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Mechanisms of scavenging superoxide, hydroxyl, nitrogen dioxide and methoxy radicals by allicin: catalytic role of superoxide dismutase in scavenging superoxide radical

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Abstract. The occurrence of free radicals such as superoxide radical anion (O_2^{--}) , hydroxyl radical (OH), methoxy radical (OCH_3^{--}) and nitrogen dioxide radical (NO_2^{--}) inside living cells can be very hazardous as these radicals can modify structures and functions of different biomolecules. Both exogenous antioxidants taken as components of diet and endogenous enzyme antioxidants can scavenge O_2^{--} separately. Mechanisms of scavenging O_2^{--} by combinations of exogenous and endogenous enzyme antioxidants are not understood properly. In order to understand mechanisms of scavenging O_2^{--} , OH, OCH₃, and NO₂ by allicin, and possible roles of superoxide dismutase (SOD) in scavenging O_2^{--} , density functional theory was employed. Marcus theory was also employed to study scavenging of OH, OCH₃ and NO₂ by electron transfer. In order to find the most probable mechanisms of scavenging these radicals, different types of reactions such as one and two hydrogen atom transfer (HAT), single electron transfer (SET) and sequential proton loss electron transfer (SPLET) processes were investigated. It is found that allicin can scavenge O_2^{--} via double hydrogen atom transfer catalyzed by Fe-SOD efficiently. Further, allicin can scavenge OH by SET, and OCH₃ and NO₂ by SPLET mechanisms most efficiently. Our results are in qualitative agreement with the available experimental data wherever these are available.

Keywords. Allicin; antioxidant; superoxide dismutase; radical scavenger; DFT study.

1. Introduction

During the normal cellular metabolism, the leakage and transfer of electrons to molecular oxygen gave rise to the formation of potentially damaging reactive superoxide radical anion (O_2^{--}) .^{1–3} Other reactive species such as hydroxyl radical (OH⁻), methoxy radical (OCH₃⁻), nitrogen dioxide radical (NO₂⁻), hydroperoxyl radical (OOH⁻) and carbonate radical anion (CO₃⁻⁻) *etc.*, can also be formed in cells following different mechanisms.^{4–8} These reactive species interfere with the normal functioning of the living cells^{9–13} and ultimately induce different pathological conditions.^{14–16} Thus, protection of biological systems from damages caused by these free radicals is vital for the longevity of the cells. Fortunately, living systems are equipped with certain antioxidants that protect cells by converting the free radicals into unreactive forms. The intake of exogenous antioxidants as food supplements can also protect cells from free radical injuries by scavenging the free radicals. For example, recently curcumin,¹⁷ ellagic acid,¹⁸ 6-gingerol,¹⁹ *etc.*, have been shown to scavenge hydroxyl radicals (OH⁻) efficiently by converting these to water (H₂O). Similarly, sulphoraphane²⁰ and ascorbic acid²¹ have been found to scavenge O₂⁻⁻ by converting it to hydrogen peroxide (H₂O₂).

Recently, allicin, an extract of garlic, has been shown to possess antioxidant properties.²² The antibacterial, antifungal and antiparasitic activities of garlic are also believed to be related to allicin. It should be mentioned

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that allicin is formed from alliin by alliinase enzyme^{23,24} when garlic is crushed and it is also mainly responsible for its aroma.^{25,26} Allicin permeates easily through the lipid membranes and readily interacts with thiol containing proteins.²⁷ Okada and co-workers²⁸ have recently evaluated the cumene and methyl linoleate derived peroxyl radical (OOH⁻) scavenging activity of allicin by using the HPLC technique in chlorobenzene. The rate constants involved in these reactions were found to be $2.6 \times 10^3 M^{-1} s^{-1}$ and $1.6 \times 10^5 M^{-1} s^{-1}$, respectively. Lynett et al.,²⁹ have also observed allicin to scavenge OOH via the radical trapping mechanism. However, the OH⁻ radical scavenging activity of allicin is somewhat controversial. For example, Rabinkov and co-workers,³⁰ by using ESR technique, have observed a pronounced OH⁻ radical scavenging activity of allicin, whereas the study carried out by Chung³¹ does not support it. Hence, it is necessary to examine OH radical scavenging ability of allicin to resolve the controversy. It is also desirable to find if allicin can also scavenge other reactive free radicals such as O_2^{-} , OCH_3^{-} and NO_2^{\prime} .

It should be mentioned that the different superoxide dismutases (SODs) present in living systems can neutralize O_2^{-} by converting it to molecular oxygen (Eq. 1) or to the comparatively less reactive molecule H_2O_2 (Eq. 2).^{32,33} Thus, in the presence of SOD, O_2^{-} is the precursor of formation of H_2O_2 . These reactions mainly involve the metal centres (Ni, Mn, Fe, Cu or Zn) present at the active sites of the SODs.

$$O_2^{-} + Fe^{3+} \longrightarrow O_2 + Fe^{2+}$$
(1)

$$O_2^{-} + 2H^+ + e^- \longrightarrow H_2O_2 \tag{2}$$

Recently, using density functional theory (DFT), it has been shown that Fe-SOD catalyses scavenging of O_2^{-} by sulforaphane²⁰ and ascorbic acid²¹ following a single step two hydrogen atom transfer (HAT) mechanism. It is highly desirable to study if Fe-SOD can catalyze scavenging of O_2^{-} by other natural antioxidants like allicin also since such studies would show if the catalytic mechanism involved in these reactions is general. Owing to the above-mentioned facts, DFT studies have been carried out here to understand O_2^{-} , OH, OCH₃ and NO₂ scavenging activities of allicin in the absence and presence of Fe-SOD. In order to identify the most feasible pathways of these reactions, three different mechanisms, *i.e.*, hydrogen atom transfer (HAT), single electron transfer (SET), and sequential proton loss electron transfer (SPLET) processes have been investigated.

