REVIEW

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# **Development of JAK inhibitors for the treatment of immune‑mediated diseases: kinase‑targeted inhibitors and pseudokinase‑targeted inhibitors**

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**Abstract** JAKs are a family of intracellular tyrosine kinases consisting of four members, JAK1, JAK2, JAK3, and TYK2. They are key components of the JAK-STAT pathway that transmit signals of many cytokines involved in the pathogenesis of numerous immune-mediated diseases and have been major molecular targets in developing new drugs for the treatment of such diseases. Some small-molecule inhibitors of JAKs have been approved by the FDA for rheumatoid arthritis, psoriatic arthritis, and infammatory bowel disease. Now, newer JAK inhibitors with isoformselectivity among the four diferent JAKs are being developed, with the aim of improving clinical outcomes compared with earlier developed drugs with pan-JAK inhibition. Most of these selective inhibitors target the kinase domains of JAKs, functioning through the traditional inhibition mode of kinases; but recently those that target their pseudokinase domains, allosterically inhibiting the enzymes, have been under development. In this review, key characteristics, efficacy, and safety of FDA-approved and representative drugs in late stages of development are briefy described in order to provide clinical implications with respect to JAK inhibitor selectivity and future development perspectives. The recent development of pseudokinase-targeted inhibitors of JAKs is also included.

**Keywords** Cytokines · Immune-mediated diseases · JAK-STAT pathway · JAK inhibitors · Pseudokinase-targeted inhibitors

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#### **Introduction**

Cytokines play crucial roles in the regulation of immune responses and are also key drivers in the pathogenesis of immune-mediated diseases. Targeting them has been a major therapeutic approach for the treatment of such diseases (Liu et al. [2013](#page-12-0); Jamilloux et al. [2019](#page-12-1)). Cytokines are categorized according to the type of their binding receptors. Many of them involved in the pathogenesis of immune-mediated diseases bind to type I/II cytokine receptors. These types of receptors use the same mechanism of signal transduction, called the Janus kinase-signal transducer and activator of transcription (JAK-STAT) pathway (O'Shea et al. [2013b](#page-12-2)). Binding of cytokines to their receptors leads to activation of intracellular receptor-associated JAKs followed by phosphorylation of multiple substrates including STATs. Phosphorylated STATs dimerize and translocate into the nucleus where they undertake DNA binding and activate transcription of new cytokines and other target genes (Kontzias et al. [2012;](#page-12-3) Liongue et al. [2016](#page-12-4)). Because of the major roles of the JAK-STAT pathway in mediating the efect of cytokines in immunoregulation and immunopathology, supported by knockout animal model studies and successful genomewide association studies for a variety of immune-mediated diseases, intracellular key signaling molecules have been targeted for developing new therapeutics (Plenge [2010](#page-12-5); O'Shea et al. [2012;](#page-12-6) O'Shea et al. [2013a](#page-12-7)). Until now, three JAK inhibitors, tofacitinib, baricitinib, and upadacitinib, have been approved by the FDA for immune-mediated diseases including rheumatoid arthritis (RA), psoriatic arthritis (PsA), and infammatory bowel disease (IBD), and they are being tested in clinical trials for other diseases (Fragoulis et al. [2019](#page-11-0); Taylor [2019](#page-13-0); FDA [2020\)](#page-11-1).

Prior to the emergence of JAK inhibitors, the development of monoclonal antibodies and recombinant proteins

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that target either some cytokines or their receptors had revolutionized the treatment of such diseases, but not all patients responded to those biological drugs (Gadina [2013](#page-11-2)). While targeting either a particular extracellular cytokine or its receptor may not give sufficient clinical responses, targeting intracellular JAKs can simultaneously control the signals and actions of multiple JAK-dependent cytokines (Banerjee et al. [2017\)](#page-10-0). Drugs developed earlier are pan-JAK inhibitors, also called non-selective inhibitors, that do not block one particular member of the four diferent isomers JAK1, JAK2, JAK3, and TYK2 within the JAK family. Rather they block them in an unselective way, which results in the interruption of downstream signals and actions by a wide spectrum of cytokines and causes adverse efects that are mostly predictable based on the simultaneous blocking of multiple cytokines (Hirahara et al. [2016](#page-11-3); Gadina et al. [2018](#page-11-4)). Newer inhibitors of JAKs showing specifcity for one particular JAK member have been developed as selective JAK inhibitors with the aim of mitigating the safety concerns of non-selective inhibitors by interrupting signaling of a narrower range of cytokines (Virtanen et al. [2019\)](#page-13-1). Approved JAK inhibitors and most under development, including non-selective and selective inhibitors, target the kinase domains of JAKs, competing with ATP at the active sites of those domains (Banerjee et al. [2017](#page-10-0); Choy [2019\)](#page-10-1). In addition to the kinase domain,

