

Prevalence of Very Low Numbers of Potential Pathogenic Isolates of *Yersinia enterocolitica* and *Yersinia intermedia* in Traditional Fast Foods of India

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Abstract In this study, an incidence pattern of 1.7% for *Yersinia enterocolitica* and 2.5% for *Y. intermedia* were observed in an analysis of 120 diversified food samples collected from the local market of Mysore, Southern India. Two native isolates characterized as *Y. enterocolitica* belonged to biotype 1B and revealed the presence of major virulence related traits such as regulator of virulence, mucoid *Yersinia* factor regulator, attachment invasion locus, heat stable enterotoxin, *Yersinia* type II secretory system and phospholipase A in PCR. Force type neighbor-joining phylograms generated for *Y. enterocolitica* based on PCR amplicons of *rovA* and *ypl* showed 100% homology with two to three strains of *Y. enterocolitica* and about 75% homology with several strains of *Y. pestis*.

Keywords *Yersinia enterocolitica* · *Yersinia intermedia* · PCR detection · Virulence determinants

Introduction

Globally, food safety is a major concern of public health and one of the widely recognized and significant foodborne pathogenic bacterial species is that of *Yersinia enterocolitica*. The prime concern of significance arises due to the fact that strains of *Y. enterocolitica* harbouring virulent traits are able to survive in both vacuum packed and refrigerated foods and thereby gets implicated in foodborne outbreaks, worldwide [1]. In the Indian scenario, the

earliest reports about the isolation of *Y. enterocolitica* have been those of clinical samples [2, 3]. Subsequently, few studies have revealed the prevalence of *Y. enterocolitica* and other *Yersinia* spp. in samples of different food products including traditional fast foods [4–7]. As most of the individuals with enteric *Y. enterocolitica* infection are asymptomatic or minimally symptomatic and do not seek medical attention, reliable population based estimates of incidences are lacking. Considering the importance of *Y. enterocolitica* in foods and the limited knowledge available with reference to Indian scenario, the objective of this study was to assess the prevalence of potential pathogenic *Yersinia* spp. in a diverse range of foods through the use of PCR detection method and also analyze the genetic relatedness with other species.

Materials and Methods

All dehydrated media, bacterial reagents, stains, octadiscs of antibiotics and PCR purification spin kit (HiPur A) used in this study were procured from HiMedia Laboratories, Mumbai, India. The water used in the experimental trials was Milli-Q water (A10 Elix 3, Millipore Corporation, Billerica, USA).

Isolation and Characterization of *Yersinia* spp.

A total of 120 traditional food samples were collected at various points of sales from the local market in sterile, disposable polythene bags and brought to the laboratory in insulated icebox within 30 min of collection and subjected to analysis. The collected samples included (i) processed rice and wheat-based foods added with vegetables, spices and seasonings with common names of pani puri, bhel puri,

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churmuri, masala puri and sev puri ($n = 50$), (ii) fried wheat-based and vegetable stuffed foods like bread sandwich and cutlets ($n = 20$), (iii) concentrated and sweetened milk sweet (peda) and ice cream ($n = 20$), (iv) raw meat of pork, chicken and lamb ($n = 10$), raw milk ($n = 10$) and vegetable salad ($n = 10$). *Yersinia* spp. were isolated from individual food samples following the alkaline post-enrichment protocol and surface plating of treated sample aliquots on pre-poured plates of Cefsulodin-Irgasan-Novobiocin (CIN) agar [8, 9]. Plates were incubated at 30°C for 24 h. Presumptive colonies of *Yersinia* were selected based on characteristic bull's eye appearance with deep red center and translucent halo around the colony. The presumptive isolates were identified by morphological, cultural and biochemical characteristics according to the documented procedures and the results were assessed according to the standard schemes for *Yersinia* spp. [10, 11].

Biotyping, Antibiogram and Phenotypic Virulence Traits of Characterized Native Isolates of *Y. enterocolitica*

The food isolates identified as *Y. enterocolitica* CFR 2301 and 2302 were further categorized into their biotypes according to earlier described schemes [1, 12]. The isolates were subjected to individual tests such as Voges Proskauer reaction, esculin hydrolysis and production of indole, L ornithine decarboxylase, β -D-glucosidase, pyrazinamidase, lipase and acid from inositol, salicin, L-sorbose, trehalose, xylose, and sucrose. Further, the antibiogram pattern was obtained by subjecting these two isolates to standard disc-diffusion assay [13] using octadiscs of antibiotics in nutrient agar at 37°C. After 24 h of incubation, the

diameter of zones formed around the individual antibiotic tested in the disc was measured and results analyzed according to the standard reference procedure of National Committee for Clinical Laboratory Standards. Similarly, the two isolates of *Y. enterocolitica* were subjected to temperature dependent auto-agglutination and crystal violet binding assay for assessing presence of virulence plasmid in determining phenotypic virulence trait [14, 15].

