous study was similar to the present experimental results. This previous study by ELISA showed that MDA-231 cells secreted IL-6 constitutively in culture; MCF-7 cells, in which no detectable IL-6 mRNA was found, did not secrete measurable amounts of IL-6.

Analysis of IL‑6 signaling

Thus, whether IL-6 signaling can be suppressed by tocilizumab was investigated using MDA-231 cells. IL-6 with gp130 is a well-known regulator of phosphorylated Stat3. Phospho-ERK is a MAPK activated by a variety of environmental stresses. In a recent report, IL-6 was reported to regulate ERK phosphorylation [[25](#page-8-6)]. In the present study, gp130 showed no change, and pStat3 dropped with 10 µl/ ml, while pERK decreased at 100 µl/ml (Fig. [2](#page-4-0)a, b). Treatment with 100 µg/ml of tocilizumab inhibited RANK protein expression (Fig. [2](#page-4-0)c). These results suggest that tocilizumab suppresses IL-6 signaling in MDA-231 cells.

MDA-MB-231 MCF7 ZR-75-1

Fig. 1 Interleukin-6 and TNF-α expressions in breast cancer cell lines. TNF-α mRNA, TNF-R1 mRNA, and IL-6R mRNA are expressed in breast cancer cell lines on RT-PCR, but IL-6 mRNA is expressed only in MDA-MB-231 cells. Quantifcation of amplifed mRNA was done as described in ["Materials and methods](#page-1-0)" and indicated as fold induction to GAPDH

Efect of anti‑IL‑6R antibody on VEGF expression

Angiogenesis, the process that leads to tumor vascularization by new blood vessel formation, is essential for tumor growth and metastasis. VEGF is the most extensively studied angiogenic factor [[26,](#page-8-7) [27](#page-8-8)]. Tocilizumab suppressed VEGF expression in MDA-231 cells in a dose-dependent manner (Fig. [2c](#page-4-0)).

Efect of anti‑IL‑6R antibody on RANK expression

Many tumors express RANK, the cognate receptor of RANKL, and a high concordance between RANK expression by the primary cancer and its skeletal secondaries have been reported [\[28](#page-8-9)]. It was demonstrated that MDA-231 cells express RANK, and tocilizumab suppressed RANK expression in MDA-231 cells (Fig. [2](#page-4-0)d).

Cell growth and migration

Tocilizumab efectively inhibited the growth of MDA-231 cells. Tocilizumab-treated cells showed a dose-dependent reduction in cell proliferation (Fig. [3\)](#page-5-0); 100 μg/mL

Fig. 2 Efect of anti-interleukin-6 (IL-6) receptor antibody on IL-6 signaling, gp130 expression, phospho-Stat3 expression, and VEGF expression after 48 h of treatment (**a**), phospho-ERK expression after 60 min of treatment (**b**), and RANK after 48 h of treatment (**c**) in MDA-MB-231 cells. Quantifcation of amplifed immune blots was done as described in "[Materials and methods](#page-1-0)" and indicated as fold induction to 0 (μg/ml)/actin

tocilizumab suppressed cell proliferation signifcantly more than 10 and 30 μg/mL tocilizumab. Next, the efect of tocilizumab on the motility of MDA-231 cells was examined. In our previous report, treatment with a TNF inhibitor suppressed cell migration [\[23](#page-8-4)]. Thus, whether an IL-6R inhibitor could afect cell migration ability was tested. Specifcally,

the number of cells that had passed through a membrane was counted. Tocilizumab (\leq 100 μg/mL) had no effect on cell motility (supplemental data). This result suggested that tocilizumab to 100 µg/ml did not cause cell growth inhibition due to toxicity.

Radiographic analysis of the efect of anti‑IL‑6R antibody on the development of metastases in nude mice

To test whether tocilizumab directly afects the ability of MDA-231 cells to metastasize, MDA-231 cells were injected into the left ventricles of mice. On X-ray analysis 4 weeks after tumor inoculation, the number of osteolytic lesions was counted. Osteolytic bone metastases appeared around the knee joints (Fig. [4](#page-6-0)a) in the mice without tocilizumab treatment. While 93.8% (15/16 mice) of untreated mice developed metastases, 60% (9/15) of treated mice developed metastases (Fig. [4](#page-6-0)b). The incidence of metastases per mouse was decreased significantly by tocilizumab ($p < 0.05$). The mean number of metastatic foci in bone per mouse was 2.88 (± 1.50) and 1.20 (± 1.27) in untreated and treated mice. respectively. The metastatic number per mouse was signifcantly decreased $(p < 0.005)$ by treatment.

