REVIEW

Micro(bio)robotics: design and applications

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Abstract

Microrobots are motile microsystems constructed using physical, chemical and biological components for operations with respect to defnite applications. In the present review, we have discussed the various aspects of microbiorobots, their history, and design. While designing a microrobot, two critical parameters (and their varities)- actuation and sensing afect the diferent micromanipulation techniques to be employed (Magnetic, Optical, Electric, fuidic, or acoustic). The controlling and actuation system (Vision-based or Force-sensing) selected for the specifc application can dictate the fabrication type to be used for manufacture the microrobot. The type of propulsion systems, Powering system, and mobility in a complex environment, and applicability of the microrobot further infuence the controlling parameters. Presently, microbiorobotics have applications in biomedical and environmental engineering. In this review, we have analyzed various aspects of microbiorobot design, fabrication, and applications that can help future works in nanosciences and microbiorobotics.

Keywords Biomedical applications · Fabrication · Microrobot/s · And micromanipulation

1 Introduction

A microrobot is a motile microsystem arranged physically, chemically, and biologically to attain its actuation for a defnite task. Engineering microrobots can incorporate ancillary robotic attributes such as sensing, mobility, and vision control [[1\]](#page-15-0). There are three classifcations of microrobots based on their construction and actuation sources: (i) Cellular microrobots consist of cellular components actuated biologically to evince an anticancer effect, (ii) Synthetic microrobots consist of an artifcial material, pattern, and element which are actuated either physically or chemically and (iii) Bio-hybrid microrobots are composed of cellular and synthetic (artifcial) components that is propelled conventionally using biological or synthetic systems [[1,](#page-15-0) [2](#page-15-1)]. The chronology of microrobot research is summarized in Table [1.](#page-1-0)

The scope of this review lies in the challenges and limitation of existing methods in designing and constructing viable microrobots. When cellular microrobots are used for

biomedical application, they face challenges such as ethical clearance, regulation of nutrient transport for survival, maintenance of cell lines, limited life span (in vivo), and complexity of operating them for the desired task. To overcome these challenges and drawbacks, microorganisms-based robots, that is, microrobots can be a helpful solution. They provide the advantage of being small in size (μ m in range), thus, have on-board motility for their propulsion, survive in harsh conditions, and have easy maintenance compared to cellular microrobots. Using safe microorganisms (generally regarded as safe or GRAS) can enhance the applicability of microbes in this feld. GRAS is defned as general safety recognized via scientifc procedures depending upon the type of applications that are available and accepted in the form of scientifc principles, methods, data, and that are published and approved by the Food, Drug, and Cosmetics Act (FDA) [[3\]](#page-15-2). The microorganisms, or microbial products, are only GRAS if it is a general recognition based on the view of qualifed experts to evaluate their safety measurements [\[4](#page-15-3)]. So, the present review shares details about the history of microrobots at diferent length scales, their design parameters, and their biomedical application for future exploration.

The miniature robots can also be classifed based on their diferent length scale and functions as millirobots, microrobots, nanorobots, and mesorobots. Millirobots are mobile microsystems containing untethered motile components with

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dimensions of 1-150 mm. They are infuenced by macroscale forces such as bulk, buoyant, and inertial forces to their artifcer [[5\]](#page-15-5). While microrobots have their untethered motile components having all aspects in the range of 1-1000 µm their mechanics are greatly infuenced at the microscale due to the consequences of physical forces because, for microrobots, bulk forces are insignifcant in contrast to surface area and circumference-related forces (adhesion, friction, drag forces, viscous forces, and surface tension) [[5,](#page-15-5) [6](#page-15-35)]. Nanorobots, being at the nanometer scale, focus more on biomedical applications. Their small size, and high surface-to-volume ratio make it feasible to be used in healthcare as it enables minimum invasive strategy instead of untargeted chemical and radiotherapy surgeries [\[7\]](#page-15-36). Untethered mesorobots have a length scale between nanoscale (1–100 nm) and microscale (10 µm to 1 mm), also micro-nano-robots. At this mesoscale level, most steering forces, such as diaelectrophoretic force, magnetic force, and radiation pressure, are essential for their proper function [\[8](#page-15-37)].

2 Microrobot design

Designing a microrobot requires a set of Sensors, actuators, micromanipulators, powering systems, and control strategies [\[2](#page-15-1), [68,](#page-16-28) [69\]](#page-16-29). The present section explains how a microrobot is designed and executed for the targeted application.

2.1 Sensor

A microrobot requires a sensor that responds to such stimuli to perform a predefned task. In a Bio-hybrid microrobot, microbes can be considered an "actuator-sensor processing unit." Motile microorganisms exploit sensory-based responses collectively known as "taxes," either positive or negative towards/away from the source [[68](#page-16-28)]. The diferent taxis mechanisms (Fig. [2](#page-5-0)) used by the microrobotic system are; Magnetotaxis, aerotaxis, thermotaxis, [[2,](#page-15-1) [5](#page-15-5)], phototaxis, chemotaxis, galvanotaxis, and pH gradients [\[69](#page-16-29)].

2.2 Actuators

Actuation is crucial for synthetic (artifcial) devices to communicate with their surrounding habitat and to perform the task for which they are designed. There are many actuation techniques established, but still, for many applications, directional locomotion is the challenges that afects the evolution of robots at a minute length scale especially having bio-hybrid nature. To overcome this issue and achieve maximum actuation of robots at a minute scale (e.g., millirobots- greater than 1 mm and microrobots- less than 1 mm), the bacteria-powered microrobots (bacteriabots, biohybrid robots) construction was envisaged [[70\]](#page-16-30). Bacteriabots include the fusion of live motile (fagellated) bacteria with synthetic compounds such as liposomes, magnetic nanoparticles (MNPs), magnetosomes, and polymersomes [[6,](#page-15-35) [71](#page-16-31)]. The system can incorporate the non-identical functional components: cargo and carrier. The cargo is an ingredient to be moved and feasibly released in an alternate manner, while the carrier is a tool that conducts the motion of a microbiorobots that carries the cargo, which is of interest that is linked to its surface. Essential features of carriers includesize and shape, cargo loading and release, degradability, and deformability. Size and shape are considered critical elements responsible for the propulsion and cargo (drug) loading execution of bacteriabots. Two significant characteristics of microorganisms need to be taken into consideration while designing a microbiorobot: (i) surface properties that direct the cargo attachment and (ii) their motility potential, i.e., whether the attachment of cargo can move from one place to the targeted $[6, 71]$ $[6, 71]$ $[6, 71]$. A list of reported actuators is summarized in Table [2.](#page-4-0)

2.2.1 Propulsion/motility

There can be any one of the Directional control-based taxis methods (Fig. [1\)](#page-5-1). Deterministic, Environmental, and Autonomous directional control encompasses the planned, programmed, and attraction-dependent deterministic taxis of the microbiorobot. Assisted directional control uses fxed path directions for taxis, and multi-taxes directional controls (switched/simultaneous) uses external infuences (Photo/magnetic/nutritional) can enhance the taxis of the microbiorobot) [[68](#page-16-28)].

