

Longitudinal gray-matter volume change in the default-mode network: utility of volume standardized with global gray-matter volume for Alzheimer's disease: a preliminary study

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Received: 23 June 2014/Revised: 4 September 2014/Accepted: 5 September 2014/Published online: 27 September 2014
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Abstract Our aim was to show whether sensitivity for detecting volume changes in regional gray matter in default mode network (DMN) at converted [from mild cognitive impairment to Alzheimer's disease (from MCI to AD)] phase was improved by use of a standardized volume with global gray-matter volume. T1-weighted MR images (T1WI) of seven normal subjects and seven converted (from MCI to AD) patients were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database. Gray-matter images segmented with Statistical Parametric Mapping 5 were measured by the atlas-based method. We focused on five nodes of the DMN. For each

phase, region of interest (ROI) volumes in the five nodes were standardized by two methods: (1) the ratio to the screening phase (S_volume) and (2) the ratio to the screening phase after both volumes were standardized by the global gray-matter volume (S_N_volume). Significant group differences between longitudinal gray-matter volume change of the converted (from MCI to AD) group and that of the normal group were found in lateral temporal cortex by S_N_volume, and precuneus by S_N_volume. These findings are useful for improving the understanding of DMN volume changes at the converted (from MCI to AD) phase.

For the Alzheimer's Disease Neuroimaging Initiative. Data used in preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.ucla.edu). As such, the investigators within the ADNI contributed to the design and implementation of the ADNI and/or provided data but did not participate in the analysis or writing of this report. A complete listing of ADNI investigators can be found at: http://adni.loni.ucla.edu/wp-content/uploads/how_to_apply/ADNI_Acknowledgement_List.pdf.

Keywords Aging · Brain volume · Central nervous system · Default mode network · Magnetic resonance imaging

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1 Introduction

Resting-state functional magnetic resonance imaging (RfMRI) has rapidly become the target of advanced research in brain function studies [1]. RfMRI is a noninvasive technique used for investigating and characterizing *in vivo* the spontaneous correlations of blood-oxygen-level-dependent (BOLD) signals within and between different regions of the brain. RfMRI is an important diagnostic tool for evaluating brain function and neuronal connectivity. Previous reports of resting-state functional connectivity suggest the existence of at least three canonical networks [2–5]. The first, termed the central executive network, comprises the dorsolateral prefrontal cortex and posterior-parietal cortex and is also considered crucial for maintenance and processing of information in the working memory. The second, termed the salience network, includes the anterior cingulate cortex and fronto-insular cortex, which are combined as the ventrolateral prefrontal cortex and anterior insula. The third system, termed the default mode network (DMN), combines the posterior cingulate cortex, precuneus, lateral temporal cortex (LTC), medial prefrontal cortex (MPFC), and inferior parietal lobule (IPL). Analysis of low-frequency spontaneous BOLD fluctuations enables RfMRI to detect resting-state synchronization in the functional network of these regions [2, 6–9]. Because this network is typically deactivated during external stimulation, it has been termed the DMN.

Many studies have investigated the behavioral function of the DMN. The role of the DMN is to optimize performance by allocating resources to task-related regions and away from task-irrelevant structures [10]. It has been suggested that the DMN is involved in the processes of self-referential mental activity and introspectively oriented mode [11] and that it plays a role in attending to environmental stimuli as well as mediating processes such as reviewing past knowledge and preparing future actions. It may also be involved in episodic memory [12].

Interestingly, the DMN regions comprise the typical predilection sites of Alzheimer's disease (AD) [13], the most frequent cause of dementia in the elderly and the most common neurodegenerative disorder in humans. Early symptomatology for AD has been linked to changes in the DMN, based on glucose metabolism and blood flow positron emission tomography and single photon emission computed tomography measurements [14]. RfMRI has

identified significant disruptions in DMN co-activation in patients with AD [12, 15]. In addition, RfMRI is a non-invasive and radiation-exposure-free biomarker of early AD [12]. As a result, the DMN has rapidly become the target of extensive research in the AD field [14, 16–20].

