

Exposure to the Saturated Free Fatty Acid Palmitate Alters BV-2 Microglia Inflammatory Response

Linda M. Tracy · Filip Bergqvist · Elena V. Ivanova ·
Kristin T. Jacobsen · Kerstin Iverfeldt

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Abstract Elevated levels of free fatty acids (FFAs) in plasma and increased incidence of chronic systemic inflammation are associated with obesity. In the brain, activated microglia are believed to play different roles during inflammation that may either be neuroprotective or promote neurodegeneration. Here, we have investigated the effects of FFAs on microglial response to inflammatory stimuli. Our results indicate that the saturated FFA palmitate on its own induces alternative activation of BV-2 microglia cells. Further, pre-exposure to palmitate changed the response of microglia to lipopolysaccharide (LPS). We show that palmitate affects the mRNA levels of the pro-inflammatory cytokines interleukin-1 β and interleukin-6. The transcription factor CCAAT/enhancer-binding protein δ is also affected by pre-exposure to palmitate. Furthermore, the phagocytic activity of microglia was investigated using fluorescent beads. By analyzing the bead uptake by fluorescence-activated cell sorting, we found that palmitate alone, as well as together with LPS, stimulated the phagocytic activity of microglia. Taken together, our results suggest that exposure of microglia to increased levels of free fatty acids may alter the consequences of classical inflammatory stimuli.

Keywords Palmitate · Microglia · C/EBP δ · Inflammation · Alternative activation · Classical activation · IL-1 β · IL-6

Introduction

High-calorie diets with increased proportion of saturated fats, together with lack of exercise, are contributing to a growing number of obese and diabetic people in the world. A correlation

between high-fat diets and impaired cognitive function in humans has been proposed (Morris et al. 2004; Solfrizzi et al. 2005; Morris et al. 2006). Further, obesity and type 2 diabetes (T2D) increase the risk for developing dementia and Alzheimer's disease (AD) (Ott et al. 1999; Biessels et al. 2005). Obesity is also linked to a chronic low-grade systemic inflammation (Mohamed-Ali et al. 1997; Yudkin et al. 1999). High-fat diets have been shown to cause neuroinflammation, i.e., inflammatory responses in the brain, as recently reviewed by Cai (2013), and neuroinflammation is in turn linked to neurodegeneration (Block and Hong 2005).

Elevated levels of circulating free fatty acids (FFAs) are observed in obese individuals, and uptake of FFAs into the brain has been shown to increase in obese subjects with metabolic syndrome (Karmi et al. 2010). One of the most abundant types of saturated fatty acids in mammals is palmitate. A number of studies on the inflammatory response of monocytes or macrophages exposed to FFAs/palmitate have been performed. However, there are contradictory reports showing either that palmitate on its own can induce mRNA expression of inflammatory cytokines (Haversen et al. 2009; Prieur et al. 2011) or that it can only affect maturation and secretion of the cytokines (Wen et al. 2011). In the brain, the inflammatory response is mediated by activated microglia cells and reactive astrocytes. The classically activated microglia cells show increased production and secretion of pro-inflammatory cytokines such as interleukin (IL)-1 β , tumor necrosis factor (TNF)- α , and IL-6, while alternatively activated cells express more phagocytic activity and neuroprotective factors.

The neuroinflammatory response is regulated mainly at the level of transcription. The transcription factor nuclear factor- κ B (NF- κ B) is a major player involved in neuroinflammation and is an early responder to inflammatory stimuli. In addition, CCAAT/enhancer-binding proteins (C/EBPs), which have the ability to modulate neuroinflammation as well as to form complexes with NF- κ B, are of importance. C/EBP δ , which is

L. M. Tracy · F. Bergqvist · E. V. Ivanova · K. T. Jacobsen ·
K. Iverfeldt (✉)
Department of Neurochemistry, Stockholm University,
SE-106 92 Stockholm, Sweden
e-mail: kerstin@neurochem.su.se

expressed at low levels during normal conditions but is rapidly up-regulated by a variety of extracellular stimuli such as lipopolysaccharide (LPS), IL-1 β , and TNF- α (Stein et al. 1993; Yin et al. 1996; Litvak et al. 2009), is of special interest. Previous studies have indicated that C/EBP δ is dysregulated in AD patients (Li et al. 2004) and in an AD mice model (Ramberg et al. 2011). Together NF- κ B and C/EBP δ regulate expression of some of the most important pro-inflammatory factors (Tak and Firestein 2001; Valente et al. 2013). As reviewed by Cai (2013), obesity and overnutrition may lead to NF- κ B-dependent hypothalamic inflammation and may induce neuronal apoptosis.

