Magnetic Resonance Imaging for Quality Evaluation of Fruits: a Review

R. K. Srivastava¹ · Sekhar Talluri¹ · Sk. Khasim Beebi¹ · B Rajesh Kumar²

Received: 15 December 2017 /Accepted: 9 April 2018 /Published online: 5 May 2018 \copyright Springer Science+Business Media, LLC, part of Springer Nature 2018, corrected publication May/2018

Abstract

This article is a review of the magnetic resonance (MR)-based technologies that have been used for non-destructive quality assessment of fruits. The potential of these MR-based methods for commercial applications such as sorting or labelling is discussed. Although nuclear magnetic resonance (NMR) spectroscopy and magnetic resonance imaging (MRI) have been demonstrated to be quite effective for non-destructive characterization and quality evaluation of fruits, they have found only limited applications in current industrial and commercial applications. The limitations of the current MRI methodologies, and the technologies under development that have the potential to overcome these limitations, are also discussed. This review is limited to applications of MRI/NMR to non-invasive studies of fruits, with potential for industrial applications, and does not include applications of MRI/ NMR to vegetables, cereals and processed food items.

Keywords Magnetic resonance imaging . NMR spectroscopy . Fruit quality . Relaxation time . Quality assessment

Abbreviations

• Review of applications of MRI for non-destructive characterization of fruits

• Limitations of current/reported MRI technology for fruit quality assessment

• Discussion of MRI technology under development for fruit quality assessment

 \boxtimes R. K. Srivastava rajeshksrivastava73@yahoo.co.in

- ¹ Department of Biotechnology, GIT, GITAM University, Rushikonda, Visakhapatnam, AP 530045, India
- ² Department of Electronics and Instrumentation Engineering, GIT, GITAM University, Rushikonda, Visakhapatnam, AP 530045, India

Introduction

Numerous non-invasive methods have been developed for quality evaluation and sorting of agricultural products such

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as fruits (Zion et al. [1995b;](#page-17-0) Abbott [1999](#page-12-0)). These methods are based on measurement of properties such as density, firmness, surface texture, vibration characteristics, X-ray and gamma ray transmission, optical reflectance and transmission, electrical properties, magnetic properties and magnetic resonance (MR) (Chen et al. [1989](#page-13-0); Zou and Zhao [2015](#page-17-0)). Nondestructive methods for quality assessment and sorting of fruits have been reviewed earlier (Chen and Sun [1991;](#page-13-0) Butz et al. [2005;](#page-13-0) Arendse et al. [2018](#page-12-0)). The objective of present review is to describe applications of MR based methods for fruit quality assessment or control, the limitations of the exiting MR based methods, and the novel MR-based technologies that are being developed to overcome the limitations.

Magnetic resonance-based techniques such as NMR spectroscopy (Bloch et al. [1946;](#page-13-0) Bloembergen et al. [1948\)](#page-13-0), MRI (Lauterbur [1973](#page-15-0); Kumar et al. [1975\)](#page-15-0) and MR spectroscopic imaging (MRSI) are completely non-invasive and can provide detailed information regarding the internal structure of fruits (Shaw and Elsken [1956;](#page-16-0) Gunasekaran [2000\)](#page-14-0).

MR spectral attributes such as intensity, chemical shift, relaxation time, line-width and line-shape can be measured in a spatially resolved manner. Such information can be utilized for quality assessment, prediction of the stage of maturity of the fruit and shelf life (Clark et al. [1997\)](#page-13-0), and to estimate the optimum time for consumption. The reliability of application of MRI in medical diagnostics (Brant and de Lange [2012](#page-13-0)), plant science (Faust et al. [2010\)](#page-14-0) and food science (Schmidt et al. [1996;](#page-16-0) Farhat et al. [2007\)](#page-14-0) is evidence of its potential for such applications. However, some MR techniques, such as MR microscopy (Callaghan et al. [1994\)](#page-13-0), that have found extensive application in plant and food science (Sarafis et al. [1990](#page-16-0)) are of limited use in QA/QC applications, because the requirements of magnetic field strength, homogeneity and magnetic field gradient strength for MR-microscopy are higher than those that are used in routine medical MRI. The primary challenges in large scale application of MR technologies for commercial and industrial applications related to food quality assessment are the high cost, large size and weight of the magnets, interference from external electromagnetic fields and metallic materials, high throughput requirements and the susceptibility to mechanical vibrations and other motion based artifacts.

Magnetic Resonance-Based Sensors for Quality Assessment of Fruits

The physical principles and properties of the measurable attributes of relevance to MR phenomena (MRI/NMR) have been described and reviewed earlier (Brown et al. [2014](#page-13-0)). The molecular constituents of fruits contain MR active nuclei and these nuclei can be used as sensors of the internal structure, texture, taste and other indicators of fruit quality (Colnago et al. [2014](#page-13-0)). The following sections summarize the MR attributes that have been used, or have the potential, for quality assessment of fruits.

Measurable Attributes of MR-Based Methods

Proton Density

Proton is the preferred nucleus for most imaging studies of fruits due to its high abundance, high magnetogyric ratio and sensitivity (Galed et al. [2004](#page-14-0)). MRI experiments designed to map the proton density (either 2D or 3D) provide detailed information regarding the internal structure of objects such as fruits. Differences in the patterns of proton density can be used to identify physical defects such as injury and drying, as well as biological defects such as drying, aging (rotting) and presence of microbial infection (Clark et al. [1997\)](#page-13-0).

Relaxation Time

Bloembergen et al. have discussed the longitudinal relaxation time T_1 and it is the time constant that characterizes the time required for the net spin magnetization to return to the equilibrium state after a perturbation from the equilibrium state (Bloembergen et al. [1948\)](#page-13-0). It depends on the rotational correlation time of the nucleus, its interactions with neighboring nuclei and on the magnetic field (Solomon [1955\)](#page-16-0). The rotational correlation time depends on the size and shape of the molecule, its internal degrees of freedom as well as on the viscosity and temperature of the surrounding solvent. Therefore, T_1 is a sensitive measure of motional freedom of the nucleus under study. Variation of T_1 can be used as a contrast enhancement mechanism in MRI (Bydder and Young [1985\)](#page-13-0). The viscosity of water varies substantially depending upon the tissue type. Hence, an MRI map showing the variation of T_1 as a function of position can be used, in some cases, to identify defects that may be difficult to detect in proton density mapping (Kirtil et al. [2017\)](#page-15-0). The sweetness of many fruits depends upon the total soluble sugar content, and the soluble sugar content alters the viscosity of the solution, and this alters the T_1 . Hence, measurements of T_1 have the potential for non-invasive assessment of sweetness, which is one of the factors used to judge the quality and level of maturity of fruits (Andaur et al. [2004](#page-12-0)).