2. Computational methodology

The geometry of allicin was optimized using the M06-2X DFT functional 34,35 along with the 6-311+G(d) basis set in the gas phase. This is one of the best functionals to study molecular structures, properties and reactions.^{34,35} The reactions of allicin with OH⁻, OCH₃⁻, NO₂⁻, and O₂⁻⁻ were studied by optimizing structures of the different reactants separately, transition states (TSs) and product complexes (PCs) at the same level of theory in the gas phase. When geometry optimization was performed placing O_2^{-} near the various pairs of carbon sites of allicin in order to obtain different reactant complexes (RCs), the positions of O2^{.-} got changed significantly making identification of RCs as involving the specific pairs of carbon sites impossible. Due to this reason, barrier energies were calculated with respect to the separate reactants. In order to study the reactions of $O_2^{\cdot-}$ with allicin in the presence of Fe-SOD, the model of Fe-SOD discussed earlier was employed.^{20,21} In this model of Fe-SOD, three histidine rings bonded with a Fe^{3+} cation located at the centre is considered.^{20,21} The structure of this model of Fe-SOD was also optimized at the above-mentioned level of theory in the gas phase.²⁰ A water molecule and a molecule of aspartic acid should also be considered as bound to the Fe cation according to the observed structure of Fe-SOD, but these were not included in the model for the sake of computational convenience hoping that the model would still reveal the important features of catalysis by the enzyme. To account for the solvent effect of the aqueous medium, single-point energy polarizable continuum model (PCM) calculations were performed employing its integral equation formalism.^{36,37} In order to find charge distributions on various atoms of the reactants, TSs and PCs, natural bond orbital (NBO) analysis was performed.

The genuineness of all the optimized total energy minima in the gas phase was ensured by examining vibrational frequencies all of which were found to be real for the reactants and PCs. For each TSs, one vibrational frequency was found to be imaginary. As geometry optimization was not performed in an aqueous medium, zero-point energy and thermal energy corrections obtained in the gas phase were considered to be valid for the single point energies obtained in aqueous medium also. Rate constants involved in all radical scavenging reactions were calculated using Gibb's reaction barrier energies (Eq. 3) employing the thermal reaction rate constant equation (Eq. 4)³⁸ including tunnelling correction.

$$\Delta G^{b} = G_{TS} - G_{React} \tag{3}$$

$$k = \Gamma(T)(k_B T/h) \exp(-\Delta G^b/RT)$$
(4)

Here, ΔG^b , G_{TS} and G_{React} are Gibbs barrier energy of the reaction under consideration, Gibbs free energy of the transition state and the sum of Gibbs free energies of the reactants, respectively. $\Gamma(T)$ is the quantum mechanical tunnelling factor which was obtained considering an unsymmetric parabolic potential barrier using the method of Skodje and Truhlar.³⁹ This method to calculate tunnelling correction has been shown to provide accuracy that is comparable to that obtained by the



Figure 1. Optimized geometry of allicin, adopted atomic numbering scheme and some selected bond lengths (Å) and dihedral angles (Deg.).

WKB method. ³⁹ Here, k_B is the Boltzmann constant, T is the absolute temperature (298.15 K), h is the Planck's constant and R is the gas constant. All the calculations were performed using the Windows version of the Gaussian09 suit of programs (G09W, Rev. B). ⁴⁰ Optimized structures of the molecules and complexes were visualized using the Windows version of the GaussView (ver. 5.0) program. ⁴¹

3. Results and Discussion

Atomic numbering scheme in allicin, its optimized geometry in the gas phase at the M06-2X/6-311+G(d) level of density functional theory and values of some selected geometrical parameters are given in Figure 1. As can be seen from this Figure 1, allicin has a thiosulphinate (R-S(O)-S-R, R=CH₂CHCH₂) functional group and two non-planar CH₂CHCH₂ groups are attached to each sulphur atom.

3.1 Double hydrogen atom transfer to O_2^{-} in the absence of Fe-SOD

It is clear that transfer of an electron from O_2^{--} to some other chemical species and transfer of one and two hydrogen atoms to it would convert it to the OOH group and H₂O₂. These mechanisms have recently been found to be operational when the exogenous antioxidants sulforaphane and ascorbic acid interact with O_2^{--} .^{20,21} In order to examine if these mechanisms are also operational when allicin interacts with O_2^{--} , hydrogen atom transfer from neighboring carbon sites of allicin was considered. Double hydrogen atom transfer leading to the formation of H_2O_2 was found to take place only from the neighboring carbon sites. The neighboring sites of allicin from where pairs of hydrogen atoms were considered to be abstracted by superoxide radical anion are (C1,C2), (C2,C3), (C6,C7) and (C7,C8) (Figure 1). The double hydrogen abstraction process from the neighboring carbon sites occurs automatically and we do not have to make any extra provision for it, obviously as it keeps atomic valencies satisfied. Double hydrogen atom transfer from allicin in the absence of Fe-SOD can be expressed as shown in Equation 5:

$$A-H_{n} + O_{2}^{--} \xrightarrow{\Delta G_{b}} A-H_{n} - O_{2}^{--} \xrightarrow{\Delta G_{r}} A - H_{n-2} + H_{2}O_{2}$$
(5)

where, the transition states, reactants and product complexes are located in the middle, left and right sides of the equation, respectively. A-H_n and A-H_{n-2} represent normal allicin and allicin minus two hydrogen atoms which have been transferred to O_2^{--} , respectively, and H₂O₂ is formed as a component of the product complexed with A-H_{n-2}. The (-2) negative charge on O_2^{--} would be distributed to the different atoms in the product complex. Optimized geometries of the transition state and product complexes along with some bond lengths (Å) and imaginary frequencies (cm⁻¹) involved in the reactions are shown in Figure 2. The Gibbs barrier energy and released energy involved in double hydrogen atom transfer from each pair of sites in both the gas phase and aqueous medium are presented in Table 1.



Figure 2. Optimized geometries of transition states (a–d) and corresponding product complexes (e–h) involved in single step double hydrogen atom transfer from the different pairs of neighboring sites of allicin to superoxide radical anion in the absence of Fe-SOD in gas phase.

Table 1. Barrier and released energies in terms of Gibbs (ΔG kcal/mol), enthalpy (ΔH kcal/mol) and entropy (ΔS kcal/mol-K) at 298.15K involved in double hydrogen atom transfer from different pairs of sites of allicin to O_2^{--} in absence of Fe-SOD obtained at the M06-2X/6-311+G(d) level of density functional theory in gas phase and aqueous media.

