

# Intracerebral Glycine Administration Impairs Energy and Redox Homeostasis and Induces Glial Reactivity in Cerebral Cortex of Newborn Rats

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Abstract Accumulation of glycine (GLY) is the biochemical hallmark of glycine encephalopathy (GE), an aminoacidopathy characterized by severe neurological dysfunction that may lead to early death. In the present study, we evaluated the effect of a single intracerebroventricular administration of GLY on bioenergetics, redox homeostasis, and histopathology in brain of neonatal rats. Our results demonstrated that GLY decreased the activities of the respiratory chain complex IV and creatine kinase, induced reactive species generation, and diminished glutathione (GSH) levels 1, 5, and 10 days after GLY injection in cerebral cortex of 1-dayold rats. GLY also increased malondialdehyde (MDA) levels 5 days after GLY infusion in this brain region. Furthermore, GLY differentially modulated the activities of superoxide dismutase, catalase, and glutathione peroxidase depending on the period tested after GLY administration. In contrast, bioenergetics and redox parameters were not altered in brain of 5-dayold rats. Regarding the histopathological analysis, GLY increased S100ß staining in cerebral cortex and striatum, and GFAP in corpus callosum of 1-day-old rats 5 days after injection. Finally, we verified that melatonin prevented the decrease of complex IV and CK activities and GSH concentrations, and the increase of MDA levels and S100ß staining caused by GLY. Based on our findings, it may be presumed

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**Keywords** Glycine · Melatonin · Bioenergetic dysfunction · Oxidative stress · Glial reactivity · Rat brain

## Introduction

Glycine encephalopathy (GE), also called non-ketotic hyperglycinemia, is an autosomal recessive disease caused by deficient activity of glycine (GLY) cleavage system (GCS), an intramitochondrial enzyme complex composed by four proteins: P-protein (a pyridoxal phosphate-dependent glycine decarboxylase), H-protein (a lipoic acid containing hydrogen-carrier protein), T-protein (tetrahydrofolate-requiring amino methyltransferase), and L-protein (lipoamide dehydrogenase). The prevalence of GE is estimated at 1:60,000 [1, 2], and it has been reported that up to 80 % of the affected patients have a defect in the P-protein. GCS defect results in the accumulation of GLY in all tissues of patients, particularly in the central nervous system (CNS), reaching concentrations as high as 7.3 mM [1, 3].

Most patients with GE present the classical or neonatal form of this disorder, whose symptoms appear in the first days of life and include lethargy, hypotonia, and seizures, frequently leading to coma and early death. Other less frequent forms of GE with late onset are characterized by behavioral problems, cognitive deficit, and developmental delay. Cerebral MRI findings include progressive brain atrophy, hypoplasia of the corpus callosum, and variable degrees of gliosis [4, 5]. Treatment is not effective, but generally consists at decreasing

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GLY levels and avoiding the effects of GLY at neurotransmitter receptors [6–8].

Although the pathophysiology of brain damage observed in GE is not established, it has been associated to the high tissue levels of GLY. In the CNS, GLY may cause excitotoxicity, since this amino acid is a co-agonist of NMDA glutamate receptor [9–13]. Furthermore, previous in vitro and in vivo studies demonstrated that GLY induces oxidative damage and compromises bioenergetics in brain of young rats [14–16]. It should be noted that GLY has been suggested to exert neurotoxic effects already in utero [7, 17].

Since to the best of our knowledge the in vivo effects of GLY in brain of neonatal rats have not yet been investigated, we evaluated the in vivo influence of GLY intracerebroventricular (ICV) administration (a chemical model of GE) on important parameters of energy metabolism and redox status, namely the activities of the respiratory chain complexes I to IV and of creatine kinase (CK), malondialdehyde (MDA) levels, GSH concentrations, 2',7'-dichlorofluorescin (DCFH) oxidation, as well as the activities of superoxide dismutase (SOD), catalase (CAT), and glutathione peroxidase (GPx) in cerebral cortex of neonatal rats. We also investigated whether GLY could cause brain damage by performing 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) reduction assay and histopathological analysis for gliosis and neuronal death in cerebral cortex, striatum, and corpus callosum. In addition, we evaluated the effects of MEL, a neuroprotective agent, on the alterations exerted by GLY in newborn rat brain.

## Material and Methods

## Animals and Reagents

We used 1- and 5-day-old Wistar rats obtained from the Central Animal House of the Department of Biochemistry, ICBS, Universidade Federal do Rio Grande do Sul, Porto Alegre, RS, Brazil. The animals were maintained on a 12:12 h light/dark cycle (lights on 07:00–19:00 hours) in airconditioned constant temperature ( $22\pm1$  °C) colony room, with free access to water and 20 % (*w/w*) protein commercial chow (SUPRA, Porto Alegre, RS, Brazil). All reagents used were of analytical grade and purchased from Sigma-Aldrich Co. (St Louis, MO, USA).

