ORIGINAL WORK

Size-Related Diferences in Computed Tomography Markers of Hematoma Expansion in Acute Intracerebral Hemorrhage

Yong Soo Kim^{1†}, Hee-Yun Chae^{1,2†}, Han-Gil Jeong^{1,3[*](http://orcid.org/0000-0002-1418-1768)}®, Beom Joon Kim¹, Si-Un Lee³, Jihoon Kang¹, Tackeun Kim³, Jae Seung Bang³, Hee-Joon Bae¹, Chang Wan Oh³ and Moon-Ku Han¹

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Abstract

Background: Noncontrast computed tomography (NCCT) markers for hematoma expansion (HE) in intracerebral hemorrhage (ICH) are difficult to be found in small ICHs, of which can also expand. We aimed to investigate whether there were size-related diferences in the prevalence of NCCT markers and their association with HE.

Methods: This retrospective analysis of prospectively collected stroke registry included 267 consecutive patients with ICH who underwent baseline NCCT within 12 h of onset. Qualitative NCCT markers, including heterogeneous density and irregular shape, were assessed. Hematoma density, defned as mean Hounsfeld unit of hematoma, and hematoma volume were measured by semiautomated planimetry. Hematoma volume was categorized as small (≤10 ml) and large (>10 ml). Associations of NCCT markers with HE were analyzed using multivariable logistic regres‑ sion analyses. The model performances of NCCT markers and hematoma density were compared using receiver operating characteristic curves.

Results: Hematoma expansion occurred in 29.9% of small ICHs and 35.5% of large ICHs. Qualitative NCCT markers were less frequently observed in small ICHs. Heterogeneous density, irregular shape, and hematoma density were associated with HE in small ICH (adjusted odds ratios [95% confdence interval] 3.94 [1.50–10.81], 4.23 [1.73–10.81], and 0.72 [0.60–0.84], respectively), and hematoma density was also related to HE in large ICH (0.84 [0.73–0.97). The model performance was signifcantly improved in small ICHs when hematoma density was added to the baseline model (DeLong's test, $p=0.02$).

Conclusions: The prevalence of NCCT markers and their association with HE difered according to hematoma vol‑ ume. Quantitative hematoma density was associated with HE, regardless of hematoma size.

Keywords: Intracerebral hemorrhage, Hematoma expansion, Computed tomography, Hematoma density

Introduction

Hematoma expansion (HE) occurs in one third of patients with intracerebral hemorrhage (ICH) [\[1,](#page-8-0) [2\]](#page-8-1). As a major cause of neurologic deterioration and a

*Correspondence: han.g.jeong@gmail.com

† Yong Soo Kim and Hee-Yun Chae have contributed equally to this work. ¹ Department of Neurology, Seoul National University Bundang Hospital,

Seongnam, Republic of Korea

Full list of author information is available at the end of the article

potentially modifable determinant of poor prognosis, HE has emerged as a primary treatment target [[3,](#page-8-2) [4](#page-8-3)]. Various predictors of HE have been identifed, including time from onset to computed tomography (CT) scan, previous administration of antithrombotic drugs, and spot signs [\[1](#page-8-0), [5](#page-9-0), [6](#page-9-1)]. Large baseline hematoma volume is another validated predictor of HE and is known to be related to frequent early neurological worsening and poor outcomes [\[5](#page-9-0)]. In addition, diverse neuroimaging and laboratory factors, including presence of (See fgure on next page.)

Fig. 1 Representative cases of small ICHs with or without NCCT markers. **a** ICH without any qualitative NCCT markers that expanded in follow-up CT scan after 2 h from the baseline scan. Baseline hematoma density (mean HU) was 51.7 HU. **b** ICH with heterogeneous densities (black arrows) that did not expand in follow-up CT scan after 21 h from the baseline scan. Baseline hematoma density (mean HU) was 55.0 HU. **c** ICH with satellite sign (black arrow), blend sign (dashed black arrow), and black hole sign (white arrow) that did not expand in follow-up CT scan after 23 h from the baseline scan. Baseline hematoma density (mean HU) was 58.4 HU. **d** ICH with irregular shape and island sign (black arrows) that did not expand in follow-up CT scan after 10 h from the baseline scan. Baseline hematoma density (mean HU) was 57.1 HU. CT, computed tomography, HU, Hounsfeld unit, ICH, intracerebral hemorrhage, NCCT, noncontrast computed tomography

intraventricular hemorrhage, hyperglycemia, and anemia, have also been suggested as predictors of HE and poor outcomes [[5,](#page-9-0) [7,](#page-9-2) [8\]](#page-9-3).

