ORIGINAL ARTICLE

Dual time point imaging of staging PSMA PET/CT quantifcation; spread and radiomic analyses

Ayşegül Aksu¹ · Özge Vural Topuz1 · Gülşah Yılmaz1 · Gamze Çapa Kaya2 · Burçak Yılmaz1

Received: 3 October 2021 / Accepted: 29 November 2021 / Published online: 6 January 2022 © The Author(s) under exclusive licence to The Japanese Society of Nuclear Medicine 2021

Abstract

Objective The aims were to evaluate the performance of models that predict Gleason Grade (GG) groups with radiomic data obtained from the prostate gland in dual time 68Ga-Prostate Specifc Membrane Antigen (PSMA) Positron Emission Tomography/Computerized Tomography (PET/CT) images for prostate cancer (PCa) staging, and to analyze the contribution of late imaging to the radiomic model and to evaluate the relationship of the distance between tumor foci in the body (Dmax) obtained in early PET images with histopathology and prostate specifc antigen (PSA) value.

Methods Between October 2020 and August 2021, 41 patients who underwent 68Ga-PSMA PET/CT for staging of PCa were retrospectively analyzed. Volumetric and radiomics data were obtained from early and late PSMA PET images. The diferences between age, metastasis status, PSA, standard uptake value (SUV), volumetric and radiomics parameters between GG groups were analyzed. Early and late PET radiomic models were created, area under curve (AUC), sensitivity, specifcity and accuracy values of the models were obtained. In addition, the correlation of Dmax values with total PSMA-tumor volume (TV), Total lesion (TL)-PSMA and PSA values was evaluated. In metastatic patients, the diference in Dmax between GG groups was analyzed.

Results There was a signifcant diference between patients with GG≤3 and>3 in 35 of the early PET radiomic features. In the early PET model, multivariate analyses showed that GLRLM_RLNU and PSA were the most meaningful parameters. The AUC, sensitivity, specificity and accuracy values of the early model in detecting patients with $GG > 3$ were calculated as 0.902, 76.2%, 84% and 78.1%, respectively. In 36 late PET radiomic features, there was a signifcant diference between patients with GG≤3 and>3. In multivariate analyses; SHAPE_compacity and PSA were obtained as the most meaningful parameters. The AUC, sensitivity, specificity and accuracy values of the late model in detecting patients with $GG > 3$ were calculated as 0.924 , 85.7% , 85% and 85.4% . There was a strong correlation between Dmax and PSA values ($p < 0.001$, rho: 0.793). Dmax showed strong correlation with PSMA-TVtotal and TL-PSMAtotal (*p*<0.001, rho: 0.797; *p*<0.001, rho: 0.763, respectively). In patients with metastasis, median Dmax values of the GG>3 group were higher than GG≤3 group; A statistically significant difference was obtained between these two groups ($p = 0.023$).

Conclusions Model generated from the late PSMA PET radiomic data had better performance in the current study. Without the use of invasive methods, the heterogeneity and aggressiveness of the primary tumor and the prediction of GG groups may be possible with 68Ga-PSMA PET/CT images obtained for diagnostic purposes especially with late PSMA PET/CT imaging.

Keywords Dual time point imaging · PSMA · PET · Radiomic · Dmax

 \boxtimes Ayşegül Aksu aaysegulgedikli@gmail.com

¹ Department of Nuclear Medicine, Başakşehir Cam and Sakura City Hospital, Istanbul, Turkey

Department of Nuclear Medicine, School of Medicine, Dokuz Eylul University, Izmir, Turkey

Introduction

Prostate-specifc membrane antigen (PSMA) is a molecular target of interest in both clinical imaging and radionuclide treatment of prostate cancer (PCa) [\[1](#page-7-0)[–3](#page-7-1)]. Positron Emission Tomography (PET)/computerized tomography (CT) imaging using 68Ga-PSMA ligands is a highly sensitive method for detecting primary tumor as well as local recurrence and/ or metastatic lesions after primary PCa treatment [\[4](#page-7-2)]. In addition to maximum standardized uptake value (SUVmax), the use of volumetric parameters in the evaluation of PSMA PET has also been investigated, and it has been reported that volumetric parameters can be used in both staging and treatment response [\[5](#page-7-3)[–7](#page-7-4)]. Moreover, an imaging feature called the "distance between the two most distant lesions (Dmax)", which refects the spread of the disease, has recently entered the literature, but its role in prostate cancer staging has not yet been investigated [[8](#page-7-5)].