The experiments were approved by the local Animal Ethics Commission (*Comissão de Ética no Uso de Animais*-Universidade Federal do Rio Grande do Sul) under the number 23787, and the National Animal Rights Regulations (Law 11.794/2008). The guidelines of National Institutes of Health Guide for the Care and Use of Laboratory Animals (NIH publication no. 80-23, revised 1996), and Directive 2010/63/EU were followed. All efforts were made to minimize the number of animals used and their suffering.

#### **Glycine and Melatonin Administration**

Each littermate of 1- or 5-day-old rats was injected into the fourth ventricle, as previously described [18, 19], with a dose of 0.2 µmol/g of GLY (treated group) or phosphate-buffered saline (PBS; control group). After the injection, the rat pups were returned to their respective dams. The correct position of the needle (size 3 mm) was tested by injecting 1 µL of methvlene blue (4 % in saline solution) followed by histological analysis. One-day-old rats were euthanized 1, 5, or 10 days after GLY administration, whereas 5-day-old rats were killed 1 day after GLY injection. In other experiments, 1-day-old rats also received one diary intraperitoneal injection of 20 µmol/g MEL (prepared in dimethyl sulfoxide (DMSO)) during five consecutive days [20]. The first injection of MEL was performed 1 h before the administration of PBS or GLY. All rat pups were injected once a day at 10:00 a.m. to ensure that there were no differences in circadian rhythm between experimental groups. The rats were euthanized 1 h after the last injection of MEL. It was verified that MEL per se did not alter the biochemical parameters evaluated in rat cerebral cortex.

#### **Preparation of Samples**

The rats were euthanized by decapitation without anesthesia and had their brain rapidly excised on a Petri dish placed on ice. The cerebral cortex was dissected, weighed, and homogenized in a specific buffer used for each technique. For the determination of the activities of the respiratory chain complexes, the cerebral cortex was homogenized (1:20, w/v) in SET buffer (250 mM sucrose, 2.0 mM ethylenediaminetetraacetic acid (EDTA), and 10 mM Trizma base), pH 7.4. The homogenates were centrifuged at  $800 \times g$  for 10 min, and the supernatants were kept at -70 °C until being used for enzyme activity determination. For CK activity measurement, the cerebral cortex was homogenized (1:10, w/v) in isosmotic saline solution. For the evaluation of the redox homeostasis parameters, the brain structure was homogenized in 10 volumes (1:10, w/v) of 20 mM sodium phosphate buffer, pH 7.4, containing 140 mM KCl. Homogenates were centrifuged at 750×g for 10 min at 4 °C to discard nuclei and cell debris [21] and the supernatants utilized for the determination of the parameters. Tissue slices (25 mg) were also isolated for DCFH oxidation measurement.

#### **Respiratory Chain Complex Activities**

Mitochondrial respiratory chain enzyme activities (complexes I–III, II, II–III, and IV) were measured in the supernatants with a protein concentration varying from 1.5 to 4.0 mg protein/mL. The activity of NADH/cytochrome c oxidoreductase

(complexes I–III) was assessed as described by Schapira [22]. The activities of succinate/DCIP-oxidoreductase (complex II) and succinate/cytochrome c oxidoreductase (complex II–III) were determined according to the method of Fischer [23] and that of cytochrome c oxidase (complex IV) according to Rustin [24]. The methods described to measure these activities were slightly modified, as described in details in a previous report [25]. The activities of the respiratory chain complexes were calculated as nanomoles per minute milligram of protein.

#### **Creatine Kinase Activity**

The activity of CK was assessed in the supernatants containing 0.4–1.2 µg of protein in a reaction mixture consisting of 60 mM Tris–HCl buffer, pH 7.5, 7 mM phosphocreatine, 9 mM MgSO<sub>4</sub>, and 0.625 mM lauryl maltoside in a final volume of 100 µL. After 10 min of pre-incubation at 37 °C, the reaction was started by the addition of 0.3 µmol of ADP. The reaction was stopped after 10 min by the addition of 1 µmol of *p*-hydroxymercuribenzoic acid. The creatine formed was estimated according to the colorimetric method of Hughes [26] with slight modifications as described previously [27]. The color was developed by the addition of 100 µL of 2 %  $\alpha$ -naphtol and 100 µL of 0.05 % diacetyl in a final volume of 1 mL and read spectrophotometrically at 540 nm after 20 min. Results were calculated as micromoles creatine per minute per milligram of protein.