The transverse relaxation time (T_2) is the time constant that characterizes the time required for the magnitude of the net transverse spin magnetization vector to attain its equilibrium value of zero (Keeler 2013). T₂ depends on the interactions of the nuclei with other nuclei, on the magnetic field and magnetic field inhomogeneity, and the rotational correlation time (Solomon [1955;](#page-16-0) Redfield [1957\)](#page-16-0). However, T_2 and T_1 have different dependence on these factors. Therefore, T_2 weighted MR images can provide information that is complimentary to T_1 weighted and density weighted MR images and this information can be utilized for monitoring the ripening stage and quality of fruits (Marcone et al. [2013;](#page-15-0) Zhang and McCarthy [2013\)](#page-16-0). For high throughput applications of MRI on fruits, T_2

measurements are technologically more challenging, because of the strong dependence of T_2 on magnetic field homogeneity which places stringent requirements on the quality of the magnet and the homogeneity of the magnetic field used for such applications. Although such stringent requirements are routinely satisfied in MRI instruments used for research and medical diagnostic applications as well as for NMR spectrometers used for biological applications, it contributes significantly to the cost of the instrument which is a much more significant issue in commercial applications dealing with the quality assessment of fruits.

Chemical Shifts

The chemical shift (Dickinson [1950;](#page-13-0) Proctor and Yu [1950\)](#page-16-0) is the ratio of the change in the resonance frequency of the nucleus of interest to the resonance frequency of a reference nucleus measured at the same magnetic field (Ramsey [1950\)](#page-16-0). The chemical shifts can provide information regarding the chemical constitution (Sarafis et al. [1990\)](#page-16-0) and hence are sensitive indicators of quality and maturity of fruits as the presence (and quantity) of specific chemicals can act as markers (Tse et al. [1996\)](#page-16-0). Fat and water have sufficiently distinct chemical shifts to permit assessment of the fat or oil and water content of fruits, which can be a significant factor with regard to utility in some cases (Pope et al. [1991](#page-15-0)). Chemical Shift Imaging (CSI) may be used for spectral resolution enhancement (Sersa and Macura [2007](#page-16-0)). The potential of CSI for studies of bruises in apples and plums has been investigated (Cheng et al. [2008](#page-13-0)). Voxel-selective point resolved spectroscopy (PRESS) was used for endosperm vacuole composition characterization in intact pea seeds and CSI was used to map metabolite distribution during development (Melkus et al. [2009\)](#page-15-0). CSI has been used for lipid-imaging in several plants (Munz et al. [2016](#page-15-0)). Magnetic resonance spectroscopic imaging (MRSI) is technically more demanding than MRI (Bottomley and Griffiths [2016\)](#page-13-0). Although this may be a limitation for commercial applications involving high throughput MRSI of fruits, a platform for imaging and quantifying oil storage in tobacco seeds with a throughput of 2.6 min/seed has been demonstrated (Fuchs et al. [2013](#page-14-0)).

Heteronuclei

¹H is the preferred nucleus for MRI studies due to the high natural abundance in fruits and the high magnetogyric ratio of ¹H. Other common nuclei that occur in fruits, ^{12}C , ^{14}N and ¹⁶O cannot be observed by MRI. However, the less abundant isotopes, ${}^{13}C$, ${}^{15}N$ and ${}^{17}O$ can be studied by magnetic resonance. In situ studies of lipid components have been carried out using high-resolution solid-state 13 C NMR and pulsed field gradient NMR to characterize the liquid and solid

domains of plant seeds (Gromova et al. 2016). $\mathrm{^{1}H_{2}^{13}C}$ cyclic J cross-polarization PGSE was introduced for selective observation of oil component in a combined imaging and diffusion experiment. The spatial dimensions of oil droplets in xanthum gum water emulsions could be determined with this technique (McDonald et al. [1999](#page-15-0)). ¹H detected ¹³C MRI has been utilized for studies of labeled sucrose transport in plants (Heidenreich et al. [2008](#page-14-0)).

Diffusion Constants

The diffusion constant of water within firm tissues is substantially different from that in liquid water or necrotic tissue. Spin-echo based pulse sequences (Carr and Purcell [1954](#page-13-0)), that are sensitive to diffusion, can be incorporated into standard MR imaging pulse sequences to obtain diffusion weighted images (Callaghan et al. [1994](#page-13-0)). Diffusion weighted MRI can provide information on the spatial dependence of diffusion constants and this information can be used to study fruit maturation and ripening (Ishida et al. [1997](#page-14-0); Dean et al. [2014](#page-13-0)), or degradation effects such as internal browning (Defraeye et al. [2013\)](#page-13-0).

NMR/MRI Hardware

NMR Hardware for Static MR/NMR Spectroscopy

Conventional MR/NMR Spectrometers

The basic components of the conventional MRI/NMR spectrometers are: magnet, probe, RF synthesizer, A/D converters, amplifiers, shielded magnetic field gradients and control electronics (Fukushima and Roeder [1993](#page-14-0)). The essential difference between the hardware for an NMR spectrometer from that of an MR Imager is that the MR Imagers have a magnet with a wider bore and magnetic field homogeneity is maintained over a larger volume to permit imaging of larger objects and are equipped with triple-axis magnetic field gradients of higher strength than those of conventional NMR spectrometers (Bottomley [1982](#page-13-0)). High resolution NMR spectrometers and MR imagers use superconducting magnets. These superconducting magnets require liquid Helium and Nitrogen refilling. The newer magnet designs based on cryogen recovery minimize the cryogen loss. Although cryogen recovery substantially reduces the maintenance costs and overheads, it increases the initial cost and size of the instrument. The majority of magnets used for MR applications in industry utilize permanent magnets which do not require regular maintenance. The permanent magnets are usually made from NdFeB and/or SmCo and consist of two poles (Mitchell et al. [2014\)](#page-15-0). A connector made

of soft iron is often used to stabilize and enhance the magnetic field in a small volume inside the magnet where the sample of interest is placed. Although the magnetic field obtainable from the permanent magnets is smaller than that for superconducting magnets, permanent magnets are preferred for industrial QA/QC applications because of lower maintenance cost and lower sensitivity to environmental variables (Danieli et al. [2010\)](#page-13-0).

Portable and Miniature MRI/NMR Spectrometers

Small, dedicated MRI instruments have been developed for applications in food science and agriculture (Constantinesco et al. [1998](#page-13-0); Koizumi et al. [2008\)](#page-15-0). Further attempts at miniaturization are in progress. Substantial progress has been achieved in miniaturization of the electronic components. Integration of the probe as well as micro fluidics for sample input/output into a single board that includes all the necessary RF electronics for NMR spectroscopy has been demonstrated (Sun et al. [2011](#page-16-0)). A portable NMR sensor has been developed for measurement of dynamic changes in fruits (Windt and Blumler [2015\)](#page-16-0).

With the current permanent magnet technology, for a fixed mass of magnet, the usable sample volume decreases with increase of homogeneous magnetic field strength (Blumich [2016](#page-13-0)). Therefore, desktop and portable MRI/ NMR spectrometers have been most successful in applications that are feasible with low or intermediate magnetic fields on relatively small objects (Danieli et al. [2010](#page-13-0)). Alternate methods for obtaining MR data in inhomogeneous magnetic fields, such as stray field imaging (Chudek and Hunter [2002](#page-13-0)), are being developed for imaging of objects that are larger than the size of magnets used for obtaining MRI data (see Section 7).