PCR Detection for Virulence Factors

In the present study, selected virulence determinant genes in *Y. enterocolitica* were included to assess the prevalence of these virulence traits in the native food isolates of *Yersinia* spp. by PCR. The target genes, their nucleotide sequences and amplification conditions for these PCR primers are presented in Table 1. The primers in this study were designed by subjecting selected sequences of target genes (documented in NCBI Gene Bank) to Primer 3 Software program, followed by subjecting to BLAST and selection of primer sets with lowest E values. The synthesized primers were obtained from a commercial company (Sigma-Aldrich, Bangalore, India). Isolation of total genomic DNA of individual isolates was carried out with a slight modification of the Triton-X method of Blais and Phillippe [16]. Amplifications for the individual target genes (includes a multiplex for *ail* and *yst*) were carried out in a 25- μ l reaction mix containing 4 μ l of template DNA and subjected to PCR in an automated DNA thermal Cycler (Eppendorf, Master Cycler, Cedex, France) according to the conditions detailed in Table 1. The PCR products in aliquots of 12 μ l were run in 1.5% agarose gels in 1X Tris acetate buffer for 1 h at 120 V and stained in 0.5 μ g/ml

Table 1 Nucleotide sequence of specific primers and PCR conditions used in the detection of *Yersinia* species

Target gene and Accession No.	Primer designation	DNA sequences (5'–3') (bp)	PCR product	References
Attachment invasion locus M29945	<i>ail</i>	5' CTATTGGTTATGCGCAAAGC 3' 5' TGCAAGTGGGTTGAATTGCA 3'	359	Fenwick and Murray [27]
Heat stable enterotoxin X65999.1	<i>yst</i>	5' TCTTCATTTGGAGCATTCGG 3' 5' ATTGCAACATACATCGCAGC 3'	159	Present study ^a
<i>Yersinia</i> type II secretion system AJ344214	<i>ystI</i>	5' GCAGTAAAAGGCAACATCAGCG 3' 5' AAACAACGCGCATGACGACTTC 3'	224	Iwobi et al. [25]
Regulator of virulence AF171097.1	<i>rovA</i>	5' CCATTAATATTGGATGCCAGA 3' 5' AATGCACCCCTGTCAGACTT 3'	154	Present study ^a
Phospholipase AM286415	<i>ypl</i>	5' CACAGCAAGCGGACTATTCA 3' 5' ATGACCAGTGCATCACCAAA 3'	328	Present study ^a
Mucoid <i>Yersinia</i> factor regulator U12766.1	<i>myfF</i>	5' AGCGGGCTAAAGTTTGAGGT 3' 5' TTTAGCGATCCTTTCGGTTG 3'	170	Present study ^a
PCR conditions for all the primers 94°C 5'; 94°C 1'; 55°C 1'; 72°C 1'; 72°C 8'; (35 cycles)				

^a Primers were designed through Primer 3 Software Program, followed by BLAST and selection of primer sets with lowest E values

ethidium bromide solution [17] and documented in Gel Documentation System (Vilber Lourmat, France).

Phylogenetic Analysis of the Sequences of Amplified PCR Products of *rovA* and *ypl*

The PCR amplified products of *rovA* and *ypl* in the native isolates of *Y. enterocolitica* CFR 2301 and *Y. intermedia* CFR 2303 were purified using a commercial PCR purification Spin Kit (HiPur A) and subjected to sequence analysis by a commercial company (Sigma-Aldrich, Bangalore, India). The resulting nucleotide sequences for *rovA* and *ypl* were subjected to BLAST programme of NCBI (online access) to assess the per cent homology with closely related strains/variants documented in Gene Bank databases and also generate a Force Type of Neighbor-Joining method based similarity network tree. A pair-wise alignment of nucleotide sequences obtained for *Y. enterocolitica* CFR 2301 and *Y. intermedia* CFR 2303 with those strains actually used in designing of primers earlier was performed using Lalign Software [18] and per cent homology was recorded.