#### **Determination of Malondialdehyde Levels**

MDA levels were measured according to the method described by Yagi [28] with some modifications. One hundred microliters of cortical supernatants containing 0.3 mg of protein were treated with 200  $\mu$ L of 10 % trichloroacetic acid and 300  $\mu$ L of 0.67 % thiobarbituric acid in 7.1 % sodium sulfate and incubated for 2 h in a boiling water bath. The mixture was then cooled on running tap water and the resulting pink-stained pigment was extracted with 400  $\mu$ L of butanol. Fluorescence of the pigment was read at 515 and 553 nm as excitation and emission wavelengths, respectively. Calibration curve was carried out using 1,1,3,3-tetramethoxypropane and subjected to the same treatment as supernatants. MDA levels were calculated as nanomoles MDA per milligram of protein.

#### 2',7'-Dichlorofluorescin Oxidation

Reactive species (RS) production was assessed by determining DCFH oxidation [29]. 2',7'-Dichlorofluorescein diacetate (DCFH-DA) was prepared in 20 mM sodium phosphate buffer, pH 7.4, containing 140 mM KCl, and incubated with tissue slices during 30 min at 37 °C. DCFH-DA is hydrolyzed by intracellular esterases to form non-fluorescent DCFH, which is then rapidly oxidized to form highly fluorescent 2',7'dichlorofluorescein (DCF) in the presence of RS. The DCF fluorescence intensity correlates to the amount of RS formed. Fluorescence was measured using excitation and emission wavelengths of 480 and 535 nm, respectively. Calibration curve was performed with standard DCF (0.1–1  $\mu$ M), and data were calculated as picomoles DCF formed per gram of tissue.

# **Glutathione Concentrations**

GSH concentrations were measured according to Browne and Armstrong [30] with some modifications. One hundred and eighty-five microliters of 100 mM sodium phosphate buffer, pH 8.0, containing 5 mM EDTA, and 15  $\mu$ L of *o*phthaldialdehyde (1 mg/mL) were added to 30  $\mu$ L of sample (0.3–0.5 mg of protein) previously deproteinized with metaphosphoric acid. This mixture was incubated at room temperature in a dark room for 15 min. Fluorescence was measured using excitation and emission wavelengths of 350 and 420 nm, respectively. Calibration curve was prepared with standard GSH (0.001–1 mM), and the concentrations were calculated as nanomoles GSH per milligram of protein.

## Superoxide Dismutase Activity

SOD activity was determined according to Marklund [31]. This assay was based on the capacity of pyrogallol to autooxidize, a process highly dependent on superoxide, which is a substrate for SOD. Thus, the autoxidation of pyragollol is inhibited by SOD, whose activity can be indirectly measured in a spectro-photometer at 420 nm. The reaction medium contained 50 mM Tris buffer/1 mM EDTA, pH 8.2, 80 U/mL CAT, 0.38 mM pyrogallol, and approximately 1  $\mu$ g of protein. A calibration curve was performed with purified SOD as standard to calculate the activity of SOD in the samples. The results were reported as units per milligram of protein.

## **Catalase Activity**

CAT activity was determined according to Aebi [32] by monitoring the absorbance decrease at 240 nm due to the decomposition of hydrogen peroxide in a reaction medium containing 20 mM hydrogen peroxide, 0.1 % Triton X-100, 10 mM potassium phosphate buffer, pH 7.0, and approximately 1  $\mu$ g of protein. The specific activity was calculated as units per milligram of protein.

## **Glutathione Peroxidase Activity**

GPx activity was measured according to the method of Wendel [33] by monitoring the disappearance of NADPH at 340 nm in a medium containing 100 mM potassium phosphate buffer/1 mM EDTA, pH 7.7, 2 mM GSH, 0.1 U/mL glutathione reductase, 0.4 mM azide, 0.5 mM tert-butyl-hydroperoxide, 0.1 mM NADPH, and approximately 3 µg of protein. The specific activity was calculated as units per milligram of protein.

## **MTT Reduction**

Cell viability was determined in cerebral cortex slices by measuring the reduction of MTT to a dark violet formazan product [34]. First, cortical slices were washed twice with 500  $\mu$ L Hank's balanced salt solution (HBSS) and transferred to a 48-well plate in which each well contained 300  $\mu$ L HBSS. The reaction was started with the addition of 0.5 mg mL<sup>-1</sup> MTT, and after 45 min of incubation at 37 °C, the medium was removed and the slices were dissolved in dimethyl sulfoxide. The rate of MTT reduction was measured spectrophotometrically at a wavelength of 570 nm and a reference wavelength of 630 nm. Results were compared with control samples to which 100 % viability was attributed.

