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The SCD – Stem Cell Differentiation ESA Project: Preparatory Work for the Spaceflight Mission

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Abstract Due to spaceflight, astronauts experience serious, weightlessness-induced bone loss because of an unbalanced process of bone remodeling that involves bone marrow mesenchymal stem cells (BMSCs), as well as osteoblasts, osteocytes, and osteoclasts. The effects of microgravity on osteocells have been extensively studied, but it is only recently that consideration has been given to the role of BMSCs. Previous researches indicated that human BMSCs cultured in simulated microgravity (sim-µg) alter their proliferation and differentiation. The spaceflight opportunities for biomedical experiments are rare and suffer from a number of operative constraints that could bias the validity of the experiment itself, but remain a unique opportunity to confirm and explain the effects due to microgravity, that are only partially activated/detectable in simulated conditions. For this reason, we carefully prepared the SCD - STEM CELLS DIFFERENTIATION experiment, selected by the European Space Agency (ESA) and now on the International Space Station (ISS). Here we present the preparatory studies performed on ground to adapt the project to the spaceflight constraints in terms of culture conditions, fixation and storage of human BMSCs in space aiming at satisfying the biological requirements mandatory to retrieve suitable samples for post-flight analyses. We expect to understand better the molecular mechanisms governing human BMSC growth and differentiation hoping to outline new countermeasures against astronaut bone loss.

Keywords Microgravity · International Space Station · Epigenetics · Transcriptomics · Bone · Osteoporosis · Aging

Abbreviations

AT-MSCs Adipose Tissue derived Mesenchymal Stem Cells

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BMSCs Bone Marrow Mesenchymal Stem Cells

CC Culture Chamber
EU Experimental Unit
ESA European Space Agency
EH Experiment Hardware

FM Flight Model GM Ground Model

ISS International Space Station
MSCs Mesenchymal Stem Cells

μg Microgravity
OM Osteogenic M

OM Osteogenic Medium
RPM Random Positioning Machine

sim-µg Simulated microgravity

SCs Stem Cells SM Standard Medium

Vit D3 1,25-dihydroxy vitamin D3



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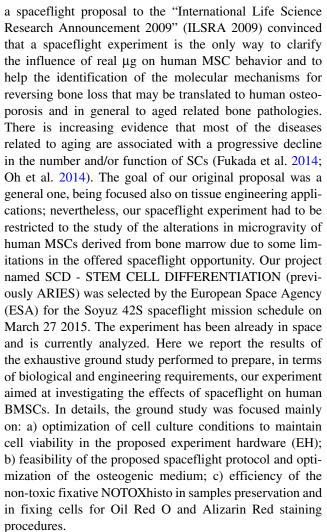
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Introduction

The goal of sending people farther in space, extending the duration of missions from months to years, requires space medicine to face new challenges. Longterm exposure to microgravity (µg) produces in astronauts a number of physio-pathological alterations leading to problems such as motion sickness, cardiovascular deconditioning, muscle atrophy, and bone demineralization. Many of these diseases parallel the aging pathologies, but they occur and develop much more rapidly in space (Vernikos and Schneider 2009). One of the most critical diseases suffered by astronauts is bone loss. The studies of the bone loss observed in astronauts after spaceflight (Orwoll et al. 2013) and in ground simulated microgravity (sim-µg) experiments (bed rest, hindlimb unloading, as well as in vitro studies of cellular models) have been extensively reviewed by Nagaraja and Risin (Nagaraja and Risin 2013). The phenomenon begins immediately on arrival in space. It has been observed that bone density decrease is about 1-2 % per month in weight bearing bones, truly accelerated compared to the 2-3 % loss per year observed in postmenopausal females.