which is located in the Janus homology 1 (JH1) region of the structure, the JAK family also has a distinctive catalytically defective pseudokinase domain of the JH2 region (Babon et al. [2014](#page-10-2)). The development of highly selective JAK inhibitors is not easy because of the high sequence homology of their kinase domains. Currently, isoformselective inhibitors that allosterically bind the pseudokinase domains located outside the kinase domains of JAKs are being developed for multiple immune-mediated diseases. Although one has progressed to late clinical development, it remains to be seen whether this clinical candidate will be the frst successful case in the development of pseudokinase-targeted therapeutics (Kung and Jura [2019;](#page-12-8) Lu et al. [2020](#page-12-9)). This review summarizes the basic characteristics, efficacy, and safety of kinase-targeted JAK inhibitors that bind to the kinase domain, including nonselective and selective inhibitors that are FDA-approved or under late clinical development for the treatment of immune-mediated diseases and then introduces the recent development of pseudokinase-targeted JAK inhibitors that bind to the pseudokinase domain (Fig. [1](#page-1-0)). A comparison of clinical outcomes and risks between non-selective and selective JAK inhibitors is also included because the clinical implications of isoform-selective JAK inhibition versus non-selective pan-JAK inhibition have not yet been elucidated.



<span id="page-1-0"></span>**Fig. 1** Structures of JAK inhibitors

# **Development of drugs targeting the JH1 kinase domain of JAKs**

Type I/II cytokine receptors are employed by immunoregulatory cytokines including interleukins (ILs), interferons (IFNs), colony stimulating factors (CSFs), and erythropoietin (EPO); and their intracellular domains selectively associate with the four diferent JAKs in certain combinations of pairs depending on the cytokine (O'Shea et al. [2013a\)](#page-12-7). In terms of the dependence of diferent cytokines on the four JAKs, JAK3 has the most limited function, exclusively associating with the common γc family cytokines that use JAK1. JAK1 is also used by other cytokines including the gp130 family, interferons, and the IL-10 family. JAK2 is important for signaling by the βc family, CSF and EPO. TYK2 contributes to the IL-12 family and IFNα/β. JAK1 and JAK2 have broad functions (O'Shea et al. [2013c](#page-12-10)). Thus, it is predictable that drugs with pan-JAK inhibition can cause adverse efects. Among the type I/II cytokines, IL-6, IL-12, IL-23, INFs and GM-CSF have pathogenic roles in RA, psoriasis, IBD, and other immune-mediated diseases and JAK inhibitors blocking such cytokines have proved their clinical outcomes in treating such diseases (O'Shea et al. [2013b](#page-12-2)). The frst approved drug, tofacitinib, inhibits JAK1, JAK2, and JAK3. Baricitinib is the second approved drug, afecting JAK1 and JAK2. These two drugs are classifed as non-selective inhibitors. With the use of this class of drugs, there have been safety concerns such as infection, malignancy, cardiovascular events, thrombosis, and laboratory abnormalities including anemia, neutropenia, and elevated lipids (Schwartz et al. [2017;](#page-13-2) Gadina et al. [2019\)](#page-11-5). Recently approved upadacitinib was developed to have high JAK1 selectivity so that other JAK-related adverse effects could be minimized (Bechman et al. [2019\)](#page-10-3). With continuous efforts to reduce non-selective pan-JAK inhibition, various isoformselective inhibitors with high specificity for JAK1 or JAK3 are being developed (Virtanen et al. [2019\)](#page-13-1). The approved JAK inhibitor drugs and majority currently under late clinical development block the JH1 kinase domains of JAKs that are responsible for phosphorylation, followed by interruption of subsequent signal transductions (O'Shea et al. [2015\)](#page-12-11) (Fig. [2\)](#page-3-0). Among these kinase-targeted inhibitors of JAKs, approved drugs and representative drugs under late clinical development stages for immune-mediated diseases listed in Table [1](#page-4-0) are described as follows.