However, to the best of our knowledge, estimation of subdivided DMN volume in normal and converted [from mild cognitive impairment to Alzheimer's disease (from MCI to AD)] groups has not been reported in previous studies. We can estimate the gray-matter volume of the DMN by the atlas-based method using segmented gray-matter images from magnetic resonance (MR) T1-weighted images (T1WI) [21]. Therefore, our aim in the present study was to show whether the sensitivity for detecting volume changes of regional gray matter in DMN at the converted (from MCI to AD) phase was improved by use of standardized volume with global gray-matter volume compared with another method in the atlas-based method.

2 Materials and methods

2.1 Subjects

Data used in the preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.ucla.edu). The ADNI was launched in 2003 by the National Institute on Aging, the National Institute of Biomedical Imaging and Bioengineering, the Food and Drug Administration, private pharmaceutical companies, and non-profit organizations, as a \$60 million, 5-year public-private partnership. The primary goal of the ADNI has been to test whether serial MRI, positron emission tomography (PET), other biological markers, and clinical and neuropsychological assessment can be combined for measurement of the progression of MCI and early AD. Determination of sensitive and specific markers of very early AD progression is intended to aid researchers and clinicians to develop new treatments and monitor their effectiveness, as well as lessen the time and cost of clinical trials.

ADNI is the result of efforts of many co-investigators from a broad range of academic institutions and private corporations, and subjects have been recruited from more than 50 sites across the US and Canada. The initial goal of ADNI was to recruit 800 adults, ages 55–90 years, to participate in the research, with approximately 200 cognitively normal older individuals to be followed for 3 years, 400 people with MCI to be followed for 3 years, and 200 people with early AD to be followed for 2 years. (For up-to-date information, see <http://www.adni-info.org>.)

We downloaded data on two groups: a normal group and a converted (from MCI to AD) group, from the ADNI

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Table 1 Characteristics of participants in the present study (from the ADNI database)

Group type	Converted phase (months)	Gender	Age on screening (years)	Education (years)
MCI to AD	18	Female	71.0	14
MCI to AD	12	Male	79.8	18
MCI to AD	12	Female	72.0	16
MCI to AD	12	Male	75.8	13
MCI to AD	12	Female	79.8	16
MCI to AD	12	Male	72.2	18
MCI to AD	18	Female	71.1	18
Normal	–	Female	71.0	14
Normal	–	Male	80.9	18
Normal	–	Female	71.2	16
Normal	–	Male	76.6	14
Normal	–	Female	80.3	18
Normal	–	Male	72.6	18
Normal	–	Female	70.6	18

Data (i.e., cognitive function test scores and MRI) for all subjects in the present study were obtained at each visit phase (at screening and at 6, 12, 24, 36, and 48 months). Subjects with MCI visited at 18 months additionally. The converted phase means phase at conversion from MCI to AD. Included in the converted and normal groups were subjects with matching gender, age, and years of education period

Table 2 Cognitive function test scores of groups in the present study (from the ADNI database)

Test	Group	Visit phase						
		Screening	6 months	12 months	18 months	24 months	36 months	48 months
NMSE	Converted	27.7 ± 1.8	26.1 ± 2.3	25.7 ± 2.8	24.9 ± 3.0	24.4 ± 3.3	24.6 ± 3.9	22.6 ± 1.85
	Normal	29.4 ± 0.8	29.5 ± 0.5	29.4 ± 1.1	–	29.2 ± 1.1	29.8 ± 0.4	29.5 ± 0.8
CDR	Converted	0.5 ± 0	0.5 ± 0	0.57 ± 0.19	0.79 ± 0.27	0.79 ± 0.27	1.33 ± 0.82	0.90 ± 0.27
	Normal	0 ± 0	0 ± 0	0 ± 0	–	0 ± 0	0 ± 0	0 ± 0
ADAS-cog	Converted	13.9 ± 5.4	15.8 ± 5.5	14.6 ± 5.3	16.4 ± 6.6	16.3 ± 4.1	16 ± 4.7	21.6 ± 5.5
	Normal	6.9 ± 2.1	6.1 ± 3.8	6.3 ± 2.7	–	6.4 ± 3.4	5.7 ± 2.3	6.8 ± 2.2

