

Inhibition of 2‑Arachidonoylglycerol Metabolism Alleviates Neuropathology and Improves Cognitive Function in a Tau Mouse Model of Alzheimer's Disease

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Abstract

Alzheimer's disease (AD) is the most common cause of dementia, which afects more than 5 million individuals in the USA. Unfortunately, no efective therapies are currently available to prevent development of AD or to halt progression of the disease. It has been proposed that monoacylglycerol lipase (MAGL), the key enzyme degrading the endocannabinoid 2-arachidonoylglycerol (2-AG) in the brain, is a therapeutic target for AD based on the studies using the APP transgenic models of AD. While inhibition of 2-AG metabolism mitigates β-amyloid (Aβ) neuropathology, it is still not clear whether inactivation of MAGL alleviates tauopathies as accumulation and deposition of intracellular hyperphosphorylated tau protein are the neuropathological hallmark of AD. Here we show that JZL184, a potent MAGL inhibitor, signifcantly reduced proinfammatory cytokines, astrogliosis, phosphorylated GSK3β and tau, cleaved caspase-3, and phosphorylated NF-kB while it elevated PPARγ in P301S/PS19 mice, a tau mouse model of AD. Importantly, tau transgenic mice treated with JZL184 displayed improvements in spatial learning and memory retention. In addition, inactivation of MAGL ameliorates deteriorations in expression of synaptic proteins in P301S/PS19 mice. Our results provide further evidence that MAGL is a promising therapeutic target for AD.

Keywords 2-Arachidonoylglycerol · Monoacylglycerol lipase · Alzheimer's disease · Neuroinfammation · Tauopathies · Cognition

Introduction

Alzheimer's disease (AD), the most common form of dementia, is a degenerative brain disease characterized by neuroinflammation, accumulation of β-amyloid $(Aβ)$ plaques and neurofbrillary tangles, neurodegeneration, synaptic dysfunction, and cognitive decline. Based on "the 2020 Alzheimer's Disease Facts and Figures" reported by Alzheimer's Association, more than 5 million Americans age 65 and older are living with Alzheimer's dementia in 2020 and AD is the sixth-leading cause of death in the USA. However, no efective pharmacotherapies are currently available for prevention and treatment of AD. This is largely due to the fact

 \boxtimes Chu Chen chenc7@uthscsa.edu that etiology of AD is multifactorial and development of AD is linked to multiple mechanisms or signaling pathways. This means that the ideal AD therapy should be able to modify the disease through multiple mechanisms.

Endocannabinoids are endogenous bioactive lipid mediators involved in a variety of physiological and pathological processes. The endocannabinoid 2-arachidonoylglycerol (2-AG) is the most abundant endogenous cannabinoid and a full agonist for both CB1R and CB2R [\[1](#page-9-0)]. Several lines of evidence indicate that 2-AG displays anti-infammatory and neuroprotective properties in responses to harmful insults [[2–](#page-9-1)[6](#page-9-2)]. 2-AG is primarily synthesized from diacylglycerol (DAG) by diacylglycerol lipases $α/β$ and metabolized by the enzymes, including monoacylglycerol lipase (MAGL) and α/β hydrolase domain–containing proteins 6 and 12 (ABHD6/12). 2-AG is also converted by cyclooxygenase-2 (COX-2) to a new class of prostaglandins, prostaglandin glycerol esters (PG-Gs), when COX-2 is excessively activated during inflammation $[6, 7]$ $[6, 7]$ $[6, 7]$. Although these enzymes are capable of metabolizing of 2-AG, it has been estimated

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that 85% of 2-AG in the brain is degraded by MAGL $[8, 9]$ $[8, 9]$ $[8, 9]$ $[8, 9]$, suggesting that MAGL plays a dominant role in control of endogenous 2-AG levels in the brain. Recent studies provided further evidence that 2-AG in neurons and astrocytes is primarily hydrolyzed by MAGL, while it in microglial cells is predominantly degraded by ABHD12 [[10,](#page-10-0) [11\]](#page-10-1). The immediate metabolite of 2-AG is arachidonic acid (AA), a precursor of prostaglandins catalyzed by COX-1/2 and leukotrienes via arachidonate 5-lipoxygenase (LOX). Prostaglandins (i.e., PGE2) and leukotrienes are important infammatory mediators or proinfammatory [[12,](#page-10-2) [13\]](#page-10-3), while 2-AG is anti-infammatory and neuroprotective [\[2](#page-9-1)[–6](#page-9-2), [14](#page-10-4)]. Apparently, inactivation of MAGL would result in augmentation of anti-infammatory and neuroprotective 2-AG signaling, while lowering proinfammatory and neurotoxic eicosanoid levels [\[7](#page-9-3), [9,](#page-9-5) [10](#page-10-0), [15](#page-10-5)], suggesting that inhibition of 2-AG metabolism in the brain will lead to activate neuroprotective signaling pathways and concurrently turn off signaling pathways that are detrimental to brain function [[16](#page-10-6), [17](#page-10-7)]. Indeed, previous studies from our group and others demonstrated that inactivation of MAGL reduces Aβ formation and accumulation, neuroinfammation, and neurodegeneration and improves synaptic and cognitive functions in APP transgenic mice, animal models of AD [[15,](#page-10-5) [18–](#page-10-8)[20\]](#page-10-9). However, it is still not clear whether inhibition of 2-AG metabolism mitigates tauopathies as intracellular neurofbrillary tangles that represent hyperphosphorylated tau proteins are an important neuropathological hallmark of AD [\[21](#page-10-10), [22\]](#page-10-11). Here we show that inactivation of MAGL attenuates neuroinfammation and tau phosphorylation and prevents deterioration in synaptic proteins and cognitive decline in P301S/PS19 mice, a tau mouse model of AD, supporting generalizability of MAGL as a promising therapeutic target for AD.

