# **Therapeutic benefits targeting B‑cells in chronic graft‑versus‑host disease**

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**Abstract** Allogeneic hematopoietic cell transplantation (allo-HCT) can be a curative strategy for hematological diseases, and the indications for allo-HCT have broadened widely due to recent progress in supportive strategies. However, patients must overcome various complications and chronic graft-versus-host disease (cGVHD) remains the most common allo-HCT cause of long-term morbidity and mortality. cGVHD is difficult to biologically assess due to the heterogeneity of cGVHD symptoms, and the pathogenesis of cGVHD has yet to be established. Recent experimental model progress has suggested that B-cells play a critical role in cGVHD development. Consistent with these experimental results, some clinical studies investigating B-cell depletion and modulation of B-cell signaling pathways have decreased cGVHD incidence and provided some therapeutic benefit. However, randomized control studies are necessary to confirm the efficacy of B-cell targeting drugs for cGVHD. Here, we review the pathophysiology of cGVHD, especially focusing on the role of B-cell immunity, and discuss the efficacy of both B-cell depletion and modulation of B-cell signaling pathways in human cGVHD prevention, initial treatment, and salvage treatment.

**Keywords** Chronic graft-versus-host disease (cGVHD) · B-cell immunity · Rituximab · Bortezomib · Tyrosine kinase inhibitors (TKIs)

# **Introduction**

More than 20,000 allogeneic hematopoietic cell transplantations (allo-HCT) are performed annually in the world, and the indications for allo-HCT have broadened. Progress within the past half century regarding alternative donor sources, reduced-intensity conditioning (RIC), immunosuppressive agents, and other variable supportive cares has led to the expanded therapeutic use of allo-HCT [\[1,](#page-10-0) [2](#page-10-1)]. While allo-HCT has curative potential and has become one of standard treatments for hematological diseases, patients must overcome various complications including relapse, infection, and graftversus-host disease (GVHD). Approximately, half of patients post-allo-HCT suffer from chronic graft-versus-host disease (cGVHD) [\[3](#page-10-2)[–7\]](#page-10-3), and cGVHD still remains associated with a high degree of long-term morbidity and mortality [\[8](#page-10-4)]. Patients who suffer from cGVHD often require a prolonged period of corticosteroid therapy, which may have adverse effects on diabetes, infections, osteoporosis, and mental status, all of which may lead to an impaired quality of life (QOL) [\[9,](#page-10-5) [10\]](#page-10-6). However, cGVHD pathogenesis and treatment remain poorly understood. Therefore, more efficient approaches to predict, prevent, and treat cGVHD should be explored. The role of B-cells in cGVHD has been suggested in both preclinical and clinical studies  $[11–17]$  $[11–17]$ . Here, we will review the recent findings of the pathophysiology of cGVHD and progress in use of B-cell modulating drugs to manage cGVHD.

## **Chronic graft‑versus‑host disease**

#### **Incidences and features of cGVHD**

In general, cGVHD develops 100 days or later following allo-HCT and remains a major concern among long-term



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survivors. The incidence ranges between 30 and 70 % [[18,](#page-10-9) [19](#page-10-10)], and the established risk factors for cGVHD development include age of patients and donors, disease types, cytomegalovirus serostatus, HLA-mismatch, male patients with female donors ( $F \rightarrow M$  HCT), donor sources (use of mobilized peripheral blood or cord blood), use of total body irradiation (TBI), use of anti-thymocyte globulin (ATG), conditioning intensity, and grade of aGVHD [[6,](#page-10-11) [18,](#page-10-9) [20](#page-10-12), [21](#page-10-13)].

The National Institute of Health (NIH) consensus development project proposed diagnostic criteria in for cGVHD in 2005, and these criteria have recently been revised [[19,](#page-10-10) [22\]](#page-10-14). According to the NIH consensus, the development of cGVHD may involve inflammation, fibrosis, cell-mediated immunity, and humoral immunity [[19,](#page-10-10) [22\]](#page-10-14). Chronic GVHD affects various organs throughout body. The symptoms, which include sicca syndrome, skin sclerosis, and pulmonary involvement, bear resemblance to those of autoimmune diseases. The NIH consensus criteria include distinctive diagnostic organ-specific manifestations for cGVHD, including poikiloderma, lichen planus, sclerosis, and depigmentation for skin involvement, bronchiolitis obliterans syndrome for lung involvement, esophageal web for gastrointestinal tract involvement, fasciitis, joint stiffness, and myositis for muscle/joint involvement [[19](#page-10-10), [22](#page-10-14)]. Erythema, maculopapular rash, gingivitis, anorexia, weight loss syndrome, and hepatic dysfunction are also observed commonly but not included in the NIH diagnostic criteria. On the other hand, cryptogenic organizing pneumonia (previously known as bronchiolitis obliterans organizing pneumonia) [[23](#page-10-15)], pancreatic atrophy [\[24](#page-10-16), [25](#page-10-17)], and thrombocytopenia are defined as other features or unclassified entities of cGVHD.