We have previously shown that palmitate, at a moderately elevated concentration, induced expression of markers for alternative activation in glial cells and that the mRNA expression of the pro-inflammatory cytokine TNF- α in the brain of obese ob/ob mice was lowered (Kappe et al. 2012). Microglial cytokine expression changes depending on extracellular stimuli, and microglia can switch between different activation profiles depending on its microenvironment (cf. Colton 2009). Therefore, it is of great importance to further elucidate the effects and underlying mechanisms in microglia after exposure to increased levels of FFAs. This may also lead to a better understanding of obesity and T2D as risk factors for AD and neurodegeneration.

Here, we have investigated how the microglia response to classical inflammatory stimuli is affected by exposure to palmitate. Our results show that, on the one hand, palmitate on its own seems to promote an alternatively activated phenotype with increased phagocytic activity and, on the other hand, it also alters the response to LPS which otherwise triggers a classical inflammatory reaction.

Material and Methods

Cell Culture and Reagents

Cells from the immortalized murine microglia cell line BV-2 (Blasi et al. 1990) were cultured in Dulbecco's modified eagle medium Glutamax supplemented with 5 % fetal bovine serum, 10,000 U/ml penicillin, and 10 mg/ml streptomycin sulfate.

Palmitate (sodium palmitate, Sigma-Aldrich) was dissolved in 12.5 % ethanol by heating and thereafter diluted in culture media supplemented with 0.5 % bovine serum albumin (BSA; fatty acid free, Sigma-Aldrich). Cells were treated with 0.125 mM palmitate or vehicle with equal amounts of ethanol for 24 h before analysis and/or 10 ng/ml LPS (Sigma-Aldrich) for 3 h before analysis. In the uptake studies, cells were exposed to palmitate/vehicle for 24 h and, for the last 5 h, co-incubated with 1- μ m fluorescent (red 580/605) latex beads (F8821, Invitrogen) with or without LPS.

Immunofluorescence and Confocal Microscopy

Cells were grown on glass coverslips, washed twice in phosphate-buffered saline (PBS; pH 7.4), subsequently fixed on ice in 4 % paraformaldehyde (PFA) for 30 min, and permeabilized with 0.5 % Triton X-100 in PBS for 5 min. Cells were then blocked in PBS containing 5 % milk and 0.1 % Tween-20 (blocking solution) at room temperature for 45 min. Cells were incubated with primary antibody C/EBP δ (C-22)X (1:500 dilution; Santa Cruz Biotechnology) or NF- κ B p65 (SC-109) (1:100 dilution; Santa Cruz Biotechnology) in blocking solution at room temperature for 45 min, washed in blocking solution three times, incubated with secondary antibody Alexa 488 goat anti-rabbit IgG (A11008, Invitrogen) and Alexa 568 goat anti-rabbit IgG (A11011, Invitrogen) (1:2,000), respectively, for 45 min at room temperature, and thereafter washed three times in blocking solution. For deoxyribonucleic acid (DNA) staining, cells were incubated with Hoechst (33258) for 5 min before final washes and mounting on glass slides with vector shield (Vector Laboratories, Inc.). The samples were analyzed on a Leica DMIRBE fluorescence microscope or a Zeiss LSM 780 confocal microscope.

In the uptake studies, cells were washed twice in PBS and fixed in 4 % PFA and then washed again twice before addition of fluorescent wheat germ agglutinin (Alexa fluor 633 conjugated, Invitrogen) for 10 min at room temperature. The samples were washed again before mounting on glass slides with vector shield and sealed with nail polish.

Fluorescence-Activated Cell Sorting

Cells were washed with ice-cold PBS, trypsinated, resuspended in culture medium, and centrifuged for 5 min at 16,000 \times g. The medium was removed and the cells were resuspended in PBS. Flow cytometric analysis of 100,000 events was made immediately after, using a FACSCalibur instrument (Becton Dickinson Immunocytometry Systems).

