ORIGINAL PAPER



Thyroid Cells Exposed to Simulated Microgravity Conditions – Comparison of the Fast Rotating Clinostat and the Random Positioning Machine

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Received: 26 March 2015 / Accepted: 3 September 2015 / Published online: 3 October 2015 © Springer Science+Business Media Dordrecht 2015

Abstract The ground-based facilities 2D clinostat (CN) and Random Positioning Machine (RPM) were designed to simulate microgravity conditions on Earth. With support of the CORA-ESA-GBF program we could use both facilities to investigate the impact of simulated microgravity on normal and malignant thyroid cells. In this review we report about the current knowledge of thyroid cancer cells and normal thyrocytes grown under altered gravity conditions with a special focus on growth behaviour, changes in the gene expression pattern and protein content, as well as on altered secretion behaviour of the cells. We reviewed data obtained from normal thyrocytes and cell lines (two poorly differentiated follicular thyroid cancer cell lines FTC-133 and ML-1, as well as the normal thyroid cell lines Nthyori 3-1 and HTU-5). Thyroid cells cultured under conditions of simulated microgravity (RPM and CN) and in Space showed similar changes with respect to spheroid formation. In static 1g control cultures no spheroids were detectable. Changes in the regulation of cytokines are discussed to be

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involved in MCS (multicellular spheroids) formation. The ESA-GBF program helps the scientists to prepare future spaceflight experiments and furthermore, it might help to identify targets for drug therapy against thyroid cancer.

Keywords Thyroid cells · Simulated microgravity · Random Positioning Machine · Clinostat · Cytokines · Spheroids

Introduction

Previous studies have shown, that thyroid cells *in vitro* and *in vivo* respond to altered gravity conditions (Grimm et al. 2002; Kossmehl et al. 2002, 2003; Meli et al. 1998, 1999; Martin et al. 2000; Masini et al. 2012; Albi et al. 2011, 2012, 2014). This response might play an important role for physiological changes at the organism level during spaceflight but could also give important hints for cancer research on Earth (Becker et al. 2013; Grimm et al. 2002, 2014).

An impressive example for the response to altered gravity conditions is the spheroid formation, which was observed after exposure of thyroid cancer cells to real microgravity in Space for 10 days (Pietsch et al. 2013). This experiment was part of the Sino-German Shenzhou-8/SIMBOX-mission in 2011 (Ma et al. 2014; Pietsch et al. 2013). 3D growth and spheroid formation in Space were also observed for other cell types like chondrocytes (Freed et al. 1997; Stamenkovic et al. 2010). These multicellular spheroids mirror the alteration in cell-cell adhesion, a transition from 2- to 3-dimensional growth and might be beneficial for studies on biological processes such as metastasis or tumorneovascularization and for pharmacological testing (Grimm et al. 2014).

In order to get a deeper insight into the molecular mechanisms behind this phenomenon, ground-based facilities (GBF) are valuable tools, as they enable a cost efficient preparation of spaceflights but also continuous research in stand-alone studies. In this context, the fast rotating clinostat (CN) and the Random Positioning Machine (RPM) have been suggested for studies with adherent mammalian cells, as they often showed similar results compared to real microgravity in earlier studies (Herranz et al. 2013). The most important findings concerning thyroid cells cultured in vitro under conditions of simulated and real microgravity (μg) , published by our group and others, as well as data obtained from Space missions from mouse thyroid glands in vivo, published by Professor Ambesi-Impiombato and coworkers, are listed in Table 1. In addition, we listed published data concerning changes in the gene expression pattern and protein content of different cell types obtained after culture under simulated and real microgravity conditions in Table 2.

This review summarizes the results from the ESA-CORA-GBF-PROJECT-2011-005 (ACRONYM DEVICE COMPARISON) and ESA-CORA-GBF-PROJECT-2013-001 (ACRONYM THYROID III). It gives an overview on the behaviour of thyroid cells under real and simulated microgravity.

Experimental Approach

The thyroid cells were cultured in a comparative methodological approach as published in detail before (Warnke et al. 2014; Grosse et al. 2012). Static 1g-control cells were always stored together with the microgravity simulation device in the same standard cell culture incubator. We used either a fast-rotating 2D clinostat (German Aerospace Center, Cologne, Germany; Fig. 1a), operated constantly at 60 rpm, or a Random Positioning Machine (ADS, former Dutch space, the Netherlands; Fig. 1b), operated in real random speed and direction mode (60-75°/s) (Fig. 1a, b). The spheroid formation was documented microscopically. Molecular biological analyses (quantitative real-time PCR, gene array, bioinformatics), Western blot technique and Multi-Analyte Profiling (MAP) as well as cytoskeletal staining were performed according to established methods (Warnke et al. 2014; Kossmehl et al. 2006; Grosse et al. 2012; Rothermund et al. 2002; Infanger et al. 2007; Pietsch et al. 2013).

