REVIEW PAPER

MiR‑34 and MiR‑200: Regulator of Cell Fate Plasticity and Neural Development

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Abstract

Studies from last two decades have established microRNAs (miRNAs) as the most infuential regulator of gene expression, especially at the post-transcriptional stage. The family of small RNA molecules including miRNAs is highly conserved and expressed throughout the multicellular organism. MiRNAs regulate gene expression by binding to 3′ UTR of protein-coding mRNAs and initiating either decay or movement of mRNAs to stress granules. Tissues or cells, which go through cell fate transformation like stem cells, brain cells, iPSCs, or cancer cells show very dynamic expression profle of miRNAs. Inability to pass the developmental stages of Dicer (miRNA maturation enzyme) knockout animals has confrmed that expression of mature and functional miRNAs is essential for proper development of diferent organs and tissues. Studies from our laboratory and elsewhere have demonstrated the role of miR-200 and miR-34 families in neural development and have shown higher expression of both families in mature and diferentiated neurons. In present review, we have provided a general overview of miRNAs and focused on the role of miR-34 and miR-200, two miRNA families, which have the capability to change the phenotype and fate of a cell in diferent tissues and situations.

Keywords MicroRNAs · Cell fate · Brain development · Diferentiation · MiR-34 and miR-200

Introduction

RNA molecules, which do not have protein-coding capacity, but have the capacity to regulate protein synthesis are termed as regulatory non-coding RNAs (ncRNAs). Regulatory ncRNAs have been identifed as molecular managers of diferent developmental and evolutionary processes in multicellular organisms. Long ncRNAs (lncRNAs), small interfering RNAs (siRNAs), piwi-interacting RNAs (piR-NAs), enhancer RNAs, promoter-associated RNAs, circular RNAs (CircRNAs), and microRNAs (miRNAs) are the

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major types of ncRNAs (Mattick and Makunin [2006;](#page-10-0) Stefani and Slack [2008](#page-11-0); Mattick [2001\)](#page-10-1). Among all the classes of ncRNAs, miRNAs have been studied extensively in development and evolution of multicellular organisms. Discoveries of miRNA-mediated gene regulation in the last decade have greatly enhanced our understanding towards the mechanisms of regulation of gene expression. MiRNAs play essential role in stemness, brain development, iPSCs, epithelial-tomesenchymal transformation (EMT), and maturation of diferent cell types (Kapranov et al. [2010;](#page-10-2) Gustincich et al. [2006;](#page-9-0) Aberdam et al. [2008;](#page-8-0) Coolen and Bally-Cuif [2009](#page-9-1); Singh et al. [2014;](#page-11-1) Alvarez-Garcia and Miska [2005;](#page-8-1) Kalluri and Weinberg [2009\)](#page-10-3). Role and regulation of miRNAs in brain development have been studied more extensively than any other functions of miRNAs. The potential of miRNAs in the regulation of individual gene expression, as well as a network of genes, provides the capability to brain cells specifcally neurons to control gene expression in spatiotemporal fashion, which is the prerequisite for the shaping of developing brain (Kiecker and Lumsden [2005](#page-10-4)). In developing brain, progenitor cells born and diferentiate in diferent lineages, which migrates to their fnal destination and generate neurites and axons (Tau and Peterson [2010\)](#page-11-2). Branching

