# Oxytosis/Ferroptosis in Neurodegeneration: the Underlying Role of Master Regulator Glutathione Peroxidase 4 (GPX4)

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#### Abstract

Oxytosis/ferroptosis is an iron-dependent oxidative form of cell death triggered by lethal accumulation of phospholipid hydroperoxides (PLOOHs) in membranes. Failure of the intricate PLOOH repair system is a principle cause of ferroptotic cell death. Glutathione peroxidase 4 (GPX4) is distinctly vital for converting PLOOHs in membranes to non-toxic alcohols. As such, GPX4 is known as the master regulator of oxytosis/ferroptosis. Ferroptosis has been implicated in a number of disorders such as neurodegenerative diseases (amyotrophic lateral sclerosis (ALS), Alzheimer's disease (AD), Parkinson's disease (PD), and Huntington's disease (HD), etc.), ischemia/reperfusion injury, and kidney degeneration. Reduced function of GPX4 is frequently observed in degenerative disorders. In this study, we examine how diminished GPX4 function may be a critical event in triggering oxytosis/ferroptosis to perpetuate or initiate the neurodegenerative diseases and assess the possible therapeutic importance of oxytosis/ferroptosis in neurodegenerative disorders. These discoveries are important for advancing our understanding of neurodegenerative diseases because oxytosis/ferroptosis may provide a new target to slow the course of the disease.

Keywords Oxytosis/ferroptosis  $\cdot$  Lipid peroxidation  $\cdot$  GPX4  $\cdot$  Neurodegeneration  $\cdot$  Oxidative stress  $\cdot$  AD  $\cdot$  PD  $\cdot$  ALS

# Introduction

Cell death is an essential process for mammalian growth, homeostasis, and mitigation of hyperproliferative disorders like cancer, and it is intricately linked to other biological processes [1, 2]. Over several decades numerous regulated or accidental cell death mechanisms have been discovered. Among these, apoptosis is regarded as the most regulated

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cell death pathway in different disease models, and it was assumed that mammalian cells mostly die via activation of caspase-dependent apoptosis [2, 3]. However, new discoveries of non-apoptotic forms of cell death including pyroptosis [4], necroptosis [5], and more recently oxytosis/ferroptosis [6] have perhaps challenged this notion. Oxytosis/ferroptosis is an iron-dependent oxidative cell death hallmarked by reduced cystine intake, glutathione deficiency, and fatal amounts of phospholipid hydroperoxides (PLOOHs) [1, 6]. Formation of PLOOH is a complex process that involves multiple factors and pathways. One of the main sources of PLOOHs is the action of lipoxygenases (LOXs), enzymes that catalyze the oxidation of polyunsaturated fatty acids (PUFA) [1, 6]. These enzymes play a crucial role in the production of PLOOHs and are tightly regulated to prevent excessive accumulation of these harmful molecules [1, 6]. Additionally, reactive oxygen species (ROS), such as hydroxyl radicals and singlet oxygen, can also contribute to the formation of PLOOHs [1, 6]. The presence of cellular iron ions further amplifies the production of PLOOHs, as these ions catalyze the generation of highly reactive oxygen species through the Fenton reaction [1, 6]. This reaction involves the conversion of



hydrogen peroxide into hydroxyl radicals, which are potent oxidizing agents and react with PUFA to form PLOOHs [1, 6]. PLOOHs directly react with PUFAs in cell membranes, leading to the production of lipid hydroperoxides [1, 6]. These lipid hydroperoxides can further propagate the oxidative damage and trigger a cascade of events that ultimately result in cell death through oxytosis/ferroptosis [1, 6]. Additionally, PLOOH can also inhibit the activity of key antioxidant enzymes such as glutathione peroxidase 4 (GPX4), further promoting lipid peroxidation and exacerbating ferroptotic cell death [1, 6].

Based on cell death patterning and biochemical hallmarks, this form of cell death is distinctive from apoptosis, necrosis, and autophagy [6]. There is no nuclear condensation; the nuclei of the cell remain intact [7], and no DNA fragmentation; the chromatin is not aggregated [8]. In comparison to physiological conditions, it is morphologically characterized by a reduction in mitochondrial cisternae, disruption of the outer mitochondrial membrane, condensed mitochondrial density, and overall reduced mitochondria size [8]. Similarly, the biochemical features differ in the hemochromatosis, aggregation of lipid peroxidation products, and fatal rise of ROS derived from sources such as iron overload, activation of oxygenases, and inhibition of GPX4 [1]. Oxytosis/ferroptosis has been implicated in many neurodegenerative diseases and neoplastic conditions like Alzheimer's disease (AD), Parkinson's disease (PD), amyotrophic lateral sclerosis (ALS), ischemic stroke/reperfusion injury, cardiovascular disorders, acute renal failure due to rhabdomyolysis, B cell lymphoma, and hepatic diseases have all been linked to oxytosis/ferroptosis [1, 9-12]. Oxytosis/ferroptosis could be induced in a number of different ways and in fact, it was discovered while screening novel chemical candidates for targeting oncogenic Rasexpressing human foreskin fibroblast cells [13]. These compounds include erastin and Ras-selective lethal small molecule 3 (RSL 3) [6, 13]. Iron chelators (e.g., deferoxamine mesylate) were shown to suppress this erastin-induced cell death mechanism, which was accompanied by an increase in lipid hydroperoxide concentration [14, 15]. The antioxidant defense enzyme, GPX4, is capable of reducing PLOOHs in membranes directly, and as such, GPX4 is now regarded as the master regulator of oxytosis/ferroptosis [16]. Indeed, the Nomenclature Committee on Cell Death (NCCD) in 2018 described oxytosis/ferroptosis as "a type of regulated cell death triggered by oxidative disturbances of the intracellular milieu that is regulated by GPX4" [16]. Knockout of GPX4 in mice has been documented to cause severe pathological conditions such as neurodegeneration, fetal death [17, 18], and acute renal failure [7]. Because of GPX4's vital role in oxytosis/ferroptosis, the findings suggest that oxytosis/ferroptosis is a driving force in pathogenesis of disorders such as neurodegenerative diseases.

Herein, we review the importance of oxytosis/ferroptosis and the underlying molecular pathways involved in oxytosis/ ferroptosis in neurodegenerative diseases, highlighting the significance of GPX4 as a key player. Of note, GPX4 acts by converting lipid peroxides into harmless lipid alcohols, effectively neutralizing their toxic effects [1, 6]. This pivotal role of GPX4 in maintaining cellular homeostasis and preventing neurodegeneration has sparked immense interest in exploring its therapeutic potential [1, 6]. Accordingly, enhancing the GPX4 activity or developing drugs that target its regulation, it may be possible to halt the progression of these devastating diseases. Importantly, recent research has linked GPX4 deficiency to increased sensitivity to oxidative stress, dysregulated cellular processes, and neurodegeneration [1, 6]. Therefore, investigating how GPX4 interacts with other cellular processes such as autophagy and apoptosis may provide new treatment options for these debilitating diseases. Thus, understanding the precise mechanisms by which GPX4 functions could lead to the development of novel therapeutic strategies for treating these devastating diseases.

# Oxytosis/Ferroptosis Regulatory Mechanisms

Oxytosis/ferroptosis is implicated in diseases, like cancer and neurodegeneration [1, 6]. Oxytosis/ferroptosis is primarily caused by iron-catalyzed lipid peroxidation, initiated by both non-enzyme (Fenton reaction) and enzymatic mechanisms [1, 6]. The buildup of lipid hydroperoxides, primarily phosphatidylethanolamine-OOH (PE-OOH), ultimately leads to ferroptosis, with iron acting as a catalyst or vital mediator of ferroptosis [1, 6]. PUFAs are the primary targets of membrane lipid breakdown during ferroptosis [1, 6]. ROS generation from different sources, particularly iron metabolism, the NADPH oxidase (NOX) isoforms, and mitochondrial electron transport chain, is thought to be the initial and critical signal of oxytosis/ferroptosis induction [1, 6]. The main pathways that regulate oxytosis/ferroptosis are briefly outlined below.