Histomorphometric analysis of the efect of anti‑IL‑6R antibody on development of osteolytic lesions

The effects of tocilizumab on bone metastases of MDA-231 cells in nude mice were then examined histologically. Histological examination of femurs and tibias with MDA-231 cells showed wide tumor burden with trabecular bone destruction (Fig. [4c](#page-6-0)). Histomorphometric analysis demonstrated that tocilizumab decreased the area of osteolytic lesions. The area of metastatic foci per hind limb bone was 22.7% (\pm 6.1%) and 8.3% (\pm 4.5%) in untreated and treated mice, respectively $(p < 0.05)$. Histomorphometric analysis also showed that the area of metastatic foci in tocilizumab-treated mice was decreased significantly compared with untreated mice (Fig. [4](#page-6-0)c, d). Histomorphometric analysis of sections histochemically stained for the osteoclast marker TRAcP showed a significant decrease in osteoclast surface/bone surface in mice treated with tocilizumab compared with untreated mice (Fig. [5a](#page-7-17), b, and supplemental data).

Fig. 3 Cell proliferation assay in vitro. Tocilizumab (TCZ) at more than 10 μg/mL suppresses cell proliferation (**p*<0.005, ***p*<0.001, ****p*<0.0001: control vs TCZ). Tocilizumabtreated cells show a dosedependent reduction in cell proliferation ($^{#}p$ < 0.05, $^{#}p$ < 0.001: TCZ 10 and 30 μg/mL vs. 100 μg/mL). Columns, mean; bars, SD. BL: 0 h (baseline)

Discussion

Bone metastases with severe pain, fractures, and spinal cord compression should be treated immediately. These symptoms may reduce the patient's performance status and worsen quality of life.

Animal models of bone metastasis using cancer cell lines derived from human carcinomas have been studied to understand the intrinsic pathological event. The most common tumor to cause osteolytic lesions is breast carcinoma; MDA-231 cells of human breast carcinoma selectively colonize the tibias and femurs of nude mice, including osteolytic metastases [[24\]](#page-8-5). In this report, it was confrmed that the breast cancer cell line MDA-231 expressed IL-6 and its receptor, IL-6R. IL-6 signals via a receptor complex composed of IL-6R and gp130 [\[20](#page-8-1)]. Activation of this complex causes gp130 to phosphorylate and thereby activate JAK 1 and 2 [[29\]](#page-8-10). IL-6-induced JAK family members activate three major pathways, JAK–Stat3, Ras–MAPK, and PI3K–Akt [[30\]](#page-8-11). The JAK–STAT3 signal pathway was found to be the key in tumor progression [\[13\]](#page-7-11). Scherzad et al. demonstrated that human mesenchymal stem cells enhance cancer cell proliferation via IL-6 secretion and activation of ERK1/2 $[31]$ $[31]$ $[31]$, and Shi et al. showed that IL-6 stimulated tumor growth by activation of Ras, Raf, MEK, and ERK1/2 [[32](#page-8-13)]. In the present study, tocilizumab decreased gp130 and phosphorylated Stat3 expressions in MDA231 cells, and it suppressed phosphorylated ERK expression. The humanized monoclonal antibody to the IL-6 receptor, tocilizumab (Actemra®), inhibits the binding of IL-6 to IL-6R on the cell surface or the soluble form of IL-6R [\[20\]](#page-8-1). Tocilizumab was approved in Japan and by

the European Medicines Agency (EMEA) in 2008, and it was approved by the United States Food and Drug Administration (FDA) in 2010. Tocilizumab has also been shown to be efective in blocking cartilage and bone destruction in IL-6-mediated autoimmune diseases such as synovitis and rheumatoid arthritis (RA). Thus, tocilizumab inhibited IL-6 signaling in MDA231 cells, followed by inhibition of tumor cell proliferation and suppression of bone metastases in the animal model.

Previous work has demonstrated that, in bone metastases, tumor-derived IL-6 can stimulate osteoclast diferentiation and osteoclast-mediated bone resorption [[33\]](#page-8-14). The interplay of RANKL-RANK-IL-6 in a previous study further consolidates the role of a direct interaction between osteoblasts and cancer cells within the bone microenvironment. IL-6 expressed by tumor cells induces, via an autocrine mechanism, expression of RANK on the surface of the tumor cells, thus sensitizing these cells to the action of osteoblastderived RANKL [\[34](#page-8-15)]. Further, many tumors express RANK, the cognate receptor of RANKL, and a high concordance between RANK expression by the primary cancer and its skeletal secondaries has been reported [\[28](#page-8-9)]. In the present study, it was demonstrated that tocilizumab suppressed RANK expression in MDA-231 cells in a dose-dependent manner.