Radiomic is a rapidly developing feld of research that expresses the acquisition and analyses of quantitative data from medical imaging with mathematical methods [[9](#page-7-6)]. Recently, interest in the radiomics approach has increased and there are studies suggesting that radiomics may help in the diagnosis, prognosis and treatment response of the diseases [\[10](#page-7-7)[–13](#page-7-8)]. There are also very recently published reports with radiomic analyses for PSMA PET in PCa which examined the success of PSMA-PET radiomics in distinguishing Gleason Grade (GG) groups [[14–](#page-7-9)[16\]](#page-8-0).

When dual time-point 68Ga-PSMA PET/CT imaging was evaluated, it was shown that there was a signifcant increase in SUVmax of PCa lesions in delayed images compared to early images [\[17](#page-8-1), [18\]](#page-8-2). However, to our knowledge, there is no study on radiomic analyses from late PSMA PET images yet.

Combining all these data, we set two aims for our study. Our frst aim was to evaluate the performance of models that predict GG groups with radiomic data obtained from the prostate gland in early and late 68Ga-PSMA PET/CT images, and to analyze the contribution of late imaging to the radiomic model. Our second aim was to evaluate the relationship of Dmax obtained in early PET images with histopathology and PSA value, and to analyze the place of this quantitative parameter in staging 68Ga-PSMA PET/CT.

Materials and methods

Patient group

Patients who underwent 68Ga-PSMA Imaging & Therapy (I&T) PET/CT for staging of PCa between October 2020 and August 2021 in our institution were evaluated retrospectively. Thirteen patients with PSMA uptake below 64 voxels in the prostate gland were excluded from the study (because VOI below 64 voxels cannot technically be evaluated with Local Images Features extraction-LIFEx software) [\[19](#page-8-3)]. A total of 41 male patients with a diagnosis of prostate adenocarcinoma who had no history of PCa specifc treatment and had not undergone prostatectomy were included in the study.

Grade groups obtained from 12-quadrant biopsy material were used. GG groups were determined according to the Gleason Grading system suggested by the International

Society of Urological Pathology (ISUP) in 2014 [\[20](#page-8-4)]. According to their GG, the patients were divided into two groups as $GG \leq 3$ and $GG > 3$.

68Ga‑PSMA PET/CT ımaging

All patients were informed both orally and written for PET/CT imaging. 68Ga-PSMA I&T was synthesized with Scintomics (Germany) full automatic synthesis unit. After production, labeling efficacy was assessed with high-performance liquid chromatography. Mean 5.0 millicurie (mCi) (185 Megabecquerel-MBq) 68Ga-PSMA I&T injection was performed. Approximately 45 ± 5 min after injection, low-dose CT was used for attenuation correction with the following parameters: 113 mAS, 120 kV and 4 mm section thickness. Following CT images, early PET images were obtained for 1.5 min in each bed position in supine position from vertex to mid-thigh with Philips Ingenuity TF 64 PET/ CT (Philips Medical Systems, Cleveland OH, USA). After an average of 45 min from the frst imaging, late PET images were obtained in the pelvic region for 1.5 min in two bed positions just after micturation. All patients had both early and late 68Ga-PSMA PET/CT images. Images were reconstructed using iterative ordered subset expectation maximization reconstruction with 3 iterations and 33 subsets, and with 4-mm voxel dimensions.