#### **Fenton Reaction**

The mechanism of the Fenton reaction involves the generation of highly reactive hydroxyl radicals ( $^{\circ}OH$ ) through the interaction between hydrogen peroxide ( $H_2O_2$ ) and ferrous ions (Fe<sup>2+</sup>) [19]. This reaction is highly dependent on the pH of the solution, with acidic conditions being more favorable for the production of hydroxyl radicals [19]. In the presence of Fe<sup>2+</sup>,  $H_2O_2$  is first oxidized to hydroperoxyl radicals ( $HO_2^{\bullet}$ ) through a homolytic cleavage of the O-O bond [19]. This reaction proceeds through a series of steps, starting with the formation of an iron-hydroperoxocomplex, followed by its decomposition to produce hydroxyl radicals [19]. These hydroxyl radicals are known for their strong oxidizing properties, resulting in the oxidation of lipid molecules and other cellular components [1, 6]. These lipid hydroperoxides can further propagate the oxidative damage and trigger a cascade of events that ultimately result in cell death through ferroptosis [1, 6]. Furthermore, this oxidative damage can also lead to cell membrane disruption, protein denaturation, DNA strand breaks, and cell death [1, 6]. Therefore, understanding the mechanisms of iron mediated hydroxyl radical production and its effects on cellular components is crucial in developing strategies to mitigate oxidative damage and protect cellular integrity in oxytosis/ ferroptosis.

#### Lipid Peroxidation and Enzymatic Mechanisms

Lipid peroxidation refers to the oxidative degradation of lipids, resulting in the formation of ROS and lipid peroxidation products (LPPs) [1]. This process plays a crucial role in various physiological and pathological conditions, including aging, inflammation, and neurodegeneration [1, 6]. The enzyme acyl-CoA synthetase long-chain family member 4 (ACSL4) is required for the incorporation of PUFA into phospholipids, an important event of ferroptosis [1, 6, 6]20]. ACSL4 has been identified as a significant predictor of ferroptosis sensitivity in a number of studies [1, 6, 20–23]. In order to promote the esterification of PUFA to phospholipids, ACSL4 catalyzes the addition of CoA to the longchain polyunsaturated bonds of arachidonic acid [1, 6, 20]. Following the activation of ACSL4, lysophosphatidylcholine acyltransferase 3 (LPCAT3) contributes to ferroptotic lipid signaling by adding acyl groups to lysophospholipids, particularly to the phospholipids phosphatidylcholine and phosphatidylethanolamine (PE) [1, 6, 20, 21]. Additionally, ferroptosis can occur independently of ACSL4 [1, 6, 20]. However, if other ACSL family members participate in ACSL4-independent ferroptosis, is still unexplored.

Furthermore, the enzyme lipoxygenase (LOX), which catalyzes the oxidation of PUFA, is implicated in lipid peroxidation and contributes to the generation of lethal lipid peroxidation products [1, 6]. LOXs are non-heme, ironcontaining dioxygenases that have six subtypes in humans [1, 6]. These subtypes include ALOX5 (arachidonate 5-lipoxygenase), ALOX12 (arachidonate 12-lipoxygenase, 12 K type), ALOX12B (arachidonate 12-lipoxygenase, 12 R type), ALOX15 (arachidonate 15-lipoxygenase), ALOX15B (arachidonate 15-lipoxygenase), ALOX15B (arachidonate 15-lipoxygenase 3) [24]. LOXs oxidizes arachidonic acid (AA) and adrenoyl-(AdA-)-phosphatidylethanolamines (PE) [25]. This process is further controlled by PEBP1/RKIP (phosphatidylethanolamine binding protein 1) as it interacts with ALOX15 and potentiates its catalytic efficacy for PUFA-PE, thereby promoting ferroptosis [26]. Furthermore, studies have also suggested the involvement of ALOX15 and ALOX5 in the regulation of the proinflammatory, antiinflammatory, and ferroptosis pathways [24, 27]. Moreover, ALOX12 inhibition prevented glutamate-induced cell death in the primary cortical neurons and hippocampal HT22 cells [28]. Thus, LOXs play a crucial role in the regulation of cellular redox balance, as they convert PUFA into reactive lipid species [1, 6]. This conversion process not only leads to the generation of lipid peroxides but also triggers a cascade of events that ultimately culminate in cell death through oxytosis/ferroptosis.

Another important enzyme system involved in lipid peroxidation is cytochrome P450 oxidoreductase (POR) [1, 6]. POR is an endoplasmic membrane bound enzyme that associates with two cofactors (flavin adenine dinucleotide (FAD) and flavin mononucleotide (FMN)) to directly deliver electrons to P450 enzymes from NADPH thereby facilitate the peroxidation of PUFA [29, 30]. Several studies have suggested that POR initiate lipid peroxidation by converting ferric iron ( $Fe^{3+}$ ) to ferrous iron ( $Fe^{2+}$ ), a step essential for the Fenton reaction in ferroptosis mediated cell death [25, 31, 32]. For instance, inhibition of POR activity by galangin and isosylbin mitigated microglia ferroptosis-mediated neurodegeneration in PD [33]. In addition to reducing PUFAinduced ferroptosis susceptibility, constitutive or inducible POR deletion reduced intrinsic ferroptosis sensitivity in ccRCC cells 786-O and 769-P [34]. In summary, the involvement of lipid peroxidation and its enzymatic regulation offers novel insights into the intricate biology of oxidative damage and ferroptotic cell death, opening the door for future developments in the prevention and treatment of diseases associated with oxytosis/ferroptosis.

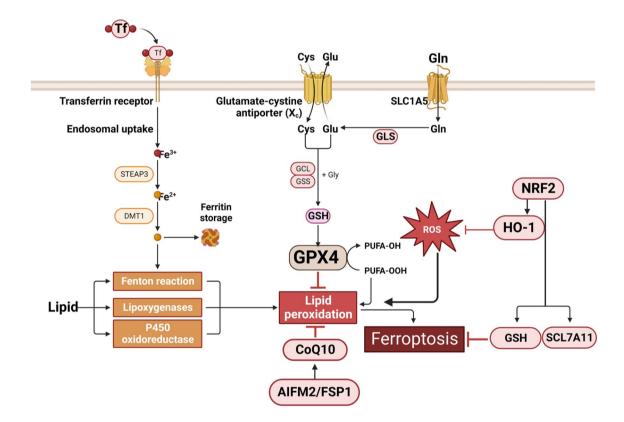
#### The System X<sub>c</sub><sup>-</sup>-GSH-GPX4 Axis

System X<sub>c</sub><sup>-</sup> is made up of a regulatory subunit (SLC3A2) and a catalytic component (SLC7A11) that facilitates the interchange of extracellular cystine and intracellular glutamate across the plasma membrane [1, 6, 30]. SLC7A11 is a key functional component that transports cystine into cells for GSH production to maintain the anti-oxidant pool of the cell [1, 6, 30]. Furthermore, the disruption of the cystine/glutamate transporter results in the depletion of GSH, rendering the GPX4 inactive, which leads to the build-up of lipid peroxide and ferroptosis [1, 6, 30]. Moreover, SLC7A11 deletion resulted in tumor-selective ferroptosis and prevented the pathogenesis of pancreatic ductal adenocarcinoma (PDAC) [35]. Of note, the fibroblasts isolated from SLC7A11 knockout animals undergo ferroptotic cell death, which could be reversed by the addition of anti-oxidants/ROS scavengers like N-acetylcysteine (NAC),  $\beta$ -mercaptoethanol ( $\beta$ -ME), or vitamin E [25, 30]. These observations corroborate the indispensable role of system Xc<sup>-</sup>-GSH-GPX4 axis in ferroptosis (Fig. 1). The detailed involvement of this pathway, with the emphasis on the GPX4 as a master regulator of oxytosis/ ferroptosis, will be discussed in the later sections.

#### **GPX4 Independent Pathways**

Apoptosis-inducing factor mitochondria-associated 2 (AIFM2, also known as ferroptosis suppressor protein 1 (FSP1))-mediated coenzyme Q10 (CoQ10) synthesis has recently been identified as an endogenous anti-oxidant mechanism, independent of GPX4 regulation,

to modulate oxytosis/ferroptosis [1, 6, 36, 37] (Fig. 1). CoQ10, also known as panquinone, is a naturally occurring endogenously produced isoprenoid benzoquinone molecule [1, 6, 36, 37]. CoQ10 is an essential component of the mitochondrial electron transport chain, which can prevent lipid peroxidation by trapping free radical intermediates [36, 37]. By using genetic screening assays, it was determined that independent of GPX4 or GSH, AIFM2 by replenishing reduced CoQ10 levels, prevented ferroptosis [36, 37]. Similarly, independent of GPX4 or GSH regulation, tetrahydrobiopterin/dihydrobiopterin (BH4/BH2), a biochemical byproduct of enzyme GTP hydrolase 1, by regulating CoQ10 synthesis inhibits ferroptosis [25, 30].



