ORIGINAL ARTICLE



# **Modulation of Nicotine‑Associated Behaviour in Rats By μ‑Opioid Signals from the Medial Prefrontal Cortex to the Nucleus Accumbens Shell**

 $\text{Feng Zhu}^1\textbf{\textcircled{}}\cdot\text{Hirosato Kanda}^3\cdot\text{Hiroyuki Neyama}^4\textbf{\textcircled{}}\cdot\text{Yuping Wu}^4\cdot\text{Shigeki Kato}^5\cdot\text{Di Hu}^4\cdot\text{Shaogi Duan}^1\cdot\text{Var}^3$  $\text{Feng Zhu}^1\textbf{\textcircled{}}\cdot\text{Hirosato Kanda}^3\cdot\text{Hiroyuki Neyama}^4\textbf{\textcircled{}}\cdot\text{Yuping Wu}^4\cdot\text{Shigeki Kato}^5\cdot\text{Di Hu}^4\cdot\text{Shaogi Duan}^1\cdot\text{Var}^3$  $\text{Feng Zhu}^1\textbf{\textcircled{}}\cdot\text{Hirosato Kanda}^3\cdot\text{Hiroyuki Neyama}^4\textbf{\textcircled{}}\cdot\text{Yuping Wu}^4\cdot\text{Shigeki Kato}^5\cdot\text{Di Hu}^4\cdot\text{Shaogi Duan}^1\cdot\text{Var}^3$ **Koichi Noguchi1 · Yasuyoshi Watanabe4 · Kazuto Kobayashi<sup>5</sup> · Yi Dai1 · Yilong Cui1,2,4**

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**Abstract** Nicotine addiction is a concern worldwide. Most mechanistic investigations are on nicotine substance dependence properties based on its pharmacological efects. However, no efective therapeutic treatment has been established. Nicotine addiction is reinforced by environments or habits. We demonstrate the neurobiological basis of the behavioural aspect of nicotine addiction. We utilized the conditioned place preference to establish nicotine-associated behavioural preferences (NABP) in rats. Brain-wide neuroimaging analysis revealed that the medial prefrontal cortex (mPFC) was activated and contributed to NABP. Chemogenetic manipulation of  $\mu$ -opioid receptor positive (MOR<sup>+</sup>) neurons in the mPFC or the excitatory outflow to the nucleus accumbens shell (NAcShell) modulated the NABP. Electrophysiological recording confirmed that the  $MOR<sup>+</sup>$  neurons directly regulate the mPFC-NAcShell circuit *via* GABA<sub>A</sub> receptors.

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 $\boxtimes$  Yi Dai ydai@hyo-med.ac.jp

- $\boxtimes$  Yilong Cui cuiyl@riken.jp
- <sup>1</sup> Department of Anatomy and Neuroscience, Hyogo Medical University, Nishinomiya, Hyogo 663-8501, Japan
- Laboratory for Brain-Gut Homeostasis, Hyogo Medical University, Nishinomiya, Hyogo 663-8501, Japan
- <sup>3</sup> School of Pharmacy, Hyogo Medical University, Kobe, Hyogo 650-8530, Japan
- <sup>4</sup> RIKEN Center for Biosystems Dynamics Research, Kobe, Hyogo 650-0047, Japan
- <sup>5</sup> Department of Molecular Genetics, Fukushima Medical University Institute of Biomedical Sciences, Fukushima 960-1295, Japan

Thus, the  $MOR<sup>+</sup>$  neurons in the mPFC modulate the formation of behavioural aspects of nicotine addiction *via* direct excitatory innervation to the NAcShell, which may provide new insight for the development of efective therapeutic strategies.

**Keywords** Nicotine-associated behaviour · μ-Opioid receptor · Medial prefrontal cortex · Nucleus accumbens shell · Small-animal neuroimaging

#### **Introduction**

Tobacco has been used for a long history as a recreational substance which can be traced back to ancient civilizations in the Americas [\[1](#page-14-0)]. Modern medical science clearly demonstrates that sustained tobacco use induces profound health hazards such as lung cancer, heart disease, and respiratory problems. The Global Burden of Disease Project estimated that the worldwide consumption of  $\sim$ 7.4 trillion cigarettes in 2019 led to  $\sim$ 7 million deaths [\[2\]](#page-14-1). However, its addictive nature makes it difficult for them to quit. The addictive nature of tobacco is believed to be primarily a result of the pharmacological efects of nicotine. Nicotine acts on nicotinic acetylcholine receptors (nAChRs) located in the brain, contributing to its addictive properties. Multiple pharmacological efects of nicotine have been reported and widely discussed as the substance dependence property of nicotine. For example, nicotine activates the mesolimbic dopaminergic system which is a critical reward system in the brain to produce euphoria, leading to reinforcement and sustaining nicotine intake [\[3](#page-14-2)]. On the other hand, nicotine addiction is reinforced by some conditioned habits or specifc scenes without the direct pharmacological efect of nicotine, indicating the behavioural aspect of nicotine addiction [\[4–](#page-14-3)[6\]](#page-14-4)

which is similar to general behavioural addiction, such as gambling [[7](#page-14-5), [8](#page-14-6)] and binge-eating disorder [[9](#page-14-7)]. However, whether and how the underlying neurobiological mechanisms of the behavioural aspect of nicotine addiction share nicotine substance addiction remains unclear.

Human neuroimaging studies have elucidated the hierarchical brain regions involved in nicotine-associated behaviour, including the prefrontal, insular, and anterior cingulate cortices, and subcortical areas [[10–](#page-14-8)[12\]](#page-14-9). A clinical intervention study showed that transient inactivation of the left dorsolateral prefrontal cortex using transcranial magnetic stimulation eliminates smoking craving behaviour [\[11](#page-14-10)]. However, the detailed neurobiological basis underlying the behavioural aspect of nicotine addiction remains elusive due to the lack of comparable animal studies that allow mechanistic investigation with molecular, cellular, and genetic manipulation. Several studies have established animal experimental paradigms to explore the behavioural aspect of nicotine addiction, such as the nicotine self-administration operant and conditioned place preference (CPP) paradigms. A growing number of studies have demonstrated that most neural activity and plastic changes in response to nicotine-related behaviour are observed in the reward- and memory-related regions, including the mesolimbic cortex, hippocampus, and amygdala, using physiological, pharmacological, and behavioural experiments [\[13–](#page-14-11)[16](#page-14-12)]. However, most animal studies have been limited to the mesolimbic reward system and related brain areas. The behavioural aspect of nicotine addiction involves complicated brain functions, including cognition and execution, as well as reward and memory. Therefore, a brain-wide comparative exploration is necessary to reveal the comprehensive neural and molecular mechanisms of nicotine-associated behaviour.

Opioids and endogenous opioid systems are known to be involved in diverse addictive disorders, including behavioural addiction. Both synthetic and endogenous opioids have been demonstrated to interact with the mesolimbic dopaminergic system through their specifc receptors, mostly *via* the µ-opioid receptor (MOR), to produce euphoria, leading to substance abuse [[17](#page-14-13)–[19\]](#page-14-14). Functional cross-interactions between opioids and nicotine have long been implicated in nicotine dependence due to the mechanistic overlap between opioids and nicotine in the mesolimbic dopaminergic system. Pharmacological studies have shown that endogenous  $\mu$ -opioid signals modulate nicotine-induced dopamine increase in the nucleus accumbens (NAc), indicating its critical role in nicotine substance addiction [[20](#page-14-15)]. Clinical studies have demonstrated that endogenous opioid systems are involved in nicotineassociated seeking behaviours. For instance, both intravenous naloxone administration and oral naltrexone administration have been reported to decrease smoking-seeking desire [[21–](#page-14-16)[23](#page-15-0)]. Despite accumulating clinical evidence,

the underlying neurobiological basis of whether and how the endogenous opioid system modulates the behavioural aspect of nicotine addiction remains elusive.

