



Innovative strategies in metastatic gastric cancer: a short review

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Summary Recent innovative advances, especially concerning immunotherapeutic agents and targeted therapies, have changed the face of modern oncology. The year 2020 represents a milestone in the treatment of gastroesophageal cancer because several trials showed promising survival benefits, at least for a specific subgroup of patients. Not only immunotherapeutic agents, but also targeted therapies seem to be beneficial, particularly when the target is well defined and the threshold value is selected appropriately. Thus, many new innovative treatment strategies are underway and might lead to a further paradigm change in the therapy of patients with advanced gastric tumors. This review gives a concise overview of these new therapeutic options and recently approved strategies as well as ongoing studies.

Keywords Gastroesophageal cancer · Gastric cancer · Immunotherapy · Targeted therapy · Upper gastrointestinal cancer · Advanced cancer

Abbreviations

| | |
|--------|--|
| CI | Confidence interval |
| CPS | Combined Positive Score |
| DoR | Duration of response |
| EMA | European Medicines Agency |
| FDA | Food and Drug Administration |
| FGFR2b | Fibroblast growth factor receptor 2b |
| GEJ | Gastroesophageal junction |
| HER2 | Human epidermal growth factor receptor 2 |
| HR | Hazard ratio |

| | |
|---------|---|
| MSI-H | High microsatellite instability |
| n.r. | Not reached |
| ORR | Overall response rate |
| OS | Overall survival |
| PD-(L)1 | Programmed cell death receptor (ligand) 1 |
| PFS | Progression-free survival |
| TMB-H | High tumor mutational burden |

Introduction

Gastric cancer is a major contributor to global disease burden and, thus, new treatment options are desperately needed to improve the outcome of patients suffering from this devastating disease [1]. Although advances in immunotherapy as well as targeted therapy at the beginning of the 21st century have led to major breakthroughs in various types of cancer, these high expectations could only recently be met in trials concerning gastric cancer [2]. Thus, new innovative targets and drugs are underway to improve the care of patients with gastric cancer. The aim of this mini-review is to concisely highlight some promising new treatment approaches of metastatic gastric cancer and their clinical relevance. Trials, which showed clinical and statistical relevant data leading to approval of new therapeutic strategies by appropriate authorities for advanced gastric cancer patients in recent years, are listed in Table 1.

Immunotherapy for gastric cancer

Current treatment landscape with immunotherapeutic agents

So far, the most promising immunotherapeutic target in gastric cancer patients was the programmed cell death receptor 1 (PD-1)/programmed cell death ligand 1 (PD-L1) checkpoint axis [3]. Although some

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Table 1 Innovative therapeutic strategies for advanced gastric cancer, which are already approved by authorities