Results

JZL184 Mitigates Neuroinfammation in P301S/PS19 Mice

Neuroinfammation is one of the major pathogenic mechanisms that contribute to neuropathology and cognitive decline in AD. Previous studies demonstrate that pharmacological inhibition MAGL attenuates neuroinfammation evident by decreases in proinfammatory cytokines and astroglial reactivity in APP transgenic mice [\[15](#page-10-5), [18–](#page-10-8)[20](#page-10-9)]. To determine whether inhibition of MAGL produces antiinfammatory efects in tau *P301S/PS19* transgenic (TG) mice [\[23\]](#page-10-12), we treated mice at 5 months of age with JZL184 (10 mg/kg, three times/week for 8 weeks, Fig. $1a$), as described previously [\[15\]](#page-10-5). We frst assessed hippocampal cytokines IL-1β and TNFα in 7-month-old TG mice and agematched wild-type (WT) control mice treated with vehicle

Fig. 1 Inactivation of MAGL reduces proinfammatory cytokines in P301S/PS19 transgenic (TG) mice. **a** Schematic illustration of the experimental protocol. P301S tau TG mice and their age-matched wild-type (WT) controls received vehicle or JZL184 (10 mg/kg, i.p.) three times per week starting at 5 months of age for 8 weeks. All the assessments were made at 7 months of age. **b** Changes in hippocampal IL-1β and TNF $α$ in mice treated with JZL184. Cytokines were detected using ELISA analysis. Data are means±SEM. **P*<0.05, ****P*<0.001 compared with WT-vehicle; §§*P*<0.01, §§§*P*<0.001 compared with TG-vehicle (ANOVA with Bonferroni test, *n*=5/ group)

or JZL184 using ELISA analysis. As shown in Fig. [1b,](#page-1-0) the levels of IL-1β and TNFα were significantly elevated in PS19 TG mice when compared with WT mice. Treatment with JZl184 significantly decreased hippocampal IL-1β and $TNF\alpha$ in both WT and TG mice. These results indicate that inhibition of 2-AG metabolism with JZL184 reduces neuroinflammation in tau TG mice. To further confirm anti-infammatory efects of MAGL inactivation in tau TG mice, GFAP immunoreactivity, a marker for infammatory responses in astrocytes, was assessed in the brain of P301S TG mice treated with vehicle or JZL184 three times a week for 8 weeks. As shown in Fig. [2,](#page-2-0) GFAP immunoreactivity was robustly reduced in the cortex and hippocampus of 7-month-old P301S TG mice treated with JZL184. Next, we detected Iba1 immunoreactivity, a marker for infammatory responses in microglia, as microglial cells are the innate immune system of the brain and play an important role in

Fig. 2 Inhibition of 2-AG metabolism attenuates reactivity of astrocytes in P301S TG mice. Immunoreactivity of astrocytic marker GFAP (green) in the cortex and hippocampus is reduced in tau TG mice that received JZL184. Scale bars: 40 μm. Data are

means±SEM. ***P*<0.01, ****P*<0.001 compared with WT-vehicle control; ^{§§§} P <0.001 compared with TG-vehicle (ANOVA with Bonferroni post hoc test, $n=4$ mice per group)

neuroinfammatory processes. As shown in Fig. [3,](#page-3-0) JZL184 also greatly suppressed reactive microglial cells in the cortex and hippocampus of the P301S TG mice. These results are consistent with previous observations where inhibition of MAGL mitigates neuroinfammation in APP TG mice [[15,](#page-10-5) [18](#page-10-8), [19](#page-10-13)].

