

# Therapeutic targeting of lipid synthesis metabolism for selective elimination of cancer stem cells

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**Abstract** Cancer stem cells (CSCs) are believed to have an essential role in tumor resistance and metastasis; however, no therapeutic strategy for the selective elimination of CSCs has been established. Recently, several studies have shown that the metabolic regulation for ATP synthesis and biological building block generation in CSCs are different from that in bulk cancer cells and rather similar to that in normal tissue stem cells. To take advantage of this difference for CSC elimination therapy, many studies have tested the effect of blocking these metabolism. Two specific processes for lipid biosynthesis, i.e., fatty acid unsaturation and cholesterol biosynthesis, have been shown to be very effective and selective for CSC targets. In this review, lipid metabolism specific to CSCs are summarized. In addition, how monounsaturated fatty acid and cholesterol synthesis may contribute to CSC maintenance are discussed. Specifically, the molecular mechanism required for lipid synthesis and essential for stem cell biology is highlighted. The limit and preview of the lipid metabolism targeting for CSCs are also discussed.

**Keywords** Monounsaturated fatty acid · Cholesterol · Cancer stem cells · WNT · Notch

## Introduction

### What do we call cancer stem cells?

The possibility that all cancer cells may not be created equal was raised approximately 50 years ago, based on the finding that only a very small portion of tumor cells are able to generate other tumors in vivo (Southam 1961; Bruce and Van Der Gaag 1963; Bergsagel and Valeriote 1968). One explanation is that cancer cells are a heterogeneous cell population in a hierarchy, and only a small number of “stem-like” cells can develop tumors in vivo and they act similarly to tissue development (Ogawa et al. 1971; Park et al. 1971; Nowell 1976; Reya et al. 2001; Jung and Kim 2015). These cancer-initiating, “stem-like” cells were first isolated from leukemia cells (Bonnet and Dick 1997). They were shown to express the markers of normal hematopoietic stem cells (HSCs), demonstrating that these tumor-generating cells share many characteristics with tissue progenitor (or stem) cells. To date, all solid tumors are reported to include this stem-like cancer cell, which are now widely called cancer stem cells (CSCs) or tumor initiating cells (Fidler and Kripke 1977; Fidler and Hart 1982; Heppner 1984; Reya et al. 2001). Cells that include these CSCs were isolated from many tissues, including lung (Eramo et al. 2008), breast (Al-Hajj et al. 2003), colon (O’Brien et al. 2007), liver (Yang et al. 2008) and stomach (Nishii et al. 2009), the five main fatal cancers worldwide (UK\_Cancer\_Research 2018). Actually, these cells may contain only part of the “stem-ness” for the tissues from which the cancers originated. The fine molecular definition of those cells is still not clear, probably due to the heterogeneity of all cancer cells. CSCs may be characterized with expression of ALDH, some cell surface antigens (such as CD133, CD44, and CD34) (Kim and Ryu 2017)

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and enhanced signaling axis (Notch, Wnt, etc.) or specific nuclear proteins (SOX2, Hes1 and Hes5), which are basically the characteristics of the normal stem cells of the corresponding tissues. The most important characteristics of CSCs are the self-renewal activity *in vitro* and cancer forming ability *in vivo* (Jung and Kim 2015). It is now widely accepted that this small population may have stronger potential for metastasis and may be responsible for resistance as well (Kaplan et al. 2005; Jung and Kim 2015).

### The resistance of CSCs

Currently, most cancer patients are treated with irradiation and/or chemotherapy that mainly focuses on the fast growing cells (Gerlinger et al. 2012). Some of the main characteristics of CSCs are that they are quiescent such as normal cells and the elevated expression of the ATP-binding cassette (ABC) transporter (Kim et al. 2002; Scharenberg et al. 2002; Dean et al. 2005; van Herwaarden et al. 2007). Since chemotherapeutic agents and radiation are more efficient on the bulk cultured, fast growing cells and the elevated amount of ABC transporters (including multidrug resistance (MDR) genes) pump out many alien substances (drugs) from cells, the CSCs may circumvent the conventional therapies. The CSCs and genomic instability may lead to incurable metastatic recurrences (Dean et al. 2005; Donnenberg and Donnenberg 2005), as illustrated in Fig. 1. The surviving CSCs now may differentiate to recurrent tumors in the original place or in a new distal organ (Mimeault et al. 2007; Todaro et al. 2007; Dylla et al. 2008; Li et al. 2008; Yang et al. 2008; Ansari et al. 2011). The recurrent or/and metastasized tumors likely developed from these CSCs may go through additional, increased, mutagenesis processes in a new microenvironment, will establish new cellular contexts that are quite different from the original primary tumors (Gerlinger et al. 2012; Jung and Kim 2015), and will be more difficult to treat. Therefore, the conventional chemotherapy and

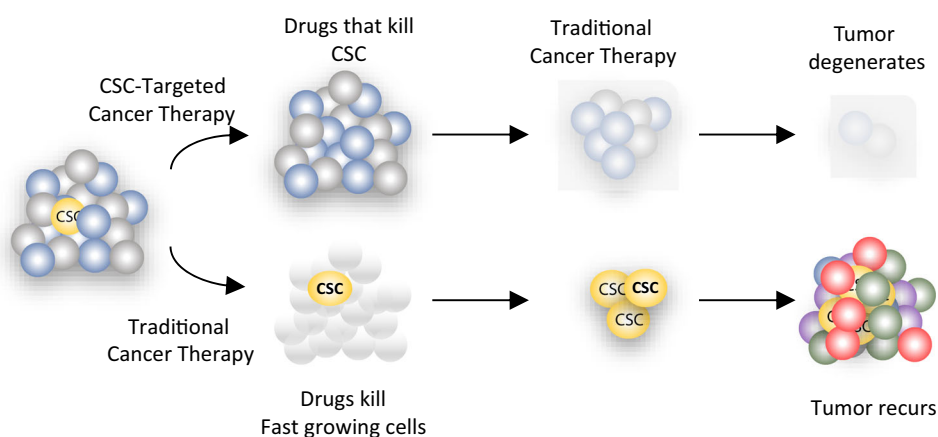
radiation therapy need to be combined in targeted therapy to eliminate CSCs as much as possible. Since the CSCs share many characteristics with normal cells, very precise targeting to CSCs should be developed to minimize adverse effects. Several strategies to block stem cell signaling have been developed, and some of them are being tested in clinical trials (Jung and Kim 2015). Recent findings in cancer metabolism, especially related to lipids, are of interest because these suggest the possibility of the development of new CSC-specific therapeutic targeting strategy.