Data Acquisition

The number, amplitude, shape, duration, frequency, phase and timing of RF pulses and the number, amplitude, shape, duration and timing of pulsed magnetic field gradients, can be controlled in NMR and MRI experiments (Talluri and Scheraga [1990;](#page-16-0) Talluri and Wagner [1996\)](#page-16-0). Pulse sequences are available for obtaining proton (water) density weighted, T_1 -weighted, T_2 -weighted or diffusion weighted MRI images (Gross et al. [2017](#page-14-0)). The spatial variations of proton density, T_1 , T_2 , diffusion constant and chemical composition can be mapped with high resolution and accuracy by using MRI. Throughput is one of the limiting factors in the application of NMR/MRI for QA/QC applications. New pulse sequences are being developed for completing the data acquisition required for MRI in a short time (Stehling et al. [1991](#page-16-0); Tyler et al. [2004](#page-16-0)).

Software/Data Analysis

FT-Based Analysis

The time-dependent response of the RF transceiver after application of an RF pulse in the presence of a magnetic field is amplified, filtered and digitized. This is known as the FID (free induction decay). The spectral response is obtained from a Discreet (Digital) Fast Fourier Transform (FFT) of the FID (Ernst and Anderson [1966\)](#page-14-0), after the FID is multiplied by a window function. Although spectral data are highly informative, data acquisition with a high level of magnetic field homogeneity is required. FFT of MRI data (in k-space) is used to obtain spatial information.

Time Domain Analysis

Time domain analysis is useful for analysis of relaxation and diffusion data (Kirtil et al. [2017](#page-15-0)). If the relaxation data is expected to consist of a few components, a least squares fit to a sum of exponentials is used. If the data contains numerous components, distribution fitting methods based on kernel functions (Wilson [1992](#page-16-0)) or a Laplace transform of the time domain data provide information regarding the distribution of relaxation times. Fitting methods are available for 2D distributions of relaxation and diffusion (Mitchell et al. [2012](#page-15-0)). The relaxation times are sensitive to mobility and can be used as indicators of fruit firmness, fruit ripening, etc.

Processing of Non-linearly Sampled Data

Maximum entropy methods provide an alternative to the Fast Fourier Transform (FFT) for processing of MR data, and are especially useful for truncated or non-linearly sampled data (Mobli et al. [2006](#page-15-0)). The time domain data is directly analyzed without any windowing by using the maximum entropy principle to deal with noise in the data. If adequate S/N ratio is available, then the maximum entropy method of data analysis can result in substantial reduction in data acquisition time. A wide variety of schemes for non-linear sampling of k-space and reconstruction of MRI images from non-uniformly sampled data have been proposed (Marvasti [2012;](#page-15-0) Kojima et al. [2015\)](#page-15-0) and evaluated (Lustig et al. [2007](#page-15-0); Barriero et al. [2008\)](#page-12-0).

Image Analysis

MR images can be processed rapidly to extract and analyze features of interest (Sozer [2016](#page-16-0)). Segmentation involves classification of the pixels in an image into two or more categories, such as background, healthy, diseased, etc. A variety of segmentation techniques have been used for analysis of fruit MR images, such as, region based (UPM), one dimension histogram variance thresholding (1DHVT) and two

dimensional histogram variance thresholding (2DHVT) (Barreiro et al. [2008](#page-12-0)). Regions of interest can be differentiated by using regression analysis, partial least squares, neural networks, k-means clustering, support vector machine (SVM) classifiers, etc. (Dubey and Jalal [2015\)](#page-13-0). Texture analysis can be used to determine the percentage of affected and unaffected tissue (Letal et al. [2003;](#page-15-0) Szczypiński et al. [2009](#page-16-0)). The MRI images can be used to evaluate the quality of fruits and to predict the stage of fruit ripening (Letal et al. [2003](#page-15-0)), the time required for optimum ripening, the time remaining before start of degradation (rotting), etc. A substantial scope for improvement exists for development of methods for extracting useful information from low resolution MR images of fruits and/or relaxation data obtained at low magnetic field strengths $(< 1$ T).

Applications of Magnetic Resonance for Quality Assessment of Fruits

Magnetic resonance imaging (MRI) is useful for controlling fruits due to its non-invasive, non-destructive attributes, and its ability to provide highly resolved spatial information concerning the distribution and environment of water in soft tissues (Hancock et al. [2008\)](#page-14-0). Such information has been used for non-invasive visualization of the anatomic features of fruits (Chen et al. [1989](#page-13-0)).

Magnetic resonance imaging (MRI) systems have the potential to become integral components of pre-and post-harvest investigations of physiological changes in fruits. MRI can also be used for investigation of fruit disorders during the postharvest life of fruits (Clark et al. [1997](#page-13-0); Clark and MacFall [2003\)](#page-13-0). MRI has been used to detect the morphology, core breakdown, seeds or pits, voids, pathogen invasion, worm damage, bruises, dry regions, changes due to ripening, heating, chilling and freezing (Abbott et al. [1997](#page-12-0); Barreiro et al. [2000](#page-12-0); Brummell [2006\)](#page-13-0).

Correlations has been observed between MR parameters and descriptors of fruit quality, such as firmness, dry matter, soluble solids content, total acidity and Brix number (Chen and Sun [1991](#page-13-0); Dull and Birth [1989\)](#page-13-0). Quantitative MR measurements can be used to grade fruits, based on sugar and/or organic acid content (Blažková et al. [2002](#page-12-0)). MRI has the potential for non-invasive assessment of the stage of ripeness, shelf-life and estimation of the optimum time for consumption. A summary of applications of MRI for fruit quality assessment is shown in Table [1.](#page-5-0) Table [2](#page-6-0) explains the standard error and/ or coefficient of correlation values of some fruits.

Continued advancement of MRI technology, coupled with robotic positioning of fruits and computerized shimming (which involves adjustment of the homogeneity of the magnetic field)), could reduce the time and cost required for imaging and make the technique economical for specialized markets such as superstores and food exporting organizations (Clark et al. [1997\)](#page-13-0). MRI/NMR studies relevant for noninvasive assessment of fruit quality are reviewed here.

Apple (Malus pumila)

The variation of signal intensity in MRI images provides information on the internal structure of apple fruit, including petal bundle, endocarp, outer limit of carpel, dorsal bundle of carpel, cortex of receptacle, pith of receptacle and seeds (Wang et al. [1988\)](#page-16-0). Time doman NMR and quantitiative MRI can be used for investigation of the apple transformation processes in cider making technology (Rondeau-Mouro et al. [2015\)](#page-16-0).

MRI can distinguish bruised and non-bruised apples image in published by Abbott [\(1999\)](#page-12-0) because local image intensity is sensitive to diamagnetic susceptibility changes that occur in apple tissue after bruising (Abbott [1999](#page-12-0); Wang et al. [1988\)](#page-16-0). The bruised tissue regions are brighter due to greater spin-spin relaxation rates $(1/T₂)$ (McCarthy et al. [1995\)](#page-15-0). A fast, computerized method has been developed for detection of bruises in apples by MRI (Zion et al. [1995a\)](#page-17-0).