Western Blot

Cells were scraped in lysis buffer (radio-immunoprecipitation assay buffer containing 50 mM Tris-HCl (pH 8), 150 mM NaCl, 1 % NP-40, 0.5 % sodium deoxycholate, 0.1 % sodium dodecyl sulfate, 1 \times protease inhibitor cocktail (Roche)) and subsequently shaken for 30 min at 4 °C. Thereafter, the samples were centrifuged at 16,000 \times g for 10 min. Supernatants were collected and stored in 6 \times sample buffer. Determination of protein concentrations by bicinchoninic acid (Pierce) and Western blot were performed as described earlier (Ramberg et al. 2011), using primary antibody directed against C/EBP δ ((C-22)X, 1:4,000 dilution; Santa Cruz Biotechnologies) or actin ((I-19)-R, 1:500 dilution; Santa Cruz Biotechnologies) and secondary

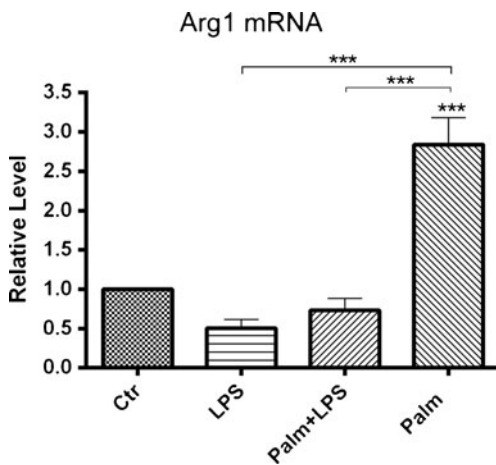


Fig. 1 LPS counteracts palmitate-induced expression of arginase 1 (*Arg1*) mRNA. Cells were exposed to palmitate (*Palm*)/vehicle for 24 h in the absence or presence of LPS during the last 3 h. *Arg1* mRNA levels were measured by qPCR and normalized against the levels of GAPDH mRNA. *** $P < 0.001$, significantly different compared to control or as otherwise indicated; $n = 3$

antibody horseradish peroxidase-coupled anti-rabbit IgG 1:5,000 dilution for the C/EBP δ blots and 1:10,000 for the actin blots (GE Healthcare). Blots were incubated in Thermo Fisher’s SuperSignal West Dura Extended Duration for 5 min and visualized in ChemiDoc imaging system (Bio-Rad).

RNA Extraction, cDNA Synthesis, and qPCR

BV-2 cells were lysed and RNA-extracted using Fermentas GeneJet RNA Purification Kit (Thermo Scientific) according to the manufacturer’s instructions including DNase treatment (Thermo Scientific). Complementary DNA (cDNA) was synthesized for quantitative polymerase chain reaction (qPCR) using Fermentas RevertAid H Minus First strand cDNA Synthesis Kit (Thermo Scientific) according to the

manufacturer’s instructions. All primers were designed using Invitrogen custom primer design software (Invitrogen, Inc). The sequences of primers used are given in Table 1.

A qPCR kit with SYBR Green (Fermenta’s Maxima SYBR Green/Fluorescein qPCR Master Mix, Thermo Scientific) was used for real-time qPCR. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as housekeeping gene for normalization.

Statistical Analysis

Data were analyzed by analysis of variance followed by Tukey’s post hoc test. $P < 0.05$ was considered statistically significant.

