



Impacts of Urbanization and Development on Estuarine Ecosystems and Water Quality

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Abstract

Urbanization and human-led development have increased more rapidly along shorelines and in coastal watersheds than inland regions over the past century. The result of major land use changes for both urban tracts and agriculture to serve the urban areas, as well as infrastructure development is increased runoff carrying sediments, nutrients, pollutants, pharmaceuticals, and toxins downstream to estuarine systems. The increased runoff levels are only the tip of the iceberg, with human development resulting in increased fecal bacteria from urbanization and excess nutrients from agriculture leading to harmful algal blooms. Estuaries act as a natural filter between land and sea, but have been overloaded by the influx of sediments and pollutants in recent decades. As a result, there have been a variety of impacts to estuarine ecosystems and water quality including increased sediment load, eutrophication, harmful algal blooms, fecal bacteria, as well as shellfish and fisheries declines. In some estuarine systems, the reduction in light penetration to the benthos has led to the loss of seagrasses. In others, seasonal hypoxia is a visible symptom of prolonged eutrophication. There is a need to augment long-term monitoring techniques with new technologies and data processing methods to better understand the current state of estuaries and work towards mitigating human impacts on estuarine ecosystems and water quality.

Keywords Estuarine ecosystems · Water quality · Urbanization · Human impacts · Oysters · Suspended sediments · Harmful algal blooms

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Introduction

Urbanization is transforming the world's coastlines on timescales of years to decades. Human population centers tend to be near rivers and coastlines. In 2010, 123.3 million people, or 39% of the US population, lived in counties directly on the shoreline (Fig. 1). This population is expected to increase by about 10 million people, or 8%, from 2010 to 2020 (<https://oceanservice.noaa.gov/facts/population.html>). While less than 20% of land in the USA is in a coastal watershed county, these counties are home to more than half of the population (53%). From 1970 to 2010, coastal shoreline counties added 125 people per square mile, over three times the national average of 39 people per square mile (<http://stateofthecoast.noaa.gov>). As human populations continue to grow and urbanization escalates in coastal and watershed counties, waterways and aquatic ecosystems are often adversely affected. Estuaries, the natural buffer zone between rivers and the ocean, are among the most

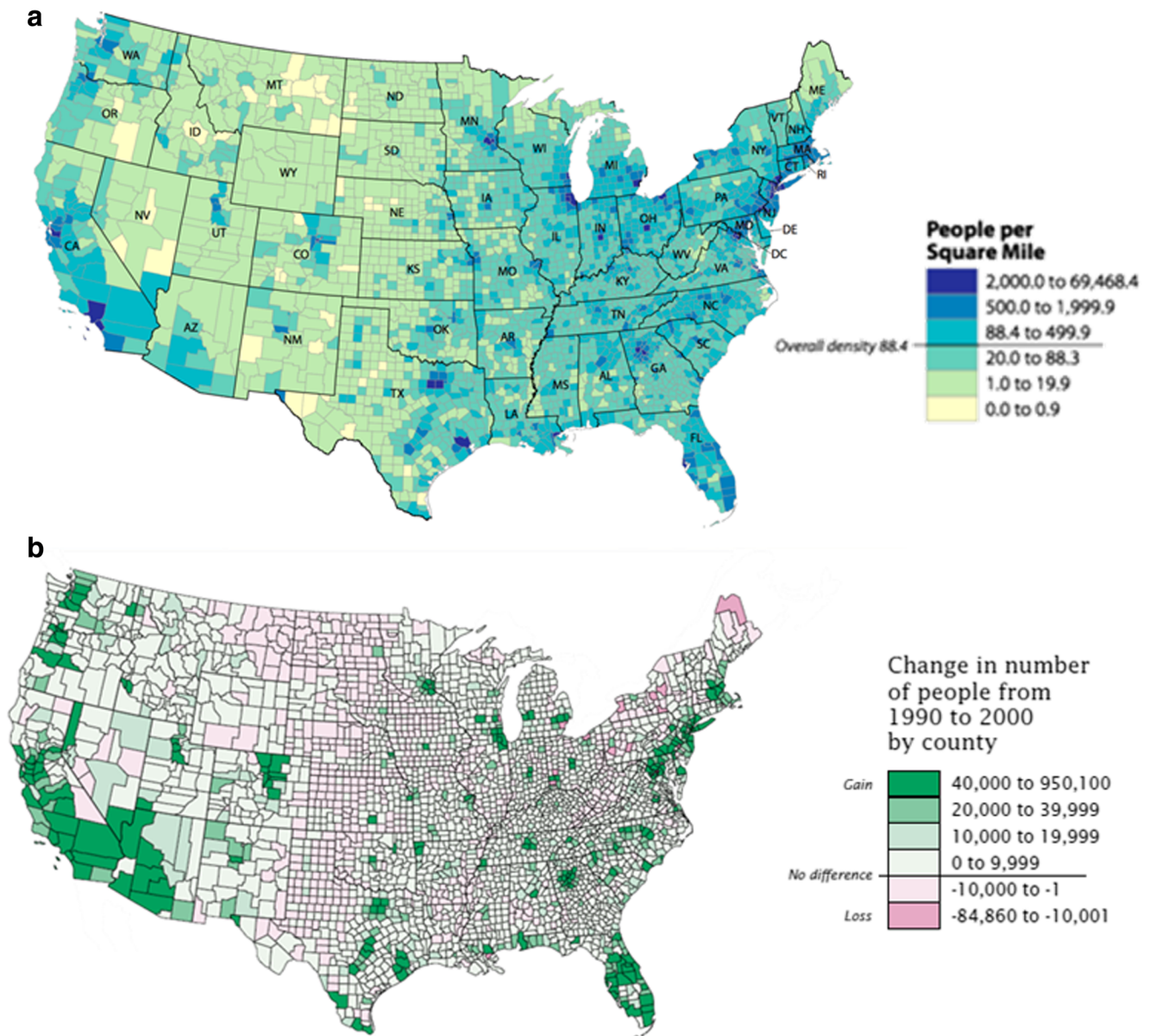


Fig. 1 US population density by county in 2010 (**a**) and population change by county from 1990 to 2000 (**b**), courtesy US Census Bureau. Note higher population densities in coastal counties as well as more rapid population growth along coasts and in watersheds in the twenty-first century

impacted waterways and aquatic ecosystems. Estuaries are particularly vulnerable because they often have a large watershed, much greater than their own area. Impacts of urbanization on estuaries include increases in sediment, nutrient, and fecal microbial loading and subsequent shifts in water quality, potentially leading to harmful algal blooms; changes in streamflow and salinity; and the subsequent effects of these environmental shifts on plankton, marshes, seagrasses, shellfish, and fish within the estuary (Dauer et al. 2000; Mallin et al. 2000; Alberti 2005; Carle et al. 2005; Campos and Cachola 2007; Paerl et al. 2014; Lemley et al. 2018a).

Water quality further impacts quality of life for humans living near estuaries as events like harmful algal blooms and high

turbidity may limit recreational use of the waters, and could incur an economic cost as well. Despite the value of the ecosystem services provided by estuaries, most urban design planning takes little account for neighboring estuarine waterways. Rapid urbanization in the past century has put immense stress on these systems that has resulted in sometimes dramatic shifts in water quality and fish/shellfish stocks, with some oyster grounds completely extirpated due to microbial pathogens and historical levels a distant memory (Figs. 2 and 3). Those shellfish beds that are still surviving are often closed to fishery collections due to microbial pathogens. It is thus critical to understand the specific effects of urbanization on estuarine waterways and ecosystems to mitigate the potential harm caused by this process. This is more imperative now than ever

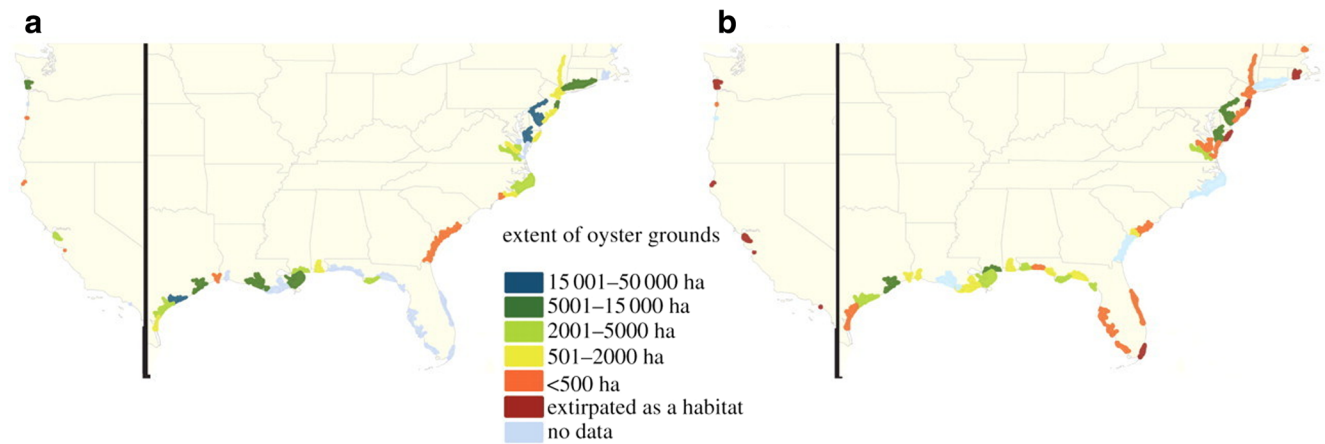


Fig. 2 Oyster ground extent in US estuaries historically (a) and presently (b). Note significant decline throughout US coastal and estuarine regions regardless of latitude or coast (Zu Ermgassen et al. 2012, reprint of open access material)

given many estuaries are now beyond their capacity to assimilate or process these inputs, although that the same pollutants, excess nutrient loads, and toxic materials make their way downstream to the oceans.