Inhibition of 2‑AG Metabolism Alleviates Tauopathies in P301S/PS19 TG Mice

Accumulation of intracellular neurofbrillary tangles resulting from hyperphosphorylated tau is the neuropathological hallmark of AD [[21](#page-10-10), [22\]](#page-10-11). However, no studies have been conducted to assess whether disruption of 2-AG metabolism reduces phosphorylated tau (p-tau). To this end, we assessed total tau (Tau-5) and p-tau, including p-tau Thr181 (p-tauT181), and p-tau Ser202/Thr205 (AT8) in the hippocampus of PS19 TG mice treated with JZL184. As shown in Fig. [4a,](#page-4-0) p-tauT181 and AT8 were robustly elevated in TG mice, indicating increased p-tau proteins in P301S TG mice. Importantly, while JZL184 did not induce changes in Tau-5, which is the transgene and overexpressed in this line of tau TG mice, it signifcantly reduced p-tauT181 and AT8 in TG mice, indicating that inactivation of MAGL decreases p-tau. Since tau phosphorylation is largely regulated by glycogen synthase kinase-3β (GSK3β) and cyclin-dependent kinase 5 (Cdk5) [\[24](#page-10-14)[–27\]](#page-10-15), we detected phosphorylated GSK3β (p-GSK3β) and P35/25 that interact with Cdk5. As shown in Fig. [4a,](#page-4-0) p-GSK3β and P25 were signifcantly elevated in TG mice that received the vehicle, but the increase was reduced

Fig. 3 Inhibition of 2-AG metabolism attenuates reactivity of microglial cells in P301S TG mice. Immunoreactivity of microglial marker Iba-1 (green) in the cortex and hippocampus is reduced in tau TG mice that received JZL184. Scale bars: 40 μm. Data are

means±SEM. ***P*<0.01, ****P*<0.001 compared with WT-vehicle control; ^{§§§} P <0.001 compared with TG-vehicle (ANOVA with Bonferroni post hoc test, $n=4$ mice per group)

in TG mice treated JZL184, indicating JZL184-reduced p-tau is likely through suppression of p-GSK3β and P25.

We also assessed PPARγ, an important nuclear receptors displaying anti-inflammatory and neuroprotective effects, and phosphorylated NF-kB (p-NF-kB), an important transcription factor regulating expression of genes involved in infammation and neurodegeneration [\[28](#page-10-16)[–31](#page-10-17)]. We observed that hippocampal expression of PPARγ was signifcantly reduced, while p-NF-kB was increased in 7-month-old P301S TG mice. However, JZL184 prevented a decrease in expression of PPAR γ and an increase in p-NF-kB (Fig. [4a](#page-4-0)).

It is generally accepted that apoptosis is one of the important mechanisms contributing to loss of neurons in AD [\[32](#page-10-18)[–34\]](#page-10-19). To determine whether apoptosis occurs in 7-monthold P301S tau TG mice and whether MAGL inactivation mitigates tau-induced apoptosis, we detected expression of Bcl2, Bax, and caspase-3, which are involved in apoptotic cascades [\[35](#page-10-20), [36](#page-10-21)], in hippocampal tissues from WT and TG mice treated with vehicle or JZL184. As shown in Fig. [4b,](#page-4-0) expression of caspase-3 was signifcantly decreased, while cleaved caspase-3 was increased in the hippocampus in TG mice treated with vehicle. However, these changes were prevented by inactivation of MAGL with JZL184. We noticed that expression of Bcl2 was slightly reduced while Bax was elevated in vehicle-treated TG mice. Although these changes were reversed in animals treated with JZL184, there were no statistically signifcant diferences in expression of Bcl2, Bax, or in the ratio of Bcl2/Bax between WT and TG mice treated with vehicle or JZL184 (Fig. [4b\)](#page-4-0). These results suggest that apoptosis occurs in tau TG mice and that MAGL

Fig. 4 Inactivation of MAGL alleviates tauopathies in P301S TG mice. **a** Immunoblot analysis of tau-5 (total tau), p-GSK3β, P35/25, p-tauT181, p-tau Ser202/Thr205 (AT8), PPARγ, and p-NF-kB in the hippocampus in P301S TG mice that received JZL184 for 8 weeks. The values of Tau-5, p-GSK3β, P35/25, PPARγ, and p-NF-kB are normalized to WT-vehicle, while p-tauT181 and AT8 are normalized

inactivation reduces apoptosis primarily through a caspase-3-dependent signaling pathway in tau TG mice. This is consistent with the observations where caspase-3/cleaved caspase-3, but not Bcl2/Bax pathways, contribute to neuropathology in P301S tau TG mice [\[37](#page-10-22)].

