# **Evaluation of Diferent Sudan Dyes in Egyptian Food Samples Utilizing Liquid Chromatography/Tandem Mass Spectrometry**

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#### **Abstract**

A sensitive and a precise method was developed for the quantifcation of diferent Sudan dyes in some Egyptian food samples. They were analyzed utilizing two-fragment ion transition under multiple reaction monitoring (MRM) mode. Separation was carried out on Kinetex 2.6u C18 100 A (75 mm  $\times$  4.6 mm) phenomenex using isocratic elution with 10:90% water and acetonitrile containing 2.0 mmol/L ammonium formate and 0.2% formic acid. The validation parameters were obtained and verified. The linearity was 0.2–10.0 ng/mL with  $r^2 > 0.9975$ . LOD and LOQ were 0.06 and 0.19 ng/mL, respectively, for Sudan (I, II) whereas they were 0.07 and 0.23 ng/mL, respectively, for Sudan (III and IV), and Sudan orange G. Recoveries are ranged from 78.79 to 110.49%. The method has been successfully applied for the quantifcation of these dyes in 60 food samples such as spices, chili powder, turmeric, paprika, and curry. The results show that about 55% of the randomly selected food samples were adulterated with the banned dyes.

**Keywords** Sudan dyes · Liquid chromatography/tandem mass spectrometry · Chili powder · Turmeric · Paprika · Curry

# **Introduction**

Sudan I, II, III, and IV and Sudan orange G are fat-soluble substances containing azo group  $(-N=N-)$  in their structure (Scheme [1](#page-1-0)) which are responsible for color (Tsai et al. [2015](#page-12-0)). They are cheap and stable dyes relative to natural dyes with intense red–orange color; as a result, they are used as additives to various materials in diferent industrial and scientifc applications such as fuels, oils, solvents, textile, coloring waxes, shoe polish, and cosmetic products, and in histology for cell staining (Bazregar et al. [2018](#page-11-0)). Inferable from their azoic structure and aromatic rings (Scheme [1](#page-1-0)), Sudan dyes have evident toxic consequences for the human organs. The later can result in allergy and asthmatic reactions, respiratory

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problem, DNA damage, thyroid tumors, chromosomal damage, hyperactivity, and abdominal pain when taken orally or absorbed by skin (Bazregar et al. [2018](#page-11-0)). Sudan dyes are metabolized or degraded to aniline and its derivatives which may cause the toxic effects (Xu et al. [2010](#page-12-1); Zanoni et al. [2013;](#page-12-2) Pietruk et al. [2019\)](#page-12-3). Moreover, the nervous system could be destroyed by the long-term intake of aniline (Rajabi et al. [2015\)](#page-12-4). They are not permitted to be used as food additives in Canada, the European Union (EU), and the USA. Sudan I was found in hot chili peppers for the frst time of EU notifcation in 2003 by the French food control. The latter was posted in the European Rapid Alert System for Food and Feed (RASFF). Moreover, Sudan dyes are classifed as category 3 carcinogens by the International Agency for Research on Cancer (IARC) (European Commission. RASFF-Food and Feed Safety Alerts [nd](#page-11-1); The European, Parliament and the Council of the European Union ([2002](#page-12-5)); IARC [1975;](#page-12-6) Schwacket al. [2018\)](#page-12-7). About 90% of information transmitted to the human's mind is visual, and the attractive color of food is the essential part of decision about its quality, freshness, and, therefore, health benefts. The food coloring synthetic dyes, such as Sudan dyes, are preferred in manufacturing processes due to their higher stability (Zacharis et al. [2011](#page-12-8)). They are added illegally to food products, especially chili-containing foods such as chili sauce,



<span id="page-1-0"></span>**Scheme 1** Structural formulae of diferent Sudan I, II, III, and IV and Sudan orange dyes



turmeric, curry, and paprika, and palm oil-containing foodstufs, frozen meat products, and spice mix (Xu et al. [2010](#page-12-1); Zanoni et al. [2013](#page-12-2); Pietruk et al. [2019](#page-12-3)).