Water core is a physiological disorder affecting apple quality in which intercellular spaces are filled with liquid. Postharvest deterioration in 'Fuji' apples due to watercore was monitored by using MRI (Clark et al. [1998a,](#page-13-0) [b](#page-13-0)). Internal defects can be characterized by detection of cavities which are induced by elevated $CO₂$ and decreased $O₂$ levels during storage (Clark and Burmeister [1999](#page-13-0)). MRI was used to assess watercore distribution inside apple fruit and its incidence was found to be related to the effect of solar radiation inside the canopy (Melado-Herreros et al. [2013\)](#page-15-0). Sugar composition, with higher fructose and total sugar contents in apples from the upper canopy were found to be significantly different compared to those in the lower canopy location. Significantly higher sorbitol and lower sucrose and fructose contents were found in watercore-affected tissue compared to the healthy tissue of affected apples and also compared to healthy apples (Melado-Herreros et al. [2013\)](#page-15-0).

MRI was used to monitor and detect browning in apples during storage (Gonzalez et al. [2001](#page-14-0)). Internal browning is a physiological disorder which occurs during controlled atmospheric storage of apples. Internal browning could be detected based on differences in proton density, T_2 and diffusion coefficient. And diffusion coefficient was identified as the most appropriate parameter for detection of internal browning (Defraeye et al. [2013](#page-13-0)) (Tables [1\)](#page-5-0).

MRI can determine the changes in the internal texture of intact fruits during fruit development (Faust et al. 2010). T₂ values can be used to monitor the biological state of tissues and are correlated with the ratio of bound water to free water. Marigheto et al. used novel two-dimensional NMR relaxation and diffusion techniques for study of internal sub-cellular physiological changes associated with ripening and mealiness

Fruit name	Nature of defect	Measured attributes	References
Apple	Storage time, internal browning (IB) and degree of tissue degradation	PD, T_2 and DC	Defraeye et al. 2013
	Disorders involving water distribution, watercore, core breakdown, chilling injury, bruising, decay, presence or feeding of insects	T_1 and T_2	McCarthy et al. 1995 Wang et al. 1988; Clark et al. 1998a, b
Watermelon	Internal quality via imbalances in water status, due to pressure gradients and osmotic pressure imbalance. Septa at the center of the fruits due to development of a large water potential gradient Void detection	T_1 PD T_1 and T_2	Sun et al. 2010 Yoshii et al. 2013 Takashi et al. 1996
Mango	Internal browning	T ₂	Elizabeth and Roy 1993
	Detection of internal defects such as bruising, chilling injury, and insect damage in Kensington Pride mango	$T2$ and DC	Mazucco et al. 1993
	Harvest stage and storage conditions. Injuries	PD and T_2	Joyce et al. 1993; Joyce et al. 2002
Persimmon fruit	Development and post-harvest ripening stages in meso- carp parenchyma and vascular tissue	T_1	Clark and MacFall 2003
Pears	Growth stage Core breakdown Softness/firmness	T_1 T_1 Texture analysis	Kimura et al. 2011; Geya et al. 2013; Wang and Wang 1989; Lammertyn et al. 2003; Zhou and Li 2007
Kiwifruit	Structural changes and changes in water content of pericarp due to effect of storage conditions	T_1 and T_2	Taglienti et al. 2009; Clark et al. 1998a, b
Blueberry and cherry peaches	Physiological and bio-chemical changes during ripening; nutrient content information Woolliness	PD, DC, Spectral imaging, ¹³ C NMR Histogram analysis of T_2	Ishida et al. 1997; Vicente et al. 2007; Goulau and Oliveira 2008; Barreiro et al. 2000
Grapes	Organic acids and eight amino acids, internal characteristics of berries and degrees Brix distribution	T_1 and T_2	Andaur et al. 2004
Mandarin fruit Avocado (Persea americana)	Soluble solids content (SSC) sorting Flesh bruising assessment in avocadoes	PD $T21H-MRI$	Barreiro et al. 2008; Mazhar et al. 2015

Table 1 Applications of MRI for characterization of fruits

in apples (Marigheto et al. [2008\)](#page-15-0). Proton density was observed to increase with longer storage time (Defraeye et al. [2013\)](#page-13-0).

Difference in magnetic susceptibility, between gasfilled intercellular spaces and their environment inside fruit tissues, was used for quantification and for determination of the distribution of microporosity in apples (Musse et al. [2010\)](#page-15-0).

Water status and distribution at subcellular level in whole apple fruit has been reported by measurement of the multiexponential transverse (T_2) relaxation of water protons (Winisdorffer et al. [2015\)](#page-16-0). MRI data regarding multiexponential relaxation of water and apparent tissue microporosity in whole fruit were combined with histological measurements to provide a more reliable interpretation of the origin of variations in the transverse relaxation time (T_2) and better characterization of the fruit tissue.

 $2D T_1/T_2$ global and localized relaxometry was used to perform an intensive non-destructive and non-invasive microstructure study on whole apples. The 2D T_1/T_2 cross-correlation spectroscopic studies provided quantitative information about the water compartmentation in different subcellular organelles whereas localized relaxometry helped in predefinition of slices in order to understand the microstructure of a particular region of the fruit (Melado-Herreros et al. [2015](#page-15-0)).

A dedicated 0.2 T MRI apparatus was used for detection of infestation in apples by the peach fruit moth larvae (Haishi et al. [2011](#page-14-0)). This infestation cannot be detected at early stages by other means because the entrance holes are very small.

Watermelon (Citrullus lanatus)

MRI can be used to determine the internal quality of watermelon/melons (Sun et al. [2010](#page-16-0)). Healthy and defective tissues can be distinguished based on the differences in T_1 values (and proton density). Regions with defects have high free water content compared to healthy regions with low free water content. The regions of abnormal intensity in MRI images indicate the presence of defects.

Septa, in watermelons, could block the movement of water resulting in imbalances in water status and pressure gradients. Septa are partitioning tissues present in the flesh, and