Results

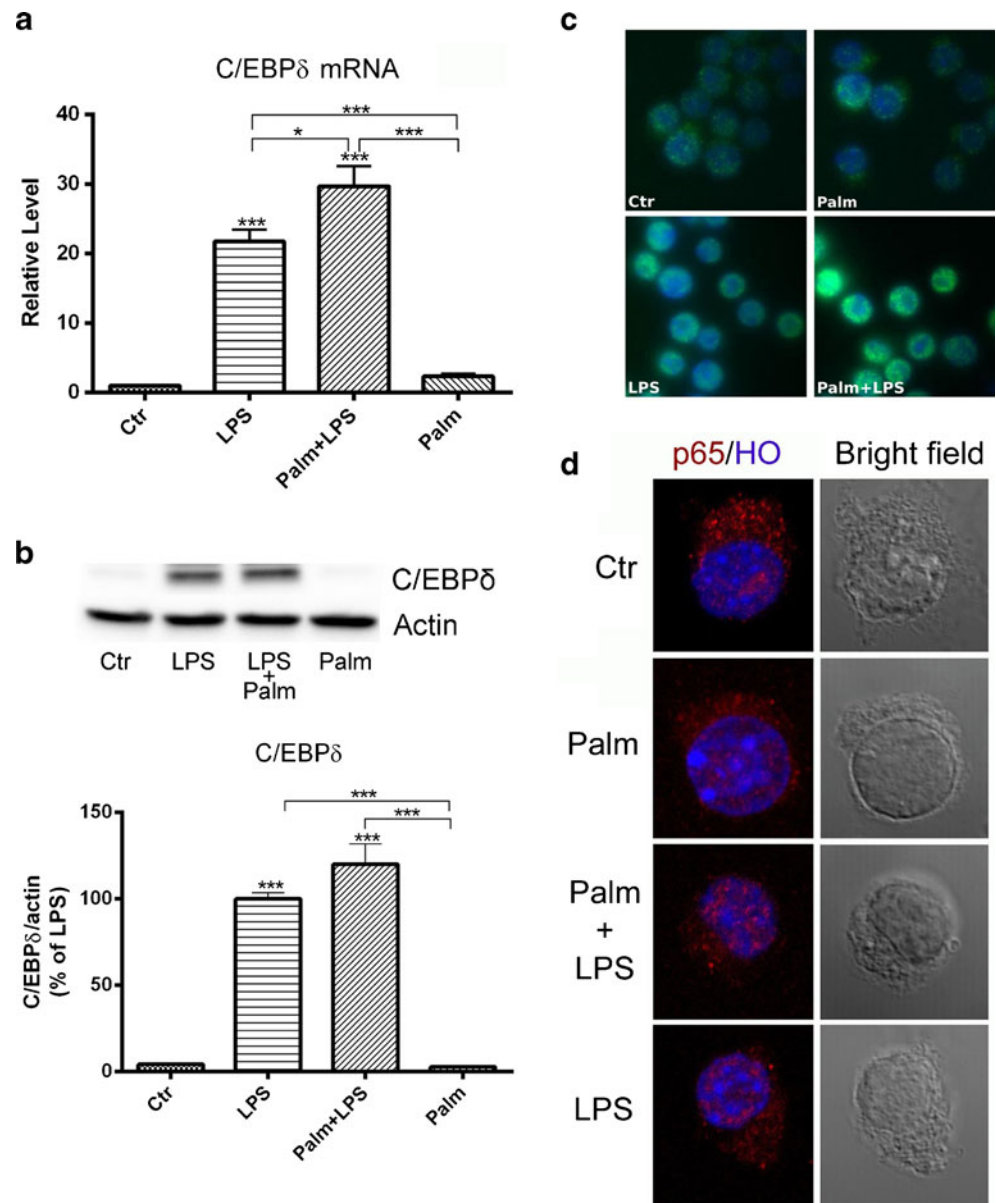
Palmitate-Induced Expression of Arginase 1, a Marker for Alternative Microglial Expression, is Counteracted by LPS

