ORIGINAL ARTICLE

A meta-analysis of ¹⁸F-Fluoride positron emission tomography for assessment of metastatic bone tumor

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Abstract

Purpose The aim of this study was to assess the diagnostic performance of ¹⁸F-Fluoride positron emission tomography (PET) or positron emission tomography/computed tomography (PET/CT) compared with bone scintigraphy (BS) planar or BS planar and single photon emission computed tomography (SPECT) in evaluating patients with metastatic bone tumor.

Materials and methods We performed a meta-analysis of all available studies addressing the diagnostic accuracy of ¹⁸F-Fluoride PET, ¹⁸F-Fluoride PET/CT, BS planar, and BS planar and SPECT for detecting the metastatic bone tumor. We determined sensitivities and specificities across studies, calculated positive and negative likelihood ratios, and drew summary receiver operating characteristic curves using hierarchical regression models. We also compared the effective dose and cost-effectiveness estimated by data from the enrolled studies between ¹⁸F-Fluoride PET or PET/CT and BS planar or BS planar and SPECT.

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Division of Diagnostic Imaging, University of Texas, MD Anderson Cancer Center, Houston, TX, USA *Results* When comparing all studies with data on 18 F-Fluoride PET or PET/CT, sensitivity and specificity were 96.2% [95% confidence interval (CI) 93.5–98.9%] and 98.5% (95% CI 97.0–100%), respectively, on a patient basis and 96.9% (95% CI 95.9–98.0%) and 98.0% (95% CI 97.1–98.9%), respectively, on a lesion basis. The Az values of 18 F-Fluoride PET or PET/CT were 0.986 for the patient basis and 0.905 for the lesion basis, whereas those of BS or BS and SPECT were 0.866 for the patient basis and 0.854 for the lesion basis. However, the estimated effective dose and average cost-effective ratio were poorer for 18 F-Fluoride PET or PET/CT than those of BS planar or BS planar and SPECT.

Conclusion ¹⁸F-Fluoride PET or PET/CT has excellent diagnostic performance for the detection of metastatic bone tumor, but the estimated effective dose and average cost-effective ratio are at a disadvantage compared with BS planar or BS planar and SPECT.

Keywords ¹⁸F-Fluoride · PET · PET/CT

Introduction

The presence of bone metastasis is an important prognostic factor in patients with cancer because bone is a common site of distant metastasis in patients with advanced stage. Bone metastasis causes much of the morbidity and disability in patients with cancer because of recent advances in treatment regimens. Proper evaluation of bone metastasis and early detection of occult bone metastasis is essential for correct treatment decisions and improved outcome. Bone scintigraphy (BS) and magnetic resonance imaging (MRI) play important roles in detecting occult bone metastases that are missed by physical examination. However, the sensitivity of BS is not satisfactory because of limited spatial resolution [1]. Although the diagnostic accuracy of whole body MRI with diffusion-weighted sequences to detect metastatic bone tumor is acceptable, this technique is available only for limited clinical studies to detect the occult bone metastasis [2].

Positron emission tomography (PET) with the use of the radiolabeled fluoride analog ¹⁸F-Fluoride has been applied in the assessment of bone metastasis in a variety of malignancies [3]. The accumulation of ¹⁸F-Fluoride in fluorapatite of osteoblastic and osteolytic lesions reflects increased blood flow and bone turnover because ¹⁸F-Fluoride ion can be exchanged with hydroxy groups in hydroxyapatite crystal. The overall accuracy of ¹⁸F-Fluoride PET has been favorable to detect bone metastasis using pathology as the reference standard. It has been suggested that ¹⁸F-Fluoride PET might be more accurate than BS in identifying bone metastasis because it is considered to have greater spatial resolution [4, 5]. Furthermore, the increasing use of integrated positron emission tomography/computed tomography (PET/CT) reveals that this modality is useful for the detection of bone metastasis, because it can provide information on ¹⁸F-Fluoride avidity and morphologic changes in lesions [6].

The diagnostic performance of ¹⁸F-Fluoride PET or PET/CT to detect bone metastasis is more accurate than that of BS [4–6]. However, results from previous studies have limited external validity because single studies are inconclusive due to small sample size, comparison of various combinations, and the use of a variety of methods for determining the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT. The aim of our study was to undertake a meta-analysis of all available studies and address the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT in evaluating bone metastasis in cancer patients.

