

# **Multi-shell nanocomposites based multienzyme mimetics for efficient intracellular antioxidation**

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# **ABSTRACT**

Oxidative stress is associated with many acute and chronic inflammatory diseases. Development of nanomaterial-based enzyme mimetics for reactive oxygen species (ROS) scavenging is challenging, but holds great promise for the treatment of inflammatory diseases. Herein, we report the highly ordered manganese dioxide encapsulated selenium-melanin (Se@Me@MnO<sub>2</sub>) nanozyme with high efficiency for intracellular antioxidation and anti-inflammation. The Se@Me@MnO<sub>2</sub> nanozyme is sequentially fabricated through the radical polymerization and the *in-situ* oxidation-reduction. *In vitro* experimental results demonstrated that the Se@Me@MnO2 nanozyme exhibits multiple enzyme activities to scavenge ROS, including catalase (CAT), glutathione peroxidase (GPx) and superoxide dismutase (SOD). Mechanism researches illustrated that the Se core possesses GPx-like catalytic activity, the Me and the MnO2 possess both the SOD-like and the CAT-like activities. What's more, due to the stable unpaired electrons existing in the nanozyme, the Se, Me and MnO<sub>2</sub> provide synergistic and fast electron transfer effect to achieve the quickly scavenging of hydrogen peroxide, hydroxyl radical, and superoxide anion. Further *in vivo* experimental results showed that this biocompatible nanozyme exhibits cytoprotective effects by resisting ROS-mediated damage, thereby alleviating the inflammation. This multienzyme mimetics is believed to be an excellent ROS scavenger and have a good potential in clinical therapy for ROS-related diseases.

# **KEYWORDS**

oxidative stress, reactive oxygen species, multienzyme mimetics, nanozymes, intracellular antioxidation, anti-inflammation

# **1 Introduction**

Reactive oxygen species (ROS), such as the hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), hydroxyl radical (HO'), and superoxide anion  $(O_2^-)$ , can be sustainably produced through the metabolic processes [1–4]. As the essential secondary messengers, ROS plays significant role in the regulation of biological organism's physiological functions, such as cell signaling, pathogen defense, and homeostasis [5–9]. However, excessive and uncontrolled ROS can arouse oxidative stress which can give risk to irreversible damage of tissue and organ through destroying proteins, nucleic acids and lipids, and finally lead to various diseases, such as cancer, stroke and neurologic disorders [10–13]. Inflammation is closely associated with oxidative stress as the natural defensive reaction to stimuli of infections, injuries and toxins. In order to protect the organism from inflammation induced by oxidative stress, it is necessary to scavenge excess ROS to maintain intracellular redox balance [14–18]. Broad-spectrum antioxidants such as *N*-acetyl cysteine and acetyl-*L*-carnitine have been considered as available strategies for treating various inflammatory diseases [19]. However, these drugs still face the great challenges in the clinical treatment of ROS-related diseases for either of poor bioavailability, instability or low efficacy.

Attributed to the advances in nanotechnology, many new

pathways for scavenging of ROS and treatment of ROS-related diseases have been developed by using various functional nanomaterials [20–23]. For instance, ultra-small and shape-diverse ceria nanoparticles [24, 25], ceria–zirconia nanoparticles [26], boron cluster-containing redox nanoparticles [27], eumelanin polymers [28], melanin polymers [29] and polydopamine nanoparticles [30] were applied for the scavenger of ROS. Other biopolymers of polystyrene [31], selenium-doped carbon quantum dots [32] and hydrophilic carbon clusters [33] were also developed for this domain. Recently, a great number of research interests have been focused on the construction of artificial nanozymes to mimic intracellular antioxidant enzyme to defend the oxidative damage [34]. Nanozymes are nanomaterials with natural enzyme-like characteristics, and they are promising rising star to alternate natural enzymes [35]. During the past several years, a series of nanozymes with unique antioxidant natural enzyme-like properties have been designed and fabricated. For example, V<sub>2</sub>O<sub>5</sub> nanowires [36], Prussian blue nanoparticles [37], Copper tannic acid coordination nanosheet [38], MnO<sub>2</sub> nanozymes [39], Mn3O4 nanozymes [40], and functionalized graphene quantum dots [41] have been developed for scavenging ROS. Naturally, catalase (CAT), superoxide dismutase (SOD) and glutathione peroxidase (GPx) work together to construct the intracellular antioxidant system, and they display high



efficiency for broad-spectrum scavenging of ROS [42]. Based on the principle, the scientists have developed various nanozymes-ROS defense system which can provide CAT-like, SOD-like or GPx-like enzyme activity. A vanadia-based nanozyme represents a good sample to mimic a cellular antioxidant multienzyme system [43]. However, most of the reported nanozymes possess only one or two kinds of specific antioxidant activity, which is not enough for the prevention of oxidative stress. Thus, the developed nanozyme systems can't satisfactorily protect cell against oxidative damage [44]. It is highly desirable to develop innovative multienzyme mimetics to treat target ROS simultaneously. With the development of nanotechnology, the advanced nanozymes that are modularly designed are inspiringly emerging [45, 46]. However, to the best of our knowledge, no work has been reported about the fabrication of highly ordered multi-shelled nanocomposites as the highly integrated multienzyme mimetics-based antioxidation system.

