Roles of Adenosine Receptor (subtypes A₁ and A_{2A}) in Cuprizone-Induced Hippocampal Demyelination

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Abstract

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Hippocampal demyelination in multiple sclerosis (MS) has been linked with cognitive deficits, however, patients could benefit from treatment that induces oligodendroglial cell function and promotes remyelination. We investigated the role of A_1 and A_{2A} adenosine receptors (AR) in regulating oligodendrocyte precursor cells (OPCs) and myelinating oligodendrocyte (OL) in the demyelinated hippocampus using the cuprizone model of MS. Spatial learning and memory were assessed in wild type C57BL/6 mice (WT) or C57BL/6 mice with global deletion of A_1 (A_1AR -/-) or A_{2A} AR ($A_{2A}AR$ -/-) fed standard or cuprizone diet (CD) for four weeks. Histology, immunofluorescence, Western blot and TUNEL assays were performed to evaluate the extent of demyelination and apoptosis in the hippocampus. Deletion of A_1 and A_{2A} AR alters spatial learning and memory. In A_1AR -/- mice, cuprizone feeding led to severe hippocampal demyelination, $A_{2A}AR$ -/- mice had a significant increase in myelin whereas WT mice had intermediate demyelination. The A_1AR -/- CD-fed mice displayed significant astrocytosis and decreased expression of NeuN and MBP, whereas these proteins were increased in the $A_{2A}AR$ -/- CD mice. Furthermore, Olig2 was upregulated in A_1AR -/- CD-fed mice compared to WT mice fed the standard diet. TUNEL staining of brain sections revealed a fivefold increase in the hippocampus of A_1AR -/- CD-fed mice. Also, WT mice fed CD showed a significant decrease expression of A_1 AR. A_1 and A_{2A} AR are involved in OPC/OL functions with opposing roles in myelin regulation in the hippocampus. Thus, the neuropathological findings seen in MS may be connected to the depletion of A_1 AR.

Keywords Adenosine receptor · Myelin · Oligodendrocyte · Multiple sclerosis · Hippocampus

Introduction

Extracellular adenosine is a purine nucleoside that is produced through the catabolism of adenosine triphosphate (ATP) via the CD39/CD73 ecto-nucleotidase axis by various cells including glial, neurons, and immune cells [1, 2]. Adenosine is important for modulation of neurotransmitter release [3], synaptic plasticity [4] and neuroprotection in ischemic, hypoxic and oxidative stress events [5]. It also

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controls T cell proliferation and cytokine production [6, 7]. The nucleoside also stimulates bronchoconstriction and inhibits lipolysis [8]. These effects are mediated through its 4 G-protein-coupled receptors: A_1 , A_{2A} , A_{2B} , and A_3 [7]. These receptors vary in pharmacological profile, effector coupling, and distribution in tissue [2]. Apart from A_3 adenosine receptor (AR) which exhibits significant variation between species, other ARs are highly conserved during evolution (i.e., 80–95% sequence homology) [9, 10]. All these AR subtypes are expressed by neurons and glial cells apart from microglia which do not express A_{2B} [11, 12].

Adenosine receptor subtype A_1 is the most abundant AR and it is widely expressed throughout the body with the highest expression in the brain [10]. It has been shown that activation of the A_1 receptor appears to have the most profound neuroprotective role in the CNS. For example, A_1 stimulation protects against neuroinflammation and demyelination in patients with multiple sclerosis and allergic encephalitis [13]. The neuronal A_1 receptors also inhibit release of excitatory neurotransmitters and attenuate the

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propagation of their signaling thus contributing to neuroprotection in MS [14]. Additionally, A_1 receptors stimulate neuronal growth factor release from astrocytes thus contributing to tissue repair [15].

High levels of A_2 ARs are found in the striatum of the brain, pre- and post-synaptic nerve terminals, immune cells, leukocytes, thymus, and spleen [10, 16]. In mice, A_2AR prevents tissue injury caused by inflammation, which represents the anti-inflammatory effect of these receptors [17]. The A_2 ARs are subdivided into two subgroups A_{2A} and A_{2B} with high and low affinity for adenosine, respectively [10]. A_{2A} ARs play a critical role in the modulation of inflammatory events in peripheral tissues [18].

The activation of A_{2A} and A_{2B} receptors leads to an increase in intracellular cAMP that has a general inhibitory effect on immune cells. While prevalent evidence suggests that the activation of A_{2A} initiates potent anti-inflammatory responses, the role of this receptor in the CNS remains contentious as its activation is detrimental in some CNS diseases (e.g. cerebral ischemia) but beneficial in others such as lipopolysaccharide-induced meningitis [11]. There is therefore a need to investigate its role in regulating OPC and matured oligodendrocytes in the most common demy-elinating disorder of the CNS, multiple sclerosis.