Reaction sites	Barrier energy ^a			Released energy ^a			
	ΔG^b	ΔH^b	ΔS^{b}	ΔG^{r}	ΔH^r	ΔS^{r}	
(C1,C2) (C2,C3) (C6,C7) (C7,C8)	31.70 (54.34) 9.84 (40.58) -8.77 (20.56) 35.34 (58.86)	23.33 (46.00) -0.60 (30.17) -15.36 (14.02) 25.27 (48.84)	$\begin{array}{c} -0.03 \ (-0.03) \\ -0.03 \ (-0.03) \\ -0.02 \ (-0.02) \\ -0.03 \ (-0.03) \end{array}$	$\begin{array}{r} -42.94 \ (-38.65) \\ -25.47 \ (-27.62) \\ -15.95 \ (-16.01) \\ -2.33 \ (-0.76) \end{array}$	-42.20 (-37.91) -22.87 (-25.01) -15.14 (-15.20) -1.51 (1.57)	0.00 (0.00) 0.01 (0.01) 0.00 (0.00) 0.00 (0.00)	

^aResults obtained in aqueous media are given in parentheses.

In the absence of Fe-SOD, barrier energies involved in double hydrogen atom transfer from the (C1,C2), (C2,C3), (C6,C7) and (C7,C8) sites of allicin are 31.70, 9.84, -8.77 and 35.34 kcal/mol in gas phase, while in aqueous medium the corresponding barrier energies are 54.34, 40.58, 20.56 and 58.86 kcal/mol. These results reveal that in the gas phase, the double hydrogen abstraction barrier energies are much smaller than those in an aqueous medium, and barrier energies are enhanced by more than 20 kcal/mol in going from gas phase to aqueous medium each. Further, among the four pairs of sites, the barrier energy is least for the (C6,C7) pair of sites that are located in the neighborhood of the -S-S- group. In a previous study, the C6 site is reported to be the most reactive for the antioxidant action of allicin and thus the present calculated results in this context are supported by the previous ones.²⁸ Enhancement of barrier energy in going from the gas phase to the aqueous medium may be caused by the polarisation of the latter medium owing to the excess negative charge of superoxide radical anion due to which this species would be locally trapped and its reactivity reduced. Since for the three pairs of sites (C1,C2), (C2,C3) and (C6,C7), released energies (Table 1) are larger than the corresponding barrier energies in the gas phase, the corresponding reactions are exothermic. However, in going from the gas phase to the aqueous medium, released energies (Table 1) become less than the barrier energies, showing that the reactions have become endothermic. The reaction at the fourth pair of sites (C7,C8) is endothermic in both gas phase and an aqueous medium (Table 1).

The barrier and released energies involved in double hydrogen abstraction from pairs of sites of allicin by superoxide radical anion in the absence of Fe-SOD were computed in terms of enthalpy (kcal/mol) and entropy (kcal/mol-K) changes as given in Table 1. The contributions of entropy to the barrier and released energies are found to be negative, positive and significant at 298.15 K respectively. There is no significant difference between the gas phase and the aqueous phase values. Thus, entropy enhances the barrier heights for all pairs of sites in the absence of Fe-SOD; which means that entropy opposes the spontaneity of reactions to take place.

The results discussed above show that in the absence of Fe-SOD, scavenging of superoxide radical anion from biological media would not be likely to take place efficiently in both the gas phase and aqueous medium. We note that the results in aqueous medium would be much more relevant to the biological systems than those in the gas phase. Therefore, allicin would not serve as a good superoxide radical anion scavenger in the absence of an appropriate catalyst.

3.2 Double hydrogen atom transfer in presence of *Fe-SOD*

As mentioned in the previous section, the inability of allicin to scavenge O_2^{--} in the absence of Fe-SOD appears to arise due to the trapping of O_2^{--} in the aqueous medium that would be caused owing to the extra negative charge on it. When Fe-SOD is present, the positive charge on Fe⁺³ can neutralize the negative charge of O_2^{--} , thereby minimizing the trapping effect on its reactivity. The general scheme for double hydrogen atom transfer in presence of Fe-SOD will be similar to that presented in section 3.1 except that Fe-SOD will be present as a catalyst in this case (Equation 6).

$$\begin{array}{l} \text{A-H}_{n} + \text{O}_{2}^{--} \xrightarrow{\Delta \text{G}^{b}} \text{A-H}_{n} - \text{O}_{2}^{--} \\ \xrightarrow{\Delta \text{G}^{r}} \\ \xrightarrow{\text{Fe-SOD}} \text{A} - \text{H}_{n-2} + \text{H}_{2}\text{O}_{2} \end{array} \tag{6}$$

Here, the transition state, reactants and products are located in the middle, left and right sides of the scheme and the different symbols have similar meanings as those discussed in the context of Equation 5. Consequent to the above reaction, Fe^{+3} is transformed to Fe^{+2} . It is known that Fe⁺² can be transformed back to Fe⁺³ following the well-known Fenton reaction mechanism⁴² that utilize the excess energy released (Table 2) due to the involvement of Fe-SOD as well as H₂O₂ producing OH⁻ and OH⁻. However, we have not investigated this aspect here. The optimized structures of transition states involved in double hydrogen atom transfer from the (C1,C2), (C2,C3), (C6,C7) and (C7,C8) pair of sites of allicin along with some important bond lengths (Å) and imaginary frequencies are given in Figures 3 and 4, and the corresponding optimized structures of product complexes (PC) are presented in Figures S1 and S2 (in Supplementary Information). The Gibbs barrier and released energies involved in double hydrogen atom transfer from the (C1,C2), (C2,C3), (C6,C7) and (C7,C8) pairs of sites of allicin in both the gas phase and aqueous medium in presence of Fe-SOD are presented in Table 2.

The barrier and released energies involved in double hydrogen abstraction from pairs of sites of allicin by superoxide radical anion in the presence of Fe-SOD were also computed in terms of enthalpy (kcal/mol) and entropy (kcal/mol-K) changes and are given in Table 2. The contributions of entropy to the barrier and released energies are found to be positive and significant at 298.15 K, respectively. There is no significant difference between gas phase and aqueous phase values. Thus, the contributions of entropy to barrier energies are opposite while to the released energies, these are similar as discussed with regard to the results presented in Table 1.

Table 2. Barrier and released energies in terms of Gibbs (ΔG kcal/mol), enthalpy (ΔH kcal/mol) and entropy (ΔS kcal/mol-K) at 298.15K involved in double hydrogen atom transfer from different pairs of sites of allicin by O₂⁻⁻ in presence of Fe-SOD obtained at the M06-2X/6-311+G(d) level of density functional theory in gas phase and aqueous media.