Noncontrast computed tomography (NCCT) markers, including heterogeneous densities, blend sign, irregular shape, and island sign, are emerging predictors of HE [\[3](#page-8-2), [9–](#page-9-4)[11\]](#page-9-5). Ongoing bleeding or rebleeding from the initial ruptured vessel and secondary bleeding from damage to the neighboring vessels are known as possible mechanisms of HE, and NCCT markers are accepted as a way to refect these multifocality and temporal diferences in bleeding [[3,](#page-8-2) [9,](#page-9-4) [12](#page-9-6)]. Because those markers can be evaluated without intravenous contrast imaging, they are expected to be possible alternatives for CT angiographic spot signs [[13,](#page-9-7) [14](#page-9-8)]; however, despite good performance for predicting HE, some NCCT markers have shown limited sensitivity and varied incidence between studies [[15](#page-9-9)].

Small ICHs are known to be related to less frequent HE, compared with large ICHs [[16](#page-9-10)]. Accordingly, small ICHs have received little attention because of their selflimited clinical course; however, approximately 20% of small ICHs expand and can cause poor functional outcomes [\[17–](#page-9-11)[19\]](#page-9-12). Small ICHs tend to be more regularly shaped and homogenous, whereas large ICHs tend to be irregularly shaped and heterogeneous [\[3\]](#page-8-2). To date, it is still unknown whether these characteristics refect an inherent low risk of HE in small ICHs or a limited spatial resolution of NCCT in evaluating small ICHs [\[13](#page-9-7), 15. This study aimed to investigate hematoma sizerelated diferences in the prevalence of NCCT markers and their performance in predicting HE.

Methods

Patients

We screened 549 consecutive patients with ICH who were admitted to a single tertiary referral hospital from January 2011 to August 2018. Patients who had their frst CT scan within 12 h from onset (*n*=340) and who had at least one follow-up CT scan within 72 h from onset $(n=267)$ were included. This study was approved by the institutional review board of Seoul National University Bundang Hospital (approval number: B-2011/648–105).

Clinical Data Collection

Patient characteristics and clinical data were obtained from our prospectively collected stroke registry database, including age, sex, and past medical history (hypertension, diabetes mellitus, hyperlipidemia, atrial fbrillation, and previous intake of antiplatelet agents and anticoagulants). National Institute of Health Stroke Scale score at admission, time last known well, systolic blood pressure at admission, and modifed Rankin Scale after 3 months were also assessed.

Imaging Data Collection and Defnition

Noncontrast computed tomography scans were performed with our standard protocols on 64-slice or 128 slice CT scanners (Brilliance 64 and iCT; Phillips Medical Systems, Best, the Netherlands) using an axial technique with 120 kVp, 190–250 mA, and 5-mm slice thickness reconstruction. ICH was defned as an acute neurologic deficit with new intraparenchymal hemorrhage confirmed by CT scan. The timing of follow-up CT scans were dependent on attending physician/care team.

Two trained vascular neurologists (CHY and KYS) who were anonymized to the clinical information and prognosis independently reviewed NCCT scans after the initial training session of 100 patients external to our analysis. Qualitative NCCT markers of HE (heterogeneous density, black hole sign, blend sign, irregular shape, island sign, and satellite sign) were identifed with a visual inspection (Fig. [1\)](#page-1-0). Hematomas with heterogenous density and irregular shape were investigated on the axial NCCT slice that showed the largest hematoma area, according to the shape and density scales suggested by Barras et al. $[3, 9]$ $[3, 9]$ $[3, 9]$ $[3, 9]$ The density and shape scales are two separate 5-point categorical scales, and each scales range from category 1 (regular in shape scale and homogenous in density scale) to category 5 (irregular in shape scale and heterogenous in density scale). Heterogenous density and irregular shape was defned as shape and density scale of category 3, 4, or 5. Hematomas with heterogenous density and irregular shape were defned as shape and density scale of III, IV, or V on the axial