### Altered metabolism in CSCs

#### Glucose metabolism for ATP generation

Tumor cells are mostly under the hypoxic and low nutritional supplement condition due to their fast proliferation with inadequate blood vessel formation. Cancer cells known to use mainly glycolysis for ATP generation, not mitochondrial oxidative phosphorylation (OXPHOS), probably to adapt to this hypoxic condition; however, most cancer cells undergo glycolytic energy production even under oxygen-rich conditions as well, which is called the “Warburg Effect” (Warburg 1956). These aerobic, glycolytic cancers consume much more glucose than normal cells because aerobic glycolysis is a less efficient energy production system than OXPHOS ( $\sim 1/16$ ). In addition to the glucose avidity, cancer cells excessively require glutamine for their growth (Matsuno et al. 1986; Shyh-Chang et al. 2013). The glutamine consumption in the TCA cycle in tumors cells may provide the carbon backbone and nitrogen required for the amino acid, nucleotide, and lipid biosynthesis (Shyh-Chang et al. 2013). Through these two events, cancer cells rewire their metabolism program to generate ATP, provide building blocks for cellular compartments for proliferation and maintain their cancerous

**Fig. 1** Cancer stem cells and the current strategy of cancer therapy. Cancer stem cells are slow growing quiescent cells therefore they can circumvent the conventional therapy that kills fast growing cells. It is required to eliminated not only the bulk cancer cells but also the cancer stem cells as well to avoid recurrence of tumors



potential from many challenges from the outside (Vander Heiden et al. 2009; Danhier et al. 2017; Yi et al. 2018).

The microenvironment of tissue stem cells may be hypoxic, and stem cells prefer glycolytic energy metabolism to mitochondrial oxidative phosphorylation. CSCs are also similar to tissue stem cells, suggesting that both cell types should deal with similar microenvironmental cues. While most of the normal cells in the aerobic condition use OXPHOS for energy metabolism, stem cells appear to be different. It appears that not just a passive adaptation process to the hypoxic environment but an active regulation process is required for their stem-ness. The introduction of stem cell factors into fibroblasts to generate iPS (induced pluripotent stem cells) shifted the main energy metabolism from OXPHOS to glycolysis (Folmes et al. 2011; Yi et al. 2018). The mitochondrial structure changes to have fewer cristae in iPS, and this glycolytic reprogramming for energy metabolism is required for the stemness of iPS (Folmes et al. 2011; Zhang et al. 2017a, b). This reprogramming allows the cells to avoid reactive oxygen species (ROS) production, which impairs genomic integrity and self-renewal potential (Shyh-Chang et al. 2013; Ito and Suda 2014; Chen et al. 2016a, b) because ROS is generated by OXPHOS (Li et al. 2017a, b). Human embryonic stem (ES) cells are also glycolytic due to low cytochrome c oxidase (COX) expression, which is essential for mitochondrial electron transport in complex IV. The master regulator in hypoxia, hypoxia-inducible factor 1-alpha (HIF1-alpha), is essential for cancer adaptation to a hypoxic environment and plays pivotal roles in early ES cells (Zhou et al. 2012); however, some tissue stem cells prefer OXPHOS (Bartese et al. 2015), showing the plasticity of metabolic reprogramming in stem cells. The finding that aerobic glycolysis is also essential for stem-like potential maintenance in breast cancer (Ciavardelli et al. 2014; Peng et al. 2018), colon cancer (Emmink et al. 2013), osteosarcomas (Palorini et al. 2014), and embryonic carcinoma (Vega-Naredo et al. 2014) also showed the aerobic glycolysis-preferring metabolic similarity between normal stem cells and CSCs. The metabolism difference in the bulk cells and CSCs in lung cancers was demonstrated biochemically after the isolation of the CSC population (Liu et al. 2014), which also supports the notion that CSCs prefer glycolysis, while the bulk cancers mainly use OXPHOS for ATP generation; however, not all CSCs require aerobic glycolysis (Dando et al. 2015). Studies on glioblastomas (Janiszewska et al. 2012), ovarian cancers (Pasto et al. 2014), and pancreatic cancers (Viale et al. 2014) showed that CSCs may depend more on mitochondrial OXPHOS rather than glycolysis. These contradictory results may have come from not only the heterogeneity issues but also the plasticity, as CSCs may flexibly adapt their metabolic program (Zhang et al. 2016).

It appears that the ability of CSCs and stem cells to reprogram the ATP-generating metabolic pathway from one to another depends on the microenvironment changes, such as nutrient and oxygen levels (Sancho et al. 2015; Zhang et al. 2016).

### Lipid metabolism

In addition to glucose metabolism, lipid metabolism is also related to the stem cell properties in normal tissue and cancers. The loss of peroxisome proliferator-activated receptor (PPAR)  $\delta$ , which is important for lipid metabolism, results in defects in maintaining HSCs, and its agonist rescues the defect. Fatty acid metabolism is also important for the energy production and biosynthesis for cellular compartments. The inhibition of mitochondrial fatty acid oxidation (FAO) induces the loss of HSCs (Ito et al. 2012). Since PPAR activates the expression of many genes governing FAO, these results suggest that the PPAR-FAO metabolic axis may be required for stem cell maintenance (Clapham and Arch 2007; Narkar et al. 2008; Ito et al. 2012). In addition, fatty acid synthesis and oxidation are essential for the maintenance of adult tissue stem cells and CSCs from multiple organs (Folmes et al. 2013; Knobloch et al. 2013; Brandi et al. 2017; Wang et al. 2018a, b). Unsaturated fatty acid generation by a cellular enzyme is required for CSCs and normal stem cells from many tissues (Ben-David et al. 2013; Song et al. 2017; Stoffel et al. 2017). Collectively, fatty acid metabolism, both in anabolic and catabolic pathways, is tightly regulated in CSCs to maintain the self-renewal and resistance activity (Brandi et al. 2017).