Herein, inspired by the natural multienzyme systems and the urgently needed status for scavenging of intracellular ROS, a highly integrated core–shell nanocomposite is designed and synthesized. Through the developed simple radical polymerization and the *in-situ* oxidation-reduction reaction method, the well-designed multi-shelled manganese dioxide encapsulated selenium-melanin (Se@Me@MnO<sub>2</sub>) nanocomposites are fabricated (Scheme 1). The *in vitro* experimental results showed that the Se@Me@MnO<sub>2</sub> nanocomposite is a powerful multienzyme mimetic to scavenge the  $H_2O_2$ , HO' and  $O_2$ <sup>--</sup> through the CATlike, SOD-like and GPx-like catalytic mechanisms. It exhibits high efficiency for intracellular antioxidation. In-depth mechanism investigation showed that the Se core possess GPx-like catalytic activity, the  $MnO<sub>2</sub>$  and the Me possess both the SOD-like and the CAT-like activities. The *in vivo* experiments showed that the harmful oxidative stress has been efficiently retarded and the inflammation was obviously alleviated. The developed ROS defense system takes the following advantages: (i) the Se@Me@MnO2 nanozyme exhibits robust effects on scavenging diverse ROS, such as  $H_2O_2$ , HO' and  $O_2$ ' ; (ii) the Se@Me@MnO<sub>2</sub> nanozymes encompass the antioxidative ability of CAT-like, SOD-like and GPx-like to resist oxidative stress damage; (iii) it is capable to block ROS-triggered inflammatory activation; and (iv) the Se@Me@MnO2 nanozymes have good biocompatibility. The newly developed Se@Me@MnO<sub>2</sub> nanocomposite is an ideal antioxidation nanozyme and have a good potential for further



**Scheme 1** (a) Schematic illustration for the fabrication of Se@Me@MnO<sub>2</sub> nanozyme. (b) Scavenging of inflammation induced intracellular ROS by the Se@Me@MnO<sub>2</sub> nanozyme.

## **2 Experimental**

#### **2.1 Synthesis of Se@Me@MnO2 nanocomposites**

#### *2.1.1 Synthesis of NaHSe solution*

The NaHSe was fabricated as Xie et al. [47]. The NaHSe aqueous solution was prepared via a reduction of Se and NaBH4 in water under Ar. Firstly, 5 mL ultra-pure water was added into a flask and treated by ice bath. Followingly, 40 mg NaBH4 was added and the Ar gas was used to exclude air. After that, 18 mg Se powder was added into the above solution and stirred for about 1 h. The reaction solution turns to transparent, then the NaHSe was synthesized.

#### *2.1.2 Synthesis of Se@Me nanoparticles*

The typical procedure for the fabrication of Se@Me nanoparticles was described as follows. In a round bottom flask, ethanol (40 mL), deionized water (90 mL) and ammonia aqueous (3 mL) was mixed and stirred for 15 min. Then 10 mL dopamine hydrochloride solution (2.6 mmol/mL) was injected into the above mixture solution drop by drop. After that, 2 mL NaHSe solution was added. The color of this solution immediately turned to pale yellow and gradually changed to dark brown. After stirred for 36 h, the reaction solution was centrifuged and the residues was washed with water for three times. Then the dark brown products were redispersed in 10 mL water for further use.

# *2.1.3 Synthesis of Se@Me@MnO2 NPs nanozyme*

The Se@Me@MnO<sub>2</sub> nanozyme were prepared through the oxidation-reduction reaction between the reductive carbon shell of Se@Me and the oxidative KMnO<sub>4</sub>. In a typical experiment, 1 mL  $KMnO<sub>4</sub>$  aqueous solutions (8 mg/mL) were added to 10 mL Se@Me aqueous solution quickly, then the mixed solution was stirred at room temperature for 12 h. The Se@Me@MnO<sub>2</sub> nanozyme was washed with deionized water for three times and separated by centrifugation. The anticipate nanozyme was obtained by freeze-drying.

#### **2.2 Scavenging of ROS**

#### *2.2.1 Scavenging of HO•*

HO' scavenging efficiency of Se@Me@MnO<sub>2</sub> nanozyme was measured with the response of fluorescent 2-hydroxyterephthalic acid. Solutions containing terephthalate (TA, 0.5 mM),  $H_2O_2$ (10 mM), and Se@Me@MnO<sub>2</sub> nanozyme were prepared in phosphate buffer saline (PBS) (25 mM, pH 7.4). TA is a nonfluorescent compound that could capture HO' to produce 2-hydroxyterephthalic acid (*E*x: 320 nm and *E*m: 425 nm). The mixtures were incubated for another 12 h and measured via fluorescence analysis.