Materials and methods

Data sources eligibility

Two reviewers searched Medline (from 1966 to November, 2009), SCOPUS, and Biological Abstracts. We used a search algorithm based on a combination of the terms: (1) ¹⁸F-Fluoride, ¹⁸F-Fluoride PET, or ¹⁸F-Fluoride PET/CT, (2) bone scintigraphy, and (3) bone metastasis and metastatic bone tumor. We applied no language restrictions. The two reviewers independently assessed potentially relevant citations for inclusion, and disagreements were resolved by consensus. Referenced articles of the retrieved studies were screened for additional studies. Investigators of eligible studies were contacted to ask about supplemental data when information relevant to the meta-analysis was

missing. We excluded studies with verification bias including patients with non-solid tumors such as hematologic malignancies. Studies using ¹⁸F-Fluoride PET or PET/CT, or BS for evaluation of status after treatment, including recurrence, were excluded. Studies that contained patients whose diagnoses lacked standard reference regardless of contact with the authors or the presence of concomitant diseases were excluded.

Data extraction

Two reviewers extracted data from eligible studies independently and resolved any issues by consensus. We recorded author names, journal, year of publication, country of origin, number of patients, age, inclusion and exclusion criteria, study design, injected dose, imaging camera, technical characteristics and protocol of imaging, data type (patient- or lesion-based), number of reviewers who assessed and interpreted the results of imaging, definition of positive test result (qualitative or quantitative), and reference standard. The numbers of true-positive, false-positive, true-negative, false-negative, and equivocal findings for each modality were also recorded for both patient- and lesion-based series.

The effect of radiation exposure

We estimated the patient's radiation doses in both ¹⁸F-Fluoride PET or PET/CT and BS (planar and/or single photon emission computed tomography, SPECT) from the available data of extracted articles. Effective doses from the CT portion were calculated from the simulation spreadsheet software ImPACT [7]. Because the CT tube current was automatically controlled using an auto exposure control system, the radiation doses were different depending on the body region. Therefore, we calculated the effective doses for the head, chest, and abdominal regions separately using ImPACT, and added these values to obtain the effective dose for the whole body [8, 9]. Absorbed dose and effective dose in each organ and tissue from radiopharmaceuticals were obtained from the International Commission on Radiological Protection (ICRP) publication 80 [10].

Cost-effectiveness

In all extracted studies, cost-effectiveness was compared by each modality: BS planar and/or SPECT, ¹⁸F-Fluoride PET, and ¹⁸F-Fluoride PET/CT. Expected effectiveness was defined as the proportion of correctly diagnosed patients. Direct costs were referred to the perspective of Japanese and American Hospitals. Expected costs were estimated in Japanese-yen (\) for the year of 2010 official charge for BS. Expected costs were also calculated in US \$ for the year of 2010 based on CMS Medicare rate for BS. Since ¹⁸F-Fluoride is not reimbursed by Japanese insurance, CMS Medicare or private insurers in the USA, hospital charges were estimated with reference to ¹⁸F-FDG PET or PET/CT by the published ranges for official charges or the CPT codes. Average cost-effectiveness ratios were calculated by dividing expected costs by expected effectiveness, which was the accuracy of the included studies [11]. These are demonstrated as US \$ and Euro (EUR) referring to the respective exchange rate on 4 February 2010.

Statistical analysis

Data on the diagnostic performance of images studies were combined quantitatively across eligible studies. We combined sensitivities and specificities across studies to estimate the weighted mean values using an inverse of variance of sensitivity and specificity from each study as a weight. To obtain the overall diagnostic accuracy of each modality for all combined studies, the analyses addressed the diagnosis of bone metastasis per patient and per lesion. The summary receiver operating characteristic (SROC) curve was estimated using a linear regression model with weighted least squared method for the logarithms of sensitivity, and specificity was made to show the summary trade-off between sensitivity and specificity across the eligible studies and the summary likelihood ratios. The effective doses between ¹⁸F-Fluoride PET or PET/CT and BS planar or BS were compared by Student's t test. A p value less than 0.05 was considered indicative of statistical significance.