De novo lipogenesis is more active in CSCs than in bulk growing tumor cells in glioblastoma multiforme (GBM) (Yasumoto et al. 2016) and is required for stem cell renewal in breast cancer (Pandey et al. 2013). The excess lipid generated by the cells may be stored in lipid droplets. The lipid droplet contains various fatty acids and cholesterol with triacylglycerol and may serve as a reservoir of lipids in cells. The lipid droplet is induced by HIF-1 (Gimm et al. 2010) and may contribute to colorectal cancers (Du et al. 2017). Lipid droplets were induced in CSC-like cells in colorectal cancers (Tirinato et al. 2015), prostate cancers (Yue et al. 2014) breast cancers (de Gonzalo-Calvo et al. 2015) and ovarian cancers (Li et al. 2017a, b). The increased lipid droplets may contribute as storages of an alternative energy source and protect the stem cells from stressful peroxidation in the hypoxic niche (Bailey et al. 2015). Even though lipid synthesis, oxidation and glucose metabolism should closely interact systemically and intracellularly, the exact interactions in CSCs are not well known yet.

## Vulnerable targets of CSCs in lipid metabolism

### Monounsaturated fatty acid synthesis in CSCs

SCD, or stearoyl-CoA desaturase ( $\Delta$ -9-desaturase), is an enzyme that catalyzes the biosynthesis of monounsaturated fatty acids (MUFAs) from saturated fatty acids. SCD introduces a single double bond at the 9, 10 position of long-chain acyl-CoAs (Paton and Ntambi 2009). Palmitic acid (16:0) and stearic acid (18:0) are converted to palmitoleic acid (16:1) and oleic acid (18:1), respectively, by this enzyme (Enoch et al. 1976; Ntambi 1999; Paton and Ntambi 2009). In humans, the *cis*-palmitoleate biosynthesis by SCD1 occurs mainly in the liver and adipose tissue, and the products are incorporated into phospholipids, triglycerides, waxes, and cholesterol esters (Paton and Ntambi 2009). The genes for SCD have been cloned from many species, from yeast to humans (Paton and Ntambi 2009). Unlike the mouse, which has 4 SCD genes (*scd1*, *scd2*, *scd3* and *scd4*), humans have only 2 SCD genes (*SCD1* and *SCD5*). The human *SCD1* has high homology with all 4 murine SCD genes, while *SCD5* has relatively low homology with the mouse genes, suggesting that the role of human *SCD5* is different from that of murine SCDs. The ubiquitous expression of *SCD1* in most tissues, including liver and adipocytes, but limited expression of *SCD5* in the brain suggests that SCD1 is the main enzyme governing the  $\Delta$ -9 desaturation of fatty acids in the whole human body. Indeed, the SCD1 siRNA was as efficient as the pharmacological intervention in CSC targeting in a variety of stem-like cells from many cancer tissues, supporting the idea that the major desaturase in human cells may be SCD1, not SCD5 (Martin and Cravatt 2009); however, differential roles of SCD1 and SCD5 have also been suggested as promigratory and pro-survival in breast cancer, respectively (Angelucci et al. 2018). SCD5 has also been shown to induce noncanonical WNT, Wnt5a, while reducing canonical WNT, Wnt7b, suggesting that a complicated, reciprocal, regulatory mechanism exists in WNT regulation by SCDs (Zhang et al. 2017a, b).

The importance of the SCD1 enzyme in CSCs was originally raised by the elevated expression of SCD1 in CSC-enriched groups and its requirement in CSC cultures of lung cancers, ovarian cancers and breast cancers (Noto et al. 2013; Colacino et al. 2016; Lobello et al. 2016). Normal stem cells also elevated SCD1 expression and required its function for stem-like activity in mesenchymal stem cells (Lu et al. 2014), pluripotent stem cells (Ben-David et al. 2013) and hair stem cells (Stoffel et al. 2017). Strikingly, *Caenorhabditis elegans* germ cells require the worm homologous gene of *SCD1*, suggesting that the

requirement of MUFA for stem cell maintenance has been conserved in evolution for a long time.

Li et al., as well as our own group, first demonstrated that CSCs have more MUFA than the bulk cells in ovarian cancer and GBM, respectively (Li et al. 2017a, b; Song et al. 2017). These two studies demonstrated that the increased composition of MUFAs may be essential for cancer stem cell stem-ness. In addition, the demonstration of the distinguished lipidomics profiles of cancer stem cells compared to bulk cancer cell populations in GBM using mass spectrometry (Song et al. 2017) suggested that the lipid component changes may be important determinants for the cell fate of cancer stem cells. Several reports have shown that the SCD1 inhibition selectively eliminated the CSC population in lung, brain, lymphatic and colon cancers (Zhang et al. 2012; Noto et al. 2013; Li et al. 2017a, b; Song et al. 2017) and that effect was reverted by the supplementation of oleic acid, a main product of SCD1 enzyme-mediated reactions. EGFR signaling, which may be a key signaling pathway for most CSC cultures, phosphorylates SCD1 Tyr55 for stabilization and regulates the lipid unsaturation in lung cancer (Zhang et al. 2017a, b).

### Function of MUFA in CSCs

Palmitoleic acid (palmitoleate) generally means the *cis*- $\Delta$ 9 form (C16:1 <sup>$\Delta$ 9</sup> or C16:1 n7). This *cis*, 16-carbon MUFA should be generated by the enzyme SCD1 from palmitic acid or be supplemented from diet (Paton and Ntambi 2009). The *trans*-isomer of palmitoleic acid is palmitelaidic acid (or *trans*-palmitoleic acid) and exists much less than palmitoleic acid in the human body because they are not generated by the human enzyme. The palmitelaidic acid in the circulation should be supplemented from diet and associated with lower insulin resistance, the presence of atherogenic dyslipidemia, and the incidence of diabetes (Mozaffarian et al. 2010). The fatty acid bound to Wnt was identified as *cis*- $\Delta$ 9 palmitoleate (C16:1 <sup>$\Delta$ 9</sup>) (Takada et al. 2006; Zheng et al. 2016). Therefore, SCD1 is required for the Wnt *cis*- $\Delta$ 9 palmitoleoylation in the absence of an exogenous supplement of *cis*-MUFAs, palmitoleic acid or oleic acid (Paton and Ntambi 2009; Rios-Estevés and Resh 2013).