#### *2.2.2 Scavenging of H2O2*

To investigate the GPx-like catalytic activity of the Se@Me@MnO<sub>2</sub> nanozyme, the following process was conducted. Se@Me@MnO<sub>2</sub> (0.05 mg/mL), glutathione (GSH, 2 mM), nicotinamide adenine dinucleotide phosphate (NADPH, 0.4 mM), glutathione reductase (GR, 1.7 units), and  $H_2O_2$  (240  $\mu$ M) were added into the PBS solution in order at room temperature. Then, different concentration of  $Se@Me@MnO<sub>2</sub>$  were added into the above solution. The steady-state kinetics of Se@Me@MnO2 nanozyme was studied by varying the concentration of Se@Me@MnO<sub>2</sub> (0–0.05 mg/mL), at the fixed concentration of GR and NADPH in 25 mM pH 7.4 PBS. The reaction solution was detected by a UV–visible (UV–vis) spectrophotometer at 340 nm.

# *2.2.3 Scavenging of O2 •−*

O<sub>2</sub><sup>--</sup> scavenging efficiency of Se@Me@MnO<sub>2</sub> was achieved by measuring the inhibition ratio of photoreduction of NBT. The solutions containing riboflavin (20  $\mu$ M), methionine (12.5 mM), nitrotetrazolium blue chloride (NBT, 75 μM), and Se@Me@MnO<sub>2</sub> nanozyme were prepared in PBS (25 mM, pH 7.4). The mixtures were illuminated upon ultraviolet radiation for 15 min. After illumination, the absorbances of mixtures were measured. Sample containing riboflavin, methionine, and NBT was defined as negative control. Sample containing riboflavin, methionine, and NBT after illumination was defined as positive control. All the experiments were carried out in dark without illumination. Inhibition percentage was calculated as the following formula: inhibition ratio =  $[(A_0 - A_n)/(A_p - A_n)] \times 100\%$ . *A*<sub>0</sub>, *A*<sub>n</sub>, and *A*<sub>p</sub> were the absorbance of the treated samples, negative control, and positive control, respectively.

### *2.2.4 Electron paramagnetic resonance (EPR) test*

The efficiency of the Se@Me@MnO<sub>2</sub> for scavenging of HO<sup> $\cdot$ </sup> was further assessed with the EPR spectroscopy. In the general step, the  $H_2O_2$  and the Se@Me@MnO<sub>2</sub> nanozyme were added into the PBS solution to obtain the pre-solution with 5 mmol/L  $H<sub>2</sub>O<sub>2</sub>$  and 0.5 mg/mL Se@Me@MnO<sub>2</sub>, and we took 5 mL for detection each time. The 5,5-dimethyl-1-pyrrolineN-oxide (DMPO) was applied to capture HO'. After exposure to ultraviolet light for 3 min, the adducts DMPO-HO' were collected and detected by the EPR.

## **2.3 Cell cytotoxicity**

The cytotoxicity of the  $Se@Me@MnO<sub>2</sub>$  nanozyme was verified by the Calcein-AM/PI double staining live/dead cells. Briefly, cells were firstly seeded with a density of  $10^4$  cells/well (100  $\mu$ L total volume/well) in 96-well assay plates for 12 h. Then, Se@Me@MnO2 nanozyme was added to the cell culture medium to form a series of cell culture medium with different concentrations (200 μg/mL, 100 μg/mL, 50 μg/mL, 25 μg/mL, 0 μg/mL). After incubated cells with the Se@Me@MnO<sub>2</sub> nanozyme for 24 h, the medium was removed and was washed by PBS. Then, the buffer solution containing Calcein-AM and PI was added into the 96-well assay plates and incubated for 30 min. After rewashing cells with PBS, the fluorescence microscopy was applied for the detection of the live/dead cell. Live cells are shown with green fluorescent (Excitation (*E*x) = 490 nm, Emission (*E*m) = 515 nm) and the dead cells are displayed with red fluorescent (*E*x = 530 nm, *E*m = 580 nm).

# **2.4 Intracellular ROS scavenging**

### *2.4.1 Protective effect of Se@Me@MnO2 to cells from oxidative stress*

To investigate the efficiency of the Se@Me@MnO<sub>2</sub> on protecting cells from oxidative stress, the following research was conducted. Firstly, HepG2 cells were plated in a 6-well plate with a density of 104 per well for 12 h. After the medium was removed, cells were incubated with DMEM containing FBS (10%) and Se@Me@MnO2 nanozyme (200 μg/mL, 100 μg/mL, 50 μg/mL, 25 μg/mL, 0 μg/mL) for 6 h, then the cells were washed with PBS solution to remove excessive Se@Me@MnO2 nanozyme. Followingly, they were incubated with DMEM containing FBS (10%) and 5 mM  $H_2O_2$  for 1 h. Finally, the cells live/dead ration were calculated through the Calcein-AM/PI double staining method as the same step of in 2.3. cell cytotoxicity assays.

# *2.4.2 Scavenging of the intracellular elevated ROS produced by Rosup treatment*

Cells were first plated in a 6-well plate with a density of  $10^4$  per

well for 24 h. After the remove of the normal cell medium, another medium with different concentrations of Se@Me@MnO2 nanozyme (100 μg/mL) was further used to culture cells for 12 h. As to treat cells by Rosup Kit, the Se@Me@MnO<sub>2</sub> nanozyme contained cell medium was removed and further washed with PBS for 3 times. Followingly, cell medium includes DCFH-DA was used to cultivate cells for 1 h. After the probes were successfully loaded, mediums were removed and cells were washed by PBS for 3 times. After that, cell mediums including Rosup were used to cultivate cells for 1 h. Group without any treatment was defined as control. Fluorescence microscopy images were collected on an Olympus imaging system (*E*x = 488 nm, *E*m = 525 nm). For the quantitative results, cells were subjected to flow cytometry  $(n=3)$ .