Deterministic directional control It allows microrobots to recognize the planned trajectory (Fig. [1\)](#page-5-1) under an external physical controller, such as a magnetic feld to generate magnetotaxis. Other taxes-based systems include *Spirulina plantensis* based magnetic microrobot (Table [1\)](#page-1-0) used for environmental applications for the removal of Pb [[62\]](#page-16-23). Other taxes based on deterministic control include, galvanotaxis,

Table 2 Microorganism/s based microrobot/s, Actuators and their targets/biomedical applications

Microrobot	Sensors/actuators	Specific target	Reference(s)
Attenuated Salmonella typhimurium attached to polystyrene microbead	Chemotaxis	Tumor spheroids	[72, 73]
Micro-swimmers (e.g., <i>E.coli</i>) for targeted active drug delivery	Chemotaxis/Magnetic field-based steering Tumor tissue		[74]
Magnetotactic bacteria (Magnetococ- cus marinus) loaded with liposomes containing anticancer drug	Aero-taxis-based self-steering, remote magnetic steering	Colorectal xenografts in mice, drug diffu- sion into the hypoxic region of a tumor	[40]
Serratia marcescens attached polystyrene or polydimethylsiloxane to form bacte- rial carpets	Chemotaxis	Automobile beads/chip, targeted thera- peutics delivery	[24, 75]
Vibrio alginolyticus	Chemotaxis/surface swarming as actua- tors	Bio-motor	[76]
<i>Bacillus subtilis</i> (microscopic gears)	Oxygen gradation	Redox environment	[77]
Gliding bacterial species (Mycoplasma <i>mobil</i>)	Rotatory motor as actuator	NA	$[78]$
Protozoa (Paramecium caudatum)	Negative Galveno-taxis as micromanipu- lator or actuator	Micromanipulation of genes, cells	$[79]$
Vorticella convallaria	Chemotaxis Cilia as a micro actuators	Microfluidic applications (a collective ciliary motion for enhancement of mix- ing in a continuous fluid)	[80, 81]
Tetrahymena pyriformis (eukaryon)	Magnetotaxis, Phototaxis, galvenotaxis/ Magnetically steered micro transporters	Transport engineered microstructures	$[82 - 84]$
The strain of algae, such as Chla- mydomonas reinhardti,	Phototaxis steered	Antibiotic delivery to successful killing of gram positive organisms	[67, 85]
Magnetotactic cocci (MC-1)	Microwave/Magnetic gradient	Breast cancer	[86]
Actuators based on explanted whole-muscle tissue			
Cardiomyocytes drive hydrogel micro- piller	Cardiomyocytes	In situ drug screening on microchip	[87]
Swimming robot	Living muscle tissue with embedded microcontroller	Muscle prosthesis	$[12]$
A cellular micropump on chip	Cardiomyocytes sheets	µ-TAS (micro-total-analysis system)	[88]
Skeletal muscle on a chip	Optical stimulation (optogenetics)		

NA- Not Available

magnetotaxis (*Magnetococcus marinus* strain MC-1), and electrophoretic mobility based microrobot (*Serratia marcescences*) [[89\]](#page-17-0).

Environmental and autonomous directional control Flagellated bacteria have been used as a source of propulsion as they offer advantages such as the ability to convert chemical energy into motion, movement at low Reynolds numbers, which are efficient parameters to be used with artificial microsystems such as microrobots [[75](#page-17-1)]. The taxis based sensory systems included in environmental directional control are chemotaxis and aerotaxis (positive as well as negative). An example of negative aerotaxis while using an anaerobic bacteria-based microrobot in the tumor hypoxic region for targeted drug delivery is one of the illustrations of environmental directional control. Another method to control the motion of bacteria-based microrobots is oxygen gradients, as described in [\[90\]](#page-17-2). This postulates that bacterial programming is feasible as oxygen microbubbles to be used as environmental directional control or autonomous directional control while integrating inside a bacterial artifcial system, referred to as oxygen programming as represented by [\[91](#page-17-3)], and it is illustrated in Fig. [1](#page-5-1) as autonomous directional control. The autonomous microrobot should be operated without any external control. Therefore, the embedded program includes the bacterial fagellum motor as steering control for the propulsion of the microrobot at the target site.

Assisted directional control It was frst described by [\[29,](#page-15-25) [92](#page-17-4)] for application in tumor targeting. The capillaries of the tumor angiogenesis network are the solitary route to deliver therapeutics carried by magnetotactic bacteria to the targeted tumor and are below the spatial imaging modalities. There is no information regarding the type of path followed; therefore, a close-loop servo is not suitable to be used as **Fig. 1** Schematic representation of taxis and structure based directional control methods from a source to the target site (including the various directional, stimulated, autonomous and assisted taxes seen in construction of micro-bio-robot)

Fig. 2 General control diagram/ components of microrobot and their interactions: For robotic control, micromanipulation of desired architecture is achieved either by manually (with human input) or automatically (with a task planner). A high-level controller receives visual or force feedback which enables desired input for the actuators while Low-level controller receives sensor feedback from actuators and controles it to follow the desired input

a steering control. To avoid the obstacles (fuidic environment) in the path of the target and seek the path-fnding (PF) strategy for enhancing tumor targeting as well as therapeutic delivery [[68](#page-16-28)].