# **Tofacitinib**

Tofacitinib has a pyrrolo[2,3-d]pyrimidine scafold. It is an oral JAK inhibitor with preferential inhibition for JAK1 and JAK3 over JAK2 and TYK2 and acts through binding to the ATP binding site in the JH1 kinase domain (Hodge et al. [2016](#page-11-6); Roskoski Jr [2016\)](#page-13-3). The frst approval of this drug was for the treatment of RA, where it is indicated for patients with inadequate responses to disease-modifying antirheumatic drugs (DMARDs) based on improvement with tofacitinib in clinical response and physical functioning status compared with placebo as measured by the American College of Rheumatology 20% (ACR20) and Health Assessment Questionnaire-Disability Index (HAQ-DI), respectively, in a series of phase 3 clinical trials. These multiple trials revealed the efficacy and safety of tofacitinib as monotherapy and in combination with other DMARDs in the treatment of RA of patients inadequately responsive to DMARDs. The drug at the dosing regimen approved by the FDA showed greater ACR20 response rates ranging from 42–60% compared with those of placebo of 24–31% (Fleischmann et al. [2012](#page-11-7); van Vollenhoven et al. [2012;](#page-13-4) Burmester et al. [2013](#page-10-4); Kremer et al. [2013](#page-12-12); van der Heijde et al. [2013\)](#page-13-5). Its efectiveness in methotrexate (MTX)-naïve patients was superior to that of MTX in the ACR70 response and radiographic progression (Lee et al. [2014](#page-12-13)). The most common adverse events (AEs) of tofacitinib were infections including nasopharyngitis, upper respiratory tract infection, and urinary tract infection. Increased risk of herpes zoster was reported with this drug and its occurrence was more frequent than with bDMARDs (Fragoulis et al. 2018; Kivitz et al. [2018;](#page-12-14) Harigai [2019](#page-11-8)). After its initial approval in 2012 for RA, tofacitinib was also approved in 2017 for the treatment of PsA. It is indicated for patients of PsA with poor responses or intolerance to prior DMARDs. Tofacitinib has been recommended for use in combination with MTX or other conventional DMARDs (cDMARDs) for the treatment of PsA because it was tested as a combination therapy in two pivotal trials (Ly et al. [2019\)](#page-12-15). Both pivotal studies met their two primary endpoints including improvements in ACR20 and HAQ-DI score compared with placebo. The drug at the recommended dose achieved ACR20 responses in 50% of patients from both studies, compared with 24–33% with placebo. Its safety profle in PsA patients was analogous to that in RA patients (Gladman et al. [2017;](#page-11-9) Mease et al. [2017\)](#page-12-16). In 2018, another additional approval of tofacitinib was obtained in ulcerative colitis (UC), where it is indicated for patients active even after previous conventional therapy or treatment with TNF- $\alpha$ antagonists by meeting respective primary endpoints in three pivotal phase 3 trials, two for induction therapy and one for maintenance therapy. Greater remission rates both in the induction trials at 8 weeks and in the maintenance trial at 52 weeks were shown for tofacitinib compared with placebo. Remission was defned as a total Mayo score of 2 points or lower with no subscore exceeding 1 and a rectal bleeding subscore of 0. The drug at the recommended dose achieved 18.5% and 16.6% of remission rates from the two induction trials compared with 8.2% and 3.6% with placebo. Also the remission rate in the maintenance trial was 40.6% with 11.1% for placebo. Across all three trials, the rates of overall



<span id="page-3-0"></span>**Fig. 2** JAK-STAT pathway and mechanism of action of kinase-targeted and pseudokinase-targeted inhibitors of JAKs. Binding of type I/II cytokine to the receptor induces activation and phosphorylation of JAK, which leads to phosphorylation and dimerization of STAT. STAT dimer translocates into the nucleus to regulate the transcription of target genes. Kinase-targeted inhibitors directly inhibit kinase activity by binding to the kinase domain (JH1) of JAKs, thereby preventing phosphorylation of STAT and subsequent STAT-dependent transcription. Pseudokinasetargeted inhibitors allosterically inhibit the kinase domain (JH1) through binding to the pseudokinase domain (JH2) of JAKs, resulting in interruption of downstream signaling transduction and STAT-dependent transcription. The kinase-targeted and pseudokinase-targeted inhibitors of JAKs included herein inhibit one or more isoforms among JAK1, JAK2, JAK3, and TYK2. *JH1* Janus homology 1, *JH2* Janus homology 2, *FERM* four-point-one, ezrin, radixin, and moesin, *SH2* Src homology 2

infection and herpes zoster infection were higher with tofacitinib than with placebo (Sandborn et al. [2017;](#page-13-6) Varyani et al. [2019](#page-13-7)). Besides, clinical developments of tofacitinib in other immune-mediated diseases including ankylosing spondylitis (AS) and juvenile idiopathic arthritis (JIA) are underway.