Many estuaries have monitoring systems in place in response to the stress of human impacts and the intrinsic value of these systems. In 1987, the Environmental Protection Agency (EPA) National Estuary Program recognized 28 estuaries of national significance along the US Atlantic, Gulf, and Pacific coasts and in Puerto Rico (<https://www.epa.gov/nep>). Several years later, the National Oceanographic and Atmospheric Administration (NOAA) National Estuarine Research Reserve System, a network of 29 coastal sites, was designated to protect estuarine

systems (<https://coast.noaa.gov/nerrs/>; Voulgaris and Meyers 2004). Globally, marine protected areas such as these serve to protect estuarine systems as well as monitor flora, fauna, and water quality (<http://www.mpatlas.org/>; Washburn and Sanger 2011). While monitoring is critical for understanding changes over time, methods utilized today have changed little over the past decades. Likely due to their proximity to human population centers, many estuaries have had the luxury of scientific monitoring for decades including measurements of nutrients and suspended sediment loads. These historic data provide important baseline information for studying changes to estuaries over time. The benefit is that multi-decadal stages are being published examining ecosystems (e.g., Thronson and

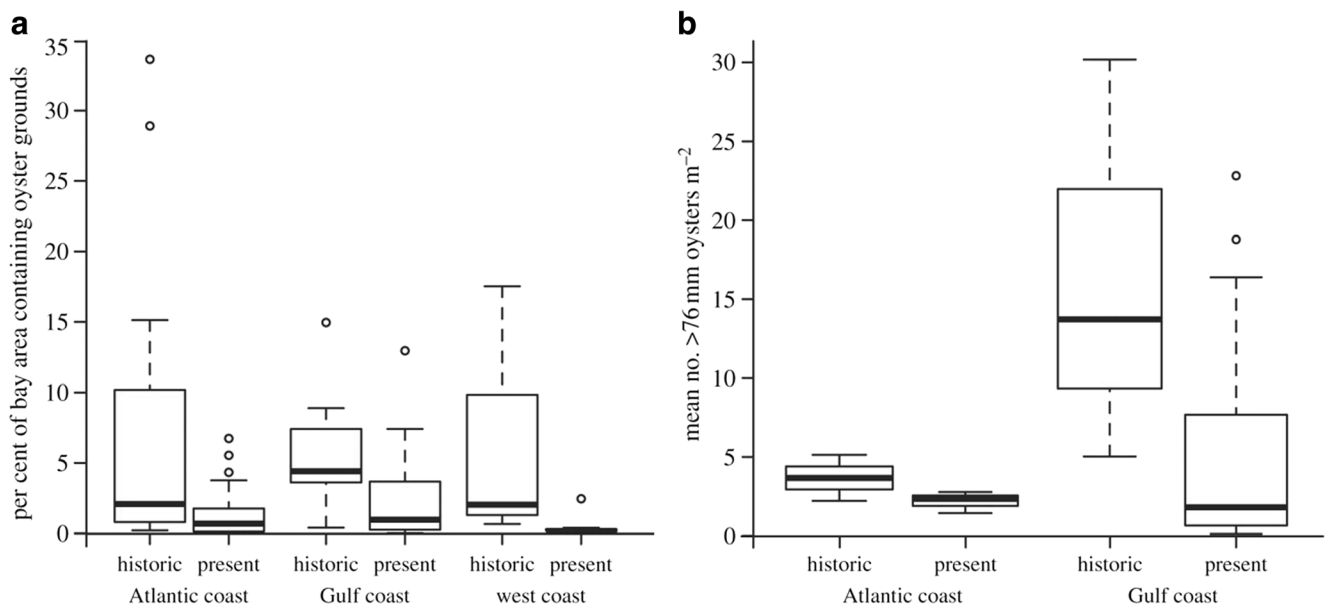


Fig. 3 Percentage of estuary area containing oyster grounds historically and present by US coast line (Zu Ermgassen et al. 2012, reprint of open access material)

Quigg 2008; Paerl et al. 2014; Steichen and Quigg 2018) which reveal the prevailing consequences of long-term land use changes on water quality, including its degradation.

Given the high flux volumes and rapid transformations occurring in estuaries worldwide, there is a pressing need to incorporate modern technologies and methods alongside traditional monitoring to improve our understanding of estuaries and human impacts on water quality and estuarine ecosystems. Here, several direct impacts of urbanization on estuarine ecosystems and water quality are discussed. The breadth of topics included is representative of the wide range of human impacts, many of which are not immediately apparent to the individuals living in population centers adjacent to the coast. Effects are potentially only perceivable downstream or after a time delay, making it even more important to understand adverse effects of human impacts and urban development on our natural buffer zones so that preventative action and mitigation strategies can be enacted.

Sediment Dynamics in Tidal Creek Systems

Tidal creeks act as a gateway between uplands and marshes to estuaries and coastal waters. These smaller water bodies are influenced by both freshwater flows running off the landscape and continuous tidally driven changes in salinity (Holland and Sanger 2008). The upland areas of these watersheds are often popular locations for development due to the adjacent coastal landscape. These ecosystems are important habitat for commercial and recreation fishes, including seatrout, crevalle jack, flounder, spadefish, spot, black drum, blue crab, brown shrimp, and white shrimp (Hackney et al. 1976; Shenker and Dean 1979; Kneib 1997; Beck et al. 2001). Tidal creeks act as a gateway of sediments, nutrients, and water to and from adjacent wetlands. The wetlands serve vital roles for ecosystems, act as niche habitats for organisms, act as an initial “filter” of water from the landscape, and provide coastal protection from storms through wave attenuation (Daborn et al. 1993; Goodwin et al. 2001; Granek et al. 2009; Townend et al. 2011; Shi et al. 2012; Möller et al. 2014). The physical and biological dynamics of tidal creek and wetland ecosystems are intricately connected. Changes that occur at that landward (e.g., stormwater runoff, shoreline hardening, land clearing) and seaward (e.g., trawling, sea level change) ends of tidal systems may alter the resilience of these habitats in the future. Rapid economic development and associated land use change in these coastal areas can increase point and nonpoint source pollution loading into these tidal creeks and nearby estuaries, influencing productivity, biodiversity, and ecological functioning of these systems (Vitousek et al. 1997). Previous research on tidal creek systems has focused primarily on freshwater discharge, water quality, macrobenthic communities, and biodiversity (Voulgaris and Meyers 2004; Corbett et al. 2007; Sanger et al. 2008; Corbett et al. 2009; DiDonato et al. 2009; Washburn and Sanger 2011; Gleeson et al. 2013; Webster et al.

2013; Sanger et al. 2015). There has been much less focus on the response of sediment dynamics associated with land use change, particularly development, in these critical coastal ecosystems.

Suspended sediment is cited as the most prolific water pollutant (USEPA 2004, 2006) and therefore studying sediment dynamics within coastal tributaries and estuaries is critical to better management. It is commonly found that sediments introduced to coastal systems are chemically and physically bound with terrestrially based nutrients and other sediment associated pollutants (e.g., heavy and trace-metals, herbicides, pesticides) and ultimate degradation of these water bodies (Schropp et al. 1990; Riggs et al. 1991; Phillips 1997; Paerl et al. 1998; Hyland et al. 2000; Buzzelli et al. 2001; Paerl 2006). In shallow coastal tributaries and estuaries, there is continuous exchange and deposition of particle-reactive materials between the water column and bed sediment (Giffin and Corbett 2003). Because of this, there is a need to study the sediment dynamics of these urbanized estuarine systems if we are to better understand their function as sediment sources or sinks, as well as their sedimentological characteristics. However, only focusing on the sediments does not provide insight into the drivers that lead to the ultimate accumulation of material. Additional focus on the biogeochemical transformations of the material along its route to deposition/accumulation would better link the sediments to the biological community and productivity. Other studies have shown the impact of development in tidal creek watersheds to detrimental changes in the benthic biological community (Lerberg et al. 2000; Holland et al. 2004). Linking sediment delivery, quality, and dynamics to land use change and biological diversity/productivity would be a next logical step in better managing these systems.