Volumetric analyses

Visual evaluation was performed by two experienced nuclear medicine physicians (AA and BY). According to PSMA-RADs criteria, lesions in categories 4 and 5 were considered metastatic in early 68Ga-PSMA PET/CT images [\[21](#page-8-5)]. Areas with PSMA uptake were anatomically localized with non-diagnostic CT images. In the LIFEx software, there is a separate section -MTV protocol- where volumetric analyses are performed, along with the area where the texture features are extracted [[19](#page-8-3), [22](#page-8-6)]. PSMA uptakes over 2.5 SUVmax in the whole body were detected semiautomatically with the MTV protocol of the LIFEx software. Later, the physiological activities demonstrating a SUV greater than 2.5 were deleted manually one by one. Tumor volume (PSMA-TV) and SUVmean values were obtained from all volumes of interest (VOI) in early PET/CT images. Total lesion PSMA (TL-PSMA) values were calculated by multiplying SUVmean and PSMA-TV. Whole body tumor volume (PSMA-TVtotal) and tumor burden (TL-PSMAtotal) values were obtained by summing all PSMA-TV and TL-PSMA values from the VOIs associated with PCa. Dmax values were obtained in the MTV protocol; the distances between all obtained VOIs were automatically calculated by LIFEx software using the Euclidean distance between their centers [\[8,](#page-7-5) [19](#page-8-3)] (Fig. [1\)](#page-2-0). The highest value among all counted values

Fig. 1 68Ga-PSMA PET image process. **A** and **B** show segmentation of PSMA uptake in the prostate gland. **A** 68Ga-PSMA PET/CT fusion images and **B** the segmented area (with green color). **C**, **D**, and **E** visualize the determination of the furthest distance between two tumor foci. The red line shows the furthest distance between the VOI's that associated with metastatic foci and this quantitative value is calculated automatically by LIFEx software

was determined as Dmax. Dmax value was noted as zero in patients without metastasis.

Texture analyses

The feature extraction was performed by LIFEx software [[22\]](#page-8-6). PSMA uptake above 2.5 SUV in the prostate gland was segmented in both early and late 68Ga-PSMA PET/ CT images [\[22](#page-8-6)] (Fig. [1\)](#page-2-0). Forty-one features were extracted from these segmented areas. Conventional parameters, shape parameters, second order-based (gray-level co-occurrence matrix—GLCM), and high order-based (neighborhood gray-level diferent matrix—NGLDM, gray-level run-length matrix—GLRLM, and gray-level zone-length matrix— GLZLM) features obtained from the analyses are presented in Table [1.](#page-3-0) Texture matrices were re-sampled at $4 \times 4 \times 4$ mm, with 64 fxed bin numbers and absolute scale bounds between 0 and 50.

Statistical analyses

The free version of the Statistical Package for the Social Sciences (SPSS) v. 28.0 was used for the statistical analyses. A p value of < 0.05 was considered significant. Normally distributed data were presented as mean \pm standard deviation, and non-normal distributed data were given as median (range).

The correlation between PSMA-TVtotal, TL-PSMAtotal, Dmax and PSA values in all patients was evaluated by Spearman correlation analyses. The diferences between age, PSA, SUV, volumetric and texture analyses parameters between GG groups were analyzed by the Mann–Whitney U test. The relationship between categorical variables was evaluated by chi-square or Fisher exact tests.

Spearman correlation analyses was used to evaluate the correlation between the features that were found to be signifcant in the GG groups. The features with a correlation coefficient of less than 0.8 were analyzed with logistic regression; the others were not included in the further analyses [[23\]](#page-8-7). Two diferent models were created with early and late PET radiomic features. The model performance was evaluated by area under curve (AUC) obtained from the receiver operating characteristic analyses. The **Table 1** Extracted features by LIFEx software