Most physiological effects due to short duration spaceflights resolve shortly after return to earth, but bone demineralization can be a permanent and dangerous consequence of long-duration spaceflight. During the past decade, researchers considered and investigated failures in osteoblast and osteoclast activity as responsible for bone mass loss in µg (Blaber et al. 2013). Now, the focus is on Stem Cells (SCs), which play a major role in the maintenance of bone mass, being the main source of osteoblasts during bone remodeling and repair (Senarath-Yapa et al. 2014; Rosset et al. 2014). The recruitment of an adequate number of osteoblasts is dependent on the availability of Mesenchymal Stem Cells (MSCs) and their proper response to growth, differentiation, and chemotactic signals in the microenvironment. Recent papers investigated the behavior of MSCs in sim-µg using ground simulators such as the Rotating Wall Vessel and the Random Positioning Machine (RPM). Although some discrepancies in results exist due to differences in origin of MSCs, bioreactors and differentiation stimuli, it is clear that sim-µg profoundly affects MSC behavior in terms of proliferation, differentiation, and senescence (Bradamante et al. 2014). While many cell types have already been tested in orbital flight, cultured human MSCs have never experienced real ug. In 2009, based on the bone researches performed at that time (van Loon et al. 1996; Hughes-Fulford 2004; Knippenberg et al. 2005; Hughes-Fulford et al. 2006; Knippenberg et al. 2006; Versari et al. 2007; Bacabac et al. 2007, 2008; Knippenberg et al. 2009), we presented



Recent researches have shown the beneficial effects of hypoxia on proliferation/differentiation of MSCs (Estrada et al. 2012; Hung et al. 2012) and different lines have been combined toward the identification of major space genes (Clement 2012) During the preparation period, in line with the above mentioned papers we investigated also the influence of oxygen concentration in the cultivation of human MSCs in sim-µg (Versari et al. 2013a) using the genomic approach.

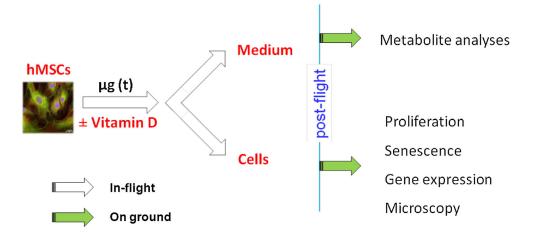
Materials and Methods

Human bone marrow MSCs (BMSCs) were purchased from Lonza, Allendale, NJ, USA. Cells were positive for CD105, CD166, CD29, and CD44 and negative for CD14, CD34 and CD45.

Cells were cultured on Thermanox collagen coated coverslips for 14 days either in Standard Medium (SM) or in Osteogenic Medium (OM) the composition of which



Fig. 1 SCD - Stem Cell Differentiation mission profile



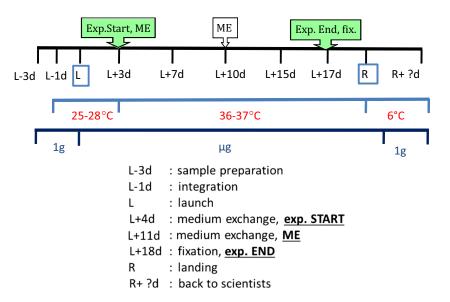
were the following: a) SM: DMEM (Dulbecco's Modified Eagle's medium) supplemented with 12.5 mM HEPES, 10 U/mL heparin, 200 mM glutamine, 500 μ g/mL streptomycin sulphate, 600 μ g/mL penicillin; b) OM: SM added with 0.1 M ascorbic acid, 10 mM b-glycerophosphate, and 10^{-8} M 1,25 dihydroxy vitaminD3 (Vit D3). All chemicals were purchased from Sigma Aldrich, Saint Louis, MO, USA. Thermanox coverslips were purchased from Thermo Fisher Scientific Inc.Waltham, MA USA. Due to safety constraint in space, we selected NOTOXhisto (Scientific Device Laboratory, USA) as non-toxic fixative.

To evaluate the influence of oxygen in culturing human BMSCs we repeated the experiments already performed on human Adipose tissue derived MSCs (AT-MSCs) (Versari et al. 2013a). Briefly, to simulate microgravity, we used the RPM, a device in which the gravity vector is continually reoriented with direction and speed randomization (maximum velocity of 60° /s). In our conditions, the maximum 'residual g' was expected to be 10^{-4} g

(Borst and van Loon 2009). Cells were seeded in Opti-CellsTM fully filled with the medium previously degassed and then enriched with the selected oxygen concentration (5 % or 21 %). Then, OpticellsTM were accommodated inside sealed metallic vessels filled either with a 5 % CO_2 /air mixture (O_2 concentration in the range 20–21 %) or 5 % CO_2 : 5 % O_2 : 90 % N_2 mixture and subjected to simug or accommodated on the bottom platform of the RPM as static controls (1g). At day 7, medium was quickly changed stopping the RPM for no longer than 5 min. Four experimental conditions were considered: 1) 1g at 5 % O_2 , 2) 1g at 20 % O_2 , 3) sim- μ g at 5 % O_2 , 4) sim- μ g at 20 % O_2 .