Results

Our literature search yielded 35 articles; 24 were excluded upfront after reading the abstract because they did not contain any diagnostic information. Thus, 11 articles were available for our analyses that represented a total of 425 patients. Of these 11 studies, data on patients were available in 8 for BS planar or BS planar and SPECT and 10 for ¹⁸F-Fluoride PET or PET/CT, and data on lesions in 5 for BS planar or BS planar and SPECT and 11 for ¹⁸F-Fluoride PET or PET/CT. A total of 350 patients were analyzed for the diagnostic accuracy to detect metastatic bone tumor on a patient basis, while a total of 255 patients were analyzed on a lesion basis which included 1,164 lesions evaluated by ¹⁸F-Fluoride PET and/or PET/CT and 474 lesions evaluated by BS planar or BS planar and SPECT.

Two of the 11 studies (18%) were performed using only ¹⁸F-Fluoride PET or PET/CT without comparison with BS planar or BS planar and SPECT. Four of 11 studies (36%)

were stratified by histology of the primary tumor: lung carcinoma and prostate carcinoma in 2 studies each. Five studies (45%) stated that they were prospective. The evaluation of study results was stated to have been done in a qualitative manner in all studies, whereas one study stated explicitly that evaluation was also performed by quantitative method using active ratio of lesion. Reference standard consisted of other imaging studies including CT. MRI, radiography, ¹⁸F-Fluorodeoxyglucose (¹⁸F -FDG) PET, clinical follow-up, and biopsy. However, one study did not comment on the method of reference standard. After contacting the corresponding author for this study, we were informed that follow-up CT and MRI had been used as the reference standard. Information regarding the technical characteristics of imaging, inclusion, and exclusion criteria is summarized in Table 1.

Independent estimates and likelihood ratios are demonstrated in Table 2. When comparing all studies with data on ¹⁸F-Fluoride PET or PET/CT, sensitivity and specificity were 96.2 and 98.5%, respectively, on a patient basis and 96.9 and 98.0%, respectively, on a lesion basis. However, in studies stratified by PET and PET/CT, sensitivity and specificity remained high. Sensitivity of BS changed according to the use of planar alone or planar plus SPECT and according to the use of patient- or lesion-based analyses. However, the specificity of BS estimates was similar to those of ¹⁸F-Fluoride PET or PET/CT. The SROC curves and the Forest plot of odds ratio showed excellent diagnostic performance of ¹⁸F-Fluoride PET and PET/CT studies combined for the patient- and lesion-based analyses and considerably good performance in combined studies of BS planar and SPECT (Figs. 1, 2, 3).

Our literature research revealed that the effective doses by injected ¹⁸F-Fluoride ranged from 2.7 to 15.0 mSv, whereas these values ranged from 4.2 to 5.7 mSv for BS studies. Five of 11 studies were evaluated by PET/CT comprising three scanner types. The effective dose from the CT portion of PET/CT ranged from 8.4 to 13 mSv. Therefore, the effective dose of ¹⁸F-Fluoride PET or PET/ CT calculated from these studies ranged from 2.7 to 28.0 mSv. Effective doses of ¹⁸F-Fluoride PET or PET/CT were significantly higher than those of BS planar or BS planar and SPECT (p = 0.005).

In Japan, the costs of PET or PET/CT per study are \$75,000 and \$86,250, respectively. A total of 96.3% of all patients were correctly diagnosed from the included studies on a patient basis. If the total product of ¹⁸F-Fluoride were covered by each institution, the average cost per study would be at least \$77,882 for PET and \$89,564 for PET/CT. When Tc-99m-methyl-diphosphate (MDP) of 740 MBq is used, the average costs per study for BS planar or BS planar and SPECT are \$28,399 and \$30,044, respectively. Since a total of 73.5% of all patients were correctly diagnosed in the