### **2.5 Inflammation models**

Kunming mice  $(3 \times 8)$  weighting about 20 g were achieved from Experimental Animal Center of Tsinghua University. During the protocol, mouse hair was first removed, then 10 μL phorbol 12-myristate 13-acetate solution (PMA, 100 μg/mL in acetone) was injected into the ear of the mouse. After 6 h, mouse with the local ear inflammation was obtained. After that, 50 μg/mL different nanomaterials (MnO<sub>2</sub>, Me, Se@Me MnO2, and Se@Me@MnO2 nanozyme) were injected into different mice respectively. Subsequently, fluorescence imaging of mice was acquired 30 min after subcutaneous (s.c.) injection of DCFH-DA solution. The degree of inflammation can be clearly recognized by the black color of the mouse ears. In addition, the frozen section fluorescence experiment was used to further verify the experimental results. In the slice experiment, we first took the skin tissue from the injected ear of the root and frozen after OCT embedding. Then, we added diluted 4ʹ,6-diamidino-2-phenylindole (DAPI) and incubated at room temperature for 10 min. Furthermore, we are covering each slide with an appropriate amount of anti-fluorescence quencher and observed the distribution of fluorescence with a fluorescence microscope. The photoluminescence pictures were further treated by the ImageJ to obtain the relative fluorescence intensity data. Experiments were performed according to the established animal protocols and guidelines approved by the Ethics Review Committee on Animal Experimentation of Tsinghua University (Beijing, China).

# **3 Results and discussion**

In order to fabricate the  $Se@Me@MnO<sub>2</sub>$  nanocomposites, the dopamine was firstly polymerized in the EtOH/water blending solution under alkaline condition, at the same time, the NaHSe solution was added into the reaction mixture to synthesize the Se@Me. Then, the Se@Me@MnO<sub>2</sub> were prepared through the oxidation-reduction reaction between the reductive carbon shell of Se@Me and the oxidative KMnO4. The synthesis of Se@Me and Se@Me@MnO<sub>2</sub> were conducted at room temperature. In order to observe the morphology changes of the Se@Me@MnO2, the field-emission scanning electron microscopy (FESEM), transmission electron microscopy (TEM) and high-resolution transmission electron microscopy (HR-TEM) were all applied to characterize the intermediates that produced during the preparation process. The FESEM and TEM images demonstrated that the fabricated Se@Me was uniform and the average size is about 100 nm ((Fig.  $1(a)$  and Figs.  $S1(a)$  and  $S1(b)$  in the Electronic Supplementary Material (ESM)). Furthermore, the Se was located at the core position with about 20 nm (Figs.  $S1(c)$ ) and S1(d) in the ESM). This result was attributed to the selfagglomeration of selenium nanoparticles when dopamine polymerized. Through the FESEM and HR-TEM characterizations



Figure 1 (a) FESEM image, (b) HR-TEM image, (c) SAED pattern, (d) and (e) Line scanning, (f) STEM, (g) EDX elemental mapping of Se@Me@MnO<sub>2</sub> nanocomposites.

of the as-synthesized Se@Me@MnO<sub>2</sub>, the MnO<sub>2</sub> outer shell encapsulated the Se@Me and the average size of the Se@Me@MnO2 is about 150 nm (Fig. 1(b) and Fig. S2 in the ESM). From the intermediate products, it is obvious that the MnO2 were grown gradually on the Me shell layer (Fig. S3 in the ESM). Furthermore, the images have shown a clear morphology of the uniform multi-shelled Se@Me@MnO<sub>2</sub> nanocomposite. The selected area electron diffraction (SAED) characterization illustrated that the Se@Me@MnO<sub>2</sub> is amorphous (Fig. 1(c)). We selected a Se@Me@MnO<sub>2</sub> nanocomposite to investigate the elements dispersion by the line-scanning spectra characterization (Figs. 1(d) and 1(e)). The line-scanning result obviously shown that Se, Me and  $MnO<sub>2</sub>$  exist as layer by layer nanostructure. The MnO2 layer was about 15–20 nm. Further combining with the results of scanning transmission electron microscopy (STEM) and the energy-dispersive X-ray (EDX) spectroscopy-elemental mapping spectra (Figs.  $1(f)$  and  $1(g)$ , Figs. S4 and S5 in the ESM), the distribution of elements C, O, Mn and Se were clearly visible and the corresponding mass of these elements is 74.9%, 15.0%, 2.6% and 1.4%. The above characterizations of the obtained nanomaterials demonstrated that the designed structure of the Se@Me@MnO<sub>2</sub> has been successfully fabricated.