Palmitoleic acid (16:1) was mentioned as a lipokine, and it was suggested that this may behave such as a lipid hormone because it is generated by white adipose tissue to communicate with distal organs, such as the liver and muscles (Cao et al. 2008). Palmitoleic acid treatment activates mitochondria and increases oxygen consumption, fatty acid oxidation and ATP production in adipocytes (Cruz et al. 2018). Palmitoleic acid also induces insulin secretion and inhibits insulin mRNA expression in pancreatic  $\beta$ -cells (Maedler et al. 2003; Yang and Gong 2017).

The concentration of palmitoleic acid is also important for endothelial function (Sarabi et al. 2001; Kenny et al. 2002), the regulation of endoplasmic reticulum stress (Akazawa et al. 2010), the regulation of high-fat induced inflammation (Chan et al. 2015) and the regulation of the cell cycle with growth factor stimulation (Koeberle et al. 2012). Palmitoleic acid is the main lipid component contributing to the regulation of SCD-1 expression and also the main product of this enzyme activity. Palmitoleic acid (16:1) suppresses SCD1 transcription, while palmitic acid (16:0) activates it. Interestingly, the SCD1 protein is degraded by palmitoleic acid and stabilized by palmitic acid. This reciprocal regulation suggests that the ratio of two 16-carbon fatty acids (mono-unsaturated vs fully saturated) may regulate the amount of SCD1, which has a central role in *de novo* lipid synthesis (Cao et al. 2008). The levels of palmitoleic acid in the diet are quite low, and the concentration in tissues and the circulation is maintained at a minimum. Due to the low basal level in the diet and circulation, and the rapid changes due to regulation, palmitoleic acid may be appropriate for an important regulatory signal messenger over palmitate, which is more abundant in the tissues and circulation. Another main MUFA generated by SCD1, oleic acid, is very abundant in many tissues and not easy to change quickly. Therefore, oleic acid may not be appropriate for tightly regulating endocrine signaling or the rate-limiting modulator of a key intercellular signaling molecule (Cao et al. 2008), such as WNT or sonic hedgehog (Shh). It may be possible that palmitoleic acid is generated from diet-originated oleic acid if the biosynthesis is defected.

### Cholesterol synthesis in CSCs

Cholesterol is generated by multiple biosynthetic processes or acquired from the diet. The biosynthetic process of cholesterol and its role are summarized in Fig. 2. The synthesized cholesterol can be used for many biomaterials, such as steroid hormones, and the metabolic intermediates in the synthetic process may also be utilized for the different biological synthetic pathways. Epidemiological correlation with blood cholesterol level and tumor incidence or mortality have been accumulated. Some studies have shown a causative, positive correlation (Batty et al. 2011; Pelton et al. 2012; Shafique et al. 2012), and the use of statins, the most widely used medicine for lowering blood cholesterol, was also correlated with reduced cancer incidence (Murtola et al. 2014) and a better prognosis (Nielsen et al. 2012); however, there are some opposing reports showing no correlation (Pedersen et al. 2000) or even a negative correlation (Matsuzaki et al. 2002). TCGA data analyses and many recent clinical reports, however,

strongly support a positive role of cholesterol in cancer progress and worse prognosis (Kuzu et al. 2016).

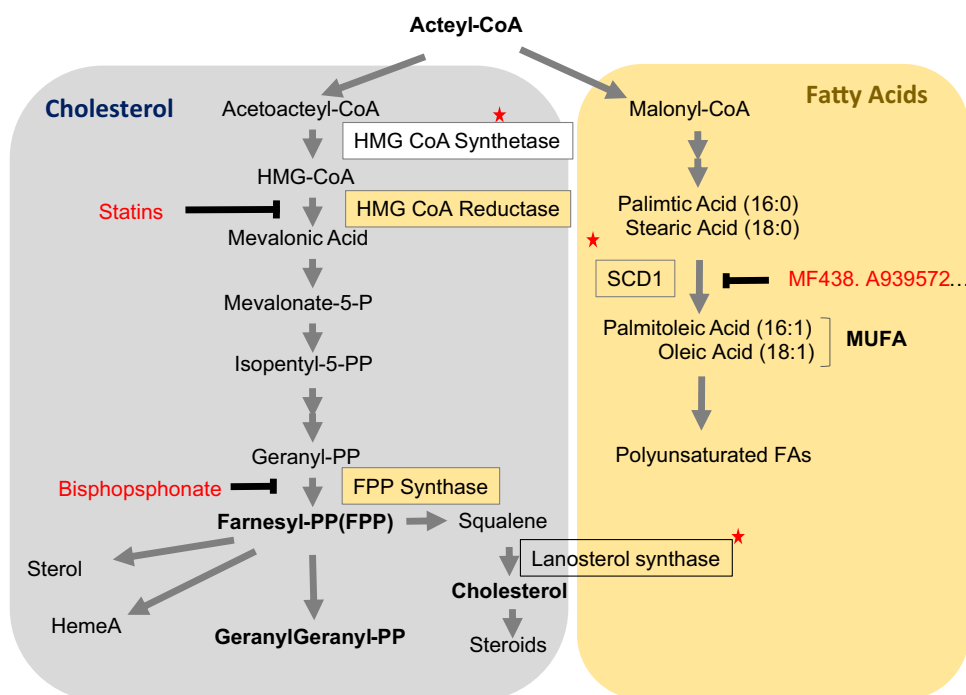
By screening using siRNAs targeting ~ 5000 drug-targetable molecules, we identified 5 molecules that are required for the self-renewal of cancer stem-like cells but dispensable for bulk cancer cell growth. Two of these were essential components of cholesterol biosynthesis. The blocking of cholesterol synthesis using the siRNAs of key enzymes or a HMG-CoA reductase inhibitors, atorvastatin, selectively eliminated the stem cells of GBM, colorectal, and lung cancer cells (Song et al. 2017). A high-fat diet resulting in a total cholesterol increase in the circulation enhances *in vivo* GBM tumor growth, which is suppressed by statin treatment (Song et al. 2017). Simvastatin inhibits the expression of stem-ness-related genes and the metastatic invasion of embryonic carcinomas, hepatoblastomas and breast adenocarcinomas (Torres et al. 2015; Tate et al. 2017). More importantly, the low concentration of statins did not change the lipidomics profile in the bulk cancer cells and shifted the profiles from that of CSCs to that of bulk cultured cells (Song et al. 2017). Cholesterol enhances the self-renewal of colorectal cancer cells, upregulates the expression of stem-ness genes, and may be connected to the MAPK signaling pathway (Wang et al. 2017a, b). These results strongly suggest a positive and important role of cholesterol in the biological activity of CSCs, including self-renewal and its maintenance.