Results

Prevalence of Potential Pathogenic *Yersinia* spp.

Cultural and biochemical characterization of 110 presumptive isolates of *Yersinia* obtained from 120 food samples resulted in the identification of 2 isolates as *Y. enterocolitica* and 3 as *Y. intermedia*. In relation to the number of samples analyzed, the incidence pattern was 1.7% for *Y. enterocolitica* and 2.5% for *Y. intermedia* (Table 2). One isolate each of *Y. enterocolitica* CFR 2301 and CFR 2302 was obtained from a sample of vegetable

Table 3 Antibiogram of native food isolates of *Y. enterocolitica*

Antibiotic	Food isolates	
	<i>Y. enterocolitica</i> CFR 2301	<i>Y. enterocolitica</i> CFR 2302
Ampicillin	R	R
Augmentin	R	R
Norfloxacin	S	S
Co-Trimoxazole	S	S
Gentamycin	S	S
Tobramycin	S	S
Cephoxitin	S	S
Ceftazidime	S	R
Cephotaxime	S	I
Nalidixic acid	S	S
Nitrofurantoin	I	R
Netillin	S	S
Ofloxacin	S	S
Carbenicillin	S	I
Kanamycin	S	S
Streptomycin	I	S
Tetracycline	S	S
Nystatin	R	R
Novobiocin	R	R

S sensitive; R Resistant; I Intermediate

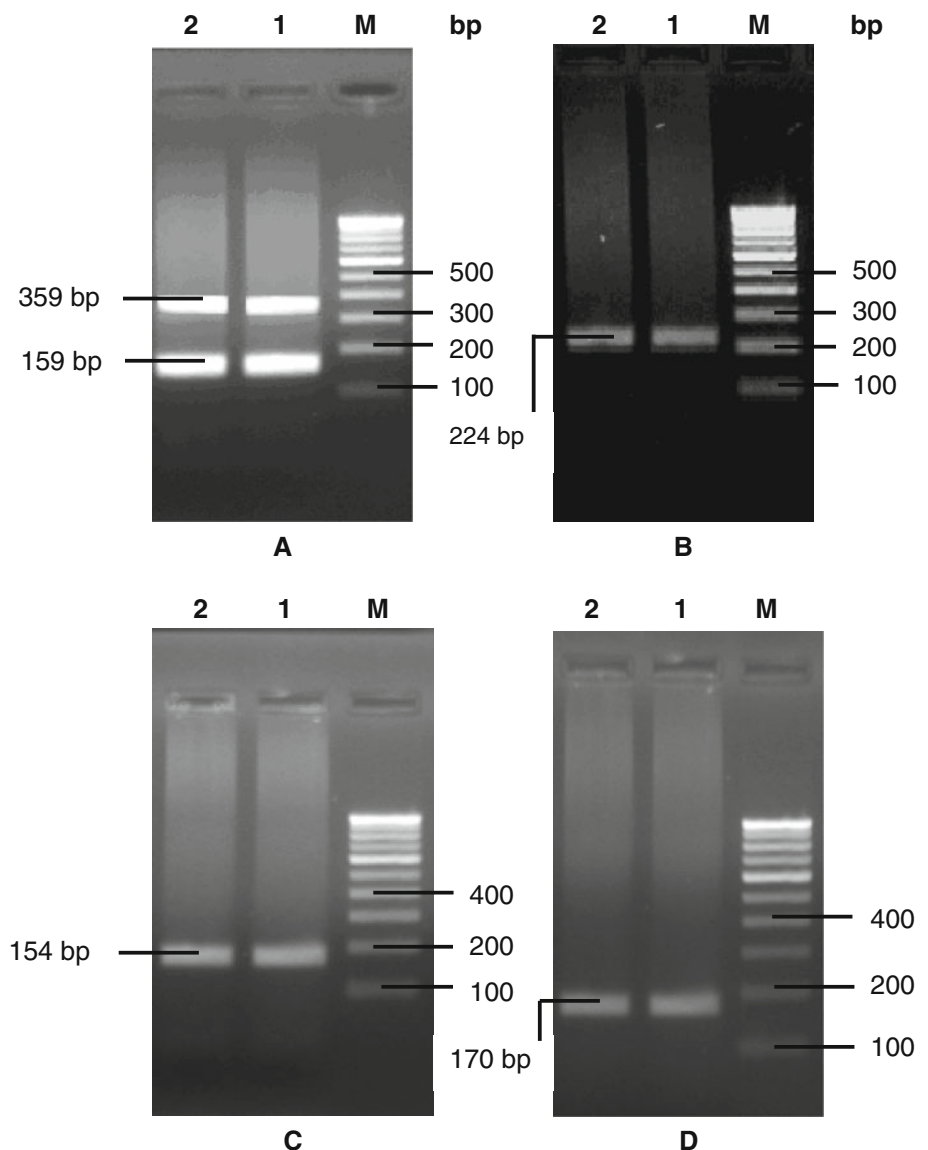
cutlet (5%) and pork intestine (10%), respectively, while two isolates of *Y. intermedia* CFR 2303 and 2304 were obtained from samples of pani puri and one isolate CFR 2305 from ice cream.