A focused array, the Human Mesenchymal Stem Cell RT² ProfilerTM PCR Array (SABiosciences) that profiles the expression of 84 key genes involved in human MSC pluripotency, self-renewal status and differentiation has been used to evaluate the effects of the different experimental conditions. The analysis of statistically significant gene expression changes was performed with the SABiosciences

Scheme 1 SCD spaceflight experiment scenario





PCR Array Data analysis tool. This web-based software automatically performs all $\Delta\Delta$ Ct based fold-change calculations from the uploaded raw threshold cycle (CT) data. The threshold cycle indicates the fractional cycle number at which the mount of amplified target reaches a fixed threshold. A 2-fold change cut-off was selected to identify the genes hose expression was significantly differentially regulated.

Stem Cell Differentiation Flight Experiment Global Profile

During the SCD experiment, human BMSCs will be incubated in μg for several days at conditioned temperature with regular medium refresh. Standard and osteogenic medium will be used. At the end of the active phase of the experiment, cells and medium will be separated, suitably fixed and stored for post-flight analyses as shown in the diagram of Fig. 1.

Human BMSCs will be cultured in the SCD Experimental Unit (EU) developed by Kayser Italia (Livorno, Italy; http://kayser.it/), that were already used in the ESA-SPHINX experiment (Versari et al. 2013b). The SCD EU consists of a brick made of biologically compatible plastic [polyetheretherketone (PEEK)] containing 5 cylinders (fluid-reservoirs, 1.8 ml each), a culture chamber (CC, 230 mm²), and connecting channels. Five small valves were placed to separate the different fluids and the CC. Each cylinder has a piston (not shown) that, when released by a preloaded spring, injects the fluid into the CC; the waste medium is collected in the previously emptied cylinder and suitably preserved. During the experiment (Scheme 1), all the medium exchanges and fixation operations were automated on the basis of a predefined timeline.

Results and Discussion

We here report the definition and optimization of some of the SCD experimental procedures and approaches in order

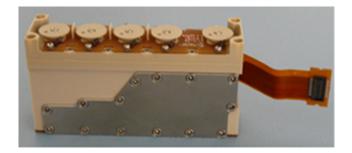


Fig. 2 SCD Experimental Unit (EU) with integrated electronics



to successfully achieve the objective of the SCD study i.e. to determine how human BMSCs react to a prolonged (approx. 2 weeks) exposure to microgravity in terms of growth, senescence and differentiation toward osteoblasts when treated with Vit D3. A SCD spaceflight experiment possible scenario is reported in Scheme 1. During the experiment, all the medium exchanges and fixation operations will be automated based on a predefined timeline. 4 days before the launch (L) ground control (GM, n = 12) and spaceflight (FM n = 12) modules will be prepared on the launch site to be ready for handover. After the 4 days estimated to be necessary to reach the ISS, to be installed in KUBIK and to be warmed again to 37 °C, the SCD experiment will start (T_0) with a first medium exchange (ME). The second ME will be after 7 days $(T_0 + 7 days)$ and third one with PBS only after 14 days ($T_0 + 14$ days). The experiment will be stopped by means of 2 subsequent RNAlater fixations (Sigma-Aldrich) separated by an interval of 6 min. After each exchange, the exhausted culture medium will be fixed using a protease inhibitor cocktail (Sigma-Aldrich). After the experiment will be completed, the EH modules will be kept at 6 °C inside the KUBIK incubator or moved in MELFI (Minus Eighty-Degree Laboratory Freezer for ISS) operating at +2 °C, before being returned to Earth. The 12 identical EH control modules prepared at the launch site will be run in parallel using the same experimental protocol. At the end, each module will provide a 230-mm² cell sample and the related preserved media.