and establishment of synaptic connections deliver the basic structure to encode information for the rest of life (Andersen [2003](#page-8-2)). Every step of brain development from diferentiation to maturation of neurons is tightly regulated and required a specific network of gene regulatory mechanisms. Development of prenatal and postnatal brain is known to involve the coordinated expression of thousands of genes to achieve the regional specifcity (Chinwalla et al. [2002](#page-9-2); Colantuoni et al. [2011;](#page-9-3) Kang et al. [2011\)](#page-10-5). In adults, functional regions of the brain have been shown to have unique gene expression, which is region specific (Sandberg et al. [2000;](#page-11-3) Datson et al. [2001](#page-9-4)). Region- and stage-specifc gene expression in developing as well as in adult brain suggested the existence of unique gene regulatory mechanism network (He and Rosenfeld [1991](#page-9-5)). Brain is known to express maximum number of unique miRNAs among all the diferent organs, which suggest their abundance must have some metabolic and physiological signifcance (Motti et al. [2012](#page-10-6)). Several previously published studies from our lab and elsewhere have been reported that miRNAs are the crucial regulators of basic process of brain development like neuronal proliferation, neuronal diferentiation, and neuronal apoptosis (Pandey et al. [2015a,](#page-11-4) [b;](#page-11-5) Singh et al. [2014](#page-11-1); Yadav et al. [2011,](#page-11-6) [2015](#page-11-7); Jauhari et al. [2017](#page-10-7); [2018a,](#page-10-8) [b](#page-10-9)). Knockout studies of Dicer gene, a ribo-endonuclease required for generation of mature miRNAs from precursor miRNAs, have shown that Dicer is essential for development because Dicer knockout mice were not viable and unable to cross the gastrulation period (Bartel [2004;](#page-8-3) Bernstein et al. [2003](#page-8-4)). Depletion of Dicer gene in the cerebral cortex reduced the number of progenitor cells, the thickness of cortical walls, and disrupted neuronal differentiation (Kawase‐Koga et al. [2009\)](#page-10-10). The importance of the miRNAs in regulation of diferent phases of neurogenesis as well as gliogenesis has been revealed by Dicer knockout studies (Kawase‐Koga et al. [2009](#page-10-10)). In addition to the brain development, essential role of miRNAs has been extensively demonstrated in proliferation, diferentiation and maintenance of stem cells, iPSCs generation, and epithelialto-mesenchymal transformation (EMT) (Gangaraju and Lin [2009;](#page-9-6) Miyoshi et al. [2011](#page-10-11); Gregory et al. [2008\)](#page-9-7). It seems that miRNAs have more infuential roles in situations of cell fate determinations like future of stem cells, transformation of epithelial to mesenchymal cells, generation of mature and diferentiated neurons from proliferative neural stem cells (Karp and Ambros [2005;](#page-10-12) Ivey et al. [2008](#page-10-13)). In the present review, we have provided a general view on miRNAs and focused on miR-34 and miR-200 families, which have been reported to regulate cell fate determination in several diferent types of cells.

Regulatory Non‑coding RNAs

Regulatory ncRNAs are known to regulate protein synthesis at transcriptional or post-transcriptional or translational level either in direct or indirect fashion (Huang and Zhang [2014](#page-10-14)). MiRNAs and short-interfering RNAs (siR-NAs) are examples of direct regulator, whereas circular RNAs (circRNAs) are an example of indirect regulator. An interesting example of indirect gene regulation is ciRS-7, which has several binding sites for miR-7 and functions as 'molecular sponge' for endogenous miR-7 (Lukiw [2013](#page-10-15); Burmistrova et al. [2007](#page-9-8); Loring et al. [2001\)](#page-10-16). Another class of regulatory RNAs molecule, which is reported by several studies is long non-coding RNAs (lncRNAs), which regulate gene expression in epigenetic fashion, by guiding specifc genomic modifers at specifc genomic locations. Studies have suggested that expression of these regulatory ncRNAs is dramatically increased in multicellular organisms (Amaral and Mattick [2008;](#page-8-5) Stefani and Slack [2008](#page-11-0)). Moreover, regulatory ncRNAs have shown to regulate gene expressions and play a crucial role in the developmental processes of complex organisms (Amaral and Mattick [2008\)](#page-8-5). According to the reported function and structure, regulatory ncRNAs fall in the following types:

- (a) miRNAs
- (b) CircRNAs
- (c) Long non-coding RNAs (lncRNAs)
- (d) Small interfering RNAs
- (e) Piwi-interacting RNAs
- (f) Enhancer RNAs and promoter-associated RNAs

MiRNAs

MiRNAs are the most extensively studied class of ncRNA molecules, which are predicted to target more than 60% of protein-coding genes in mammals (Muljo et al. [2010](#page-10-17)). Mature miRNAs are 20–22 nucleotide in length and bind with 3' UTR of target mRNAs through 8–9 nucleotide long seed sequence (Kim [2005](#page-10-18)). Binding of miRNAs with 3' UTR of mRNAs in sequence-specifc manner either halts the protein translation or degrades the mRNAs. Lee et al. [\(1993\)](#page-10-19) were the frst to discover lin-4-like RNAs, which regulate the developmental timing of *C. elegans,* but do not code for a protein instead produce a pair of small RNAs (Lee et al. [1993](#page-10-19)). Since then, thousands of miRNAs have been identifed in almost all metazoans like fies, worms, mammals, and plants. MiRNAs are identifed as well-conserved ncRNAs both in plants and animals and demonstrated to have a regulatory role in evolution (Axtell and Bartel [2005;](#page-8-6) Tanzer and Stadler [2004](#page-11-8); Chen

and Rajewsky [2007\)](#page-9-9). Similar to siRNAs, miRNAs also operate through RNA interference (RNAi) pathway, except that miRNAs derive from regions of short hairpins RNAs, whereas siRNAs originate as double-stranded RNA (Bartel [2004\)](#page-8-3). Combinatorial regulation is a unique feature of miRNA-mediated mechanism of gene expression regulation, where a single miRNA targets and regulates hundreds of diferent mRNAs, and a single mRNA can be regulated by several miRNAs (Friedman et al. [2009;](#page-9-10) Rajewsky [2006;](#page-11-9) Krek et al. [2005](#page-10-20)). Regulatory role of miRNAs has been demonstrated in regulating cell diferentiation, cell proliferation, apoptosis, developmental process, neurodegeneration, and in almost all the known physiological and cellular processes.