NCCT slice showing the largest hematoma area as Barras et al. suggested [\[3,](#page-8-2) [9](#page-9-4)]. Black hole sign was defned as relatively hypoattenuated lesion, with a density diference at least 28 Hounsfeld units (HU) compared with surrounding hematoma $[20]$ $[20]$. The definition of blend sign was coexistence of well demarcated hypodensity lesion and hyperdensity lesion with density diference of more than 18 HU $[10]$ $[10]$ $[10]$. Island sign was referred to as the presence of \geq 3 small hematomas completely separated or \geq 4 small hematomas partly separated from the main hematoma [\[11\]](#page-9-5). Satellite sign was defned as small hematoma $({\leq}10$ mm) separated from the main hematoma, with distance of 1 to 20 mm on at least one slice of the NCCT scan [\[21\]](#page-9-15). Discrepancies between the two readers (17 heterogenous densities, 7 black hole signs, 19 blend signs, 31 irregular shapes, 35 island signs, and 27 satellite signs) were adjudicated by joint discussion until a consensus was reached.

Hematomas with a threshold between 44 and 100 HU were segmented using semiautomated planimetric analysis by Analyze 14.0 (Analyze Direct Inc, Overland Park, KS). Then, hematoma volume and hematoma density, defined as mean HU of hematoma, were calculated. The volume of intraventricular hemorrhage was excluded. The growth of hematoma more than 6 ml or relatively more than 33% compared with the baseline hematoma was defned as HE. Hematoma volumes in all CT scans taken within 72 h from onset were measured and used to defne HE. Small ICH was defned as a hematoma volume not exceeding 10 ml; the ICH with a hematoma vol-ume ≥ 10 ml was categorized as a large ICH [[3,](#page-8-2) [18](#page-9-16), [19\]](#page-9-12).

Statistical Analysis

Diferences between two groups dichotomized by the baseline hematoma volume were analyzed using χ^2 test for categorical variables and Student's *t*-tests for continuous variables. The interobserver agreement for segmentation of NCCT markers was calculated using weighted kappa statistics. Exploratory bivariate analysis was performed to identify diferences in patient characteristics and occurrence of HE between small and large ICH groups. Univariable and multivariable logistic regression models were constructed separately in small and large ICH groups to determine the correlation of NCCT predictive markers with occurrence of HE. Age, sex, and previously known HE predictive markers (time from onset to CT, volume of hematoma, and previous use of antithrombotic agents) were used as covariates in multivariable logistic regression analysis [[5,](#page-9-0) [22,](#page-9-17) [23\]](#page-9-18). As a post hoc subgroup analysis, we performed the multivariable logistic regression analysis in patients with CT scans obtained within 6 h. Results of logistic regression models were reported as unadjusted and adjusted odds ratios

with 95% confidence intervals (CI). The receiver operating characteristic (ROC) analysis was performed in small and large hematoma groups to compare the value of qualitative NCCT markers and hematoma density (mean HU of hematoma) in predicting HE. The areas under the curves (AUCs) of these predictors were compared by using DeLong's test. In the subgroup with CT angiography, AUC was compared with the AUC of validated HE prediction scores, such as a 9-point score and a PREDICT-B score. A two-sided *p* value of 0.05 was set for the threshold of statistical signifcance and the 95% CI was reported. R version 4.0.3 (R Development Core Team, Vienna, Austria) was used for all analyses.

Results

Of the 267 patients included in our study, 88 (33.0%) patients had HE. The median time from onset to detection of HE was 28.7 (interquartile range 11.5–51.5) hours. The number of CT scans taken within 72 h of onset was 2 (2–3) in the small ICH group and 3 (2–3) in the large ICH group. The median time from baseline CT to followup CT scan was 14.0 (3.9–24.2) hours at frst follow-up, 37.9 (17.4–46.7) hours at second follow-up (*n*=136), 41.5 (25.4–57.2) hours at third follow-up (*n*=41), and 51.6 $(41.4-65.6)$ at fourth follow-up. The median time from onset to HE detection was 28.7 (11.5–51.5) hours. The characteristics of included and excluded patients are compared in Supplemental Table 1.