The Fourier transform infrared spectrum (FT-IR) was used to investigate the reaction process by the changes of functional group. As shown in Fig. 2(a), the peaks intensity of free OH– and NH2– groups gradually decreased, which means the dopamine was polymerized to Me. The FT-IR of the Se@Me was like the Me, which demonstrates the Se was encapsulated by the Me, therefore, it possesses excellent water-soluble ability just like the Me itself. From the spectrum of  $Se@Me@MnO<sub>2</sub>$ , the change of the spectrum image illustrates the  $MnO<sub>2</sub>$  have encapsulated Se@Me successfully, and the water solubility of

the finally fabricated nanocomposite decreased slightly. The UV–vis spectrophotometer was applied to explore the change law of absorbance of this material with concentration. It is obvious that the Se@Me@MnO<sub>2</sub> solution appears absorbance in near infrared region and the absorbance is proportional to concentration, and the phenomenon indicate that this material has potential as a photothermal material (Fig. 2(b) and Fig. S6 in the ESM). The stability of the nanocomposite was tested by the  $\zeta$  potential characterization. As the MnO<sub>2</sub> nanosheets growth on the Se@Me, the ζ potential increased from −62 to −24 mV (Fig. 2(c)). This result suggests the stability of the Se@Me@MnO<sub>2</sub> was decreased as the Se@Me encapsulated by the  $MnO<sub>2</sub>$  and it could be gradually degraded during metabolism *in vivo*. The crystal structure of the Se@Me@MnO<sub>2</sub> was confirmed by the powder X-ray diffraction (XRD). The XRD pattern doesn't show any sharp peaks and the result further confirmed that the  $Se@Me@MnO<sub>2</sub>$  is amorphous (Fig. S7 in the ESM) [48]. The nitrogen adsorption and desorption experiment demonstrate the adsorption/desorption isotherm of the Se@ Me@MnO2 nanoparticles belongs to type IV. What's more, the major pore sizes of the nanoparticles are below 10 nm (Figs. S8 and S9 in the ESM). The element valence of the fabricated nanocomposites was confirmed by the X-ray photoelectron spectroscopy (XPS) (Figs. 2(d)–2(i)). Based on the XPS survey spectroscopy, the nanocomposites contain C, N, O, Se and Mn and the corresponding peaks of C 1s, N 1s, O 1s, Se 3d and Mn 2p display in the survey spectrum. The C 1s spectrum exhibits peaks at the binding energy of 284.2, 286.1 and 287.3 eV, which are corresponding to the C–C/C=C, C–O–C and C=O, respectively. The N 1s XPS spectra show a sharp single peak at the 399.7 eV, which is attributed to the C–N from the Me. Furthermore, the O 1s spectrum illustrates the presence of



**Figure 2** (a) Fourier transform infrared (FT-IR) spectroscopy of dopamine, Me, Se@Me, and Se@Me@MnO2. (b) UV−vis absorption spectra of Se@Me@MnO2 with different concentrations. (c) Zeta (*ζ*) potentials of Se@Me and Se@Me@MnO2. (d) Survey X-ray photoelectron spectroscopy (XPS) spectrum of Se@Me@MnO2. (e) XPS spectrum of the C 1s region. (f) XPS spectrum of the N 1s region. (g) XPS spectrum of the O 1s region. (h) XPS spectrum of the Se 3d region. (i) XPS spectrum of the Mn 2p region.

C=O (532.8 eV), C–O–H (531.2 eV), and Mn–O (530.1 eV) groups. The Se 3d spectrum reveals the presence of Se–Se and Se–C in the nanocomposites. This is attributed to the dopamine undergoes free radical polymerization, the oxidizing free radicals oxidize the negatively divalent selenium to Se–Se and Se–C status [47]. Furthermore, from the Mn 2p spectra, the binding energy of Mn  $2p_{3/2}$  and Mn  $2p_{1/2}$  was corresponding to 642.6 and 653.1 eV, respectively, which means the Mn exists as  $MnO<sub>2</sub>$  [49, 50].

The as synthesized  $Se@Me@MnO<sub>2</sub>$  nanocomposites were utilized as enzyme mimetic to investigate the ability of ROS scavenging. Firstly, the  $H_2O_2$  was used as the HO<sup>+</sup> precursor to test the scavenging efficiency of Se@Me@MnO<sub>2</sub> nanocomposites. In this procedure, the scavenging efficiency was achieved by measuring the presence of fluorescent 2-hydroxyterephthalic acid. As shown in Fig. 3(a), the result demonstrates in the presence of 100 μg/mL Se@Me@MnO<sub>2</sub> NPs, about 97% HO<sup>•</sup> have been scavenged (Fig. 3(b)). The result means that with the assistance of Se@Me@MnO<sub>2</sub>, the HO' can be effectively eliminated with CAT-like pathway. What's more, the EPR spectroscopy was used to confirm the ability of Se@Me@MnO<sub>2</sub> nanocomposites to scavenge HO'. As shown in Fig. 3(c), after the  $H_2O_2$  irradiated by the UV for 3 min, a strong EPR signal appears, which indicated the formation of the DEMPO/HO<sup>•</sup> adduct. On the other hand, after excluding other factors, as the Se@Me@MnO<sub>2</sub> was added into the  $H_2O_2$ , it is obvious that the ESR signals of the DEMPO/HO' adduct disappeared. The results confirmed that the Se@Me@MnO2 nanocomposites had strong HO' scavenging ability. Furthermore, the durability is an important indicator for enzymes. Therefore, we further investigated the stability of Se@Me@MnO<sub>2</sub> to scavenge HO'.