Fruits	Standard error/standard deviation	Correlation coefficient value	Reference
Apple	Mean value and standard deviation for mealy and non-non-mealy apples were 16.28 (5.29) and 22.98 (3.57), respectively. Minimum T_2 values for mealy apples were significantly lower than those for non-mealy apples $(F = 13.21, p < 1\%).$ Histograms of T ₂ maps of mealy and non-mealy ap- ples exhibited significant differences ($F = 19.43$, $p < 1\%$	The number of pixels below 35 ms was correlated with the deformation parameter of the Magness-Taylor firmness test (correlation coeffi- cient $r = -0.76$).	Defraeye et al. 2013; Barreiro et al. 1999
Watermelon	Standard error of prediction (SEP) was around 0.5 using multiple regression based on T_1 and T_2 at the center of the watermelon. SEP for sugar content was below 0.858 in all regions of interest using multiple regressions based on T_1 and $T2$. Internal voids in watermelon could be detected with an accuracy of 93.3% using one dimensional MRI profiles.	Coefficient of correlation for multiple regressions at the center of the watermelon exceeded 0.9 for determination of sugar content from MRI images. Coefficient of correlation with sugar content was higher than 0.7 for determination of sugar content, in the regions of interest.	Miki et al. 1996; Saito et al. 1996
Pomegranate		Correlation coefficient (R^2) of 0.54, 0.6 and 0.63 for prediction of titratable acidity, pH and soluble acids based on T_1 , T_2 and diffusion weighted MR image data based PLS model	Zhang and McCarthy 2013
Grapes	The standard error was insignificant $\left($ < 1% of the values listed) and there was no statistically significant difference (Tukey-Kramer test, $P = 0.05$) for soluble solids estimated from mean T ₂ values and diffusivity maps.	The correlation of °Brix and T ₁ was $R^2 = 0.75$ for Cabernet Sauvignon, $R^2 = 0.8$ for Carmenère, and R^2 = 0.65 for Chardonnay. This information helps in better cluster characterization.	Dean et al. 2014; Andaur et al. 2004
Mandarins	The standard deviations for seeded (S) and non-seeded (NS) fruits for Perimeter, maximum radius, compactness and aspect ratio were 28.41 (S) , 14.93 (NS); 3.73 (S), 2.51(NS); 0.21 (S), 0.17(NS); and 0.19, (S), 0.06(NS) respectively, for The correlation coefficients between features region-based segmentation of MRI FLASH images.	Seed identification in static MRI images could be performed with 100% accuracy using radial-spiral oversampling and 98.7% accuracy with gradient echo images. extracted from MR image segmentation (non-invasive) and RGB image segmentation (invasive) were 0.8 for static MRI and 0.7 for dy- namic MRI.	Barreiro et al. 2008; Hernandez-Sanchez et al. 2006.

Table 2 Standard error and/or coefficient of correlation values of some fruits

relaxation times in the septum are smaller than in other fleshy tissues. In some regions, sugar is distributed by translocation and its region of accumulation is determined by morphological factors. Differential sugar levels indicate an osmotic pressure imbalance in watermelon fruits (Yoshii et al. [2013](#page-16-0)). It could be another factor that produces the water status and pressure gradient in the fruit. MRI has revealed the disappearance of xylem and the formation of septa at the center of the fruits due to development of a large water potential gradient in hydroponically grown watermelons.

MRI can be used as a sorting machine based on analysis of sugar content and void detection in watermelons. T_1 and T_2 of intact watermelon can be used as a non-invasive, non-destructive indicator of sugar content (Takashi et al. [1996\)](#page-16-0). Void detection in watermelons is possible by use of two dimensional cross sectional MRI images (Fig. [1](#page-7-0)). A 1D MRI could increase measurement rate (Saito et al. [1996\)](#page-16-0). The data required for constructing one dimensional projection profiles can be acquired much more rapidly than the data required for 2D image reconstruction.

Mango (Mangifera indica)

MRI can be used for chemical compositional analysis and structural identification of functional components in mango. It could also help in determination of composition and formulation of packaging materials, optimization of processing parameters, and inspection of microbiological, physical and chemical quality of mangoes (Joyce et al. [2002](#page-14-0)). Areas of increased free (unbound) water or voids in the internal tissue of fruits are readily detectable by MRI and allow detection of internal defects such as bruising, chilling injury, and insect damage in mangoes (cv 'Kensington Pride') (Mazucco et al. [1993](#page-15-0)). Both T_2 and diffusion-weighted MRI illustrated mango tissue changes associated with internal browning (Fig. [2](#page-7-0)). Samples of mango skin could be imaged at very high spatial resolution in 11.5 or 16 Tesla microimaging systems. MRI was useful for study of the length of time between harvest and the onset of the climacteric rise in fruit respiration. It was used to study the harvest stage and the storage conditions of mango fruit which could be dependent on it.

Fig. 1 Comparison of normal and voided watermelons. a Normal watermelon and its MR image with its projection profile. **b** Voided watermelon and its MR image with its projection profile. There are concavities on the profiles corresponding to the voids (Saito et al. [1996](#page-16-0))

Heat treatment, required for disinfestation, may induce injuries in mangoes. Non-destructive proton MRI was used for detecting and monitoring the progress of heat treatmentinduced injury in mango fruit (Joyce et al. [1993](#page-14-0)). The injured areas have relatively low water levels (low signal intensity) corresponding to air filled cavities and "islands" of starchy mesocarp (Table [1](#page-5-0)). Heat treatment-induced lesions start to develop on the day of treatment.

¹H-MRI was used to monitor the ripening stages of 'Kensington Pride' mango fruit. During ripening, mesocarp tissue exhibits physico-chemical gradients. These gradients are reflected in water activity which is non-uniform throughout the mesocarp. Signal intensity in MRI (first echo, proton density and T_2) for green-mature 'Kensington Pride' mesocarp tissue was found highest near the endocarp and lowest near the exocarp. Water activity in the mesocarp tissue increases in an outward-moving flux as ripening progresses. It was associated with starch hydrolysis and other ripeningrelated processes near the endocarp (Joyce et al. [2002](#page-14-0)).

Persimmon (Diospyros kaki) Fruit

Qualitative and quantitative ¹H-MRI was applied for study of persimmon (Diospyros kaki cv 'Fuyu') fruit during development and post-harvest ripening stages. T_1 relaxation times in mesocarp parenchyma and vascular tissue exhibited a sigmoidal pattern of increase during the time leading to commercial harvest, but declined abruptly during ripening, 2.5 weeks after picking (Clark and MacFall [2003](#page-13-0)).

Pears (Pyrus communis)

MRI is a non-destructive detection method for core breakdown analysis in 'Bartlett' pears (Wang and Wang [1989;](#page-16-0) Geya et al. [2013](#page-14-0)). Lammertyn et al. [\(2000\)](#page-15-0) used logistic regression to study factors that influence core breakdown in 'Conference' pears. Core breakdown disorder in pears, which is characterized by development of cavities and brown discoloration of tissue, is induced normally during storage

Fig. 2 Qualitative imaging (T_2) weighted) of the development of internal mango browning. Yellow and red area is mesocarp with 50– 100% increase in T_2 value. It is consistent with sugar hydrolysis and decreased local sugar concentration. Image was from GE Syngo 3T MRI system with 8-channel transmit/receive knee coil (Bourne et al. [2012](#page-13-0))

conditions, i.e., elevated $CO₂$ and decreased $O₂$ levels. MRI was able to differentiate between unaffected tissue, brown tissue and cavities. However, MRI-based estimates of the percentage of brown tissue were found to be quantitatively superior, easy and fast (Lammertyn et al. [2003](#page-15-0); Hernández-Sánchez et al. [2007](#page-14-0)).

Firmness is an important index for the quality evaluation of fruits. Zhou and Li studied firmness of Huanghua pears, during storage, by using an artificial neural network (ANN). This ANN model, based on texture analysis of MRI images, predicted the firmness of the pears with a mean absolute error (MAE) of 0.539 N and R value of 0.969 (Zhou and Li [2007\)](#page-16-0).