SUV standard uptake value, *TL-PSMA* total lesion PSMA, *PSMA-TV* PSMA tumor volume, *GLCM* graylevel co-occurrence matrix, *GLRLM* gray level run length matrix, *NGLDM* neighborhood gray-level different matrix, *GLZLM* gray level zone length matrix, *SRE* short-run emphasis, *LRE* long-run emphasis, *LGRE* low gray-level run emphasis, *HGRE* high gray-level run emphasis, *SRLGE* short-run low gray-level emphasis, *SRGHE* short-run high gray-level emphasis, *LRLGE* long-run low gray-level emphasis, *LRHGE*. long-run high gray-level emphasis, *GLNU* gray-level non-uniformity, *RLNU* run length non-uniformity, *RP* run percentage, *SZE* short-zone emphasis, *LZE* long-zone emphasis, *LGZE* low gray-level zone emphasis, *HGZE* high gray-level zone emphasis, *SZLGE* short-zone low gray-level emphasis, *SZHGE* short-zone high gray-level emphasis, *LZLGE* long-zone low gray-level emphasis, *LZHGE* long-zone high gray-level emphasis, *ZLNU* zone length non-uniformity, *ZP* zone percentage

Table 2 The number of patients in Gleason Grade groups, D'Amico risk groups, the median (range) values of PSA, PSMA-TVtotal, TL-PSMAtotal and Dmax

Age (year)	$69 \pm 8 (53 - 85)$
Gleason Grade $1(n)$	$2(4.9\%)$
Gleason Grade $2(n)$	13 (31.7%)
Gleason Grade $3(n)$	5 (12.2%)
Gleason Grade $4(n)$	11 (26.8%)
Gleason Grade $5(n)$	$10(24.4\%)$
Without metastasis (n)	17(41.5%)
With metastasis (n)	24 (58.5%)
D'Amico medium risk (n)	$7(17.1\%)$
D'Amico high risk (n)	34 (82.9%)
PSA (ng/ml)	$21.0(4.0-1350.0)$
PSMA-TVtotal (ml)	$36.5(4.8 - 5161.2)$
TL-PSMAtotal (g)	159.8 (16.6–33,844.3)
$Dmax$ (cm)	$9.2(0.0-105.8)$

sensitivity, specificity and accuracy values of the models were calculated.

Ethical approval

Local ethics committee approval was obtained. All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Results

The mean age of the patients was 69 ± 8 years (range 53–85 years). General information about the patients is presented in Table [2.](#page-3-1)

The median PSA value of patients without metastasis was 11.8 ng/dl (4.3–96.0), and of patients with metastasis was 56.2 ng/dl (8.9–1350.0) and there was statistically significant difference between two groups $(p < 0.001)$.

The median PSA value of patients with $GG \leq 3$ was 14.2 ng/dl $(4.3-99.2)$, and of patients with $GG > 3$ was 63.0 ng/dl $(7.4-1350.0)$ $(p < 0.001)$. The rate of metastasis was 30% in patients with $GG \le 3$ and 85.7% in patients with $GG > 3 (p < 0.001)$.

Volumetric results

There was a strong correlation between Dmax and PSA values ($p < 0.001$, rho: 0.793). Dmax showed strong correlation with PSMA-TVtotal and TL-PSMAtotal $(p < 0.001$, rho: 0.797; *p* < 0.001, rho: 0.763, respectively). While Dmax was moderately correlated with prostate SUVmax and PSMA-TVprostate (*p =* 0.001, rho: 0.426; *p*<0.001, rho: 0.593, respectively), TL-PSMA prostate was strongly correlated with Dmax ($p < 0.001$, rho: 0.613).

Median PSMA-TVtotal value was 17.3 ml (4.8–46.7) in the $GG \le 3$ group, and 200.4 ml $(6.1 - 5161.2)$ in $GG > 3$ group, There was statistically significant difference between these groups $(p < 0.001, \text{ AUC: } 0.936,$ 0.854–1.000, 95% CI). $GG > 3$ group had higher TL-PSMA values (median 1653.2, range 20.0–33,844.3) than GG ≤3 group (median 65.7, range 16.6–270.4) (*p*<0.001, AUC: 0.931, 0.841–1.000, 95% CI).