Previously we have observed that moderate levels of palmitate down-regulate the mRNA expression and secretion of TNF- α , a known marker for classically activated microglia, and up-regulate the levels of the alternative marker arginase 1 (*Arg1*) in BV-2 microglia cells (Kappe et al. 2012). In this study, we aimed to investigate if increased background levels of palmitate could alter the acute response of microglia to a typical inflammatory stimulus. Cells were exposed to 0.125 mM palmitate for 24 h to model an in vivo situation with increased levels of FFAs. During the last 3 h, LPS (10 ng/ml) was added. This concentration is in the lower end of the range commonly used and was chosen to mimic a relatively low-grade inflammation. In agreement with our earlier study (Kappe et al. 2012), we observed significant up-regulation of *Arg1* mRNA levels after 24 h of exposure to palmitate (Fig. 1). Addition of LPS during the last 3 h of treatment counteracted this effect of palmitate, which could be due to the decreased rate of mRNA synthesis. However, effects on mRNA stability cannot be excluded. The levels of *Arg1* mRNA were already affected by palmitate by the time of LPS addition and did not significantly differ from those of 24-h palmitate-exposed cells (*Arg1* mRNA increased by 109 ± 32 % after 21 h and 169 ± 21 % after 24 h compared with control; this was significantly different from control at $P < 0.01$ and $P < 0.001$, respectively, $n = 3-5$). In addition, compared to control, stimulation with LPS in the absence of palmitate even showed a tendency to decrease the levels of *Arg1* mRNA. The expression levels of chitinase 3-like 3 mRNA, which is another marker for alternative activation, were also significantly increased by palmitate (by 165 ± 18 %, significantly different from control at $P < 0.05$, $n = 3$), and the levels after LPS exposure showed a

Table 1 Sequences of RT-PCR primers

Name of primers	Nucleotide sequence of primers
IL-1 β Fwd	5'-CTTTTCGTAATGAGCAGAC-3'
IL-1 β Rev	5'-GAGGAAAACACAGGCTCTCT-3'
<i>Arg1</i> Fwd	5'-TATGTGTCATTTGGGTGGAT-3'
<i>Arg1</i> Rev	5'-GCCAATGTACACGATGTCTT-3'
C/EBP δ Fwd	5'-CTCCACGACTCCTGCCATGT-3'
C/EBP δ Rev	5'-GAAGAGGTCGGCGAAGAGTTC-3'
IL-6 Fwd	5'-AGAAGGAGTGGCTAAGGACCAA-3'
TNF- α Fwd	5'-AAAGTCAACCTCCTCTCTGC-3'
TNF- α Rev	5'-GGACTCCGCAAAGTCTAAGT-3'
IL-6 Rev	5'-AACGCACTAGGTTTGCCGAG-3'
GAPDH Fwd	5'-ATGACATCAAGAAGGTGGTG-3'
GAPDH Rev	5'-TGTCATACCAGGAAATGAGC-3'

Fig. 2 Palmitate potentiates LPS-induced expression of C/EBP δ mRNA. **a–c** Cells were exposed as described in Fig. 1. **a** C/EBP δ mRNA levels were measured by qPCR and normalized against the levels of GAPDH mRNA. **b** C/EBP δ protein levels were analyzed by Western blot and normalized against actin. **c** C/EBP δ expression was analyzed by fluorescence microscopy. **d** Cells were exposed to palmitate/vehicle for 24 h in the presence or absence of LPS during the last 30 min. Cellular localization of NF- κ B was analyzed by confocal microscopy using antibodies directed to p65. * P <0.05, *** P <0.001, significantly different compared to control or as otherwise indicated; n =3



trend toward down-regulation (not shown), as observed for Arg1.

C/EBP δ Expression Levels Increase in Cells Co-treated with Palmitate and LPS

We also investigated the effect of palmitate in combination with LPS on markers and regulators of neuroinflammation. NF- κ B and C/EBPs are major players in the inflammatory response and regulate expression of several pro-inflammatory cytokines. C/EBP δ has been shown to regulate the expression of pro-inflammatory factors including IL-6 in glial cells (Valente et al. 2013). Our results show that palmitate alone did not have any effect on C/EBP δ mRNA or protein levels (Fig. 2a–c). Treatment with LPS resulted in significant up-

regulation of C/EBP δ mRNA (Fig. 2a), in accordance with a previous study performed on the same type of cells (Ejarque-Ortiz et al. 2010). Further, we found that pre-treatment with palmitate led to significantly higher LPS-induced mRNA expression and a trend toward an up-regulation of protein levels of C/EBP δ (Fig. 2a, b). These effects were further confirmed by immunofluorescence microscopy (Fig. 2c). C/EBP δ immunoreactivity was increased by LPS and appeared even stronger after palmitate and LPS co-treatment.