To address this issue, we successfully established nicotine-associated behavioural preference in rats using the CPP paradigm and found that behavioural preference signifcantly increased after 3 days of conditioning with nicotine injection. In this animal model, we performed a brain-wide investigation to identify the primary regional brain activity in response to nicotine-associated behavioural preferences using a small-animal neuroimaging approach combining 2-deoxy-2- $[$ <sup>18</sup>F]fluoro-p-glucose (FDG) positron emission tomography (PET) imaging with voxel-based statistical parametric mapping analysis which allows for the analysis of rodent brain activity under conscious conditions  $[24-27]$  $[24-27]$  $[24-27]$ . Our brain-wide neuroimaging analysis revealed that regional brain activity was signifcantly increased in the medial prefrontal cortex (mPFC) and correlated with nicotine-associated behavioural preference. To further examine whether and how the endogenous opioid signal modulates such behavioural preference, we developed genetically engineered rats expressing Cre recombinase under the control of the MOR 1 (Oprm1) promoter  $[28]$  $[28]$  $[28]$ , in which the neuronal activity of MOR<sup>+</sup> neurons can be specifcally manipulated by optogenetic or chemogenetic methods. Our chemogenetic experiments clearly showed that  $MOR<sup>+</sup>$  neurons in the mPFC modulate the nicotine-associated behavioural preference *via* the excitatory projection into the Shell of NAc (NAcShell). Finally, our whole-cell patch-clamp recording clearly demonstrated that  $MOR<sup>+</sup>$  neurons in the mPFC directly inhibit excitatory outfow of the mPFC to the NAcShell *via* the  $GABA_A$  receptor. Here we provide novel insight into the neurobiological basis of the behavioural aspect of nicotine addiction and demonstrate that  $MOR<sup>+</sup>$  neurons in the mPFC modulate the formation of the behavioural aspect of nicotine addiction through control of excitatory input into NAcShell that may contribute to alternative treatment for nicotine addiction.

### **Materials and Methods**

All the experimental protocols were approved by the Institutional Animal Care and Use Committee of RIKEN (Kobe Branch, Japan). Animal experiments were performed according to the Principles of Laboratory Animal Care (National Institutes of Health, Publication No. 85-23, revised 2011). Behavioural studies were performed according to the Animal Research Reporting of *In Vivo* Experiments (ARRIVE) guidelines  $[29]$  $[29]$ . All efforts were made to minimize animal suffering and use.

#### **Animal**

All animals were housed at the temperature of  $22 \pm 1$  °C, with  $45\% \pm 15\%$  humidity, and under a 12-h light and 12-h dark cycle. The rats were fed a standard pellet diet (Oriental Yeast Co., Tokyo, Japan) and provided with tap water *ad libitum*. Male 8-week-old Wistar rats (SLC, Shizuoka, Japan) were used. To chemogenetically manipulate the activity of MOR+ neurons *in vivo*, we introduced male Long-Evans wild-type rats and male Long-Evans transgenic rats (MOR-Cre) which were described previously in detail [\[28](#page-15-3)].

#### **Conditioned Place Preference (CPP)**

The CPP was conducted using a three-compartment placeconditioning apparatus (ENV-013; Med Associates Inc., Fairfax, USA) with a distinct and tactile context. The black chamber had a grid-rod foor, whereas the white chamber had a mesh floor (length: 30.48 cm; width: 21 cm; height: 21 cm). The animal position and locomotor activity were automatically detected with infrared photobeams within the apparatus. This procedure was modifed from previous studies [\[30,](#page-15-5) [31](#page-15-6)]. The CPP behavioural experiment was divided into four phases: habituation, baseline, conditioning, and testing.

During the habituation phase (days  $1-2$ ), the rats freely explored each chamber for 20 min. Habituation was conducted every half day, once in the morning, and once in the afternoon.

The CPP baseline was tested on the morning of day 3, during which the rats freely explored all the chambers with the partition gates open for 20 min. The chamber in which the rats spent the most time was defned as the preferred chamber; otherwise, it was defned as the non-preferred chamber. The CPP score of the pre-test was defned as the time spent in the non-preferred chamber divided by the total time spent in the two chambers [\[32](#page-15-7)]. After the CPP baseline test, the rats were randomly divided into each experimental group.

The conditioning phase was conducted from days 4 to 6. The rats received two conditioning sessions per day with at least a 4-h interval, one with a subcutaneous injection of saline in the morning and the other with a subcutaneous injection of nicotine in the afternoon. Nicotine hydrogen tartrate (Sigma-Aldrich, MA, USA, Cat #SML1236) was dissolved in saline. Diferent concentrations (0.3 mg/kg, 0.8 mg/kg, 1.2 mg/kg, and 1.5 mg/kg, s.c.) were used. Following saline or nicotine administration, the animals were confned to the non-preferred (paired with nicotine) or preferred (paired with saline) chamber, respectively, with the partition gate closed for 20 min.

The CPP test phase was conducted on day 7. The rats explored the three compartments freely for 20 min in a drug-free state. The CPP score was defned as the time spent in a nicotine-paired chamber (non-preferred chamber) divided by the total time spent in the two chambers [[32](#page-15-7)]. The ΔCPP score is defned as the CPP score of the CPP test phase minus that of the pre-test phase. Rats were excluded based on predefned exclusion criteria (spending>80% of their time in one chamber) [[33\]](#page-15-8).

In addition to the time spent in the chambers, the number of entries and locomotor activity were automatically detected. One entry is defned as the breaking of any beam beyond the frst entry into a zone. An activity was defned as any beam breaking within the current zone. The devices were wiped with clean water after each rat was removed from the device and dried using a cloth.

For chemogenetic manipulation, designer receptors exclusively activated by the designer drug (DREADD) agonist CNO (clozapine N-oxide; Enzo Life Sciences, Tokyo, Japan, Cat #BML-NS105-0025) were intraperitoneally (1 mg/kg, i.p.) injected 1 h before the nicotine conditioning phase or test phase.

#### **PET Scanning**

All PET scans were conducted using a microPET Focus220 (Siemens Co., Ltd., Knoxville, USA) with a spatial resolution of 1.4 mm in full width at half maximum (FWHM) at the centre of the feld of view, as previously reported [[25,](#page-15-9)  $34$ ]. At least 1 h before <sup>18</sup>F-FDG injection, the rats underwent tail vein cannulation under 1.5% isofurane anesthesia. The catheter was fxed to the tail using tape.

For PET scanning of the CPP baseline and test, the rats received an intravenous injection of  $^{18}$ F-FDG (~70–75 MBq/0.4 mL) and were immediately placed in the CPP device for 20 min. Subsequently, the rats were returned to their respective cages. Forty-five min after  $^{18}$ F-FDG intravenous injection, the rats were anesthetized with 1.5% isofurane and placed in the gantry of a PET scanner. During the scan, a heating blanket was used to maintain body temperature at  $\sim$ 37 °C, and a thermocouple probe was inserted into the rectum to monitor body temperature. A 30-min emission scan was performed 55 min after the  ${}^{18}F$ -FDG injection. The acquired emission data were collected in the three-dimensional-list mode and sorted into a single sinogram. The data were reconstructed using a standard two-dimensional fltered back projection (FBP) algorithm for quantitative evaluation or a statistical maximum a posteriori probability algorithm (MAP) for image co-registration.