Remote Sensing of Suspended Sediment Concentrations

Estuaries have long been considered a “filter” for suspended sediments and material bound to those sediments such as pollutants and organic debris (Schubel and Carter 1984). Classically suspended sediment study was limited case studies using water samples and cores. Satellite and aerial imaging of waterways provides a means of rapidly filling spatiotemporal gaps in traditional sampling of suspended sediment concentration; however, it does so at the cost of spatial resolution. Satellite-based instruments image a particular scene on a daily to weekly timescale, with a spatial resolution of 15–250 m. Studies combining field data collection of water samples with remote sensing imagery evaluation have found a high degree of accuracy even in coarse spatial resolution (250 m) MODIS imagery (Miller and McKee 2004). The broad spatial information offered by remote sensing is critical for examining sediment loads in estuarine systems as transport may occur on scales of 1000s of kilometers (e.g., Van Rijn 1993; Miller

and McKee 2004). Use of remotely sensed imagery also allowed assessment of a large spatial scale on prolonged time scales (20+ years) from historical records (e.g., Zhou et al. 2017; Wang et al. 2018).

Many studies have explored the relationship between remote sensing reflectance at the sea surface from an atmospherically corrected satellite image and suspended sediment concentration, as early as the 1980s (Stumpf and Pennock 1989). There is an exponential relationship between these quantities, particularly at mid-range sediment concentrations from about 10 to 30 mg/L (Freeman et al. 2017). A wide variety of algorithms have been developed to link these two quantities using in situ data alongside concurrently collected satellite or aerial imagery. It is critical to carefully assess the conditions under which an algorithm was developed prior to applying it to a new imagery dataset. Many field-based algorithms are linear and are most applicable to the conditions under which they were developed, and will not perform well for regions with much higher or lower concentrations of suspended sediment (Freeman et al. 2017) (Fig. 4). That said, there is immense information contained in remotely sensed imagery for studies of suspended sediment loads in estuarine systems, or related material such as organic matter, chlorophyll, and pollutants which bind to sediments. Studies combining in situ samples with remotely sensed imagery provide the highest degree of accuracy and spatial extent; however, enough ground work has been laid to date to extrapolate meaningful information about sediment concentration from satellite imagery for nearly any estuarine system.

While earlier studies focused on validating relationships between remote sensing reflectance and suspended sediment concentration, the abundance and improved resolution of remotely sensed imagery has allowed for more detailed studies. Mixing over distance is now being studied remotely and on a larger scale thanks to Landsat imagery (Umar et al. 2018). Interplay of different physical forcing from tides, waves, and seasonal events such as monsoon are now being tied to sediment load with a high level of fidelity utilizing a combination of geostationary and mobile platforms (Zhou et al. 2017). Furthermore, remote sensing has opened a window to understand variability of different physical influences (such as freshwater inflow and wave events) on regions of clear and turbid water in both shallow and deep water (Ruhl et al. 2001). Established relationships tend to link one band (usually red or infrared) of remote sensing reflectance to suspended sediment concentration. Modest performance increase has been obtained using multi-band algorithms for scenarios where a higher degree of accuracy may be necessary (DeLuca et al. 2018).

Harmful Algal Blooms—Insight from a South African Case Studies

The increased global incidence of harmful algal bloom (HAB) events is closely linked to the urbanization of coastal areas resulting in intensification of anthropogenic nutrient loading (Paerl and Scott 2010; Havens and Paerl 2015). The primary concern arising from such HAB events is founded in the array

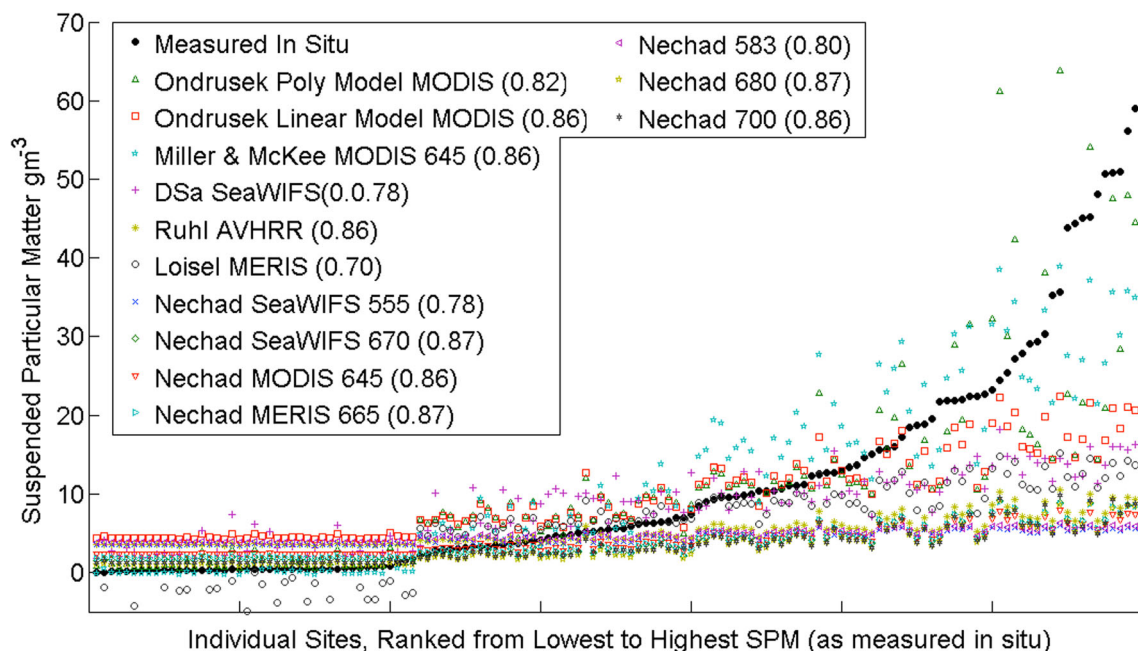


Fig. 4 Comparison of suspended particulate matter (SPM) measured in situ from water samples in a variety of water types with calculated SPM utilizing at surface reflectance from a handheld radiometer and a suite of algorithms relating reflectance to sediment load. Note that there is

increased spread between calculated values at higher sediment concentrations, and that each algorithm has a “niche range” in which it performs well. (Freeman et al. 2017)

of possible consequences. Some of these include oxygen depletion related to bloom decay processes (i.e., respiration), direct toxic effects on higher trophic levels (i.e., shellfish poisoning and bioaccumulation), mechanical interference and suffocation of faunal communities (e.g., mucilage production), and habitat destruction through shading of submerged aquatic vegetation. Further complicating the issue of HABs are the variety of mechanisms employed by species—both microalgae and protozoans—which enable their proliferation. Therefore, global issues, such as the accelerated distribution, frequency, magnitude, and variety of HABs, “require the interfacing of phenomena that occur on very different scales of space, time and ecological organization” (Levin 1992).

The dynamics of HABs, and phytoplankton communities in general, are controlled by both local processes and physical transport processes (Qin and Shen 2017). A combination of bottom-up (e.g., nutrient supply, light availability, temperature) and top-down (e.g., grazing pressure and interspecies competition) controls constitute the local processes structuring these communities. Alternatively, external transport processes (e.g., tidal exchange, freshwater discharge and wind-driven circulation) serve as the physical forces driving observed patterns. Therefore, given the plasticity regarding the periodic fluctuations for each of these processes (hourly, daily, seasonally, annually, or stochastic), the relative importance of local and external transport drivers varies with timescales. As such, gaining an understanding of external and internal processes governing spatio-temporal patterns of phytoplankton communities allows for natural progressions to be discerned from anthropogenically induced change (Hall et al. 2015). Detailed site-specific investigations of HABs are thus required to explain the diversity of patterns at multiple temporal scales and to understand the ecological significance thereof (Cloern and Jassby 2010).

Given the significant economic and social development opportunities provided by aquatic ecosystems, the prevention of continued urbanization and expansion of catchment activities is unlikely (Satterthwaite et al. 2010), thus necessitating an adaptive and proactive approach to conservation of these ecosystems. Potential management options geared at restoring a degree of natural phytoplankton functionality at an annual or seasonal scale are primarily catchment based, while those aimed at disrupting short-term processes can be implemented at the catchment scale or in situ. The Zandvlei (Cape Town) and Swartkops (Port Elizabeth) estuaries provide two South African examples of where increased urbanization has culminated in eutrophic conditions and the proliferation of HABs. The temporarily open/closed Zandvlei Estuary is subject to numerous impacts associated with urbanization, including catchment hardening (increased runoff), river canalization, dredging, habitat loss, flow obstruction (weir and causeway construction), and elevated nutrient inputs. The impacted nature of the system, low salinity environments (< 10), and the

propensity for closed mouth conditions have facilitated periodic HAB proliferations of *Prymnesium parvum* (Prymnesiophyceae) since the 1970s (Whitfield et al. 2016). In 2012, an extensive bloom of *P. parvum* significantly discolored surface waters and resulted in oxygen depletion and mass fish mortalities within the estuary. Subsequently, an effective adaptive management approach geared at preventing such incidents, together with continuous monitoring, has been adopted by the local authorities. Current management interventions include submerged macrophyte harvesting (maintain nutrient uptake capacity), mouth manipulation (increased salinity variability), and dredging (improved connectivity).