Values are presented as the mean ± standard deviation

MMSE mini-mental state examination, *CDR* clinical dementia rating, *ADAS-cog* Alzheimer's Disease Assessment Scale-cognitive subscale

database. The ADNI database includes several hundred subjects in each group (i.e., normal, MCI, and AD). However, public data in the converted (from MCI to AD) group in the ADNI includes only 16 subjects. In addition, subjects with deficit data (i.e., deficit on 3D-T1WI or deficit on cognitive function tests) were excluded from this study. As a result, used data as converted (from MCI to AD) group were 7 subjects. We then set up these two groups of subjects in whom three factors (gender, age, and education period) were matched between the normal and the converted (from MCI to AD) group. The characteristics of these groups are summarized in Tables 1 and 2. Table 1 shows individual information (converted phase, gender, age, and education period) on the matched participants in our study (from the ADNI database). The converted phase means phase at conversion from MCI to AD. Table 2 shows cognitive test scores of the matched groups in our

study (from the ADNI database). The 3D-T1WIs for all subjects in the present study were obtained by a 1.5 Tesla scanner at each visit phase (at screening and at 6, 12, 24, 36, and 48 months). Subjects with MCI visited at 18 months additionally. Details on the MRI scanning protocol are indicated in the ADNI database. The MRI scanning protocols are identical for each subject.

2.2 Image processing for brain tissue segmentation

We used Statistical Parametric Mapping 5 (SPM5) [22] software (Wellcome Department of Imaging Neuroscience Group, London, UK; <http://www.fil.ion.ucl.ac.uk/spm>). The 3D-T1WIs in native space were bias-corrected, spatially normalized, and segmented into gray matter, white matter, and cerebrospinal fluid images. The voxel size was set to $2 \times 2 \times 2 \text{ mm}^3$ for the spatially normalized images

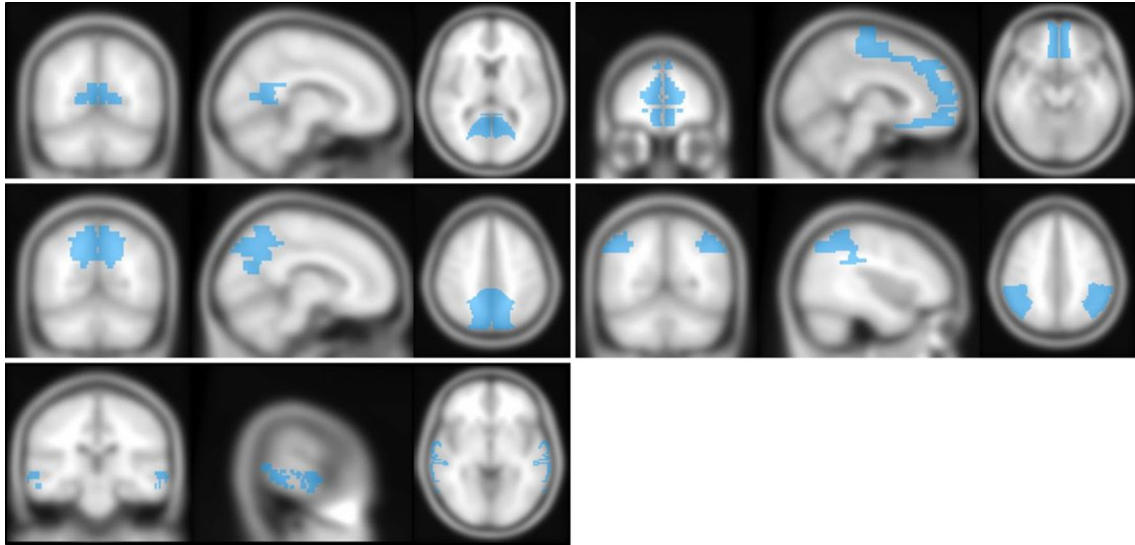


Fig. 1 ROIs superimposed on T1 template images. We used the following ROIs: posterior cingulate (*top left*), precuneus (*middle left*), lateral temporal cortex (LTC) (*bottom left*), medial prefrontal cortex (MPFC) (*top right*), and inferior parietal lobule (IPL) (*middle right*)

and was set as the default on SPM5 for other images. The parameters of SPM5 were identical in analyses for all T1WIs.