Multi-taxes directional control Incorporation of more than one taxis (multi-switchable) into a single microrobot brings advantages when used in the treatment of hard-to-reach areas, such as the hypoxic region. An example of multi-taxes directional control is *Magnetospirillum magneticum* AMB-1, which responds to magnetotaxis along with phototaxis. They respond to light from 400–700 nm, which is independent of wavelength, and magnetotaxis [\[93](#page-17-17)]. Another example of multi-taxes directional control includes magnetotactic MC-1, which switches between magneto-aerotaxis for the tumoral interstitial fuid microenvironment. Their migration path was guided by decreasing the oxygen concentration to reach the hypoxic region [\[94](#page-17-18)].

Actuators of microbiorobots can be classifed into two broad categories: (1) Application-oriented non-scalable actuators (dealing with the biological system with no or negligible modifcation) and (2) General purpose scalable actuators (that are constituents of cells or cellular extracts that can be fabricated into desired dimensions to achieve a function at a bottom-up approach). The application-oriented non-scalable approach can deal with micro- (as motile microorganisms, motile cells) and macro-scales (explanted whole muscle tissue) while the biological system cannot be scaled down or up in size, but they attain their actual task profciently. Thus these actuators can be used for specifc applications at the microscale (targeted drug delivery, motile cells on Lab-on-chip) and macroscale (swimming robots or fuidic pump) instead of performing the general functions [\[70\]](#page-16-30). The need for bottom-up approach is to enhanced flexibility using single cell fabrication for defnite microrobot architecture. This includes cardiomyocytes based microrobotic system fabricated on PDMS as swimming crab-like microrobot, walking bio-hybrid microrobot (Table-1), and application to be used in tissue engineering.

2.3 Robotic micromanipulation:

The manipulation procedures used at the microscale for the fabrication of components and payload delivery at the desired (target) locations require precise actuation and control over adhesion forces (Fig. [2](#page-5-0)) [[95\]](#page-17-19). Micromanipulation requires: micro-manipulators (tools for manipulation at micro-scale), external physical felds (felds used to generate actuation such as acoustic, magnetic, optical, electrical and fuidic felds), and end-efectors (apparatus integrated with micromanipulators to communicate with micro-objects to perform functions such as to pull and locate, for example, single ended probes (micropipette and Atomic Force Microscopy (AFM) probes) and microgrippers) to carry out actuation at the microscale [[69,](#page-16-29) [96\]](#page-17-20).

2.3.1 Field‑driven micromanipulation

Magnetic micromanipulation Magnetic micromanipulation has several advantages, such as high specifcity, precision, deep tissue penetration, and untethered control [[96](#page-17-20)]. It can be classifed into gradient-based and torque-based micromanipulation.

a) Gradient-based micromanipulation:

The magnetic gradient can be produced either by electromagnetic coils or permanent magnets. When an electric current is applied to an electromagnetic coil, it generates a controllable magnetic feld gradient to drive a magnetic object. Thus when permanent magnets are used to generate the magnetic gradient, signifcant features such as less heat generation and a strong magnetic feld are observed. Controlling the location and direction of these permanent magnets generate a non-uniform (heterogeneous) magnetic feld fux, resulting in a magnetic gradient. Gradient magnetic felds actuate many devices (lengths between centimeters to sub-millimeter) to perform the task such as intraocular microrobots for retinal surgery [\[97\]](#page-17-21), imaging using MRI based Magnetic Navigation (MRN) for catheterization to release microrobots in coronary arteries [[98](#page-17-22)], and biopsies, intraembryonic navigation for mechanical measurement in mouse embryo [[99](#page-17-23)]. Gradient-generated forces become less (pico-newton) when the size of manipulating objects is reduced to micro- and nano-scale in accordance to 'the scaling law' (magnetic forces (F) increase with the magnetic dipole moment (m) and decline with the third power of the object's size so the manipulated magnetic objects must be placed together with magnetic coils or magnetic poles).

b) Torque-based micromanipulation:

Magnetic torque guides the direction of the magnetic micro object dipole to orient with respect to magnetic feld. Torque relies signifcantly on the magnetic fux density (B) and a strong magnetic feld (Helmholtz coils). Thus it generates a time-variant magnetic feld and actuates microobjects on a 2-D surface (a surface walker or surface roller) and helical micro swimmers in 3-D space. Here, an object moves forward when the roller (walker) is larger and rolls on the surface, creating friction (between the two) and, thus, movement. A helical microrobot consists of magnetic head with a helical tail- which moves the object forward or backward when a rotating magnetic feld is applied. Torquebased micromanipulation has many applications, such as magnetic swarm control, drug delivery, cell delivery [\[100](#page-17-24)], and gene delivery [\[101](#page-17-25)]. When microrobots carry the cargo (liposomes or bacteria), they perform intelligent task such as the delivery of biological agents following environmental changes such as pH, temperature, pressure, and light [\[6](#page-15-35)].

Magnetic gradient and torque can also be applied together for performing micromanipulation tasks. Magnetic gradient produces a control magnetic feld which makes the micro object fnd actuation while magnetic torque is exerted on a micro object to deform or move to carry out propulsion.

Optical micromanipulation: Optical micromanipulation using focused laser beams (to generate an optical feld for manipulating micro-objects, e.g., micro-particles) has been used in several disciplines, such as cell manipulation, microassembly, and biophysical characterization. Micro-particles generate two diferent types of forces, namely- (i) Gradient force generated by an electric feld of focused laser beams and (ii) Scattering force associated with the optical strength of the light that passes on particles. Equilibrium between these two forces brings micro-objects like micro-particles to the targeted location. It uses visual surveying to track/ control the location of micro-object at the equilibrium apex. The application of optical micromanipulation includes- target cell sorting (embryonic stem cells, yeast cells, sperm cells) and transport of the cells. In tissue engineering and cell mechanics, where nano-newton forces are essential for mechanical measurements &/or stimulation, optical manipulation becomes restricted due to the scaled-up power of the laser that can rupture the manipulated object. Low force output is applied to overcome this issue, but it poses the challenges such as thermal and Brownian convulsions for robotic optical micromanipulation [[96\]](#page-17-20).

