Alpha-Crystallin Promotes Rat Axonal Regeneration Through Regulation of RhoA/Rock/Cofilin/MLC Signaling Pathways

Yan Hua Wang · Dong Wu Wang · Nan Wu · Yi Wang · Zheng Qin Yin

Received: 31 March 2011 /Accepted: 28 April 2011 / Published online: 17 May 2011 \oslash Springer Science+Business Media, LLC 2011

Abstract Intravitreal injection of α-crystallin can promote axons from optic nerve regeneration after crushing in rats. We have previously demonstrated that α -crystallin can counteract the effect of myelin inhibitory factors and stimulate neurite growth. And a common crucial signaling event for myelin inhibitory factors is the activation of RhoA. To investigate whether α -crystallin counteracts the inhibitory effect of myelin inhibitory factors through regulation of RhoA/Rock signaling pathway, α-crystallin (10^{-4} g/L) was injected into rat vitreous at the time the optic nerve crushed. The RhoA protein activity and the expression of RhoA and Rock were evaluated after 3 days of optic nerve axotomy. Rock downstream effectors, phosphorylated cofilin, and phosphorylated myosin light chain were detected when retinal neurons were cultured for 3 days. Axonal regeneration and neurites growth of cultured cells were observed also. Our results showed that α-crystallin decreased the RhoA protein activity and the phosphorylation of both cofilin and myosin light chain, and promoted the axonal growth. However, the expression of RhoA and Rock was not affected by α crystallin. These findings indicated that α-crystallin could

Y. H. Wang \cdot N. Wu \cdot Y. Wang (\boxtimes) \cdot Z. Q. Yin Southwest Hospital, Southwest Eye Hospital, Third Military Medical University, Chongqing 400038, People's Republic of China e-mail: wangyieye@yahoo.com.cn

Y. H. Wang \cdot Z. Q. Yin (\boxtimes) Department of Ophthalmology, General Hospital of Chinese People's Liberation Army, Beijing 100853, People's Republic of China e-mail: qinzyin@yahoo.com.cn

Y. H. Wang : D. W. Wang The Hospital of the Chinese People's Armed Police Forces No. 8650, Jingzhong City 030600, People's Republic of China

counteract the effect of myelin inhibitory factors through the regulation of RhoA/Rock signaling pathway.

Keywords α-Crystallin . RhoA . Axonal regeneration

Introduction

Retinal ganglion cells (RGCs) fail to spontaneously regenerate their axons after optic nerve injury. The inhibitory microenvironment plays an important role in the failure of regeneration (Yiu and He [2003\)](#page-6-0). In addition to scar-associated inhibitory molecules at injury sites, for example chondroitin sulfate proteoglycans (CSPGs), myelinassociated proteins are the important growth inhibitors, such as Nogo-A, myelin-associated glycoprotein (MAG), and oligodendrocyte myelin glycoprotein (Morgenstern et al. [2002;](#page-6-0) Tang [2003](#page-6-0); Yiu and He [2003](#page-6-0)). They are thought to inhibit axon growth via binding to Nogo receptors that require a variety of transmembrane co-receptors for intracellular signaling. And a common crucial signaling event for these axonal inhibitors is the activation of RhoA, changing GDP-binding RhoA to GTP-binding RhoA (Monnier et al. [2003;](#page-6-0) Yiu and He [2006](#page-6-0); Kubo et al. [2007\)](#page-5-0). Rock is the effector of GTP-RhoA. After the activation of Rock, its downstream effectors: the myosin light chain (MLC) and cofilin are activated by phosphorylation. Phosphorylated MLC stimulates the binding of myosin to actin and subsequent actomyosin contraction. While phosphorylated cofilin (p-cofilin) results in an increase in actin filament assembly (Kubo et al. [2007;](#page-5-0) Lu et al. [2009](#page-6-0)). At last, it leads to growth cone collapse and regeneration inhibition.