Nuclear magnetic resonance images of Chinese pears have been acquired by horizontal scanning mode. Image processing which included auto thresh segmentation, morphologic operation and boundary extraction by Matlab software was used to obtain an accuracy of detection for subtle bruises and other pears of 92.1 and 100%, respectively (Zhou et al. [2010\)](#page-17-0).

Kimura et al. reported in situ MRI measurements of Japanese pear fruit in a research orchard using a 0.12 T permanent magnet (Kimura et al. 2011). The T_1 values of the pear fruits were measured by using the inversion recovery (IR) sequence. Geya et al. measured longitudinal NMR parameters of Japanese pear fruit by using an electrically mobile MRI system with a 0.2 T permanent magnet (Geya et al. [2013](#page-14-0)). These studies illustrate the possibility of carrying out NMR/ MRI studies in the orchards before harvesting of fruits.

Low-field NMR and ¹H-MRI were used for evaluation of 'Jinxiu' yellow peach's storage suitability utilizing the changes in the transverse relaxation time (T_2) , signal intensity (A_2) , and images of 'Jinxiu' yellow peach fruits (Zhou et al. [2016\)](#page-17-0).

The Dar Gazi variety of Pear fruit is very sensitive to bruising from mechanical impact and compression. Bruised volume of pears was estimated from 3D MRI data. Applied force resulted in a linear increase in bruised volume, whereas the effect of time was non-linear (Razavi et al. [2018\)](#page-16-0). The optimum time for consumption of the product, with least damage, was estimated to be 12 days after loading/unloading or external impact during harvesting and storage.

Kiwifruit (Actinidia deliciosa)

Quantitative MRI of kiwifruit was used to measure the relaxation parameters T_1 and T_2 during growth and ripening. They were found to remain unaltered even though there is an increase of 200% in total free sugar concentration in the flesh and 68% in the soluble solids content (Clark et al. [1998a](#page-13-0), [b\)](#page-13-0). Analysis of solutions and juices showed the relaxation rates to be sensitive to increases in sugar composition but relatively insensitive to changes in organic acids and soluble pectin at concentrations normally found in fruit. There were no consistent associations with non-destructive measurements.

Fruit weight was found to decrease by 8–10% of the initial weight, due to postharvest water loss. This was accompanied by decreased relative water content (RWC) and water potential. However, no significant time-dependent change was found in the values of T_1 and T_2 measured by MRI (Burdon and Clark [2001\)](#page-13-0).

Density weighted and T_2 weighted MRI was used to evaluate the effect of storage conditions, such as temperature and relative humidity, on the structural changes in kiwi tissue (Taglienti et al. [2009\)](#page-16-0). Observed variations of internal morphology were correlated with T_2 of defined areas and with softening of fruits. The ability to observe time dependent changes that were unobservable in earlier studies was due to the use of a different contrast mechanism.

Blueberry (Vaccinium corymbosum), Cherry (Prunus avium) and Blackcurrant (Ribes nigrum)

Ishida et al. [\(1997\)](#page-14-0) used MR density weighted images, localized spectral images and T_1 weighted images to study changes in water status and accumulation of soluble compounds in the fruit during prolonged preservation time (Table [1](#page-5-0) and Fig. [3\)](#page-9-0). The amount of water in the pericarp and seeds was found to vary inversely according to the progression of growth stages (Ishida et al. [1997\)](#page-14-0).

MRI can be used to detect water and sugar distribution in a single blueberry, before and after freeze/thaw (Vicente et al. [2007\)](#page-16-0). Selection of either the water or the sugar signal is possible by control of the inversion recovery time (Gamble [1994](#page-14-0)). Freeze/ thaw could rupture water retaining membranes within discrete locations of the fruit tissue. This causes a change in the ratio of modified water (i.e., hydrogen bonded or chemically exchanged) to unmodified (i.e. mobile and not chemically exchanged) in those regions, as well as a concomitant change in sugar concentration, due to diffusion to other tissues (Gamble [1994](#page-14-0)).

Nuclear magnetic resonance (NMR) microscopy was used for a non-invasive study the development of fruits of blackcurrant (Ribes nigrum) cv. Ben Alder from flower to maturity (Glidewell et al. [1999\)](#page-14-0). MRI images were analyzed with additional data from low temperature scanning electron microscopy (LTSEM) and conventional resin histology. A bright core discernible in the MR image was identified as a vascular bundle whereas the darker surrounding regions were identified as small parenchyma cells with pronounced intercellular gas spaces.

Grapes (Vitis vinifera)

MRI could help in visualization of internal characteristics of berries and measurement of degrees Brix distribution within a cluster. Andaur et al. [\(2004](#page-12-0)) have developed calibration models to correlate soluble solids content (degrees Brix) with T_1 and T_2 . They have reported the use of MRI for study of the growth and

Fig. 3 Ontogenetic changes in water and nutrient status of mature and ripened cherry fruits. This figure shows changes in proton density (left), localized spectrum (center) and relaxation weighted images (right). (Abbreviations: s= sugar and o= oils)(Ishida et al. [1997\)](#page-14-0)

Water Mobility Soluble compounds (T1) (localized spectral images) 1H- NMR image

ripening of grape berries for three varieties: Cabernet Sauvignon, Carmenère, and Chardonnay. The correlation of degrees Brix distribution and T₁ was $R^2 = 0.75$ for Cabernet Sauvignon, $R^2 = 0.8$ for Carmenère, and $R^2 = 0.65$ for Chardonnay. Reconstruction techniques for three-dimensional representation of clusters were reported for interactive visualization of bunches (Andaur et al. [2004](#page-12-0)). The method also provides volume measurements of single berries and their distribution within the cluster with an accuracy of 3% and $R^2 = 0.98$.

Diffusion Tensor Imaging and Transvere relaxation weighted MRI were used to correlate developmental changes in grape berry tissue structure with water diffusion patterns in Semillon variety of grapes (Dean et al. [2014](#page-13-0)). Preferential directions of diffusion were observed in the inner mesocarp during the growth of the immature berries. T_2 weighted MRI revealed radial patterns connecting the vascular systems at the center of the berry with the boundary of the mesocarp.

Fruit split results in economic losses in viticulture. Diffusion MRI was used for examination and characterization of the immediate effect of fruit split on grapes. Splitting of grape berries resulted in an immediate increase in the mean apparent diffusivity in the pericarp tissue immediately sur-rounding the wounds (Dean et al. [2016\)](#page-13-0). Standing water on the split grape berry surface results in pericarp cell death and subsequent infection.

Peaches (Prunus persica) and Nectarines (Prunus persica var. nucipersica)

Mealiness (woolliness in peaches) is a negative attribute of sensory texture that combines the sensation of a desegregated tissue

with the sensation of lack of juiciness. Peach mealy textures are also known as woolliness and leatheriness. Mechanical and MRI techniques were used to identify wooly peaches. MRI was also used to study the textural descriptors such as crispiness, hardness and juiciness of peaches (Barreiro et al. [2000](#page-12-0)).

MRI and X-ray computed tomography were used for evaluation of the textural characteristics of nectarines exhibiting wooly breakdown (Sonego et al. [1995](#page-16-0)).