Reaction sites	Barrier energy ^a			Released energy ^a		
	ΔG^b	ΔH^b	ΔS^{b}	ΔG^{r}	ΔH^r	ΔS^{r}
(C1,C2)	-31.06 (4.17)	-5.79 (29.50)	0.09 (0.09)	-14.75 (-26.27)	-14.03 (-25.54)	0.00 (0.00)
(C2,C3)	-24.84(13.52)	-0.07(38.29)	0.08 (0.08)	-17.27 (-38.37)	-11.61 (-32.71)	0.01 (0.01)
(C6,C7)	-37.66 (1.26)	-14.14(24.78)	0.08 (0.08)	-11.79(-27.07)	-8.65(-23.93)	0.00 (0.00)
(C7,C8)	-25.41 (9.55)	2.21 (37.16)	0.09 (0.09)	-56.87 (-56.39)	-56.93 (-56.49)	0.00 (0.00)

^aResults obtained in aqueous media are given in parentheses.

In the presence of Fe-SOD, in gas phase, the barrier energies involved in double hydrogen atom transfer to superoxide radical anion from the (C1,C2), (C2,C3), (C6,C7) and (C7,C8) pairs of sites of allicin are large negative *i.e.*, -31.06, -24.84, -37.66 and -25.41 kcal/mol (Table 2). Therefore, in the gas phase, the reactions at all the above pairs of sites of allicin would be barrier-less. A barrier energy is negative when its energy is less than the sum of energies of the reactants. In such a case, barrier and TS would not be observed, and only the product complex (PC) would be formed spontaneously when the reactants are brought together. In the aqueous medium, which is more relevant to the biological medium, the corresponding barrier energies are 4.17, 13.52, 1.26 and 9.55 kcal/mol, respectively (Table 2). Although in the aqueous medium, the barrier energies are much higher than those obtained in the gas phase, these are not too large to be overcome in the reactions under consideration. The reaction at the (C6,C7)pair of sites involves the lowest barrier energy in the aqueous medium, i.e., 1.26 kcal/mol, and so, it would be the fastest. The reaction at the (C1,C2) pair of sites would also be quite fast since the corresponding barrier energy is moderate *i.e.*, 4.17 kcal/mol. In addition to this, it is also found that the inclusion of Fe-SOD in the above reaction makes the PC more stable than that found without Fe-SOD. This is because in the PC, one of the histidine molecules makes a strong hydrogen bond with the S=O group of allicin and the Fe cation is involved in a strong electrostatic interaction with H₂O₂. As a result, all the reactions would be appreciably exothermic. Thus, Fe-SOD would serve as a good catalyst in scavenging of O₂⁻⁻ by allicin. As Fe-SOD was also found to catalyze scavenging of O_2^{-} by other antioxidants,^{20,21} this phenomenon appears to be quite general. However, experimental evidence would be required to establish it.

Fe-SOD is a homodimer and the binding site of the superoxide radical anion on it is located near the dimer interface.⁴³ The enzyme has two regions

that may control transit of substrate and product, one near the Fe cation and the other near the dimer interface.⁴³ Different classes of molecules have been found to act as inhibitors of different metal-SODs, *e.g.*, nitroprusside, ⁴⁴ diethyldithiocarbamate^{45,46} and benzo[g]phthalazine derivatives.^{47,48} Many of these molecules are appreciably larger in size than allicin each and structures and sizes of the different classes of inhibitor molecules are also very different. Therefore, the modes of action of the different inhibitors are likely to be quite different which may also involve structural flexibility of the SOD near the active site as a common feature. Instead of binding with the active site metal, the different SOD inhibitors may act by other mechanisms, e.g., hydrogen bonding with the protein.⁴⁸ The scavenging mechanism for O_2^{-} proposed here does not require allicin to directly interact with the metal cation of Fe-SOD. Instead, allicin has only to remain in interaction with O_2 that is bound to the Fe cation. In this situation, the distances between the Fe cation and different sites of allicin can be appreciable.

The directly calculated distances between the Fe cation and the sites from where hydrogen atoms are abstracted in the product complexes shown in Figures S1 and S2 (Supplementary Information) lie in the range 4.63–5.91 Å while those at the transition states shown in Figures 3 and 4 lie in the range 3.92–5.37 Å. In the previous work on Mn-SOD,⁴⁹ there was water molecule also placed between the Mn cation and O_2^{-} , in accordance with the experimental observation.⁵⁰ In that case, the directly calculated distances between the Mn cation and the sites of dihydrolipoic acid from where hydrogen atoms were abstracted in the product complexes (transition states could not be located in that work⁵⁰) were much larger, lying in the range 6.2–8.4 Å.⁴⁹ These distances show that for the catalytic action of Fe-SOD in double hydrogen abstraction by O_2^{-} from allicin to take place, close interaction between the Fe cation and allicin is not necessary.



Figure 3. Optimized geometries of transition states ((a) TS1, (b) TS2)) involved in single step double hydrogen atom transfer from the (C1,C2) and (C2,C3) pairs of sites of allicin to superoxide radical anion in presence of Fe-SOD. Some important bond length (Å) and total net charges at the different rings (R1–R3), allicin (-2H), Fe cation and H₂O₂ are given.

3.3 Optimized geometries and charge distributions

Structures of the transition state and product complexes along with some important bond lengths (Å) as well net NBO charges at some selected atomic sites are presented in Figures 3 and 4, and in Figures S1 and S2 (Supplementary Information), respectively. Optimized values of the sets of dihedral angles Fe11N12C16H16 (ring 1), Fe11N17C21H21 (ring 2) and Fe11N22C26H26 (ring 3) in PC1, PC2, PC3 and PC4 are (7.49, 11.27, 9.98), (-2.09, 0.67, 6.42), (4.11, 1.84, -0.52) and (0.78, 7.93, 4.02) deg. while the corresponding dihedral angles in the absence of allicin (*i.e.*, in the complex of Fe-SOD with O_2^{--}) are (6.03, 1.47, 6.56), respectively. These values of dihedral angles show that only small reorientations of the histidine rings take place consequent to the reactions at the different pairs of sites of allicin. In other words, the orientations of the histidine rings are flexible only to small extents. It is noted that in the first three transition states (TS1, TS2 and TS3 in Figures 3(a), (b), 4(a)), out of the two hydrogen atoms to be abstracted by superoxide radical anion in presence of Fe-SOD, one hydrogen