| Study name | Therapeutic agent | Phase | Histology | Therapy line | Control group | Findings | Population | Approval | Reference number |
|--|---|--------|--|--------------|--|---|--|---|------------------|
| ATTRACTION-2 | Nivolumab | III | Advanced gastric or GEJ cancer | ≥ 3 | Placebo | Median OS: 5.26 vs 4.14 months (HR 0.63, 95% CI 0.51–0.78); $p < 0.0001$ | Asia | 2017–2019 (PD-L1 independent): Japan, South Korea, Taiwan, Singapore and Switzerland FDA → 07/2021 withdrawal by company | [4, 6] |
| KEYNOTE-059 | Pembrolizumab | II | Advanced gastric and GEJ cancer | ≥ 2 | No control group | ORR: 15.5%; 95% CI 10.1–22.4% | North and South America, Asia, Europe | 2017 (CPS ≥ 1): FDA → 07/2021 withdrawal by company | [5, 7] |
| CheckMate 649 | Nivolumab + chemotherapy; (iplimumab + nivolumab) | III | Advanced non-HER2-positive gastric, GEJ or esophageal adenocarcinoma | 1 | Chemotherapy | Median OS: nivo + CHT 14.4 (95% CI 13.1–16.2) vs CHT 11.1 months (95% CI 10.0–12.1) in PD-L1 CPS ≥ 5 pts | North and South America, Australia, Asia, Europe | 2021 (PD-L1 independent): FDA | [8, 9] |
| 5 trials (KEYNOTE-016, 164, 012, 028, and 158) | Pembrolizumab | Ib, II | 149 patients with MSI-H cancers | ≥ 2 | No control group | ORR (retrospective analysis): 39.6% (95% CI: 31.7, 47.9) | North and South America, Australia, Asia, Europe | 2017 (MSI-H; without satisfactory alternative treatment options): FDA | [11] |
| KEYNOTE-158 | Pembrolizumab | II | MSI-H advanced non-colorectal cancer | ≥ 2 | No control group | TMB-H (retrospective analysis); ORR: 29% (95% CI 21–39); DoR: not reached | North and South America, Australia, Asia, Europe | 2020 (TMB-H; without satisfactory alternative treatment options): FDA | [12] |
| KEYNOTE-811 | Pembrolizumab + trastuzumab and chemotherapy | III | HER2-positive metastatic gastric/GEJ cancer | 1 | Placebo + trastuzumab and chemotherapy | ORR: pembro 74% (95% CI 66–82) vs placebo 52% (95% CI 43–61) arm; one-sided p -value < 0.0001 | North and South America, Australia, Asia, Europe | 2021 (HER2-positive, PD-L1 independent): FDA | [24, 25] |
| DESTINY-Gastric01 | Trastuzumab derux-tecan | II | HER2-positive advanced gastric/GEJ cancer | ≥ 3 | Chemotherapy | Median OS: 12.5 (95% CI 9.6–14.3) vs 8.4 months (95% CI 6.9–10.7); HR 0.59 (95% CI 0.39–0.88); $p = 0.0097$ | Asia | 2021 (HER2-positive; prior trastuzumab-based regimen): FDA, Japan | [26, 27] |
| FIGHT | Bemarituzumab + chemotherapy | II | FGFR2b-positive, HER2-negative advanced gastric/GEJ cancer | 1 | Chemotherapy + placebo | Median OS: 25.4 months (95% CI: 13.8, n.r.) vs 11.1 months (95% CI: 8.4, 13.8) for pts with ≥ 10% FGFR2b+; HR 0.41 (95% CI 0.23–0.74) | North America, Australia, Asia, Europe | 2021 (FGFR2b-positive, HER2-negative): FDA | [29, 30] |

CI confidence interval, CPS Combined Positive Score, DoR Duration of response, EMA European Medicines Agency, FDA Food and Drug Administration, FGFR2b fibroblast growth factor receptor 2b, GEJ gastroesophageal junction, HER2 human epidermal growth factor receptor 2, HR hazard ratio, MSI-H high microsatellite instability, n.r. not reached, ORR overall response rate, OS overall survival, PD-(L)1 programmed cell death receptor (ligand) 1, PFS progression-free survival, TMB-H high tumor mutational burden

studies showed a significant benefit for all patients enrolled [4], most trials indicate that specific patient subgroups (such as high PD-L1 expression or high microsatellite instability [MSI-H]) profit most from immune checkpoint inhibition [5]. Thus, the evaluation of PD-L1 expression using Combined Positive Score (CPS) became part of the routine diagnostic work-up of tumor tissue. Yet, the cut-off levels for therapeutic approvals are still widely discussed. The results of the ATTACTION-II trial were published independent of PD-L1 expression and led to an approval of nivolumab independent of CPS expression [6].

However, in the phase II KEYNOTE-059 trial the cut-off level for PD-L1-positivity was defined as $CPS \geq 1$ (median response duration was 16.3 [1.6+ to 17.3+] months in patients with PD-L1-positive and 6.9 [2.4 to 7.0+] months and PD-L1-negative tumors) and, thus, pembrolizumab was approved by the Food and Drug Administration (FDA) as a third and further line therapy in $CPS \geq 1$ patients with metastatic gastroesophageal adenocarcinoma [5, 7]. However, by July 2021, the company voluntarily withdrew this accelerated approval indication.