The NIH scoring system estimates global severity of cGVHD by considering eight organs (skin, mouth, eyes, gastrointestinal tract, liver, lungs, joint and fascia, and genital tract) and defines mild as  $\leq$  organs with  $\leq$  score 1, moderate as  $\geq$ 3 organs with  $\leq$ score 1 or at least 1 organ with a score 2 or lung score 1 and severe as at least 1 organ with score 3 or lung score  $\geq 2$  [[19\]](#page-10-10). It should be noted that any pulmonary involvements increase the global severity score. Bronchiolitis obliterans syndrome is thought to drastically impair recipients' QOL and is associated with inferior survival [[26–](#page-10-18)[28\]](#page-10-19).

## **Pathophysiology**

While the pathophysiology of aGVHD has been established as an allo-reactive T-cell inflammatory cascade, the pathophysiology of cGVHD remains to be elucidated [\[8](#page-10-4)]. Acute GVHD is thought to involve immunological inflammatory interactions between donor immune cells, recipient's antigen-presenting cells (APCs), and host tissues [\[29](#page-10-20)]. In accordance with this principle, many animal studies for aGVHD have so far shown the critical role of (1) host APC activation by tissue damage due to conditioning, (2) donor T-cell activation through interactions with host APC, and (3) excessive production of cellular and inflammatory mediators [[29–](#page-10-20)[34\]](#page-11-0). In fact, it has been established that TBI and T-cell depletion using ATG and alemtuzumab clinically affect the incidence of aGVHD [\[35](#page-11-1)[–37](#page-11-2)]. Thus far, both clinical and experimental studies of aGVHD development have been consistent with an allo-reactive T-cell inflammatory cascade. On the other hand, there remains much debate regarding the pathophysiology of cGVHD [[29,](#page-10-20) [38](#page-11-3)]. The difficulty in understanding cGVHD pathogenesis may be due to the focused nature of reductionist animal models providing restricted insights while human cGVHD is more heterogeneous and temporally evolving [[39\]](#page-11-4). Human cGVHD symptoms vary by organ involvements, timepost-HCT, and inflammatory vs. fibrotic pathology. The major consequence of cGVHD is immune dysregulation and failure to achieve functional tolerance. Existing murine models of cGVHD simulate pathological manifestations involved in cGVHD, including sclerotic cGVHD models, auto-antibody producing models, or less common immune complex deposition models [[39,](#page-11-4) [40\]](#page-11-5). However, these models fail to accurately represent the full spectrum of human cGVHD symptoms [[39\]](#page-11-4). Several groups have developed promising models representing multi-organ cGVHD involvement and have demonstrated cGVHD pathophysiology involving B-cells [\[13](#page-10-21), [41](#page-11-6)[–45](#page-11-7)]. Dr. Blazar's research group has shown that fibrosis developed in the lung and liver in association with CD4+ T-cells and B220 B-cell infiltration and alloantibody deposition [[13\]](#page-10-21), and that increased follicular helper T-cells and germinal center B-cells were required for cGVHD development [[42\]](#page-11-8). Dr. Zeng's research group has shown that donor B-cells augmented clonal expansion of pathogenic  $CD4^+$  T-Cells inducing autoimmunelike cGVHD [\[44](#page-11-9)], and that thymic damages and cGVHD occurred through both  $CD4^+$  and  $CD8^+$  T-cells [[41\]](#page-11-6). Dr. MacDonald's research group has suggested that donorderived macrophages mediated cGVHD [[43\]](#page-11-10). These experimental models indicate that the constellation of diverse clinical manifestations of cGVHD results from donor T-cell and B-cell allo-immune interactions, as well as fibrosis via macrophages and fibroblasts. In particular, the role of B-cell pathogenicity in cGVHD has recently garnered increased attention from both transplant clinicians and researchers, due to the availability of novel pharmacologic agents targeting B-cells. The role of B-cells in cGVHD pathogenicity will be further described in the section below.