Figure 4. Optimized geometries of transition states ((a) TS3, (b) TS4)) involved in single step double hydrogen atom transfer from the (C6,C7) and (C7,C8) pairs of sites of allicin to superoxide radical anion in presence of Fe-SOD. Some important bond length (Å) and total net charges at the different rings (R1–R3), allicin (-2H), Fe cation and H₂O₂ are given.

atom (H1, H2 and H6) is abstracted first from allicin which gets attached to the O9 site of superoxide radical anion while the other hydrogen atoms (H2, H3 and H7) are still on the way between the O10 atom of superoxide radical anion and the carbon atom of allicin, *i.e.* C2, C3 and C7, respectively. Thus, although the two hydrogen

atoms in these three transition states are not transferred simultaneously, transfer of both these is completed in a single reaction step in each case, and the transition state under consideration would correspond to transfer of the second hydrogen atom. At the transition state corresponding to double hydrogen atom transfer from the (C7,C8) pair of sites of allicin, the two hydrogen atoms, on the basis of their locations, seem to be transferred only with a small delay (Figure 4(b)).

The NBO charges at the different atoms of allicin, all transition state complexes and the corresponding product complexes are presented in Tables S3-S11 (Supplementary Information). The total net NBO charges in the product complexes PC1, PC2 and PC3 (Tables S5, S7 and S9, in Supplementary Information) and those on the Fe site are found to lie between 1.116 and 1.238. In PC4 (Table S11, Supplementary Information), the Fe site carries a net NBO charge of 0.941. The different modified forms of allicin after double hydrogen atom transfer from its various pairs of sites carry net NBO charges lying between 0.053 and 0.238. The overall net NBO charges on the three histidine rings of Fe-SOD (Tables S4–S11, Supplementary Information) lie between 0.168 and 0.252. The NBO charges at the transition states presented in Tables S4, S6, S8 and S10 (Supplementary Information) are somewhat different from those in the corresponding product complexes. Thus, none of the components of product complexes, i.e., modified allicin, H_2O_2 or Fe-SOD, carries a net negative charge. In other words, the extra negative charge of superoxide radical anion, consequent to product formation, is transferred only to the metal cation and no other component is involved in the reaction.

3.4 Scavenging of OH^{\dagger} , NO_{2}^{\dagger} and OCH_{3}^{\dagger} by allicin

We have investigated scavenging of OH, NO₂ and OCH₃ by allicin considering the following two mechanisms: (i) Hydrogen atom transfer (HAT) and (ii) Single electron transfer (SET).

3.4a Hydrogen atom transfer (HAT) mechanism: Single hydrogen atom transfer to each of the OH', NO_2 ' and OCH₃' free radicals can in principle take place from each of the six different sites C1, C2, C3, C6, C7 and C8 of allicin. The general scheme of single hydrogen atom transfer from any of these sites of allicin with n hydrogen atoms to OH', NO_2 ' or OCH₃' can be given by Equation 7:

$$A-H_{n} + R^{\cdot} \xrightarrow{\Delta G^{b}} A-H_{n} - R^{\cdot}$$
$$\xrightarrow{\Delta G^{r}} A-H_{n-1}^{\cdot} + RH$$
(7)

where, A-H_n and A-H_{n-1} represent allicin and its radical form having n and n-1 hydrogen atoms, respectively, and R⁻ is a free radical (OH⁻, NO₂⁻ or OCH₃⁻). The left, middle and right sides of the above reaction scheme show free reactants, transition state complex and product complex, respectively. The transition states, corresponding imaginary frequencies and product complexes including some important bond lengths involved in hydrogen atom transfer from the C1, C2, C3, C6, C7 and C8 sites of allicin to OH, NO₂⁻ and OCH₃⁻ are presented in Figures 5–7, respectively, while the corresponding barrier and released energies in both gas phase and aqueous medium are presented in Table 3.

In the scavenging of OH⁻ in the aqueous medium, the C6 site of allicin involves least barrier energy (10.36 kcal/mol) and also, in this case, the product complex formed is most stable since the released energy is highest (38.41 kcal/mol) (Table 3). These results indicate that the C6 site is most favourable for HAT. The second least barrier energy involving the C7 site is 10.81 kcal/mol but in this case, the released energy is much smaller (14.71 kcal/mol) (Table 3). Therefore, hydrogen atom transfer from the C7 site would be much less favorable than from the C6 site. The C3 site involves a barrier energy of 11.46 kcal/mol for hydrogen atom transfer while the corresponding released energy is 32.65 kcal/mol. Therefore, the C3 site would also be less favored than the C6 site for the reaction. The barrier and released energies for hydrogen atom transfer from the C2 site are comparable and the same is true for the C8 site. Therefore, the product complexes involving hydrogen atom transfer from the C2 and C8 would not be quite stable. The C1 site involves a barrier energy of about 15.29 kcal/mol while the released energy is 13.33 kcal/mol (Table 3). Therefore, the reaction at this site would be endothermic and hence the product would not be stable. Thus, hydrogen atom transfer from the C6 site of allicin to OH would be the most likely process to take place.

In the scavenging of NO_2 by allicin, reactions by the HAT mechanism at all the sites are associated with larger barrier energies (Table 3) than the corresponding released energies. Thus all these reactions are endothermic, and hence scavenging of NO₂⁺ by allicin through HAT from the different sites would not be favourable. In the case of scavenging of OCH_3^{-1} by allicin by HAT, the lowest barrier energy in the aqueous medium is found for the C6 site but its value (16.54 kcal/mol) (Table 3) is quite large. The released energy, in this case, is 28.15 kcal/mol. Though the reaction at this site would be exothermic, the yield of the product complex would be low due to the large barrier energy. The reaction at the C3 site of allicin involves larger barrier and released energies (21.47 and 29.69 kcal/mol, respectively) than those at the C6 site. Therefore, the yield of the product complex for the C3 site would be smaller than even that at the C6 site. For the rest of the sites of allicin, *i.e.*, C1, C2, C7 and C8, the barrier energies are larger than the



Figure 5. Optimized geometries of transition states (a–f, left side) and the corresponding product complexes (g–l, right side) involved in a hydrogen atom transfer from the different sites of allicin to a hydroxyl radical in the absence of Fe-SOD.

released energies. These results show that scavenging of $NO_2^{-}OCH_3^{-}$ would also not take place efficiently by the HAT mechanism. Thus, the barrier and released energies presented in Table 3 reveal that out of the three radicals considered here, it is only OH⁻ that would be scavenged by allicin, and that too only with a low efficiency. The present results seem to resolve the controversy regarding the scavenging efficiency of allicin for hydroxyl radicals broadly supporting the results of Chung³¹ in the sense that this molecule would not scavenge hydroxyl radicals efficiently.