Inactivation of MAGL Improves Cognitive Function in P301S/PS19 TG Mice

Inactivation of MAGL has been shown to improve spatial learning and memory in APP transgenic mice [[15,](#page-10-5) [20,](#page-10-9) [38](#page-10-23)]. However, it is still not clear whether inactivation of MAGL prevents cognitive decline in tau transgenic models of AD. To determine whether inhibition of 2-AG metabolism

to TG-vehicle as these phosphorylated tau proteins are not detectable in WT mice. Data are means \pm SEM (ANOVA with Fisher PLSD test, $n=4 \sim 5$ /group). **b** Immunoblot analysis of Bcl2, Bax, caspase-3, and cleaved caspase-3 in hippocampal tissues from PS19 TG mice that received JZL184 for 8 weeks. Data are means±SEM (ANOVA with Fisher PLSD test, $n = 3$ /group)

improves cognitive function, we assessed spatial learning and memory retention using the novel object recognition (NOR) and the Morris water maze tests, as described previously [\[15,](#page-10-5) [20,](#page-10-9) [38–](#page-10-23)[41\]](#page-10-24), in P301S tau TG mice treated with JZL184 for 8 weeks. As shown in Fig. [5a,](#page-5-0) memory retention was signifcantly impaired in 7-month-old P301S TG mice treated with vehicle. However, the impairment was prevented in TG mice treated with JZL184. The cognitive improvement by inactivation of MAGL in P301S TG mice is further confrmed by the Morris water maze test. As shown in Fig. [5b-d,](#page-5-0) JZL184 significantly improves spatial learning and memory retention in P301S TG mice, similar to APP transgenic mice [[15](#page-10-5), [20,](#page-10-9) [38](#page-10-23)]. These results suggest that inactivation of MAGL is capable of preventing

Fig. 5 Inhibition of MAGL improves cognitive function in P301S TG mice. **a** The novel object recognition test in 7-month-old Pv TG mice that received JZL184 for 8 weeks. Data are means±SEM (ANOVA with Bonferroni post hoc test, $n = 11 \sim 18$ /group). **b** The Morris water maze test was performed in 7-month-old P301S TG mice that received JZL184 for 8 weeks. Data are means±SEM (****P*<0.001, ANOVA with repeated measures, $n = 11 \sim 17$ /group). **c** Number of platform crossing during the probe test. The probe trial was conducted 24 h after 7 days of acquisition training. Data are means \pm SEM (ANOVA with Bonferroni post hoc test, $n = 11 \sim 17/\text{group}$. **d** The percentage of time spent in search of the target quadrant during the probe trial. Data are means±SEM (ANOVA with Bonferroni post hoc test, $n = 11 - 17$ /group)

cognitive decline in both APP and tau transgenic models of AD.

Inhibition of 2‑AG Metabolism Prevents Deterioration in Expression of Synaptic Proteins in P301S/PS19 TG Mice

It has been well recognized that cognitive deficits in AD is primarily due to loss of the synaptic integrity [[40](#page-10-25), [42](#page-10-26)]. Proper and efficient synaptic transmission and plasticity in the brain are largely dependent on expression and function of excitatory glutamate receptors. Our previous studies showed that inactivation of MAGL in APP TG mice prevents downregulation of glutamate receptor subunits in the brain [\[15,](#page-10-5) [38](#page-10-23)]. To determine whether JZL184 prevents deterioration in expression of glutamate receptors in tau TG mice, we detected expression of AMPA and NMDA glutamate receptor subunits, including GluA1, GluA2, GluN1, GluN2A, and GluN2B, in P301S tau TG mice treated with vehicle or JZL184. As shown in Fig. [6](#page-6-0), expression of GluA1, GluA2, GluN2A, and GluN2B in the hippocampus was signifcantly downregulated in P301S TG mice treated with vehicle. However, expression of these glutamate receptor subunits in mice treated with JZL184 was returned to the levels in WT mice, suggesting that inhibition of 2-AG metabolism is also capable of preventing deterioration in expression of glutamate receptor subunits. To further assess whether inactivation of MAGL prevents changes in expression of synaptic proteins in P301S TG mice, we also detected synaptophysin (Syn) and PSD-95, pre- and post-synaptic markers. We observed that hippocampal expression of Syn and PSD-95 was signifcantly reduced in 7-month-old P301S TG mice. However, treatment with JZL184 attenuated downregulation of Syn. Although expression of PSD-95 in JZL184-treated animals was slightly increased, but no statistical signifcance. Our results provide evidence that restraint of 2-AG metabolism by inactivation of MAGL averts downregulation of synaptic proteins in tau TG mice.