Sudan dyes with concentration level of 100–1000 mg/kg are required to enhance foodstuff color (Lian et al. [2014](#page-12-9); Wu et al. [2015](#page-12-10)). Low concentration of Sudan dyes may be found in foodstufs probably due to cross-contamination during transport and storage process (Hoenicke [2006;](#page-11-2) Schummer et al. [2013\)](#page-12-11). To diferentiate between cross-contamination and adulteration; the European Union fxed that more than 0.5 mg/kg for the concentration level of Sudan dyes in food samples is considered adulteration. Even at low level of sub ppm of these dyes, it was still carcinogenic. Despite the fact that Sudan dyes are banned, the EU Rapid Alert

<span id="page-1-1"></span>**Fig. 1** Liquid chromatography/ tandem mass spectrometry (LC–MS/MS) chromatogram of 10.0 ng/mL Sudan I–IV and Sudan orange G standard solutions



System for Food and Feed has reported at least 20 cases each year of Sudan I and IV discovery in certain nourishment items that were imported from outside of the EU (Yu et al. [2015\)](#page-12-12). In order to assure the consumer's health, accurate and reliable methods are required for the quantifcation of these compounds in diverse foodstuf. The survey includes GC/MS (Otero et al. [2017](#page-12-13)), HPLC (Yang et al. [2019;](#page-12-14) Hu et al. [2016](#page-11-3); Yan et al. [2012](#page-12-15); Khalikova et al. [2014;](#page-12-16) Chen and Huang, [2014](#page-11-4); Wu et al. [2010](#page-12-17); Liu et al. [2018](#page-12-18)), and LC/ MS/MS spectrometry (Tsai et al. [2015](#page-12-0); Piatkowska et al. [2017;](#page-12-19) Zhao et al. [2012\)](#page-12-20). Among these referenced techniques, TLC and spectrophotometry are widely used for the determination of water-soluble dyes because of their low cost although they often suffer from poor sensitivity and interference from the food matrix. The previously published LC methods use PDA or UV detectors which ofer good separation, but they are taking time in the interpretation of results for overlapping peaks. The LC–MS/MS spectrometry is a powerful technique for the detection of residual chemical compounds, confrmatory identifcation of small organic molecules, confrmation, and quantitation of contaminants and adulterants in pharmaceutical and food samples. According to our survey, there is no previously published work in Egypt for the detection and the quantifcation of the mentioned analytes together, and particularly in the foodstuff by LC–MS/MS spectrometry. As a result, this study tends to develop and validate a rapid, sensitive, precise, and accurate method for the simultaneous determination of Sudan I, II, III, IV, and orange G in chili powder, turmeric, curry, and paprika utilizing LC/ MS/MS spectrometry.

# <span id="page-2-1"></span>**Experimental**

#### **Chemicals and Materials**

Sudan I (97%), M.wt = 248.29 g/mol; Sudan II (90%), M.wt=276.34 g/mol; Sudan III (96%), M.wt.=352.39 g/ mol; Sudan IV (96%), M.wt =  $380.44$  g/mol; and Sudan orange G (98%), M.wt.  $=$  214.22 g/mol, analytical standards were obtained from Sigma-Aldrich (Germany). Ammonium formate ( $\geq$ 99%) and formic acid (98%) were obtained from Fluka (Germany). Acetonitrile HPLC grade was obtained from Merck (Germany) and Fisher (UK). Methanol HPLC grade was purchased from Fisher (UK). Acetone HPLC was obtained from Sigma-Aldrich (Germany). Deionized water was purifed through a Milli-Q system from Millipore (USA). PTFE syringe filters  $(0.2 \mu m, 25 \mu m)$  were received from Restek (USA). Falcon tube 50 mL was obtained from China.

#### **Instruments**

The LC–MS/MS system consisted of a Shimadzu Nexera X2 LC-30 AD liquid chromatograph (Shimadzu, Japan) coupled with a 5500 triple quadrupole detector (AB Sciex, Toronto, ON, Canada), controlled by analyst software. Nitrogen generator was obtained form Peak Scientific Instruments Ltd., Chicago, IL, USA. Centrifuge sigma 3-18 K (Germany) and Vortex mixer (Taiwan) and Sonicator Branson 5510 (USA) were used for preparation of standard dyes and samples.