# **Biomarkers of cGVHD**

Along with the advances in experimental cGVHD animal models providing cGVHD pathogenesis insights, human biomarkers of cGVHD are now also contributing to our understanding [[8,](#page-10-4) [46](#page-11-11)]. Chronic GVHD biomarkers, which are categorized as providing diagnostic, predictive, or prognostic insights, include cellular phenotypes, mediators like cytokines, and antibodies. In terms of cellular biomarkers, regulatory B-cell deficiencies and altered regulatory T-cell homeostasis are observed in cGVHD patients [\[47](#page-11-12), [48\]](#page-11-13). As an example of a mediator biomarker, elevation of chemokine ligand 9 (CXCL9) correlates with cGVHD diagnosis [[49\]](#page-11-14), and high-molecular-weight adiponectin is reported in association with the severity of cGVHD [\[50](#page-11-15)]. Antibody (Ab) biomarkers, as a distinctive indicator of allo-immunity, include the development of anti-HY (minor histocompatibility antigens encoded on Y-chromosome) Abs [[51,](#page-11-16) [52](#page-11-17)]. Other auto-/allo-Abs may be pathogenic like anti-platelet-derived growth factor receptor (PDGFR)-Abs [\[53](#page-11-18), [54](#page-11-19)]. Gene polymorphisms can be another category of biomarker [\[55](#page-11-20)]. Continued biomarker investigations will reveal a broad network of pathophysiology in the development or deterioration of cGVHD, although independent validation studies for each are essential to confirm the role of these biomarkers in cGVHD development.

## **B‑cell immunity and cGVHD**

B-cells are multifunctional, providing (1) antigen presentation via both class I and II HLA and T-cell costimulation, (2) cytokine and chemokine production, and (3) diverse antibody production. Antigens are internalized, subsequently processed, and directly presented by B-cells after binding to the B-cell receptor (BCR) [\[11](#page-10-7)]. Furthermore, antibody binding can concentrate and transport antigens to lymph nodes and spleen for further antigen presentation. B-cells are activated via BCR binding and produce many kinds of cytokines and chemokines, including IL-4, IL-6, and IL-10, and regulate  $CD4^+$  helper T-cells directly and indirectly [\[11](#page-10-7)]. Antibody production protects from foreign antigens and pathogens, including bacteria, viruses, and toxoids. The formation of antibody–antigen immune complexes leads to activating complement and effector cells.

B-cell reconstitution after allo-HCT is generally thought to be slow, and IgG levels do not return to normal for 3–12 months [[56,](#page-11-21) [57\]](#page-11-22). In fact, hypogammaglobulinemia has been observed with a median nadir of 56 days post-HCT [[58\]](#page-11-23), suggesting that novel Ab production and B-cell reconstitution may require critical post-HCT events such as withdrawal of immune suppressive drugs or reconstituted lymph nodes to organize coordinated B and T-cell immunity [[59\]](#page-11-24). A growing body of evidence based on both human clinical observations and animal models has indicated pathogenic potential of B-cells and antibody in cGVHD development [[60\]](#page-11-25). Elements of B-cell reconstitution, such as elevated BAFF during post-HCT lymphopenia, aberrant B-cell reconstitution, and allogeneic B-cell development, have been presumed to associate with cGVHD development (Fig. [1\)](#page-3-0) [\[8](#page-10-4), [11](#page-10-7)]. Aberrant B-cell homeostasis after allo-HCT has recently been reviewed by Drs. Sarantopoulos and Ritz [[60\]](#page-11-25).

One of the first suggestions that B-cells contribute to cGVHD pathogenesis is the observation that allogeneic HY-Ab associate with cGVHD development. Following sex-mismatched allogeneic transplantation that is when male patients have female donors  $(F \rightarrow M HCT)$ , allogeneic antibodies develop 3–12 months post-HCT targeting minor histocompatibility antigens encoded on Y-chromosome, including DDX3Y, UTY, ZFY, EIF1AY, RPS4Y, and SMCY, and as a collective group, we call these allogeneic antibodies HY-Ab [\[52](#page-11-17)]. Sex-mismatch and H-Y antigens provide a validated and easy to understand human biological model of allo-immune responses in HCT [\[52](#page-11-17)]. Dr. Miklos and his colleagues pioneered the identification of HY-Abs and H-Y specific B-cells in association with cGVHD  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$  $[51, 52, 61, 62]$ . The concept of H-Y immunity is that naïve lymphocytes from female donors recognize H-Y antigens of male recipients as allo-antigens and respond to attack tissues of male recipients, eventually leading in cGVHD development [\[52](#page-11-17)]. Our recent investigation of HY-Abs and cGVHD using a novel microarray system has revealed that half of F→M HCT patients have HY-Abs 3 months post-HCT, and the cumulative number of HY-Abs 3 months post-HCT predicts subsequent cGVHD development and non-relapse mortality [\[61](#page-11-26)]. Furthermore, B-cells specific to DBY-2, an immune-dominant peptide of DBY, are also detected in a median of 0.7 % (0.3–1.0 %) of CD19<sup>+</sup> B-cells 6–12 months after F $\rightarrow$ M HCT patients and associated with cGVHD development [\[62](#page-11-27)]. Interestingly, these IgM<sup>+</sup> B-cells antigen specific to DBY-2 were  $CD19^{+}IgD^{+}CD27–CD38^{+}$  transitional B-cells. The role played by the DBY-2-specific B-cells in cGVHD may drive the expansion of coordinated allo-reactive T-cells that induce cGVHD or through expansion and maturation by virtue of sex-mismatch between the host and recipient. In animal models, Dr. Blazer's research group has shown that allo-antibody deposition is observed in cGVHD-involved organs, and transplantation from mice deficient in IgG production results in reduced cGVHD incidence. Together these results suggest a conserved pathogenic role of allo-Abs in cGVHD development [[13\]](#page-10-21).