The Ground-Based Facilities Random Positioning Machine and 2D Clinostat

The magnitude of the gravity vector on Earth cannot be altered, but its direction and thus its influence can be changed (Briegleb 1992; Herranz et al. 2013). This is the underlying principle for the simulation devices of interest in this review. Therefore, the term 'simulated microgravity' is used, as the cell might experience a condition comparable to that of real microgravity, due to a randomization of the direction of the gravity vector over time. However, device-specific side effects like centrifugal accelerations, shearing forces and vibrations remain and possibly mask the desired microgravity effects. Therefore, a careful and conscious handling and discussion of the results are suggested (Herranz et al. 2013).

Nevertheless, ground-based facilities (RPM, CN) used for the experiments have been previously described as promising candidates for microgravity simulations in adherent mammalian cells (Herranz et al. 2013; Eiermann et al. 2013; van Loon 2007; Grimm et al. 2006; Grimm et al. 2014).

The 2D clinostat (Fig. 1a) contains a horizontal rotation axis, where the sample is constantly rotated perpendicular to the gravity vector. In contrast, the RPM (Fig. 1b) contains two independently rotating frames, enabling a rotation around two axes (van Loon 2007). The RPM is operated in a random direction and random speed mode. Therefore, the influence of the gravity vector with respect to the samples is constantly changed, which assures a maximum of randomization.

The 2D clinostat is operated with a constant speed of 60 rpm, which enables highest μg -simulation quality. In addition, the radius around the rotation axis should not exceed 1-1.5 mm because of increasing centrifugal forces (Häder et al. 2005; Klaus et al. 1998). Given a speed of 60 rpm and a radius around the centre of 1.5 mm, the residual acceleration is $10^{-3}g$.

In case of the RPM, operated in real random mode with a highest speed of 60-75°/s (which is equivalent to 12.5 rpm) and a maximum distance of 7 cm to the rotation centre, the residual acceleration over time is between 10^{-4} and $10^{-2}g$ (van Loon 2007).

Thyroid Cell Lines Cultured Under Conditions of Simulated and Real Microgravity

Nthy-ori 3-1

The cell line Nthy-ori 3-1 was derived from normal human primary thyroid follicular epithelial cells of a 35-yearold female patient. The cells were transfected with a plasmid containing an origin-defective SV40 genome for immortalization (Lemoine et al. 1989). They show thyroid epithelial functions like iodide trapping and thyroglobulin production, but are non-tumorigenic in nude mice (Lemoine et al. 1989).

 Table 1
 Summary of articles addressing research on thyroid cells in vitro and in vivo cultured under real or simulated microgravity, ordered by cell line

Cell line	Device and duration of exposure	Findings in microgravity (μg)	Reference
ML-1	RPM, 7 and 11 d	 proteome analysis equal proteins from cells cultured under 1g and on the RPM, were detected in comparable gel pieces - many of these proteins showed different Mascot scores 	Pietsch et al. Microgravity Sci. Technol. 2011; 23: 381–390.
		- glutathione S-transferase P, nucleoside diphosphate kinase A and heat shock cognate 71 kDa protein concentrations were enhanced on the RPM	
ML-1	PFC, Vibraplex, SAHC	 gene array analysis: 2430 significantly changed transcripts (PFC, 22 seconds) F-actin and cytokeratin cytoskeleton, <i>ACTB</i> significantly up-regulated 	Ulbrich et al. Cell Physiol Biochem. 2011; 28: 185-198.
N# 1		 hypergravity and vibrations did not change <i>ACTB</i> data indicate that the graviresponse of ML-1 cells is occurring very early 	
ML-1	КРМ	 spheroid formation signs of apoptosis elevated amounts of apoptosis- associated Fas protein, p53 and Bax caspase-3 was clearly upregulated 	Kossmehl et al. J Gravit Physiol. 2002; 9: P295-296.
ML-1	RPM 24 and 48 h	 spheroid formation elevated intermediate filaments, cell adhesion molecules, and extracellular matrix proteins induced apoptosis decreased fT3 and fT4 secretion 	Grimm et al. FASEB J. 2002; 16: 604-606.
ML-1 RO82-W-1	CN and RPM 72 h, 7 d	 Spheroid formation on both devices elevated release of IL-6 and MCP-1 by ML-1 cells compared with 1g reduced integrin-b₁in MCS compared with 1g 	Svejgaard et al. PLoS One. 2015; 10:e0135157
FTC-133	CN and RPM 4 h, 24 h, 72 h	 Spheroid formation CN: decreased cytokine release RPM: increased cytokine release decreased expression of <i>CAV1</i> and <i>CTGF</i> in MCS compared to AD 	Warnke et al. Cell Commun Signal. 2014; 10; 12: 32.
FTC-133	PFC, 10 d Space (SIMBOX/Shenzhou-8), 10 d RPM	 microarray analysis: 63 sig. regulated transcripts after 22 s of microgravity (PFC) 2881 sig. regulated transcripts after 10 d on the RPM or in Space 	Ma et al. FASEB J. 2014; 28: 813-835.