It has been shown that C/EBP δ and NF- κ B can form heteromers and work in concert. Translocation of NF- κ B into the nucleus is considered a measure of its activation and was analyzed by confocal microscopy after stimulation with palmitate. As expected, a larger fraction of NF- κ B was observed in the nucleus after exposure to LPS. However, our

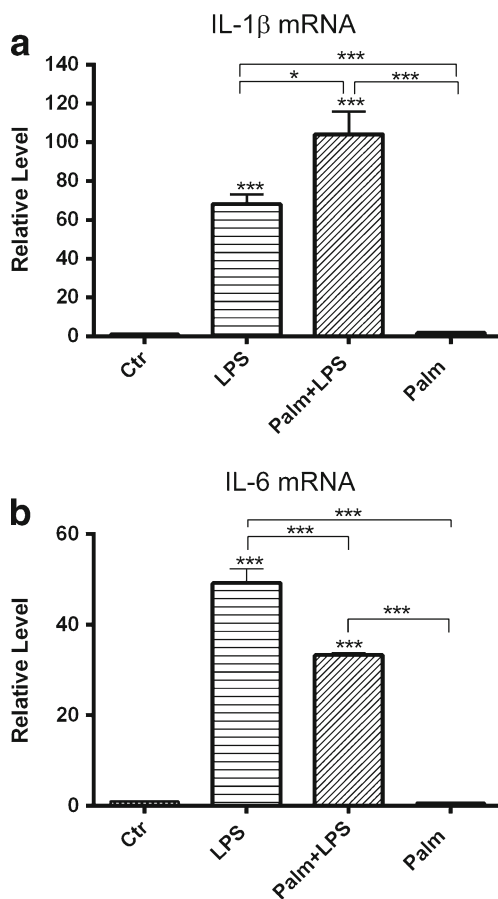


Fig. 3 Palmitate differentially affects LPS-induced IL-1 β and IL-6 mRNA levels. Cells were treated as described in Fig. 1. mRNA levels of **a** IL-1 β and **b** IL-6 were measured by qPCR and normalized against the levels of GAPDH mRNA. * $P < 0.05$, *** $P < 0.001$, significantly different compared to control or as otherwise indicated; $n = 3$

results indicate neither any clear effects of palmitate by itself compared to control nor does the nuclear localization of NF- κ B seem to differ between the LPS-treated cells compared to LPS- and palmitate-exposed cells (Fig. 2d).

Palmitate Increases LPS-Induced IL-1 β mRNA Expression but Negatively Affects IL-6 mRNA Levels

The inflammatory cytokines IL-1 β , TNF- α , and IL-6 are commonly up-regulated in classically activated microglia. We did not observe any effect on IL-1 β mRNA expression by palmitate alone (Fig. 3a). However, pre-exposure to palmitate did increase the mRNA expression of IL-1 β in response to LPS (Fig. 3a). Interestingly, palmitate did not have any effect on LPS-induced TNF- α expression. LPS alone and LPS together with palmitate both increased TNF- α production by 35–40-fold compared to control (data not shown). Contrary to other studies showing palmitate-induced up-regulation of IL-6 in monocytes, in our study no changes in IL-6 mRNA levels were observed in the BV-2 microglia cells in response to palmitate (Fig. 3b). Further, palmitate reduced the LPS-

induced increase of IL-6 mRNA levels (Fig. 3b). This indicates that exposure to elevated levels of FFAs could result in an altered inflammatory response that involves enhanced up-regulation of IL-1 β expression and reduced up-regulation of IL-6.

Phagocytic Activity of Microglia is Triggered by Palmitate and Further Enhanced by LPS

It is known that LPS stimulates the phagocytic activity of microglia. Here, we wanted to investigate if palmitate can alter this function. BV-2 microglia cells were exposed to palmitate or vehicle for 24 h with or without LPS stimulation during the last 5 h. Fluorescent beads were added to the cultures during the last 5 h of treatment, and the uptake was analyzed by confocal microscopy and fluorescence-activated cell sorting (FACS) analysis. Our results show that both palmitate and LPS induced the uptake of beads and that co-exposure to palmitate and LPS results in an increased effect (Fig. 4a–d).