## **Baricitinib**

Baricitinib is a pyrrolo[2,3-d]pyrimidine derivative like tofacitinib and a potent inhibitor of JAK1 and JAK2 with 100-fold afnity for JAK1 and JAK2 over JAK3 and some activity for TYK2. It was designed to attenuate possible immunosuppressive efects from the inhibition of JAK3 using previously established structure-activity relationship work. Baricitinib inhibits the enzyme by binding to the ATP binding site of the JH1 kinase domain (Fridman et al. [2010](#page-11-10); Choy et al.  $2019$ ; Xin et al.  $2020$ ). The standard efficacy outcomes of baricitinib including ACR20 and HAQ-DI score from multiple phase 3 clinical trials in RA led to FDA approval in 2018 for patients with inadequate responses to one or more  $TNF-\alpha$  antagonist therapies. Use as monotherapy or in combination with MTX or other non-biologic DMARDs was approved. The ACR20 response rates of baricitinib at the approved dose by the FDA were 49% and

<span id="page-4-0"></span>



*AA* alopecia areata, *AD* atopic dermatitis, *AS* ankylosing spondylitis, *BAR* baricitinib, *CD* Crohn's disease, *DEC* decernotinib, *DEU* deucravacitinib, *FIL* flgotinib, *JIS* juvenile idiopathic arthritis, *PS* psoriasis, *PsA* psoriatic arthritis, *RA* rheumatoid arthritis, *RIT* ritlecitinib, *TOF* tofacitinib, *SLE* systemic lupus erythematosus, *UC* ulcerative colitis, *UPA* upadacitinib, *NCT* ClinicalTrials.gov Identifer

66% in patients with inadequate responses or intolerance to either TNF-α antagonists or cDMARDs, respectively, compared with 27% and 39% in the respective placebo groups. With background MTX, baricitinib demonstrated its superiority over adalimumab and placebo in patients with inadequate responses to MTX. This drug alone or with MTX was also shown to be superior to MTX monotherapy as initial therapy. Infections such as herpes zoster were mostly more frequent with baricitinib than with control groups. There were decreases in neutrophil counts and increases in LDL levels. Incidence rates of major adverse cardiovascular events (MACE) with baricitinib were low and similar to those with placebo and adalimumab (Genovese et al. [2016](#page-11-11); Dougados et al. [2017;](#page-10-6) Fleischmann et al. [2017](#page-11-12); Taylor et al. [2017\)](#page-13-9). Pooled data including the pivotal phase 3 results showed that venous thromboembolism (VTE) including deep vein thrombosis (DVT) and pulmonary embolism (PE) occurred with the higher dose of baricitinib with no cases in placebo (Taylor et al. [2019](#page-13-10)). There are several ongoing clinical studies in multiple immune diseases including systemic lupus erythematosus (SLE) and alopecia areata (AA).

## **Upadacitinib**

Upadacitinib, unlike tofacitinib and baricitinib, is a JAK1 selective inhibitor with a tricyclic imidazopyrrolopyrazine scaffold. This drug was designed to have increased selectivity for JAK1 and is the frst FDA-approved selective JAK inhibitor for the treatment of RA. Its selectivity towards JAK1 is 74-fold and 58-fold higher than that towards JAK2 and JAK3, respectively, and comes from an ability to bind JAK1 at two separate sites that are outside and on the ATP binding site of the JH1 kinase domain (Graff et al. [2014](#page-11-13); Bechman et al. [2019\)](#page-10-3). Amino acid sequence identity across the JAK family members is very high within the ATP binding sites, which are the targets for non-selective JAK inhibitors, and the design strategy focus was on the structurally diferent regions in the active site. Specifcally, the canonical glycine-rich loops in JAK1 and JAK2 assume diferent conformations because of their amino acid sequence diferences and the trifuoroethyl group in the structure of upadacitinib was introduced for optimal occupation of the van der Waals interaction space in the loop, providing an induced ft into JAK1 (Parmentier et al. [2018](#page-12-17); Xu et al. [2020](#page-13-11)). Based on data from fve pivotal phase three trials, upadacitinib received marketing approval by the FDA in 2019 and is indicated for patients of RA with inadequate responses or intolerance to one or more DMARDs, either as monotherapy or in combination with MTX. This drug met all primary endpoints such as ACR20 and ACR50 in the pivotal trials. Upadacitinib was compared with MTX as monotherapy in patients of RA who were naïve or inadequate responders to MTX (Smolen et al. [2019;](#page-13-12) van Vollenhoven et al. [2020](#page-13-13)). It was also compared with placebo as add-on therapy after an insuf-ficient response with a cDMARD (Burmester et al. [2018](#page-10-7)). When MTX obtained an inadequate response, comparisons of upadacitinib with either adalimumab or placebo on a stable background of MTX were carried out (Fleischmann et al. [2019\)](#page-11-14). Its combination therapy with a cDMARD was compared with placebo in patients with failure of a biologic DMARD (bDMARD) (Genovese et al. [2018](#page-11-15)). Compared with placebo, the drug proved to be superior across multiple RA patient populations. Collectively, upadacitinib at the approved dose by the FDA achieved ACR20 improvement responses with 64–68% of patients as monotherapy or in combination with a cDMARD. When combined with MTX, it showed superiority over adalimumab in improving ACR20 response when combined with MTX. The most common AEs were infections such as upper respiratory tract infection, nasopharyngitis, and urinary tract infection, and incidence rates were higher than for placebo. The overall safety profle of upadacitinib was similar to that of adalimumab and other JAK inhibitors, but upadacitinib showed higher incidence rates of herpes zoster compared with adalimumab and MTX. The rates of VTE, MACE, and malignancy were comparable with those for adalimumab and MTX (Cohen et al. [2019](#page-10-8)). Clinical developments for other therapeutic indications including UC, Crohn's disease (CD) and atomic dermatitis (AD) are ongoing.