#### **Immunohistochemical Studies**

Animals were anesthetized with an intraperitoneal (i.p.) injection of a mixture of ketamine (80 mg/kg) and xylazine (10 mg/kg) until complete unresponsiveness to nociceptive stimuli and then transcardially perfused with 0.9 % saline and 10 % paraformaldehyde (PAF) prepared in 0.1 M phosphate buffer, pH 7.4, to fix the brain. Fixed brains were removed, post-fixed by immersion in PAF during 24 h, and then



**Fig. 1** Effect of intracerebral administration of glycine (*GLY*; 0.2  $\mu$ mol g<sup>-1</sup>) on the activities of the respiratory chain complexes I to IV in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized 1, 5, or 10 days after GLY injection. The activity of complex II (**a**) is expressed as nanomoles DCIP reduced per minute per milligram of protein and complexes I–III (**b**) as nanomoles cytochrome *c* reduced per minute per milligram of protein. The activities of complexes II–III (**c**) and IV (**d**) are

sectioned on a vibrating microtome to obtain 30-50-um-thick consecutive coronal series. Immunohistochemistry was performed in cerebral cortex, striatum, and corpus callosum. For each animal and staining procedure, four to eight equivalent sections were immunostained. Free-floating sections were washed with PBS, submitted to antigen retrieval by boiling in 10 mM sodium citrate, pH 6.0, during 10 min, and washed twice for 10 min. The slices were then permeabilized with PBS plus 0.1-0.3 % Triton X-100 (PBST) for 20 min and treated with blocking buffer (PBS+0.3 % Triton X-100+5 % bovine serum albumin) for 60 min. Afterwards, slices were incubated with the antibodies anti-NeuN (Millipore, 1:300), anti-GFAP (Sigma-Aldrich, 1:300), and anti-S100ß (Sigma-Aldrich, 1:400). All dilutions were carried out in PBST. After a 4 °C overnight incubation, sections were rinsed in PBS and incubated at room temperature for 120 min with secondary antibodies (1:500) conjugated to fluorescent probes (Molecular Probes). Sections were then washed, mounted in fluoroshield (Sigma), and imaged in a FV300 Olympus confocal microscope provided with 488- and 546-nm lasers. Primary or secondary antibodies were omitted in negative controls [18].

#### **Protein Determination**

Protein content was measured by the method of Lowry [35] using bovine serum albumin as standard.



expressed, respectively, as nanomoles cytochrome *c* reduced per minute per milligram of protein and nanomoles cytochrome *c* oxidized per minute per milligram of protein. Data are represented as mean $\pm$ SD for four to six independent experiments (animals) performed in triplicate. \**P*<0.05; \*\**P*<0.01, compared with control (Student's *t* test for unpaired samples)

#### **Statistical Analysis**

Results are presented as mean±standard deviation. Assays were performed in triplicate and the mean was used for statistical calculations. Data were analyzed using the Student's *t* test for unpaired samples or one-way analysis of variance (ANOVA) followed by the Duncan multiple range test when the *F* value was significant. Only significant values are shown in the text. Differences between groups were rated significant at P < 0.05. All analyses were carried out in an IBMcompatible PC computer using the Statistical Package for the Social Sciences (SPSS) software.

#### Results

We first observed that GLY ICV administration at the dose of 0.2  $\mu$ mol/g into the brain of 1-day-old rats did not cause behavioral alterations. On the other hand, the rats receiving higher doses (0.25  $\mu$ mol/g and higher) died in less than 2 min after GLY injection.

# GLY Administration Decreases Complex IV and CK Activities in Cerebral Cortex of Newborn Rats

We evaluated the effects of GLY injection (0.2  $\mu$ mol/g) on cellular energy metabolism in cerebral cortex of 1-day-old rats by determining the activities of the respiratory chain complexes and CK. Figure 1 demonstrates that GLY inhibited the activity of complex IV 1 day ( $t_{(6)}=2.595$ ; P<0.05), 5 days ( $t_{(8)}=2.33$ ; P<0.05), or 10 days ( $t_{(7)}=3.755$ ; P<0.01) after its administration (Fig. 1d), whereas the activities of the complexes I–III, II, and II–III were not significantly altered at any period tested (Fig. 1a–c). GLY was also able to inhibit the activity of CK 1 day ( $t_{(9)}=3.780$ ; P<0.05), 5 days ( $t_{(8)}=2.765$ ; P<0.05), or 10 days ( $t_{(8)}=2.537$ ; P<0.05) after its injection (Fig. 2).