Table 1(continued)

Cell line	Device and duration of exposure	Findings in microgravity (μg)	Reference	
		- genes involved in several biological processes: apoptosis, cytoskeleton, adhesion/extracellular matrix, proliferation, stress response, migration, angiogenesis, signal transduction, regulation of cancer		
		cell proliferation and metastasis		
FTC-133	Space and RPM 10 d	- Spheroid formation - enhanced EGF and CTGF in both real and s-ug	Pietsch et al. Biomaterials. 2013; 34: 7694-7705.	
FTC-133,	RPM	- protein pathways influenced by s-µg:	Pietsch et al. Int J Mol	
CGTH W-1, HTU-5	1 and 3 d	- Carbohydrate and protein metabolism, regulation of cell growth and cell membrane structuring.	Sci. 2013; 14: 1164-1178.	
FTC-133	RPM	- spheroid formation	Grosse et al. FASEB J.	
	24 h	 - 487 sign. regulated transcripts (Gene Array) - IL-6, IL-8, OPN, TLN-1, CTGF, NF-kB suggested as relevant for RPM- dependent spheroid formation 	2012; 26: 5124-5140.	
FTC-133,	RPM	- Proteomic analysis of differences	Pietsch et al. Proteomics.	
CGTH W-1	3 d	 collagen only detected in CGTH W-1 integrin a-5 chains, myosin-10 and filamin B only found in FTC-133 FTC-133 cells express surface proteins that bind fibronectin, this strengthens the 3D cell cohesion 	2011; 11: 2095-2104.	
Human	RCCS	- 3D aggregates	Martin et al. Thyroid.	
thyrocytes	14 d	 human thyroglobulin level increased keratinocyte growth factor facilitated 3D aggregation 	2000; 10: 481-487.	
FRTL-5	Texus-44 mission	- no response to TSH	Albi et al. Astrobiology.	
rat	6 min 19 s r-µg	 irregular shape shedding of TSH-R in the supernatant increase in Bax increase in sphingomyelin-synthase rearrangement of the cell membrane 	2011; 11: 57-64.	
FRTL-5	CN	- less-responsive to TSH stimulation in	Meli et al. Acta Astronaut.	
rat		terms of cAMP	1998; 42: 465-72.	
FRTL-5 rat	low-speed centrifuge $5g$ and $9g$	 response to the variable gravity force in a dose-dependent manner in terms of cAMP production following TSH- stimulation 	Meli et al. Biochemie. 1999; 81: 281-285.	
Thyroid	Spaceflight	- increase in average follicle size	Albi et al. Astrobiology.	
gland mouse	91 d	 increase in sphingomyelinase increase in sphingomyelin-synthase1 	2012; 12: 1035-10341.	

Table 1(continued)

Cell line	Device and duration of exposure	Findings in microgravity (μg)	Reference
Thyroid	Spaceflight	Both conditions induce:	Albi et al. PLoS One.
gland	91 d	- loss of C cells	2012; 7: e48518.
mouse	hypergravity	- reduction of calcitonin production	
	2g centrifuge	- over-expression of pleiotrophin	
Thyroid	Spaceflight	- thyroid follicles appeared more organized	Masini et al. PLoS One.
gland	3 months	- over-expression of caveolin-1	2012; 7: e35418.
mouse		- over-expression of TSH-R	
Thyroid	Spaceflight	- over-expression of HBME-1	Albi et al. Biomed. Res. Int.
gland mouse	90 d	- over-expression of Galectin-3	2014: 652863
Thyroid	hypergravity	- up-regulation of TSH-R	Albi et al. PLoS One.
gland	2g centrifuge	- up-regulation of caveolin-1	2014; 9: e98250
mouse		- down-regulation of STAT3	
		- cholesterol level strongly reduced	
		- no changes of cAMP	

AD adherent cells, ACTB Actin Beta, cAMP cyclic adenosine monophosphate, CAV Caveolin, CN 2D clinostat, CTGF Connective Tissue Growth Factor, 3D three-dimensional; EGF Epidermal Growth Factor, HBME-1 Anti-Mesothelioma antibody, IL Interleukin, ITGB1 Integrin Beta-1, MCP-1 Monocyte chemotactic protein, MCS multicellular spheroids, MYO9B Myosin, OPN osteopontin, PFC Parabolic Flight Campaign, RCCS rotary cell culture system, RDX Radixin, RPM random positioning machine, r-µg real microgravity, SAHC short-arm human centrifuge; s-µg simulated microgravity, TLN-1 Talin-1, TSH Thyroid-stimulating hormone, TSH-R Thyroid-stimulating hormone receptor, VIM Vimentin

HTU-5

The normal thyroid cell line HTU-5 was derived from healthy human thyroid tissue. HTU-5 thyroid cells produce thyroglobulin constitutively and exert normal diploid chromosome numbers (Curcio et al. 1994). The cells were cultured in Coon's F-12 medium containing a mixture of growth factors as described earlier (Curcio et al. 1994).