However, the CheckMate 649 trial found that patients with $CPS \geq 5$ showed the most significant benefit (overall survival hazard ratio [OS HR] 0.71, 98.4% CI 0.59–0.86; $p < 0.0001$) when adding nivolumab to standard chemotherapy. Interestingly, this combination was approved by the FDA in 2021 regardless of PD-L1 expression status and is currently under investigation by the European Medicines Agency (EMA) [8, 9].

Other important and already established biomarkers that indicate response to checkpoint inhibition are MSI, which is surmised to be high (MSI-H) in around 4–5% of all advanced Western gastric tumor cases, and tumor mutational burden (TMB) [10]. Thus, the FDA approved immunotherapy with pembrolizumab for the treatment of unresectable or metastatic MSI-H and TMB-H solid tumors that have progressed following prior treatment independent of tumor location and which have no satisfactory alternative treatment options (“tissue agnostic approvals”) [11, 12].

These findings underline the importance of patient selection and changed the face of gastric cancer treatment.

Strategies to overcome the immune cold tumors

As mentioned above, a major issue concerning immunotherapy is that only a subset of patients achieve responses. Thus, the identification of underlying mechanisms for primary resistance to immunotherapy are of major concern [13]. Recent studies characterized these immunologically “cold” tumors by a lack of infiltrating T cells in the tumor microenvironment. Consequentially, tumor cells stay unrecognized by the immune system and, thus, do not respond to checkpoint inhibition.

However, it is surmised that these “cold” tumors can be transformed into “hot” and inflamed tumors by several strategies including neutralizing immunosuppression at the tumor site by combining immunotherapeutic approaches, modifying the tumor vasculature by targeting endothelial growth, targeting the tumor cells themselves with chemotherapy, inducing local inflammation with radiation therapy, or increasing the frequency of tumor-specific T cells with personalized approaches such as CAR T cell therapy [13].

Combination with targeted therapies

Especially, the combination with targeted therapy for angiogenesis and growth pathways has gained importance in recent years.

The combination of nivolumab and regorafenib is currently under investigation. The recently published phase Ib REGONIVO trial found encouraging antitumor activity in patients with gastric cancer in a third and further line setting (median PFS 5.6 months), thus, warranting additional investigations in larger cohorts [14]. Furthermore, ramucirumab was investigated in combination with paclitaxel plus nivolumab and showed promising anti-tumor activity (median OS 13.8 months [95% CI 8.0–19.5 months] in $CPS \geq 1$ patients) [15]. Another approach evaluated the combination treatment of lenvatinib, a multikinase inhibitor of VEGF receptors and other receptor tyrosine kinases, with pembrolizumab and a response rate of 69% (95% CI 49–85) was demonstrated [16].

There are several ongoing trials evaluating the combination of the checkpoint inhibitor durvalumab with targeted therapies, e.g., with cabozantinib in CAMILLA trial and with ramucirumab in a phase Ib trial [17, 18].

Combination of anti-PD-1/PD-L1 drugs with other checkpoint inhibitors

Although the concept of neutralizing immunosuppression at the tumor site by combining immunotherapeutic approaches, the combination of anti-PD-1/PD-L1 drugs with other checkpoint inhibitors, so far no practice changing trials can be reported in gastric cancer. However, several studies suggest promising new combination strategies including combination with cytotoxic T lymphocyte antigen-4 (CTLA-4; drug: ipilimumab; trials: CheckMate-032 [19], Moonlight trial [20]), lymphocyte activation gene-3 (LAG3; drug: relatlimab; trials: FRACTION [21], REACTION), T cell immunoglobulin and mucin-domain containing-3 (TIM-3), T cell immunoglobulin and ITIM domain (TIGIT), V-domain Ig suppressor of T cell activation (VISTA), OX40 (CD134) and B and T cell lymphocyte attenuator (BTLA) [22, 23].