Unlike the Zandvlei Estuary, management of the permanently open and eutrophic Swartkops Estuary is more complex given its size and multiplicity of anthropogenic activities concentrated in the lower reaches of its catchment, including industrial, wastewater treatment plants (WWTP), and stormwater inputs (Scharler and Baird 2003; Lemley et al. 2017a). Of these, the WWTP inputs have the most notable impacts, with the effects being twofold, i.e., consistent daily inputs of freshwater and inorganic nutrients. Therefore, because the probability of reducing discharge rates from the WWTPs is unlikely, due to the high demand placed on these facilities, efforts should be focused on reducing the high N and P loading. One way in which this can be achieved is through the adoption of a dual-nutrient reduction approach to wastewater treatment (Conley et al. 2009). Interestingly, the high inorganic P levels in the Swartkops Estuary currently serve to skew inorganic N:P molar ratios which in turn constrain the magnitude of phytoplankton blooms through N-limitation. In saying this, HABs of species belonging to the *Peridinium* genus (Dinophyceae) have been documented to occur in the stratified, occasionally hypoxic, upper reaches of the estuary (Lemley et al. 2017a). Therefore, exacerbated eutrophication symptoms (e.g., HABs) could be expected in the estuary by only reducing P loads.

Thorough assessments of HAB dynamics in South African estuaries have been largely understudied, with the Sundays Estuary providing the only example in the literature where this has been addressed. Linked to the urban demand for agricultural products (Satterthwaite et al. 2010), accelerated rates of urbanization are central to the expansion of agricultural activities in the Sundays Estuary catchment. An early study in the late 1980s (Hilmer and Bate 1991) was the first to document the occurrence of two HAB species, namely *Heterocapsa rotundata* (Dinophyceae) (formerly *Katodinium rotundatum*) and *Heterosigma akashiwo* (Raphidophyceae). As such, a recent review of microalgae as indicators in South African estuaries (Lemley et al. 2016) highlighted—among others—the need for (1) “hypothesis-driven,” fine-scale experimental research, and (2) comprehensive autecological studies of HAB species. Geared at

addressing these knowledge gaps, an intensive 3-year sampling program was initiated in the Sundays Estuary. Annual (Lemley et al. 2017a) and seasonal (Lemley et al. 2017b) studies verified the persistently eutrophic condition of the estuary and, more specifically, the progressive and recurrent nature of extensive HABs of *H. akashiwo* and *H. rotundata* (> 550 $\mu\text{g Chl-}a/\text{L}$) occurring in spring/summer and winter, respectively. The Sundays Estuary provided an ideal ecosystem to delve into the short-term processes (daily and hourly studies) driving phytoplankton dynamics, due to its highly regulated (interbasin water transfer scheme and irrigation canal network) and seasonal (temperature profiles, nutrient inputs and phytoplankton dynamics) nature. These investigations (Lemley et al. 2018a, b) identified seasonal bottom-water hypoxia trends to be a direct consequence of collapsing *H. akashiwo* spring/summer HABs. Additionally, inorganic nutrient availability (nitrate and phosphate) was identified as the key bottom-up control promoting biomass accumulation, while also limiting the magnitude and duration of HAB events, while a vertically stratified water column concomitant with mesohaline surface waters (~ 10) were identified as conditions promoting the success of observed HAB species (*H. akashiwo*, *H. rotundata*, *Mesodinium rubrum*, and *Karenia* cf. *mikimotoi*). The significance of internal biotic processes was revealed during the hourly investigation, with the plasticity of diel vertical migration behavior, reliance of *M. rubrum* on suitable cryptophyte “prey” resources, and the allelopathic effects of *H. akashiwo* on co-occurring taxa explaining phytoplankton community dynamics beyond the influence of physicochemical variability. These findings provided insight regarding the ecology of HAB taxa and how they have adapted to thrive in anthropogenically manipulated environments. As such, the broad- to fine-scale information obtained for the Sundays Estuary (Fig. 5) offered the opportunity to suggest management options specifically geared at mitigating against the occurrence of HAB proliferations in similar ecosystems, including urbanized systems. Potential management actions during HAB periods include mechanical harvesting and algal flocculation techniques as a means of biomass removal (Dai et al. 2015). However, many HAB species are well-adapted to persisting during unfavorable conditions, e.g., alternating benthic-pelagic life histories and mixotrophic capabilities. Therefore, the most feasible approach regarding the management of HABs in estuaries is to implement measures at the catchment scale (e.g., beneficial management practices, recycling of wastewater, and scheduled dam releases). These will serve to increase the incidence of episodic disturbances and reduce the extent of press disturbances, with the ultimate objective of (1) maintaining a state of flux in the phytoplankton community, (2) limiting the frequency and magnitude of HAB events, and (3) disrupting the seasonal nature of bottom-water hypoxia (Fig. 6).

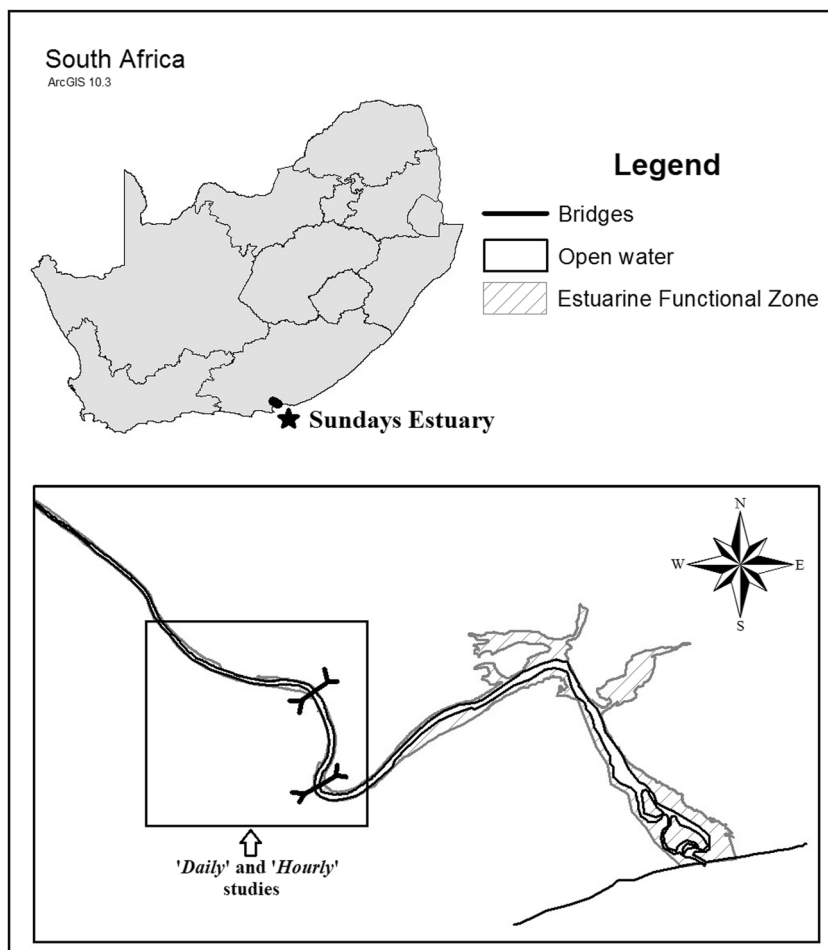
The persistent occurrence of harmful phytoplankton taxa is a new feature in South African estuaries, and as such further research is required to assess the distribution, magnitude, variety, and ecology thereof. However, given the logistical constraints associated with many developing regions, including South Africa, there are numerous research gaps which need to be addressed to facilitate effective management of HABs, some of which include:

1. Identification of alternative resource pools (i.e., organic nutrients and bacterial communities) that facilitate the persistence and dominance of HAB species.
2. Microcosm experiments aimed at isolating the effect of specific environmental variables on HAB species to make predictions regarding global change scenarios.
3. Assessment of how primary consumer communities (e.g., copepods and larval fishes) respond during HAB periods.
4. Molecular comparisons with global strains of HAB species to elucidate the potential dispersal mechanisms facilitating their global occurrence.
5. Feasibility studies of remote sensing as a tool with which to monitor estuarine HABs.
6. Installation and implementation of continuous in situ HAB monitoring technologies.