FTC-133

The FTC-133 is classified as a poorly differentiated follicular thyroid cancer cell line. It was derived from a lymph node metastasis of a 42-year-old male patient (Goretzki et al. 1990). Nevertheless, the cells show thyroglobulin immunoreactivity, response to thyroid-stimulating hormone and epidermal growth factor receptors in the membrane (Goretzki et al. 1990).

ML-1

The human thyroid carcinoma cell line ML-1 originates from a dedifferentiated follicular thyroid carcinoma relapse of a 50-year-old female patient (Schönberger et al. 2000). The tumour progressed despite previous surgery and two radioiodine therapies. The cells are able to take up iodine and/or glucose *in vitro* and *in vivo*. Furthermore, they express and secrete thyroglobulin. Xenotransplantation in NMRI nude mice showed tumourigenic capacity, with the formation of tumours with follicular structures, *in vivo* (Schönberger et al. 2000).

Biological Responses to Simulated Microgravity

RPM- and CN-Exposure Induced Spheroid Formation in Thyroid Cancer Cell Lines and Normal Thyrocytes

When cultured under normal 1*g*-conditions on Earth, thyroid carcinoma cells grew in form of an adherent monolayer. Already in 2000, Martin et al. have demonstrated that normal thyrocytes grow three-dimensionally in form of thyroid follicles, when they were cultured in a rotary cell culture system (RCCS). The cells produced thyroglobulin, when they were grown in the RCCS (Martin et al. 2000). The authors showed that these artificial human thyroid organoids generated in the RCCS and in the presence of keratinocyte growth factor structurally resembled natural thyroid tissue. Interestingly, several types of cells undergo a transition when exposed to simulated microgravity. It was shown, that

Table 2 Differential gene expression and protein content of different thyroid cell lines on the RPM, the 2D Clinostat and in Space						
Cell Line	Device and condition	Investigated gene expression and protein content	AD	MCS	References	

	condition	expression			
		and protein			
		content			
ML-1	RPM 24 h	Protein content:			Grimm et al. FASEB J.
	and 72 h	Collagen 1/3	\uparrow	\uparrow	2002; 16: 604-6.
		Laminin	\uparrow	\uparrow	
		Fibronectin	\uparrow	\uparrow	
		Fas	\uparrow	\uparrow	
		p53	\uparrow	\uparrow	
		Bax	\uparrow	\uparrow	
		Bcl-2	\downarrow	\downarrow	
ML-1	RPM	Protein content:			Kossmehl et al. J Gravit Physiol.
		Fas	↑	\uparrow	2002; 9: P295-6.
		p53	↑	\uparrow	
		Bax	↑	\uparrow	
		Bcl-2	\downarrow	\downarrow	
FTC-133	RPM 24 h	Gene expression:			Grosse et al. FASEB J.
		IL6	\uparrow	\downarrow	2012; 26: 5124-40.
		Erk1	\downarrow	-	
		Erk2	\downarrow	\downarrow	
		Cavl	-	-	
		Cav2	\downarrow	\downarrow	
		OPN	1	-	
		CTGF	\downarrow	\downarrow	
		IL8	1	-	
FTC-133	RPM 10 d	Gene expression:			Pietsch et al. Biomaterials
		CTGF	1	1	2013; 34: 7694-7670.
		EGF	1	1	
	Space 10 d	Gene expression:			
		CTGF	(†)	(†)	
		EGF	(†)	(†)	
FTC-133	RPM 10 d	Gene expression:			Ma et al. FASEB J.
		IL6	-	-	2014; 28: 813-35.
		IL8	\downarrow	\downarrow	
		OPN	1	1	
		VEGFA	\downarrow	\downarrow	
		VEGFD	↑	\uparrow	
	Space 10 d	Gene expression:			
		IL6	(-)	(-)	
		IL8	\downarrow	\downarrow	
		OPN	(↓)	(↓)	
		VEGFA	(↓)	(↓)	
		VEGFD	(↑)	(个)	
FTC-133	CN 4 h	Gene expression:			Warnke et al. Cell Commun Signal.
		CTGF	↑	/	2014; 12:32.
		CAV2	↑		
		ERKI	\downarrow		