Both the native isolates of *Y. enterocolitica* CFR 2301 and 2302 were negative for esculin hydrolysis, pyrazinamidase activity and acid from salicin, which indicated these isolates as belonging to biotype 1B. Further, both

Table 2 Distribution pattern of characterized isolates of *Yersinia* spp. among the analyzed food samples

Sample type	Samples(s) positive for <i>Yersinia</i> spp. (n)	Identified species (%)
Processed rice and wheat-based traditional fast foods added with, vegetables, spices and seasonings [pani puri, bhel puri, churmuri masala puri and sev puri] (n = 50)	2 (pani puri)	4 <i>Y. intermedia</i> CFR 2303 and 2304
Fried wheat-based and vegetable stuffed foods [Bread sandwiches and cutlets] (n = 20)	1 (vegetable cutlet)	5 <i>Y. enterocolitica</i> CFR 2301
Traditional concentrated and sweetened milk sweet [peda] and ice cream (n = 20)	1 (Ice cream)	5 <i>Y. intermedia</i> CFR 2305
Raw meat [pork, chicken, lamb] (n = 10)	1 (pork intestine)	10 <i>Y. enterocolitica</i> CFR 2302
Raw milk (n = 10)	Nil	Nil
Vegetable salad (n = 10)	Nil	Nil

Fig. 1 PCR amplicons with *ail* and *yst* (a), *yts1* (b), *rovA* (c) and *myfF* (d) primers in isolates of *Y. enterocolitica* CFR 2301 (lane 1) and *Y. enterocolitica* CFR 2302 (lane 2), Lane M 100 bp marker



these isolates revealed almost a similar antibiogram pattern (Table 3), except for differences in relation to ceftazidime, cephotaxime, nitrofurantoin, carbenicillin and streptomycin. These isolates were negative for the analyzed phenotypic virulence characteristics. However, in PCR, *Y. enterocolitica* CFR 2301 and 2302 exhibited positive amplification with the virulence linked primers of *ail* and *yst* (including multiplex), *yts1*, *ypl*, *rovA*, and *myfF* (Figs. 1, 2). The usually considered non-pathogenic isolates of *Y. intermedia* CFR 2303, 2304 and 2305 showed positive PCR amplification with only the primers of *ypl*.

Relatedness of Native Isolates of *Yersinia* spp.

The resultant partial nucleotide sequences of respective PCR amplicons were 119 bases for *rovA* and 296 bases for *ypl* in *Y. enterocolitica* and 296 bases for *ypl* in

Y. intermedia. The phylogram generated from partial nucleotide sequences of *rovA* of *Y. enterocolitica* CFR 2301 showed almost 98% sequence homology with the gene of putative inner membrane protein in *Y. enterocolitica* subsp. *enterocolitica* 8081 and *rovA* in another strain of *Y. enterocolitica* (Table 4). The same native isolate revealed a low sequence homology of 71% with the gene represented as protein of unknown function DUF 1656 in *Serratia proteamaculans* 568 and 100% homology with *Homo sapiens* chromosome 3 clone RP11-92124 with no details of the gene, but for only the clone (Fig. 3a). In a similar manner, the phylogram based on partial nucleotide sequences of *ypl* revealed a homology of 95% with strains of *Y. enterocolitica* and 79% with seven cultures of *Y. pestis* (Fig. 3b), wherein this homology was for the gene of phospholipase A (Table 5). In the case of *Y. intermedia* CFR 2303, the phylogram generated from the partial