Multiple sclerosis (MS) is a debilitating, neuroinflammatory, and demyelinating disease that affects about 2.5 million people globally [19]. The symptoms caused by demyelination in MS result in long-term sensory changes, visual impairment, and motor dysfunctions leading to irreversible disability [20, 21]. More than 50% of patients with multiple sclerosis present with signs of cognitive dysfunction [22]. This cognitive decline and memory impairment in MS patients have been linked to hippocampal demyelination and atrophy. At present, there is no cure for MS, and available therapies do not improve associated cognitive decline [21, 23]. Previous studies from our lab showed that adenosine receptor (AR) signaling regulates encephalitogenic T-cell migration across the CNS barriers in experimental autoimmune encephalomyelitis (EAE), an animal model for MS [24, 25]. These revealed that ARs expressed on blood-brain barrier (BBB) endothelial cells regulate the migration of inflammatory immune cells into the CNS [24, 26]. It was also shown that antagonism of the A2A AR protected mice from EAE by blocking immune cell entry into the brain [26]. While our findings in EAE were consistent with a direct role for ARs action outside the hematopoietic lineage, we did not know which cells were involved. In the present study, we are interested in investigating how adenosine receptors modulate oligodendrocytes proliferation and maturation following hippocampal demyelination without the confounding superimposed inflammatory responses associated with T cell-mediated immune response; hence we used the cuprizone model.

Cuprizone (bis–cyclohexanone-oxaldihydrazone) is a copper-chelating agent that when fed to mice in chow causes rapid demyelination and gliosis [27-29]. We investigated how the inactivation of adenosine receptor subtypes A_1 and A_{2A} modulates behavior, cognition, oligodendrocyte precursor cell (OPC) proliferation, and/or oligodendrocyte (OL) following demyelination of the hippocampus by cuprizone. Our understanding of this may provide insights into a possible pharmacological target for the treatment of multiple sclerosis.

Material and Methods

Experimental Mice and Cuprizone Treatment

All the mice were housed in a sterile facility and maintained following National Institute of Health guidelines for the care and use of laboratory animals. The study was approved by our university's Institutional Animal Care and Use Committee (Protocol # 2008-0092). To examine the contribution of adenosine receptor (subtypes A1 and A2A) to the regulation of demyelination we used transgenic mice that are homozygous for the knockout of the Adoral gene and Adora2a genes purchased from the Jackson Laboratories. In the A₁R KO strain, exon 2 of the endogenous Adoral gene was replaced by a neomycin resistance cassette eliminating its function. C57/BL6 from our breeding colony was used as wild-type control. Breeding pairs of the transgenic mice were on the C57BL/6 background and purchased from the Jackson Laboratories. To validate the strain of the litter used in our study, we analyzed toe genomic DNA with PCR using the corresponding primers.

Male wildtype C57BL/6 mice (WT), A_1 or A_{2A} adenosine receptor knockout mouse lines on C57BL/6 genetic backgrounds aged 8–10 weeks were fed standard or cuprizone diet (0.2% w/w, #TD.150233, Envigo®, WI) in pellets for 4 weeks. Animal weights were monitored throughout the experiment. Control, untreated C57BL/6 mice were maintained on a standard diet for the duration of the experiment.

By day 25 most of the A_1 KO cuprizone-treated mice developed severe sickness behavior and emaciation that we had to abort the experiment after 4 weeks of cuprizone feeding.

Behavioral Assessments

Cognitive difficulties are a common feature accompanying neurological manifestations in multiple sclerosis (MS); hence, we explored a range of behavior in WT and transgenic mice after feeding with cuprizone (0.2%) pellets.

Elevated Plus Maze Test

The elevated plus maze (EPM) has (about 100 cm high) four interconnecting arms (two open and two closed arms). Mice were placed at the intersection of the maze with the head facing one of the closed arms. A camera linked to computer software was placed above the EPM to track mouse positioning and movement during the 5-min test as previously described [30]. The time spent and the number of entries in both the open and closed zones of the maze were thereafter analyzed by the Topscan Clever Systems Video Tracking Software.

Barnes Maze Test

The Barnes maze was used to assess spatial memory as documented [31] between days 23-28 after the start of the cuprizone diet. Mice were placed at the center of a plastic circular platform (91 cm in diameter, 75 cm high) containing twelve peripheral circular holes. For each mouse, a target hole was randomly selected, and an escape box $(10 \times 8.5 \times 4 \text{ cm})$ was placed below a particular hole. During the trial, the target hole was randomized but stayed constant for each mouse throughout the duration of the test. The time taken by each mouse to find the escape box (latency to find) and the amount of time taken to enter the escape box (latency to enter) were recorded. The session ended when the mouse entered the escape box or after 5 min. If a mouse did not find the escape hole within 5 min, it was placed into the escape box and left there for at least 1 min. Two trials separated by a 15-min inter-trial interval were performed daily for five consecutive days. The average latencies to find and enter the escape box were used for analysis.