Mandarin (Citrus reticulate) Fruit

Whole-fruit MRI of Satsuma mandarin (Citrus unshiu Markovich cv. Miho Wase) during its maturity period was to study anatomical changes in the peel, vascular system and juice sac morphology within pulp sigments. Quantitative MR imaging was used for probing compositional changes. It was observed that there was no association between trends in the compositional changes in the MR data and total soluble solids, pH, titratable acidity, and sugar and organic acid composition of the juice (Clark and Burmeister [1999](#page-13-0)).

Magnetic resonance imaging was used to acquire images of the internal structure of mandarins for non-destructive seed identification (Barreiro et al. [2008](#page-12-0)). Several data acquisition and data analysis methods were evaluated and it was found that the best combination resulted in 100% accuracy of seed identification (Barreiro et al. [2008\)](#page-12-0).

Orange (Citrus sinensis)

MRI was used for monitoring ripening, decay and damage in Valencia oranges which had been coated with Biorend (Galed et al. [2004](#page-14-0)). Biorend is a preservative containing chitosan and the active film permits gradual release of preservatives for inhibition of fungal growth.

A group of 4 undamaged and 4 potentially damaged fruit were imaged at a belt speeds of 50 mm/s and 100 mm/s by using a specially designed conveyor within a 4.7 T spectrometer using FLASH MRI (Hernández-Sánchez et al. [2004](#page-14-0)). The qualities of the images were lower at the higher motion rate. Pixel based image analysis algorithms and metrics were used to assess the fruit quality.

Fruit splitting is a preharvest physiological disorder that occurs in some commercially important fruit species, such as navel oranges, Valencia oranges, and mandarins. MRI was used to study and predict the fruit splitting probability (Zur et al. [2017](#page-17-0)). The splitting could be predicted as early as 2 months before the occurrence of fruit splitting.

Strawberries (Fragaria ananassa)

Inversion recovery spin-echo NMR microimaging was used for studying internal physicochemical changes in flower buds and fruit of strawberry. T_1 NMR microimaging was found to be a useful tool for examining strawberry receptacles noninvasively and nondestructively while providing information on the development of receptacles. A series of T_1 -weighted inversion recovery images has greatly aided interpretation of NMR image data in terms of physical plant tissue structure and physiological processes of the tissues (Maas and Line [1995\)](#page-15-0).

High field NMR microscopic imaging of parenchymal and vascular tissues in healthy strawberry fruits indicated predominantly short T_2 values. Damaged strawberry fruits from fungal pathogen *Botrytis cinerea* resulted in a large increase in T_2 in the infected tissue whereas ripening processes showed small variations in the T_2 -weighted contrast and in the relative magnitudes of T_1 between vascular and parenchymal tissue (Goodman et al. [1996](#page-14-0)).

Magnetic resonance imaging (MRI) has been used for determination of freezing injury (via exposure to 0, −8, −12, −16 and -20 °C) in strawberry crowns. The increase in signal intensity with the tissue browning of crowns dropped below −12 °C (Nestby et al. [1997](#page-15-0)).

One-dimensional MRI has been used to study the temporal and spatial changes in water mobility via T_2 profiles, water content via M_0 profiles, and structural shrinkage of strawberry slices during osmotic dehydration. MRI was useful for acquiring water mobility and moisture data for development of improved models for predicting water loss during osmotic dehydration and/or air-drying (Evans et al. [2002\)](#page-14-0).

Pomegranate (Punica granatum)

 T_2 weighted MRI slices were obtained at 1.5 T for 4 quality classes of cultivar of pomegranate Malase-e-Torsh: semi-ripe, ripe, over-ripe and internal defects. Gray Level Cooccurrence Matrix (GLCM) and Pixel Run-Length Matrix (PRLM) parameters were used for classification. The classification accuracies have been found to be 100, 98.47, 100 and 95% for semi-ripe. ripe, over-ripe and internal defects classes, respectively. Mean classification accuracy was 95.75 and 91.28% for GLCM and PRLM features, respectively (Khoshroo et al. [2009\)](#page-15-0).

Image based PLS models have been used to predict the titratable acidity, pH, and soluble solids/acidity levels $(R₂$ of 0.54, 0.6, and 0.63 respectively). In the PLS model, T_2 weighted Fast Spin Echo, diffusion weighted image, and Spin Echo image with short TE and moderate TR were most important for predicting the pomegranate quality attributes (Zhang and McCarthy [2013](#page-16-0)). However, the correlation between MR image statistical features and soluble solids content of pomegranate was poor.

MR Technologies Under Development and Strategies to Overcome Current Limitations

Imaging of Moving Objects

High throughput in quality control applications can be facilitated if MR signals can be acquired on moving objects (Hills and Wright [2006](#page-14-0)). The movement may involve use of a conveyer belt in continuous or 'stop and go' mode. Efficient evaluation of quality based on MRI/NMR would require that the required data are obtained in a short time, preferably in one second or less for each fruit. Modern imaging techniques such as echo-planar imaging can be utilized to acquire the complete data required for a 2D MRI image in less than one second, after an object has attained spin equilibrium in a magnetic field (Stehling et al. [1991](#page-16-0)). These experiments have been demonstrated on high resolution MRI instruments and extension to lower magnetic fields for QA/QC applications is still a challenge due to the additional requirements of fast polarization and shimming.

CPMG signals, acquired on apples transported by using a conveyer belt system through a low field MR sensor (5.55 MHz), indicated the possibility of online sorting of apples with internal browning, at speeds slower than 100 mm/s (Chayaprasert and Stroshine [2005](#page-13-0)). Prototypes of NMR/MRI systems capable of sorting fruits based on internal defects, at speeds of 10–12 m/s, have been demonstrated recently (McCarthy et al. [2016](#page-15-0)). These speeds may be sufficient for use in commercial fruit packing operations.

MRI data acquisition on continuously moving samples is feasible using new data acquisition strategies (Börnert and Aldefeld [2008\)](#page-13-0) and a variety of motion artifact compensation methods. Hernandez-Sanchez et al. [\(2006](#page-14-0)) reported the detection of seeds in mandarins using MRI under motion conditions.

Contrast enhancement between seeds and pulp was obtained by using effective T_2 -weighted FLASH images (703 ms acquisition time). Stationary fruits were imaged and then the images were segmented to extract several features. The robustness of the motion correction procedure was evaluated by comparison of features in images acquired in static and dynamic modes (Hernandez-Sanchez et al. [2006](#page-14-0)). The acceleration and motion-correction techniques that have recently been developed for medical MRI (Hegde et al. [2015](#page-14-0)), can be utilized for MRI of fruits on conveyer belts and are expected to have a major impact on the efficiency of such applications.

Prepolarization

For many types of experiments, such as relaxation measurements and also some imaging experiments, the acquisition time is of the order of 50 m sec after the sample reaches thermal (spin) equilibrium. In such cases, the sample of interest may be placed in a magnetic field to attain the required spin polarization before introduction into the active volume of the MR probe, to minimize the time spent in the probe (Verpillat et al. [2008](#page-16-0)). Physical separation of the polarization step from the data acquisition step could substantially reduce the data acquisition time per sample. The time required for movement of the object of interest into the active region of the probe and the time required to ensure absence of motion before start of acquisition may be the limiting factor in such a case.