Fig. 2 Effect of intracerebral administration of glycine (*GLY*; 0.2 µmol g<sup>-1</sup>) on creatine kinase (*CK*) activity in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized 1, 5, or 10 days after GLY injection. Data are represented as mean±SD for four to six independent experiments (animals) performed in triplicate and are expressed as micromoles per milligram of protein. \**P*<0.05; \*\**P*<0.01, compared with control (Student's *t* test for unpaired samples)



**Fig. 3** Effect of intracerebral administration of glycine (*GLY*; 0.2  $\mu$ mol g<sup>-1</sup>) on 2',7'-dichlorofluorescin oxidation (*DCFH*) in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized 1, 5, or 10 days after GLY injection. Data are represented as mean±SD for four to six independent experiments (animals) performed in triplicate and expressed as picomoles per gram of tissue. \**P*<0.05; \*\**P*<0.01, compared with control (Student's *t* test for unpaired samples)

# GLY Administration Increases Reactive Species Generation and Induces Lipid Peroxidation in Cerebral Cortex of Newborn Rats

The next set of experiments was performed in order to examine whether GLY disturbs redox homeostasis in neonatal rat cerebral cortex. Our results show that GLY significantly increased DCFH oxidation 1 day ( $t_{(8)}$ =-2.432; P<0.05), 5 days ( $t_{(8)}$ =-2.483; P<0.05), or 10 days ( $t_{(7)}$ =-4.411; P<0.01) after its administration (Fig. 3). It was also verified that GLY increased MDA levels in brain of 1-day-old rats at five days after injection ( $t_{(9)}$ =-3.547; P<0.01) (Fig. 4).

# GLY Administration Decreases GSH Concentrations and Modulates Antioxidant Enzyme Activities in Cerebral Cortex of Newborn Rats

Regarding the antioxidant defenses, GLY decreased GSH concentrations 1 day ( $t_{(7)}=2.736$ ; P<0.05), 5 days ( $t_{(9)}=2.297$ ; P<0.05), or 10 days ( $t_{(9)}=3.591$ ; P<0.01) after its infusion (Fig. 5). GLY also significantly reduced SOD activity at



**Fig. 4** Effect of intracerebral administration of glycine (*GLY*; 0.2  $\mu$ mol g<sup>-1</sup>) on malondialdehyde (*MDA*) levels in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized 1, 5, or 10 days after GLY injection. Data are represented as mean±SD for four to six independent experiments (animals) performed in triplicate and are expressed as nanomoles per milligram of protein. \*\**P*<0.01, compared with control (Student's *t* test for unpaired samples)



Fig. 5 Effect of intracerebral administration of glycine (GLY;  $0.2 \ \mu mol g^{-1}$ ) on glutathione (GSH) concentrations in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized 1, 5 or 10 days after GLY injection. Data are represented as mean±SD for four to six independent experiments (animals) performed in triplicate and are expressed as nanomoles milligram of protein. \*P<0.05; \*\*P<0.01, compared with control (Student's t test for unpaired samples)

10 days (t<sub>(9)</sub>=4.693; P<0.01) (Fig. 6a) and CAT activity at 5 days  $(t_{(9)}=2.613; P<0.05)$  (Fig. 6b) after injection. On the other hand, GPx activity was increased at 1 day  $(t_{(8)} = -3.132;$ P < 0.05) but decreased at 5 days ( $t_{(8)} = 7.153$ ; P < 0.001), and 10 days ( $t_{(7)}$ =2.734; P<0.05) (Fig. 6c) after GLY infusion.

## **GLY Administration Does Not Alter Energy and Redox** Homeostasis in Cerebral Cortex of 5-Day-Old Rats

Next, we investigated the effects of GLY on energy and redox homeostasis in older (5-day-old) rats. Table 1 shows that the amino acid did not change the activity of CK, MDA levels, DCFH oxidation, and GSH concentrations 1 or 5 days after GLY injection in cerebral cortex of 5-day-old rats. GLY also did not alter the activities of the respiratory chain complexes, SOD and CAT one day after its injection (Table 1). These data imply that newborn rat brain is more vulnerable to GLY toxic effects.

# GLY Administration Increases S100ß in Cerebral Cortex and Striatum and GFAP in Corpus Callosum of Newborn Rats

We then evaluated the influence of GLY administration on S100β, GFAP, and NeuN markers in cerebral cortex, striatum,

and corpus callosum 5 days after its administration in order to investigate whether GLY could cause brain injury. Figure 7 demonstrates that GLY significantly increased the number of cells stained with S100 $\beta$  in cerebral cortex ( $t_{(4)}$ =-3.441; P<0.05) and striatum ( $t_{(4)}$ =-2.937; P<0.05) 5 days after its administration (Fig. 7). We also found that GLY increased GFAP staining in corpus callosum ( $t_{(4)}$ =0.758; P<0.05) without significant alterations in cerebral cortex and striatum (Fig. 8). In contrast, NeuN marker was not changed in any brain structure evaluated (data not shown). Aiming to evaluate whether GLY could cause cell death at longer periods after its administration, we examined the effects of GLY on NeuN staining and MTT reduction 15 days after the injection into the cerebral cortex of 1-day-old rats. It can be observed that, even at a longer period after the administration, GLY did not significantly alter MTT reduction (Table 2) and NeuN staining (data not shown).