A second B-cell role in cGVHD involves autoimmunity and dysregulated immunity. The production of auto-Abs against PDGFR is one of the established auto-Abs associated with the fibrotic change seen in cGVHD, especially extensive cGVHD [\[53](#page-11-18)]. These stimulatory PDGFR-Abs are reported to induce tyrosine phosphorylation, reactive oxygen species (ROS), and type 1 collagen gene expression through the Ha-Ras-ERK1/2-ROS signaling pathway



<span id="page-3-0"></span>**Fig. 1 a** The development of allogeneic and auto-reactive B-cell and antibody responses. **b** Immune phenotype of B-cell maturation. *Allo-HCT* allogeneic hematopoietic cell transplantation, *BAFF* B-cell activating factor, *BCR* B-cell receptor, *GC* germinal center, *cGVHD* chronic graft-versus-host disease. Through allogeneic HCT, donor allogeneic B-cells are adoptively transferred into recipients. Until these donor B-cells are reconstituted in recipients, precursor and naïve B-cells are reduced. This lymphopenic state post-HCT results in elevated BAFF production. Persistent increased BAFF levels may lead to dysregulated B-cell homeostasis post-HCT resulting in the expansion/survival of potentially allogeneic or auto-reactive

[\[53](#page-11-18)]. Other various autoantibodies are frequently observed in cGVHD patients, but the pathophysiologic roles of these other autoantibodies remain to be elucidated [[54\]](#page-11-19). In animal models, Dr. Zeng's research group has shown that high levels of autoantibodies develop in cGVHD mice with sclerodermatous skin damage and glomerulonephritis [\[63](#page-11-28)]. Their results show that donor B-cells play the role of efficient APCs, which augment auto-reactive donor CD4<sup>+</sup> T-cell expansion, thereby inducing cGVHD with autoimmune manifestations [[44\]](#page-11-9).

Third, cytokines affecting B-cell dysregulation are also involved in the network of biological development of cGVHD. In human studies, B-cell activating factor (BAFF) has been reported to be associated with active cGVHD [\[64](#page-11-29)]. The persistent high level of BAFF indicates dysregulated B-cell homeostasis and enhances the survival of allogeneic and auto-reactive transitional B-cells (Fig. [1\)](#page-3-0) [[14,](#page-10-22) [64](#page-11-29), [65](#page-11-30)]. Furthermore, increased BCR signaling via contact with allo-/auto-antigens enhances the survival and maturation

transitional B-cells. These allogeneic and auto-reactive transitional B-cells encounter allo-/auto-antigens (i.e., H-Y antigens) through circulation of body and lymph nodes, and corresponding BCR signaling enhances maturation and proportionally increases allogeneic and auto-reactive pre-GC B-cells. Eventually, these allogeneic and autoreactive B-cells survive and escape deletion in lymphoid germinal center and differentiate into plasmablast or plasma cells, producing allogeneic/auto-reactive antibodies. These allogeneic and auto-reactive antibodies could cause inflammation, leading to cGVHD development

of these allo-/auto-reactive B-cells that can escape from deletion in lymphoid germinal center. Thus, the failure to achieve functional tolerance with limited B-cell diversity would lead to cGVHD development. B-cells in cGVHD patients are activated with elevated BCR proximal signaling pathways: Bruton's tyrosine kinase (BTK) and spleen tyrosine kinase (Syk) [\[66](#page-11-31), [67](#page-11-32)]. These molecular pathways of BAFF and BCR are candidates for newly developing targeted treatments (Fig. [2](#page-4-0)) [\[60](#page-11-25)].