Discussion

It has been proposed that MAGL inhibition, which augments 2-AG signaling and reduces eicosanoid levels [\[8](#page-9-4), [9](#page-9-5)], is a promising therapy for AD [\[15](#page-10-5)]. However, MAGL proposed as a therapeutic target is largely based on the studies using

Fig. 6 Inactivation of MAGL prevents deterioration in expression of synaptic proteins in P301S TG mice. Immunoblot analysis of hippocampal expression of AMPA (GluA1 and GluA2) and NMDA (GluN1, GluN2A, and GluN2B) receptor subunits, PSD-95, synaptophysin (Syn), and PPARγ in 7-month-old P301S TG mice

treated with vehicle or JZL184. Data are means±SEM. **P*<0.05; ***P*<0.01 compared with the WT-vehicle, ${}^{8}P$ <0.05, ${}^{8}P$ <0.01 compared with the TG-vehicle (ANOVA with Fisher's PLSD test, $n=4$ mice per group)

the APP transgenic models of AD [[15,](#page-10-5) [18–](#page-10-8)[20](#page-10-9), [38](#page-10-23)]. Since intracellular neurofbrillary tangles resulting from accumulation of hyperphosphorylated tau proteins is one of the important neuropathological hallmarks of AD, it is still not clear whether inhibition of 2-AG metabolism alleviates tauopathies. To ascertain generalizability of the results from APP TG mice, we used P301S/PS19 tau TG mice, a tau mouse model of AD [\[23](#page-10-12)]. We demonstrate in the present study that JZL184, a highly selective and potent MAGL inhibitor [[9,](#page-9-5) [43](#page-10-27), [44](#page-11-0)], signifcantly reduces neuroinfammation, phosphorylated tau, and cleaved caspase-3, prevents deteriorations in expression of synaptic proteins, and improves cognitive function in P301S TG mice. Our results provide further evidence that inactivation of MAGL is capable of alleviating both $\Lambda\beta$ neuropathology and tauopathies, supporting the notion that MAGL is a promising therapeutic target for AD.

It is generally accepted that the etiology of AD is multifactorial and complex. Apparently, AD involves multiple etiopathogenic mechanisms or signaling pathways. This means that the ideal AD therapy should be able to modify the disease through multiple mechanisms. Several lines of evidence suggest that 2-AG is an important endogenous signaling molecule maintaining brain homeostasis by modulating synaptic transmission and plasticity, resolving neuroinfammation, and protecting neurons from harmful insults [\[2](#page-9-1)–[6,](#page-9-2) [14](#page-10-4), [17](#page-10-7), [45](#page-11-1)[–48](#page-11-2)]. Intriguingly, the immediate metabolite of 2-AG is arachidonic acid (AA), a precursor of prostaglandins and leukotrienes, which are proinfammatory and neurotoxic [\[12,](#page-10-2) [13\]](#page-10-3). Apparently, inactivation of MAGL results in augmentation of anti-infammatory and neuroprotective 2-AG signaling, while lowering proinfammatory and neurotoxic eicosanoid levels [[6](#page-9-2), [7](#page-9-3), [16](#page-10-6)]. This means that inactivation of MAGL will turn on anti-infammatory and neuroprotective signaling pathways and concurrently off signaling pathways that are detrimental to homeostatic maintenance of brain function [[16,](#page-10-6) [17](#page-10-7)]. Indeed, previous studies provide evidence showing that pharmacological or genetic inactivation of MAGL enhances long-term potentiation (LTP), learning, and memory [[15](#page-10-5), [49](#page-11-3), [50\]](#page-11-4). Importantly, inactivation of MAGL produces profound anti-infammatory and neuroprotective efects and improves synaptic and cognitive functions in animal models of AD and MPTP model of Parkinson's disease, and close head injury [\[9](#page-9-5), [15,](#page-10-5) [18](#page-10-8), [19,](#page-10-13) [41](#page-10-24)]. Thus, MAGL has been proposed as a therapeutic target for neurodegenerative diseases [[15,](#page-10-5) [38,](#page-10-23) [41](#page-10-24), [51](#page-11-5)[–54](#page-11-6)].

The neuroprotective effects of MAGL inhibition observed in the present study likely beneft from multiple signaling pathways based on the anti-infammatory and neuroprotective properties of its substrate 2-AG and the proinfammatory and neurotoxic properties of the 2-AG metabolites (Fig. [7\)](#page-7-0). It has been demonstrated earlier that inactivation of MAGL suppresses LPS-induced infammation and reduces MPTP-induced neuronal loss [[9](#page-9-5)]. These neuroprotective efects by disruption of MAGL are not mediated via 2-AG signaling that binds to CB1R or CB2R, but through prostaglandin signaling derived from AA, the 2-AG immediate metabolite catalyzed by MAGL. Consistent with these observations, MAGL inhibition–produced suppression of gliosis, cytokine production, and Aβ formation in APP TG mice is also independent of CB1R or CB2R [[15](#page-10-5), [18](#page-10-8), [38](#page-10-23)]. In contrast, 2-AG has been shown to protect neurons from traumatic brain injury via a CB1R-dpendeent mechanism [[5,](#page-9-6) [55](#page-11-7)]. Especially, 2-AG or inhibition of MAGL attenuates Aβ, proinfammatory and excitotoxic insult–induced