In patients with metastasis, median Dmax values of $GG > 3$ group were higher (median 39.7 cm, 8.6–105.8) than $GG \leq 3$ group (median 9.4, range 5.4–31.3). A statistically signifcant diference was obtained between these two groups (*p =* 0.023, AUC: 0.815, 0.608–1.000, 95% CI).

0.776–0.991, 95% CI). The patients with GG>3 had higher GLRLM_RLNU value than patients with $GG \leq 3$. The early PET features with statistically signifcant diferences between GG groups are shown in Table [3](#page-4-0). The features with a correlation coefficient of less than 0.8 (Fig. [2\)](#page-5-0), GLRLM_ RLNU and GLCM_dissimilarity, were analyzed with a

Early PET radiomic analyses

There was a signifcant diference between patients with $GG \leq 3$ and > 3 in 35 of the early PET radiomic features. The texture feature with the highest ability to diferentiate these groups was GLRLM_RLNU (*p*<0.001, AUC: 0.879,

Table 3 *p* values and AUC of the features with signifcant diference between GG≤3 and>3 patients

NS not signifcant

Fig. 2 Correlation matrix of signifcant features between Gleason Grade groups. Correla tions were assessed using the Spearman correlation coeffcient. In both *x* and *y* axes, the same features that showed sig nifcant diferences between the GG groups were defned. The red color defnes the positive correlation and the blue color defnes the negative correla tion. **A** Correlation matrix of early PET radiomic features. **B** Correlation matrix of late PET radiomic features

Fig. 3 ROC curves of the radiomic models (late model AUC: 0.924, early model AUC: 0.902)

GLRLM_RLNU gray level run length matrix-run length non-uniformity, *PSA* prostate specifc antigen

logistic regression to build a model. In addition, age, PSA and metastasis status were added to the model. Multivariate analyses demonstrated that GLRLM_RLNU (*p =* 0.019, OR 1.006, 1.001–1.010, 95% CI) and PSA (*p =* 0.036, OR 1.030, 1.002–1.058, 95% CI) were the most meaningful parameters. Age and metastasis status could not be obtained as a signifcant prognostic factor in multivariate analyses. The early model's AUC was calculated as 0.902 (0.801–1.000, 95% CI, $p < 0.001$) (Fig. [3](#page-6-0)). The formula of the model is given in Table [4.](#page-6-1) The sensitivity, specificity and accuracy values of the model in detecting patients with GG>3 were calculated as 76.2%, 84% and 78.1%, respectively.

Late PET radiomic analyses

There was a signifcant diference between patients with $GG \leq 3$ and > 3 in 36 of the late PET radiomic features. The feature with the highest AUC value was SHAPE_compacity (*p*<0.001, AUC: 0.910, 0.820–1.000, 95% CI). The patients with GG>3 had higher SHAPE_compacity value than patients with $GG \leq 3$. The other late PET features with statistically significant differences between GG groups are shown in Table [3.](#page-4-0) Among these features, the correlation between SHAPE_compacity, GLZLM_SZHGE and GLRLM_GLNU was less than 0.8 (Fig. [2\)](#page-5-0). In multivariate analyses in which these features and age, PSA and metastasis status were included, only SHAPE_compacity (*p =* 0.008, OR 3.071, 1.339–7.040, 95% CI) and PSA (*p =* 0.049, OR 1.027, 1.001–1.056, 95% CI) were obtained as the most meaningful parameters. For the late model, age and metastasis status were not found to be signifcant prognostic factors in multivariate analyses either. The AUC value of the late model was determined as 0.924 (0.840–1.000, 95% CI, $p < 0.001$) (Fig. [3\)](#page-6-0). The sensitivity, specificity and accuracy values of the model in detecting patients with GG>3 were calculated as 85.7%, 85% and 85.4%. The formula of the model was given in Table [4.](#page-6-1)

Discussion

The results of our study show that; model performance generated from the late PSMA PET radiomic data is more successful than the early PET model. The late model's AUC, sensitivity and accuracy values (0.924, 85.7%, 85.4%) were obtained at higher values than the early model (0.902, 76.2%, 78.1%). This shows us that late imaging may contribute more than early imaging in PSMA PET radiomic studies. To our knowledge, these results are reported for the frst time in the literature with the current study.