Optimization of Cell Culture Conditions to Maintain Cell Viability in the Proposed Experimental Hardware (EH)

Being the proposed hardware (Fig. 2) totally sealed, it is mandatory to buffer the medium by adding HEPES to the culture medium. We tested whether the addition of HEPES to the culture medium could affect cell viability. In details, human BMSCs (low passage number) were seeded on Thermanox coverslips in SM added with HEPES, loaded in the SCD bioreactors and cultured at 37 °C for 2 days. Two different HEPES concentrations were tested: 12.5 mM and 25 mM. At the end of the experiment, cells were trypsinized, stained with Trypan blue solution (0.4 %) and the viable cells were counted using a Burker chamber. The results in cell viability were compared with those obtained in standard culture conditions (5 % CO₂, no HEPES). As shown in Fig. 3a, no significant difference in terms of cell number was found between HEPES-added medium and standard conditions. The 12.5 mM HEPES was selected as optimal concentration for the spaceflight experiment as 25 mM HEPES seems to affect, although slightly, cell viability.

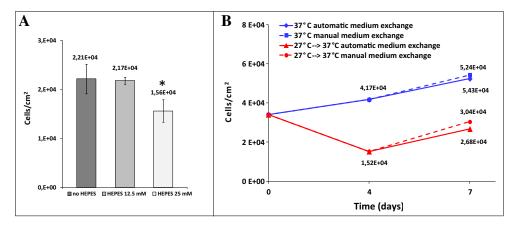


Fig. 3 A) Cell viability in HEPES-added SM for 2 days at 37 °C. N=12; *no HEPES vs. HEPES 25 mM p< 0.05. **B)** Cell proliferation simulating the selected spaceflight protocol: 4 days at 27 °C

followed by 3 days at 37 °C with automatic (\blacktriangle) or manual (\bullet) medium exchange at day 4. Control experiments: 7 days at 37 °C with automatic (\blacklozenge) or manual (\blacksquare) medium exchange at day 4

Testing the Feasibility of the Proposed Spaceflight Protocol

Human BMSCs (low passage number) were seeded on Thermanox coverslips, loaded in the SCD EU and cultured simulating the proposed spaceflight protocol: 4 days at 27 °C (Soyuz scenario utilized until 2014, from launch to installation in KUBIK, today reduced to 2 days) followed by 3 days at 37 °C. At day 4, medium was changed automatically (using the release system) or manually (with a pipette). Cell number was determined at day 4 and 7.

Four days culturing in the bioreactors at 27 °C profoundly affects cell viability (Fig. 3b). Nevertheless, when the bioreactors are moved to 37 °C, cell number is sufficient to resume proliferation, thus guaranteeing the feasibility of the spaceflight protocol and enough material for post-flight analyses. In addition, no significant difference between

automatic or manual medium exchange was found, thus confirming that the pressure exerted during the automatic fluid exchange was not detaching cells.

Optimization of the Osteogenic Medium

The standard protocol for MSC osteogenic differentiation requires OM to be refreshed every 3 days (Aslan et al. 2006; Boland et al. 2004). SCD spaceflight hardware and protocol request OM to be refreshed every 7 days, thus affecting osteogenic differentiation efficiency (Fig. 4, middle). We tested whether doubling osteogenic stimuli concentration in the OM overcomes this experimental constrain. In details, confluent human BMSCs (low passage number) were seeded on 6-well plates and incubated for 14 days with the two different osteogenic stimuli concentrations (ascorbic acid phosphate, β -glycerophosphate, and Vit D3): 1X and 2X. OM was refreshed at day 7. At the end

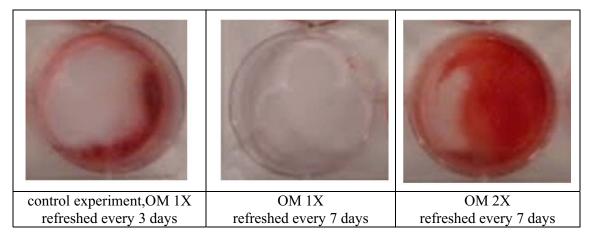


Fig. 4 Alizarin Red staining of human BMSCs at day 14. (*Left*): control experiment, OM 1X refreshed every 3 days; (*Middle*) OM 1X and (*Right*) OM 2X refreshed every 7 days. OM 2X changed every 7 days is capable of inducing osteogenic cell differentiation



of the experiment, osteogenic differentiation was evaluated with Alizarin Red staining and results were compared with the control experiment (OM 1X, medium refreshed every 3 days).