Fig. 7 Signaling pathways mediating the beneficial effects produced by inhibition of 2-AG metabolism. Inactivation of monoacylglycerol lipase (MAGL) by JZL184 augments 2-AG signaling and decreases 2-AG immediate metabolite arachidonic acid (AA) and AA-derived prostaglandins (PGs) through cyclooxygenase 1 and 2 (COX-1/2) and leukotrienes (LT4s) through 5-lipoxygenase (LOX). 2-AG possesses anti-infammatory and neuroprotective properties, while prostaglandins and leukotrienes are proinfammatory and neurotoxic. Enhanced 2-AG by inactivation of MAGL stimulates expression and activity PPARγ through CB1/2-dependent and independent pathways, resulting in inhibition of NF-κB. Reduced NF-kB transcriptional activity and the amount of prostaglandins and leukotrienes decrease proinfammatory cytokines and chemokines and neuroinfammation as well as apoptosis, which in turn suppress tau phosphorylation and tauopathies. These events may beneft to maintaining brain homeostasis and the integrity of synapses, and thus improving synaptic and cognitive functions

neuroinfammation, neurodegeneration, and apoptosis via a CB1R-mediated suppression of caspase-3 cleavage, MAPK, ERK1/2, NF-kB, and COX-2 in vitro [\[2](#page-9-1), [4\]](#page-9-7). Thus, MAGL inactivation-produced beneficial effects are closely associated with augmentation of 2-AG signaling and concurrent reduction of its metabolites through CB1R- or CB2Rdependent and independent mechanisms.

Peroxisome proliferator–activated receptor-γ (PPARγ), a member of nuclear receptors, displays anti-infammatory and neuroprotective effects through interacting with NF-kB, resulting in reduction of expression of genes involved in infammation and neurodegeneration [[28–](#page-10-16)[31](#page-10-17)]. Our previous studies show that 2-AG- or MAGL inhibition–induced suppression of COX-2 and p-NF-kB is mediated via CB1Rdpendent promotion of PPARγ expression in vitro [[3](#page-9-8)],

suggesting that interactions occur between PPARγ and NF-kB in 2-AG-produced anti-infammatory and neuropro-tective effects against harmful insults [\[6\]](#page-9-2). Our latest studies provide further evidence that 2-AG is an endogenous PPARγ, which mediates 2-AG- or MAGL inactivation-produced resolution of neuroinfammation and protection of neurons by inhibition of NF-kB signaling in APP TG mice [\[20](#page-10-9)]. In the present study, we observed that MAGL inactivation elevates PPARγ and decreases p-NF-kB in tau TG mice, suggesting that PPARγ signaling plays an important role in MAGL inactivation-produced mitigation of neuroinfammation, apoptosis, and tauopathies (Fig. [7\)](#page-7-0).

Senile plaques and neurofbrillary tangles are the two neuropathological hallmarks of AD. Senile plaques are extracellular accumulation and deposition of Aβ, while neurofbrillary tangles are intracellular deposition of hyperphosphorylated tau proteins. The behavioral symptoms of AD are largely associated with the accumulation of plaques and tangles [[21\]](#page-10-10). Several lines of evidence show that tau stability is largely associated with molecular chaperons, including heat shock protein 90 (Hsp90) and heat shock protein 70 (Hsp70), two major molecular chaperones that are involved in tau misfolding, self-aggregation, and clearance [[35](#page-10-20), [36,](#page-10-21) [56](#page-11-8), [57\]](#page-11-9). It has been shown that inhibition of Hsp90 or Hsp70 reduces tauopathies [[58,](#page-11-10) [59\]](#page-11-11). Although we did not assess Hsp90 and Hsp70 in the present study, it is possible that Hsp90 or Hsp70 might be involved in the MAGL inactivation-alleviated tauopathies, which warrants further research.