How to Name miRNAs?

miRNAs are named according to recommendations made by Ambros et al. ([2003\)](#page-8-7). Following are the salient features of the nomenclature system suggested by Ambros et al. [\(2003](#page-8-7)).

- a. Name of any miRNAs has to be written as hsa-miR-123, where the frst three letters that is 'hsa' in this example signify the organism, while 'miR' denotes mature miR-NAs, and number-123 for its order of discovery. Precursor miRNAs are written as 'mir' instead of 'miR' as in mature miRNAs.
- b. It has been recommended that numbering of miRNA genes should be simply sequential. For example, if anyone discovers a new miRNA than it would be numbered just after the last published miRNA. However, if identifed miRNA sequence is identical to previously reported miRNA in a diferent organism, then it is suggested to name your sequence similar to the previous one.
- c. If two identical miRNAs are expressed by two distinct genomic locations and have two different precursor sequences, then they will be named as hsa-miR-123-1 and hsa-miR-123-2.
- d. If two closely related miRNAs difer only in one or two nucleotides and expressed from two diferent precursor molecules, then they would be suffixed with a lowercase letter like miR-123a and miR-123b and so on. These miRNAs are considered as a member of one miRNA family.
- e. If two miRNAs are originated from the same predicted precursor molecule and their relative abundance clearly shows that which one is predominantly expressed miRNA, then mature miRNA sequences are named as miR-123 (the predominant miRNA) and miR-123* (from the opposite arm of the precursor). If both molecules are expressed similarly and predominance is not clear, then these miRNAs are named as miR-123-5p (from the 5′ arm) and miR-123-3p (from the 3′ arm).

f. The lin-4 and let-7 are exempted from this nomenclature system due to their historical significances. New submissions that are homologs to lin-4 and let-7 also acquire similar old names.

Roles of miRNAs

MiRNAs are frst identifed for their role in the regulation of developmental timing in *C. elegans* (Lee et al. [1993\)](#page-10-19). Several studies have demonstrated the crucial role of miRNAs in the diferentiation of cells; the frst evidence was provided by studies of Kawasaki and Taira [\(2003\)](#page-10-21). They reported the role of miR-23 in targeting Hes1 gene in retinoic acid (RA) induced neuronal diferentiation of NT2 cells (Kawasaki and Taira [2003](#page-10-21)). O'Donnell et al. ([2005\)](#page-10-22) has demonstrated frst time the role of miRNAs in the regulation of cell-cycle progression and cell division and reported that miR-17 and miR-20 directly target E2F expression and regulate cellcycle progression (O'Donnell et al. [2005\)](#page-10-22). Role of miRNAs is well established in the regulation of apoptosis and in this context the frst evidence was published by Brennecke et al. ([2003\)](#page-8-8); they reported that miR-bantam miRNAs is a potential regulator of apoptosis in Drosophila (Brennecke et al. [2003](#page-8-8)). Discoveries of the last decade have well established the regulatory role of miRNAs in cell fate determination, cell diferentiation, cell proliferation, cell-cycle regulation, and cell apoptosis (Chen and Hu [2012](#page-9-11); Hwang and Mendell [2006](#page-10-23); Carleton et al. [2007](#page-9-12); Alvarez-Garcia and Miska [2005](#page-8-1); Bhaskaran and Mohan [2014](#page-8-9)). Moreover, the role of miRNAs has also been extensively studied in developmental processes in diferent organisms ranging from nematodes to mammals (Bhaskaran and Mohan [2014\)](#page-8-9).