As shown in Fig. 4, OM 2X (right) refreshed every 7 days is as efficient as the control OM 1X refreshed every 3 days (left) in the induction of osteogenic differentiation, thus overcoming the experimental constrain.

Efficiency of the Non-toxic Fixative NOTOXhisto: A) in Samples Preservation Towards PFA One Month After Fixation; B) in Fixing Cells for Oil Red O and Alizarin Red Staining Procedures

Standard fixation protocol in current laboratory practice requires the use of paraformaldehyde (PFA, Sigma). PFA is a very toxic fixative and, to be used in a spaceflight experiment, requires additional levels of containment and,

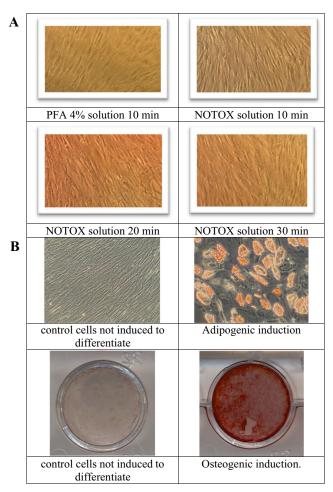
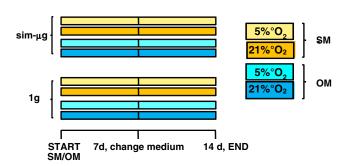


Fig. 5 A Images of human BMSCs one month after fixation with: PFA 4 % for 10 min; and NOTOXhisto for 10 min; 20 min; and 30 min. Microscope magnification: 10X; camera magnification: 4X. **B** Images of human BMSCs after Oil Red O and Alizarin Red staining

consequently, additional costs for EH improvement. For this reason, we tested whether the non-toxic fixative NOTOXhisto was suitable for the preservation of the sample in our spaceflight experiment. In details, human BMSCs were seeded in 6-well plates at a density of 20.000 cells/cm² and cultured in SM. At confluence, cells were washed with PBS and fixed with 4 % PFA solution in PBS for 10 min or NOTOXhisto solution (Scientific Device Laboratory, USA) for 10, 20 and 30 min. After fixation, cells were washed and stored in PBS at 4 °C for 1 month, and examined with a conventional inverted microscope. As shown in Fig. 5a, after one month storage cells were in very good shape and no differences were found between cells fixed in PFA 4 % and cells fixed in NOTOXhisto. The same cells, at confluence, cultured as before in SM, were treated for 14 days with adipogenic or osteogenic medium to induce cell differentiation. At the end of the experiment, cells were washed with PBS, fixed with NOTOXhisto solution for 10 min and analysed with conventional microscopy after Oil Red O or Alizarin Red staining, markers of adipogenic or osteogenic differentiation, to evaluate the presence of lipid droplets or calcium deposition respectively. As shown in Fig. 5b, the staining procedure after fixation with NOTOXhisto was working properly.

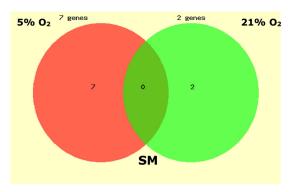
Effects of Oxygen Concentration: the Genomic Approach

In vivo, human MSCs reside in specific "perivascular niches" (Moore and Lemischka 2006) and the various tissues where these cells are found are characterized by a low oxygen tension (pO_2) of about 2–8 % (Kofoed et al. 1985; Harrison et al. 2002; Matsumoto et al. 2005; Pasarica et al. 2009; Mohyeldin et al. 2010). It has been shown that pO_2 plays a key role in regulating SC fate (Csete 2005; Panyukhin et al. 2008). Since the effects of