Spatial memory was evaluated on day 28 by removing the escape box and observing the search behavior of the mice for 5 min. The time spent in the target quadrant was recorded. For this analysis, the maze was divided into 4 quadrants; the quadrant with the escape box was designated as the target. The other quadrants going clockwise from the target were labeled: positive, opposite, and negative.

Open Field Test

To assess locomotion and explorative activity we used the open field boxes as described [32]. At the commencement of

the test, each mouse was positioned at the center of the box $(18'' \times 18'' \times 18'')$. The movement of each mouse was captured for 5 min with a USB webcam (Logitech HD-1820p) placed above the arena and a PC-based video capture software. The average speed (ms⁻¹), total distance traveled (m), distance traveled in the periphery and corners of the box were analyzed using the Topscan, Clever Systems Video Tracking Software.

The plan of the behavioral assessments is depicted in Fig.1.

Tissue Preparation

The mice were deeply anaesthetized intraperitoneally with ketamine/xylazine (ketamine: 50 mg/kg; xylazine: 10 mg/kg body weight) and perfused by intracardiac perfusion with 20 ml 0.01 M PBS (pH=7.4) followed by 150 ml 4% paraformaldehyde in 0.1 M PB (pH=7.4). Thereafter, brains were removed and cryoprotected in 20% sucrose in PBS at 4 °C overnight, then frozen on dry ice. 8 μ m thick sagit-tal sections were cut by cryostat and serially mounted on Superfrost Plus glass slides and stored at – 80 °C until used.

Luxol Fast Blue (LFB) and Luxol Fast Blue–Periodic Acid Schiff (LFB–PAS) Staining

To investigate the extent of myelin staining, brain sections were stained with Luxol Fast Blue (LFB) using 0.1% LFB Solution (Electron Microscopy Sciences #26,681–01) according to the manufacturer's instructions followed by differentiation in 0.05% aqueous solution of lithium carbonate. We thereafter performed LFB-PAS staining which provides a contrast between myelinated and demyelinated areas. This involved staining of LFB sections with 0.5% solution of periodic acid before transferring into Schiff 's reagent (Electron Microscopy Sciences #26,920–04). Sections were dehydrated with graded ethanol and mounted with Permount (Fisher Scientific, Waltham, MA). Whole brain images were scanned using Leica Biosystems Scanscope and regions of the hippocampus and corpus callosum were analyzed.

Nissl Staining

Brain sections (20 μ m) were mounted onto glass slides and placed directly into alcohol/chloroform (1:1) overnight and

Fig. 1 Design of behavioral assessments



then rehydrated through 100% and 95% alcohol to distilled water. The slides were later stained with 0.1% cresyl violet solution (26,681–02, Electron Microscopy Sciences) for 10 min. Sections were then rinsed with distilled H_2O , dehydrated in a series of ascending concentrations of ethanol, and cleared in xylene before cover slipping in Permount.

Terminal Deoxynucleotidyl Transferase DUTP Nick End Labeling (TUNEL) Assay

TUNEL assays were performed as previously described [33] using a commercially available in situ apoptosis detection kit (ApopTag®, S7100; Millipore) to detect apoptotic cells by labeling and detecting DNA strand breaks. Brain sections were incubated with TdTenzyme; color development was done with 0.05% diaminobenzidine and counterstained with 0.5% methyl green. The number of TUNEL-positive cells (TPC) was manually counted in 10 separate fields of view per section at the lesion center at × 100 magnification (n=5 per group). The average TPC per mm² brain tissue was thereafter calculated.

Immunofluorescence

Immunofluorescence was performed by fixing (100% cold acetone, 10 min at room temperature) and blocking frozen sections in blocking buffer (2X casein/10% goat serum/0.1% Triton X-100; pH 7.4) at 4 °C overnight. The sections were incubated with the following primary antibodies: anti-GFAP mouse polyclonal antibody (1:500; #556,330, BD Pharmingen®), anti-MBP rabbit polyclonal antibody (1:500; #PA5-78,397, Invitrogen®), Adenosine A1 receptor mouse monoclonal (1;500, #SC-514337, Santa Cruz®), olig2 (1:500, #MABN50, Millipore®), NeuN mouse monoclonal antibody (1:250, #GTX30773), overnight at 4 °C; sections with Adenosine A1 receptor antibodies were incubated for 72 h. The sections were rinsed 3 times (5 min each) in PBS and then incubated with secondary antibodies conjugated with Alexa dyes (Invitrogen TM; AF-488, A11001; AF-647, A21245) at room temperature for 1 h. Sections were then washed 3 times (5 min each) followed by the addition of 2 drops of mounting media with DAPI (Invitrogen #P36935) before sections were coverslipped.