Role of miRNAs in Brain Development

Global miRNA profling and Dicer knockout/knockdown studies have provided substantial evidence for the essentiality of miRNA expression during brain development (Petri et al. [2014](#page-11-10)). Krichevsky et al. ([2003\)](#page-10-24) were the frst to report the regulation of miRNAs during brain development (Krichevsky et al. [2003](#page-10-24)). Using diferent cellular models of neuronal diferentiation (SH-SY5Y, PC12, IMR32, N2a), researchers have identifed dramatic up and downregulation in the expression of several miRNAs in diferentiated neurons (Singh et al. [2014](#page-11-1); Jauhari et al. [2017](#page-10-7); Sempere et al. [2004;](#page-11-11) Makeyev et al. [2007;](#page-10-25) Le et al. [2009\)](#page-10-26). Our studies using PC12 and SH-SY5Y cells as a cellular model of neuronal diferentiation have identifed upregulation in the expression of 22 miRNAs in nerve growth factor (NGF)-diferentiated PC12 cells, while in RA+ brain-derived neurotrophic factor (BDNF)-diferentiated SH-SY5Y cells, 77 miRNAs were upregulated and 17 miRNAs were downregulated after diferentiation (Pandey et al. [2015b;](#page-11-5) Jauhari et al. [2017](#page-10-7)). Schratt et al. [\(2006](#page-11-12)) were the first to identify the role of miR-NAs (miR-134) in spine development of dendrites (Schratt et al. [2006\)](#page-11-12). The brain is identifed as one of the miRNAenriched organs (Kloosterman et al. [2006](#page-10-27); Wienholds et al. [2003;](#page-11-13) Wienholds and Plasterk [2005](#page-11-14); Krichevsky et al. [2003,](#page-10-24) [2006](#page-10-28); Gao [2008\)](#page-9-13).

Evidence from Dicer Knockout Studies

Dicer is an enzyme, which plays a central role in miRNA maturation and loading of miRNAs on target mRNA molecules (Jiang et al. [2005](#page-10-29); Cifuentes et al. [2010\)](#page-9-14). Knockout studies of Dicer gene have shown that expression of Dicer is necessary for development, as dicer knockout animals were not viable (Gonzalez and Behringer [2009](#page-9-15); Sayed and Abdellatif [2011\)](#page-11-15). Studies using brain-specifc Dicer knockout animals have observed several defects and abnormality in brain development in diferent brain regions (cerebellum, midbrain, cortex, and hippocampus) and neural crest as well as in dopaminergic cells diferentiation (Huang et al. [2010](#page-9-16); Cheng et al. [2014;](#page-9-17) Davis et al. [2008;](#page-9-18) Bernstein et al. [2003](#page-8-4)). Conditional Dicer knockout mice has shown a reduction in forebrain size with an increased rate of apoptosis in diferentiating neurons (Makeyev et al. [2007](#page-10-25)). In contrast, the NSCs in which Dicer was deleted can self-renew but show enlarged nuclei, with the abnormal diferentiation and apoptosis at mitogens withdrawn, suggesting a role of Dicer in survival and diferentiation of NSCs (Kawase-Koga et al. [2010](#page-10-30)). Furthermore, Dicer deletion in the hippocampal and cortical region of brain has shown to induce microcephaly with decreased number of dendrites (Davis et al. [2008](#page-9-18)). However, as Dicer is responsible for the processing of small ncRNAs like short-interfering RNAs (siRNAs) and miRNAs, the defects which were observed in Dicer knockout models in vitro and in vivo could be due to defects in biogenesis of siRNAs and/or miRNAs. Direct evidence for elementary role of miRNAs in the brain development became noticeable when neural tube morphological defects and abnormal neuronal diferentiation were observed in Dicer-deleted zebrafsh, which were rescued by enforced expression of miR-430 (Giraldez et al. [2005\)](#page-9-19). The level of mature miR-NAs is maintained and managed by various mechanisms of transcriptional regulation, enzymatic processing, and stability. Expression of miRNAs is regulated in a manner, which maintains distinct and specifc expression patterns of mRNAs at specifc time (Wienholds et al. [2005;](#page-11-16) Kloosterman et al. [2006](#page-10-27); Wienholds et al. [2003\)](#page-11-13), which is regulated dramatically with the change in stage and time of development like neuronal diferentiation, neuronal proliferation, neuronal apoptosis (Gangaraju and Lin [2009\)](#page-9-6) (Fig. [1](#page-3-0)). Interestingly, our previous studies also demonstrated the crucial role of Dicer in neuronal diferentiation (Pandey et al. [2015b](#page-11-5); Jauhari et al. [2017\)](#page-10-7). Dicer knockdown induced cell senescence and neurite shortening in diferentiating SH-SY5Y and PC12 cells (Jauhari et al. [2017](#page-10-7); Pandey et al. [2015b\)](#page-11-5).