Electric micromanipulation: When microparticles are dispersed in fuid, they react with either AC/DC electric felds through numerous mechanisms. When applied to a DC electrical feld, polarizable particles can move towards the oppositely charged electrodes through electrophoresis, while the particles, when applied an AC electrical feld, exhibit diaelectrophoretic force on the particle. The manipulation of particles (objects) from the nanoscale to the microscale can be done by managing the frequency, feld strength, and electrode confguration. When the electric force is applied directly to the micro/nano particles in AC/DC electrokinetics, it may guide the particle to swim across the workspace resulting in transportation and redistribution of the dispersed particles. However, the electric force applied to the manipulated objects dramatically relies on the electrical properties of the apparatus, such as size & shape. The application of electric micromanipulation includes; DNA analysis [\[102](#page-17-26)], measurement of single-cell mechanics [\[103](#page-17-27)], micro-assembly of nanowires and nanoparticles (NPs) [[104](#page-17-28)], and manipulation of microbeads.

Fluidic micromanipulation: In fuidic micromanipulation, a fuidic feld can be produced by rotating magnetic feldbased microrobots (rod-shaped), oscillating piezoelectric actuators, and controlling the fow rate inside a micropipette. A rod-shaped microrobot generates vortices and can be controlled by a rotating magnetic feld with visual feedback to manipulate protein crystals [\[105](#page-17-29)]. The flow rate is controlled inside the micropipette for rotating, delivering, and laying down the biological cells $[106]$ $[106]$ $[106]$. It is difficult to control and quantify the forces applied to the manipulating object during the manipulation process because of inappropriate fuid dynamics modeling.

Acoustic micromanipulation: It is a robust and noninvasive approach that uses sound waves to manipulate the objects- which are manipulated and moved either in minimal pressure domains (acoustic pressure nodes) or maximum pressure domains (acoustic pressure antinodes), relying on the frmness and compressibility of the object. The object manipulated by using sound waves is attained by regulating the pressure nodes. Acoustic waves and tweezers have a function, such as capturing and manipulating specimens such as microparticles and biological cells without direct communication. Due to this, it has critical applications in various disciplines like medicine, engineering, chemistry, and biology. Acoustic tweezers are used for diagnostic applications such as purifying viruses and circulating tumor cells from the blood [[107\]](#page-17-31). It also cultivates engineered tissue inside a microfuidic chip by clustering the cells $[108]$. It is beneficial for swarm control because it has various pressure nodes to capture the micro-object for manipulation.

2.4 Fabrication of microrobots

Diferent types of reported fabrication techniques have been enlisted in Table [3](#page-7-0).

2.4.1 Sacrifcial Layer

For surface micromachining, water-soluble polymers are used as a sacrifcial layer. The importance of this layer as it prevents any structural damage that occurs during the release of microstructures into a fuidic chamber [[118\]](#page-18-0). The essential properties required for the water-soluble sacrifcial layer are a) homogenous flms after spin-coating; b) Water-soluble flms before and after photolithography; and c) insoluble flms in organic solvents before and after photolithography. Dextran and poly (acrylic acid) (PAA) are used as sacrifcial layer for the fabrication. However, poly (vinyl alcohol), a water-soluble sacrifcial polymer, has already been reported to be used for microstructure

Table 3 Lists of fabrication techniques with their dimensions

	Dimensions Fabrication techniques	References
$1-D$	Lithography • Optical/photolithography \bullet X-ray lithography • Particle beam lithography	$[109 - 112]$
	• Ion beam lithography	
$2-D$	Soft lithography • Micromolding method \bullet Microfluidic method \bullet Spin coating	[113]
$3-D$	Microstereolithography • Deep x-ray lithography • Two/single-photon Microstereolithog- raphy	[114, 115]
	• Laser assisted bio-printing (LAB)	[116, 117]

fabrication, while PAA and dextran have some essential characteristics required in the process. Characteristics of a sacrifcial layer, such as the thickness of the flm, rely on the viscosity of material, i.e., the polymer's molecular weight, concentration, and speed of the spin-coating process. One of the limiting factors for the surface micromachining process is that it requires exposure to an aqueous solution before taking it off. To overcome these limitations, chemical treatments help modify the water solubility of the film. E.g., the side chain of PAA contains $Na⁺$ —carboxylate groups, $Na⁺$ is exchanged for $Ca⁺⁺$ ions that cross-link the PAA chains, and a water-insoluble PAA- Ca^{++} polymer is developed. Some other bivalents ions are also used, such as Cu^{++} in Cuso₄ and CuCl₂, but trivalent ions cannot perform the function [\[119\]](#page-18-7).

2.4.2 Soft‑lithographic techniques

Preparation of Polymer solution: Poly (Lactic-co-Glycolic Acid) (PLGA) solution derived from 85/15 PLGA in chloroform is used to attain the sufficiently required concentration. The concentration of the solution depends on the type of microfabrication technique (Fig. [3\)](#page-9-0) used, such as 5%-20% [\[113\]](#page-18-2).

Steps for microfabrication of silicon master The method involved the following steps:

EPON-SU8 photoresists were spin-coated onto the wafers of Silicon 100, which were baked further just enough to remove remaining solvents and exposed to UV light from the mask-enabling side of the mask-aligner situated at the bottom. After the exposed photoresist (SU-8 developer) was developed, wafers were baked. By mixing the commercially available catalyzer and pre-polymer at a ratio of 1:10, degassed (under vacuum to eliminate bubbles) and cast on the master (keeping further in vacuum to avoid bubbles). Curing of PDMS was done by baking at 65 °C for 2 h. After cooling to RT, the silicon master can be separated by peeling the PDMS. The mold is washed with 70% ethanol and further sonicated before use [\[113](#page-18-2)].

Optical/photolithography: It uses UV light as a source of radiation. The substrates used for photolithography are glass, silicon, and quartz. After selecting an appropriate substrate for fabrication, it requires a coating of light sensitive polymer called resist. The resist can further be classifed into two broad categories: positive and negative tones. The diference lies in the solubility after the exposure. The exposed areas of negative resist remain insoluble, while the opposite is true for positive resist. To fabricate biological devices, negative resists are most frequently used (e.g., SU-8) because of their biocompatibility and great thickness, which is suitable for the construction of microfluidics $[110, 112]$ $[110, 112]$ $[110, 112]$. Figure [3](#page-9-0) shows the microfabrication of a polyethylene glycol (PEG)-based scaffold. The scaffold is constructed layer by layer by polymerization of PEG-hydrogel upon UV light exposure, followed by washing off the unexposed pattern.