## **MEL Treatment Prevents GLY-Induced Neurotoxic** Effects in Cerebral Cortex of Newborn Rats

We finally assessed the influence of MEL, a potent free radical scavenger, on the neurotoxicity exerted by GLY administration in cerebral cortex of 1-day-old rats at 5 days after its injection. MEL per se did not alter the parameters of energy and redox homeostasis (Fig. 9). MEL treatment totally prevented GLY-induced inhibition of the activities of complex IV  $(F_{(3,-16)}=3.760; P<0.05)$  (Fig. 9a) and CK  $(F_{(3,-12)}=$ 10.152; P<0.01) (Fig. 9b). The antioxidant also prevented the decrease of GSH concentrations  $(F_{(3, 13)}=3.601;$ P < 0.05) (Fig. 9c) and the increase of MDA levels ( $F_{(3, 13)} =$ 3.722; P < 0.05) (Fig. 9d) caused by GLY. In addition, we found that MEL attenuated GLY-induced increase of S100ß staining in cerebral cortex ( $F_{(2, 8)}$ =32.424; P<0.01) (Fig. 10).

## Discussion



Neonatal GE is a debilitating disorder characterized by severe neurological dysfunction [1, 7]. Although the onset of symptoms usually occurs in the first days of life, there is evidence

Fig. 6 Effect of intracerebral administration of glycine (GLY, 0.2  $\mu$ mol g<sup>-1</sup>) on the activities of superoxide dismutase (SOD) (a), catalase (CAT) (b), and glutathione peroxidase (GPx) (c) in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized 1, 5, or 10 days after the GLY injection. Data are

represented as mean±SD for four to six independent experiments (animals) performed in triplicate and are expressed as units per milligram of protein. \*P<0.05; \*\*P<0.01; \*\*\*P<0.001, compared with control (Student's t test for unpaired samples)

**Table 1** Effect of intracerebral administration of glycine (GLY;  $0.2 \mu mol g^{-1}$ ) on creatine kinase (CK) and respiratory chain complex IV activities, malondialdehyde (MDA) levels, 2',7'-dichlorofluorescin (DCFH) oxidation, glutathione (GSH) concentrations and the activities of the enzymes superoxide dismutase (SOD) and catalase (CAT) in cerebral cortex of 5-day-old rats

	1 day after administration (A)		5 days after administration (B)	
	PBS	GLY	PBS	GLY
CK activity	2.67±0.10	2.22±0.46	6.00±0.34	5.33±0.79
Complex IV activity	22.4±4.70	17.4±3.69	_	_
MDA levels	$1.47 \pm 0.22$	$1.74 \pm 0.19$	$1.47 \pm 0.22$	$1.74 {\pm} 0.19$
GSH concentrations	$5.18 \pm 0.51$	$5.26 \pm 0.42$	$5.18 {\pm} 0.51$	$5.26 \pm 0.42$
DCFH oxidation	2991±711.9	3216±1009	1799±626.9	1845±644.9
SOD activity	$3.69 \pm 0.39$	$3.52 \pm 0.22$	_	_
CAT activity	3.79±0.41	3.70±0.19	_	_

Five-day-old rats were euthanized 1 day (A) or 5 days (B) after GLY injection. Data are represented as mean $\pm$ SD for four to six independent experiments (animals) performed in triplicate and expressed as micromoles per milligram of protein (CK activity), nanomoles cytochrome *c* oxidized per min per milligram of protein (complex IV activity), nanomoles milligram of protein (MDA and GSH levels), picomoles per gram of tissue (DCFH oxidation), and units per milligram of protein (SOD and CAT activities). No significant differences between groups were detected (Student's *t* test for unpaired samples)

pointing for brain injury already in utero [5, 7, 36], implying that high levels of GLY may exert damage during the fetal period. Furthermore, treatment for GE is not effective [37] so that the search for new adjuvant therapies is needed to improve patients' quality of life. In order to clarify these issues, we investigated the effects of GLY administration on energy metabolism, redox homeostasis and histopathology in brain of 1- and 5-day-old rats. The analysis was carried out in rats with these ages because we aimed to mimic the neonatal form of GE, which is characterized by GLY accumulation in the brain of patients in utero and early in life [7, 17]. GLY inhibited the activities of the respiratory chain complex IV and CK in cerebral cortex of newborn rats. Since complex IV plays a major role in the electron transport chain flow and consequently in ATP synthesis and CK is essential for ATP buffering and transfer, it may be presumed that production and transfer of energy are compromised in vivo by GLY in newborn rat brain. This is in accordance with previous findings showing that GLY impairs energy metabolism in brain of young rats [37]. We also verified that the free radical scavenger MEL prevented the GLY-induced decrease of complex IV and CK activities, implying that both enzymes are vulnerable to reactive species generated by GLY [38]. In this



**Fig. 7** Effect of intracerebral administration of glycine (*GLY*; 0.2  $\mu$ mol g<sup>-1</sup>) on S100 $\beta$  immunofluorescence staining in cerebral cortex, striatum, and corpus callosum of 1-day-old rats. Neonatal rats were euthanized five days after GLY injection. Representative images of S100 $\beta$  immunofluorescence staining in rat cerebral cortex, striatum, and corpus callosum slices. Calibration bar indicates 200  $\mu$ m (**a**).