**Fig. 1** Schematic illustration of the oxytosis/ferroptosis regulatory mechanisms. Oxytosis/ferroptosis starts with the binding of Fe<sup>3+</sup>-loaded transferrin with transferrin receptor leading to endosomal uptake and release of Fe<sup>3+</sup> from Tf–TfR1 complex into the cytosol. Endosomal metalloprotease, STEAP3 reduces Fe<sup>3+</sup> to Fe<sup>2+</sup> which can be transported and stored in ferritin by DMT1 or remain in the cytoplasm as a labile iron (Fe<sup>2+</sup>) pool. Increased Fe<sup>2+</sup> induces the production of ROS using both enzymatic (lipoxygenase and P450 oxidoreductase) and non-enzymatic (fenton reaction) pathways, ultimately leading to ferroptosis through ROS-mediated lipid peroxidation of membranal PUFAs. Ferroptosis is alleviated by antioxidant systems such as glutathione peroxidase 4 (GPX4), CoQ10, and NRF2 signaling. Cystine is required for the synthesis of GSH, which is transported into the cell by  $X_c^-$  system for an exchange of gluta-

imports glutamine, a precursor of various amino acids. GSH activates GPX4, and activated GPX4 prevents lipid peroxidation and reduces PUFA-OOH to PUFA-OH. AIFM2/FSP1-mediated CoQ10 synthesis prevents ferroptosis by inhibiting lipid peroxidation. NRF2 signaling is involved in the synthesis of GSH, SCL7A11 directly inhibits ferroptosis, and HO-1 inhibits ferroptosis by limiting ROS production. Tf, transferrin; STEAP3, six-transmembrane epithelial antigen of the prostate 3; DMT1, divalent metal transporter 1; GSH, glutathione; GLS, glutaminases; GPX4, glutathione peroxidase 4; CoQ10, ubiquinone; AIFM2/FSP1, apoptosis-inducing factor mitochondria-associated 2/*Ferroptosis* suppressor protein 1; HO-1, heme oxygenase-1; NRF2, nuclear factor erythroid 2–related factor 2. Figure created with Biorender

mate. Levels of glutamate in cell are maintained by SLC1A5 which

#### The NRF2-HO-1 Signaling Pathway

Nuclear factor erythroid 2-related factor 2 (NRF2) is a transcription factor that, when phosphorylated, enters the nucleus and transactivates both NRF2 and its target gene, such as heme oxygenase-1 (HO-1) [30, 38]. HO-1 has both stress-reducing and anti-inflammatory properties [30, 38, 39]. The potent ROS scavenger biliverdin and its reduced counterpart bilirubin are produced as a result of heme breakdown by HO-1, which also inhibits ferroptosis and reduces the production of peroxides, peroxynitrites, hydroxyl radicals, and superoxide radicals [30, 38, 39]. Furthermore, NRF2 also regulates iron homeostasis by modulating ferroportin (an iron transporter), and the light and heavy chains of ferritin (crucial for iron accumulation) [30, 40]. In addition to iron homeostasis, NRF2 also modulates the GSH antioxidant system by regulating the production of GSH synthesisrelated enzymes such as glutathione synthase (GSS), glutamate cysteine ligase (GCLC/GCLM), and SLC7A11 [30, 41]. Thus, NRF2/HO-1 axis is the primary signal mechanism controlling oxytosis/ferroptosis, through the regulation of iron metabolism, GSH synthesis, and mitigation of oxidative stress [30, 38-40] (Fig. 1).

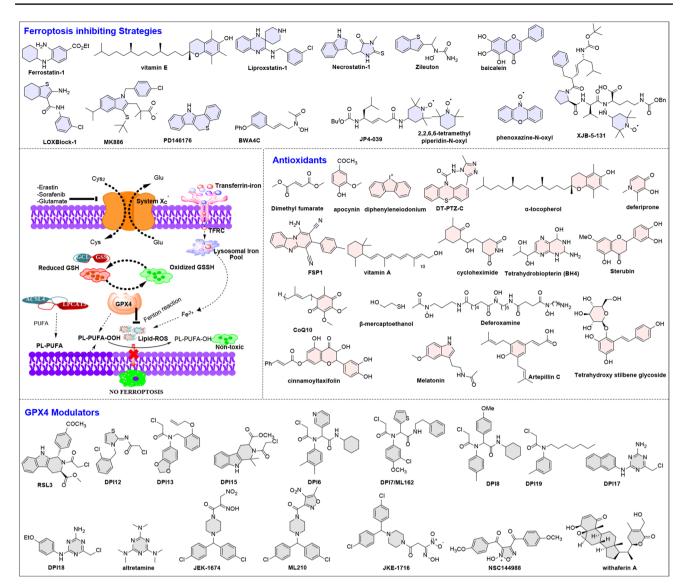
#### **Glutathione Peroxidase 4 (GPX4)**

Glutathione peroxidases (GPXs) are evolutionarily conserved enzymes that convert peroxides (e.g., R-OOH) to their respective alcohols using glutathione (GSH) as reducing agent, thereby preventing the generation of harmful radicals (e.g., R–O•) [42]. GPX4 is a selenocysteine (Sec)containing glutathione peroxidase that works as a phospholipid hydroperoxidase to reduce lipid peroxides to lipid alcohols [43]. In humans, GPX4 is a single-copy gene on chromosome 19 [44] that is transcriptionally controlled by stimulating proteins 1 and 3 (SP1/3) and nuclear factor Y (NF-Y) [45]. Mitochondrial (mGPX4), Cytosolic (cGPX4), and sperm nuclear GPX4 are its three distinct isoforms (snGPX4). Among these, cGPX4 is ubiquitous in cells, and snGPX4 and mGPX4 are primarily expressed in the testis [46–48]. The reduction of complex organic hydroperoxides is catalyzed by GPX4 by oxidizing the active site selenol (Se-H) to selenenic acid (Se-OH), which is subsequently reduced back to the active selenol utilizing GSH [49].

GPX4 has high affinity for ROOH substrates and takes either simple ROOHs like  $H_2O_2$  or even more complicated ones like phosphatidylcholine hydroperoxide (PCOOH) or cholesterol and cholesterol ester hydroperoxides [50]. Furthermore, when GSH levels are low, GPX4 has been shown to accept structurally unrelated low-molecular-weight thiols and specific protein thiols [51]. GPX4-mediated protein thiol oxidation has been identified as a crucial redox event in sperm maturation [51], and it could also be linked to other redox events in which ROOH flux surpasses the reducing capability capped by GSH concentration [52]. The appearance of a seleninic acid (Se-OO-) in the active site of enzyme was demonstrated by crystal lattice of seleno-GPX4 [8] and depending on the degree of oxidative stress experienced by the cell, this may induce GPX4 to undergo mild oxidation cycles of selenol to selenenic acid and strong oxidation cycles of selenenic acid to seleninic acid [53]. GPX4 plays necessary functions during embryonic development, inflammatory processes, male fertility, and cell survival [54, 55]. In fact, mice lacking GPX4 died shortly after gastrulation (E7.5) [56, 57]. Interestingly, mice lacking the enzyme's catalytic component phenotypically resembled GPX4 knockout animals [58], indicative of the central role of enzyme activity for its overall physiological function. We have found that adult mice with conditional GPX4 deletion exclusively in forebrain neurons displayed significantly impaired spatial learning and memory functioning when compared to age matched control mice [18]. Furthermore, these mice revealed hippocampal neurodegeneration and ferroptosis associated signs like increased lipid peroxidation levels, ERK activation, and enhanced neuroinflammation [18]. More recently, we found that overexpression of GPX4 in ALS model (SOD1<sup>G93A</sup>) of neurodegeneration was able to ameliorate spinal motor neuron degeneration and reduce lipid peroxidation levels [12]. Moreover, in another study, we found that GPX4 overexpression in 5xFAD mice was able to attenuate ferroptosis markers like increased lipid peroxidation, elevated lyso-phospholipids, and ameliorate cognitive impairment and neurodegeneration of 5xFAD mice [59]. GPX4 plays an indispensable role in maintaining lipid homeostasis within the cell by attenuating the toxic lipid ROS accumulation which eventually prevents the onset of ferroptosis [6] (Figs. 1 and 2).

