Expression Profile of Selected MicroRNAs in the Peripheral Blood of Multiple Sclerosis Patients: a Multivariate Statistical Analysis with ROC Curve to Find New Biomarkers for Fingolimod

Mohammad Mahdi Eftekharian¹ · Alireza Komaki¹ · Mehrdokht Mazdeh¹ · Shahram Arsang-Jang² · Mohammad Taheri³ \bullet · Soudeh Ghafouri-Fard⁴

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Abstract

Multiple sclerosis (MS) as a chronic autoimmune disease of the central nervous system (CNS) has been associated with dysregulation of several genes including miRNAs. In the present study, we assessed transcript levels of seven miRNAs (miR-96-5p, miR-211-5p, miR-15a, miR-34a-5p, miR-204-5p, miR-501-5p, and miR-524-5p) in the peripheral blood of MS patients compared with healthy subjects in association with response to fingolimod treatment. Expression levels of miR-211-5p and miR-34a-5p were significantly decreased in MS patients compared with healthy subjects (P values of 0.002 and 0.47). While subgroup analysis showed downregulation of miR-211-5p in both fingolimod responders and non-responders, miR-34a-5p expression was only decreased in responders. Moreover, miR-204-5p was downregulated in non-responder male patients compared with male controls. The current study underscores the role of miRNAs in determination of response to fingolimod in MS patients.

Keywords Multiple sclerosis \cdot Fingolimod \cdot miRNA

Introduction

Multiple sclerosis (MS) is a chronic autoimmune disease of the central nervous system (CNS) (Dastmalchi et al. [2018\)](#page-7-0). Several studies have assessed genomic variants and transcript levels of multiple genes to explore their significance in conferring risk of this disorder or their participation in the response of patients to disease modifying therapies (DMTs) (Sayad et al. [2017](#page-8-0); Rahimi et al. [2018](#page-8-0)). MicroRNAs (miRNAs) as principle regulators of immune response have

 \boxtimes Mohammad Taheri mohammad_823@yahoo.com

 \boxtimes Soudeh Ghafouri-Fard s.ghafourifard@sbmu.ac.ir

- ¹ Neurophysiology Research Center, Hamadan University of Medical Sciences, Hamadan, Iran
- ² Clinical Research Development Center (CRDU), Qom University of Medical Sciences, Qom, Iran
- ³ Urogenital Stem Cell Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran
- ⁴ Department of Medical Genetics, Shahid Beheshti University of Medical Sciences, Tehran, Iran

been regarded as blood-based biomarkers for MS disease diagnosis and monitoring (Ebrahimkhani et al. [2017\)](#page-7-0). A previous study assessed miRNA expression in the peripheral blood of patients with relapsing-remitting MS (RRMS), and healthy individuals has detected 165 differentially expressed miRNAs between patients and healthy subjects. An individual miRNA marker (hsa-miR-145) could differentiate disease status with a specificity of 89.5%, a sensitivity of 90.0%, and an accuracy of 89.7%. Assessment of transcript levels of a panel of 48 miRNAs significantly increased the diagnostic power to 96.3% (Keller et al. [2009](#page-8-0)). Other microarray studies have demonstrated downregulation of T cell suppressor miR-17 and miR-20a in whole blood of MS patients compared with healthy controls (Cox et al. [2010\)](#page-7-0). Notably, assessment of expression profile of 364 miRNAs in the peripheral blood mononuclear cells (PBMC) of MS patients and healthy controls has shown the role of hsa-miR-18b and hsa-miR-599 in relapse phase and participation of hsa-miR-96 in remission phase (Otaegui et al. [2009\)](#page-8-0). Moreover, a bioinformatics approach has identified miR-199a and miR-142-3p as critical genes in the pathogenesis of MS which modulate fundamental susceptibility genes, especially KRAS and IL7R (Luo and Fu [2018](#page-8-0)). Another study has demonstrated an association between upregulation of IFN-β-responsive genes and downregulation of numerous miRNAs (Hecker et al. [2013](#page-7-0)).

Table 1 Demographic and clinical data of study particip

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ants	Variables	MS patient	Control		
	Female/male [no. $(\%)$]	58 (74%)/20 (26%)	44 (55%)/35 (45%)		
	Age (mean \pm SD, years)	36.28 ± 8.8	34.41 ± 10.08		
	Age range (years)	$20 - 58$	$24 - 63$		
	Age at onset (mean \pm SD, years)	31.12 ± 8.18			
	Disease duration (mean \pm SD, years)	5.2 ± 4.5			
	Expanded disability status scale (mean \pm SD)	3.25 ± 1.15			

Expression of miR-15b, miR-23a, and miR-223 has been shown to be decreased in MS patients compared with healthy subjects. Notably, expression of these miRNAs significantly increased after 6 months of treatment with fingolimod (Fenoglio et al. [2016](#page-7-0)). Taken together, miRNAs have fundamental roles in conferring MS risk, determination of disease course, and patients' response to DMTs. In the present study, we assessed transcript levels of seven miRNAs (miR-96-5p, miR-211-5p, miR-15a, miR-34a-5p, miR-204-5p, miR-501- 5p, and miR-524-5p) in the peripheral blood of MS patients compared with healthy subjects in association with response to fingolimod treatment. The aim of this study was to find a miRNA signature which could predict presence of MS or response of patients to fingolimod.