Gliosis, Axonal, Microglial/Macrophage, and Apoptosis Quantification

For calculating the area fluorescence of GFAP, NeuN, MBP, and A_1AR antibody staining, the slide with representative slices of the entire mouse brain was scanned on a Zeiss fluorescence microscope. Area fluorescence in specific brain regions was calculated after thresholding to eliminate the background and nonspecific staining using ImageJ software (National Institutes of Health, Bethesda, MD, USA). Area fluorescence of GFAP, NeuN, MBP, and A_1AR staining was analyzed thereafter, and the parameters (brightness, pinhole, and contrast) were kept constant for all the images. The counting of cells was evaluated by two experimenters blinded to the study group and was expressed as "number of cells/mm².

Western Blot Assay

Mice brains were dissected and homogenized in ice-cold lysis buffer (25 mM Tris·HCl, pH 7.4, 150 mM NaCl, 5 mM EDTA, pH 8.0, 5 mM EGTA, pH 8.0, 0.5% Triton X-100, 1% phosphatase inhibitor, 1% protease inhibitor). Protein concentrations were measured using a protein assay kit (RC DC®, Life Science, #5,000,122). Twenty micrograms of total protein extracts were resolved on 12% Bis-Tris acrylamide gels and transferred to a nitrocellulose membrane. MOG primary antibody (1:1,000; Millipore, #MAB5680) and horseradish-conjugated secondary antibody (1:250; Southern Biotech #1070-05) were used. Chemiluminescent signals were detected by using Supersignal® West Pico Luminol/Enhancer Solution (#1,856,136). To normalize the samples for equal loading and protein transfer, we re-probed the nitrocellulose membrane with an antibody against GAPDH.

Statistical Analysis

Data are presented as mean \pm Standard Error of Mean. Data were analyzed by one-way analysis of variance (ANOVA) for repeated exposures and subsequently, Tukey post-hoc using Graph pad Prism version 8 (Windows® GraphPad software) for mean comparisons. *p*-values ≤ 0.05 were considered statistically significant.

Results

Mice Lacking A₁ Adenosine Receptors Displayed Sickness Behavior With Emaciation

Although the cuprizone-fed mice lost weight during the experiment, by day 17, the body weight loss in the A₁ AR-/mice became significant (F1,54=8.194; p < 0.0001). In addition to the loss of weight, these mice displayed signs of lethargy, showed a lack of interest in their surroundings, and shivered vigorously starting from day 24. We had to abort the experiment at 4 weeks instead of the proposed 6 weeks as the A₁AR-/- mice had lost about 16% (16.12±0.63) of their initial body weight by day 28 as recommended by the Institutional Animal Care and Use Committee. Nonetheless, significant weight loss in the WT mice was not evident until day 27 (F 1, 54 = 3.695 p = 0.0005) (Fig. 2).

A1_A Mice Show Anxiogenic Responses and Impairment in Spatial Memory After Cuprizone diet

In the elevated plus maze, similarities were observed in the time spent in the closed arms, however, the significant decrease in number of entries and duration in the open arm (p = 0.01185, 0.0005) without alterations (p = 0.8234and 0.8754) in the time spent and number of entries in the closed arms in A1AR-/- CD compared to the control mice fed standard pellets (WT SD) is indicative of anxiogenic responses (Fig. 3a-d).

Additionally, we used the open field test (OFT) as a control to evaluate the general activity levels in the Barnes maze and elevated plus maze. Our data revealed no significant difference in the overall locomotor activity of the mice (as observed by the average travel speed, total distance traveled, and distance traveled in the periphery and center of the open field box) across the experimental groups (Fig. 3e-h).

During the acquisition phase of the Barnes maze test, we observed a decrease in escape latency as the number of trials increases across all groups. However, by the 5th day of the trial, A_1AR -/- CD and $A_{2A}AR$ -/- CD showed a significant increase in time to enter the escape box compared to WT SD. Additionally, during the probe trial of the test, all



Fig. 2 Daily body weight in comparison to initial body weight in experimental mice. At day 17 after the start of cuprizone diet (CD), A₁ AR-/- mice began to significantly lose body weight relative to WT mice on standard and CD chow. Depicted are Mean ± SEM. (n=8) ***P < 0.05 vs WT SD. Significant weight loss was only observed in the WT CD mice 25 days after the start of CD diet. WT SD: wild type mice fed standard diet: WT CD: wild type mice fed cuprizone diet, A₁ AR-/- CD: A1 adenosine receptor knock out mice fed cuprizone diet

the groups on cuprizone diet (A_1AR -/- CD, $A_{2A}AR$ -/- CD, WT CD) spent significantly less time in the zone where the escape box was previously located when compared to the control (WT SD). Statistical analysis by two-way ANOVA revealed that this decrease was significant in WT CD and A_1AR -/- CD groups when compared to the WT SD group (Fig. 3i-j).