There are several lines of evidence suggesting that lens injury can promote RGC survival and stimulate axonal regeneration either in vivo or in vitro (Fischer et al. [2000,](#page-5-0)

[2001;](#page-5-0) Lorber et al. [2002\)](#page-5-0). Lens-derived factors are thought to contribute to the regeneration-promoting effects (Lorber et al. [2005](#page-5-0); Yin et al. [2006\)](#page-6-0). Recently, it is shown that crystallins of the β/γ superfamily can elongate the length and increase the number of regenerating axons (Liedtke et al. [2007](#page-5-0); Fischer et al. [2008](#page-5-0)), and their effects might be mediated by astrocyte-derived CNTF (Fischer et al. [2008\)](#page-5-0). In addition to β/γ superfamily, α -crystallin is another lens-derived protective factor.

α-Crystallin has a high antiapoptotic activity. It has been found that α-crystallin can stall the maturation of caspase-3 (Kamradt et al. [2005](#page-5-0)), bind to proapototic proteins such as P53 (Jolly and Morimoto [2000\)](#page-5-0), and play a beneficial role in preventing stress-induced cell death (Andley [2007\)](#page-5-0). α -Crystallin has also been found to be a potent negative regulator in several inflammatory pathways for both the immune system and the central nervous system (Masilamoni et al. [2006\)](#page-6-0). In the optic nerve, Munemasa reported that α crystallins could increase the survival of RGC after optic nerve axotomy (Munemasa et al. [2009](#page-6-0)). Presently, studies showed that axonal density distal to the crush site was significantly higher than in untreated controls up to 4 weeks after a single intravitreal administration of α -crystallin (Ying) et al. [2008\)](#page-6-0). These results suggest that α -crystallin assists RGCs survival and axonal growth in the inhibitory microenvironment after optic nerve injury.

We previously demonstrated that α -crystallin significantly stimulated neurite initiation and outgrowth when retinal neurons were cultured on myelin-coated dishes. It indicated that α-crystallin could counteract myelin inhibitory factors and promote neurite growth (Wang et al. [2011](#page-6-0)). However, the mechanism is unknown. In this work, we studied the regulation effect of α-crystallin on RhoA/Rock signaling pathway, through which myelin-associated and scarassociated inhibitory molecules interfere nerve regeneration.

Materials and Methods

Animals

Newborns from postnatal day 0 to day 2 (P0 to P2) and adult (200–250 g) Long Evans rats were used for the experiments. All experimental protocols were approved by the Institutional Animal Care and Use Committee of Third Military Medical University. And all studies were conducted according to the Declaration of the NIH Statement for the Use of Animals in Ophthalmic and Vision Research.

Surgical Procedures

The right optic nerves were crushed (ONC) intraorbitally using a standard protocol (Ying et al. [2008\)](#page-6-0). In brief, adult animals were anesthetized by intraperitoneal injections of chloral hydrate (3.5 mg/kg). A 1-cm incision was made in the conjunctiva at the temporal side of each eye. The optic nerve was exposed under an operating microscope, and its dura was opened longitudinally. Using the blood vessel forceps, the optic nerve was crushed 2 mm behind the eye for 10 s, avoiding injury to the ophthalmic artery. Nerve injury was verified by the appearance of a clearing at the crush site, and the vascular integrity of the retina was verified by funduscopic examination. α -Crystallin (10⁻⁴ g/L; 5 μL), which was prepared as previously described (Wang et al. [2009,](#page-6-0) [2011](#page-6-0)), was injected into vitreous space by posterior approach in the right eyes, taking care not to damage the lens. In two control groups, the same volume of C3 transferase $(1 \times 10^{-1} \text{ g/L}, \text{Upstate}, \text{USA})$, a specified inactivator of RhoA (Kubo et al. [2007](#page-5-0); Lu et al. [2009\)](#page-6-0), or bovine serum albumin (BSA, 10^{-4} g/L) was injected into right eyes after optic nerve crushed. RhoA protein activity and the expression of RhoA and Rock were evaluated on 3 days after the optic nerve was crushed and intravitreal injections of BSA, α -crystallin, or C3 transferase.