Material and Methods

Study Participants

The current case–control study was performed on blood samples obtained from 78 RRMS patients from Farshchian Hospital, Hamadan, Iran. All patients have received fingolimod 0.5 mg orally once-daily. Diagnosis of patients was implemented according to Poser's criteria (Fangerau et al. [2004](#page-7-0)). Following a 6-month treatment period, patients were classified to fingolimod responders $(n = 49)$ and nonresponders $(n = 29)$. Responders had no increase in the Expanded Disability Status Scale (EDSS) score and no relapse

during 2 years of follow-up. Patients who had at least one relapse during the follow-up period and one point increase in the EDSS score (that lasted for 6 months) were regarded as non-responders (Rio et al. [2006\)](#page-8-0). A group of age-matched healthy subjects with no history of autoimmune disorder, chronic disease, or malignancy was recruited as control group $(n = 79)$. The study protocol was approved by the local ethics committee of Hamadan University of Medical Sciences (IR.UMSHA.REC.1395.506). Written informed consent forms were obtained from all study participants. We confirmed that all methods were performed in accordance with the relevant guidelines and regulations.

Expression Analysis

RNA was extracted from blood samples using Hybrid-RTM Blood RNA Extraction Kit (Geneall Biotechnology Co Ltd., South Korea). TaqMan® MicroRNA Reverse Transcription Kit (Invitrogen) and TaqMan® MicroRNA Assays Kit (Applied Biosystems) were used for cDNA synthesis and calculation of transcript levels of miRNAs respectively. RNU6B gene was used as normalizer. All experiments were performed in rotor gene 6000 Corbett Real-Time PCR System in duplicate.

Statistical Analysis

Statistical analyses were performed in R3.4.2 software using "Quantreg" and "Brms" packages. Relative expression of

Table 2 Results of Bayesian multilevel model for comparison of relative expression (RE) of miRNAs between MS patients and healthy subjects by controlling the effects of age and sex

Table 3 Results of Bayesian multilevel model for comparison of relative expression (RE) of miRNAs between MS patients and healthy subjects by controlling the effects of age and sex

^a Reference group = control

miRNAs in MS patients were compared with controls using Ln (Efficiency^{$-\Delta CT$}) values. The significance of difference in mean values of miRNA expressions between cases and controls was evaluated using Bayesian multilevel model using probabilistic programming language Stan. Two-sided 95% credible intervals (95% CrI) were used to make decisions about results. Spearman rank correlation coefficient was calculated to appraise correlations between relative expressions of genes. The receiver operating characteristic (ROC) curve was schemed to measure the diagnostic power of miRNA transcript levels for categorizing disease status or patients (responders vs. non-responders).

In Silico Identification of miRNA Targets

Target genes of each considered miRNA were predicted using mirDIP v4.1 target gene prediction tool. Genes with integrated scores upper than 0.7 were selected for proteinprotein interaction (PPI) network analysis. By the use of the Search Tool for the Retrieval of Interacting Genes (STRING) database ([https://string-db.org/cgi/\)](https://string-db.org/cgi/), interactions among the Target genes were identified. Interactions with confidence scores greater than 0.7 were retrieved, and the resulting PPI network for modules with Cytoscape-MCODE was screened. The following

Table 4 Results of Bayesian multilevel model for comparison of relative expression (RE) of miRNAs between male MS patients and sex-matched healthy subjects

^a Reference group = control

Table 5 Results of Bayesian multilevel model for assessment of relative expression (RE) of miRNAs between female MS patients and sex-matched healthy subjects

^a Reference group = control

parameters were applied: degree cutoff = 2, node score $cutoff = 0.2$, k-score = 0.2, and maximum depth = 100. The DAVID online tool was applied to analyze the functional characteristics of target genes of each captured module through Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment. The cutoff criterion $P < 0.05$ of the false discovery rate was used.

Results

General Demographic Data of Study Participants

Table [1](#page-1-0) shows the summary of demographic and clinical data of study participants.