## The signaling required for stem cell maintenance

### Notch, Shh, WNT, and more in CSC biology

WNT signaling pathway is one of the most important signaling pathways for many stem cell-like activities. It is well studied in cancer biology because its related cellular signaling component APC (tumor suppressor gene) is often mutated in colon cancer, resulting in the activation of the oncogenic  $\beta$  catenin transcription factor in the majority of colon cancer cases; however, WNT is also important for many types of tissue stem cells (Kelly et al. 2011; ten Berge et al. 2011) and CSCs from the cancers of many tissues (Holland et al. 2013). The protein should be secreted to bind the membrane receptor Frizzled, and then, the intracellular protein complex APC/Axin/GSK3 $\beta$  is disrupted to stabilize and release  $\beta$ -catenin to the nucleus. Other than this canonical pathway, some noncanonical pathways have also been identified, including the WNT-activated transcription factor YAP/TAZ, which is also downstream of Hippo suppressive signaling (Park et al. 2015). This noncanonical WNT signaling is important for stem cell self-renewal and that of CSCs (Lian et al. 2010; Cordenonsi et al. 2011). The noncanonical pathway may be

**Fig. 2** The lipid anabolism of cholesterol and fatty acid. Acetyl-CoA is used for both pathways. The metabolites in cholesterol pathway can be used for other biosynthesis. The drugs available for the shown enzymes are presented as red letters. The red star marked are the 3 genes out of 5 genes screened as essential genes by Song et al. (2017)



mediated through the small GTPase Rho, which requires a fatty acid conjugation, or isoprenylation (Foster et al. 1996). The blockage of WNT signaling also block CSC self-renewal, and several strong candidate drugs for this blockade strategy are under clinical evaluation (Jung and Kim 2015).

Notch signaling may be the most important signaling for stem cell population maintenance (Bigas and Porcheri 2018). It is required for stem cell self-renewal, as blocking Notch signaling by the cellular protein Numb on one side of the cell results in the cell undergoing asymmetric division, leading to the differentiation of that side daughter cells (Rhyu et al. 1994; Gonczy 2008) while the other side daughter cells remain as stem cells. Losing the Notch signal makes all stem cells initiate differentiation, leading to the depletion of stem cells (Shen et al. 1997; Kim and Shen 2008). Notch also plays the most essential role in CSCs (Mine et al. 2009; Fan et al. 2010). Notch signaling was shown to be essential for cancer stem cells in multiple tissues in mouse in vivo models. Notch is not a secreted protein but a trans-membrane protein that binds to another trans-membrane ligand, such as Delta, in the neighboring cells. This binding makes the  $\gamma$ -secretase cleave the Notch peptide and release the Notch intracellular domain, NICD, which translocates to the nucleus and activates many genes essential for stem-ness maintenance (Schroeter et al. 1998). Targeting this Notch activation with  $\gamma$ -secretase inhibitors dramatically eliminates CSCs from many cancer tissues, suggesting that it may be an effective approach for

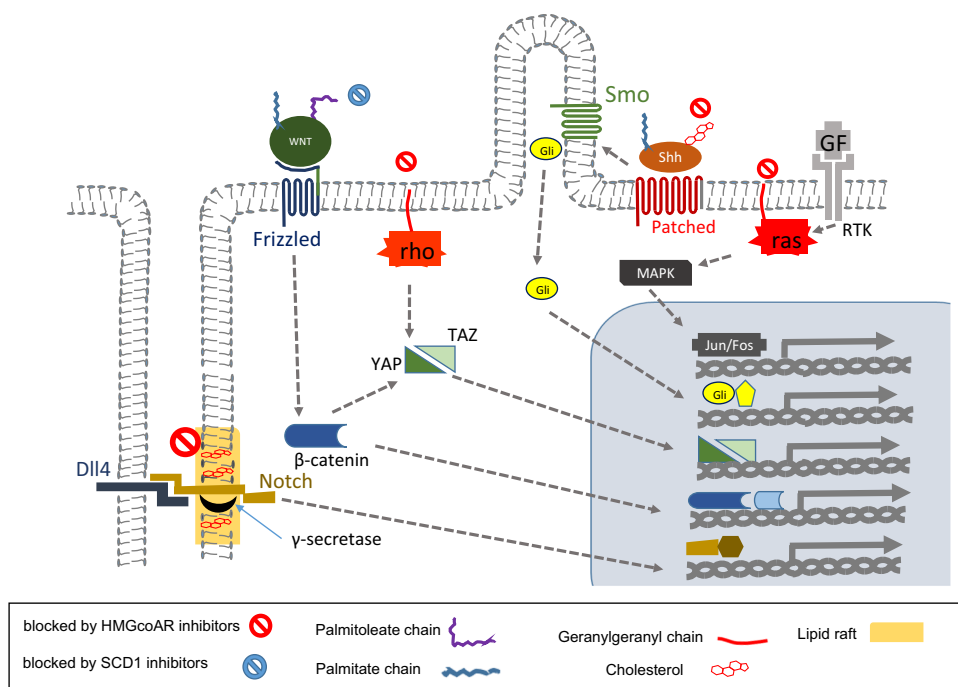
targeting CSCs (Fan et al. 2006), and there are some reagents under clinical evaluation (Jung and Kim 2015).