Evidence Using Cellular Models

Availability of diferent cellular models like SH-SY5Y and IMR32 (human neuroblastomas), N2a (mouse neuroblastoma), PC12 (rat pheochromocytoma), and Neural Stem cells of neuronal diferentiation provided excellent tool to study the molecular changes happening in brain during development (Azari and Reynolds [2016;](#page-8-10) Xie et al. [2010](#page-11-17); Tremblay et al. [2010](#page-11-18); Guroff [1985](#page-9-20)). Changes in the expression of miRNAs have been observed as cellular commitment proceeds in the developing brain and cells consistently, which shows a signifcant role of miRNAs in the regulation of cell-cycle progression (Krichevsky et al. [2003;](#page-10-24) Hohjoh and Fukushima [2007a,](#page-9-21) [b](#page-9-22)). It has been reported by several studies that the miRNAs, which maintain the proliferative nature of NPCs, decrease with increasing commitment,

while other miRNAs, which induce diferentiation, increase as cells diferentiate (Liu and Zhao [2009](#page-10-31)). miRNAs which are commonly upregulated in diferent systems reported by diferent studies are miR-124, miR-125b, miR-9, miR-145, miR-34, miR-200, miR-29, miR-221, and miR-222. Studies from our lab using PC12 cell as a model for neuronal diferentiation have studied the expression of 754 miRNAs and identifed the upregulation in expression of 22 miRNAs in PC12 cells diferentiated by NGF (Pandey et al. [2015b](#page-11-5)). Moreover, our recently published study has also shown the crucial role of miR-29 and miR-145 in neuronal diferentiation. Our studies demonstrated that level of miR-29 regulates the expression of miR-145 by P53 pathway, which regulates cell proliferation by inhibiting reprogramming transcription factors (SOX2, OCT4, KLF4, and NANOG) and induced diferentiation in SH-SY5Y cells (Jauhari et al. [2018b\)](#page-10-9).

Role of miRNA (miR-124) has also been reported in brain-specifc splicing of pre-mRNA, which promotes neuronal diferentiation. Brain-specifc miR-124 targets PTBP1 directly, and regulates the alternative pre-mRNA splicing (Makeyev et al. [2007](#page-10-25)). During neuronal diferentiation, miR-124 targets PTBP1 and reduces its expression, which leads to correctly spliced PTBP2 accumulation and its protein, resulting in increased neuronal diferentiation (Makeyev et al. [2007](#page-10-25)). Yu et al. [\(2008](#page-11-19)) also demonstrated the role of miR-124 in neuronal diferentiation, they reported that miR-124 induced neurite outgrowth in diferentiating mouse cortical neurons. In addition, they also reported Cdc42 as a target of miR-124, which regulates sub-cellular localization of Rac1 (Yu et al. [2008](#page-11-19)). Several other studies have also shown the role of miR-124 in embryonic CNS development, adult neurogenesis, and neural tube development (Visvanathan et al. [2007](#page-11-20); Cheng et al. [2009;](#page-9-23) Cao et al. [2007](#page-9-24)). Moreover, miR-124a has also been reported as a molecular indicator for the assessment of diferentiation of neurons (Hohjoh and Fukushima [2007b](#page-9-22)). Hamada et al. ([2012\)](#page-9-25) carried out a microarray analysis in NGF-induced diferentiated PC12 for miRNAs and reported alterations in the expression of 20 miRNAs. Out of 20 altered miRNAs, miR-221 was increased maximally, induced neuronal outgrowth, while inhibition of miR-221 attenuated NGF-mediated neuronal diferentiation by downregulating the expression of Synapsin 1 (Hamada et al. [2012](#page-9-25)). Studies from our lab have also identifed miR-221/222 as one of the three major miRNA families upregulated in NGF-induced diferentiation of PC12 cells (Pandey et al. [2015b\)](#page-11-5). Terasawa et al. [\(2009](#page-11-21)) reported BIM gene as a potential target for miR-221/222 during neuronal diferentiation. Studies of Kawasaki and Taira ([2003\)](#page-10-21) revealed that miR-23 regulates retinoic acid-induced neuronal diferentiation by regulating the expression of Hes1 in NT2 cells (Kawasaki and Taira [2003](#page-10-21)). Le et al. ([2009\)](#page-10-26) have reported that miR-125b targets and regulates the expression of multiple genes and induces neuronal diferentiation in SH-SY5Y cells (Narendra et al. [2009](#page-10-32)). Moreover, miR-125b has also demonstrated to regulate neural stem/progenitor cell proliferation, diferentiation, and migration (Cui et al. [2012\)](#page-9-26). Regulation of miR-9 has been studied extensively in brain development and maturation. Growing pieces of evidence have suggested that miR-9 plays a crucial role in brain development. Sim et al. [\(2016](#page-11-22)) have demonstrated miR-9-3p as brain-enriched miRNA which regulates hippocampal synaptic plasticity, learning, and memory. In addition, it was also reported that miR-9 targets REST and regulates dendritic development and synaptic transmission in vivo (Giusti et al. [2014\)](#page-9-27). Roese-Koerner et al. ([2016\)](#page-11-23) have demonstrated that miR-9/9* regulates neural stem cell self-renewal as well as diferentiation by controlling Notch activity and targeting NOTCH2 and HES1 genes. Moreover, it has also been demonstrated that miR-9 and miR-124 target and regulate the expression of Rap2a synergistically to sustain homeostatic dendritic complexity during neuronal development and maturation (Xue et al. [2016\)](#page-11-24). Moreover, it has been shown that ectopic over-expression of miR-9 signifcantly induced neuronal diferentiation in mouse retinal neural stem cells by regulating the expression of PTBP1 (Qi [2015\)](#page-11-25). Role of miR-9 in neuronal diferentiation has also been reported by Zhang et al. ([2015](#page-12-0)). Their studies have shown that miR-9 induces neural diferentiation by regulating autophagy (Zhang et al. [2015\)](#page-12-0). Along with these functions, miR-9 was also demonstrated as a switch between early-born motor neurons and late-born motor neurons population (Luxenhofer et al. [2014\)](#page-10-33). All important miRNAs and their proposed functions are listed in Table [1](#page-5-0).