Based on the volume of ICH, 127 (47.6%) patients presented with small ICHs, and 140 (52.4%) patients had large ICHs (Table [1](#page-4-0)). Patients with large ICHs had higher National Institute of Health Stroke Scale scores at admission and a longer time from onset to CT scan than those with small ICHs. Basal ganglia and lobar ICHs were more frequent in the large ICH group than in the small ICH group. The characteristics of patients according to the presence of HE was described in Table [2.](#page-5-0)

NCCT markers, including heterogeneous density, black hole sign, blend sign, irregular shape, island sign, and satellite sign, were more frequently observed in patients with large ICHs (Table [1,](#page-4-0) all *p* values <0.01). Interobserver agreement for identifying NCCT markers was good between the two readers (κ-values were 0.87 for heterogenous density, 0.91 for black hole sign, 0.79 for blend sign, 0.77 for irregular shape, 0.74 for island sign, 0.80 for satellite sign, and 0.88 for hematoma density). Hematoma density was higher in the large ICH group than that in the small ICH group (p value < 0.01). In addition, there was no statistical diference between small and large ICH groups in occurrence of HE (29.9% vs. 35.7%, *p* value $=$ 0.38), but the extent of HE was larger in patients with large ICHs. The large ICH group had poorer

BP blood pressure, *CT* computed tomography, *HU* hounsfeld unit, *ICH* intracerebral hemorrhage, *IVH* intraventricular hemorrahge, *mRS* modifed rankin scale, *NCCT* noncontrast computed tomography, *NIHSS* national institutes of health stroke scale

functional outcomes (modifed Rankin Scale 4 to 6) at 3 months after the ICH than that in the small ICH group.

Exploratory bivariate analysis, which was used to determine diferences in patient characteristics according to HE, revealed that HE frequently occurred in lobar and infratentorial ICHs in both small and large ICH groups (Supplemental table 2). Baseline volume was related to HE in the large ICH group, but hematoma volume was not signifcantly diferent between patients with and without HE in the small ICH group.

Univariable logistic regression analysis showed that heterogeneous density, irregular shape, and hematoma

density were signifcantly associated with a higher pos-sibility of HE in the small ICH group (Table [3\)](#page-6-0). Multivariable logistic regression analysis showed an identical association between NCCT markers and the possibility of HE after adjusting for covariates, including age, sex, previous administration of antithrombotic agents, baseline hematoma volume, and time from onset to CT. However, in the large ICH group heterogeneous density, blend sign, and hematoma density were associated with HE in univariable analysis, but only hematoma density was statistically related to HE in multivariable analysis. In the subgroup of patients who had CT scans performed

Table 2 Characteristics of all included patients according to HE

BP blood pressure, *NIHSS* national institutes of health stroke scale, *CT* computed tomography, *HE* hematoma expansion, *HU* hounsfeld unit, *ICH* intracerebral hemorrhage, *IVH* intraventricular hemorrahge, *NCCT* noncontrast computed tomography, *mRS* modifed rankin scale

within 6 h of onset, the association between NCCT markers and HE were similar to the original analysis, except for blend sign (Supplemental Table 3). In small ICH group, the association between hematoma density and HE was insignifcant in the multivariable logistic regression analysis, which was adjusted for covariates, and were significant (p value < 0.10) in the bivariate analysis (post hoc sensitivity analysis, Supplemental Table 4).