Expression of RhoA and Rock Protein

Retinas were lysed in lysis buffer [50 mM Tris–HCl (pH 7.2), 500 mM NaCl, 10 mM MgCl2, 1% Triton X-100, 0.5% sodium deoxycholate, 0.1% SDS, and 1 mM PMSF], and centrifuged at $15,000 \times g$ for 15 min at 4 °C. Protein concentrations were determined using bicinchoninic acid protein assay kit. Equal amounts of protein were loaded into each lane of SDS-12% polyacrylamide gels. The gels were then electrophoresed, transferred to a polyvinylidene difluoride membrane, and finally analyzed by Western blotting using mouse monoclonal anti-RhoA (Upstate) or rabbit monoclonal anti-Rock (Upstate). As an internal control, anti-glyceraldehyde-3-phosphate dehydrogenase polyclonal antibody (GAPDH; Santa Cruz Biotechnology) was blotted in the same membrane. The immune complex was visualized with an ECL detection system.

RhoA Activity Assay

RhoA pull-down assay was carried out as previously reported using immobilized GST-RBD (Upstate; Chen et al. [2005\)](#page-5-0). Retinas were lysed in Rho-binding lysis buffer [50 mM Tris–HCl (pH 7.2), 500 mM NaCl, 10 mM MgCl2, 1% Triton X-100, 0.5% sodium deoxycholate, 0.1% SDS, and 1 mM PMSF]. Retina lysates were cleared by centrifugation at $10,000 \times g$ for 10 min at 4°C, and protein extracts (200 μg) were incubated with 20 μg of immobilized GST-RDB for 45 min at 4°C. The beads were washed four times with buffer [50 mM Tris–HCl (pH 7.2), 150 mM NaCl, 10 mM MgCl2, 1% Triton X-100, and 1 mM PMSF].

The bound RhoA GTPases were eluted by boiling in Laemmli SDS sample buffer and were subjected to Western blot with antibody against RhoA.

Retinal Neuron Cultures

Retinal cell cultures were prepared as previously described (Wang et al. [2009](#page-6-0), [2011](#page-6-0)). P0 to P2 rats were killed by decapitation and neural retinas dissected at 4°C. The tissue was incubated in 0.125% trypsin and 0.2% atidase for 30 min at 37°C. Activity of exogenous proteases was eliminated by washing the tissue with Dulbecco's modified eagle medium (DMEM) containing 10% FBS. Retinal cells were mechanically dissociated using a pipette then seeded onto 24-well culture plates. Cells were initially seeded at 1×10^6 cells/mL. The cells were cultured in DMEM supplemented with 10% FBS, glucose (4.5 g/L), streptomycin (100 μg/mL), penicillin (100 U/mL), and HEPES (15 mmol/L). After 24 h in culture, 5-bromium-2′deoxyuridine (20 μg/mL) was added to culture medium to restrict the growth of non-nerve cells. Each independent culture was derived from three animals (six retinas). Treatment groups were: (1) α -crystallin (10⁻⁴ g/L) dissolved in DMEM; (2) control, C3 transferase, 10−¹ g/L dissolved in DMEM; and (3) control, BSA, 10−⁴ g/L dissolved in DMEM. α-Crystallin, C3 transferase, or BSA was added to the cell cultures immediately when the cells were seeded onto culture plates. Each experiment was repeated three times, and the cells were continuously cultured under the experimental conditions until cell death.

Phosphorylated MLC and Cofilin Assay

Myelin solution (0.1 mg/mL) was added into culture medium when cells were cultured for 3 days. After 1 h, as the evaluation of RhoA and Rock protein expression, Western blot was used to detect the phosphorylation of MLC and cofilin. The antibodies were goat monoclonal anti-phospho-MLC (Santa), mouse monoclonal anti-MLC (Santa), rabbit monoclonal anti-phospho-cofilin (Santa), goat monoclonal anti-cofilin (Santa), and mouse polyclonal anti-GAPDH. The immune complex was visualized with an ECL detection system.