Members of miR-34 (miR-34a, -b and miR-34c) and miR-200 families are extensively studied for their role in cell fate determination including neural cell development, stem cell proliferation/diferentiation, and EMT. Both miR-34 and miR-200 families are multifunctional and are deregulated by several factors. Interestingly, their role has been identifed as a switch between cell fate decisions like proliferation/ diferentiation; epithelial/mesenchymal; stem cells/specialized cells.

MiR‑34 Family

In mammals, miR-34 family consists of three members, i.e., miR-34a, miR-34b, and miR-34c, which are transcribed from two separate transcripts (Hermeking [2010\)](#page-9-28). In humans, miR-34a precursor is transcribed from chromosome 1. The precursors of miR-34b and miR-34c are co-transcribed from the same region of chromosome 11 (Hermeking [2010](#page-9-28)). Studies from our lab and elsewhere has shown that expression of miR-34 family is P53 dependent and stabilization of P53 proteins dramatically upregulates miR-34 (Jauhari et al. [2018b\)](#page-10-9). In cancer development, the role of miR-34 family has been demonstrated in determining the fate of

cells between three stages, i.e., epithelial, mesenchymal, or hybrid of epithelial and mesenchymal (Lu et al. [2013](#page-10-35)). Determination of cell fate between the above three phenotypes is, in fact, regulated by two closely interconnected chimeric modules—the miR-34/SNAIL and the miR-200/ZEB mutual-inhibition feedback circuits (Lu et al. [2013\)](#page-10-35). Studies have shown that members of the miR-34 family inhibit cellcycle progression by enforcing cells towards cell-cycle exit, which results in the generation of mature and diferentiated cells (Otto et al. [2017](#page-10-36)). Recent studies by Choi et al. ([2017\)](#page-9-32) have demonstrated the role of miR-34a in restricting the cell fate potential of ESCs and iPSCs to a pluripotent state from bipotential stem cells, which can convert into both embryonic and extraembryonic lineage. Diminished expression of miR-34 family observed in diferent types of cancer has promoted researchers to use the mimics of miR-34 as a potential therapy for cancers and studies have reached to clinical trial stages (Hosseinahli et al. [2018](#page-9-33)). Recently, it has been shown that miR-34c-5p selectively targets RAB27b and promotes the eradication of acute myeloid leukemia stem cells by inducing senescence (Peng et al. [2018\)](#page-11-30). Studies of Otto et al. [2017](#page-10-36) have shown that miR-34/449 plays an essential and rate-limiting role in downregulating the expression of cellcycle proteins and enforces cell-cycle exit during epithelial cell diferentiation. Siemens et al. [\(2011](#page-11-31)) have demonstrated that the frequent inactivation of miR-34a/b/c or p53 and/or in cancerous cells, shifts the equilibrium of these reciprocal regulations towards the mesenchymal state and halts cells in a metastatic state. Members of miR-34 family are negative regulators of cell proliferation and but potential suppressors of tumorigenesis. Members of miR-34 family target multiple proteins of the cell-cycle machinery including cyclin D1, cyclin E2, CDK4, CDK6, CDC25A, and E2F3 and trigger cell-cycle arrest (mainly during G1 phase) and apoptosis. In human cancers, members of miR-34 family are frequently downregulated, which suggests a potential role of this miRNA family in tumor suppression (Hermeking [2010\)](#page-9-28). Expression of miR-34 along with P53 and p21 proteins, collectively suppresses the somatic reprogramming via multiple pathways and acts as a barrier in somatic cell reprogramming (Choi et al. [2011\)](#page-9-34). Interestingly, unlike P53, deletion of which enhances reprogramming at the expense of iPSC pluripotency, miR-34a knockout also induces iPSC generation without compromising self-renewal and diferentiation processes (Choi et al. [2011\)](#page-9-34). MiR-34a possibly acts by repression of pluripotency genes, like *Nanog, Sox2*, and *Mycn* (*N-Myc*) (Choi et al. [2011\)](#page-9-34). Zou et al. ([2017\)](#page-12-1) have reported that miR-34a is inhibited in human osteosarcoma stem-like cells and promotes invasion, tumorigenic ability, and self-renewal capacity.