X-ray lithography (XRL): XRL is a potential 1-D microfabrication technique and high aspect ratio (HAR). In India, Indus-2 and beamline-7 are radiation sources for soft and deep XRL. It provides low surface roughness and vertical side walls which is ideal to be used for fabrication of microfuidics channels. It requires high precision to perform the lithography process. The X-ray mask consists of X-ray transmitting (transmission $> 90\%$) and absorbing material (absorption $> 80\%$). The mask membrane contributes the structural support to the entire mask therefore it must be used as a low atomic number (low-Z) i.e. X-ray transmission. The selected absorbing material (such as gold) has a high atomic number (high-Z) [[120](#page-18-8)]. As shown in Fig. [3](#page-9-0), XRL is a three-step micropatterning procedure, namely, lithography, electroplating, and molding. The X-ray mask is developed by using ultraviolet (UV) maskless photolithography [[111\]](#page-17-35). XRL offers advantages in corresponds to HAR in the construction of microfuidics channels because it is not easily to be produced with other techniques, fabrication of microdevices in small batches, and application includes lab-on-a-chip, biosensors, biomedicine, biochemistry (in terms of microfuidics) for manipulation of environmental sample, synthesis and patterning of novel materials [\[109\]](#page-17-33).

Stereolithography: It was used to fabricate 3D structures by utilizing a light source (UV light) for photopolymerization. It can further be classifed into two broad categories: single photon stereolithography and two- or multiphoton stereo lithography (Table [3](#page-7-0)). The application of stereolithography includes prostheses, implants, surgical procedures, regenerative medicine, integration with medical imaging technologies such as MRI and CT to enhance disease diagnosis, scafolds, and tissue engineering [[115](#page-18-4)]. This procedure consists of a laser source, liquid photocurable resin, a computer device, and a defection mirror (Fig. [3\)](#page-9-0). First, a 2D structure pattern was developed, followed by a 3D structure developed layer by layer. Stereolithography offers advantages such as high resolution, rapidness, high cell viability, and rapid polymerization. The primary challenges associated with stereolithography are the need to fabricate multimaterial 3D structures in translational biomedical applications and the scarcity of biocompatible and biodegradable liquid polymer resins [[114](#page-18-3)].

Laser assisted bio-printing (LAB): It utilizes laser as a source of energy. The device consists of a pulsed laser, a scanning mirror, a material (titanium, silver, or gold) that can absorb the laser with biological material, and a collecting substrate. The pulse of the laser (IR or UV) falls on an absorbing material, resulting in the evaporation of liquid

Fig. 3 Schematic illustration of Microfabrication methods (1) Softlithographic techniques (2) X-ray lithography (3) Optical lithography (4) Laser assisted bioprinting (5) Stereolithography. Subfgures (a-e)

microfabrication of silicon master, (e–h) Micromolding method for polymer casting, (i-l) microfuidic perfusion (m-p) spin coating

biological materials, and reaches the target receiver in the form of a substrate (Fig. [3\)](#page-9-0) [\[117\]](#page-18-6). The resolution of LAB varies from microscale to picoscale, but it is afected by various parameters such as the energy level of the laser pulse, the type of biological materials along with their thickness and rheological properties, substrate wettability, printing speed, and the organization of the structure $[116]$ $[116]$. LAB offers various advantages like being contact and nozzal-free, nozzal free so no clogging issue while printing; control over ink droplets resulting in precise delivery of objects; printing with high resolution and a higher cell survival rate while minimizing the shear stress compared to other printing techniques [[114,](#page-18-3) [121\]](#page-18-9). However, a few limitations associated with LAB include its high cost and time consumption.

2.5 Powering Microrobots

Microrobots require fuel to perform any task depending on the driving force, which is essential for propulsion. It is classifed into two diferent categories:

2.5.1 On‑board (Scavenged power) approach

Most microrobots can use the onboard chemical and bio-chemical substances (nutrients) as fuel/power [[122](#page-18-10)] while others utilize mechanical energy such as vibration from the surrounding environment [[123](#page-18-11), [124\]](#page-18-12). One way to power a medical microrobot is to extract chemical energy from the surrounding environment, for example, biofuel cells can work in an environment where pH is neutral, and temperature is low as 20 to 40 °C. To power, an *invivo* microrobot nutrient/fuel such as glucose [\[124\]](#page-18-12) and blood can be used [\[123](#page-18-11)]. On-board (scavenged power) is a potential approach for millirobots, as many commercial components are available which are not feasible for microrobots. Thus, mobile microrobots usually use an off-board approach [\[5\]](#page-15-5).

2.5.2 Off-board approach

An alternative approach to power a mobile microrobotic system is an off-board approach which includes a transmitted power strategy controlled externally. The most frequently used method is the magnetic feld [[124\]](#page-18-12). To generate electricity for powering a microrobot, one can utilize time-varying magnetic feld to induce a current, while another method uses low-frequency and quasi-static magnetic felds to apply force and torque to magnetic materials [[123\]](#page-18-11).

2.6 Control of microrobots

In robotic micromanipulation, force, location, and vision are frequently used modalities for feedback control. However, which control strategy to use depends on the type of microrobot (single or swarm of microrobot) and target application (in vivo biomedical application, environmental application). Although challenges are associated, it is difficult to devise novel structures on the microscale (capsules and crawling microrobot) $[125, 126]$ $[125, 126]$ $[125, 126]$ $[125, 126]$ $[125, 126]$, difficult to control multiple objects simultaneously $[127]$ $[127]$ $[127]$, and difficult to fabricate individuals with distinct properties [\[128](#page-18-16)].

2.6.1 Vision‑based robot control

A control method using vision sensor feedback information for micro-robotic control is known as Visual servoing (or VS). In microbial microrobotics, visual servoing include optical microscopes (Fig. [2](#page-5-0)) which provide high resolution $(0.2 \mu m)$, narrow feld of view, and low-depth-of-felds. It frequently requires an eye-to-hand motif as the camera is attached to the microscope [\[96](#page-17-20)].

2.6.2 Force sensing and control

It is used for closed-loop micromanipulation procedures. The force sensors are articulated with the micromanipulator and end efectors (target/microrobots). The function of force sensors is to measure a force at levels of micronewtones and/ or below. However, the major drawback of most feld-driven micromanipulation is the need to integrate force sensors into/adjacent to the object of need (target/microrobots) [\[96](#page-17-20)].