## **Filgotinib**

Filgotinib is another JAK1 selective inhibitor that owns a triazolopyridine scafold, showing a near 30-fold selectivity for JAK1 over JAK2 dependent signaling in whole blood assays. It was discovered after the identifcation and subsequent optimization process of triazolopyridine-based compounds as selective inhibitors against the kinase domain of JAK1 through kinase-focused screening (Van Rompaey et al. [2013](#page-13-14); Menet et al. [2014](#page-12-18)). There are a series of completed or ongoing phase 3 trials for RA. In one of the phase 3 trials, flgotinib was found to be more efective than placebo as measured by the ACR20 response rate in patients of RA with inadequate responses or intolerance to one or more bDMARDs. Frequencies of anemia were reported to be similar between flgotinib and placebo, and there were no clinically relevant changes in lymphocytes and neutrophils (Genovese et al. [2019\)](#page-11-16). Increases in hemoglobins were also observed with flgotinib in phase 2 studies, which can be attributed to the lack of JAK2 inhibition that is linked to typical hematological adverse efects (Kavanaugh et al. [2017;](#page-12-19) Wethovens et al. [2017](#page-13-15)). Positive primary outcome data from two phase 3 trials of flgotinib for other patient populations such as MTX-inadequate responders and MTXnaïve patients have been reported recently. In both studies, flgotinib met the primary endpoints as measured by the ACR20 response rates in 77–81% of patients at the higher dose. It was superior to placebo on background MTX in the MTX-inadequate responders, and its combination therapy with MTX was found to be more efective in MTX-naïve patients than MTX monotherapy (Combe et al. [2019;](#page-10-9) Westhovens et al. [2019\)](#page-13-16). The pooled safety data across the above phase 3 trials showed that the frequency of AEs with flgotinib was similar to that in control groups. The most common AEs were infections including upper respiratory tract infection and nasopharyngitis. Incidence rates of herpes zoster, MACE, and VTE including DVT and PE were low and similar among groups (Winthrop et al. [2019\)](#page-13-17). Filgotinib is also being investigated for IBD, which includes UC and CD.

#### **Decernotinib**

Decernotinib is a JAK3 selective inhibitor with a pyrrolo[2,3-b]pyridine scafold. It was discovered based on the identifcation of such scafold using inhibitory activity screening of a compound library against the kinase domain of JAK3 and showed 5-fold selectivity towards JAK3 compared with other JAKs based on in vitro enzyme assays (Farmer et al. [2015](#page-11-17); Mahajan et al. [2015\)](#page-12-20). In principle, selective JAK3 inhibitors block signaling of the common γc cytokines, which is dependent on both JAK1 and JAK3, and have the potential beneft of avoiding unwanted adverse efects by sparing JAK1 and JAK2 functions (Pei et al. [2018](#page-12-21)). In two phase 2 dose-escalation studies, decernotinib demonstrated efficacy both as monotherapy and in combination with MTX in patients of RA with inadequate responses to MTX by meeting the primary endpoints including ACR20 response rates. Decernotinib showed greater ACR20 response rates than placebo in both monotherapy and combination therapy studies, with roughly 65% at the higher doses and 46.5–68.1% at all doses. AEs reported from both studies were similar to pan-JAK inhibitors (Fleischmann et al. [2015](#page-11-18); Genovese et al. [2016](#page-11-11)). Its ACR20 responses appeared to be comparable to those of pan-JAK inhibitors such as tofacitnib and baricitinib, which were 50–70% in their phase 3 studies with similar patient populations. However, development of neutropenia indicated the possibility of off-target effects by this drug (Gadina et al. [2016\)](#page-11-19). No further clinical data has been available and further development in RA seems to have been discontinued (Westhovens [2019](#page-13-18)).