be used more than 6 times for the removal of HO' with over 95% clearance rate. What's more, the stability of Se@Me@MnO<sub>2</sub> to scavenge HO' in cell culture medium was also investigated. As shown in the Fig. S10(b) in the ESM, the result demonstrated that the nanozyme has good stability in the culture medium. The reused nanozymes were further conducted by the FESEM and TEM characterizations to confirm the morphology and structure stability. As shown in Fig. S11 in the ESM, the morphology of the reused nanozymes dose not show significant change, which further confirmed the nanozymes are highly stable. Inspired by the above results, we further investigate the Se@Me@MnO2 nanocomposites GPx-like and the SOD-like enzyme activity. To investigate the GPx-like enzyme activity, the NADPH UV–vis absorption spectrum has been real-timely monitored at 340 nm wavelength. As shown in Fig. 3(d), for the situations of without  $H_2O_2$  or without GSH, the NADPH absorption curves have not shown obvious decrease. After the addition of the Se@Me@MnO<sub>2</sub> nanocomposites, an obvious decrease of NADPH concentration was observed. Furthermore, from the concentration controlling experiment, an obvious NADPH concentration decreases with the increase of the Se@Me@MnO<sub>2</sub> nanocomposites as shown in Fig. 3(e). The above results indicated the Se@Me@MnO<sub>2</sub> nanocomposite have high GPx-like enzyme activity to remove excess  $H_2O_2$ . As one of the significant antioxidant enzymes in organisms, the SOD can catalyze the disproportionation serving. In order to explore the SOD-like enzyme activity of the Se@Me@MnO<sub>2</sub> nanocomposites, we conducted the O<sub>2</sub><sup>-</sup> scavenging protocol. The scavenging efficiency of Se@Me@MnO<sub>2</sub> was achieved by measuring the inhibition ratio of photoreduction of nitrotetrazolium

As the Fig.  $S10(a)$  in the ESM shown, the Se@Me@MnO<sub>2</sub> can



Figure 3 Antioxidant enzyme-like properties of nanocomposites: (a) Scavenging of HO<sup>+</sup> with different concentration of Se@Me@MnO<sub>2</sub> nanocomposites. (b) Percent inhibition of terephthalate oxidation with different concentrations of nanocomposites. (c) EPR spectra of DMPO/'OH adducts were collected after incubation for 3 min with different samples. (d) The Se@Me@MnO<sub>2</sub> nanocomposites scavenges H<sub>2</sub>O<sub>2</sub> through GPx-like mechanism. (e) Timedependent absorbance changes of NADPH with different concentrations of Se@Me@MnO2 nanocomposites. (f) Scavenging efficiency of superoxide radicals. (g) Percent inhibition of NBT oxidation with different concentrations of Se@Me@MnO2 nanocomposites.

blue chloride (NBT). Phosphate buffer saline solutions containing riboflavin, methionine, NBT, and Se@Me@MnO2 nanocomposites were first prepared. Then the mixtures were illuminated upon ultraviolet radiation. After that, the visible spectrum absorbances of mixtures were measured. As shown in Fig. 3(f), the absorption peaks at 560 nm decrease with different concentrations of Se@Me@MnO<sub>2</sub> nanocomposites. The result means the produced  $O_2$ <sup> $-$ </sup> have been scavenged by the Se@Me@MnO2 nanocomposites through the SOD-like enzyme catalysis route. What's more, about 90% O<sub>2</sub><sup>--</sup> have been cleared in the presence of 50 μg/mL nanozyme (Fig. 3(g)).

Although the Se@Me@MnO<sub>2</sub> nanocomposites possess the CAT-like, GPx-like and the SOD-like enzyme activities, it is essential to reveal the respective role in scavenge ROS, namely, the inner link of Me, Se@Me and MnO<sub>2</sub>. Thus, the fabricated Me nanoparticles, Se@Me nanoparticles, and MnO<sub>2</sub> nanoparticles were applied to scavenging ROS. We conducted the experimental research which same to Se@Me@MnO2 nanocomposites to scavenge ROS. According to the research results, the  $MnO<sub>2</sub>$ nanoparticles and the Me nanoparticles have been proved to possess both the SOD-like and the CAT-like mimic activities and can scavenge  $O_2$ <sup>--</sup> and 'OH (Figs. S12 and S14 in the ESM). And the Se@Me possess the CAT-like, GPx-like and the SODlike enzyme activities (Fig. S13 in the ESM), which means the Se core possess GPx-like catalytic activity. Thus, for catalytic mechanism of the Se@Me@MnO<sub>2</sub> nanozyme, the outer layer MnO2 and the middle layer Me are SOD-like and the CAT-like enzyme mimics, the Se core is GPx-like enzyme mimic. Furthermore, the experimental data clearly shows