While both $\mathbf{A}\beta$ and p-tau contribute to neuropathology, synaptic, and cognitive declines in AD, accumulated evidence suggests that tau proteins are essential or required for Aβ-induced neurotoxicity, neurodegeneration, and synaptic dysfunction [\[22](#page-10-11), [60](#page-11-12), [61\]](#page-11-13). This means that hyperphosphorylated tau plays an important role in driving cognitive decline in AD. In addition, clinical trials of Aβ-targeting therapies are largely failed. This suggests that efficacious AD therapies may need to alleviate both Aβ and tau pathologies. The results from the previous studies where inactivation of MAGL alleviates neuropathology and improves synaptic and cognitive function in APP TG mice [[15,](#page-10-5) [18](#page-10-8)[–20](#page-10-9), [38](#page-10-23)] together with the fndings from the present study in tau TG mice suggest that inhibition of 2-AG metabolism is capable of curbing both Aβ and tau neuropathologies and preventing cognitive decline and that MAGL is a promising therapeutic target.

Materials and Methods

Animals

P301S tau transgenic mice (B6;C3-Tg(Prnp-MAPT*P301S) PS19Vle/J, stock number: 008169) were obtained from the Jackson Lab [[23\]](#page-10-12). Both male and female P301S mice and age-matched non-transgenic wild-type (WT) littermates at 7 months of age were used in the present study. 4-Nitrophenyl-4-[bis (1,3-benzodioxol-5-yl)(hydroxy)methyl] piperidine-1-carboxylate (JZL184, provided by the NIH Mental Health Institute Chemical Synthesis and Drug Supply Program), a potent and selective inhibitor of MAGL, was dissolved in the vehicle containing Tween-80 (10%), DMSO (10%), and saline (80%). Animals were treated with either vehicle or JZL184 (10 mg/kg, i.p.) three times per week starting at 5 months of age for 8 weeks, as described previously [\[15,](#page-10-5) [20](#page-10-9)]. All the observations and assessments in mice were made at 7 months of age.

All the experiments were performed in compliance with the US Department of Health and Human Services Guide for the Care and Use of Laboratory Animals. The care and use of the animals reported in this study were approved by the Institutional Animal Care and Use Committee of University of Texas Health San Antonio. The experiments, whenever possible, were performed in a blinded fashion.

ELISA

Levels of IL-1 β and TNF α in hippocampal tissues of P301S TG mice that received vehicle control or JZL184 were detected using a colorimetric IL1β and TNFα ELISA kits (IL-1β: Cat# RAB0275, Sigma-Aldrich, and TNFα: Cat# MBS825075, MyBioSource) according to the instructions provided by the manufacturers.

Immunoblot

Western blot assay was conducted to determine expression of GluA1, GluA2, GluN1, GluN2A, and GluN2B; tau-5; AT8; p-tauT181; p-GSK3β; p35/25; caspase-3; cleaved caspase-3; Bcl2; Bax; PPARγ; PSD95; and synaptophysin (Syn) in the hippocampus from animals that received vehicle or JZL184. Hippocampal tissue was extracted and immediately homogenized in RIPA lysis buffer and protease inhibitors, and incubated on ice for 30 min, then centrifuged for 10 min at 10,000 rpm at 4 °C. Supernatants were fractionated on 4–15% SDS-PAGE gels and transferred onto PVDF membranes (Bio-Rad). The membrane was incubated with anti-GluA1 (1:1000, Abcam, Cat# AB31232), GluA2 (1:1000, Abcam, Cat# AB133477), GluN1 (1:1000, Abcam, Cat# AB109182), GluN2A (1:1000, LSBio, Cat# LS-B7707), GluN2B (1:1000, Abcam, Cat# AB65783), tau-5 (1:1000, Thermo Fisher, Cat# AHB0042), AT8 (1:200, Thermo Fisher, Cat# MN1020), p-tauT181 (1:1000, Cell Signaling Technology, Cat# 12,885), p-GSK3β (1:1000, Cell Signaling Technology, Cat# 9323), p35/25 (1:1000, Cell Signaling Technology, Cat# 2680), caspase-3 (1:1000, Cell Signaling Technology, Cat# 9665), cleaved caspase-3 (1:1000, Cell Signaling Technology, Cat# 9661), Bcl2 (1:1000, Cell Signaling Technology, Cat# 2876), Bax (1:1000, Cell Signaling Technology, Cat# 2772), PPARγ (1:1000, Abcam, Cat# AB27649), Syn (1:500, Abcam, Cat# AB8049), and PSD95 (1:1000, Abcam, Cat# AB2723) at 4 °C overnight. The blots were washed and incubated with a secondary antibody (goat anti-rabbit 1:2000, Cell Signaling Technology, Cat# 7074) at room temperature for 1 h. Proteins were visualized by enhanced chemiluminescence (Amersham Biosciences, UK). The densities of specifc bands were quantifed by densitometry using FUJIFILM Multi Gauge software (version 3.0). Band densities were quantifed and converted to the total amount of protein loaded in each well as determined by mouse anti β-actin (1:2000, Santa Cruz Biotechnology, Cat# SC-47778) as described previously [[15,](#page-10-5) [20,](#page-10-9) [39](#page-10-28), [40](#page-10-25)].