Variability in the Extent of Demyelination in A₁AR-/-, A_{2A}AR-/- Mice and WT Mice on Cuprizone Diet

Assessment of hippocampal demyelination by quantification of Luxol fast blue (LFB) staining showed that the intensity was decreased from 192.45 ± 8.75 AU in the WT-SD group to 43.98 ± 1.03 AU in the WT-CD group (p = 0.032). This reduction in LFB intensity was further reduced in the A1AR-/-CD group (23.17 \pm 0.78 AU; p = 0.016), whereas the A2AR-/-CD group $(247.04 \pm 5.19 \text{ AU}; p = 0.047)$ was resistant to demyelination compared to WT-CD group (Fig. 4a). We thereafter performed LFB-PAS staining which provided contrast by staining myelinated areas blue and demyelinated areas pink (Fig. 4b). Analogous to results obtained in the LFB staining widespread demyelination was observed in the A1AR-/- CD mice while moderate demyelination was seen in WT CD mice. Quantification of the LFB-stained sections further revealed a significant decrease (p=0.0136) in the staining intensity in the A1AR-/- fed cuprizone. These data showed a remarkable correlation with results obtained from the Nissl stain (Fig. 4c).

We next examined the expression of myelin basic protein (MBP) across all the treatment groups. Our results revealed abundant MBP-positive oligodendrocytes in $A_{2A}AR$ -/- CD mice, but a reduction was observed in the WT and A_1AR -/- CD mice when compared to WT SD (Fig. 5). This finding is consistent with the severe demyelination seen in the LFB and LFB-PAS stains in WT CD and A_1AR -/- CD mice. Furthermore, we examined the expression of myelin oligodendrocyte glycoprotein (MOG), a protein exclusively expressed at the external surface of oligodendrocyte membranes and myelin. We normalized the band with GAPDH and observed significant decreases in WT CD (0.56, p < 0.0001) and A_1AR -/- CD (0.28, p < 0.0001) mice while $A_{2A}AR$ -/- CD mice presented significant increases (1.28, p < 0.0001) in the intensity of the band when compared to WT SD (Fig. 5c).

To verify if oligodendrocytes progenitor cells (OPCs) were still present in the hippocampus, we performed immunofluorescence staining for Olig2 and further quantified its levels of expression. Our results showed a significant (p < 0.01) increase in immature oligodendrocytes in WT CD and A₁AR-/ CD compared to WT SD mice (Fig. 5b). This finding suggests that the loss of mature oligodendrocytes triggered a compensatory increased activity of OPCs in a bid to replenish lost myelin sheaths or induce remyelination.



Fig. 3 Effect of cuprizone feeding on exploration, anxiety-like behavior, spatial memory and learning. Elevated plus-maze test: (a) Time spent in open arms (b) number of entries into the open arms (c) Time spent in closed arms (d) number of entries into the closed arms. Open-field test: (e) Total distance travelled (f) Distance travelled in the periphery (g) Distance travelled in the center (h) Average velocity during 5-min test periods. (i). Latency to enter escape platform during the probe trial of the Barnes maze test (j) Duration in the zone where the escape platform was previously located. Data are

presented as the mean±standard error. WT SD: wild type mice fed standard diet: WT CD: wild type mice fed cuprizone diet, A₁ AR-/-CD: A1 adenosine receptor knock out mice fed cuprizone diet, A_{2A} AR-/- CD: A_{2A} adenosine receptor knock out mice fed cuprizone diet p-values were calculated using the one-way ANOVA, @significant difference compared to the wild type mice on standard diet (WT SD) (p < 0.05); # significant difference compared to the A_{2A} AR-/- mice on cuprizone diet A_{2A} AR-/- CD (p < 0.05)



Fig.4 A_1 AR-/- mice developed severe demyelination while A_{2A} AR-/- mice exhibit intense myelination at 4 weeks on cuprizone diet. **a** Luxol Fast Blue staining for detection of myelin content; **b** Representative images of the LFB-PAS stained hippocampus. Myelin displays as blue stain, and the demyelinated area displays as pink (black arrows). LFB-PAS staining reveals relatively mild demyelination in WT mice in comparison to A_1 AR-/- on cuprizone diet while no evidence of demyelination was observed in the A2A AR-/- on cuprizone diet. Note A1 AR-/- cuprizone-fed mice sections show more pink and less blue coloration compared to other groups **c** Representa-

A₁ Adenosine Receptor Expression is Linked to NeuN Protein Expression and Could Determine the Extent of Demyelination Following Cuprizone Diet

To examine the role of adenosine receptors in modulating neuronal population following demyelination we performed double immunofluorescence staining using anti-NeuN and anti-A1 AR antibodies. As expected, the A1AR-/- mice did not express A1AR receptor (Fig. 6a), in addition, NeuNpositive neurons were only intermittently seen in the hippocampus and corpus callosum of these mice as against WT SD mice (Fig. 4). Also, we observed a significant downregulation of A1AR with concurrent loss of NeuN protein expression in the hippocampus of WT CD compared to WT SD mice. On the contrary, the expression of A₁AR and NeuN in A2AAR-/- CD mice was similar to WT SD (Fig. 5). These outcomes could suggest a direct relationship between A1AR and NeuN expression suggesting that the A₁AR receptor is implicated in neuronal nuclei protein expression and that disruption in its signaling could exacerbate demyelination.