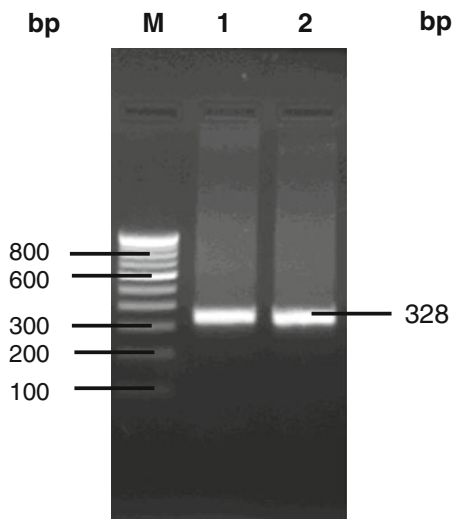


Fig. 2 PCR amplicons with *ypl* primers in isolates of *Y. enterocolitica* CFR 2301 (lane 1) and *Y. intermedia* CFR 2303 (lane 2), Lane M 100 bp marker

nucleotide sequences of *ypl* showed a homology of 82% with two cultures of *Y. enterocolitica*, which were present in the earlier generated phylogenetic tree for *rovA* specific primers. A homology of 77% each was observed with three cultures of *Y. pseudotuberculosis* and six cultures of *Y. pestis*. Besides, there was a homology of 70% with *Serratia* spp. and 80% with *Pasteurella multocida* (phylogram not shown).

Discussion

In the background of heat sensitive nature of *Y. enterocolitica*, the isolation of this species from a heat processed

wheat-based and vegetable stuffed (vegetable cutlet) product in our study is of interest. Considering the protocol involved for isolation of *Y. enterocolitica* from foods and related samples, their low recovery is usually attributed to presence of low viable populations of this organism in a given environment and also a poor competitor amongst co-existing microflora. The pattern of foods consumed and prevailing environmental parameters in most of the temperate countries have revealed higher incidences of *Y. enterocolitica* in clinical and food samples. Most of the studies with foods have focused on meat-based food products and the incidence pattern has been highly variable [19]. On the other hand, in the prevailing tropical climatic conditions of India, a lower percent incidence has been recorded in food samples evaluated a different time periods [4, 7, 20]. As an exception, the study with raw milk samples revealed an incidence of 55% with almost all the isolates obtained being identified as *Y. enterocolitica* [6].

It has been identified, that in the United States, most of the foodborne outbreaks caused due to *Y. enterocolitica* has been attributed to biotype 1B, which were generally referred to as ‘American strains’. However, in recent years, biotype 1B isolates have been reported from other countries of Europe (Germany), Asia, Africa, Australasia and Middle East [21, 22]. In the Indian scenario, isolates of *Y. enterocolitica* obtained from clinical samples and food products including meat-based products have been those of non-pathogenic biotype 1A [3–5, 23]. As *Y. enterocolitica* is known to be of an infective type foodborne pathogen, it becomes significant to evaluate the antibiogram pattern for its usefulness in public health and/or as markers in genetic related research investigations. The antibiogram pattern of the two isolates of *Y. enterocolitica* CFR 2301 and 2302 showed an almost similar pattern with those reported in

Table 4 Sequence homology of *Y. enterocolitica* CFR 2301 for *rovA* with closely related strains of *Y. enterocolitica* appearing in the phylogram

<i>Y. enterocolitica</i> subsp. <i>enterocolitica</i> 8081/Putative inner membrane protein		
	8	65
2301	ATTCGCGCATATGATGGATCAGTAGCCATAAACTAAACCTAGCATAACCGCCTTAAA	
8081	ATTCCGCAGCATATGATGGATCAGTAGCCATAACACCAAACCTAGCATAACCGCCTTAAA	
	66	118
2301	AATTGGCGGGAAATAGATAGAGGCACCTAAAACCAAGTCTGACAGGGGTGCAT	
8081	AATTGGCGGGAAATAGATAGAGGCACCTAAAACCAAGTCTGACAGGGGTGCAT	
<i>Y. enterocolitica</i> /Transcriptional regulator <i>rovA</i>		
	8	65
2301	ATTCGCGCATATGATGGATCAGTAGCCATAAACTAAACCTAGCATAACCGCCTTAAA	
YE	ATTCCGCAGCATATGATGGATCAGTAGCCATAACACCAAACCTAGCATAACCGCCTTAAA	
	66	118
2301	AATTGGCGGGAAATAGATAGAGGCACCTAAAACCAAGTCTGACAGGGGTGCAT	
YE	AATTGGCGGGAAATAGATAGAGGCACCTAAAACCAAGTCTGACAGGGGTGCAT	