Ϋ́,						
Cell Line	Device and condition	Investigated gene expression and protein content	AD	MCS	References	
	RPM 4 h	Gene expression:				
		CTGF	↑	/		
		CAV2	-			
		ERK1	-			
	CN 72 h	Gene expression:				
		CAVI	-	\downarrow		
		CAV2	Ļ	Ļ		
		CTGF	-	↓		
		EGF	-	-		
		ERK1	-	\downarrow		
		IL8	\downarrow	\downarrow		
		ITGB1	-	\downarrow		
		PRKCA	-	\downarrow		
	RPM 72 h	Gene expression:				
		CAVI	-	\downarrow		
		CAV2	-	-		
		CTGF	\uparrow	\downarrow		
		EGF	-	↑		
		ERK1	-	↑		
		IL8	-	-		
		ITGB1	-	-		
		PRKCA	-	-		
FRTL-5	Texus-44	Protein content:			Albi et al. Astrobiology.	
	6 min 19 s	Bax	↑	/	2011;11:57-64.	
		Sphingomyelin- synthase	1			

Table 2(continued)

AD Adherent cells RPM, Bax Bcl-2-Associated X Protein, Bcl-2 B-Cell Lymphoma 2, Cav1/2 Caveolin 1/2, CN 2D-Clinostat, CTGF Connective Tissue Growth Factor, EGF Epidermal Growth Factor, ERK1/2 Extracellular Signal-Regulated Kinases, IL6 Interleukin-6, IL8 Interleukin-8, ITGB1 Integrin Beta-1, MCS Multicellular Spheroids, OPN Osteopontin, PRKCA Protein Kinase C Alpha, RPM Random Positioning Machine, VEGFA/D Vascular Endothelial Growth Factor. \uparrow/\downarrow significantly up- or down-regulated compared to control adherent cells, (x) not significant, - no changes, / no MCS

an exposure to either RPM or CN lead to the detachment and formation of 3D aggregates, so-called multicellular spheroids (MCS) for some cells, while others remained adherent (AD). This transition from 2- to 3-dimensional growth is of high interest for tissue engineering but also for possible cancer therapy (Grimm et al. 1997, 2014). In 2002 we demonstrated for the first time that ML-1 thyroid cancer cells changed their growth behaviour and form MCS on the 3D clinostat (Grimm et al. 2002) (Table 1).

When FTC-133 thyroid carcinoma cells were cultured on the RPM for 24 h, one part of the cells started to form MCS, which increased in size up to 72 h, while another part remained adherent (Grosse et al. 2012). These changes in growth behaviour were observed in each experiment (Grosse et al. 2012), but also in normal thyrocytes, which had been cultured for 7 d on the RPM (Wuest et al. 2015).

FTC-133 investigated at early time points: 4 h, 24 h and 72 h showed an early onset of spheroid formation after 24 h but numerous and much larger spheroids after 72 h (Warnke et al. 2014). No spheroids were visible in 1g control cultures.

This spheroid formation is of special interest, as it occurs in a scaffold-free manner and is therefore a very promising approach for tissue engineering. The 3D structures **Fig. 1** a Fast rotating 2D clinostat and **b** Desktop Random Positioning Machine in an incubator



resemble the *in vivo* situation much better than conventional cell culture in 2D cell monolayer. Studies on molecular mechanisms, tumor cell apoptosis and the angiogenesis process in co-cultures will be of high interest in future studies (Grimm et al. 2014, Grimm et al. 1997). In a proteomic study to analyse the spheroid formation of two human thyroid cell lines cultured on a RPM, Pietsch et al. found that FTC-133 cells express surface proteins that bind fibronectin, strengthening the 3D cell cohesion (Pietsch et al. 2011).

The Cytoskeleton as a Possible Gravisensor

The cytoskeleton is a dynamic structure, which gives shape and mechanical strength to cells but also enables the adaption to external stimuli. This phenomenon can be nicely visualized by the transformation from 2D to 3D growth as observed under real and simulated microgravity conditions (Ma et al. 2014). The underlying biological and molecular mechanisms remain mostly unclear, while it is obvious, that the physical force of gravity needs to be translated into a biochemical signal. The cytoskeleton is therefore suggested to play a role as "gravisensor" in cells lacking a distinct and so far known mechanism for gravity perception (Vorselen et al. 2014).