Targeted therapy for gastroesophageal tumors

Targeting HER2 beyond trastuzumab:

In the field of HER2-positive (human epidermal growth factor receptor 2) gastroesophageal cancer, a recently published phase II trial evaluating first-line pembrolizumab and trastuzumab in combination with chemotherapy showed promising response rates and, thus, was the impulse for a randomized phase 3 clinical trial (KEYNOTE-811) [24]. First results of the KEYNOTE-811 trial found that the overall response rate (ORR) was 74% (95% CI 66–82) in the pembrolizumab arm and 52% (95% CI 43–61) in the placebo arm (one-sided p -value <0.0001) and, thus, the combination of pembrolizumab, trastuzumab and chemotherapy (ToGA regimen) has been recently approved by the FDA for the first-line treatment of HER2-positive advanced gastric cancer [25].

Another new approach that was recently approved by the FDA for HER2-positive patients who have received a prior trastuzumab-based regimen is the drug trastuzumab deruxtecan, a novel antibody-drug conjugate [26]. The drug was evaluated by the phase II DESTINY-Gastric01 trial in a third and further line setting in comparison to chemotherapy and showed a significantly longer median OS (12.5 vs. 8.4 months; HR 0.59; 95% CI 0.39–0.88; $p=0.01$) [27].

Attempts for novel targets

Claudin 18.2 (CLDN18.2) protein is physiologically confined to gastric mucosa tight junctions and is exposed on the cancer cell surface upon malignant transformation.

In the phase II FAST trial, patients with advanced gastric cancer and a CLDN18.2 expression in $\geq 70\%$ of tumor cells were treated with the anti-Claudin 18.2 antibody zolbetuximab in combination with chemotherapy. Zolbetuximab generated prolonged OS rates in this patient subgroup (HR 0.55; 95% CI 0.39–0.77; $p<0.0005$) [28]. Based on this data, two phase III trials have been initiated, which will reveal first results within the next few years.

Fibroblast growth factor receptor 2b (FGFR2b) is another very interesting target, which was tested in the FIGHT study. The anti-FGFR2b antibody bemarituzumab in combination with chemotherapy as first-line revealed very promising results in FGFR2b-positive patients, which led to the designation of bemarituzumab as a breakthrough therapy by the FDA (OS HR 0.66; 95% CI 0.39–1.12) [29, 30].

Discussion

Despite the improvement of modern cancer medicine including immunotherapies and targeted therapies, new therapeutic approaches seem to be efficiently in only specific subgroups of patients. To improve pa-

tient outcome with these new treatment options, it is of highest importance to define these subgroups more accurately. The evaluation and implementation of new biomarkers seems to be the key for adequate patient selection leading to high treatment efficacy. In case of immunotherapy, this selection is mainly based on PD-L1 expression, MSI status and, more recently, on TMB. However, looking at response rates it is evident that despite these biomarkers there is still significant percentage of patients who do not respond to treatment. Thus, underlining the fact that further strategies should be implemented to develop predictive markers.

Another critical issue is to overcome so called “cold” tumors, thereby improving treatment response. New combination strategies including combinations of the inhibition of the PD-(L)1 axis with chemotherapy, radiation therapy, other immune checkpoint inhibitors and targeted therapies are underway into clinical practice to overcome this treatment resistance.

Finally, critical issues to consider for new drug approvals are tolerability, impact on quality of life, and financial considerations. Future studies need to include these major considerations in clinical trial design in order to achieve more adequate implementation of new therapeutic agents into real-life cohorts and guidelines.

In conclusion, recently published studies led to a paradigm change of advanced gastric cancer treatment and several new innovative approaches are underway to further improve the management of patient subgroups.

Take home message

New innovative targets and drugs are underway to improve the care of patients with advanced gastric cancer. This mini-review highlights promising new treatment approaches and their clinical relevance.

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