Evaluating Axonal Regeneration

In order to anterogradely label regenerating axons, cholera toxin B subunit (CTB; Molecular Probes, USA) was intravitreally injected 2 days before sacrificing the animals. Regenerating axons were visualized in longitudinal sections of the optic nerve at 14 days after ONC. Neurite outgrowth assays were also performed in vitro as previously described (Wang et al. [2009,](#page-6-0) [2011](#page-6-0)). Briefly, retinal neurons were cultured on culture plates coated with the myelin solution (0.1 mg/mL) which was prepared as previously described (Wang et al. [2011\)](#page-6-0). As previously described (Wang et al. [2011\)](#page-6-0), the numbers of retinal neurons with neurites were counted and the longest neurite was measured on days 1, 3, and 5 by tracing the neurite from the cell body to its farthest tip. Measurements were obtained using a computerized image analysis system (Leica QWin).

Statistics

The data are expressed as the mean±SD. Differences among groups of Western blot results were analyzed by one-way ANOVA, followed by LSD method. The numbers of retinal neurons with neurites and the longest neurite were analyzed using paired t tests. Differences were considered to be significant when $P < 0.05$.

Results

The Effect of α -Crystallin on the Expression of RhoA and Rock Protein

The previous study indicated that the expression of RhoA was enhanced after the optic nerve crushed (Wang et al. [2007](#page-6-0)). Here, we examined the effect of α -crystallin on the expression of RhoA and its downstream effector, Rock protein, using Western blot. The result showed that α crystallin did not induce a decrease in RhoA and Rock protein levels in the retina (Fig. [1\)](#page-3-0).

The Effect of α-Crystallin on RhoA Protein Activity

After the optic nerve injury, RhoA is activated, changing GDP-binding RhoA to GTP-binding RhoA, and plays an important role in the failure of axonal regeneration (Monnier et al. [2003;](#page-6-0) Yiu and He [2006;](#page-6-0) Kubo et al. [2007](#page-5-0)). To examine the effect of α -crystallin on RhoA protein activity, GTP-binding RhoA was detected. RhoA pull-down assay showed that α -crystallin decreased GTPbinding RhoA significantly. However, the effect of α crystallin (reduced to 86% of BSA values) was slighter than that of C3 transferase (reduced to 79% of BSA values; Fig. [2](#page-3-0)).

The Effect of α -Crystallin on the Phosphorylation of Cofilin and MLC

RhoA stimulates accumulation of stress fibers through activation of Rock. LIM kinase and MLC kinase are downstream effectors of Rock responsible for the phosphorylation of cofilin and MLC, respectively (Kubo et al.

GAPDH 37kd **A B** Fig. 1 Western blot analysis of the effect of α -crystallin on the expression of RhoA and Rock protein. Immunnoreactive bands of a RhoA and b Rock in α-crystallin, C3 transferase, or BSA group, respectively, at 3 days after the optic nerve crushed. Bands of RhoA and Rock were detected in samples from the retina. In the same time, GAPDH protein was detected by its antibody. c, d Densitometry of the immunoreactive bands. Data are expressed as a ratio of RhoA or Rock to GAPDH. Compared to BSA, α-crystallin and C3 transferase did not change the expression of both c RhoA and d Rock $(n=6; \text{mean} \pm SD, P>0.05)$ compare with BSA)

[2007;](#page-5-0) Lu et al. [2009](#page-6-0)). We found that compared to BSA, α crystallin treatment decreased the phosphorylation of both cofilin (reduced to 71% of BSA values) and MLC (reduced to 73% of BSA values). C3 transferase also decreased the phosphorylation of both cofilin and MLC. However, there was no great contrast between α -crystallin and C3 transferase (Fig. [3](#page-4-0)).