#### **Image Analysis**

Voxel-based statistical analysis was performed according to previous reports [[25](#page-15-9), [34\]](#page-15-10). Briefy, using the PMOD software package (version 3.6, PMOD Technologies, Ltd.,

Zurich, Switzerland), individual MAP-reconstructed FDG images were co-registered to an FDG image template using a mutual information algorithm with Powell's convergence optimization method. The FDG templates were transformed into the space of the magnetic resonance imaging (MRI) reference template. The MRI reference template was placed in the Paxinos and Watson stereotactic spaces. Transformation parameters were obtained from individual MAPreconstructed FDG images. These transformation parameters were applied to each FBP-reconstructed FDG image. To be consistent with the default parameter settings in the SPM software (Welcome Department of Imaging Neuroscience, London, UK), the voxel size of the template was scaled by a factor of 10. The fnal voxel size was resampled at  $1.2$  mm $\times$   $1.2$  mm $\times$   $1.2$  mm. Finally, to enhance statistical power, each FBP image was spatially smoothed using an isotropic Gaussian kernel (6-mm FWHM).

Voxel-based statistical analysis was performed using the SPM8 software (Wellcome Department of Imaging Neuroscience, London, UK). Global diferences in FDG uptake were normalized to whole-brain uptake. A two-sample *t*-test was used to estimate the statistical diferences between groups. The statistical threshold was set at *P*<0.005 (uncorrected), with an extent threshold of 200 contiguous voxels.

#### **Stereotaxic Surgery**

For intracranial injection, glass micropipettes (Drummond Scientifc, PA, USA) pulled using a puller (PP-83; Narishige Group, Tokyo, Japan) were used. We delivered AAV at a rate of 60 nL/min using an ultra-micropump (UMP3; World Precision Instruments, FL, USA) under 1.5% isofurane anesthesia. The pipette was left for an additional 3 min after injection, to allow difusion of the virus at the injection site and then slowly withdrawn, and then the skin incision was sutured. We injected penicillin (Meiji Seika, Tokyo, Japan) 200 μL to prevent postoperative infection after surgery. Three weeks after surgery, the rats were used for experiments.

All AAV vectors are listed in Table S2. To specific manipulation of the mPFC-NAcShell neural circuit, we first injected a mixture of AAVrg-hSyn-eGFP (85 nL) and AAVrg-pgk-Cre (215 nL) into the bilateral NAcShell of 8-week-old Wistar rats at stereotaxic coordinates from bregma:  $+2.16$  mm anteroposterior (AP),  $\pm 1.0$  mm mediolateral (ML), −7.2 mm dorsoventral (DV). One week later, 400 nL of AAV-hSyn-DIO-hM4D-mCherry were bilaterally injected into the mPFC  $(+3 \text{ mm } AP, \pm 0.65 \text{ mm } ML, 3.6 \text{ mm}$  $DV$ ). For specific activation of  $MOR<sup>+</sup>$  neurons in the mPFC, 400 nL of AAV-hSyn-DIO-hM3D-mCherry were bilaterally injected into layer 5 of the mPFC (+3 mm and 3.24 mm AP, ±0.65 mm ML, 3.6 mm DV) of 7-week-old MOR-Cre rats.

For the whole-cell patch-clamp recording, 300 nL of AAVrg-hSyn-eGFP were bilaterally injected into the NAcShell (+2.16 mm AP, ±1.0 mm ML, −7.2 mm DV) of 5 weeks MOR-Cre rats with 400 nL AAV-EF1a-FlexhChR2(H134R)-mCherry were bilateral injected into layer 5 of the mPFC  $(+3 \text{ mm and } 3.24 \text{ mm AP}, \pm 0.65 \text{ mm ML},$ 3.6 mm DV) in the next day after the NAcShell injection.

## **Immunohistochemistry**

The rats were transcranially perfused with PBS under deep isofurane anesthesia, followed by 4% paraformaldehyde (PFA; Nacalai, Osaka, Japan) in PBS. Then the brain was removed and soaked in 4% PFA to postfx overnight at 4 °C. The brain tissues were then transferred to 30% sucrose for 2 days. Serial brain sections were cut at 30 μm thickness using a cryostat (Cryostar NX70, Epredia Holdings Ltd., NH, USA) and collected in dishes containing PBS with 0.05% Sodium Azide (FUJIFILM Wako Pure Chemical Corporation, Osaka, Japan). To confrm the AAV injection, brain sections were mounted onto coated glass slides and directly observed without immunostaining.

Fluorescent images were acquired using a Zeiss LSM 710 confocal microscope (Carl Zeiss, Oberkochen, Germany) and analyzed using ZEN software (Carl Zeiss).

## **Brain Slice Preparation**

After AAV injection, the MOR-Cre rats were deeply anesthetized with isofurane and decapitated. In brief, the whole brain was rapidly dissected out and coronal brain slices (400 μm), containing mPFC and NAcShell, were made with a vibratome (VT1200, Leica, Wetzlar, Germany). Slices were submerged in a normal Krebs solution that contained  $(in mmol/L):117$  NaCl, 3.5 KCl, 2.5 CaCl<sub>2</sub>, 1.2 MgCl<sub>2</sub>, 1.2  $NaH<sub>2</sub>PO<sub>4</sub>$ , 25 NaHCO<sub>3</sub>, 11 glucose, and osmolarity of 324 mOsm. The Krebs solution was saturated with  $95\%$  O<sub>2</sub> and 5% CO<sub>2</sub> and had a pH of 7.35 at room temperature of 24 °C. The brain slice was then fxed in a recording chamber with a slice anchor. The chamber was mounted on the stage of an Olympus IX50 microscope (Olympus, Tokyo, Japan) which was equipped with infrared diferential interference contrast (IR-DIC) and fuorescent imaging systems.

## **Whole‑Cell Patch‑Clamp Recording**

 $eGFP<sup>+</sup>$  or mCherry<sup>+</sup> neurons were first identified under epifluorescence illumination in the mPFC, located from Bregma +3.0 mm to +2.52 mm. Under the IR-DIC microscope, whole-cell patch-clamp recordings were performed on the mPFC neurons labelled with fuorescent proteins. The electrode resistance after flling the recording electrode internal solution ranged from 3 to 5 M $Ω$ . For the voltage-clamp experiment, recording pipettes were flled with a solution containing (in mmol/L):  $135 \text{ CsMeSO}_3$ ,  $5 \text{ CsCl}$ ,  $0.5 \text{ CaCl}_2$ , 2.4 MgCl<sub>2</sub>, 5 EGTA, 10 HEPES, 5 Na<sub>2</sub>ATP, 0.33 GTP-TRIS salt and 2 QX-314; the pH of the solution was adjusted to 7.35 with CsOH. In a current-clamp experiment, 135 K-gluconate, 5 KCl,  $0.5$  CaCl<sub>2</sub>,  $2.4$  MgCl<sub>2</sub>, 5 EGTA, 10 HEPES, 5 Na<sub>2</sub>ATP, 0.33 GTP-TRIS salt were used; the pH of the solution was adjusted to 7.35 with KOH. After establishing the whole-cell confguration, the cells were held at −60  $mV$  and  $GABA_A$  receptor-mediated inhibitory currents were measured at  $+10$  mV. ChR2-expressing MOR<sup>+</sup> neurons were activated by 470 nm LED light (Thorlabs, Newton, USA). The blue light was applied through an objective  $(x40, water)$ immersion objective), and the light intensity was controlled using a light controller unit (Thorlabs). Signals from voltage-clamp experiments were amplifed using an Axopach 200 B amplifer, fltered at 2 kHz, and sampled at 10 kHz using pCLAMP 10 software (Molecular Devices, Sunnyvale, USA).

#### **Statistical Analysis**

All data were calculated using Graphpad Prism version 9 (Graphpad Software, San Diego, USA) and shown as the mean  $\pm$  SEM. Two-way analysis of variance (ANOVA) followed by Sidak's multiple comparison test and paired *t*-test were used. Pearson's test was used for correlation analysis. The significance threshold was placed at  $*P < 0.05$ , \*\**P*<0.01, and \*\*\**P*<0.001.