3 Essential biomedical applications/ functions of a microrobot

3.1 Targeted therapy:

A microrobot is an excellent choice to distribute biological and chemical substances at constraining areas with diferent forms of energy.

- For targeted drug delivery, microrobots can be used to elevate the concentration of payloads in a defnite region of a subject, thereby reducing the side effects [[129,](#page-18-17) [130](#page-18-18)].
- Brachytherapy is a procedure that involves placing a radioactive substance known as a radioactive seed onto nearby undesirable cells, such as in tumors. The death of cells can result from radiated energy of radioactive substances close to the cells [[95,](#page-17-19) [123](#page-18-11)].
- Hyperthermia and thermoablation is a procedure that is used to deliver localized heat energy for the destruction of an undesirable cell such as a tumor. Hyperthermia requires controlled heating for the long term at temperatures ranging from 41–46 °C for targeted cell disruption [\[131\]](#page-18-19). While thermoablation involves the temperature exceeding up to 50 °C till cell death, the most favorable methods for wireless delivery of heat energy are by i) using ultrasonic resonating mechanical structures and ii) using high-frequency magnetic felds [\[95](#page-17-19), [123,](#page-18-11) [130\]](#page-18-18).

3.2 Material removal

Microrobots being smaller in size, can be used as a tool for material removal. Following are the two diferent methods to accomplish the task by microrobots:

• Ablation is a procedure that includes the excludes material from an object's surface that is achieved by scraping. To perform the ablation task, microrobots utilize a rotary motion, for example, plaque eviction from the endothelium of blood vessels [[132\]](#page-18-20).

- Microrobot utilizes vibrating mechanical structures to radiate ultrasonic pressure waves to eradicate an object like a kidney stone, known as ultrasonic ablation [[23\]](#page-15-19).
- Microrobots can also perform a task such as a biopsy/ excision. To conduct an ex-vivo study, a microrobot recollects the tissue sample and is removed from the body. The sample can be analyzed in situ when both procedures combine with remote sensing technology [[95,](#page-17-19) [123](#page-18-11), [130](#page-18-18)].

3.3 Controllable structures

Microrobots themselves are used as a stagnant system whose locations are tractable.

- Scaffolds' function assists cell physique on which simulated organs can be developed, blood vessels and nerves can be regenerated [\[133,](#page-18-21) [134\]](#page-18-22).
- Stents are an apparatus that keep channels open by enabling blood circulation through a clogged vessel. The microrobot is solely used as a stent that moves across the desired location to complete the task [[135\]](#page-18-23).
- Occlusions can be present deliberately to prevent blood fow either during a transitory period or permanently. Microrobots can assist in occlusions by obstructing the blood fow that nourishes abnormal cell masses such as a tumor [\[136](#page-18-24)].
- Microrobots can also be used as temporary or permanent implants: E.g., electrodes used for brain stimulation [\[95,](#page-17-19) [123\]](#page-18-11).

3.4 Telemetry

Microrobots are used in telecommunication to transfer particular information from a source that was hard or not feasible to get it. The methods used to transfer this information are visible light, radio, and ultrasound. Telemetry application involves remote sensing and marking.

- Microrobots execute the task for remote sensing by transmitting the physical signal, such as oxygen concentration or binary signal, in the presence of an object, e.g., blood and cancer [\[63\]](#page-16-24).
- The marking application tracks microrobots and is used with remote sensing to localize unknown incidents, such as bleeding [[123\]](#page-18-11).

4 Applications areas

After completing a successful fabrication procedure at a minute-length scale with fundamental functions, a microrobot facilitates to performance of medical interventions throughout the body.

4.1 The circulatory system

The circulatory system contains the heart and blood vessels, which carry blood throughout the body. Every body area is accessed through blood, so it is a crucial application point for wireless microrobots to perform various tasks [\[95](#page-17-19), [123,](#page-18-11) [130](#page-18-18)]. Some of the applications are given in Table [4.](#page-12-0)

4.1.1 Cancer treatment

Microrobots receiving higher attention for targeted drug delivery to cancerous cells due to characteristics such as smaller size, propulsion strength at low Reynold numbers, minimal invasiveness, wireless control, and deep penetration in the tumor hypoxic region, which make is suitable candidate for cancer treatment. *Magnetococcus marinus* strain MC-1 travelled via magneto-aerotaxis containing drug SN-38 nanoliposomes for anticancer efect against the tumor hypoxic region of HCT116 colorectal xenografts [[40\]](#page-16-1) (Tables [1](#page-1-0), [4](#page-12-0)). Park et al., 2018 [\[137](#page-18-25)] constructed a degradable hyperthermia microrobot (DHM) using iron oxide magnetic nanoparticles, 5-fuorouracil (5-FU) as anticancer drug, poly(ethylene glycol) diacrylate (PEGDA) and pentaerythritol triacrylate (PETA) as a polymer matrix for controlled release of therapeutics with hyperthermia treatment Table [4.](#page-12-0)

4.2 The central nervous system

The central nervous system contains the brain, Cerebrospinal Fluid (CSF), and spinal cord. The potential applications of the untethered microrobots are in hard-to-reach areas such as deep brain stimulation (DBS) and neural prostheses. Microrobots can be used as an implant for long periods. To avoid craniotomy, microrobots should be introduced at the site of lumbar puncture and can be steered to the brain for intervention [[123\]](#page-18-11).

4.3 The urinary system and the prostate

The potential application of microrobots in the urinary system includes the treatment of nephrolithotomy [[23\]](#page-15-19) and prostate cancer [[151\]](#page-19-0). The advantage of using microrobots is to enhance the efectiveness of prostate techniques and lower the feasibility of nerve damage [\[123\]](#page-18-11).