<span id="page-2-0"></span>

(a) The transition that was used in quantitation

(b) The transition that was used in confrmation

EP, CE, and CXP of







<span id="page-3-0"></span>**Fig. 2** Solvent efect on the extraction of diferent samples: (**a**) chili, (**b**) paprika, (**c**) turmeric, and (**d**) curry (spiking level was 10.0 ng/mL for Sudan I–IV and Sudan orange G)

#### **Standard Solutions**

Stock solutions of Sudan I and II and Sudan orange G were prepared by dissolving 10.0 mg of each dye in 10 mL acetonitrile (1.0 mg/mL). While for Sudan III and IV, the solutions were prepared by dissolving 10.0 mg of the solid dye in 100 mL acetonitrile to prepare 0.1 mg/ mL. All of the previous solutions were prepared in amber measuring flasks and were kept in dark at − 20 °C for 6 months(Piatkowska et al. [2017](#page-12-19)). Sudan III and Sudan IV undergo E-Z photo-isomerization forming isomers that appear in chromatogram before main peak (fast peaks) as shown in Fig. [1](#page-1-1), where these isomers cannot be controlled even under all analytical precautions (Genualdi et al. [2016](#page-11-5); Molder et al. [2007](#page-12-21)).

Working standard solutions of 0.2, 0.5, 1.0, 2.0, 5.0, 8.0, and 10.0 ng/mL were prepared by diluting the mixed standard stock solution with acetonitrile in appropriate proportions.

#### **Sample Preparation**

Sixty food samples, including chili, turmeric, paprika, and curry, were obtained from Egyptian local markets. One gram of each sample was weighed into a centrifuge tube; then, 20 mL of acetonitrile was added and shacked with hand for 1 min, vortex 2 min, sonication for 15 min followed by centrifugation at 4500 rpm at 15 °C for 10 min. The sample was filtered on PTFE syringe filters  $(0.2 \mu m,$ 25 mm). Ten microliters of the fltered sample was diluted

<span id="page-4-0"></span>**Table 2** Regression equations, LOD, and LOQ for the analysis of Sudan I–IV, and Sudan orange G

| Dye            | Regression equation     | $r^2$  | LOD<br>(ng/mL) | LOO<br>(ng/mL) |
|----------------|-------------------------|--------|----------------|----------------|
| Sudan I        | $y=9.588e^{4}x+319.51$  | 0.9994 | 0.06           | 0.19           |
| Sudan II       | $y=1.538e^5x+3173.4$    | 0.9997 | 0.06           | 0.19           |
| Sudan III      | $y=4.147e^{4}x+5203.30$ | 0.9997 | 0.07           | 0.23           |
| Sudan IV       | $y=24,581.10x+3514.80$  | 0.9975 | 0.07           | 0.23           |
| Sudan orange G | $y=8.516e^{4}x+6029.40$ | 0.9993 | 0.07           | 0.23           |

to 1000 µL using acetonitrile. Further dilutions were carried out to eliminate the instrument contamination and this was based on the color of the resulting solution. The resulting solution was fnally injected to the instrument to be analyzed.

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#### **LC–MS/MS Conditions**

The mobile phase consists of water and acetonitrile (10:90%) containing 2 mmol/L ammonium formate and 0.2% formic acid with isocratic elution at 0.3 mL/min fow rate. The



<span id="page-4-1"></span>**Fig. 3** Calibration curves of standard solutions of Sudan I (**a**), Sudan II (**b**), Sudan III (**c**), Sudan IV (**d**), and Sudan orange (**e**) using 0.3 mL/min fow rate and 10.0 µL injection volume



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injection volume was 10 µL. The separation was carried on Kinetex 2.6u C18 100 A  $75 \times 4.6$  mm phenomenex (USA) at 30 °C. The positive  $(ESI+)$  mode and multiple reaction monitoring (MRM) mode were used for the quantifcation with at least two transitions for each dye. The optimized instrument operating parameters for mass spectral acquisition were as follows: ion spray voltage 5500 V; curtain gas 30 psi, nebulizer gas (gas 1) 35 and heater gas (gas 2) 40 psi; turbo spray temperature 400 °C; and other parameters with precursor ions (Q1) and product ions (Q3) are summarized in Table [1.](#page-2-0)