Pathogen Accumulation in Shellfish Due to Urbanization Near Estuarine Watersheds

Human illness associated with bacterial pathogens has risen alongside population density growth in major cities (i.e., New York City) since the late nineteenth century. This time period corresponds with the initial construction of sewage systems in many urban areas, which delivered human wastes to the nearby estuaries (Rippey 1994). Since then, over 400 different outbreaks have been reported, many of these due to bacteria in wastewater (Rippey 1994). The National Shellfish Sanitation Program and sanitation surveys created in the 1920s (to track effluent and point source inputs) helped to reduce the number of human illnesses (DePaola et al. 2010). Coastal urbanization can lead to elevated inputs of enteric bacteria (fecal coliforms) and nutrient rich waters over subtidal/intertidal shellfish beds, including commercially and ecologically important areas of clams, scallops, and oysters (Mallin et al. 2000; Campos and Cachola 2007; Maalouf et al. 2010; Campos et al. 2013). Many of these organisms live in small estuaries and creeks surrounded by impervious surfaces and agricultural land, and shellfish beds can be closed due increasing fecal coliform bacterial concentrations (Mallin et al. 2000). For example, in the New Hanover County watersheds, NC, there are five tidal creeks with 42.9–77.8% developed land, and in the low

Fig. 5 Sundays Estuary region discussed in the harmful algal bloom South Africa case study



salinity regions of the creeks, all five had elevated fecal coliform counts over a sampling season.

EPA standards for shellfish sanitation and shell fishing (1986) indicate that regular fecal coliform sampling should occur to adequately monitor conditions in the water column that could impact the oysters on the bottom (Campos et al. 2013). If routine sampling shows a medial fecal coliform concentration above 14MPN/100 mL (or 10% above 43MPN/100 mL), then water is not safe for shellfish harvesting (EPA Water Quality Criteria 1986). The concentration of fecal indicator organisms that are in the water column serve as a good indicator of what is in the shellfish meat; however, multiple environmental and physiological factors influence the accumulation of fecal coliforms within oyster tissue (reviewed in Campos et al. 2013). Historically, most outbreaks of bacterial pathogens occur in the summer months (Rippey 1994). A nationwide survey of marketed oysters in 2006 examined microbial indicators in shellfish (along with other viral pathogens) and found that mean levels of fecal coliforms and *E. coli* during summer were above the FDA limits for consumption in some regions (DePaola et al. 2010); in areas with closed shellfish beds, illegally harvested oysters could have much higher pathogen loads and cause illness when consumed

(DePaola et al. 2010). Maalouf et al. (2010) examined historical data looking at illness outbreaks associated with sewage discharges over shellfish beds, and found many linkages between the two. Outbreaks of gastroenteritis due to fecal coliforms in sewage effluent were linked to contaminated oysters in Australia, New York, and France in the past three decades (Maalouf et al. 2010).

The amount of urbanization in the surrounding watershed can be estimated by the degree of impervious surfaces surrounding the waterways. Impervious surfaces mean that during periods of high rainfall, any pollutants on the surfaces wash into the storm drains/creeks. Mallin et al. (2000) found that if creeks were surrounded by greater than 10% impervious surfaces, they were periodically closed to shell fishing activities due to increased fecal coliform bacteria. Comparison of the fecal coliform abundance with the percentage of impervious surface showed a strong correlation (Pearson correlation $r = 0.975$, $p < 0.005$). Impervious surfaces mean that during periods of high rainfall, any pollutants on the surfaces would wash into the storm drains/creeks. During a thorough sampling season highlighting various rainfall amounts, Coulliette and Noble (2008) saw a significant relationship between the quantity of rain and the quantity of fecal coliform

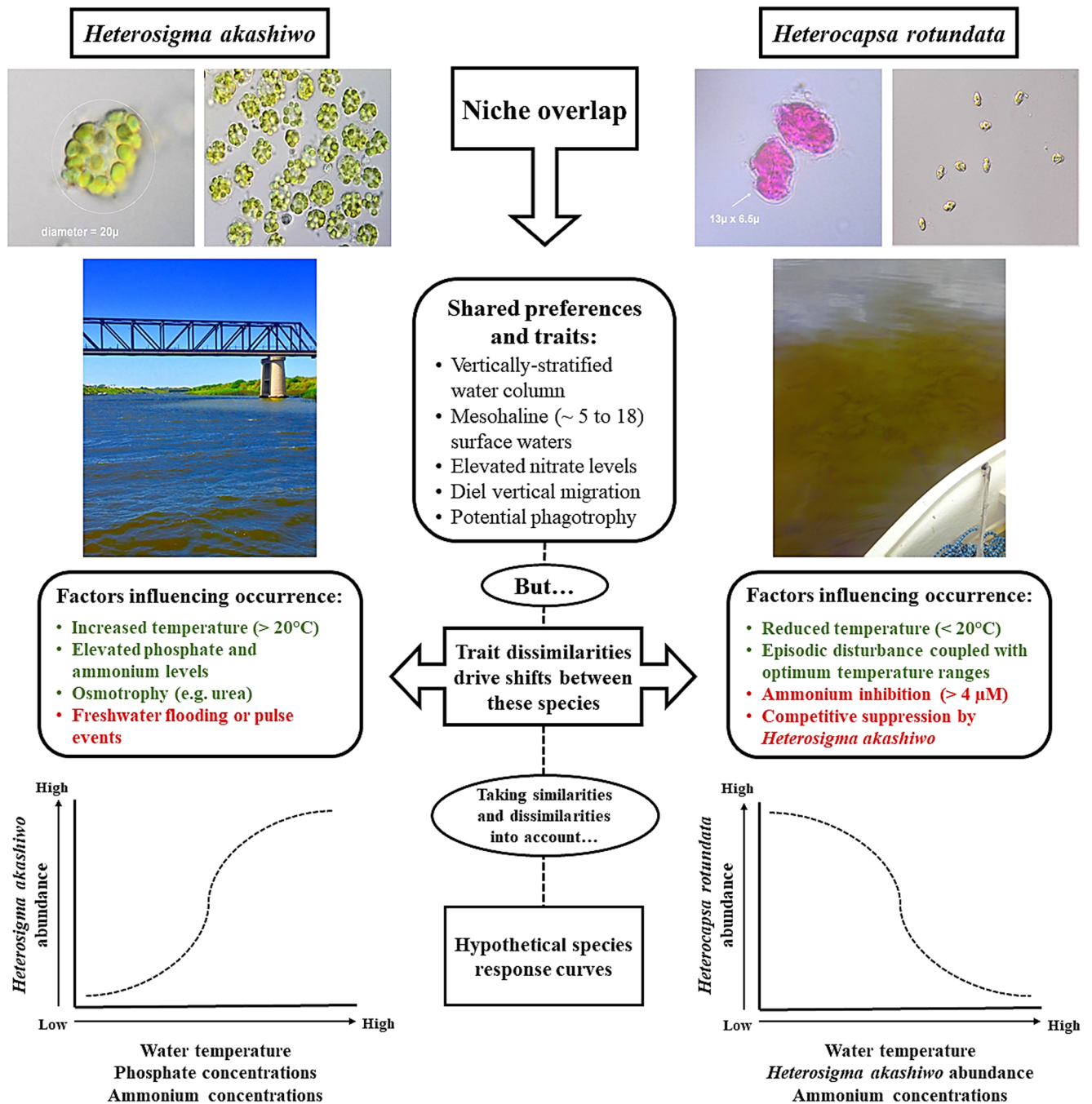


Fig. 6 Summary of the processes facilitating the proliferation and recurrent nature of two commonly occurring harmful algal bloom species in the Sundays Estuary (note: the factors promoting and limiting the growth of these two species are indicated in green and red text, respectively)

bacteria (*E. coli* and *Enterococcus*) in the water columns of the Newport River Estuary (NC, USA). Not only did rainfall (above the recommended threshold for shellfish sanitation safety) cause *E. coli* and *Enterococcus* levels to rise above the regulated MPN/100 mL levels, there was also a significant rise in fecal indicator bacteria during dry periods, possibly due to a reservoir of cells in the sediment that were suspended into the water column due to human activity in the creeks (Fig. 7).

Input of pathogenic bacteria into an enclosed waterway (i.e., a tidal creek) can impact not only the water column but the sediments as well. Fecal coliform bacteria can be deposited onto the substrate during sedimentation, adding to the sediment microflora. It is highly likely that they would be resuspended during tidal cycles, or human interactions (wading in the creek, swimming, etc.). Following a raw sewage spill, Mallin et al. (2007) found that sediment bacteria counts