As another mechanism of inhibition of bone metastasis, tocilizumab might inhibit angiogenesis. Angiogenesis is a central step in tumor progression because it promotes tumor invasion and metastatic spread [[35\]](#page-8-16). VEGF is a potent angiogenic agent that acts as a specifc mitogen for vascular endothelial cells through specifc cell surface receptors. IL-6 also promotes angiogenesis through induction of VEGF expression [\[36](#page-8-17)]. The results of the present study

human breast cancer cells. Representative radiographs of bone metastases treated without (**a**, metastatic sites with arrow) or with tocilizumab (8 mg/kg/week, data not shown). Representative histological views of bone metastases treated without (**b**) or with tocilizumab (8 mg/kg/week) (**c**) are shown with hematoxylin–eosin staining

demonstrated that tocilizumab suppressed VEGF expression in MDA231 cells.

IL-6 promoted cell migration of MDA-231 cells [\[37\]](#page-8-18). The previous study reported that MDA-231 cells secreted IL-6 constitutively in culture [\[15](#page-7-13), [16](#page-7-14)]. However, tocilizumab did not afect cell mobility. One of the reasons was no stimulation by IL-6. On the other hand, Ahmad et al. reported IL-6 caused a slight increase in MDA-231 migration in comparison to unstimulated cells, but no statistical signifcance was observed [[38](#page-8-19)]. IL-6 may not contribute to cell mobility greatly.

There are no public data on the efficacy of tocilizumab in inhibiting the progression of bone metastases. In this report, it was demonstrated that anti-IL-6 therapy using tocilizumab suppressed bone metastases in an animal model, and this therapy inhibited MDA-231 cell proliferation and Stat3, RANK, and VEGF expressions in vitro. The results of the present study suggest that inhibition of IL-6 using an IL-6R inhibitor may become a preventive therapeutic option for breast cancer and bone metastases.

The present study had several limitations. First, other organ metastases such as lung or liver were not examined. Second, bone metastases of other breast cancer cell lines (e.g., ER-positive cells, such as MCF-7 or ZR75-1) were not examined. Clinical studies have demonstrated that hormone-responsive (i.e., estrogen receptor (ER)-positive) tumors have a much stronger metastatic predilection for bone than their ER-negative tumors [[39](#page-8-20)]. MDA-231 cells secreted IL-6, but are ER negative. The ER-positive cell lines MCF-7 and ZR-75-1 had undetectable levels of IL-6 whereas the ER-negative cell line MDA-231 produced IL-6 in previous report and our study. Our results cannot be applied to ER-positive breast cancer. However, Sasser et al. demonstrated that IL-6 can act as a potent growth factor for the ER-positive cell line MCF-7 in vitro and in vivo. IL-6 produced by bone marrow mesenchymal stem cells (a common fbroblastic cell population within bone) potently induces growth in ER-positive breast cancer cells [[15](#page-7-13)]. Of interest, the bone marrow microenvironment in postmenopausal women maintains stable levels of IL-6 protein, regardless of systemic estradiol levels [[40](#page-8-21)]. And we demonstrated that IL-6 receptor mRNA was expressed in both ER-positive and -negative breast cancer cell lines (Fig. [1\)](#page-3-0). In the previous reports and our results, IL-6 produced by bone marrow fbroblasts and/or autocrine tumor cells was biologically linked with either ER-positive Fig. 4 Effects of tocilizumab on bone metastases of MDA-MB-231 or -negative breast cancer cells. This link may induce **Fig. 5** Number of osteoclasts/ mm bone surface in the distal femur (**a**) and proximal tibia (**b**)

morbidity and mortality in patients with bone metastases clinically. We plan to study these in the future.

In conclusion, tocilizumab greatly reduced bone metastases in an animal model injected with a metastatic breast cancer cell line, MDA-231. Inhibition of IL-6 signaling using tocilizumab may become a preventive therapeutic option for breast cancer.

Acknowledgements We thank Katsura Chiba for excellent technical assistance.

Compliance with ethical standards

Conflict of interest The authors declare that they have no competing interests.

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