Fig. 2 Western blot analysis of the effect of α -crystallin on RhoA protein activity. a Immunoreactive bands of GTP-RhoA and total RhoA in α-crystallin, C3 transferase, or BSA group, respectively, at 3 days after the optic nerve crushed. b Densitometry of the immunoreactive bands. Data are expressed as a ratio of GTP-RhoA to total RhoA ($n=6$; mean \pm SD, $*P<0.05$ compare with BSA; $*P<$ 0.01 compare with BSA; $\#P < 0.05$ compare with C3)

The Effect of α -Crystallin on Axonal Regeneration

To examine the effect of α -crystallin on axonal regeneration, α-crystallin or BSA was injected into vitreous after OPN. Two weeks later, regenerating axons were visualized and anterogradely labelled with CTB. In the BSA experiments, several axons were found in the crush site, but no axons were beyond the crush site. In α -crystallin injection, many axons regenerated beyond the crush site and extended toward the central direction (Fig. [4a, b](#page-4-0)). We also analyzed axonal outgrowth by retinal neurons cultured on culture plates coated with the myelin. The numbers of neurons with neurites were counted, and the longest neurite was measured on days 1, 3, and 5. Most cells initiated neurite in α -crystallin group. Whereas, only several cells initiated neurite in BSA group (Fig. [4c](#page-4-0)–e). And the neurite length was longer significantly in α -crystallin administration than in BSA administration (Fig. [4c, d, f](#page-4-0)).

Discussion

It has been found that α -crystallin can promote RGC survival and axonal growth after optic nerve injury (Ying et al. [2008;](#page-6-0) Munemasa et al. [2009](#page-6-0)). Our further studies demonstrated that α-crystallin significantly stimulated neurite initiation and outgrowth when retinal neurons were cultured on myelin-coated dishes (Wang et al. [2011\)](#page-6-0). Since myelin-associated and scar-associated inhibitory molecules interfere nerve regeneration through activating RhoA, we studied the regulation effect of α -crystallin on RhoA/Rock

Fig. 3 Western blot analysis of the effect of α -crystallin on the phosphorylation of cofilin and MLC. Immunoreactive bands of a phosphorylated cofilin (p-cofilin) and total cofilin and b phosphorylated MLC (p-MLC) and total MLC in α -crystallin, C3 transferase, or BSA group, respectively, at cell culture for 3 days. c, d Densitometry of the immunoreactive bands. Data are expressed as a ratio of c pcofilin to total cofilin or d p-MLC to total MLC $(n=6;$ mean \pm SD, $*P<0.01$ compare with BSA)

signaling pathway in this work. And the results showed that α-crystallin decreased the RhoA protein activity, the phosphorylation of both cofilin and MLC, and promoted the axonal growth, but did not affected the expression of RhoA and Rock protein.

RhoA is abundantly expressed in various types of cells, including those in the central nervous system and retina (Nakayama et al. [2000;](#page-6-0) Kitaoka et al. [2004\)](#page-5-0). Nerve injury can change the expression of RhoA and Rock. It was reported that RhoA mRNA and protein expressions were enhanced significantly in the injured spinal cord 1 week after surgery (Sung et al. [2003\)](#page-6-0). RhoA and ROCK were upregulated in NMDA-induced retinal neurotoxicity (Kitaoka et al. [2004\)](#page-5-0). Our recent studies also found that

Fig. 4 The effect of α -crystallin on axonal regeneration. Two weeks after ONC and intravitreal injection of BSA, several CTB-labelled axons regenerated into the crush site (arrow), but not beyond the site (a). Whereas, in α -crystallin injection, much more axons distal to the injury site (b). The culture photographs show the neurite initiation and outgrowth in α-crystallin (c) and BSA (d) groups after retinal neurons were cultured for 3 days on plates coated with the myelin. Cell

cultures treated with α -crystallin had significantly more retinal neurons with neurites compared with cultured containing BSA (e). The mean length of the longest neurites in the α -crystallin group were significantly longer than those of the BSA group (f; mean \pm SD, *P< 0.01; $n=30$ fields for e, 150 cells for f, respectively. Scale bar: 50 μ m for $a, b, c, and d$

the expression of RhoA in retina were extended and enhanced after the optic nerve crushed (Wang et al. [2007\)](#page-6-0). In this work, we detected the expression of RhoA and Rock protein, and found that α-crystallin did not change the expression of both RhoA and Rock after the optic nerve injury.