When follicular thyroid cancer cells were investigated during parabolic flight manoeuvres (Ulbrich et al. 2011), it was shown that the response to altered gravity conditions of ML-1 cells occurred very early, within the first few seconds. After 22 s of microgravity, the F-actin and cytokeratin cytoskeleton was altered, and in parallel *ACTB* and *KRT80* mRNAs were significantly up-regulated after the first parabola (Ulbrich et al. 2011). Studies performed on sounding rockets revealed that the F-actin content increased in A431 epidermoid carcinoma cells after 7 min under microgravity (Boonstra 1999), leading to the suggestion that the actin microfilament system is sensitive to changes in gravity and that remodelling of actin microfilaments may affect signal transduction. Another interesting finding was the detection of septin-11 (SEPT11) in HTU-5 cells (Pietsch et al. 2010). The proteomic discovery of SEPT11 accumulation in HTU-5 cells indicates a role for this cytoskeleton-associated protein in thyrocyte biology. The impact of microgravity on SEPT11 will be studied in detail in future studies.

A 7-day-exposure of Nthy-ori-3-1 cells induced a clear elevation of β -actin protein in AD and MCS cells as measured by Western blot analysis (Fig. 2a). In addition, we detected a significant increase in β -tubulin protein in AD and MCS after a 7-day-culture on the RPM (Fig. 2b). In contrast, β -actin remained unchanged in FTC-133 cells cultured for 7 d on the RPM and β -tubulin was significantly elevated in MCS compared with corresponding 1g-controls (Fig. 2c, d).

Expression of Growth Factors in Microgravity

Measurements of Vascular Endothelial Growth Factor (VEGF) in the supernatants after a 3-day-exposure of FTC-133 to either CN or RPM showed a reduced (but not significant) secretion of VEGF (Warnke et al. 2014) (Table 2). In contrast, in Space after 10 d no change in the VEGF release was measured, whereas after 10 d on the RPM the cells released a significantly decreased amount of the cytokine (Ma et al. 2014). In general, VEGF is known to promote neoangiogenesis and is therefore an important player for



Fig. 2 Western blot analyses of β -Actin (a) and β -tubulin (b) in Nthy-ori 3-1 cells. β -actin (c) and β -tubulin (d) in FTC-133 cells

growth and metastasis of tumours (Grimm et al. 2009). A target-based therapy is already of special interest in tumour therapy (Wehland et al. 2012).

No MCS had been detected on both ground-based facilities, CN and RPM, after 4 h, but a change in the gene expression of several cytokines was expected. The Connective Tissue Growth Factor (CTGF) mRNA was significantly enhanced on both devices (Warnke et al. 2014). After 72 h, CTGF mRNA was still elevated in AD cells on the RPM, but normalized in MCS (Warnke et al. 2014). On the CN there was only a moderate, but not significant elevation, whereas the CTGF mRNA was significantly down-regulated in MCS (Warnke et al. 2014). In Space, the CTGF gene expression was up-regulated in AD and MCS, whereas the CTGF elevation was more pronounced in AD (Pietsch et al. 2013). A clear up-regulation of Epidermal Growth Factor (EGF) mRNA in AD and MCS was found in Space and on the RPM compared with controls (Pietsch et al. 2013). Interestingly, EGF remained static in FTC-133 cells grown on the CN, whereas EGF was up-regulated in MCS on the RPM after a time-period of 72 h (Warnke et al. 2014). These data suggest that EGF and CTGF play a key role in the 3D formation of thyroid cancer cells when they are grown in Space and on the RPM.

Martin et al. have demonstrated in 2000 that recombinant human keratinocyte growth factor facilitated 3D growth of human thyrocytes. Caveolins are integral membrane proteins and components of caveolae membranes. A higher caveolin expression results in an inhibition of cancer-related pathways (growth factor signaling). We have shown that in MCS engineered in the CN or RPM the *CAV1* gene expression is downregulated in FTC-133 thyroid cancer cells after a 72-hourexposure (Warnke et al. 2014; Table 2). An up-regulation of caveolin-1 was found in mouse thyroid glands after a threemonth-spaceflight (Masini et al. 2012), a similar result was found when mice were exposed to hypergravity (Albi et al. 2014, Table 1).

Involvement of II-6 and II-8 During Gravisensitive Signalling

Since the discovery of IL-6 in 1986, the knowledge on this cytokine for immune homeostasis and its pathophysiology has rapidly increased (Rath et al. 2015). IL-6 is a key cytokine for linking chronic inflammation to cancer development (Rath et al. 2015). IL-6 is a multifunctional cytokine and is expressed by human thyrocytes (Grubeck-Loebenstein et al. 1989; Aust and Scherbaum 1996). It induces the production of VEGF and is involved in neoangiogenesis (Tartour et al. 2011) and thus, may be involved in 3D formation in Space or in simulated microgravity using a RPM or 2D CN. IL-6 plays an important role in modifying various tumour characteristics, such as proliferation, Fig. 3 Expression of the *IL6* gene after 4 h (a) and 72 h (c) on the CN and after 4 h (b) and 72h (d) on the RPM in thyroid cancer cells. *P<0.05 vs. 1g controls