#### **Data Availability**

The data supporting the fndings of this study are available from the corresponding author upon reasonable request.

#### **Results**

## **Nicotine‑associated Behavioural Preference Established by the CPP Paradigm**

The CPP behavioural paradigm has been used extensively to assess behavioural preferences. Thus, we used it to evaluate nicotine-associated behavioural preferences (Fig. [1A](#page-5-0)). During habituation, the rats gradually acclimated to the CPP device, and their side preference became stable. The pre-conditioning baseline side preference was assessed after four habituation sessions, and no signifcant diference was observed between the experimental groups (Fig. [1](#page-5-0)B). To examine the dose-dependent response to nicotine, rats were conditioned with 0, 0.3, 0.8, or 1.5 mg/kg nicotine for 3 days (Fig. [1B](#page-5-0))  $(n=6$  in each group). The side preference was significantly affected by the concentration

factor  $(F_{(3, 20)} = 6.572, P = 0.0029)$ , and increased in the rats conditioned with 0.8 mg/kg  $(P=0.0101)$  and 1.5 mg/kg  $(P=0.0403)$  nicotine. Interestingly, the side preference at a higher dose (1.5 mg/kg) slightly decreased, as previously reported [\[35](#page-15-11)]. Given the higher CPP score during the CPP test phase, we chose 0.8 mg/kg for the next experiments.

To investigate the nicotine conditioning-induced behavioural characteristics, we further analyzed the time spent, the number of entries, and locomotor activity in each chamber before (pre-test) and after (test) nicotine conditioning. In the vehicle group  $(n=6)$ , the time spent (phase factor:  $F_{(1, 10)} = 0.4032$ ,  $P = 0.5397$ ), number of entries (phase factor:  $F_{(1, 5)} = 0.0001$ ,  $P = 0.9920$ ), and locomotor activity (phase factor:  $F_{(1, 5)} = 0.1134$ ,  $P = 0.7499$ ) in the non-preferred chamber were not changed (time spent:  $P = 0.5561$ , number of entries:  $P = 0.6742$ , locomotor activity:  $P = 0.9990$ ) by the conditioning procedure when compared pre-test and test phase and the balance of these behavioural properties between preferred and non-preferred chambers remained almost unchanged, except for the number of entries (treatment factor:  $F_{(1, 5)} = 4.089$ ,  $P = 0.0991$ ;  $P=0.0396$  when compared preferred chamber and nonpreferred chamber during pre-test phase,  $P = 0.8354$  during the test phase ) (Fig. [1](#page-5-0)C–E). In contrast, the time spent (phase  $\times$  treatment factor:  $F_{(1, 10)} = 23.28$ .  $P = 0.0007$ ) and locomotor activity (phase factor:  $F_{(1, 5)} = 17.63$ ,  $P = 0.0085$ ) were significantly increased (time spent:  $P = 0.0014$ , locomotor activity:  $P = 0.0054$ ) in the nicotine-paired chamber after conditioning with 0.8 mg/kg nicotine (Fig. [1F](#page-5-0), [H\)](#page-5-0)  $(n=6)$ . Meanwhile, the number of entries in both chambers (phase factor:  $F_{(1, 5)} = 19.27$ ,  $P = 0.0071$ ) was significantly increased (preferred chamber:  $P = 0.014$ , non-preferred chamber:  $P = 0.0105$ ) after conditioning with 0.8 mg/kg nicotine (Fig. [1](#page-5-0)G), indicating an increased exploratory activity in these rats. These results indicated that both behavioural preferences and exploratory activity were induced by nicotine conditioning.

Finally, we analyzed the locomotor activity during the conditioning phase. In the vehicle group, the locomotor activity after vehicle injection (day × treatment factor:  $F_{(2, 20)} = 0.6152$ ,  $P = 0.5504$ ) showed decreased tendency during conditioning phase, probably due to the adaptive efect on the chambers (F[i](#page-5-0)g. [1](#page-5-0)I). Whereas the locomotor activity after nicotine injection (day x treatment factor:  $F_{(2, 20)} = 11.30, P = 0.0005$ ) significantly increased in day 5  $(P=0.0013)$  and day 6 ( $P=0.0049$ ) as compared with day 4 in the nicotine 0.8 mg/kg group (Fig. [1](#page-5-0)J). This result is consistent with the evidence that nicotine exposure induces hyper-locomotor activities [\[36](#page-15-12), [37\]](#page-15-13).



<span id="page-5-0"></span>**Fig. 1** Nicotine-associated behavioural preference evaluated by CPP paradigm. **A** Experimental design of CPP. The white square means white chamber and the black square means black chamber. They are paired with nicotine or saline injection. **B** CPP score in saline  $(n=6)$ , nicotine 0.3 mg/kg  $(n=6)$ , nicotine 0.8 mg/kg  $(n=6)$ , and nicotine 1.5 mg/kg  $(n=6)$  groups. **C–E** Time spent  $(C)$ , the number of entries (**D**), and locomotor activity (**E**) in the preferred chamber and nonpreferred chamber during the pre-test and test phases of the saline group. **F–H** Time spent (**F**), the number of entries (**G**), and locomotor

activity (**H**) in the preferred chamber and non-preferred chamber during the pre-test and test phases of the nicotine (0.8 mg/kg) group. **I, J** Locomotor activity post saline and post vehicle or nicotine injection during CPP conditioning phase in the vehicle group (**I**) and nicotine 0.8 mg/kg group (**J**). Two-way ANOVA with Sidak's multiple comparisons test (the mean  $\pm$  SEM,  $*P < 0.05$ ,  $**P < 0.01$ ). ns: not signifcant. ANOVA, analysis of variance; CPP, conditioned place preference

## **Activation of the mPFC by Nicotine‑associated Behavioural Preference**

To examine brain-wide regional brain activity in response to nicotine-associated behavioural preference, we conducted an FDG-PET scan and subsequent voxel-based statistical analyses (Fig. [2A](#page-6-0)). Regional brain activity in response to nicotine-associated behavioural preference was assessed by comparing the brain-wide FDG uptake in the nicotineconditioned  $(n=14, 0.8 \text{ mg/kg})$  group with that in the salineconditioned  $(n=7)$  group. The nicotine-conditioned group showed significantly higher CPP scores during the test

<span id="page-6-0"></span>**Fig. 2** Brain activity in response to nicotine-associated behavioural preference. **A** Experimental design of PET scanning. **B** CPP score of rats undergoing PET scanning  $(n=7$  in vehicle group,  $n=14$ in nicotine group), two-way ANOVA with Sidak's multiple comparisons test (the mean  $\pm$  SEM, \*\*\*\**P* < 0.0001)**.** C Brain activity in response to nicotine-associated behavioural preference. Images showing activated (red) brain regions during the CPP test phase  $(n=14)$ . Images were obtained by voxel-based statistical comparison of FDG uptake with that of the CPP baseline phase. A *T*-value of 2.86 was used as the threshold corresponding to *P*=0.005 (uncorrected). The right side of the image indicates the left hemisphere. The number in the lower line indicates the level of coronal slices in the rat brain atlas (Paxinos and Watson). **D–I** Correlation between ∆CPP score and FDG uptake in mPFC  $(P=0.0431)$ (**D)**, DMS (*P*=0.4119) (**E**), LPO (*P*=0.4119) (**F**), LS  $(P=0.1207)$  (**G**), dHP (*P*=0.1682) (**H**), and PCC (*P*=0.2869) (**I**). Person correlation analysis test. ANOVA, analysis of variance; CPP, conditioned place preference; dHP, dorsal hippocampus; DMS, dorsomedial striatum; FDG, 2-deoxy-2-[18F] fuoro<sup>d</sup>-glucose; LPO, lateral preoptic area; LS, lateral septal nucleus; mPFC, medial prefrontal cortex. PCC, posterior cingulate cortex; PET, positron emission tomography



phase (Fig. [2](#page-6-0)B) (phase factor:  $F_{(1, 19)} = 19.77$ ,  $P = 0.0003$ ; *P* < 0.0001 when comparing pre-test and test). Voxelbased statistical analysis revealed characteristic activation in several brain regions in response to nicotine-associated behavioural preferences, including the mPFC, dorsal medial striatum (DMS), lateral preoptic area (LPO), lateral septal nucleus (LS), dorsal hippocampus (dHP), and posterior cingulate cortex (PCC) (Fig. [2C](#page-6-0), Table [1](#page-7-0)). To further assess the functional role of these activated regions in nicotineassociated behavioural preference, we analyzed the correlation between regional FDG uptake in these regions and the changes in behavioural preference (∆CPP Score) (Fig. [2D](#page-6-0)–J). Interestingly, only FDG uptake in the mPFC was positively correlated with the ∆CPP Score (Fig. [2](#page-6-0)D)  $(P=0.0431)$ , indicating that the mPFC may contribute to nicotine-associated behavioural preference.