2.3 Atlas-based volume measurement method and statistical analysis

Regions of interest (ROI) for gray-matter volume measurement of the DMN were obtained by WFU PickAtlas [21]. This program automatically generates segmented atlas ROI templates in Montreal Neurological Institute (MNI) space [23]. The ROIs defined in the atlas were originally based on manual drawing of the borders of brain regions according to the Talairach atlas [21]. Figure 1 shows the placement of ROIs in the following five DMN regions: posterior cingulate, precuneus, LTC, MPFC, and IPL [14, 16–18, 20]. ROI volume measurements were performed on spatially normalized gray-matter images for each of the five regions. ROI volumes were calculated by ‘number of voxel in the ROI’ \times ‘tissue existence probability’. Brain shapes were normalized to MNI space, and intensity modulation step was included in this normalization process. Then, the spatially normalized gray-matter images have information of tissue existence probability. The gray-matter volumes can be calculated from tissue existence probability. ROI volumes were measured bilaterally in all subjects. ROI volumes for the five regions were standardized in each phase by two methods: 1) the ratio to the screening phase (S_volume) and 2) the ratio to the screening phase after both volumes were standardized by the global gray-matter volume (S_N_volume). S_volume and S_N_volume were defined by the following formulae:

$$S_volume = \frac{\text{ROI volume on each phase}}{\text{ROI volume on screening phase}}$$

$$S_N_volume = \frac{(\text{ROI volume/global gray matter volume}) \text{ on each phase}}{(\text{ROI volume/global gray matter volume}) \text{ on screening phase}}$$

The global gray-matter volume was measured by SPM5.

Two-way repeated measure analysis of variance (two-way repeated ANOVA) was used to test for group differences (the independent variable is group, and the dependent variable is visit phase) in S_volume and S_N_volume in each of the five ROIs between the normal group and the converted (from MCI to AD) group. Significant difference was defined as $p < 0.1$.

3 Results

Two-way repeated ANOVA revealed significant group differences in the LTC for S_N_volume (more progressive value reduction of S_N_volume in the converted (from MCI to AD) group compared with the normal group) and in the precuneus for S_N_volume (more progressive value increase of S_N_volume the converted (from MCI to AD) group compared with the normal group). No significant group differences in other ROIs for S_N_volume and in all ROIs for S_volume were found. The trend of visit-phase-related volume change is shown in Fig. 2.

4 Discussion

In the present study, significant group differences were observed in regional volumes for S_N_volume , but not for

S_volume. For example, the LTC of the converted (from MCI to AD) group showed progressive value reduction of S_N_volume (see the left-side panel of the LTC in Fig. 2), while there appeared to be more progressive value increase of S_N_volume in the precuneus of the converted (from MCI to AD) group (see the left-side panel of the precuneus in Fig. 2) than in the normal group. Therefore, our results suggest that S_N_volume is more sensitive than S_volume for detecting atrophy. S_N_volume is corrected for individual differences in the speed of global brain atrophy (i.e., a high S_N_volume value indicates that the reduction in ROI volume is less rapid than that in global gray matter, while a low S_N_volume value indicates that the reduction in ROI volume is more rapid than that in global gray matter). In other words, more progressive value increase of S_N_volume in the precuneus of the converted (from MCI to AD) group than in the normal group does not mean volume increase of the precuneus; it means that the reduction in the volume of precuneus in the converted (from MCI to AD) group is less rapid than that in the global gray matter compared with the normal group. In contrast, S_volume is not corrected for individual differences in the speed of global brain atrophy. That is, S_N_volume is influenced by ‘cortex atrophy in AD effect’, and S_volume is influenced by ‘cortex atrophy in AD effect’ and ‘cortex atrophy in aging effect’ [24–27]. Standard deviations were generally larger in S_volume than in S_N_volume, probably because S_volume includes individual differences in aging effect (see Fig. 2). This difference in the variation of data points between S_volume and S_N_volume may explain why S_N_volume is more sensitive than S_volume for detecting brain atrophy in the DMN.

In many previous reports, a significantly reduced gray-matter volume was observed in the LTC of AD patients (compared with controls) [26–29]. In addition, in comparing AD patients with controls, Frisoni et al. [30] reported that the largest atrophic regions (i.e., largest significant cluster size) corresponded to the hippocampal cortex while smaller atrophic regions (i.e., smaller significant cluster size) were found in the temporal and cingulate gyri. Based on these lines of evidence, it is widely accepted that atrophy is more progressive in the LTC of patients with AD and MCI compared with that in normal subjects.