#### **Analytical Method Validation**

#### **Precision and Accuracy**

Method validation was performed on the standard dyes and the diferent food samples. Quantitative investigation was completed by the external standard calibration strategy. Method validation of samples was set up by spiking 1.0 g of food samples (chili powder, turmeric, curry, and paprika) with a proper amount of stock standard solution and fnally reach to the study level (1.0, 5.0, 10.0 ng/mL). Recoveries were determined by comparing the peak areas of the spiked samples with those of standard solutions. Precision was evaluated by analyzing six replicates of a sample during the same day. The sensitivity of the strategy was assessed by the evaluated limits of detection (LODs) and quantifcation (LOQs). The latter was resolved experimentally from the injections of spiked samples and they were determined utilizing the minimum concentration of analytes resulting in signal to noise ratios of 3 and 10, respectively. Target dyes were viewed as distinguished by the presence of two characteristic fragment ions at the right retention time with the right relative ion intensity and an accurate mass.

## **Specifcity and Selectivity**

Selectivity was examined by realizing the potential interferences between impurities and food matrix in the sample extracts and the analytes. Diferent samples (chili powder, turmeric, curry, and paprika) were spiked with the studied dyes, and then, they were analyzed.

## **Matrix Efect**

After extraction of turmeric, chili, paprika, and curry samples, they were spiked with three different concentrations of standard solution of the different studied dyes 10.0, 5.0, and 1.0 ng/mL (*n* = 3). The matrix effect (ME)

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|          | Spiked con-<br>centration<br>ng/mL | Sudan I |       | Sudan II | Sudan III | Sudan IV |       | Sudan Orange G |       |        |      |
|----------|------------------------------------|---------|-------|----------|-----------|----------|-------|----------------|-------|--------|------|
|          |                                    | ME%     | RSD%  | ME%      | RSD%      | ME%      | RSD%  | ME%            | RSD%  | ME%    | RSD% |
| Turmeric | 10.00                              | 109.98  | 6.74  | 112.26   | 5.88      | 103.95   | 10.07 | 103.86         | 9.42  | 112.22 | 4.73 |
|          | 5.00                               | 110.86  | 4.19  | 116.22   | 4.63      | 103.36   | 8.38  | 100.01         | 8.97  | 117.45 | 3.74 |
|          | 1.00                               | 111.89  | 2.76  | 116.55   | 3.77      | 105.68   | 12.84 | 112.45         | 10.16 | 124.87 | 2.95 |
| Chili    | 10.00                              | 102.89  | 5.36  | 108.24   | 6.04      | 97.24    | 4.92  | 93.31          | 4.44  | 85.48  | 4.65 |
|          | 5.00                               | 104.96  | 3.12  | 108.93   | 3.79      | 96.27    | 6.20  | 87.11          | 9.53  | 85.78  | 2.46 |
|          | 1.00                               | 103.39  | 10.17 | 106.28   | 8.35      | 94.48    | 8.66  | 100.12         | 9.99  | 88.42  | 0.70 |
| Paprika  | 10.00                              | 93.62   | 1.09  | 85.72    | 2.13      | 109.59   | 5.51  | 110.27         | 4.05  | 88.86  | 1.60 |
|          | 5.00                               | 94.22   | 1.85  | 86.74    | 2.43      | 113.46   | 5.59  | 106.98         | 6.54  | 94.52  | 2.83 |
|          | 1.00                               | 97.82   | 3.56  | 91.99    | 3.96      | 128.31   | 4.38  | 128.06         | 7.71  | 100.02 | 3.06 |
| Curry    | 10.00                              | 101.74  | 4.37  | 102.20   | 3.98      | 111.25   | 8.52  | 106.37         | 4.42  | 99.70  | 2.51 |
|          | 5.00                               | 106.89  | 4.56  | 106.86   | 4.95      | 111.85   | 2.50  | 110.73         | 5.16  | 106.27 | 4.29 |
|          | 1.00                               | 109.61  | 5.40  | 110.29   | 4.49      | 122.73   | 6.88  | 109.08         | 5.39  | 115.56 | 3.36 |

<span id="page-6-1"></span>**Table 4** Average matrix efect (ME%) of Turmeric, chili, paprika and curry samples at three diferent concentrations and the average RSD% of their repeatability

was calculated relative to the concentration of spiked sample to the concentration of the standard solution  $(Eq. (1)).$  $(Eq. (1)).$  $(Eq. (1)).$ 

$$
ME\% = (C_{\text{spixed}} - C_{\text{sample}}/C_{\text{std}}) * 100
$$
 (1)

 $C_{\text{spiked}}$  The concentration of spiked sample.<br> $C_{\text{sample}}$  The concentration of sample conta The concentration of sample contaminated with dyes.