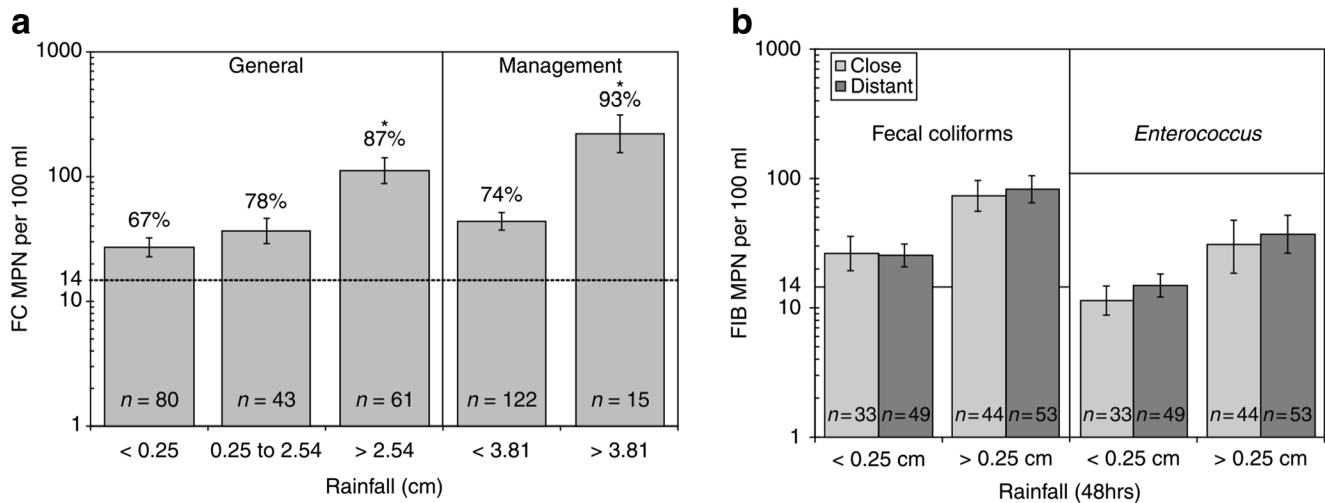


Fig. 7 a Fecal coliform (FC) concentrations found in the Newport River Estuary, NC, according to general rainfall categories of < 0.25 cm, 0.25–2.54 cm, > 2.54 cm, and then in regard to the management action plan of < 3.81 cm and > 3.81 cm. The dotted line indicates the FC standard limit of 14 MPN per 100 ml. Asterisks indicate a significant difference as compared to other categories. Error bars indicate ± 1 standard error. **b**

Mean FIB concentrations at Newport River Estuary sampling sites categorized by distance from land (close ≤ 0.25 km to shoreline, distant ≥ 0.25 km to shoreline). Error bars indicate ± 1 standard error. Reproduced from *Journal of Water and Health* Volume 6, issue number 4, page 478, with permission from copyright holders IWA Publishing (Coulliette and Noble 2008)

remained elevated for weeks, and increased yet again following an intense precipitation event (Mallin et al. 2007). Once resuspended, fecal coliform bacteria that were present in the sediments (i.e., 200 CFU/cm²) showed corresponding quantities in the water column (i.e., 200 CFU/100 mL). Since sediments can accumulate viable bacterial cells rapidly (acting as a reservoir for cells), this could cause a rapid increase in water column bacteria concentrations above the recommended threshold for human contact (Al Aukidy and Verlicchi 2017; Madoux-Humery et al. 2015; Coulliette and Noble 2008; Mallin et al. 2007). Stormwater input can cause increased turbidity as well, due to both the input of particulates in the runoff as well as the resuspension of existing sediments (Coulliette and Noble 2008). Several studies in both subtropical and temperate regions have demonstrated the survival of fecal indicator bacteria in the sediments; Coulliette and Noble (2008) linked periods of increased fecal indicator bacteria even during dry times to this ‘reservoir effect’ (Fig. 7).

Urbanization-Driven Land Use Changes: Galveston Bay Case Study

The conversion of land to support growing populations is a major component of human modification of the environment around the world (Alberti et al. 2003; Alberti 2005; Diaz and Rosenberg 2008; Paerl et al. 2014). An examination of land use land cover data is an important element in helping us to understand the environmental and anthropogenic influences affecting waterways and watersheds (Carle et al. 2005; Lee et al. 2009). Urbanization, industrialization, agriculture,

deforestation, loss of wetlands, and several other types of land use change have taken place in response to human population growth in watersheds all over the world. Urban-related runoff/stormwater is one of the largest contributors to the impairment of river and stream water quality in most US states (USEPA 2010; Paerl et al. 2014), with high levels of eutrophication reported in 45% of the estuaries surrounding the Gulf of Mexico (Clement et al. 2001).

Recent efforts to understand water quality degradation have focused on the watershed of Galveston Bay (TX), a subtropical estuary in the north-western Gulf of Mexico (Fig. 8). With a billion-dollar commercial and recreational fishery, home to the US energy nexus, several large ports and cities, the Galveston Bay ecosystem is under pressure from a variety of sources (Lester et al. 2013). Yet unlike Chesapeake Bay and San Francisco Bay (see e.g., Dauer et al. 2000; Smith et al. 2003; Kemp et al. 2005; Glibert et al. 2011), clear effects of the environmental pressures associated with eutrophication or invasive species have not yet been observed in Galveston Bay (Gonzalez and Lester 2011; Steichen et al. 2012, 2015). Ongoing efforts are focused on understanding the tipping points in this estuarine system (e.g., Roelke et al. 2013; Dorado et al. 2015; Pinckney et al. 2017).

The Galveston Bay watershed (72,000 km²) includes Houston and Dallas, ranked as the fourth and ninth largest cities and fastest growing cities in the USA, respectively (Census 2012, <https://www.census.gov>). Further, the cities of Austin and Fort Worth rank eleventh and sixteenth, so it is not surprising that the population density in Texas is expected to double by 2050 (Texas Water Development Board TWDB 2007). Galveston Bay (1554 km²), at the southern end of the watershed, is the second largest estuary in the Gulf of Mexico.

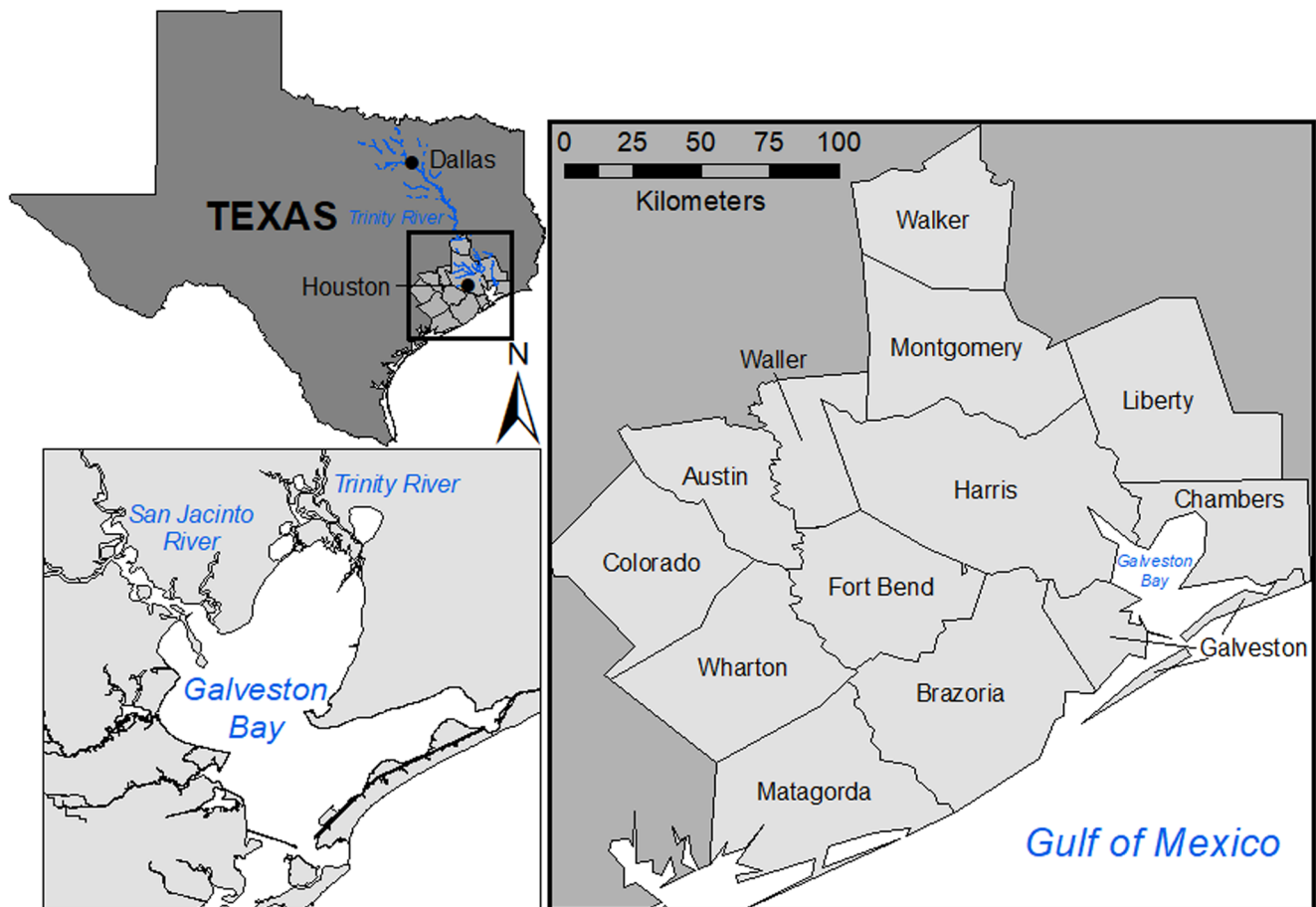


Fig. 8 The Galveston Bay watershed extends from Dallas/Fort Worth to Houston to Galveston Island (see inset). Counties surrounding Galveston Bay in the lower watershed and nearby are: Matagorda, Brazoria, Galveston, Chambers, Liberty, Harris, Fort Bend, Wharton, Colorado,

Waller, Montgomery, Waller, and Walker. The majority of freshwater inflows (~81%) enter from the Trinity and San Jacinto Rivers, and Buffalo Bayou (not shown)

It has two major rivers flowing into its northwest (San Jacinto) and northeastern (Trinity) reaches. These rivers bring in 16 and 55% of annual freshwater inflows (Guthrie et al. 2012) into the Bay. While the San Jacinto River flows through the highly urbanized and industrialized Houston, the Trinity River is surrounded primarily by forested and grassland areas immediately north of the Bay (H-GAC 2017).