In the present study, volume reduction in the LTC of the converted (from MCI to AD) group was more progressive compared with that of the normal group in terms of S_N_volume.

It appears to be an error of brain volume analysis that the atrophy speed of the precuneus in the converted (from MCI to AD) group was slower than that of the normal group. However, two previous studies showed increased cortical thickness in the precuneus of an asymptomatic MCI group compared with a control subject group and

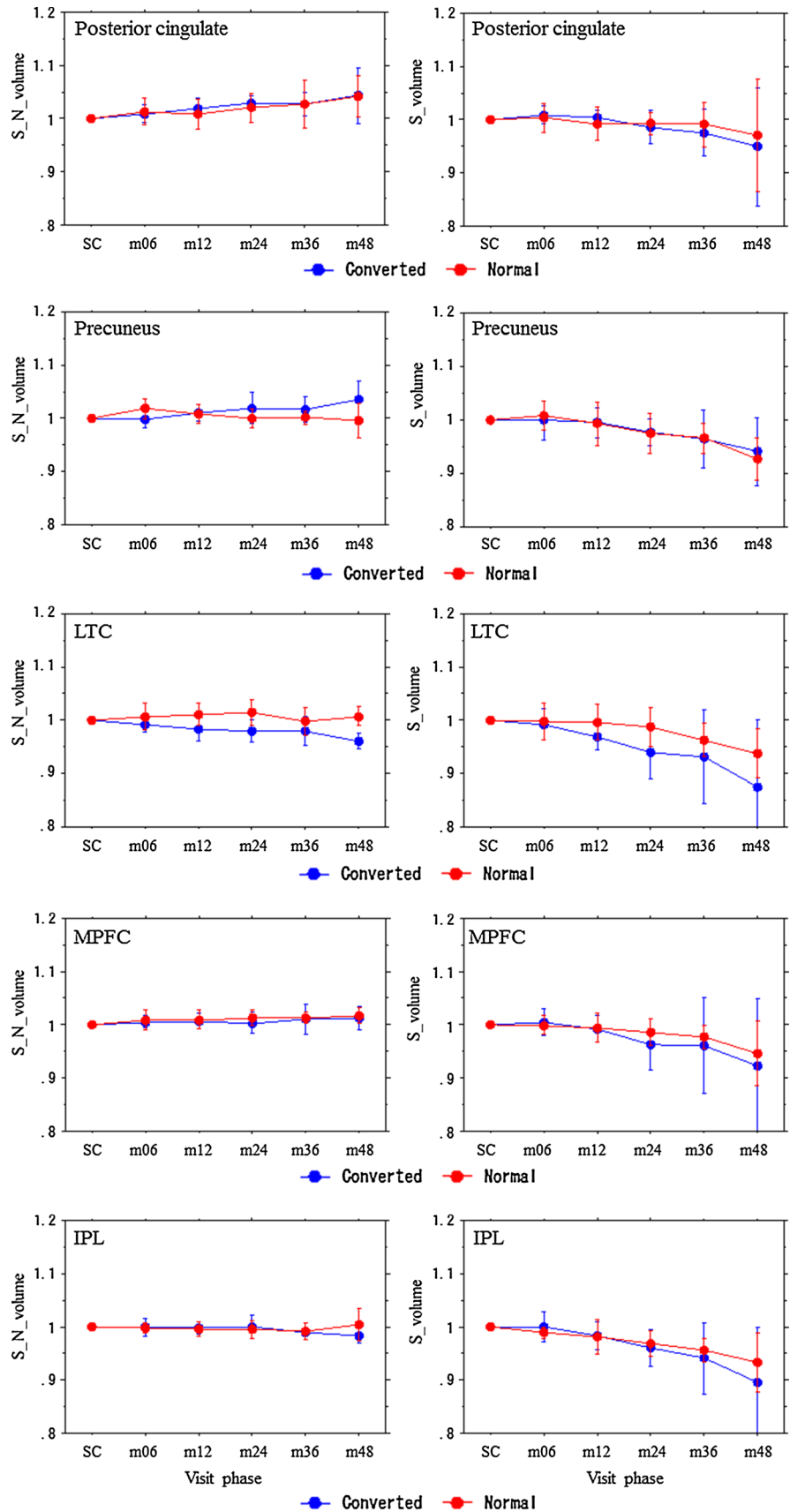
suggested that this increment in cortical thickness could be related to reactive neuronal hypertrophy and/or inflammation driven by amyloid in the very early stages of the disease [31, 32]. Therefore, we hypothesize that the less rapid volume loss in the precuneus of the converted (from MCI to AD) group in the present study could be related to reactive neuronal hypertrophy and/or to inflammation driven by amyloid.