Discussion

Obesity is a growing problem with increased risk for T2D and other chronic metabolic disorders. A consequence of obesity is elevated levels of FFAs, including the saturated FFA palmitate, which have been shown to affect the peripheral immune system (Mohamed-Ali et al. 1997; Yudkin et al. 1999). LPS-induced secretion of the pro-inflammatory cytokines IL-1 β and TNF- α has been shown to increase in macrophages exposed to palmitate (Havens et al. 2009; Wen et al. 2011; Schilling et al. 2013). Microglia, which are considered the main immune cells of the brain, have been attributed similar properties and functions as macrophages. However, it is not clear how palmitate affects microglia. In this study, we show that palmitate increases markers for alternative activation in BV-2 microglia cells and facilitates phagocytosis. This suggests that although palmitate does have an effect on microglia, it does not act as a classical pro-inflammatory stimulus. However, here we demonstrate that it can change the response to classical pro-inflammatory stimuli. When co-incubated with LPS, the palmitate-induced expression of the marker for alternative activation Arg1 is abolished. At this point, we cannot say whether the effects of palmitate and LPS are on the rate of synthesis or on the stability of the mRNA. Moreover, although palmitate alone does not induce any increase in pro-inflammatory cytokines, it changes the profile of pro-inflammatory cytokine mRNA expression in microglia in response to inflammatory stimuli. It should be noted that palmitate and LPS could act on the same receptors—toll-like receptor 4 (Wang et al. 2012), and therefore, the involvement of desensitization of receptors or