 $C_{\text{std}}$  The concentration of standard dye in the pure solvent

# **Results and Discussion**

#### **LC–MS/MS Determination and Quantitation**

<span id="page-6-0"></span>The mass spectrometer parameters were chosen and optimized by direct infusion of each standard solution individually (20.0 ng/mL in acetonitrile) from a syringe pump at the flow rate of 10.0  $\mu$ L/min in a positive mode involving choosing the precursor and the product ions for each compound. Multiple reaction monitoring (MRM) mode was established. Entrance potential (EP), decluttering potential (DP), collision energies (CEs), and cell



<span id="page-6-2"></span>Fig. 4 Matrix effect on chili, paprika, curry, and tumeric samples utilizing a concentration of 10 ng/mL for each dye

6.34, 7.45, 8.26, 11.04, and 5.31 min for Sudan I, II, III, IV, and orange G.

## **Type of Extraction Solvent**

The selection of an extraction solvent is of great importance in the solvent extraction methods. To develop an extraction protocol, 1.0 g of each food sample was weighed into a centrifuge tube and mixed with working standard solution of the five dyes (resulted fortification level was 10.0 ng/mL). Acetonitrile, methanol, and acetone were checked for the good

<span id="page-7-0"></span>

–: the dye not detected

exit potential (CXP) of each Sudan dye were optimized (Table [1\)](#page-2-0). The MRM was established using the transitions of the most stable and abundant product ions for quantification and the other transition for confirmation. For the separation of the analytes, isocratic elution of water and acetonitrile (10:90%) containing 2 mM ammonium formate and 0.2% formic acid was used as a mobile phase under a flow rate of 0.3 mL/min. Ten microliters injection volume was used to achieve the chromatographic separation of all dyes in the standard solution in 15 min. The LC–MS/MS chromatograms of all dyes are shown in Fig. [1](#page-1-1). The retention times of standard solutions are <span id="page-8-0"></span>**Fig. 5** Number of adulterated samples of chili, paprika, turmeric, and curry (15 samples for each type)



extraction result to confrm that acetonitrile gave the best result due to its compatibility with the mobile phase (Fig. [2](#page-3-0)).

## **Method Validation**

The method was validated using diferent matrices (3 diferent products for each type).

# **Selectivity**

Selectivity is characterized as the ability of the bioanalytical strategy to quantify a substance unequivocally and to separate between the analyte(s) and impurities that might be available (Zhu et al. [2015](#page-12-22)). Under the optimized LC–MS/ MS parameters, Sudan I–IV and orange G in the blank samples are separated with excellent selectivity and sensitivity (Fig. [1](#page-1-1)). The results showed that there was no signifcant interference observed at the corresponding retention time of each target analyte.

## **Linearity, LOD, and LOQ**

Standard curves were made in triplicate for each concentration of the dyes under study. Diferent concentrations (0.2, 0.5, 1.0, 2.0, 5.0, 8.0, 10.0 ng/mL (*n*=3 for each concentration)) were tested for the method. The results showed good linearity over the studied concentration range, with correlation coefficients  $(r^2)$  of 0.9993–0.9997. LOD and LOQ were calculated by signal to noise ratio (*S*/*N*) of 3 and 10, respectively. LOD was 0.06 ng/mL for Sudan I and II, and was 0.07 ng/mL for Sudan III, IV, and orange G. LOQ was

0.19 ng/mL for Sudan I and II and 0.23 ng/mL for Sudan III, IV, and orange G (Table [2](#page-4-0) and Fig. [3\)](#page-4-1).