Group differences between the normal group and the converted (from MCI to AD) group were not observed in the other three regions (posterior cingulate, medial prefrontal cortex, and inferior parietal lobule). However, the results must be interpreted with caution. Volume changes may not have been observed because of two factors: a small sample size and a small gray-matter volume change in the regions. We expect that volume changes would also have been observed in these three regions if we had used a large sample, because gray-matter volume reduction was observed in these three regions in previous studies [26–30]. In other words, in the present study, group differences between the normal group and the converted (from MCI to AD) group were larger in the LTC and precuneus than in the other three regions.

Early pathology observations have revealed that AD affects a subset of neurons in regional and laminar specific neuronal systems [33]. A disconnection syndrome occurs in AD, beginning with the entorhinal cortex, after which the disease gradually progresses in a stepwise fashion along cortico-cortical connections [34]. Large cross-sectional studies have revealed that cortical neurofibrillary tangle densities and amyloid deposition are associated with the severity of dementia, neuronal loss, and atrophy [35]. These pathology observations support the hypothesis that the DMN and its subsystems are affected early in AD and MCI. In fact, other previous studies have demonstrated a loss of functional connectivity in the DMN in AD and MCI [36, 37].

Petrella et al. [38] showed highest integrity in controls and lowest integrity in subjects with AD for fMRI-measured DMN connectivity using goodness-of-fit indices. Although an association between AD and the DMN is of great interest, there are few reports on DMN gray-matter volume in AD patients. One previous report [38] found a significant difference in gray-matter probability in the DMN among four groups. When individual brain shapes were transformed to MNI space by the spatial normalization process with intensity modulation, signals of voxel in the spatially normalized gray-matter images mean the gray-matter probability. The four groups were normal controls, MCI nonconverters, MCI converters, and AD patients, and the gray-matter probabilities were 0.453 ± 0.024 , 0.441 ± 0.036 , 0.415 ± 0.028 , and 0.422 ± 0.047 , respectively. However, this previous report did not discuss

Fig. 2 Scatterplots of S_{N_volume} (*left side*) and S_{volume} (*right side*) according to visit phase. Two-way repeated ANOVA revealed significant group differences between the normal and converted (from MCI to AD) groups in the LTC for S_{N_volume} and in the precuneus for S_{N_volume} . S_{volume} is defined as the ratio to the screening phase; S_{N_volume} is defined as the ratio to the screening phase after both volumes were standardized by global gray-matter volume (see formulae in the Sect. 2). Visit phase is shown on the horizontal axes [at screening and at 6, 12, 24, 36, and 48 months (m)]. The ROI names are indicated on the respective plot areas. The mean of the standardized value in the normal (*red*) and converted (from MCI to AD) groups (*blue*) is shown with the respective standard deviation



the gray-matter volumes of the subdivided DMN. To the best of our knowledge, subdivided DMN volume changes in normal and AD groups are reported for the first time in the present report.

The hippocampus is integral to episodic memory processing [39]. Episodic memory loss is one of the cardinal features of AD [40] and the medial temporal lobe is among the first areas affected by pathology in AD [41]. The hippocampus has a key role in cognitive function. However, the hippocampus is relatively small, resulting in ROI placement being error prone. In addition, the bilateral hippocampus had the lowest associations with other regions of the DMN in both young and old cohorts [42], and numerous studies regarding hippocampal volume change in normal and AD subjects are reported. Therefore, we did not use a hippocampal ROI in the present study.