# **Targeting B‑cells provides therapeutic benefit for cGVHD patients**

Given the potential pathogenic role of B-cells in cGVHD development, B-cell-targeted therapies promise to provide cGVHD treatment benefit via (1) total B-cell depletion, (2) BAFF receptor inhibition, and (3) BCR signaling inhibition (Fig. [2](#page-4-0)). Many investigations have explored the



<span id="page-4-0"></span>**Fig. 2** B-cell signaling pathways and novel-targeted drugs. *BAFF-R* B-cell activating factor receptor, *BCR* B-cell receptor, *Syk* spleen tyrosine kinase, *BTK* Bruton's tyrosine kinase, *ITK* IL2-inducible T-cell kinase, *BLNK* B-cell linker proteins, *NF-κB* nuclear factorkappa B, *ERK* extracellular signal-regulated kinase, *TKIs* tyrosine kinase inhibitors, *TFH* T follicular helper cells. Current B-cell-targeted therapies may be categorized as (1) B-cell-targeted antibody mediated depletion, (2) BAFF receptor pathway modulators, and (3) BCR response inhibitors. First, pathogenic B-cells expressing CD20 can be deleted by total B-cell depletion, including rituximab and ofatumumab. Second, BAFF receptor pathways contribute to increased survival of allogeneic/auto-reactive B-cells. BAFF receptor pathways involve signaling to activate ERK, AKT, and NF-κB. ERK can be activated via Syk. Inhibitions of Syk by fostamatinib and NF-κB by

clinical significance of these strategies in cGVHD treatment through pharmacologic agents including rituximab, tyrosine kinase inhibitors (TKI), Bruton's tyrosine kinase (BTK) inhibitor, and bortezomib (Fig. [2\)](#page-4-0).

## **Rituximab**

Rituximab is a monoclonal Ab against CD20 that depletes CD20+ B-cells mainly via antibody-dependent cell cytotoxicity (ADCC). Initially clinical observations and later phase II clinical trials assessed the efficacy of rituximab on cGVHD [\[68–](#page-11-33)[73](#page-12-0)] and have well been described [\[11,](#page-10-7) [15–](#page-10-23)[17\]](#page-10-8). Selected clinical trials/observations are summarized in Table [1](#page-5-0).

## *Prevention*

Some hypothesized that rituximab infusion early following allo-HCT would deplete allogeneic B-cells adoptively

bortezomib may modulate allogeneic/auto-reactive B-cell survival. Third, antigen-binding BCR response enhances maturation, differentiation, and survival of allogeneic/auto-reactive B-cells through SyK, BTK, and BLNK signaling, resulting in the activation of NF-κB and ERK. Syk inhibition can be induced by fostamatinib as mentioned above and BTK by ibrutinib and TKIs. Additionally, TFH can provide help for the development, germinal center formation, and maturation of allogeneic/auto-reactive B-cells through IL-21. Increased frequency of TFH correlates with increased GC B-cells and cGVHD development in animal models. Ibrutinib can inhibit ITK in TFH, an important protein for the development of Th2 and Th17. Fostamatinib can also inhibit SyK in TFH. Therefore, ibrutinib and fostamatinib may also regulate the development of allogeneic/auto-reactive B-cells in lymphoid germinal center through regulation of TFH

transferred from donors before they are activated by recipient allo-antigens (Fig. [1](#page-3-0)). However, the prophylactic benefit of rituximab for cGVHD prevention still remains a matter of debate [[16\]](#page-10-24). Previous studies of rituximab-containing conditioning or aGVHD prophylaxis suggested that cGVHD incidences range between 20 and 60  $\%$  [\[16](#page-10-24), [71,](#page-12-1) [74](#page-12-2)[–76](#page-12-3)]. The variability of this broad range may be due to the heterogeneity of patient characteristics including conditioning intensity, donor sources, and the timing of rituximab administration.

To the best of our knowledge, there have been two prospective studies to assess post-HCT rituximab administrations 2 months or later for the purpose of preventing cGVHD. Researchers at Stanford University investigated the efficacy of weekly rituximab infusion days 56, 63, 70, and 77 post-HCT and reported a promisingly low cGVHD incidence of 20 % with no H-Y antibody development occurring in 10 F $\rightarrow$ M HCT recipients [[71\]](#page-12-1). However, these