4.4 Ophthalmology

The importance of microrobots in ophthalmological research relies on precise minimal invasive diagnosis of eye diseases and its treatment. He et al*.,* 2020 [[146](#page-18-26)] construct a stadyhand-eye-robot for retinal microsurgery. The robotic features include tool to measure sclera forces, real time substitution, controlled commands to avoid undesirable circumstances,

Table 4 Biomedical applications of microrobot

Areas of microrobotics applications	Application	Reference/s	
Circulatory system	Act as a stent to maintain blood flow	[46]	
	Act as occlusion to intentional nutrition starvation		
	Carry electrodes for electrophysiology		
	Administration and therapy for aneurysms		
	Thrombolysis	[132, 136]	
	Targeted drug delivery	[138, 139]	
	Rational atharectomy		
Oncology	Physical therapy by degradable hyperthermia microrobot	$[137]$	
	Photodynamic therapy	$[140]$	
	Nanoliposomes	[40, 141]	
	Nanomotor based Immunotherapy for glioblastoma	$[142]$	
	Urease powered Nanomotors for targeting 3D bladder cancer spheroids	$[143]$	
Biomedical engineering	Tissue engineering	$[134]$	
	Nerve engineering	$[144]$	
	Re-growth of vessels and skin substitute		
	Development of biosynthetic organ and bone		
Embryology	Amniocentesis and cordocentesis	[145]	
	Temporary tracheal occlusion		
	In vivo assisted fertilization		
	Gamete Intrafallopian Transfer (GIFT)		
	Embryo implantation		
	Clear urinary obstruction	$\lceil 23 \rceil$	
	Ablation to prevent hydrops		
Ophthalmology	Temponading agent in retinal therapy	$\lceil 146 \rceil$	
	Intraoccular procedures	$\lceil 147 \rceil$	
	Optical oxygen sensor		
	Targeted retinal drug therapy	$[148]$	
	Luminance quenching for retinal health		
GI tract	Capsule endoscopy	[149]	
	pH responsive microrobot to heal Helicobacter pylori infection	$[150]$	

Application of microrobot in the circulatory system, Oncology, Biomedical engineering, Embryology, Ophthalmology.

and auditory feedback. A wireless sensor device which is controlled by external magnetic feld to measure intraocular oxygen concentration of living eye (Table [4](#page-12-0)). Another magnetic microrobot used for retinal drug delivery to remove the retinal occlusion via minimal invasive method [[148](#page-19-1)].

4.5 The ear

Microrobots can be used in the inner ear that involves semicircular canals and cochlea. The complication with the current surgical procedures of cochlear implants includes infection, trauma, and partial paralysis. To overcome the present issues, wireless (untethered) microrobotic techniques play an essential role [\[123\]](#page-18-11). The potential use of stem cells in cochlear hair cells generations is responsible for natural hearing, while microrobots can deliver diferentiated stem cells to the targeted location [\[123](#page-18-11), [152](#page-19-2)].

4.6 Embryology

Microrobots can be key to future fetal surgery with possibilities in Clearing urinary obstruction, ablation to prevent hydrops, Amniocentesis/cordocentesis, and temporary tracheal occlusion processes (Table [4](#page-12-0)) [[123\]](#page-18-11). Intratubal transfer via medical microrobots (µGIFT) offer advantages such as less time consumption for ex vivo culturing for in vitro fertilization (IVF) treatment as excessive washing steps with human manipulation caused oxidative stress [[145\]](#page-18-27).

4.7 Tissue engineering/biomedical engineering

The tissue engineering discipline deals with biology, engineering, and synthesis (materials & methods) to develop a viable alternative approach. The microrobotic characteristics

include restoration, sustaining, or enhancing the function of human tissue (Table [4\)](#page-12-0) [\[95](#page-17-19), [153](#page-19-5)].

4.8 Capsule endoscopy

A capsule endoscope is a tiny swallowable camera pill used for endoscopic investigations of the patient body. These are being used clinically as passive devices which work as drive-throughs in the gastrointestinal tract. Eforts are made to modify the capsule endoscope as an active robot for enhanced diagnosis and therapy. Magnetic micromanipulation has been reported for localizing capsules/millirobots with magnetic actuation [[129,](#page-18-17) [149](#page-19-3)].

4.9 Micromixer: (Microfuidic system & microassembly)

Micromixers are extensively used in a microfuidic system for drug delivery, biochemical analysis, and sequencing of nucleic acids. To perform complex chemical reactions such as Lab-on-chip (LOC), Micromixers must be integrated into the system. It can work as a stand-alone device with functions at the microscale to understand the transport mechanism. Micromixers can be used as sensor to detect ammonia in environmental monitoring. T-mixer is driven electrokinetically are used for performing enzyme assay. Micromixers are used as surface-based biosensor, in freeze-quenching techniques. Apart from being used as a sensor and in analysis, a Micromixer can be further used as an apparatus for dispersing immiscible liquids to form microdroplets. It can work as a particle separator based on concentration gradient or diffusion coefficient $[154]$ $[154]$.

4.10 Bioflm eradication

Bioflm can form on biotic surfaces (mucosal and teeth), abiotic surfaces (catheters and implants), and hard-to-reach areas [\[49](#page-16-10), [57\]](#page-16-18), which ultimately laid to detrimental efects such as continual infections and therapeutic complications. Bioflm also obstructs the water channels and crevices in commercial environments. A bacterial community that forms bioflm secretes extra polymeric substances (EPS) (matrix), such as exopolysaccharides and amyloid proteins, that contribute to adhesion and aggregation, leading to bioflm architecture. This framework acts as a scafold that obstructs antibacterial drugs, thereby protecting bacterial cells (in bioflm). Thus the current issue regarding bioflm in antimicrobial approach is limited as they cannot address the bioflm network, its properties such as drug resistance, and its ability to re-establish bioflm if bacteria and debris from the matrix are not removed. By using robotic systems/functionalized micro-robots [[49](#page-16-10), [57\]](#page-16-18), a new approach was developed to eradicate bioflm by "kill-degrade-and-remove"[[49\]](#page-16-10) and/or "kill-n-clean" mechanisms. Catalytic antimicrobial robots (CARs) were developed that perform multiple tasks, such as killing the bacteria using chemicals, degrade the bioflm matrix, and removing the bioflm from surfaces by using physical methods such as magnetic actuation. The magnetocatalytic potential of CARs greatly depends on iron oxide nanoparticles (NPs) with inherent enzymatic activity, such as peroxidase.