An examination of land use change maps (National Land Cover Data) between 1996 and 2011 classified by H-GAC using the NOAA Coastal Ocean Program's Coastal Change Analysis Program (C-CAP) (see H-GAC 2017) indicate an 11% increase in area used for development in Harris County (where Houston is located) since 1996 (Fig. 9). An examination of all the counties surrounding Galveston Bay revealed that forest land cover experienced the greatest loss, primarily due to development (urbanization) during this period (Fig. 9). Forests were also lost to grasslands and more shrubs as well

as losses to agricultural (cultivated) lands and wetlands (Fig. 9). In most cases, wetlands were converted into developed lands, to shrubs and grasslands associated with urban community centers, particularly those connected to waterways (Figs. 8 and 9; H-GAC 2017).

As a result of the Clean Water Act and other policies, nutrient and chlorophyll *a* (often used as a proxy for phytoplankton biomass) levels have been declining in Galveston Bay since the 1970s, although less so in more recent years (Gonzalez and Lester 2011). This decline and/or change may also be the result of less agricultural lands surrounding the bay. The losses of wetlands likely preceded the period of record for the land use/land change maps. Nonetheless, we know that consequences of these losses include both habitat quality and dietary changes that impact higher trophic levels. One of the largest increases associated with development in the

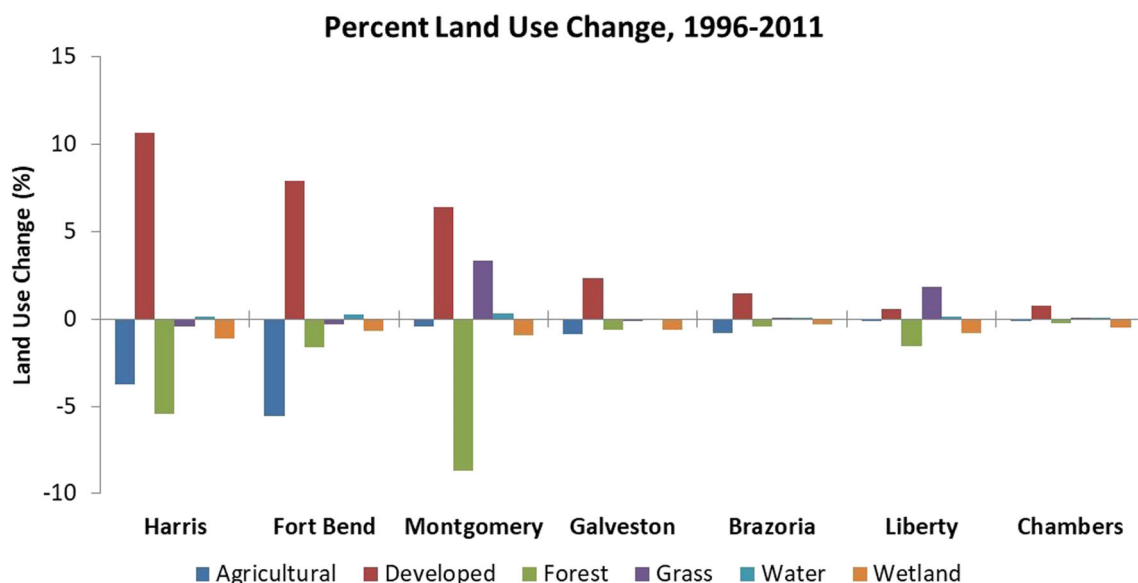


Fig. 9 The percentage change in land use in counties surrounding Galveston Bay (see Fig. 8). In Harris, Fort Bend, and Montgomery counties, the grow corridor of Houston and surrounding areas, there was a significant increase in developed lands. As a result, there was a significant decrease in forested lands in Harris and Montgomery counties

Galveston Bay watershed has been waterways, either as detention ponds and lakes or canalization associated with residential developments (H-GAC 2017). These are known to be localized zones of degraded water quality, particularly canals that often have a dead end, and experience increased hypoxia and/or harmful algal blooms, predominantly in warmer months (Gonzalez and Lester 2011). Galveston Bay was found to be a hotspot for fish kills over a multi-decadal period (Thronson and Quigg 2008). Despite this, overall fish abundance and diversity has not changed significantly (Steichen and Quigg 2018).

It hypothesized that until now, Galveston Bay has been resilient to the upstream changes in land use and land cover, in terms of eutrophication and subsequent hypoxia and invasive species. The former has not yet been measured, and little information is available to confirm the latter. The lack of obvious signs of eutrophication may in part be facilitated by the relatively high freshwater inflows and short turnover time in the bay (Roelke et al. 2013; Dorado et al. 2015). This may also be due to the fact that the vast majority of developed lands (as urbanization) flushing into the river contributes to only one sixth of the bays freshwater inflows; the other important river (Trinity) contributes more than half the freshwater inflows but has had fewer alterations to its landscape, which is primarily forest and wetlands areas. It may also be that the watershed as a whole has not been overdeveloped, that is, watersheds with $\geq 10\%$ altered land hit the threshold for water quality decreases due to impervious surface effects (Walsh et al. 2005; Zampella et al. 2007). Nonetheless, as regional planning and

while agricultural lands were lost in Fort Bend county. Development also impacted the land cover in Galveston, Brazoria, Liberty, and Chambers, but to a lesser extent. Loss of forested land was significantly in Liberty; this coincided with increase in grass cover

natural resource management endeavors to determine the appropriate amount of freshwater inflows for Galveston Bay, understanding the balance between land use land cover change and water quality will be key to maintaining ecosystem services and functions for future generations. This is challenging as linear responses to land use change are unlikely given the complex and dynamic nature of estuarine systems.

Hurricane Harvey made landfall from August 25–30 (2017) and set a continental US record for rainfall with more than 100 cm in this short time frame (van Oldenborgh et al. 2017; Emanuel 2017). The massive flooding in urbanized areas is thought to be a result of prolonged changes in land use including development in low lying areas and flood plains along with deferred maintenance projects which results in a weakening of protective barriers around major bayous. Along with extensive flooding, overflowing reservoirs, and overtopping dams, > 100,000 homes were damaged along with numerous schools and businesses (Shultz and Galea 2017). Of the more than 13 million persons directly affected by the storm, 6.5 million were impacted by the rainfall (NOAA NCEI 2017). Highly contaminated Superfund sites in the Houston area were deluged by floodwaters; these along with spills from inundated sewage and wastewater systems released > 31 million gallons of raw sewage (Stuckey 2017). Pollutants released by Texas facilities into Galveston Bay include benzene, 1,3-butadiene, hexane, hydrogen sulfide, toluene, and xylene, at least two of which are cancer-causing chemicals and > 700,000 pounds of sulfur dioxide, which can lead to the formation of dangerous contaminants (FEMA 2017). The impact on the health of the bay is the source of many ongoing studies. While the flood waters effectively

“flushed” out the bay, and possibly associated nutrients and pollutants, the concurrent scouring of the sediment bottom, particularly in the industrial areas around Houston and its ship channel may have (re)introduced legacy contaminants such as dioxins, PCBs, lead and others (this data is however not yet published). Ongoing studies will be required to monitor how this massive disruption on urban systems negatively impacts the health of Galveston Bay.

Environmental Limits of Ecosystems: Oyster Case Study

Urbanization has affected coastal species composition and ecosystem function in part by changing biogeochemical processes within the water column (Levin et al. 2014). These alterations can ultimately reduce the survival of species, particularly for those already nearing their physiological tolerance limits. One keystone species found throughout urbanized estuaries along the US East Coast and Gulf of Mexico is the eastern oyster *Crassostrea virginica*. *C. virginica* possesses a complex life cycle that includes a benthic adult stage and a pelagic larval phase (Fig. 10). While *C. virginica* adults are relatively robust to the dynamic physical conditions observed in coastal waters (Bauman et al. 2015), reproduction and survival of early life stages may be disproportionately negatively affected by urbanization. Though factors such as pollution, sedimentation, and competition predation by invasive species have been shown to

hurt oyster populations, here the focus is on urbanization-driven changes in physical parameters. Specifically, the effects of eutrophication-driven hypoxia, eutrophication-driven hypercapnia, and lowered salinities from altered streamflow on survival of *C. virginica* are explored.