#### **Ritlecitinib**

Ritlecitinib, also known as PF-06651600, is a JAK3 selective inhibitor having a pyrrolo[2,3-b]pyrimidine scafold like tofacitinib. It inhibits the kinase activity of JAK3 at an  $IC_{50}$ of 33.1 nM with no effects on other JAKs, which have  $IC_{50}$ s higher than 10,000 nM. Retlecitinib was discovered by the optimization of tofacitinib in order to achieve JAK3 isoform selectivity through its covalent interaction with residue Cys909, which is unique in the ATP binding site of JAK3 (Telliez et al. [2016;](#page-13-19) Xu et al. [2020\)](#page-13-11). In the proof of concept phase 2a trial for RA, the drug revealed signifcant remission as measured by the simple disease activity index (SDAI), where patients responded inadequately to MTX and up to 50% could have received prior TNF-α inhibitor treatment. Most AEs were mild with no treatment-related serious or severe AEs (Robinson et al. [2020\)](#page-12-22). With regard to alopecia

areata (AA), it showed positive results in improving hair growth in an early clinical study, on which phase 2b/3 trials are currently ongoing (Peeva [2019](#page-12-23)). Upon results from clinical trials of this drug, the clinical potential of highly selective JAK3 inhibition for immune-mediated diseases will emerge.

# **Development of drugs targeting the JH2 pseudokinase domain of JAKs**

Allosteric kinase inhibitors are molecules binding to an allosteric site outside the ATP-binding sites of kinases, which are highly conserved. Owing to the high homology of the ATP-binding sites, they will have some advantages over ATP-competitive kinase inhibitors in achieving greater selectivity and resultant lower off-target adverse effects. Given the high sequence homology within the respective JH1 kinase domains of JAKs, the JH2 pseudokinase domain can be an ideal allosteric site for designing JAK inhibitors with high selectivity. The advantage of targeting the pseudokinase domains is an increased possibility of identifying inhibitors that are highly selective with decreased side effects (Moslin et al. [2017](#page-12-24); Lu et al. [2020\)](#page-12-9). The JH2 pseudokinase domains in JAKs mediate their critical regulatory functions through autoinhibitory interaction with the kinase domains, harboring mutations underlying immune diseases and cancers, which renders them as potential novel drug targets. For such pseudokinase-mutated diseases, targeting the pseudokinase domains could provide mutant-specifc inhibitors of JAKs (Byrne et al. [2017;](#page-10-10) Gadina et al. [2019;](#page-11-5) Kung and Jura [2019\)](#page-12-8). As pseudokinase-targeted inhibitors, small molecule ligands were identifed that bind to and stabilize the JH2 pseudokinase domain of TYK, stabilizing an autoinhibitory interaction with the kinase domain and blocking receptor-mediated kinase activation and downstream signaling (Tokarski et al. [2015](#page-13-20)) (Fig. [2](#page-3-0)). One of such pseudokinase-targeted inhibitors of JAKs has been progressed to late clinical developments (Lu et al. [2020\)](#page-12-9) (Table [1\)](#page-4-0).

#### **Deucravacitinib**

Deucravacitinib, also known as BMS-986,165, is an allosteric and selective inhibitor of TYK2. Unlike other JAK inhibitors, it allosterically and selectively binds to the JH2 pseudokinase domain of TYK2, giving rise to JAK isoform and kinome selectivity (Catlett et al. [2017](#page-10-11)). Deucravacitinib was discovered by a systematic structure-based optimization focusing on the unique alanine pocket formed by a rare Ala 671 of the JH2 pseudokinase domain of TYK2 (Chang et al. [2019](#page-10-12)). By locking the TYK2 pseudokinase domain in a conformation that stabilizes an autoinhibitory interaction with the kinase domain, the drug prevents receptor-mediated activation of TYK2, resulting in the blockade of downstream signaling and STAT-dependent transcription (Fig. [2\)](#page-3-0). Deucravacitinib is a highly selective TYK2 pseudokinase inhibitor with an  $IC_{50}$  of 0.2 nM, representing a 1000-fold selectivity for the TYK2 peudokinase domain in terms of  $IC_{50}$ values among a panel of 249 protein and lipid kinases and pseudokinases as it was bound to only two other kinases or pseudokinases with  $IC_{50}$  values under 200 nM (Burke et al. [2019\)](#page-10-13). This frst pseudokinase-targeted clinical candidate demonstrated efficacy compared with placebo in a phase 2 study in patients with psoriasis. The ratio of patients achieving Psoriasis Area and Severity Index (PASI) 75 was 68.9% and 75.0% with the more suitable dosing regimens and 7% with placebo (Papp et al. [2018](#page-12-25)). Results of an ongoing phase 3 clinical trial comparing this drug with placebo and apremilast as active comparator are awaited (Havnaer et al. [2019](#page-11-20)). Other clinical trials for SLE, UC and CD are in progress.