In addition to the expression of RhoA, the activation of RhoA plays an important role in inhibition nerve regeneration. After optic nerve injury, the regeneration inhibitors, such as CSPGs, Nogo-A, MAG, and so on, activate RhoA by mediating the transition from an inactive GDP bound state to an active GTP bound state (Monnier et al. [2003](#page-6-0); Yiu and He [2006](#page-6-0); Kubo et al. 2007; Lu et al. [2009](#page-6-0)). Our results showed that as C3 transferase, α-crystallin decreased GTP-binding RhoA significantly. It indicated that α-crystallin could interfere the activation of RhoA after optic nerve injury. We also examined the effect of α crystallin on the phosphorylation of cofilin and MLC which are the downstream effectors of Rock (Kubo et al. 2007; Lu et al. [2009](#page-6-0)). The result was that α-crystallin downregulated the phosphorylation both of cofilin and of MLC, the same as C3 transferase. And at the same time, α -crystallin promoted axonal regeneraton not only in vivo optic nerve injury model, but also in neuron culture on myelin-coated dishes. These results indicated that α -crystallin could counteract the effect of regeneration inhibitory factors and stimulate axonal regeneration by mediating the RhoA/Rock signaling pathways.

α-Crystallin is a member of the mammalian sHsp superfamily. Except for the molecular chaperone function, as antiapoptotic proteins, α-crystallin can confer various types of cells including RGCs with the ability to resist cell stress (Andley 2007; Munemasa et al. [2009\)](#page-6-0) by interfering with the activity of various apoptotic proteins, such as caspase-3, P53, and so on (Jolly and Morimoto 2000; Kamradt et al. 2005; Andley 2007). α-Crystallin can also prevent apoptosis by enhancing the expression of $PKC\alpha$, suppressing the activation of the RAF/MEK/ERK pathway, and activating the AKT pathway (Liu et al. 2004). It may be one of the mechanisms that α -crystallin can promote axonal regeneration after optic nerve injury because the death of RGCs is the important reason of their axonal regeneration failure. Here, we first showed that another mechanism of α -crystallin in optic nerve regeneration was regulating RhoA/Rock signaling pathway. However, how α-crystallin downregulate the GTP-binding RhoA was still unknown. Recent studies indicated that α -crystallin interacted with α6 integrin receptor complexes and regulated cellular signaling (Sue and Andley [2010](#page-6-0)). α-Crystallin may prevent GDP-binding RhoA from changing to GTP-binding RhoA by binding to a membrane receptor, such as α 6 integrin. And it may be one of the reasons why RhoA activation inhibition effect of α -crystallin was slighter than that of C3 transferase, since C3 transferase is a specified

inactivator of RhoA which interferes the activation of RhoA directly (Kubo et al. 2007; Lu et al. [2009\)](#page-6-0).

In summary, this study demonstrated that α -crystallin suppressed activation of RhoA/Rock signaling pathway and stimulated axonal regeneration after optic nerve injury. It adds to our knowledge of α-crystallin as promoter of optic nerve regeneration and provides insight into potential therapies for enhancing recovery from the optic nerve injury.

Acknowledgments The study is supported by grants from National Key Basic Scientific Research Project (973 Project) of China (2007CB512203), National Natural Science Foundation of China (grant no. 30872833), the Military 11th Five-year Project of China (grant no. 06G072), and Youth Innovation Fund of the Third Military Medical University (no. 32009XQN29). The authors thank Dr. T. FitzGibbon for the comments on previous drafts of the manuscript.

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