that whether the Me, Se@Me, or  $MnO<sub>2</sub>$ , their corresponding active oxygen scavenging ability is insufficient. In addition, for the Se@Me@MnO2 nanocomposites, the enzyme catalytic activity is not a simple addition of the catalytic activities of Se, Me, and MnO<sub>2</sub>. For the Se@Me@MnO<sub>2</sub> nanozyme, the ROS scavenging activity shows significant increase, which indicates that the three components of the Se@Me@MnO2 nanozyme synergistically catalyzed ROS scavenging. The above result may attribute to the large number of stable unpaired electrons exist in the nanocomposites, the Se, Me and  $MnO<sub>2</sub>$  provide synergistic and fast electron transfer effect during the process of scavenging ROS, and achieving the quickly remove of ROS.

The newly developed Se@Me@MnO<sub>2</sub> nanozyme were further utilized for antioxidation in cellular microenvironment to protect the body against oxidative stress. Before that, in order to investigate the biocompatibility of the Se@Me@MnO<sub>2</sub> nanozyme, we firstly test the cytotoxicity of the nanozyme by three kinds of cells: HepG2 cells (a human liver carcinoma cell line), A549 cells (a human lung adenocarcinoma cell line) and SK-MES-1 cells (a human lung squamous cell line). As shown in Fig. 4(a) and Fig. S15 in the ESM, the experimental results about cell live/death illustrated that although co-incubating these three kinds of cells with a series of concentrations (0, 100, 200 μg/mL) of nanozyme for 24 h, no obvious inhibiting effect on cell proliferation was observed. This result demonstrates our system possess good biocompatibility and could be practical for further biological usages. It is well known the oxidative stress was occurred when excess ROS can't be removed timely, and the oxidative stress will lead to cell death.



**Figure 4** (a) Cell viability of HepG2 cells, A549 cells and SK-MES-1 cells incubated with different concentrations of Se@Me@MnO<sub>2</sub> for 24 h. (Red column represents control group, green column represents 100 μg/mL, blue column represents 200 μg/mL; all data are expressed as the mean ± standard error of the mean (s.e.m.). \**p* < 0.05, \*\**p* < 0.01 when compared with control group,  $n = 3$ . (b) The protective effect of Se@Me@MnO<sub>2</sub> to HepG2 cells from oxidative stress; all data are expressed as the mean ± s.e.m. \*\**p* < 0.01, \*\*\**p* < 0.001 when compared with control group,  $n = 3$ . (c) Fluorescence microscopy images of HepG2 cells that protect by the Se@Me@MnO2 from oxidative stress (Scale bar is 100 μm).

In order to investigate the effects of Se@Me@MnO2 nanozyme on oxidative stress that can induce cell death *in vitro*, the cell tests were conducted. As shown in Figs. 4(b) and 4(c), based on the cell live/death experiment through the Calcein-AM/PI double staining method, the Se@Me@MnO<sub>2</sub> nanozyme exhibits satisfactory ability to protect HepG2 cells from  $H_2O_2$  treatment. The cell images obviously demonstrated that without the Se@Me@MnO2 nanozyme, about 90% cell died. However, as the HepG2 cells treated with the 0-200 μg/mL Se@Me@MnO<sub>2</sub> nanozyme, the cell death caused by  $H_2O_2$  was decreased. After that, we further investigated the intracellular antioxidant capacity of the Se@Me@MnO<sub>2</sub> nanozyme.

For the purpose to survey intracellular ROS scavenging ability of the Se@Me@MnO<sub>2</sub> nanozyme, the HepG2 cells were firstly co-cultured with the  $Se@Me@MnO<sub>2</sub>$  nanocomposites for 12 h, and then treated with Rosup kit. During the procedure, the HepG2 cells treated by nanocomposites were firstly loaded on the DCFH-DA fluorescence probe and then the medium contained Rosup ingredient was used to treat the HepG2 cells. The intracellular ROS level could be monitored by using DCFH-DA as the fluorescence probe. As shown in Figs. 5(a) and 5(b), the fluorescence intensity of DCFH-DA significantly reduced when the Se@Me@MnO<sub>2</sub> were added to the system.

Furthermore, in order to quantitatively analyze the Rosup induced ROS generation and the Se@Me@MnO2 nanozyme caused ROS scavenging, the flow cytometry analysis was conducted. As shown in Fig. 5(c), about 60% ROS could be removed efficiently. This suggested that the Se@Me@MnO<sub>2</sub> nanozyme is a well-done ROS scavenger and can protect the cells from oxidative stress damage.