Uprizone-Induced Demyelination was Accompanied by astrocytosis and Apoptosis in WT and A₁AR -/-Mice

We thereafter investigated if the observed changes in neuronal expression and myelinating oligodendrocytes extend to other glial cells by performing immunofluorescence to quantify GFAP-positive astrocytes. In WT SD mice, GFAPpositive cells were observed with fine processes compared to high-density, hypertrophic GFAP immunolabeled cells with enlarged cell bodies and disorganized process in all the

tive overview showing Cresyl violet staining in the hippocampus in the standard diet (SD) or cuprizone diet (CD) fed mice **d** Quantification of myelin in the hippocampus of mice by pixel count using ImageJ®software (five sections/mice were analyzed). **WT SD**: wild type mice fed standard diet: **WT CD**: wild type mice fed cuprizone diet, **A**₁ **AR-/- CD**: A1 adenosine receptor knock out mice fed cuprizone diet, **A**_{2A} **AR-/- CD**: A_{2A} adenosine receptor knock out mice fed cuprizone diet @ signifies $p \le 0.05$ compared to WT SD # signifies $p \le 0.05$ compared to A_{2a} **AR-/-** CD by one-way ANOVA followed by Tukev post hoc test for comparison of multiple means

groups fed CD (WT, A_1AR -/-and $A_{2A}AR$ -/-mice) (Fig. 7a). The quantitative count also revealed the expression of GFAP was significantly increased in these groups (Fig. 7b).

Using Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) assay we verified apoptosis in the experimental mice. Quantitative analysis revealed 1.80 ± 0.02 , 2.80 ± 0.01 , 8.80 ± 0.01 , and 3.36 ± 0.15 apoptotic cells per mm² in WTSD, WTCD, A₁AR-/-CD and A_{2A}AR-/-CD groups respectively (Fig. 8). This indicates about a fivefold and twofold increase in apoptotic cells in A₁AR -/-CD and A_{2A}AR-/- CD respectively when compared to WT SD group.

Discussion

Adenosine and adenosine receptors (AR) are involved in the modulation of neuroinflammation in multiple sclerosis and other neurodegenerative diseases. Our lab has previously shown that antagonism of the A2A AR protected mice from experimental autoimmune encephalomyelitis (EAE) by blocking immune cell entry into the brain [24]. Using the EAE model we initially demonstrated a direct role for AR action outside the hematopoietic lineage, however, there remains a need to identify the cells that are involved. In the present study, we set out to study these receptors' roles in oligodendrocyte precursor cell (OPC) and/or oligodendrocyte (OL) function, in a bid to understand how they contribute to myelin regulation [27, 29]. It has been established that some of the clinical signs in MS are associated with focal hippocampal demyelination as well as disconnection of the hippocampus from several brain networks. The hippocampus

Fig. 5 a Immunofluorescence staining with MBP and Olig2 antibodies: order of demyelination: $A_{2A}AR$ -/- $< WT < A_1AR$ -/- (b) Quantification of expression of MBP and (c) Olig2 immunofluorescence intensity @ denotes statistical significance compared with controls at p < 0.05; # denotes statistical significance compared with A24 AR -/-CD 5 mice/ group. Scale bar: 50 µm (d) Western blot analysis of MOG revealed major bands at approximately 28 kDa (e) the ratio of densities of MOG-specific to GAPDH bands. WT CD: wild type mice fed cuprizone diet, A1 AR-/-CD: A1 adenosine receptor knock out mice fed cuprizone diet, A2A AR-/- CD: A2A adenosine receptor knock out mice fed cuprizone diet @ signifies $p \le 0.05$ compared to WT SD # signifies $p \le 0.05$ compared to A2A AR-/- CD by one-way ANOVA followed by Tukey post hoc test for comparison of multiple means



likewise contributes to neurogenesis and plasticity, both of which possibly play a role in functional preservation and restoration. These underline the importance of assessing the hippocampus to improve our understanding of the clinical manifestations of multiple sclerosis, as well as a potential target for treatment.

We had intended to feed the mice for 6 weeks at the commencement of our study, but we had to terminate the experiment at 4 weeks when we observed that the A_1AR -/-mice had lost a significant percentage of their initial body weight by day 28 with signs of sickness behavior. This unanticipated shorter duration of cuprizone feeding nevertheless has been documented to result in demyelination and has been used extensively to model multiple sclerosis

[34-36]. Even shorter duration of 3 weeks cuprizone diet has also been described in the literature to cause acute demyelination [37]. The sickness behavior observed in A_1AR -/- mice three weeks after the start of cuprizone diet in our study is similar to what is observed in Alzheimer's patients [28, 38]. This has been described as a cluster of behavioral and neurological signs that occur when the levels of pro-inflammatory cytokines increase in the brain [39, 40]. Besides, A_1AR -/- CD mice exhibited similar severe demyelination in the corpus callosum and hippocampus. Although, this is outside the scope of the present study, we hypothesized that the rapid and extensive demyelination in A_1AR -/- mice may have triggered damage/danger-associated signaling molecules that elicited a