# **Comparison of efficacy and safety between non‑selective JAK inhibitors and selective JAK inhibitors**

In biochemical and enzyme assays, these JAK inhibitor drugs showed differences in JAK isoform-selectivity, even though target selectivity is not absolute and may be afected by the substrate and drug concentration studied. Tofacitinib is a non-selective inhibitor afecting JAK3, JAK1, and JAK2 while another non-selective inhibitor baricitinib afects JAK1 and JAK2. Upadacitinib and flgotinib are JAK1 selective inhibitors. These drugs all inhibit JAK1. JAK inhibitors, both non-selective and selective, have demonstrated their efficacy in terms of main clinical outcome measures in multiple immune-mediated diseases. RA is such a disease that has been intensively investigated with JAK inhibitors in the most diverse patient populations. Upon a review of phase 3 clinical studies for RA of the four diferent JAK inhibitors, tofacitinib, baricitinib, upadacitinib, and flgotinib, it is noted that they have been investigated in similar patient populations, which embrace mostly those who are naïve to treatment and those who have shown inadequate responses with prior treatments including MTX, cDMARDs, or bDMARDs (Table [2](#page-7-0)). Direct comparisons cannot be made and head-to-head clinical trials of JAK inhibitors are needed to obtain further and more accurate information; however, given this lack of head-to-head direct comparisons among JAK inhibitors, indirect comparisons of clinical outcomes with diferent drugs among similar patient populations will provide clinical implications with respect to JAK isoform selectivity as well as knowledge necessary to treat RA patients with JAK inhibitors. Similar treatment-refractory patient populations have been examined in diferent phase 3 clinical trials with the four drugs. First, in TNF- $\alpha$  inhibitor



<span id="page-7-0"></span> $\underline{\mathcal{D}}$  Springer



*PLA* placebo, *TNFi-IR* inadequate responders to ≥1 TNF-α inhibitors, *TOF* tofacitinib, *UPA* upadacitinib

or bDMARDs-inadequate responders, tofacitinib, baricitinib, upadacitinib, and flgotinib at the FDA-approved and best doses showed ACR20 response rates of 42%, 49%, 65%, and 66% in ORAL Step, RA BEACON, SELECT-BEYOND, and FINCH-2 trials, respectively (Burmester et al. [2013](#page-10-4); Genovese et al. [2016](#page-11-11); Genovese et al. [2018](#page-11-15); Genovese et al. [2019](#page-11-16)). The primary endpoints were met in all four studies with the two selective inhibitors showing numerically higher remissions than the non-selective ones. Second, in patients with inadequate responses to cDMARDs, the ACR20 response rates of tofacitinib, baricitinib, and upadacitinib were 52%, 66%, and 64% from ORAL Sync, RA BUILD, and SELECT-NEXT trials, respectively. Although there is no telling diference between the non-selective and selective inhibitors, relatively better remissions are shown with the more JAK1 focused baricitinib and mostly JAK1-targeted upadacitinib (Kremer et al. [2013;](#page-12-12) Burmester et al. 2017; Dougados et al. [2017\)](#page-10-6). Third, in ORAL Standard, RA BEAM, SELECT-COMPARE, and FINCH-1 trials whose patients have been refractory to MTX, the four drugs on background MTX all met primary endpoints with ACR20 response rates of 52%, 70%, 71%, and 77%, respectively, with tofacitinib being numerically lower than the other three drugs (van Vollenhoven et al. [2012](#page-13-4); Taylor et al. [2017](#page-13-9); Comber et al. [2019](#page-10-9); Fleischmann et al. [2019\)](#page-11-14). The RA BEAM, SELECT-COM-PARE, and FINCH-1 studies also compared baricitinib, upadacitinib, and flgotinib with adalimumab and placebo where three JAK inhibitor drugs were better than the two comparators, demonstrating that baricitinib, upadacitinib, and flgotinib outperformed adalimumab for clinical remissions and the poorest outcome was with MTX monotherapy. Finally, tofacitinib, baricitinib, upadacitinib, and flgotinib were compared with MTX in ORAL Start, RA BEGIN, SELECT-EARLY, and FINCH-3 trials where DMARD-naïve patients showed ACR20 response rates of 26%, 77%, 52%, and 78%, respectively with no background drug, demonstrating that these drugs are better than MTX for early RA with flgotinib being numerically higher than the others (Lee et al. [2014;](#page-12-13) Fleischmann et al. [2017;](#page-11-12) Westhovens et al. [2019](#page-13-16); van Vollenhoven et al. [2020](#page-13-13)). Overall, these drugs mostly showed superiority over placebo in inadequate responders to bDMARDs, cDMARDs, and MTX. Tofacitinib showed lower clinical responses than baricitinib, upadacitinib, or figotinib while filgotinib showed higher responses than the other drugs in similar patient populations. The efficacy of baricitinib and upadacitinib was similar in inadequate responders to cDMARDs and MTX with no consistency in other populations. Nonetheless, this suggests that inhibition of JAK1 is needed for treating RA. Their superiority as initial therapy over MTX was also observed in treatment-naïve patients. Compared with adalimumab, their clinical responses emerged as being non-inferior or better in combination with MTX in MTX-inadequate responders.