## **Recovery**

The precision of the method was verifed by measuring recoveries of spiked blank samples with diferent matrices at three concentration levels. Three duplicates of spiked samples were prepared for each concentration level and analyzed according to the experimental section. The obtained recoveries are 88.60–99.83%, 81.75–99.27%, 87.94–109.06%, 89.36–110.49%, and 78.79–100.32% with relative standard deviation (RSD%) of 1.69–8.01%, 1.70–6.44%, 0.92–7.64%, 0.83–8.21%, and 1.43–5.79% for Sudan I, II, III, IV, and orange G, respectively (Table [3\)](#page-5-0).

## **Robustness**

It was determined by injecting the same standard solution of each dye with a concentration of 5.0 ng/mL under diferent flow rates (0.29, 0.30, and 0.31 mL/min). The recovery was calculated relative to the theoretical concentration of each standard. The results showed that the value is slightly afected by the later change; the percentage error was from 0.05 to 4.07%.

# **Matrix Efect**

It was studied as described in the ["Experimental](#page-2-1)" section. Table [4](#page-6-1) shows the ionization suppression/enhancement efect in diferent matrices. In turmeric samples, ionization enhancement from 3.36 to 24.87% in all dyes, chili samples enhance ionization slightly in Sudan I and II from 2.89 to

<span id="page-9-0"></span>



**Table 6** (continued)

8.93% and suppress the ionization in Sudan III and Sudan IV from 2.76 to 12.89% while 11.58 to 14.52% in Sudan orange G. Paprika samples suppress the ionization in Sudan I and II from 2.18 to 14.28% and Sudan III and IV enhance ionization from 6.98 to 28.31%, but in Sudan orange G no efect at low concentration, suppression with 5.48 to 11.14% at two other concentrations. Curry samples enhance all dyes from 1.74 to 22.73% except Sudan orange G in higher concentration is slightly suppressed with 0.3%. Matrix effect of different samples of concentration of 10 ng/mL is shown in Fig. [4.](#page-6-2)

#### **Application to Real Samples**

The developed method in this study was used for the determination of the target dyes in diferent real samples. Sixty commercial samples were collected randomly from different markets in Egypt. Two MRM transitions for each compound were monitored during LC–MS/MS analysis for the identifcation and confrmation of the diferent dyes. Samples for each type were repeated 3 times and injected 3 times. Twenty-seven samples were found to be free from all studied dyes. All 60 samples are free from Sudan II. Table [5](#page-7-0) shows the found concentrations of Sudan I, II, IV, and orange G in the other 33 samples. It was observed that Sudan I was not found in sample nos. 21, 22, and 29. Sudan III was found in three samples (nos. 20, 21, and 22). Sudan IV was found in thirteen samples (nos. 1, 4, 5, 6, 8, 9, 10, 11, 12, 13, 15, 19, and 32). Sudan Orange G was found in only two samples (22 and 29). Figure [5](#page-8-0) shows an overview for the adulteration in diferent selected samples with respect to their types.

A comparison between the current study and previously published methods is tabulated in Table [6](#page-9-0) with respect to the instrument type, column, mobile phase, linearity, LOD, LOQ, and the total run time.

# **Conclusion**

Monitoring of synthetic Sudan dyes in foodstufs is very important in both domestic and imported foods. This study presents a suitable analysis method for the extraction, detection, and quantitation of fve Sudan dyes (Sudan I, II, III, IV, and orange G) utilizing LC–MS/MS spectrometry in chili, paprika, turmeric, and curry Egyptian samples. The developed preparation procedure, through the extraction of acetonitrile, is sensitive, rapid, and simple and ofers good recovery and precise results. The LC–MS/MS method under multiple reactions monitoring (MRM) mode is able to detect all target compounds in a single run with an LOQ 0.2 ng/mL. Overall, the LC–MS/MS method can be applied in routine Sudan dye testing and surveillance programs for the control of the presence of Sudan dyes in chili, paprika, turmeric,

and curry. The results showed that 55% of the randomly selected samples are contaminated with dyes in diferent concentrations.

**Code Availability** Not applicable.

#### **Declarations**

**Ethical Approval** This article does not contain any studies with human or animal subjects.

**Informed Consent** Informed consent not applicable.

**Conflict of Interest** Sabrein. H. Mohamed declares that she has no confict of interest. Alyaa. I. Salim declares that she has no confict of interest. Yousry. M, Issa declares that he has no confict of interest. Rihab H. Nassar declares that she has no confict of interest. Manal A. Atwa declares that she has no confict of interest.

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