The barrier and released energies involved in single hydrogen abstraction from the different sites of allicin by hydroxyl, nitrogen dioxide and methoxy radicals were also computed in terms of enthalpy (kcal/mol) and entropy (kcal/mol-K) changes and are given in Tables S1 and S2 (Supplementary Information). The contributions of entropy to the barrier and released energies are similar as discussed with regard to the results presented in Table 1 and, so, would have similar implications.

3.4b Single electron transfer and sequential proton loss electron transfer: Electron transfer is also an important mechanism to scavenge free radicals by reducing and modifying them to non-reactive forms. In order to examine if allicin can scavenge different free radicals by the single electron transfer (SET) and



Figure 6. Optimized geometries of transition states (a–f, left side) and the corresponding product complexes (g–l, right side) involved in a hydrogen atom transfer from the different sites of allicin to a nitrogen dioxide radical in the absence of Fe-SOD.

sequential proton loss electron transfer (SPLET) mechanisms, the Marcus theory was applied in an aqueous medium.^{51,52} According to this theory, the electron transfer barrier energy (ΔG_{ET}^{b}) (Eq. 8) is obtained as follows.

$$\Delta G_{\rm ET}^{\rm b} = \frac{\lambda}{4} \left(1 + \frac{\Delta G_{\rm ET}^0}{\lambda} \right)^2 \tag{8}$$

 $\Delta G_{ET}^0 = G1 - G2$, where G1 = Sum of Gibbs energies of products (*e.g.*, A^{+,+}+OH⁻); G2 = Sum of Gibbs energies of the reactants (*e.g.*, A + OH⁻). ΔG_{ET}^0 and λ are Gibbs energy of the reaction and reorganization energy respectively. λ can be obtained using the approach (Eq. 9) adopted by Nelsen and co-workers as follows:^{53,54}

$$\lambda = \Delta E_{\rm ET}^0 - \Delta G_{\rm ET}^0 \tag{9}$$

where, ΔE_{ET}^0 is the vertical Gibbs energy difference between the reactants and products. This barrier energy can be used to obtain the electron transfer rate constant employing the transition state theory. The calculated barrier energies involved in single electron transfer from neutral allicin and allicin anion obtained by electron attachment to OH⁺, NO₂⁺ and OCH₃⁺ are presented in Table 4.

The results presented in this table reveal that electron transfer from neutral allicin to OH^{+} , NO_{2}^{-} and OCH_{3}^{-} would practically not occur due to large barrier energies. In other words, neutral allicin cannot scavenge OH^{+} , NO_{2}^{-} and OCH_{3}^{-} by the electron transfer mechanism. However, electron transfer from anionic allicin obtained by electron attachment to the radicals involve very small



Figure 7. Optimized geometries of transition states (a–f, left side) and the corresponding product complexes (g–l, right side) involved in a hydrogen atom transfer from the different sites of allicin to a methoxy radical in the absence of Fe-SOD.

barrier energies, *i.e.*, 0.24, 2.61 and 3.11 kcal/mol for OH, NO_2 and OCH_3 , respectively (Table 4). Therefore, allicin anion obtained by electron attachment would scavenge OH, NO_2 and OCH_3 very efficiently by the electron transfer mechanism.

Another possible mechanism of electron transfer is that of sequential proton loss electron transfer (SPLET).^{55–57} In order to study electron transfer by the SPLET mechanism, a proton is considered to be removed from each of the different carbon centres (C1 to C3 and C6 to C8) of allicin producing six deprotonated species (A(-H⁺)⁻). Subsequently, an electron is considered to be transferred from each of the $A(-H^+)^-$ species to the different free radicals. Barrier energies involved in SPLET for the different sites of allicin to OH', NO₂ and OCH₃ thus obtained are presented in Table 5. These results reveal that the SPLET mechanism for OH involves the lowest barrier energy (1.23 kcal/mol) for the C3 site while the highest SPLET barrier energy (19.94 kcal/mol) corresponds to the C6 site. However, for NO₂ and OCH₃, the SPLET barrier energies are negligible (not exceeding 0.2 kcal/mol) for all the sites of allicin, except for the C3 site for which also the barrier energies are quite low but significant (not

Table 3. Gibbs barrier (ΔG^b) and released (ΔG^r) energies (kcal/mol) at 298.15 K involved in hydrogen atom transfer from different sites of allicin to OH⁻, NO₂⁻ and OCH₃⁻ obtained at the M06-2X/6-311+G(d) level of density functional theory in gas phase and aqueous media.^a

Sl. No.	Reaction site	(OH.	N	1O ₂ .	00	CH3.
		ΔG^b	ΔG^{r}	ΔG^b	ΔG^{r}	ΔG^b	ΔG^{r}
1	C1	15.11	-13.16 (-13.33)	44.76	-5.17 (-5.06)	26.03	-8.60
2	C2	(13.02) (14.69)	-16.46 (-16.15)	39.30 (39.26)	(-4.46) (-4.15)	23.80 (26.44)	(-12.73) (-12.42)
3	C3	9.55	-33.46 (-32.65)	(33.56 (33.39)	(-20.11) (-19.98)	(20.01) (21.47)	(-29.11) (-50.69)
4	C6	9.01	(-32.03) -40.54 (-38.41)	(33.37) 29.75 (29.94)	(-18.57) (-18.60)	(14.78)	(-27.24)
5	C7	(10.30) 10.19 (10.81)	(-15.22)	40.59	(-7.46)	(10.54) 22.84 (23.42)	(-12.81)
6	C8	(10.81) 14.79 (15.59)	(-14.71) -13.91 (-17.74)	(41.40) 42.94 (42.66)	(-4.85) (-4.24)	(25.42) 24.66 (25.63)	(-12.08) -7.61 (-8.37)

^aResults obtained in aqueous media are given in parentheses.