## **Oxytosis/Ferroptosis and GPX4**

Oxytosis/ferroptosis is an iron-dependent oxidative form of cell death characterized by impaired cystine uptake, GSH depletion, iron overload, and accumulation of PLOOH to lethal levels [6]. Although ferroptosis was coined in (2012) by Stockwell's group [6], but its basis was well-known long before when Murphy's group reported that glutamate is able to induce neuronal cell death by inhibiting system xc –/GSH/GPX4 [60], which was later named "oxytosis" by Maher's group in 2001 [61]. Recently, it has been found that oxytosis and ferroptosis had similar pathological hallmarks like ROS production and activation of LOXs [62]. The accumulation of particular PLOOH, increased ferrous ion (Fe<sup>2+</sup>) concentration, and excessive lipid ROS are the most remarkable features of ferroptosis [7, 63]. This cascade is endogenously neutralized by the system Xc–/GSH/



**Fig. 2** The oxytosis/ferroptosis pathway and the arsenal of therapeutic candidates targeting proteins/signaling molecules to mitigate ferroptotic cell death. Of these proteins/signaling molecules, GPX4, lipid peroxidation, and system xc are the most important therapeutic

targets in the context of drug discovery research for treating oxytosis/ ferroptosis (see "Oxytosis/Ferroptosis Inhibiting Strategies" section for additional details)

GPX4 axis [7, 63]. The most upstream component of this axis is system Xc<sup>-</sup> [64], where an extremely precise uptake mechanism for cystine and cystathionine takes place with exchange of glutamate at 1:1 M ratio [65, 66]. As cysteine is the rate-limiting substrate in GSH biosynthesis and GSH itself being predominantly an antioxidant in mammalian cells, conditions that hamper on intracellular cysteine and subsequently GSH levels have shown to impact directly GPX4 activity and thus influence ferroptotic cascade [67] (Fig. 1). Pharmacological inhibition of system xc- with erastin or GCL inhibitor butylthioninesulfoximine have reported depleted GSH levels which in-turn triggers inactivation of GPX4 and increase in lipid ROS [63]. GPX4 has

an active site consisting of selenocysteine, which forms a catalytic quadruplex with tryptophan, glutamine, and asparagine [49]. Even though this quadruplex is conserved across GPXs family, GPX4 is the only member to act as a gatekeeper of ferroptosis [49]. The major structural difference is that GPX4 is a 20–22 kDa monomer protein, whereas the other GPXs are tetramers, and having a flexible site allowing it to use PLOOH as substrates [49]. GPX4 catalyzes the reduction of lipid hydroperoxides involving a ping-pong mechanism, in which selenocysteine shuttles between reduced selenol (SeH) and oxidized selenic acid (SeOH) states [49]. Genetic mutation of selenocysteine in the active site of GPX4 to serine (U46S) or alanine (U46A) has revealed embryonic lethality, implying the importance of its catalytic activity for normal embryonic development [43, 68, 69]. The application of oxidizing substrates demonstrates GPX4's versatility in relation to a variety of reducing substrates. GPX4 may easily utilize additional low molecular thiols and even protein thiols in complement to its major cofactor GSH [70]. In comparison to the glutathione peroxidase family enzymes, GPX3, GPX7, and Peroxiredoxin 6 have shown to reduce esterified lipid hydroperoxide in vitro but none of them could signify the antioxidant potential of GPX4 in reducing PLOOH in membranes and inhibition of microsomal lipid peroxidation [70]. The inhibition or genetic deletion of GPX4 has indicated that GPX4 requires particular oxidation of PE comprising PUFAs like arachidonic and adrenic acid to prevent cell death and the inhibition of GPX4 during the ferroptotic cascade is triggered by the particular oxidation of arachidonoyl-PE, a mechanism which has been provisionally linked to non-heme iron containing LOXs that insert stereo-specific molecular oxygen in free or esterified PUFAs [21, 22] (Figs. 1 and 2). PE oxidation has been specifically associated with mitochondrial damage during GPX4 inactivation or related ferroptotic signaling [71] and the role of LOX in the ferroptosis process is still inadequate and has been recently questioned. We have recently found that 5×FAD neural stem cells (NSCs) had reduced level of GPX4, and this reduction appeared to be caused by enhanced autophagy-lysosomal degradation of GPX4 protein [72]. Reduced GPX4 levels led to functional deficits like decreased neuronal differentiation in these NSC's, whereas increased GPX4 levels were able restore differentiation potential and increase the number of neuronal populations upon differentiation [72].

#### **Oxytosis/Ferroptosis Modulators**

With the discovery and recognition of ferroptosis as a vital process in the pathogenesis of neurodegenerative diseases, therapeutic targeting of this pathway presented an opportunity and an alternative way to cure these incurable diseases. From the point of drug discovery and involvement of oxytosis/ferroptosis in several other diseases, ferroptosis is being modulated in two ways: use of ferroptosis inhibitors to prevent neurodegeneration and tissue atrophy in degenerative diseases, or ferroptosis inducers to kill cancerous cells [3, 5]. The comprehensive overview of these ferroptosis modulators has been extensively described previously [1, 9, 15, 62, 73, 74]. Since the central theme of this article is degenerative diseases which are associated with ferroptotic cell death, therefore, we

will focus on oxytosis/ferroptosis inhibiting strategies as a therapeutic avenue for treating these debilitating diseases.

## **Oxytosis/Ferroptosis Inhibiting Strategies**

Oxytosis/ferroptosis inhibition by preventing cellular loss and tissue damage presents an innovative and alternate approach in combating neurodegenerative diseases. The drug discovery horizon for oxytosis/ferroptosis inhibition encompasses the small molecule inhibitors (Ferrostatin-1), natural products or molecules (vitamin E), and genetic approaches (GPX4 overexpression) (Fig. 2) [1, 73]. The first documented small molecule ferroptosis inhibitor, ferrostatin-1, prevented erastin-induced cell death [73, 75]. Liproxstatin-1 was found to be the first in vivo effective ferroptosis inhibitor through a phenotypic screening effort in cells experiencing Gpx4 knockout-induced ferroptosis [73, 75]. Liproxstatin-1 demonstrated low nanomolar IC50 values in vitro, markedly increased longevity in a genetic model of abrupt renal failure, and reduced the severity of hepatic ischemia/reperfusion damage in rodents [7, 76]. Furthermore, the first reported receptor interacting protein kinase 1 inhibitor, Necrostatin-1, showed beneficial outcome due to inhibition of ferroptosis as opposed to necroptosis inhibition as had been previously reported [1, 73]. Recently, the mechanism of action of lipoxstatin has been described, indicating that these molecules act as superior antioxidant traps by breaking the autoxidation chain reaction [1, 73]. Liproxstatins can capture several peroxyl radicals per molecule and are produced during the reduction of fatty hydroperoxides [1, 73]. LOX inhibitors like zileuton, baicalein, LOXBlock-1-3, MK886, PD146176, and BWA4C have demonstrated anti-ferroptotic effects; however, caution must be exercised when using these inhibitors as the majority of them are non-specific or even exhibit broad antioxidant effects [1, 73].

The identification of ACSL4 as a significant oxytosis/ ferroptosis downstream component and its draggability with thiazolidinediones (TZD) provides an important avenue for targeting the ferroptosis pathway [1, 73]. The lipidomic profile produced by cells treated with the TZD, rosiglitazone, was identical to that of ACSL4 knockout cells, and TZDs prevented the buildup of lipid hydroperoxides and ferroptosis triggered by GPX4 inhibition/genetic disruption [1, 73]. Besides these, compelling antiferroptotic candidates, such as phenoxazines, and an array of nitroxide-based compounds (mito-targeted or untargeted), such as XJB-5-131, JP4-039, 2,2,6,6-tetramethylpiperidin-N-oxyl (TEMPO), N-arylnitroxide, N, N-diarylnitroxide, and phenoxazine-N-oxyl, have been reported [1, 73, 77]. A distinct strategy using computation- and structure-based techniques located an allosteric site in GPX4 that made it possible to find the first GPX4 allosteric activators [1, 73, 77]. These molecules in addition

to GPX4 activation suppress NFkB activation and prevent ferroptosis induced by erastin and cholesterol hydroperoxides [1, 73, 77]. The molecular mechanisms and therapeutic prospects of ferroptosis as a druggable pathway have been highlighted by the discovery of an ever-expanding number of agonists and antagonists of ferroptosis as an alternate therapeutic target for degenerative diseases (Fig. 2).