## **µ‑Opioid Receptors in the mPFC Modulate Nicotine‑associated Behavioural Preference**

We then focused on the MOR in the mPFC since clinical studies have reported endogenous μ-opioid signals modulate nicotine-associated craving behaviour [\[38](#page-15-14)]. Accordingly, we also confrmed that nicotine-associated behavioural preference in the CPP test was signifcantly inhibited by the subcutaneous injection of naloxone (1 mg/kg), a MOR antagonist, 10 min before the nicotine conditioning or test phase (Fig. S2A, B). To further reveal whether and how endogenous μ-opioid signals in the mPFC are involved in nicotine-associated behavioural preference, we chemogenetically manipulated the  $MOR<sup>+</sup>$  neurons in the mPFC using genetically engineered rats expressing Cre recombinase under the control of the MOR promoter (MOR-Cre rats) [[25\]](#page-15-9). In these MOR-Cre rats, we injected adeno-associated virus (AAV) (AAV-hSyn-DIO-hM3D-mCherry or AAV-hSyn-DIO-mCherry) into bilateral layer 5 of the mPFC, which is the major excitatory outflow region of the mPFC (hM3D group or control group, respectively) (Fig. [3B](#page-8-0)). Consistent with our previous report [[28\]](#page-15-3), immunofluorescence images showed that mCherrypositive neurons were scattered around layer 5 of the mPFC and in layers 2/3, indicating Cre-dependent recombination of these transgenes in MOR-Cre rats (Fig. [3](#page-8-0)B).

To examine the functional role of  $MOR<sup>+</sup>$  neurons in the mPFC on nicotine-associated behavioural preference, we frst confrmed the dose-dependent response of nicotine for the CPP test in Long-Evans rats, which is the genetic background strain of MOR-Cre rats and found that 1.5 mg/kg nicotine was more appropriate to induce nicotine-associated behavioural preference  $(n=5, P=0.0104)$  in Long-Evans strain rats (phase  $\times$  concentration factor,  $F_{(2, 12)} = 4.155$  $P=0.0425$ ) (Fig. [3](#page-8-0)A). Then, we chemogenetically manipulated  $MOR<sup>+</sup>$  neurons in the mPFC during the nicotine conditioning phase for consecutive 3 days (Fig. [3C](#page-8-0)) to explore the involvement of  $MOR<sup>+</sup>$  neurons in the formation of nicotineassociated behavioural preference. As shown in Fig. [3D](#page-8-0), the nicotine-associated side preference (phase×treatment factor:  $F_{(1, 13)} = 8.243$ ,  $P = 0.0131$ ) was significantly increased in the control (mCherry, green bar) group ( $n = 5$ ,  $P = 0.0435$ ), in which CNO (1 mg/kg) was intraperitoneally injected 1 h before each nicotine injection for 3 consecutive days. In contrast, the increment of nicotine-associated side preference in the rats expressing hM3D (red bar) was completely analogously abolished by CNO treatment  $(n=10, P=0.3885)$ , indicating the chemogenetic activation of MOR<sup>+</sup> neurons in the mPFC suppressed nicotine-associated behavioural preference (Fig. [3](#page-8-0)D). Similarly, the increment in the time spent (phase factor:  $F_{(1, 18)} = 2.061$ ,  $P = 0.1683$ ), the number of entries (phase factor:  $F_{(1, 9)} = 2.795$ ,  $P = 0.1289$ ), and locomotor activity (phase factor:  $F_{(1, 9)} = 3.093$ ,  $P = 0.1125$ ) in nicotine-paired chamber (non-preferred chamber) during CPP test phase were attenuated by chemogenetic activation of  $MOR<sup>+</sup>$  neurons in the mPFC during the conditioning phase (Fig.  $3E-G$  $3E-G$ ). (time spent:  $P=0.1011$ , number of entries:  $P = 0.0092$ , locomotor activity:  $P = 0.7893$ ). Whereas the increased locomotor activity due to the direct pharmacological efect of nicotine was not changed after chemogenetic activation of  $MOR<sup>+</sup>$  neurons in the mPFC during the nicotine conditioning phase (Fig.  $3H$ ) (day  $\times$  treatment factor:  $F_{(2, 36)} = 10.24$ ,  $P = 0.0003$ ;  $P = 0.0074$  when comparing day 6 with day 4). These results suggested that chemogenetic activation of  $MOR<sup>+</sup>$  neurons in the mPFC

<span id="page-7-0"></span>



Nicotine group (*n*=14) *versus* vehicle group (*n*=7), Heigh threshold: *T*=2.86 with an extent threshold of 200 contiguous voxels,  $P < 0.005$  uncorrected. L and R indicate the left and right hemispheres, respectively

<span id="page-8-0"></span>**Fig. 3** µ-Opioid receptors in mPFC moderate nicotine-associated behavioural preference. **A** CPP score in nicotine 0.8 mg/ kg (*n*=5), 1.2 mg/kg (*n*=5), and 1.5 mg/kg groups  $(n=5)$ of Long-Evans wild-type male rats. **B** Left: schematic diagram of injection of the virus (AAVhSyn-DIO-hM3D-mCherry or AAV-hSyn-DIO-mCherry) in the mPFC of MOR-Cre rats. Right: representative images of mCherry (red) expression in mPFC neurons, scale bar, 500 μm. The imaging is enlarged by scale bars of 200 μm and 100 μm, respectively. **C** Schematic diagram of the CNO injection 1 h before the CPP conditioning phase on three consecutive days (days 4, 5, and 6). **D** CPP score in mCherry and hM3D-mCherry group with CNO injection 1 h before CPP conditioning phase. **E–G** Time spent (**E**), the number of entries (**F**), and locomotor activity (**G**) in the preferred chamber and nonpreferred chamber during the pre-test and test phases of the hM3D group. **H** Locomotor activity post saline and post nicotine injection during CPP conditioning phase of hM3D group. **I** Schematic diagram of the CNO injection 1 h before the CPP test phase**. J** CPP score in mCherry and hM3D groups with CNO injection 1 h before the CPP test phase. **K–N** Time spent  $(K)$ , the number of entries (**I**) and locomotor activity (**M**) in the preferred chamber and non-preferred chamber during the pre-test and test phases of the hM3D group. **N** locomotor activity post saline and post nicotine injection during CPP conditioning phase of hM3D group. Two-way ANOVA with Sidak's multiple comparisons test (the mean  $\pm$  SEM. \*\* $P < 0.01$ ,  $*P<0.05$ ). ns: not significant. ANOVA, analysis of variance; CNO, clozapine N-oxide, CPP, conditioned place preference; MOR, µ-opioid receptor; mPFC, medial prefrontal cortex



during the conditioning phase suppressed the formation of nicotine-associated behavioural preference and exploratory activity, but not the nicotine pharmacological efect itself.