Table 4. Gibbs barrier (ΔG_{ET}^b) energies (kcal/mol) at 298.15 K involved in direct electron transfer from allicin (AL) and allicin anion (AL⁻) to OH⁻, NO₂⁻ and OCH₃⁻ obtained at the M06-2X/6-311+G(d) level of density functional theory in aqueous media.

Sl. No.	Electron donor	Electron acceptor		
		OH.	NO ₂ ·	OCH ₃ .
1 2	AL AL ⁻	71.91 0.24	35.35 2.61	99.20 3.11

exceeding 4.06 kcal/mol). Thus, we find that the Gibbs barrier energies for electron transfer by the SET mechanism from anionic allicin or by the SPLET mechanism from allicin to any of the NO₂⁻ and OCH₃⁻ radicals are quite small while those obtained considering the SPLET mechanism to OH⁻ (except for the C3 site) are appreciably larger (Tables 4 and 5).

3.5 Rate constants

The calculated thermal rate constants k for double hydrogen atom transfer to superoxide radical anion (O_2^{--}) from the different pairs of sites of allicin in the absence and presence of Fe-SOD corresponding to barrier energies given in Tables 1 and 2 including tunneling corrections are presented in Table 6 while the values of the corresponding tunneling corrections $\Gamma(T)$ only are presented in Table S12 (Supplementary Information). Tunnelling correction is significant for the reaction at

Table 5. Gibbs barrier (ΔG_{ET}^b) energies (kcal/mol) at 298.15 K involved in sequential proton loss electron transfer (SPLET) involving different sites of allicin to OH⁻, NO₂⁻ and OCH₃⁻ obtained at the M06-2X/6-311+G(d) level of density functional theory in aqueous media.

Sl. No.	Deprotonation site	Electron acceptor			
		OH [.]	NO ₂ [·]	OCH3	
1	C1	6.11	0.04	0.00	
2	C2	4.97	0.10	0.03	
3	C3	1.23	1.77	4.06	
4	C6	19.94	0.11	0.04	
5	C7	7.05	0.00	0.09	
6	C8	9.88	0.00	0.18	

the (C2,C3) pair of sites in an aqueous medium in the absence of Fe-SOD. The results presented in Table 6 reveal that in the absence of Fe-SOD, the highest rate constants corresponds to the (C6,C7) pair of sites among all the four pairs of sites ((C1, C2), (C2, C3), (C6, C7) and (C7,C8)) of allicin in both the gas phase and aqueous medium. Except for the (C6,C7) pair of sites of allicin, in the absence of Fe-SOD in an aqueous medium, the different thermal rate constants are $\sim 10^{-13} \text{ M}^{-1} \text{ s}^{-1}$ or less while for the (C6,C7) pair of sites, the corresponding thermal rate constant is $\sim 10^{-3} \,\mathrm{M}^{-1} \,\mathrm{s}^{-1}$. It implies that in the absence of Fe-SOD, allicin would be a very poor scavenger of superoxide radical anion. However, when Fe-SOD is present, it catalyses reactions at all the four pairs of sites, the catalytic action for the (C6,C7) pair of sites being most prominent, and the thermal rate constant at this pair of sites in the aqueous medium is highly enhanced *i.e.* to 10^{12} M⁻¹ s⁻¹ (Table 6). Thermal rate

Table 6. Thermal rate constants (k) $(M^{-1} s^{-1})$ at 298.15 K for double hydrogen atom transfer to superoxide radical anion (O_2^{--}) from the different pairs of sites of allicin in absence and presence of Fe-SOD obtained at the M06-2X/6-311+G(d) level of density functional theory in gas phase and aqueous media.^a

Sl. No.	Reaction sites	Without Fe-SOD	With Fe-SOD
1	(C1,C2)	$8.94 \times 10^{-11} (2.22 \times 10^{-27})$	$6.21 \times 10^{12} (1.06 \times 10^{10})$
2	(C2,C3)	$1.87 \times 10^{6} (4.97 \times 10^{-17})$	$6.21 \times 10^{12} (8.43 \times 10^2)$
3	(C6,C7)	$6.21 \times 10^{12} (8.94 \times 10^{-3})$	$6.21 \times 10^{12} (1.65 \times 10^{12})$
4	(C7,C8)	$1.54 \times 10^{-13} \ (8.63 \times 10^{-31})$	$6.21 \times 10^{12} (1.70 \times 10^6)$

^aThermal rate constants (k) in aqueous media are given in parentheses.

Table 7. Thermal rate constants (k) $(M^{-1} s^{-1})$ at 298.15 K for hydrogen atom transfer from the different sites (C1, C2, C3, C6, C7 and C8) of allicin to OH', NO₂' and OCH₃' obtained at the M06-2X/6-311+G(d) level of theory in gas phase and aqueous media.

Sl. No.	Reaction site ^a	OH.	NO ₂ .	OCH ₃ .
1	C1	$1.79 \times 10^2 (1.31 \times 10^2)$	$3.15 \times 10^{-20} (1.06 \times 10^{-19})$	$1.82 \times 10^{-6} (2.24 \times 10^{-7})$
2	C2	$5.41 \times 10^3 (3.22 \times 10^2)$	$3.15 \times 10^{-16} (3.37 \times 10^{-16})$	$8.08 \times 10^{-5} (9.36 \times 10^{-7})$
3	C3	$1.80 \times 10^6 \ (7.15 \times 10^4)$	$6.63 \times 10^{-12} (8.84 \times 10^{-12})$	$5.47 \times 10^{-2} (3.40 \times 10^{-19})$
4	C6	$3.20 \times 10^6 (3.26 \times 10^5)$	$3.95 \times 10^{-9} (2.86 \times 10^{-9})$	$3.35 \times 10^2 (1.71 \times 10^1)$
5	C7	$7.42 \times 10^5 \ (2.60 \times 10^5)$	$3.74 \times 10^{-17} (9.53 \times 10^{-18})$	$3.97 \times 10^{-4} (1.49 \times 10^{-4})$
6	C8	$2.97 \times 10^2 (7.68 \times 10^1)$	$7.22 \times 10^{-19} (1.16 \times 10^{-18})$	$1.78 \times 10^{-5} (3.45 \times 10^{-6})$

^aThermal rate constants (k) in aqueous media are given in parentheses.

constants k ($M^{-1} s^{-1}$) including tunnelling corrections for hydrogen atom transfer to OH, NO₂ and OCH₃ from the six different sites (C1, C2, C3, C6, C7 and C8) of allicin are presented in Table 7 while the values of corresponding tunnelling corrections $\Gamma(T)$ only are presented in Table S13 (Supplementary information). Tunnelling corrections are appreciable for the reaction with NO₂ at the C3 site in both gas phase and an aqueous medium. These rate constants were calculated using the corresponding Gibbs barrier energies presented in Table 3. Both the thermal rate constants for scavenging OH by hydrogen atom transfer from the C6 and C7 sites of allicin in an aqueous medium are about $10^5 M^{-1} s^{-1}$ (Table 7).