Immunohistochemistry

Immunohistochemical analyses were performed to determine astrocytic and microglial markers (GFAP and Iba1) in coronal brain sections, as described previously [[15](#page-10-5), [20,](#page-10-9) [41\]](#page-10-24). Animals were anesthetized with ketamine/xylazine (200/10 mg/kg) and subsequently transcardially perfused with PBS followed by 4% paraformaldehyde in phosphate buffer. The brains were quickly removed from the skulls and fixed in 4% paraformaldehyde overnight, and then transferred into the PBS containing 30% sucrose until sinking to the bottom of the small glass jars. Cryostat sectioning was made on a freezing Vibratome at 40 μm and series sections (every 10th section from each animals) were collected in 0.1 M phosphate buffer. Free-floating sections were immunostained using specifc antibodies for GFAP (1:500, Sigma-Aldrich, Cat# G3893) an Iba1 (1:500, Sigma-Aldrich, Cat# MABN92) followed by incubation with the corresponding fluorescent-labeled secondary antibody. 4′-6-Diamidino-2-phenylindole (DAPI), a fuorescent stain that binds strongly to DNA, was used it to detect cell nuclei in the sections. The sections were then mounted on slides for immunofuorescence detection using a Zeiss deconvolution microscope. The immunoreactivity (in arbitrary densitometric units) of GFAP and Iba1 in the cortex and hippocampus in each image was analyzed and quantifed using SlideBook 6.0, as described previously [\[15](#page-10-5), [20](#page-10-9), [38](#page-10-23), [41](#page-10-24)].

Novel Object Recognition

The novel object recognition (NOR) test was performed as described previously [[40,](#page-10-25) [62](#page-11-14)]. Briefy, animals were frst allowed to acclimate to the testing environment (habituation). The test included two stages: training and testing. In the frst stage of the test, the animal was confronted with two identical objects, placed in an open feld, and in the second stage, the animal was exposed to two dissimilar objects placed in the same open feld: one familiar object, used in the frst phase, and the other novel object. Exploration of an object was defned as time spent with the head oriented towards and within 2 cm of the object. The time spent exploring each of the objects in stage 2 was detected by a video camera using an EthoVision video tracking system (Noldus). The recognition index (RI) was calculated based on the following equation: $RI = T_N/T_N + T_F$), where T_N is the exploration time devoted to the novel object and T_F is the exploration time forthe familiar object, as described previously [\[63](#page-11-15), [64](#page-11-16)].

Morris Water Maze

The classic Morris water maze (MWM) test was used to determine spatial learning and memory, as described previously [\[15,](#page-10-5) [20](#page-10-9), [38](#page-10-23)[–41\]](#page-10-24). Animals were initially randomized grouped to receive diferent treatments. The test was performed 24 h after last cessation of JZL184 injections. A circular water tank (diameter 120 cm) was flled with water, and the water was made opaque with non-toxic white paint. A round platform (diameter 15 cm) was hidden 1 cm beneath the surface of the water at the center of a given quadrant of the water tank. PS19 TG mice and their age-matched littermates received learning acquisition training for 7 days (7 sessions), and each session consisted of 4 trials. For each trial, the mouse was released from the wall of the tank and allowed to search, fnd, and stand on the platform for 10 s within the 60-s trial period. For each training session, the starting quadrant and sequence of the four quadrants from where the mouse was released into the water tank were randomly chosen so that it was diferent among the separate sessions for each animal and was diferent for individual animals. The mice in the water pool were recorded by a video camera using an EthoVision video tracking system (Noldus). A probe test to assess memory retention was conducted 24 h after the completion of the training acquisition. During the probe test, the platform was removed from the pool, and the task performances were recorded for 60 s.

Data Analysis

Data are presented as mean \pm S.E.M. Unless stated otherwise, one- or two-way-analysis of variance (ANOVA) followed by post hoc tests were used for statistical comparison when appropriate. Diferences were considered signifcant when $P < 0.05$.

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Author Contribution C.C. conceived the project and designed the experiments; J.H., M.H., J.Z., F.G., and C.C. performed the experiments and analyzed the data; C.C. supervised the work and wrote the manuscript.

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Data Availability Data supporting the fndings of this manuscript are available from the corresponding authors upon request.

Code Availability Not applicable.

Declarations

Ethics Approval All the animal experiments were performed in compliance with the US Department of Health and Human Services Guide for the Care and Use of Laboratory Animals. The care and use of the animals reported in this study were approved by the Institutional Animal Care and Use Committee of University of Texas Health San Antonio.

Consent to Participate Not applicable.

Consent for Publication Not applicable.

Conflict of Interest The authors declare no competing interests.

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