Low Field MR and SQUID Based Detection

The bulky magnets required for MRI/NMR spectroscopy, are one of the major reasons for the limited applicability of MR in industrial applications (Kirtil et al. [2017\)](#page-15-0). Therefore, attempts have been made to obtain usable MRI data with low field magnets $(< 1.0$ T) that have lower weight as well as lower cost. T₂ relaxation data from a low field MR sensor (0.13 T) could be used to detect internal browning and watercore in apples (Cho et al. [2008\)](#page-13-0). An MRI system using a 0.2 T magnet was used for quantitative determination of water content, volume of browning tissue and internal voids in 'Conference' pears based on differences in spin-lattice relaxation times (Suchanek et al. [2017\)](#page-16-0).

The extremely high sensitivity of the Superconducting Quantum Interference based Detector (SQUID), compared to the induction coil, permits MR studies at extremely low magnetic fields (Clarke et al. [2007](#page-13-0)). The SQUID-NMR technique has the advantage that a bulky magnet is not required, unlike the conventional methods for obtaining MRI data which require bulky magnets. MR studies of cherries at ultralow magnetic fields $\left($ <100 μT) using high Tc SQUIDs demonstrated a high correlation between the measured spin lattice relaxation rates and sugar content (Liao and Wu [2017](#page-15-0)). The differences in the relaxation rates could be used to obtain high contrast in SQUID based MRI. The samples can be maintained at room temperature by physical separation from the low temperature magnets. Although SQUID-based detection removes the requirement for bulky magnets, the current SQUID detectors require cooling to low temperatures and this contributes to the bulkiness of the overall system. The additional cost associated with the cooling system required for SQUID-based MR technology is a significant disadvantage that is likely to limit the potential application of this technology in food industry. The disadvantages associated with the requirements of cryogenic systems for SQUIDs can be overcome by the use of laser based Optical Pumped Atomic Magnetometers (OPAM) for detecting MRI signals (Hilschenz et al. [2017](#page-14-0)).

One-Sided MR/Unilateral MR/Ex-Situ MR

Whereas conventional NMR systems place the sample/object to be imaged within the cavity of the magnet, one-sided NMR systems are designed to study objects that are placed outside. Therefore, these systems are also called ex-situ NMR/MRI systems. Examples of such systems are the NMR-Mouse (Eidmann et al. [1996](#page-14-0)), surface-GARField (McDonald et al. [2007\)](#page-15-0), Tree-Hugger (Jones et al. [2012\)](#page-14-0) and NMR/MRI systems designed for petroleum logging e.g. CMR (Allen et al. [1997\)](#page-12-0), MRIL tool (Coates et al. [1999\)](#page-13-0). The advantage of this mode of imaging is that objects that are much larger than the magnet can be studied, because they can be placed outside the magnet (Utsuzawa and Fukushima [2017\)](#page-16-0).

Lab-On-Chip NMR

Decrease in the size and weight contribute substantially to the ease of use as well as reduction in total cost of the instruments. Substantial progress in the miniaturization of the NMR/MRI subcomponents has been achieved by the demonstration of an NMR transceiver on a chip (Sun et al. [2009](#page-16-0)). A Palm-NMR system that weighs only 0.1 kg has been demonstrated that is based on a 0.56 T magnet, a high quality solenoidal coil and a CMOS-based NMR transceiver. Furthermore, a 1-chip NMR system that incorporates an NMR coil along with the NMR transceiver on to the same chip has also been demonstrated (Sun et al. [2011](#page-16-0)). However, these systems require small sized samples.

Multiple Transmit/Receive Coils

MR imagers equipped with multiple transmit/receive coils permit multiplexed data acquisition and are currently being used for medical applications to reduce total acquisition time (Vernickel et al. [2007\)](#page-16-0). For applications involving QA/QC of fruits, such technology would permit simultaneous imaging of multiple fruits leading to higher throughput. This would be particularly useful for an experimental setup involving a

stop-and-go type of conveyer belt. Use of multiple T/R coils would permit data acquisition on multiple samples in each stop-and-go cycle. The ability to obtain data on multiple samples at the same time would permit use of longer stop time for each per sample, which can be utilized for optimal shimming and polarization. This will not decrease the overall throughput, because the overall throughput in this case would be the cycle time divided by the number of samples imaged in one stop and go cycle. The time required for shimming and for polarization of the sample are often the limiting factors in acquisition of MR data on moving samples. 3D MRI can be accelerated by scanning contiguous volumes rather than sequential slices (Hamilton et al. [2017](#page-14-0)).

Conclusion

The applications reviewed in this article demonstrate the applicability of MRI for identification of defects, for quality assessment and for determination of the stage of ripening in apples, watermelons, oranges, mangoes, cherries, peaches, pears, grapes, strawberries and pomegranates. Although a variety of other non-invasive techniques are available for evaluation of fruit quality and stage of ripening, most of them are applicable only for evaluation of a specific property for a specific type of fruit. The wide variety of MR measurable properties, such as proton density, chemical shifts, T_1 , T_2 and diffusion constant, and the ability to measure their 2D and 3D spatial distribution, enable us to design a wide variety of assays that can be applied to assess different types of defects, stress and physiological states of fruits, which are indicators of quality and provide information regarding optimum time for consumption.

The throughput, and the size, weight, cost and stability of magnets is currently the major limitation for wider application of MR-based technology for non-invasive QA/QC of fruits. A throughput exceeding 1 fruit per second, deemed to be necessary for QA/QC applications of fruits, can be achieved for proton density or relaxation weighted 2D MRI (Hernandez-Sanchez et al. [2006](#page-14-0)). It may also be feasible to acquire diffusion weighted or chemical shift selective 2D MRI with the necessary throughput. 3D MRI and MRSI can provide additional diagnostic information, however, acquisition times are considerably higher than those for 2D MRI. Although NMR microimaging provides detailed information regarding internal structures, it requires higher magnetic field homogeneity and is more susceptible to motion artifacts than conventional MRI. Heteronuclear MRI requires considerably more time or higher magnetic fields than ¹H MRI, because of the low abundance (1.1%) of 13 C isotope in native fruits.

The most promising technologies, in the near term, that have the potential to extend the applications of magnetic resonance for evaluation of the quality of fruits and for prediction of the state of ripening are low field MRI, mobile MRI, prepolarization and MRI of objects moving on a conveyer belt coupled with techniques for compensation of motion artifacts. Continuous improvement in the sensitivity of RF electronics, pulse sequences and data analysis methods will continue to extend the range of applications.

Compliance with Ethical Standards

Conflict of Interest R. K. Srivastava declares that he has no conflict of interest. S. Talluri declares that he has no conflict of interest. Sk. Khasim Beebi declares that he has no conflict of interest. B. Rajesh Kumar declares that he has no conflict of interest.

Ethical Approval This article does not contain any studies with human participants or animals performed by any of the authors.

Informed Consent Informed consent is not obtained from all individual participants included in the study.

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