Quantification of S100 $\beta$  staining in rat cerebral cortex, striatum, and corpus callosum slices (**b**). Data are represented as mean±SD for three independent experiments (animals) and are expressed as percentage of controls. \**P*<0.05, compared with control (Student's *t* test for unpaired samples)



**Fig. 8** Effect of intracerebral administration of glycine (*GLY*;  $0.2 \ \mu$ mol g<sup>-1</sup>) on glial fibrillary acidic protein (*GFAP*) immunofluorescence staining in cerebral cortex, striatum, and corpus callosum of 1-day-old rats. Representative images of GFAP immunofluorescence staining in rat cerebral cortex, striatum, and corpus callosum

slices. Calibration bar indicates 200  $\mu$ m (**a**). Quantification of GFAP staining in rat cerebral cortex, striatum, and corpus callosum slices (**b**). Data are represented as mean±SD for three independent experiments (animals) and are expressed as percentage of controls. \**P*<0.05, compared with control (Student's *t* test for unpaired samples)

context, it was suggested that GLY increases the generation of peroxyl and hydroxyl radicals [14, 39] and that MEL is an efficient scavenger of these free radicals [40–43]. However, we cannot rule out that the protective effects of MEL on the respiratory chain may also be a result of direct interactions that stabilize respiratory chain components in the inner mitochondrial membrane or via the induction of gene expression of complex IV subunits [44–46].

We also observed that GLY increased reactive species generation and induced lipid peroxidation in neonatal brain. These results are in line with previous in vitro and in vivo studies showing that GLY disturbs redox homeostasis in CNS of young rats [14, 16, 39]. Although we did not investigate the reasons by which GLY induced lipid peroxidation 5 days, but not 10 days after GLY administration, it is widely known that after an oxidative insult cells are able to activate signaling pathways that lead to increased expression of antioxidant enzymes in order to reestablish redox homeostasis [47–50]. Treatment with MEL prevented the lipid oxidative

**Table 2** Effect of intracerebral administration of glycine (GLY; $0.2 \ \mu mol \ g^{-1}$ ) on cell viability determined by MTT reduction assay in cerebral cortex slices from 1-day-old rats

	PBS	GLY
MTT reduction	100±22.3	96.3±23.0

One-day-old rats were euthanized 15 days after GLY injection. Data are represented as mean $\pm$ SD for five independent experiments (animals) performed in triplicate and expressed as percentage of control (100 % viability). No significant differences between groups were detected (Student's *t* test for unpaired samples)

damage exerted by GLY, reinforcing that MEL is able to scavenge the reactive species generated by GLY, thus protecting against the GLY-induced pro oxidant insults. It should be noted here that hydroxyl and peroxyl radicals, which were suggested to be generated by GLY in vitro, are thermodynamically capable of initiating lipid peroxidation [38].

In addition, brain antioxidant defenses were also altered by GLY administration. We found that GLY decreased the concentrations of the major brain antioxidant GSH, a marker of nonenzymatic antioxidant capacity of tissues [38]. The decrease of GSH concentrations caused by GLY was fully prevented by MEL, probably due to the scavenging properties of MEL [44, 51]. Furthermore, the fact that MEL is able to maintain a normal GSH homeostasis is possibly related to the prevention exerted by MEL on GLY-induced decrease of CK activity, since this enzyme possesses critical sulfhydryl groups highly vulnerable to oxidative attack [38], which may be protected by GSH.

Regarding the enzymatic antioxidant defenses, we verified that GLY reduced SOD and CAT activities, whereas GPx activity was increased 1 day (short-term effect) and decreased 5 or 10 days (long-term effect) after GLY administration. We cannot at present explain the reasons why the activities of antioxidant enzymes are differentially altered or modulated by GLY. Nevertheless, it is feasible that the short-term increase of GPx activity induced by GLY could be related to an induction of the expression of this antioxidant enzyme at the gene level that might have occurred as a compensatory mechanism in response to increased formation of hydrogen peroxide and/or lipid peroxide [38, 52–54]. On the other hand, the decrease of the activities of SOD and CAT, as well as of GPx at longer periods may be due to inhibition caused by



Fig. 9 Effect of melatonin (*MEL*; 20  $\mu$ mol g<sup>-1</sup>) on glycine (*GLY*)induced decrease of the activities of respiratory chain complex IV (**a**) and creatine kinase (*CK*) (**b**) and of glutathione (*GSH*) concentrations (**c**) and increase of MDA levels (**d**) in cerebral cortex of 1-day-old rats.