Table 1 Techi	nical ch	aracteristi	cs of imagi	ing, inclu	ision, and e	xclusion criteria	from 12 referenced artic	les				
Author	Year F	Reference	Country	No. of patients	Mean age (range)	Design	Specific diagnosis	Modality	Data type	Diagnosis	No. of assessors	Reference standard
Hetzel	2003 [[]	Germany	103	62 (38–81)	Retrospective	Lung carcinoma	¹⁸ F-Fluoride PET BS planar BS planar and SPECT	Pt	Visual	2	MR/FU
Hoh	1993 [12]	NSA	14	NR (24–87)	Retrospective	NR	¹⁸ F-Fluoride PET	Pt + Lesion	Visual Quantitative	NR	CT/MR/XR/FU
Hoegerle	1998 [13]	Germany	30	51 (13–76)	Prospective	NR	¹⁸ F-Fluoride PET	Lesion	Visual	7	CT/MR/XR/BX
Schirrmeister] 6661	14]	Germany	34	52.3 (37–75)	Prospective	NR	¹⁸ F-Fluoride PET BS planar	Pt + Lesion	Visual	5	CT/MR/XR/FU
Schirrmeister] 6661	15]	Germany	4	NR	Retrospective	NR	¹⁸ F-Fluoride PET BS planar	Pt + Lesion	Visual	>2	CT/MR/FU
Schirrmeister	2001 [16]	Germany	53	63.2 (43–78)	Prospective	Lung carcinoma	¹⁸ F-Fluoride PET BS planar BS planar and SPECT	Pt	Visual	7	CT/MR/FDG PET
Even-Sapir	2004 [17]	Israel	44	52 (15–81)	Retrospective	NR	¹⁸ F-Fluoride PET ¹⁸ F-Fluoride PET/CT	Pt + Lesion	Visual	7	CT/MR/XR/BX/FU
Even-Sapir	2006 [18]	Israel	44	71.6	Prospective	Prostate carcinoma	¹⁸ F-Fluoride PET/CT ¹⁸ F-Fluoride PET BS planar BS planar and SPECT	Pt + Lesion	Visual	0	CT/FU
Beheshti	2008	19]	Austria	38	69 (NR)	Retrospective	Prostate carcinoma	¹⁸ F-Fluoride PET/CT	Lesion	Visual	2	BX/FU
Kawaguchi	2008 [20]	Japan		66 (57–74)	Retrospective	Prostate carcinoma Breast carcinoma Hepatocellular carcinoma	¹⁸ F-Fluoride PET/CT ¹⁸ F-Fluoride PET BS planar	Pt	Visual	0	CT/MR/FU
Iagaru	2009 [21]	USA	14	50.4 (19–75)	Prospective	NR	¹⁸ F-Fluoride PET/CT	Pt	Visual	2	NR
NR not reporte	d, <i>BS</i> b	one scinti;	graphy, pt	patient,	XR radiogral	ohy, FU follow-	up, BX biopsy					

Table 2 Independent estimates of analys	es on patient	basis and lesion basis				
Diagnostic methods	No. of studies	Sensitivity (95% CI)	Specificity (95% CI)	LR+ (95% CI)	LR- (95% CI)	Accuracy (95% CI)
Analysis on a patient basis						
BS planar	5	0.468 (0.398–0.537)	0.883 (0.829-0.936)	4.000 (2.330–9.390)	0.600(0.490 - 0.730)	0.643 (0.589 - 0.696)
BS planar and SPECT	3	0.815 (0.706-0.923)	0.990 (0.973-1.000)	81.400 (26.150–NA)	$0.190\ (0.080 - 0.300)$	$0.952\ (0.921 - 0.983)$
¹⁸ F-Fluoride PET	7	0.949 (0.912–0.986)	0.987 (0.972–1.000)	73.000 (32.570-NA)	0.050 (0.010 - 0.090)	$0.970\ (0.951 - 0.988)$
¹⁸ F-Fluoride PET/CT	3	0.977 (0.938-1.000)	$0.959\ (0.905-1.000)$	23.830 (9.870-NA)	0.020(0.000-0.070)	0.963 (0.927-1.000)
BS planar or BS planar and SPECT	8	0.569 (0.510-0.627)	0.980(0.964 - 0.996)	28.450 (14.170–156.750)	$0.440\ (0.370-0.510)$	0.875 (0.848 - 0.902)
¹⁸ F-Fluoride PET or PET/CT	10	0.962 (0.935-0.989)	0.985 (0.970–1.000)	64.130 (31.170-NA)	0.040(0.010-0.070)	0.968 (0.952–0.985)
Analysis on a lesion basis						
BS planar	4	0.579 (0.526-0.632)	0.954 (0.924 - 0.984)	12.590 (6.920–39.500)	$0.440\ (0.370-0.510)$	0.711 (0.670-0.752)
BS planar and SPECT	1	0.357 (0.198–0.516)	0.961 (0.921-1.000)	9.150 (2.510-NA)	$0.670 \ (0.480 - 0.870)$	0.797 (0.726–0.868)
¹⁸ F-Fluoride PET	L	0.958 (0.942–0.974)	0.983 ($0.969-0.996$)	56.350 (30.390-243.500)	0.040(0.030 - 0.060)	0.970 (0.960-0.981)
¹⁸ F-Fluoride PET/CT	4	0.978 (0.964-0.991)	0.978 ($0.966-0.990$)	44.450 (28.350–99.100)	0.020(0.010 - 0.040)	0.975 (0.965–0.985)
BS planar or BS planar and SPECT	5	0.557 (0.507-0.607)	$0.956\ (0.932 - 0.981)$	12.660 (7.460–31.950)	$0.460\ (0.400-0.530)$	0.733 (0.698–0.768)
¹⁸ F-Fluoride PET or PET/CT	11	0.969 (0.959–0.980)	0.980 (0.971–0.989)	48.450 (33.070–89.090)	$0.030\ (0.020-0.040)$	0.973 (0.966–0.980)