Scheme 2 Experimental protocol applied to compare the proliferation and differentiation responses of human BMSCs cultured in different gravity and oxygen concentration conditions. 1g = ground control; $\text{sim-}\mu g = \text{microgravity simulated with the RPM; SM} = \text{standard medium; OM} = \text{osteogenic medium (SM} + \text{ascorbic acid phosphate, } \beta\text{-glycerophosphate, and Vit D3); d} = \text{days}$





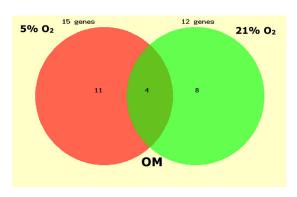


Fig. 6 VENN diagram showing the number of genes enriched in sim- μ g vs. 1g at 5 % O_2 (red circle) and 21 % O_2 (green circle) in the SM (left panel) and OM (right panel) and their overlaps. A 2-fold change cut-off was set to identify genes whose expression was significantly differentially regulated

"reduced pO₂" in the cultivation of human MSCs in sim-µg was not considered in the past, we performed a wide and interesting analysis on human AT-MSCs cultured at different oxygen concentration and g levels (Versari et al. 2013a) to investigate whether different O2 tensions modulate their gene expression profiles. We concluded that oxygen seems to play a marked role in amplifying the alterations in "adhesion and communication" pathways, common features in all of the sim-µg experiments. Considering the actual interest in the role of oxygen concentration in the proliferation, differentiation, and senescence events (Boyette et al. 2014), we evaluated whether different O₂ tensions in sim-µg affect also human BMSCs that we selected for the SCD experiment. We chose a focused array, the Human Mesenchymal Stem Cell RT² ProfilerTM PCR Array (SABiosciences) that profiles the expression of 84 key genes involved in human MSC pluripotency, self-renewal status and differentiation. In details, human BMSCs (low passage number) were subjected to the two previously tested oxygen concentrations (5 % O_2 and 21 % O_2) in SM or OM in sim- μg using the RPM (Scheme 2) for 14 days. The results were compared with those obtained at 1g in the same conditions (ground controls).

At day 14 samples were harvested and a) Proliferation was measured with trypan blue cell counting; b) Cell death was evaluated with ToxiLightTMBioAssay kit; c) Total RNA was extracted, purified, and Human Mesenchymal Stem Cell RT² ProfilerTM was performed. Oxygen concentration in sim-µg influences human BMSC gene expression profile, but does not affect proliferation and cell death (data not shown). As shown in Fig. 6 in SM a) at 5 % O₂ 7 genes were found significantly modulated in simµg compared to the related 1g controls, whereas b) at 21 % O₂ 2 genes. No overlap between the two comparisons was found (left panel). In OM a) at 5 % O2 15 genes were found significantly modulated in sim-µg compared to the related 1g controls, whereas b) at 21 % O₂ 12 genes. An overlap of 4 genes, that represent the genes enriched in both oxygen conditions, was found (right panel).

Table 1 List of the genes significantly modulated in sim- μ g vs.1g in the two comparisons analysed (5 % O₂ and 21 % O₂) in SM

Gene name	5 % O ₂ SM FC	21 % O ₂ SM FC	Function	Annotation
COL1A1	n.m.	-2,3	hMSC specific	Collagen, type I, alpha 1
CD44	2,2	n.m.	hMSC specific	CD44 molecule
HGF	2,1	n.m.	hMSC specific	Hepatocyte growth factor
KITLG	2,1	n.m.	hMSC specific	KIT ligand
NT5E	2,0	n.m.	hMSC specific	CD73
MCAM	-2,5	n.m.	hMSC specific	Melanoma cell adhesion molecule
JAG1	n.m.	-2,3	Miogenesis	Jagged 1
GDF5	2,4	n.m.	Tenogenesis	Growth differentiation factor 5
RUNX2	2,0	n.m.	Osteogenesis	Runt-related transcription factor 2

FC fold change, n.m. not modulated



Table 2 List of the genes significantly modulated in sim- μ g vs.1g in the two comparisons analysed (5 % O₂ and 21 % O₂) in OM