When gray-matter volume is measured in areas of the DMN defined by RfMRI, care must be taken regarding the following three factors:

1. Previous studies showed that control by the gray-matter volume in each voxel is important in RfMRI because the signal is influenced by aging [43–45]. Activity expressed in resting-state networks was decreased (that is, a lower BOLD signal change was observed) in older compared with younger subjects. These results were influenced by correction with the gray-matter volume index within the areas of these resting-state networks. In addition, age effects are reported in several other brain regions with normal aging by RfMRI (increased parietal and decreased hippocampal activation [46, 47], increased [48] and also decreased [49] anterior cingulate cortex activation, decreased deactivation of the medial parietal/posterior cingulate region [50], and decreased activation of a large part of the frontal and/or parietal brain areas [51]). Accelerated atrophy is also reported in the posterior cingulate gyrus, one of the core regions of the DMN [52] and an area with the earliest decline in glucose utilization in the preclinical stages of AD [53].
2. The defined area of the DMN varies between RfMRI methods because of differences in analytical procedure among the various methods. Koch et al. [42] reported that effects of normal aging such as loss of the posterior cingulate cortex co-activity could be detected by independent component analyses, but not by signal time course correlation analyses of DMN inter-connectivity.
3. Marek et al. [54] reported diurnal changes in the neuronal activity level of resting-state networks.

When reports regarding the gray-matter volume of the DMN are compared the influence of factors 1–3 may confuse our understanding of the phenomenon, whereas in

contrast, DMN areas defined by use of the atlas-based method are generally consistent between reports. Therefore, when reports regarding gray-matter volume of the DMN are compared, the confusion factor is reduced in the atlas-based method compared with when RfMRI is used. However, we must be mindful that the DMN defined by the atlas-based method is not the true area of the DMN in the individual.

We used the voxel size as $2 \times 2 \times 2 \text{ mm}^3$. If image with $2 \times 2 \times 2 \text{ mm}^3$ was used as structural image, partial volume effect is an important problem. In addition, using smaller voxel size may improve the accuracy for brain volumetry with the spatial normalized gray-matter image. However, previous studies commonly used approximately $2 \times 2 \times 2 \text{ mm}^3$. In our other study, we showed that variation of spatial resolution changed a result of brain volumetry. Therefore, if we want to compare the present report with previous reports, we need to use same voxel size between the present study and previous study.

A main limitation of the present study is that the DMN regions were defined by the atlas-based method rather than the RfMRI method. Unfortunately, because fMRI was not performed by ADNI on the participants in the present study, we are unable to infer individual DMN regions. A common definition of the DMN area was used, based on many reports [14, 16–18, 20]. We employed five nodes of the DMN based on the definitions provided in these reports. When gray-matter volume is measured in areas of the DMN defined by RfMRI, care must be taken regarding the three factors mentioned. Therefore, we think that estimates of gray-matter volume change with regions defined by RfMRI are complicatedness compared with atlas-based method as present study.

Another limitation is the small sample size (we used all public data of the converted (from MCI to AD) group in the ADNI (see the MATERIALS AND METHODS in the present report). The result of brain volumetry with MRI was influenced by many factors (i.e., image distortion, signal intensity non-uniformity of image, and signal-to-noise ratio) [55–58]. Further studies with a large sample size are required for validation of the present result. We expect that the ADNI data base provide more many data as converted (from MCI to AD) group.

The last limitation is the possibility of mis-registration in spatial normalization process and mis-segmentation in the gray-matter image. Volumetry with the normalized gray-matter image has this limitation. Therefore, we checked spatially normalized T1WIs and the gray-matter images, and we found not clearly mis-registration (i.e., mainly inversion of image-orientation) and mis-segmentation (i.e., mainly interfusion of the white matter). Group comparison method for volumetry with the spatially normalized gray-matter images was used many previous

reports about brain atrophy, but we must be cautious with the possibility that the registration errors may have an undefined contribution to the result of the comparison between the groups.

5 Conclusion

To the best of our knowledge, this is the first study to show that sensitivity for regional gray-matter volume change in the DMN is improved by the use of standardized analysis with global gray-matter volume, and to report longitudinal change for gray-matter volumes of the subdivided DMN (posterior cingulate, precuneus, LTC, MPFC, and IPL) in normal and converted (from MCI to AD) groups. The results are useful for improving our understanding of the features of regional gray-matter volume indication methods and for improving our understanding of DMN volume changes in the converted (from MCI to AD) phase.

Acknowledgments This study was supported by a Grant-in-Aid for Scientific Research on Innovative Areas (Comprehensive Brain Science Network) from the Ministry of Education, Science, Sports and Culture of Japan.

Conflict of interest We declare that we have no conflicts of interest.

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