The area under the ROC curve of the baseline model including previously known HE predictors (time from onset to CT, previous use of antithrombotic agents, and hematoma volume) in the small hematoma group was 0.62 (95% CI 0.51–0.73; Table [4](#page-6-1) and Fig. [2](#page-7-0)). When

qualitative NCCT markers were added to the model, this model did not perform better than the baseline model, but when hematoma density was added to the baseline model, AUC was improved to 0.77 (95% CI 0.68–0.85), which was signifcantly diferent to that in the baseline model (DeLong's test, $p=0.02$) in the small ICH group. When qualitative NCCT markers and hematoma density were added together, the models performed better than the baseline models in the small (DeLong's test, $p=0.01$) and large (DeLong's test, $p=0.03$) ICH groups. The area under the ROC curve value was signifcantly improved after qualitative NCCT markers and hematoma density were added to the baseline model in models of all ICH.

Table 3 Univariable and multivariable analyses for associations between NCCT markers and hematoma expansion

Covariates for multivariable model included age, sex, time from onset to CT, volume of hematoma, and previous use of antithrombotic agents

CI confdence interval, *CT* computed tomography, *HU* hounsfeld unit, *ICH* intracerebral hemorrhage, *NCCT* noncontrast computed tomography, *OR* odds ratio

Baseline clinical predictors included time from onset to CT, previous use of antithrombotic agents, and hematoma volume

AUROC area under the receiver operating characteristics, *CI* confdence interval, *HE* hematoma expansion, *HU* hounsfeld units, *ICH* intracerebral hemorrhage, *NCCT* noncontrast computed tomography

The comparison with the baseline models adjusted with all signifcant variables are described in Supplemental Table 5. The performance of model, including qualitative NCCT markers and hematoma density, was better than the 9-point score and comparable with the PREDICT-B score (Supplemental Table 6).

Discussion

Our study demonstrated that the prevalence of NCCT markers and their association with HE were diferent according to the hematoma size. The NCCT markers predicting HE were less frequently observed in small sized ICHs. In small ICHs, heterogeneous density and irregular shape were signifcantly associated with HE. Notably, hematoma density was related to HE, regardless of the hematoma size. These findings suggest that the visual inspection of NCCT markers has limited value in predicting HE of small ICHs, whereas hematoma density, a

quantitative measure, may provide additional use. Semiautomatic planimetric method allowed us to measure the volume of hematomas more accurately, defne HE more rigorously, and test quantitative hematoma density as a size-independent predictor of HE, compared with the previous studies dealing with the size issues of NCCT markers.

It is well known that the large volume of hematoma is highly associated with HE [\[2](#page-8-1), [5\]](#page-9-0). HE and prognosis of small ICHs have been less focused because small ICHs are considered to have a low risk of expansion [[18](#page-9-16)]. However, recent studies showed that 26–40% of small ICHs expanded and HE was independently related to early neurological deterioration [\[17](#page-9-11), [19](#page-9-12)]. Qualitative NCCT markers are considered to refect the pathophysiology of HE, and they are known to have good specifcity in predicting HE; however, they have relatively low sensitivity and low positive predictive

value [\[9,](#page-9-4) [15](#page-9-9)]. In our study, NCCT markers were less frequently observed and only heterogeneous density and irregular shape were associated with HE in small ICHs. Low incidence of NCCT markers in small ICHs was already described before and was supposed to be related to the low possibility of HE $[3]$ $[3]$. However, it is possible that underdetection of NCCT markers simply because of the small size of ICHs might have contributed to the low sensitivity of NCCT markers in small ICHs that also have potential to expand. Meanwhile, irregular shape, island sign, and satellite sign were associated with lower possibility of HE in large ICHs, although there was no statistical significance. This may have been caused by the high incidences of these qualitative NCCT markers in our study (each 67.9%, 61.4%, and 70.0% among large ICHs), which were inconsistent with previous studies $[11, 15]$ $[11, 15]$ $[11, 15]$ $[11, 15]$.