Role of miR-34 family has also been studied extensively in neurodevelopment and neuronal apoptosis using diferent cellular neuronal models. Our unbiased profling studies have identifed miR-34 family as one of the three most upregulated miRNAs in PC12 cells diferentiated with NGF (Pandey et al. [2015b\)](#page-11-5). Further, we have identifed P53 as a mediator of nerve growth factor (NGF)-induced miR-34a expression, which arrests cell-cycle progression in G1 Phase in diferentiating PC12 cells (Jauhari et al. [2018a](#page-10-8)). Interestingly, our studies have also revealed that increased expression of miR-34a controls the P53 level in diferentiated PC12 cells in feedback inhibition manner, which probably prevents diferentiated cells from P53-induced apoptosis (Jauhari et al. [2018a\)](#page-10-8). During neural cell diferentiation coordinated expression of miR-34 and P53 helps to diferentiate PC12 cells and maintain its diferentiated status. Aranha et al. ([2011\)](#page-8-11) has also shown an involvement of miR-34a in the regulation of mouse NSC diferentiation. Over-expression of miR-34a increased postmitotic neurons and neurite elongation in mouse NSCs, whereas diminishing miR-34a expression had inhibited diferentiation of neurons (Aranha et al. [2011\)](#page-8-11). In diferentiating neurons, SIRT1 gene has been identifed as a target of miR-34a (Aranha et al. [2011](#page-8-11)). de Antonellis et al. [\(2011\)](#page-9-30) have found out that miR-34a regulates neuronal diferentiation by targeting Notch ligand Delta-like 1 (Dll1) gene. Increased expression of miR-34a negatively regulates cell proliferation by inhibiting the expression of Dll1 (de Antonellis et al. [2011](#page-9-30)). Agostini et al. ([2011](#page-8-12)) reported the crucial role of miR-34a in neuronal diferentiation of neuroblastoma cells as well as cortical neurons. TAp73 was identifed as transcription factor, which exclusively regulates the expression of miR-34a among the miR-34 family. Synaptotagmin-1 and Syntaxin-1a were also identifed as potential targets for miR-34a, which regulate synaptogenesis in developing neurons. Liu et al. ([2012](#page-10-37)) has demonstrated that miR-34 modulates aging and neurodegeneration in Drosophila. Overall, it seems that along with playing multiple roles in cellular physiology, members of miR-34 family regulate somatic reprogramming and neural diferentiation, when they are regulated by levels of P53 proteins (Choi et al. [2011;](#page-9-34) Jauhari et al. [2018a,](#page-10-8) [b\)](#page-10-9). More interesting is the feedback loop formation between the expression of miR-34 and levels of P53 proteins, especially during neural development (Jauhari et al. [2018a](#page-10-8); Yang et al. [2018](#page-11-32)).

MiR‑200 Family

Similar to miR-34 family, members of miR-200 family are also highly conserved throughout deuterostome and across all classes of vertebrates, including fsh, amphibians, reptiles, birds, and mammals (Wheeler et al. [2009\)](#page-11-33). The miR-200 family composed of fve mature miRNAs: miR-200a, miR-200b, miR-200c, miR-141, and miR-429, which are expressed as two separate polycistronic pri-miRNA transcripts, miR-200b-200a-429 and miR-200c-141, located on human chromosomes 1 and 12, respectively. Among

the miR-220 family, miR-200a, -200b, and -200c are more extensively studied (Humphries and Yang [2015](#page-10-38)). It has been observed in various studies that miR-200 family regulates cell proliferation, cell diferentiation, cell transition, neurogenesis, and neuronal diferentiation (Pandey et al. [2015b](#page-11-5); Burk et al. [2008;](#page-8-13) Choi et al. [2008](#page-9-31)). Pluripotency is controlled by a complex regulatory network, which includes several transcription factors, chromatin-modifying enzymes, and post-transcriptional regulators like miRNAs. The core transcriptional network required for pluripotency comprises OCT4, NANOG, and SOX3 proteins. Levels of pluripotency-regulating transcription factor proteins are regulated by miRNAs like miR-200 family, miR-145, miR-302 (Wang et al. [2013](#page-11-34)). Among the diferent identifed miRNAs, the role of miR-200 family is demonstrated most strongly in the regulation of pluripotency-regulating transcription factor proteins and cell fate determination like EMT, neural development, and stemness (Brabletz and Brabletz [2010](#page-8-14)).