## Antioxidants and Oxytosis/Ferroptosis

Since oxytosis/ferroptosis is characterized by the accumulation of lipid peroxides and iron-dependent ROS [1, 6]. By scavenging these ROS and limiting lipid peroxidation, antioxidants play a vital role in reducing oxytosis/ferroptosis. Antioxidants can also help restore cellular redox balance and protect against oxidative stress, which further contributes to the prevention of ferroptosis [1, 6]. Furthermore, the oxidative stress is intricately associated with ferroptotic cell death in neurodegenerative disorders, and the use of antioxidant molecules has gained tremendous attention as an effective therapeutic strategy to mitigate these debilitating diseases [1, 6]. For instance, in Friedreich's ataxia, a metal-induced neurodegenerative disease, the nuclear translocation of the NRF2 signaling pathway is disrupted by ferroptosis, followed by the reduced expression of genes involved in antioxidant defense [78, 79]. Dimethyl fumarate, an FDA-approved drug for treating multiple sclerosis, due to its strong antioxidant properties, is also being tested and is under clinical trials for the treatment of Friedrich's ataxia [80]. Similarly, dimethyl fumarate administration after TBI boosted NRF2 activation and exhibited neuroprotection against TBI-induced ferroptosis [81]. Furthermore, antioxidant, Insamgobonhwan (GBH), mitigated GPX4 suppression and enhanced ROS scavenging activity and suppressed lipidperoxidation in ferroptosis-mediated neurodegeneration in both in vitro and in vivo conditions [82]. Similarly, NAC, a thiol-containing redox modulatory drug, has been shown to reduce hemin-induced ferroptosis by removing toxic lipids generated by arachidonate-dependent ALOX5 activity in hemorrhagic stroke [83]. Additionally, NAC serves as a cysteine donor for reduced GSH biosynthesis, boosting cellular antioxidant defenses, thereby lowering lipid peroxidation and subsequently suppressing ferroptosis [84]. Similarly, ROS inhibitors such as apocynin and diphenyleneiodonium mitigated NOX stimulated ferroptosis by decreasing MDA concentration and enhancing the expression of GPX4 levels (Fig. 2) [85].

Another strategy to mitigate ferroptosis linked to lipid peroxide built up involves the use of antioxidant molecules that have the ability to trap radical oxidants [86]. A recently developed chemical molecule, DT-PTZ-C, has demonstrated promising outcomes in protecting brain tissue against oxidative stress [86]. The N10-carbonyl-substituted phenothiazine family member DT-PTZ-C reduces ferroptosis in the hippocampus slice culture toxicity model caused by thermolabile azo initiator ABAP, by scavenging hydroxyl radicals and restricting lipid peroxidation via generating a stable phenothiazine radical cation [86]. Plethora of smallmolecule radical-trapping agents (RTAs) such as Fer-1, liproxstatin-1, and  $\alpha$ -tocopherol inhibit ferroptosis by halting the lipid peroxidation process [73]. Other compounds such as Zileuton, CoQ10, deferiprone, DFO, BH4, and FSP1 are effective by working through pathways, such as reversion of ROS production, GPX4 induction, and production of GSH, and have been identified as potent inhibitor of ferroptosis in several neurodegenerative studies [84]. Furthermore, radical-sequestering antioxidant, vitamin A, modulates the expression of ferroptosis regulators, such as GPX4 and ACSL3, via heterodimeric nuclear receptor complex retinoic acid receptor (RAR)/retinoid X receptor (RXR), thereby suppressing ferroptosis [87]. Additionally, cycloheximide and β-mercaptoethanol have been observed to ameliorate ferroptosis by primarily targeting system xc- to increase GSH levels for the efficient removal of lipid peroxides [1, 88]. The iron chelator and ferroptosis inhibitor DFO, inhibited ferroptosis in primary cortical neurons treated with erastin, involved the upregulation of both GPX4 and system Xc-, the antioxidant defense pathways and primary ferroptotic regulators [6, 89]. FSP1, a newly discovered ferroptotic antagonist, exerts its anti-ferroptosis and antioxidant effects by reducing ubiquitin (CoQ) to antioxidative dihydroubiquitin (CoQH2) which quinches ROS [37, 90]. Melatonin (MT), an agonist of MT2 receptor, provides anti-inflammatory, antioxidant, and anti-ferroptosis effects post-TBI by activating MT2/IL-33/ FTH pathway, thereby alleviate edema and neurological deficits [91]. Exogenous melatonin was reported to suppress hemin or erastin-induced ferroptosis in various cells [92].

Tetrahydrobiopterin (BH4), a naturally occurring nutrient, acts as free radical scavenger and displays antioxidant effects through GTP cyclohydrolase-1 (GCH1) and dihydrofolate reductase (DHFR) enzymes [93]. GCH1-induced synthesis of BH4 selectively inhibits PUFA-PL depletionmediated membrane lipid remodeling [94]. DHFR is important for the regeneration of BH4, and its inhibition may synergize with GPX4 inhibitors to induce ferroptosis [95]. BH4 has also been reported to quench ROS by inducing the synthesis of CoQ10 [93]. Baicalin, a flavonoid, inhibits ferroptosis by increasing the expression of SLC7A11 and GPX4 in hemin-treated PC12 cells, thereby alleviated hematoma, motor dysfunctions, and neurodegeneration in the peri-hematoma brain tissues [96]. Baicalin also reduced the expression of SLC11A2 to inhibit iron transport in the perihematoma brain tissue [96]. Additionally, Baicalein also acts as a selective ALOX12/15 inhibitor and prevented lipid peroxidation and ROS production, and improved traumatic

brain injury [97]. Likewise, Sterubin, a flavanone, functions as an iron chelator and protected against ferroptosis in neuronal cells by modulating GSH levels and activating NRF2/ ATF4 signaling [98, 99]. Moreover, tetrahydroxy stilbene glycoside (TSG), a traditional Chinese medicine, provided protection against ferroptosis and oxidative stress against Aβ-induced hippocampal neuron injury in APP/PS1 mice by activating Keap1/NRF2/ARE and GSH/GPX4/ROS signaling pathways [100]. Morachalcone D and morachalcone E are the two prenylated flavonoids and provide protection against erastin-induced ferroptosis in mouse hippocampal neuronal cell line (HT-22) [101]. Mechanistically, morachalcone D decreased ROS production, iron accumulation, and GSH depletion, as well as increased the expression of many antioxidant genes, such as GPX4, SOD, CAT, NRF2, SLC7A11, and HMOX1, leading to the inhibition of ferroptosis and neuroprotection [102, 103]. Artepillin C, a cinnamic acid, has been reported to alleviate neurotoxicity by decreasing ROS generation and elevating HO-1 expression, which in turn prevented ferroptosis and protected against erastin-mediated cell damage [104]. Additionally, the hybrid compound 7-O-cinnamovltaxifolin, a derivative of cinnamic acid, shown synergistic neuroprotective benefits against ferroptosis by activating NRF2 in both in vitro and in vivo studies (Fig. 2) [105, 106].