DAPI

WT SD

WT CD

A₁ AR -/- CD

A_{2A}AR -/- CD





Fig. 6 a Immunofluorescence double labeling of NeuN and A1 adenosine receptor in the hippocampus showing neuronal loss in the hippocampus of $A_1 AR$ -/- and WT cuprizone-fed mice (b) Quantification of expression of NeuN and $A_1 AR$ -/- immunofluorescence in the hippocampus, Images were captured from stained frozen sections using a fluorescence microscope equipped with $20 \times objectives$. Scale bar,

cytokine response in the CNS that resulted in the altered behavior in the mice.

We investigated spatial learning using the less stressful Barnes maze that showed that cuprizone-fed WT and A_1AR -/-mice exhibited longer escape latency and were less accurate in locating the escape platform compared to control and $A_{2A}AR$ -/- groups. The lack of significant differences

20 µm. WT CD: wild type mice fed cuprizone diet, A₁ AR-/- CD: A1 adenosine receptor knock out mice fed cuprizone diet, A_{2a} AR-/- CD: A_{2A} adenosine receptor knock out mice fed cuprizone diet @ signifies $p \le 0.05$ compared to WT SD # signifies $p \le 0.05$ compared to A_{2a} AR-/- CD by one-way ANOVA followed by Tukey post hoc test for comparison of multiple means

in motor and locomotor performance in the open field test illustrates clearly that the cognitive deficits displayed in the Barnes maze test were not due to impairment in exploration but rather revealing memory disruption in the cuprizone-fed WT and A₁AR-/-.

We monitored demyelination by MBP immunofluorescence, LFB, and LFB-PAS which allowed the assessment



Fig. 7 a Hippocampal astrocytosis in WT, $A_1 AR$ -/- and $A_{2A} AR$ -/mice fed cuprizone diet. **b** Quantification of GFAP-positive astrocyte cell number in the hippocampus of experimental mice. Few reactive astrocytes were seen in control mice compared to swollen and ramified, (white arrow heads) in WT, $A_1 AR$ -/- and $A_{2A} AR$ -/- mice fed cuprizone. Data presented as mean ± SEM n=5; **WT CD**: wild type

mice fed cuprizone diet, $A_1 AR$ -/- CD: A1 adenosine receptor knock out mice fed cuprizone diet, $A_{2a} AR$ -/- CD: A_{2A} adenosine receptor knock out mice fed cuprizone diet @ signifies $p \le 0.05$ compared to WT SD by one-way ANOVA followed by Tukey post hoc test for comparison of multiple means

Fig. 8 (A) TUNEL-positive cells in the hippocampus of control and cuprizone fed diet in WT, A1AR-/- and A2AAR-/mice. (B) TUNEL-positive cells quantification. Scale Bars = 50 μ m. WT CD: wild type mice fed cuprizone diet, A₁ AR-/- CD: A1 adenosine receptor knock out mice fed cuprizone diet, A2a AR-/- CD: A2A adenosine receptor knock out mice fed cuprizone diet Data presented as mean ± SEM n=5; @ significantly different from WT at p < 0.05; # significantly different from WT (CD) $A_{2A}AR$ -/- CD group at p < 0.05



of myelin integrity [41]. We focused on the hippocampus because of its prior implication and cognitive decline in MS pathologies [42]. LFB quantification revealed approximately 82% reduction in myelin in A₁AR-/- cuprizone-fed mice, a 50% reduction in WT cuprizone-fed mice contrary to the 30% increase seen in A_{2A}AR-/- cuprizone-fed mice. This might be an indication that demyelination induced by the cuprizone diet is amplified in A₁AR-/- mice leading to severe demyelination in contrast to the intense myelination observed in A_{2A}AR-/- cuprizone-fed mice while WT cuprizone-fed mice present with an intermediate demyelination phenotype. The hippocampus is crucial for spatial working memory acquisition and studies have shown that it is susceptible to demyelination by cuprizone as seen in the A₁AR-/- and WT mice. Conversely, the A_{2A}AR-/- cuprizone-fed mice showed no evidence of myelin depletion in the hippocampus/can withstand cuprizone-induced demyelination demonstrating a role for the A₁ adenosine receptor in maintaining myelin integrity despite cuprizone intoxication. Furthermore, the cognitive impairment observed in the A_1AR -/- and WT cuprizone-fed mice correlate with demyelination of the hippocampus while the $A_{2A}AR$ -/- showed no such impairment. The correlation between hippocampal myelin status and spatial memory impairment observed in the present study is similar to previous reports [43].