migration, differentiation, apoptosis, angiogenesis, invasion and adhesion thus promoting tumour growth and metastasis (reviewed by Tartour et al. 2011). Mechanical stress or stretching enhances IL-6 production in human lung epithelial cells and smooth muscle cells via NF- κ B (Copland and Post 2007, Zampetaki et al. 2005). FTC-133 cells showed an enhanced IL6 gene expression in AD cells and no change in MCS when they were cultured on the RPM for 24 h (Grosse et al. 2012). A similar finding was observed after a 4-hour- and 72-hour-exposure of FTC-133 cells on the RPM, but no change was found for the IL6 gene expression on the 2D CN (Fig. 3a-d) (Warnke et al. 2014). Using MAP technology, a significantly reduced release of IL-6 protein in the supernatant was found in CN, but an increase in RPM samples (Warnke et al. 2014). We recently showed that a PKCa-independent mechanism of IL6 gene activation is very sensitive to physical forces in thyroid cells cultured in vitro as monolayers under conditions of vibration or hypergravity (Ma et al. 2013).

These findings nicely correspond to earlier data, suggesting an involvement of IL-6 in gravity-sensitive signalling for spheroid formation (Ma et al. 2013, 2014). In a new study we could show for the first time that both cytokines IL-6 and IL-8 induced the formation of MCS in ML-1 and UCLA RO82-W-1 cells using the liquid-overlay technique under 1g-conditions (Svejgaard et al. 2015). These investigations support the hypothesis that IL-6 is one of the key factors inducing spheroid formation in Space and on the RPM and CN.

Earlier studies with FTC-133 cells suggest that gravitational unloading leads to an initiation of an early phase of apoptosis. An escape from the late phase then leads to the transition from 2D to 3D growth (Grosse et al. 2012; Grimm et al. 2014).

Interleukin-8 is a chemokine produced by a variety of cell types. In humans the interleukin-8 protein is encoded by the IL8 gene. This cytokine is a known strong promoter of angiogenesis. A recent study demonstrated that NF- κ B signalling is a key regulator of angiogenesis and growth in thyroid cancer, and that IL-8 may be an important downstream mediator of NF- κ B signalling in advanced thyroid cancer growth and progression (Bauerle et al. 2014). FTC-133 cells cultured for 72 h on the CN showed a significant reduction of the IL8 gene expression in AD cells and MCS (Warnke et al. 2014). Interestingly, we did not observe significant changes of the IL8 mRNA after RPM exposure of the FTC-133 cells (Warnke et al. 2014). The secretion of IL-8 protein in the medium of FTC-133 cells cultured on the CN was significantly reduced, whereas a different result was found in the RPM cultures, which exerted an increase (Warnke et al. 2014, Table 2). Interestingly, a different gene expression of IL8 and differences in the IL-8 secretion behaviour of the cells were found. Reasons for this may be the different culture chambers, which had to be used due to the geometry of the devices. We have used slide flasks on the CN and T 75 cm² cell culture flasks on the RPM (Warnke et al. 2014). In a planned future study we will use slide flasks for both devices. Another aspect may be the impact of vibrations, which are critical for the release of cytokines by human cells. The controls were stored next to the device in the same incubator so that the influence should be minimal but this has to be investigated in the future in more detail.

Eiermann et al. (2013) had also found significant differences in the gene expression in cells located at a further distance from the CN rotation axis. These cells are exposed to higher accelerations. Therefore, only cells within the inner 6 mm of the slide flasks were collected. A problem is that the supernatant consists of released proteins from all cells. This means that also the release of cells exposed to higher accelerations (though still less than 0.036g) was measured. This problem might explain some of the differences.

Conclusions and Recommendations

Taken these data together, microgravity induces a variety of changes in thyroid cells. The thyroid cancer cells revealed signs of apoptosis (Grimm et al. 2002; Kossmehl et al. 2003), changed their growth behaviour, differentiation, migration and cell adhesion. Interestingly, already after a short-term sounding rocket flight rat FRTL-5 thyrocytes showed an increase in Bax as well as an irregular shape (Albi et al. 2011).

Spheroid formation was detected in several cell lines in ground-based facilities and also in real microgravity. It demonstrated the good practicability of ground-based devices like RPM and CN for scaffold-free tissue engineering of multicellular spheroids.

It is important to keep in mind that each device affects the cells not only by randomization of the gravity vector but also by device-specific artefacts like vibration, centrifugal accelerations and shearing forces. The susceptibility of cells to gravity alterations but also to these artefacts might vary broadly between different cell lines. A careful and conscious handling of ground-based devices is therefore suggested, with real microgravity experiments as an indispensable tool for validation to identify gravity-related effects (Herranz et al. 2013).