## **GPX4 Modulators**

Following the identification of erastin, a small-molecule inducer of oxytosis/ferroptosis, RSL3 was discovered, which operated separately from system X<sub>C</sub>, through GPX4 inhibition, a master regulator of ferroptosis [15, 62]. Because of its reactive chloroacetamide moiety, RSL3 is a strong and permanent inhibitor of GPX4 [9]. However, because of its poor solubility and unfavorable ADME (absorption, distribution, metabolism, and elimination) characteristics, it is not appropriate for application in vivo [9]. Contrarily, to investigate the function of GPX4 and lipid peroxidation in a variety of biological processes, in particular ferroptosis, RSL3 has been indispensable tool in the in vitro setup [1]. Thus, the development of better RSL3 compounds for use in vivo has been the main emphasis of drug discovery pipeline targeting GPX4. Subsequently, more GPX4 inhibitors containing chloroacetamide have been discovered, such as DPI12, DPI13, DPI15, DPI6, DPI7/ML162, DPI8, and DPI19 [62]. These compounds have all been demonstrated to induce ferroptosis by C11-BODIPY oxidation, butylated hydroxytoluene (BHT)-sensitive cell killing, and buthionine sulfoximine-enhanced cell killing in BJ-derived cell lines [62]. In BJeLR cell lysates, DPI12, DPI13, DPI7/ML162, and DPI19 have been shown to suppress GPX4 activity [62]. Although these candidates are not as thoroughly

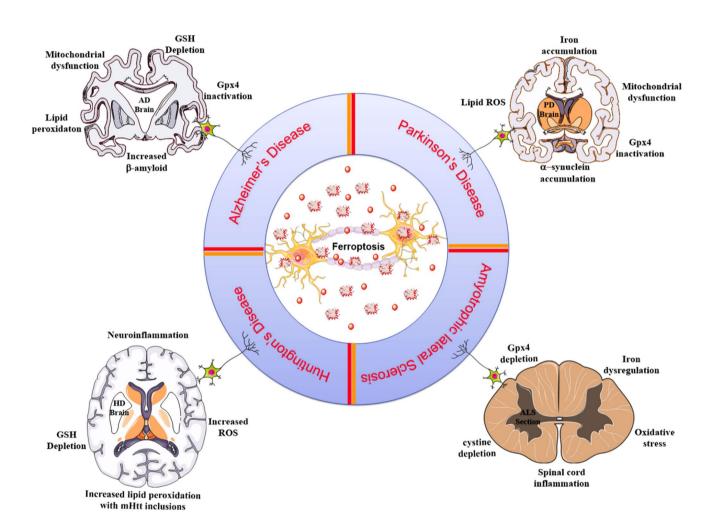
characterized as RSL3, however, the best-characterized of these chloroacetamide GPX4 inhibitors, DPI7/ML162, can be used to confirm RSL3's GPX4 dependency [73]. Apart from the chloroacetamide moiety, RSL3 and ML162 have very distinct structures and are therefore likely to have different off-target effects [73].

There have been reports of three new structural groups of GPX4 antagonists. First, the chloromethyltriazines DPI17, DPI18 [62], and altretamine [107] function as covalent GPX4 inhibitors. Similar in structure to the chloroacetamide compounds, DPI17 and DPI18 have been demonstrated to display ferroptotic-like cell-killing actions [73]. In BJeLR cell lysates, DPI17 has been demonstrated to suppress GPX4 activity [62, 73]. Therefore, it is probable that DPI17 and DPI18 are covalent GPX4 inhibitors [62]. Second, the related candidates JKE-1674 and ML210 [108] contain a nitroisoxazole moiety that has been shown to produce a nitrile oxide electrophile that interacts with GPX4 in a cellular setting [109]. Additionally, GPX4 is inhibited by nitrile oxide electrophiles produced by similar substances, such as JKE-1674 and JKE-1716, the furoxan-containing NSC144988, and related diacylfuroxans [110]. Lastly, it has been observed that the natural substance withaferin A, a steroidal lactone and epoxide, inhibits GPX4 by means of its electrophilic groups (Fig. 2) [111].

# Oxytosis/Ferroptosis, GPX4, and Amyotrophic Lateral Sclerosis (ALS)

ALS is a neurodegenerative disorder affecting motor neurons and results in weakness, atrophy of voluntary skeletal muscles, paralysis, and eventually patients die due to respiratory failure [112–114]. Majority of ALS cases are sporadic with indefinite etiology and around 15% of cases present familial cause with dominant inheritance [115, 116]. Both of these patients share several pathogenetic pathways and are clinically indistinguishable [117]. Around 50% of ALS patients have cognitive impairments, with a subgroup of patients (~15%) displaying hallmarks of frontotemporal dementia (FTD), frontotemporal lobar degeneration (FTLD), and progressive social, behavioral, or language dysfunction [118–120]. Genetic factors consisting of mutations in the C9orf72, TARDBP (Transactive Response DNA-Binding Protein 43), SOD1 (Superoxide Dismutase-1), and FUS (Fused in Sarcoma) genes may account for up to 50% of familial cases [121]. Several pathophysiological mechanisms have been reported that alter the microenvironment of motor neurons which include perturbed RNA processing, protein aggregation, mitochondrial dysfunctions, glutamate excitotoxicity, Golgi dysfunctions, impaired neuronal transport and glial functioning, oxidative stress, and metal imbalance [122–124]. At present, there are no effective treatments for this debilitating disease and the development of effective therapies is impeded by the lack of suitable targets, particularly for sporadic ALS, which do not have identifiable genetic causes. Oxidative stress characterized by increased ROS levels has been identified as one of the contributing factors in ALS and iron accumulation via Fenton reaction has been established as a key factor related with the production and presence of this ROS, producing highly reactive hydroxyl radicals [125] (Fig. 3). Ferroptosis being an iron dependent oxidative form of cell death has been found to be a contributing factor in various neurodegenerative diseases as evidenced from rodent

models where affected neurons revealed an accumulation of iron and reduced GSH levels [126]. Studies have found iron accumulation in spinal cord motor neurons in SOD1 mutant-mediated mice model of ALS [127]. Recent studies on the human-induced pluripotent stem cell (hiPSC)-derived motor neuron (hiMNs), a well-known model of numerous motor neuron disorders, reported that motor neurons are vulnerable to ferroptosis with almost all hiMNs dying after treating with GPX4 inhibitors and interestingly, lipid peroxidase inhibitors, iron chelators, and vitamin E acetate all reduced cell death, thereby implying a role for ferroptosis [127–129]. A longitudinal study from 512 patients aimed at



**Fig. 3** Central role of ferroptosis in the pathogenesis of neurodegenerative diseases like amyotrophic lateral sclerosis (ALS), Alzheimer's disease (AD), Parkinson's disease (PD), and Huntington's disease (HD). The characteristic features of ferroptosis, including iron accumulation, reduced cystine intake, glutathione deficiency, inhibition of GPX4, and fatal amounts of phospholipid hydroperoxides, have all been observed in the distinct brain regions in these degenerative diseases. In PD, neurodegeneration is associated with neuromelanin accumulation in dopaminergic neurons, GPX4 inactivation, lipid peroxidation, and mitochondrial dysfunction. This degeneration is associated with the abnormal aggregation of  $\alpha$ -synuclein and the forma-

tion of Lewy bodies.  $\beta$ -amyloid deposition, hyperphosphorylation of tau proteins, GPX4 inactivation, mitochondrial dysfunction, and ironmediated oxidative stress promote neurodegeneration in AD. In MS, iron dysregulation and iron accumulation in the grey matter contribute to the destruction of oligodendrocytes and myelin subsequently to demyelination and axonal damage. Increased iron levels in basal ganglia appear to be a potential contributor to the pathogenesis in HD. In ALS, there is a potential relation between iron accumulation in the basal ganglia, GPX4 and cysteine depletion, oxidative stress, and neurodegeneration

deciphering the prognostic biomarkers for ALS has identified four biomarkers and intriguingly all of them are closely associated with ferroptosis [130]. A study using edaravone (clinically approved drug for ALS) has shown to attenuate ferroptosis in cystine-deprived mouse hepatoma Hepa 1-6 cells and further suppressed ferroptosis in xCT-knockout mouse-derived embryonic fibroblasts [131]. Interestingly, this attenuation was not because of change in intracellular levels of Cys and GSH levels rather edaravone suppressed ferrous iron and lipid peroxide levels that were significantly high due to initial cystine and GSH deprivation [131]. Another clinical trial candidate, Diacetyl-bis(4-methyl-3-thiosemicarbazonato) copper<sup>II</sup> (Cu<sup>II</sup>(atsm)), has shown to protect primary and immortalized neuronal cells against lipid peroxidation and ferroptotic lethality by attenuating elevated Fe and low GSH levels [132]. Studies from our laboratory have found that GPX4 is crucial for motor neuron health and survival more specifically during oxidative stress [18]. Conditional ablation of GPX4 in neurons of adult mice caused rapid onset and progression of paralysis followed by death and interestingly, these mice showed remarkable spinal cord motor neuron degeneration but no explicit degeneration in cerebral cortex [18]. This degeneration followed ferroptotic mode of cell death as evidenced by enhanced spinal cord inflammation, ERK activation, and no signs of caspase-3 activation and TUNEL staining [18]. Moreover, we found GPX4 ablation resulted in mitochondrial dysfunctions and elevated lipid peroxidation in motor neurons which are hallmarks of ferroptosis and these functionalities were attenuated by supplementation with vitamin E, a lipophilic antioxidant and inhibitor of ferroptosis [18]. The onset of paralysis and mortality caused by GPX4 ablation was further delayed with this supplementation, indicating importance of GPX4 in suppressing ferroptosis and motor neuron death [18]. Recently, we found that GPX4 impedes motor neuron disease of SOD1<sup>G93A</sup> mice [133]. SOD1<sup>G93A</sup> was the first mutation in the SOD1 gene to be reported in cases of familial ALS, and even this model demonstrates paralysis and motor neuron death in the same way that ALS patients do [133]. We aimed to uncover how enhanced GPX4 function in SOD1<sup>G93A</sup> mice affected their lifespan and motor neuron atrophy. We generated SOD1<sup>G93A</sup>GPX4 double transgenic mice and found that overexpression of GPX4 delayed loss of motor function, disease onset, and extended life span [12]. We found compromised anti-ferroptosis defense in SOD1<sup>G93A</sup> mice and ALS patient samples due to decreased GPX4 expression in symptomatic SOD1<sup>G93A</sup> mice and ALS patient samples compared to control [12]. Moreover, GPX4 upregulation reduced SOD1<sup>G93A</sup> toxicity and motor neuron degeneration in SOD1<sup>G93A</sup>, similar to pharmacologic ferroptosis inhibitors, demonstrating that GPX4 can prevent motor neuron degeneration in SOD1<sup>G93A</sup> mice, most likely by a mechanism that prevents motor neuron ferroptosis [12] (Fig. 3). Our findings therefore emphasize on the importance of oxytosis/ferroptosis as a possible target for intervention in the development of ALS therapies [12].