The A₁AR receptors immunofluorescence staining confirms the lack of this receptor in the A1 AR -/- mice, we observed that cuprizone feeding in WT mice led to a significant depletion of A1 adenosine receptors while A2A AR-/- CD mice had profuse A1 adenosine receptors. These findings showed that the higher the expression of A₁ AR in cuprizone-fed mice, the more resistant they are to demyelination, raising the possibility that A1 AR receptors positively regulate myelin formation in the hippocampus. It also becomes obvious that disruption of A1 AR could be connected to demyelination and failure of remyelination reported in multiple sclerosis (MS) patients. This finding is in line with those of Johnston et al. [44] who observed decreased expression of A₁ AR in the peripheral blood of MS patients. In general, these observations demonstrated that cuprizone-induced neuro histopathological changes were significantly more severe in A₁AR -/- compared to WT mice.

Olig2 is an important determinant for the specification of neural precursor cells into oligodendrocyte progenitor cells (OPCs) while MBP is absolutely expressed on the surface of myelin sheaths and matured oligodendrocyte processes [45]. It is well understood that OPCs are responsible for remyelinating lesions in the CNS [46] and thus failure of myelin repair has been attributed to deficiencies in the generation of mature oligodendrocytes. However, in the present study, despite the over-expression of OPCs in cuprizone-fed mice there was a deficiency in the generation of mature oligodendrocytes. This finding support claims that despite the presence of endogenous OPCs in multiple sclerosis [20, 47], they often fail to remyelinate axons, suggesting a failure in differentiation [48]. This failure in remyelination is suggestive of the protagonist role of A₁ AR in various steps (such as migration, differentiation, and maturation) in the transition of OPCs to mature oligodendrocytes. In agreement, A1 receptor knockout mice develop severe demyelination and oligodendrocyte cytotoxicity as evidenced by increased cuprizone-induced apoptosis. This apoptosis precedes massive demyelination caused by cuprizone administration [49]; no wonder oligodendrocyte degeneration and demyelination were directly proportional to the number of apoptotic cells. Oligodendrocyte increases the speed of nerve conduction; myelin plays a significant role in maintaining the integrity and long-term survival of axons [50]. The myelin proteins play a role in providing this trophic support to neurons and this function appears independent of any role in myelin sheath formation [51]. For example, myelin basic protein (MBP) is an important adhesion molecule on the myelin sheath of the CNS providing structural integrity for neuronal axons [52]. We observed that decreased expression of MBP was accompanied by neuronal loss in WT and A₁AR-/- CD-fed mice in line with the findings of Frid et al. [53], who established that prion-like aggregation of MBP following demyelination may contribute to neuronal damage that occurs in MS. Thus, the disruption of myelin as evidenced by a significant reduction in MBP may explain the neuronal loss in the different brain regions in mice in this study.

The observed astrogliosis in our results correlates with the severity of demyelination, this is in congruence with reports of increasing astrocytic expression during acute demyelination and other CNS diseases [54]. Astrocytes become reactive and hypertrophied leading to the upregulation of filament proteins such as vimentin and GFAP [55]. These reactive astrocytes secrete several factors proposed to induce a drastic change in the environment of the demyelinated lesion, which is sensed by OPCs, to induce proliferation and differentiation [56]. Thus, the increased astrocytosis observed in this study could be in a bid to clear myelin debris. Other authors [27], however, argued that in addition to the direct effect of cuprizone on oligodendrocytes, the involvement of the brain's resident neuroinflammatory cells such as astrocytes is also believed to be responsible for the massive demyelination occurring following cuprizone exposure.

In conclusion, it is evident that deletion of A_1 AR in mice exacerbates lesions of MS while A_{2A} knockout mice resisted neurotoxicity/demyelination by CD. This corroborates our earlier reports that the absence of the A_{2A} receptor protected mice from multiple sclerosis-like diseases [24]. This study also demonstrated that the lack of A_1 or A_{2A} adenosine receptors in mice altered OPC and/or OL function suggesting their critical role in myelin regulation and OPC/OL function. Concurrently, this trend of events depicts that A_1 and A_{2A} adenosine receptors play opposing roles in the maintenance of myelin sheath integrity. We posit that A_1 ÁR is a positive regulator of myelin synthesis and future research could be targeted at investigating the possibility of agonists as potential therapies in hippocampal demyelination in multiple sclerosis.

Authors' Contribution OEA carried out the experiment, analyzed the data, drafted the manuscript, and designed the figures. MSB conceived the original idea and supervised the experiments. All authors discussed the results and contributed to the final manuscript.

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Data Availability The supporting data of this study are available from the corresponding author upon reasonable request.

Declarations

Conflict of Interest We have no conflict of interest to declare.

Ethics Approval All the mice were housed in a sterile facility and maintained following National Institute of Health guidelines for care and use of laboratory animals. The study was approved by the Institutional Animal Care and Use Committee of our university (Protocol # 2008–0092).

Consent to Participate Not applicable.

Consent for Publication Not applicable.

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