<span id="page-5-0"></span>**Table 1** Selected rituximab studies for chronic graft-versus-host disease prevention and treatment

conditioncGVHD chronic graft-versus-host disease, FLU fludarabine, CY cyclophosphamide, R rituximab, TBI total body irradiation, RIC reduced-intensity conditioning, MAC myeloablative conditionмас туек  $\rm{comquuum}$ g, ing, *TLI-ATG* total lymphoid irradiation with anti-thymocyte globulin, *CR* complete response, *PR* partial response, *ORR* overall response rate

patients had received total lymphoid irradiation with antithymoglobulin (TLI-ATG) conditioning which results in a relatively low cGVHD incidence of 30 % [\[37](#page-11-2)]. Researchers from the Dana-Farber Cancer Institute have shown cGVHD benefit when infusing  $375 \text{ mg/m}^2$  rituximab 3, 6, 9, and 12 months post-HCT yield in 48 % cGVHD incidence compared with their historical control cGVHD incidence of 60 % ( $P = 0.1$ ). A reduction of corticosteroid-requiring cGVHD was also observed (31 vs. 49 %,  $P = 0.015$ ) at 2 years [[74\]](#page-12-2). These limited studies of post-HCT rituximab prophylaxis show potential to reduce cGVHD incidence or severity in accordance with the eradication of allogeneic B-cells (Fig. [1\)](#page-3-0). However, large randomized control studies are necessary to make a conclusion regarding the prophylactic efficacy of rituximab on cGVHD.

#### *Initial treatment*

A pilot study of rituximab as an initial therapy with corticosteroids has been conducted and was presented at the 2013 BMT Tandem Meeting [\[73](#page-12-0)]. Briefly, the clinically meaningful responses (CR or PR with <0.25 mg/ kg/day of prednisone) were observed in 43 % of the 35 patients at 6 months and 1-year post-HCT. Rituximab had a significant steroid-sparing effect. Clinical response was associated with high counts of naïve B-cells and low level of BAFF prior to rituximab treatment. Of the 35 patients, 15 received F $\rightarrow$ M HCT, and 9 (56 %) had HY-Ab at cGVHD diagnosis. This HY-Ab became undetectable in the responder group, while 3 of the 4 nonresponders remained HY-seropositive. DBY2-specific B-cells were also detected in 8 of the 15  $F \rightarrow M$  HCT patients and became undetectable following rituximab therapy. The HY-Ab and DBY2-specific B-cells recurred about 1.5 years post-rituximab [[73\]](#page-12-0). This study suggests that adding rituximab to corticosteroid for initial cGVHD treatment may be effective 1-year post-rituximab, but the response duration may be limited due to the persistence and recurrence of allogeneic B-cells. Ofatumumab, another CD20 targeting drug, is also under investigation as an initial treatment for cGVHD [[77\]](#page-12-11).

#### *Treatment for steroid-refractory cGVHD*

There have been many studies to address the efficacy of rituximab treatment for steroid-refractory cGVHD [[16,](#page-10-24) [78](#page-12-8), [79](#page-12-9)]. A systemic review and meta-analysis of rituximab treatment has shown that overall response rate was 0.66, and organ-specific responses were 0.60 in skin, 0.36 in mucosa, 0.29 in liver, 0.31 in gastrointestinal tract, and 0.30 in lung [\[80](#page-12-10)]. Recently, a prospective, multi-center, randomized, two-arm phase II crossover trial has been conducted to assess the efficacy of imatinib (200 mg daily)

and rituximab (375 mg/m<sup>2</sup> intravenously weekly  $4 \times$  doses, repeatable after 3 months) for cutaneous sclerotic cGVHD (NCT01309997), which were presented at the 2015 BMT tandem meeting. A stringent objective improvement in physical findings was seen in <35 % at 6 months after initial treatment [\[81](#page-12-12)].

In total, rituximab appears to have the potential to prevent and treat cGVHD, although randomized comparison studies are needed. Additionally, our H-Y studies in initial treatment trials suggested that future investigation of rituximab to eradicate activated allogenic B-cells should consider other strategies: intermittent rituximab administration post-HCT or incorporation with novel drugs targeting BCR and BAFF signaling (Fig. [2](#page-4-0)).

## **B‑cell receptor signaling inhibition**

BCR stimulation causes maturation and proliferation of allogeneic/auto-reactive B-cells (Fig. [1\)](#page-3-0). Thus, BCR downstream signaling may be effective targets for cGVHD treatment. BTK and Syk are two key signaling components of BCR downstream pathways that are the targets of FDA approved drugs. Inhibitors of BTK and Syk regulate B-cell proliferation and survival and exert anti-tumor effect on B-cell malignancies [\[82](#page-12-13)[–86](#page-12-14)]. Ibrutinib is an established BTK inhibitor and has been reported to ameliorate cGVHD in a murine model [[87\]](#page-12-15). The efficacy of ibrutinib in human cGVHD is now under investigation. The serendipitous observation of a CLL patient resolving his mucocutaneous cGVHD when treated for CLL relapse on the initial phase I ibrutinib CLL treatment trial fostered interest [[88\]](#page-12-16). Currently, a phase Ib/II trial is ongoing for steroid-dependent/ refractory cGVHD using the well-tolerated phase II dose of 420 mg daily (NCT02195869).