# Oxytosis/Ferroptosis, GPX4, and Alzheimer's Disease (AD)

AD is the leading form of dementia and accounts for 60 to 80% of total cases [134–140]. AD affects more than 6 million people in the USA [134]. This figure is expected to reach around 13 million by 2050 [134]. The economic costs of AD are \$260 billion and are projected to reach \$1167 billion by 2050 [135, 141]. AD pathology is characterized by progressive degeneration in cerebral cortex and histopathologically hallmarked by intracellular neurofibrillary tangles and extracellular amyloid beta (A $\beta$ ) plaques [136, 137, 139]. At present, there are no effective therapeutics that significantly slow the progression of the disease. A myriad of evidence implies that ferroptosis could have a role in neuropathological disorders including AD. Recent reports are demonstrating that high oxidative stress that correlates with abnormal levels or overload of brain metals also results in progressive neuronal loss and death [135]. The activation of ferroptotic cascade is being defined as ferrosenescence and associated with iron dyshomeostasis as indicated in some aging and neurodegenerative disorders [142]. However, the characterized features based on morphological and biochemical changes in AD brains are increased lipid peroxidation, mitochondrial dysfunctions, GSH depletion, and inactivation of GPX4 [9, 18, 143–145]. Iron dysregulation in the brain along with diminished levels of endogenous antioxidant regulator of ferroptosis GPX4 has been found to be linked with AD pathology [146–149] (Fig. 3). Cortical iron concentrations were observed to be elevated in patients with mild cognitive impairment and a high Aß plaque burden, which might raise the prevalence of AD [146–149]. Studies using in vivo and in vitro models have shown that ferroptosis inducers like erastin and RSL-3 are able to accumulate massive lipid peroxidation levels and deplete GSH within the cells and these levels could be attenuated using lipophilic antioxidants like vitamin E or ferroptosis inhibitors like Ferrostatin-1 or Liproxtatin-1 [75]. Among the protective mechanisms against ferroptosis and attenuation of AD pathology, GPX4 is a novel anti-peroxidant enzyme that prevents lipid peroxidation by converting hazardous membrane lipid hydroperoxides to non-toxic lipid alcohols [150]. Since GSH/GPX4 is a crucial anti-ferroptotic axis, studies have found reduced levels of GSH in animal models [151] as well as in postmortem AD brains [152]. Moreover, the rodent moles of AD revealed GPX4 downregulation compared to control mice [153]. On contrary, we have shown that its overexpression protects cortical neurons against Aβ-induced cytotoxicity by attenuating lipid peroxidation levels [150]. Since, neurons are exceptionally

vulnerable to oxidative damage due to presence of their high content of PUFA, we exposed neurons cultured from GPX4 overexpressing transgenic mice and WT control mice with *t*-butyl hydroperoxide, hydrogen peroxide, and  $A\beta_{25-35}$  and  $A\beta_{1-40}$  peptides and found that neurons that from transgenic mice that had upregulated levels of GPX4 had significantly lower oxidative stress levels and cell death [150]. Despite the fact that GPX4 levels are required for embryonic and neonatal mouse survival while as AD and neurodegenerative dementia are age-related progressive disorders, thus, we ablated GPX4 in adult mice and observed a 75-85% fall in GPX4 levels in several tissues including liver, brain, kidney, and lungs [57]. Interestingly, in liver tissue, we observed decreased activity of electron transport chain complexes I and IV, as well as lower ATP synthesis as well as elevated 4-hydroxylnonenal (4-HNE) abducts (a lipid peroxidation marker), enhanced astrogliosis and neuronal death in the hippocampus, and these mice died after 2 weeks demonstrating the significance of GPX4 [154]. We were inquisitive to investigate whether neurons in forebrain areas (cerebral cortex and hippocampus) that are largely impaired in AD patients are sensitive to ferroptosis in the absence of its endogenous regulator, i.e., GPX4 [18]. We established conditional ablation of GPX4 exclusively in forebrain neurons and identified significantly impaired spatial learning and memory functioning compared to age matched control mice [18]. In these mice, we found that the hippocampal neurodegeneration was accompanied by ERK activation, increased lipid peroxidation, and enhanced neuroinflammation, all of which are characteristics of the ferroptotic cascade [18]. Furthermore, we fed these mice with a diet deficient in vitamin E, a lipid soluble antioxidant with anti-ferroptosis activity, and found enhanced hippocampal neurodegeneration and behavior dysfunctions [18]. Notably, this neurodegeneration was ameliorated with liproxstatin-1 treatment [18]. Neuronal cell loss due to inactivation or knockout of GPX4 is an indicative of how excessive increase in lipid peroxidation affects neurons and leading to neurodegeneration and cognitive impairment (Fig. 3). It is particularly intriguing that distinct hallmarks of ferroptosis (iron imbalance, lipid peroxidation, and inflammation) are also key prodromal indications of AD and associated dementias are particularly remarkable [155]. Thus, ferroptosis could reflect an unappreciated pathological player in the context of neurodegenerative dementias like AD.

# Oxytosis/Ferroptosis, GPX4, and Parkinson's Disease (PD)

PD is a neurological condition characterized by bradykinesia, tremor, and postural instability as motor symptoms [156]. About 1 to 2% of adults over the age of 65 and 4% of adults over the age of 80 are affected. Every year, about 60,000 Americans are afflicted with PD and an estimated