excessive production of reactive species elicited by GLY causing a site-specific amino acid modification in these enzyme



Neonatal rats were euthanized 5 days after GLY injection. Data are represented as mean $\pm$ SD for four to six independent experiments (animals). \**P*<0.05; \*\**P*<0.01, compared with control; \**P*<0.05; \*\**P*<0.01, compared with GLY (Duncan multiple range test)

structures [53]. Interestingly, investigators studying the effects of metabolites that accumulate in other inborn errors of



Fig. 10 Effect of melatonin (*MEL*; 20 µmol g<sup>-1</sup>) on glycine (*GLY*)induced increase of S100 $\beta$  immunofluorescence staining in cerebral cortex of 1-day-old rats. Neonatal rats were euthanized five days after GLY injection. Representative images of S100 $\beta$  immunofluorescence staining in rat cerebral cortex slices. Calibration bar indicates 200 µm

(a). Quantification of S100 $\beta$  staining in rat cerebral cortex slices (b). Data are represented as mean±SD for three independent experiments (animals) and are expressed as percentage of controls. \**P*<0.05; \*\**P*<0.01, compared with control; \**P*<0.05, compared with GLY (Duncan multiple range test)

metabolism also observed differential effects on the activities of antioxidant enzymes [55–58].

Otherwise, GLY did not alter the parameters of energy and redox homeostasis in older rats, indicating that the brain of newborn rats is more vulnerable to GLY neurotoxic effects. In this context, it is known that the neonatal brain is particularly sensitive to free radical attack once it has an immature mitochondrial free radical scavenging system with low levels of enzymatic and non-enzymatic antioxidants [59, 60]. Furthermore, this assumption is in accordance with previous data suggesting that elevation of GLY levels causing brain abnormalities already occurs at prenatal and neonatal stages [17, 61, 62].

Neuropathological findings in patients affected by GE consist of progressive cortical brain atrophy with leukodystrophy of the white matter, abnormalities in corpus callosum, and gliosis [1, 63]. Aiming to evaluate whether GLY could cause brain injury, we assessed the effects of GLY administration on GFAP, S100β, and NeuN immunohistochemical staining, as well as on MTT reduction. GLY increased the number of cells stained with S100ß in cerebral cortex and striatum, and with GFAP in corpus callosum, suggesting that this amino acid induces glial reactivity, a condition characterized by proliferation and activation of astrocytes and accompanied by high expression of GFAP and S100ß proteins that occurs in response to brain insults [64-67]. Thus, it may be presumed that GLY causes brain damage by inducing glial reactivity. This is in line with data of the literature showing that this process is involved in the pathogenesis of other neurodegenerative disorders, such as Alzheimer's and Parkinson's diseases, amyotrophic lateral sclerosis, and multiple sclerosis [60-66]. We also found that MEL attenuated GLY-induced increase of S100ß staining in rat cerebral cortex, indicating that reactive species are implicated in GLY-induced glial reactivity. In contrast, we did not find alterations in NeuN staining and MTT reduction, implying that GLY does not induce cell death. It may be speculated that compensatory mechanisms involving cell adaptive responses have occurred in response to GLY oxidative insults, albeit they could not counteract the glial reactivity already in progress. On the other hand, we cannot rule out that higher concentrations of GLY may cause cell death. It should be emphasized here that we were not able to investigate the effects of doses higher than 0.2 µmol/g because the rats died shortly after the administration.

In conclusion, this is the first report showing that GLY, the amino acid accumulating in GE, induces bioenergetic dysfunction, oxidative stress, and glial reactivity in neonatal brain. These findings reinforce the hypothesis that high GLY levels induce neurotoxic effects in utero and/or early in life [7, 17, 68, 69]. It was also shown that MEL exerted beneficial effects against GLY neurotoxicity preventing oxidative stress, bioenergetic dysfunction, and glial reactivity caused by this compound, so that the administration of MEL could be considered as an adjuvant therapy to other pharmacological agents for patients affected by GE. Acknowledgments The authors declare that there is no conflict of interest. This work was supported by grants from Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq), Programa de Apoio a Núcleos de Excelência (PRONEX II), Fundação de Amparo à Pesquisa do Estado do Rio Grande do Sul (FAPERGS), Pró-Reitoria de Pesquisa/ Universidade Federal do Rio Grande do Sul (PROPESQ/UFRGS), Financiadora de estudos e projetos (FINEP), Rede Instituto Brasileiro de Neurociência (IBN-Net) no. 01.06.0842-00, and Instituto Nacional de Ciência e Tecnologia em Excitotoxicidade e Neuroproteção (INCT-EN).

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