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included studies, the average cost-effective ratio would be \$38,638 for BS planar and \$40,876 for BS planar and SPECT, respectively. The average cost per study in US was estimated by the published ranges for the CPT codes. For ¹⁸F-Fluoride PET or PET/CT, the average cost per study ranged from US \$1,000 to 1,500. The average cost-effective ratio ranged from US \$1,038 to 1,558 (1,437–2,157 EUR). Similarly, the average cost per study was 297 US\$ by CMS Medicare for BS planar or BS planar and SPECT. The average cost-effective ratio would be US \$404 (559 EUR)

Discussion

When compared with those of BS planar and/or SPECT, the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT was excellent in detecting the metastatic bone tumor. Meta-analysis of the data allowed us to investigate how ¹⁸F-Fluoride PET or PET/CT can contribute to the diagnosis of metastatic bone tumor.

per study for BS planar or BS planar and SPECT.

Based on the results of this meta-analysis, the performance of ¹⁸F-Fluoride PET or PET/CT is satisfactory because only a low percentage of false-negative or -positive result is found. Reflecting the high accuracy of ¹⁸F-Fluoride PET or PET/CT, a higher detection rate of degenerative lesions may lead to an increasing rate of false-positive results [6, 15].

Thus, there is possible evidence to support the use of ¹⁸F-Fluoride PET or PET/CT to detect metastatic bone tumor. Some possible explanations for this failure of ¹⁸F-Fluoride PET or PET/CT to detect metastatic bone tumor include the close anatomic proximity of bone metastasis to degenerative structures of bone that are visualized with ¹⁸F-Fluoride PET or PET/CT and the size of occult bone metastases which may be below the spatial resolution of ¹⁸F-Fluoride PET or PET/CT. However, we should also note that the performance of other diagnostic methods such as whole-body MRI with diffusion-weighted sequences was equal to those of ¹⁸F-Fluoride PET or PET/CT.

Atomic Energy of Canada Limited (AECL) has announced that the supply of technetium preparation must be reduced because of repairs being made to a heavy water leak at the reactor in Chalk River, Ontario, Canada. Most countries importing technetium preparations have to restrict the numbers of BS for detecting metastatic bone tumor for the time being. Our results of meta-analysis revealed that the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT was excellent to detect the metastatic bone tumor. Therefore, we can substitute ¹⁸F-Fluoride PET or PET/CT with BS until the supply of technetium preparations is restored.





Fig. 1 Summary receiver operating characteristic (SROC) curve for the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT (**a**) and BS and/or SPECT (**b**) for a patient basis. The size of the *circles* indicates the weight of each study. The area under the SROC curve (Az value) is 0.986 for ¹⁸F-Fluoride PET or PET/CT and 0.866 for BS and/or SPECT

Current advances in diffusion-weighted MR imaging have facilitated the detection of metastatic bone tumor with high accuracy. Nemeth et al. [22] described an MRI protocol using diffusion-weighted sequences in which the detectability of metastatic bone tumor was improved compared with conventional MRI. However, this technique is insensitive for detecting lesions with sclerotic osseous reaction, and is not available for whole-body imaging at one time. Technical advances in whole-body MRI will enable us to use diffusion-weighted sequences for detecting the metastatic bone tumor in the near future.