2301—*Y. enterocolitica* CFR 2301; 8081—*Y. enterocolitica* subsp. *enterocolitica* 8081; YE—*Y. enterocolitica*

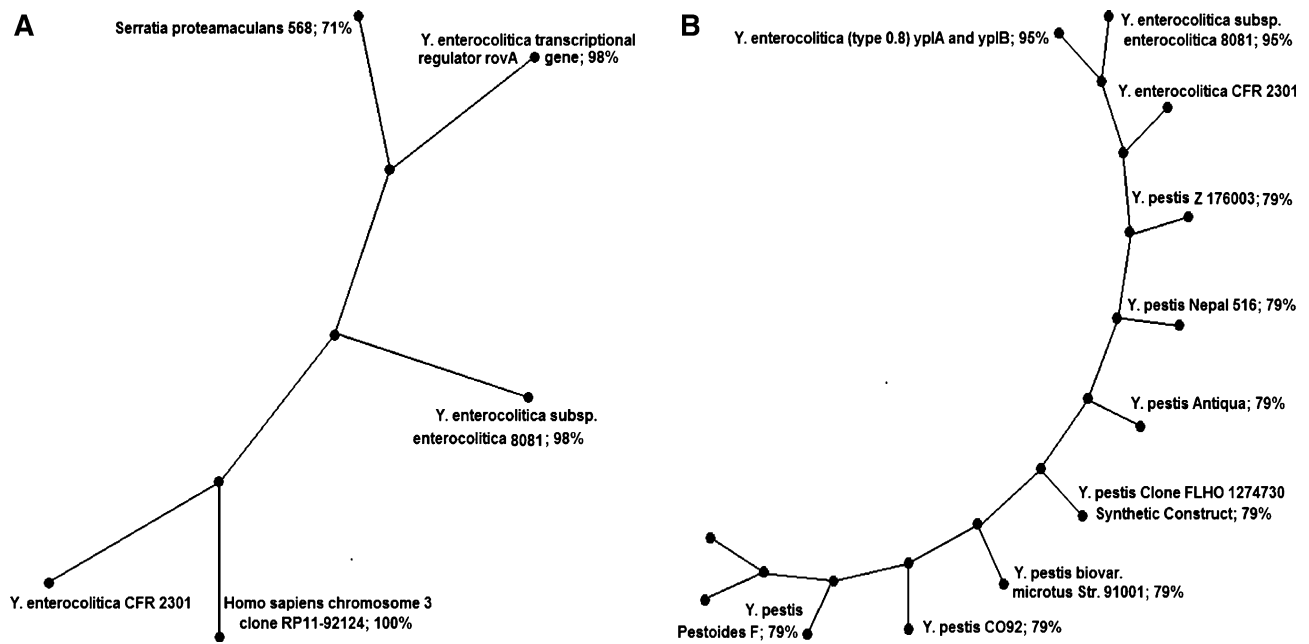


Fig. 3 Phylogram of *Y. enterocolitica* CFR 2301 based on sequence analysis of PCR amplicons with *rovA* (a) and *ypl* (b) specific primers

Table 5 Sequence homology of *Y. enterocolitica* CFR 2301 for *ypl* with closely related strains of *Y. enterocolitica* and *Y. pestis* appearing in the phylogram