The nanoparticles (NPs) catalyze the H_2O_2 (hydrogen peroxide) to produce free radicals that act as antibioflm fragments, while dextranase and/or glucanase can break down extracellular glucan molecules, thereby enhancing the EPS degrading activity. Two diferent millimeter-scale CARs were developed, namely, helicoids and vanes. The helicoid CARs removed the bioflm clog via the drilling process, while vanes CARs were removed from enclosed glass tube curved walls. CAR systems were used to remove the bioflm from a hard-to-reach area such as the isthmus (area between the root canal of a tooth) [[49\]](#page-16-10). T-Budbots are magnetotactic microrobots acquired from mesoporous tea buds of *Camellia sinesis* [[57\]](#page-16-18). The microrobot delivers pHdependent encapsulated drugs such as ciprofoxacin (CIP), thereby eliminating bioflm and free-foating microbes. This microrobot (CIP@T-Budbots) establishes the "kill-n-clean" approach by following steps such as i) microorganisms killed by CIP antibiotic-loaded on CIP@T-Budbots, ii) interrupting bioflm network for enhancing the antibiotic (CIP) concentration, and iii) using magnetic feld-based actuation to remove degraded bioflm matrix [[57](#page-16-18)].

4.11 Micromagnetofuidics

It deals with magnetism and microfuidics, providing systematic and productive application for Lab-On-Chip (LOC) devices. Magnetism offers the untethered operation of devices, while microfuidics requires the least amount of samples with high throughput outcomes, for example, droplet-based microfuidic devices for single-cell manipulation, and characterization of biological macromolecules [[130](#page-18-18)].

4.12 Image guided therapy

To design a microrobot/nanorobots for image-guided therapy few critical measures should be taken: i) to navigate the complex biological environment with feedback control, the locomotion of micro/nanorobots must be tracked in vivo for that minimal invasive real-time imagine is benefcial. ii) such miniature devices should be biodegradable after executing the desired task. They must be removed from the body without causing any side efects, and iii) while executing the desired task, the miniature device should not afect the healthy cells and must encounter the efect of abnormal cells such as tumors [[43](#page-16-4)]. Real-time imaging is the prime and most important to track microrobots inside in vivo conditions. The techniques to device a miniaturized robotic system are, Magnetic resonance imaging (MRI) [\[155\]](#page-19-7), Magnetic particle imaging (MPI) tracer [\[155](#page-19-7), [156](#page-19-8)], X-ray computed tomography (CT), Photoacoustic computed tomography (PECT) [\[155](#page-19-7), [157\]](#page-19-9), single photoemission computed tomography (SPECT), Ultrasound (US) imaging [[155\]](#page-19-7), fuorescence imaging [[43\]](#page-16-4), and combined imagine techniques such as MR/CT.

Magnetic particle imaging (MPI) was frst proposed in 2001. It detects the signal from MPI tracers (superparamagnetic nanomaterials) which are generated through a fastmoving magnetic feld-free region (FFR) [[155,](#page-19-7) [156](#page-19-8)]. However, this technique is used to visualize swarming micro/ nanorobots rather than individual ones [[155\]](#page-19-7). Fluorescencebased in vivo imaging by using magnetized *Spirulina plantensis* (MSP) bio-hybrid microrobot performs multiple tasks such as remote sensing ability, image-able, biodegradable, and anticancer potential that is better suitable for imageguided therapy [[43](#page-16-4)]. X-ray-CT and SPECT belong to ionizing techniques with wavelengths ranging from 10–100 nm have high (depth) tissue penetration and spatial resolution, but radiation will harm the living tissues [[155](#page-19-7)]. However, these many techniques are used for imaging purposes, but micro/nanorobots are small in size, so their clear vision using currents techniques is still challenging.

5 Challenges

When used as a cell-based microrobotic system, Red Blood Cells lack the potential for immanent sensing and ability cross biological barriers. Therefore, there is a necessity for additional membrane conjugation on the RBCs to perform tasks such as targeted drug delivery. When neutrophils are used as a leukocyte-based drug delivery system, the main limiting factor is the short life span of fve days in circulation and a few hours after isolation. Another prime limitation associated with neutrophils is the internal loading of drugs in the cells with risks of degradation (function as a macrophage), limited steering control over mobility, and unconstrained delivery of payloads [\[6](#page-15-35)]. The magnetic micropropellers used for the delivery of targeted therapeutics in digestive system poses a signifcant challenges as Gastrointestinal track secrete excessive mucus (glycoprotein mucin) and acidic environment present major obstacles. The designed micropropellers have been tested into biological media which are non-Newtonian, and non-homogenous [[37](#page-15-33), [158](#page-19-10)]. Some synthetic microrobots react with bodyfuids when used for biomedical application leads to changing the surrounding environment causing potential side effects. The challenges associated with Millirobots are efective propulsion in harsh fuids, integration of more than two components as per the target application, targeted anchoring, uncontrolled increase in size increment, structure of the robot cannot be modifed after the fabrication, downstream process after task completion [\[159](#page-19-11)], and controlled release [\[160\]](#page-19-12). Crucial criteria while designing microbiorobots are- optimum locomotion conditions at the microscale, propulsion strength, taxis behaviors to sense the target microenvironment, immunogenicity of microorganisms, interaction with the synthetic (artifcial) substrate, and swimming behaviors in complex body fuids before performing the fabrication of microrobots [[2\]](#page-15-1). When microbiorobots are used for *invivo* applications, body temperature plays a crucial role. Microorganisms such as *E.coli* and *Salmonella typhimurium* can increase their swimming motility at 37 °C while the same is not true for a few strains of magnetotactic bacteria (MTB), which eventually limits the efectiveness inside the body after 30–45 min [[161–](#page-19-13)[163\]](#page-19-14). In vivo applications of microbiorobots requires overcoming the challenges such as the efectiveness of pharmacokinetics, biocompatibility, toxicity, retention, and biodistribution, which are of extreme concern [\[2](#page-15-1)].

6 Conclusion

Microrobotics has gained tremendous scope and applications in biological systems. It has been reported for use in environmental remediation to biomedical application and thus has innumerable future uses. Investigations into application of bio-based microrobots have opened a plethora of new applications than those envisaged before. Present manuscript reviews various aspects of microrobotic uses of biological systems. From history of microrobotics to their fabrication, manipulation, actuation and control mechanisms have been discussed. Applications of micro(bio)robots in various therapies, remediation (of chemicals and bioflm) and biomedical engineering have also been discussed in detail here. The review thus helps in future fabrications, manufacturing and application dimensions of bio-based-microrobots.

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