Another important CSC-regulating secreted protein, the sonic hedgehog protein (Shh), binds to Patched on the membrane, releasing the bound transmembrane protein Smoothed. Then, downstream activation of the transcription factor GLI, which was restricted to the membrane, is released to move into the nucleus (Milla et al. 2012). Shh pathway inhibition has been shown to reduce neuroblastoma and medulloblastoma CSCs (Schiapparelli et al. 2011; Wang et al. 2012). Many inhibitors for blocking Shh signaling have been developed. Small molecules, such as PF-04449913, saridegib, and vismodegib, have been tested for their clinical benefits (Jung and Kim 2015). Figure 3 shows the CSC regulating signaling related to the lipid modification and possible intervention points of those.

### CSC signaling is directly modulated by MUFA

Fatty acylation of proteins is a covalent binding of fatty acids to serine or cysteine residues in proteins (Resh 2006). This posttranslational process regulates a variety of functions, including the membrane targeting, trafficking and signaling of those target proteins. The hydrophobic carbohydrate chains added to the protein functions, such as to anchor the lipid membranes and/or direct the trafficking and interactions with other proteins/lipids (Linder and Deschenes 2007). Interestingly, most of these use fully saturated fatty acid chains. Stearoylation (18:0) of the

**Fig. 3** Main signaling modulated by lipids and essential for cancer stem cells. The palmitoleate and palmitate modification on the signaling molecules and the geranyl-geranylation (or farnesylation) of small GTPase proteins are marked. The cholesterol binding to Shh and lipid raft are also presented. All of those signaling eventually proceed to the nucleus to activate many genes required for cancer stem cells. The pharmacological intervention on cholesterol and MUFA generation are shown on the target signaling molecules



human transferrin receptor 1 (TFR1) is required for proper mitochondrial function (Senyilmaz et al. 2015). More than one hundred proteins have been identified to be palmitoylated (16:0) (Martin and Cravatt 2009) and myristoylated (14:0) (Thinon et al. 2014), demonstrating that these two events may do an important portion of protein acylation (Zheng et al. 2016) and the conjugated biological events. They regulate a wide range of biological activity in signaling. Synaptic proteins, such as SNAP26, may be regulated by palmitoylation for intercellular signaling (Greaves and Chamberlain 2011), and kinases, such as Src, may be regulated by myristoylation in intracellular signaling (Kamps et al. 1985; Shoji and Kubota 1989).

One very important intercellular signaling protein modulated by fatty acids is Wnt. Wnt3a was originally identified as palmitoylated (16:0) on Cys77 (Willert et al. 2003). This modification appears to be important for the biological function but not essential for secretion. Independent research demonstrated that Wnt3a is modified with a monounsaturated (16:1) fatty acid, palmitoleic acid, at Ser209 (Takada et al. 2006). They further demonstrated that this modification is essential for the transportation from the endoplasmic reticulum (ER) to the plasma membrane by showing that the palmitoleoylation mutant Wnt3a (Ser209Ala) failed to be secreted and rather accumulated in ER. The palmitoleoylation on Ser209 in Wnt3a is mediated by the enzyme Porcupine (PORCN), which is a membrane-bound O-acyltransferase (Takada et al. 2006). The inhibition of PORCN with small molecules demonstrated that the enzyme is essential for Wnt secretion and the following downstream signal transduction. Therefore,

the suppression of this enzyme's activity may be a selective and potent approach to target cancer and cancer stem-ness (Liu et al. 2013). Additionally, the cleavage of the palmitoleate group by a specific carboxylesterase suppressed the Wnt activity (Kakugawa et al. 2015). This palmitoleate group binding may also be required for direct interaction with the Frizzled receptor and is also conserved for other Wnt family proteins. This MUFA modification of Wnt is conserved in the worm, fly and mammals (Rocheleau et al. 1997; Janda et al. 2012).

Another very important intercellular stem cell signaling molecule is Shh, one of three hedgehog proteins in humans. The cleaved and secreted Shh peptide is purified as the N-terminal Cys24 palmitoylated, cleaved form (N-peptide), and that acylation is essential for the biological activity of Shh (Pepinsky et al. 1998). Since Wnt is palmitoylated and palmitoleoylated, and since the biological roles of these two modifications appear to be different, the possibility of palmitoleoylation on Shh may be possible; however, SCD1, which is the main enzyme for palmitoleate synthesis, is not required for the fatty acylation of Shh. Porcupine, the acyltransferase of Wnt, did not acylate the Shh peptide using MUFA (Rios-Estevés and Resh 2013). The N-terminus acylation of Shh was mediated by Hedgehog acyltransferase (Hhat), a membrane-bound, O-acyltransferase family of proteins (Pepinsky et al. 1998; Buglino and Resh 2008), and the inhibition of Hhat activity suppressed (Petrova et al. 2013) the signaling by Shh. It may be reasonable to assume that Shh is not modulated by SCD1-generated MUFA, such as palmitoleic acid. Wnt proteins are currently the only confirmed palmitoleoylated major

signaling proteins (Zheng et al. 2016), while many proteins are reported to be palmitoylated, as previously mentioned.

### CSC signaling modulated by the cholesterol

After Shh is translated, the signaling peptide is cleaved in the ER, followed by its cleavage at Gly257, making the N-peptide and C-peptide. Then, the cholesterol is covalently bound to the new C-terminal end Gly257 of the N-peptide. This cholesterol-bound N-peptide now can be palmitoylated at the Cys85 residue, the new N-terminal of this N-peptide (Riobo 2012). The genetic defects in the cholesterol biosynthesis are connected to a class of genetically determined anatomical defects, termed holoprosencephaly (HPE). HPE are also very typical defects derived from the dominant mutation in Shh signaling. Cholesterol depletion blocks the autoprocessing of Shh and results in signaling blockage (Roessler et al. 1997; Guy 2000; Gofflot et al. 2001). The Smoothed translocation from the endosome to the cilia is tightly regulated by cholesterol as well (Rohatgi et al. 2007; Blassberg and Jacob 2017; Xiao et al. 2017); therefore, cholesterol metabolism should be closely connected to Shh signaling through the cholesterol conjugation.