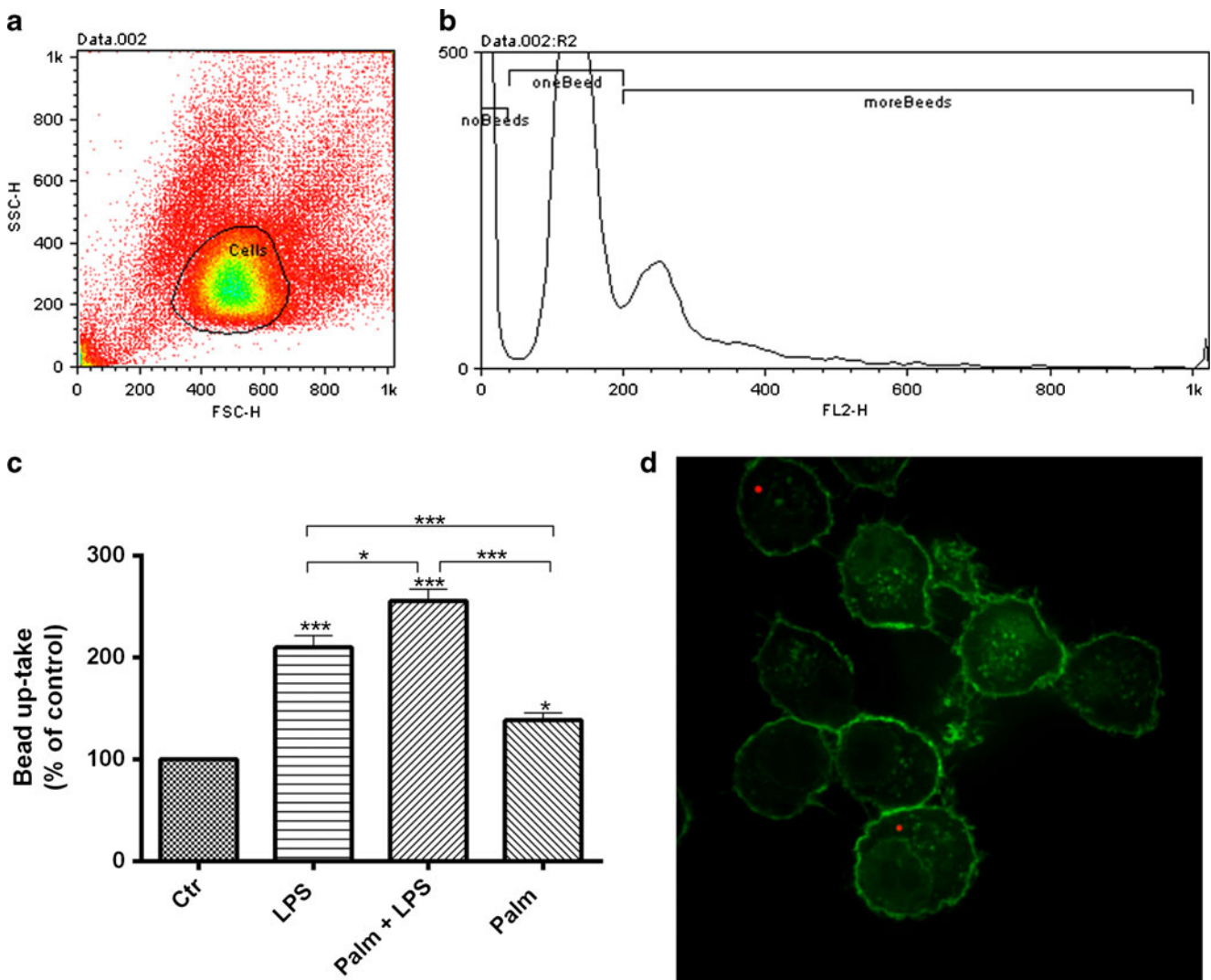


Fig. 4 Both palmitate and LPS stimulate microglia phagocytosis and co-exposure further enhances the effect. Cells were exposed to palmitate/vehicle for 24 h in the absence or presence of LPS during the last 5 h. Fluorescent latex beads were added for the last 5 h. **a–c** Uptake of beads monitored by FACS. **a** Cells were gated based on their forward and side

scatter to exclude cell debris as well as cell aggregates. **b** Representative graph showing the uptake of beads by microglia. **c** Quantification and statistical analysis of cells taking up two or more beads. **d** Confocal image of phagocytosed beads after LPS treatment. * $P < 0.05$, *** $P < 0.001$, significantly different compared to control or otherwise indicated; $n = 3–4$

signaling pathways upon co-stimulation cannot be excluded. However, the levels of IL-1 β mRNA were elevated, the mRNA levels of IL-6 were decreased, while the mRNA levels of TNF- α remained unchanged. It is possible that an increase in IL-1 β and a decrease in IL-6 expression might affect the outcome of a potential neuroinflammation. IL-6, although most often viewed as a pro-inflammatory cytokine, can also have anti-inflammatory and neuroprotective functions, as reviewed by, e.g., Jüttler et al. (2002). One could speculate that the response to other inflammatory stimuli such as A β peptides (which are accumulated in AD and known to induce a neuroinflammatory response) could also be affected by elevated levels of FFAs. This would be of great interest to further investigate.

As mentioned above, we did not observe any effects of palmitate on its own on mRNA levels of the cytokines investigated. Previous studies have reported contradictory results. On the one hand, enhanced mRNA expression of inflammatory cytokines induced by palmitate has been demonstrated in microglia (Wang et al. 2012). However, lower ratios of BSA to palmitate, compared to most other studies, were used in that study. On the other hand, several studies on macrophages/monocytes support our finding that palmitate does not have any effect on cytokine mRNA levels (Wen et al. 2011; Little et al. 2012; Schilling et al. 2013); instead, palmitate has been proposed to increase their secretion. In mice macrophages pre-treated with LPS, the effect of palmitate on IL-1 β secretion was shown to be mediated through

inflammasome activation (Wen et al. 2011). In agreement with this, in the present study, palmitate on its own did not seem to increase the expression levels of C/EBP δ nor the nuclear translocation of NF- κ B. However, we observed a trend toward an increase in C/EBP δ protein levels and a significant increase in its mRNA levels after concomitant exposure of the cells to palmitate and LPS, indicating that palmitate has the ability to strengthen some effects of inflammatory stimuli on microglia. In addition, we observed that both palmitate and LPS on their own stimulated the phagocytic activity of BV-2 microglia. This effect was further enhanced upon co-treatment with palmitate and LPS. Since they can act on the same receptor, it will be of interest to investigate if palmitate and LPS stimulate phagocytosis by common or by distinct signaling pathways.

Exactly how obesity impacts the inflammatory response in the brain is yet unknown. One study shows that high-fat diets affect the protein levels of pro-inflammatory cytokines and glia reactivity in mice (Pistell et al. 2010). Here, we show that exposure to moderately increased levels of the saturated FFA palmitate significantly alters microglial inflammatory response. For future studies, it will be of great importance to further delineate the consequences of obesity and high-fat diets on neuroinflammation.

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