Table 6 Spearman coefficients for correlations between miRNAs expressions and age of study participants

	Group		Gender	
	Case	Control	Male	Female
m iR-96-5 p	0.043	0.026	0.143	$= 0.001$
$mR-211-5p$	-0.047	-0.139	-0.019	$-0.224*$
m iR-15a	-0.015	-0.059	0.122	-0.095
m iR-34a-5p	0.055	-0.019	0.201	-0.157
$miR-204-5p$	-0.114	0.101	0.175	-0.065
m iR-501-5 p	-0.068	-0.091	0.220	$-0.202*$
$mR-524-5p$	-0.207	-0.007	0.095	-0.179

* denotes P<0.05

Relative Expression of miRNAs in MS Patients Compared with Healthy Subjects

Bayesian multilevel model has shown significant downregulation of miR-211-5p and miR-34a-5p in MS patients compared with healthy subjects after adjusting the effects of age and sex (Table [2\)](#page-1-0). However, expressions of other miRNAs were not significantly different between MS patients and healthy controls. For miR-204-5p, although Bayesian multilevel model showed no significant difference in gene expression after controlling the effects of age and sex, quantile regression analysis demonstrated significant difference in gene expression between male patients and male controls $(P =$ 0.008) which means that the interaction between disease and sex is significant ($P = 0.034$).

Subsequently, we compared expression of miRNAs between healthy subjects and subgroups of MS patients (responders and non-responders) (Tables [3](#page-2-0), [4](#page-2-0), and 5). Subgroup analysis showed downregulation of miR-211-5p in both fingolimod responders and non-responders. However, miR-34a-5p expression was only decreased in responders. Moreover, miR-204-5p was downregulated in nonresponder male patients compared with male controls. Finally, miR-211-5p was downregulated in responder female patients compared with female healthy subjects.

Expressions of miR-211-5p and miR-501-5p were inversely correlated with age in female participants. Expressions of other miRNAs were not correlated with age in any subgroup $(Table 6)$.

Significant pairwise correlations were found between expressions of miRNAs in certain subgroups of patients (Table [7](#page-4-0)).

Table 7 Pairwise correlation between relative expressions of miRNAs in distinct subgroups of study participants

*Significance at $P < 0.05$; **significance at $P < 0.001$

ROC Curves

We plotted the true positive rate (TPR) against the false positive rate (FPR) at various threshold settings. The diagnostic power values of miR-211-5p and miR-34-5p in differentiation of MS patients from controls as measured by AUC were 0.68 and 0.62 respectively (Table 8). However, none of miRNAs could be regarded as appropriate biomarker for differentiation of responders from non-responders.

miRNA Targets as Identified by In Silico Methods

The list of miRNA targets are shown in Table [9.](#page-5-0) Figure [1](#page-6-0) shows the PPI depicted for miR-211-5p and miR-34a-5p as the two miRNAs with differential expressions between study groups.

Discussion

In the current study, we assessed expression of seven miRNAs in peripheral the blood of MS patients and found differential expression of certain miRNAs in association with response to fingolimod. We demonstrated significant downregulation of miR-211-5p and miR-34a-5p in MS patients compared with healthy subjects.

Recently, investigations have revealed a novel layer of regulation in miRNA–mRNA interactions namely "target RNAdirected MicroRNA degradation" which results in miRNA 3'end tailing by the adding of A/U nucleotides and very specific

Table 8 ROC analysis of miR-204-5p, miR-211-5p, and miR-34a for distinguishing between responders, non-responders, and healthy subjects

NS not significant

 $*P < 0.001$

Table 9 The list of miRNA targets and the related signaling pathway

microRNA degradation (Fuchs Wightman et al. [2018](#page-7-0)). Consequently, downregulation of expression of mentioned miRNAs in MS patients might be due to upregulation of their targets. Future studies are needed to elaborate the mechanism.

Based on our in silico analysis, miR-211-5p in involved in neurotrophin signaling pathway. Such role might contribute in the pathogenesis of MS. miR-211 has been also among the previously reported downregulated miRNAs in the peripheral blood of patients with all MS subtypes including primary progressive, secondary progressive, and relapsing-remitting (RR) MS (Cox et al. [2010](#page-7-0)). However, miR-211 has been shown to target the nicotinic acetylcholine receptor the nicotinic acetylcholine receptor α 7 (nAChRa7). This receptor has an antiinflammatory effect (Bekenstein et al. [2017](#page-7-0)). Cholinergic system has an appreciated role in modulation of immune response through nAChRa7. Moreover, the vagus nerve delivers signals to the brain concerning inflammatory responses happening in the peripheral tissues (Rosas-Ballina and Tracey [2009](#page-8-0)). While miR-34a expression has been decreased in CD4+ T cells from PBMCs of RRMS patients (Lindberg et al. [2010](#page-8-0)), its expression has been increased in active brain lesions of MS patients (Junker et al. [2009](#page-7-0)). Its elevated expression in the brain tissue has been associated with downregulation of CD47 in local cells, liberating macrophages from inhibitory control leading to phagocytosis of myelin (Junker et al. [2009](#page-7-0)). We also detected significant difference in miR-204-5p expression between male patients and male controls. This miRNA has been previously shown to be downregulated in B lymphocytes from the peripheral blood samples of RRMS patients (Sievers et al. [2012](#page-8-0)). Consequently, the results of the current study regarding dysregulation of three miRNAs in MS patients are consistent with the previous studies.