Epithelial-to-mesenchymal transition (EMT) is a vital phenomenon in development and disease (Kalluri and Weinberg [2009\)](#page-10-3). Zinc-fnger enhancer binding (ZEB) proteins (ZEB1 and ZEB2) are known to play a fundamental role during EMT (Chua et al. [2007;](#page-9-35) Shin and Blenis [2010](#page-11-35)). Accumulating evidence suggests that miR-200 family is a critical regulator of ZEB proteins during development and disease (Brabletz and Brabletz [2010;](#page-8-14) Gregory et al. [2011](#page-9-36)). ZEB proteins and members of miR-200 family are reported that they are linked to each other in a feedback inhibition fashion (Brabletz and Brabletz [2010](#page-8-14)). ZEB proteins and miR-200 family members not only regulate EMT but are also known to involve in the regulation of stemness and diferentiation; longevity and senescence; cell-cycle arrest and proliferation; cell survival and apoptosis (Brabletz and Brabletz [2010](#page-8-14)). Embryonic stem (ES) cells have been shown to express ZEB1 and regulate stemness, while reduced expression of ZEB1 is reported during their diferentiation (Ben-Porath et al. 2008). Diferentiation of ES-cell is associated with the increased expression of miR-200 family members (Bar et al. 2008; Wellner et al. 2009).

We revealed that miR-200 family plays a critical role in proliferation as well as differentiation of neurons. Our studies have shown that members of miR-200 family inhibit the proliferation of neurons by targeting SOX2 and OCT4 and induce the diferentiation of PC12 cells (Pandey et al. [2015b\)](#page-11-5). Elevated level of miR-200 family has also been reported during diferentiation of neural stem cells (NSCs), which clearly demonstrate that miR-200 family has a direct role in neuronal diferentiation.

We identifed that over-expression of miR-200 in PC12 cells induced neurite formation, whereas knockdown of miR-200 induced proliferation (Pandey et al. [2015b](#page-11-5)). Role of miR-200 has also been demonstrated in progenitor cell-cycle exit and diferentiation by Peng et al. ([2012](#page-11-26)). A unilateral negative feedback loop was identifed between miR-200 and Sox2/E2F3, which regulate cell-cycle exit and neuronal diferentiation of stem cells or neural progenitor cells (Peng et al. [2012](#page-11-26)). Choi et al. ([2008](#page-9-31)) reported high olfactory enrichment of miR-200 family with a role in olfactory neurogenesis. In olfactory progenitor cells, loss of function of the miR-200 family phenocopies the terminal diferentiation defect, as observed in the absence of all miRNA activity (Choi et al. [2008\)](#page-9-31). Du et al. ([2013\)](#page-9-37) have demonstrated that miR-200 and miR-96 families coordinate to regulate neural induction, in which miR-200 family members repress neural diferentiation by targeting ZEBs (ZEB1 and ZEB2) (Du et al. [2013\)](#page-9-37). MiR-200b has also reported to regulate cell growth and diferentiation by regulating the expression of GATA-4 and Cyclin D1 (Yao et al. [2013](#page-11-36)).

Recently, miR-200c has shown to regulate dopaminergic neurogenesis and migration by controlling Zeb2. Zeb2 is regulated by a negative feedback loop with miR-200c in embryonic ventral midbrain. Increased expression of Zeb2 reduces the CXCR4, NR4A2, and PITX3 level, resulting in migration and mDA diferentiation defects in vivo. MiR-200c knockdown restores this phenotype suggesting Zeb2 miR-200c feedback loop prevents the premature neuronal diferentiation and their migration (Yang et al. [2018](#page-11-32)).

Summary

Studies carried out in the last two decades have provided very strong evidence for the involvement of miRNAs in regulating the fate of the cells moving to maturation or proliferation of stem cells and maintenance of stemness/ pluripotency. Role of miRNAs (miR-200 family, miR-34 family, miR-145) identifed in regulating protein levels of SOX2/KLF4/OCT4/ZEB proteins added in our capabilities to generate iPSCs. In future, with the development of new technologies, enabling the management of expression of specifc miRNAs in selected cells and tissues will be the biggest tool against the complex diseases. In conclusion, expression of miR-34 plays a signifcant role in both neural development and maintenance of mature and diferentiated neurons (Fig. [2](#page-8-15)).

Fig. 2 Schematic representation of miR-200 and miR34 family in shaping of developing brain

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Compliance with Ethical Standards

Conflict of interest There is no confict of interest regarding the publication of this review article.

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