Tyrosine kinase Inhibitor (TKI) drugs including imatinib, dasatinib, and nilotinib were developed for the treatment of chronic myeloid leukemia (CML) or Philadelphia chromosome-positive (Ph+) acute lymphoblastic leukemia (ALL). Relevant to B-cell biology, these TKI block c-Abl kinase activity, leading to inhibition of BCR signaling and reduced B-cell proliferation [[38\]](#page-11-3). In fact, hypogammaglobulinemia develops in CML patients who receive TKI therapy for an extended period of time [\[38](#page-11-3), [89](#page-12-17)]. A recent investigation has suggested that these TKIs also partially inhibit BTK phosphorylation and impair B-cell immune responses [\[90](#page-12-18)]. In addition, TKIs also have a suppressive effect on PDGFR pathways, which are stimulated through auto-PDGFR-Abs in fibrotic cGVHD patients [\[53](#page-11-18)]. In summary, TKIs are thought to have an effect on cGVHD through B-cell suppressive effects as well as an inhibition of these PDGFR pathways. Of the available TKIs, imatinib is the most commonly investigated drug for cGVHD treatment (Table [2](#page-8-0)).

#### *Prevention*

A reduced incidence of cGVHD has been reported in several prospective studies of prophylactic TKI administration to reduce relapse of Philadelphia chromosome (Ph) positive leukemia (Table [2](#page-8-0)). However, a prospective direct comparison of prophylactic impact on cGVHD development between patients treated with or without imatinib is lacking. There has been only one retrospective analysis designed to compare cGVHD incidence between patients with and without prophylactic imatinib maintenance in 96 Ph+ leukemia patients [\[24](#page-10-16)]. The 3 years cumulative cGVHD incidence was significantly reduced in the imatinib treated group (40 %) compared with the no-imatinib group (70 %), and multivariate analyses demonstrated that imatinib post-HCT was significantly associated with the reduced development and severity of cGVHD [[24\]](#page-10-16). Prospective randomized placebo-controlled clinical trials for cGVHD prevention or treatment should be considered.

#### *Initial treatment*

To the best of our knowledge, no study has been published to report the efficacy of TKI as an initial therapy for cGVHD.

## *Salvage treatment for steroid-refractory/dependent cGVHD*

The efficacy of imatinib on steroid-refractory sclerotic cGVHD differs by reports, and the overall response rate ranges between 30 and 80 %. The variability in responses may be due to trial differences in dose, duration, and day of imatinib treatment initiation post-HCT (Table [2](#page-8-0)).

A phase I study demonstrated that imatinib treatment for steroid-refractory/dependent cGVHD was tolerated at a dose of 400 mg/day in 9 of 15 patients and was administrated for 6 months and beyond in 10 patients. The overall response rate was 40  $\%$  (6 of 15) [[91\]](#page-12-19). The investigators suggested that 200 mg/day may be an adequate dose for cGVHD treatment, as the dose is limited by both side effects and consent withdrawal. In this study, anti-PDGFR antibodies were also assessed and detected in 7 of 11 evaluable subjects but correlated with clinical activity in only 4 patients.

A phase II study assessed 40 steroid-refractory cGVHD patients with cGVHD involvement of skin in 32 (80 %), lung in 33 (83 %), mouth in 23 (58 %), and gut in 9 (23 %) [\[92](#page-12-20)]. Imatinib administration was initiated with a dose of 100 mg/day and escalated as high as the patients tolerated. Most patients received imatinib at 200 mg/day, and the median duration of imatinib administration was 16 months (range 1–45 months). Of the evaluable 32 patients at 6 months, the overall response rate was about 50 %, and the best response rates were observed in the gut and lungs, with 50 and 35 % of affected patients. The researchers also investigated anti-PDGF-R antibody activity in 11 patients (responder in 7 and non-responder in 4) and evaluated the relative decrease in PDGFR agonistic activity in terms of ROS stimulation (ROS index) compared to baseline. ROS index was decreased in the responder group, but it did not change substantially in the non-responder group [\[92](#page-12-20)].

The use of imatinib as a salvage treatment appears feasible and effective, achieving an overall response in half of the patients. Larger randomized controlled trials are required to confirm the results of previous studies. Regarding dasatinib and nilotinib, only case series are available [\[93](#page-12-21)], and several phase I/II trials are ongoing to assess their role for salvage treatment of cGVHD (NCT01155817 and NCT01810718).