With the use of JAK inhibitors in immune-mediated diseases including RA, significant AEs include serious infections, herpes zoster, malignancy, NMSC, MACE, and VTE. Among these safety concerns, tofacitinib, baricitinib, upadacitinib, and flgotinib were found to increase only the risk of herpes zoster infections from integrated analysis of controlled studies including randomized controlled trials and long term extension studies (Olivera et al. [2020](#page-12-26)). In the long-term safety analysis of integrated data for the earlier approved tofacitinib and baricitinib for RA, the incidence rates of the two drugs at all their doses did not show diferences in the expression per 100 patient years, with, respectively, 2.7 and 2.8 in serious infections, 3.9 and 3.3 in herpes zoster, 0.9 and 0.8 in malignancy excluding NMSC, and 0.6 and 0.4 in NMSC. A data comparison with placebo was provided in the baricitinib analysis and the herpes zoster incidence rate was higher. Their safety profles were maintained similar to those observed in their phase 3 trials (Cohen et al. [2017;](#page-10-14) Genovese et al. [2019](#page-11-16)). There was no signifcant diference with the use of JAK inhibitors including tofacitinib, baricitinib, and upadacitinib regarding occurrence of MACE, but increased risk of VTE for both tofacitinib and baricitinib at their higher doses was signaled from the results of multiple randomized controlled trials for RA (Xie et al. [2019\)](#page-13-21). Only the lower dose of baricitinib was approved by the FDA. Based on interim data from a post-marketing safety trial that displayed an increased risk of pulmonary thromboembolism and death with tofacitinib at 10 mg BID compared with TNF-α inhibitors, FDA updated the labeling to contain the new boxed warning for RA and PsA in July 2019 (FDA [2019](#page-11-1); Olivera et al. [2020\)](#page-12-26). The integrated safety analysis of the SELECT phase 3 trials showed that the safety profle of the recently approved upadacitinib at the recommended dose was comparable to the placebo and adalimumab groups and similar to tofacitinib and baricitinib with four cases of VTE reported and further evaluation will be necessary. The lower dose was recommended with no consistent incremental efficacy benefit of the higher dose and the VTE risk was not dose-dependent (Cohen et al. [2019](#page-10-8); Smolen et al. [2019](#page-13-12)). Filgotinib so far has been found to show an encouraging safety profle in all signifcant AEs from the FINCH phase 3 trials with lower risk in herpes zoster compared with other JAK inhibitors (Winthrop K et al. [2019](#page-13-17)). Long-term follow-up is needed. Overall, there have been no signifcant diferences in the safety profle among the diferent JAK inhibitor drugs. One important issue to be investigated is whether or not the increased risk of VTE is limited to the higher doses of the drugs. These fndings suggest their narrow therapeutic window.

Nonetheless, clinical differences in both efficacy and safety profile among these JAK inhibitors can be fully identifed by direct comparisons in head-to-head clinical trials and long-term extension studies.

## **Conclusions and future perspectives**

JAK inhibitor therapies have been considered to be acceptable for immune-mediated diseases by being comparable with other therapies even with the class safety issues. Clinical efficacy and safety data of the JAK inhibitors so far have been much more focused on RA. Upon the release of data from their ongoing clinical developments in a variety of immune-mediated diseases, the diseases that may or may not beneft from the inhibition of various JAKs with diferent isoform-selectivity will emerge more clearly as well as the clinical potential of diferent particular-isoform selective inhibition. With regard to the recently raised risk of VTE, its underlying mechanisms are currently unknown, and whether it is disease-specifc or can be controlled by JAK inhibitor selectivity remains unknown. More data from long-term follow-up and extension studies as well as additional information from ongoing clinical trials will be needed for confrmation. As targeting the regulatory pseudokinase domains of JAKs could be an alternative approach for enhancing the selectivity of JAK inhibitors, clinical development success of the frst clinical candidate of TYK pseudokinase-targeted inhibitor will be important. It is anticipated that pseudokinases may become mainstream drug targets for immunemediated diseases.

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#### **Compliance with ethical standards**

**Confict of Interest** There is no confict of interest.

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