The N-terminal C2 domain of the Notch ligand interacts with lipids in the plasma membrane and Notch (Suckling et al. 2017). A low sterol diet suppressed the Notch pathway in *Drosophila* (Obniski et al. 2018); however, this component of Notch signaling is not directly modified by cholesterol or other lipids. Notch cleavage, which requires  $\gamma$ -secretase, is mediated at the 'lipid-rafts', a small, sub-microscopic domains. They are present in plasma and other membranes, and many proteins and glycoproteins are concentrated in these regions (Bretscher and Munro 1993). Cholesterol levels are a key factor in determining raft structure and stability (Silvius 2003). Lipid-rafts are known to exclude unsaturated phospholipids but are enriched in cholesterol (Silvius 2003; Hakobyan and Heuer 2014). The change in the lipid-raft structure by cholesterol composition may be a critical modulator of  $\gamma$ -secretase-mediated Notch signaling (Osenkowski et al. 2008). Collectively, the cholesterol metabolism should have a critical role in Notch signaling, and various transmembrane signaling related to the lipid-raft structure still needs to be unveiled (Levental and Veatch 2016) in addition to Shh signaling (Simons and Ikonen 1997).

An intermediate of cholesterol biosynthesis, farnesyl pyrophosphate, may be used for many other biosynthetic processes. The small G-protein is farnesylated to get to the membrane, and this process is essential for the signal transduction mediated by the G-protein. Many oncogenic receptor tyrosine kinases (RTK) require Ras protein for signaling, and EGFR signaling is especially essential for

CSC maintenance. In addition, the noncanonical pathway of WNT signaling requires another G-protein, Rho, which requires farnesylation or geranyl-geranylation, as well as other small GTPases. Therefore, the cholesterol biosynthesis that generated the metabolites used for this key signal transduction may be essential for the CSC maintenance, not the final sterol products. Indeed, statins inhibit the YAP/TAZ action through the blocking of Rho geranyl-geranylation (Sorrentino et al. 2014).

### To target fatty acids or cholesterol or both?

The biosynthesis of fatty acids and sterols may be independently regulated; however, the two pathways can also be regulated together by Sterol regulatory element-binding proteins (Ye and DeBose-Boyd 2011). In addition, as previously described in this review, both pathways are strongly associated with CSCs' roles or/and maintenance, possibly through the molecular signaling CSC should maintain. The blocking of either pathway may be sufficient to suppress CSCs (Song et al. 2017); however, lipid biosynthesis is globally controlled by metabolic regulation. Therefore, the two pathways should have a point to crosstalk in CSC signaling. Recently, an interesting study made a connection between phospholipid remodeling and cholesterol in stem cell growth. The loss of lysophosphatidylcholine acyltransferase-3 (Lpcat3) enhances cholesterol biosynthesis, and the excess cholesterol increases intestinal stem cell proliferation in vivo and ex vivo, resulting in the promotion of tumorigenesis (Wang et al. 2018a, b). Lpcat3 is an enzyme that catalyzes the reacylation of lysophospholipids (one fatty acid chain) to phospholipids (two fatty acid chains). Lpcat3 mediates lipid and glucose homeostasis by reducing mitochondrial fatty acid oxidation in the liver (Cash and Hui 2016). The suppression of Lpcat3 may increase intracellular lysophospholipid levels, leading to disrupted lipid homeostasis, an increase in lipid synthesis (Li et al. 2012), and failure to appropriately maintain the lipid bilayer structure. Lysophospholipids appear to regulate the maintenance of many stem cells (Whetton et al. 2003; Pebay et al. 2007). Though the mechanism leading to cholesterol production by Lpcat3 is unknown, the in vivo connection of the two lipid synthesis pathways resulting in stem cell enrichment is interesting because cholesterol synthesis and fatty acid unsaturation are the most vulnerable processes for CSC targeting (Mancini et al. 2018).

The lipid-raft is a dynamic complex that contains many subgroups of fatty acids and sterols. Cholesterol associates with greater affinity with unsaturated phosphatidylcholines than with unsaturated phosphatidylethanolamines (Yeagle and Young 1986), suggesting that different phospholipids



and acyl groups may change the affinity to cholesterol. The lipid-rafts should be involved in many transmembrane cell signaling processes in addition to the membranous secretase-mediated processes (Simons and Ikonen 1997; Di Vizio et al. 2008; Osenkowski et al. 2008; Roy et al. 2011; Levental and Veatch 2016). Therefore, the lipid composition in the raft should be critical for cell signaling, which may be essential for CSCs.

In recent years, the targeting of SCD1 was suggested as a potential CSC-targeted therapeutic strategy by multiple research groups. As described, the enzyme SCD1 is now believed as a key enzyme for CSC maintenance through MUFA synthesis. Since the palmitoleoylation of WNT is essential for WNT secretion, targeting SCD1 inhibits  $\beta$ -catenin accumulation in breast cancer cell nuclei (Mauvoisin et al. 2013). Dai et al., showed that SCD1 inhibition blocked the Akt/GSK3 $\beta$ / $\beta$ -catenin signaling, leading to the apoptosis of glioma cells and may sensitize the effect of temozolomide (Dai et al. 2017). SCD1 inhibition also reduced the FA uptake protein CD36 (Zhao et al. 2017), suggesting that secondary lipid availability restriction may be a result. ER stress-enhanced autophagy was reported in lung CSCs due to SCD1 blocking, and this may suggest that intracellular membrane composition may lead to ER functional abnormalities (Pisanu et al. 2017). Downstream of the noncanonical WNT signaling, the YAP/TAZ pathway is mediated by SCD1, along with the canonical  $\beta$ -catenin pathway (Noto et al. 2013); however, YAP/TAZ is also regulated by Hippo signaling independent of WNT activity. From the loss- and gain-of-function screening, miRNA targeting SCD1 was identified as miR-600 and shown to suppress canonical WNT signaling in human cancer specimens as well (Pisanu et al. 2017). Blocking SCD1 in colon cancer cells induced apoptosis by promoting ceramide synthesis, suggesting a WNT-independent role (Chen et al. 2016a, b). The positive feedback between SCD1 and NF $\kappa$ B has also been reported in ovarian CSCs, suggesting a role of NF $\kappa$ B-dependent signaling in CSC maintenance (Li et al. 2017a, b). The elevated expression and function of SCD1 is recognized as a hallmark of CSCs in variety of tissue origins. The elevated contents of MUFA may also be detected in most CSCs. Since the effect of SCD1 inhibition should be systemic and can regulate lipid metabolism in the liver and muscles, the inhibitor may have an impact on the whole-body metabolism as well. Since several clinical trials are currently underway for noncancer conditions, the safety of cancer treatments may be evaluated soon.