#### **Bortezomib**

Treatment with bortezomib, an established proteasome inhibitor agent, causes B-cells and plasma cells to cell cycle arrest and subsequent apoptosis. Bortezomib has well been investigated in B-cell malignancies, especially in multiple myeloma and mantle cell lymphoma [\[94](#page-12-22)]. In addition to the cytotoxic effects against B-cell tumors, bortezomib is also known to have immune-modulatory functions through inhibitions of nuclear factor-kappa B (NF-κB) pathways, leading to a decrease of pro-inflammatory cytokines and allo-reactive T-cells [\[94](#page-12-22)]. Several investigations in human and animal studies have been published to assess the efficacy of bortezomib on cGVHD (Table [3\)](#page-9-0).

#### *Prevention*

The efficacy of bortezomib-based GVHD prophylaxis has recently been assessed in the phase I/II study among 45 RIC patients who underwent HCT form HLA-mismatched unrelated donors [[95\]](#page-12-23). The dose schedule was 1.3 mg/m<sup>2</sup> intravenous administration (iv) on days 1, 4, and 7 post-HCT. The 1-year cGVHD incidence was 29 % in this cohort, comparable with that in HLA-matched RIC patients [\[95](#page-12-23)]. The study also suggested that bortezomib enhanced immune reconstitution of CD8 T-cells and natural killer cells [\[95](#page-12-23)].

#### *Initial treatment*

A phase II study of bortezomib with corticosteroid as an initial treatment for cGVHD patients was recently conducted [[96\]](#page-12-24). Twenty-two patients were enrolled, and bortezomib was administered at 1.3 mg/m<sup>2</sup> intravenously on days 1, 8, 15, and 22 of each 35-day cycle for 3 cycles (15 weeks), with a dose at 0.5–1 mg/kg/day of prednisone.



**Table 2** Selected tyrosine kinase inhibitor studies for cGVHD prevention and treatment  $\epsilon$ Ì,

<span id="page-8-0"></span> $\underline{\textcircled{\tiny 2}}$  Springer



The overall response rate was 80 %, including 10 % of CR and 70 % of PR. In detail, organ-specific response was observed in 73 % for skin, 53 % for liver, 75 % for gas trointestinal tract, and 33 % for joint or muscle involvements [[96\]](#page-12-24). Only one patient experienced grade 3 sensory neuropathy.

#### *Salvage treatment for steroid -refractory/dependent cGVHD*

A pilot study investigating the use of bortezomib as sal vage therapy for steroid-refractory/dependent cGVHD was recently conducted based on favorable results from mice experiments [\[97](#page-12-30)]. Ten patients were enrolled in the doseescalating study, which started from  $0.2 \text{ mg/m}^2$  subcutaneously once a week, and then increased every 2 weeks by  $0.2 \text{ mg/m}^2$  until the patients responded or grade III to IV dose-limited toxicity occurred. Six of the 10 patients could receive >60 % of the scheduled doses, and five patients responded and achieved at least PR. The remaining five patients experienced adverse events: a progressive bronchi olitis obliterans and multiple respiratory infections, neurop athy, viral mouth infection, relapse of underlying disease, or worsening of thrombocytopenia [\[97](#page-12-30)].

In total, bortezomib may be effective and tolerable to prevent and treat cGVHD but the use of bortezomib may be limited by toxicities. However, direct comparison with other strategies is necessary to make any further conclusion regarding its use, and clinical trials combining bortezomib with other B-cell agents remain to be explored.

# **Summary and future perspectives**

<span id="page-9-0"></span>A growing body of evidence supports a pathogenic B-cell immunity role in cGVHD development. Allogeneic and auto-reactive B-cells develop through elevated BAFF and subsequent increased BCR response to allo-/auto-antigens in recipients. Rituximab clinical trials suggested that B-cell depletion could eradicate allogeneic B-cells and decrease cGVHD severity, but these allogenic B-cells seem to over come Rituximab therapy of new onset cGVHD and often recur with cGVHD progression. Studies testing extended retuximab scheduling or combination with drugs targeting BCR pathways seem worthy to investigate. Furthermore, while B-cell targeting or modulating therapy would be effective to prevent and treat cGVHD, the optimal dose and timing has yet to be established. For the purpose of optimi zation, it is necessary to understand when the allo-immune response occurs and further elucidate B-cell pathogenesis in cGVHD. Therefore, monitoring allo-immune response like H-Y-Abs could shed light on how a novel B-cell drug affects allo-humoral reaction. We will assess the dynam ics of H-Y-Abs and H-Y-specific B-cells in ongoing TKI, BTK, or rituximab clinical trials for cGVHD. These studies will provide important pharmacodynamic insights of B-cell targeting drugs in cGVHD treatment for optimal timing or doses of the drugs, which may be applied to all types of allo-HCT.

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