In order to examine the potential application of this antioxidant system in block ROS-triggered inflammation, the ear inflammation model of Kunming mouse has been constructed and treated by the Se@Me@MnO<sub>2</sub> nanozyme. To obtain the ear inflamed mouse model, the phorbol 12-myristate 13-acetate (PMA) has been injected into the mouse ear. After injecting PMA for 6 h, as shown in Fig. 6(a)(i)-(ii), the mouse ear turned to black color. When PMA was injected into mice, the color of the mice skin change to black due to melanosis after inflammation. This is a common phenomenon after skin inflammation. Studies have found that after inflammation, the skin barrier function is impaired, and the density of melanocytes in the affected area usually increases. This phenomenon indicates the *in vivo* inflammation animal model was obtained. To study the ROS removal capability of our nanocomposites against inflammation, the ears were treated by the Se@Me@MnO2 nanozyme with different concentrations and the DCFH-DA solution was injected by subcutaneous (s.c.). As demonstrated in Fig.  $6(a)(iii)-(v)$ , 30 min later, with the assistance of the Se@Me@MnO<sub>2</sub> nanozyme, the black color part of the mouse ear



Figure 5 (a) and (b) Fluorescence microscopy images of HepG2 cells with the treatment of Se@Me@MnO<sub>2</sub> nanozyme. (c) Flow cytometry analysis used to monitor the changes of intracellular ROS (scale bar is 100 μm).

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Figure 6 (a) The effects of Se@Me@MnO<sub>2</sub> nanozyme on scavenging of ROS *in vivo* ear inflammation mice. ((b) and (c)) Frozen sections fluorescence pictures of mouse ears treated by different concentrations Se@Me@MnO<sub>2</sub> nanozyme, green fluorescence comes from the reaction between ROS and DCFH-DA. (d) The effects of Se, Se@Me and Se@Me@MnO2 nanozyme on scavenging of ROS *in vivo* ear inflammation mice. ((e) and (f)) Frozen sections fluorescence pictures of mouse ears treated by Se, Se@Me and Se@Me@MnO2 nanozyme, green fluorescence comes from the reaction between ROS and DCFH-DA. The scale bar is 100 μm. (g) The relative fluorescence intensity of frozen sections of mouse ears treated with Se@Me@MnO2 nanocomposites at different concentrations, all data are expressed as the mean  $\pm$  s.e.m. \*\*\* $p < 0.001$  when compared with control group,  $n = 3$ . (h) The relative fluorescence intensity of frozen sections of mouse ears treated by Se, Se@Me, and Se@Me@MnO<sub>2</sub> nanocomposites, all data are expressed as the mean  $\pm$  s.e.m. \*\*\* $p < 0.001$  when compared with control group,  $n = 3$ .

gradually gets smaller, this means the inflammation intensity of the mouse ear decreased. When increasing the concentrations of the nanocomposites, the inflammation intensity decreased gradually. For the purpose of more intuitive and more convincing to illustrate the effect of the Se@Me@MnO2 nanozyme on removing of ROS in inflammation, the frozen sections of the corresponding mouse ears have been used to observe the distribution of fluorescence by fluorescence microscope. As shown in Figs. 6(b) and 6(c) and Fig. S16 in the ESM, without the Se@Me@MnO<sub>2</sub> nanozyme, the green fluorescence of the ear inflamed mouse is very strong. Conversely, it is not so obvious in the Se@Me@MnO2 nanozyme treated experimental groups, and the green fluorescence gradually weakened as the concentrations of the nanocomposites increased. The intensity

of green fluorescence was reduced as much as 90%, and the intensity of treatment group with the 50  $\mu$ g/mL Se@Me@MnO<sub>2</sub> nanozyme has no significant difference to the untreated group (Fig. 6(g)). The fluorescence images of mouse ears frozen sections further confirmed that the Se@Me@MnO<sub>2</sub> nanozyme have a good ROS scavenging effect. What's more, Me nanocomposites, Se@Me nanocomposites and Se@Me@MnO2 nanozyme were applied to scavenge ROS *in vivo* ear inflammation mice (Fig. 6(d)). Similarly, frozen sections are also used to test the results. As shown in Figs. 6(e) and 6(f) and Fig. S17 in the ESM, the experimental results illustrated the Se@Me@MnO2 nanozyme exhibit the best performance than the Me nanocomposites, Se@Me nanozyme, which is consistant with the *in vitro* experimental result. The relative fluorescence intensity of mouse ears treated by Se, Se@Me, and Se@Me@MnO<sub>2</sub> nanozyme further proves the necessity of this highly integrated multilayer structure due to the synergy effect of the three components (Fig. 6(h)). All the above results indicated our system possessed excellent ROS removal capacity in the inflamed mouse model and might have potential application in inflammation therapy.

### **4 Conclusions**

In conclusion, we have developed a simple method for the fabrication of Se@Me@MnO<sub>2</sub> nanocomposites. The Se@Me@MnO<sub>2</sub> nanocomposites possess SOD-like, CAT-like and GPx-like enzyme catalytic activities to protect the body against oxidative stress. For this biocompatible multifunctional nanozyme, the outer layer  $MnO<sub>2</sub>$  and the middle layer Me have been discovered to possess SOD-like and CAT-like mimic activities, and the Se core possesses GPx-like catalytic activity. The activity of Se@Me@MnO<sub>2</sub> nanozyme is attributed to the numerous stable unpaired electrons that exist in the nanocomposites, which offers synergistic and fast electron transfer effect during the process of scavenging ROS. Both the *in vitro* and *in vivo*  experiments demonstrated that the fabricated nanocomposites exhibit excellent intracellular ROS removal ability to defend cell components against oxidative stress, and show potential in inflammation therapy.

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