Subsequently, we confirmed whether chemogenetic activation of  $MOR<sup>+</sup>$  neurons in the mPFC during the test phase modulates established nicotine-associated behavioural preference or not (F[i](#page-8-0)g. [3I](#page-8-0)). As shown in Fig. [3J](#page-8-0), the nicotine-associated side preference (phase factor:  $F_{(1, 10)} = 5.239$ ,  $P = 0.0451$ ) was significantly increased in the control (mCherry, green bar) group  $(n=6, P=0.0348)$ but not in the hM3D (red bar) group  $(n=6, P=0.9100)$ . Accordingly, the increment in the time spent (phase factor:  $F_{(1, 10)} = 2.986$ ,  $P = 0.1147$ ), the number of entries (phase factor:  $F_{(1, 5)} = 4.307$ ,  $P = 0.0926$ ), and locomotor activity (phase factor:  $F_{(1, 5)} = 23.6$ ,  $P = 0.0046$ ) in nicotinepaired chamber (non-preferred chamber) during CPP test phase were inhibited by chemogenetic activation of MOR<sup>+</sup> neurons during CPP test phase (Fig. [3](#page-8-0)K–M) (time spent:  $P=0.3509$ , number of entries:  $P=0.2270$ , locomotor activity: *P*=0.8348). Similar to Fig. [3](#page-8-0)H nicotine pharmacological effect-evoked hyperactivity (day x treatment factor:  $F_{(2, 20)} = 14.77$ ,  $P = 0.0001$ ) was not affected by chemogenetic manipulation (Fig. [3N](#page-8-0)). (*P*=0.0208 when compared to days 6 and 4).

Chemogenetic activation of  $MOR<sup>+</sup>$  neurons in the mPFC either during formation or after the establishment of nicotine conditioning suppressed the behavioural aspect of nicotine addiction without afecting the direct pharmacological efect of nicotine.

## **The mPFC to NAcShell Circuit Is Indispensable for Nicotine‑associated Behavioural Preference**

Next, we examined the terminal feld of the mPFC excitatory outflow to modulate the behavioural aspect of nicotine addiction. Because the NAcShell is known to receive abundant excitatory projections from the infralimbic cortex of the mPFC [[39\]](#page-15-15) and plays a critical role in rewarding processes and nicotine self-administration behaviour [\[40](#page-15-16)], we focused on the mPFC-NAcShell circuit to investigate whether and how the circuit modulates nicotine-associated behavioural preference. To specifcally manipulate the mPFC-NAcShell circuit, we concomitantly injected a mixture of retrograde AAV (AAVrg)-hSyn-eGFP and AAVrg-pgk-Cre into the bilateral NAcShell, and AAV-hSyn-DIO-hM4D-mCherry or AAV-hSyn-DIO-mCherry (hM4D group or control group, respectively) into bilateral layer 5 of the mPFC in wild-type Wistar rats (Fig. [4A](#page-10-0)). Thus, immunofluorescence images showed that mCherry was specifcally expressed in the eGFP+ layer 5 projection neurons in the mPFC that send monosynaptic projection into the NAcShell. The eGFP was also seen in the injection area of the NAcShell (Fig. [4](#page-10-0)B).

To investigate the functional role of the mPFC-NAcShell circuit in nicotine-associated behavioural preferences, we frst specifcally suppressed circuit activity by chemogenetic manipulation during the conditioning phase. Consistently, the nicotine-associated side preference (phase  $\times$  treatment factor:  $F_{(1, 9)} = 13.30, P = 0.0053$  was significantly increased in the control (mCherry, green bar) group (Fig. [4](#page-10-0)D)  $(n=6,$ *P*=0.0473) following consecutive CNO injection (i.p., 1mg/ kg, 1 h before each nicotine injection) for 3 days (Fig. [4C](#page-10-0)). However, the increase in the nicotine-associated side preference in the hM4D (red bar) group was completely reduced by CNO treatment (Fig. [4](#page-10-0)D)  $(n=5, P=0.0708)$ . Likewise, the increments in the time spent (phase factor:  $F_{(1, 8)} = 0.02341$ ,  $P = 0.8822$ ), the number of entries (phase factor:  $F_{(1, 4)} = 12.41$ ,  $P = 0.0244$ ), and locomotor activity (phase factor:  $F_{(1, 4)} = 0.7407$ ,  $P = 0.4380$ ) in the nicotine-paired chamber (non-preferred chamber) of the CPP test were attenuated by the chemogenetic inhibition of the mPFC-NAcShell circuit during the conditioning phase (Fig. [4E](#page-10-0)–G) (time spent:  $P = 0.3440$ , number of entries:  $P=0.0346$ , locomotor activity:  $P=0.2907$ ). However, such specifc manipulation of the mPFC-NAcShell circuit activity during the nicotine conditioning phase did not afect the increased locomotor activity (day factor:  $F_{(1, 8)} = 10.11$ ,  $P=0.0130$ ) due to the direct pharmacological effect of nico-tine (Fig. [4H](#page-10-0))  $(P=0.0454$  when compared day 6 and day 4). These results indicate that the mPFC-NAcShell circuit takes part in the formation of nicotine-associated behavioural preferences, but not in the pharmacological efect of nicotine.

Subsequently, we investigated whether chemogenetic inhibition of the mPFC-NAcShell circuit during the CPP test phase disturbed nicotine-associated behavioural preferences (F[i](#page-10-0)g. [4](#page-10-0)I). As shown in Fig. [4J](#page-10-0), the nicotine-associated side preference (phase factor:  $F_{(1, 8)} = 7.279$ ,  $P = 0.0272$ ) was signifcantly increased in the control (mCherry, green bar) group ( $n = 5$ ,  $P = 0.0073$ ) but not in the hM4D (red bar) group ( $n=5$ ,  $P=0.9670$ ). Consistently, the chemogenetic inhibition of the circuit during the CPP test phase attenuated the increase in the time spent (phase factor:  $F_{(1, 8)} = 0.6177$ ,  $P = 0.4545$ ), the number of entries (phase factor:  $F_{(1, 4)} = 4.728$ ,  $P = 0.0953$ ), and locomotor activity (phase factor:  $F_{(1, 4)} = 7.912$ ,  $P = 0.0482$ ) in the nicotine-paired chamber (non-preferred chamber) during the CPP test phase (Fig. [4K](#page-10-0)–M) (time spent:  $P = 0.9868$ , number of entries:  $P=0.9429$ , and locomotor activity:  $P=0.9769$ ). Moreover, the nicotine pharmacological efect-evoked hyperactivity (day  $\times$  treatment factor:  $F_{(2, 16)} = 27.81, P < 0.0001$ ) was not afected by the specifc inhibition of the mPFC-NAcShell circuit (Fig. [4](#page-10-0)N)  $(P=0.0079$  when comparing day 5 and day 4;  $P = 0.0005$  when comparing day 6 with day 4).