The included studies revealed that the effective dose of ¹⁸F-Fluoride PET or PET/CT ranged from 2.7 to 28.0 mSv. Some side effects, including a decrease in sperm count, may appear if the patient is exposed to a radiation dose of 542 mSv at one time [8]. However, effective doses of ¹⁸F-Fluoride PET or PET/CT were significantly higher than

Fig. 2 Summary receiver operating characteristic (SROC) curve for the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT (**a**) and BS and/or SPECT (**b**) for a lesion basis. The size of the *circles* indicates the weight of each study. The area under the SROC curve (Az value) is 0.905 for ¹⁸F-Fluoride PET or PET/CT and 0.854 for BS and/or SPECT

those of BS planar or BS planar and SPECT. Therefore, deterministic effects should be avoided by reducing the dose of ¹⁸F-Fluoride and by low-dose CT portion of PET/CT because screening of bone metastasis is generally performed at an interval of approximately 6 months or 1 year, and the exposure is not of an acute nature.

Although our estimates of the cost of ¹⁸F-FDG PET or PET/CT were based on the hospital charge of ¹⁸F-FDG PET or PET/CT based on the official charge for medicine or CMS Medicare, the average cost-effective ratio ranged from \$77,882 to \$89,564 (US \$1,038-1,558 or 1,437-2,157EUR). In contrast, the average cost-effective ratio ranged from \$38,638 to \$40,876 (US \$404 or 559 EUR) per study for BS planar or BS planar and SPECT. Regarding the high expense of surgery, which may be avoided by more accurate diagnostic procedures, the additional cost of BS planar or BS planar and SPECT or ¹⁸F-FDG PET or PET/CT **Fig. 3** The Forest plot of odds ratio (OR) from each study for the diagnostic performance of ¹⁸F-Fluoride PET or PET/CT (**a**, **b**) and BS and/or SPECT (**c**, **d**). ORs were plotted on a logarithmic scale. OR was defined by "(odds of sensitivity)/(odds of 1-specificity)"







seems reasonable. However, our estimates were based on limited data of ¹⁸F-FDG PET or PET/CT. Since resource prices differ in other countries, further studies are needed for false positive or negative interpretation by an uncritical use of ¹⁸F-FDG PET or PET/CT.

The limitations of the present study include source of heterogeneity (publication bias) which results in systematic differences in effect size estimates derived from small versus large studies. The available data are consistent with great improvement in sensitivity with ¹⁸F-Fluoride PET or PET/CT over BS planar or BS planar and SPECT in the studies enrolled. Although the confidence intervals include

a low sensitivity for BS planar or BS planar and SPECT, the number of BS planar and SPECT studies was limited. Thus, the potential incremental diagnostic benefit still leaves a large percentage of false negatives on BS planar and SPECT. The inclusive criteria showed a wide variety of histologic diagnoses in some of the studies. However, ¹⁸F-Fluoride PET or PET/CT is considered to more sensitively detect bone metastasis with sclerotic osseous reaction than those with lytic destruction. Studies that included only tumors with a tendency to develop sclerotic bone metastasis may influence the diagnostic accuracy of this meta-analysis. There was a risk of subjective interpretation

because the interpretation of ¹⁸F-Fluoride PET or PET/CT was performed by two reviewers qualitatively in all studies, but the presence/absence of blinding was unclear. In the definition of bone metastasis, most studies lacked not only histologic confirmation, but also direct comparison with whole-body MRI. However, biopsies of multiple lesions in one patient were not substantial, and whole-body MRI was limited to clinical use in the entire study period. Further validation studies using ¹⁸F-Fluoride PET or PET/CT compared with whole-body MRI are needed in larger populations. The cost-effectiveness of ¹⁸F-Fluoride PET or PET/CT for the detection of metastatic bone tumor has to be systematically re-considered.

In conclusion, our study provided evidence to support the possible application of ¹⁸F-Fluoride PET or PET/CT to detect metastatic bone tumors. BS planar or BS planar and SPECT appear to have limited sensitivity but similar specificity to detect metastatic bone tumor both on a patient and lesion basis. Further research is required to determine whether there is indeed an incremental diagnostic improvement with ¹⁸F-Fluoride PET or PET/CT over other imaging methods with consideration of radiation dose, cost-effectiveness, and potential complications against the yield of information.

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