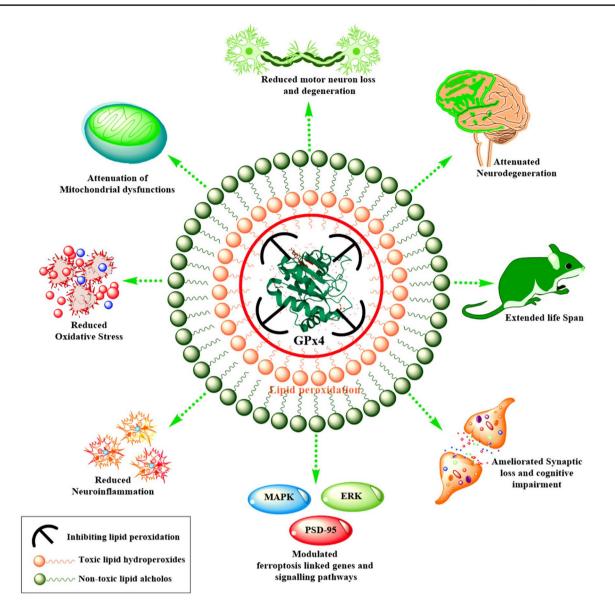
1 million inhabitants with the disease in the USA alone, and over 10 million people worldwide [157]. Dopaminergic neurons in the midbrain's extrapyramidal tract degenerate, resulting in PD [158]. Although the cause of its onset is not well-known, however, it is thought to be the result of interplay between genetic and environmental factors as well as buildup of  $\alpha$ -synuclein proteins (also referred as Lewy bodies) in the peripheral, central, and autonomic nervous system [158]. Degeneration of dopamine-releasing neurons in the substantia nigra disrupts the balance of excitatory (acetylcholine) and inhibitory (dopamine) neurotransmitters in the area and at times, this disrupted balance promotes uncontrollable tremors known as dyskinesias as well as a lack of movement referred as gait freezing [159]. There is currently no cure for PD; nevertheless, treatment aims to alleviate symptoms and reduce dyskinesia. The aggregation of oxidized biomolecules linked to DA neurodegeneration implies that oxidative stress processes have a role in PD [160]. Elevated iron levels as well as oxidative stress and inflammation have been linked to afflicted areas, suggesting that ferroptosis may play a role in the pathophysiology of PD [160]. Moreover,  $\alpha$ -synuclein has been demonstrated to have association with iron and lipid metabolism which again suggests a potential interplay between α-synuclein and ferroptosis [161, 162]. Iron buildup, striatum dopamine insufficiency, neuromelanin loss, and the emergence of accumulated α-synuclein lead to lipid peroxidation, higher oxidative stress levels, and mitochondrial dysfunction along with the loss of enzymatic antioxidants in the GSH system [163, 164] (Fig. 3). High iron concentration in the substantia nigra and globus pallidus of PD patients has been reported using magnetic resonance imaging (MRI) and these accumulated levels were linked with severity of motor impairments [165, 166]. Earlier investigations on PD in the context of ferroptosis reported PUFA peroxidation, GSH system depletion, and a decline in GPX4 activity, all of which were linked to increased oxidative stress [167]. Attenuation of dopaminergic cell death has been observed in vivo by ferrostatin-1 treatment and recently it has been found that  $\alpha$ -synuclein aggregation triggers increase in ROS and lipid peroxidation levels in an iron-dependent fashion similar to ferroptosis [162, 168]. These increased levels in turn enhance calcium influx and consequent cell death which is significantly suppressed by either iron chelators or ferroptosis inhibitors indicating that modulation in ferroptosis could be a therapeutic target in neurodegenerative diseases [162, 168]. A recent study in 6-OHDA-induced parkinsonism model has revealed increased ROS production, Ferritin Heavy Chain 1 (FTH1) mitochondrial dysfunction, and reduction in GPX4 levels and these functionalities were alleviated in an antiferroptotic fashion by moxibustion treatment [169]. GPX4 being the important player in maintaining and regulating ferroptototic cell death, its distribution is associated with pathological changes in PD (Fig. 3). Explicitly, GPX4 levels have been found to be reduced in the SN of PD compared to control subjects [170]. GPX4 expression in dopaminergic nigral neurons was observed to be colocalized with neuromelanin in postmortem human brain tissue with PD when compared to control brains and it was found to be clustered within dystrophic dopaminergic axons in the putamen of PD patients [170]. Colocalization of GPX4 with neuromelanin is specifically indicative of role for GPX4 in aging of DA neurons [171]. More recently, an in vitro study using 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) has shown that MPTP decreased cell viability via increased ROS production and decreased GSH, GPX4 and Trx-1 levels and these functions were ameliorated with ferrostatin-1 and overexpression of Trx-1 [172]. Furthermore, in transgenic mice with Trx-1 overexpression, the lowered levels of GPX4 and tyrosine hydroxylase triggered by MPTP were mitigated, indicating that Trx-1 reduces ferroptosis in PD primarily by modulating GPX4 and GSH [172].

## Oxytosis/Ferroptosis, GPX4, and Huntington's Disease (HD)

HD is a fatal neurological disorder characterized by a polymorphic sequence of three CAG nucleotides in exon 1 of the IT15 gene (Huntingtin (HTT) [173]. The pathophysiological hallmark of HD is that mutant HTT (mHTT) is frequently cleaved and accumulated into cytotoxic macromolecules, resulting in neuronal loss and cellular damage [174]. This includes atrophy of brain tissues, which might start in the striatum, followed by the cerebral cortex, loss of glial cells (astrocytes and oligodendrocytes), and neuronal death [174]. Although the understanding of pathophysiology of HD is complex but evidences are suggestive of oxidative stress being one of the initial factors in the pathogenesis [175], and some therapeutic strategies against oxidative stress seems promising [176]. Recently, ferroptosis has been found to be a significant part in oxidative stress and HD. Synchrotron X-ray fluorescence analysis in R6/2 HD mouse brain has shown iron accumulation as discrete puncta in the perinuclear cytoplasm of striatal neurons compared to control mice [177]. Furthermore, MRI has revealed iron accumulation in patients with HD [178]. Studies have demonstrated deregulated levels of GSH in HD patients which affects and interferes with proper functioning of GSH uptake and its dependent enzymes like GPX4 for their action [179, 180]. A cross-sectional study in asymptomatic HD patients vs healthy subjects has revealed increased lipid peroxidation and low GSH plasma levels in HD patients indicating that oxidative stress may be associated with the disease progression [181]. Reduced GSH and GSH-S-transferase levels have been observed in the striatum, cortex, and hippocampus of 3-nitropropionic acid (3-NP)-induced HD mouse [182] and neuronal death due to 3-NP and reduced GSH levels in HD mice models were attenuated with cystamine and cysteamine supplementation [183]. Low GSH levels seem to be a characteristic of HD which may accelerate the possibility of ferroptotic cascade in HD due to failure or inactivation of ferroptosis regulating enzyme GPX4 [183] (Fig. 3). Hence, GPX4 could be a potential therapeutic target for HD in the long term.

## **Conclusion and Perspective**

Neurodegenerative diseases continue to be challenging from both research and drug development, perspective representing a major threat to human health. Studies are constantly being carried out to find out possible therapeutic targets and over the last few years, considerable advancements have been made to understand molecular and metabolic underpinnings of newly discovered iron-dependent oxidative form of cell death called oxytosis/ferroptosis. It has been implicated in several degenerative diseases and progressively more recognized in cancer research. However, current understanding of the oxytosis/ferroptosis process is still in its early stages. Despite the key findings that have enhanced our understanding, especially in exploring the involvement of lipid peroxidation and its regulation by GPX4, our present knowledge of the oxytosis/ferroptosis process is still in its early phases. GPX4 is a critical regulator of physiologically relevant lipid signaling pathways as well as a protector against oxidative lipid degradation. We have found downregulation of GPX4 in motor neuron disorders like ALS as well as in AD results in neuronal loss, cell death, and neurodegeneration exhibiting signatures of oxytosis/ferroptosis; on the contrary, GPX4 overexpression regulated the ferroptotic cascade and attenuated cellular functions similar to oxytosis/ferroptosis inhibitors (Fer-1) (Fig. 4). Even though the exact role of oxytosis/ferroptosis in the pathophysiology of numerous neurodegenerative disorders is unknown, one crucial question for future work is whether oxytosis/ferroptosis could be used as a therapeutic intervention for neurodegenerative disorders. Despite the fact that GPX4 is considered to be the primary regulator of oxytosis/ferroptosis and appears to be the critical enzyme at the intersection of oxidative lipid homeostasis and oxytosis/ferroptosis, in-depth research into how inactivation of this essential enzyme causes extensive lipid peroxidation in the context of oxytosis/ferroptosis is needed, as this could lead to potential therapeutic interventions for neurodegenerative disorders.



**Fig.4** The promising therapeutic significance of GPX4 as the primary regulator of ferroptosis by converting peroxides (e.g., R–OOH) to their respective alcohols using glutathione (GSH) as reducing agent, thereby preventing the generation of harmful radicals which leads to inhibition of ferroptosis. GPX4 modulates the regulation of

ferroptosis-linked signaling pathways, oxidative lipid homeostasis, synaptic plasticity, neuroinflammation, mitochondrial dysfunction, neurodegeneration, and cognitive impairment in neurodegenerative diseases

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Author Contribution Urmilla John: literature search, preparation of figures, and writing original draft, review and editing. Nargis Bano and Sameera Khan: literature search, preparation of revised Fig. 2, writing

revised draft, revision and editing. Nawab John Dar and Shahnawaz Ali Bhat: conceptualization, literature search, preparation of figures, and writing original draft, review and editing and supervision. All authors read and approved the final version of the manuscript.

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#### Declarations

Ethics Approval Not applicable.

**Consent to Participate** Not applicable.

Consent for Publication Not applicable.

Competing Interests The authors declare no competing interests.

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