It is challenging to evaluate the density and shape of the hematoma on NCCT because of image noise,

artifacts, and similar appearance of cerebral parenchyma. Moreover, the current spatial resolution of CT may not be appropriate for grading qualitative density markers precisely, especially in small ICHs. Quantitative density assessments of hematomas when measured semiautomatically, for example, hematoma density in our study, are expected to have good interrater and intrarater reliability and well predict HE, regardless of the size of ICH. Hematoma density is also known to reflect the efficiency of hemostasis within hematoma, as the CT attenuation of hematoma increases in hyperacute phase of bleeding when sufficient hemostasis occurs [[24](#page-9-19), [25](#page-9-20)]. This initial increment of CT attenuation largely depends on clot contraction, which is the final step of blood clot maturation. When bleeding occurs, platelets aggregate and build platelet–fibrin network to form the temporary seal $[26]$ $[26]$. Then, red blood cells embed within the platelet–fibrin network to form a clot [[27\]](#page-9-22). Finally, clot contracts to enhance

the local hemostasis. In this period, because of platelet-generated contractile force, serum is extruded and local concentration of red blood cells within the clot increases [\[28\]](#page-9-23). This phenomenon manifests as the increment of hematoma density on CT scan.

Recently, quantitative radiographic features are receiving attention to determine the characteristics of small lesions on medical images, representatively, to differentiate malignant tumors from benign tumors [[29](#page-9-24)]. This emerging approach, also called radiomics, has been applied to predict HE in patients with ICH. For example, Zhan et al. [[30\]](#page-9-25) recently revealed that spatial heterogeneity within hematoma represented by quantitative radiomics scores was associated with HE and poor outcomes in small ICHs. The quantitative radiomics scores may supplement visually inspected qualitative NCCT markers, but they may not be suitable when emergent decisions are required. In our study, hematoma density, a quantitative NCCT marker, performed well in predicting HE, regardless of hematoma volume, and showed potential to be used practically and objectively in hyperacute situations. However, these quantitative NCCT features only provide continuous numeric figures; thus, further validation and identification of the cutoff value is necessary. Patients with lower hematoma density than the cutoff value can be future candidates for intensive blood pressure lowering and hemostatic therapies in the hyperacute stage of ICH.

This study has several limitations. First, this study was a single-center retrospective study with a small sample size and variable number and timing of follow-up CT scans. Therefore, selection bias may exist and the results may not be generalizable to other populations. Because this study is merely hypothesis generating, further larger cohort studies are needed to validate our present fndings. Second, in the comparisons of ROC curves and AUC of multiple models, the Bonferroni correction was not applied because of the small sample size. Third, although we adopted a 10-ml criterion to dichotomize ICH volume based on previous studies, the defnition of small ICHs was still vague [\[3](#page-8-2), [19\]](#page-9-12). Fourth, the volumes of hematoma in our study might be diferent from those in previous studies using the ABC/2 method. Fifth, despite our effort to lower the systolic blood pressure under 140 mm Hg in order to prevent the HE, the achieved blood pressure and medication regimen for each patient might have been inconsistent. Sixth, the use of reversal agent might afect the relationship between NCCT markers and HE, although the number of cases was small.

Conclusions

In conclusion, qualitative NCCT markers were less frequently observed in small ICHs in our study. Heterogeneous density and irregular shape were associated with HE in small ICHs. Notably, hematoma density, a quantitative NCCT marker, was associated with HE, regardless of the hematoma volume. Thus, the hematoma sizerelated diference of NCCT markers needs to be considered in clinical practice, and hematoma density may provide additional use in predicting HE in patients with small ICHs.

Supplementary Information

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Author details

¹ Department of Neurology, Seoul National University Bundang Hospital, Seongnam, Republic of Korea. ² Department of Neurology, Chungbuk National University Hospital, Cheongju, Republic of Korea.³ Department of Neurosurgery, Seoul National University Bundang Hospital, Seongnam, Republic of Korea.

Author contributions

H.-G.J. contributed to the study conceptualization, design, and provided supervision. Y.S.K. and H.-Y.C. performed the statistical analysis, and drafted the article. B.J.K., S.-U.L., J.K., and T.K. contributed to data acquisition and interpretation. H.-J.B., J.S.B., and C.W.O. provided critical review and feedback of the article. M.-K.H. and provided scientifc support and critically revised the article. All authors have approved of the fnal manuscript.

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Conflicts of interest

No relevant confict of interest that relates to the research described in this article.

Ethical approval

This study was performed under ethical research guidelines at Seoul National University Bundang Hospital. The institutional review boards of Seoul National University Bundang Hospital approved this study (approval number: B-2011/648–105).

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