Gene name	5 % O ₂ OM FC	21 % O ₂ OM FC	Function	Annotation
FGF2	3,0	3,7	Stemness	Fibroblast growth factor 2
LIF	n.m.	4,1	Stemness	Leukemia inhibitory factor
BDNF	n.m.	2,2	hMSC specific	Brain-derived neurotrophic factor
ENG	n.m.	18,7	hMSC specific	Endoglin
IL6	n.m.	2,4	hMSC specific	Interleukin 6 (interferon, beta 2)
NUDT6	4,8	3,1	hMSC specific	Nudix-type motif 6
NES	n.m.	-2,6	hMSC specific	Nestin
PDGFRB	n.m.	-2,7	hMSC specific	Platelet-derived growth factor receptor β
TGFB3	2,2	-4,0	hMSC specific	Transforming growth factor, β 3
THY1	_	-2,5	hMSC specific	Thy-1 cell surface antigen
VEGFA	3,6	-18,9	hMSC specific	Vascular endothelial cell Growth factor α
ALCAM	5,1	n.m.	hMSC specific	Activated leukocyte cell adhesion mol
CASP3	2,9	n.m.	hMSC specific	Caspase 3
CTNNB1	2,5	n.m.	hMSC specific	Catenin (cadherin-associated protein) $\beta 1$
ITGAV	2,7	n.m.	hMSC specific	Integrin, alpha V, antigen CD51
ITGB1	3,6	n.m.	hMSC specific	Integrin, beta 1, antigen CD29
MITF	2,2	n.m.	hMSC specific	Microphthalmia-ass transcription factor
NT5E	3,6	n.m.	hMSC specific	5'-nucleotidase, ecto (CD73)
SMURF2	4,0	n.m.	Osteogenesis	SMAD specific E3 ubiquitin prot ligase 2
SMAD4	2,4	n.m.	Tenogenesis	SMAD family member 4
SOX9	2,0	n.m.	Chondrogenesis	SRY (sex determining region Y)-box 9
HAT1	4,2	n.m.	Chondrogenesis	Histone acetyltransferase 1
GDF15	n.m.	3,3	Chondrogenesis	Growth differentiation factor 15

FC fold change, n.m. not modulated

The most significant changes were found in some specific pluripotency and self-renewal genes (e.g. CD44, CD73, HGF, COL1A1, FGF2, LIF, IL6, TGFB3, VEGFA) and differentiation (GDF5, GDF15, RUNX2, SMURF2, SMAD4, SOX9, HAT1) markers. See Tables 1 and 2 for details.

These preliminary results point to oxygen as an important factor influencing human MSC behaviour in sim-µg. It is noteworthy that differences in oxygen concentration induce the modulation of genes not only involved in hypoxia/hyperoxia response, but also in self-renewal, pluripotency, and differentiation.

In Table 2, in hyperoxia is worth noting A) a marked up-regulation of endoglin (CD105), a gene coding for a Type I homodimeric transmembrane glycoprotein which binds with high affinity transforming growth factor (TGF)-\(\beta\)1 and TGF-\(\beta\)3. In addition there is evidence that endoglin plays an important role in the dedifferentiation mechanism (Barbara et al. 1999; Frobel et al. 2014). It is noteworthy that the overexpression of endoglin markedly reduces osteogenic differentiation of MSC as

detected by Alizarin Red staining (private communication),B) a marked down-regulation of Vascular Endothelial Growth Factor (VEGF). This is an interesting result since VEGF is an essential coordinator of extracellular matrix remodeling, angiogenesis and bone formation (Schipani et al. 2009).

Conclusion

The SCD - Stem Cell Differentiation experiment addresses an important question: how human MSCs respond to the real microgravity environment. Based on these preliminary tests and on the positive outcome of the optimization of the spaceflight experimental procedures and analytical techniques, we are confident that the aims of the application will be achieved. We here anticipate that the specific benefits of the conceived space experiment will range from a better understanding of the molecular mechanisms governing human BMSC growth and differentiation to the possibility of outlining new countermeasures against astronaut bone



loss. The potential fall-out on ground of the STEM CELL DIFFERENTIATION experiment concerns both the fields of age-related bone pathologies and tissue engineering.

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