For all the other four sites involved in hydrogen atom transfer to OH in an aqueous medium, the thermal rate constants lie in the range 10^1 to 10^4 M⁻¹ s⁻¹. For hydrogen atom transfer to NO₂ in aqueous medium from all the six sites (C1, C2, C3, C6, C7 and C8) of allicin, the thermal rate constants are found to be very small $(10^{-19}$ to 10^{-9} M⁻¹s⁻¹), and for hydrogen atom transfer to OCH₃ in aqueous medium also, except for the C6 site, the thermal rate constants lie in the range 10^{-19} to 10^{-6} M⁻¹s⁻¹. For hydrogen atom transfer to OCH₃ if rom the C6 site of allicin, the rate constant in the aqueous medium is 10^1 M⁻¹s⁻¹. The thermal rate constants in the gas phase are also qualitatively similar to those in an aqueous medium (Table 7). The experimental rate constant obtained by hydrogen abstraction by hydroperoxyl radicals was found to be of the order of $10^7 \text{ M}^{-1} \text{ s}^{-1}$ which is 10^2 times larger than that of hydroxyl radical obtained in the present study. These results show that in both gas phase and an aqueous medium, allicin would exhibit a poor efficiency to scavenge OH⁻ than that for OOH by the HAT mechanism while it would almost not scavenge NO₂⁻ and OCH₃⁻ by the same mechanism.

As the Gibbs barrier energies for SET from neutral allicin to the radicals are very high (Table 4), the corresponding thermal rate constants are very small $(\sim 10^{-13} \,\mathrm{M}^{-1} \,\mathrm{s}^{-1}$ or smaller). Therefore, electron transfer under consideration would practically not take place. However, as the barrier energies for SET from the anion of allicin are quite small, the corresponding rate constants are quite large ($\sim 10^{11}$ to $\sim 10^{12}$ M⁻¹ s⁻¹). Rabinkov et al.³⁰ have observed a rate constant of $\sim 10^9 M^{-1} s^{-1}$ for scavenging of OH radicals by allicin experimentally using the ESR technique. Our calculated rate constant ($\sim 10^{11} M^{-1} s^{-1}$) is in a qualitative agreement with that value.³⁰ The difference in the calculated and observed rate constants may be ascribed to the different reaction environments in which these studies were performed. These results show that allicin anion would serve as an efficient scavenger of OH', NO₂⁻ and OCH₃⁻ radicals by the SET mechanism. The Gibbs barrier energies involved in the SPLET mechanism between allicin anion and NO₂⁻ or OCH₃⁻ radical (Table 5) show that electron transfer by this mechanism would also occur very efficiently (rate constants ~10¹⁰ to 10¹² M⁻¹ s⁻¹) while for the OH radical the corresponding process would be comparatively much slower (rate constants ~10⁻² M⁻¹ s⁻¹ for the C6 site and ~10⁵ to 10¹¹ M⁻¹ s⁻¹ for the other sites).

4. Conclusions

The present study of scavenging of O_2^{-} , OH^{-} , NO_2^{-} and OCH₃⁻ in aqueous or biological media leads us to the following conclusions. In the absence of Fe-SOD, double hydrogen atom transfer from any of the four pairs of sites of allicin to O_2^{-} cannot occur efficiently due to large barrier energies in an aqueous medium (>20 kcal/mol). Therefore, allicin would not serve as an efficient O_2^{-1} scavenger without the involvement of a catalyst. In presence of Fe-SOD, in aqueous medium, double hydrogen atom transfer to O_2^{-} from each of the four pairs of sites of allicin would occur with smaller barrier energies lying in the range 1.26–13.5 kcal/mol, those corresponding to two pairs of sites being quite small (1.26 and 4.17 kcal/mol). Thus, Fe-SOD catalyses scavenging of O_2^{-} by allicin efficiently. The present study appears to resolve the controversy regarding the scavenging efficiency of allicin for OH, broadly supporting the results that allicin would not scavenge OH⁻ efficiently. Further, it is found that scavenging of NO₂⁺ and OCH₃⁺ radicals by allicin would practically be forbidden due to large barrier energies. Scavenging of OH, NO₂ and OCH₃ by single electron transfer (SET) from neutral allicin would also be almost forbidden. On the contrary, scavenging of NO_2^{-} and OCH_3^{-} would occur very efficiently by sequential proton loss electron transfer (SPLET). However, scavenging of OH[•] by SPLET would occur only with a moderate efficiency. Scavenging of all the three radicals would occur efficiently by SET from allicin anion.

Supplementary Information (SI)

Optimized geometries of the product complexes obtained by double hydrogen atom transfer from the (C1,C2), (C2,C3), (C6,C7) and (C7,C8) pairs of sites of allicin to superoxide radical anion in presence of Fe-SOD are presented as Supplementary Information in Figures S1 and S2, respectively. Barrier and released energies in terms of enthalpy and entropy corresponding to Table 3 are given in Tables S1 and S2, respectively. NBO charges at different atoms of allicin (Table S3), different transition states and product complexes involved in double hydrogen atom transfer are given in Tables S4–S11, respectively. Imaginary frequencies (cm^{-1}) and tunneling coefficients $\Gamma(T)$ for double hydrogen atom transfer to superoxide radical anion from the different pairs of sites ((C1,C2), (C2,C3), (C6,C7) and (C7,C8)) of allicin in gas phase obtained at the M06-2X/6-311+G(d) level of theory in the absence and presence of Fe-SOD are given in Tables S12 and S13, respectively. Supplementary Information is available at www.ias.ac.in/chemsci.

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