Overall, chemogenetic suppression of the mPFC-NAc-Shell circuit inhibited the formation and retention of the <span id="page-10-0"></span>**Fig. 4** mPFC–NAcShell circuit takes part in nicotine-associated behavioural preference. **A** Schematic diagram of the injection of virus (mixture of AAVrgpgk-Cre and AAVrg-hSyneGFP) into the NAcShell and injection of virus (AAV-hSyn-DIO-hM4D-mCherry or AAVhSyn-DIO-mCherry) into the mPFC of the Wistar wild-type rat after one week. **B** Representative images of double expression (yellow) of eGFP (green) and mCherry (red) in the mPFC regions, scale bar, 500 μm. The imaging is enlarged by scale bars of 200  $\mu$ m and 50  $\mu$ m respectively. The expression of eGFP in NAcShell is also seen (green), scale bar, 500 μm. **C** Schematic diagram of the CNO injection 1 h before the CPP conditioning phase on three consecutive days (days 4, 5, and 6)**. D** CPP score in mCherry and hM4D-mCherry group with CNO injection 1 h before CPP conditioning phase. **E–G** Time spent (**E**), the number of entries (**F**) and locomotor activity (**G**) in the preferred chamber and non-preferred chamber during the pre-test and test phases of the hM4D group. **H** Locomotor activity post saline and post nicotine injection during CPP conditioning phase of hM4D group. **I** Schematic diagram of the CNO injection 1 h before the CPP test phase**. J** CPP score in mCherry and hM4D group with CNO injection 1 h before CPP test phase. **K–M** Time spent (**K**), the number of entries (**I**), and locomotor activity (**M**) in the preferred chamber and non-preferred chamber during the pre-test and test phases of the hM4D group. **N** Locomotor activity post saline and post nicotine injection during CPP conditioning phase of hM4D group. Two-way ANOVA with Sidak's multiple comparisons test (the mean  $\pm$ SEM. \*\*\**P*<0.001, \*\**P*<0.01,  $*P<0.05$ ). ns, not significant. ANOVA, analysis of variance; CNO, clozapine N-oxide; CPP, conditioned place preference; eGFP, enhanced green fuorescent protein; NAcShell, shell of nucleus accumbens



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behavioural aspect of nicotine addiction, independent of the direct pharmacological effect of nicotine.

## **MOR+ Neurons in the mPFC Inhibit Excitatory Projection to the NAcShell**

MOR is dominantly expressed in GABAergic interneurons in layer 5 of the mPFC and regulates the excitatory outfow

<span id="page-12-0"></span>**Fig. 5** MOR+ neurons in layer 5 inhibit the mPFC-NAcShell circuit**.**  ◂**A** Diagram of the injection of AAVrg-hSyn-eGFP into the NAcShell and AAV-EF1a-Flex-hChR2(H134R)-mCherry into the mPFC of MOR-Cre rat. **B** The expression of eGFP (green) and ChR2-mCherry (red) in the mPFC neurons, scale bar, 50 μm. **C** Left: diagram of the whole-cell patch recording from  $MOR<sup>+</sup>$  neurons in the mPFC. Right: representative sample trace of action potential evoked by blue light (300 ms, 1 Hz). **D** Left: diagram of the whole-cell patch recording from eGFP+ pyramidal neurons in the mPFC. Right: two sample traces show light-evoked IPSCs in the control (top) and under the presence of 100 μmol/L bicuculline (bottom). **E** The amplitude of light-evoked IPSC on eGFP<sup>+</sup> pyramidal neurons  $(n=10)$ . **F** The effect of 100 μmol/L bicuculline on the amplitude of light-evoked IPSC in the eGFP<sup>+</sup> pyramidal neurons  $(n=10)$ . Paired *t*-test (the mean  $\pm$  SEM. \* $P < 0.05$ , \*\*\* $P < 0.001$ ). eGFP, enhanced green fluorescent protein; GABA, gamma-aminobutyric acid; IPSC, inhibitory postsynaptic current; mPFC, medial prefrontal cortex; NAcShell, shell of nucleus accumbens

of the mPFC [[41,](#page-15-17) [42](#page-15-18)]. Thus, we fnally investigated whether and how  $MOR<sup>+</sup>$  neurons in the mPFC directly regulate the activity of the mPFC-NAcShell circuit that was confrmed to be involved in nicotine-associated behavioural preference by using whole-cell patch-clamp recording in PFC brain slices. We concomitantly injected AAVrg-hSyn-eGFP into the NAcShell, and AAV-EF1a-Flex-hChR2(H134R) mCherry into the mPFC of MOR-Cre rats (Fig. [5](#page-12-0)A). Two weeks after injection, mCherry-labelled MOR<sup>+</sup> neurons and eGFP-labelled pyramidal neurons were found in layer 5 of the mPFC (Fig. [5B](#page-12-0)). To confrm whether ChR2-expressing MOR neurons directly respond to light stimulation, we performed current-clamp recording on mCherry+ neurons and applied blue light on the mPFC region (300 ms, 1 Hz). Light stimuli evoked action potential successfully, and it was completely reproduced on  $MOR<sup>+</sup>$  neurons (Fig. [5](#page-12-0)C). We then performed voltage-clamp recording on eGFP+ neurons which project into the NAcShell. Blue light stimuli evoked the transient inhibitory postsynaptic current (IPSCs) at the holding of +10 mV, and these were completely blocked by 100  $\mu$ mol/L bicuculline, a GABA<sub>A</sub> receptor antagonist (Fig.  $5D-F$  $5D-F$ ). These data indicate that  $MOR<sup>+</sup>$  neurons in the mPFC inhibit NAcShell-projecting pyramidal neurons *via*  $GABA_A$  receptors.

#### **Discussion**

The present study demonstrates the critical role of  $MOR<sup>+</sup>$ neurons in mPFC for the frst time in regulating the behavioural aspect of nicotine addiction by disinhibiting the mPFC-NAcShell circuit. Here we provide a line of evidence that (1) the nicotine-associated behavioural preference was increased after nicotine conditioning, (2) brain-wide voxelbased statistical analysis revealed that the regional brain activity was signifcantly increased in the mPFC and correlated with nicotine-associated behavioural preference, (3) either the chemogenetic activation of  $MOR<sup>+</sup>$  neurons in the mPFC or suppression of the mPFC-NAcShell circuit abolished the formation and retention of the nicotine-associated behavioural preference, and  $(4)$  the MOR<sup>+</sup> neurons in the mPFC directly inhibited layer 5 pyramidal neurons that project into the NAcShell through  $GABA_A$  receptors. Intensive eforts have been made over the past decades to investigate nicotine substance dependence which is mainly induced by the pharmacological efects of nicotine. Nicotine acts on nAChRs, which are abundantly expressed in the posterior ventral tegmental area (VTA) dopaminergic neurons and their presynaptic terminals in the NAc, to facilitate dopamine release in the NAc, which induces reward and reinforces nicotine-sustained intake [[43\]](#page-15-19). Likewise, since the homomeric  $\alpha$ 7 nAChRs expressed in the presynaptic terminal of excitatory glutamatergic input to the VTA dopaminergic neurons, the increased excitatory glutamatergic input from the prefrontal cortical area to the VTA dopaminergic neurons have been implicated as a critical step in initiating nicotine substance dependence. In contrast, nicotine addiction is reinforced by smoking-related cues without the direct pharmacological efect of nicotine. Smoking-related cues, such as conditioned habits or specifc scenes, have been considered a major reason for failure of cessation and high rates of relapse [[44](#page-15-20), [45\]](#page-15-21). In the present study, we successfully established nicotine-associated behavioural preference using the CPP paradigm and demonstrated that specifc manipulation of MOR<sup>+</sup> neurons in the mPFC or the mPFC-NAcShell circuit modulates the nicotine-associated behavioural preference, independent of the direct pharmacological efect of nicotine. These results suggest that endogenous μ-opioid signals in the mPFC modulate excitatory outfow to the NAcShell, resulting in the formation and retention of the behavioural aspect of nicotine addiction.