We also detected associations between response to fingolimod and expression of miR-34a-5p and miR-204-5p in a way that responders had lower levels of miR-34a-5p and higher levels of miR-204-5p compared with non-responders. However, the latter reached significance level only in male subjects. The differential expression pattern of miR-34a-5p in responders vs. non-responders is consistent with the recently reported higher levels of this miRNA in relapsing phase of MS compared with controls and patients in remission phase (Ghadiri et al. [2018](#page-7-0)). In line with our data, higher miR-34a levels have been associated with lower function of regulatory T cells (Ghadiri et al. [2018\)](#page-7-0). The role of miR-34 has been previously acknowledged in the process of aging where mir-34 deficiency induced expression of genes which were associated with enhanced brain aging, neuron degeneration, and a remarkable decrease in survival (Fuchs Wightman et al. [2018](#page-7-0)). Future studies are needed to explore whether this miRNA expression pattern is a result of fingolimod administration in responsive patients or itself determines the response of patients to this drug. Our study is among the first studies evaluating expression of mature miRNAs in fingolimodtreated patients. Fingolimod has been shown to change expression of several genes including miRNA precursors in peripheral CD4+ cells (Friess et al. [2017](#page-7-0)). Moreover, administration of first dose of fingolimod has resulted in elevation of extracellular vesicle concentration and a considerable alteration in their miRNA load (Saenz-Cuesta et al. [2018](#page-8-0)). Besides, others have demonstrated amelioration of dysregulated miRNA profile of MS patients following treatment with fingolimod (Fenoglio et al. [2016](#page-7-0)).

Assessment of correlation between miRNA levels and age revealed inverse correlation between expressions of two miRNAs (miR-211-5p and miR-501-5p) and age in female participants. Several age-dependent alterations have been demonstrated in MS disease course including decrease in regenerative potential of the brain and evolution of a progressive phase (Cerqueira et al. [2018\)](#page-7-0). Future studies are needed to elaborate the associations between these miRNAs and ageFig. 1 The results of proteinprotein interaction (PPI) network analysis for miR-211-5p (a) and miR-34a-5p (**b**)

related phenomena in MS. Notably, miRNAs that affect immune function have been among those with age-dependent expression profile (Huan et al. 2018).

We also demonstrated significant correlations between expressions of miRNAs in most subgroup analyses. Totally, except for some cases, correlations tend to be stronger in controls compared with MS subjects which might imply distortion of miRNA regulation in MS patients. The most prominent correlation was found between miR-34a-5p and miR-524-5p in healthy subjects. Both miRNAs affect expression of the Notch ligand Jagged-1 (Pang et al. [2010;](#page-8-0) Chen et al. 2012). Jagged-1 signaling has an established role in the expansion of regulatory T cells and mesenchymal stromal cells defense against inflammation (Cahill et al. 2015). Future studies are needed to clarify if weakening of correlation between expressions of these miRNAs in MS patients compared with healthy subjects is involved in the pathogenesis of MS.

Finally, we assessed the diagnostic power of miRNAs in differentiation of MS patients from controls or responders from non-responders. The diagnostic power values of miR-211-5p and miR-34-5p in differentiation of MS patients from controls as measured by AUC were 0.68 and 0.62 respectively. However, in spite of different expression patterns of certain miRNAs between responders and non-responders, none of miRNAs could be regarded as appropriate biomarker for differentiation of responders from nonresponders which can be attributed to unequal trends in their sensitivity and specificity values, i.e., miR-204-5p was highly sensitive but not specific while miR-211-5p and miR-34-5p had the opposite situation.

In conclusion, we demonstrated dysregulation of certain miRNAs in MS patients compared with healthy subjects and different patterns of miRNA expression between responder and non-responders to fingolimod. Our study has a limitation regarding lack of assessment of expression patterns of miRNA targets in the peripheral blood of study participants.

Author Contributions SGF wrote the manuscript. MT supervised the study. SAJ analyzed the data. MM was the clinical consultant. AK and RS conducted the bioinformatics analyses. MME performed the laboratory assessment.

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Competing Interests The authors declare that they have no conflict of interest.

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