Targeting cholesterol synthesis may lead to a wide range of biological events because sterol synthesis metabolism is connected to many biologically active components. Compared to SCD1 inhibition, clinical conditions for the pharmacological blocking of cholesterol synthesis has been

well-established. Hydroxy-methyl-glutharyl-coenzyme A reductase (HMG-CoAR) is the rate-limiting enzyme for cholesterol biosynthesis. Statins are one of the most widely used classes of drugs for blood cholesterol maintenance worldwide. Statins have a mevalonate moiety that binds to the reaction pocket of HMG-CoAR and then blocks the activity. One of the strong oncogenes, Myc, induced a transcriptome that is associated with the mevalonate suppressed gene expression profile, showing the reciprocal interaction of the lipid control and one master oncogene action (Wang et al. 2017a, b). Supplementation of oleic acid in the CSC culture medium enriched CSCs dramatically, even when statin was present to block the CSC renewal (Song et al. 2017) suggest there are some crosstalk may exist between MUFA and cholesterol biosynthesis pathways in CSC renewal.

The intermediate metabolites are used for farnesylation or geranyl-geranylation, which are essential for Ras and Rho family of small guanosine triphosphates (GTPases) tethering to the membrane. Therefore, the multifunction of GTPases from G protein-coupled receptors to RTK signaling may be influenced by statin treatment (Mullen et al. 2016). Indeed, simvastatin treatment suppresses the protein geranyl-geranylation (Ginestier et al. 2012). As expected from this finding, a geranyl-geranylation inhibitor can also suppress many CSC activities. Blocking of the localization of RhoA to the membrane suppresses p27Kip localization to the nucleus, leading to the Rb activation. Interestingly, the HMG-CoAR suppression also leads to YAP/TAZ inactivation through the failure of RhoA geranyl-geranylation. SCD1 and HMG-CoAR inhibition meet at the YAP/TAZ molecule that controls the tissue overgrowth and is suppressed by Hippo signaling (Sorrentino et al. 2014). Other than statins, bisphosphonates also suppress the cholesterol metabolism and hamper the synthesis of geranyl-geranyl pyrophosphate or farnesyl pyrophosphate, leading to the elimination of breast CSCs (Buhler et al. 2016). Supplementation with oleic acid in the CSC culture medium enriched the CSCs dramatically, even when statins blocked the CSC renewal (Song et al. 2017), also suggesting that the two signaling pathways may combine.

## Conclusions

In this review, the altered metabolism of CSCs and recent findings that show that MUFA and cholesterol metabolism are two very promising targets for the selective elimination of CSCs are summarized. CSCs likely prefer similar glucose and lipid metabolism as stem cells of normal tissues. Compared to the other fast-growing cells in the tumor, the quiescent CSCs may be able to handle with this low efficiency and will be relatively free from the dangerous ROS

production from OXPHOS. CSCs may get their energy from fatty acid  $\beta$ -oxidation in mitochondria, which is elevated and essential for CSCs to maintain their potential. These distinguishable metabolism characteristics of CSCs may be utilized for the selective targeting of CSCs; however, the detailed mechanism and meaning of this differential regulation of lipid and glucose metabolism in CSCs is not yet known. Therefore, further intensive studies need to be performed for potential therapeutic targeting on this modulated signaling, but the plasticity in the regulation of metabolism may be a strong obstacle.

The promising and vulnerable target on lipid metabolism is in the unsaturation process of fatty acids. SCD1 activity increases in variety of CSCs, and its requirement in CSCs suggests that MUFA generation may be an excellent target for CSC therapy. This is very relevant, considering SCD1's role in WNT signaling, which is critical in CSC biology. However, the consequence of blocking systemic metabolism regulators in normal body cells are not clarified. Inhibitors, however, may function directly in CSCs, and the systemic level of MUFA may be manageable with diet supplementation. Song et al. showed that the targeting of CSCs with atorvastatin effectively suppressed the cancer cell growth in vivo in the supplementation of high-fat diet, demonstrating that the statin directly functioned in the cancer cells. Currently, several SCD1 inhibitors are being developed, and clinical evaluations may follow for safety and efficacy.

Cholesterol metabolism in CSCs as a promising and selective target for therapy was also raised based on epidemiological data and in vitro and in vivo preclinical data. The lipid-raft may be tightly regulated by the content of cholesterol, and it may change the signaling cascade across the membrane. The  $\gamma$ -secretase-mediated Notch signaling may be the 1<sup>st</sup> candidate changed by the cholesterol metabolism defect. Shh signaling may also be affected by the cholesterol shortage; however, the small GTPase protein modulation also requires this metabolic process and crosstalk with noncanonical WNT and RTK downstream. The blocking of LSS1, which generates cholesterol from squalene, eliminated most GBM CSCs (Song et al. 2017), demonstrating that cholesterol synthesis is still essential for CSCs. Targeting cholesterol synthesis for cancer therapy is currently being investigated in more than 50 clinical trials (NIH 2018). Widely accumulated data for statins and bisphosphonates may be useful for evaluating the safety.

Though these two targets, cholesterol metabolism and MUFA synthesis, are very effective in support of relevant molecular mechanisms, the clinical efficacy of these two therapeutic strategies has not yet been demonstrated. Indeed, the clinical relevance of CSC targeting has not been sufficiently proven either. While the presence of this population in most cancers is now widely recognized, the

molecular characteristics of these cells and the effective isolation of these cells have not been well-established. It may be caused from the plasticity of these CSCs, which actively respond to the environment and even modulate the niche. CSCs can be reversely established from the differentiated bulk cancer cells. The genomic instability that all cancers have may still contribute to this plasticity. Therefore, CSC targeting with one specific molecule may not be successfully achieved as we hoped; however, we will continue to pursue the targeting of metabolism in CSC populations, which can be combined with other conventional and targeted therapy. Since the metabolic reprogramming of cancers and CSCs is currently being increasingly unveiled, and since many metabolic syndrome management strategies are already available, we may soon find an effective approach to better handle this disease.

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**Compliance with ethical standards**

**Conflict of interest** Author declares no conflict of interest.

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