With the development of radiomic analyses, it is expected to take its place in clinical use. There are a limited number of studies evaluating 68Ga-PSMA PET/CT radiomics in the literature. In a study with 68Ga-PSMA PET/CT radiomics conducted by Zamboglou et al., 20 patients who underwent radical prostatectomy followed by staging 68Ga-PSMA-11 PET/CT were prospectively analyzed; gross tumor volume (GTV-Exp) was obtained semi-automatically using 0–5 SUV window levels and GTV-40% by applying 40% threshold of intraprostatic SUVmax [[14](#page-7-9)]. QSZHGE showed better performance in distinguishing Gleason Score (GS) 7 and ≥ 8 (*p*<0.05). However, for GTV-40%, no feature was found to be strongly associated with GS. In addition to PSMA PET radiomic studies so far, the results of our study prove that late PET radiomic features will increase the success of the model. Our results suggest that radiomic analyses of PSMA expression in the prostate gland on diagnostic 68Ga-PSMA PET/CT images may help clinicians to predict non-invasive GG groups and to determine risk groups better.

The features that we included in the models obtained were GLRLM_RLNU and SHAPE_compacity. GLRLM_ RLNU defnes the non-uniformity of run lengths throughout the image. A lower value of RLNU indicates more homogeneity among run lengths in the image while high values show the heterogeneity. The SHAPE_compacity feature also shows how compact the area of interest is. Both the GLRLM_RLNU and SHAPE_compacity features

were higher in patients with $GG > 3$, indicating greater heterogeneity of high-grade tumors.

Since it is the lowest SUV used in automatic programs in the literature, we have determined a cutoff of 2.5 SUVmax [[22\]](#page-8-6). We also tried to make a more standard evaluation using the same cutoff for both early and late images. Zamboglou et al. found no feature strongly associated with GS for GTV-40% [[14](#page-7-9)]. We also did not use a special percent threshold value and were able to obtain successful results in our study.

Our results showed that Dmax was higher in patients with high GG. In other words, it has been quantitatively shown that metastatic spread is higher in tumors with high aggressiveness. Dmax was correlated with both tumor volumetric parameters in the whole body and PSA, the biochemical indicator of PCa. We were also able to show that the tumor spread may be diferent according to the GG group in patients with metastatic tumors and therefore included in high-risk patients. The prognostic signifcance of this newly defned feature in patients with PCa needs to be further investigated.

Moreover, our results showed that volumetric parameters were more successful than SUV parameters in distinguishing GG groups, and these results are in line with the literature [[24\]](#page-8-8).

The retrospective nature of the study was one of the limitations of this study. And also the histopathological correlation was not technically and ethically possible from all foci with metastasis. Second- or higher-order features of tumors with a volume of interest less than 64 voxels cannot be obtained in the LIFEx software, because second-order or higher-order features are usually obtained by quantizing adjacent pixels to a separate set of values [[19](#page-8-3)]. Therefore, patients with more than 64 voxels were included in our study. Also, previous studies have shown that conditions such as image acquisition, reconstruction, pre-processing and segmentation could afect radiomic features [[25–](#page-8-9)[27\]](#page-8-10). So, texture analyses studies may need standardization of imaging techniques and derivation of features.

In conclusion, without using invasive methods, 68Ga-PSMA PET/CT images will be able to detect primary tumor and metastasis of PCa, as well as assess heterogeneity and aggressiveness of primary tumor and predict GG groups. All these parameters may help clinicians for personal treatment planning and early decision making. Late imaging increases the performance of the obtained radiomic model. These fndings should be supported by large patient groups in prospective studies.

Funding The authors received no fnancial support for the research and/or authorship of this article.

Declarations

Conflict of interest The authors declared no conficts of interest with respect to the authorship and/or publication of this article.

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