Changes in cytoskeletal proteins were found very early in real and simulated microgravity (Ulbrich et al. 2011; Grosse et al 2012; Pietsch et al. 2011). These observations nicely fit to early studies, reporting a cytoskeletal involvement in the transition from 2D to 3D growth behaviour (Grimm et al. 2014). So far all investigations had been made after termination of the experiments. The cells were fixed with paraformaldehyde and then stained by immunofluorescence. Great new insights are expected by the German national DLR project FLUMIAS in which a Fluorescence Microscopic Analysis System for biological and biomedical research in Space has been developed, enabling in-vivo 3D fluorescence analyses of biological samples in microgravity. FLUMIAS developed by ADS, Bremen, Germany had been successfully flown on TEXUS 52 sounding rocket in April 2015, launch site Esrange, Kiruna, Sweden. Here, FTC-133 poorly differentiated follicular thyroid cancer cells together with other cells were investigated online during a 6-min-exposure to real microgravity allowing visualization of dynamics and adaption of the cytoskeleton. These data will be published soon.

The fast rotating 2D Clinostat and the Random Positioning Machine are important ground-based devices for tissue engineering of spheroids which can be used in cancer research to study drug effects and to spare animal tests. In addition, these devices can be applied for the preparation of a future spaceflight. It is important to know when and how spheroid formation occurs and the mechanisms behind 3D growth. We become able to answer questions like, how big are the spheroids, how many are formed, do they have an impact on the operational capability of the hardware, are filters necessary to avoid that the spheroids block the tubes of the hardware, what happens to the cells when the launch is delayed, or simply to test a newly constructed hardware container under simulated microgravity conditions or check the influence of temperature changes on the cells. The ESA-CORA-Ground-based facility program has supported us to answer these questions and to prepare the SIMBOX/Shenzhou-8 in 2011 and the Cellbox-1 Space missions in 2014 (Pietsch et al. 2013, Ma et al. 2014, Riwaldt et al. 2015).

Abbreviations

° /s:	Degrees per Second
2D:	Two-dimensional
3D:	Three-dimensional
ACTB:	β -actin gene
AD:	adherent cells in simulated microgravity sam-
	ples
ADS:	Airbus Defence and Space
Bax:	Bcl-2-associated X protein gene
Bcl-2:	B-cell Lymphoma 2 gene
Cav1/2:	Caveolin 1/2 genes
cm:	centimetre
CN:	Clinostat
CORA:	Continuously Open Research Announcement
CTGF:	Connective Tissue Growth Factor
DLR:	Deutsches Zentrum für Luft- und Raumfahrt
EGF:	Epidermal Growth Factor
ERK1/2:	Extracellular Signal-Regulated Kinases 1/2
	genes
ESA:	European Space Agency
f-actin:	filamentous actin
FCS:	Fetal Calf Serum
FLUMIAS:	Fluorescence Microscopic Analysis System
FTC:	Follicular Thyroid Carcinoma
<i>g</i> :	Gravity
GBF:	Ground-based facilities
h:	hour
IL:	Interleukin
ITGB1:	Integrin Beta-1 gene
KRT80:	Keratin 80 gene
MAP:	Multi-Analyte Profiling
MCP1:	Monocyte Chemotactic Protein 1

MCS:	Multicellular Spheroids
min:	minute
mm:	millimetre
NF- κ B:	Nuclear Factor 'kappa-light-chain-enhancer'
	of Activated B-cells
NMRI:	Naval Medical Research Institute mice
OPN:	Osteopontin gene
PCR:	Polymerase Chain Reaction
PFC:	Parabolic Flight Campaign
PKCa:	Protein kinase Ca
PRKCA:	Protein Kinase C alpha gene
RBM:	Rules-Based Medicine
RPM:	Random Positioning Machine
rpm:	revolutions per minute
PCR:	Polymerase Chain Reaction
s-µ g:	Simulated Microgravity
SD:	Standard Deviation
SV40:	Simian Virus 40
VEGF:	Vascular Endothelial Growth Factor

Acknowledgments The authors would like to thank the European Space Agency (ESA-CORA-GBF-PROJECT-2011-005 (ACRONYM DEVICE COMPARISON), ESA-CORA-GBF-PROJECT-2013-001 (ACRONYM THYROID III), D.G.) and the German Space Administration (DLR; BMWi grants 50WB1124/50WB1524; D.G.). Elisabeth Warnke is a doctoral candidate of the Helmholtz Space Life Sciences Research School, German Aerospace Center Cologne, Germany and was further funded by the German only one space Aviation and Space Medicine (DGLRM; Young Fellow Program).

Author Contributions This review is based on data of the the ESA-CORA-GBF-PROJECT-2011-005 (ACRONYM DEVICE COMPAR-ISON) and ESA-CORA-GBF-PROJECT-2013-001 (ACRONYM THYROID III).

Conflict of interests The authors declare that they have no conflict of interest.

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