<i>Y. enterocolitica</i> subsp. <i>enterocolitica</i> 8081/Phospholipase A		
	8	67
2301	TTACGCTCCTGCTGCGAGAAGCATCGGCGGATTTACACGGTTGGGTGATGCCGCGCTTGC	
8081	TTACGCTCCTGCTGCGAGAAGCATCGGCGGATTTACACGGTTGGGTGATGCCGCGCTTGC	
	68	127
2301	TTTCGGCGGGGATAGATCCGGCGAGCCTATCTGATACAGCTTCAGGGTTTCAGGCTGGGA	
8081	TTTCGGCGGGGATAGATCCGGCGAGCCTATCTGATACAGCTTCAGGGTTTCAGGCTGGGA	
	128	187
2301	TTTACAGTGATAATCAACAGTATGTCTCTCTTTCGCGGGTACCAATGATATTCANGATT	
8081	TTTACAGTGATAATCAACAGTATGTCTCTCTTTCGCGGGTACCAATGATATTCAGGATT	
	188	247
2301	GGTTAAGTAATATCCGGCAAGCAACANGTTATGAGGATGTTCAATANAATCAGGNAGTNG	
8081	GGTTAAGTAATATCCGGCAAGCAACAGGTTATGAGGATGTTCAATATAATCAGGCTGTTG	
	248	288
2301	CNCTGGGGAAAACCNCTAAAATGGCNTTGGTGATGCACTG	
8081	CGCTGGGGAAAACCGCTAAAATGGCATTGGTGATGCACTG	
<i>Y. pestis</i> KIM/Phospholipase A		
	97	155
2301	TCTGATACAGCTTCAGGGTTTCAGGCTGGGATTTACAGTGATAATCAACAGTATGTCTT	
Z 176003	TCTGATAGC-GCTTCAGGCTTTCTCGCGGGGATTTACAGTGATAATCAACAGTATGTCTT	
	156	215
2301	CTCTTTCGCGGGTACCAATGATATTCANGATTGGTTAAGTAATATCCGGCAAGCAACANG	
Z 176003	ATCTTTTGCAGGCACTAATGATCGGCACGATTGGTTGAGTAATATCCGACAGGCGGTGGG	
	216	275

Table 5 continued

2301	TTATGAGGATGTTCAATANAATCAGGNAGTNGCNCTGGGGAAAACCNCTAAAATGGCNTT	
Z 176003	CTATGAGGATGTGCAATACAATGAAGCGGTGGCTCTGGGAAAAACAGCAAAAATGGCTTT	
	276	288
2301	TGGTGATGCACTG	
Z 176003	TGGTGATGCGCTG	

2301—*Y. enterocolitica* CFR 2301; 8081—*Y. enterocolitica* subsp. *enterocolitica* 8081; Z 176003, *Y. pestis* Z 176003

few of the earlier investigations, except for the sensitivity to carbenicillin [24]. Both the isolates were sensitive to ofloxacin, while it was shown to be resistant in the case of isolates obtained from clinical samples [2].

The native isolates of *Y. enterocolitica* did exhibit the prevalence of *yst* and *ail* genes, which are unique to pathogenic isolates of this species. The native isolates obtained in our study showed the presence of the *ystI* gene, which is invariably present only in highly pathogenic group of *Y. enterocolitica* [25]. Besides, both the native isolates of *Y. enterocolitica* were also positive for two other important virulence factors such as *rovA* and *myfF* (Fig. 1), which are known to regulate a number of genes essential for pathogenesis.

The occurrence of *Y. intermedia* in this study is of quite interest, as not much has been reported about isolation of this species in Indian scenario [3]. The absence of classical virulence markers like *yst* and *ail* in *Y. intermedia* isolates may give an indication that they are non-pathogenic. In the present study, *Y. intermedia* isolates were found to give amplification product for phospholipase gene (*ypl*), which codes for phospholipase A and known to be a virulent factor [26]. It was of interest to observe that the phylogram generated for *Y. intermedia* CFR 2303 based on partial nucleotide sequence of *ypl* had good homology with cultures of *Y. enterocolitica*, *Y. pestis* and *Y. pseudotuberculosis*, an indication of potential pathogenicity. Additional investigations may help to understand homology among enzyme and target gene as well as the role of this factor in possible pathogenicity among cultures of *Y. intermedia*.

It could be inferred from the generated phylogram that the prevalence of a predominant virulence factor such as *rovA* may not be commonly present among all the cultures of *Y. enterocolitica*. This may be due to few of the pathogenic traits being present in the isolates, as could be seen in the phylogenetic tree generated for pathogenic native isolate CFR 2301 and *Y. intermedia* CFR 2303 based on a less pathogenic determinant namely phospholipase A (*ypl*).

The present study established the prevalence of isolates of *Y. enterocolitica* in food samples, which belonged to pathogenic biotype 1B and harbored certain potent virulent traits. These isolates being obtained from heat processed product do indicate the questionable hygiene and sanitation practices in food chain operation. At the same time,

excessive use of cold chain needs to be re-looked in view of the psychotropic character of *Y. enterocolitica*. This study also revealed the prevalence of isolates of *Y. intermedia*, a finding that needs more focus and attention from public health point of view.

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