The mPFC is a key structure that plays a critical role in emotional, cognitive, and executive functions [[46](#page-15-22)] and is known to be involved in behaviour dependence such as gambling and binge disorders. Subjects with gambling disorders show increased prefrontal cortex activity, as measured by functional magnetic resonance imaging [[47](#page-15-23)]. Patients with binge eating disorders also show activation of the ventral medial prefrontal cortex as measured by functional near-infrared spectroscopy [[48](#page-15-24)]. Consistently, our small-animal neuroimaging analysis revealed that regional brain activity in the mPFC was signifcantly increased in response to nicotine-associated behavioural preference and was positively correlated with nicotineassociated behavioural preference (Fig. [2C](#page-6-0)). MORs are expressed in the mPFC and modulate the outfow of the mPFC which may contribute to addictive disorders by altering cognitive and executive functions [[49\]](#page-15-25). MORs are predominantly expressed in inhibitory interneurons in layer 5 of the mPFC and directly modulate projection

pyramidal neurons *via* monosynaptic GABA<sub>A</sub> receptors [[41,](#page-15-17) [50](#page-15-26)]. Consistently, we found that specifc activation of the  $MOR<sup>+</sup>$  neurons in the mPFC inhibited nicotine-associated behavioural preference (Fig. [3](#page-8-0)D, [J\)](#page-8-0). Our whole-cell patch-clamp experiment also clearly demonstrated that the  $MOR<sup>+</sup>$  neurons in the mPFC directly inhibited the pyramidal neurons in layer 5 that projected into the NAcShell (Fig.  $5D$  $5D$ , [E\)](#page-12-0). Together with previous reports that endogenous opioids increased in the mPFC region in association with addictive disorders [[51,](#page-15-27) [52\]](#page-15-28), the present results suggested the crucial role of  $MOR<sup>+</sup>$  neurons in the mPFC modulating the excitatory outflow from the mPFC for the behavioural aspect of nicotine addiction.

We also found that excitatory outflow from the mPFC facilitated NAcShell activity, which may reinforce nicotineassociated behavioural preferences. The NAc receives dense projections from the mesolimbic dopaminergic system, such as the VTA, and is well known to be a key structure in the brain involved in reward processing and reinforcement [[53,](#page-15-29) [54](#page-15-30)]. Several studies have demonstrated that the NAc plays a crucial role in substance dependence through the pharmacological effects of addictive substances, such as cocaine and heroin, which are known to facilitate dopamine transmission in the NAc [[55,](#page-15-31) [56](#page-15-32)]. Recently, functional implications of the NAc have also been suggested in behavioural addiction without any direct stimulation from addictive substances, such as gambling disorders. In individuals with gambling disorders, the release of dopamine in the NAc reaches its maximum when performing a gambling task [[57\]](#page-15-33). Hyper-neural activation of the NAc has also been observed by Fos expression in the early stages of binge eating in a rat model [[58\]](#page-15-34). These observations suggest that the NAc may also interact with higher cognitive and executive functions, which are essential for the development and maintenance of behavioural addiction. The NAc receives intensive projections from the frontal cortex, including the mPFC [\[59\]](#page-15-35) and interacts closely with these regions. Electrical stimulation of the mPFC results in phasic dopamine release in the NAc region [\[60\]](#page-16-0). The interaction between the mPFC and NAc is thought to be an underlying mechanism of some behavioural addictions. In the binge eating disorder model, neural fring rates in the mPFC and NAc signifcantly increased before and during palatable food consumption [[61\]](#page-16-1). In patients with pathological gambling, the right ventral striatum shows increased functional connectivity with the mPFC [\[62](#page-16-2)]. Consistently, we found that chemogenetic inhibition of the mPFC-NAcShell circuit, either during or after nicotine conditioning, suppressed nicotine-associated behavioural preference without afecting nicotine-induced hyper-locomotor activity (Fig. [4](#page-10-0)D, [J](#page-10-0)). These observations indicate that enhanced excitatory transmission from the mPFC to the NAcShell, modulated by endogenous opioid signals in the mPFC, may facilitate the reinforcement of nicotine-associated behavioural preference.

Interestingly, we found that the increased locomotor activity during the nicotine conditioning phase was not affected by chemogenetic manipulation of either MOR<sup>+</sup> neurons in the mPFC or the mPFC-NAcShell circuit (Figs [3](#page-8-0)H and [4H](#page-10-0)). Nicotine administration induces hyper-locomotor activity in rats [\[63\]](#page-16-3). The increase in locomotor activity is potentially partly through the nAChRs located in the VTA [[64\]](#page-16-4). Consistent with this, we found that locomotor activity signifcantly increased in the control group during the conditioning phase immediately after nicotine injection (Fig. [3](#page-8-0)H, [N](#page-8-0), and Fig. [4](#page-10-0)H, [N](#page-10-0)). Although chemogenetic manipulation of either MOR<sup>+</sup> neurons in the mPFC or the mPFC-NAcShell successfully inhibits nicotine-associated behavioural preference, the nicotine-induced hyper locomotor activity was not afected by such specifc manipulation. These results suggest the regulatory role of  $MOR<sup>+</sup>$  neurons in the mPFC and its excitatory outflow to the NAcShell may be independent of the direct pharmacological efect of nicotine. Our brainwide analysis also revealed that the regional brain activity in response to nicotine-associated behavioural preferences was completely diferent from the pharmacological efect of nicotine. As shown in Fig. S1, strong activation was observed in widespread thalamic regions, posterior cingulate cortex, VTA, and dorsal raphe, which mostly corresponded to nAChR distribution in the brain after nicotine injection. In contrast, regional brain activity related to the nicotine-associated behavioural preference was increased in the mPFC, dorsal medial striatum, and dorsal hippocampus and was mostly related to cognition, association, and spatial



<span id="page-13-0"></span>Fig. 6 Schematic displaying that MOR<sup>+</sup> neurons in the mPFC modulate excitatory outfow to the NAcShell to regulate the formation and retention of behavioural aspects of nicotine addiction. (1) The experience of nicotine-conditioning activates the MORs expressed in GABAergic interneurons in the mPFC region. (2) Activation of MORs inhibits the GABAergic interneurons. (3) Inhibition of MOR<sup>+</sup> interneurons results in the disinhibition of excitatory outfow from the mPFC to the NAcShell which contributes to the formation and retention of behavioural aspects of nicotine addiction. GABA, gammaaminobutyric acid; PyN, pyramidal neuron; MOR, µ-opioid receptor; mPFC, medial prefrontal cortex; MSN, medium spiny neuron; NAc-Shell, shell of nucleus accumbens

learning. These results further support our hypothesis that endogenous opioid signals in the mPFC enhance the excitatory innervation of the NAcShell to drive the reinforcement of nicotine-associated behavioural preferences independent of the pharmacological efect of nicotine.

Our study demonstrated the activation pattern of the behavioural aspect of nicotine addiction. However, we did not conduct an experiment on nicotine substance dependence, such as the two-bottle choice. Chronic oral nicotine exposure usually lasts for several months and includes nicotine intake, preference, withdrawal, and escalation of nicotine consumption [\[65](#page-16-5)]. Our CPP paradigm only comprised triple nicotine injections but still successfully induced preference change. Therefore, we assumed that the existence of environmental cues could accelerate the process of nicotine behavioural dependence, in which the MORs and the mPFC-NAcShell circuits participate. Even though we demonstrated that MOR+ neurons inhibit the mPFC-NAcShell circuit through  $GABA_A$  receptors, there is still a limitation in our study that several other receptors also mediate the inhibitory neurotransmission  $[66]$  $[66]$ , such as  $GABA_B$  receptors and glycine receptors. More detailed investigations are needed to confrm whether and how these receptors are involved in nicotine-associated behavioural preference in the future.

In conclusion, our study demonstrated for the frst time that  $MOR<sup>+</sup>$  neurons in the mPFC modulate excitatory outfow to the NAcShell to regulate the formation and retention of the behavioural aspect of nicotine addiction (Fig. [6\)](#page-13-0). Most current intervention clinical trials have shown limited efects on smoking cessation and are mainly based on the pharmacological efects of nicotine. The main reasons for the failure of smoking cessation are attributed to smoking-conditioned habits and environmental cues which lead to nicotine reinforcement and relapse. In the present study, we demonstrated the novel molecular and neuronal mechanisms underlying the behavioural aspect of nicotine addiction which provide new insights for aiding smoking cessation.

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