As mentioned in previous sections, one component of urbanization, increased area of impermeable surfaces and subsequent runoff, raises the supply of limiting nutrients to coastal waters, leading to phytoplankton blooms. These blooms are critical to successful fisheries. However, the subsequent bloom die-off and respiration of organic matter produces periods of hypoxia, which may be pronounced in areas of high stratification (Baker and Mann 1992). While adult oysters can withstand prolonged hypoxic periods of days to weeks (Stickle et al. 1989), hypoxia and anoxia reduce both larval set and spat survival in *C. virginica* (Baker and Mann 1992). In shallow eutrophic tributaries, diel cycling hypoxia is commonly observed during summertime, yet urbanization increases the frequency and severity of the cycling (Keppel et al. 2015). Although normoxic conditions return daily, diel cycling hypoxia both reduces feeding, and increases susceptibility of eastern oysters to the protistan parasite *Perkinsus marinus*. This potentially leads to estuarine-scale effects of disease acquisition in the species (Breitburg et al. 2015; Keppel et al. 2015). A recent study by Steppe et al. (in prep) demonstrated that severe cycling hypoxia representative of urbanization-impacted estuaries also affects oyster reproduction, both reducing the proportion of reproductive oysters

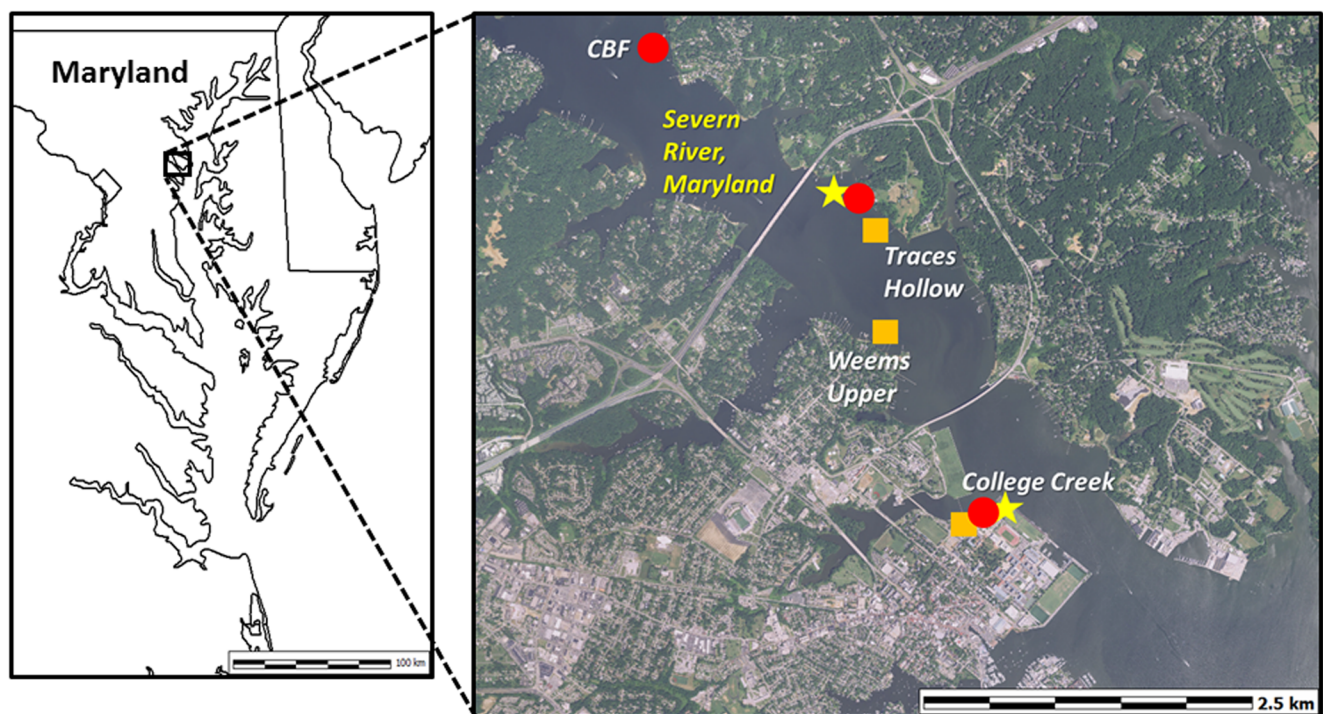


Fig. 10 *Crassostrea virginica* reproduction sampling locations. Circles indicate spat collector deployments; squares, reef collections; and stars, continuous water quality sondes

within a sample and lowering gonadosomatic index (the ratio of the germinal tissue to visceral mass). Therefore, eutrophication-driven hypoxia is detrimental to *C. virginica* throughout its life cycle.

Eutrophication, often a result of urbanization and land use changes, can also lead to the hypercapnic conditions that are frequently found in coastal waters (Cai et al. 2011, Nixon et al. 2015; Bauman et al. 2015). Reduced pH may inhibit *C. virginica* shell formation (Waldbusser et al. 2010) and dissolve oyster shell base, reducing substrate available for spat set (Waldbusser et al. 2011a, b). Sustained seasonal acidification in line with predictions of severe climate change scenarios has been shown to reduce reproductive success in *C. virginica* by limiting oogenesis (Boulais et al. 2017). Likewise, constant moderate pH (7.45) has been shown to reduce gametogenesis in *C. virginica* (Steppe et al. 2019). These values (7.45) coincide with values observed in early summer in Chesapeake Bay tributaries (Steppe and Wallendorf 2017). Cycling pH, on the other hand, does not affect oyster reproduction or disease acquisition (Keppel et al. 2015, though it is associated with increased hemocyte activity, a sign of physiological stress).

Urbanized coastlines have fundamentally changed the physical and chemical parameters of estuaries. Along with reduced oxygen and pH, sharply lowered salinities, such as those caused by coastal storms and dam releases may hurt oyster populations, particularly when these events coincide with gametogenesis and larval development (Butler 1949). Low salinities may reduce the buffering capability of estuarine water. Combined with hypercapnic conditions, this may reduce lipid and glycogen stores, and increase fracturing of juvenile oyster shells (Dickinson et al. 2012). Because mesohaline tributaries are often selected for oyster restoration, due to reduced disease prevalence in these areas (Westby et al. 2015), oysters may already be living close to their salinity tolerance limits. Salinities below 6 may limit gametogenesis (Butler 1949), yet even when gametogenesis is documented, spat recruitment, and subsequent growth is often low in these areas (Bergquist et al. 2006; Steppe and Wallendorf 2017). An example of this has been observed in the Severn River, a mesohaline tributary of Chesapeake Bay, Maryland USA, near the urban centers of Baltimore, Annapolis, and Washington, DC. From 2011 to 2013, high-frequency water quality data (period = 15 min) were collected at multiple sites that coincided with bi-weekly samples of oyster gametogenesis and spat. Gametogenesis was observed each year of the study at three reefs and in oyster grow-out cages, yet of 2760 oyster shell valve “spat collectors” analyzed for recruitment, only 3 spat were recorded. The spat collected were all found in 2012, the only year of the three in which salinities remained above the threshold of 6 throughout the entire spawning period (Steppe et al. 2018).

In addition to spring freshets, salinities may fall due to altered streamflow that cause prolonged periods of low salinity. This includes dam and spillway releases that result from severe storms (Turner 2006; LaPeyre et al. 2016). In 2011, the Conowingo Dam was released in early September, as a result of Hurricane Irene. The release caused the salinity to drop from 9 to 2 at the Severn River study site, likely killing any larvae that may have been in the water column at that time. Similarly, a salinity drop from 8 to 3 in mid-July 2013 may have led to increased larval mortality, and reduced recruitment that year (Steppe et al. 2018).

Further research on the effects of urbanization on ecosystems must be conducted to better understand the role of anthropogenic stresses on water quality and ecosystem function. In particular, high-frequency observations of coastal physical parameters should be colocated with biological sampling of species at each segment of their life history. Additionally, results should be conveyed to managers to better time decisions (such as dam releases) to coincide with period that are less stressful to keystone species.

Closing Remarks

As human populations increase, and technology allows further coastal development, there is a pressing need for improved tools and data collection methods to rapidly obtain meaningful data on broad spatiotemporal scales. Human populations have been experiencing rapid growth over the past century, in addition to a migration towards the coasts. The rapidly changing landscape has altered the nature of estuarine ecosystems and water quality. In general, urbanization land use changes result in increased runoff containing a higher concentration of pollutants, nutrients, and toxic materials, which are introduced to estuarine systems (Carle et al. 2005; DiDonato et al. 2009). Many estuaries are now beyond their capacity to synthesize or process these inputs, meaning that the same pollutants, excess nutrient loads, and toxic materials make their way downstream to the oceans. The dynamics of suspended sediments, nutrients, and pollutants, effects on shellfish, harmful algal blooms, and impacts of land use changes, all have wide reaching effects on estuaries around the world. The reality is that while estuaries provide valuable ecosystem services including seafood, recreation, and a buffer zone from storm energy, urbanization and human development are putting many of these important systems at risk. It is our responsibility to understand the risks and impacts, and make the best use of emerging technologies and data to mitigate and reduce the adverse consequences for estuaries.

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